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## Natural Production and Functional Effects of Alternatively Spliced Interleukin-4 Protein in Asthma

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### Abstract

We have previously described an alternatively spliced isoform of IL-4 mRNA that omits exon 2 and is termed IL-4 $\delta$ 2. However, the natural production of IL-4 $\delta$ 2 protein and its association with disease have not been previously assessed due to unavailability of an antibody that interacts with IL-4 $\delta$ 2 without cross-reactivity with full length IL-4. We used a unique monoclonal antibody (mAb) that reacts with IL-4 $\delta$ 2, but not with IL-4, and observed that IL-4 $\delta$ 2 is naturally produced by T cells from patients with asthma, but not from healthy controls. The kinetics of IL-4 $\delta$ 2 and IL-4 production by phorbol myristate acetate (PMA)/ionomycin-activated cells differed, with IL-4 $\delta$ 2 increasing at 48 – 72 h and IL-4 peaking at 24 h. The steady-state levels of IL-4 $\delta$ 2 mRNA varied significantly among the donors and were discordant with the corresponding protein levels, suggesting post-transcriptional regulation of protein production. Polarized Th1 or Th2 lymphocytes were not a major source of IL-4 $\delta$ 2. Stimulation of cultured T lymphocytes with IL-4 $\delta$ 2 caused elevated production of IFN- $\gamma$ , IL-10, IL-6, MCP-1, and TNF- $\alpha$ , with notable differences between patients and controls in the production of IFN- $\gamma$ , IL-10, and IL-6. Thus, IL-4 $\delta$ 2 is natively produced not only as mRNA but also as a protein by cells other than Th1 or Th2. It is regulated post-transcriptionally, is associated with allergic asthma, and regulates production of other cytokines by primary T lymphocytes. Alternatively spliced interleukin-4 may be a new biomarker, a pathophysiological player, and possibly a molecular target for future therapies in asthma.

### Keywords

interleukin-4; cytokines; alternative splicing; lymphocytes; asthma

### Introduction

Interleukin-4 (IL-4), a pleiotropic cytokine produced predominantly by Th2 lymphocytes, regulates a plethora of functions in hematopoietic and non-hematopoietic cells. The IL-4

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gene is expressed in two mRNA isoforms, a full-length variant containing four exons and an alternatively spliced variant, known as interleukin-4delta2 (IL-4 $\delta$ 2), in which exon 2 is omitted (1–5). Of these two isoforms, IL-4 $\delta$ 2 has been much less studied. Expression of IL-4 $\delta$ 2 mRNA in peripheral blood mononuclear cells (PBMC), thymocytes, and bronchoalveolar lavage cells was described previously (1–15). The combined expression levels of IL-4 and IL-4 $\delta$ 2 mRNAs, as well as the IL-4/IL-4 $\delta$ 2 mRNA ratio, have been measured in healthy volunteers and in patients with systemic sclerosis (6,7), asthma (8,9), acute cardiac transplant rejection (10), pulmonary tuberculosis (11,12), severe sepsis (13), *Helicobacter pylori* infection (14), and in calves experimentally infected with *Fasciola hepatica* (15). However, it remains unknown whether IL-4 $\delta$ 2 is expressed as a protein *in vivo*.

The studies of IL-4 $\delta$ 2 protein thus far have been limited to testing of recombinant human (rh) IL-4 $\delta$ 2 *in vitro* and *in vivo* (1–5). In cell culture, rhIL-4 $\delta$ 2 had no independent effect on the proliferation of T cells, B cells, or M $\phi$  and competed with rhIL-4 effects on T cell proliferation (2,3). Similarly, rhIL-4 $\delta$ 2 acted as an antagonist of the rhIL-4-induced synthesis of IgE and expression of CD23 in B cells and blocked the inhibitory action of rhIL-4 on LPS-induced cyclooxygenase-2 expression and subsequent prostaglandin E2 secretion in monocytes (3). These observations *in vitro* suggested that IL-4 $\delta$ 2 may be a natural functional antagonist of IL-4. However, in contrast to these *in vitro* results, recent *in vivo* observations revealed potent proinflammatory regulation by IL-4 $\delta$ 2 in a different fashion than regulation by IL-4 (4,5). The reason for this discrepancy between observations in cell culture and *in vivo* remains unclear. Nevertheless, the extensive body of literature summarized above suggests that IL-4 $\delta$ 2, should it exist naturally as a protein, is centrally involved in regulation of immunity and inflammation.

Until now, the natural production of IL-4 $\delta$ 2 protein was difficult to assess, due to unavailability of an antibody that recognizes IL-4 $\delta$ 2 without cross-reacting with IL-4. These two splice isoforms are 100% homologous and differ only in 16 amino acids that are absent in the alternatively spliced isoform. Therefore, commercial anti-IL-4 antibodies either react with both isoforms indiscriminately or recognize only full length IL-4. The purpose of this study was to investigate, using a unique anti-IL-4 $\delta$ 2 antibody that does not react with full length IL-4 (16–19), whether natural IL-4 $\delta$ 2 protein is produced and secreted by primary human T cells, whether the IL-4 $\delta$ 2 mRNA steady-state levels correlate with the corresponding protein levels, whether Th1 or Th2 cells are a source of IL-4 $\delta$ 2 protein, and whether IL-4 $\delta$ 2 has a regulatory effect on cultured primary T cells from patients with asthma and healthy control volunteers.

## Patients and Methods

### Patients and controls

This study was approved by the University of Maryland Institutional Review Board, and written informed consent was obtained from all participants. Patients with documented allergic asthma and healthy volunteers donated blood for the assays. The diagnosis of asthma was made following The National Asthma Education and Prevention Program (NAEPP) guidelines. Patients were recruited from the University of Maryland Medical Center through patient care visits. None of the patients received systemic steroids at the time of blood draw. Healthy controls were defined as current non-smokers who had not smoked in the past 3 years, had no known allergies or asthma, and were older than 21 years. Peripheral blood from patients and controls was obtained by venipuncture. A total of 36 adult patients with asthma and 21 healthy volunteers were included in the entire study; subsets of these volunteers were included in separate experiments as described in Results.

## Cell culture

T lymphocytes were isolated from whole blood by negative selection using RosetteSep<sup>®</sup> Human T Cell Enrichment Cocktail according to the protocol of the manufacturer (StemCell Technologies Inc., Vancouver, British Columbia, Canada). Purified T cells were cultured in RPMI1640 culture medium supplemented with 10% dialyzed fetal bovine serum, 2 mM glutamine, 2 mM sodium pyruvate, and antibiotic-antimycotic solution (all from Invitrogen, Carlsbad, CA). Some primary T cell cultures were activated with 50 ng/ml phorbol 12-myristate 13-acetate (PMA) with 1  $\mu$ M ionomycin (both from Sigma, St. Louis, MO). To induce Th1 and Th2 polarization in cell culture, naïve primary CD4<sup>+</sup>CD45RA<sup>+</sup> cells were purified using Human Naïve CD4<sup>+</sup> T Cell Isolation Kit from Miltenyi Biotec (Auburn, CA). Cells were then suspended in AIM-V serum-free cell expansion medium (Gibco Invitrogen) combined with anti-CD3/anti-CD28 coated beads (Dyna Beads, Invitrogen) and 3 ng/ml recombinant human (rh) IL-2. For Th1 polarization, the medium also contained 5 ng/ml rhIL-12 and 10  $\mu$ g/ml anti-hIL-4 antibody (Ab), whereas for Th2 polarization, the medium contained 10 ng/ml rhIL-4, 5  $\mu$ g/ml anti-IL-12 Ab, and 5  $\mu$ g/ml anti-hIFN- $\gamma$  Ab. All cytokines were from R&D Systems (Minneapolis, MN), whereas all neutralizing anti-cytokine Abs were from eBioscience (San Diego, CA). Cultures were expanded for 7 days, cells were then washed three times with fresh medium, cultured for an additional 48 h without beads, cytokines, or Abs, and production of IFN- $\gamma$ , IL-4, and IL-4 $\delta$ 2 proteins was measured by ELISA.

## Recombinant human IL-4 $\delta$ 2 and IL-4

Recombinant human (rh) IL-4 $\delta$ 2, rhIL-4, and the corresponding NULL control preparation were expressed and purified as previously described (4,5). Briefly, adenoviral constructs encoding IL-4 $\delta$ 2, IL-4, or not encoding a cytokine (NULL) were used to infect monolayers of HEK293 cells cultured in Hyclone (Logan, UT) non-serum medium. The supernates were cleared by centrifugation, passed through a 300-kDa-cutoff Macrosep filter (PALL Life Sciences, East Hills, NY) to remove any possibility of contamination with viral particles and concentrated tenfold using a 3-kDa-cutoff Macrosep filter. The concentrates were filter-sterilized using a low-protein-binding, 0.2- $\mu$ m syringe filter, followed by ELISA assays (see below) to measure the concentration of the recombinant proteins. The concentrated stocks were stored at -80 $^{\circ}$  C. For experiments, these preparations were diluted with cell culture medium to the required final concentration of IL-4 or IL-4 $\delta$ 2. Similarly processed supernates of HEK293 cells infected with the NULL adenoviral construct were used as a negative control.

## ELISA

Monoclonal Ab against hIL-4 $\delta$ 2 with no cross-reactivity with hIL-4 was produced, validated, and used in ELISA assays as previously described (16–19). An ELISA for hIL-4 with no cross-reactivity with hIL-4 $\delta$ 2, as well as an ELISA for hIFN- $\gamma$ , were obtained from R&D Systems (Minneapolis, MN).

## Multiplex analyses of cytokines

Primary T cells from 11 asthma patients (8 mild and 3 severe) and 9 healthy donors were purified and activated with 300 ng/ml rhIL-4 or rhIL-4 $\delta$ 2 for 48 h. Then, the supernates were harvested and eotaxin, IFN- $\gamma$ , IL-10, IL-13, IL-17, IL-5, IL-6, MCP-1, and TNF- $\alpha$  were measured using the Luminex 100 System (Austin, TX). Fold changes were calculated for each donor by dividing the cytokine concentration from rhIL-4- or rhIL-4 $\delta$ 2-treated groups by the cytokine concentration from control NULL-treated groups.

## Reverse transcriptase-quantitative polymerase chain reaction (RT-QPCR)

Peripheral blood mononuclear cells (PBMC) were isolated, and total RNA purified and reverse transcribed as previously described (2). The RT<sup>2</sup> qPCR Primer Assays (SABiosciences, Frederick, MD) were used to measure expression of human IL-4, IL-4 $\delta$ 2, and reference 18S rRNA, following the manufacturer's recommendations. All RT-Q-PCR experiments were performed in duplicate using Applied Biosystems Step-One Plus system (Foster City, CA).

## Statistical analyses

Patients with asthma were compared with healthy controls using the two-tailed Student's t-test, and the effects of stimulation with IL-4 $\delta$ 2 and IL-4 were assessed with the Wilcoxon signed rank test. The differences between asthma patient and healthy control groups in the fraction of subjects responding to stimulation with IL-4 $\delta$ 2 and IL-4 were evaluated using the chi-square test. For all statistical analysis, the level of significance was set at  $p < 0.05$ .

## Results

### IL-4 and IL-4 $\delta$ 2 mRNAs are expressed by PBMC obtained from asthma patients and healthy controls

Initial experiments assessed the steady-state levels of IL-4 and IL-4 $\delta$ 2 mRNAs in freshly purified non-stimulated peripheral blood mononuclear cells (PBMC) from 14 patients with asthma (6 mild, 5 moderate, and 3 severe) and 9 healthy age- and gender-matched individuals (Figure 1), by Q-PCR. After RNA isolation and reverse transcription to cDNA, IL-4 and IL-4 $\delta$ 2 mRNA expression levels were measured by Q-PCR. The expression levels of these mRNAs in asthma patients and healthy controls varied significantly and did not, in this small cohort, correlate with disease or its severity, therapies, levels of IgE, or clinical status at the time of blood draw. The levels of IL-4 mRNA were 3.5- to 11-fold higher than those of IL-4 $\delta$ 2 mRNA. Consistent with a previous report by others (compare with Figure 1 in ref. 9), there was a notable correlation between the levels of IL-4 and IL-4 $\delta$ 2, in both patient and control groups. The relative levels of IL-4 $\delta$ 2 mRNA were lower than those of IL-4 mRNA in each of the tested volunteers with one exception (the outlying data point in Figure 1). However, expression of IL-4 $\delta$ 2 mRNA in some individuals was as high or even higher than expression of IL-4 mRNA in other individuals across the cohort. For example, the levels of IL-4 $\delta$ 2 in patients represented by the data points in the upper right corner of the plot in Figure 1 are comparable with the levels of IL-4 in volunteers represented by the points in the middle of the plot. These observations confirm that IL-4 $\delta$ 2 mRNA is expressed in health and disease and that, although expressed in lower concentration than IL-4 mRNA in most individuals, the levels of IL-4 $\delta$ 2 mRNA are comparable to those of IL-4 mRNA in other individuals, suggesting a likely contribution to immune regulation by IL-4 $\delta$ 2.

### Activation of purified T cells variably affects the levels of IL-4 and IL-4 $\delta$ 2 mRNAs

To address the possibility that steady-state IL-4 $\delta$ 2 mRNA levels are affected by cell stimulation, T lymphocytes were freshly purified from blood samples of 5 patients (1 mild, 3 moderate, and 1 severe) and 2 controls and activated with PMA/ionomycin as described in Methods. The cells were then harvested at various times and analyzed for IL-4 and IL-4 $\delta$ 2 mRNA levels. Significant variability in response to such stimulation was observed (Figure 2). For example, the levels of IL-4 $\delta$ 2 mRNA were not affected by activation in T cells obtained from 2 patients with asthma and a healthy control volunteer (Asthma 1, Asthma 3, and Control 1 in Figure 2), whereas IL-4 $\delta$ 2 mRNA levels were affected in other patients with asthma or in a different control volunteer (Asthma 2, Asthma 4, Asthma 5, and Control 2 in Figure 2). Combined with the data shown in Figure 1, the results presented in Figure 2

suggest that significant variability exists in IL-4 and IL-4 $\delta$ 2 mRNA levels in asthma patients and controls under basal conditions and upon cell activation.

### **Primary human T lymphocytes from asthma patients but not healthy controls secrete IL-4 $\delta$ 2 protein**

Whether IL-4 $\delta$ 2 protein is naturally expressed is unknown. We previously reported that HEK293 cells infected with IL-4 $\delta$ 2-encoding adenoviral constructs or transfected with a corresponding plasmid construct secrete IL-4 $\delta$ 2 in cell culture (4,5). Similar experiments revealed that primary human T cells transfected with IL-4 $\delta$ 2-encoding plasmid under the control of the CMV promoter also secrete IL-4 $\delta$ 2 into the cell culture supernate at ~150 – 250 pg/ml. Although these observations confirm that IL-4 $\delta$ 2 protein can be secreted by cells expressing IL-4 $\delta$ 2 mRNA, the expression of IL-4 $\delta$ 2 was forced by delivery of artificial genetic constructs. In the present study, we hypothesized that primary T cells naturally produce IL-4 $\delta$ 2 protein and tested whether such production takes place in health and disease. To determine whether primary T cells secreted IL-4 $\delta$ 2, an ELISA approach was utilized to detect either IL-4 with no cross-reactivity to IL-4 $\delta$ 2 or IL-4 $\delta$ 2 with no cross-reactivity to IL-4, as described in Methods.

Following activation with PMA/ionomycin, T lymphocytes from patients with asthma, but not from healthy controls, secreted IL-4 $\delta$ 2 into the culture supernate (Figure 3A) in a time-dependent fashion, which was different from the kinetics of the IL-4 level in the same supernates (Figure 3B). Levels of IL-4 tended to peak after 12 – 24 h of cell stimulation, declined by 48 h, and declined further at 72 h. In contrast, levels of IL-4 $\delta$ 2 became detectable only at 12 – 24 h, increased at 48 h, and, in some samples, further increased at 72 and 96 h. The supernates tested in this experiment were from the cultured cells whose mRNA levels for IL-4 and IL-4 $\delta$ 2 had been tested in Figure 2. Despite the variable mRNA patterns in Figure 2, IL-4 and IL-4 $\delta$ 2 proteins showed consistent patterns of upregulation, with notable difference in IL-4 $\delta$ 2 protein production by T cells from patients with asthma, but not from control volunteers.

To confirm that IL-4 levels indeed decrease, while IL-4 $\delta$ 2 levels increase, between 48 h and 72 h, additional similarly purified T cell samples from 6 patients with asthma (5 moderate and 1 severe) and healthy controls were tested at these times, validating this observation (Figure 3C). Again, T cells from patients with asthma, but not from healthy controls, produced IL-4 $\delta$ 2 protein, the levels of which increased later during stimulation, whereas the levels of IL-4 simultaneously declined.

These results show, for the first time, that IL-4 $\delta$ 2 is naturally produced as a protein, particularly in T cells from patients with asthma, but not in T cells from healthy individuals, and that the kinetics of IL-4 $\delta$ 2 production are different from that of IL-4.

### **Assessment of the production of IL-4 $\delta$ 2 by Th1, Th2, and Th17 lymphocytes**

Production of IL-4 defines the Th2 pattern of lymphocyte differentiation, which is typical of atopic asthma. Whether IL-4 $\delta$ 2 is produced by Th2 or perhaps Th1 cells is not known. This question is particularly important in light of our previous observation that, *in vivo*, IL-4 $\delta$ 2 expression skews the pulmonary milieu toward a pro-inflammatory Th1-like pattern (4,5). To address this issue, naïve primary human T cells from a healthy volunteer were purified and expanded by CD3 stimulation and CD28 co-stimulation using pro-Th1 or pro-Th2 polarizing cocktails of cytokines and neutralizing antibodies, as described in Methods. ELISA assays confirmed successful polarization of cultures toward Th1 cells, producing IFN- $\gamma$  but not IL-4, or toward Th2 cells, producing IL-4 but not IFN- $\gamma$  (left and middle panels in Figure 4). ELISA assays of the supernates from the polarized Th1 and Th2 cultures

revealed that IL-4 $\delta$ 2 protein is produced in very small, if any, amounts by either Th1 or Th2 lymphocytes (compare the scales for IL-4 and IL-4 $\delta$ 2 levels in Figure 4). Additional experiments assessed secretion of IL-4 $\delta$ 2 by Th17 lymphocytes. Differentiation of primary lymphocytes toward Th17 was driven as described in (20), resulting in 9.5 – 12 % of IL-17<sup>+</sup> T cells by intracellular staining with subsequent flowcytometric analyses. There was no detectable IL-4 $\delta$ 2 in the supernates of these cultures. Thus, it appears that Th1, Th2, or Th17 cells are unlikely to be the main source of IL-4 $\delta$ 2 protein observed in primary cell cultures derived from patients with asthma (Figure 3).

In a separate experiment, Th2-polarized T cell cultures were washed three times and allowed to rest for 24 h in fresh medium with no additives. Then, additional medium replacement was performed with no additives, with 100 ng/ml rhIL-4 $\delta$ 2, or with a similarly processed NULL control. After 48 h, ELISA assays revealed that IL-4 $\delta$ 2 inhibited production of IL-4 in these Th2- polarized cultures (lower right panel in Figure 4).

### Effect of rhIL-4 $\delta$ 2 on production of cytokines by primary human T cells

Previous studies in cell culture have suggested that rhIL-4 $\delta$ 2 has no independent effect on proliferation of lymphocytes and that it competes with IL-4 for binding to a shared receptor and mildly inhibits functional effects of IL-4 (2,3). In contrast, previous *in vivo* studies showed that IL-4 $\delta$ 2 induces lymphocytic inflammation independently of IL-4 (4,5). We therefore hypothesized that IL-4 $\delta$ 2 activates lymphocytes not by inducing proliferation but through activation of cytokine production. Multiplex assays were used to determine whether stimulation with rhIL-4 $\delta$ 2 or rhIL-4 changes the expression levels of cytokines in purified primary T cell cultures compared with cells treated with NULL control. T lymphocytes were purified from 11 patients with allergic asthma (4 mild, 5 moderate, and 2 severe) and 9 healthy controls. Stimulation with IL-4 $\delta$ 2 did not have significant effects on the expression of IL-5, IL-13, IL-17, or eotaxin in cultures from healthy controls or asthma patients. Stimulation with IL-4 $\delta$ 2, compared to treatment with NULL control, affected production of IFN- $\gamma$  in T cell cultures from healthy controls ( $p = 0.023$ , Wilcoxon paired signed rank test) and from asthma patients ( $p = 0.016$ ). Although the difference in basal (upon treatment with NULL control) levels of IFN- $\gamma$  production was not significant ( $p = 0.153$ , two-tailed unpaired t-test), the differences in the expression of IFN- $\gamma$  were significant between patients and controls following stimulation with IL-4 $\delta$ 2 ( $p = 0.042$ ) or IL-4 ( $p = 0.050$ ). In these assays, some primary T cell cultures did and some did not respond to stimulation with IL-4 $\delta$ 2 by increasing IFN- $\gamma$  production in both control and patients groups, with no difference in frequency of responders and non-responders between these groups according to the chi-square test. Similarly, responders and non-responders were observed in tests for IL-10, IL-6, MCP-1, and TNF- $\alpha$  production, with responders defined as those cultures in which the levels of the tested cytokine increased two fold or more in response to stimulation with IL-4 $\delta$ 2 compared to NULL-treated cultures. There was a tendency to a higher number of healthy volunteer responders compared to asthmatics, who produced increased IL-10 and IL-6 following stimulation with IL-4 $\delta$ 2 ( $p = 0.07$ , chi-square test, in both cases, Figure 5), although the mean production levels of these cytokines did not differ between asthma patients and control and did not change significantly following stimulation with IL-4 $\delta$ 2 or IL-4 (Figure 5). Responder and non-responder T cell cultures were also observed that responded by increasing production of MCP-1 and TNF- $\alpha$ , although there were no statistically significant differences between cultures from patients and controls with or without stimulation with IL-4 $\delta$ 2 (Figure 5). These observations suggest that IL-4 $\delta$ 2 regulates cytokine production by primary T lymphocytes, with particularly pronounced effects on expression of IFN- $\gamma$ .

## Discussion

The goal of this study was to determine whether alternatively spliced Interleukin-4 (IL-4 $\delta$ 2) is naturally produced in humans, whether its production is associated with asthma, and whether it has functional effects on T lymphocytes. The number of volunteers studied was sufficient to clarify these issues, but substantially larger populations will be required to determine with statistical certainty whether an association exists between the levels of IL-4 $\delta$ 2 protein production and severity of asthma and whether therapeutic interventions affect such an association.

Various levels for IL-4 $\delta$ 2 and IL-4 mRNAs were observed in PBMC from asthma patients and healthy controls (Figure 1). The steady-state expression levels of IL-4 $\delta$ 2 mRNA were comparable with, although consistently lower than, those of IL-4 mRNA. However, expression of IL-4 $\delta$ 2 mRNA in some individuals was as high or even higher than expression of IL-4 mRNA in other individuals across the cohort (Figure 1), suggesting that IL-4 $\delta$ 2, if produced as a protein, may be a viable functional member of the cytokine network.

Further experiments revealed that stimulation of purified primary T cells induces the expression of IL-4 $\delta$ 2 and IL-4 mRNAs, but there was a significant variability among patients with asthma and healthy controls (Figure 2). Considering the substantial variability in IL-4 $\delta$ 2 mRNA profiles in non-stimulated (Figure 1) and stimulated (Figure 2) cells, the possibility exists that there is a post-transcriptional regulation, and that the expression of IL-4 $\delta$ 2 protein may be more consistent than that of IL-4 $\delta$ 2 mRNA. While the existence of IL-4 $\delta$ 2 protein has never been demonstrated in the past, we measured, for the first time, the production of IL-4 $\delta$ 2 protein. Following activation with PMA/ionomycin, T lymphocytes from patients with asthma, but not from healthy controls, secreted IL-4 $\delta$ 2 into the culture supernate in a time-dependent fashion, which was different from the kinetics of the IL-4 levels in the same supernates (Figure 3). Despite the variable mRNA levels (Figures 1 and 2), production of IL-4 $\delta$ 2 and IL-4 proteins was consistently observed in T cells from patients with asthma, but not in healthy controls (Figure 3). This is the first demonstration of natural production of IL-4 $\delta$ 2 protein in a disease context.

The possibility was considered that Th2 or perhaps Th1 or Th17 lymphocytes may be the main source of IL-4 $\delta$ 2 protein observed in cell cultures from patients with asthma. Polarized Th2, Th1, or Th17 lymphocytes did not produce substantial levels of IL-4 $\delta$ 2 (Figure 4). A conclusion was made that T cell subpopulations different from classical Th2, Th1, or Th17 are likely responsible for most of the IL-4 $\delta$ 2 observed in T cell cultures in Figure 3.

Previous data suggested that IL-4 $\delta$ 2 induces immune inflammation *in vivo* (4,5), although IL-4 $\delta$ 2 did not activate proliferation of cultured lymphocytes (2,3). The possibility was considered that IL-4 $\delta$ 2 regulates lymphocytes not by inducing proliferation but through activation of cytokine production. Many T cell cultures from patients with asthma and healthy controls responded to IL-4 $\delta$ 2 stimulation (Figure 5). Production of IFN- $\gamma$  was significantly increased by IL-4 $\delta$ 2 stimulation in T cells from healthy controls and from patients with asthma, consistent with the previous findings of elevated IFN- $\gamma$  upon IL-4 $\delta$ 2 gene delivery *in vivo* (4,5). This consistency of findings between cell culture and *in vivo* studies suggests that IL-4 $\delta$ 2 is a pro-Th1 cytokine. There was no difference in the fraction of IFN- $\gamma$  responders to IL-4 $\delta$ 2 stimulation between healthy controls and patients with asthma, although IL-4 $\delta$ 2-stimulated cell cultures from healthy controls produced higher levels of IFN- $\gamma$  (Figure 5). There was a tendency to a higher proportion of responders to IL-4 $\delta$ 2 stimulation among healthy controls that produced increased levels of IL-10 and IL-6 (Figure 5). Thus, IL-4 $\delta$ 2 stimulates cytokine production by primary T lymphocytes, with particularly

pronounced effects on the expression of IFN- $\gamma$  and notable differences between patients with asthma and healthy controls in the production of IFN- $\gamma$ , IL-10, and IL-6.

In light of our data, the question of the potential biomedical relevance of IL-4 $\delta$ 2 must be asked. Its mRNA (Figures 1 and 2) and protein (Figure 3) expression levels appear to be comparable with, but overall lower than, those of IL-4. Moreover, IL-4 and IL-4 $\delta$ 2 likely share the same cell surface receptor (2–5), and the receptor affinity of IL-4 appears to be much higher than that of IL-4 $\delta$ 2, suggesting that IL-4 will easily outcompete IL-4 $\delta$ 2 for binding to the receptor (2,5). These considerations suggest that a lesser role for IL-4 $\delta$ 2 in immune regulation. However, it is important to consider that cytokines generally act over short distances, usually in the immediate vicinity of the producing cells where the concentration remains high. It is therefore conceivable that an IL-4 $\delta$ 2-secreting cell would regulate its neighboring cells irrespective of IL-4 secreted by other cells elsewhere. This mechanism is speculative and needs to be validated by demonstrating exclusive secretion of IL-4 $\delta$ 2 and IL-4 by individual cells. The second indication of the potential role of IL-4 $\delta$ 2 stems from the observation that the kinetics of IL-4 and IL-4 $\delta$ 2 secretion upon cell activation differ (Figure 3), and the two isoforms likely do not occur together at the same time. Secretion of IL-4 $\delta$ 2 occurs later, when the levels of IL-4 have declined (Figure 3). Considering that the physiological effects of IL-4 $\delta$ 2 are consistent with the Th1 activation pattern, it is possible that the switch from IL-4 to IL-4 $\delta$ 2 production represents the early stages of a regulatory mechanism by which the Th2 effects of IL-4 are inhibited through IL-4 $\delta$ 2/pro-Th1 regulation at the end of a physiological Th2 immune reaction. The purpose of such regulation would be to prevent an unnecessarily prolonged or exaggerated Th2 response (Figure 3, lower right panel). Finally, the results presented above suggest that IL-4 $\delta$ 2 protein may at least be used as a molecular marker associated with the asthma phenotype.

In summary, IL-4 $\delta$ 2 is natively produced not only as mRNA but also as a protein by cells other than Th1 or Th2, its production is associated with allergic asthma, and it regulates production of other cytokines by primary T lymphocytes. Further studies are necessary to assess a possible association between severity of asthma and the levels of IL-4 $\delta$ 2 protein expression, which would identify IL-4 $\delta$ 2 as a biomarker of asthma. A more detailed mechanistic understanding of IL-4 $\delta$ 2-induced inflammation needs to be developed, which might identify IL-4 $\delta$ 2 as a new molecular target for future asthma therapies.

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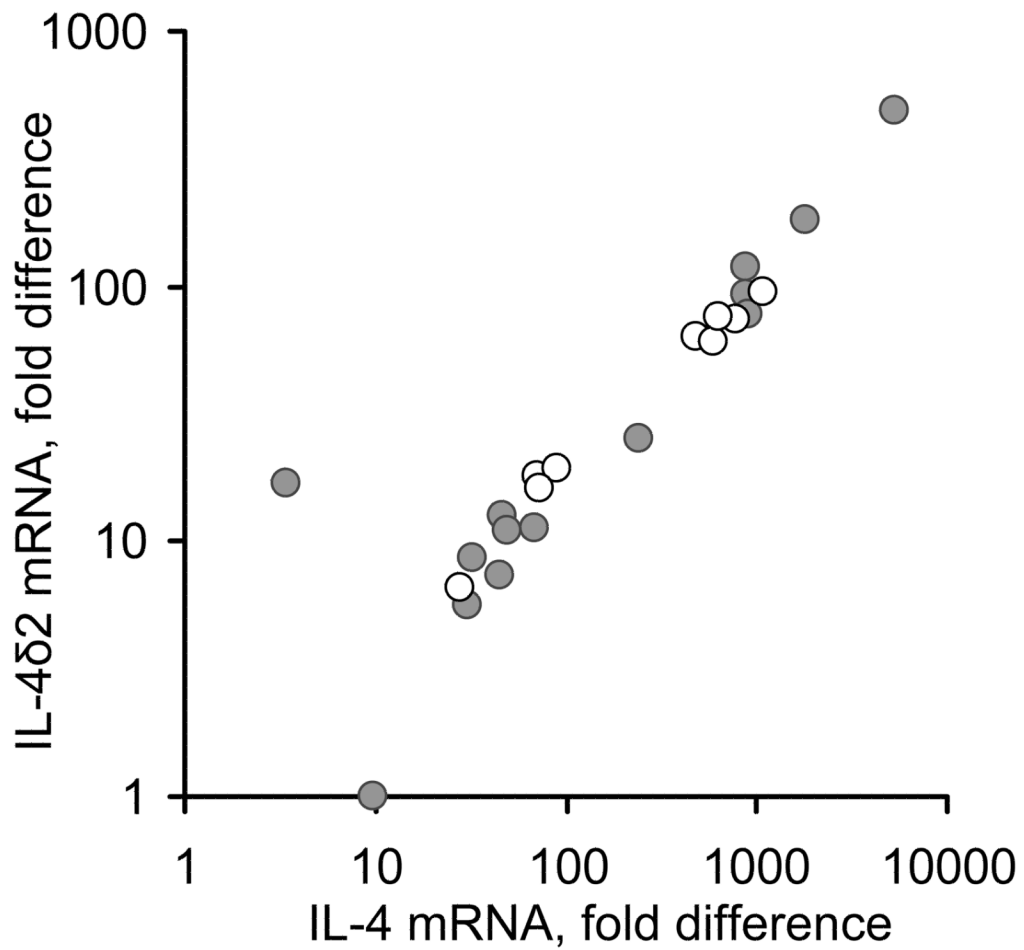
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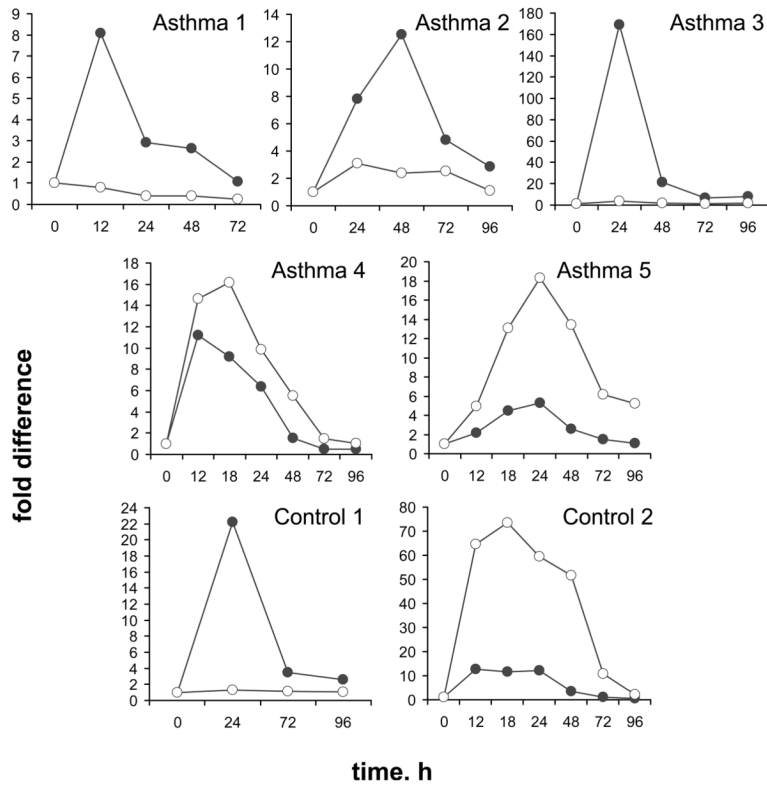
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### Highlights

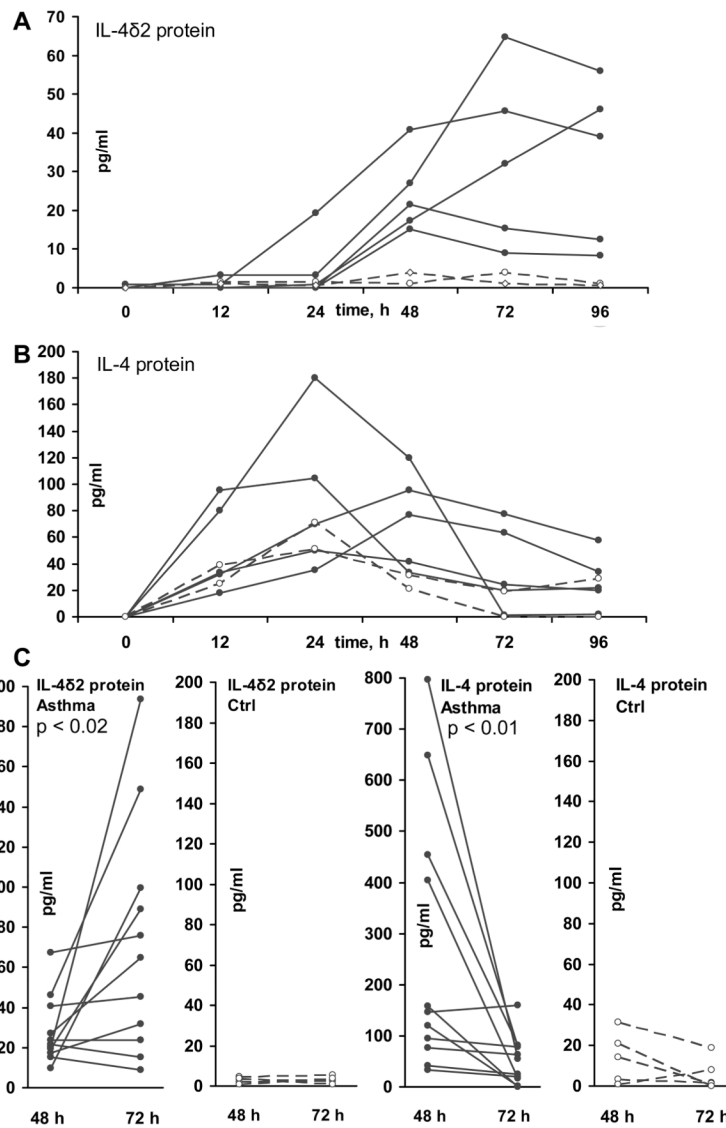
- An alternative splice variant of IL-4 protein termed IL-4 $\delta$ 2 is naturally produced.
- IL-4 $\delta$ 2 protein is produced by T cells from asthma patients but not from controls.
- Kinetics of induced production IL-4 $\delta$ 2 and IL-4 proteins differ.
- IL-4 $\delta$ 2 mRNA and protein are discordant suggesting post-transcriptional regulation.
- Recombinant IL-4 $\delta$ 2 regulates production of cytokines by T cells in culture.



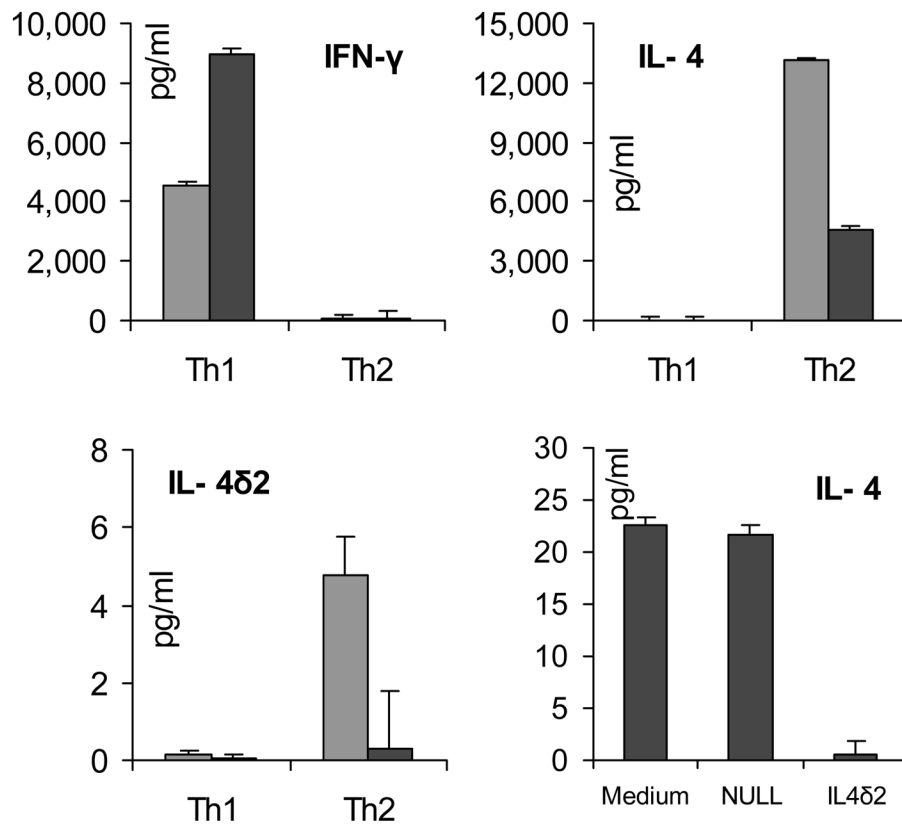
**Figure 1.** The relationship between IL-4 and IL-4δ2 basal steady-state mRNA levels, as determined by RT-Q-PCR, in PBMC from asthma patients and healthy controls. Each dot represents an individual volunteer, either a healthy control (open circles) or an asthma patient (closed circles).



**Figure 2.** IL-4 (closed circles) and IL-4 $\delta$ 2 (open circles) mRNA levels, as determined by RTQ-PCR, in purified primary T cells from asthma patients and healthy controls following stimulation with PMA/ionomycin.

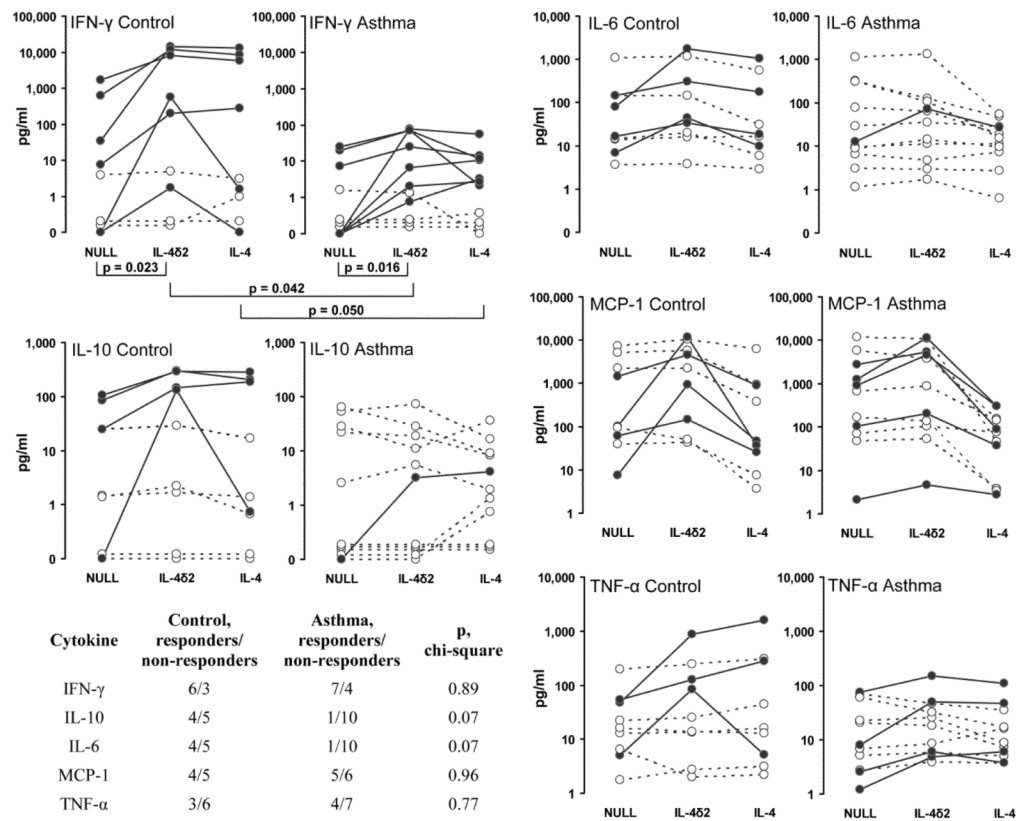


**Figure 3.** IL-4 $\delta$ 2 and IL-4 protein levels, as determined by ELISA, in purified primary T cell culture supernates from asthma patients and healthy controls following stimulation with PMA/ionomycin at indicated times (h). Cytokine levels (pg/ml) in individual cultures are shown. Levels of IL-4 $\delta$ 2 (**A**) and IL-4 (**B**) proteins in T cell culture supernates from the same 5 patients with asthma (solid lines) and from 2 healthy controls (dashed lines) as in Figure 2 are shown. In panel **C**, the levels of IL-4 $\delta$ 2 and IL-4 were also measured in additional primary T cell cultures at 48 h and 72 h for a total of 11 patients with asthma (1 mild, 8 moderate, and 2 severe) and 5 healthy controls. The significance of differences in the cytokine production levels at the measured times was assessed using the Wilcoxon signed rank test.



**Figure 4.**

Production of cytokines by artificially polarized Th1 and Th2 cells generated from naïve ( $CD4^+CD45RA^+$ ) T cells derived from a patient with moderate asthma (grey) and from a healthy control volunteer (black). In the right lower panel, levels of IL-4 are shown in the Page 25 of 25 supernates of rested Th2-polarized cultures that were additionally incubated with 100 ng/ml IL-4 $\delta$ 2 or similarly processed NULL control. The ELISAs were repeated on two independent occasions with different volunteers and with similar results.



**Figure 5.**

The levels (pg/ml) of indicated cytokines in the supernates of purified T lymphocytes from patients with asthma and from healthy controls following activation with rhIL-4 $\delta$ 2 or rhIL-4. Responders, defined as those cultures in which the cytokine levels changed 2 fold or more in response to stimulation with IL-4 $\delta$ 2 for 48 h, are shown as filled circles connected by solid lines, whereas non-responders are shown as open circles connected with dashed lines. The Wilcoxon signed rank test was used to assess the effects of stimulation within the control and asthma groups, whereas Student's two-tailed t-test was used to compare cytokine levels in cultures from patients with asthma versus cultures from healthy controls. The table in the lower left corner shows the differences between asthma patient and control groups in the numbers of responders and non-responders and the significance of these differences according to the chi-square test.