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## Molecular Mechanisms of Pituitary Endocrine Cell Calcium Handling

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### Abstract

Endocrine pituitary cells express numerous voltage-gated  $\text{Na}^+$ ,  $\text{Ca}^{2+}$ ,  $\text{K}^+$ , and  $\text{Cl}^-$  channels and several ligand-gated channels, and they fire action potentials spontaneously. Depending on the cell type, this electrical activity can generate localized or global  $\text{Ca}^{2+}$  signals, the latter reaching the threshold for stimulus-secretion coupling. These cells also express numerous G-protein-coupled receptors, which can stimulate or silence electrical activity and  $\text{Ca}^{2+}$  influx through voltage-gated  $\text{Ca}^{2+}$  channels and hormone release. Receptors positively coupled to the adenylyl cyclase signaling pathway stimulate electrical activity with cAMP, which activates hyperpolarization-activated cyclic nucleotide-regulated channels directly, or by cAMP-dependent kinase-mediated phosphorylation of  $\text{K}^+$ ,  $\text{Na}^+$ ,  $\text{Ca}^{2+}$ , and/or non-selective cation-conducting channels. Receptors that are negatively coupled to adenylyl cyclase signaling pathways inhibit spontaneous electrical activity and accompanied  $\text{Ca}^{2+}$  transients predominantly through the activation of inwardly rectifying  $\text{K}^+$  channels and the inhibition of voltage-gated  $\text{Ca}^{2+}$  channels. The  $\text{Ca}^{2+}$ -mobilizing receptors activate inositol trisphosphate-gated  $\text{Ca}^{2+}$  channels in the endoplasmic reticulum, leading to  $\text{Ca}^{2+}$  release in an oscillatory or non-oscillatory manner, depending on the cell type. This  $\text{Ca}^{2+}$  release causes a cell type-specific modulation of electrical activity and intracellular  $\text{Ca}^{2+}$  handling.

### Keywords

action potential; calcium oscillations; cAMP; G protein-coupled receptors;  $\text{IP}_3$  receptor channels; protein kinase A; voltage-gated calcium channels

### 1. Introduction

The pituitary gland is composed of two embryonically, anatomically, and functionally distinct entities: the neurohypophysis and the adenohypophysis. The neurohypophysis includes the posterior pituitary lobe, whereas the adenohypophysis includes the intermediate and anterior pituitary lobes. The intermediate lobe is populated more than 95% by melanotrophs. These cells are electrically excitable cells, and spontaneous electrical activity is sufficient to trigger the release of pro-opiomelanocortin-derived peptides. Melanotrophs express GPCRs (G-protein-coupled receptors) activated by DA (dopamine), GABA ( $\gamma$ -aminobutyric acid), prostaglandin  $\text{E}_2$ , and serotonin (5-hydroxytryptamine; 5-HT) [1].

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Corticotrophs are the other pro-opiomelanocortin-producing cell type derived from the intermediate pituitary. These cells are scattered throughout the anterior lobe in adult animals and make up 10-15% of anterior pituitary cells. The main regulation of these cells is mediated by CRH (corticotropin-releasing hormone), which is secreted by paraventricular neurons that project to the median eminence and release CRH into the hypophysial portal system. In addition to CRH and the CRH family of peptides (urocortin 1-3), AVP (arginine vasopressin) acts in synergy with CRH to potentiate hormone release [2].

Lactotrophs are a non-homogenous group of endocrine cells that account for 10-25% of cells in the anterior lobe. Spontaneous electrical activity in these cells is also sufficient to trigger prolactin secretion. The predominant hypothalamic influence is inhibitory rather than stimulatory and is mediated by dopamine D<sub>2</sub> receptors. These cells also express endothelin-activated ET<sub>A</sub> receptors, which transiently stimulate hormone release and then sustained inhibition. In contrast, TRH (thyrotropin-releasing hormone), angiotensin II, oxytocin, ATP, acetylcholine, and 5-HT stimulate prolactin release [3]. The sister cells, somatotrophs, are the most common cells in the anterior pituitary. They represent up to 50% of all cells and are localized predominantly to the lateral portions of the anterior lobe. The function of these cells is controlled by two hypothalamic neuropeptides, GHRH (growth hormone-releasing hormone), which stimulates growth hormone release, and SST (somatostatin), which inhibits growth hormone release. GHRH is secreted by neurons in the arcuate nucleus of the hypothalamus, whereas SST is secreted by neurons in the periventricular nucleus of the hypothalamus. These cells also express receptors for ghrelin, PACAP (pituitary adenylate cyclase-activating peptide), and endothelins (ETs) [4].

Thyrotrophs and gonadotrophs represent the third group of endocrine pituitary cells that express the 92 amino acid  $\alpha$ -glucoprotein hormone  $\alpha$ -subunit, which is needed for the formation of follicle-stimulating hormone, luteinizing hormone, and thyroid-stimulating hormone (as well as chorionic gonadotropin) heterodimers with hormone-specific beta subunits. Thyrotrophs represent less than 10% of cells in the gland and are regionally localized within the anteriomedial and lateral portions of the gland. Hypothalamic control of these cells is mediated by TRH acting as an agonist for TRH receptors. The thyrotroph function is also controlled by numerous autocrine and paracrine factors [5]. Gonadotrophs constitute about 10-15% of the anterior pituitary cell population and are localized throughout the anterior lobe, frequently adjoining lactotrophs. The decapeptide GnRH (gonadotropin-releasing hormone) is the main agonist for these cells and is secreted in a pulsatile manner by neurons that are dispersed within the mediobasal hypothalamus and preoptic areas. In addition to GnRH receptors, gonadotrophs also express functional receptors for PACAP, AVP, and substance P, which contribute to Ca<sup>2+</sup> signaling and gonadotropin synthesis and secretion [6].

Here, we summarize our findings on the expression, signaling functions and GPCR-mediated regulation of the plasma membrane and ER (endoplasmic reticulum) ion channels in endocrine pituitary cells. For a more extensive review of this topic, see the following reviews [7-9] and the accompanying articles in this issue by Chan et al., Chang et al., Tse et al., and Zorec et al. For a review of the three-dimensional organization of the pituitary gland and cell-to-cell communication, see the article by Mollard et al. in this issue. For a review of cyclic nucleotide signaling in pituitary cells, see Antoni et al.

## 2. Spontaneous Electrical Activity and Calcium Signaling

The membrane potential of isolated pituitary cells *in vitro* is not stable; rather, it oscillates between resting potentials of -60 to -50 mV, reflecting a balance between the activities of depolarizing and hyperpolarizing channels. When membrane potential oscillations reach a

threshold level, cells generate APs (action potentials). Pituitary cells fire APs independently of external stimuli, a phenomenon termed spontaneous electrical activity. Each AP is composed of a slow depolarizing phase, a rapid depolarizing phase or spiking depolarization, and a rapid or delayed repolarizing phase. Initially, it was believed that only lactotrophs and GH cells are excitable [9]. It later became obvious that other secretory pituitary cell types also fire APs spontaneously and/or in response to hypothalamic neurohormones: melanotrophs [10], corticotrophs [11, 12], somatotrophs [13], gonadotrophs [14], thyrotrophs [15]. Firing of APs causes transient elevation in  $[Ca^{2+}]_i$  (intracellular  $Ca^{2+}$  concentration) as it well documented in gonadotrophs, lactotrophs, somatotrophs [16] and immortalized pituitary cells [12, 17]. However, not all cells fire APs and the frequency of firing vary from cell to cell. Furthermore, other investigators found that spontaneous APs or  $Ca^{2+}$  transients were rarely detected in corticotrophs [18] and male gonadotrophs [19], which could indicate that cultural and/or recording conditions also influence firing.

### 2.1. Patterns of Electrical Activity

Two types of APs can be observed in pituitary cells (Fig. 1). In rat gonadotrophs, the APs are tall and narrow, with amplitudes of more than 60 mV (from initiation to peak), half-widths of less than 50 ms, and spiking frequencies that are typically  $\sim 0.7$  Hz [20]. Ovine gonadotrophs also fire single APs spontaneously [21], as do rat thyrotrophs [15]. The pattern of activity in lactotrophs and somatotrophs can be similar to that in gonadotrophs, with large and narrow spikes [22, 23]. More often, however, a bursting pattern is produced, consisting of periodic depolarizing potentials with superimposed small-amplitude spikes [13, 20, 22]. The bursts have a much longer duration (several seconds) than gonadotroph APs, and the burst frequency is significantly lower ( $\sim 0.3$  Hz). The membrane potential rarely goes above  $-10$  mV during a plateau burst, and the spikes are quite small [20]. Corticotrophs also exhibit both spontaneous large-amplitude spiking and plateau bursting [11, 24], as do melanotrophs [10] and GH cell lines [17, 25].

### 2.2. Channels Contributing to Resting Membrane Potential

Members of the  $K_{ir}$  (inwardly rectifying  $K^+$ ) family of channels contribute to the regulation of resting membrane potentials in excitable cells. There are 15 members of this family of channels, and they can be divided into three groups based on the type of regulation. The majority of channel subtypes are “classical”  $K_{ir}$  channels that are controlled by intracellular messengers ( $K_{ir}1$ , 2, 4, 5, and 7).  $K_{ir}3$  channels are regulated by G-proteins, and  $K_{ir}6$  channels are regulated by intracellular ATP. The transcripts for the majority of these channels have been identified in GH<sub>3</sub> cells [26].  $K_{ir}$ -like channels also contribute to the control of resting membrane potential in lactotrophs, somatotrophs, corticotrophs and GH<sub>3</sub> cells [24, 27-29], but the nature of these channels has not been identified. This could be mediated by “classical”  $K_{ir}$  1 and 2 channels, but also by ERG (ether-a-go-go-related gene) channels, which mRNA transcripts are also expressed in GH mammosomatotrophs and native rat lactotrophs [30]. Blockade of ERG channels by E-4031 causes depolarization of the membrane potential of about 5 mV, facilitating the release of prolactin [31]. ERG currents are also expressed in MMQ lactotrophs, and their blockade facilitates AP firing and prolactin secretion [32]. Functional ERG current was also identified in mouse gonadotrophs [33]. Human prolactin-secreting tumors also express ERG and they are functionally coupled to hormone secretion [34]. Recently, contribution of TREK-1 (TWIK-related) channels in control of resting membrane potential in corticotrophs was also identified [35].

The resting membrane potential of  $-50$  to  $-60$  mV in pituitary cells suggests that, in addition to resting  $K^+$  conductance, there is also a depolarizing conductance due to other ions (Fig. 1). When extracellular  $Na^+$  is substituted with large organic cations, the resting membrane potential rapidly reaches approximately  $-85$  mV. This value is close to the

equilibrium potential for  $K^+$ , suggesting that a  $Na^+$ -conducting channel has constitutive activity. This prominent hyperpolarization of the plasma membrane in the absence of bath  $Na^+$  abolishes spontaneous firing of APs in lactotrophs, somatotrophs, gonadotrophs, and GH<sub>3</sub> and GC cell lines. The addition of TTX (tetrodotoxin) in micromolar concentrations to inhibit all voltage-gated  $Na^+$  ( $Na_v$ ) channels does not mimic the effect of the removal of bath  $Na^+$  on the resting membrane potential. These and other data indicate that the constitutive activity of TTX-insensitive  $Na^+$ -conducting channels, termed background  $Na^+$  channels, contributes to the control of resting membrane potential and may account for the pacemaking depolarization [23, 25, 36]. The nature of these channels is unclear.

### 2.3. Channels Involved in Spike Depolarization

All pituitary cells express TTX-sensitive  $Na_v$  channels, which in neurons are critical for the development of the depolarizing phase of APs [9]. In a fraction of ovine gonadotrophs [21] and bovine lactotrophs [37],  $Na_v$  channels are also responsible for AP generation. Furthermore, TTX-sensitive  $Na_v$  channels may contribute to the firing of APs and the accompanied VGCI in frog and rat melanotrophs [38]. In the majority of rat anterior pituitary cells *in vitro*, these channels do not contribute to the spike depolarization because they are inactivated at the resting membrane potential. However, in hyperpolarized cells, which *in vivo* occurs under tonic influence by a GPCR coupled to the  $G_{i/o}$  signaling pathway,  $Na_v$  channels could play an important role in the transition from the quiescent to the firing mode [9].

In excitable cells,  $Ca_v$  channels also contribute to spike depolarization. Electrophysiologically,  $Ca_v$  channels are high (L, N, P/Q, and R type) or low (T-type) voltage-activated channels, which are distinguished by their single-channel conductance, pharmacology, and metabolic regulation [9]. The functional expression of both high and low voltage-activated  $Ca_v$  currents is well documented in cultured gonadotrophs [39] and in genetically labeled mouse gonadotrophs [40]. These currents are also present in somatotrophs and lactotrophs [39], GH cells [25] and other normal and immortalized pituitary cell types [9]. *In vitro*, the removal of extracellular  $Ca^{2+}$  and the addition of  $Ca_v$  channel blockers abolishes electrical activity in the majority of endocrine pituitary cells without affecting the resting membrane potential, indicating that these channels are critical for spiking depolarization but not for resting membrane potential [13, 16]. In contrast, T-type  $Ca_v$  channels contribute to slow depolarization in pituitary cells [41].

### 2.4. Mechanisms for Bursting and Repolarization

The simplest explanation why some cells fire tall AP spiking, while others fire plateau-bursting type of APs could be that there is a cell-specific expression of channels, leading to different patterns of spiking. One type of channels that is larger in somatotrophs and lactotrophs than in gonadotrophs is the BK type of  $Ca^{2+}$ -controlled  $K^+$  ( $K_{Ca}$ ) channels. These channels activate rapidly upon membrane depolarization, most likely due to colocalization of the BK channels with  $Ca_v$  channels [13, 20, 39]. The BK current acts in conjunction with the delayed rectifying  $K^+$  current to repolarize the cell membrane during the downstroke of an AP. There is some evidence that BK channels are also a key element in the production of bursting, and that their greater expression in somatotrophs/lactotrophs is responsible for the different activity patterns of these cells vs. gonadotrophs [20]. The proximity of BK channels to  $Ca_v$  channels could be the major factor that determines differential (plateau-bursting vs. repolarization) role of BK channels among endocrine pituitary cells [42].

## 2.5. Voltage-Gated $\text{Ca}^{2+}$ Influx

The high-voltage-activated  $\text{Ca}_v$  channels in pituitary cells not only give rise to APs in the same way as  $\text{Na}_v$  channels, but they also provide an effective pathway for  $\text{Ca}^{2+}$  influx during transient depolarization (termed voltage-gated  $\text{Ca}^{2+}$  influx or VGCI). In cells not exhibiting firing of APs, a plateau depolarization also results in  $\text{Ca}^{2+}$  entry via  $\text{Ca}_v$  channels, but in a non-oscillatory manner [18]. In other excitable cells,  $\text{Ca}^{2+}$  influx is coupled to  $\text{Ca}^{2+}$  release from intracellular stores through the calcium-induced calcium release process, which involves ryanodine receptor channels expressed in the ER membrane. It is unlikely, however, that  $\text{Ca}^{2+}$ -induced  $\text{Ca}^{2+}$  release contributes to the generation of  $\text{Ca}^{2+}$  signaling in mammalian lactotrophs and somatotrophs [43, 44]. In frog melanotrophs, the rise in  $\text{Ca}^{2+}$  occurs in a stepwise manner [45], and the generation of  $\text{Ca}^{2+}$  transients is abolished in cells that have the ER  $\text{Ca}^{2+}$  pump blocked [46]. It appears that in these cells, spontaneous VGCI is coupled to  $\text{Ca}^{2+}$ -induced  $\text{Ca}^{2+}$ -release, presumably through  $\text{IP}_3\text{Rs}$  (inositol trisphosphate receptor channels) [47].

Numerous studies have indicated that patterns of spontaneous electrical activity in different cell types largely impact intracellular  $\text{Ca}^{2+}$  dynamics and overall  $\text{Ca}^{2+}$  levels. Simultaneous measurements of membrane potential and  $[\text{Ca}^{2+}]_i$  have shown that the bulk  $\text{Ca}^{2+}$  levels are low in spontaneously spiking gonadotrophs (20 nM to 70 nM) but much higher (300 nM to 1.2  $\mu\text{M}$ ) and clearly oscillatory in spontaneously bursting lactotrophs and somatotrophs [13, 16], corticotrophs [12] and immortalized pituitary cells [17, 25, 27]. Rhythmic bursts of  $\text{Ca}^{2+}$  transients have also been observed in acute anterior pituitary slices [48].

The difference in the patterns of  $\text{Ca}^{2+}$  transients between cells firing single APs and those exhibiting plateau bursting is reflected in the spatial distribution of  $\text{Ca}^{2+}$  within the cell (Fig. 1B). Both types of APs depolarize the membrane sufficiently to activate the various types of  $\text{Ca}_v$  channels that are expressed in pituitary cells [39, 49]. However,  $\text{Ca}_v$  channels are open only briefly during the short time that the pituitary cells are firing a single AP, and the elevated  $\text{Ca}^{2+}$  concentration is localized to nanodomains that form at the inner mouths of open channels. With longer durations and smaller amplitudes of bursts, channels stay open longer and significant  $\text{Ca}^{2+}$  entry occurs, resulting in individual  $\text{Ca}^{2+}$  nanodomains overlapping and producing a global signal that can be easily resolved with fluorescent  $\text{Ca}^{2+}$  dyes [44]. Thus, the  $\text{Ca}^{2+}$  influx summed over time is much greater during bursting than during large-amplitude spiking [42].

## 3. Stimulation of VGCI by GPCRs

cAMP is a ubiquitous intracellular messenger that is generated by the adenylyl cyclase family of enzymes, which regulates numerous cellular responses, including electrical activity and VGCI. Adenylyl cyclase produces cAMP in the absence of hormonal stimulation; this basal activity is markedly enhanced upon the binding of  $G_s$ . In corticotrophs, the  $G_s$ -signaling pathway is triggered by CRH and in somatotrophs by GHRH. The  $G_s$ -coupled VIP/PACAP receptors operate in somatotrophs, melanotrophs, lactotrophs, and folliculostellate cells. Some eicosanoids may also signal through this pathway in pituitary cells [9]. In general, the activation of these  $G_s$ -linked GPCRs causes plasma membrane depolarization, leading to increased electrical activity and facilitated VGCI. The type of  $\text{Ca}^{2+}$  response that is typically obtained through this pathway is a plateau elevation of  $[\text{Ca}^{2+}]_i$  or an increase in the frequency and/or amplitude of  $\text{Ca}^{2+}$  transients. cAMP can modulate channel activities directly by activating HCN (hyperpolarization-activated and cyclic nucleotide-regulated) channels or indirectly through PKA-mediated phosphorylation of several plasma membrane channels (Fig. 2).



### 3.1. Direct Effects of cAMP on VGCI

Structurally, HCN channels belong to the superfamily of  $K_v$  channels. HCN channels, however, are functionally distinct from the six other transmembrane domain  $K^+$  channels; their activation does not dampen excitation but increases the firing of APs. This paradoxical role for channels that structurally belong to the  $K^+$ -channel family comes from their permeability properties; HCN channels are non-selective cation channels that are weak  $K^+$ -selective channels [9]. RT-PCR and electrophysiological experiments have confirmed the presence of HCN in AtT-20 cells [50], GH<sub>3</sub> cells [51, 52], melanotrophs [53], somatotrophs [52], and lactotrophs [54]. More recent findings indicate that these channels are also expressed in gonadotrophs and thyrotrophs [15]. The biophysical and pharmacological properties of this current are similar to those that have been described of the HCN channels in neuronal and cardiac cells. These properties include the sensitivity to both ZD7288 and  $Cs^+$  [50-52]. It appears that the basal cAMP production in the majority of pituitary cells *in vitro* is high enough to partially or fully activate these channels, explaining the relatively weak effect of the activation of adenylyl cyclase on HCN gating [51]. A decrease in the AP frequency in spontaneously firing cells with inhibited HCN has also been frequently observed, indicating that these channels contribute to slow depolarization. Blocking these channels, however, does not abolish spontaneous electrical activity, indicating that other channels also contribute to slow depolarization [15]. Because basal cAMP production is down-regulated *in vivo* by several hypothalamic and intrapituitary factors, it is reasonable to suggest that an increase in adenylyl cyclase activity under physiological conditions should lead to the activation of HCN channels and firing of APs (Fig. 2).

### 3.2. Role of cAMP-Dependent Kinase in VGCI

PKAs (cAMP-dependent kinases) are present in all eukaryotic cells and function as the major mediators of the cAMP response. In the absence of cAMP, each PKA is an inactive, asymmetric tetramer containing two regulatory and two catalytic subunits that bind to each other with high affinity. The binding of cAMP to the regulatory subunit alters its affinity for the catalytic subunits by four orders of magnitude, leading to its dissociation into a dimer of regulatory subunits and two active monomeric catalytic subunits. The catalytic subunit-mediated phosphorylation of several plasma membrane channels increases the excitability of pituitary cells and thereby increases VGCI (Fig. 2).

**PKA and Hyperpolarizing Currents**—As discussed above, “classical”  $K_{ir}$  channels could contribute to the regulation of the resting membrane potential. In general, PKA-dependent phosphorylation of these channels silences them, leading to cell depolarization and enhanced excitability. It is possible that GHRH decreases the intrinsic activity of a  $K_{ir}$  channel in somatotrophs [13]. In corticotrophs, CRH also changes the resting membrane potential and the rate of the pacemaking depolarization, causing an increase in the firing rate of spontaneously active cells and causing quiescent cells to become active [11, 12, 55]. It appears that the slow membrane depolarization is mostly caused by a reduction in the background  $K^+$  conductance mediated by a member of the  $K_{ir}$  channel family [24]. The inhibition of  $K_{ir}$  and the associated depolarization and increase in spike frequency last up to 15 minutes after the end of stimulation, suggesting that the phosphorylation of  $K_{ir}$  channels could account for this memory. However, inhibition of  $K_{ir}$  channels does not account for all effects of CRH on electrical activity [24]. Consistent with this, in these cells the presence of background hyperpolarizing current was also observed at positive potentials [18] and this current appears to be generated by TREK-1 channels and inhibited in a PKA-dependent manner [35].

**PKA and Depolarizing Currents**—The main effect of  $G_s$ -coupled receptors on the electrical activity in somatotrophs appears to be the facilitation of inward depolarizing

currents; the phosphorylation of several channels accounts for this effect. GHRH and the synthesized growth-hormone-releasing peptide GHRP-2 increase L- and T-type  $\text{Ca}^{2+}$  conductance in ovine somatotrophs and human adenoma GH cells [56-59]. In contrast, the effect of GHRH on VGCI in rat somatotrophs depends on bath  $\text{Na}^+$ , presumably because it enters into cells through the TTX-insensitive  $\text{Na}_v5$  and/or  $\text{Na}_v8-9$  channels [60]. A TTX-insensitive  $\text{Na}^+$  current that is upregulated by PKA phosphorylation is also present in rat somatotrophs [61]. Chen's group also reported a stimulatory effect of GHRH on TTX-resistant  $\text{Na}_v$  channels in somatotrophs from GH-green fluorescent protein transgenic mice, but they suggested that protein kinase C rather than PKA mediates the action of GHRH [62]. Electrophysiological experiments have also revealed that PACAP stimulation of melanotrophs causes an inward non-selective cation current that depolarizes cells and stimulates VGCI [63]. Recently, we provided evidence to support the hypothesis that TRPC channels could account for inward non-selective cation current and that their phosphorylation by PKA facilitates VGCI in rat somatotrophs and other pituitary subtypes [64].

#### 4. Inhibition of VGCI by GPCRs

GPCRs linked to the  $G_{i/o/z}$ -signaling pathways also operate in endocrine pituitary cells [9]. Their activation leads to the inhibition of electrical activity and hormone secretion. SST and DA are two major hypothalamic factors that inhibit pituitary hormone secretion via  $G_{i/o/z}$ -coupled receptors. Pituitary cells also express several other GPCRs linked to this signaling pathway, including receptors activated by adenosine, ET-1, GABA, melatonin, neuropeptide Y and 5-HT. The inhibition of AC activity by  $G_{i/o/z}\alpha$  is one of the mechanisms by which spontaneous electrical activity and VGCI are inhibited. The  $\beta\gamma$  dimer of these G-proteins also prominently affects electrical activity and  $\text{Ca}^{2+}$  signaling in a cAMP/PKA-independent manner by altering the gating of  $\text{K}_{ir}$  and  $\text{Ca}_v$  channels (Fig. 2).

##### 4.1. G protein-regulated $\text{K}^+$ channels

The  $\text{K}_{ir3}$  channels that are regulated by G-proteins are present in endocrine pituitary cells and have a well-established role in regulating electrical activity [9]. In somatotrophs, SST inhibits spontaneous and GHRH-stimulated electrical activity, VGCI, and hormone secretion. This inhibition reflects hyperpolarization of the plasma membrane [13, 65]. The effects of SST on  $\text{K}_{ir3}$  channels and electrical activity are blocked by pertussis toxin, an inhibitor of the  $G_{i/o}$  signaling pathways [66]. In lactotrophs and melanotrophs, DA also hyperpolarizes the membrane and suppresses APs and bursts, explaining the decrease in VGCI [67, 68]. The effects of DA on VGCI are sensitive to pertussis toxin, but they persist in cells with elevated cAMP [67, 69]. Furthermore, the activation of voltage-independent  $\text{K}^+$  channels by DA can be observed in excised outside-out patch [70], demonstrating that no second messenger is required. This result suggests that the coupling between the G-protein and  $\text{K}_{ir}$  channels is mediated by the  $\beta\gamma$  dimer [69]. Similarly, the activation of  $\text{GABA}_B$  receptors in pituitary cells induces late hyperpolarization, the facilitation of  $\text{K}_{ir3}$  channels, and the inhibition of AC activity [71]. In somatotrophs and lactotrophs, ETs activate the  $\text{Ca}^{2+}$ -mobilization pathway, but the stimulatory effect of ET is followed by an inhibition of VGCI and hormone secretion below basal levels [72]. This inhibition reflects increase a  $\text{Cs}^+$ -sensitive  $\text{K}_{ir}$  current in both cell types [28, 73].

##### 4.2. G-Protein-Regulated $\text{Ca}_v$ Channels

There is also evidence that SST inhibits  $\text{Ca}_v$  channels in somatotrophs [74] and AtT-20 cells [75]. Whereas GHRH-stimulated and PKA-mediated phosphorylation facilitates  $\text{Ca}_v$  currents in somatotrophs, SST inhibits these channels in a cAMP/PKA-independent manner [74]. It appears that the L-type  $\text{Ca}_v$  channels are negatively coupled to SST receptors [76].

DA was also reported to inhibit  $\text{Ca}_v$  channels in rat lactotrophs [77] and melanotrophs from neonatal rats [78, 79]. DA application was shown to inhibit  $\text{Ca}_v$  currents after a short (1-10 min) and a prolonged (over 24 h) application in  $\text{GH}_4\text{C}_1$  cells transfected with  $\text{D}_2$  receptors. Porcine pituitary melanotrophs also express  $5\text{-HT}^{1\text{A}}$  and  $5\text{-HT}^{1\text{C}}$  receptors; their activation inhibits L-type  $\text{Ca}_v$  channels [80]. The inhibition of L-type and Q-type  $\text{Ca}_v$  channels by 5-HT also occurs in rat melanotrophs [81]. In both cell types, the inhibition of  $\text{Ca}_v$  currents is abolished by pertussis toxin, indicating that 5-HT receptors are coupled to the  $\text{G}_{i/o}$  signaling pathway. Adenosine inhibits electrical activity-driven  $\text{Ca}^{2+}$  transients in GH cell lines [82] and in frog melanotrophs [83], presumably reflecting an inhibition of  $\text{Ca}_v$  channels. Neuropeptide Y also inhibits spontaneous electrical activity and  $\text{Ca}_v$  currents in these cells [84]. Similarly, the activation of  $\text{GABA}_B$  receptors in pituitary cells induces attenuation of  $\text{Ca}_v$  currents [71].

## 5. Calcium-Mobilizing Receptors and $\text{Ca}^{2+}$ Signaling

$\text{Ca}^{2+}$ -mobilizing GPCRs are expressed in all endocrine pituitary cells. In gonadotrophs,  $\text{Ca}^{2+}$  mobilization is triggered not only by GnRH, the main agonist for these cells, but also ETs, PACAP, substance P, and AVP/oxytocin. In thyrotrophs, the  $\text{G}_{q/11}$  signaling pathway is activated by TRH, the main agonist for these cells, and ETs. Lactotrophs express  $\text{Ca}^{2+}$ -mobilizing receptors activated by acetylcholine, angiotensin II, ATP, ETs, oxytocin, 5-HT, substance P, TRH and galanin. Mammalian melanotrophs express muscarinic receptors, and frog melanotrophs express  $\text{Ca}^{2+}$ -mobilizing receptors for TRH and neuropeptide Y, in addition to muscarinic receptors. In corticotrophs, the  $\text{Ca}^{2+}$ -mobilizing pathway is activated by AVP, norepinephrine and potentially 5-HT. Somatotrophs express  $\text{Ca}^{2+}$ -mobilizing ghrelin and  $\text{ET}_A$  receptors [9]. In general, the activated receptors trigger phosphoinositide hydrolysis and the production of  $\text{IP}_3$  and DAG.  $\text{IP}_3$  binds to  $\text{IP}_3\text{Rs}$  expressed in the ER membrane, causing the release of  $\text{Ca}^{2+}$  (Fig. 3).

### 5.1. Pattern of $\text{Ca}^{2+}$ Release from the ER

The ER is the primary storehouse for  $\text{Ca}^{2+}$  in most cells, including pituitary cells. The ER's resting  $\text{Ca}^{2+}$  concentration ( $[\text{Ca}^{2+}]_{\text{ER}}$ ) is a few hundred micromolar, in contrast to the resting level of  $[\text{Ca}^{2+}]_i$ , which is  $\sim 100$  nM. The high  $[\text{Ca}^{2+}]_{\text{ER}}$  is maintained by SERCA pumps.  $\text{Ca}^{2+}$  effluxes from the ER through passive leakage and through  $\text{IP}_3\text{Rs}$  and/or  $\text{RyRs}$  [9]. Because of the large concentration difference, the activation of  $\text{IP}_3\text{Rs}$  by a  $\text{G}_{q/11}$  agonist results in a large and sudden increase in  $[\text{Ca}^{2+}]_i$ . Following this initial  $\text{Ca}^{2+}$  pulse, one of two behaviors can be observed in pituitary cells, depending on the cell type and, in some cases, the agonist. In lactotrophs, somatotrophs, thyrotrophs and cells from the GH cell lines, the pulse is typically followed by a slow decline to a plateau in  $[\text{Ca}^{2+}]_i$ , although some cells may only have pulse or a plateau [72]. This non-oscillatory pattern of  $\text{Ca}^{2+}$  response is termed biphasic or pulse-decay-plateau. In mammalian gonadotrophs, the pulse is typically followed by large baseline  $[\text{Ca}^{2+}]_i$  oscillations [85, 86] (Fig. 3, bottom). Fish gonadotrophs also show an oscillatory  $\text{Ca}^{2+}$  response to the application of GnRH [87], as do corticotrophs in response to norepinephrine application [88].

### 5.2. Mechanism of Biphasic $\text{Ca}^{2+}$ Response

The biphasic  $\text{Ca}^{2+}$  response requires only that the  $\text{IP}_3\text{Rs}$  open and remain open during agonist application. The initial rapid increase in  $[\text{Ca}^{2+}]_i$  is followed by a slow decline, reflecting the removal of  $\text{Ca}^{2+}$  from the cell by plasma membrane ATPase pumps and  $\text{Na}^+$ -dependent  $\text{Ca}^{2+}$  efflux and reuptake of  $\text{Ca}^{2+}$  by SERCA pump and mitochondria. The decline in  $[\text{Ca}^{2+}]_i$  is mirrored by a decline in  $[\text{Ca}^{2+}]_{\text{ER}}$ , although  $[\text{Ca}^{2+}]_{\text{ER}}$  is much larger. As  $[\text{Ca}^{2+}]_{\text{ER}}$  declines to a sufficiently low level, a voltage-gated  $\text{Ca}^{2+}$  entry pathway is activated, bringing additional  $\text{Ca}^{2+}$  into the cell and producing an elevated plateau or



fluctuations in  $[Ca^{2+}]_i$  that are evident near the end of the agonist application [9]. In cells bathed in  $Ca^{2+}$ -deficient medium or blocked VGCI,  $[Ca^{2+}]_i$  drops to basal levels within a few minutes, indicating that sustained  $Ca^{2+}$  signaling by  $Ca^{2+}$  mobilizing GPCRs is critically dependent on  $Ca^{2+}$  influx. This phenomenon is well illustrated in TRH-stimulated lactotrophs bathed in  $Ca^{2+}$ -deficient medium and by lactotrophs and somatotrophs stimulated with ETs in the presence of  $Ca^{2+}$  [72, 89].

### 5.3. Mechanism of Oscillatory $Ca^{2+}$ Release

Unlike AP-driven  $Ca^{2+}$  oscillations, those induced by GnRH in gonadotrophs or norepinephrine in corticotrophs persist for 3-15 min when the  $Ca^{2+}$  bath is removed, as do cells that are bathed in the presence of  $Ca^{2+}$  but clamped at potentials that silence  $Ca^{2+}$  influx through  $Ca_v$  channels [88, 90]. Thus, oscillation is intrinsic to the  $Ca^{2+}$ -handling properties of the cell. These two cell types differ in their oscillatory  $Ca^{2+}$  mobilization mechanisms. In gonadotrophs, the frequency of  $Ca^{2+}$  oscillations varies from 5 to 20 pulses per minute [86, 91, 92], whereas norepinephrine generates  $Ca^{2+}$  oscillations in corticotrophs that have a frequency of about one per minute [88]. In gonadotrophs, oscillations in  $IP_3$  are not required to generate oscillatory  $Ca^{2+}$  release, as demonstrated by the injection of non-metabolized  $IP_3$  analogs, and the concentration of  $IP_3$  underlies the frequency of  $Ca^{2+}$  spiking [92]. The  $[Ca^{2+}]_i$  influences the  $IP_3$ -dependent  $Ca^{2+}$  release in these cells. The rapid stimulatory effect of  $Ca^{2+}$  on  $IP_3$ -dependent  $Ca^{2+}$  release in gonadotrophs is nicely demonstrated by the phase resetting of GnRH-induced oscillations by a brief pulse of  $Ca^{2+}$  entry [93]. The inhibitory effect of high  $[Ca^{2+}]_i$  on GnRH-induced  $Ca^{2+}$  oscillations has also been demonstrated [94]. Thus, in contrast to cells that exhibit continuous opening of  $IP_3$ Rs, resulting in biphasic  $Ca^{2+}$  signals,  $IP_3$ Rs in gonadotrophs undergo periodic activation and inhibition mediated by cytosolic  $Ca^{2+}$  (Fig. 3). The mechanism responsible for  $IP_3$ -dependent oscillations in corticotrophs is unknown.

### 5.4. Contribution of Mitochondria and SERCA Pumps to $IP_3$ -Induced $Ca^{2+}$ Release

In general,  $Ca^{2+}$  is transported into mitochondria through  $Ca^{2+}$  uniporters, which are powered by the membrane potential across the inner membrane. Calcium is transported out of mitochondria primarily by  $Na^+/Ca^{2+}$  exchangers. In corticotrophs, the rate of  $Ca^{2+}$  clearance after depolarization-induced  $Ca^{2+}$  influx is dramatically slowed by mitochondrial uncouplers or inhibitors of the mitochondrial uniporter. This inhibition enhances the exocytotic response [95]. In oscillating gonadotrophs,  $Ca^{2+}$  released from the ER is partly taken up again by the ER and partly pumped into other intracellular compartments or out of the cell [96]. In these cells, collapsing the mitochondrial inner membrane potential with the protonophore carbonyl cyanide m-chlorophenylhydrazone inhibits  $Ca^{2+}$  uptake by mitochondria and slows or inhibits GnRH-induced  $[Ca^{2+}]_i$  oscillations [97, 98]. In non-oscillating GnRH-stimulated gonadotrophs, the removal of  $Ca^{2+}$  from cells in a  $Na^+$ -dependent manner dominates over reuptake of  $Ca^{2+}$  by mitochondria [99]. In contrast, the inhibition of SERCA pumps causes a transition from an oscillatory to non-oscillatory mode of  $Ca^{2+}$  release in GnRH-stimulated gonadotrophs, indicating that the reuptake of  $Ca^{2+}$  by the ER is essential for periodic activation of  $IP_3$ R by  $[Ca^{2+}]_i$  [100, 101].

### 5.5. Dependence of $IP_3$ -Mediated $Ca^{2+}$ Signaling on VGCI

The  $Ca^{2+}$  response to a  $G_{q/11}$ -activating agonist impacts the plasma membrane potential. In cells that respond with biphasic  $Ca^{2+}$  signals, the rapid rise in  $[Ca^{2+}]_i$  activates the apamin-sensitive SK-type  $K_{Ca}$  channels in the plasma membrane. The  $K_{Ca}$  current hyperpolarizes the membrane, terminating any spontaneous electrical activity that was present prior to agonist application [72, 102]. The rapid hyperpolarization phase is followed by a sustained depolarization phase due to the modulation of a still unidentified current, presumably the downregulation of an M/ERG channel [30, 103, 104], and/or the stimulation of a TRPC

current [64]. This depolarization activates  $\text{Ca}_v$  channels, further depolarizing the cell and initiating single spiking or bursting, depending on the cell type [72]. Such electrical activity would then be reflected in the  $[\text{Ca}^{2+}]_i$  time course as small oscillations on top of the plateau and would contribute to the plateau (Fig. 3).

In gonadotrophs, coupling between the ER and the plasma membrane is also mediated through the apamin-sensitive SK type  $\text{K}_{\text{Ca}}$  channels [85, 86], but the integration of VGCI into  $\text{IP}_3$ -dependent  $\text{Ca}^{2+}$  oscillations is more complex. In cells at a hyperpolarized potential, few  $\text{Ca}_v$  channels are open, and the  $\text{Ca}^{2+}$  current is small, whereas at depolarized holding potentials, many  $\text{Ca}_v$  channels are open, and thus, there is a larger  $\text{Ca}^{2+}$  current. In addition to demonstrating that GnRH-induced  $\text{Ca}^{2+}$  oscillations persist in the absence of membrane potential oscillations, these studies have shown that the oscillations die out if the holding potential is not sufficiently depolarized, due to gradual depletion of the ER. These experiments also showed that no patterned electrical activity is required to keep the ER- $\text{Ca}^{2+}$  store replenished [90, 105].

Stimulated gonadotrophs do produce electrical bursting, however, due to bidirectional interactions between the plasma membrane and the ER [42, 106]. Ion channels in the plasma membrane bring  $\text{Ca}^{2+}$  into the cell during each spike, which replenishes the ER and thereby enables coupling between the membrane and the ER. The key feature is the antiphase pattern of electrical activity and  $\text{Ca}^{2+}$  spikes (Fig. 3) due to the inhibitory action of each  $\text{Ca}^{2+}$  spike on the plasma membrane mediated by the SK current. The electrical spiking resumes once  $[\text{Ca}^{2+}]_i$  returns to a low level following the  $\text{Ca}^{2+}$  spike. Thus, the  $\text{Ca}^{2+}$  oscillator periodically interrupts the plasma membrane oscillator, producing a bursting pattern of electrical activity. Recent investigation also revealed that inhibition of ERG channel by GnRH receptors facilitates the depolarizing phase, promoting  $\text{Ca}^{2+}$  influx [33]. The electrical activity and secretion are out of phase; the former serves to refill the ER, which provides the periodic  $\text{Ca}^{2+}$  pulse that is needed to evoke secretion [107].

## 6. Concluding Remarks

Endocrine pituitary cells express numerous  $\text{Na}_v$ ,  $\text{Ca}_v$ ,  $\text{K}_v$ ,  $\text{K}_{\text{Ca}}$ , and  $\text{K}_{\text{ir}}$  channels, as well as cation-conducting HCN and TRPC channels, and generate APs spontaneously and in response to depolarization of the cell membrane. Physiologically, electrically driven  $\text{Ca}^{2+}$  signals resemble neuronal cell signaling, which requires high  $\text{Ca}^{2+}$  in the extracellular medium and APs as a driving force for  $\text{Ca}^{2+}$  influx. In cells that fire single APs,  $\text{Ca}_v$  channels are open for a short amount of time, and the elevated  $\text{Ca}^{2+}$  concentration is localized to nanodomains that form at the inner mouth of open channels. Cells that exhibit bursting activity generate oscillatory global  $\text{Ca}^{2+}$  signals of sufficient amplitude to trigger exocytosis (Fig. 1). The activation of  $\text{G}_s$ -coupled receptors initiates the firing of APs in quiescent cells and increases the frequency of firing or duration of bursting in spontaneously active cells in a cAMP-dependent manner. Both direct and indirect (through PKA) action of cAMP accounts for the enhanced electrical activity and accompanying VGCI (Fig. 2). This signaling pathway plays a major role in somatotrophs and corticotrophs, operated by GHRH and CRH receptors, respectively. In contrast, activation of the  $\text{G}_{i/o}$  signaling pathway inhibits electrical activity and the accompanying VGCI by stimulating  $\text{K}_{\text{ir}}$  channels and/or inhibiting  $\text{Ca}_v$  channels in a cAMP/PKA-independent manner (Fig. 2). Of the  $\text{G}_{i/o}$ -coupled receptors that are expressed in pituitary cells,  $\text{D}_2$  receptors play a major role in cellular  $\text{Ca}^{2+}$  homeostasis in melanotrophs and lactotrophs and SST receptors in somatotrophs.

All pituitary cells have an additional system to control intracellular  $\text{Ca}^{2+}$ , which is composed of the  $\text{IP}_3$ Rs in the ER membrane. Endocrine pituitary cells express at least 15 subtypes of  $\text{G}_{q/11}$ -coupled GPCRs and several receptor tyrosine kinases, whose activation leads to the

mobilization of intracellular  $\text{Ca}^{2+}$  in an  $\text{IP}_3$ -dependent manner (Fig. 3). In melanotrophs, somatotrophs, and lactotrophs,  $\text{Ca}^{2+}$  mobilization provides only a transient source of non-oscillatory  $[\text{Ca}^{2+}]_i$  elevation due to the continuous opening of  $\text{IP}_3\text{Rs}$  in the presence of agonist;  $\text{Ca}^{2+}$  influx through  $\text{Ca}_v$  channels is critical for sustaining  $\text{Ca}^{2+}$  signaling. Gonadotrophs have the most sophisticated  $\text{Ca}^{2+}$  mobilization pathway; they release  $\text{Ca}^{2+}$  in an oscillatory manner in response to the activation of any of the  $\text{Ca}^{2+}$ -mobilizing receptors that are expressed in these cells, with the frequency of spiking being determined by the  $\text{IP}_3$  concentration. In these cells, oscillations in  $[\text{Ca}^{2+}]_i$  are generated by the periodic activation of  $\text{IP}_3\text{Rs}$  during continuous stimulation of  $\text{Ca}^{2+}$ -mobilizing receptors due to bidirectional actions of cytosolic  $\text{Ca}^{2+}$  on the  $\text{IP}_3$ -dependent gating of these channels. Intracellular  $\text{Ca}^{2+}$  is redistributed between the ER and mitochondria, providing a relatively long-lasting spike when cells are bathed in  $\text{Ca}^{2+}$ -deficient medium. In this way, gonadotrophs resemble skeletal muscle cells, relying on  $\text{Ca}^{2+}$  mobilization for a prolonged period of time and with VGCI controlling the “excitability” of the ER membrane during receptor activation.

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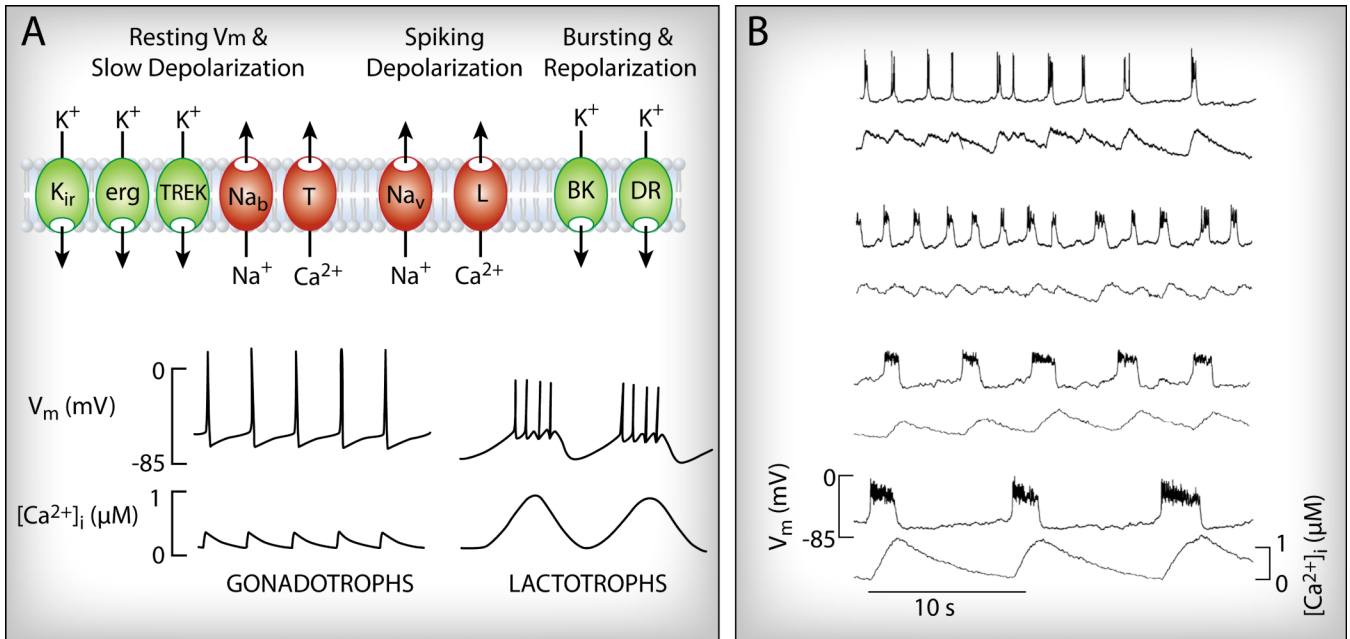
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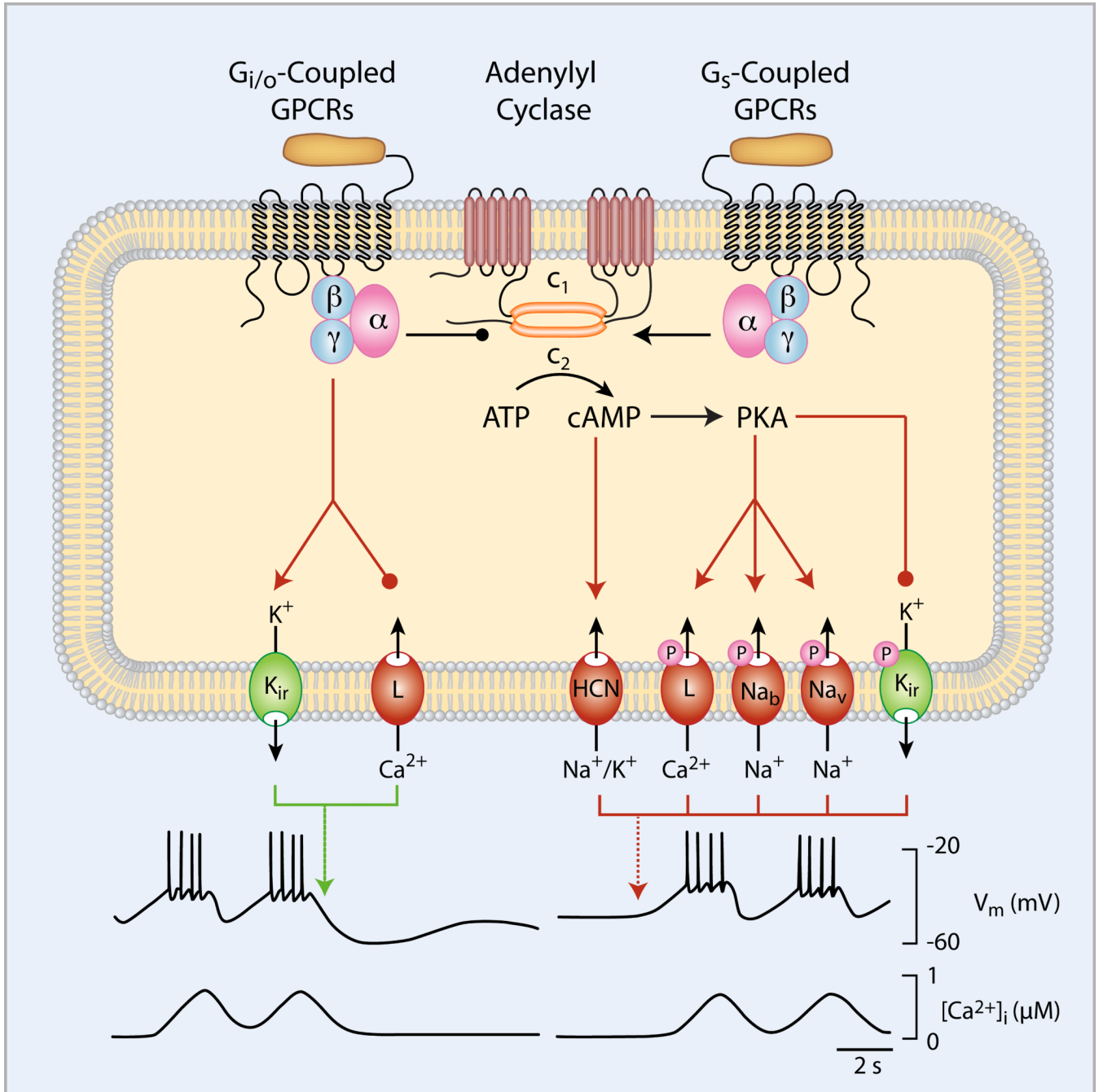
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**Fig. 1.**

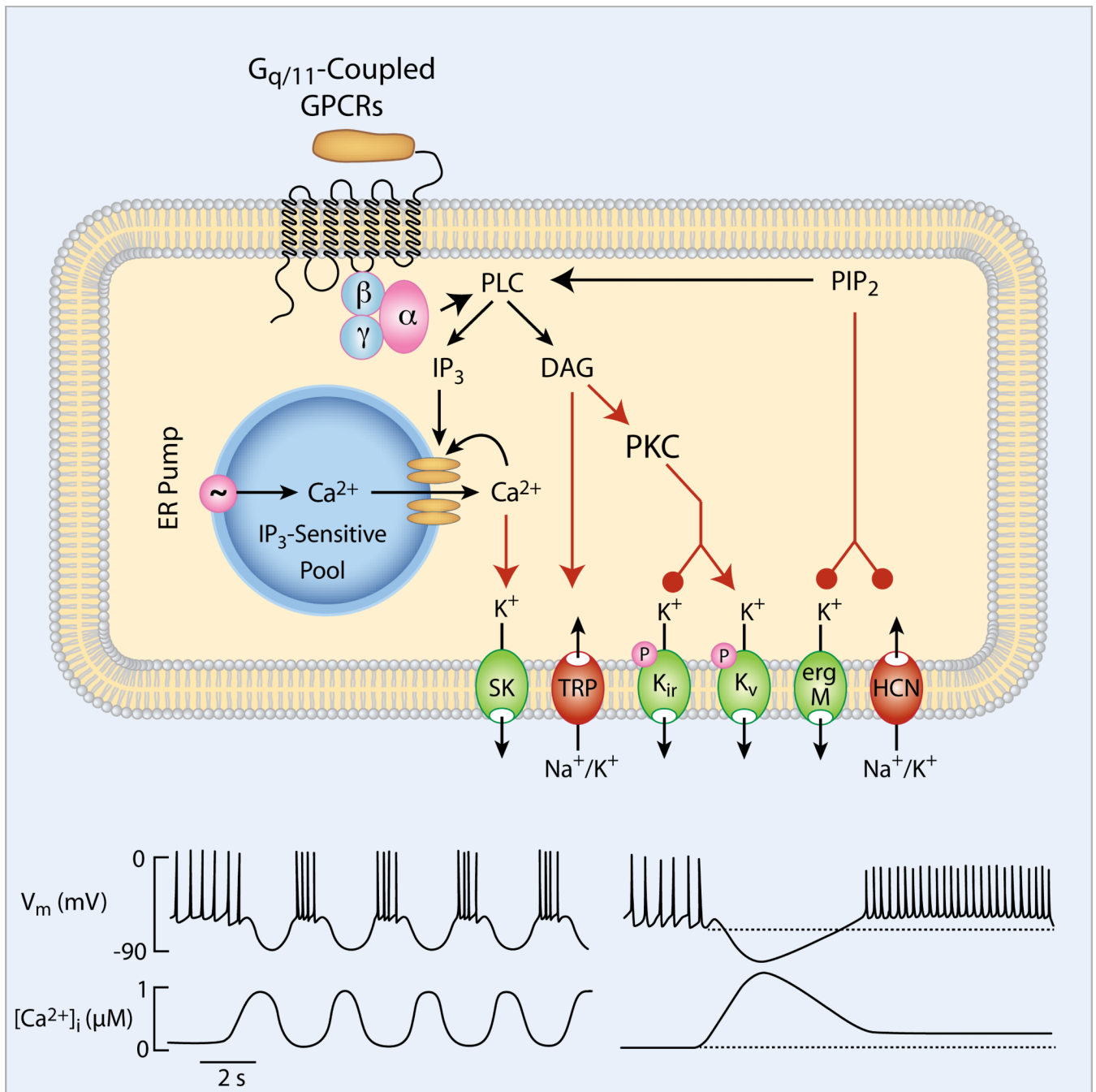
Spontaneous electrical activity and  $Ca^{2+}$  signaling in pituitary cells. (A) The resting membrane potential ( $V_m$ ) and slow depolarization in endocrine pituitary cells are determined by several channels, including classic inward rectifier  $K^+$  ( $K_{ir}$ ), ether-a-go-go-related gene (ERG) and TWIK-related (TREK-1)  $K^+$ -conducting channels, still unidentified  $Na^+$ -conducting background channels ( $Na_b$ ), and T-type  $Ca^{2+}$  channels. Once the threshold for action potential firing is reached, L-type  $Ca^{2+}$  channels alone or together with voltage-gated  $Na^+$  ( $Na_v$ ) channels generate spiking depolarization. Depending on the cell type, spiking depolarization is followed by a rapid and sharp repolarization (bottom left) or plateau bursting type of electrical activity (bottom right). Interactions between delayed rectifier (DR) and  $Ca^{2+}$ -activated BK-type  $K^+$  channels appear to play a major role in determining the pattern of electrical activity. (B) Influence of variable durations of bursting activity on the  $Ca^{2+}$  signaling pattern in pituitary cells: experimental records.



**Fig. 2.** Role of adenylyl cyclase-coupled GPCRs on plasma membrane channel activity in pituitary cells. The  $G_{i/o}$ -coupled receptors, including dopamine  $D_2$  and somatostatin receptors, inhibit spontaneous electrical activity and  $Ca^{2+}$  signaling predominantly through the activation of  $K_{ir}$ 3 channels and inhibition of L-type  $Ca^{2+}$  channels; both are mediated by  $\beta\gamma$  dimers of heterotrimeric G proteins. The  $G_s$ -coupled receptors, including CRH and GHRH receptors, stimulate electrical activity and  $Ca^{2+}$  signaling in quiescent cells and increase the frequency of firing in spontaneously active cells by the cAMP-dependent stimulation of hyperpolarization-activated (HCN) channels or by protein kinase A (PKA)-mediated



phosphorylation of several plasma membrane channels; this process presumably occurs in a cell type-specific manner.



**Fig. 3.** Role of Ca<sup>2+</sup>-mobilizing receptors on channel activity and Ca<sup>2+</sup> signaling in pituitary cells. The G<sub>q/11</sub>-coupled receptors stimulate phospholipase C (PLC), leading to the depletion of phosphatidylinositol-bisphosphate (PIP<sub>2</sub>) and the formation of two intracellular messengers: inositol trisphosphate (IP<sub>3</sub>) and diacylglycerol (DAG). IP<sub>3</sub> binds to IP<sub>3</sub> receptors in the endoplasmic reticulum (ER), causing two types of Ca<sup>2+</sup> signaling: baseline Ca<sup>2+</sup> oscillations (bottom left) or biphasic Ca<sup>2+</sup> signaling (bottom right). In gonadotrophs, the generation of baseline Ca<sup>2+</sup> oscillations reflects periodic activation of IP<sub>3</sub> receptors mediated by IP<sub>3</sub> and Ca<sup>2+</sup>, whereas the generation of a biphasic response reflects the tonic activation of IP<sub>3</sub> receptors. Due to the activation of SK-type Ca<sup>2+</sup>-activated K<sup>+</sup> channels, spontaneous

electrical activity in pituitary cells is also affected, generating a bursting type of electrical activity in gonadotrophs and sustained plateau firing in non-oscillating cells. DAG may stimulate transient receptor potential (TRP) channels or may alter the gating properties of  $K_{ir}$  and voltage-gated  $K^+$  ( $K_v$ ) channels through protein kinase C (PKC)-dependent phosphorylation. Depletion of  $PIP_2$  may also influence ERG and M type  $K^+$  channels and HCN channels. TRP,  $K_{ir}$ , ERG and/or M channels could play an important role in sustaining plasma membrane depolarization in non-oscillating cells.