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The Sterile Inflammatory Response in Acute Pancreatitis

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Abstract

The initial injury in acute pancreatitis (AP) is characteristically sterile and results in acinar cells necrosis. Intracellular contents released from damaged cells into the extracellular space serve as damage associated molecular patterns (DAMPs) that trigger inflammation. There is increasing evidence that this sterile inflammatory response mediated through DAMPs released from necrotic acinar cells is a key determinant of further pancreatic injury, remote organ injury, and disease resolution in experimental models. A number of DAMPS, including high-mobility group box protein 1 (HMGB1), DNA, ATP, and heat shock protein 70 (hsp70), have been shown to have a role in experimental pancreatitis. Many of these DAMPs are also detectable in the human pancreatitis. Genetic deletion and pharmacologic antagonism demonstrate that specific DAMP receptors, including TOLL-like receptor 4 (TLR4), TOLL-like receptor 9 (TLR9) and P2X₇, are also required for inflammation in experimental AP. Down-stream DAMP sensing components include NLRP3, caspase1, interleukin-1β (IL-1), interleukin-18 (IL-18), and IL-1 receptor (IL-1R), and also are required for full experimental pancreatitis. These DAMP-mediated pathways provide novel therapeutic targets using antagonists of TLR's and other receptors.

Keywords

pancreatitis; TLR9; P2X7; caspase1; DAMP; TLR4

Host Cell Injury and Sterile Inflammation

The adaptive immune system consists primarily of T and B cells and recognizes individual molecules using highly specific receptors.¹ This produces an immune response that is focused to a particular pathogen, and recognition of self molecules is limited by purging of potentially self-reactive T and B cells during development. The innate immune system consists of a wider range of cells including macrophages, dendritic cells, neutrophils and mast cells, and uses receptors recognizing molecules with a general pattern shared by a number of pathogens. A good example is lipopolysaccharide (LPS), a molecule that is common to gram-negative bacteria, and requires toll like receptor 4 (TLR4) for its recognition. The TLRs are the best characterized family of such pattern recognition receptors (PRRs), and recognize molecules as diverse as LPS via TLR4, double stranded DNA by TLR9, and single stranded RNA by TLR7.²

Recently it has been demonstrated that TLRs and other PRRs are also be activated by selfmolecular patterns which in health are sequestered inside cells and unable to engage these cell surface receptors.^{3, 4} Such self-molecules are termed damage associated molecular

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patterns (DAMPs). Mitochondrial DNA is a good example; it is not present in the extracellular space during health, but can activate TLR9.5 After organ injury, intracellular contents including DAMPs are released into the extracellular space, and trigger inflammation through engagement of TLRs and other PRRs.⁴ Since DAMPs can engage the same receptors as those activated by bacterial and other infectious agents, this process has been designated "sterile inflammation." A full sterile inflammatory response requires at least two distinct signals to an inflammatory cell such as macrophage. Signal 1 is through engagement of plasma membrane or endosomal receptors of the TOLL-like receptor superfamily (TLRs). This induces gene expression of pro-inflammatory cytokines, including pro-interleukin-1 β (pro-IL-1 β) and pro-interleukin-18 (pro-1L-18). Signal 2 is provided by DAMP signaling through plasma membrane P2X7 receptor and cytosolic receptors of the Nod-like receptor (NLR) family activating a cytosolic complex termed the inflammasome, which regulates proteolytic maturation of caspase1.⁶ Caspase1, previously identified as interleukin converting enzyme (ICE), is a cytosolic cysteine protease which tightly regulates the conversion of the inflammatory cytokines pro-IL-1 β and pro-IL-18 into mature forms.⁷ These two complementary DAMP sensing pathways are the hallmark of sterile inflammation (Figure 1). There is strong experimental evidence that DAMP-mediated sterile inflammation is a key determinant of additional parenchymal damage in acute sterile injury of the liver, kidney, and brain.²

There is now compelling experimental evidence that sterile inflammation has a central role in the pathogenesis of acute pancreatitis. The initial injury in acute pancreatitis (AP) is characteristically sterile, and early pancreatic necrosis is predictive of the disease course including the generation of inflammatory cytokines, local and systemic inflammation, and morbidity.⁸ Moreover, components of the systemic inflammatory response promote further pancreatic necrosis and intrapancreatic zymogen activation in the setting of experimental AP.^{9, 10}

Signal 1: TLRs and Respective DAMPs in Acute Pancreatitis

Acinar cells and fats cells are the initial cell types to be injured in most forms of acute pancreatitis. Clinical markers of pancreatic injury, amylase and lipase, are released into the circulation by dysregulated basolataral secretion, enhanced ductal permeability as well as by unregulated release of intracellular contents from necrotic acinar cells, but are not thought to induce further injury.¹¹ In contrast, high-mobility group box protein 1 (HMGB1) is also released by necrotic acinar cells in experimental and human disease and is a DAMP, which mediates further tissue injury and inflammation in sterile inflammatory injury through TOLL-like receptor 4 (TLR4).¹² HMGB1 is markedly elevated in the serum of patients with AP and also correlates with disease severity.^{13, 14} Extracellular HMGB1 induces further pancreatic and distant organ injury and inflammation in severe experimental AP in which pancreatic necrosis occurs.^{15, 16} Exogenous shock protein 70 (hsp70) increases pancreatic injury in rodent models of AP through a TLR4-dependent manner.¹⁷ The role of endogenous hsp70 as a potential DAMP is less clear.¹⁸

There is substantial evidence that TLR4 is required for maximum injury in acute pancreatitis. Genetic deletion of *Tlr4* reduces the severity of pancreatic, lung, and acinar cell injury in edematous and necrotizing experimental AP.^{19, 20} Of note, LPS and bacteria were not detected in the serum or pancreas in these rodent models of edematous or severe experimental AP, consistent with a role for DAMPs such as HMGB1 and/or hsp70 as endogenous ligands of TLR4.¹⁹ TLR4 is expressed on pancreatic ductal and endothelial cells and tissue macrophages, but not acinar cells.²¹ Endothelial cells and tissue macrophages are also known DAMP sensing cells.^{3, 22}

Extracellular double-stranded DNA of host origin is recognized as a DAMP by TOLL-like receptor 9 (TLR9), and promotes injury through immune activation in sterile injury.^{12,22} We have recently demonstrated that *Tlr9* is required for full pancreatitis response and robust pancreatic IL-1 β production in experimental AP.²³ Host genomic DNA is markedly elevated in the blood very early in the course of experimental AP, consistent with a role for TLR9 in sensing initial pancreatic injury. Serum DNA is significantly elevated in patients with severe AP.¹⁴ Similar to TLR4, TLR9 is expressed by pancreatic ductal and endothelial cells but not acinar cells.²³

TLR4 and TLR9 stimulation can induce pancreatic injury in the context of a proinflammatory state. Repeated administration of TLR4 and TLR9 ligands induces pancreatic injury and inflammation in mice genetically deficient in *interleukin-10 (IL-10)*, an antiinflammatory cytokine known to suppress pro-inflammatory responses in the pancreas.^{24,25, 26}

Signal 2: Caspase1, NLRP3 Inflammasome, IL-1 β , and IL-18 in Acute Pancreatitis

Caspase1 is a cytosolic protease which is cleaved from a pro-form to an active form. The cytosolic machinery responsible for this cleavage is termed the inflammasome, and is activated by a wide range of by DAMPs, microbial components and particulates such as uric acid, or cholesterol crystals.²⁷ Caspase1 is required for full acinar cell death, and inflammation in experimental AP; its genetic deletion greatly reduces these responses.^{23, 27} Caspase1-mediated effects in AP have been attributed to its function in mediating release of IL-1 β and IL-18. Caspase1 expression is strongly induced in atrophic acinar cells and ductal cells in the setting of pancreatic inflammation.²⁸ Acinar cell expression of caspase1 has not been fully investigated and its role in acute pancreatitis is of great interest.

The NLRP3 inflammasome consist of the DAMP receptor NLRP3, an adaptor molecule ASC and caspase1.²⁹ All three of these components are required for maximum injury in experimental AP and are expressed in tissue macrophages.²³ There are several DAMP ligands for NLRP3 inflammasome activation, including uric acid and cholesterol crystals. Additionally, extracellular ATP and NAD released from necrotic parenchymal cells activate the NLRP3 inflammasome via the plasma membrane receptor P2X₇.^{3, 30} P2X₇ likely contributes to NLRP3/caspase1 inflammasome activation in AP; genetic deletion of P2X₇ decreases pancreatic injury and inflammation in experimental AP.²³

IL-1 β and IL-18 are key effector cytokines in the innate immune responses to sterile injury. Both are transcriptionally induced by TLR signaling, and activated by caspase-1 cleavage. IL-1 β mediated signaling is required for full pancreatic and distant organ injury and inflammation in experimental AP.^{31, 32} Further supporting a role for IL-1 β in mediating pancreatic injury, pancreas-specific over-expression of an *interleukin-1* β transgene results in chronic pancreatitis.³³ Serum IL-1 β levels have not been consistently correlated with the severity of AP in humans.^{34, 35} However, there is evidence suggesting a role for IL-1 β in the initiation of a sterile inflammatory response to pancreatic injury in the human disease. Serum IL-1 β values peak within 24 hours and are significantly greater in study patients with severe versus mild AP.³⁶ These findings are recapitulated in animal models, where intrapancreatic IL-1 β levels exceed serum levels, and peak serum IL-1 β values precede peak serum IL-6 values.^{31, 37} Moreover, IL-1R signaling is required for IL-6 production in experimental AP.^{31, 38} This suggests an important requirement for IL-1 β signaling for induction of IL-6 in AP, and may be of clinical significance as serum IL-6 levels strongly correlate with severity in the human disease.³⁹

Priming the Pancreas for Sterile Inflammatory Injury

There has been extensive investigation of the common causes of acute pancreatitis, specifically alcohol and biliary stone mediated disease, with development of clinically relevant experimental models of AP.^{46–49} It is currently unknown how innate immune components are altered in the pancreas in these etiologies of AP. Both alcohol administration and biliary obstruction are known to induce immunologically significant portal venous endotoxemia.^{50, 51} Bacterial lipopolysaccharide (LPS) increases the severity of experimental AP, and this is consistent with the clinical finding that endotoxemia is correlated with more severe disease and complications in human AP.⁵² LPS can up-regulate expression of inflammasome components *Nlrp3* and *caspase1* as well as *Tlr9* in immune cells.^{53, 54} This LPS priming for innate immune responsiveness is likely of significance to pathophysiology because resident and recruited immune cells are responsible for most of the IL-1 β production in experimental AP.⁵⁵ Additionally, LPS can synergize with TLR9 signaling in pro-inflammatory cytokine production *in vitro* and *in vivo*.^{56, 57}

Obesity, a common risk factor for pancreatitis and disease severity, promotes susceptibility to IL-18-mediated pancreatic injury in experimental AP as discussed above. The mechanism of this increased susceptibility to immune mediated injury is not known, and it is of great interest to determine how factors such as smoking alter sterile inflammatory components in AP.

Novel Therapeutic Strategies in AP

Over twenty DAMP receptors have been identified, and the contribution of a number of these in pancreatic injury and inflammation has been explored through pharmacologic antagonism of both signal 1 and signal 2 components. This work has provided insight into novel therapeutics strategies in AP.

Regarding signal 1, pharmacologic inhibition of HMBG1 through the use of blocking antibodies decreases pancreatic injury and lung inflammation in an experimental model of severe AP.¹⁵ Similarly, pharmacologic antagonism of both TLR9 and TLR7 decreases acinar cell necrosis and lung injury in an experimental model of severe AP.²³ Lysosomal acidification is required for endosomal TLR mediated immune responses, including those of TLR3, TLR7, and TLR9. Chloroquine decreases the severity of pancreatic injury and decreases mortality in an experimental model of severe AP and may be efficacious in part through inhibition of endosomal acidification, a requirement for activation of some TLRs.^{58, 59}

Regarding signal 2, caspase1 inhibitors decrease pancreatic necrosis, pancreatic IL-1 β production and inflammation, and mortality in an experimental model of severe AP.⁶⁰ To a significantly lesser degree, a small molecule inhibitor of P2X₇ decreases pancreatic injury and inflammation in experimental models of mild AP.²³ There are likely several DAMPs other than P2X₇ receptor ligands which induce Nlrp3/caspase1 inflammasome activation in AP and this likely accounts for the lesser degree of protection from antagonism of P2X₇

relative to caspase1. Allopurinol is a xanthine oxidase inhibitor which decreases uric acid formation and may thereby decrease uric acid mediated Nlrp3/caspase1 inflammasome activation in the setting of tissue injury. Allopurinol decreases pancreatic injury in experimental AP and has been shown to decrease the incidence of post-ERCP pancreatitis in a randomized controlled trial.^{61, 62}

Finally, regarding the key effector cytokines in sterile inflammatory response, administration of recombinant IL-1 receptor antagonist decreases pancreatic injury and inflammation in an experimental model of severe AP.³² Pharmacologic antagonism of IL-18 has not been similarly explored in experimental AP.

As intriguing as modification of the innate immune response appears to be in mitigating AP, suppression of innate immune signaling may be deleterious in the setting of infection. *Tlr4* deficient C3H/HeJ mice have reduced injury to the liver and kidney in the closed loop duodenal obstruction model of AP but increased rates of pancreatic infection.⁶³ Similarly, neutralizing antibodies to high mobility group box 1 (HMGB1) decrease pancreatic and distant organ injury in the closed loop duodenal obstruction model of AP but increase to humans of this increased risk of infection with TLR antagonism in animal models of AP is unclear as over a dozen humans with deficiency of most TLRs have been characterized and do not have an increased rate of infections after childhood.

It is also very uncommon to find evidence of infection at the initiation of AP, as infection is documented as the inciting cause in less than 1% of cases.⁶⁴ However, later in disease local and systemic infections contribute significantly to morbidity and mortality. In the largest available autopsy series of patients with mortality from AP, infectious death occurred mainly in patients with AP of greater than 7 days duration.⁶⁵ Infection of pancreatic necrosis is a common finding in patients with clinical indications for biopsy of pancreatic tissue in AP, occurring in 60–100% of cases in reported series.⁶⁶ It should be noted that this patient population is most often a subgroup with extensive radiographic necrosis as well as clinical deterioration suspicious for sepsis. Finally, immunomodulation through the use of probiotics in severe AP within 72 hours of admission resulted in increased mortality, bowel ischemia, and extrapancreatic infectious complications.⁶⁷ Use of live bacterial probiotics is somewhat different from pharmacologic antagonism of DAMP receptors but how the latter might affect gut-microbiome homeostasis is largely unknown.

Summary

It is clear that acute pancreatitis conforms to the paradigm of a sterile inflammatory injury whereby initial parenchymal cell injury is sensed by resident and circulating immune cells through receptor mediated recognition of DAMPs. Components of the innate immune response, including TLR4, TLR9, P2X₇, and the NLRP3/caspase1 inflammasome, are activated and induce pro-inflammatory cytokine production and release that consequently promotes further pancreatic parenchymal cell injury, local inflammation, and remote organ inflammation and injury. Up-regulation of this pathway may occur in specific settings such as the increased levels of serum LPS observed in alcohol abuse. There is great interest in developing therapeutics for acute pancreatitis, as there are currently no specific disease modifying therapies and the clinical course can be severe with significant morbidity and mortality. Innate immune modifying agents are attractive candidates for study with the cautionary note that suppression of innate immunity might predispose patients to an increased risk of infection. Further careful study is warranted in the laboratory and clinical setting to explore these innovative therapeutic avenues and caveats in the setting of this unmet clinical need.

Acknowledgments

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Figure 1.

The sterile inflammatory response in acute pancreatitis. In acute pancreatitis, injured parenchymal cells release DAMPs. These are Signal 1 and Signal 2 for respective receptors in DAMP sensing cells which then produce IL-1 β and IL-18. The latter effector cytokines stimulate pro-inflammatory responses in other immune cells promoting further cell death in the pancreas and immune injury in distant organs.