

# Telomere maintenance and telomerase activity are differentially regulated in asexual and sexual worms

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In most sexually reproducing animals, replication and maintenance of telomeres occurs in the germ line and during early development in embryogenesis through the use of telomerase. Somatic cells generally do not maintain telomere sequences, and these cells become senescent in adults as telomeres shorten to a critical length. Some animals reproduce clonally and must therefore require adult somatic mechanisms for maintaining their chromosome ends. Here we study the telomere biology of planarian flatworms with apparently limitless regenerative capacity fueled by a population of highly proliferative adult stem cells. We show that somatic telomere maintenance is different in asexual and sexual animals. Asexual animals maintain telomere length somatically during reproduction by fission or when regeneration is induced by amputation, whereas sexual animals only achieve telomere elongation through sexual reproduction. We demonstrate that this difference is reflected in the expression and alternate splicing of the protein subunit of the telomerase enzyme. Asexual adult planarian stem cells appear to maintain telomere length over evolutionary timescales without passage through a germ-line stage. The adaptations we observe demonstrate indefinite somatic telomerase activity in proliferating stem cells during regeneration or reproduction by fission, and establish planarians as a pertinent model for studying telomere structure, function, and maintenance.

Some animals may be potentially immortal or at least very long-lived. Understanding the mechanisms that have evolved to allow some animals to be immortal may shed further light on the possibilities for alleviating aging and age-related phenotypes in human cells (1, 2). These animals must have the capacity to replace aged, damaged, or diseased tissues and cells and hence use a population(s) of proliferative stem cells able to do this (3–5).

To ensure heritability and genetic stability, dividing eukaryotic cells must overcome the end-replication problem to maintain linear chromosomes (6). In sexually reproducing animals such as humans, telomere elongation occurs mainly during embryogenesis and the development of the germ line (7, 8). Somatic cells become senescent in the adult when chromosome ends shorten to a critical length to avoid deleterious genome instability and the emergence of cancerous cells (9). This protective senescence mechanism appears to be a central part of the aging process (10), and animals that are potentially immortal must have somatic mechanisms for maintaining chromosome ends. We set out to test this idea in potentially immortal planarian flatworms. Planarians have been described as “immortal under the edge of the knife” (11), and may have an indefinite capacity to renew their differentiated tissues from a pool of potentially immortal planarian adult stem cells (pASCs) (12, 13). For long-term survival over evolutionary timescales, these cells need to overcome the end-replication problem (6).

The model planarian *Schmidtea mediterranea* has both asexual and sexual strains, both with apparently indefinite regenerative capacities (3, 12). The agametic asexual strain reproduces by fission behind the pharynx and has no functional gonads (12). Thus, we hypothesize that it has developed somatically active mechanisms for the maintenance of chromosome ends without sexual reproduction per se. The sexual strain of this species does not fission naturally, instead reproducing as a cross-fertilizing

hermaphrodite (12). We find that asexual but not sexual animals have telomere maintenance mechanisms that allow telomere maintenance somatically. This mechanism uses alternative splicing of active telomerase splice forms such that higher levels of active telomerase transcript can be somatically up-regulated in asexual, but not sexual, pASCs.

## Results

**Asexual but Not Sexual Animals Maintain Telomere Length Through Regeneration.** Other platyhelminthes (flatworms) have been previously described as having the same repeat unit as human telomeres at their chromosome ends (14, 15). We performed Bal31 nuclease digestion of genomic DNA that only digests the ends of DNA molecules, followed by terminal restriction fragment (TRF) length analysis and confirmed this was the case for *S. mediterranea* (Fig. S1) (16).

We investigated telomere lengths in individual asexual and sexual planarians of known age since their last reproductive event. For sexual animals, this is the period since hatching from cocoons in culture, and for asexual animals this is time since their last fission event. Telomeres of asexual animals that had undergone recent fission (7 d previously) had a longer average length (Fig. 1A; mean 28.0 kb, SD 0.7 kb,  $n = 10$ ) in both the anterior and posterior pieces than those of newly born sexual animals (Fig. 1B; 21.2 kb, SD 1.67 kb,  $n = 7$ ).

Telomere lengths in asexual animals 7 d postfission had significantly increased (Fig. 1A; mean 28 kb, SD 0.7 kb,  $n = 10$ ,  $t$  test, two-tailed,  $P < 0.02$ ) compared with animals that had not undergone fission for 3 mo (Fig. 1A; mean 26 kb, SD 0.6 kb,  $n = 10$ ). Older sexual animals showed a clear age-correlated decline in telomere lengths compared with hatchlings and younger animals (Fig. 1B). Both asexual and sexual animals display age-related decline in telomere length; however, asexual animals are able to maintain telomere lengths somatically, whereas sexual animals restore telomeres by extension during sexual reproduction or during embryogenesis like other sexual species (8).

The differing dynamics in asexual and sexual telomere length could be attributable to differences in reproductive strategy. The act of fission in asexuals requires the regeneration of missing structures. As sexual animals are capable of the same regenerative feats (12, 13), they may also maintain telomere length during this process. Repeated rounds of regeneration in sexual individuals led to a profound erosion of telomere length after just three consecutive rounds of regeneration (Fig. 1B; intact mean 17.5 kb,

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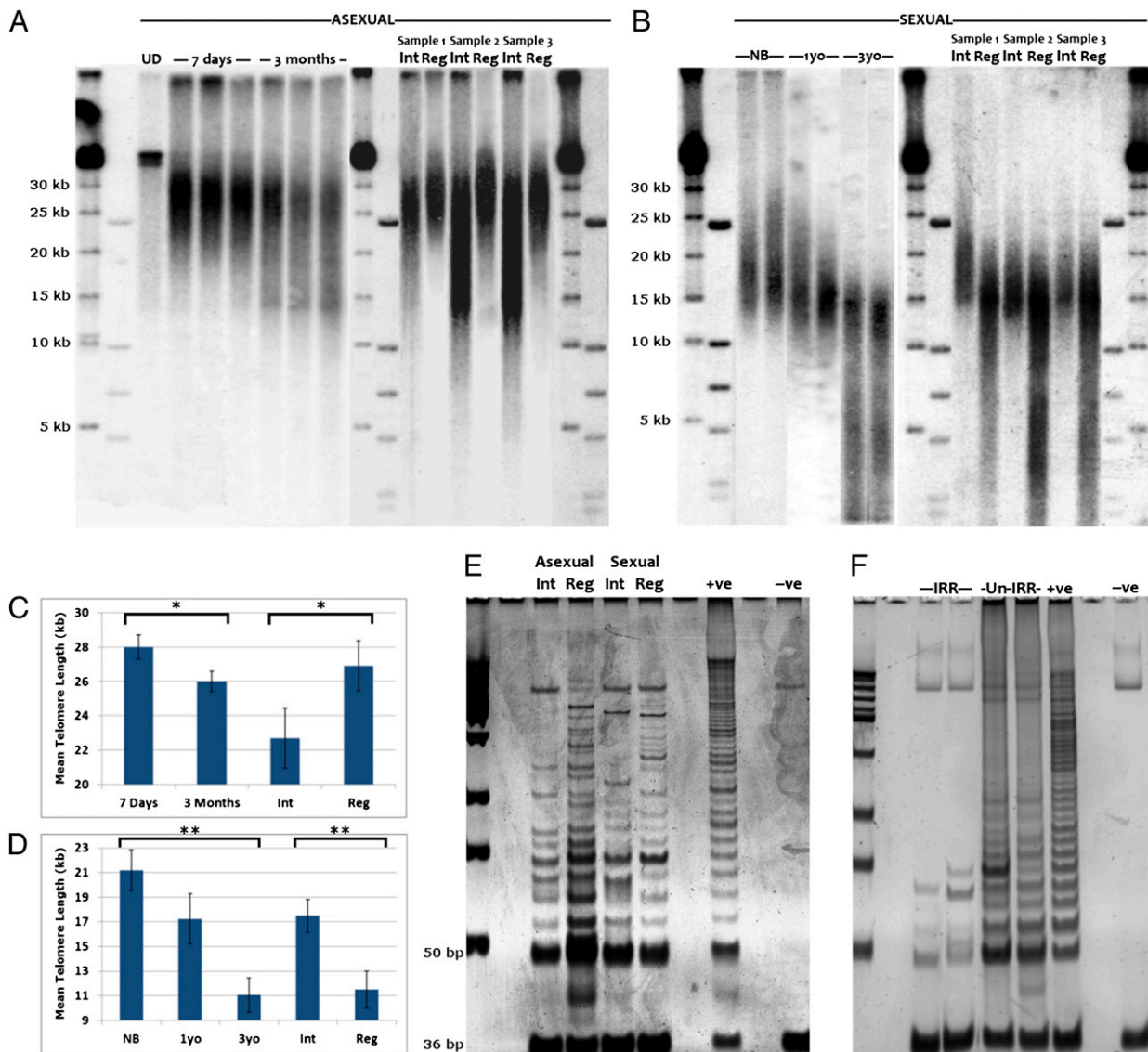
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SD 1.33 kb, three rounds regeneration mean 11.6 kb, SD 1.50 kb, *t* test, two-tailed,  $P < 0.01$ ,  $n = 10$  starting animals). Conversely, serial regeneration of asexual animals that had not undergone fission for between 3 and 6 mo led to an increase in mean telomere length (Fig. 1A; intact 22.6 kb, SD 1.75 kb, three rounds regeneration mean 26.9 kb, SD 1.48 kb, *t* test, two-tailed,  $P < 0.04$ ,  $n = 10$ ). Our data led us to conclude that asexual, but not sexual, animals are capable of somatic telomere maintenance.

**Telomerase Activity in pASCs Maintains Telomere Length in Asexual Planarians During Regeneration.** Observed differences between sexual and asexual telomere maintenance could be related to

telomerase activity. To measure hypothetical telomerase activity, we used the telomere repeat amplification protocol (TRAP) assay. We found that telomerase activity as measured in vitro by the TRAP assay was up-regulated during asexual regeneration (Fig. 1E). In irradiated worms, where proliferative pASCs and their progeny are removed (17), we observed loss of telomerase activity, suggesting that telomerase activity is mainly confined to proliferating pASCs and/or their recent progeny (Fig. 1F). Sexual animals also had detectable telomerase activity, which also showed a slight increase during regeneration, but not as much as that observed for asexual worms (Fig. 1E). In any case, this activity is not sufficient to maintain telomere length during regeneration in the

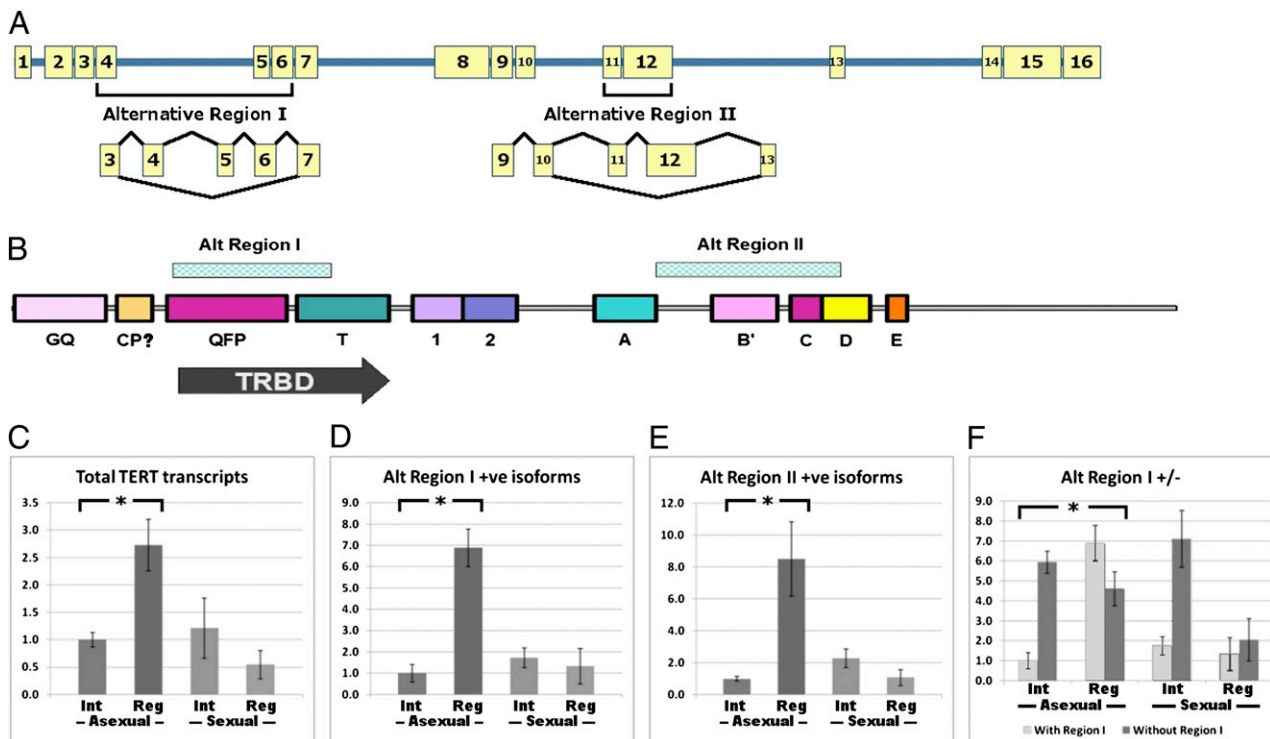


**Fig. 1.** Planarian telomere length dynamics. (A) Telomere length in asexual animals increases after both fission and regeneration induced by amputation. UD, undigested genomic DNA; 7 d, animals that underwent fission 7 d previously (mean 28 kb, SD 0.7 kb,  $n = 10$ ); 3 mo, animals that underwent fission 85–95 d previously (mean 26 kb, SD 0.6 kb,  $n = 10$ ,  $P < 0.02$ , two-tailed *t* test); Int, intact asexual animals that have not undergone fission for between 85 and 195 d (mean 22.6 kb, SD 1.75 kb,  $n = 10$ ); Reg, animals that have undergone three rounds of regeneration (mean 26.9 kb, SD 1.48 kb,  $n = 10$ ,  $P < 0.04$ , two-tailed *t* test). (B) Telomere length in sexual animals decreases with age, with newly born (NB, mean 21.2 kb, SD 1.67 kb,  $n = 7$ ) animals from 3-y-old parents (3yo, mean 11.1 kb, SD 1.4 kb,  $n = 6$ ,  $P < 0.002$ , two-tailed *t* test) showing rejuvenated lengths. Serial regeneration of 6- to 12-mo-old animals significantly decreases telomere lengths. Shown are representative animals before and after three rounds of regeneration. Int, sexual animals between 180 and 360 d old (mean 17.5 kb, SD 1.33 kb,  $n = 10$ ); Reg, animals that have undergone three rounds of regeneration (mean 11.6 kb, SD 1.50 kb,  $n = 10$ ,  $P < 0.007$ , two-tailed *t* test). (C and D) Graphical representation of asexual and sexual TRF data showing statistically significant comparisons ( $*P < 0.05$ ,  $**P < 0.01$ ). (E) TRAP assay indicates that telomerase activity increases at 72 h after regeneration (Reg) in both asexual and sexual animals, with a greater increase visible in asexuals during regeneration compared with intact animals (Int). Hela cells extract (+ve), and heat treated (-ve). (F)  $\gamma$ -Irradiation to remove proliferating pASCs and their recent progeny leads to loss of telomerase activity. IRR, asexual animals 7 d after irradiation; Un-IRR, mock-irradiated animals.









**Fig. 4.** Alternative splicing of *Smed-tert*. (A) Exonic structure of *Smed-tert* alternate splicing sites. All four possible transcripts can be detected by PCR. (B) Schematic showing that splicing events that skip exon numbers 4–6 remove the TRBD. (C–F) RT-qPCR analysis of (C) *Smed-tert* transcript levels; (D) alternate region 1-containing transcripts; (E) alternate region 2-containing transcripts; and (F) the ratio of alternate region 1-positive and -negative transcripts. Errors bars are  $\pm 1$  SD of the mean. In each case, transcript levels are significantly increased in regenerating asexual worms (three replicates of batches of five worms each, *t* test, two-tailed,  $*P < 0.03$ ).

entirely, with telomere length stabilizing at a shorter length, before senescence, by an unknown mechanism (28).

It is possible that the erosion of telomeres we observe or induce by RNAi is counteracted by mechanisms that give rise to alternative lengthening of telomeres (ALT) not requiring TERT (29, 30). ALT is characterized by an abrupt change in telomere length (29, 30). An ALT mechanism is responsible for telomere elongation in blastomeres of the early mouse embryo (31). This abrupt change in telomere length has not been observed in adult *Smed-tert*(RNAi) animals or adult sexual animals with declining telomere length. This suggests that the shortened telomeres achieved by RNAi are not short enough to trigger any ALT mechanism, or that any ALT mechanism does not use the telomere repeat for elongation.

Telomere maintenance mechanisms show adaptation in asexuals is achieved at the level of *Smed-tert* expression. First, PCR and in situ hybridization expression data in the context of irradiated animals suggest that *Smed-tert* is expressed in irradiated pASCs, and this is also supported by TRAP assay data from intact and irradiated worms (Figs. 1*F*, 2*B*, and 3). However, the majority of *Smed-tert* transcripts present in the pASCs of intact asexual and germ-line cells of sexual animals are missing the TRBD required for binding the telomerase RNA component (Fig. 4). By analogy with all other species, these would not be able to engage in telomere extension. Alternate splicing has also been implicated in the generation of dominant-negative and inactive forms of TERT in vertebrate cells, and may be a common mechanism for differential control of telomerase activity in different animal cell types (32–34). Furthermore, we are able to show that during normal homeostatic turnover of planarian tissues telomerase activity is not sufficient to maintain telomere lengths. During regeneration and fission, asexual animals are able to increase telomere length by producing seven- to eightfold more TRBD-containing transcripts. Direct testing of the roles of the alternate

transcripts awaits the development of transgenic techniques in *S. mediterranea* and/or the ability to use siRNA technology to target splice junctions and stretches of small sequences that are isoform-specific.

Previous work on colonial ascidians (35) and oligochaete worms (36) that have asexual life-history phases and reproduce by fission suggests that passage through a sexual reproductive cycle is required to avoid telomere depletion (35) and senescence (35, 36). In both cases, these animals have the natural option of a sexually reproductive cycle. In the urochordate *Botryllus schlosseri* that also propagates sexually and asexually, telomerase activity appears to be up-regulated in asexually formed buds (37), although these animals also eventually undergo senescence (38). Longevity experiments to investigate senescence in Hydra that reproduced asexually suggest that they are immortal (4, 39), whereas a sexually reproducing species showed clear signs of degeneration and mortality (40). Although immortal Hydra also appears to share the (TTAGGG)<sub>n</sub> telomere repeat, there is as yet no data on how or whether they avoid chromosome end depletion (41). These data suggest the possibility that senescence or death of asexual individuals and colonies may in part result from a failure to maintain chromosome ends that are restored by going through a sexually reproductive cycle (35). In the case of “effectively immortal” and obligate asexual *S. mediterranea*, the end-replication problem in somatic stem cells has been solved by the simple evolutionary changes we have characterized. These allow increased telomerase activity in somatic pASCs, allowing them to be an effective cellular unit of inheritance.

## Materials and Methods

**Animal Culture and Amputation.** Planarian culture was performed as previously described (42).

**Telomere Length Analysis.** Bal31 and TRF analysis was performed using 0.65  $\mu$ g of genomic DNA with previously described protocols (16, 43). Scanned TRF images were analyzed with Quantity One software (Invitrogen).

**TRAP Assay to Measure Telomerase Activity.** TRAP assays were performed with the TRAPeze Telomerase Detection Kit (Millipore). The amount of total extracted protein used for experiments comparing regeneration and intact worms was 0.5  $\mu$ g per sample. For assessing the effects of irradiation and *Smed-tert*(RNAi), 1  $\mu$ g per sample was used to allow detection of minimal residual activity.

**Cloning of *Smed-tert*.** Full-length *Smed-tert* was cloned by RACE using the FirstChoice RLM-RACE Kit (Ambion). Isoforms were discovered by investigating transcriptome data and split reads using methods described in ref. 22 and further characterized by PCR, cloning, and sequencing of different-length products generated using the primers forward 5'-ATGGTTTTATG-AAATTAGATCTTGG-3' and reverse 5'-AATGGAGAATCCATTTTCATTGACC-3' designed to amplify the full *Smed-tert* ORF.

**Quantitative PCR.** RT-qPCR was performed with first-strand cDNA made from total RNA from TRIzol reagent (Invitrogen) with SuperScript III reverse transcriptase (Invitrogen) using Brilliant qPCR Master Mix (Agilent). Primers used are listed as follows with their coordinate position in relation to the full-length 1895-bp TERT isoform 1 (EMBL accession no. AEK12104): total TERT transcript (forward: 5'-TTATCGAGATTTGCAGGATT-3' 1476–1495 bp; reverse: 5'-CACTACAGCAATTGTCATGG-3' 1602–1583 bp); alternate region 1-positive (forward: 5'-TCTCGCGCATATTTTCTAA-3' 287–306 bp; reverse: 5'-TCTTCATTGACTTGCATACG-3' 408–389 bp); alternate region 1-negative (forward: 5'-CAAAAACAAGTGTAGTGAATTTAA-3' 143–167 bp; reverse:

5'-CACCAGTAAAAATTTTGTGA-3' 520–504 bp); alternate region 2-positive (forward: 5'-CTGATTGATTTGGAAGACTAAAG-3' 1012–1035 bp; reverse: 5'-GAGGTATTCGCATATTTGA-3' 1149–1130 bp). Transcription levels were standardized with the internal control gene *cystatin* (forward: 5'-AACTC-CATGGCTAGAACCAGAA-3'; reverse: 5'-CCGTCGGTAATCCAAGTACA-3').

**In Situ Hybridization and Irradiation.** Whole-mount in situ hybridization and irradiation were performed as previously described (44). A 601-bp probe generated with the forward primer 5'-CTCAATATGTTGATGATGTTTTATTCC-3' and reverse primer 5'-AATGGAGAATCCATTTTCATTGACC-3' was used for in situ hybridization.

**Proliferation Assay.** Proliferation was assessed by counting total mitotic cells in regenerating animals, visualized with rabbit anti-phosphorylated histone H3 serine 10 (Upstate Biotechnology; 1:1,000) and goat anti-rabbit Alexa Fluor 568 (Molecular Probes; 1:1,000) with fluorescent microscopy.

**RNAi Experiments.** RNAi experiments were performed as previously described with one round of three 33-nl injections of 2  $\mu$ g/ $\mu$ l dsRNA every wk (42). Two different regions of the *Smed-tert* transcript were used in RNAi experiments: a 600-bp region generated with the forward primer 5'-CTCAATATGTTGATG-ATGTTTTATTCC-3' and reverse primer 5'-AATGGAGAATCCATTTTCATTGACC-3' and a 450-bp region amplified by the primers forward *Smed\_TERT\_AltA*\_dsF 5'-TTGCATTTCTCAAGAGTCAA-3' and reverse *Smed\_TERT\_AltA*\_dsR 5'-TTCAA-AATGGGAATAACAAAC-3'.

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