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## Dual probe DNA capture for sensitive real-time PCR detection of *Cryptosporidium* and *Giardia*

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### Abstract

Nucleic acid amplification for the enteropathogens *Cryptosporidium* and *Giardia* is complicated by low target template concentrations and PCR inhibitors. In this work we designed dual capture oligonucleotides for both *Cryptosporidium* and *Giardia* 18S rRNA targets which when utilized during DNA extraction from stool improved the limit of detection of our multiplex PCR assay by 1-2 logs, to as little as 10 cysts. When applied to clinical specimens, the method improved the real-time PCR C<sub>T</sub> by an average of 10.7 9.7 cycles. This work provides a highly sensitive protocol for *Cryptosporidium* and *Giardia* when limit of detection is of utmost importance.

### Keywords

*Cryptosporidium*; *Giardia*; PCR; fecal

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*Giardia* and *Cryptosporidium* are major diarrheal pathogens worldwide [1, 2]. Detection in clinical specimens usually entails microscopy or antigen detection using multiple stool examinations [3, 4]. Several PCR-based methods for detection of these protozoa have been reported and are increasingly seeing use [5, 6]. We and other groups have reported PCR assays that amplify the 18S rRNA gene of these parasites [7, 8], a high copy target that improves sensitivity. However PCR for these parasites remains challenged by low template concentrations, difficulty in extracting DNA from cysts, DNA stability in stool, and inhibitors present in the specimen. Indeed PCR could be an appealing alternative to existing immunomagnetic separation-microscopy methods used on water [9], however in water sediments the sensitivity of PCR can fall 1,000-fold [10].

For these reasons we embarked on this study to improve the sensitivity of detection of *Cryptosporidium* and *Giardia* in difficult specimens. We previously showed that capturing PCR target through an oligonucleotide probe could enhance detection of *Giardia* up to 16-fold in stool [7]. Such capture methodologies have been used to improve detection of rare

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DNA targets in stool for colon cancer screening [11]. In the present study, we designed two probes for each parasite's 18S rRNA gene in order to capture nucleic acid during DNA extraction. The extracts were then amplified in multiplex using our *Cryptosporidium* and *Giardia* PCR assay. The result is an integrated protocol that maximizes sensitivity of detection of *Cryptosporidium* and *Giardia*.

We first modified our previously-reported *Giardia* A/B subtype-specific PCR assay [7] into a common *Giardia* assay through redesign of the forward primer, reverse primer, and internal probe (Table 1). This pan-*Giardia* assay exhibited comparable performance as the parent assay using stool samples spiked with *Giardia* cysts (Human isolate H-3, Waterborne, Inc., New Orleans, La). Specifically,  $10^5$  *Giardia* cysts spiked into parasite-free stool was subjected to DNA extraction using the QIAamp DNA Stool Mini kit followed by qPCR using either the subtype-specific or the common *Giardia* protocol, and these assays yielded similar  $C_T$  ( $29.8 \pm 1.0$ ,  $P = NS$ ). This *Giardia* PCR was then combined with our *Cryptosporidium* PCR [8] into a multiplex assay. With proper PCR master mix and cycling conditions (25  $\mu$ l volume containing iQ Multiplex Powermix (Bio-Rad, Hercules, CA), 7.5 pmol of each Scorpion probe, 30 pmol each primer, amplified on a Bio-Rad iCycler under the following cycling conditions: 95 °C for 10 min; 40 cycles of 95 °C for 15 s, 51 °C for 15 s and 72 °C for 20 s; 75 °C for 10 min) we were able to achieve comparable sensitivity with the multiplex assay versus the singleplex counterparts. For example,  $10^5$  *Cryptosporidium* (Iowa isolate) or *Giardia* cysts spiked into parasite-free stool exhibited similar  $C_T$  ( $28.8 \pm 1.0$ ,  $P = NS$ ) whether amplified by singleplex or multiplex. Additionally, when a dilution series of  $10^5$ ,  $10^4$ ,  $10^3$  *Cryptosporidium* and *Giardia* cysts were co-spiked into stool, DNA extracted, and PCR performed in duplicate with the multiplex and singleplex assay, the multiplex  $C_T$  were not statistically different than the singleplex  $C_T$  ( $P = NS$ ,  $n = 12$ ). We also tested the specificity of the assay by using rotavirus, sapovirus, astrovirus, norovirus, Enterohemorrhagic *E. coli*, Enteroaggregative *E. coli*, Enteropathogenic *E. coli*, Enterotoxigenic *E. coli*, Campylobacter, Vibrio, Salmonella, Shigella, Entamoeba histolytica, and *E. dispar* and all were PCR negative with the assay (data not shown).

We then developed the DNA capture protocol. We started with our existing *Giardia* capture probe and added another capture probe to capture the opposing strand. We then designed two new *Cryptosporidium* capture probes that would target the human pathogenic *Cryptosporidium* species (*C. hominis*, *C. parvum*, *C. meleagridis*, *C. suis*, *C. felis*, *C. canis*). Target DNA captured by biotinylated probes (biotin-triethyleneglycol-9 carbon spacer at 3' end) was magnetically eluted away from the stool extracts using streptavidin-coated magnetic beads. In brief, stool was first lysed with Qiagen ASL buffer, beat for 3 minutes with 212-300  $\mu$ m glass beads, boiled for 5 minutes, centrifuged twice at  $20,000\times g$ , treated with 2.5  $\mu$ g RNase, chloroform extracted, ethanol precipitated, and reconstituted in 100 $\mu$ l Qiagen PCR buffer with 4 mM MgCl<sub>2</sub> and 125 pmol of each capture oligonucleotide. The mixture was denatured at 95°C for 5 min followed by annealing at 70°C and hybridization at 53°C for 5 min. Captured DNA was incubated on a rotator at room temperature with 200 $\mu$ l streptavidin coated Dynabeads M-280 (Invitrogen, Carlsbad, CA) in 131  $\mu$ l Binding Solution. Beads were magnetically separated, washed twice in the included Wash Solution (Invitrogen, Carlsbad, CA), once in Tris 10mM pH 8.0, and eluted by heat at 80°C for 20 min in 30  $\mu$ L of Tris 10mM/10mM EDTA pH 8.0.

Upon spiking serial dilutions of *Giardia* and *Cryptosporidium* cysts into parasite-free stool samples, the capture DNA extraction method followed by multiplex PCR (Table 2) improved the lower limit of detection by ~1-2 logs versus conventional QIAamp DNA Stool Mini kit DNA extraction and 2-4 logs versus ELISA (ProSpecT*Giardia/Cryptosporidium* Microplate Assay, Remel, Lenexa, KS). We then utilized the multiplex capture PCR method on 12 clinical samples from HIV patients with diarrhea in Tanzania. Informed consent was

obtained from all participants and the human experimentation guidelines of the US Department of Health and Human Services, the University of Virginia, and the Kilimanjaro Christian Medical Centre Research Ethics Committee were followed. The 12 samples were chosen because they had tested positive by both ELISA and qPCR and we had sufficient material to perform the supplemental DNA capture extraction protocol. After capture/multiplex qPCR 10 of 12 samples exhibited a significant improvement in Ct, with an overall improvement from  $34.3 \pm 3.2$  to  $22.6 \pm 2.3$  for *Cryptosporidium* (Table 1,  $P < 0.05$ ). PCR products were sent for sequencing and all confirmed amplification of the appropriate *Giardia* and *Cryptosporidium* products.

Several features of the DNA capture protocol are worth noting. First, during development we found that capturing both DNA strands was advantageous. Secondly, we observed that some DNA purification is necessary up-front prior to capture (as opposed to capture in crude stool samples), presumably to allow the oligonucleotides to find their template. As such one can also perform the capture method on the Qiagen extracts, and this method also yielded substantial improvement in  $C_T$  (of 8.4 and 5.4 cycles for *Giardia* and *Cryptosporidium*, respectively, data not shown). It is notable that the  $C_T$  appeared to lose quantitation with the capture method (only spanning  $\sim 3 C_T$  across 5 log of DNA template), suggesting that the beads can become saturated with captured DNA. Thus we would propose using this method in order to improve limit of detection, but would not infer quantity when positive. This capture method requires about six hours total time for extraction, thus is laborious, but can be considered when sensitivity is of utmost importance such as when initial tests are negative, in archived or fixed specimens where nucleic acid may be damaged or degraded, or on environmental specimens.

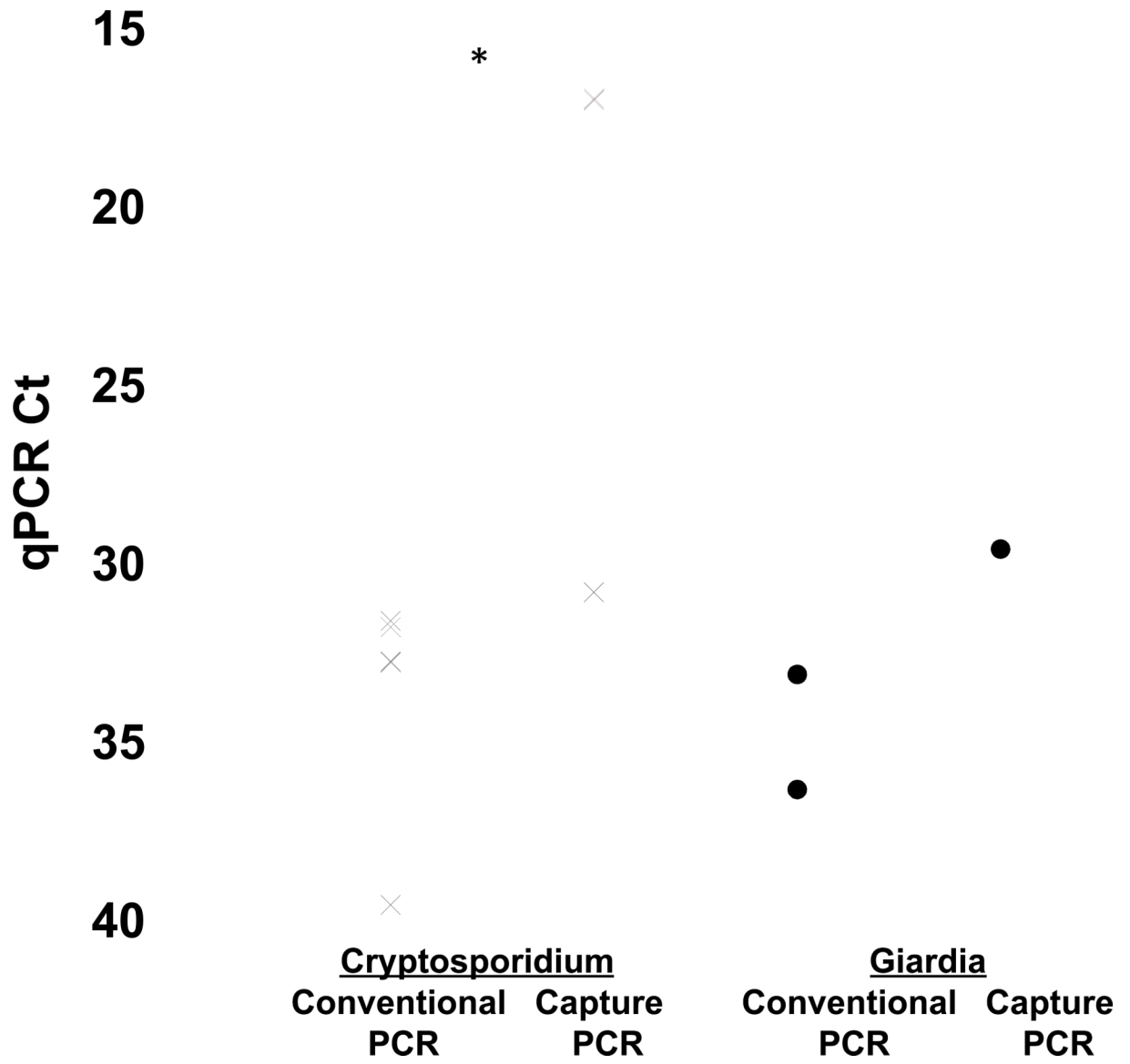
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**Fig. 1.** Detection of *Giardia* and *Cryptosporidium* by DNA capture and multiplex qPCR on clinical specimens. Specimens from patients that were positive for *Cryptosporidium* and *Giardia* by both ELISA and qPCR were then subjected to the DNA capture and multiplex qPCR method. qPCR C<sub>T</sub> shown for both *Cryptosporidium* and *Giardia*. \*, *P* < 0.05 comparing C<sub>T</sub> between conventional and capture extracts.

**Table 1**

Primer and probe sequences.

Oligonucleotide	Sequence (5'-3')	Position (Accession)
<i>Giardia</i> forward primer	CGGTCGATCCTGCCGGA	5-21 (AF199446)
<i>Giardia</i> internal probe (linked to forward primer)	GCCATGCATGCCCG-FAM	46-59 (AF199446)
<i>Giardia</i> reverse primer	AGGACAACGGTTGCACCCC	86-104 (AF199446)
<i>Giardia</i> capture probe 1	GCTAGCCGGACACCGCTGGCAAC <sup>a</sup>	119-141 (AF199446)
<i>Giardia</i> capture probe 2	ATCATCCTGTTTCACCCGTC <sup>a</sup>	647-666 (AF199446)
<i>Cryptosporidium</i> forward primer	GGTTGTATTTATTAGATAAAGAAC	198-221 (AF093491)
<i>Cryptosporidium</i> internal probe (linked to reverse primer)	HEX-GTGACATATCATTCAAGTTTCTGAC	267-291 (AF093491)
<i>Cryptosporidium</i> reverse primer	AGACGGTAGGGTATTGGCCT	303-322 (AF093491)
<i>Cryptosporidium</i> capture probe 1	GAGCCATTTCGAGTTTAACCG <sup>a</sup>	78-99 (AF093491)
<i>Cryptosporidium</i> capture probe 2	ACAAGTATCAATTGGAGGGCA <sup>a</sup>	515-535 (AF093491)

<sup>a</sup>Biotin-triethylene glycol-9 carbon spacer added at 3' end of capture oligonucleotides.

**Table 2**

Limit of detection with qPCR

<i>Cryptosporidium</i> oocysts	Conventional DNA extraction and qPCR	Capture DNA extraction and qPCR	ELISA OD <sup>a</sup>
10 <sup>5</sup>	28.8 ± 0.04	17.0 ± 0.01	0.250 (+)
10 <sup>4</sup>	32.3 ± 0.01	17.2 ± 0.12	0.067 (-)
10 <sup>3</sup>	38.6 ± 0.62	18.0 ± 0.03	0.057 (-)
10 <sup>2</sup>	nd	18.2 ± 0.04	0.059 (-)
10 <sup>1</sup>	nd	20.6 ± 0.02	0.065 (-)
0	nd	nd	0.067 (-)
<i>Giardia</i> cysts			
10 <sup>5</sup>	24.1 ± 0.04	26.4 ± 0.08	3.037 (+) <sup>a</sup>
10 <sup>4</sup>	27.3 ± 0.09	26.6 ± 0.04	1.698 (+)
10 <sup>3</sup>	29.9 ± 0.06	26.9 ± 0.08	0.205 (+)
10 <sup>2</sup>	31.7 ± 0.16	27.5 ± 0.01	0.067 (-)
10 <sup>1</sup>	nd	28.5 ± 0.02	0.063 (-)
0	nd	nd	0.059 (-)

<sup>a</sup>For ProSpecT Giardia and Cryptosporidium ELISA tests, a positive result is defined as sample OD<sub>450</sub>-negative control OD<sub>450</sub> ≥ 0.050. nd = not detected.