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Altered mTOR signaling and enhanced CYFIP2 expression levels in subjects with Fragile X syndrome

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Abstract

Fragile X Syndrome (FXS) is the most common form of inherited intellectual disability and autism. The protein (FMRP) encoded by the fragile X mental retardation gene (*FMR1*), is an RNA-binding protein linked to translational control. Recently, in the *Fmr1* knockout mouse model of FXS, dysregulated translation initiation signaling was observed. To investigate whether an altered signaling was also a feature of subjects with FXS compared to typical developing controls, we isolated total RNA and translational control proteins from lymphocytes of subjects from both groups (38 FXS and 14 TD). Although we did not observe any difference in the expression level of mRNAs for translational initiation control proteins isolated from participant with FXS, we found increased phosphorylation of the mammalian target of rapamycin (mTOR) substrate, p70 ribosomal subunit 6 kinase1 (S6K1) and of the mTOR regulator, the serine/threonine protein kinase (Akt), in their protein lysates. In addition, we observed increased phosphorylation of the cap binding protein eukaryotic initiation factor 4E (eIF4E) suggesting that protein synthesis is upregulated in FXS. Similarly to the findings in lymphocytes, we observed increased phosphorylation of S6K1 in brain tissue from patients with FXS (n=6) compared to normal age matched controls (n=4). Finally, we detected increased expression of the cytoplasmic FMR1-interacting protein 2 (CYFIP2), a known FMRP interactor. This data verify and extend previous findings using lymphocytes for studies of neuropsychiatric disorders and provide evidence that misregulation of mTOR signaling observed in a FXS mouse model also occurs in human FXS and may provide useful biomarkers for designing target treatments in FXS.

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Keywords

Fragile X; CYFIP1; CYFIP2; mTOR; phosphorylation

Introduction

Fragile X syndrome (FXS) is the most common inherited cause of mental retardation, and the most common single gene mutation associated with autism (Hagerman & Hagerman, 2002, Jacquemont *et al.*, 2007, Loesch *et al.*, 2007). It is caused by a trinucleotide repeat expansion (CGG)_n in the 5' untranslated region of the fragile X mental retardation 1 gene (*FMRI*) located at Xq27.3. The full mutation, present in individuals having more than 200 CGG repeats, typically involves methylation and subsequent transcriptional silencing of the *FMRI* gene, resulting in diminished or absent production of the *FMRI* protein, FMRP (Fu *et al.*, 1991, Pieretti *et al.*, 1991, Verkerk *et al.*, 1991, Yu *et al.*, 1991). Loss of FMRP results in aberrant brain development and function (Bagni & Greenough, 2005).

It was recently reported that the Mammalian target of rapamycin (mTOR) signaling is upregulated in a mouse model of FXS (Sharma *et al.*, 2010). The loss of FMRP resulted in enhanced mTOR signaling that was associated with increased formation of the eukaryotic initiation factor complex 4F (eIF4F). These findings suggest that in addition to its RNA binding activity, FMRP also plays a role in the regulation of translation initiation and subsequent protein synthesis. Whether this is the case in individuals with FXS is unknown.

Although FXS is associated with a characteristic phenotype, there is considerable within-syndrome variation in the severity of the phenotype and the profile of impairments, with the most interesting being co-morbidity with autism. From the most recent studies, the prevalence of autism spectrum disorder (ASD) is approximately 60% in individuals with FXS (Harris *et al.*, 2008). A subgroup of patients with FXS also presents with a Prader-Willi-like phenotype (PWP), which includes severe hyperphagia, obesity, hypogonadism, and autism. Prader Willi Syndrome (PWS) is an obesity syndrome resulting from a loss of paternally derived genes at 15q11-13, which regulate metabolism or energy homeostasis. The PWP of FXS was first reported in males with extreme obesity, short stature, short fingers and toes, and hypogonadism (de Vries *et al.*, 1993, de Vries & Niermeijer, 1994, Fryns *et al.*, 1987, Hagerman & Hagerman, 2002, Schrandt-Stumpel *et al.*, 1994) but the patients do not show genetic abnormalities at 15q11-13, which normally is associated with PWS. Interestingly, very high rates of autism are observed in patients with FXS and the PWP (Demark *et al.*, 2003, Hatton *et al.*, 2006, Kaufmann *et al.*, 2004, Nowicki *et al.*, 2007, Rogers *et al.*, 2001).

The findings of an up-regulation of the mTOR signaling in the FXS mouse model, combined with the very high rates of autism associated with FXS with and without the PWP (Nowicki *et al.*, 2007), prompted us to investigate mTOR signaling in subjects with FXS and FXS with PWP. Because the molecular signaling effects resulting from FMRP loss are likely causal in the wide-ranging severity of FXS symptoms, including autism, identifying the effects of FMRP loss on molecular signaling pathways, like those governing translation, are key to advancing our ability to treat the disorder.

Methods

Study Participants

52 subjects (49 males, 3 females) were included in the study, except for the cytoplasmic FMR1 interacting protein 1 (*CYFIP1*) mRNA measurements, which comprised an additional

30 subjects. Participants were recruited through Fragile X Research and Treatment Center at the UC Davis MIND Institute in Sacramento (CA) and included a total of 38 cases with FXS, 10 of which were mosaics (both methylation and size mosaics) (mean 19 ± 2 years, range 4–68 years old). Seven patients had FXS without ASD, while 31 participants presented with both FXS and ASD. 14 subjects also had the PWP and 12 of them had ASD. 14 typically developing (TD) controls (ranging from 21 to 40 CGG repeats) (mean age 26 ± 5 years, range 2–55 years old) were also included in the study. This study was approved by the Institutional Review Board of the University of California.

Clinical evaluation and assessment measures for autism

A complete medical evaluation, including medical history, psychological testing and physical examination was conducted on each subject including controls. Individuals were confirmed to have ASD by a multidisciplinary assessment. This assessment included the Autism Diagnostic Interview-Revised (ADI-R) (Rutter *et al.*, 2003a) which is a standardized, semi-structured, investigator-based interview for caregivers of individuals with autism or pervasive developmental disorders, and using the Autism Diagnostic Observation Schedules (ADOS) (Lord *et al.*, 1999) which is a semi-structured, standardized assessment of the child in which the researcher observes the social interaction, communication, play, and imaginative use of materials for children suspected of having ASD. The DSM IV-TR (APA, 2000) criteria for ASD, was also applied and a team consensus lead to a diagnosis of either autism, pervasive developmental disorders not otherwise specified (PDD-NOS) or no ASD. In this study the autism and PDD-NOS diagnoses were collapsed to ASD.

Cognitive and Adaptive measures

The Wechsler Scale including the WISC-IV (Wechsler, 2003), WPPSI-III (Wechsler, 2002), or WASI (Wechsler, 1999) (where age appropriate) were used for all patients with FXS for assessing IQ. Controls were screened for ASD traits using Social Communication Questionnaire (SCQ) (Rutter *et al.*, 2003b) and for developmental delay with the Vineland Adaptive Behavior Scale (VABS) (Sparrow *et al.*, 2005). Only those who scored within the normal range were utilized in this study.

Molecular measures

DNA analysis—To confirm the presence of FXS, a blood sample was obtained from each subject for the measurement of the CGG repeat number in the *FMRI* gene. Genomic DNA was isolated from peripheral blood leukocytes using standard methods (Puregene Kit; Gentra Inc., Minneapolis, MN). For Southern blot analysis, 5–10 μg of isolated genomic DNA was digested with EcoRI and NruI. Probe hybridization used the *FMRI*-specific dig-labelled StB12.3. Details were as previously described (Tassone *et al.*, 2008). PCR analysis was performed on all the subjects using primer c and f as described in (Filipovic-Sadic *et al.*, 2010, Tassone *et al.*, 2008). Analysis and measurement of trinucleotide allele size, as well as the determination of the methylation status were determined using an Alpha Innotech Fluor Chem 8800 Image Detection System (Alpha Innotech, San Leandro, CA) and the ABI 3730XL 96-Capillary Electrophoresis Genetic Analyzer (Applied Biosystems, Carlsbad, California, USA)

Brain tissues—Brain tissue derived from four males with FXS were from brain autopsies, performed in accordance with University of California, Davis, Institutional Review Board (IRB) approved protocols. One hemisphere of the fresh brain was cut into one cm coronal sections and frozen at -80°C and protein extracts and total RNA were isolated from a frozen 0.5 cm section. Case history and clinical /molecular details of the subjects are as described

in (Greco *et al.*, 2011) and (Hunsaker *et al.*, 2011). Age matched control samples were taken from four neurologically normal male cases that were obtained from the autopsy tissue repository at the University of California, Davis Medical Center Department of Pathology and from the Maryland Bank (Table 1).

Measurement of gene expression levels—Total RNA was isolated from Tempus tubes using the ABI PRISM™ 6100 Nucleic Acid PrepStation per the manufacturer's protocol (Applied Biosystems, Carlsbad, California, USA). Total RNA was isolated from brain tissue using standard procedures (Trizol, Invitrogen, Grand Island, NY, USA). Expression levels of the *FMRI* gene and of those genes involved in the mTOR pathway cascade were measured by real-time quantitative fluorescence RT-PCR method using primers and probe specific for each single gene (Assay On Demand, Applied Biosystems, Carlsbad, California, USA). Details of the method and its application to the study of *FMRI* mRNAs are as described in (Tassone *et al.*, 2000).

Lymphocyte Extraction and Storage—Approximately 6 ml of whole blood from subjects was collected into BD Vacutainer™ CPT™ tubes (Becton-Dickinson, Franklin Lakes, NJ) containing heparin, for isolation of white cells. Lymphocytes were separated, aliquoted ($\sim 2 \times 10^6$ cells for cryovial), and stored in liquid nitrogen within 24 hours of collection according to manufacturer's directions until use. Lymphocytes were maintained under these storage conditions until used for extractions.

Protein extraction and western blotting—Cells were spun down at 17,000g for 10 minutes and washed two times in wash buffer (150 mM NaCl, 50 mM Tris, 2 mM EDTA), then added to homogenization buffer containing protease and phosphatase inhibitors. Cells were briefly sonicated on ice (~ 10 sec each) in brief pulses (2-3 sec/pulse). Nucleic acids in homogenate was then sheared using sterile 21 gauge syringe three times. Lysed cell slurry was cleared at 17000g at 4°C then quantified using Bradford technique (Pierce, Rockford, IL USA). Protein concentrations were determined by absorbance reading at 562λ (Biotek Synergy 2 Plate reader, Winooski, VT, USA). 30 μg of total protein were combined with 6X SDS/P.A.G.E. buffer (final SDS 1%). Samples were heated at 95°C for five minutes and snap chilled before loading. Proteins were separated on Novex 4-12% gradient Tris-Bis gels (Invitrogen, Grand Island, NY, USA) then transferred to PVDF blots using conventional methodology. Blots were blocked in 0.2% I-Block (Tropix, Carlsbad, California, USA), and then incubated overnight with primaries at 4°C. Bands were resolved using HRP conjugated secondary and visualized using ECL+ (GE-Amersham, Waukesha, WI, USA) on a KODAK 4000MM (Carestream, Rochester, NY) or G.E. LAS4000 (Piscataway, NJ, USA) imaging system. All chemiluminescent signals were obtained in the linear range of detection as confirmed by time course of exposures and saturation detection (G.E. LAS4000 Piscataway, NJ, USA). Blots were subsequently stripped and reprobed with total antibody. Samples that failed to generate western signals that detected Glyceraldehyde 3-phosphate dehydrogenase (GAPDH) or generated protein of interest signals less than 10% of background were excluded from analyses.

Antibodies—All antibodies used in this study except for CYFIP1 were commercially obtained. Primaries: total mTOR (Bethyl labs, Montgomery, TX, USA) 1:2000, phospho Ser 2448 mTOR (Cell Signaling, Danvers, MA, USA) 1:1000, phospho Threonine 389 p70 (Millipore, Billerica, MA, USA) 1:1000, total p70 (Cell Signaling, Danvers, MA, USA), phospho-Ser235/236 S6 (Bethyl labs, Montgomery, TX, USA) 1:2000, phospho Serine 209 eIF4E (Cell Signaling, Danvers, MA, USA) 1:1000, total eIF4E (Bethyl labs, Montgomery, TX, USA) 1:2000, phospho Serine 473 Akt (Cell Signaling, Danvers, MA, USA) 1:1000, pan Akt (Cell Signaling, Danvers, MA, USA) 1:1000, phospho Thr202/Tyr204 p44/42

(Erk1/2) (Cell Signaling, Danvers, MA, USA) 1:3000, p44/42 MAPK (Erk1/2) rabbit monoclonal (Bethyl labs, Montgomery, TX, USA) 1:3000, CYFIP1 1:1000, CYFIP2 (Millipore, Billerica, MA, USA) 1:1000, GAPDH (Novus, St. Charles, MO, USA) 1:10000, Secondaries: Goat anti rabbit-HRP (Promega, Madison, WI, USA) 1:5000, Goat anti mouse-HRP (Promega, Madison, WI, USA) 1:5000.

Statistical Analysis

Statistical analysis comparison of mRNA expression (*CYFIP2*, *FMRI*, Janus kinase and microtubule interacting protein 1 (*JAKMIP1*), *RPS6KB1*, *RPS6KB2*, *mTOR*, *Akt*, *EIF4EBP1*, and G protein-coupled receptor 155 (*GPR155*)) was based on analysis of variance after standard descriptive and graphical analyses. Analysis comparing protein (p389/p70, p209/EIF4E, CYFIP2, and pmTOR/mTOR) collapsed over groups (e.g., FXS vs. control) was based on the standard t-test; if equal variance hypothesis was rejected, then Satterthwaite Two Sample t-test was applied. All statistical tests are two-tailed at significance level 0.05. Statistical analysis was performed in SAS version 9.2.

Results

Measurements of mRNA expression levels in lymphocytes from patients with FXS

Gene expression levels were measured by QRT-PCR on total RNA isolated from peripheral blood leukocytes derived from subjects with FXS with and without the PWP and controls. As expected, we found substantial reduction in the relative amounts of *FMRI* mRNA expression levels between FXS (with and without PWP) and normal groups, with a ~75% reduction in total normal signal (FXS=0.368 SD 0.573; normal=1.459 SD 0.244; df=46, t=9.49, p<0.01). Detectable *FMRI* mRNA was observed in FXS mosaics, which carry unmethylated, transcriptionally active, expanded alleles.

Consistent with our previous findings we found a reduction in *CYFIP1* mRNA expression levels, which encodes an FMRP binding protein and is a repressor of eIF4E activity (Napoli *et al.*, 2008, Schenck *et al.*, 2003), in the blood of patients with FXS and PWP (df=78, t=3.14, p=0.04) compared to normal controls (Nowicki *et al.*, 2007) (Table 2). A recent study reported an increase in *CYFIP1* expression in lymphoblastoid cells isolated from patients with autism (Nishimura *et al.*, 2007). They also reported on an increased expression of *JAKMIP1* and of *GPR155* in both lymphoblastoid cell lines derived from subjects with autism and in the brains of *Fmr1* knockout mice (Nishimura *et al.*, 2007). Interestingly, we did not observe a change in the mRNA expression for these two genes in our study (Table 2). Using QRT-PCR, we also measured the mRNA expression levels of *CYFIP2*, the *CYFIP1* paralog, and of the translational control elements, including *S6K1*, *S6K2*, *mTOR*, *Akt* and eIF4E-binding protein (4E-BP) in patients with FXS compared to typical developing controls. However, no significant differences were observed (Table 2) indicating that in lymphocytes, it is unlikely that FMRP exerts control over the abundance or stability of mRNAs encoding regulators of translational initiation. Gene expression levels were also measured in brain tissue from subjects with FXS and controls (Table 1). Although, as expected, *FMRI* mRNA expression levels in the brain were significantly different between FXS and controls (FXS=0.012 SD=0.017; normal=0.631 SD=0.192; df=3, t=6.42, p<0.01 in frontal cortex and FXS=0.015 SD=0.009; normal= 0.463 SD=0.166; df= 3, t= 5.05, p=0.01 in cerebellum) the expression levels of mRNAs for translational initiation control proteins were similar in the two groups.

Phosphorylation of substrates and regulators of mTOR signaling is increased in patients with FXS

One of the most well described mTOR substrates is p70 S6K1 (S6K1), which regulates a number of activities related to translation initiation including ribosomal maturation and RNA helicase activity. The activity of S6K1 is regulated by phosphorylation at multiple sites (Jacinto & Lorberg, 2008) with threonine 389 (T389) being the site of mTOR-dependent regulation (Burnett *et al.*, 1998, Klann & Dever, 2004). Because mTOR is known to be dysregulated in mouse models of FXS (Sharma *et al.*, 2010) we examined regulation of this site in S6K isolated from lymphocytes of human subjects. We found that compared to normal controls, phosphorylation at T389 (pT389) was enhanced in individuals with FXS. The ratio of levels of pT389 S6K1/Total S6K1 (pS6K1/S6K1) for individuals with FXS compared to normal individuals was (pS6K1/s6K1 ratio: FXS mean 1.885 SD 1.463, Normal 1.062 SD 0.233, df=30, t=2.90, p<0.01) (Figure 1a). A subset of our patients with FXS and normal controls were tested for the activation of S6K1 substrates. Consistent with our S6K1 observations, we also observed increased phosphorylation levels of the S6K1 substrate, ribosomal protein S6 at serine 235/236 (pS6/GAPDH ratio: FXS mean 1.414 SD 0.358, Normal mean 0.638 SD 0.275, df=7, t=4.72, p<0.01) (Figure 1b). No difference in the total amount of protein expression was observed. Surprisingly, when we examined phosphorylation of S2448 on mTOR, a site of multiple kinase action including S6K1 (Sharma *et al.*, 2010) we found no significant difference between FXS and normal individuals in the ratio of levels of phospho/total mTOR phosphorylation (pmTOR/mTOR) (Figure 1c-d). For individuals with FXS compared to normal individuals this ratio was (pmTOR/mTOR ratio: FXS 1.225 SD 0.794, Normal 0.961 pmTOR/mTOR SD 0.390, df=39, t=-1.43, p=0.16). Sharma *et al.* (2010) also reported increased levels of phosphorylation of Akt, an upstream activator of mTOR, at Serine 473 (S473) in FMRP KO mouse brains. This regulatory site is conserved in humans; therefore we also examined S473 phosphorylation levels in FXS tissues (Figure 1e). Consistent with Sharma *et al.* (2010) and with our data (Figure 1a, 1b) we also observed elevated S473 expression levels in FXS lymphocytes (Figure 1e, 1f) (pS473 Akt/Tot Akt ratio: FXS mean 0.177 SD 0.030, Normal mean 0.076 SD 0.029 df=13, t=2.34, p=0.04).

The finding that T389 of S6K was enhanced in patients with FXS prompted us to examine the phosphorylation levels of eIF4E, another critical regulator of cap-dependent translation. eIF4E encodes m7-GTP cap binding activity, providing a physical link between substrate mRNA and the translational initiation machinery. Phosphorylation at serine 209 (pS209) of eIF4E is correlated with increased translation (Flynn & Proud, 1995, Gingras *et al.*, 1999, Mckendrick *et al.*, 1999). Similar to S6K1, we found robust increases in the ratio of levels of pS209 eIF4E/total eIF4E (p4E/4E) in patients with FXS (Figure 2a-b) while the total amount of eIF4E protein was unaltered. The ratio of levels of p4E/4E for individuals with FXS compared to normal individuals was (p4E/4E ratio: FXS mean 2.923 SD 2.690, Normal mean 0.912 SD 0.447, df=30, t=3.85, p<0.01). eIF4E is regulated by the activity of the extracellular-signal regulated kinase (p44)1 and (p42)2 (ERK 1/2) (Waskiewicz *et al.*, 1999) and levels of phosphorylation of ERK1/2 at Threonine 202/Tyrosine 204 (pERK1/2) have been shown to be elevated FXS model mice (Hou *et al.*, 2006). Thus we investigated the possibility that pERK1/2 levels were also elevated in FXS lymphocytes. Although we found a trend for increased levels of pERK in FXS lymphocytes in the larger isoform (ERK1) (Figure 2c, 2d), the difference was not statistically significant (pERK1/ERK1:p=0.10; pERK2/ERK2: p=0.10) (Figure 2c). These results, combined with the increased levels of phosphorylation of T389 on S6K1 (Figure 1a), suggest that the mTOR but not ERK1/2 signaling dysregulation observed in *Fmr1* KO mice also is present in individuals with FXS and provides evidence of increased translational activity in lymphocytes of subjects with FXS.

CYFIP1 protein levels are normal but CYFIP2 protein expression is increased in patients with FXS

Because we found markers for signaling consistent with enhanced translation and decreased *CYFIP1* mRNA levels in FXS patients, we chose to examine the RNA and protein expression levels of *CYFIP1* and *CYFIP2* (Schenck *et al.*, 2001). Surprisingly, when we examined CYFIP1 protein levels in protein lysates obtained from lymphocytes we detected no difference in the levels of CYFIP1 protein between FXS patients and normal controls (Figure 3a, 3b) (CYFIP1/GAPDH ratio: FXS mean 0.524 SD 0.249 Normal mean 0.386 SD 0.214; df=15, t=1.21, p=0.24).

Consistent with the notion that FMRP acts as suppressor of *CYFIP2* expression by sequestration of its mRNA (Schenck *et al.*, 2001); we found elevated expression levels of CYFIP2 in the lymphocytes of FXS when compared to normal controls (Figure 3c, 3d). The ratio of CYFIP2/GAPDH for individuals with FXS compared to normal individuals was (CYFIP2/GAPDH: FXS mean 2.094 SD 1.195, Normal mean 1.118 SD 0.553, df=39, t=-3.57, p<0.01). This increase was specific to CYFIP2 protein as total levels of GAPDH, mTOR and S6K1 (Figure 1b, 1d, 3d) were unchanged in FXS. Interestingly, in contrast to *CYFIP1* mRNA expression levels, this increase was observed without a detectable change in *CYFIP2* mRNA expression levels (Table 2) suggesting that *CYFIP2* expression in the blood is normally limited by the availability of its mRNA for translation and not by increases in transcription.

Phosphorylation of p70 S6K1 is increased in brains of patients with FXS

Because FXS defines a series of symptoms that includes intellectual disabilities, increased anxiety, mild to severe cognitive impairment and co-morbidity with autism (Loesch *et al.*, 2007, Rogers *et al.*, 2001) we sought to explore if our findings in fresh lymphocytes could be extended to brain tissue from FXS individuals. We obtained tissue from the cerebellum and frontal lobes of four patients with FXS and normal age matched individuals (Table 1) and isolated proteins from homogenates. Comparable to what we observed in lymphocytes, we detected a ~70% increase in the levels of phospho-T389 S6K1 in the brain (Figure 4a) (pT389 S6K1/Tot S6K1 FXS mean 0.333 SD 0.067 normal mean 0.198 SD 0.064 df=7, t=2.78, p=0.03). Similar to what we observed in lymphocytes, we did not see a change in overall phospho-mTOR/Total mTOR (data not shown). The increased levels of p389 S6K1 was not due to overall difference in protein levels as GAPDH expression was indistinguishable between FXS and normal controls (Figure 4b). We also examined pS473 levels in the brains of FXS patients and again, consistent with what we observed with lymphocytes, we observed increased pS473 levels in the brains of FXS individuals compared to normal controls (Figure 4c, 4d) (pS473 Akt/Tot Akt FXS mean 0.908 SD 0.161, Normal 0.444 SD 0.063, df=7, t=2.72, p=0.03).

We also assessed pERK 1/2 levels in brain as they have been reported to be higher in the hippocampus of the mouse models of FXS (Hou *et al.*, 2006). Interestingly, pERK 1/2 levels in the frontal lobe of patients with FXS were no different than normal controls (Figure 4e, 4f) (p>0.5 for both pERK1/ERK1 and pERK2/ERK2). This result is not likely an artifact of post-mortem tissue treatment as pERK 1/2 differences have been reliably detected from other post-mortem samples (Dwivedi *et al.*, 2006).

With respect to CYFIP2, we detected a trend toward increased expression in brain tissue from all four subjects with FXS but the difference did not reach statistical significance (Figure 4g) (CYFIP2/GAPDH FXS mean 0.331 SD 0.109, normal mean 0.221 SD 0.079, df=7, t=1.60, p=0.15). Unlike immunostaining of the protein isolated from the blood (Figure 3d), staining for CYFIP2 in the brain revealed two bands of closely related size, one at the

predicted size (~145 kD) and one slightly larger (Figure 4h). Several reports have identified CYFIP2 with a single band (Jackson *et al.*, 2007, Mayne *et al.*, 2004, Mongroo *et al.*, 2011) consistent with what we observe in lymphocytes. However, multiple bands for CYFIP2 have also been reported (Derivery *et al.*, 2009). The presence of the larger band may indicate the presence of brain specific post-translationally modified CYFIP2 isoforms, expression of CYFIP2 paralogs, or the presence of peptides in the brain that are non-specifically recognized by the CYFIP2 antibody used for this study. Levels of CYFIP2 in the cerebellum were too low to quantify reliably (data not shown).

We also examined phosphorylation of eIF4E from brain tissue and found that although the total protein was easily detectable, phosphorylation levels at S209 was extremely low (data not shown). Although it is possible that pS209 signal was degraded by phosphatase activities associated with the post-mortem interval of tissue retrieval, the detectability of pT389 and pERK1/2 argue against this. This low level of frontal lobe pS209 eIF4E may in fact indicate very low steady-state eIF4E activation in the human brain. Because it is known that there are important differences in steady-state metabolic rates (Sokoloff, 1981) and thus translational rates in the brain, it is possible that what we observe is specific to the frontal lobe and that other regions may display differences between FXS and normally developing individuals. Regardless, our lymphocyte data, combined with pT389-S6K1 brain results shown in Figure 4a, is consistent with the idea that the loss of FMRP in brains of FXS patients results in dysregulation of mechanisms of translational initiation control rather than transcriptional regulation.

Discussion

Emerging evidence from both human patients with ASD and mouse model of FXS (Hagerman *et al.*, 2010, Sharma *et al.*, 2010) indicate that mTOR signaling cascade dysregulation and eccentric protein synthesis are present and may provide the molecular markers that could enhance diagnostics for the development of potential treatment regimens and will allow evaluation of therapies aimed at ameliorating FXS associated symptoms. The identification of mTOR signaling dysregulation, even in a subset of patients with FXS may also open up new avenues for therapeutic intervention in pathways unrelated to translation. Thus, the present study was undertaken to examine a possible role for mTOR signaling in FXS and our findings indeed implicate dysregulation of mTOR signaling, which may lead to the impaired cognitive functions observed in subjects with FXS.

Our results show a robust activation of the mTOR substrate, S6K1 at the mTOR dependent phosphorylation site, T389, and in the phosphorylation levels of the upstream mTOR regulator, Akt at S473, in both lymphocytes and brains of subjects with FXS. Somewhat surprisingly, we did not observe a statistically significant increase in mTOR phosphorylation levels at S2448 in FXS lymphocytes, although there was a trend for increased phosphorylation at this site. These findings indicate that although the mTOR substrate, S6K1, and mTOR regulator, Akt, both demonstrate enhanced activation in lymphocytes, this enhancement does not likely extend in an S6K1-mediated feedback regulatory loop to S2448 on mTOR. It may also indicate that this mTOR phospho-site does not have the same correlational relevance as it does in other tissue and cell culture types (Reynolds *et al.*, 2002). mTOR phosphorylation is tightly regulated and changes in phosphorylation levels of greater than 50% are rarely observed even under ideal conditions (Avni *et al.*, 1997). Thus, it is also possible that increased phosphorylation is indeed present but our quantitative resolution using whole lysates is not sufficient to resolve small differences in basal activation. Further, the larger sample size and much higher variance for the full mutation group compared to the normal group may have underpowered our ability to analyze results from this phosphorylation site. Finally, although phosphorylation levels at the S2448 site is

correlated with increased mTOR activity (Reynolds *et al.*, 2002), it is not required for it. In HEK293 cell culture studies where mTOR serine 2448 was replaced with an alanine, no loss of translational efficiency was observed (Sekulic *et al.*, 2000). So it may be that in lymphocytes this site is not an appropriate marker of mTOR activation.

Although we have demonstrated dysregulation of the mTOR cascade signaling, we did not detect any alteration in the ERK1/2 signaling in either lymphocytes or brain tissue from individuals with FXS. Our findings are consistent with a previous study where using subject lymphocytes, early activation kinetics of ERK were found to be different between patients with FXS and typical developing controls but steady-state (i.e. resting) levels were not (Weng *et al.*, 2008). It is also possible that ERK signaling in brains of FXS patients is perturbed in region or cell-specific manner (i.e. hippocampus) and that our power to detect changes was obfuscated by the gross anatomical level of dissection used for lysate preparation. A more detailed examination of ERK signaling from specific brain areas using sectioning will be needed to examine this question in greater detail.

Consistent with what we observed in earlier study (Nowicki *et al.*, 2007); we saw decreased *CYFIP1* mRNA expression levels in lymphocytes from subjects with FXS and more so in those with the PWP (Table 1). However, a similar study reported an increase in expression of *CYFIP1* mRNA (Nishimura *et al.*, 2007). This study also reported dysregulation in *JAKMIP1* and *GPR155* expression from a variety of sources: lymphoblasts from dup (15q) and non-dup (15q) idiopathic ASD patients, FXS model mice, and finally in neuronal cell lines over-expressing *CYFIP1*. They found cases of both up-regulation and down-regulation of these genes depending on the source of the genetic manipulation. Our study differs from Nishimura *et al.* (2007) in several important ways. First, our lymphocytes were from patients specifically identified from FXS and FXS with PWP populations rather than from a much larger ASD patient pool and we measured expression levels directly in peripheral blood leukocytes rather than in lymphoblastoid cells lines, which often do not behave as the fresh cells from which they are derived. Second, Nishimura *et al.* (2007) confirmed their *JAKMIP1* expression in *Fmr1* KO mice and neuronal cell lines by Western blot analyses rather than mRNA expression. Third, their study used primarily microarray analyses compared to real-time PCR in our study. Finally, it should be noted that earlier microarray studies using pooled FXS lymphoblastoid cells or tissue from *FMRI* KO mice did not report *CYFIP1* or *JAKMIP1* expression differences (Brown *et al.*, 2001, Miyashiro *et al.*, 2003). Thus, our different results may be explained by differences in sample source, microarray type, or statistical analyses used. Although *CYFIP1* mRNA levels appear to be clearly reduced in subjects with FXS and the PWP, the correspondent decreased expression level of *CYFIP1* protein observed was based on a small sample size analyzed; thus, future studies are required to investigate this possibility and determine if the difference protein expression in this subgroup of individuals with FXS, is statistically significant.

In contrast to what we observed for *CYFIP1*, we saw no difference in *CYFIP2* mRNA expression but rather an increase in *CYFIP2* protein levels between FXS, FXS with the PWP and normal control groups (Table1, Figure 3). *CYFIP2* is located at 5q33.3 and highly homologous to *CYFIP1* and like *CYFIP1* binds FMRP (Schenck *et al.*, 2003). Interestingly, *CYFIP2* mRNA contains no obvious structure that would be recognized by FMRP (Levanon *et al.*, 2005) although it was identified in a screen aimed at isolating mRNPs associated with FMRP (Darnell *et al.*, 2011). It is possible that RNA secondary structure prediction has important limitations with respect to FMRP function or that *CYFIP2* interaction with FMRP mRNPs occurs through the activities of alternative RNA binding proteins that interact with FMRP. Two obvious possibilities are Fragile X related protein 1 (FXRP1) and Fragile X related protein 2 (FXRP2), which have been shown to interact with *CYFIP2* but not *CYFIP1* (Napoli *et al.*, 2008). Our finding of increased expression levels of *CYFIP2* in FXS is

potentially significant in the context of CYFIP2 relationship to apoptosis (Jackson *et al.*, 2007, Saller *et al.*, 1999). CYFIP2 is a p53-inducible target that may be pro-apoptotic (Jackson *et al.*, 2007), thus it is possible that some symptoms of FXS are mediated by perturbation of apoptotic/cell death. In support of this idea are the aging problems that are associated with FXS including Parkinson symptoms, cognitive decline and MRI changes (Utari *et al.*, 2010). Further examination of CYFIP2 protein expression in tissue of patients with FXS or FXS model mice will be required to address this important question.

Dysregulation of CYFIP1/2 levels at either the protein or mRNA level also have the potential to influence the activities of actin enucleating WASP family verprolin homologous protein (WAVE) complex (Derivery & Gautreau, 2010, Takenawa & Suetsugu, 2007). The multi-protein WAVE complex is composed five core subunits, which include either CYFIP1 (also known as Sra1) or CYFIP2 (also known as Pir121) (Derivery *et al.*, 2009, Takenawa & Suetsugu, 2007). The WAVE complex is critically involved in cell motility and lamellipodium formation and has been shown to play an important role in axon guidance and thus the development of the nervous system (Schenck *et al.*, 2003, Schenck *et al.*, 2004, Schrandt-Stumpel *et al.*, 1994, Suetsugu *et al.*, 2003, Tahirovic *et al.*, 2010). Abnormal dendritic spine morphology and maturation are observed in the brains of FXS patients and in FXS model mice (Comery *et al.*, 1997, Irwin *et al.*, 2000). Because these processes critically rely on actin cytoskeletal network functions, it is possible that these FXS associated cellular phenotypes arise from altered WAVE activity resulting from increased FMRP-mediated CYFIP2 expression. This interesting possibility can be investigated in future studies using mouse FXS models and neuronal cell culture where WAVE complex components can be experimentally manipulated and dendritic spine morphology examined along a developmental time course.

Our biochemical data can clearly distinguish full mutation patients with FXS from normal controls. We were, however, unable to further discriminate FXS with and without PWP using molecular markers of translation initiation. Finding that mTOR signaling is dysregulated in patients with FXS (or a subset) may help explain the wide degree of clinical severity presented by FXS. More importantly, the availability of such diagnostic tools may provide insight into the therapeutic course one should take in treating individuals with FXS. Finally, molecular markers of mTOR signaling may also provide outcome measures as a means to assess the long- and short-term therapeutic efficacy of pharmaceutical interventions being used to treat FXS. Additional studies will be needed to better understand the relationship between the loss of FMRP and translational dysregulation in FXS.

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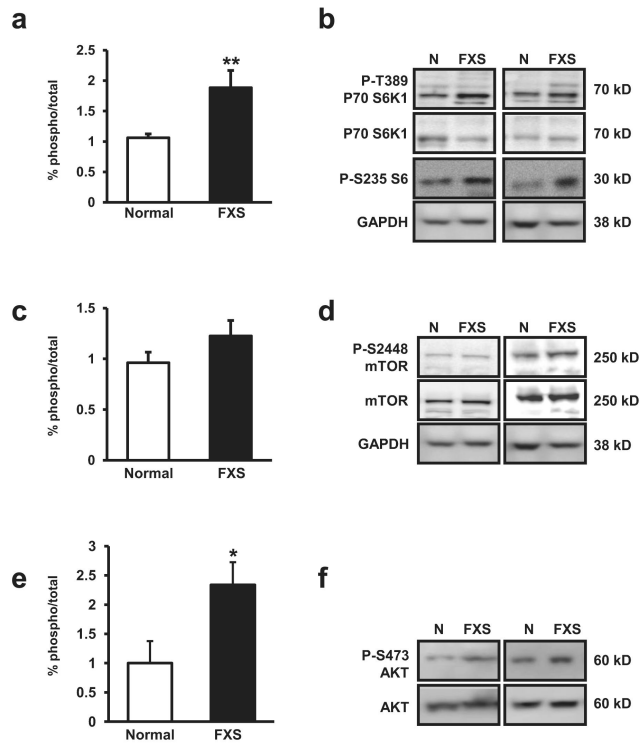
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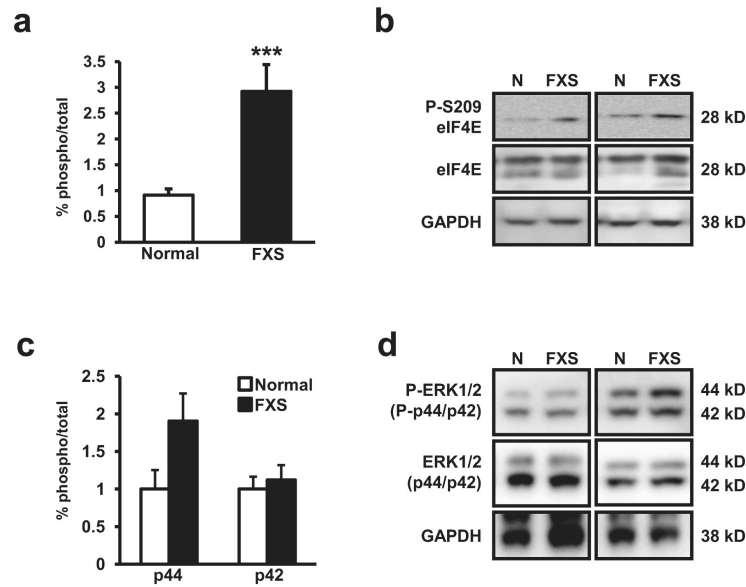
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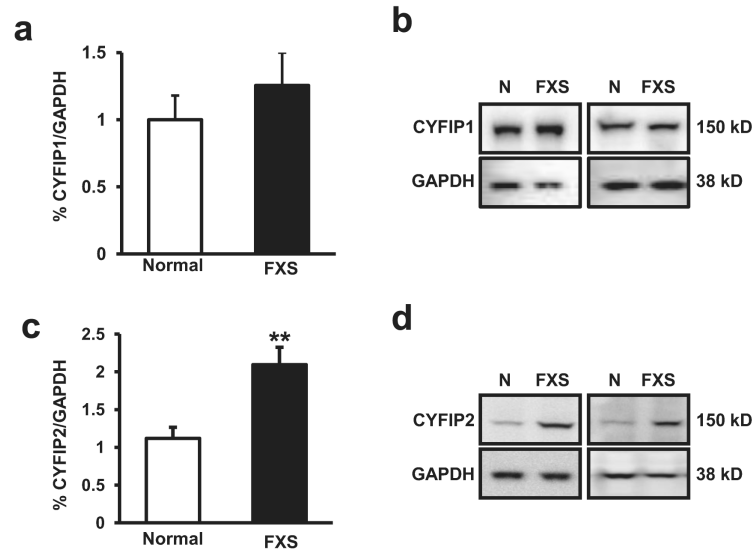
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**Figure 1.**

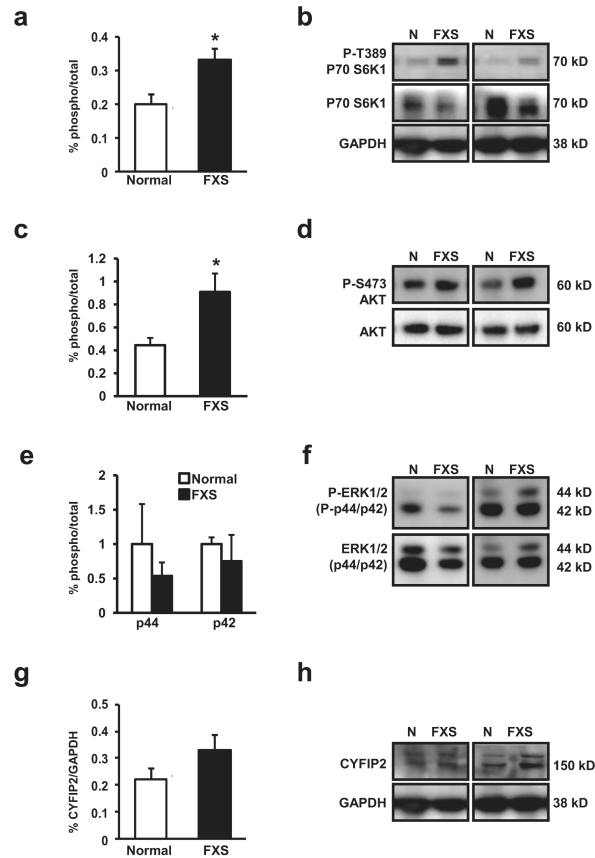
(a) Patients with FXS (n=28) display increased levels of phosphorylated Threonine 389 (pT389) p70 S6 kinase 1 (S6K1) and (pS235/236) S6 compared to normal controls (n=14, p=0.0069). (b) Representative western blot images for pT389 P70 S6K, P70 S6K, pS235/236 S6, GAPDH (loading control) from lysates from four patient sets. (c) Patients with FXS (n=27) show no statistical significant difference in the levels of phosphorylated Serine 2448 (pS2448) mammalian target of rapamycin (mTOR) compared to normal controls (n=14). (d) Representative western blot images for pS2448 mTOR, mTOR, GAPDH (loading control, same blot as above) from lysates from four patient sets. (e) Patients with FXS (n=9) show increased levels of phosphorylated Serine 473 (pS473) AKT (PKB) kinase compared to normal controls (n=7, p=0.0354). (f) Representative western blot images for pS473 AKT, AKT, from lysates from four patient sets. The percent (%) of phospho-signal were normalized to total protein signal for each graph. The error bars represent standard error in each graph. Blots were checked for efficient stripping prior to re-probing.

**Figure 2.**

(a) Patients with FXS (n=20) display increased levels of phosphorylated Serine 209 (pS209) eukaryotic initiation factor 4E (eIF4E) compared to normal controls (n=14, p=0.0006). (b) Representative western blot images for pS209 eIF4E, eIF4E, GAPDH (loading control) from lysates from four patient sets. (c) Patients with FXS (n=13) show no difference in phospho Threonine 202/Tyrosine 204 ERK1(p44)/ ERK2(p42) levels compared to normal controls (n=10). We did observe a trend for increased pERK1/ERK2 in FXS patients but the difference was not significant (p=.0989). (d) Representative western blot images for pT202/Y204 ERK1/2, Total ERK1/2, and GAPDH (loading control) from lysates from four patient sets. The percent (%) of phospho-signal was normalized to total protein signal for each graph. The error bars represent standard error in each graph. Blots were checked for efficient stripping prior to re-probing.

**Figure 3.**

(a) Patients with FXS (n=6) display no difference in levels of FMRP interacting protein, CYFIP1, compared to normal controls (n=9). (b) Representative western blot images for CYFIP1, GAPDH (loading control) from lysates from four patient sets. (c) Patients with FXS (n=27) display increased levels of FMRP interacting protein, CYFIP2, compared to normal controls (n=16, $p=0.0010$). (d) Representative western blot images for CYFIP2, GAPDH (loading control) from lysates from four patient sets. The percent (%) of CYFIP1 or CYFIP2 were normalized to total GAPDH protein signal for each graph. The error bars represent standard error in each graph.

**Figure 4.**

(a) Patients with FXS (n=4) display increased levels of phosphorylated Threonine 389 (T389) p70 S6 kinase 1 (S6K1) compared to normal controls (n=4, $p=0.0274$). The percent (%) phospho-signal normalized to total protein signal for each graph. (b) Representative western blot images for pT389 P70 S6K, P70 S6K, GAPDH (loading control) from lysates from four patient sets. (c) Patients with FXS show increased pS473 Akt (PKB) levels in the brain compared to normal controls ($p=0.0298$). The percent (%) of phospho-signal was normalized to total protein signal for graph. (d) Representative western blot images for pS473 AKT and total AKT from lysates from four patient sets. (FXS, n=4; N, n=4) (e) Patients with FXS (n=4) show no difference in pERK1/2 levels compared to normal controls (n=4), for both pERK1 or pERK2. The percent (%) of phospho-signal normalized to total protein signal for graph. (f) Representative western blot images for pERK 1/2 total ERK1/2 from lysates from four patient sets. (g) Levels of CYFIP2 in the frontal lobe are not different than normal controls. CYFIP2 (145 kD band) normalized to total GAPDH protein signal for graph (FXS, n=4; normal, n=4). (h) Representative western blot images for CYFIP2, GAPDH (loading control) from lysates from four patient sets. The presence of the larger band ~150 kD was only seen in brain derived samples. All ECL signal detection was non-saturation (65K bit detection, GE Las400 imager). The error bars represent standard error in each graph. Blots were checked for efficient stripping prior to re-probing.

Table 1

Summary of the pathology of the postmortem brain tissue of the 8 cases describe

Subject	Category	Age at death (years)	PMI (hours)	Cause of death
Case 1	FXS	23	16	Cardiac arrest
Case 2	FXS	57	20	Choking on food
Case 3	FXS	64	12	Liver neoplasm
Case 4	FXS	74	40	Pulmonary disease & abdominal complications
Control 1	Normal	20	36	Gun shot
Control 2	Normal	57	16	Accident, multiple injuries
Control 3	Normal	68	17	Cardiac arrest
Control 4	Normal	88	11	Cardiac arrest

FXS= Fragile X Syndrome

PMI= Post Mortem Interval

Table 2

mRNA	Full mutation with PWP (A)			Full mutation w/o PWP (B)			Normal Control (C)			A vs B			B vs C		
	N	Mean *	SD	N	Mean *	SD	N	Mean *	SD	df	t	p	df	t	p
<i>FMR1</i>	15	0.383	0.428	23	0.358	0.659	13	1.459	0.244	48	-5.49	<0.01	48	0.14	0.89
<i>CYFIP1</i>	23	0.423	0.256	37	0.532	0.162	21	0.616	0.204	78	-3.14	<0.01	78	-2.02	0.05
<i>CYFIP2</i>	9	0.912	0.134	20	0.963	0.207	10	0.867	0.225	36	0.49	0.62	36	-0.63	0.53
<i>RPS6KB1</i>	15	1.128	0.198	23	1.151	0.194	13	1.153	0.233	48	-0.32	0.75	48	-0.33	0.74
<i>RPS6KB2</i>	15	1.274	0.451	23	1.26	0.224	13	1.074	0.374	48	1.55	0.13	48	0.13	0.90
<i>mTOR</i>	15	1.138	0.293	23	1.206	0.285	12	1.037	0.312	47	0.89	0.38	47	-0.7	0.49
<i>Akt</i>	15	1.035	0.201	23	1.103	0.122	13	1.426	0.179	48	-0.29	0.69	48	-0.3	0.73
<i>EIF4EBP1</i>	15	0.4	0.108	23	0.377	0.082	12	0.422	0.138	47	-0.53	0.60	47	0.66	0.51
<i>GPR155</i>	15	12.21	7.132	23	13.784	4.344	13	11.408	5.238	48	0.38	0.70	48	-0.86	0.39
<i>JAKMIP1</i>	15	0.597	0.293	23	0.596	0.365	13	0.695	0.381	48	-0.75	0.46	48	0.01	0.99

* Gene expression levels

PWP= Prader Willi-like phenotype

FMR1= fragile X mental retardation 1

CYFIP1 = Cytoplasmic FMR1-interacting protein 1

CYFIP2= Cytoplasmic FMR1-interacting protein 2

RPS6KB1= Ribosomal protein S6 kinase, 70kDa, polypeptide 1

RPS6KB2= Ribosomal protein S6 kinase, 70kDa, polypeptide 2

mTOR= mammalian target of rapamycin

Akt= Protein Kinase B

EIF4EBP1= Eukaryotic translation initiation factor 4E-binding protein 1

GPR155= G protein-coupled receptor 155

JAKMIP1= janus kinase and microtubule interacting protein 1