

Mechanisms of Taste Bud Cell Loss after Head and Neck Irradiation

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Taste loss in human patients following radiotherapy for head and neck cancer is a common and significant problem, but the cellular mechanisms underlying this loss are not understood. Taste stimuli are transduced by receptor cells within taste buds, and like epidermal cells, taste cells are regularly replaced throughout adult life. This renewal relies on progenitor cells adjacent to taste buds, which continually supply new cells to each bud. Here we treated adult mice with a single 8 Gy dose of x-ray irradiation to the head and neck, and analyzed taste epithelium at 1–21 d postirradiation (dpi). We found irradiation targets the taste progenitor cells, which undergo cell cycle arrest (1–3 dpi) and apoptosis (within 1 dpi). Taste progenitors resume proliferation at 5–7 dpi, with the proportion of cells in S and M phase exceeding control levels at 5–6 and 6 dpi, respectively, suggesting that proliferation is accelerated and/or synchronized following radiation damage. Using 5-bromo-2-deoxyuridine birthdating to identify newborn cells, we found that the decreased proliferation following irradiation reduces the influx of cells at 1–2 dpi, while the robust proliferation detected at 6 dpi accelerates entry of new cells into taste buds. In contrast, the number of differentiated taste cells was not significantly reduced until 7 dpi. These data suggest a model where continued natural taste cell death, paired with temporary interruption of cell replacement, underlies taste loss after irradiation.

Introduction

The sense of taste is mediated by taste buds in the oral cavity. Taste buds are multicellular receptor organs containing 60–100 cells, which are continually renewed by progenitor cells located at the basement membrane and along the lateral margins of buds (Beidler and Smallman, 1965; Miura et al., 2003; Hamamichi et al., 2006). After their terminal division, immature taste cells enter buds and differentiate into one of three taste cell types. Type I cells are glial like, and express the glutamate–aspartate transporter and the ecto-ATPase, NTPDase 2 (Pumplin et al., 1999; Lawton et al., 2000; Bartel et al., 2006); type I cells may also function in salt taste transduction (Vandenbeuch et al., 2008). Type II or “receptor” cells transduce sweet, bitter, and umami stimuli (Bernhardt et al., 1996; Miyoshi et al., 2001; Zhang et al., 2003; Clapp et al., 2006) and express transduction elements for

these tastants, including α -gustducin, phospholipase $C\beta 2$ (Boughter et al., 1997; Clapp et al., 2004), IP_3R3 (Clapp et al., 2001), and $Trpm5$ (Clapp et al., 2006). Type III cells detect sour (Huang et al., 2006; Kataoka et al., 2008) and are the only cell type to synapse with afferent nerves (Murray, 1986; Yee et al., 2001; Yang et al., 2007); therefore, they have been considered “presynaptic” cells (Chaudhari and Roper, 2010). Type III cells express NCAM (Takeda et al., 1992), SNAP-25 (Yang et al., 2000), and Car4 (Chandrashekar et al., 2009) and accumulate serotonin (Huang et al., 2005; Dvoryanchikov et al., 2007). Despite differences in function, all three types are thought to live for 10–14 d (Farbman, 1980) and then undergo apoptosis (Zeng and Oakley, 1999; Zeng et al., 2000; Huang and Lu, 2001; Wang et al., 2007; Ichimori et al., 2009). In this way, cells within buds are continually renewed.

Taste dysfunction after radiotherapy for head and neck cancer is a common problem for patients (Schwartz et al., 1993; Vissink et al., 2003; Sandow et al., 2006; Yamashita et al., 2009). During a 6- to 8-week course of daily radiotherapy, taste loss typically occurs by 3–4 weeks, and all taste modalities are commonly affected (Mossman and Henkin, 1978; Maes et al., 2002; Ruo Redda and Allis, 2006; Sandow et al., 2006). Distorted taste, combined with other oral dysfunctions after irradiation (xerostomia, mucositis), can dramatically and negatively affect human nutrition (Donaldson, 1977; Jensen et al., 2003).

Three models have been proposed to explain irradiation-triggered taste dysfunction: (1) neurites that innervate sensory organs are radiosensitive, thus disruption of the contact between taste cells and nerves leads to taste cell death; (2) irradiation directly damages differentiated taste cells; and/or (3) irradiation targets proliferating progenitors, interrupting production of new

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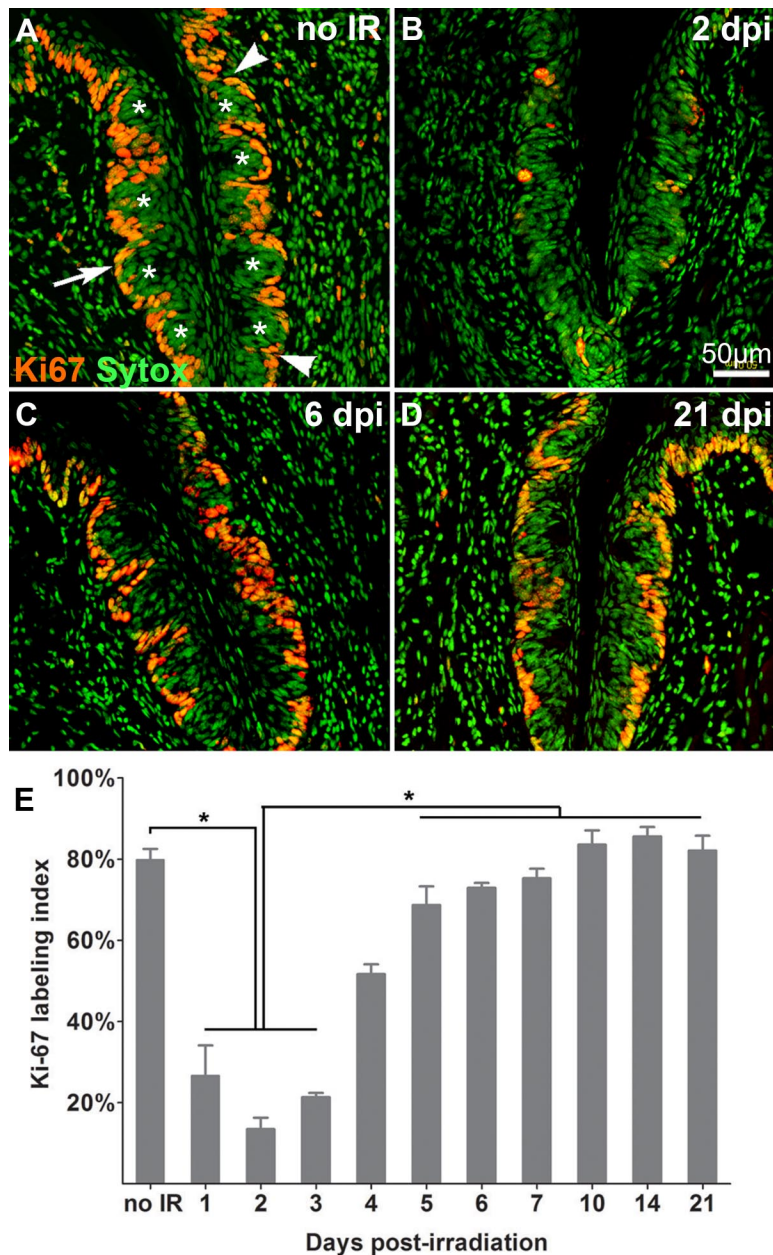


Figure 1. Irradiation targets actively cycling cells. Proliferative cells in taste epithelium are marked by Ki-67-IR (red) and nuclei are visualized with Sytox (green). Compared with controls (**A**), the number of basal proliferative cells is significantly reduced at 1–3 dpi (**B, E**), then returns to and is maintained at control levels from 5 to 21 dpi (**C, 6 dpi; D, 21 dpi**). White asterisks indicate taste buds. White arrows indicate active cycling cells in basal epithelium. Total basal epithelial cell nuclei and Ki-67-IR cells were counted between the arrowheads in each trench. **E**, Bar graph of the proportion of Ki-67-IR basal epithelial cells at progressive time points after irradiation (mean ± SD; $n = 3–5$ mice for each time; one-way ANOVA, Tukey’s *post hoc* test, $*p < 0.01$).

taste cells (Nelson, 1998; Yamazaki et al., 2009). Here we show that a single moderate dose of irradiation causes immediate cell cycle arrest in taste progenitors, followed by disruption in the supply of new cells to taste buds, which results in reduced taste cell number a week after radiation exposure. We propose that disrupted taste cell renewal is the primary mechanism responsible for functional taste loss in patients receiving radiotherapy.

Materials and Methods

Animals. Two- to four-month-old C57BL/6 mice of either sex were used in all experiments. Mice were maintained and killed in accordance with

protocols approved by the Animal Care and Use Committee at the University of Colorado School of Medicine.

Irradiation. X-ray irradiation was delivered via an RS 2000 Biological Irradiator. Before irradiation, the mice were anesthetized with fresh Avertin (0.5 mg/g mouse, i.p.), and the body was shielded with lead, leaving only the head and neck exposed. In pilot experiments, we found that the typical 16 Gy dose used by others (Nelson, 1998; Yamazaki et al., 2009) resulted in 50% mortality by 1 d postirradiation (dpi), and all animals were dead within 2 weeks (data not shown). We also tested lower doses of 1, 2, or 4 Gy, which were well tolerated by the mice, and produced similar, but smaller effects than the selected 8 Gy dose. The 8 Gy dose was selected for further investigation as this dose was not lethal over the experimental period of 21 d, yet triggered a robust response in taste epithelium. Dose administration was calculated and adjusted by a dosimeter.

Tissue preparation. Mice were anesthetized as above, and perfused transcardially with 4% paraformaldehyde in 0.1 M phosphate buffer (PFA). Tongues were dissected *ad libitum* from the lower jaw, and postfixed in 4% PFA overnight at 4°C, followed by immersion in sucrose (20% in 0.1 M PB) overnight at 4°C. Cryoprotected tongues were embedded in OCT compound (Tissue-Tek) and cryosectioned at 12 μm. Sections were thaw-mounted and stored at –20°C overnight before staining.

Immunofluorescence for taste cells. Sections were rehydrated in 0.1 M PBS for 30 min, and blocked with blocking solution (0.2 M PB, 0.05 M NaCl, 0.1% Triton X-100; 1% BSA) with 5% normal goat serum (NSG) for 2 h at room temperature (except for goat anti-Car4 antiserum). Sections were then incubated overnight at 4°C in primary antiserum diluted in blocking solution without goat serum. Antisera include: (1) rabbit anti-Gustducin (1:1000; catalog #sc-395, Santa Cruz Biotechnology); (2) rabbit anti-Trpm5 (1:1000; gift from Dr. Emily Liman, University of Southern California); or (3) goat anti-Car4 (1:1000; catalog #AF2414, R&D Systems). Sections were then washed with PBS for 2 h, and incubated in the appropriate secondary antiserum (goat anti-rabbit Alexa Fluor 546 (1:1000; Invitrogen) or donkey anti-goat Alexa Fluor 546 (1:1000; Invitrogen) in blocking solution for 2 h at room temperature. Sections were washed in 0.1 M PBS for 2 h, counterstained with Sytox (Invitrogen), mounted in Fluoromount G, and coverslipped for analysis using fluorescence and confocal microscopy.

Immunofluorescence for cell cycle markers.

The method for phospho-histone3 (pH3) immunostaining has been described (Nguyen and Barlow, 2010). For Ki-67 immunofluorescence, sections were washed thrice in 0.1M PBS, treated with sodium citrate buffer, pH 6.0, at 95°C for 15 min, and cooled to room temperature for 30 min. Sections were then washed in PBS and incubated in blocking solution with 5% NSG for 2 h at room temperature followed by 15 min each for avidin/biotin blocking solutions (A/B blocking Kit; Vector Laboratories). Sections were then incubated in rabbit anti-Ki-67 antiserum (1:200; Thermo Scientific) overnight at 4°C. After three washes with PBS buffer for 1 h each, sections were incubated with biotin-conjugated anti-rabbit IgG (Vector Laboratories) diluted 1:500 in PBS with 0.1% Tween 20 and

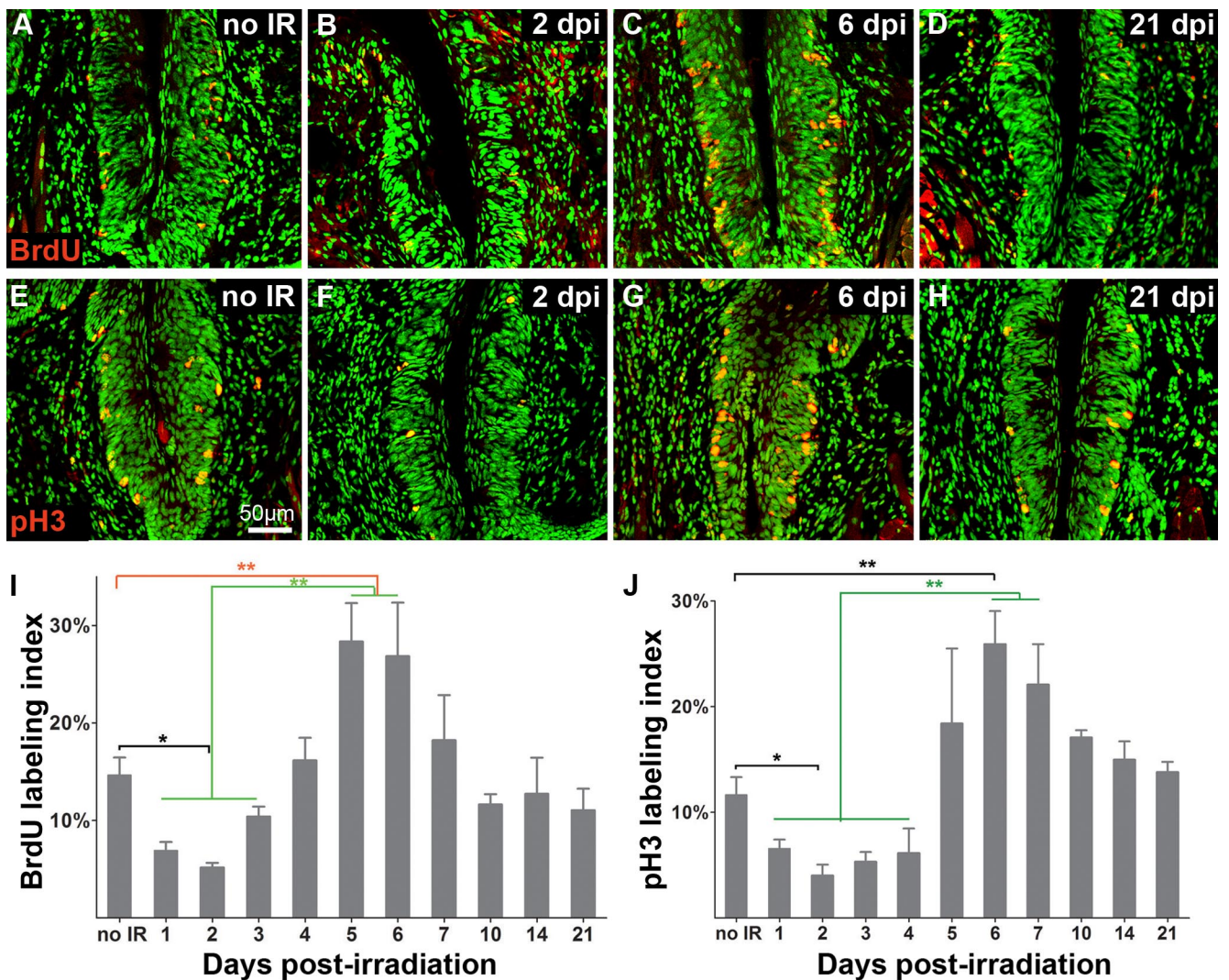


Figure 2. The proportions of cells in S and M phase drop following irradiation, then overshoot control levels, before returning to normal values. Cells in S phase in controls and at selected times postirradiation are identified via nuclear incorporation of BrdU (*A–D*; BrdU-IR, red) and those in M phase are immunoreactive for pH3 (*E–H*; pH3-IR, red). *A–D*, Sham-irradiated controls, 2, 6, and 21 dpi. *E–H*, Sham-irradiated controls, 2, 6, and 21 dpi. Histograms for S (*I*) and M (*J*) phase show labeling indices of sham-irradiated epithelium versus that of epithelium harvested at progressive times postirradiation. The proportion of basal cells in both S and M phases are significantly decreased at 2 dpi. Significantly more basal cells are in S phase at 5–6 dpi compared with controls; the proportion in M phase also overshoots controls at 6 dpi (*G, J*). Both indices are comparable to controls from 7 dpi onward. One-way ANOVA, Tukey's *post hoc* test; $n = 3–4$ mice for each time point; * $p < 0.05$; ** $p < 0.01$.

2.5% NSG for 1 h at room temperature. Sections were washed with PBS for 1 h, then incubated in Streptavidin 546 (1:1000; Millipore Bioscience Research Reagents) in PBS buffer for 2 h at room temperature. After final washes in PBS for 1 h, sections were counterstained with Sytox green (Invitrogen) and mounted in Fluoromount G (Southern Biotech).

For 5-bromo-2-deoxyuridine (BrdU) immunofluorescence, sections were washed in 1T buffer (0.1 M Tris, pH 7.5, 0.15 M NaCl), then incubated in a solution of 50% formamide and 5X SSC. After three washes in 1T buffer, sections were blocked in 1% blocking reagent in 1T buffer for 30 min at room temperature. Anti-BrdU monoclonal antibody (2 μg/ml; catalog #10875400, Roche) was applied to tissues together with DNaseI (10 UI/ml; Roche) for 50 min at 37°C. Sections were washed with 1T buffer, and incubated with goat-anti-mouse Alexa Fluor 546 for 1 h at room temperature. After washing, sections were counterstained with Sytox green and mounted.

TUNEL assay. TUNEL was performed using the *In Situ* Cell Death Detection Kit TMR Red (Roche Applied Science). After three washes in PBS, sections were treated with 3% hydrogen peroxide in methanol, bathed in sodium citrate buffer, pH 6.0, at 95°C for 15 min, and then cooled to room temperature for 40 min. Sections were washed in PBS and

permeabilized for 2 min on ice in a solution of 0.1% Triton X-100 and 0.1% sodium citrate. Sections were incubated in blocking solution (20% NSG, 3% BSA, Tris-HCl 50 mM at pH 7.5) for 30 min. After washing in PBS for 30 min, sections were incubated for 1 h at 37°C with 10% enzyme solution diluted in buffer solution (Roche kit). Sections were washed in 0.1 M PBS for 1 h, counterstained with Sytox green (Invitrogen), mounted in Fluoromount G, and coverslipped for analysis using fluorescence and confocal microscopy.

Birthdating of new taste cells. Mice were injected intraperitoneally with BrdU (120 mg/kg; Sigma) twice, at 10 A.M. and at 1 P.M. For the three different series of birthdating experiments, BrdU injections were as follows: (1) the first BrdU dose was injected 6 h before irradiation, and mice were then killed at 1 or 2 dpi (see Fig. 4); (2) the first BrdU dose was injected at 5 dpi, and mice killed at 6 or 7 dpi (see Fig. 6*A–E*); or (3) the first BrdU dose was injected at 6 dpi, and mice killed at 7 or 8 dpi (Fig. 6*F–J*). Tongue cryosections (as above) from these mice were incubated in 90% methanol containing 3% hydrogen peroxide, washed in PBS, and then treated with 0.05% trypsin solution (37°C for 5 min). After washing in PBS, sections were treated with 4N HCl at 50°C for 15 min, then blocked with M.O.M. mouse Ig blocking reagent (1 h at room tempera-

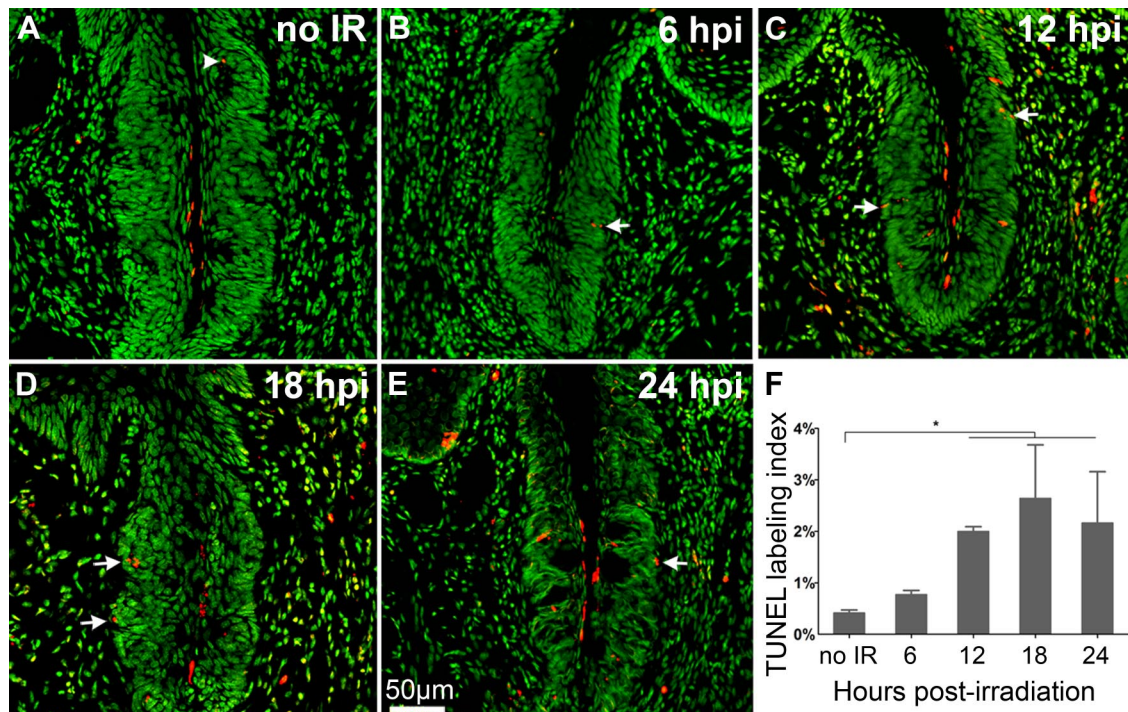


Figure 3. Irradiation induces apoptosis in basal keratinocytes of the taste epithelium. TUNEL (red) and Sytox (green) in sham-irradiated (**A**), and at 6 (**B**), 12 (**C**), 18 (**D**), and 24 (**E**) hpi. In sham-irradiated controls, very few apoptotic cells are observed in taste epithelium; TUNEL-positive cells, when present, were located within taste buds (white arrowhead). Following irradiation, the number of apoptotic cells increased, and most were located at the basement membrane (white arrows point to examples). **F**, The number of TUNEL + cells peaked at 18 hpi. One-way ANOVA, Tukey’s *post hoc* test; $n = 3–5$ mice per time point; $*p < 0.01$.

ture; Vector Laboratories), and incubated overnight at 4°C with mouse anti-BrdU (1:500; catalog #G3G4, Developmental Studies Hybridoma Bank). After washing with PBS for 3 h, sections were blocked in avidin/biotin blocking solutions (A/B blocking Kit; Vector Laboratories), incubated for 60 min with biotin-conjugated anti-mouse IgG (1:500; Vector Laboratories), washed for 1 h in PBS, and then incubated in ABC solution (Vector Laboratories) for 90 min at room temperature. Sections were washed for 1 h, reacted with nickel-intensified DAB (Vector Laboratories) for 6–10 min, dehydrated with ethanol (50, 70, 95, and 100%), rinsed in xylene, and coverslipped with Permount (Fisher Scientific). Newborn cells within taste buds were also identified using BrdU immunofluorescence and Sytox nuclear counterstain (see above).

Analysis. Immunofluorescent images were obtained on an Olympus BX50 laser-scanning confocal microscope. Images consisting of projected Z series of 0.75 μm optical sections were processed with Fluoview v5.0 software. Nomarski images were obtained with a Zeiss Axioplan 2 microscope equipped with an Axiocam cooled CCD camera and Axiovision imaging software.

The data for this study were gathered from three to six mice per time point. All quantitative measures of cells within taste buds were taken from taste bud profiles with taste pores or the middle profile of taste buds based on serial sections. For the entire study, all tallies and cell position assignments were done blind with respect to treatment and animal. Slides were identified only by number, and not by the details of experimental or control treatment. The data were decoded and analyzed only after all tallies had been made.

The labeling index for each proliferation marker was calculated by dividing the number of immunopositive cells for each marker, e.g., Ki-67 immunoreactive (Ki-67-IR), BrdU-IR, or pH3-IR, by the total number of basal epithelial cells (identified and quantified via Sytox labeling). Only basal keratinocytes along the basement membrane and within the trenches of circumvallate papillae (CVP) that contain taste buds (Fig. 1, basal keratinocytes lying between the arrowheads) were counted.

For BrdU birthdating studies, the border of taste buds was determined by (1) Nomarski imaging and (2) fluorescence of Sytox green-stained nuclei. To include counts from individual taste bud profiles, each profile

had to meet the following criteria: (1) the taste bud profile extended from the base of epithelium to its apex and (2) if a taste bud extended across multiple sections, the middle, and therefore largest profile was selected, so that the counted profiles represent approximately the center of each taste bud. Only taste buds with clear borders were tallied in our analyses (Figs. 4 and 6, taste buds with outlines). We then counted the number of BrdU-IR nuclei within each taste bud. Edge cells with elongate nuclei were considered to be outside of taste buds, whereas recently generated (24–48 h) BrdU + taste bud cells were located inside the basal compartment of each bud (Figs. 4A, B, 6A, C, F). BrdU + cells outside of taste buds were also found in the basal and suprabasal compartments of non-taste epithelium within the CVP (Figs. 4, 6, examples in all panels).

In pilot studies comparing the average nuclear diameter of control basal epithelial cells with those from irradiated mice at 1, 3, and 5 dpi, we found that nuclear size varied significantly with radiation exposure (one-way ANOVA, $n = 3$ mice per time point, $p = 0.02$). Thus to normalize the data across experimental conditions, we used Abercrombie correction (Abercrombie, 1946) as follows: Z-stack projections with a total depth of 9.75 μm were obtained from 0.75 μm optical sections of 12 μm physical sections. The top and bottom optical sections were discarded to make sure tallied optical planes were physically complete, thus minimizing any problems due to variation in section thickness. The nuclear diameter parallel to the basal membrane, and thus perpendicular to the plane of section, of 20 randomly selected basal epithelial cells (enumerated and then selected via a random number generator) was measured and averaged. This average diameter for each condition was used in the Abercrombie formula using a section thickness of 9.75 μm. As cell cycle phase correlates with nuclear size, we reasoned that each marker class could comprise a subset of similarly sized nuclei whose average diameter would be distinct from that of the total basal population. In fact, we found that the average nuclear diameter for cells at different phases of the cell cycle, and thus the Abercrombie correction factor, was distinct from that of the Sytox population as a whole. Therefore, we elected to also correct counts for all markers at each time postirradiation.

A *t* test or one-way ANOVA with a Tukey’s *post hoc* multiple-comparison test was used to analyze data after ascertaining the data were

normally distributed using the Anderson–Darling test. Data are presented as mean \pm SD unless otherwise noted.

Results

Irradiation targets actively cycling cells

For our studies, we focused on the CVP, a large structure located at the posterior midline of the mouse tongue. The papilla is surrounded bilaterally by deep epithelial trenches, and each trench contains \sim 150 taste buds. Thus, the CVP provides an anatomically focused set of taste buds to monitor for the effects of radiation exposure, including taste progenitor proliferative activity. Several immunomarkers were used to identify proliferating cells: (1) Ki-67, expressed by cells in all phases of cell cycle except early G1 and G0 (Schwartz et al., 1986); (2) BrdU, incorporated in the DNA of cells in S phase (Burns et al., 2006); and (3) pH3, a marker for cells in M phase (Norbury and Nurse, 1992). We first assessed proliferation in the CVP taste epithelium of control mice to establish baseline activity. Controls (sham-irradiated) were anesthetized and placed in conical tubes, but not irradiated. We found that \sim 80% of basal epithelial cells are Ki-67 immunopositive in control CVP (Fig. 1*A, E*), with subsets in S phase (15%), indicated by BrdU immunoreactivity assessed at 6 h postinjection (Figs. 2*A, I*) and M phase (12%; pH3-IR; Fig. 2*E, J*). No dividing cells were observed inside taste buds, consistent with published reports (Beidler and Smallman, 1965; Conger and Wells, 1969; Farbman, 1980; Miura et al., 2003; Hamamichi et al., 2006; but see Sullivan et al., 2010).

We next quantified proliferation in taste epithelia at progressive dpi, and compared these values to those of controls. The labeling index for Ki-67 is significantly reduced compared with controls during the first 3 dpi (Fig. 2*B, E*). However, the proportion of dividing cells returns to control levels by 5 dpi, and remains at control levels through 21 dpi (Fig. 1*C–E*). These data demonstrate a clear and rapid effect of irradiation on proliferative activity in the taste progenitor cell population. To further evaluate the effects of irradiation on specific phases of the cell cycle, we monitored the labeling indices for BrdU at 6 h postinjection (S phase) and pH3 (M phase). In sham-irradiated taste tissue, 14.6% of basal cells have incorporated BrdU and 11.6% are in M phase. After irradiation, the labeling indices for cells in S and M phases are decreased significantly (5.2 and 4% at 2 dpi, respectively; Fig. 2), which is followed by an overshoot in the proportion of cells in S and M phases at 5–6 dpi (Fig. 2*C, I*) and 6 dpi (Fig. 2*G, J*), respectively, compared with controls. Labeling indices for cells in S and M phases then return to control levels by 7 dpi (Fig. 2*D, H, I, J*). This biphasic response of proliferating taste progenitor cells to irradiation suggests that proliferation of progenitor cells in the CVP is synchronized and/or accelerated following recovery from radiation.

Irradiation induces cell death in taste epithelium

In skin and intestinal epithelium, irradiation induces double-stranded breaks in nuclear DNA, which results in mitotic delay, as cells enter cell cycle arrest and attempt to repair damaged DNA (Harper and Elledge, 2007). Cells that fail to adequately repair then undergo apoptosis. In another oral tissue, the salivary gland, irradiation results in maximal cell death within 24 h (Humphries et al., 2006). Thus, we assessed cell death in taste epithelium via TUNEL at 6, 12, 18, and 24 h postirradiation (hpi). In nonirradiated control tissues, only 0.4% of basal epithelial cells are TUNEL positive, with only an occasional apoptotic nucleus detected inside a taste bud (Fig. 3*A*, arrowhead), consistent with published reports (Wang et al., 2007). After irradiation, the

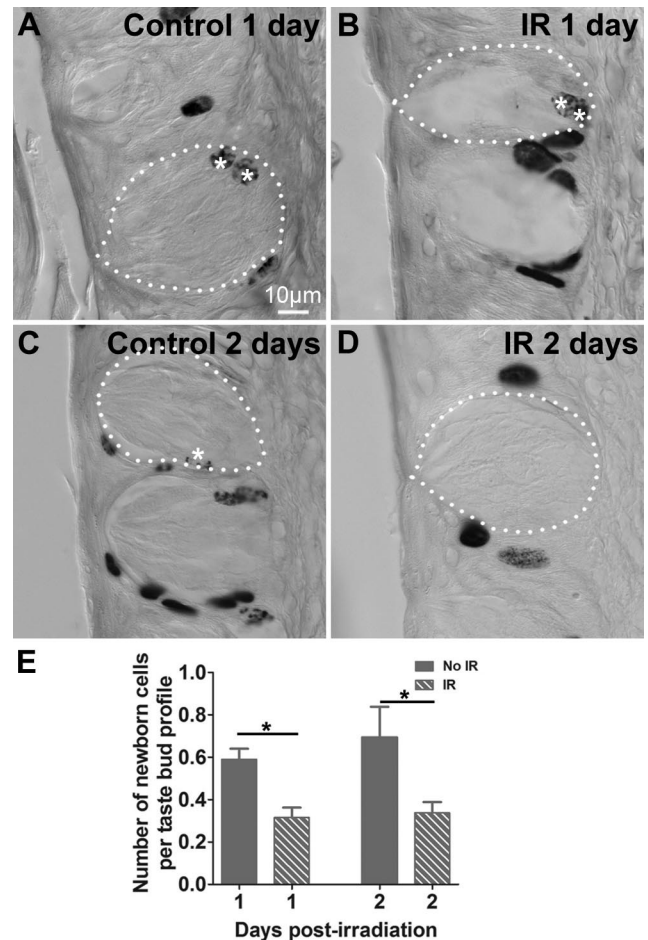


Figure 4. The influx of new cells into taste buds is reduced during the first 2 d following irradiation. Mice were injected intraperitoneally with BrdU 6 h before irradiation. BrdU-IR (dark brown) cells inside taste buds were tallied at 1 dpi (*A, B*) and 2 dpi (*C, D*) in irradiated and sham-irradiated control mice. Newborn cells inside taste buds were significantly decreased at 1 and 2 dpi compared with controls (*E*). Dashed lines indicate the borders of individual taste buds. White asterisks, newborn cells inside taste buds marked by BrdU birthdating. $n = 3–4$ mice and 90–176 taste buds per condition and time point. *t* test, $*p < 0.05$.

TUNEL labeling index of basal epithelial cells is significantly increased at 12 hpi and peaks at 18 hpi (Fig. 3*B–E*, white arrows indicate examples). Although TUNEL labeled only 2.6% of basal epithelial cells at the peak of cell death, this still represents an \sim 5-fold increase over uninjured control levels. Further, considering that TUNEL only reveals the last brief phase of apoptosis (Negoescu et al., 1998), the total number of dying cells is likely much larger. Relatively low, but nonetheless functionally significant, levels of cell death after irradiation have also been reported in epidermis, oral mucosa, and dental stem cells (Morris and Hopewell, 1988; Morris et al., 1993). Importantly, we detected few apoptotic nuclei within irradiated buds (Fig. 3), further suggesting that radiation specifically and initially impacts the dividing taste progenitor cells that reside outside of taste buds. At later time points following radiation, cell death levels resembled that of controls. Specifically, examination of TUNEL-stained CVP sections at 3 and 7 dpi revealed levels of apoptosis which were no different from controls (sham-irradiated, $0.42 \pm 0.06\%$; 3 dpi, $0.48 \pm 0.19\%$; 7 dpi, $0.56 \pm 0.20\%$ TUNEL + basal epithelial cells per CVP, one-way ANOVA, $p = 0.11$, $n = 3$ mice per time point).

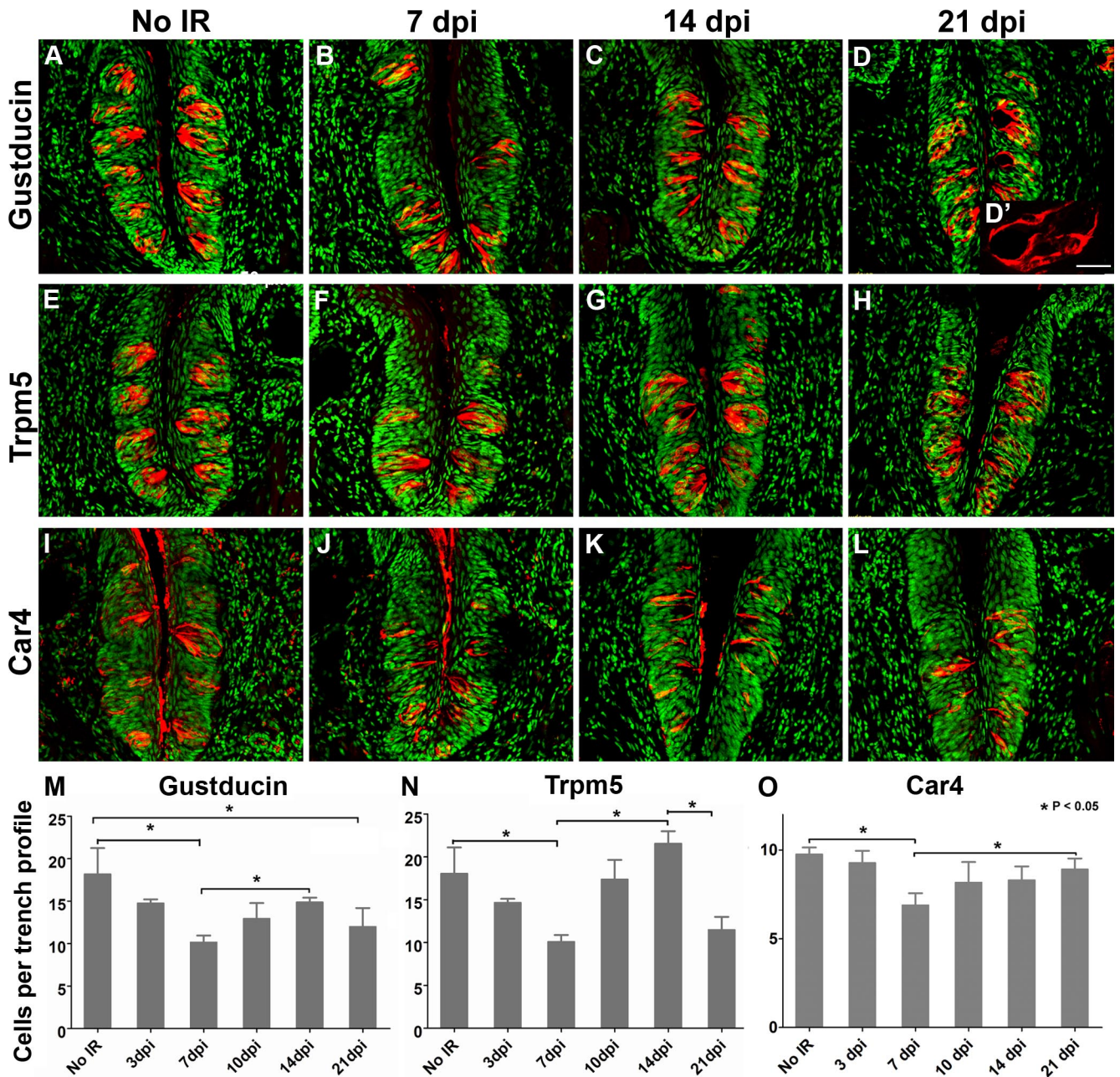


Figure 5. Loss and recovery of differentiated type II and III taste cells is delayed compared with the immediate effect of irradiation on proliferation. Both type II (gustducin-IR; Trpm5-IR, red) and type III cells (Car4-IR, red) are significantly reduced at 7 dpi, but not 3 dpi. Type II and III cell numbers return to control levels by 14 and 10 dpi, respectively. At 21 dpi, both gustducin-IR and Trpm5-IR type II cells are lost (*M, N*), while the number of type III cells remains comparable to that of controls (*O*). Gustducin-IR (*A–D*), Trpm5-IR (*E–H*), Car4-IR (*I–L*), and Sytox (*A–L*; green). *M–O*, Histograms of the number of gustducin-, Trpm5-, and Car4-IR cells, respectively, in sham-irradiated control versus irradiated CVPs at progressive days post irradiation. High magnification of gustducin-IR cells at 21 dpi shows their abnormal morphology (*D'*). One-way ANOVA, Tukey's *post hoc* test; **p* < 0.05. *n* = 3–4 mice per time point. A total of 134–349 taste buds was counted per time point and per taste cell type marker. Scale bar: (except *D'*) 50 μ m. Scale bar: (for *D'*), 20 μ m.

Taste bud cells are indirectly affected by irradiation

Within 24 h of their terminal division within the progenitor pool, postmitotic taste precursor cells move into taste buds, and then, within 2–6 d following birth, differentiate into mature taste cells (Beidler and Smallman, 1965; Cho et al., 1998; Hamamichi et al., 2006; Miura et al., 2006; Oike et al., 2006; Nguyen and Barlow, 2010). As irradiation induces cell cycle arrest and apoptosis of taste progenitor cells (Figs. 1–3), we hypothesized that this cessation of proliferation would lead to a decreased influx of cells into taste buds. To evaluate this possibility, we injected mice with BrdU 6 h before irradiation, and then compared the number of

newborn cells within taste buds of control and irradiated mice that had been killed 1 or 2 d after irradiation (Fig. 4). The number of BrdU-IR cells inside irradiated taste buds is virtually half that found in controls at both 1 dpi (mean: 0.31 vs 0.59 cells per taste bud profile) and 2 dpi (mean: 0.34 vs 0.69 cells per taste bud profile), indicating that the influx of cells into taste buds is significantly decreased following irradiation.

Next, we tested if differentiated taste receptor cells are directly or indirectly affected by irradiation. If a single 8 Gy dose targets taste cells directly, we expect that the number of taste cells would decrease within the first few days after irradiation exposure.

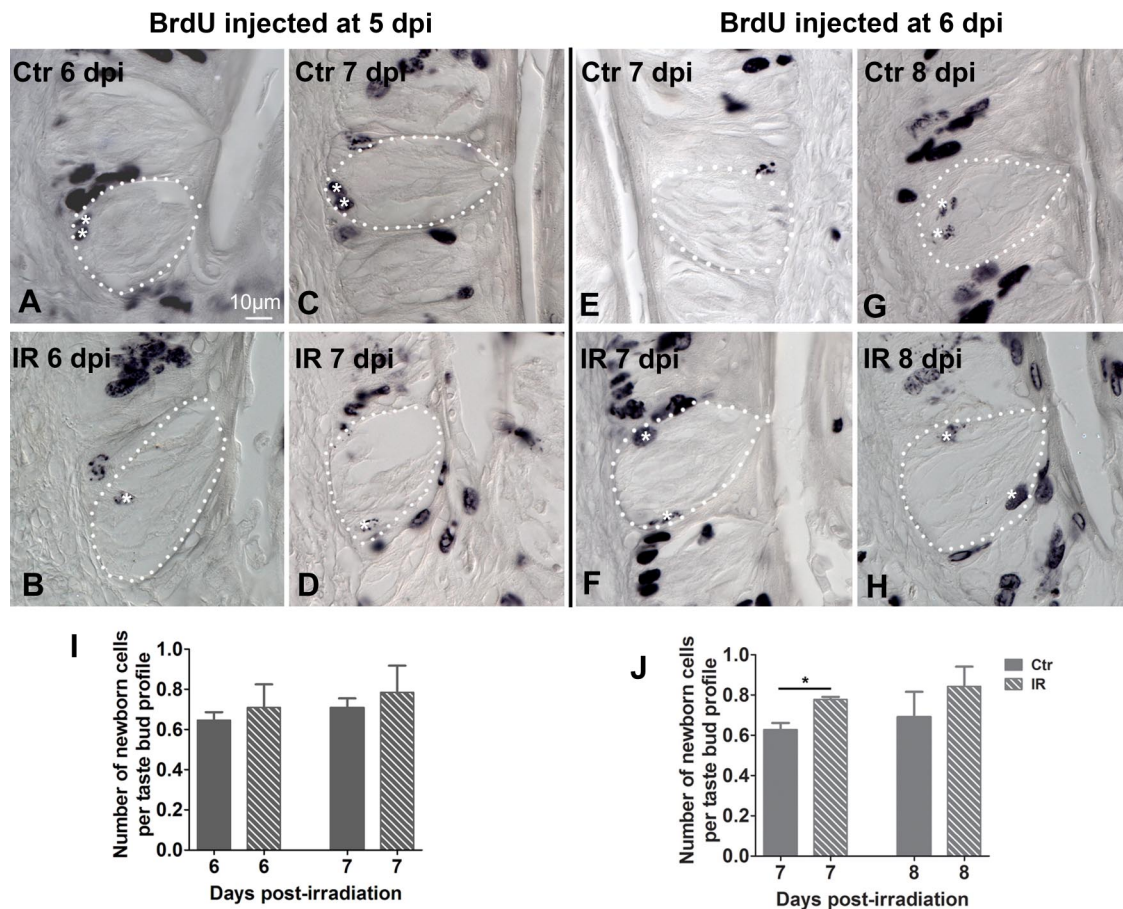


Figure 6. The influx of new cells into taste buds resumes and is accelerated at 6 dpi. **A–D**, BrdU was injected at 5 dpi, and newborn cells inside taste buds quantified at 6 dpi (**A, B**) and 7 dpi (**C, D**) in irradiated and sham-irradiated groups. **E–H**, BrdU was injected at 6 dpi, and newborn cells assessed at 7 dpi (**E, F**) and 8 dpi (**G, H**) irradiated (IR) and control (Ctr) CVP taste buds. Dashed lines indicate borders of taste buds. White asterisks mark newborn cells inside taste buds. The influx of cells into taste buds was significantly accelerated at 7 dpi and assayed at 24 h following BrdU injection at 6 dpi (**J**), but not at any other time points (**I, J**). *t* test, $n = 3$ mice, and 60–183 taste buds tallied per time point and condition, $*p < 0.05$.

However, if the effect of irradiation on taste receptor cells is indirect, i.e., due to a reduction of newborn cells entering taste buds with continued natural cell death of relatively short-lived taste cells, we would expect that the number of taste cells would not decrease until later time points following irradiation. To evaluate these possibilities, we compared the number of two types of differentiated cells in irradiated and control taste buds: type II receptor cells recognized via gustducin-IR (Fig. 5*A–D*) or Trpm5-IR (Fig. 5*E–H*) and type III presynaptic cells that are Car4-IR (Fig. 5*I–L*). We found that the numbers of type II and III cells did not differ from control values at the early postirradiation time point (3dpi), but both cell types were decreased at 7 dpi (Fig. 5*M–O*), suggesting that the effects of irradiation on taste cells are indirect. We also tried to quantify type I taste cells via NTPDase2-IR, but because of the complex morphology of type I cells and the localization of NTPDase2 protein at the membrane (Bartel et al., 2006), we could not reliably identify and tally individual type I cells (data not shown). To rule out that the reduction in type II and III cells was due to broad damage of the circumvallate taste papilla, or to total destruction of a subset of taste buds by radiation exposure, we also compared the height of the CVP, and the number of resident taste buds per CVP section, and found no significant differences from controls at 3 dpi or 7 dpi (CVP height: sham-irradiated, $459.77 \pm 40.11 \mu\text{m}$; 3 dpi, $453.95 \pm 52.36 \mu\text{m}$; 7 dpi, $475.00 \pm 44.23 \mu\text{m}$, one-way ANOVA $p = 0.31$; number of taste buds per CVP trench profile: sham-irradiated, 8.50 ± 1.69 ; 3 dpi, 7.95 ± 1.15 ; 7 dpi, 7.60 ± 1.30 , one-way ANOVA $p = 0.104$, $n = 3$ mice per time point).

The number of type III cells in irradiated taste buds returned to normal by 10 dpi, and remained constant through 21 dpi (Fig. 5*K, L, O*), consistent with the normal proliferative indices we observed at these later time points (Figs. 1, 2). The number of type II cells is also comparable to controls by 14 dpi (Fig. 5*C, G, M, N*). These findings are broadly similar to those from Yamazaki et al. (2009), who find reduced numbers of type II cells between days 8 and 20, but no significant reduction in type III cells during the same period following a single dose of 15 Gy. However, at 21 dpi we observed an apparent second wave of type II cell loss (Fig. 5*D, H, M, N*), and the remaining type II cells had somewhat abnormal morphology at this late time point (Fig. 5*D'*).

Taste cell regeneration

Following irradiation, proliferative activity resumes at 5 dpi with higher than normal proportions of cells in S and M phases (Figs. 1, 2). To test if and how this accelerated and/or synchronized proliferation contributes to taste bud regeneration following radiation damage, we tallied the number of newborn taste bud cells in mice that were injected with BrdU, as proliferation resumed at 5 or 6 dpi (Fig. 6). The influx of cells into taste buds was comparable to controls at 6 and 7 dpi following BrdU injection at 5 dpi (Fig. 6*A–D, I*). Interestingly, when we injected BrdU at 6 dpi, significantly more newborn cells were detected in taste buds of irradiated mice than in controls at 24 hpi (7dpi, Fig. 6*J*; $p > 0.05$). These data suggest that the transient increase in cells in S and M

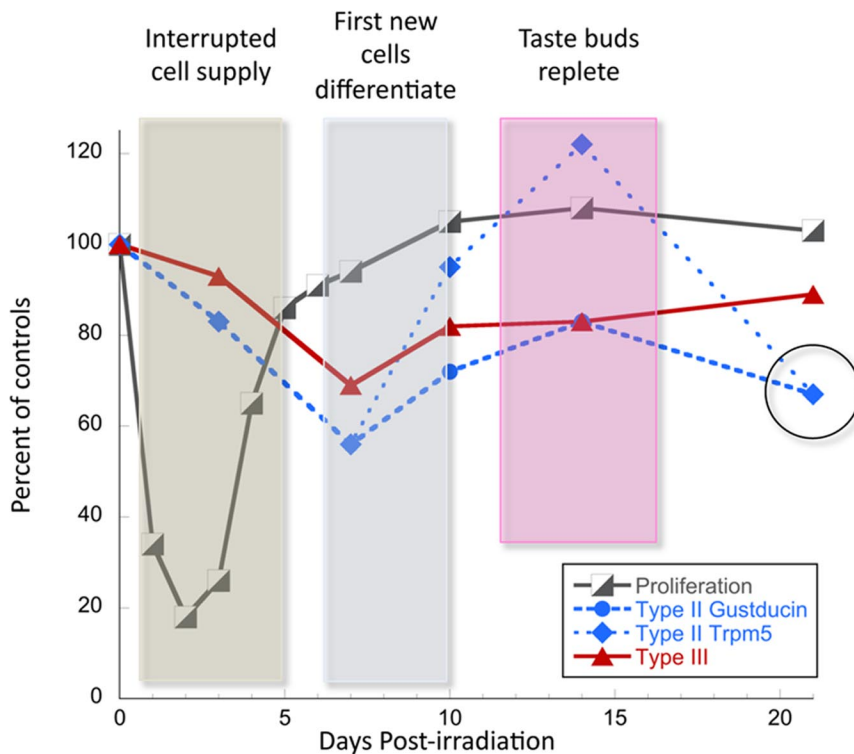


Figure 7. Summary and a model for taste epithelial cell loss and regeneration following irradiation injury. In the first several days following irradiation, taste progenitors arrest the cell cycle (black and white boxes) and their contribution of new cells to taste buds is interrupted (blue box). During this time, the number of both type II (blue squares and circles) and type III (red triangles) cells trend downward, and are significantly reduced by day 7 following radiation. We propose that this loss is due to natural attrition of aged taste cells, which are not replaced by the mitotically arrested progenitor cells. As progenitors resume proliferation, new taste precursor cells enter buds, but these cells require an additional 3–5 d to differentiate (gray box), after which taste cell numbers recover to control values (pink box). Unexpectedly, a second wave of loss of type II taste cells only occurs at 21 dpi (black open circle), which may reflect synchronous, albeit naturally timed death of the cohort of type II cells generated by the burst of proliferative activity ~14 d prior. The data from Figures 1 and 5 are shown as percentage of controls for this summary diagram.

phase following irradiation also results in a pulsed increase in the supply of new taste receptor cells to taste buds.

Discussion

Taste loss is a common problem for head and neck cancer patients following radiotherapy. Here we show that a moderate dose of radiation to the head and neck of adult mice directly affects the taste progenitor cells responsible for the continual supply of new cells to taste buds. Within 24 h of irradiation, actively cycling progenitors are dramatically reduced (Figs. 1, 2); concomitantly, apoptosis of progenitors is significantly increased (Fig. 3). Cell cycle arrest persists for several days, as indicated by significant drops in the proliferative, S and M phase indices, while apoptosis in taste progenitors, which likely occurs in cells that fail to repair irradiation-induced DNA damage (Zhou and Sausville, 2003; Nakanishi et al., 2009), peaks within 24 h (Fig. 3). Both cell cycle arrest and death of progenitors likely contribute to the transient interruption in supply of new taste cells (Fig. 4), but this death in cells is not apparent until several days later, when differentiated taste cells are reduced (Fig. 5). In sum, irradiation targets primarily the progenitor pool, which results in a transient but delayed reduction in functional taste cells, as aged taste cells are naturally lost, but are not immediately replaced (Fig. 7).

Following irradiation-induced arrest, proliferation resumes with an accelerated and/or synchronized cell cycle

Tissue-level responses to ionizing radiation depend on the rate of cell renewal (Etoh et al., 1977; Morris, 1996; Wilson, 2007). In

human skin, with a 26–75 d turnover, proliferation lags for 4 weeks following radiation, whereas in mouse lip epithelium, which renews in 2–3 d, proliferative arrest lasts 1–2 d (Dörr et al., 1994; Wardley et al., 1998; Potten et al., 2002;). Taste cells renew every 10–14 d (Beidler and Smallman, 1965; Farbman, 1980), a rate congruent with our finding of an intermediate time frame for cell cycle arrest in taste epithelium, i.e., 4–5 d.

When proliferation resumes in irradiated taste epithelium, the proportion of cells in S and M phase increases to levels significantly higher than controls. Similarly, higher proportions of S and M phase cells are observed during regeneration of other tissues following irradiation (Morris, 1996; Dörr et al., 2000). If the regenerative response of taste epithelium is similar to that of other tissues, then increased S and M phase basal cells is due either to production of additional taste bud stem cells (tbSCs) via symmetric divisions, genesis of synchronized transit amplifying cells (TACs) from tbSCs (Lehner et al., 1998), and/or a shortened cell cycle for TACs (Kavanagh et al., 1995; Dörr, 2003; Ristic-Fira et al., 2007). Distinguishing between these mechanisms, however, is not yet possible, as to date, there are no molecular or functional markers that discriminate tbSCs from TACs (Okubo et al., 2009). Nonetheless, we conclude that proliferation of taste progenitors in general is enhanced during regeneration following damage.

Taste loss is likely due to interruption in delivery of new taste cells combined with continuing natural taste cell loss

Several models have been proposed to account for taste dysfunction following radiotherapy. Irradiation may damage nerve fibers that innervate taste buds, causing taste cell death indirectly (Conger and Wells, 1969; Nelson, 1998), as maintenance of mature taste cells requires nerve contact (Sollars et al., 2002; Miura et al., 2004; Oakley and Witt, 2004). However, at least when examined grossly at the light microscopic level, taste bud innervation appears unperturbed (Conger and Wells, 1969; Yamazaki et al., 2009). Additionally, radiation damage of salivary glands leads to severe hyposalivation, which may contribute to lessened taste acuity (de Graeff et al., 2000; Chambers et al., 2004). However, deficient salivary function is likely not a major driver of taste loss, as taste and salivary gland symptoms vary independently (Porter et al., 2010). In oral mucosa in general (Dörr and Weber-Frisch, 1995; Wardley et al., 1998; Potten et al., 2002), and now specifically in taste epithelium, irradiation targets proliferating cells, resulting in an insufficient supply of new cells to the epithelium and taste buds, respectively. We find that two specific taste cell types are reduced 7 d after irradiation: type II cells, which transduce sweet, bitter, and umami (Adler et al., 2000; Nelson et al., 2001; Zhang et al., 2003), and type III cells, which mediate sour (Huang et al., 2006) and synapses with taste afferents (Chaudhari and Roper, 2010). The timing for loss of taste cells is broadly

congruent with the onset of functional taste loss in patients, which is first observed after 1 week of radiotherapy (Mossman and Henkin, 1978), with more broad taste dysfunction in patients by the third or fourth weeks (Ruo Redda and Allis, 2006; Yamashita et al., 2006, 2009; Epstein and Barasch, 2010). In rodent models, changes in sucrose and sodium taste behavioral preferences are also detectable in the first and second weeks following radiation (Nelson, 1998; Yamazaki et al., 2009). However, these studies each entailed delivery of 15–17 Gy to the head, which can cause widespread tissue damage; thus, in addition to targeting mitotic progenitors, postmitotic taste cells may also have been damaged directly (Shatzman and Mossman, 1982; Urek et al., 2005; Fig. 1 in Yamazaki et al., 2009).

Following radiation, tissues typically recover at a pace consistent with the proliferative characteristics of the tissue (Wilson, 2007). For example, regeneration of ventral tongue epithelium following radiation is complete within 15 d (Dörr and Kummermehr, 1991). Similarly, in taste epithelium, the influx of new cells into taste buds recovers to control levels 1 week after irradiation, and the numbers of type III and II taste cells return to control levels by 10 and 14 dpi, respectively. How does this time frame compare with the timing of taste cell differentiation from the progenitor pool?

Following the last division within the progenitor domain, postmitotic precursors enter taste buds within 12–24 h (Miura et al., 2006; Asano-Miyoshi et al., 2008; Nguyen and Barlow, 2010), and differentiation of type II taste cells is complete between 3 and 6 d of birth (Cho et al., 1998; Oike et al., 2006); in contrast, little is known of the rate of renewal for cell types I and III. Assuming, however, that each cell lives 10–14 d (Beidler and Smallman, 1965; Farbman, 1980), and taste buds in mice comprise ~60 cells (Ma et al., 2007), then 4–6 new cells must be both added and lost each day to maintain taste cell complement. Thus, when the supply of new cells is interrupted for 3–4 d by radiation (Fig. 7, blue box), the first loss of differentiated cells is not detected until oldest taste cells (born before irradiation) die on their normal schedule (Zeng and Oakley, 1999; Zeng et al., 2000), while cells that should have replaced them fail to do so (Fig. 7, gray box). By 14 dpi, the new cells generated during the regeneration phase (5–7 dpi) have differentiated, hence returning taste buds to their full cell complement (Fig. 7, pink box). We also observed a significant but smaller effect on type III cells. The time needed for differentiation, as well as the lifespan, of type III cells have not been defined. Nonetheless, reduction in type III cells at 7 dpi is consistent with a 3–6 d requirement for differentiation.

Unexpectedly, an apparent second wave of type II, but not type III, taste cell loss was detected at 21 dpi (Fig. 7, circle around type II data points at 21 dpi). One possibility is that if type II cells live 10–14 d, then a synchronous pulse of new cells into taste buds at 6–8 dpi (Fig. 6) would lead to synchronous death of naturally aged type II cells at 21 dpi. Is this late loss of type II, but not type III, cells due to different cell type-specific longevities? For example, if type III cells renew more slowly than type II cells, as has been suggested (Farbman, 1980), but are likewise synchronously generated during regeneration following irradiation, we would predict a second wave of type III cell loss at a later time point following initial recovery. These hypotheses, however, remain to be tested.

Fractional dose radiotherapy likely amplifies the effects of irradiation on taste cell renewal

Fractionated radiotherapies are used uniformly to treat head and neck cancer. Typically 60–70 Gy are given >6–8 weeks, at 1.8–2

Gy per day (Sandow et al., 2006; Kamprad et al., 2008). As a result of treatment, 90% of patients experience taste loss, and while taste function typically recovers, it can take months or years (Conger, 1973; Mossman, 1986; Maes et al., 2002; Shi et al., 2004). We propose that the primary impact of low-dose radiation exposure is on taste progenitors, and this damage response is compounded by daily radiotherapy. We hypothesize that repeated daily radiation results in activation, and therefore damage, of progressively more taste progenitor cells, and this both transiently accelerates and ultimately suppresses regeneration of taste epithelium. Eventually, fractional radiotherapy will lead to the death of most or even all taste progenitor cells, providing an explanation for why recovery of taste function following radiotherapy is slow, ranging from several months to several years, or can be permanent for head and neck cancer patients.

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