

## Human mitotic chromosomes consist predominantly of irregularly folded nucleosome fibres without a 30-nm chromatin structure

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How a long strand of genomic DNA is compacted into a mitotic chromosome remains one of the basic questions in biology. The nucleosome fibre, in which DNA is wrapped around core histones, has long been assumed to be folded into a 30-nm chromatin fibre and further hierarchical regular structures to form mitotic chromosomes, although the actual existence of these regular structures is controversial. Here, we show that human mitotic HeLa chromosomes are mainly composed of irregularly folded nucleosome fibres rather than 30-nm chromatin fibres. Our comprehensive and quantitative study using cryoelectron microscopy and synchrotron X-ray scattering resolved the long-standing contradictions regarding the existence of 30-nm chromatin structures and detected no regular structure >11 nm. Our finding suggests that the mitotic chromosome consists of irregularly arranged nucleosome fibres, with a fractal nature, which permits a more dynamic and flexible genome organization than would be allowed by static regular structures.

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## Introduction

During eukaryotic cell division, mitotic chromosomes are formed to ensure the faithful transmission of replicated genomic DNA into two daughter cells (Alberts *et al*, 2007).

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A long strand of DNA is wrapped around core histones to form a nucleosome structure like 'beads on a string' (Kornberg and Lorch, 1999). It has long been assumed that this nucleosome fibre is folded into 30-nm chromatin fibres (Alberts *et al*, 2007) and that condensins are involved in further regular chromatin folding (Swedlow and Hirano, 2003; Kireeva *et al*, 2004), although the folding processes remain unclear (Hirano, 2006; Tremethick, 2007; Maeshima and Eltsov, 2008; Ohta *et al*, 2010).

Several models of chromatin fibres have been proposed, the diameters of which are around 30 nm (Finch and Klug, 1976; Schalch *et al*, 2005; Robinson *et al*, 2006). Extensive data based on biochemistry, conventional electron microscopy (EM) and small-angle X-ray scattering (SAXS) support various 30-nm chromatin fibre structures (Finch and Klug, 1976; Langmore and Paulson, 1983; Woodcock *et al*, 1984; Widom and Klug, 1985; Bordas *et al*, 1986; Gilbert *et al*, 2004; Schalch *et al*, 2005; Robinson *et al*, 2006). However, cryo-EM studies have demonstrated 30-nm chromatin fibre structures in only a few highly specialized cell types (Woodcock, 1994), and cryo-EM data have argued strongly against the existence of 30-nm chromatin structures in mitotic chromosomes *in situ* (McDowall *et al*, 1986; Eltsov *et al*, 2008; Maeshima and Eltsov, 2008).

To resolve these long-standing discrepancies, we performed a comprehensive and quantitative investigation of the mitotic chromosome structure using cryo-EM, SAXS and ultra-SAXS (USAXS). SAXS analysis detects periodic structures in biological materials in solution. Cryo-EM allows one to observe biological samples in a frozen hydrated state, although conventional EM can observe only fixed and dehydrated samples, which can produce various potential artefacts (Dubochet and Sartori Blanc, 2001; Maeshima et al, 2010b). Our data demonstrate that the 30-nm structures observed in SAXS studies are due to contamination by regularly spaced ribosome aggregates and do not originate from the chromosomes themselves. Also, no regular periodic structure >11 nm was detected within a range extending up to the diameter of whole chromosomes. We suggest that the mitotic chromosome consists of irregularly arranged nucleosome fibres, with a fractal nature.

## Results

#### X-ray scattering profile of mitotic HeLa chromosomes

To explore possible periodic structures including 30-nm fibres in mitotic chromosomes, we performed SAXS measurements of mitotic HeLa chromosomes using the synchrotron X-ray source at SPring-8. As previous reports suggested that chicken erythrocyte nuclei, which are almost completely transcriptionally silenced, contain 30-nm chromatin fibres (Langmore and Schutt, 1980; Woodcock, 1994), these were used as positive controls in the present study.

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**Figure 1** SAXS profile of mitotic HeLa chromosomes. (**A**) A typical SAXS pattern of the chicken erythrocyte nuclei using the BL45XU beamline at SPring-8. In the plot of  $\log(I \times S^2)$  versus *S*, *I* is the measured average intensity and *S* is the size of the scattering vector, the inverse of the structure or spacing size (for details, see Materials and methods). Note that as size variations may exist in the structures, peaks in the measurements may also exhibit some variation. The chicken erythrocyte nuclei produced a sharp 30-nm peak (arrow). In addition, two peaks of ~ 11 and ~ 6 nm were prominent (brackets). (**B**) Dot-like 30-nm structures in the chicken erythrocyte nucleus were observed by cryo-EM (see also Supplementary Figure S1). Bar indicates 5  $\mu$ m. (**C**) High-resolution cryo-EM image of a chicken erythrocyte nucleus. Long and short bars indicate 200 and 30 nm, respectively. (**D**) Two types of nucleosome positioning: face-to-face, with ~ 6-nm spacing, and edge-to-edge, with (Figure 6A). The nucleosome model was taken from Davey *et al* (2002) (yellow, DNA; red, core histones). (**E**, **F**) Typical SAXS patterns of mitotic HeLa chromosomes. In (**E**), a SAXS scattering pattern covering larger angles is shown to reveal smaller structures. Three peaks at ~ 6, ~ 11 and ~ 30 nm were detected (arrows) (see also Supplementary Figure S2A and B).

**Table I** Comparison of the scattering profile between erythrocyte nuclei (Figure 1A), modelled 30-nm chromatin fibres (Figure 5A), mitotic HeLa chromosomes with ribosomes (Figure 3C) and mitotic HeLa chromosomes without ribosomes (Figure 3C)

	~30-nm Peak	$\sim$ 11-nm Peak	∼6-nm Peak
Erythrocyte nuclei (30-nm chromatin fibres)	+ + +	+ + +	+ + +
Single 30-nm chromatin fibre simulation (two-start)	ND	+ + + +	+ + +
Mitotic HeLa chromosomes (with ribosomes)	+ + +	+	+ + +
Mitotic HeLa chromosomes (without ribosomes)	_	+	+ + +

Relative peak intensity is represented as '+'. ND, not determined.



**Figure 2** Ribosome aggregates around chromosomes. (**A**) Cryo-EM image of the chromosome clusters (cross-sections). Many black dots were observed on the chromosome surface. Note that knife marks (thick arrow) and compression marks (thin arrow) were observed. Bars indicate 1 µm. An enlarged image of the region outlined with a box is depicted on the right. A black dot region is surrounded by a broken line (Ri). A chromosome part is marked as 'Xs'. Long and short bars indicate 0.5 µm and 30 nm, respectively. (**B**) Immunostaining with anti-P antibody against a ribosomal component suggested that the peripheral black dots were ribosome aggregates (Uchiumi *et al*, 1990). DNA (DAPI), a ribosome and merged images of two chromosome clusters are shown. Bar indicates 10 µm (see also (**D**) and Supplementary Figure S3). (**C**) Power spectrum (Fourier transform) analyses of the aggregated regions, the chromosome regions and whole cryo-EM images. A 30-nm peak (arrow) was seen in the aggregated region (green dots) and whole images (blue dots). (**D**) Ribosome removal was verified by western blotting (Uchiumi *et al*, 1990).

In SAXS measurements, membranous structures, including small vesicles, generate scattering maxima at 30-40 nm that add a great deal of 'noise' to the signal; therefore, mitotic HeLa chromosomes and chicken erythrocyte nuclei were isolated in physiological salt buffer from mitotic HeLa cells and chicken erythrocytes, respectively (Langmore and Schutt, 1980; Langmore and Paulson, 1983; Maeshima et al. 2005). We did not carry out any chemical fixation or alcohol dehydration, which are common in conventional EM sample processing, to avoid possible artefacts caused by such treatments (Dubochet and Sartori Blanc, 2001; Maeshima et al, 2010b). The samples were placed in a quartz glass capillary and exposed to an X-ray beam for 1s, during which the scattering patterns were recorded. Several sequential exposures to the X-ray beam did not change the profile of the scattering pattern (Maeshima, unpublished data), confirming that no significant radiation damage to the chromatin structure had occurred.

SAXS analysis of the erythrocyte nuclei revealed a sharp 30-nm peak and two prominent peaks at ~11 and ~6 nm (Figure 1A; Table I). We also detected apparent 30-nm structures in the chicken erythrocyte nuclei by cryo-EM (Figure 1B and C), and a further power spectrum analysis of the chromatin regions revealed periodic structures (Supplementary Figure S1). These results were consistent with those of previous reports (Langmore and Schutt, 1980; Woodcock, 1994). Therefore, we concluded that we should see 30-nm structures by SAXS and cryo-EM if they indeed exist.

We next focused on the mitotic HeLa chromosomes. Almost 30 years ago, Langmore and Paulson (1983) reported SAXS peaks at  $\sim 30$ ,  $\sim 11$  and  $\sim 6$  nm in the mitotic chromosomes. They concluded that the 6- and 11-nm peaks were derived from the positioning of nucleosomes on their flat faces and from edge-to-edge positioning, respectively (Figure 1D) (Langmore and Paulson, 1983). These authors also suggested that the 30-nm peak represented the side-by-side



**Figure 3** The 30-nm peak on the SAXS profile was derived from ribosome aggregates. (A) Removal of ribosome aggregates. Isolated chromosomes were washed in buffer A (polyamine + EDTA) (Lewis and Laemmli, 1982; Paulson and Langmore, 1983; Maeshima and Laemmli, 2003) and then returned to IB containing 5 mM Mg<sup>2+</sup> (Paulson and Langmore, 1983). Cryo-EM showed that this treatment removed most of the aggregates. Note that knife marks (arrow) were observed. Bar indicates 1  $\mu$ m. The inset shows an enlarged image. Long and short bars indicate 0.5  $\mu$ m and 30 nm, respectively. (B) Power spectrum (Fourier transform) analysis of cryo-EM images after removal of ribosome aggregates. Neither whole images (blue dots) nor chromosome regions (red dots) showed a peak at ~ 30 nm (arrow). (C) In SAXS analysis, only the 30-nm peak disappeared after removal of ribosome aggregates (upper), whereas the other peaks remained. For comparison, Figure 1E is reproduced (lower). (D) A ribosomal fraction from *Xenopus* egg extracts (kindly provided by Dr T Hirano, RIKEN) produced a 30-nm peak (arrow) on SAXS. (E) Model explaining the results: the 30-nm peak in SAXS comes from regularly spaced aggregates of ribosomes, and not from the chromosomes themselves.

packing of 30-nm chromatin fibres, which has long been regarded as strong evidence for the existence of these fibres in chromosomes. Consistent with their data, we detected peaks at ~30, ~11 and ~6 nm as shown in Figure 1E and F that show the peaks in the larger structures more clearly. In contrast to the erythrocyte nuclei, the ~6-nm peak was prominent, whereas the ~11-nm peak was rather faint (see also Supplementary Figure S2A and B and Table I).

# The 30-nm SAXS peak originates from ribosome aggregations

Although we successfully reproduced the earlier SAXS findings (Figure 1E and F; Supplementary Figure S2A and B), in a previous cryo-EM study, we found no evidence of 30-nm structures in mitotic chromosomes (Eltsov *et al*, 2008; Maeshima and Eltsov, 2008), indicating a striking inconsistency between the two techniques. To identify the source of



**Figure 4** Mitotic chromosomes lack notable higher-order structures. (**A**) Experimental setup of USAXS using the BL29XUL beamline at SPring-8 (for details, see Materials and methods). This system accomplished efficient USAXS measurements using a compact apparatus. (**B**) USAXS study of latex particles with diameters of ~1000 nm showed clear fringes over a wide range (~50-1000 nm). The profile is plotted as  $\log(I)$  versus  $\log(S)$ . (**C**) A computer simulation of latex particles with diameters of ~1000 nm produced a pattern highly similar to that measured. (**D**) By USAXS, no notable structures around 100–150 or 200–250 nm were detected (see also Supplementary Figure S5A). (**E**) The scattering intensity obeyed the power law with respect to structure size and spacing. To determine the nature of the structure at sizes over 11 nm, the logarithm of the scattering intensity (*I*) and size of the scattering vector (*S*) were taken from the data in (**D**) (Schmidt, 1989). A plot of log (*I*) versus log (*S*) on a straight line (red line) covered a wide range, extending over nearly four orders of magnitude. Least-squares fitting showed that *I* is proportional to *S* to the power of -3.12 (R = 0.990) (Schmidt, 1989), suggesting that chromosomes do not possess notable regular structures over a very wide scale and exhibit a fractal nature of genome organization (see also Supplementary Figure S5B).

the 30-nm SAXS peak, we examined isolated chromosome samples by cryo-EM (Figure 2A) using the chromosome isolation procedure of Langmore and Paulson (1983). Unexpectedly, we observed extensive aggregates of electrondense granules attached to the chromosome surface (chromosome region:aggregate region = 1:0.35) (Figure 2A). Based on their size, these granules were very likely to be ribosomes; to further test this suggestion, we performed immunostaining (Figure 2B; Supplementary Figure S3) and western blotting (Figure 2D) (Uchiumi *et al*, 1990).

The ribosome particles in the aggregates seemed to be regularly spaced (Figure 2A). To detect the periodicity on the cryo-EM images, we performed power spectra (Fourier transform) analyses. When the chromosome regions were selectively analysed, we did not detect a 30-nm peak, consistent with our previous finding (Eltsov *et al*, 2008). However, the ribosome aggregates showed a prominent  $\sim$  30-nm peak (Figure 2C). The 30-nm signal from the ribosome region was so strong that the whole image still produced a notable 30-nm peak (Figure 2C). This result suggested that the 30-nm peak in SAXS resulted from ribosome aggregates (Figure 2C).

To further test whether the ribosome aggregates were responsible for the 30-nm SAXS peak, we removed them by washing the chromosomes with an isotonic buffer containing polyamine and EDTA (buffer A) (Lewis and Laemmli, 1982; Paulson and Langmore, 1983; Maeshima and Laemmli, 2003). This buffer maintains the size and shape of chromosomes



Figure 5 Chromosome structure model. (A) Chromosomes consist essentially of irregularly folded nucleosome (beads on a string) fibres. Condensins (blue) hold the nucleosome fibres (red) globally around the chromosome centre. Locally, the nucleosome fibre is folded in an irregular or disordered manner, forming loop structures that are collapsed towards the chromosome centre (blue). The collapsed fibre (red) forms a domain that could be compatible with the large module observed by the Belmont group (Strukov et al, 2003). (B) Dynamic melted nucleosome. Under dilute conditions with low nucleosome fibre and cation concentrations, nucleosome fibres can form 30-nm chromatin fibres via intrafibre nucleosome associations. An increase in fibre concentration, as a consequence of an increase in cation concentration and/or a molecular crowding effect, results in inter-fibre nucleosomal contacts that interfere with intra-fibre nucleosomal associations. Nucleosomes of adjacent fibres interdigitate, leading to a polymer melt-like structure. Note that in these illustrations, we show a highly simplified two-dimensional nucleosome model, which does not show the details of chromatin fractal organization.

(Supplementary Figure S4). The preparation was then resuspended in the original isolation buffer (IB) (Langmore and Paulson, 1983). This treatment removed most of the ribosome aggregates from the chromosome surfaces (Figure 3A), consistent with our biochemical data (Figure 2D). As expected, the 30-nm peak in the power spectra and SAXS pattern disappeared almost completely (Figure 3B and C). The remaining peaks at larger angles, which came mainly from the internal structures of the nucleosomes, were unchanged (Figure 3C). Indeed, a ribosome fraction from Xenopus egg extracts produced a sharp peak around 30 nm (Figure 3D). Our results clearly indicated that the 30-nm peak in SAXS was derived from aggregates of ribosomes and not from the chromosomes themselves (Figure 3E). Therefore, we concluded that almost no 30-nm chromatin structures exist in mitotic chromosomes.



**Figure 6** Computer simulation of two 30-nm chromatin fibre models. (**A**) Two well-known structural models of 30-nm chromatin fibres: the one-start helix (solenoid, left) and two-start helix (zigzag ribbon, right). Their atomic coordinate models (kindly provided by Dr D Rhodes, LMB, UK) are shown (Schalch *et al*, 2005; Robinson and Rhodes, 2006). The drawings were generated using MOLSCRIPT (Kraulis, 1991). (**B**) Based on the atomic model, the scattering profiles obtained with the one-start helix (red line) and two-start helix (blue line) were computationally simulated (for details, see Materials and methods). As the scattering was obtained from a single 30-nm chromatin fibre model shown in (**A**), the 30-nm peak was not shown. Two peaks of ~11 and ~6 nm were prominent (brackets) in the two-start model (blue line) and the chicken erythrocyte nuclei (cyan line). Note that the simulated scattering profile of the two-start helix (blue line) seemed to be qualitatively similar to that of chicken erythrocyte nuclei (cyan line).

# A fractal nature of mitotic chromosomes revealed by USAXS

Although to date, no 30-nm chromatin structure has been detected, the question remains whether any larger regular structures exist in the mitotic chromosomes. To address the challenge of investigating an entire chromosomal region by X-ray scattering, we developed a new instrument for USAXS at SPring-8. Figure 4A shows a schematic representation of the experimental setup. We examined the performance of this instrument using  $\sim$ 1000-nm latex particles as a control, which produced a pattern of fringes in the range of  $\sim 50-$ 1000 nm (Figure 4B). These fringes and their slopes were almost identical to those of the computationally simulated scattering pattern (Figure 4C), verifying that the entire chromosome diameter could be covered with this instrument. By USAXS measurement, we did not detect notable regular structures in mitotic chromosomes in the range of  $\sim 50-$ 1000 nm (Figure 4D; Supplementary Figure S5A). Importantly, we found that the scattering pattern of chromosomes followed the power law relationship between scattering



**Figure 7** Computer simulation of 'loose' 30-nm fibre bundles with size and torsional variations. (**A**) Compact bundles of 30-nm fibres, with variations in their diameter ( $\pm 15\%$ ) and torsion ( $\pm 15\%$ ), were computationally modelled (for details, see Materials and methods). The upper image is the top view, and the bottom is the side view. (**B**) The modelled 30-nm fibre bundles produced a peak at  $\sim 30$  nm (for details, see Materials and methods).

intensity and scattering vector (the inverse of structure size) over a very wide range (Figure 4E; Supplementary Figure S5B) (Schmidt, 1989). This scattering property suggested irregular folding of nucleosome fibres, with a fractal nature.

## Discussion

In the present study, to complement the structural information obtained by cryo-EM, we exploited the highly penetrative power of X-rays to explore the bulk structure of mitotic chromosomes in solution over a wide range (from nanometres to micrometres). Combining our cryo-EM, SAXS and USAXS results yielded 6- and 11-nm peaks but none > 11 nm, demonstrating that chromosomes do not have notable regular structures on a chromosome-diameter scale. We suggest that the organization of mitotic chromosomes is irregular arrangements of the nucleosome (beads on a string) fibre, with a fractal nature (Figure 5A). This notion may be compatible with two recently proposed fractal organization models of interphase nuclei (Bancaud et al, 2009; Lieberman-Aiden et al, 2009; see also Takahashi, 1989). Although these three models came from different aspects (different procedures and cell-cycle phases) and their direct comparison is difficult, we consider that the evidence obtained from the different angles would strengthen the fractal concept.

In the control study, we observed a 30-nm chromatin structure in chicken erythrocyte nuclei by SAXS and cryo-EM. The erythrocyte nuclei did not contain detectable ribosomes (Supplementary Figure S6). In the 30-nm chromatin fibre, intra-fibre nucleosomal association was dominant (Figure 5B). Considering the structural model in Figure 6A (Schalch *et al*, 2005; Robinson and Rhodes, 2006), formation of the 30-nm chromatin fibre requires that the frequencies of face-to-face (~6-nm peak) and edge-to-edge (~11-nm peak) positioning should be similar (Table I). Here, note that edgeto-edge spacing likely corresponds to the helical pitch in the 30-nm chromatin fibre. Consistent with this notion, SAXS analysis of erythrocyte nuclei showed two prominent peaks of ~11 and ~6 nm (Figure 1A; Table I). This profile seemed to be similar to the simulated scattering profile based on the two-start helix 30-nm chromatin model (Schalch *et al*, 2005) (Figure 6B; Table I). In agreement with a recent cryo-EM study (Scheffer *et al*, 2011), this finding suggested that the nuclear organization of chromatin in chicken erythrocytes could be explained by a two-start helix 30-nm chromatin fibre. Formation of 30-nm chromatin fibres in these silenced nuclei may be a rare case involving histone modifications and/or specific protein binding for robust silencing (Thomas, 1984; Grigoryev and Woodcock, 1993; Kizilyaprak *et al*, 2011; Kowalski and Palyga, 2011).

In compact native chromosomes, inter-fibre nucleosome associations become increasingly dominant (Figure 5B) (Eltsov *et al*, 2008; Maeshima *et al*, 2010a). Nucleosome fibres are highly interdigitated, such that they are prevented from forming 30-nm chromatin fibres, leading to irregular folding of the nucleosome fibres (polymer melt-like structure) (Figure 5A and B) (Eltsov *et al*, 2008; Maeshima *et al*, 2010a). The scattering profile of mitotic chromosomes shows that the  $\sim$ 6-nm peak (face-to-face positioning) predominates over the  $\sim$ 11-nm peak (edge-to-edge positioning) (Figure 3C, upper; Table I). As formation of the 30-nm chromatin fibre requires similar frequencies of face-to-face ( $\sim$ 6-nm peak) and edge-to-edge ( $\sim$ 11-nm peak) positioning (Table I), Figure 3C (upper) again supports the near absence of regular 30-nm chromatin fibres from chromosomes.

For our structural study, we assumed highly 'regular' 30-nm chromatin fibres. However, natively assembled chromatin is likely to have defects: for example, missing nucleosomes, variations in linker length and variations in posttranslational modifications. Although we cannot exclude the possibility that 'loose' 30-nm chromatin fibres may exist in mitotic chromosomes, we consider it unlikely, at least in the majority of chromosomes, because our computer simulation demonstrated that bundles of loose 30-nm fibres with variations in their diameters ( $\pm 15\%$ ) and torsions ( $\pm 15\%$ ) can still produce a sharp 30-nm peak by scattering (Figure 7; for details see Materials and methods). In addition, Diesinger and Heermann (2009) reported that defects, such as missing nucleosomes, can easily disrupt 30-nm chromatin fibres.

We suggest that the organization of mitotic chromosomes involves irregular arrangements of nucleosome fibres (Figure 5A). One possible explanation why the nucleosome fibre is organized globally into a 'rod shape' (e.g., mitotic chromosome) rather than a 'sphere' is as follows. As condensin, which is essential for chromosome condensation (Hirano, 2006), forms an axis in the chromosome (Laemmli et al, 1978; Maeshima and Laemmli, 2003; Swedlow and Hirano, 2003; Ono et al, 2004; Hirota et al, 2004), it holds the nucleosome fibres globally around the chromosomal centre. If condensins bind to specific sites on the genome, forming loops that are able to interact with one another, then selfassembled axial structures will be formed (Laemmli et al, 1978). Alternatively, the formation of regular loops could be sufficient to generate a rod shape, as the loops would repel one another due to entropic effects (Marko and Siggia, 1997; Kleckner et al, 2004). The chromosome would then acquire a reproducible rod shape. The loops are collapsed and irregularly folded to make a domain (red line in Figure 5A) that may be compatible with the large module observed by the Belmont group (Strukov et al, 2003).

Irregular folding predicts an increase in the dynamics and flexibility of the nucleosome fibre (Eltsov et al, 2008; Maeshima et al, 2010a), as small objects such as nucleosomes have fewer physical constraints than larger regular structures, such as 30-nm chromatin fibres. These properties of the nucleosome fibre could act as a physical driving force in chromosome assembly. We and also Fussner et al (2011) have postulated that a similar irregular folding state exists in the majority of active interphase nuclei (Maeshima et al, 2010a). In contrast to the regular folding of classical models, irregular folding implies a high degree of DNA accessibility and may have several advantages in template-directed biological processes in interphase nuclei, including RNA transcription and DNA replication, repair and recombination. For example, in transcriptional regulation, the dynamic movement of nucleosome fibres will help with the targeting of transcription complexes because target sequences are more often exposed, while regular folding structures such as 30-nm chromatin fibres can hide target sequences. Dynamic irregular folding can also easily form loops, prompting promoter and enhancer interactions.

### Materials and methods

HeLa-chromosome preparation and immunofluorescence study Mitotic chromosomes were isolated from HeLa cells essentially as described previously (Langmore and Paulson, 1983; Maeshima and Laemmli, 2003; Maeshima et al, 2005). To avoid the effects of prolonged mitotic arrest with nocodazole, a brief (2h) treatment with the drug followed by mitotic shake-off was also used to collect mitotic HeLa cells. To resolve the long-standing discrepancies between cryo-EM and SAXS, the SAXS protocol of Langmore and Paulson (1983) was reproduced exactly (Paulson and Langmore, 1983). Isolated chromosomes were placed in IB (10 mM HEPES-KOH (pH 7.5), 10 mM NaCl, 5 mM MgCl<sub>2</sub>, 0.1 mM phenylmethylsulphonyl fluoride (PMSF) and 0.1% NP40) and subjected to SAXS measurements. Isolated chromosomes maintained under more physiological conditions (10 mM HEPES-KOH (pH 7.5), 100 mM NaCl, 5 mM MgCl<sub>2</sub>, 0.1 mM PMSF and 0.1% NP40) produced a similar scattering profile with the same three peaks (Supplementary Figure S2A and B). To remove ribosome aggregates from chromosome surfaces, isolated chromosomes were suspended briefly in buffer A (15 mM Tris-HCl (pH 7.5), 80 mM KCl, 2 mM EDTA, 2 mM spermine, 5 mM spermidine, 0.1 mM PMSF and 0.05% digitonin), then centrifuged and resuspended in IB for measurement. Langmore and Paulson (1983) tested several conditions (Paulson and Langmore, 1983). We were able to consistently reproduce their SAXS profiles (e.g., Supplementary Figure S2A and B; other conditions are not shown). Chicken erythrocyte nuclei were prepared and measured as described by Langmore and Schutt (1980). Ribosome fractions were isolated from Xenopus egg extracts by ultracentrifugation (kindly provided by Dr T Hirano, RIKEN).

For immunofluorescence, isolated chromosomes were suspended in HMK buffer (10 mM HEPES-KOH (pH 7.4), 1 mM MgCl<sub>2</sub> and 100 mM KCl), attached to poly-L-lysine-coated coverslips by centrifugation at 400 g for 5 min, and fixed in HMK buffer including 1% formaldehyde. Immunofluorescence was performed as described by Maeshima *et al* (2006, 2010c). Image stacks were recorded with a DeltaVision microscope (Applied Precision) using a step size of  $0.2 \,\mu\text{m}$  with a  $\times 100/1.40$  UPlanSApo objective (Olympus) and deconvolved.

#### SAXS and USAXS experiments

SAXS and USAXS experiments were performed at SPring-8 using the BL45XU and BL29XUL beamlines, respectively. Following the approach of Langmore and Paulson (1983) (Paulson and Langmore, 1983), most of the SAXS and USAXS data in this paper are shown as plots of  $\log(I \times S^2)$  versus *S*, obtained after subtracting buffer scattering. Here, *I* and *S* are the average intensity and size of the scattering vector, respectively.  $I \times S^2$  gives the true relative strength (power) of the structural periodicities in the samples. An arbitrary

periodicity of *D* nm in the object gives rise to a peak in the X-ray scattering at a reciprocal distance (1/D) nm<sup>-1</sup>. Thus, '30-nm peak' refers to a scattering peak at S = 0.033 nm<sup>-1</sup>. The data were averaged within concentric annuli of different radii about the experimental centre to yield the average intensity *I* as a function of *S*.

BL45XU was set up for the SAXS experiment as follows (Fujisawa *et al*, 2000). The X-ray wavelength and sample-to-detector distances were 0.9 Å (13.8 keV) and 2.1 m (Figures 1A and E and 3C and D) or 3.6 m (Figure 1F; Supplementary Figure S2A and B), respectively. HeLa-chromosome samples were collected in quartz glass capillaries (2 mm in diameter; Tohso) by gentle centrifugation, and the chromosome regions were exposed to the X-ray beam for 1 s. Scattering data for the chromosome samples and buffer were collected at room temperature using an imaging plate system (R-AXIS IV++; Rigaku) (Figures 1A and E and 3C and D) or a cooled charge-coupled device (CCD) equipped with an X-ray image intensifier (Fujisawa *et al*, 2000) (Figure 1F; Supplementary Figure S2A and B).

For USAXS measurements, a coherent X-ray diffraction instrument (Nishino *et al*, 2009a, b) was used for high-quality data acquisition in the ultrasmall-angle region. Figure 4A shows the experimental setup. A monochromatic 8 keV X-ray beam illuminated the HeLa-chromosome pellet through a 20-µm pinhole. As described above, the chromosome pellets were formed in quartz glass capillaries (1 mm in diameter; Tohso), which were then sealed with epoxy resin (Araldite; KONISHI). The chromosome regions in the capillary were exposed to the X-ray beam for 10 s to obtain small-angle data, and for 100 s to obtain large-angle data. Small-angle scattering from the sample was recorded with a direct-illumination CCD detector 1.95 m downstream of the sample. To remove parasitic scattering from the pinhole, the instrument was equipped with two L-shaped guard slits and a beamstop to block the quadrant area of the CCD detector. The entire instrument, including the chromosome samples, was maintained in a vacuum to avoid air scattering noise.

#### Cryo-EM and image analysis

Chromosome freezing and cryosectioning were performed essentially as described previously (Eltsov et al, 2008). Chromosome suspensions were transferred into gold-plated copper carriers with a 0.1-mm indentation (Engineering Office M Wohlwend GmbH) and cryo-fixed using a HPM010 high-pressure freezer (Boeckeler Instruments). Vitreous sections were collected on C-flat grids (Protochips) or Lacey Carbon Grids (Polysciences) using a charging device (Haug Static Control Products). Grids with the cryosections were mounted on a Gatan 626 cryoholder (Gatan), and the samples were observed using a CM 100 transmission electron microscope (FEI). Vitreous sections with minimal cutting distortion were selected for image acquisition. Images of the chromosomes were recorded at 100 kV with a  $2 k \times 2 k$  TemCam-F224HD CCD camera (Tietz Video and Image Processing Systems). The contrast transfer function was corrected, and one-dimensional rotationally averaged power spectra of the images were calculated as described previously (Eltsov et al, 2008). The contrast transfer function was corrected by deconvolution using CTFMIX. Power spectra of individual images were calculated using SumPS (Conway and Steven, 1999) and averaged using KaleidaGraph 4.0 (Synergy Software).

## Computer simulation of latex particles and model scattering profiles

The USAXS scattering pattern of latex particles was simulated using the following equation:

$$I = \frac{16\pi^2(\sin(\pi SL) - \pi SL\,\cos(\pi SL))^2}{(\pi SL)^6}$$

where L is the diameter of a single latex particle. The distribution of the diameter was assumed to be Gaussian, with mean and standard deviation of 1010 and 10 nm, respectively (Figure 4C).

SAXS profiles of the interdigitated one-start helix model and two-start helical crossed-linker model were examined using a computer simulation based on their atomic coordinates (gifts from Dr Rhodes, LMB, UK). SAXS profiles of the two models were calculated with the following equation:

$$I = \sum_{i,j} f_i(S) f_j(S) \frac{\sin(2\pi S r_{ij})}{2\pi S r_{ij}},$$

where  $f_i(S)$  and  $r_{ij}$  are the form factor of the *i*th atom and the distance between the *i*th and *j*th atoms, respectively. Here, the summation was over non-hydrogen atoms in the model (Figure 6B).

## Computer simulation of an $\sim$ 30-nm fibre bundle and model scattering profiles

To confirm that the  $\sim$  30-nm fibre bundles produced the  $\sim$  30-nm peak, a computer simulation was performed (Figure 7B). In the simulation, finer structures (i.e., those below  $\sim$  30-nm resolution) were not considered. The  $\sim$  30-nm fibre bundle was modelled as follows. (i) A set of two-dimensional circles with a random Gaussian distribution of diameters with a peak  $\sim$  30 nm was generated. (ii) The spatial distribution of the circles was optimized using the simulatedannealing molecular dynamics (MD) simulation in two dimensions. (iii) From the set of circles, a bundle of fibres was generated in three dimensions. In this process, the height of the bundle was randomly determined, and all fibres were tilted slightly around the origin. The distributions of the height and tilt angles were Gaussian. (iv) Numerous pseudo-particles were generated randomly and uniformly inside each fibre at a density of  $\sim 0.01$  particles nm<sup>-3</sup>. The table below summarizes the modelling parameters. The spatial distribution of the pseudo-particles modelled above was then used to compute the SAXS pattern, *I*, with the following equation:

$$I = \exp(-4\pi^2 \sigma^2 S^2) \sum_{i,j} \frac{\sin(2\pi S r_{ij})}{2\pi S r_{ij}},$$

where  $r_{ij}$  is the distance between the *i*-th and *j*-th particles. Here, it was assumed that the electron density distribution of a pseudoparticle is Gaussian around the centre, with a standard deviation ( $\sigma$ ) of 3 nm. SAXS profiles for the 1000 bundles of ~30-nm fibres were simulated and averaged.

Parameters used in computer simulations:

	Mean value	s.d.
Fibre diameter	30 nm	4.5 nm
Number of fibres	200	14
Bundle height	400 nm	60 nm
Tilt angle around the origin	15°	2.25°

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#### Supplementary data

Supplementary data are available at *The EMBO Journal* Online (http://www.embojournal.org).

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Author contributions: KM designed the project. KI and KM performed the SAXS measurements at BL45 of SPring-8. ME performed the cryo-EM study and analysed the image data. YN developed the apparatus for USAXS. YN, YT, KI and KM performed the USAXS measurements at BL29 of SPring-8. YJ performed the computer simulation. YJ, KI and KM analysed the scattering data. HT, KM and SH performed the immunostaining experiment. YN and ME provided essential suggestions throughout the project. ASF, NI and TI provided advice and support on the project. KM wrote the manuscript.

## **Conflict of interest**

The authors declare that they have no conflict of interest.

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