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# Phosphorylation of GSK-3β mediates Intralipid-induced cardioprotection against Ischemia/Reperfusion injury

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### Abstract

**Background**—Intralipid, a brand name for the first safe fat emulsion for human use, has been shown to be cardioprotective. However, the mechanism of this protection is not known. Here we investigated the molecular mechanism(s) of Intralipid-induced cardioprotection against ischemia/ reperfusion injury, particularly the role of GSK-3 $\beta$  and mitochondiral permeability transition pore in this protective action.

**Methods**—In-vivo rat hearts or isolated Langendorff-perfused mouse hearts were subjected to ischemia followed by reperfusion with Intralipid (1% in ex-vivo and one bolus of 20% in in-vivo) or vehicle. The hemodynamic function, infarct size, threshold for the opening of mitochondiral permeability transition pore and phosphorylation levels of Akt/ERK/GSK-3 $\beta$  were measured.

**Results**—Administration of Intralipid at the onset of reperfusion resulted in ~70% reduction in infarct size in the *in-vivo* rat model. Intralipid also significantly improved functional recovery of isolated Langendorff-perfused mouse hearts as the rate pressure product was increased from 2999±863mmHg\*beats/min in control to 13676±611 mmHg\*beats/min (Mean±SEM) and the

Conflict of Interest: None

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infarct size was markedly smaller (18.3±2.4% vs. 54.8±2.9% in control, P<0.01). The Intralipidinduced cardioprotection was fully abolished by LY294002, a specific inhibitor of PI3K, but only partially by PD98059, a specific ERK inhibitor. Intralipid also increased the phosphorylation levels of Akt/ERK1/GSK-3 $\beta$  by 8, 3 and 9 fold, respectively. The opening of mitochondiral permeability transition pore was inhibited by Intralipid as calcium retention capacity was higher in Intralipid group (274.3±8.4nM/mg vs. 168.6±9.6nM/mg control).

**Conclusions**—Postischemic treatment with Intralipid inhibits the opening of mitochondiral permeability transition pore and protects the heart through GSK-3 $\beta$  via PI3K/Akt/ERK pathways.

### Introduction

Coronary heart disease remains the leading cause of morbidity and mortality in western countries. The best hope of salvaging viable myocardium after a coronary occlusion is by rapid reperfusion of the ischemic myocardium, either by thrombolysis or primary percutaneous coronary intervention<sup>1</sup>. Although reperfusion restores blood flow, oxygen, and nutrients to the cardiac muscle, it also has the potential to induce reperfusion injury. Postconditioning of the heart with brief episodes of reperfusion/occlusion at the onset of reflow has been shown to limit infarct size<sup>2;3</sup>. However, this approach is not practical for patients treated with thrombolytic agents and therefore a more generic pharmacological postconditioning is still needed. The ideal pharmacological candidates need to be safe and effective when administrated during the first few minutes of reperfusion by inducing cellular protection or enhancing myocardial tolerance to ischemia/reperfusion injury. Several drugs have yielded encouraging results in animals and a few have been tested in humans, however, none of these modalities have been widely accepted<sup>4–6</sup>.

Lipids and in particular polyunsaturated fatty acids (PUFAs) have received special cardiovascular research attention, as PUFA rich diets are associated with a decreased risk of coronary artery disease<sup>7;8</sup>. Acute application of PUFA to cardiomyocytes has also been shown to shorten action potential duration and this could be accounted for anti-arrhythmic mechanism of the PUFAs<sup>9</sup>. Intralipid, a brand name for the first safe fat emulsion for human use; Intralipid 20% is an emulsion of soy bean oil (20%), egg yolk phospholipids (1.2%) and glycerol (2.2%). Intralipid has been widely used in patients who need total parenteral nutrition and as a vehicle for different drugs like propofol. It has been shown recently that post-ischemic administration of Intralipid protects the isolated rat heart against ischemia/ reperfusion injury<sup>10</sup>. However, the molecular mechanism in which Intralipid mediates cardioprotection is completely unknown.

Here we found that post-ischemic administration of Intralipid protects the heart both in the *in-vivo* rat model as well as in isolated mouse hearts. We then investigated the mechanism of Intralipid-induced cardioprotection. Our data revealed that postischemic treatment of Intralipid inhibits the opening of the mitochondrial permeability transition pore (mPTP) and protects the heart by recruiting the reperfusion injury salvage kinases (RISK) pathway PI3K/ Akt/ERK1 leading to phosphorylation of GSK-3β.

### **Materials and Methods**

### Animals

Male Sprague-Dawley rats 250–300 g and male mice (C57BL/6) 2–3 months old were used. The investigation conformed to the Guide for the Care and Use of Laboratory Animals published by the United States National Institute of Health (NIH Publication No. 85–23, revised 1996). Animal protocol was approved Animal Research Committee, University of California, Los Angeles, California.

### Left anterior descending coronary artery occlusion and measurement of infarct size

Male Sprague-Dawley rats were anesthetized with ketamine (80 mg/kg i.p.) and xylazine (8 mg/kg i.p.). The rats were intubated and ventilated with a ventilator (CWE SAR-830/P). The hearts were exposed through a left thoracotomy in the fourth intercostal space. The pericardium was opened, and a 5.0 Prolene suture was tightened around the proximal left anterior descending coronary artery. Ischemia was confirmed by ST elevation in Electrocardiograph. The heart was subjected to 30 min of ischemia, following by 180 min of reperfusion, which was achieved by releasing the tension on the ligature. An Intralipid bolus (20%, 5ml/kg body weight) was applied via the femoral vein 5 minutes before reperfusion. Same volume of PBS was given in the control group (see Fig. 1A). At the end of the experiment, 2.5 ml of 1% Evans Blue dye was injected into the femoral vein and the myocardial ischemic area at risk (AAR) was identified as the region lacking blue staining. The ventricles of the hearts were sliced transversely into 2mm thick slices. The slices were incubated in 1% triphenyltetrazolium chloride (TTC) at 37°C for 15 min to identify the non-infarcted areas. The infarcted area was displayed as the area unstained by TTC. Infarct size was expressed as a percentage of the AAR.

#### Langendorff preparation

Mice were anesthetized by intraperitoneal injection of pentobarbital sodium (50 mg/kg) and heparin (200 IU/kg) was injected to prevent blood coagulation. The heart was quickly removed and perfused through the aorta in a Langendorff apparatus with Krebs Henseleit bicarbonate buffer solution (KH) (mM): glucose 11.1, NaCl 118, KCl 4.7, MgSO<sub>4</sub> 1.2, KH<sub>2</sub>PO<sub>4</sub> 1.2, NaHCO<sub>3</sub> 25.0, CaCl<sub>2</sub> 2 at pH 7.4 bubbled with 95% O<sub>2</sub>/5% CO<sub>2</sub> at 37 °C. Once the equilibration was achieved, the aorta was clamped for 20 min to induce global normothermic (37°C) ischemia (the heart was immersed in the 37°C Krebs solution during ischemia), followed by reperfusion with KH alone (control) or with additional 1% Intralipid. The duration of reperfusion was 40 min for heart functional measurements and 10 min for calcium retention capacity and signaling pathways.

### Heart functional measurements

A catheter (1.4F Millar SPR-671) connected to a pressure transducer (Power Lab, ADInstruments Inc. Colorado Springs, CO) was directly inserted into the left ventricle (LV) to measure left ventricular systolic pressure (LVSP), left ventricular end-diastolic pressure (LVEDP) and heart rate (HR). The (LVDP) was calculated as LVDP = LVSP-LVEDP and the rate pressure product (RPP) as RPP = HR×LVDP. The maximum rate of LV pressure rise of (dP/dt<sub>max</sub>) and decline (-dP/dt<sub>min</sub>) were directly calculated from the selected stable recordings.

### **Myocardial necrosis**

At the end of the reperfusion, the hearts were cut into four transverse slices and myocardial necrosis was assessed by measurement of the infarct size using triphenyltetrazolium chloride (TTC) staining<sup>11</sup>. Since the heart was immersed in the 37°C Krebs solution during ischemia, 40 min reperfusion was sufficient to induce necrosis in the mouse model as used by our group as well as other groups<sup>11;12</sup>. In fact, the size of necrosis was similar for reperfusion of 40 and 90 min (data not shown). The slices were fixed in 4% paraformaldehyde, and the area of necrosis was quantified by Photoshop and expressed as the percentage of total ventricular area.

### Ca<sup>2+</sup>-induced mitochondrial permeability transition

**2.5.1. Preparation of isolated mitochondria**—Mitochondria is prepared as previously described<sup>3</sup>. Briefly, myocardial sections of ex-vivo hearts reperfused for 10 min

(approximately 0.15–0.22 g) were placed in isolation buffer A containing (mM: 70 sucrose, 210 mannitol, 1 EDTA and 50 Tris-HCl, pH 7.4 at 4°C. The tissue was finely minced with scissors and homogenized in the same buffer A (1 ml buffer/0.1g of tissue) using Kontes and Potter-Elvehjem tissue grinders. The homogenate was centrifuged at 1,300 g for 3 min; the supernatant was filtered through a cheesecloth and centrifuged at 10,000 g for 10 min. The mitochondrial pellet was resuspended in isolation buffer B containing in mM 70 sucrose, 210 mannitol, 0.1 EDTA and 50 Tris-HCl, pH 7.4. Mitochondrial protein concentration was measured using the Bradford assay.

2.5.2. Calcium Retention Capacity (CRC)-The onset of the mPTP opening was assessed following *in-vitro* Ca<sup>2+</sup> overload as previously described.<sup>13</sup> Free Ca<sup>2+</sup> concentration outside the mitochondria was recorded with 0.5 µM calcium green-5N (Invitrogen, Carlsbad, CA) using excitation and emission wavelengths set at 500 and 530 nm, respectively. Isolated mitochondria (500 µg of protein) were suspended in 2 ml buffer C (mM, 150 sucrose, 50 KCl, 2 KH<sub>2</sub>PO<sub>4</sub>, 5 succinic acid and 20 Tris/HCl, pH 7.4). Samples were pre-incubated for 90 sec in the spectrofluorometer cuvette, and CaCl<sub>2</sub> pulses (2  $\mu$ l of 10 mM stock solution) were applied every 60 sec in the spectrofluorometer. The  $Ca^{2+}$  pulses induced a peak of extra-mitochondrial Ca<sup>2+</sup> concentration that returned to near-baseline level as  $Ca^{2+}$ entered the mitochondrial matrix via the  $Ca^{2+}$  uniporter. With increasing  $Ca^{2+}$ loading, the extra-mitochondrial Ca<sup>2+</sup> concentration started accumulating, reflecting a lower capacity for mitochondria Ca<sup>2+</sup> uptake, which was followed by a sustained Ca<sup>2+</sup> increase indicating a massive release of the mitochondria Ca<sup>2+</sup> by the mPTP opening. The Ca<sup>2+</sup> retention capacity (CRC) was defined as the amount of  $Ca^{2+}$  required to trigger this massive Ca<sup>2+</sup> release which was used here as an indicator of the mPTP sensitivity to Ca<sup>2+</sup>. CRC was expressed as µmolar of CaCl<sub>2</sub> per mg of mitochondrial protein.

#### Western Blot analysis

The entire *ex-vivo* hearts were used for making whole heart lysates, since in this model the whole heart is considered to be area at risk. Hearts were homogenized at 4°C in (mM): 150 NaCl, 50 Tris-HCl, 1 EGTA. 1 EDTA, 1 NaF, 1 PMSF, 1 Na<sub>3</sub>VO<sub>4</sub>, 1% NP-40, 0.1% SDS and 0.5% Sodium Deoxycholate (pH 7.4) supplemented with Protease and Phospatase Inhibitor cocktails (Roche, San Francisco, CA). The samples were centrifuged at 12,000 g for 10 min and the supernatants were collected. Protein concentration was measured and 100 µg of total protein was loaded on a 4–20% gradient Tris/HCl SDS polyacrylamide gel, electrotransferred to nitrocellulose paper, blocked with 5% nonfat dry milk in 20 mM of TBS with 0.1% Tween and 0.5% Triton-X100 and incubated with primary antibodies. Blots were then indirectly labeled using infrared fluorophore-conjugated secondary antibodies for 1 h at room temperature, and visualized with the Odyssey<sup>TM</sup> Imaging System (Li-Cor, Lincoln, NE). Equal loading of protein onto each lane in the gel was confirmed with Vinculin. The proteins were first normalized to their corresponding Vinculin and then the phosphorylated proteins were normalized to their corresponding total protein levels.

### Pharmacological Agents and antibodies

Intralipid 20% was purchased from Sigma (St. Louis, MO). Intralipid was used at 5ml/kg in the in-vivo rat model of ischemia/reperfusion injury based on the previous work by Weinberg et al<sup>14</sup> and 1% in ex-vivo. The dose in ex-vivo was calculated based on the dose that the heart is exposed in the in-vivo model by taking into account dilution of Intralipid in blood stream<sup>15</sup>. The LY294002 was purchased from GIBCO/Invitrogen (Carlsbad, CA) and was used at 45  $\mu$ M according to the data sheet provided by GIBCO stating that Ly294002 at 50  $\mu$ M completely abolishes the PI3k activity without apparent cell toxicity. PD98059 was purchased from Invitrogen and was used 10  $\mu$ M, a concentration that has been used previously by many investigators in isolated langendorff perfused hearts to explore the role

of ERK signal transduction pathway<sup>16-18</sup>. The primary antibodies used were anti-ERK1/2, (rabbit polyclonal), anti-phospho ERK1/2 (Thr202/Tyr204, mouse monoclonal), anti-AKT (rabbit polyclonal), phospho AKT (Ser 473, rabbit polyclonal), anti-GSK-3 $\beta$ -phospho GSK-3 $\beta$  Mouse monoclonal anti-Vinculin. All antibodies were purchased from Cell Signaling (Danvers, MA), except anti-vinculin which was from Sigma (St. Louis, MO). The secondary antibodies were goat anti-rabbit Alexa 680 from Invitrogen (Carlsbad, CA) and goat anti mouse IR Dye 800 CW from Odyssey<sup>TM</sup>, Li-Cor.

### **Statistical Analysis**

For the *in vivo* study which has only 2 groups, means were compared using the t-test. For the *ex vivo* studies with four or five groups, mean profiles over time were compared across groups using repeated measure analysis of variance (ANOVA) methods. Under the ANOVA model, pairwise mean comparisons were judged significant using the Tukey studentized range criterion. This criteria prevents the type I error from exceeding the nominal alpha=0.05 level for the outcome. SPSS, version 13.0, (SPSS Inc, Chicago III) was used to carry out the computations. As all outcomes were continuous, results were summarized with Means  $\pm$  standard errors of the mean (SEM).

### Results

### Intralipid protects the heart against ischemia/reperfusion injury in the in-vivo rat model

It has been previously shown that post-ischemic administration of Intralipid can protect the heart against ischemia/reperfusion injury in isolated rat hearts<sup>10</sup>. Here we first examined whether Intralipid can also protect the heart against ischemia/reperfusion injury in the *invivo* rat model. The left coronary artery was occluded for 30 min followed by 3 hr of reperfusion. One single bolus of PBS or Intralipid was applied through the femoral vein 5 min before the reperfusion (Fig. 1A). The area at risk (AAR) to LV ratio was similar in both groups ( $62.1\pm2.4$  in control (n=6) *vs.*  $60.1\pm2.6$  in Intralipid (n=6)), indicating that the two groups were subjected to a comparable degree of ischemic risk (Fig. 1B). However, the infarct size was significantly smaller in the Intralipid group compared to control; the ratio of infarct size to LV was 12.4\pm0.6 in Intralipid *vs.*  $38.1\pm1.5$  in control (P<0.01) (Fig. 1C, D). These data demonstrate that only one bolus of Intralipid right before reperfusion is sufficient to protect the heart against ischemia/reperfusion injury *in-vivo*.

### Post-ischemic administration of Intralipid protects isolated mice hearts against ischemia/ reperfusion injury

To explore the molecular mechanism in which Intralipid mediates protection against ischemia/reperfusion injury, we used the Langendorff-perfused isolated mouse heart rather than the *in-vivo* model of ischemia/reperfusion injury as the former can be manipulated easier to unravel the key mechanisms mediating Intralipid-induced cardioprotection. To this end, we first examined if Intralipid could also protect mouse hearts against ischemia/ reperfusion injury as in rats. We used the well-established protocol to induce ischemia/ reperfusion injury in isolated mouse hearts<sup>11;12</sup>(Fig. 2A). Similar to rats, postischemic administration of Intralipid significantly improved the functional recovery (RPP= 13676±611mmHg\*beats/min (n=6) *vs.* 2999±863 mmHg\*beats/min in control (n=6) (P<0.01) at 40 min of reperfusion, Fig. 2B). Intralipid group also showed a much better LV dP/dt<sub>max</sub> and LV dP/dt<sub>min</sub>, and LVDP compared to control hearts (Fig. 2C,D and Table-1). The infarct size was also significantly smaller in Intralipid group (18.3±2.4% in Intralipid (n=9) *vs.* 54.9±2.9% in control (n=10), P<0.01, Fig. 2E–J). These data suggest that Intralipid protects both mice and rats from ischemia/reperfusion injury.

### Administration of Intralipid during the first few minutes of reperfusion is sufficient to induce protection and the protection is maintained after removal of Intralipid

As the first few minutes of reperfusion are critical in myocardial protection, we investigated whether administration of Intralipid for shorter durations than 40 min could protect the heart and whether the functional recovery is maintained upon removal of Intralipid. The isolated mouse hearts were therefore treated with Intralipid for only the first 5, 10, 20 min of reperfusion followed by KH for the remaining of 40 min as shown in Fig 2A. When Intralipid was only administered for 5 minutes (ILP-5), the hemodynamic indexes at the end of 40 min reperfusion were all significantly higher than control group that did not receive any Intralipid at reflow (Fig. 2B–D, Table-1). It was also interesting to note that hemodynamic indexes were maintained when Intralipid was switched to KH at 5 min reperfusion, as these values were not significantly different between 5, 10 and 20 min in Intralipid group. When Intralipid was applied for longer times of 10 min (ILP-10) or 20 min (ILP-20), the hemodynamic indexes at the end of 40 min reperfusion were not significantly different between not significantly higher than ILP-5 (RPP=8058±1297 in ILP-5 (n=6); RPP=9468±1272 in ILP- 10 (n=6) and 10571±797mmHg\*beats/min in ILP-20 (n=6).

Consistent with the higher functional recovery in Intralipid treated groups, the infarct sizes were also significantly smaller compared to the control group  $(33.1\pm1.4\%$  in ILP-5 (n=6);  $26.8\pm2.1\%$  in ILP-10 (n=6),  $25.7\pm1.8\%$  in ILP-20 (n=6) and  $18.3\pm2.4\%$  in ILP-40 (n=9) *vs.*  $54.9\pm2.9\%$  in control (n=10), P<0.01, Fig. 2E–I). In fact, administration of Intralipid during the first even 5 minutes of reperfusion was sufficient to reduce the myocardial infarct size by ~50%. The infarct sizes between ILP-5, ILP-10 and ILP-20 were similar, but were significantly larger than ILP-40 (P<0.05). These data strongly support the view that administration of Intralipid during even the first 5 minutes of reperfusion is sufficient to improve significantly the functional recovery and reduce the infarct size compared to control, although the cardioprotection achieved by 40 min of Intralipid treatment (ILP-40) was significantly higher than ILP-5, ILP-10 and ILP-20.

### Intralipid-induced cardioprotection is fully abolished in the presence of a specific inhibitor of PI3K, LY294002

To explore the molecular mechanism in which Intralipid can mediate the protection against ischemia/reperfusion injury, the potential involvement of the well-known prosurvival PI3K-AKT pathway in Intralipid-induced cardioprotection was first examined. The isolated mouse hearts were reperfused for 40 min with Intralipid alone or together with PI3K inhibitor LY294002 (LY, 45 µM). The Intralipid-induced cardioprotection was fully abolished when Intralipid+LY294002 (ILP+LY) was applied, as RPP was significantly lower in the presence of LY294002 (Fig. 3A and Table-1). LY294002 also prevented fully the improvement of LV  $dP/dt_{max}$ , LV  $dP/dt_{min}$  and LVDP observed with Intralipid (Fig. 3B, C). In fact, all of the hemodynamic indexes in ILP+LY were not significantly different from control. LY alone had no effect on the hemodynamic parameters as these values were similar to control (Table-1). The infarct size was also significantly larger in ILP+LY group when compared to Intralipid alone (52.9±5.4% in ILP+LY (n=6) vs. 18.3±2.4% in Intralipid (n=9), P<0.01, Fig. 3D,E). The infarct size in LY group was not significantly different from control (50.9±5.4% in LY (n=6) vs. 54.9±2.9% in control (n=10)). The reduced myocardial functional recovery together with increased infarct size demonstrates PI3K signaling is directly involved in Intralipid-induced cardioprotection against ischemia/reperfusion injury.

### ERK inhibitor PD98059 partially abolishes Intralipid-induced cardioprotection against ischemia/ reperfusion injury

We then examined the involvement of ERK pathway in Intralipid-induced cardioprotection using ERK inhibitor PD98059 (10  $\mu$ M). The Intralipid-induced cardioprotection was

partially abolished when Intralipid+PD98059 (ILP+PD) was applied, as at the end of 40 min reperfusion the RPP, dP/dt<sub>max</sub>, dP/dt<sub>min</sub> as well as LVDP were all significantly lower compared to the group treated with Intralipid alone, but still significantly higher than control (Fig 4A–C, Table-2). The infarct size was also larger when compared to Intralipid alone (28.5±4.1% in ILP+PD (n=6) *vs.* 18.3±2.4% in Intralipid (n=9), P<0.01, Fig. 4D, E). PD98059 alone had no effect on the hemodynamic parameters (Table-2) nor on the infarct size as these values were not significantly different from control (56.5±3.6% in PD98059 (n=6) *vs.* 54.9±2.9% in control (n=10)). The reduction in Intralipid-induced cardioprotection in the presence of PD98059 demonstrates that ERK signaling is also participating in the protection offered by Intralipid against ischemia/reperfusion injury.

### Intralipid induces Akt, ERK and GSK-3βphosphorlyation

To further confirm the involvement of RISK pathway in Intralipid-induced cardioprotection against ischemia/reperfusion injury, Western Blot analysis of whole heart lysates (ex-vivo) which were reperfused for 10 min with KH (control), Intralipid, ILP+LY or ILP+PD were performed. Intralipid-induced cardioprotection was associated with significant increase in phosphorylation of Akt (~8 fold) which was reversed when Intralipid was applied together with LY294002, but not with PD (in arbitrary units normalized to control (n=6):  $8.3\pm1.2$  in Intralipid (n=4), vs. 3.2±0.8 in ILP+LY (n=4) and 8.5±2.2 in ILP+PD (n=4)), Fig. 5A, B). These data further confirm our findings that the protection by Intralipid is mediated via the prosurvival PI3K-Akt pathway. Phospho-ERK1 levels were also significantly increased in Intralipid group (~3 fold) compared with control. PD completely abolished phosphorylation of ERK induced by Intralipid (in arbitrary units normalized to control (n=6):  $2.5\pm0.3$  in Intralipid (n=4) vs. 0.8±0.4 in ILP+PD (n=4) and 2.3±0.2 in ILP+LY (n=4), Fig. 5C, D). These data clearly demonstrate that in addition to PI3K/Akt pathway, the protection by Intralipid is also mediated via the ERK pathway. GSK-3ß phosphorylation was also significantly increased (~9 fold) by Intralipid and the administration of both LY294002 and PD significantly reduced the level of phosphorylated GSK-3β in the myocardium treated with Intralipid (in arbitrary units normalized to control (n=6):  $8.5\pm1.5$  (n=4) vs.  $2.9\pm1.1$  in ILP+LY (n=4) and 3.3±0.7 in ILP+PD (n=4), Fig. 5E, F). These data strongly support the role of Akt/ERK/GSK-3ß in Intralipid-induced cardioprotection against ischemia/ reperfusion injury.

### Intralipid inhibits the opening of the mitochondrial permeability transition pore and this inhibition is abolished by PI3K inhibitor

Since the inhibition of the mPTP opening during reperfusion has been shown to induce cardioprotection<sup>19</sup>, we investigated whether Intralipid-induced cardioprotection is mediated by inhibition of the mPTP opening. We compared the threshold for opening of mPTP in response to calcium overload in isolated mitochondria from hearts reperfused with KH (control) or Intralipid for 10 min (Fig. 6A). An example of the time course of  $Ca^{2+}$ concentration in the mitochondrial external medium is shown in Fig. 6B. In control group, 7 pulses of 20 nM Ca<sup>2+</sup> were sufficient to trigger the opening of mPTP. Interestingly, the calcium load significantly increased in mitochondria isolated from Intralipid group as the number of calcium pulses required for opening of mPTP was increased to 14 pulses. The bar plot in Fig. 6C summarizes the calcium retention capacity (CRC); CRC was significantly higher in the Intralipid group compared to control (274.3±8.4 in Intralipid (n=7) vs. 168.6±9.6 nM/mg mitochondrial protein in control (n=7), p<0.01). These data strongly suggest that inhibition of mitochondrial permeability transition pore opening by Intralipid is one of the key events in the Intralipid-induced cardioprotection against I/R. In the presence of LY (45  $\mu$ M), Intralipid effect was prevented as the CRC was reduced to 170.0±15.3 nM/ mg mitochondrial protein (n=6), which was not significantly different from control. These

data demonstrate clearly that Intralipid inhibits the opening of mPTP and this inhibition is abolished in the presence of LY.

### Discussion

We show here that administration of Intralipid right before the onset of reperfusion results in ~70% reduction in infarct size in the *in-vivo* rat model. Intralipid application at reperfusion also improves the functional recovery of isolated Langendorff-perfused mouse hearts by ~4 fold and significantly reduces the infarct size. Administration of Intralipid during even the first 5 minutes of reperfusion is sufficient to induce protection and the protection is maintained after removal of Intralipid. These data strongly indicate that Intralipid treatment has a cardioprotective effect against ischemia/reperfusion injury both in mice and rats. In this study, we provided the underlying mechanism of Intralipid-induced cardioprotection which is mediated by inhibition of the mPTP and the recruitment of the RISK pathway leading to phosphorylation of GSK-3 $\beta$ .

The Ovize group was the first to demonstrate a direct link between PI3K activation and opening of mPTP in the postconditioning<sup>3</sup>. Here we show that the cardioprotection provided by Intralipid at reperfusion is associated with inhibition of the mPTP opening, as the mitochondrial calcium uptake required for the opening of the mPTP was significantly higher in Intralipid-treated hearts compared to control (Fig. 6). We propose that Intralipid enhances the homeostasis of cardiomyocytes to better regulate calcium overload and therefore increase the threshold for opening of the mPTP. To see if the Intralipid-induced inhibition of the mPTP opening was through the PI3K pathway, LY294002, a specific inhibitor of PI3K was used. The Intralipid-induced cardioprotection was fully abolished in the presence of LY294002, and the infarct size was also significantly larger compared to Intralipid alone (Fig. 3). The calcium retention capacity was much lower when Intralipid was applied together with PI3K inhibitor LY, suggesting that PI3K-Akt pathway is one of the key pathways in this protection (Fig. 6). Our data also show Intralipid increased phosphorylation of Akt and ERK. This Intralipid-induced phosphorylation of Akt, was completely abolished in the presence of LY294002 (Fig. 6), and Intralipid-induced phosphorylation of ERK1, was completely abolished in the presence of PD (Fig. 5). These data strongly support the vital role of the prosurvival PI3K/Akt as well as ERK pathway in Intralipid-induced cardioprotection and are in agreement with previous work showing that activation of these two pathways have a cardioprotective effect in ischemia/reperfusion experiments in rodents<sup>20</sup>. In pigs, however, the activation of the RISK pathway does not seem to be crucial for postconditioning<sup>21</sup>. GSK-3 $\beta$  phosphorylation has emerged as an end effecter step where multiple protective signaling pathways converge. Here we show that GSK-3β mediates Intralipid-induced cardioprotection via PI3/Akt and MEK/ERK pathways. These are the two major pathways that have been demonstrated to be involved in cardioprotection against I/R injury. However, other upstream kinases such as PKC, PKA, PKG, p70S6 could also phosphorylate GSK-3 $\beta$  to induce cardioprotection (see review<sup>22</sup>). Whether Intralipidinduced cardioprotection is mediated through these kinases remain to be seen in future studies. Using genetic manipulation and pharmacological agents, GSK-3<sup>β</sup> phosphorylation has also been shown to lead to inhibition of the mPTP opening and therefore inducing cardioprotection<sup>13;23</sup>. Here we found that Intralipid treatment increased phosphorylation of GSK-3β (Fig. 5). These observations are in agreement with other studies that have also implicated the increased phosphorylation of GSK-3ß to be a common feature of different cardioprotective agents<sup>22;24</sup>, although the requirement of GSK-3β inactivation to induce the inhibition of mPTP opening has been challenged recently<sup>13;25</sup>.

Fig. 7 summarizes our hypothetical scheme of the mechanism of protection by Intralipid against ischemia/reperfusion injury. Activation of the RISK pathway by Intralipid increases

the phosphorylated levels of Akt and ERK. These two pathways converge to shift the equilibrium of GSK-3 $\beta$  from active form (not phosphorylated) toward the GSK-3 $\beta$  inactive form (phosphorylated). Once GSK-3 $\beta$  is phosphorylated, it inhibits the opening of the mPTP, which results in cardioprotection.

Our data strongly indicate that Intralipid is a very powerful postischemic pharmacological agent. The role of Intralipid in preconditioning, however seems to be controversial<sup>10;26</sup>. Hu et al reported that Intralipid has no effect on the infarct size in in-vivo model of I/R injury<sup>26</sup> whereas in another work from the same group, Intralipid was shown to reduce the infarct size in ex-vivo model of I/R in rats<sup>10</sup>. These conflicting results could be due the fact that only male rats were used in one study<sup>10</sup>, whereas in the other study both male and females rats were used<sup>26</sup>. It is now well accepted that female rats are better protected against I/R injury compared to their male counterparts<sup>27;28</sup>. It was also not clear whether an equal number of males and females were used in each group<sup>26</sup>. Therefore, the fact that Intralipid administration prior to ischemia failed to reduce the infarct size in the in-vivo model of I/R injury could be simply due to the higher numbers of males in the Intralipid group<sup>26</sup>.

Intralipid has also been proposed as a rescue therapy for severe local anesthetic-induced cardiovascular collapse and certain drugs cardiotoxicity<sup>29–33</sup>. In fact several case reports demonstrates the effectiveness of Intralipid in treating amlodipine poisoning<sup>30</sup> and diltiazem poisoning<sup>29</sup>, but the only recommended therapeutic use for Intralipid as a "rescue agent" is for Bupivacaine-induced cardiac arrest<sup>14;34;35</sup>. However, the beneficial effect of Intralipid seems to be restricted to drug-induced cardiac arrest as Intralipid has been shown to be detrimental in a rabbit model of hypoxia-induced cardiac arrest<sup>36</sup>. Less than adequate myocardial coronary perfusion pressure during resuscitation in this model probably plays a key factor in negative results obtained. More studies are required to evaluate effect of Intralipid in hypoxic cardiac arrest.

The effect of Intralipid on vasculature is also controversial<sup>37–39</sup>. Intralipid has been shown to promote peripheral vasodilation in humans<sup>37</sup>. Osanai et al., however showed that Intralipid impaired postischemic endothelium-dependent vasodilatation in the canine iliac artery<sup>39</sup>. Decreased endothelial nitric oxide production or deactivation of nitric oxide by oxidative stress was suggested to be the main mechanism for impairment of vasodilatation by Intralipid. However, in the same species, stimulation of the nitric oxide pathway by Intralipid has been reported<sup>38</sup>. Further studies are required to clarify the role of Intralipid on vasculature in health and in various disease models.

### Conclusions

We show here that only one bolus of Intralipid (20%) right before reperfusion is sufficient to protect the heart against ischemia/reperfusion injury *in-vivo*. Intralipid application at the reperfusion also improves the functional recovery of isolated Langendorff-perfused mouse hearts by ~4 fold and significantly reduces the infarct size. Postischemic administration of Intralipid inhibits the opening of the mitochondrial permeability transition pore. Phosphorylation of GSK-3 $\beta$ , which is involved in the cardioprotective action of Intralipid against ischemia/reperfusion injury Intralipid has already been in clinical use for almost 4 decades for patients who need total parenteral nutrition and it has been shown to be safe and well tolerated. Here we propose that Intralipid could be a clinically safe compound for targeting GSK-3 $\beta$  at the time of reperfusion to protect the myocardium against ischemia/ reperfusion injury and certainly warrant further investigation in human heart.

### **Final Box Summary**

What we already know about this topic:

	Activation of the Reperfusion-Injury-Salvage-Kinase (RISK) pathway protects against myocardial infarction and delays opening of the mitochondrial permeability transition pore (mPTP)				
	Intralipid may have cardioprotective effects, but, the magnitude of and mechanisms responsible for these actions are unclear				
What this article tells us that is new:					
	Intralipid substantially protects against myocardial infarction and inhibits mPTP opening by activating the RISK pathway and by increasing (inhibitory) phosphorylation of glycogen synthase kinase 3 beta				

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Figure 1. Intralipid administration reduces the infarct size in the *in vivo* ischemia/reperfusion rat model

A. experimental protocol, the left coronary artery was occluded for 30 minutes followed by 3 hr of reperfusion. One single IV bolus of Phosphate Buffered Saline (PBS) (control group, CTRL) or 20% Intralipid (5ml/kg body weight, ILP) was administered 5 min before reperfusion. Percentage of area at risk (AAR) divided by left ventricle (LV) (B), infarct size (IS) divided by AAR (C), and infarct size (IS) divided by left ventricle in CTRL (circles) and Intralipid (squares). The individual measurements (n=6 in ILP and n=6 in CTRL) are shown in open shapes whereas the averages (Mean±SEM) are shown in filled shapes \*\*P<0.01 *vs.* CTRL.





**A.** Experimental protocol. The isolated mouse hearts were reperfused with Krebs Henseleit (KH, control group, CTRL), or 1% Intralipid for 5 min (ILP-5), 10 min (ILP-10), 20 min (ILP-20) or 40 min (ILP-40), followed by reperfusion with KH for the remainder of 40 min. Rate pressure product (RPP, B), the maximum rate of left ventricle (LV) pressure rise (dP/ $dt_{max}$ ) and decline (-dP/dt<sub>min</sub>, C) and left ventricular developed pressure (LVDP, D) as a function of time in CTRL (black, n=6), ILP-5 (purple, n=6), ILP-10 (blue, n=6), ILP-20 (gray, n=6) and ILP-40 (red, n=6). Four slices of the same heart after 2,3,5-triphenyltetrazolium chloride (TTC) staining in CTRL (E), ILP-5 (F), ILP-10 (G), ILP-20

(H), and ILP-40 (I). The white area represents the infarct zone and the red shows the viable area. J. The area of necrosis as the percentage of total left ventricular (LV) area in CTRL (black, n=10), ILP-5 (purple, n=6), ILP-10 (blue, n=6), ILP-20 (gray, n=6) and ILP-40 (red, n=9). The individual measurements in each groups are shown in open circles whereas the averages (Mean±SEM) are shown in filled circles \*\*P < 0.01 vs. CTRL, #P<0.05 vs. ILP-40.

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Figure 3. PI3K inhibitor abolishes Intralipid-induced cardioprotection against ischemia/ reperfusion injury

Rate pressure product (RPP, A), the maximum rate of left ventricle (LV) pressure rise (dP/  $dt_{max}$ ) and decline (-dP/dt<sub>min</sub>, B) and left ventricular developed pressure (LVDP, C) as a function of time in control group (CTRL, black, n=6), 1% Intralipid (ILP, red, n=6), 1% Intralipid+LY294002 (ILP+LY, gray, n=6) and LY294002 alone (LY, blue, n=6). D. Four slices of the same heart in CTRL, ILP, ILP+LY and LY alone after 2,3,5- triphenyltetrazolium chloride (TTC) staining. The white area represents the infarct zone and the red shows the viable area. E. The area of necrosis as the percentage of total left ventricular (LV) area in CTRL (black, n=10), ILP (red, n=9), ILP+LY (gray, n=6) and in LY

(blue, n=6). The individual measurements in each group are shown in open circles whereas the averages (Mean $\pm$ SEM) are shown in filled circles \*\*P<0.01 vs. CTRL.



Figure 4. ERK inhibitor abolishes partially Intralipid-induced cardioprotection against ischemia/ reperfusion injury

Rate pressure product (RPP, A), the maximum rate of LV pressure rise (dP/dt<sub>max</sub>) and decline ( $-dP/dt_{min}$ , B) and left ventricular developed pressure (LVDP, C) as a function of time in control group (CTRL, black, n=6), 1% Intralipid (ILP, red, n=6), 1% Intralipid +PD98059 (ILP+PD, gray, n=6) and PD98059 alone (PD, blue, n=6). D. Four slices of the same heart in CTRL, ILP, ILP+PD and PD after TTC staining. The white area represents the infarct zone and the red shows the viable area. E. The area of necrosis as the percentage of total left ventricular (LV) area in CTRL (black, n=10), ILP (red, n=9), ILP+PD (gray, n=6)) and in PD (blue, n=6)). The individual measurements in each group are shown in open

circles whereas the averages (Mean $\pm$ SEM) are shown in filled circles. \*\*P < 0.01 *vs.* CTRL and <sup>#</sup>P<0.05 *vs.* ILP).

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A, C, E. representative immunoblots of pAkt and total Akt (A), pERK1,2 and total ERK1,2 (C), and pGSK-3 $\beta$  and total GSK-3 $\beta$  (E) in heart homogenates subjected to ischemia/ reperfusion from control group (CTRL), Intralipid group (ILP) and 1% Intralipid +LY294002 (ILP+LY) top panels or CTRL, ILP and 1% Intralipid+PD98059 (ILP+PD) lower panels. B, D, F. Western Blot quantification (Mean±SEM) of pAkt protein to total Akt (B), pERK1 to total ERK (D) and pGSK-3 $\beta$  to total GSK-3 $\beta$  (E) ratios in CTRL (white bars, n=6), ILP (black bars, n=4), ILP+LY (dark gray bars, n=4) and ILP+PD (light gray bars, n=4). \*\*P<0.01 *vs.* CTRL; ##P<0.01 *vs.* ILP.

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Figure 6. Intralipid inhibits the opening of the mitochondrial permeability transition pore and this inhibition is abolished by PI3K inhibitor

A. Experimental protocol for measuring calcium retention capacity. At the onset of reperfusion, isolated hearts are perfused with Krebs Henseleit (KH, control group, CTRL), 1% Intarlipid (ILP) or 1% Intralipid+LY294002 (ILP+LY) for 10 min. B. Typical recording of the mitochondria permeability transition pore opening in isolated mitochondria from control (black trace), ILP (light gray trace) and ILP+LY (dark gray trace). Fourteen pulses (gray arrows) of 20 nM calcium were required to trigger the opening of mitochondria permeability transition pore in ILP group compared to 7 pulses (black arrows) in CTRL and 8 pulses in ILP+LY. C. Calcium retention capacity (CRC) in CTRL (circles, n=7), ILP

(squares, n=7) and ILP+LY (triangles, n=6). The individual measurements in each groups are shown in open shapes whereas the averages (Mean $\pm$ SEM) are shown in filled shapes.\*\*P<0.01 *vs*. CTRL and ILP+LY.



### Figure 7. Proposed mechanisms underlying Intralipid-induced cardioprotection against ischemia/reperfusion injury

The Reperfusion Injury Salvage Kinases (RISK) pathway is activated in the presence of Intralipid (ILP), resulting in increased phosphorylation of both Akt and ERK, although the degree of activation is much more prounneed in Akt (8 fold, shown by thick arrow) than in ERK (3 fold, shown by thin arrow). Both pathways converge to phosphorylate GSK-3 $\beta$  (inactive form), which in turn inhibits the opening of the mPTP and induces protection against reperfusion injury. The protection provided by Intralipid is fully abolished by the PI3K specific inhibitor, LY294002 (LY) and partially by PD98059 (PD).

#### Table-1

Intralipid improves heart functional recovery against reperfusion injury through PI3K/Akt pathways

		-		
	LVSP mmHg	LVEDP mmHg	LVDP mmHg	HR Beats/min
Baseline				
CTRL	99±10	4±2	95±11	188±44
ILP	96±6	2±1	94±6	161±32
ILP+LY	88±4	3±1	85±5	197±12
LY	77±2	4±2	73±2	241±17
Reperfusion				
10 min				
CTRL	15±2	4±1	11±3	135±28
ILP	80±16 <sup>**</sup>	3±1	77±5 <sup>**</sup>	139±32
ILP+LY	21±4	9±3	12±2	207±26
LY	33±6	12±6	21±3	108±7
20 min				
CTRL	16±3	4±2	12±3	209±28
ILP	77±12 <sup>**</sup>	8±3	69±6 <sup>**</sup>	169±25
ILP+LY	21±5	7±2	14±3	222±22
LY	21±5	4±2	17±3	133±12
30 min				
CTRL	16±2	5±1	11±2	223±39
ILP	73±13 <sup>**</sup>	6±2	67±7 <sup>**</sup>	177±18
ILP+LY	25±7	8±2	17±2	221±28
LY	23±3	2±1	21±4	194±13
40 min				
CTRL	19±4	6±2	13±3	219±36
ILP	80±16 <sup>**</sup>	5±2	75±8 <sup>**</sup>	157±14
ILP+LY	22±4	4±1	18±3	221±23
LY	27±6	6±4	21±3	189±23

Cardiac functional recovery parameters of left ventricular systolic pressure (LVSP); left ventricular end-diastolic pressure (LVEDP); left ventricular developed pressure (LVDP) and heart rate (HR) before ischemia (baseline) and at different times of reperfusion in control group (CTRL), 1% Intralipid (ILP), 1% Intralipid+LY294002 (ILP+LY) and LY294002 alone (LY).

Values are Mean ± SEM;

P < 0.01 vs CTRL (n = 6).

#### Table-2

ERK inhibitor PD98059 partially abolishes Intralipid-induced cardioprotection against ischemia/ reperfusion injury

	LVSP mmHg	LVEDP mmHg	LVDP mmHg	HR Beats/min
Baseline				
CTRL	99±10	4±2	95±11	188±44
ILP	96±6	2±1	94±6	161±32
PD+ILP	80±6	2±1	78±6	193±25
PD	92±10	2±1	90±10	179±36
Reperfusion				
10 min				
CTRL	15±2	$4\pm1$	11±3	135±28
ILP	80±16 <sup>**</sup>	3±1	77±5 <sup>**</sup>	139±32
PD+ILP	35±6 <sup>##</sup>	3±1	32±6 <sup>##</sup>	184±43
PD	32±9	15±6	17±3	150±18
20 min				
CTRL	16±3	4±2	12±3	209±28
ILP	77±12 <sup>**</sup>	8±3	69±6 <sup>**</sup>	169±25
PD+ILP	41±7 <sup>##</sup>	3±2	38±5 <sup>##</sup>	222±35
PD	19±3	4±2	15±2	166±18
30 min				
CTRL	16±2	5±1	11±2	223±39
ILP	73±13 <sup>**</sup>	6±2	67±7 <sup>**</sup>	177±18
PD+ILP	42±8 <sup>##</sup>	2±1	40±7 <sup>##</sup>	249±47
PD	23±4	5±3	$18\pm1$	169±31
40 min				
CTRL	19±4	6±2	13±3	219±36
ILP	80±16 <sup>**</sup>	5±2	75±8 <sup>**</sup>	157±14
PD+ILP	47±7 <sup>##</sup>	2±1	45±6 <sup>##</sup>	221±29
PD	23±1	4±2	19±2	165±27

Cardiac functional recovery parameters of left ventricular systolic pressure (LVSP); left ventricular end-diastolic pressure (LVEDP); left ventricular developed pressure (LVDP) and heart rate (HR) before ischemia (baseline) and at different times of reperfusion in control group (CTRL), 1% Intralipid (ILP), 1% Intralipid+PD98059 (ILP+PD) and PD98059 alone (PD).

Values are Mean ± SEM;

\*\* P < 0.01 vs. CTRL and

<sup>##</sup>P < 0.01 vs. ILP (n = 6).