

Ins(1,4,5) P_3 receptor-mediated Ca^{2+} signaling and autophagy induction are interrelated

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The role of intracellular Ca^{2+} signaling in starvation-induced autophagy remains unclear. Here, we examined Ca^{2+} dynamics during starvation-induced autophagy and the underlying molecular mechanisms. Tightly correlating with autophagy stimulation, we observed a remodeling of the Ca^{2+} signalosome. First, short periods of starvation (1 to 3 h) caused a prominent increase of the ER Ca^{2+} -store content and enhanced agonist-induced Ca^{2+} release. The mechanism involved the upregulation of intraluminal ER Ca^{2+} -binding proteins, calreticulin and Grp78/BiP, which increased the ER Ca^{2+} -buffering capacity and reduced the ER Ca^{2+} leak. Second, starvation led to Ins(1,4,5) P_3 R sensitization. Immunoprecipitation experiments showed that during starvation Beclin 1, released from Bcl-2, first bound with increasing efficiency to Ins(1,4,5) P_3 Rs; after reaching a maximal binding after 3 h, binding, however, decreased again. The interaction site of Beclin 1 was determined to be present in the N-terminal Ins(1,4,5) P_3 -binding domain of the Ins(1,4,5) P_3 R. The starvation-induced Ins(1,4,5) P_3 R sensitization was abolished in cells treated with *BECN1* siRNA, but not with *ATG5* siRNA, pointing toward an essential role of Beclin 1 in this process. Moreover, recombinant Beclin 1 sensitized Ins(1,4,5) P_3 Rs in $^{45}Ca^{2+}$ -flux assays, indicating a direct regulation of Ins(1,4,5) P_3 R activity by Beclin 1. Finally, we found that Ins(1,4,5) P_3 R-mediated Ca^{2+} signaling was critical for starvation-induced autophagy stimulation, since the Ca^{2+} chelator BAPTA-AM as well as the Ins(1,4,5) P_3 R inhibitor xestospongine B abolished the increase in LC3 lipidation and GFP-LC3-puncta formation. Hence, our results indicate a tight and essential interrelation between intracellular Ca^{2+} signaling and autophagy stimulation as a proximal event in response to starvation.

Introduction

Autophagy is an evolutionarily conserved process for delivery of cellular material, including long-lived proteins, lipids and organelles, to lysosomes for degradation. In this manner, cells can recycle building blocks essential for survival during stress responses like nutrient starvation.¹ Consequently, nutrient starvation leads to a stimulation of autophagy. In addition, basal autophagy prevents the accumulation of protein aggregates and damaged organelles, thereby maintaining cellular homeostasis (termed “quality control” autophagy).² Because of its importance in cellular life and death responses, an autophagic deficiency leads to various diseases.³

Different ways of material delivery determine the various mechanisms of autophagy, e.g., microautophagy, chaperone-mediated autophagy and macroautophagy.⁴ The latter process (hereafter referred to as autophagy) consists of the formation and elongation of a double-membranous structure (phagophore) into an entire vesicle (autophagosome), thereby enclosing cellular

material. These vesicles eventually fuse with lysosomes to form autolysosomes. The degradation of the enclosed material is executed by the lysosomal enzymes. At the molecular level, many evolutionarily conserved genes, the *ATG* genes, regulate the different steps of this complex process, from the signaling to the final fusion.¹ One very important member is yeast *ATG6*, whose mammalian ortholog is the haploinsufficient tumor suppressor gene *BECN1*.⁵ The protein Beclin 1 is known to dimerize and to interact with many proteins including Vps34, Vps15, UVRAG, Ambra1 and Bif1 to form the phosphatidylinositol (PtdIns) 3-kinase complex III.^{6,7} This complex phosphorylates PtdIns to PtdIns 3-phosphate [PtdIns(3)P] at the initial phagophore, which serves as a recruitment signal for other Atg proteins.⁸ The presence of Beclin 1 is essential for the activity of this complex.⁷ Hence, Beclin 1 depletion leads to autophagic deficiency.⁹ Interestingly, Beclin 1 is a member of the pro-apoptotic BH3-only protein family, although it is not implicated in apoptosis.¹⁰ Its BH3 domain mediates an interaction with Bcl-2, Bcl-X_L and Bcl-w,¹¹ hereby preventing the activation of the autophagic machinery. In

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this manner, besides their anti-apoptotic activity, Bcl-2-family members also inhibit autophagy. The Bcl-2-Beclin 1-protein complex is dynamically regulated by phosphorylation of Bcl-2 by c-Jun N-terminal protein kinase 1 (JNK1), or phosphorylation of Beclin 1 by death-associated protein kinase (DAPK).^{12,13} Also, other proteins like high motility group box 1 (HMGB1) or nutrient-deprivation autophagy factor 1 (NAF-1) modulate the binding of Beclin 1 to Bcl-2 and the onset of autophagy.^{14,15}

Recently, several studies have implicated a role for intracellular Ca^{2+} signaling and inositol 1,4,5-trisphosphate ($\text{Ins}(1,4,5)\text{P}_3$) receptors ($\text{Ins}(1,4,5)\text{P}_3\text{Rs}$) in autophagy.¹⁶ $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$ are tetrameric ER-resident Ca^{2+} channels, which release Ca^{2+} from the ER to the cytosol in response to $\text{Ins}(1,4,5)\text{P}_3$.¹⁷ These ubiquitously expressed channels control a wide range of cellular processes, including cell development, proliferation and death.¹⁸⁻²¹ Downstream effects of intracellular Ca^{2+} -release events depend on the spatiotemporal characteristics of the Ca^{2+} signal.²² Recently, it has been shown that knockdown or chemical inhibition of $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$, or depletion of $\text{Ins}(1,4,5)\text{P}_3$ induce autophagy.²³⁻²⁵ In this respect, $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$ seem to be essential for a constitutive Ca^{2+} release from the ER to mitochondria to support mitochondrial bioenergetics.²⁶ As a result, depletion or inhibition of $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$ will result in a decline in the Ca^{2+} -dependent production of ATP, an increase in the AMP/ATP ratio and subsequent activation of the AMP-activated protein kinase (AMPK), leading to stimulation of autophagy.²⁶ Although this latter study reveals how intracellular, and particularly mitochondrial, Ca^{2+} signals suppress basal autophagy, other reports indicate that elevating cytosolic Ca^{2+} concentrations ($[\text{Ca}^{2+}]_{\text{cyt}}$) cause activation of autophagy.²⁷⁻³⁰ Finally, besides these functional links between Ca^{2+} and autophagy, Beclin 1 was recently shown to interact with the $\text{Ins}(1,4,5)\text{P}_3\text{R}$.³¹

However, the role of Ca^{2+} signaling during autophagy stimulation remains unclear. Therefore, we investigated (i) whether Ca^{2+} signaling is affected during the initial phase of starvation-induced autophagy, (ii) the molecular determinants underpinning the changes in intracellular Ca^{2+} signaling, and (iii) whether the changes in intracellular Ca^{2+} dynamics are essential for starvation-induced autophagy. We report here a remodeling of the Ca^{2+} -signalosome during stimulation of autophagy at two levels: (i) an increased ER Ca^{2+} -store content by increased levels of intraluminal Ca^{2+} -binding proteins (CaBPs), and (ii) a sensitization of the $\text{Ins}(1,4,5)\text{P}_3\text{R}$ toward low and medium $[\text{Ins}(1,4,5)\text{P}_3]$ by enhanced binding of Beclin 1 to the $\text{Ins}(1,4,5)\text{P}_3\text{R}$. This latter result suggests a novel role for $\text{Ins}(1,4,5)\text{P}_3\text{R}$ -Beclin 1 complexes in starvation-induced autophagy, in which Beclin 1 dynamically regulates $\text{Ins}(1,4,5)\text{P}_3\text{R}$ Ca^{2+} -release activity.

Results

Starvation induces transient changes in Ca^{2+} dynamics, correlating with a transient stimulation of autophagy. We examined intracellular Ca^{2+} homeostasis and dynamics in HeLa cells that were exposed to starvation through incubation in HBSS for different time periods (2, 3 or 5 h). The ER Ca^{2+} -store content was determined by measuring the Ca^{2+} released in response to 1 μM thapsigargin (TG), an irreversible inhibitor of the sarco- and

endoplasmic reticulum Ca^{2+} ATPase (SERCA) pump, thereby resulting in a net Ca^{2+} leak from the ER.³² Alternatively, we have used 10 μM ionomycin, a Ca^{2+} ionophore, to release all the stored Ca^{2+} . EGTA (3 mM) was added to chelate all extracellular Ca^{2+} . Importantly, the amplitude of the Fura-2 signal in response to TG or ionomycin was augmented after 2 or 3 h of starvation, but declined again after 5 h (Fig. 1A). Similar transient changes in Ca^{2+} release were observed when the cells were exposed to low (0.3 μM) and high (100 μM) doses of ATP (Fig. 1B). ATP binding to its metabotropic purinergic receptor leads to $\text{Ins}(1,4,5)\text{P}_3$ production and subsequent $\text{Ins}(1,4,5)\text{P}_3\text{R}$ -mediated Ca^{2+} release from the ER into the cytosol. A similar increase in Ca^{2+} signaling was observed upon starvation of two noncancer cell lines, mouse embryonic fibroblasts (MEF cells; Fig. S1A) or a mouse L fibroblast cell line overexpressing $\text{Ins}(1,4,5)\text{P}_3\text{R1}$ (L15 cells; Fig. S1C), two cell lines frequently used to study $\text{Ins}(1,4,5)\text{P}_3\text{R}$ -dependent signaling.³³⁻³⁵ Interestingly, in all cell types, these early transient changes in Ca^{2+} signaling correlated well with the stimulation of autophagy, monitored by following the lipidation of LC3, the mammalian ortholog of yeast Atg8, via western blotting (Fig. 1C, Fig. S1B and S1D). The lipidated form (LC3-II) migrates faster on a gel (around 16 kDa) than the native protein (LC3-I, 18 kDa).³⁶ The detection of LC3-I, reported to be less immunoreactive and less stable than LC3-II,³⁷ was only visible after longer exposures (data not shown). In all experiments, autophagy was quantified as the ratio of LC3-II over GAPDH, the loading control, as recommended.^{36,37} The presence of LC3-II was maximal between the first and third hour after starvation in HeLa cells (Fig. 1C), as previously described,^{38,39} while this occurred after 5 h in MEF cells (Fig. S1B) and after around 1.5 h of starvation in L15 cells (Fig. S1D). The transient effect of LC3 lipidation was confirmed by quantification of GFP-LC3 puncta in HeLa cells transfected with a GFP-LC3 construct (Fig. 1D). Similar to the results obtained by LC3-II-western blotting, 3 h of starvation provoked a maximal amount of autophagic cells (Fig. 1D). The number of autophagic cells in control conditions was relatively high (~35%) (Fig. 1D), a feature not observed with LC3-II-western blotting (Fig. 1C). This difference is probably due to the transfection procedure, which is known to provoke autophagy in basal conditions.^{37,40}

To examine whether other processes, like the adaptive ER-stress response or apoptosis, were involved in this early cellular response toward starvation, we monitored XBP-1-mRNA splicing, an early event in the IRE1-dependent ER-stress pathway as an adaptive event in the unfolded protein response,⁴¹ and caspase-3 cleavage, a critical event in the execution of apoptosis. While tunicamycin-treated (2 $\mu\text{g ml}^{-1}$, 24–48 h) cells displayed a clear increase in XBP-1-mRNA splicing, 5 h of starvation did not lead to an adaptive ER-stress response (Fig. 1E). Similarly, while staurosporine (1 μM , 5 h) led to a clear increase in caspase-3 cleavage, 5 h of starvation did not (Fig. 1F). In agreement with these observations, we found that these starvation conditions did not influence the total cell viability, as indicated by the XTT assay (Fig. 1G). Therefore, our experimental conditions suggest a correlation between changes in intracellular Ca^{2+} dynamics and the stimulation of autophagy.

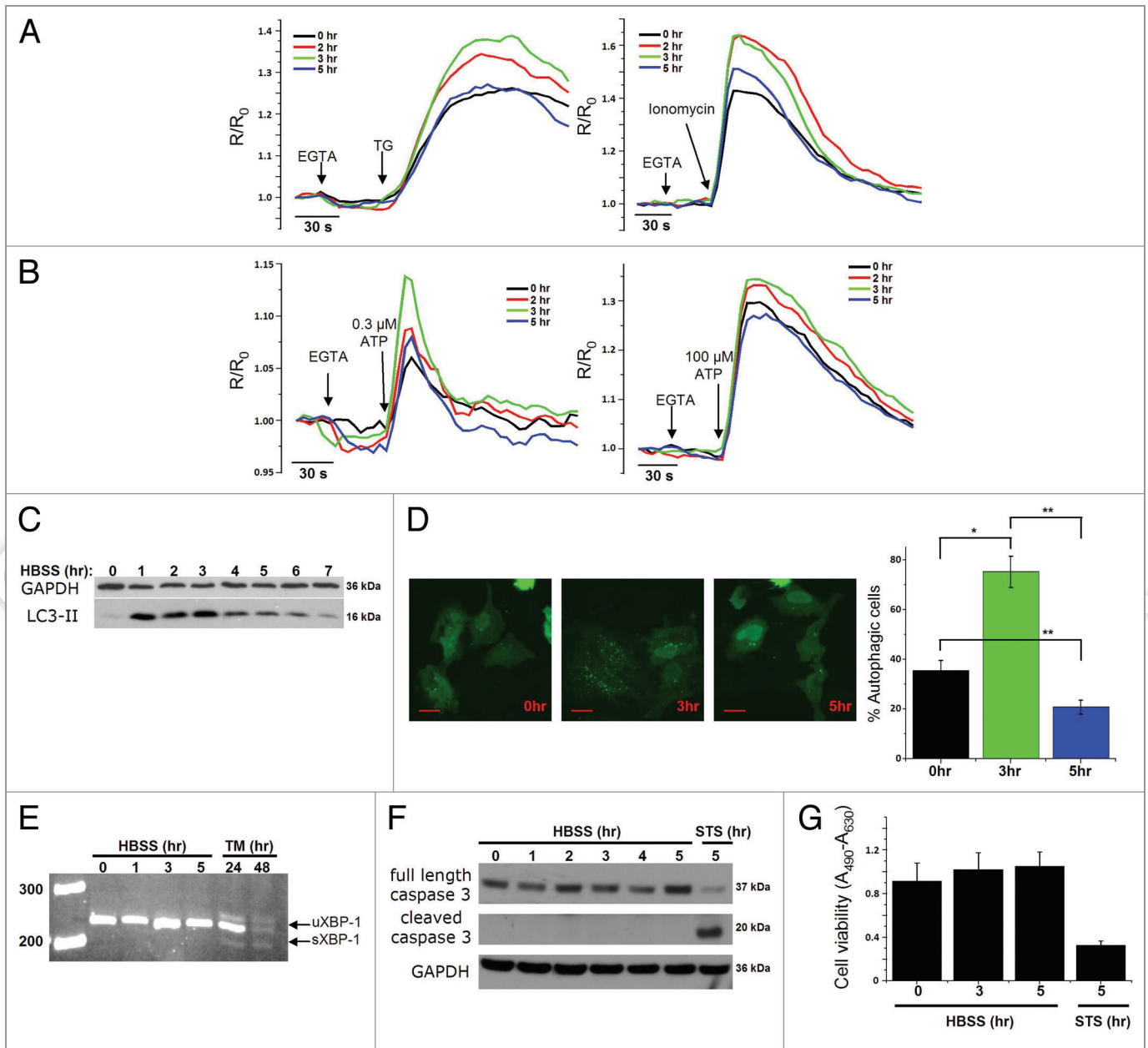


Figure 1. Transient changes in Ca^{2+} dynamics after starvation correlate with changes of the LC3-II levels. (A) Measurements of cytosolic Ca^{2+} signals, displayed as normalized Fura-2 ratio (R/R_0), showing the effect of $1 \mu\text{M}$ thapsigargin (TG) or $10 \mu\text{M}$ ionomycin in intact HeLa cells with (2, 3, 5 h) or without (0 h) starvation. Representative recordings of the Fura-2 ratio after addition of TG (left panel) or ionomycin (right panel) in cells pretreated with HBSS for 0, 2, 3 or 5 h are shown. Forty-five seconds prior to addition of TG or ionomycin, EGTA (3 mM) was given as indicated. (B) Measurements of cytosolic Ca^{2+} signals, displayed as normalized Fura-2 ratio (R/R_0), after addition of $0.3 \mu\text{M}$ (left panel) or $100 \mu\text{M}$ (right panel) ATP in intact HeLa cells with (2, 3, 5 h) or without (0 h) starvation. (C) Representative LC3-II western blots of HeLa cells starved for the indicated time period (0–7 h). (D) GFP-LC3-puncta formation in HeLa cells transfected with GFP-LC3 constructs. Cells were starved (3 h or 5 h) or not (0 h), as indicated. Left: Representative pictures. The scale bar represents $20 \mu\text{m}$. Right: Quantification of autophagic cells. Only cells displaying more than 10 puncta were considered autophagic ($n = 3$). (E) Analysis of XBP-1-mRNA splicing in cells pretreated with HBSS (0–5 h) or $2 \mu\text{g/ml}$ tunicamycin (TM; 24 h, 48 h); uXBP-1 = unspliced XBP-1; sXBP-1 = spliced XBP-1. (F) Representative caspase 3 western blots of HeLa cells starved for the indicated time (0–5 h) or treated with $1 \mu\text{M}$ staurosporine (STS) for 5 h. (G) XTT-assay for measurement of cell viability, after incubation in HBSS for the indicated time period or treatment with $1 \mu\text{M}$ staurosporine for 5 h ($n = 4$). The cell viability is expressed as the absorbance at 490 nm minus the absorbance at 630 nm ($A_{490} - A_{630}$). * $p < 0.05$; ** $p < 0.01$ (paired t-test).

Increased ER Ca^{2+} -store content in response to starvation is mediated by elevated levels of ER Ca^{2+} -binding proteins and a reduction in the ER Ca^{2+} -leak rate. Next, we focused on HeLa cells, either not starved or starved for 3 h, to evaluate the effects

on the Ca^{2+} -store content. Therefore, we calibrated the F_{340}/F_{380} ratio obtained for 0 h and 3 h starvation in Figure 1A to $[\text{Ca}^{2+}]_{\text{cyt}}$ after using the fluorescence ratios in the presence of high [EGTA], a Ca^{2+} buffer (R_{min}), and in the presence of saturating

[Ca²⁺] (R_{max}) determined in each experiment. This procedure completely excludes that the observed changes in fluorescent signal in starved HeLa cells are artifacts caused by bleaching or changes in cell shape, caused by HBSS administration. This revealed a significantly increased Ca²⁺ release (~1.4 fold) into the cytosol in cells starved for 3 h and treated with either TG or ionomycin (Fig. 2A and B). Similar observations were made with an independent experimental approach, using unidirectional ⁴⁵Ca²⁺-flux assays in saponin-permeabilized HeLa cells starved for 3 h as compared with non-starved cells. Here, we determined the Ca²⁺-store content by measuring the Ca²⁺-ionophore-releasable Ca²⁺. The addition of 10 μM A23187 caused a significantly larger release of ⁴⁵Ca²⁺ in cells pretreated for 3 h with HBSS (Fig. 2C).

To elucidate the underlying molecular mechanisms responsible for the increased Ca²⁺-store content, we evaluated different parameters related to ER function. ER stress and subsequent ER remodeling were already excluded (Fig. 1E). Hence, we analyzed the levels of several proteins important in cellular Ca²⁺ handling: the ER Ca²⁺ pump SERCA and the ER CaBPs, Grp78/BiP and calreticulin (CRT). The level of SERCA2b, the major isoform in these cells, was detected using an antibody specific for SERCA2b and was found to rapidly decline (-47 ± 5%) after 1 h of starvation (Fig. 2D). A decrease in SERCA2b can obviously not account for the increased Ca²⁺-store content. In contrast, Grp78/BiP and CRT levels were significantly elevated after 3 h of starvation (Grp78/BiP: +38 ± 10%; CRT: +46 ± 8%; Fig. 2E). A similar increase was observed in mouse L15 cells (Fig. S1E). Hence, an increased Ca²⁺-buffering capacity can contribute to the increased ER Ca²⁺-store content after 3 h of starvation. Finally, we assessed the unidirectional ER Ca²⁺-leak rate by measuring the rate of decline in the normalized Ca²⁺ content as a function of time, plotted on a logarithmic scale, as previously described.⁴² In cells starved for 3 h, the unidirectional ER Ca²⁺-leak rate was clearly reduced in comparison to the leak rate in control conditions (Fig. 2F).

Taken together, the increased Ca²⁺-store content is likely due to an upregulation of intraluminal CaBPs concomitant with a decline in the ER Ca²⁺-leak rate.

Starvation induces Ins(1,4,5)P₃R sensitization. Since changes in the steady-state ER Ca²⁺ content likely affect agonist-induced Ca²⁺ signals, we examined the response of non-starved and starved HeLa cells toward ATP. Figure 1B indicates that Fura-2 fluorescence (excitation ratio 340 nm/380 nm) in response to ATP was enhanced in starved cells. We verified whether these effects were confirmed after calibration of the Fura-2 fluorescence toward [Ca²⁺]_{cyt}, which indicated a significant increase in the Ca²⁺ response to low (-1.4 fold) and high (-1.6 fold) [ATP] in cells starved for 3 h (Fig. 3A and B).

To assess the role of the Ins(1,4,5)P₃R in this enhanced agonist-induced Ca²⁺ signaling, we examined the Ins(1,4,5)P₃R Ca²⁺-flux properties in saponin-permeabilized HeLa cells, in which the nonmitochondrial Ca²⁺ stores have been loaded with ⁴⁵Ca²⁺ to steady-state. This approach, performed in 12-well plates, allows a direct access to the Ins(1,4,5)P₃R and a very accurate assessment of its Ca²⁺-release activity under unidirectional

Ca²⁺-efflux conditions in the absence of SERCA Ca²⁺-uptake activity and of mitochondrial Ca²⁺ fluxes.^{43,44} Importantly, Ins(1,4,5)P₃ is added when the ER Ca²⁺ stores still contain ~50% of their maximal level, precluding any significant Ins(1,4,5)P₃R inhibition by store depletion.⁴⁵ Here, we directly compared in paired experiments untreated cells and cells starved for 3 h before experimental analysis. In agreement with the results obtained in intact cells, the Ins(1,4,5)P₃-induced Ca²⁺ release was potentiated after 3 h starvation (Fig. 3C). To reveal whether Ins(1,4,5)P₃Rs have been sensitized toward Ins(1,4,5)P₃ independently of the increased ER Ca₂₊ store, we normalized the values obtained for the Ins(1,4,5)P₃R-dependent Ca²⁺ release relative to ER Ca²⁺-store content (as given by the Ca²⁺-ionophore-releasable Ca²⁺). The data presented in Figure 3D show that Ins(1,4,5)P₃-induced Ca²⁺ release relative to the total releasable Ca²⁺ at that moment, was increased in HBSS-pretreated cells for submaximal doses of Ins(1,4,5)P₃ (≤ 3 μM), but not for saturating doses (30 μM) (Fig. 3D). This indicates that the Ins(1,4,5)P₃R is sensitized during early autophagy stimulation triggered by 3 h of starvation.

Beclin 1 is essential for Ins(1,4,5)P₃R sensitization during starvation, independently of its Bcl-2-binding site. To investigate whether the interaction of Beclin 1 with the Ins(1,4,5)P₃R is responsible for Ins(1,4,5)P₃R sensitization, we examined whether Ins(1,4,5)P₃R-Beclin 1 complexes were formed in HeLa cells during the initial response toward starvation. HeLa cells predominantly express Ins(1,4,5)P₃R3 (57%) and Ins(1,4,5)P₃R1 (28%).⁴⁶ Using western blot analysis, we analyzed the presence of Beclin 1 in immunopurified Ins(1,4,5)P₃R1 and Ins(1,4,5)P₃R3 complexes. This analysis revealed an interaction between Beclin 1 and the Ins(1,4,5)P₃R, which became much more pronounced in cells starved for 3 h (Fig. 4A and B), indicating that Ins(1,4,5)P₃R-Beclin 1-complex formation is dynamic and is enhanced during stimulation of autophagy. It should be noted that in some experiments this interaction could even not be observed in control conditions (Fig. 4A). In experiments in which the Ins(1,4,5)P₃R-Beclin 1 complex could be measured in control conditions, the interaction was ~4 times higher after 3 h of starvation (Fig. 4B). Moreover, we found a transient profile for Beclin 1 binding to Ins(1,4,5)P₃R1 during the first 5 h of starvation, which was similar to the transient change in LC3 lipidation (Fig. 4C).

To map the Beclin 1-binding site on the Ins(1,4,5)P₃R, we performed pull-down experiments using purified Beclin 1 and equal amounts of Ins(1,4,5)P₃R domains fused to GST. Recombinant Beclin 1 was purified as a GST-fusion protein in BL21 (DE3) *E. coli*, and afterwards the N-terminal GST tag was removed using PreScission protease (Fig. S2C). We examined the Beclin 1-binding properties of the functional domains of the N terminus of the Ins(1,4,5)P₃R (the complete ligand-binding domain (LBD; a.a. 1-604), which consists of the suppressor domain (a.a. 1-225) and the Ins(1,4,5)P₃-binding core [Ins(1,4,5)P₃BC; a.a. 226-604]) (Fig. S2A and S2B) using a GST-pull-down assay. The presence of the full-length GST-fusion proteins corresponding to the different Ins(1,4,5)P₃R domains in the pull-down reactions (Fig. 4D) was confirmed by western blot analysis using a GST antibody (Fig. S2B). The purified GST-Ins(1,4,5)P₃R

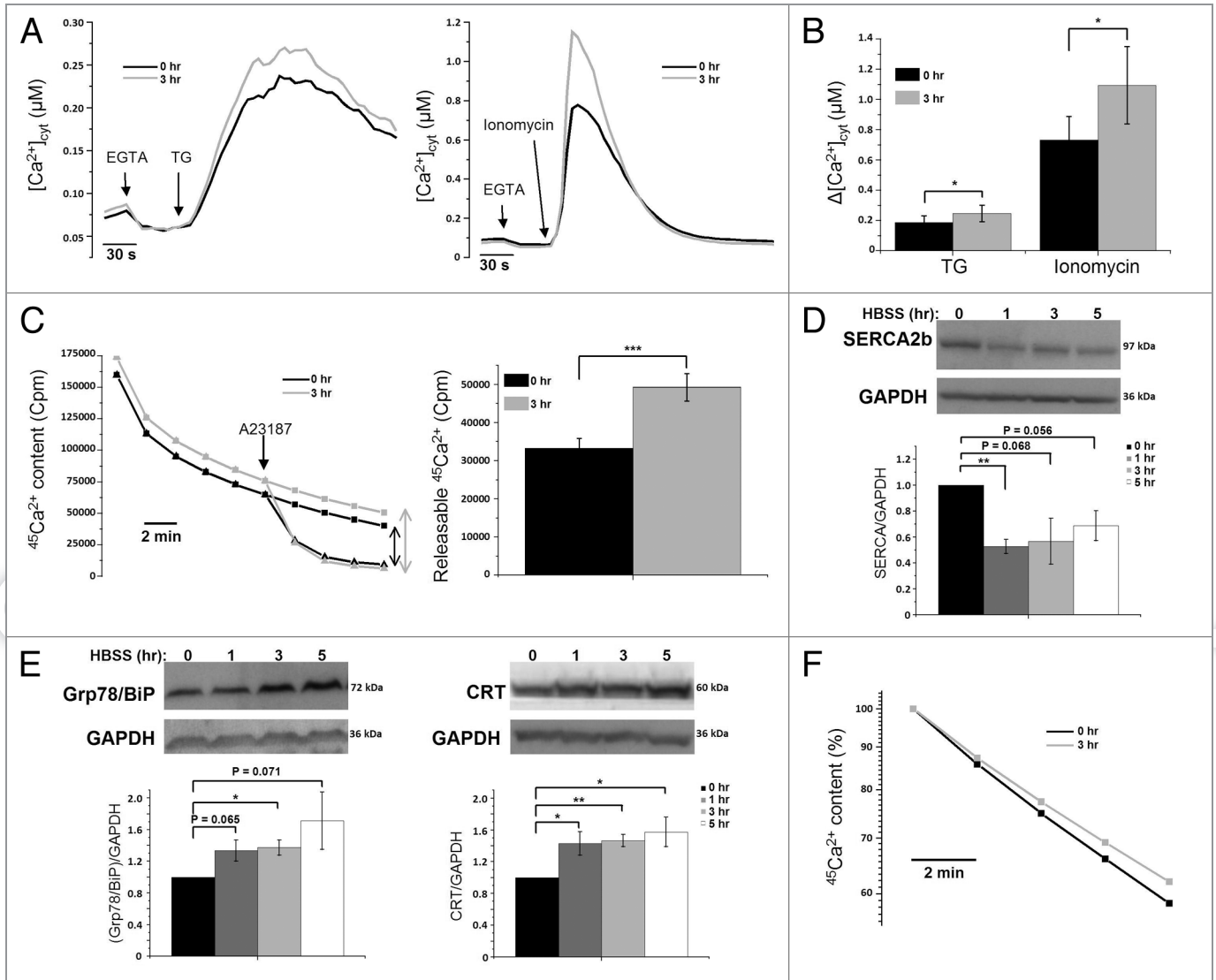


Figure 2. Increased Ca^{2+} -store content caused by upregulation of Ca^{2+} -binding proteins (CaBP) and decreased ER Ca^{2+} -leak rate during starvation. (A) Fura-2 measurements, calibrated for $[Ca^{2+}]_{cyt}$ in HeLa cells with (3 h) or without (0 h) starvation, after addition of 1 μM TG (left) or 10 μM Ionomycin (right). (B) Quantitative analysis of the increase of $[Ca^{2+}]_{cyt}$ ($\Delta[Ca^{2+}]_{cyt}$), assessed by subtracting resting value from peak value) after addition of TG (left) or Ionomycin (right) in cells with (3 h) or without (0 h) starvation ($n = 7$). (C) Unidirectional $^{45}Ca^{2+}$ -flux experiments in permeabilized cells pretreated with (3 h) or without (0 h) HBSS. Left: Ca^{2+} content is shown as a function of time of efflux. The single arrow indicates the addition of 10 μM A23187 (triangles); the double arrow represents the amount of Ca^{2+} released by A23187. Right: Quantification of the Ca^{2+} released by A23187 ($n = 8$). (D) Western blot analysis of SERCA2b from lysates of cells pretreated with HBSS for 0, 1, 3 or 5 h. Upper: Representative blots. Lower: Quantitative analysis of protein/GAPDH ratio normalized to control (0 h) conditions ($n = 4$). (E) Western blot analysis for CaBP proteins: Grp78/BiP (left) and calreticulin. (F) Decrease in ER Ca^{2+} content as a function of time in permeabilized cells pretreated with (3 h) or without (0 h) HBSS. Traces were normalized and expressed as percentage of the initial Ca^{2+} content. The ER Ca^{2+} -leak rate is presented as the decline of the ER $^{45}Ca^{2+}$ -store content as a function of time plotted on a logarithmic scale ($n = 4$). * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$ (paired t-test).

fragments were able to pull down purified Beclin 1 through a direct interaction. For $Ins(1,4,5)P_3R1$, the strongest Beclin 1 binding was observed to correspond to the suppressor domain, whereas for $Ins(1,4,5)P_3R3$, Beclin 1 interacted more potently with the entire LBD (Fig. 4D and E). All other domains of the $Ins(1,4,5)P_3R$, encompassing the entire protein, except for the transmembrane domain, were also tested, but showed no specific interaction with Beclin 1 (data not shown). This suggests that Beclin 1 directly binds to both $Ins(1,4,5)P_3R$ isoforms through

their respective suppressor domains and to a lesser extent through the $Ins(1,4,5)P_3$ -binding core, but the intramolecular determinants for Beclin 1 binding may be somewhat different for $Ins(1,4,5)P_3R1$ and $Ins(1,4,5)P_3R3$.

Because on the one hand Beclin 1 is able to bind to the N-terminal suppressor domain of the $Ins(1,4,5)P_3R$, which controls $Ins(1,4,5)P_3R$ -channel gating by interacting with the C-terminal Ca^{2+} -channel domain,⁴⁷ and on the other hand the Beclin 1- $Ins(1,4,5)P_3R$ interaction increases during starvation, we tested

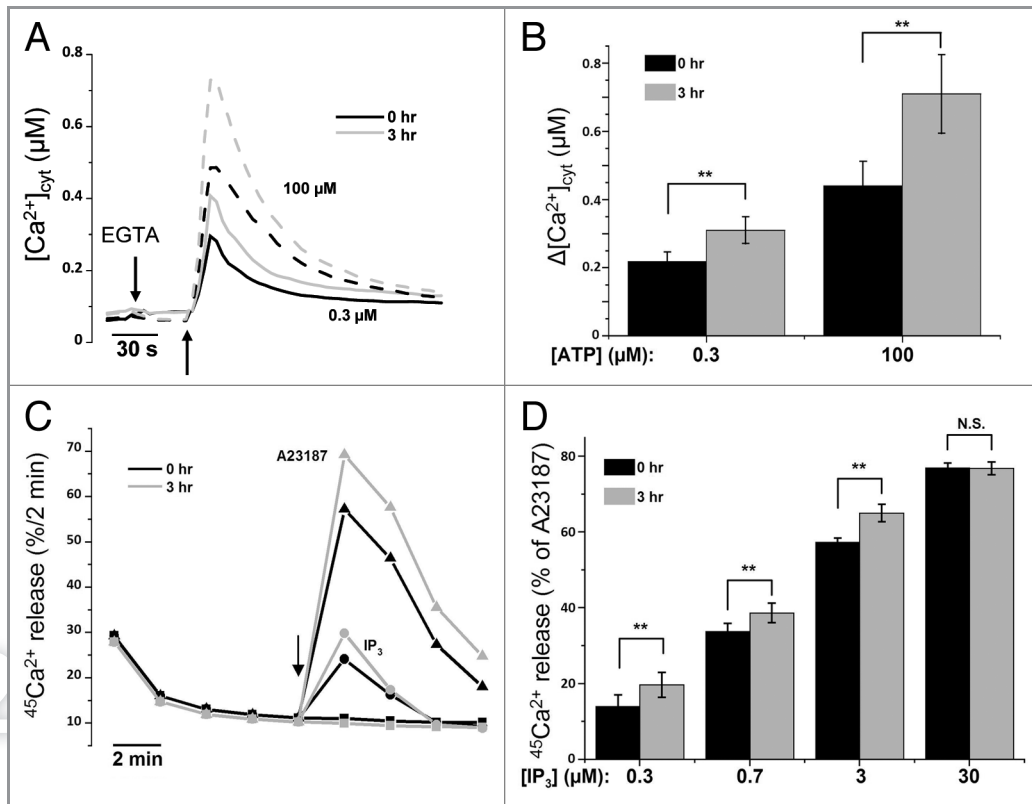


Figure 3. Sensitization of the Ins(1,4,5) P_3 R toward Ins(1,4,5) P_3 during starvation. (A) Mean traces of Fura-2 measurements, calibrated for $[Ca^{2+}]_{cyt}$ in HeLa cells with (3 h) or without (0 h) starvation, after addition of 0.3 μ M (full line) or 100 μ M (dashed line) ATP. (B) Quantitative analysis of the increase of $[Ca^{2+}]_{cyt}$ ($\Delta[Ca^{2+}]_{cyt}$; assessed by subtracting resting value from peak value) after addition of 0.3 μ M (left) or 100 μ M (right) ATP ($n = 7$). (C) Unidirectional $^{45}Ca^{2+}$ -flux experiments in permeabilized cells pretreated with (3 h) or without (0 h) HBSS. Mean fractional $^{45}Ca^{2+}$ release (%/2 min) is shown as a function of time. The effect of 0.7 μ M Ins(1,4,5) P_3 (circles), 10 μ M A23187 (triangles) or no addition (squares) are shown. The arrow indicates the addition of Ins(1,4,5) P_3 or A23187. (D) Quantitative analysis of the Ins(1,4,5) P_3 -induced $^{45}Ca^{2+}$ release relative to the A23187-induced $^{45}Ca^{2+}$ release for the indicated concentrations of Ins(1,4,5) P_3 in cells pretreated with (3 h) or without (0 h) HBSS ($n = 8$). ** $p < 0.01$; N.S. not significant (paired t-test).

whether Beclin 1 was responsible for the Ins(1,4,5) P_3 R sensitization observed during starvation. Therefore, we used two independent experimental approaches: (1) knockdown of *BECN1* using siRNA and (2) investigating the direct effect of recombinantly expressed and purified Beclin 1 on Ins(1,4,5) P_3 -induced Ca^{2+} -release using the unidirectional $^{45}Ca^{2+}$ -flux assay in permeabilized HeLa cells.

First, we performed siRNA-mediated knockdown of Beclin 1 using two independent siRNAs directed against two different regions of the *BECN1* mRNA. A control siRNA (siCtrl) was developed to assess non-specific effects. **Figure 5A** shows a western blot analysis of lysates obtained from siRNA-treated HeLa cells, monitoring the expression of Ins(1,4,5) P_3 R, the Atg12–Atg5 complex, Beclin 1 and the loading control, GAPDH. The results indicate an efficient knockdown of Beclin 1 by siBECN-1 1 and siBECN-1 2, while siCtrl did not reduce Beclin 1 protein levels. The Ins(1,4,5) P_3 R and Atg12–Atg5 were not significantly affected.

Importantly, as demonstrated by unidirectional $^{45}Ca^{2+}$ -flux assays in permeabilized HeLa cells treated with different siRNA probes, the starvation-induced sensitization of the Ins(1,4,5) P_3 R was abolished when Beclin 1 was knocked down using either

siBECN-1 1 or siBECN-1 2 (**Fig. 5B and E**). In contrast, siCtrl did not affect the sensitization of the Ins(1,4,5) P_3 R (**Fig. 5C and E**). The sensitization of the Ins(1,4,5) P_3 R was again calculated as the amount of Ins(1,4,5) P_3 -induced Ca^{2+} release, relative to the Ca^{2+} ionophore-induced Ca^{2+} release. Importantly, in non-starved cells, Beclin 1 knockdown had no significant effect on Ins(1,4,5) P_3 -induced Ca^{2+} release, suggesting a specific action of cellular Beclin 1 on the Ins(1,4,5) P_3 R during starvation-induced autophagy.

Since Beclin 1 knockdown also leads to a deficiency in the stimulation of autophagy,⁹ we tested whether the absence of Ins(1,4,5) P_3 R sensitization was due to the absence of Beclin 1 or to autophagic deficiency. Therefore, we performed identical experiments in siAtg5-treated cells. Atg5 is another essential key player in autophagy, but one step more downstream in the autophagic pathway. Hence, like Beclin 1, knockdown of Atg5 will prevent autophagy stimulation. However, Beclin 1 still dissociates from the Bcl-2-family proteins in response to starvation. Interestingly, in siAtg5-treated cells, the starvation-induced sensitization of the Ins(1,4,5) P_3 R was still observed (**Fig. 5D and E**), indicating that Ins(1,4,5) P_3 R sensitization did not result from a downstream event during autophagy but was dependent on the presence of

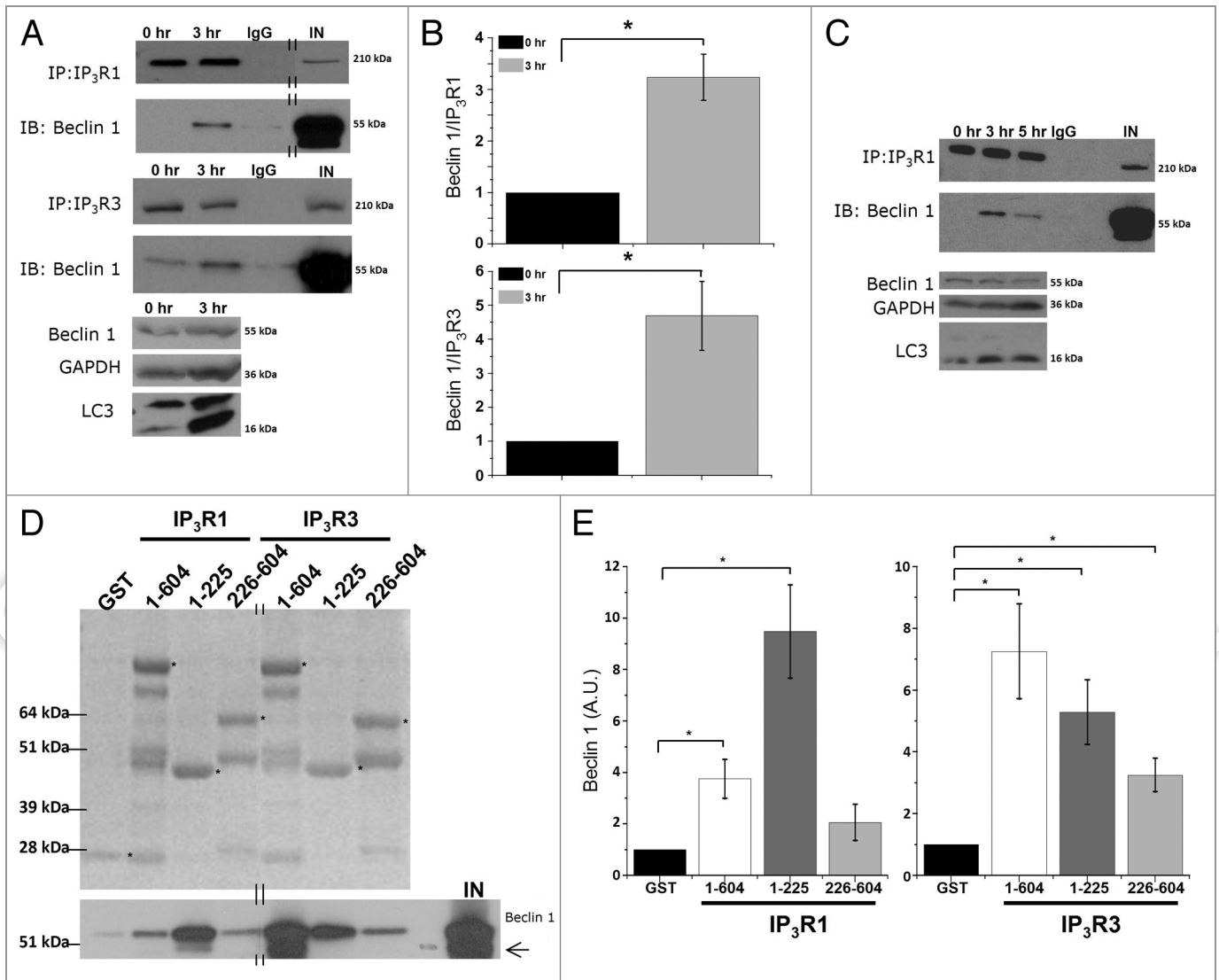


Figure 4. Beclin 1 binding to Ins(1,4,5) P_3 R_s is enhanced during starvation and directly targets the suppressor domain. (A) Co-immunoprecipitation experiments of Beclin 1 with Ins(1,4,5) P_3 R₁ and Ins(1,4,5) P_3 R₃ from lysates of HeLa cells pretreated with (3 h) or without (0 h) HBSS. Representative blots are shown of co-immunoprecipitation experiments with Ins(1,4,5) P_3 R₁ and Ins(1,4,5) P_3 R₃ and immunoblot for Beclin 1 (upper four panels). IgG = negative control (samples of both 0 h and 3 h were analyzed with the same result); IN = input. The double lines indicate that the lanes were taken from another part of the same gel. Lower three panels represent the levels of the indicated proteins analyzed by western blotting. (B) Quantitative analysis of the Beclin 1/Ins(1,4,5) P_3 R₁ (upper) or Beclin 1/Ins(1,4,5) P_3 R₃ (lower) ratio in the immunoprecipitate in samples where binding in basal conditions was detectable (n = 3). (C) Representative co-immunoprecipitation experiment of Beclin 1 with Ins(1,4,5) P_3 R₁ from lysates of HeLa cells starved (3 h or 5 h) or not (0 h). IgG = negative control; IN = input. Lower three panels represent the levels of the indicated proteins analyzed by western blotting analysis. (D) Pull-down experiments with GST-fused domains of Ins(1,4,5) P_3 R₁ and Ins(1,4,5) P_3 R₃ and purified Beclin 1. Ligand-binding domain (1–604); suppressor domain (1–225); Ins(1,4,5) P_3 -binding core (226–604). Representative example is shown of a pull-down experiment. The GST-fusion proteins were visualized with SYPRO Orange, while Beclin 1 was detected using anti-Beclin 1. The asterisks indicate the intact GST-Ins(1,4,5) P_3 R fragments. The double lines indicate that the lanes were taken from another part of the same gel. A Beclin 1 degradation product can be observed in some lanes, as is indicated by the arrow. IN = input. (E) Comparative analysis of the amount of Beclin 1 present in the pull-down experiments, normalized to control conditions (GST) (n = 4). *p < 0.05 (paired t-test).

Beclin 1. The decreased Ins(1,4,5) P_3 -induced Ca^{2+} release in siAtg5-treated cells in control conditions (Fig. 5E) is likely due to the decline in Ins(1,4,5) P_3 R-expression level, which was observed in western blots (Fig. 5A). However, the reason for this is not clear.

These experiments point toward a direct action of Beclin 1 on the Ins(1,4,5) P_3 R. Therefore, we expressed and purified

recombinant Beclin 1 as a GST-fusion protein in BL21 (DE3) *E. coli* and removed the N-terminal GST tag using PreScission protease (Fig. S2C). After its dialysis against efflux medium, we examined its direct effect on Ins(1,4,5) P_3 R-mediated Ca^{2+} flux using the unidirectional $^{45}Ca^{2+}$ -flux assay in permeabilized HeLa cells. Since Beclin 1 is a relatively large protein (~55 kDa), its yield was relatively low (~2.5 μ M), though unidirectional $^{45}Ca^{2+}$ -flux

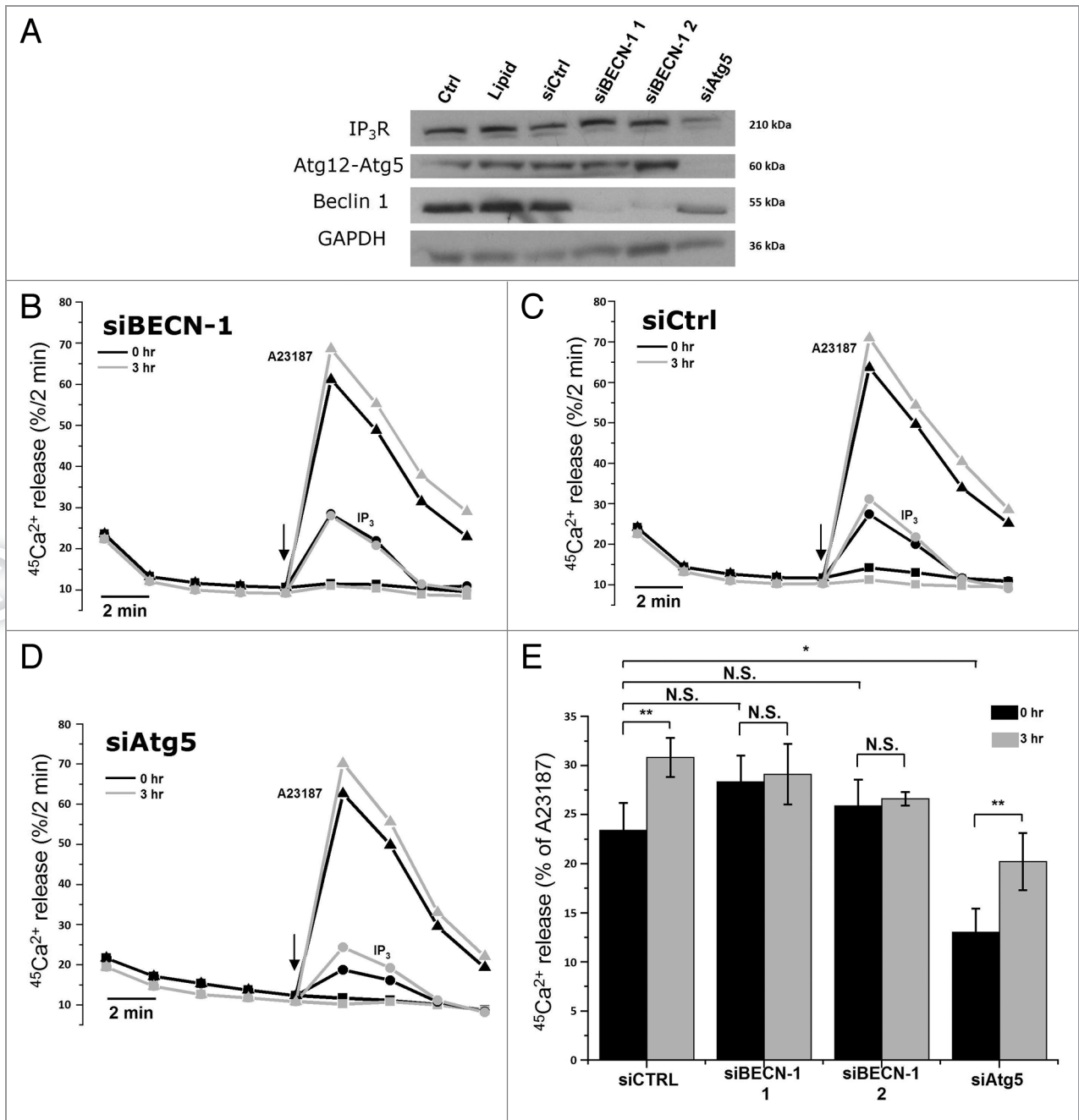


Figure 5. siRNA-mediated knockdown of Beclin 1, but not of Atg5, abolishes starvation-induced sensitization of Ins(1,4,5) P_3 . (A) Western blot analysis of indicated proteins in HeLa cells treated with indicated siRNA duplexes. (B) Unidirectional $^{45}\text{Ca}^{2+}$ -flux experiments in siRNA-treated permeabilized cells pretreated with (3 h) or without (0 h) HBSS. During the experiment cells were exposed to 0.7 μM Ins(1,4,5) P_3 (circles) or 10 μM A23187 (triangles). The arrows indicate the addition of Ins(1,4,5) P_3 or A23187. Representative traces are shown of fractional $^{45}\text{Ca}^{2+}$ release (%/2 min) as a function of time in cells treated with siRNA against *BECN1* siBECN-1. (C) Unidirectional $^{45}\text{Ca}^{2+}$ -flux experiments in control siRNA (siCtrl)-treated cells. (D) Unidirectional $^{45}\text{Ca}^{2+}$ -flux experiments in siRNA-treated cells against *ATG5* (siAtg5). (E) Quantitative analysis of the Ins(1,4,5) P_3 -induced $^{45}\text{Ca}^{2+}$ release relative to the A23187-induced $^{45}\text{Ca}^{2+}$ release in cells pretreated with (3 h) or without (0 h) HBSS (n = 4). *p < 0.05; **p < 0.01; N.S. not significant (paired t-test).

assays require a high amount of protein for adequate testing.^{48,49} A contaminant obtained with this procedure consists of the *E. coli* Hsp70 chaperone DnaK, which copurifies during bacterial GST-fusion protein purifications.⁵⁰ We added recombinant Beclin 1 at this maximal concentration of 2.5 μM , 2 min before Ins(1,4,5) P_3

addition and during Ins(1,4,5) P_3 addition. We used a submaximal [Ins(1,4,5) P_3] (0.7 μM , i.e., just below the EC_{50} value) and a supramaximal [Ins(1,4,5) P_3] (30 μM). As an additional control, we also used 2.5 μM GST. GST at 2.5 μM did not significantly alter the Ins(1,4,5) P_3 -induced Ca^{2+} release (Fig. S2D). Beclin 1 at

2.5 μM potentiated $\text{Ins}(1,4,5)\text{P}_3\text{R}$ -mediated Ca^{2+} release in response to 0.7 μM $\text{Ins}(1,4,5)\text{P}_3$ ($+13 \pm 3\%$), but not to 30 μM $\text{Ins}(1,4,5)\text{P}_3$ ($-6 \pm 4\%$) (Fig. 6A and B). These results indicate that purified Beclin 1 is able to acutely and directly sensitize $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$.

To further substantiate these findings, we examined three functional domains of Beclin 1 expressed as recombinant proteins: the N-terminal domain with the BH3 domain (N-BH3; a.a. 1-150), the coiled-coil domain (CCD; a.a. 151-244) and the evolutionarily conserved domain together with the C-terminal tail (ECD-C; a.a. 244-450) (Fig. S3A). Similarly to full-length Beclin 1, we expressed and purified these domains as GST-fused proteins and removed the GST tag. Since these proteins are relatively small, much higher yields were obtained, and they could be diluted to a final concentration of 10 μM . These recombinant Beclin 1 domains were found to be of high purity and stable (Fig. S3B). Their identity was confirmed using site-specific Beclin 1 antibodies (Fig. S3C). Similar to the full-length Beclin 1, these domains were applied in the unidirectional $^{45}\text{Ca}^{2+}$ -flux assays to assess their effect on the $\text{Ins}(1,4,5)\text{P}_3\text{R}$ (Fig. 6C and D). We found that both N-BH3 and CCD stimulated $\text{Ins}(1,4,5)\text{P}_3$ -induced Ca^{2+} release, of which N-BH3 was the most potent. In contrast, ECD-C did not alter $\text{Ins}(1,4,5)\text{P}_3\text{R}$ function. Strikingly, this stimulatory effect of N-BH3 on the $\text{Ins}(1,4,5)\text{P}_3\text{R}$ was even larger than for full-length Beclin 1, probably reflecting the higher concentrations used for these shorter domains (10 μM vs. 2.5 μM). These experiments therefore underpin our findings concerning full-length Beclin 1 and point toward a role for both N-BH3 and CCD in $\text{Ins}(1,4,5)\text{P}_3\text{R}$ regulation. Moreover, these experiments rule out potential artifacts due to the contaminating bacterial DnaK present in our GST-fusion protein preparations, given the (very) low level of DnaK in the active N-BH3 and CCD preparations.

Finally, because Beclin 1 binds to Bcl-2, and Bcl-2 can suppress $\text{Ins}(1,4,5)\text{P}_3$ -induced Ca^{2+} release,^{34,51,52} we assessed whether the effect of Beclin 1 on $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$ could be due to its binding of Bcl-2. Therefore, we recombinantly expressed and purified Beclin 1-F123A, a Beclin 1 mutant that is unable to bind Bcl-2 (Fig. S2C).⁵³ Beclin 1-F123A's deficiency in binding Bcl-2 was confirmed by a pull-down analysis (Fig. S2E). Similar to wild-type Beclin 1, Beclin 1-F123A still interacted with the complete LBD as well as with the suppressor domain of the $\text{Ins}(1,4,5)\text{P}_3\text{R}$ in GST-pull-down assays (Fig. 6E) and potentiated the $\text{Ins}(1,4,5)\text{P}_3$ -induced Ca^{2+} release in permeabilized HeLa cells in unidirectional $^{45}\text{Ca}^{2+}$ -flux assays (Fig. 6F). This indicates that Beclin 1-mediated $\text{Ins}(1,4,5)\text{P}_3\text{R}$ sensitization is independent of its interaction with Bcl-2. However, co-immunoprecipitation studies in lysates of HeLa cells overexpressing Beclin 1-F123A revealed that in a cellular context this mutant did not interact with $\text{Ins}(1,4,5)\text{P}_3\text{R}$, neither at 0 h nor after 3 h starvation (Fig. 6G), indicating an indirect role of Bcl-2 at the ER in the Beclin 1- $\text{Ins}(1,4,5)\text{P}_3\text{R}$ association. This is supported by co-immunoprecipitation experiments indicating that Beclin 1 was released from Bcl-2 during starvation (Fig. 6H), as was previously described.^{12,53} Thus, these data suggest that Beclin 1 at the ER shuttles from Bcl-2 to $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$, thereby enhancing its Ca^{2+} -release activity.

Cytosolic Ca^{2+} and $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$ are required for starvation-induced autophagy. Using the cell-permeable Ca^{2+} -chelating agent BAPTA-AM or the $\text{Ins}(1,4,5)\text{P}_3\text{R}$ inhibitor xestospongine B (XeB),⁵⁴ we analyzed whether $\text{Ins}(1,4,5)\text{P}_3$ -induced Ca^{2+} signaling is critical for the autophagy response toward starvation. One hour before collecting the cells, we added 100 nM bafilomycin A₁ (Baf A1), a blocker of lysosomal H^+ -ATPase, in order to measure the formation of LC3-II during the last hour, independently of its degradation in autolysosomes. Using the methods proposed to properly analyze autophagy,³⁶ we calculated the LC3-II/GAPDH ratio. Interestingly, loading the cells with 10 μM BAPTA-AM significantly diminished the increase of LC3-II levels (Fig. 7A) and of GFP-LC3 puncta (Fig. 7B) after 3 h of starvation. Addition of 2 μM XeB also blunted the increased lipidation of LC3 (Fig. 7C) and GFP-LC3-puncta formation (Fig. 7D) after 3 h of starvation. It should be noted that, as previously described,^{23,31} XeB increased basal autophagy (Fig. 7C and D), albeit less strongly than starvation. Similar results for BAPTA and XeB treatment were obtained in mouse L15 cells (Fig. S1F). These results strongly suggest that proper cytosolic Ca^{2+} signaling through $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$ is a requisite for autophagy induction by starvation.

Discussion

The key finding of the present study is a bidirectional feedback regulation between intracellular Ca^{2+} signaling and autophagy initiation, making both processes interdependent: $\text{Ins}(1,4,5)\text{P}_3$ -mediated Ca^{2+} signaling is transiently sensitized during autophagy stimulation by starvation, while proper autophagy initiation requires $\text{Ins}(1,4,5)\text{P}_3$ -mediated Ca^{2+} signaling. This finding is supported by different observations: Ca^{2+} measurements in starved cells displayed an increased ER Ca^{2+} -store content as well as a sensitization of the $\text{Ins}(1,4,5)\text{P}_3\text{R}$. Both events resulted in an increased Ca^{2+} release. We identified several parameters underlying these events: intraluminal CaBPs (Grp78/BiP and CRT) were upregulated, the ER Ca^{2+} -leak rate was decreased and Beclin 1 association to the $\text{Ins}(1,4,5)\text{P}_3\text{R}$ was enhanced. Beclin 1 bound to the N-terminal $\text{Ins}(1,4,5)\text{P}_3\text{R}$ suppressor domain, a region important for $\text{Ins}(1,4,5)\text{P}_3\text{R}$ -channel gating and sensitized the $\text{Ins}(1,4,5)\text{P}_3\text{R}$ to low/medium [$\text{Ins}(1,4,5)\text{P}_3$]. These findings elucidate Beclin 1 as a novel $\text{Ins}(1,4,5)\text{P}_3\text{R}$ -regulating protein that is dynamically regulated during autophagy stimulation. Finally, by dampening intracellular Ca^{2+} signals using BAPTA-AM or XeB, we identified cytosolic Ca^{2+} and $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$ as critical factors in starvation-induced autophagy.

Stimulation of autophagy induces a sensitization of the Ca^{2+} machinery. Our results demonstrate that starvation induced a molecular remodeling process leading to a transient sensitization of the Ca^{2+} -signaling machinery. Interestingly, the time course of this sensitization correlated well with the stimulation of autophagy (as evidenced by the LC3-II levels and GFP-LC3 puncta formation), while ER stress and apoptosis were not yet initiated. This indicates that a sensitization of Ca^{2+} signaling is a proximal response during the first 3 h of starvation. After 5 h of starvation, the increase in ER Ca^{2+} -store content, in agonist-induced Ca^{2+}

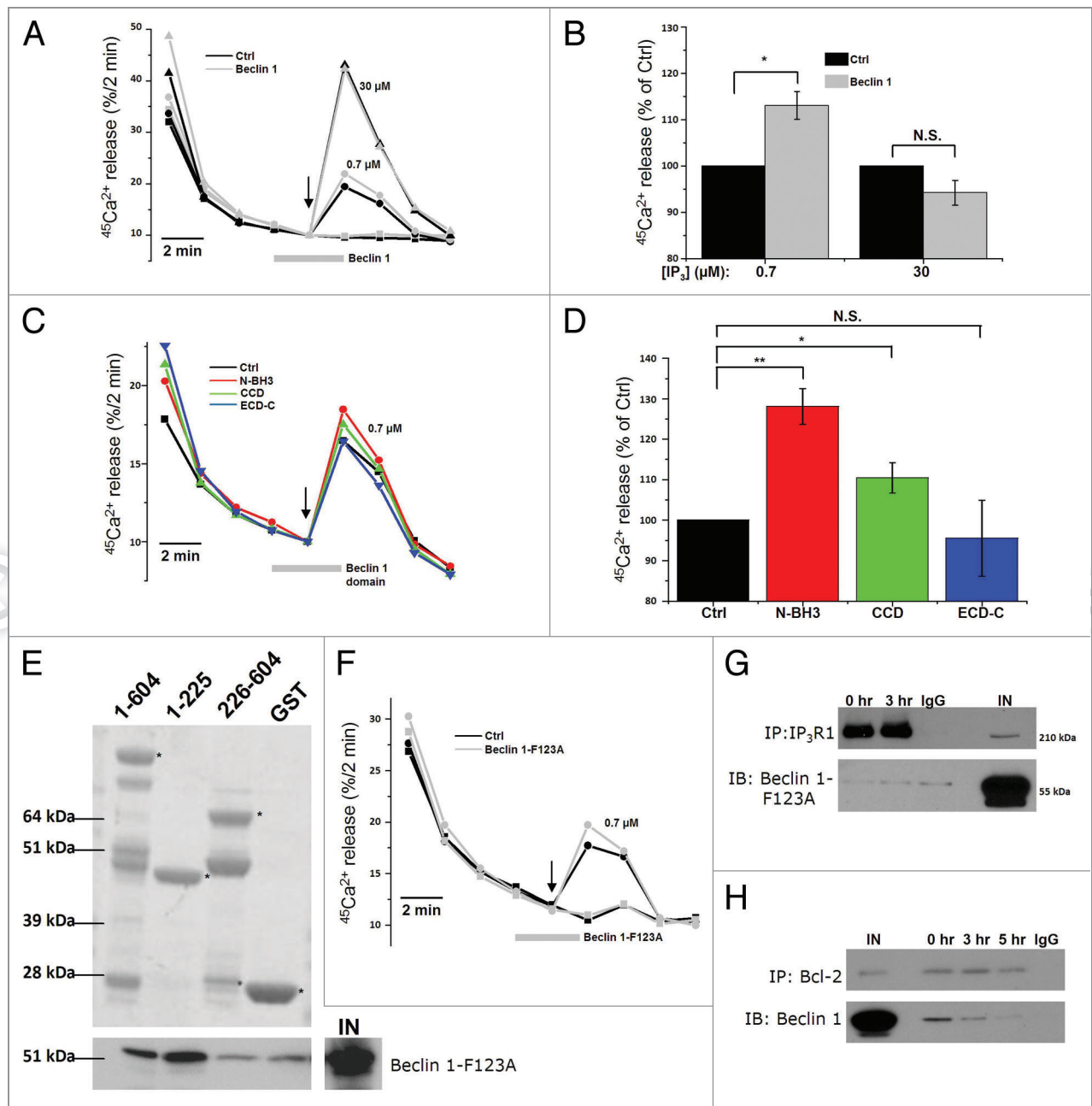


Figure 6. Purified Beclin 1 directly sensitizes the Ins(1,4,5) P_3 toward Ins(1,4,5) P_3 , independently of Bcl-2. (A) Unidirectional $^{45}\text{Ca}^{2+}$ -flux experiments in permeabilized HeLa cells with (gray; Beclin 1) or without (black; Ctrl) the addition of 2.5 μM purified Beclin 1. Mean fractional $^{45}\text{Ca}^{2+}$ release (%/2 min) as a function of time is shown in the absence or presence of 2.5 μM purified Beclin 1, added for 4 min, starting 2 min prior to the addition of 0.7 (circles) or 30 μM Ins(1,4,5) P_3 (triangles). The arrow indicates the addition of Ins(1,4,5) P_3 . (B) Quantification of the $^{45}\text{Ca}^{2+}$ release triggered by the indicated concentration of Ins(1,4,5) P_3 , normalized to control conditions ($n = 4$). (C) Mean traces of unidirectional $^{45}\text{Ca}^{2+}$ -flux experiments in permeabilized HeLa cells without (black; Ctrl) or with 10 μM purified Beclin 1 domains (N-BH3: red; CCD: green; ECD-C: blue), added for 4 min, starting 2 min prior to the addition of 0.7 μM Ins(1,4,5) P_3 . The arrow indicates the addition of Ins(1,4,5) P_3 . (D) Quantification of the $^{45}\text{Ca}^{2+}$ release triggered by 0.7 μM Ins(1,4,5) P_3 , normalized to control conditions, after addition of the indicated Beclin 1 domains ($n = 4$). (E) Representative example of pull-down experiments with GST-fused domains of Ins(1,4,5) P_3 R1 and purified Beclin 1-F123A. The GST-fusion proteins were visualized using SYPRO Orange, while Beclin 1 was detected using anti-Beclin 1. IN = input. The asterisks indicate the different domains: ligand-binding domain (1–604); suppressor domain (1–225); Ins(1,4,5) P_3 -binding core (226–604). (F) Representative unidirectional $^{45}\text{Ca}^{2+}$ -flux experiment in permeabilized cells with (gray; Beclin 1-F123A) or without (black; Ctrl) 2.5 μM purified Beclin 1-F123A added for 4 min, starting 2 min prior to the addition of 0.7 μM Ins(1,4,5) P_3 (circles). The arrow indicates the addition of Ins(1,4,5) P_3 . (G) Representative co-immunoprecipitation experiment of Beclin 1-F123A with Ins(1,4,5) P_3 R1 from lysates of HeLa cells transfected with Beclin 1-F123A and pretreated with (3 h) or without (0 h) HBSS. IgG = negative control; IN = Input. (H) Representative co-immunoprecipitation experiment of Beclin 1 with Bcl-2 from lysates of HeLa cells transfected with Beclin 1 and pretreated with (3 or 5 h) or without (0 h) HBSS. IgG = negative control; IN = Input. * $p < 0.05$; ** $p < 0.01$; N.S. not significant (paired t-test).

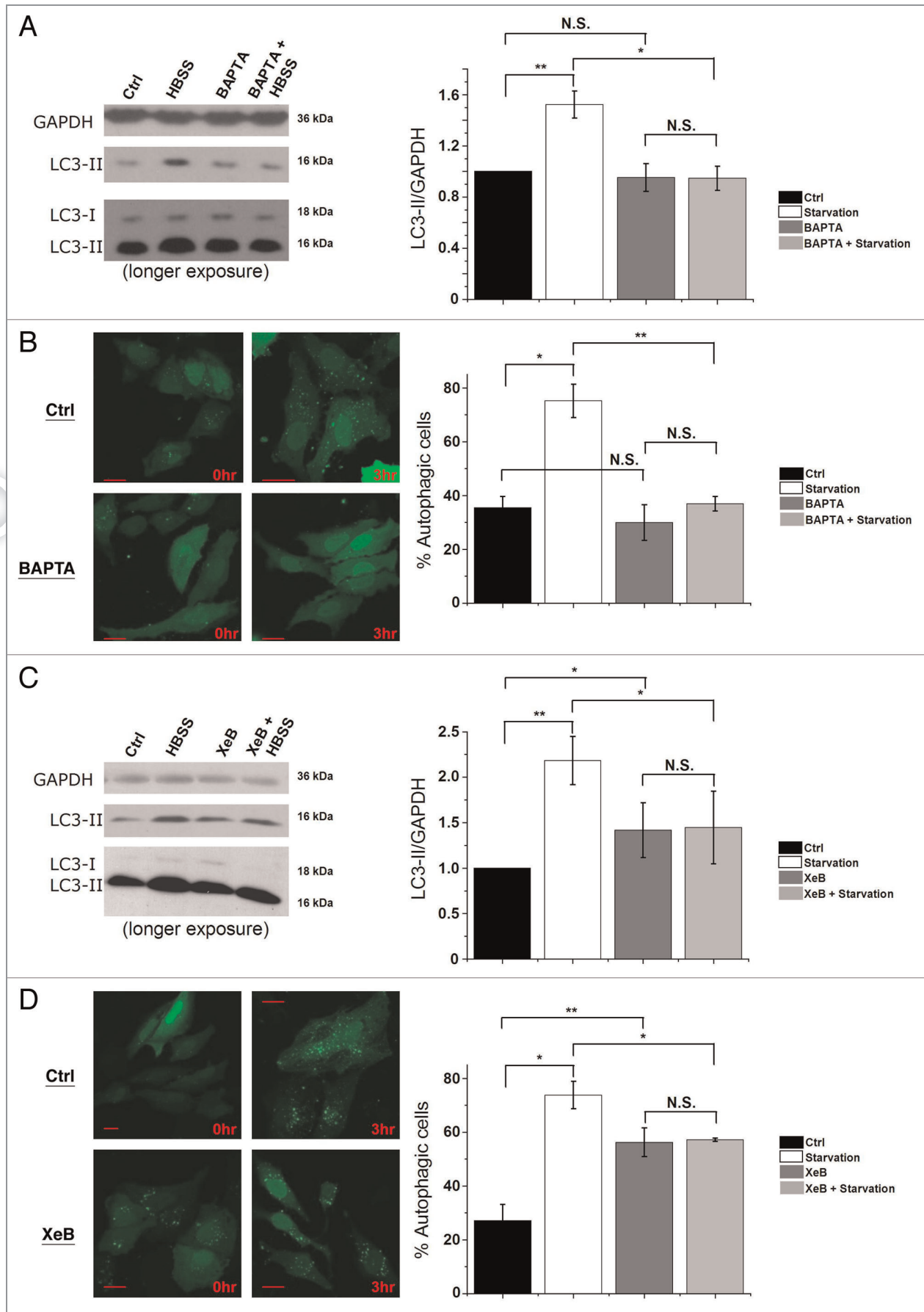


Figure 7 (See opposite page). Intracellular Ca^{2+} and $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$ are requisite for starvation-induced autophagy. (A) LC3 western blotting in HeLa cells treated without (Ctrl) or with HBSS for 3 h, 10 μM BAPTA-AM or both (BAPTA + HBSS). One hour before collecting cells, 100 nM Baf A1 was added. Cells were given BAPTA-AM for 30 min, then washed with complete cell culture medium (DMEM) as the control or HBSS and incubated for 3 h before collecting. Left: Representative blots. Right: Quantification of LC3-II/GAPDH ratio, normalized to control conditions ($n = 4$). (B) GFP-LC3-puncta formation in HeLa cells transfected with GFP-LC3 constructs. Cells were treated without (0 h) or with HBSS (3 h), and without (Ctrl) or with 10 μM BAPTA-AM (BAPTA). Left: Representative pictures. The scale bar represents 20 μm . Right: Quantification of autophagic cells. Only cells displaying more than 10 puncta were considered autophagic ($n = 3$). Similar results were obtained when the number of GFP-LC3 puncta were quantified. (C) LC3 western blotting in cells treated without (Ctrl) or with HBSS for 3 h, 2 μM XeB or both (XeB + HBSS). One hour before collecting cells, 100 nM Baf A1 was added. Left: Representative blots. Right: Quantification of LC3-II/GAPDH ratio, normalized to control conditions ($n = 5$). (D) GFP-LC3-puncta formation in HeLa cells transfected with GFP-LC3 constructs. Cells were treated without (0 h) or with HBSS (3 h), and without (Ctrl) or with 2 μM XeB. Left: Representative pictures. The scale bar represents 20 μm . Right: Quantification of autophagic cells. Only cells displaying more than 10 puncta were considered autophagic ($n = 3$). * $p < 0.05$; ** $p < 0.01$; N.S. not significant (paired t-test).

signaling and in LC3 lipidation were abolished in HeLa cells (Fig. 1A–D). Also in other cell types, MEF and L15 cells, the transient changes in Ca^{2+} signaling correlated well with the time course of LC3 lipidation (Fig. S1A–D).

We verified several key players that regulate ER Ca^{2+} homeostasis, like SERCA2b, intralumenal CaBPs, and ER Ca^{2+} leak by monitoring their levels/activity during this proximal phase of starvation. Interestingly, SERCA2b levels were significantly reduced by ~50% even as early as after 1 h of starvation. After 3–5 h, these levels slowly increased again, but they were still lower than in control conditions. The mechanism underpinning the decline in SERCA2b levels remains elusive, but may involve reactive oxygen species (ROS)-dependent damage to the SERCA Ca^{2+} pumps. Indeed, ROS accumulate within 30 min of starvation.⁵⁵ Importantly, ROS (and in particular $^1\text{O}_2$) was already shown to rapidly lead to damage to SERCA Ca^{2+} pumps, at least during photodynamic therapy.⁵⁶ In contrast to SERCA, CaBPs were upregulated during starvation. While the exact underlying mechanism remains unknown, it is likely that CaBPs are upregulated at the transcriptional level, since amino acid depletion has been shown to augment the amount of stress proteins via this mechanism.⁵⁷ The augmented CaBP levels correlated with a declined unidirectional ER Ca^{2+} -leak rate in starved cells. Indeed, increasing the Ca^{2+} -buffering capacity by upregulation of the intralumenal CaBPs may decrease the luminal free Ca^{2+} available for the ER Ca^{2+} -leak channels.⁵⁸ Hence, the proximal responses toward starvation consist of an upregulation of CaBPs, resulting in a reduced Ca^{2+} -leak rate and an increased ER Ca^{2+} -store content. This inevitably enhances Ca^{2+} release from the ER to the cytosol, e.g., in response to basal levels of $\text{Ins}(1,4,5)\text{P}_3$ or in response to agonists that induce $\text{Ins}(1,4,5)\text{P}_3$ production, which is in line with previous publications concerning the role of intracellular Ca^{2+} stores in autophagy.^{59,60} Besides the increased ER Ca^{2+} -store content, enhanced ER Ca^{2+} signaling was also due to $\text{Ins}(1,4,5)\text{P}_3\text{R}$ sensitization toward low [$\text{Ins}(1,4,5)\text{P}_3$].

Beclin 1 is essential for $\text{Ins}(1,4,5)\text{P}_3\text{R}$ sensitization during autophagy stimulation. Using co-immunoprecipitation and GST-pull-down experiments, we identified an interaction of Beclin 1 with the LBD (a.a. 1-604) of the $\text{Ins}(1,4,5)\text{P}_3\text{R}$. This interaction was enhanced during autophagy stimulation in response to starvation. Moreover, depleting cells of Beclin 1 using siRNA abolished the sensitization of the $\text{Ins}(1,4,5)\text{P}_3\text{R}$ after starvation. The effect of Beclin 1 represents a direct modulation of the $\text{Ins}(1,4,5)\text{P}_3\text{R}$ for two reasons: (1) depleting cells of another essential autophagy

protein, Atg5, which acts downstream of Beclin 1, did not affect $\text{Ins}(1,4,5)\text{P}_3\text{R}$ sensitization during starvation, and (2) bacterially expressed and purified recombinant Beclin 1 was sufficient to directly elicit $\text{Ins}(1,4,5)\text{P}_3\text{R}$ sensitization in the absence of starvation. The in vitro binding and stimulation of the $\text{Ins}(1,4,5)\text{P}_3\text{R}$ by Beclin 1 was also established for Beclin 1-F123A, a mutant that cannot bind Bcl-2. This excludes that the effects of Beclin 1 are mediated indirectly by counteracting the binding of Bcl-2 to the $\text{Ins}(1,4,5)\text{P}_3\text{R}$, which too would result in an increased $\text{Ins}(1,4,5)\text{P}_3\text{R}$ -mediated Ca^{2+} flux.^{34,52} However, in a cellular context, Beclin 1-F123A neither formed endogenous protein complexes with the $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$ nor displayed increased binding to $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$ upon starvation. These data correlate well with the findings observed by Vicencio et al. who showed that Bcl-2 knockdown prevented the binding of Beclin 1 to the $\text{Ins}(1,4,5)\text{P}_3\text{R}$ in a cellular context.³¹ Moreover, Beclin 1 is released from Bcl-2 during starvation (Fig. 6H).^{12,53} Collectively, these data suggest an indirect role of Bcl-2 in this process, in which Bcl-2 at the ER may be needed to tether Beclin 1 in close proximity of its target, the $\text{Ins}(1,4,5)\text{P}_3\text{R}$, at the ER during autophagy (Fig. 8). This is in line with the observations that overexpression of ER-targeted, but not mitochondrial, Bcl-2 is able to affect autophagy.^{27,53}

While the interaction between Beclin 1 and the $\text{Ins}(1,4,5)\text{P}_3\text{R}$ has previously been reported by Kroemer and coworkers,³¹ our data provide a novel role for the $\text{Ins}(1,4,5)\text{P}_3\text{R}$ -Beclin 1 complexes during autophagy stimulation. The former report focuses on Beclin 1- $\text{Ins}(1,4,5)\text{P}_3\text{R}$ interaction in basal conditions and hypothesizes that $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$ act as scaffold proteins that bind Beclin 1 and Bcl-2 separately, thereby promoting Bcl-2's interaction with and inhibition of Beclin 1. In their study,³¹ knockdown of Beclin 1 did not affect intracellular Ca^{2+} homeostasis. Collectively, our results presented here and the report by Vicencio et al.³¹ indicate that the state of the cell, starved or nonstarved, may determine the role of Beclin 1 on the $\text{Ins}(1,4,5)\text{P}_3\text{R}$ (Fig. 8). In nonstarved cells, Beclin 1 could interact with the $\text{Ins}(1,4,5)\text{P}_3\text{R}$, but indirectly through Bcl-2, thereby not affecting $\text{Ins}(1,4,5)\text{P}_3\text{R}$ function. In this situation, knockdown of Bcl-2 would reduce the interaction of Beclin 1 with the $\text{Ins}(1,4,5)\text{P}_3\text{R}$,³¹ but overexpression or knockdown of Beclin 1 would have no effect on Ca^{2+} homeostasis (Fig. 5E).^{16,31} It should be noted that in the nonstarved situation we did not consistently find Beclin 1 binding to $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$, which may be due to a low affinity of the binding under our experimental conditions. In the starved

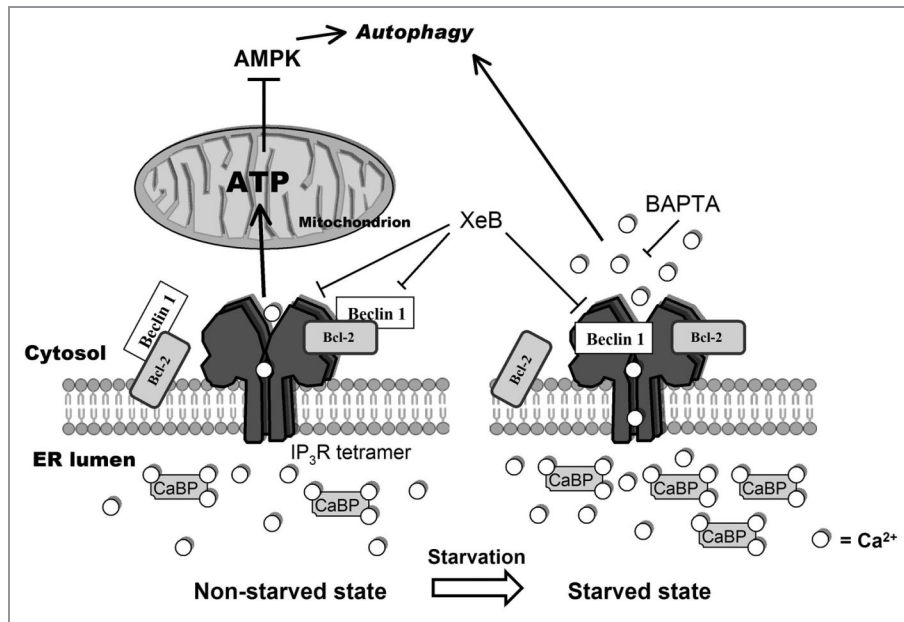


Figure 8. Model representing changes in the Ca^{2+} signalosome during starvation. In the non-starved state (left) $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$ inhibit autophagy through a Ca^{2+} signal in the ER-mitochondria microdomains to fuel mitochondrial energetics, thereby inhibiting AMPK and autophagy.²⁶ In this situation, Beclin 1 likely is kept at the ER in the proximity of the $\text{Ins}(1,4,5)\text{P}_3\text{R}$ through ER-localized Bcl-2. Alternatively, there may be a scaffolding role for $\text{Ins}(1,4,5)\text{P}_3\text{R}/\text{Bcl-2}$ complexes capturing Beclin 1.³¹ During starvation (right), however, an upregulation of Ca^{2+} -binding proteins (CaBP) together with the direct binding of Beclin 1 to $\text{Ins}(1,4,5)\text{P}_3\text{R}$'s ligand-binding domain, underpins a sensitized Ca^{2+} signaling through $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$, leading to autophagy stimulation. The target of this Ca^{2+} signal is probably cytosolic. While Bcl-2 is essential for facilitating $\text{Ins}(1,4,5)\text{P}_3\text{R}$ -Beclin 1 complex formation in a cellular context, the mechanism by which Beclin 1 sensitizes $\text{Ins}(1,4,5)\text{P}_3\text{R}$ activity is direct and does not involve Bcl-2. We propose that upon starvation Beclin 1 at the ER shuttles from Bcl-2 to the $\text{Ins}(1,4,5)\text{P}_3\text{R}$.

state, however, Beclin 1 is released from Bcl-2, and is thereby able to interact directly with the LBD and so to sensitize $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$ (Fig. 8). This is supported by our experiments using recombinantly expressed wild-type Beclin 1 and Beclin 1-F123A, which is unable to bind Bcl-2 (Fig. 6). These data indicate that Beclin 1 can sensitize the $\text{Ins}(1,4,5)\text{P}_3\text{R}$ independently of its ability to bind Bcl-2 and is thus an inherent property of Beclin 1. In this situation, knockdown of Beclin 1 abolished the effect of starvation on $\text{Ins}(1,4,5)\text{P}_3\text{R}$'s Ca^{2+} -flux properties (Fig. 5B).

Vicencio et al. observed a decline in the Beclin 1- $\text{Ins}(1,4,5)\text{P}_3\text{R}$ interaction after 3–6 h of starvation.³¹ In agreement with this, we also found a decline after 5 h (Fig. 4C). However, in the early phase of autophagy induction (1–3 h) we found a clear increase of the interaction, correlating with the increased LC3-II levels (Fig. 4A–C). The exact reason for these different findings is not clear and may reflect differences in the experimental conditions, as the enhanced Beclin 1 association to $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$ that we observed was very transient. The interaction of Beclin 1 with the $\text{Ins}(1,4,5)\text{P}_3\text{R}$ closely correlated with LC3 lipidation, suggesting a tight link between Beclin 1- $\text{Ins}(1,4,5)\text{P}_3\text{R}$ interaction and events occurring during the initial steps of autophagy induction. We observed this tight interplay between increased autophagy and enhanced Ca^{2+} signaling in three independent cell lines. Importantly, it should be noted that the timing at which autophagy was induced and at which Ca^{2+} signaling was enhanced, differed among the three different cell lines, but always correlated with each other within a particular cell type. Furthermore, we also

observed a decrease in Beclin 1 binding to $\text{Ins}(1,4,5)\text{P}_3\text{Rs}$ at later stages (Fig. 4C), correlating with the decline in LC3-II levels and GFP-LC3-puncta formation.

Beclin 1 binds to both $\text{Ins}(1,4,5)\text{P}_3\text{R1}$ and $\text{Ins}(1,4,5)\text{P}_3\text{R3}$, but the molecular determinants are slightly different. Vicencio et al. already pointed to the $\text{Ins}(1,4,5)\text{P}_3\text{BC}$ (a.a. 224–604) as the binding site for Beclin 1.³¹ By performing a detailed analysis of the N-terminal domain of the $\text{Ins}(1,4,5)\text{P}_3\text{R}$, we confirmed the binding of Beclin 1 to the $\text{Ins}(1,4,5)\text{P}_3\text{BC}$, particularly for $\text{Ins}(1,4,5)\text{P}_3\text{R3}$, but we found that the suppressor domain (a.a. 1–225) showed the most prominent interaction with Beclin 1 (Fig. 4D and E). The presence of different interaction domains is also compatible with our finding that two separate Beclin 1 fragments (N-BH3 and CCD) were able to enhance $\text{Ins}(1,4,5)\text{P}_3\text{R}$ activity, albeit with different potencies (Fig. 6C and D). Strikingly, the binding of Beclin 1 to the suppressor domain of $\text{Ins}(1,4,5)\text{P}_3\text{R1}$ was much stronger than the binding to the complete LBD. Hence, the $\text{Ins}(1,4,5)\text{P}_3\text{BC}$ might fine-tune the Beclin 1- $\text{Ins}(1,4,5)\text{P}_3\text{R1}$ interaction, as deletion of this $\text{Ins}(1,4,5)\text{P}_3\text{BC}$ increased the binding of Beclin 1 to the suppressor domain of $\text{Ins}(1,4,5)\text{P}_3\text{R1}$. Interestingly, this did not occur for $\text{Ins}(1,4,5)\text{P}_3\text{R3}$, suggesting a different mode of interaction for $\text{Ins}(1,4,5)\text{P}_3\text{R1}$ and $\text{Ins}(1,4,5)\text{P}_3\text{R3}$. This is in agreement with the observations that properties and regulation of the LBD in $\text{Ins}(1,4,5)\text{P}_3\text{R1}$ and -3 are not identical.^{35,47} Intramolecular interactions between the suppressor domain and the $\text{Ins}(1,4,5)\text{P}_3\text{BC}$ have been described,⁶¹ and it is known that isoform-specific differences between Ins

(1,4,5) P_3 R1 and Ins(1,4,5) P_3 R3 exist with respect to these intramolecular interactions.³⁵ In addition, thiol-reactive agents, like thimerosal, regulate these interactions. Hence, the redox state of the Ins(1,4,5) P_3 R may affect its ability to interact with Beclin 1, which may be very important, since ROS arise very early during starvation.⁵⁵ ROS may therefore affect Ins(1,4,5) P_3 R function by altering the accessibility of the Beclin 1-binding site of the Ins(1,4,5) P_3 R.

The Ca²⁺-signaling machinery is required for proper autophagy stimulation by starvation. Previous findings already reported that cytosolic Ca²⁺ may stimulate autophagy, but these studies predominantly involved Ca²⁺-mobilizing triggers such as ionomycin, TG or Cd²⁺.²⁷⁻³⁰ These treatments led to disturbed intracellular Ca²⁺ homeostasis, and subsequent stimulation of autophagy through a Ca²⁺-dependent pathway. The present study, however, reveals that autophagy induction is also a Ca²⁺-dependent process in response to a non-Ca²⁺-mobilizing trigger, starvation, since chelating the cytosolic Ca²⁺ with BAPTA-AM during starvation blunted autophagy stimulation. In addition, there is an important role for Ins(1,4,5) P_3 Rs in this process, since blocking Ins(1,4,5) P_3 Rs with XeB also abolished LC3 lipidation. This finding therefore suggests that autophagy stimulation depends on proper Ins(1,4,5) P_3 -mediated Ca²⁺ signaling, and is not only provoked by aberrant Ca²⁺ homeostasis. Moreover, this study reveals the Ins(1,4,5) P_3 R as a prominent key player in starvation-induced autophagy, since its sensitivity toward Ins(1,4,5) P_3 was directly regulated by Beclin 1 during this process. In this regard, a role for Ins(1,4,5) P_3 R-mediated Ca²⁺ release has also been described for Cd²⁺-induced autophagy.²⁹

The exact mechanism by which Ca²⁺ and Ins(1,4,5) P_3 Rs mediate autophagy remains unclear, although several pathways have already been proposed. Increasing [Ca²⁺]_{cyt} induces autophagy by activation of AMPK via calmodulin kinase kinase- β (CaMKK- β),²⁷ although other reports indicate that this effect could occur independently of AMPK activation.²⁸ In this respect, other groups proposed Ca²⁺ dependence for protein kinase C θ (PKC θ) in ER stress-induced autophagy,³⁰ or for extracellular signal regulated kinase (ERK) in Cd²⁺-induced autophagy.²⁹

Two different Ca²⁺ signals regulate autophagy in opposite ways. The findings presented in this work provide novel insights in the molecular mechanism underpinning autophagy regulation by Ca²⁺, which has been reported to both inhibit,^{23-25,62} as well as to stimulate autophagy.²⁷⁻³⁰ These differences might reflect different spatiotemporal Ca²⁺ signals in unstressed vs. stressed conditions.⁶³ In unstressed cells a constitutive Ca²⁺ release from ER to mitochondria is required for mitochondrial ATP production. A high ATP/AMP ratio inhibits AMPK and subsequently autophagy.²⁶ Consequently, unstressed cells display an autophagy-inhibiting Ca²⁺ signal, specifically targeted to mitochondria and specific for the typical ER-mitochondria microdomains. Reducing basal Ins(1,4,5) P_3 levels,²⁵ knocking down Ins(1,4,5) P_3 Rs,^{23,24} or XeB (Fig. 7C and D) leads therefore to a stimulation of the autophagic pathway. It is important to note that in contrast to XeB, treating the cells with BAPTA-AM was not sufficient to induce autophagy (Fig. 7A and B). This underpins an important role for Ins(1,4,5) P_3 R-mediated Ca²⁺ signals in specialized

microdomains in non-starved conditions. However, the enhancement of autophagy during starvation was abolished with both BAPTA-AM and XeB, thereby suggesting that the Ca²⁺ signal that is necessary for autophagy induction and its downstream target may be cytosolic and not restricted to a specialized microdomain (Fig. 8). Also stimulation of autophagy via the inhibition of L-type Ca²⁺ channels in the plasma membrane can be explained in this way,⁶² since Ca²⁺ is a co-activator of Ins(1,4,5) P_3 Rs.¹⁷ Independently of Ca²⁺, the Ins(1,4,5) P_3 R can still act as a scaffold protein in this situation, thereby promoting the Bcl-2-mediated inhibition of Beclin 1.³¹

In stressed cells (e.g., during starvation), however, the intracellular Ca²⁺ machinery becomes sensitized, resulting in increased Ca²⁺ release from the ER into the cytosol. This Ca²⁺ signal can lead to a stimulation of autophagy, in accordance with previous observations.²⁷⁻³⁰ In this manner, cells can switch from an “unstressed” autophagy-inhibiting and mitochondrial Ca²⁺ signal to a “stressed” autophagy-activating and cytosolic Ca²⁺ signal (Fig. 8). This dual role for Ca²⁺ is supported by our experiments using XeB: addition of this Ins(1,4,5) P_3 R inhibitor in “unstressed” conditions increased LC3-II formation (Fig. 7C and D),^{23,31} albeit not as high as for starvation, while the extra enhancement of LC3-II was abolished in the “stressed” situation (XeB + HBSS) (Fig. 7C and D). The molecular “switch” between both Ca²⁺ signals may lie in the differential targeting of Beclin 1 to the Ins(1,4,5) P_3 R in both conditions.

Materials and Methods

Cell culture. Wild-type human cervix carcinoma HeLa cells, mouse embryonic fibroblasts (MEF) and mouse L fibroblast L15 cells (a kind gift from Dr. K. Mikoshiba, Brain Science Institute, Wakō, Saitama, Japan)³³ were grown in Glutamax-containing Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% heat-inactivated fetal calf serum (FCS) and 10 mM HEPES buffer. The cells were grown in the presence of 85 IU ml⁻¹ penicillin and 85 μ g ml⁻¹ streptomycin at 37°C and 5% CO₂. For starvation, cells were transferred to Hank's Balanced Salt Solution (HBSS). All materials were purchased from Gibco, Invitrogen.

DNA construction, siRNA and transfection. pCMV6-XL5-Beclin 1 (OriGene Technologies) and pCR3.1-Flag-Beclin 1-F123A, a kind gift from Dr. B. Levine (University of Texas Southwestern Medical Center, TX, USA),⁵³ were used for transfection or for subcloning in pGEX-6P-2 (GE Healthcare) for GST-fusion with 5'-AGT AGT GGA TCC ATG GAA GGG TCT AAG ACG TCC as forward and 5'-AGT AGT GAA TTC AGG CAA ACC TCC CCC TAA GGA as reverse primer. These primers were also used for subcloning of the Beclin 1 domains in combination with 5'-AGG AGC GAA TTC TCA AGT GTC CAG CTG GTC TAA AAG as reverse primer for N-BH3 construction or 5'-AGG CGT GGA TCC GAT GAT GAG CTG AAG AGT GTT G as forward primer for ECD-C construction. For the CCD domain, 5'-AGT CGT GGA TCC ACT CAG CTC AAC GTC ACT G was used as forward and 5'-AGT CGT GAA TTC TCA ATC CAG CTC CAG CTG CTG TG as

reverse primer. pcDNA3.1(-)-GFP-LC3 was cloned from pBABEpuro-GFP-LC3 (a kind gift from Dr. J. Debnath, University of California, San Francisco)⁶⁴ using 5'-AGT CGT GCG GCC GCA TGG TGA GCA AGG GCG A as forward and 5'-AGT AGT GAA TTC TTA CAC TGA CAA TTT CAT CCC as reverse primer. siRNA-duplex oligonucleotides against human *BECN1* and *ATG5* were designed and purchased from Eurogentec. Two siRNA duplexes were made for *BECN1* (sense siBECN-1 1: 5'-UGA GUG UCA GAA CUA CAA AdTdT; sense siBECN-1 2: 5'-CUC ACA GCU CCA UUA CUU AdTdT), one siRNA duplex for *ATG5* (sense siAtg5: 5'-GAA GUU UGU CCU UCU GCU AdTdT) and one control siRNA duplex (sense siCtrl: 5'-GGU AAA CGG AAC GAG AAG AdTdT). DNA transfection was achieved with jetPRIME™ from Polyplus Transfection (114-75), and siRNA transfection with HiPerfect (Qiagen, 301704). Twenty-four h after transfection, the medium was changed and 48 h later, the cells were treated, collected or measured.

Antibodies and reagents. For immunoblot, the following antibodies were used: anti-GAPDH (Sigma-Aldrich NV, G8795), anti-BiP (Sigma-Aldrich NV, G8918), anti-LC3 (nanoTools Antikörpertechnik GmbH and Co., 0231-100), N-terminal and C-terminal anti-Beclin 1 (Santa Cruz Biotechnology, Inc., sc-48341 and sc-10087, respectively), central anti-Beclin 1 (BD Biosciences, 612112) anti-calreticulin (anti-CRT) (Affinity Bioreagents, PA1-903), anti-Atg12 (Cell Signaling Technologies, 2010), anti-caspase 3 (Calbiochem, 235412), anti-GST (Zymed, 13-6700) and anti-Ins(1,4,5)*P*₃R3 (BD Biosciences, 610313). Anti-Ins(1,4,5)*P*₃R1 and anti-pan-Ins(1,4,5)*P*₃R are Rbt03 and Rbt475,^{35,65,66} respectively; SERCA2b antibody was a kind gift from Dr. P. Vangheluwe and Dr. F. Wuytack (K.U. Leuven, Belgium).⁶⁷ For immunoprecipitation experiments, antibodies against Ins(1,4,5)*P*₃R1 (Santa Cruz Biotechnologies, Inc., sc-6093) or Ins(1,4,5)*P*₃R3 (Santa Cruz Biotechnologies, Inc., sc-7277) were used. Other chemicals used are the following: Ca²⁺ ionophore A23187 (Sigma-Aldrich NV, C7522), tunicamycin (TM) (Sigma-Aldrich NV, T7765), Ins(1,4,5)*P*₃ (Sigma-Aldrich NV, I7012), isopropyl-β-D-thiogalactoside (IPTG) (Sigma-Aldrich NV, I5502), EGTA (Acros Organics, 409910250), thapsigargin (Enzo Life Sciences BVBA, ALX-350-004-M010), ionomycin (LC Laboratories, I-6800), staurosporine (LC laboratories, S-9300), Baf A1 (LC Laboratories, B-1080), ATP (Roche Applied Science, 10127531001), ⁴⁵Ca²⁺ (PerkinElmer, NEZ-013), Fura-2-AM (Biotium, 50033), and BAPTA-AM (Molecular Probes, Invitrogen, B6769). Xestospongin B⁶⁸ was purified from *Xestospongia exigua* as previously described.^{54,68}

Fluorescent Ca²⁺ measurements in intact cells. For the [Ca²⁺]_{cyt} measurements in intact cells, HeLa cells were seeded in 96-well plates (Greiner) at a density of approximately 1.2 × 10⁴ cells cm⁻² and investigated two days after seeding. The cells were loaded for 30 min with 5 μM Fura-2-AM at 25°C in modified Krebs solution containing 135 mM NaCl, 5.9 mM KCl, 1.2 mM MgCl₂, 11.6 mM HEPES (pH 7.3), 11.5 mM glucose and 1.5 mM Ca²⁺. They were then incubated for at least 30 min in the absence of Fura-2-AM. Fluorescence was monitored on a FlexStation 3 microplate reader (Molecular Devices) by alternately

exciting the Ca²⁺ indicator at 340 and 380 nm and collecting emission fluorescence at 510 nm. [Ca²⁺]_{cyt} was derived after in situ calibration according to the following equation:

$$[Ca^{2+}]_{cyt} \text{ (nM)} = K_d \times q \times [(R - R_{min}) / (R_{max} - R)] ;$$

K_d is the dissociation constant of Fura-2 for Ca²⁺ at room temperature (220 nM), q is the fluorescence ratio of the emission intensity in the absence of Ca²⁺, to that in the presence of saturating Ca²⁺, R is the fluorescence ratio, R_{min} and R_{max} are the minimal and maximal fluorescence ratios, respectively. R_{min} was measured by perfusion with 10 mM EGTA in Ca²⁺-free modified Krebs solution and R_{max} was obtained by perfusion with 10 μM ionomycin and 5 mM CaCl₂.

⁴⁵Ca²⁺ measurements in permeabilized cells. Unidirectional ⁴⁵Ca²⁺-flux experiments were basically performed as previously described.^{43,69,70} After permeabilization of HeLa cells with 20 μg ml⁻¹ saponin, the non-mitochondrial Ca²⁺ stores were loaded for 45 min in 120 mM KCl, 30 mM imidazole-HCl (pH 6.8), 5 mM MgCl₂, 5 mM ATP, 0.44 mM EGTA, 10 mM NaN₃ and 150 nM free ⁴⁵Ca²⁺ (28 μCi ml⁻¹). Efflux medium containing 120 mM KCl, 30 mM imidazole-HCl (pH 6.8) and 1 mM EGTA was subsequently added and replaced every 2 min. The indicated [Ins(1,4,5)*P*₃] or 10 μM of the Ca²⁺ ionophore A23187 were added for 2 min after 10 min of efflux. Eight min later, the ⁴⁵Ca²⁺ remaining in the stores was released by incubation with sodium dodecyl sulfate solution for 30 min. The amount of ⁴⁵Ca²⁺ present in each sample was measured using the Liquid Scintillation Analyzer (Packard BioScience, PerkinElmer).

Immunoblots and co-immunoprecipitation. HeLa cells were scraped into ice-cold phosphate-buffered saline and lysed in a modified RIPA buffer containing 10 mM sodium phosphate (pH 7.5), 150 mM NaCl, 1.5 mM MgCl₂, 0.5 mM DTT, 1% Triton X-100, 10% glycerol and complete EDTA-free protease inhibitor tablets (Roche Applied Science, 04 693 132 001). After 30 min of incubation on ice, the lysates were cleared via centrifugation. Protein concentrations were determined by the Bradford procedure. For sample separation we used commercial Tris-glycine or Bis-Tris SDS-PAGE gels (Invitrogen). For co-immunoprecipitation of Ins(1,4,5)*P*₃R3, lysates were first incubated with anti-Ins(1,4,5)*P*₃R3 antibody overnight at 4°C, then one additional hour with Protein A/G PLUS-agarose beads (Santa Cruz Biotechnology, Inc., sc-2003), before washing the beads four times with modified RIPA buffer. For co-immunoprecipitation of Ins(1,4,5)*P*₃R1, we used the Pierce co-immunoprecipitation kit (Thermo Scientific, 26149). Negative controls were prepared with goat IgG (Santa Cruz Biotechnology, Inc., sc-2028) instead of the antibody. Both 0 h and 3 h samples were used as negative controls but showed no differences between them. The beads were then boiled in SDS with β-mercaptoethanol and the supernatant was collected and loaded on an 8% Tris-glycine gel. After transfer to a PVDF membrane (Immobilon®-P, Millipore, IPVH00010) the membranes were blocked with Tris-buffered saline containing 0.1% (v/v) Tween-20 and 5% (w/v) non-fat dry milk powder. Subsequently the membranes were incubated with

primary antibody and horseradish peroxidase-conjugated secondary antibody. For immunoblot of full-length Beclin 1, we used the N-terminal anti-Beclin 1 described above. For the co-immunoprecipitation experiments, we used TrueBlot™ ULTRA horseradish peroxidase-conjugated secondary antibody from eBioscience (18-8817-313). The immunoreactive bands were visualized with ECL substrate and exposed to CL-Xposure™ film (Thermo Scientific). The film was developed using a Kodak X-Omat 1000 (Kodak). Quantification was done with ImageJ software (rsbweb.nih.gov/ij/).

GFP-LC3 measurements. HeLa cells transfected with pcDNA3.1(-)-GFP-LC3 were fixed in 4% paraformaldehyde 48 h after transfection. Cells were then observed under a Zeiss LSM510 confocal microscope using a 63× lens. The number of puncta per cell was determined using the WatershedCounting3D plug-in for ImageJ.⁷¹ Cells were considered autophagic if they displayed more than 10 puncta.

Purification of GST-fusion proteins. pGEX-6P-2 constructs were transformed into BL21 (DE3) *E. coli*. Colonies were grown overnight in 50 ml of dYT medium (16 g/l peptone, 10 g/l yeast extract, 5 g/l NaCl, pH 7.4) at 37°C. dYT medium (~400 ml) was added to this preculture, and bacteria were further grown at 28°C until the A_{600} reached 0.8–1. Protein expression was induced by adding 0.1 mM IPTG and bacteria were further grown at 28°C for 4 h. Bacterial cells were harvested and lysed by sonication (9 x 10 sec, 12 kHz). Lysates were cleared by centrifugation (30 min, 15,000xg). The soluble fractions were then incubated during 2 h with glutathione-Sepharose™ 4B beads (GE Healthcare, 27-4574-01) at 4°C. After washing the beads, fusion proteins were eluted with 10 mM glutathione or cut with PreScission Protease. Purified proteins were dialyzed overnight against PBS or efflux medium, using Slide-A-Lyzer® dialysis cassettes with a 20 kDa cut-off (Thermo Fisher Scientific, 66003).

GST-pull-down assays. Purified and dialyzed GST-fusion proteins or parental GST (control) were incubated with purified Beclin 1 or Beclin 1-F123A in pull-down buffer (0.25% Triton X-100 and 1 mM DTT in Tris-buffered saline solution) and immobilized on glutathione-Sepharose™ 4B beads via rotation in a head-over-head rotator for 2 h at 4°C. The beads were washed 4 times and complexed GST-fusion proteins were eluted by boiling in LDS (Invitrogen, NP0007). Eluates were further analyzed using SDS-PAGE and western blotting.

XBP-1-mRNA splicing. RNA was extracted from HeLa cells treated with HBSS or TM using the RNeasy RNA-extraction kit

(Qiagen, 74104). Reverse transcription was done using the Cloned AMV First-Strand cDNA-Synthesis Kit (Invitrogen, 12328032). XBP-1-splicing products were assessed by PCR using 5'-AAC TTT TGC TAG AAA ATC AGC as forward primer and 5'-CCA TGG GGA GAT GTT CTG GAG G as reverse primer. PCR products were loaded and run on a 1% agarose gel in Tris-borate-EDTA buffer and finally visualized with Gene Flash (Westburg).

XTT-assay. The XTT-assay was performed according to the manufacturer's protocol (Biotium, 30007). Cell viability was determined in a 96-well plate by measuring the absorbance at 490 nm (A_{490}) corrected for the absorbance at 630 nm (A_{630}) as the reference wavelength.

Statistical analysis. Results are expressed as means ± SEM, and *n* refers to the number of independent experiments. For statistical analyses, significance was determined using one-tailed paired Student's *t*-test. Differences were considered significant at *p* < 0.05.

Disclosure of Potential Conflicts of Interest

No potential conflicts of interest were disclosed.

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Note

Supplementary materials can be found at:

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