# Genetic control of ATGL-mediated lipolysis modulates adipose triglyceride stores in leptin-deficient mice<sup>s</sup>

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**Abstract Dissecting the genetics of complex traits such as**  besity allows the identification of causal genes for disease. **Here, we show that the BALB/c mouse strain carries genetic variants that confer resistance to obesity induced by leptin**deficiency or a high-fat diet (HFD). We set out to identify **the physiological and genetic bases underlying this phenotype. When compared with C57BL6/J** *ob/ob* **mice (B6), BALB/c** *ob/ob* **mice exhibited decreased food intake, increased thermogenic capacity, and improved fat catabolism, each of which can potentially modify obesity. Interestingly,**  analysis of F1  $ob/ob$  (progeny of B6  $ob/+ \times$  BALB/c  $ob+$ ) **mice revealed that obesity resistance in BALB/c** *ob/ob* **mice principally relied upon improved fat mobilization. This was mechanistically explained by increased adipose triglyceride lipase (ATGL) content in adipocytes, along with increased lipolysis and fatty acid oxidation. We conducted a genome**wide scan and defined a quantitative trait locus (QTL) on **chromosome 2. BALB/c alleles on chromosome 2 not only associated with the obesity resistance phenotype but also supported increased ATGL content in adipose tissue. In summary, our study provides evidence that leptin-indepen**dent control of adipocyte lipolysis rates directly modifies the balance of macronutrient handling and is sufficient to **regulate fat mass in the absence of alterations in food intake and energy expenditure.**—Marcelin, G., S-M. Liu, X. Li, G. J. Schwartz, and S. Chua. **Genetic control of ATGL-mediated lipolysis modulates adipose triglyceride stores in leptin-defi cient mice.** *J. Lipid Res.* **2012.** 53: **964–972.**

**Supplementary key words** adipocytes • adipose triglyceride lipase • obesity • quantitative trait locus

Obesity, defined as the accumulation of triglycerides within adipocytes, leads to increased body fat content and exacerbates susceptibility to type 2 diabetes, cardiovascular dysfunction, and cancer  $(1-3)$ . Individual susceptibility to obesity is variable and integrates both environmental

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and genetic factors (4). Because of the increasing prevalence of obesity worldwide, identification of tissues and molecules to target should be a high priority to expand the list of potential therapeutic modalities  $(5)$ .

The adipose tissue-derived hormone leptin and its downstream signaling pathways play a central role in obesity, as leptin or leptin receptor deficiency provokes morbid obesity  $(6-9)$ . In addition, leptin resistance has been implicated in obesity ontogenesis (10). Most leptin receptor-mediated pathways are active mainly within the central nervous system  $(11)$ , principally localized within the hypothalamus, to decrease food intake, increase energy expenditure, inhibit lipogenesis, and maintain normal glucose homeostasis (12). Consistent with these pleiotropic functions of leptin, studies on the regulation of body composition has centered upon leptin and the mechanisms mediated by its receptor. Alternatively, identifying pathways that regulate fat mass independently of leptin would be of interest in the design of therapies aimed to combat obesity.

We and others have reported that mouse inbred strains carry specific sets of genetic variants promoting significant variation in the expression of the leptin-deficient phenotype  $(13, 14)$ . Thus, regulatory pathways independent of leptin can control body composition and metabolism, and mapping of quantitative trait loci (QTL) using leptindeficient inbred mice is an ideal method of identifying such pathways. In this setting, leptin-deficient mice on a BALB/c genetic background have reduced adiposity when compared with *ob*/ *ob* mice of the prototypic C57BL/6J strain (15). However, the functional and genetic bases for these variant phenotypes were not thoroughly characterized. Here, we performed a comprehensive analysis of the physiological mechanism(s) that limit body fat content in

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Abbreviations: ATGL, adipose triglyceride lipase;  $\beta$ 3-AR, beta-3 adrenergic receptor; BMI, body mass index; CGI-58, comparative gene identification-58; GTT, glucose tolerance test; HFD, high-fat diet; HSL, hormone-sensitive lipase; QTL, quantitative trait locus; RER, respiratory exchange ratio; SNP, single nucleotide polymorphism; TG, triglyceride. 1

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BALB/c *ob/ob* mice and found that obesity resistance in these mice principally relied upon improved fat oxidation. This operated through enhanced adipocyte lipolysis due to increased intracellular content and activity of adipose triglyceride lipase (ATGL/PNPLA2/desnutrin). Thus, higher lipolysis rate in adipocytes sustains increased fatty acid oxidation in BALB/c *ob/ob* mice. In addition, a genome-wide QTL analysis uncovered a significant QTL *Lipq1* (for lipolytic line QTL 1) on chromosome 2 associated with body fat fraction and ATGL adipocyte content. Interestingly, *Lipq1* does not alter food intake. In conclusion, our study supports that leptin-independent control of adipocyte lipolysis rates through regulating ATGL directly modifies the balance of macronutrient handling and is sufficient to regulate fat mass in the absence of detectable changes in food intake and energy expenditure.

## MATERIALS AND METHODS

#### **Animals**

We generated C57BL6/J  $\omega/b$  Agr<sub>p</sub><sup>-/-</sup>, BALB/c  $\omega/b$  Agr<sub>p</sub><sup>-/-</sup> (at generation N5), and F1  $ob/ob$  Agrp<sup>-/-</sup> from a cross between C57BL6/J  $\omega h$  + Agr<sub>p</sub><sup>-/-</sup> and BALB/c  $\omega h$  + Agr<sub>p</sub><sup>-/-</sup>. For genomewide scanning, we used backcross to the BALB/c strain (F1 *ob/+*   $Ag\eta p^{-/-} \times BALB/c$  *ob*/+ $Ag\eta p^{-/-}$  to produce N2 obese mice. For brevity, we have skipped the *Agrp*<sup>-/-</sup> from the designation of leptin-deficient mice. Mice were fed with chow diet (LabDiet 5001; kcal%: protein 28.5%, fat 13.5%, carbohydrates 58%; PMI Nutrition International). Lean C57BL6/J and BALB/c mice were obtained from the Jackson Laboratory and fed a chow diet or a high-fat diet (HFD) (D12451, kcal%: protein 20%, fat 45%, carbohydrates 35%; Research Diets). All procedures were reviewed and approved by the institution's Animal Care Committee, conforming to accepted standards of humane animal care.

#### **Body composition and indirect calorimetry**

Body composition was measured by magnetic resonance spectroscopy (MRS) using an EchoMRI (Echo Medical Systems). Fatmass percentage was calculated as the ratio between fat mass and body weight. For indirect calorimetry, mice were individually housed in metabolic chambers maintained at 20–22°C on a 12 h light, 12 h dark cycle with lights on at 0800 h. Metabolic measurements [oxygen consumption, respiratory exchange ratio (RER), locomotor activity] were obtained continuously using a CLAMS (Columbus Instruments) open-circuit indirect calorimetry system. Calorimetry data were normalized to individual lean body mass. Cumulative food intake of pelleted chow diet (#F0163, precision dustless food pellet; Bio-Serv) was measured daily and collected over five days for each individual animal.

## **Histological analysis of adipose tissue and estimation of adipocyte number per fat pad**

Fat samples were fixed in 10% buffered formalin, embedded in paraffin, cut into  $6 \mu m$  sections, and stained with hematoxylin and eosin. Adipocyte sizes were determined with ImageJ software. To assess adipocyte number, total DNA content from adipose tissue was determined. Briefly, fat pads were resected, weighed, and immediately frozen in liquid nitrogen. About 50 mg of tissue was homogenized, and genomic DNA was extracted following the manufacturer's protocol (DNeasy Blood and Tissue Kit, 69504;

Qiagen). DNA was measured by spectrophotometric method, and total DNA content from fat pads was determined by multiplying DNA concentration in each sample by the fat pad weight for each mouse (16, 17).

## **Glucose tolerance test**

Mice were fasted overnight and glucose was given intraperitoneally (1 mg/g). Glycemia was measured at the different indicated time for 2 h from tail blood.

## **Cold tolerance assay**

BALB/c, B6, and F1 *ob/ob* mice were placed at 4°C, and body temperature drop was measured with a rectal probe after 75 min. Water and food were removed during the experiment.

## **Ex-vivo lipolysis**

Fat explants freshly isolated from fed mice were cut into small pieces and incubated at 37°C under agitation in Krebs-Ringer medium containing 2% of free fatty acid BSA with or without isoproterenol (Sigma). Glycerol was measured from supernatants after 2 h of incubation. ATGL-mediated lipolysis (i.e., non-HSL lipolysis) was determined in presence of the inhibitor CAY10499  $(100 \mu M)$ . Fat explants were preincubated for 1 h with or without CAY10499. Then the medium was changed with medium containing (or not) CAY10499, and FFA was measured from supernatants after 2 h of incubation. Six mice in each group were studied, and analysis was performed in triplicate.

#### **Metabolites and hormone concentration determination**

Blood samples for plasma or serum were always collected at the same time in the morning. Mice were either fed ad libitum (without previous fasting) or fasted overnight (15 h period of fast). Glycemia was determined using a glucometer (Abbot), serum insulin levels using ELISA (Linco Mouse Insulin kit), plasma NEFA (Wako), and serum glycerol (Cayman) using a colorimetric assay. The HOMA index uses the following formula: insulin  $(\mu U/ml) \times [glucose (mmol/l) / 22.5].$ 

#### **Treadmill**

Wild-type BALB/c and C57BL6/J males were familiarized with the calorimetric treadmill for 2–3 days preceding the actual treadmill test. The adaptation period consisted of sessions lasting 5 min at belt speed 9 m/min. The number of aversive stimulations received was recorded, and the adaptation session was repeated once after 20 min of recovery if mice received more than five stimulations. For the treadmill test, the ramping protocol of the belt speed was as follows: 0 m/min for 20min, 5 m/min for 5 min (warm-up phase), 9 m/min for 5 min, 12 m/min for 5 min, 15 m/min for 5 min, 17 m/min for 2 min, 19 m/min for 2 min, and 20 m/min until the end of the test. RER was measured every 4 min during treadmill running by CLAMS calorimetry.

#### **Immunoblot analysis**

White adipose tissue was homogenized in lysis buffer containing protease and phosphatase inhibitor. Protein extracts were run on Criterion gels (Bio-Rad) and blotted onto nitrocellulose membranes. After blocking, immunoblots were incubated with primary antibodies against hormone-sensitive lipase (HSL), phospho-HSL (Ser563 and Ser660), ATGL, β-actin (Cell Signaling Technology), perilipin A (Sigma) and CGI-58 (gift from Dawn Brasaemle, Rutgers University). Blots were then incubated with fluorescent secondary antibodies, and proteins were detected using the fluorescence-based Odyssey Infrared Imaging System (LI-COR Biosciences). Quantification was performed using the Odyssey Infrared Imaging Software.

## **Genotyping**

DNA was isolated from ear clips. Allelic constitution at various microsatellite markers was determined by PCR and analysis of amplicon size. The markers (from the Mouse Phenome Database and the NCBI database) used for the chromosome 2 scanning were *D2Mit37*, *D2Mit42*, *D2Mit30*, and *D2Mit456*. SNPs were also examined as described in supplementary Table I. Briefly, we amplified by PCR the region containing the single nucleotide polymorphism (SNP) and digested the ampliconwith the appropriate restriction enzyme to discriminate between the BALB and B6 alleles as predicted by the database (http://insilico.ehu.es/  $\ensuremath{\mathsf{restriction}}/ \ensuremath{\mathsf{two\_seq}}/$  ).

#### **Statistical analysis**

Results are shown as average  $\pm$  SEM. Comparisons between groups for indirect calorimetry were performed by two-way repeated measures ANOVA, with genotype and time as factors. One-way ANOVA and unpaired Student *t*-tests were performed as indicated in the figure legends. Significance was accepted at  $P <$ 0.05. For the whole-genome scanning, Fisher's exact test was performed, and statistical significance was accepted at  $P < 0.00125$ after Bonferroni correction. Statistical analysis was performed with GraphPad Prism 5.

## **RESULTS**

#### **Protection against obesity and diabetes in BALB/c mouse strain**

We studied the development of obesity in HFD-fed mice and in genetic obesity due to leptin deficiency in  $C57BL6/I$ (B6) and BALB/ $c$  strains. Of note, the leptin-deficient mice (*ob/ob*) were also  $Ag r p^{-/-}$ . Because insulin signaling could be a confounding factor in obesity study, we used *Agrp* deletion as a tool to lower glucose and insulin level (supplementary Fig. I) (18 ). Thus, all of our data were based on BALB/c  $ob/ob$  Agrp<sup>-/-</sup> mice compared with C57BL/6J  $ob/ob$  *Agrp*<sup>-/-</sup> mice (B6). For brevity, we skipped the *Agrp*<sup>-</sup> designation below.

We observed that both B6 males and females fed a HFD for three months exhibited significantly increased body fat fraction compared with BALB/c animals (supplementary Fig. II-A). We next examined the impact of leptin deficiency in three different genetic backgrounds: BALB/c, B6, and F1 (BALB/c × B6). BALB/c *ob/ob* mice developed obesity but to a much lesser extent than the B6 *ob/ob* mice. Body composition analysis showed that three-month-old B6 *ob/ob* males and females had much greater fat mass  $(+40\%)$  compared with BALB/c  $ob/ob$  mice (Fig. 1A). The F1 *ob/ob* mice developed obesity similar to the parental B6 strain with increased body weight and fat mass compared with BALB/c strain (Fig. 1A). Consequently, the BALB/c genome carries alleles recessive to B6 alleles that limit fat accumulation. Inguinal fat pad wet weight was reduced in BALB/c  $ob/ob$  (1.9  $\pm$  0.1 g vs. 6.3  $\pm$  0.6 g, *P* < 0.0001, in BALB/c and B6 *ob/ob*, respectively), and histological analysis of adipose tissue revealed a greater frequency of small adipocytes in subcutaneous fat depots from BALB/c *ob/ob* compared with B6  $ob/ob$  (Fig. 1B), resulting in a significant decrease in mean adipocyte cross-sectional area (Fig. 1C). Moreover, the increased fat mass for a given fat pad was



Fig. 1. Leptin-deficient BALB/c mice are protected against obesity and diabetes. (A) Body composition (fat mass and fat-free mass) were analyzed in three-month-old leptin-deficient  $BALB/c$ , C57BL6/J (B6), and F1 males and females  $(n = 5-8)$ . (B) Histology (hematoxylin and eosion staining) of adipose tissue of threemonth-old BALB/c and B6 *ob/ob* mice. (C) The mean area of adipocytes was determined (>100 cells per animal, n = 6). (D) Cell number per fat pad and per mouse was expressed in DNA content  $(n = 6)$ . (E) GTT was performed by measuring blood glucose concentration after an overnight fast at the indicated times after intraperitoneal injection of glucose, and area under the curve (AUC) was calculated in BALB/c and B6 *ob/ob* females (n = 4). Data are expressed as average ± SEM. One-way ANOVA (A) and unpaired *t*test (C–E) were performed. \* *P* < 0.05, \*\* *P* < 0.005, \*\*\* *P* < 0.0005.

accompanied by a significant increase in total DNA content, which is consistent with an increased number of adipocytes in B6 *ob/ob* compared with BALB *ob/ob* (Fig. 1D). Similar characteristics were observed for the gonadal fat pad (data not shown). Thus, decreased adipose tissue mass in BALB/c *ob/ob* mice was the result of both reduced adipocyte triglyceride storage and decreased adipogenesis.

Additionally, decreased adiposity in the BALB/c strain was associated with changes in glucose homeostasis. Fasting glycemia of BALB/c *ob/ob* mice was lower with unchanged insulinemia compared with B6 *ob/ob* mice ( **Table 1**). F1 *ob/ob* mice displayed hyperglycemia compared with BALB/c *ob/ob*, and F1 females exhibited lower insulinemia compared with BALB/c  $ob/ob$  (Table 1). On a HFD, fasting glucose was lowered in wild-type BALB/c relative to wild-type B6, and insulin level was decreased in BALB/c males (supplementary Fig. II-B). Glucose tolerance tests (GTT) performed on both  $ob/ob$  (Fig. 1E) and HFD mice (supplementary Fig. II-C) showed that glucose clearance was markedly improved in BALB/c versus B6 mice.

TABLE 1. Metabolic and behavioral characteristics of leptindeficient BALB/c, C57BL6/J, and F1 mice

		$BALB / c$ $ob / ob$	$B6 \, ob/ob$	$F1$ ob/ob
Glucose	Male	$151.2 \pm 22.6^{\circ}$	$226.2 \pm 28.4^b$	$305.8 \pm 42.9^{\circ}$
$(mg/ml)^T$	Female	$91.7 + 7.6^a$	$135.1 + 12.8^{b}$	$147.3 + 21.06^{6}$
Insulin $\left(\frac{ng}{ml}\right)^1$	Male	$16.81 \pm 2.9$	$14.2 \pm 5.14$	$8.18 \pm 2.6$
	Female	$17.44 \pm 2.2^{\circ}$	$13.36 \pm 3.3^{\circ}$	$6.14 \pm 0.75^{\circ}$
<b>HOMA</b> index	Male	$140.8 \pm 28.2$	$119.5 \pm 40.4$	$138.8 \pm 33.0$
	Female	$90.3 + 15.5$	$76.2 \pm 10.1$	$56.3 \pm 9.2$
Food intake	Daily food	$6.78 \pm 0.62^{\circ}$	$10.9 \pm 0.21^b$	$8.3 \pm 0.66^{\circ}$
(per mouse) intake $(g)$	Meal	$0.26 \pm 0.03$	$0.33 \pm 0.02$	$0.20 \pm 0.01$
	size $(g)$ Meal	$23.5 \pm 1.7^a$	$30.0 + 2.0^{b}$	$23.7 \pm 1.1^{\circ}$
	number			
Cold resistance assay $(\Delta \text{°C})^b$		$-3.15 \pm 0.48^{\circ}$ $-6.66 \pm 1.35^{\circ}$ $-0.43 \pm 0.71^{\circ}$		
Ambulatory activity	Day	$3397 \pm 290^{\circ}$	$847 \pm 192^b$	$2194 \pm 391^{\circ}$
	Night	$5731 \pm 1148^{\circ}$	$1220 + 271^b$	$3624 \pm 928^c$
	Total	$9128 \pm 1363^{\circ}$	$2068 \pm 438^{\circ}$	$5818 \pm 1267^{\circ}$
VO2	Day	$4538 \pm 157$	$4520 \pm 696$	$4842 \pm 467$
$\left(\text{ml/kg}/\text{hr}\right)^3$	Night	$4629 \pm 145$	$4639 \pm 998$	$4582 \pm 436$
	Total	$4590 \pm 148$	$4585 \pm 855$	$4692 \pm 442$

Data are expressed as average  $\pm$  SEM and statistical significance is determined for  $P < 0.05$ .

Determined after an over-night fast.

 $\Delta$ <sup>o</sup>C is the difference between the initial temperature and the temperature measured after 75 min at 4°C. *<sup>c</sup>*

 Individual fat-free body mass measured by magnetic resonance spectroscopy was used for normalization.

## **Increased fatty acid oxidation is associated with reduced adiposity in BALB/c mice**

Given our findings that F1 and B6 *ob/ob* mice developed similar degrees of obesity, we next compared BALB/c *ob/ ob* mice with both B6 and F1 *ob/ob* mice in search of key



phenotypic traits associated with obesity resistance in BALB/c *ob/ob* mice.

We monitored daily caloric intake and found that BALB/c and F1 *ob/ob* mice manifested reduced food intake compared with the B6 *ob/ob* mice. The BALB/c and F1 hypophagia was solely due to decreased meal frequency, as meal size was similar in both strains (Table 1). As F1 and B6 *ob/ob* mice exhibited the same level of adiposity, we concluded that caloric intake is unlikely to be the major contributor to fat-mass deposition in our models.

Assessment of cold tolerance to probe brown adipose tissue function, a critical modulator of metabolic imbalance (19), revealed that cold-induced thermogenesis was impaired in B6 *ob/ob* mice compared with BALB/c and F1 *ob/ob* mice (Table 1). As adiposity and cold tolerance were discordant in B6 *ob/ob* mice and F1 *ob/ob* mice, brown adipose tissue thermogenesis differences could not explain resistance to obesity in BALB/c *ob/ob* mice. Whole body energy expenditure evaluation using indirect calorimetry did not reveal any difference in oxygen consumption between strains despite decreased spontaneous activity in B6 and F1 compared with BALB/c  $ob/ob$  mice (Table 1). Similarly, no difference in oxygen consumption was found between HFD BALB/c and B6 mice (supplementary Fig. IV-A). Consequently, obesity resistance of BALB/c mice could not be ascribed to alterations in whole body energy expenditure. Interestingly, the revealing difference observed between BALB/c and both B6 and F1 *ob/ob* mice relates to the RER. B6 and F1 *ob/ob* mice exhibited higher RER values during both the light and the dark periods compared with BALB/c  $ob/ob$  mice (Fig. 2A). In B6 and F1 *ob/ob* mice, RER values were almost all greater than 1.

> **Fig. 2.** Increased fatty acid oxidation and adipose lipolysis in BALB/c *ob/ob* mice. Respiratory exchange ratios (RER) were determined during light and dark cycles in (A) BALB/c, C57BL6/J (B6), and F1 *ob/ob* mice with free access to chow diet  $(n = 4)$  and in  $(B)$ wild-type BALB/c and B6 mice fed a HFD. (C) Determination of glycerol and (D) NEFA concentrations in serum from fed BALB/c, B6, and F1 *ob/ob* females  $(n = 8)$ . (E) Glycerol and (F) NEFA concentrations in fed HFD BALB/c and B6 females  $(n = 6)$ . (G) Glycerol release from adipose tissue explants of BALB/c and B6 *ob/ob* mice under basal condition and stimulated with isoproterenol  $(n = 6)$ . (H) RER was assessed during resting and treadmill exercise of wild-type BALB/c and B6 males  $(n = 4-5)$ . (I) Fold change of circulating NEFA between preexercise and postexercise. Data are expressed as average ± SEM. Two-way ANOVA (A, B, H), one-way ANOVA (C, D) and unpaired *t*-tests (E, F, G, I) were performed.  $*P$  < 0.05,  $*$ *P* < 0.005,  $*$ *P* < 0.0005.

This indicated that lipid metabolism is shifted toward net lipid synthesis with minor lipid oxidation in B6 and F1 *ob/ob* compared with BALB  $ob/ob$  (20). Moreover, lower RER values were also observed in HFD-fed BALB/c mice compared with B6 mice (Fig. 2B). Thus, our data reveal that the BALB/c strain is characterized by an elevation in fatty acid oxidation compared with the B6 strain, implying that increased fat catabolism confers protection against obesity.

## **Increased basal lipolysis in BALB/c** *ob/ob* **mice**

Lower RER values (Fig. 2A) and reduction in adipocyte lipid droplet size in BALB/c *ob/ob* mice (Fig. 1C) suggest that increased fatty acid oxidation may be a consequence of an increase in lipolysis. Consistent with this hypothesis, higher circulating glycerol concentrations were observed in BALB/c mice compared with B6 and F1 *ob/ob* mice (Fig. 2C). Nonesterified fatty acid (NEFA) concentrations were increased in BALB/c versus F1 *ob/ob* mice (Fig. 2D) while no difference was detected between BALB/c and B6 *ob/ob* mice  $(Fig. 2D)$ . In addition, glycerol  $(Fig. 2E)$  and NEFA  $(Fig. 2F)$ were increased in BALB/c versus B6 HF fed mice.

Beta-3 adrenergic receptor ( $\beta$ 3-AR), predominantly expressed in white and brown adipose tissues, stimulates sympathetic activation of adipose tissue to promote lipolysis. By qRT-PCR, we found that  $\beta$ 3-AR expression was significantly increased in BALB/c versus B6 *ob/ob* white adipose tissue (supplementary Fig. IV-A). However, we observed that acute CL316,243 (a specific  $\beta$ 3-AR agonist) administration raised serum glycerol concentration of BALB/c and B6 *ob/ob* mice to the same concentration (supplementary Fig. IV-B), suggesting similar degrees of β3-adrenergic signaling between the two strains (21). To ascertain whether the lipolysis rates were a cell-autonomous function rather than strictly regulated by the autonomic nervous system, we next quantified adipose tissue lipolysis by measuring glycerol release from adipose tissue explants. In both basal and stimulated conditions, we observed that glycerol release was significantly higher in explants derived from BALB/c *ob/ob* compared with B6 *ob/ob* (Fig. 2G). These data indicate that the increased rate of lipolysis of BALB/c adipocytes is intrinsic to adipocytes.

As fatty acid demand increases during exercise  $(22)$ , we assessed the lipolytic capacity of wild-type B6 and BALB/c animals (fed a normal chow diet) during exercise involving treadmill running. No difference in RER was observed at rest. However, during exercise, whereas RER values remained stable for BALB/c mice, RER significantly increased for B6 mice, indicating increasing dependence upon carbohydrates for fuel (Fig. 2H). We observed that exercise-induced increase in plasma NEFA was low in B6 mice, whereas  $BALB/c$  animals significantly increased NEFA production by almost 3-fold (Fig. 2I). Thus, these data reveal an increased ability of BALB/c mice to perform lipolysis and oxidize fatty acids.

## **Increased amounts of ATGL in BALB/c adipocytes**

We further characterized BALB/c adipocytes by analyzing expression of key enzymes involved in triglyceride

metabolism. Two main enzymes account for 95% of lipolytic activity in adipocytes, ATGL, and HSL (23). Interestingly, protein levels of ATGL and its coactivator CGI-58 ( 24 ) were increased in adipose tissue from BALB/c *ob/ob* mice compared with that from B6 and F1 *ob/ob* mice (Fig. 3A, B). Similarly, in HFD-fed mice, increased ATGL and CGI-58 protein levels were observed in BALB/c adipose tissue compared with that from B6 mice (supplementary Fig. III-B, C).

We also checked HSL expression. We found that HSL protein level was increased in adipose tissue from BALB/c *ob/ob* mice compared with that from B6 and F1 *ob/ob* mice (supplementary Fig. V-A). However, there was no difference in the amount of the activated form of HSL (25, 26), phosphorylated HSL (supplementary Fig. V-B, C), or the lipolysis inhibitor perilipin  $A(27)$  (supplementary Fig. V-D). Hence, HSL may not participate in increased adipose lipolysis observed in BALB *ob/ob*. Accordingly, there was no change in total HSL protein expression or HSL activation in adipose tissue from HFD-fed mice (supplementary Fig. III-B, C). We further investigated adipose lipolysis in measuring ATGL-mediated lipolysis. To that aim, we measured free fatty acid (FFA) release from adipose tissue explants in presence or not of the HSL inhibitor CAY10499 (28, 29). We previously assessed the efficiency of CAY10499 in our experimental condition as we found that induced lipolysis with a selective  $\beta$ 3-AR agonist (CL316,243) is blunted in presence of 100  $\mu$ M CAY10499 (supplementary Fig. VI). Then we compared FFA release from freshly dissected adipose tissue explants



**Fig. 3.** Increased adipose lipolysis is related to accumulation of ATGL in adipose tissue. Immunoblots and densitometry analysis of (A) ATGL and (B) CGI-58 in inguinal fat from BALB/c, C57BL6/J (B6), and F1  $ob/ob$  mice (n = 6). Quantification of (C) ATGL in four-week-old BALB/c and B6 wild-type lean mice  $(n = 5)$ . (D) FFA release from BALB and B6 *ob/ob* adipose tissue explants in presence or not of the HSL inhibitor CAY10499. Data are expressed as average ± SEM. One-way ANOVA (A, B) and unpaired *t*-tests (C, D) were performed. \* *P* < 0.05, \*\* *P* < 0.005, \*\*\* *P* < 0.0005.

from BALB/c and B6 *ob/ob* inguinal fat pad. We observed that FFA production was increased in explants from BALB/c mice relative to B6 *ob/ob* mice when HSL activity was inhibited by CAY10499 (Fig. 3D). Moreover, we calculated the same difference between BALB and B6 lipolysis  $(\Delta^{-CAY} = 431.3 \pm 31.7 \text{ versus } \Delta^{+CAY} = 397.1 \pm 8.1, P =$ 0.31) without the HSL inhibitor (i.e., HSL + ATGL activity) or with CAY10499 (i.e., ATGL activity), respectively. Consequently, our data show that increased adipose lipolytic rate in BALB/c principally relied on increased ATGL activity. Of note, the increased ATGL activity was greater than the increase in ATGL protein content in adipose tissue. This may be due to the concomitant increase of CGI-58 expression that is known to enhance ATGL lipolytic activity.

Thus, we postulated that the increase in ATGL protein level is an intrinsic characteristic of the BALB/c strain. Indeed, ATGL protein levels were also differentially expressed in adipose tissue from four-week-old lean BALB/c and B6 mice with no difference in adiposity (Fig. 3C). Therefore, it is likely that the differences in ATGL protein between the BALB/c and B6 strains were not due to the development of obesity but may be the underlying cause of increased adipose lipolysis.

## **A genome-wide scan points to a chromosome 2 locus associated with fractional body fat**

We generated obese N2 progeny (from F1  $\mathit{ob}/+\mathit{Agrp}^{-/-}\times$ BALB/c  $ob/+$  Agrp<sup>-/-</sup>). Body composition studied for each mouse showed that N2 progeny displayed fat-mass values scattered over a broad range, from low adiposity similar to BALB *ob/ob*, to high adiposity comparable to B6 or F1 *ob/ob* mice (Fig. 4A). Previously, we did not report any gender difference in BALB or B6 *ob/ob* mice. Moreover, both N2 *ob/ob* males and females displayed the same distribution of fat-mass values (not shown). Consequently, N2 *ob/ob* males and females were combined for the genomewide scan.

To map the QTL associated with obesity resistance in BALB/c strain, we only genotyped N2 *ob/ob* mice at the two extremes of the distribution of body fat fraction: N2 mice with high fat-mass percentage  $(>60\%)$ , and N2 mice with low adiposity  $\langle 50\% \rangle$  (**Table 2**). On the basis of our findings on BALB/c, B6, and F1 *ob/ob* mice, we reasoned that mice with low adiposity should be enriched with homozygous BALB/c alleles (CC genotype) at loci that control fatmass deposition, whereas mice with high adiposity should be enriched with heterozygous B6 and BALB/c alleles (BC genotype). A set of 40 microsatellite markers were used to perform the genome scan, and 49 N2 *ob/ob* progenies were analyzed. We found a significant association with the following markers on chromosome 2: *rs4136610*, *D2Mit37*, and *rs3667007*. No other marker exhibited a significant association. Consequently, we concluded that our genome-wide analysis revealed markers on chromosome 2 strongly associated with obesity resistance of BALB/c strain, and this QTL was named *Lipq1* for lipolytic line QTL 1. We further analyzed the N2 *ob/ob* mice according to their chromosome 2 haplotype. As expected, BALB/c alleles on chromosome 2



**Fig. 4.** BALB/c alleles on chromosome 2 support lower fat accumulation and increased ATGL content in adipose tissue of N2 *ob/ ob* mice. (A) Fat mass of BALB/c, C57BL6/J (B6), F1, and N2 *ob/ob* mice. (B) Body weight, (C) fat mass, (D) daily food intake  $(n =$ 16–27), and (E) ATGL protein content in inguinal adipose tissue  $(n = 10-14)$  were determined in N2 mice with homozygous BALB/c allele on chromosome 2 (CC) and heterozygous with BALB/c and B6 alleles on chromosome 2 (BC). Data are expressed as average ± SEM. Unpaired *t*-tests were performed. \*\*  $\bar{P}$  < 0.005, \*\*\*  $\bar{P}$  < 0.0005.

confer lower body weight and fat mass of leptin-deficient animals (Fig. 4B, C). Moreover, *Lipq1* does not alter caloric intake (Fig. 4D). Finally, we checked ATGL expression in adipose tissue and found that ATGL protein level is increased in N2 *ob/ob* mice with BALB/c alleles on chromosome  $2$  (Fig. 4E). Consequently, the genome-wide scan provides supportive evidence that a locus or a set of loci on chromosome 2 supports increased ATGL expression in adipose tissue and control of body fat fraction, independently of caloric intake.

# **SNP architecture of the chromosome 2 and candidate genes**

C57BL6/J and BALB/c genome sequence strains are included in the Sanger sequencing database. Consequently,

TABLE 2. Segregation of BALB/c and C57BL6/J alleles on mouse chromosome 2 with body fat fraction in leptin-deficient N2 progeny  $(F1xBALB/c)$ 

		<b>High Adiposity</b>	Low Adiposity	$\boldsymbol{P}$	
Mean Fat					
Mass $%$		$61.3 + 0.45$	$46.2 + 0.79$	$\leq 0.0001^a$	
Markers	Position (Mb)	CC: BC Genotype Ratios			
rs3678168	5.57	9:14	$13 \cdot 13$	0.44	
rs4136610	70	3:22	18:9	$< 0.0001^b$	
D2Mit37	74.5	3:22	18:9	$< 0.0001^b$	
rs3667007	81	4:21	17:10	$0.0007^{b}$	
D2Mit42	104	6:19	16:11	0.010	
D2Mit30	124.7	10:15	14:13	0.39	
D2Mit456	168.7	11:11	11:13	0.77	

<sup>a</sup> Student *t*-test performed and statistical significance accepted at  $P < 0.05$ .

Fisher's exact tests performed and statistical significance determined for Bonferroni-corrected P < 0.00125.

we studied the SNP architecture of the proximal chromosome 2 spanning from 5.5 to 68 Mb (i.e.,  $\sim$  60 Mb) and found less than 20 SNPs for gene-associated location (supplementary File I). By contrast, the domain including the QTL (40 Mb spanning from 65 to 104 Mb) contains  $\sim$ 500 SNPs for gene-associated location (supplementary File II). As a consequence, the low SNP occurrence in the proximal chromosome 2 indicated that BALB and B6 strain are not polymorphic at these loci. In addition to this in silico analysis, we examined SNPs defined as polymorphic between BALB and B6 (supplementary Table I), for which allele information is available online through the Mouse Genome Database. For the SNP genotyping, we used genomic DNA extracted from the BALB/c and B6 parental strains. Interestingly, the SNP analyzed from 24.7 Mb to 67.09 Mb were not polymorphic between BALB/c and B6 strain (supplementary Table I). Altogether, a nonpolymorphic region of 42 Mb extending from marker *rs27233322* to marker *rs27987286* is defined on chromosome 2. As QTLs are preferentially assigned to polymorphic loci between parental strains, we narrowed the critical interval to a polymorphic region of chromosome 2 spanning from 65 Mb to 104 Mb. Overall, our results support that genetic determinants on chromosome 2 are associated with expression level of ATGL and CGI-58. It is conceivable that a transcriptional or posttranslational mechanism, or both, through a direct or indirect mechanism could be responsible for increased protein expression. Thus, we established a list of the plausible candidates ( **Table 3**) to these processes by studying SNPs in conjunction with the functional information available.

# DISCUSSION

Obesity is often associated with impaired response to the adipose-tissue derived hormone leptin, a central regulator of body fat content and metabolism. We proposed here to use genetics to unveil leptin-independent pathways that overcome obesity. Toward that aim, BALB/c mice, which have been shown previously to be more resistant to obesity induced by leptin deficiency, were compared with leptin-deficient  $C57BL6/I$  (B6) mice (15). To probe the primary function responsible for obesity resistance, we measured multiple metabolic and behavioral parameters. When compared with B6 *ob/ob* mice, BALB/c *ob/ob* mice exhibited decreased food intake, increased thermogenic capacity, and improved fat catabolism. However, analysis of F1 *ob/ob* (B6 *ob/+* × BALB/c *ob/+*) mice revealed that obesity resistance in BALB/c *ob/ob* mice solely relied upon improved fat oxidation. We uncovered a leptin-independent increase in lipolysis intrinsic to adipocytes that contributed to the regulation of body fat content in BALB/c *ob/ob* mice. Interestingly, this process was also operative in lean mice fed a HFD, as we found similar increased fattyacid oxidation; consequently, this mechanism supported by  $BALB/c$  modifier gene(s) was operative beyond leptin deficiency. Finally, we showed that increased lipolysis in these mice was associated with increased ATGL protein

levels, a trait conferred by modifier genes present on the chromosome 2 of BALB/c mice.

Triglyceride (TG) hydrolysis, or lipolysis, is a sequential process that depends on ATGL (PNPLA2, desnutrin), which initiates TG breakdown and produces diacylglycerols (DG), whereas HSL preferentially generates monoglycerides from DGs (30). Thus, ATGL is rate-limiting for the first step of TG hydrolysis and may determine the maximal rate for fatty acid mobilization (31-33). In obese patients, defects in adipose tissue lipolytic activity have been reported, but it is not clear whether altered lipolysis is primary or secondary to obesity development (34–36). Here, we noticed that ATGL level was decreased in adipose tissue from B6 *ob/ob* mice compared with BALB/c *ob/ob* mice *.* In addition, comparison between BALB/c and B6 *ob/ob* mice revealed that protein levels of ATGL and its coactivator CGI-58 were elevated in the adipose tissue of BALB/c *ob/ob* mice, whereas active HSL levels were unchanged. Consequently, downregulation of ATGL level and activity occurred specifically in the obese-susceptible strain C57BL6/J, whereas the resistant strain BALB/c maintained higher levels of ATGL and its activators. In BALB/c *ob/ob* mice, the higher lipolysis rate was accompanied by increased whole body fatty acid oxidation. So, it is tempting to propose that even higher rates of adipocyte lipolysis could further reduce adipocyte lipid stores if fatty acid oxidation rates could accommodate the increased supply.

As lipolysis also supports fatty acid demand by exercising muscles, we further assessed the lipolytic capacity of lean BALB/c and B6 mouse using a mouse treadmill running model (22). In BALB/c mice, a flat RER during ramped exercise indicated a high fatty acid oxidation rate sufficient to efficiently provide ATP to supply exercising muscles. By contrast, C57BL/6J mice fail to increase fatty acid release during exercise and were apparently unable to increase fatty acid oxidation, leading to a rapid increase in RER during exercise ramp-up. Together, these findings imply that BALB/c alleles support a better lipolytic capacity in both obese and exercising mice, suggesting that increased TG hydrolysis is a principal mechanism protecting BALB/c mice from obesity.

We postulate that the increase in ATGL protein level is an intrinsic characteristic of the BALB/c strain. Indeed, ATGL protein levels were also differentially expressed in adipose tissue from young, lean BALB/c and B6 mice prior to the appearance of any differences in adiposity. Therefore, we argue that the differences in ATGL protein between the BALB/c and B6 strains are not secondary to obesity but, rather, are determined by  $BALB/c$  modifier genes. In humans, ATGL deficiency causes neutral lipid storage disease due to an inability to mobilize neutral lipids (37), and low body mass indexes (BMI) have been associated with higher levels of ATGL protein level in human adipose tissue (38). Consequently, identification of a regulatory mean of modulating ATGL might have important implications for obesity treatment. QTL analysis is commonly used to map chromosomal regions and genes that control obesity in mice. Having first identified lipolysis as the leading cellular mechanism that protects BALB/c





Cn, coding nonsynonymous; ESS, essential splice site (in the first 2 or last 2 bp of intron); SS, splice site; StopG, stop gained.

from obesity, we wanted to find the genetic loci controlling body fat content and lipolysis in these mice. We identified a significant QTL named *Lipq1* (for lipolytic line QTL 1) on chromosome 2 associated with body fat content. Furthermore, *Lipq1* supports higher ATGL protein content in adipose tissue of N2 *ob/ob* mice. We narrowed the region to a critical interval that encompasses a chromosome 2 portion of  $\sim$ 30 Mb. A previous study mapped an overlapping QTL *Mob* that confers increased adiposity in F2 (C57BL6/J  $\times$  CAST/Ei) mice inheriting chromosomal regions from B6 and lower adiposity in mice inheriting the CAST chromosomal region  $(39, 40)$ . Conversely, BALB/c alleles of *Nidd5* on chromosome 2 have been shown to decrease obesity in Tsumura Suzuki obese diabetic (TSOD) mice (41). Underlying mechanisms were not described; however, analysis of lipolysis in those models would indicate whether a common locus was involved in obesity resistance. Interestingly, *Lipq1* is syntenic to human chromosomal region 2q22-32 that contains loci related to Bardet-Biedl syndrome with manifestation of obesity  $(42)$ , abdominal visceral fat  $(43)$ , and higher BMI  $(44)$ . Consequently, this observation supports that the mechanism we identified in the BALB/c strain could be relevant for a better understanding of human obesity.

In summary, our findings highlight a leptin-independent increase in adipose tissue lipolysis that restrains obesity and glucose intolerance. Recent advances in the understanding of the enzymology of lipolysis within adipocytes and other cell types have yielded insights into the process of triglyceride metabolism and the regulatory molecules involved  $(24, 45-47)$ . Here, we identified a QTL on mouse chromosome 2 that confers resistance to obesity through modulation of lipolysis and the adipocyte content of ATGL . We propose that identification of *Lipq1* will provide a novel target for the treatment of obesity and associated metabolic defects.

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