The Akt signaling pathway An emerging therapeutic target in malignant melanoma

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Studies using cultured melanoma cells and patient tumor biopsies have demonstrated deregulated PI3 kinase-Akt3 pathway activity in ~70% of melanomas. Furthermore, targeting Akt3 and downstream PRAS40 has been shown to inhibit melanoma tumor development in mice. Although these preclinical studies and several other reports using small interfering RNAs and pharmacological agents targeting key members of this pathway have been shown to retard melanoma development, analysis of early Phase I and Phase Il clinical trials using pharmacological agents to target this pathway demonstrate the need for (1) selection of patients whose tumors have PI3 kinase-Akt pathway deregulation, (2) further optimization of therapeutic agents for increased potency and reduced toxicity, (3) the identification of additional targets in the same pathway or in other signaling cascades that synergistically inhibit the growth and progression of melanoma, and (4) better methods for targeted delivery of pharmaceutical agents inhibiting this pathway. In this review we discuss key potential targets in PI3K-Akt3 signaling, the status of pharmacological agents targeting these proteins, drugs under clinical development, and strategies to improve the efficacy of therapeutic agents targeting this pathway.

Introduction

Aberrant expression and activity of the PI3K-Akt pathway proteins has been shown to promote melanomagenesis.¹⁻⁷ The PI3K-Akt3 signaling cascade regulates initiation, progression and invasion by inhibiting cell senescence and apoptosis pathways, and by inducing cell survival cascades in melanoma cells (**Fig. 1**).^{1,8-10} Therefore, members of this signaling cascade are attractive targets for inhibiting melanoma.¹¹⁻¹³ Prior studies using siRNA and pharmacological inhibitors have demonstrated that targeting Akt3 and downstream PRAS40 inhibits melanoma development in mice by triggering apoptosis.^{6,14} Furthermore, immunohistochemical staining methods comparing pAkt levels in advanced stage patient tumors with matched normal controls demonstrated elevated pAkt expression in ~77% of melanomas.¹⁵ Similarly, enhanced expression of p85 and p110 α subunits of PI3K and pPRAS40 have also been reported in melanomas compared with melanocytes.^{14,16} Therefore strategies targeting members of PI3K-Akt pathways represent a promising approach to develop clinically effective therapies for the treatment of melanoma.

Overview of the PI3K-Akt Signaling in Melanomas

The PI3K-Akt pathway is activated by (1) nutrients, (2) hormones, or (3) growth factors (Fig. 1).^{2,3,17} Binding of mitogens to G-protein-coupled receptors activate PI3K, which in turn triggers the generation of $PtdIns(3,4,5)P_3$ molecules by phosphorylating phosphatidylinositol-4,5-bisphosphate [PtdIns(4,5) P_2] on the 3-OH group.^{17,18} PtdIns(3,4,5) P_3 binds to the PH domain of Akt, thereby facilitating its translocation to the plasma membrane^{2,3,17} (Fig. 1). Akt activation is initiated when the translocated Akt is phosphorylated on T308 residue by membrane localized phosphoinositide-dependent kinase-1 (PDK-1).^{2,3,17} However, complete activation is achieved only when PDK2 the second phosphorylation site S473 is phosphorylated by rapamycininsensitive mTORC2.^{19,20} Additional studies have shown that prior phosphorylation of tyrosine 315 (Y315) and 326 (Y326) residues is a pre-requisite for the activation of Akt kinases.²¹ Although it is known that activated Akt is present in both the cytosol and nucleus, further studies are necessary to delineate the differential contributions of Akt in the cytosol vs. nucleus and how they affect melanoma cell growth. Activated Akt phosphorvlates GSK3α/β, PRAS40, NFκB and many other proteins harboring the Arg-X-Arg-X-X-[Ser/Thr]-Hyd (where X is any amino acid and Hyd is a bulky hydrophobic amino acid) consensus sequence (Fig. 1)^{2,3,7,17}. Even though several Akt substrate proteins have been identified, few have been implicated in the genesis or progression of melanoma.^{2,3,17} Furthermore, while phosphorylation of some substrates induces catalytic activity, phosphorylation of other substrates may inhibit it. Therefore, care must be taken in relating the phosphorylation status of Akt substrates to the molecular mechanisms underlying the development of melanoma.

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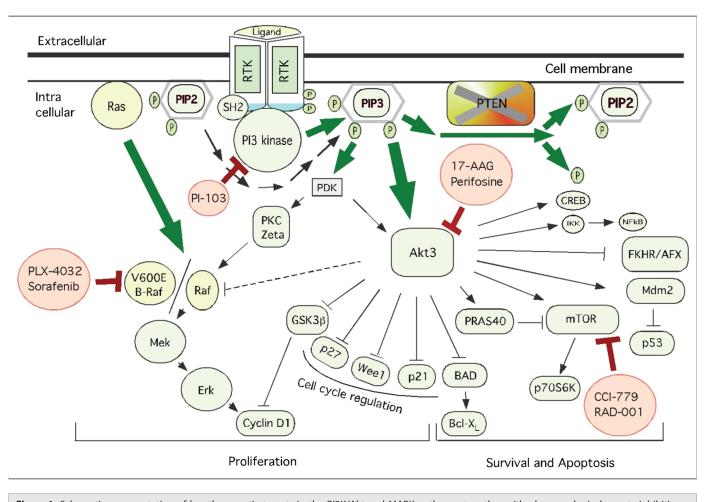


Figure 1. Schematic representation of key therapeutic targets in the PI3K/Akt and MAPK pathways together with pharmacological agents inhibiting members of these signaling cascades. Shown are the key therapeutic targets regulating melanoma development. Whereas PI3K/Akt3 pathway involved in cell survival and apoptosis regulation, MAPK pathway is implicated in cell proliferation. Targeting members of these signaling cascades using pharmacological agents has been shown to inhibit melanoma tumor development. Pharmacological agents inhibiting PI3K/Akt signaling; perifosine, 17-AAG, CCI-779 and RAD-001 have been evaluated in clinical trials. Vemurafenib and sorafenib targeting MAPK are also being evaluated in various clinical trials for inhibiting melanomas.

PI3K-Akt pathway activity is negatively regulated by phosphatase and tensin homolog deleted on chromosome 10, referred as PTEN. PTEN is a unique dual specificity phosphatase that dephosphorylates proteins²²⁻²⁴ and hydrolyzes the secondary messenger inositol phosphates [PtdIns $(3,4,5)P_3$].^{23,25} Preclinical and clinical studies have demonstrated inactivation, loss or decreased protein expression of PTEN, in 29-43% of melanoma cell lines and in biopsy specimens from melanoma patients.^{26,27} Loss of PTEN promotes Akt activity, increases resistance to chemotherapeutic agents and inhibits cellular apoptosis.^{5,14,28} Therefore, restoring functionally active PTEN expression in melanomas has the potential to improve the therapeutic efficacy of agents triggering apoptosis.^{5,14,28} For example, transfer of a portion of chromosome-10 containing PTEN gene has been shown to decrease pAkt3 and downstream pPRAS40 and to sensitize melanoma cells to the apoptosis inducing agent staurosporine.^{5,14} Another study showed elevated phosphorylation of Akt3, induction of BCl₂ and enhanced chemoresistance in melanocytes and early melanoma WM35 cells only when

PTEN was inhibited.^{5,6,14,29,30} Furthermore, mice lacking PTEN but expressing conditionally induced ^{V600E}B-Raf form spontaneous melanomas, whereas induction of PTEN expression reduced tumor-forming ability.³¹ In addition, loss of PTEN increased melanoma cell invasion and migration by shifting the phosphorylation status from Akt3 to Akt2 and by downregulating E-cadherin.³² Therefore, an unanswered question remains as to why inhibiting PTEN exerts differential effects on Akt3 and Akt2 activities in melanomas.

PTEN also regulates the synthesis of proteins involved in melanoma proliferation and survival.³³ For example, PTEN mediates regulation of phosphorylation of eukaryotic initiation factor- 2α (eIF2 α) and induces anti-proliferation and apoptotic signals in isogenic melanoma cells.³³ Melanoma cells lacking PTEN have low levels of phosphorylated eIF2 compared with cells expressing wild-type PTEN. Reconstitution of wild-type or phosphatase-defective PTEN in PTEN-null human glioblastoma cells enhances phosphorylation of eIF2 α by binding to the PDZ domain of PTEN.³³ Phosphorylated eIF2 α inhibits eIF2B and

blocks the initiation of translation and overall protein synthesis.³³ PTEN can also inhibit cell proliferation by altering cell cycle progression through G₁ to S phase.^{30,34-36} Cells containing functionally active PTEN express high levels of p27 and low levels of cyclin-D1 and cyclin-D2 proteins.³⁶⁻³⁸

Therapeutic Targets in the Akt Pathway

There has been significant interest in identifying key members of the PI3K-Akt signaling cascade promoting melanoma development, since downregulation of this pathway appears to be a promising therapeutic strategy. In this section of review an overview of several attractive targets in this signaling cascade is provided (Fig. 1).

Phosphotidyl inositol 3 kinases (PI3K). PI3K is one of the key targets in the PI3K-Akt3 signaling cascades.³⁹ PI3Ks are a family of intracellular lipid kinases that phosphorylate the 3' hydroxyl group of phosphatidylinositols (Pis) and phosphoinositides.^{16,40} Based on substrate specificity and structure, PI3K proteins have been categorized into class-I, class-II and class-III kinases.^{40,41} Whereas activity of class-Ia PI3K is triggered by growth factor receptor tyrosine kinases, class-Ib proteins are activated by G protein-coupled receptors. Class-Ia PI3K is a heterodimer comprising a p85 regulatory and p110 catalytic subunits.^{40,41} Upon growth factor stimulation class-Ia PI3Ks phosphorylates PtdIns $(4,5)P_2$ at the 3' position converting it into PtdIns $(3,4,5)P_3$, which binds to the PH domain containing PDK1 and Akt proteins, thereby facilitating translocation of these proteins to the cell membrane. Class-I PI3Ks also exhibit protein kinase activity, but activation of each of the two class-I isoforms has differing consequences.^{42,43} For example, class-Ia PI3K phosphorylates insulin receptor substrate-1 (IRS-1), whereas class-Ib PI3K activates the MAPK signaling cascade.^{40,41}

Activation of PI3K is a key event for the initiation of Akt signaling in melanomas.^{16,44} PI3K is activated by liganddependent activation of tyrosine kinase receptors, G-proteincoupled receptors, or integrins (Fig. 1). Several studies have shown that these receptors are overexpressed in many cancers including melanomas.45,46 However, in the 10-20% of melanomas that express constitutively active Ras proteins, PI3K-Akt signaling cascade is also activated through a receptor-independent mechanism.⁴⁷⁻⁴⁹ Therefore, targeting activated PI3K inhibits melanoma development.44,50 For example, overexpression of a deleted subunit of PI3K (Deltap85) reduced PI3K signaling in the melanoma cell line G361.51 Similarly, targeting PI3 kinase using siRNAs or pharmacological agent ZSTK474 inhibited melanoma tumor development.40,41 Likewise, targeting PI3K using nanoparticle encapsulated LY-294002 inhibited xenografted mouse melanoma cell growth.52 Although these and other studies demonstrate the critical role of PI3K in the regulation of melanoma development, studies have failed to demonstrate consistently elevated expression of this protein in tumor specimens from melanoma patients. Furthermore, several contradictory results have been reported regarding PI3K activity in melanomas with some studies reporting little or no expression of PI3K in patient samples, while others have demonstrated high expression

levels.^{40,41} In a recent study, investigators quantitatively assessed expression of PI3K in 523 melanoma and 540 nevi specimens and found that p85 and p110 subunit expression was higher in melanomas than in nevi (Fig. 2).^{40,41} However, neither subunit could be used as a prognostic marker in patients with localized or metastatic melanoma. Other mechanisms regulating PI3K activity in melanomas include loss of negative regulators such as PTEN or mutational activation (Fig. 2)

Protein kinase B gamma or Akt. Three isoforms of Akt have been described: Akt1 (PKBa), Akt2 (PKBB) and Akt3 $(PKB\gamma)$.^{46,53} These three variants share > 80% homology and have common and isoform specific functions. Structurally, all three isoforms contain pleckstrin homology (PH), catalytic and regulatory domains.^{45,46,53-59} Whereas the N-terminal PH domain mediates protein-protein and protein-lipid interactions,^{60,61} the central catalytic domain (CD) contains a key initiator phosphorylation site (T³⁰⁸) responsible for enzymatic activity.^{62,63} The carboxy terminal hydrophobic regulatory domain (RD) contains a second phosphorylation site, located on a serine residue (S⁴⁷²), whose phosphorylation completes kinase activation. Although other phosphorylation sites may also regulate the catalytic activity of Akt kinases, their significance remains to be determined.⁶⁴ In a recent study, E40K mutation in the PH domain has been shown to enhance the enzymatic activity of Akt3 in melanomas.^{14,65} Splice variants of Akt3 lacking serine 472 have also been identified but the functional significance remains unknown.^{66,67}

Akt is a positive regulator of cell proliferation and survival.⁷ Aberrant activation of Akt through (1) mutations in PI3K, (2) overexpression, or (3) deletion of PTEN, and (4) mutations in Akt3 has been observed in melanomas.^{2,3,5,16} Akt activity is also regulated by posttranslational modifications involving phosphorylation or ubiquitination.⁶⁸ In addition, physical interactions with effector proteins can regulate Akt3 activity in melanomas^{39,45,46,53-59,69,70}. Preferential activation of Akt3 has been reported in melanomas⁶ but the mechanistic basis for this isoform specific regulation is only beginning to emerge.⁷¹

Akt activity is also regulated through dephosphorylation of Thr308 and Ser473 by phosphatases. Phosphatases control the overall phosphorylation status of Akt in melanoma cells.⁷² Key phosphatases in melanomas include (1) PTEN, (2) the protein phosphatase 2A (PP2A), and (3) PH domain leucine-rich repeat protein phosphatase (PHLPP). Whereas PTEN dephosphorylates PtdIns $(3,4,5)P_3$ to form PtdIns $(4,5)P_2$, PP2A and PHLPP dephosphorylate T308 and S473, respectively, to deactivate Akt kinases.^{69,73,74} While the role of PTEN in melanomas has been studied extensively, little is known regarding PP2A and PHLPP. One study using mouse melanoma cells showed that PP2A expression is regulated by methylation of a catalytic subunit.⁷² Inhibition of methylation by okaidic acid then reduced PP2A activity, resulting in increased Akt phosphorylation and proliferation.72 Agents such as chloroethylnitrosourea (CENU) augment methylation of PP2A to reduce cell proliferation and survival.72 Therefore, PP2A promethylating agents are potential candidate melanoma inhibitors. Other mechanisms such as ubiquitination also have been shown to regulate Akt activity in several cancers,^{70,75} but in melanomas this mechanism of regulation remains to be explored.

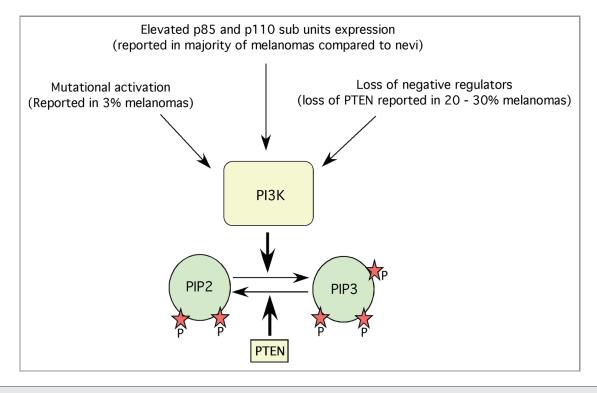


Figure 2. Mechanisms regulating PI3K pathway in melanoma. PI3K is one of the key proteins involved in the development of melanoma. PI3K expression and activities are regulated by mutational activation, elevated protein expression and loss of negative regulators such as PTEN. Activated PI3K converts PIP2s in to PIP3s, which in turn binds to plextrin homology domains of various kinases such as Akt thereby helps in the translocation of these proteins to cell membranes.

Recently, mutations in Akt have been reported in a number of malignancies including melanoma. For example, growth-promoting somatic mutations such as E17K in the PH domain of Akt have been described in a small minority (8%) of cancers of breast, colon (6%), ovary (2%) and skin (1.5%).69,70,76-78 Similarly, E17K mutation in Akt3 protein is reported in melanoma patient tumors and in melanoma cell lines. Analysis of 137 human melanoma specimens and 65 human melanoma cell lines showed expression of mutant E17KAkt3 in two melanoma tumors and in two melanoma cell lines.⁷⁷ Expression of E17KAkt3 in melanoma cell lines demonstrated the presence of active phosphorylated Akt.77 Although E17KAkt3 found to increase phosphorylated Akt levels, it is unknown whether this could be used as a marker for diagnosis and for measuring the treatment efficacy of pharmacological agents. In addition, very low levels of prevalence of this mutant protein in human melanomas raises concerns whether this is a random event or has any bearing on disease development and drug resistance. Likewise, E49K mutation was reported in a subset of bladder cancer patients,⁷⁹ but the significance of these mutations remain unknown.

Downstream targets of Akt. Akt substrates can be cytoplasmic or nuclear. The number of proteins found to be regulated by Akt continues to increase as the search for putative substrates bearing Arg-X-Arg-X-X-[Ser/Thr]-Hyd (where X is any amino acid and Hyd is a bulky hydrophobic amino acid) identifies them (Fig. 1).^{80,81}

Activated Akt3 phosphorylates as many as 9,000 substrate proteins, thereby regulating diverse processes such as cell survival,

proliferation and migration and impacting chemosensitivity.82 For example, inhibitory phosphorylation of GSK3ß promotes cell cycle progression by elevating cyclin D1 levels.^{83,84} Likewise phosphorylation of PRAS40 at threonine 246 (T²⁴⁶) sequesters PRAS40 thereby prevents its interactions with mTORC1, which increase the nutrient status of various cells.^{14,85,86} Phosphorylation of PRAS40 has been shown to correlate with Akt activity in melanomas. In another study, phosphorylation of V600EB-Raf by Akt3 decreased its activity to levels promoting rather than inhibiting cell proliferation.^{65,87} Mechanistically, Akt3 phosphorylates V600EB-Raf on S364 and/or S428, thereby reducing its catalytic activity.⁶⁵ Ectopic expression of ^{V600E}B-Raf in melanocytes induces cellular senescence by elevating the levels of MAPK activity and by upregulating the expression of cyclin-dependent kinase (cdk) inhibitors.^{88,89} Therefore, genetic changes such as loss of tumor suppressor genes PTEN, p53 or p16INK4A, and upregulation of Akt3 are needed to enable quiescent melanocytic nevi to develop into melanomas.65,90

Other substrates phosphorylated by Akt include apoptotic signal kinase (ASK1), B cell leukemia/lymphoma-2 interacting mediator of cell death (Bim), B cell leukemia/lymphoma-2 associated death agonist (Bad), murine double minute-2 (MDM-2), p21 cyclin dependent kinase inhibitory protein (p21 Cip1), X-linked inhibitor of apoptosis (XIAP) and the forkhead box O3 (Foxo3a) transcription factor.^{2,7} Akt also phosphorylates IKB kinase (IKK), to enable translocation of NFKB into nucleus. Targeting NFkB and upstream IkKa can inhibit melanoma

development.^{91,92} Akt can also phosphorylate and activate cyclic AMP response element binding protein (CREB) and mammalian target of rapamycin (mTOR), thereby increasing cell survival and drug resistance.^{2,7}

Preclinical Agents Targeting Akt Signaling

Pharmacological agents inhibiting Akt activity have been identified using agent screening and molecular modeling approaches to test their efficacy in vitro and in vivo. Although several agents found effective on cultured cells, only a few showed potency in preclinical trials for inhibiting melanoma tumors growth in mice and causing no noticeable systemic toxicity. Among various agents tested preclinically, only a minority have been evaluated clinically. In the following sections, we provide an overview of the current status of various pharmacological agents inhibiting Akt activity, as well as any potential drawbacks limiting further development.

Lipid based inhibitors of Akt. Lipid based inhibitors of Akt have exhibited biological activity against melanoma in preclinical and clinical trials.⁹⁴ Notable examples include (1) alkylphospholipids (ALPs)—perifosine, miltefosine and edelfosine; (2) phosphatidylinositol ether lipid analogs (PIAs); and (3) D-3deoxy-phosphatidylmyoinositol-1-(R)-2-methoxy-3-octadecyloxyropyl hydrogen phosphate (PX-316)⁹⁴⁻⁹⁶ (Table 1).

Alkylphospholipids (APLs). Alkylphospholipids are membranepermeable ether lipids resistant to degradation by cellular phospholipases.⁹⁴⁻⁹⁶ Accumulation of these synthetic APLs alters denovo phospholipid synthesis as well as translocation of Akt.⁹⁴⁻⁹⁶ Perifosine is a synthetic oral alkylphospholipid inhibitor of Akt that has been tested in several preclinical and clinical trials targeting cancers of the skin, lung, prostate, colon and breast.⁹⁴⁻⁹⁶ Perifosine inhibits translocation of Akt to cell membranes, inhibiting phosphorylation of Akt by PDK1 and PDK2, thereby sensitizing cancer cells to apoptosis⁹⁴⁻⁹⁶ (**Table 1**).

Phosphatidylinositol ether lipid analogs. These agents comprise a class of inhibitors that are structurally similar to $PI(3,4)P_2$ and $PI(3,4,5)P_3$ and interact with PH domain of Akt.^{97,98} Each is composed of an inositol ring, a linker phosphate or carbonate and an ether lipid side chain.^{97,98} Docking and modeling studies predicted that these analogs bind to PH domain of Akt in an altered position compared with PtdIns(4,5) P_2 and PtdIns (3,4,5) P_3 s, thereby inhibiting translocation to the plasma membrane.^{94,97,98} Phosphatidylinositol ether lipids inhibit active Akt without affecting total Akt levels, consequently inducing apoptosis, and decreasing chemo- and radiation- resistance. These inhibitors are being evaluated in clinical trials.

Other inhibitors targeting the PH domain are also being developed and evaluated preclinically as well as clinically. For example, PX-316 (D-3-Deoxy-phosphatidyl-myoinositol-1-(R)-2-methoxy-3-octadecyloxyropyl hydrogen phosphate), a lipid based inhibitor of Akt, has been found to inhibit xenografted breast and colorectal cancers;⁹⁹ however, its efficacy for killing melanoma cells has not been tested. Furthermore, clinical pharmacokinetic and pharmacodynamic properties have not been established for this agent.

Small molecule inhibitors of Akt. High-throughput screening approaches have identified selenium containing ISC-4, PBISe, p-XSC; PHT-427, API-1, API-2, API-59CJ-OMe, A443654 and canthine as small molecule pharmacological inhibitors of Akt. These agents inhibited cultured cells and tumors development in animals and are discussed briefly below and in Table 1.

ISC-4. Isoselenocyanate-4, a derivative of naturally occurring phenyl butyl isothiocyanate (PBITC), is a selenium-containing cancer therapeutic and chemopreventive agent found effective for inhibiting melanoma and other malignancies in preclinical studies.^{93,100,101} ISC-4 is synthesized by substituting selenium for sulfur in PBITC.¹⁰⁰ Furthermore, preclinical studies have also demonstrated that topical application of ISC-4 compared with PBITC effectively inhibits melanocytic lesions growing in artificial skin reconstructs, a widely used in vitro model for studying melanoma tumors progression in laboratory, and subcutaneous xenografted melanoma tumors (**Table 2**).^{93,100,101} Intraperitoneal administration of ISC-4 retards the growth of xenografted melanoma tumors with negligible toxicity.^{93,100,101} Mechanistically, ISC-4 has been shown to inhibit Akt3 signaling in melanomas and induce apoptotic cell death.^{93,100,101}

PBISe. PBISe is an isosteric analog of the iNOS inhibitor, PBIT.¹⁰²⁻¹⁰⁴ In vitro and in vivo studies demonstrated that topical application of PBISe, but not PBIT inhibited the growth of early melanocytic lesions growing in skin reconstructs and subcutaneous xenografted tumors (**Table 2**).¹⁰²⁻¹⁰⁴ Intraperitoneal administration of PBISe reduced the growth of xenografted melanoma tumors in mice.¹⁰²⁻¹⁰⁴ Unlike PBIT, PBISe has inhibitory activity against melanoma. In addition to iNOS inhibition,

Table 1. Pharmacological agents that are under clinical evaluation for inhibiting PI3K/Akt3 pathway in melanomas

Agent	Target	Assay to measure the efficacy	Drawbacks/reasons for failure in clinic	Ref.
Perifosine		Western blotting and Immunohistochemistry	Lack of objective response, gastrointestinal and hematological toxicity	94–96, 154–165
17-AAG	HSP90, MAPK and Akt	Western blot and immunohistochemistry	Lack of objective response, Lack of target inhibition	167–170
CCI-779	mTOR	Immunohistochemistry	Lack of sufficient antitumor activity, mild to moderate toxic side effects	128, 171, 172
RAD001	mTOR	Immunohistochemistry	No objective clinical response, grade-2 toxicity	128, 173
API-2	Akt	Western blotting	Toxic side effects including hepatotoxicity, hyperglycemia, thrombocytopenia	110–113
Riluzole	GRM1	Immunohistochemistry	Mild toxicities including dryness in mouth, dizziness, and neurologic toxicity	176–180

Agent	Target/Pathway	Assays measuring efficacy	Dose tested in nude mice	Hurdles limiting clinical use	Ref.
ISC-4	Akt	Cell viability, western blotting	3 ppm of selenium by i.p.	Solubility, Efficacy, Lack of information about bioavailability and distribution	93, 100, 101.
PBISe	Akt and MAPK	Cell viability, western blotting	2.5 ppm selenium by i.p.	Efficacy, Lack of information about bioavailability and distribution	102–104
p-XSC	COX-2, NF-kB	Cell viability, western blotting	Up to 15 mg/kg in diet	Need thorough testing for inhibiting melanoma	105, 106
PHT-427	Akt / PDPK1	western blotting	200 mg/kg oral	Not tested yet in melanoma	107, 108
API-I	Akt	Cell viability, apoptosis	10 mg/kg i.p.	Not tested yet in melanoma	109
API-2	Akt	Cell viability, apoptosis	1 mg/kg i.p.	Toxicity and poor bioavailability	110–113
BI-69A11	Akt	In vitro kinase assay, western blotting	Up to 2 mg/kg i.p.	Not known	116
2-pyrimidyl-5- amidothiophenes	Akt	Proliferation assay	Not known	Not tested thoroughly in vivo	117
A-443654	Akt	Cell viability, western blotting	7.5 mg/kg s.c.	No oral bio-availability and low therapeutic index	94, 118–121
GSK690693	Akt	Cell viability, western blotting	Up to 30 mg/kg i.p.	Transient hyperglycemia	122, 123
Rapamycin	mTOR	Cell survival and western blotting	Up to 30 mg/kg oral	Poor water solubility and stability	127, 128
NVP-BBD-130	PI3K, mTOR	Cell survival and western blotting	40 mg/kg oral	Information on therapeutic index and tolerability is lacking	130
NVP-BEZ-235	PI3K, mTOR	Cell survival and western blotting	30 mg/kg, oral	Information on therapeutic index and tolerability is lacking	130
ZSTK474	PI3K, mTOR	Cell survival and western blotting	Up to 400 mg/kg, oral	Information on therapeutic index and tolerability is lacking	130
OXA-01	PI3K, mTOR	Cell survival and western blotting	Up to 75 mg/kg i.p.		131

Table 2. Preclinically evaluated pharmacological agents targeting members of PI3K/Akt3 signaling

PBISe blocks Akt signaling and induces pErk1/2 levels in melanomas, resulting in apoptosis and cell cycle arrest.¹⁰²⁻¹⁰⁴

p-XSC. p-XSC is a selenium containing selenocyanate that has been shown in preclinical studies to have biological activity against melanoma and other malignancies.^{105,106} Dietary administration of p-XSC inhibited experimental melanoma metastasis in a B16-F10 melanoma model.¹⁰⁶ Mice treated with 4, 8 and 15 mg/kg of p-XSC orally developed fewer metastatic tumors compared with control animals (**Table 2**).¹⁰⁶ In addition, mice fed with 8–15 mg/kg p-XSC developed significantly smaller tumors compared with control animals.¹⁰⁶ Importantly, p-XSC has been shown to induce apoptosis in melanoma tumors without exhibiting similar effects in normal tissues.¹⁰⁶

PHT-427. PHT-427 {4-dodecyl-N-(5-(5-(methyl(7-nitrobenzol[c][1,2,5]oxadiazol-4-yl)aminopentyl-1,3,4-thiadiazol-2-yl) benzenesulfonamide}, which binds to the pleckstrin homology (PH) domain, has been shown to inhibit tumors harboring active Akt (**Table 1**).¹⁰⁷ Intraperitoneal administration of PHT-427 blocked the growth of xenografted pancreatic tumors (**Table 2**).¹⁰⁸ Recently, analogs of PHT-427 with increasing carbon chain length (from C-4 to C-16) have been synthesized and antitumor activity evaluated.¹⁰⁸ The C-12 analog was found to exhibit potent Akt and PDPK1 (phosphoinositide-dependent protein kinase-1) inhibitory activity compared with other derivatives.¹⁰⁸

API-1. API-1 (NSC-177223) is a pyrido[2,3-d]pyrimidine structurally related to antibiotic sangivamycin (**Table 2**).¹⁰⁹ API-1 is a pan-Akt inhibitor that binds to the pleckstrin homology domain of Akt, preventing translocation to cell membranes. In vitro studies demonstrated its selectivity for Akt but not for upstream activators PI3K, PDK1 and PDK2 (mTORC2) or structurally related kinases PKC, SGC, PKA, STAT3, ERK-1/2 or JNK.¹⁰⁹ In an animal model, intraperitoneal administration of 10 mg/kg body weight API-1 selectively inhibited xenografted OVCAR3 and PANC1 growth but not OVCAR-5 or COLO357, demonstrating selectivity of this agent for cell lines expressing high levels of Akt activity (**Table 2**).¹⁰⁹ Since Akt activity is elevated in most melanoma, API-1 would be predicted to have broad inhibitory activity against melanoma.

API-2. API-2 (triciribine) is a nucleoside analog inhibiting phosphorylation of Akt without affecting the activities of oncogenic kinases PI3K, PDK-1, PKC, PKA, STAT3, Erk1/2 and JNK (**Table 2**).¹¹⁰ API-2 mediated Akt inhibition induced apoptosis and retarded growth of xenografted melanoma, breast, prostate, ovarian and pancreatic tumors.¹¹⁰ Prior to the discovery of its Akt inhibitory activity, triciribine had been shown to inhibit DNA and protein synthesis.¹¹¹ Although Phase I and Phase II trials have demonstrated clinical efficacy, further study was discontinued due to drug-related toxicities such as hepatotoxicity,

hyperglycemia, thrombocytopenia and hypertriglyceridemia, which may have resulted, in part, from the high doses of the agent employed.^{112,113} Triciribine has been found to accumulate in various tissues, especially liver, gallbladder and pancreas.¹¹³ A preclinical study demonstrated anti-tumor activity of API-2 for cell lines expressing high Akt activity when administered at low concentrations.¹¹⁰ For example, intraperitoneal administration of 1 mg/kg body weight of API-2 daily retarded ovarian and pancreatic tumor growth in animals, indicating the relative potency API-2 in reducing tumor development.¹¹⁰ It appears that clinical studies may be warranted to determine whether, in fact, API-2 has antitumor activity in humans at doses associated with acceptable tolerability.

Other Akt inhibitors identified from compound screens include API-59CJ-OMe and KP372.^{114,115} These agents inhibit Akt and induce apoptosis in various cancer cell lines. Investigators are currently testing preclinical efficacy of these agents in animal models.

BI-69A11. Identified using a virtual docking approach in which 50,000 compounds were screened, BI-69A11 inhibits Akt activity by binding at the ATP catalytic site (**Table 2**).¹¹⁶ BI-69A11 had no effect on the activity of protein kinases, Abl1, p38a, JNK and PI3K. BI-69A11 forms three hydrogen bonds with Lys181, Thr292 and Glu279 in Akt, thereby inhibiting its activity.¹¹⁶ In vitro, BI-69A11 inhibited Akt activity in melanoma cells harboring mutant PTEN and having elevated pAkt levels.¹¹⁶ Furthermore, BI-69A11 reduces pPRAS40, a direct substrate of Akt involved in apoptosis regulation in melanomas.¹¹⁶ In animals, intraperitoneal administration of BI-69A11 retarded xenografted melanoma tumors by inducing apoptosis (**Table 2**).¹¹⁶ Although these preclinical studies have demonstrated efficacy of BI-69A11 for inhibiting Akt activity and melanoma tumor growth, no clinical studies have been reported using this compound.

2-pyrimidyl-5-amidothiophenes. High throughput screening of 2-pyrimidyl-5-amidothiophene derivatives led to discovery of a compound with selectivity for Akt3¹¹⁷ (**Table 2**). Although this ATP-competitive inhibitor was found to target Akt3 at concentrations as low as 3 μ M, further validation will be necessary to establish specificity, as structurally similar derivatives showed selectivity to several other kinases.¹¹⁷ For example, a derivative containing a similar backbone inhibited Akt1, 2, and 3 at low nanomolar concentrations in DOV13 ovarian cancer cells.¹¹⁷ In addition, studies using the UACC 903 melanoma cell line have showed that this derivative, compared with other structurally related compounds, had 30-fold greater selectivity toward PKA and other AGC family kinases.¹¹⁷

A-443654 and A-423795. A-443654 is an indazole-pyridine Akt inhibitor that synergizes with chemotherapeutic agents doxorubicin, campothecin and paclitaxel¹¹⁸⁻¹²⁰ (**Table 2**). Although A-443654 was identified as an Akt inhibitor, western blot analysis demonstrated elevated pAkt expression following A-443654 treatment, indicating that pAkt level may not be an accurate indicator of inhibitory potency.¹²¹ A-423795 is another Akt inhibitor synthesized from the indazole-pyridine compound series.¹¹⁸ This compound inhibits Akt activity in cultured cells and retards growth of xenografted tumors¹¹⁸ (**Table 2**). Toxicity

manifest as lethargy, weight loss and skin irritation at the compound injection site have discouraged investigators from undertaking clinical trials in humans.⁹⁴

GSK690693. GSK690693 is a novel ATP-competitive pan-Akt inhibitor demonstrated to exhibit anti-tumor activity against xenografted human ovarian (SKOV-3), prostate (LNCaP) and breast (BT474 and HCC-1953) carcinomas.¹²² Among over 250 kinases that have been screened in vitro, GSK-690693 inhibited Akt1, 2 and 3 with high selectivity at low nanomolar concentrations of 2, 13 and 9 nM respectively for each Akt isoform¹²² (Table 2). However, this inhibitor was less selective for AGC family kinases such as PKA and PKC.¹²² Interestingly, cell lines sensitive to GSK690693 had high pAkt activity.¹²² Efficacy of GSK690693 for inhibiting growth of melanoma cell line or melanoma tumor xenografts has not been tested. A recent study evaluating this inhibitor in a panel of in vitro and in vivo xenograft models of the Pediatric Preclinical Testing Program (PPTP) demonstrated that GSK690693, as a single agent, only modestly inhibited growth of solid tumors.¹²³

Hexamethylene bisacetamide (HMBA). HMBA is a hybrid polar compound inhibiting Akt and MAPK signaling cascades.¹²⁴ In addition, HMBA also represses NFkB and induces transformed cells differentiation.¹²⁴ Phase I and Phase II clinical trials examining HMBA for the treatment of acute myelogenous leukemia demonstrated significant dose-limiting toxicity, consequently limiting its clinical utility.¹²⁵ The biological activity of HMBA in melanoma has not yet been evaluated (**Table 2**).

Sertraline. Being a member of the selective serotonin reuptake inhibitor class of anti-depressants, sertraline possesses Akt inhibitory activity and acts as a serotonin transporter antagonist.¹²⁶ Human melanoma cells treated with sertraline exhibited low pAkt and phosphorylated p70 S6 kinase activities.¹²⁶ In addition, sertraline treatment induced endoplasmic reticulum stress triggering cellular apoptosis. In animals, intraperitoneal administration of 1 mg/day setraline inhibited xenografted A375 tumor development.¹²⁶ Although this antidepressant inhibited melanoma tumor development, further investigation in preclinical as well as clinical models are warranted to establish its activity against melanoma, mechanism of action for tumor inhibition and potential toxicity.

Agents targeting mTOR. mTOR is a 290 kDa cytosolic serine/ threonine kinase expressed in most tissues.¹²⁷ mTOR is one of the downstream members of Akt involved in regulation of the cell cycle, protein synthesis and angiogenesis. Therefore it acts as a nutrient sensor and regulator of translation.¹²⁷ Upon stimulation, mTOR activates p70⁵⁶ kinase and inactivates 4E-BP1 to promote cell proliferation and survival.¹²⁷ Rapamycin and derivatives of this compound are well-known inhibitors of mTOR (Tables 1 and 2).^{127,128} These inhibitors bind to the immunophilin FK-506 binding protein, FKBP-12 to inhibit mTOR activity. CCI-779 (Temsirolimus) and RAD001 (Everolimus) are rapamycin derivatives that inhibit the PI3K-mTOR pathway.¹²⁸ CCI-779 is a water-soluble ester of rapamycin¹²⁸ that has potent anti-tumor activity for several tumor types including melanoma.¹²⁸

A possible concern is that, since mTOR can suppress Akt activity through a negative feedback loop, inhibition of mTOR $% \left({{{\rm{A}}_{{\rm{B}}}} \right)$

might activate Akt and induce resistance.^{128,129} This issue should be considered when using mTOR inhibitors. One strategy to circumvent mTOR-mediated resistance is to combine it with an agent targeting Akt. For example, targeting PI3K and mTOR with NVP-BAG956, NVP-BBD130 or NVP-BEZ-235 induced G1 growth arrest mediated by p27 thereby reducing cyclin D1 in melanoma cells.¹³⁰ However, inhibition of either PI3K or mTOR alone using ZSTK474 or rapamycin, respectively, only marginally reduced cell proliferation.¹³⁰ Furthermore, oral administration of NVP-BBD130 and NVP-BEZ235 efficiently inhibited B16 melanoma tumor growth in primary tumors and in lymph node metastasis.¹³⁰ Currently, NVP-BEZ235 is being evaluated in Phase I/II clinical trials for the treatment of metastatic melanoma.130 OSI-027 (Osi Pharmaceuticals) and OXA-01 are novel inhibitors of mTORC1 and mTORC2.131 Preclinical studies using 75 mg/kg OXA-01 demonstrated retardation of xenografted MDA-MB-231 tumor development.¹³² Efficacy of these agents against melanoma remains to be established.

Hurdles Associated with Moving Preclinical Agents Targeting Akt Signaling into the Clinic

Although targeted inhibition of Akt reduces melanoma development, it is possible that under certain circumstances, it has the potential to induce metastasis, possibly due to differential effects of Akt isoforms on melanoma tumorigenesis or metastasis.^{32,133} For example, targeted inhibition of Akt2 reduced melanoma metastasis, while downregulation of Akt3 increased metastasis in preclinical animal models.³² Although these preclinical studies highlight some of the potential problems associated with Akt inhibition due to the differential effects of the isoforms in particular cancer cells, the relevance of these observations to the clinical setting remain uncertain but should be considered when planning a clinical trial.

Toxicity associated with PI3K-Akt pathway inhibitors. Toxicity associated with pharmacological agents targeting PI3-Akt pathway is a major concern hindering the clinical development of these compounds. Since PI3K-Akt signaling is a key pathway regulating many processes including cell survival, glucose metabolism, protein synthesis and cell motility, it is important to consider the effect of targeting this pathway on normal cells and tissues and the resulting consequences for patients. The next section describes a variety of toxicities associated with PI3K-Akt pathway inhibition.

Hyperglycemia. Although Akt is a key regulator of cell survival and proliferation, it is also involved in the regulation of glucose uptake and protein synthesis.¹⁴⁰ Therefore, care must be taken while selecting Akt inhibitors for clinical use.¹⁴¹ Preclinical studies have shown that targeting Akt or mTOR can increase hyperglycemia and diabetes due to effects on peripheral tissues and pancreatic β cells.^{142,143} In addition, Akt-2 null mice exhibited insulin resistance, hyperglycemia, hyperinsulinemia and glucose intolerance.¹⁴⁴ Another study has also demonstrated that inhibiting mTOR induced diabetes. Similarly, inhibiting Akt activity using the pan Akt inhibitor GSK690693 induced glucose dysregulation in the form of transient hyperglycemia as well as hyperinsulinemia in animals.¹⁴²

Gastrointestinal and hematological toxicity. Akt pathway and mTOR inhibitors have been associated with both hematologic and, to a lesser extent, gastrointestinal toxicity.¹⁴⁵ In a Phase II study performed in patients with advanced soft tissue sarcoma, administration of oral perifosine in a nine 21-d-cycles treatment induced hematologic and gastrointestinal toxicities.⁹⁶ Among 16 evaluable patients out of 17 total, hematologic toxicity was mild. However, mild grade 1 or 2 gastrointestinal toxicity in the form of nausea, vomiting and/or diarrhea was frequently observed. No significant biochemical abnormalities were reported using this treatment modality.¹⁴⁶ Similarly, a recent Phase I trial showed hematologic toxicity in the form of severe grade 3 to 4 thrombocytopenia when the PKC β and PI3K/Akt pathway inhibitor, enzastaurin, were administered to patients suffering from glioblastoma multiforme.¹⁴⁷

mTOR inhibitors have been examined in a number of clinical trials, affording more information about gastrointestinal and hematologic toxicities. Everolimus, an FDA approved agent, has commonly been reported to cause cytopenias, as well as nausea, vomiting, diarrhea, stomatitis or occasionally more serious gastrointestinal toxicities such as pancreatitis.^{148,149} Temsirolimus, yet another FDA approved agent, is accompanied by similar hematologic and gastrointestinal toxicities. Elevation of liver enzymes and cholangitis has also been observed.¹⁵⁰⁻¹⁵³ The results of several ongoing clinical trials will provide additional information regarding gastrointestinal and hematologic toxicity.

Clinically Evaluated Agents Targeting Akt Signaling

Few clinical trials in melanoma patients have examined the activity of agents that act primarily or directly through inhibition of PI3K-AKT activity. In contrast, AKT activity has been used as a biomarker of efficacy of a wide range of treatments in the clinical setting.¹⁵⁴⁻¹⁵⁶ Indeed, indirectly blocking the AKT pathway may represent an important contribution to an agent's biological activity. Agents being evaluated clinically that are believed to act primarily by inhibition of the AKT pathway—or on immediately downstream effectors—will be summarized in the next section.

Perifosine and miltefosine. Phase I clinical trials demonstrate gastrointestinal toxicity when perifosine is administered orally.^{157,158} Studies adjusting the dose and administration regime of perifosine reduced gastrointestinal toxicity, but it still caused nausea, diarrhea, dehydration and fatigue (Table 1). Results of Phase II studies using perifosine as a single agent in patients with previously untreated metastatic or locally advanced soft tissue sarcoma; metastatic melanoma or refractory solid tumors have been reported.96,159 These trials demonstrated that oral perifosine did not affect disease progression or overall survival.⁹⁶ Very few patients exhibited stable disease. For example, a non-randomized, non-blinded multicenter Phase II study assessed the response rate and toxicity of perifosine in 18 patients having unidimensionally measurable and histologically confirmed metastatic melanomas.⁹⁶ Patients had not received prior chemotherapy, but some had received adjuvant immunotherapy. These patients were given a loading dose of 900 mg perifosine orally on day 1 followed by a maintenance dose of 150 mg on days 2-21 in a 28-d cycle.⁹⁶

Loading doses for subsequent cycles fixed at 300 mg on day 1. The trial showed no objective response in the 14 evaluable patients. Among these patients, 3 (21%) achieved stable disease whereas the remaining 11 had disease progression.⁹⁶ Toxicity studies measuring non-hematologic and hematological parameters showed occurrence of grade 3 or 4 non-hematologic toxicities such as diarrhea, arthralgia, nausea and headache and fatigue with perifosine administration.⁹⁶

One of the major reasons for perifosine failure in clinical trials may relate to suboptimal patient selection.¹⁶⁰ In none of the clinical studies were patients selected based on expression or activity of Akt. Recently, a Phase II clinical trial of patients with incurable, recurrent or metastatic squamous cell carcinoma of the head and neck made an attempt to correlate total and pAkt levels with perifosine efficacy.¹⁶¹ However, likely due to a small sample size (19 patients) and lack of pretreatment tumor biopsies, no significant correlation between pAkt and treatment efficacy was observed.¹⁶¹ Currently, perifosine is being tested in Phase I clinical trials in combination with radiation, gemicitabine, docetaxel and paclitaxel.¹⁶²⁻¹⁶⁴ The combination of perifosine and temozolomide inhibited gliomas more effectively compared with either of the single agents alone in a preclinical study.¹⁶⁵ A Phase II trial testing perifosine in combination with dexamethasone in patients with relapsed/refractory multiple myelomas demonstrated partial or minimal response in 38% and stable disease in 47% of patients.95

Clinical studies examining the systemic treatment of melanoma with other lipid based Akt inhibitors have been disappointing with early Phase I and Phase II trials failing to demonstrate significant clinical activity. However, lipid based Akt inhibitor miltefosine has been approved for topical application for patients with cutaneous (nonmelanoma) malignancies.¹⁶⁶ It has been shown to be effective against cutaneous lymphomas and breast cancers that have metastasized to skin and has been well tolerated.¹⁶⁶

17-AAG. 17-allylamino-17demethoxygeldanamycin (17-AAG), a derivative of the natural compound geldanamycin, blocks hsp90 function and leads to degradation of client proteins, including AKT and BRAF¹⁶⁷⁻¹⁶⁹ (Table 1). This agent is particularly attractive as a targeted therapeutic in melanoma because it has the potential to inhibit both the AKT and MAP kinase pathways. In a multicenter Phase II trial of 17-AAG in stage III or IV melanoma patients with measurable disease,¹⁷⁰ patients were treated once weekly for six weeks. Of 15 evaluable patients, 9 had BRAF mutations and 6 did not.¹⁷⁰ No objective clinical responses were observed at the dose and schedule employed.¹⁷⁰ The authors concluded that a future study examining a more potent formulation that may be administered more chronically was needed and may be more promising clinically.¹⁷⁰

CCI-779 (temsiroliumus). CCI-779 is an analog of rapamycin and has been shown to have antitumor activity in preclinical models of melanoma.¹²⁸ Dose-limiting toxicities observed in Phase I trials include myelosuppression, diarrhea, stomatitis, fever, fatigue, and hyperlipidemia (**Table 1**). Skin reactions were also common.¹⁷¹ The California Cancer Consortium conducted a Phase II trial of 23 patients with metastatic melanoma.¹⁷² Only one patient experienced a partial response, and the authors concluded that further study of temsiroliums monotherapy was not justified in metastatic melanoma.¹⁷² However, the possibility that this agent may be effective in the context of combination drug regimens has not been ruled out.

RAD001 (everolimus). Another mTOR inhibitor that has received significant attention as a potential treatment for melanoma is RAD001 (everolimus)¹²⁸ (Table 2). A Phase II multicenter trial of 24 patients with metastatic melanoma has been undertaken,¹⁷³ and the planned interim analysis after 20 patients were enrolled showed no objective clinical responses, though there was significant disease stabilization.¹⁷³ Fatigue, diarrhea, and anemia were the most common grade 2 toxicities reported; there were no grade 3 toxicities.¹⁷³ Further enrollment was terminated, but adequate biological activity was felt to warrant further study in combination therapy.¹⁷³

Lapatinib. Lapatinib is a small molecule drug that reversibly inhibits ErbB1 and ErbB2 tyrosine kinases and consequently blocks phosphorylation and activation of Akt and Erk1/2.¹⁷⁴ Spector and colleagues examined the effect of lapatinib treatment on a variety of biomarkers in 33 patients with assorted nonmelanoma malignancies (predominantly breast cancer) with ErbB1 and ErbB2 overexpression.¹⁷⁵ They found that most patients experienced a decrease in tumor pAKT level following treatment, including three of four patients with objective clinical responses.¹⁷⁵

Riluzole (2-amino-6-trifluoromethoxybenzothiazole). Riluzole is a noncompetitive inhibitor of metabotropic glutamate receptor-1 (GRM1) that has been shown to slow the progression of amyotropic lateral sclerosis.^{176,177} GRM1 is expressed in 60% of human melanomas, and ectopic expression of GRM1 in melanocytes in a murine model resulted in development of melanocytic lesions that were indistinguishable from melanoma.178 Activation of GRM1 results in activation of the MAPK pathway in a BRAF and N-RAS independent manner.¹⁷⁹ A Phase 0 trial has been undertaken in which 12 patients with resectable stage III or IV melanoma, treated with 200 mg per day of oral riluzole for 14 d.¹⁸⁰ Biopsies were obtained pre-treatment, and lesions were excised following drug administration in order to determine the metabolic response.¹⁸⁰ Eleven patients completed the protocol with no significant toxicity or only mild dry mouth (two patients) or dizziness (two patients), and one patient was removed from the study for grade 3 neurologic toxicity (dizziness).¹⁸⁰ Six of the eleven evaluable patients had varying degrees of clinical or radiologic tumor regression.¹⁸⁰ Three of the six patients had suppression of both the PI3K/AKT and MAPK pathways (and none of seven other patients evaluated for PI3K/ AKT activity were found to have suppression).¹⁸⁰ The authors concluded that suppression of the MAPK and PI3K/AKT pathways through GRM1 inhibition may be a viable therapeutic strategy for advanced melanoma.¹⁸⁰

SR13668. SR13668 was initially introduced as a chemopreventive agent, designed using computer modeling based on a naturally occurring indole-3-carbinol, and has been shown to inhibit the AKT signaling pathway.¹³⁸ A clinical trial examining different formulations of SR13668 in healthy donors was performed and is now closed to further enrollment (NCT00896207). **GSK690693.** Safety, tolerability, pharmacokinetics and pharmacodynamics of the pan-AKT inhibitor GSK690693 in patients with lymphoma¹²³ (NCT00493818) has been investigated. Results are not yet available for this study.

GSK2141795. It is an oral AKT inhibitor currently undergoing Phase I first-in-human testing in patients with solid tumors and lymphoma (NCT00920257); this study was still recruiting patients at the time of manuscript preparation.¹⁶³ GSK2141795 is also being studied in the setting of solid tumors such as ovarian cancer (NCT01266954) and in conjunction with MEK inhibitor GSK1120212 in cancer (NCT01138085).

Others. Other AKT pathway inhibitors that are being evaluated in clinical trials in non-melanoma malignancies include therapeutics such as MK2206, triciribine, and mTOR inhibitors.^{163,181,182} These agents may eventually warrant testing in melanoma.

Combination Therapies

An emerging theme in the development of AKT pathway inhibitors is one that is familiar to the oncology community: poor antineoplastic activity of single-drug regimens. In much the same way that Avastin has been shown to increase survival in colorectal cancer when added to 5-fluorouracil based regimens, it is hoped that agents targeting AKT and other key pathways will enhance the efficacy or synergizing potential with other agents.¹⁸³

Combination of sorafenib and rapamycin. To date, most clinical trials of combination therapies have focused on mTOR inhibitors in conjunction with other agents in advanced melanoma.¹⁸⁴ For example, targeting MAP kinase pathway with sorafenib and/or the PI3K-Akt-mTOR pathway with mTOR inhibitor rapamycin was found to decrease melanoma growth more effectively than single agents.¹⁸⁵ Experimentally, combination of 4 µM sorafenib with 10 nM rapamycin inhibited the growth of six metastatic melanoma cell lines. In addition, this agent combination reduced growth of melanoma tumors developing in organotypic cultures.¹⁸⁵ Combination of these two agents enhanced the efficacy by 13.0-27.8% (depended on cell line) compared with either monotherapies.¹⁸⁵ Similarly, combining Mek1/2 inhibitor U0126 or PD98059 with rapamycin yielded better cell growth reduction than monotherapies.¹⁸⁵ Although, sorafenib combined with rapamycin appears to be a promising strategy for the effective treatment of melanoma, further studies are warranted to evaluate this combination in clinic. For example, it is not known whether this combination could inhibit melanoma tumors growing in mice.

Combination of LY-294002, wortmannin and rapamycin with cisplatin and temozolomide. In a separate study it was demonstrated that targeting PI3K-Akt pathway using LY-294002, wortmannin and rapamycin in combination with cisplatin and temozolomide inhibited melanoma cell growth in monolayers as well as tumors developing in organotypic cultures.¹⁸⁶ Response surface analysis, which establishes relationships between multiple experimental variables and a single response, using combinations of AKT pathway inhibitors and chemotherapeutic agents for inhibiting melanoma cell growth showed that rapamycin and

temozolomide synergistically inhibited melanomas compared with either agent alone.¹⁸⁶ Similarly, wortmannin and temozolomide synergistically inhibited melanoma cell growth.¹⁸⁶ Authors of this study showed that inhibitors targeting PI3K-Akt3 signaling sensitized melanoma cells to chemotherapeutic agents such as cisplatin.¹⁸⁶ However, similar effect was not observed when the MAPK pathway was targeted using pharmacological agents.¹⁸⁶

Combination of everolimus, paclitaxel and carboplatin. Several combinations of these agents are currently undergoing clinical evaluation. For example, NCT01014351 is examining combination therapy with everolimus, paclitaxel, and carboplatin in metastatic melanoma. The primary endpoint is progression-free survival, and the planned enrollment is 70 patients. Similarly, the North Central Cancer Treatment Group (NCCTG) has opened a randomized trial (NCT00976573) in which metastatic melanoma patients are treated with paclitaxel, carboplatin, and bevacizumab with or everoliumus; the planned accrual is 148 patients. A third trial (NCT01252251) is being performed at Memorial Sloan Kettering Cancer Center and is studying everolimus in combination with the novel somatostatin antagonist pasirotide in uveal melanoma.

Combination of temsirolimus with AZD6244. A Phase II study is currently testing mTOR inhibitor temsirolimus in combination with MEK inhibitor AZD6244 in metastatic melanoma. This study (NCT01166126) is being conducted by the Lee Moffitt Cancer Center and is examining temsirolimus in conjunction with MEK inhibitor AZD6244 in stage IV melanoma patients harboring BRAF-mutant tumors. This study is expected to address whether blocking both the BRAF/RAS/MAP kinase and AKT pathways is an effective strategy for treatment of melanoma.

Biomarkers for Agent Selection

In the emerging paradigm of personalized molecular medicine, selection of a particular targeted therapeutic is based, in part, on the particular phenotype of the patient with respect to the target and possibly to up- or downstream proteins regulated by the target. Because of the complexity of signaling pathways, the predicted molecular phenotypes do not always represent useful biomarkers of clinical efficacy. This is complicated by the fact that AKT phosphorylates thousands of proteins, and the extent to which any of these is likely to be surrogates of clinical activity is unknown.2 Nonetheless, perhaps among the best-characterized target of AKT is mTOR.¹⁸⁷ Although phosphorylated S473 Akt serves as a biomarker for melanoma tumor progression and development, recent studies have observed elevated pAkt levels when the tumors become resistant to inhibitors targeting MAPK pathway.^{4,188} Therefore, it is difficult to determine whether elevated pAkt levels are due to elevated expression, or loss of tumor suppressor PTEN or due to induction of drug resistance.² In addition, in some instances, no direct correlation was found between pAkt status and disease stage. Hence, care must be taken while considering pAkt as a biomarker for selecting more effective therapeutic agents for inhibiting melanoma tumor development.

Reason for Pharmacological Agents Failure in the Clinic

Patient selection and methods for assessing pathway dependence. To date, small molecule tyrosine kinase inhibitors have had limited clinical activity as monotherapy for the treatment of melanoma. A notable exception is the recently reported Phase I dose-escalation clinical trial that PLX4032 (Vemurafenib, Zelboraf, Roche) exhibited an 80% clinical response rate in patients with V600EBRAF-mutant metastatic melanoma treated at the 960 mg dose.^{189,190} These results demonstrate proof-ofprinciple that, in properly selected melanoma patients, targeted therapeutics have the potential to be effective.^{189,190} As a result of this promising efficacy in V600EBRAF-mutant metastatic melanoma, vemurafenib was recently (in August, 2011) approved by the FDA for this indication. Importantly, none of the patients with tumors harboring wild-type BRAF exhibited clinical responses. This highlights one potential reason for failure of targeted therapeutics, which is absence of a molecular phenotype (e.g., activating mutation or overexpression) rendering the tumor unresponsive to the drug. In fact, studies examining inhibitors of the AKT pathway generally have not restricted enrollment to those patients whose tumors harbor activating mutations or have overexpression of AKT. Hence, patient selection may be an important factor contributing to the limited activity of AKT pathway inhibitors in melanoma.

Secondary mutations canceling the drug effect. A second potential reason for failure could be the presence of another mutation that renders the target regulatory protein irrelevant. For example, patients with colorectal cancer whose tumors have a mutated form of the downstream regulatory protein K-RAS do not benefit from treatment with the EGFR inhibitor cetuximab, while those patients with wild-type K-RAS may exhibit clinically significant antitumor activity.¹⁹¹ This illustrates that an activating mutation of a downstream regulatory protein can render a targeted therapeutic ineffective. Similarly, gatekeeper mutations in Kit and Abl prevented binding of drugs to these enzymes and thereby induced resistance.¹⁹¹ For the AKT pathway, which has numerous substrates, it is difficult to predict the particular mutations that may have an analogous impact. Nonetheless, this could represent a potential obstacle to development of clinically effective AKT-targeted therapeutics.

Activation of pathways bypassing primary routes. Bypassing targets inhibited by drugs is a key mechanism leading to drug resistance. A classic example is activation of C-Raf and COT kinases when mutant ^{V600E}B-Raf is inhibited by vemurafenib.^{192,193} Both C-Raf and COT also activate MEK and ERK proteins and thereby induced resistance to drugs targeting B-Raf.^{192,193} Identification and inhibition of these bypassing mechanisms is also therefore key to the success of various pharmacological agents. Bypass mechanisms circumventing the role of Akt3 signaling in melanomas have yet to be identified.

Studies searching for factors inducing resistance to vemurafenib found that drug resistance was not due to secondary mutations of B-Raf but due to either elevation of other kinase proteins that bypass B-Raf or reactivation of the pathway or upregulation of

other unrelated growth factor receptor pathways.¹⁹²⁻¹⁹⁴ Addressing these concepts, Garraway and coworkers at Dana-Farber Cancer Institute and Harvard Medical School demonstrated that expression of C-Raf and COT, which also stimulate MAPK pathway, in vemurafenib sensitive cells, induced resistance.^{192,193} Furthermore, analysis of matched pretreatment and vemurafenib treated patient biopsies confirmed expression of COT proteins only after treatment. Another mechanism inducing resistance is activation of growth factor receptors. Roger Lo and colleagues demonstrated this concept experimentally using cell lines and patient biopsies.¹⁹⁴ Authors concluded that two mutually exclusive mechanisms, mutations in N-Ras and overexpression of PDGFR, play a key role in the induction of resistance to vemurafenib treatment.¹⁹⁴ These and many other studies illustrate the importance of co-targeting multiple proteins either in the same pathway or from other pathways to more effectively inhibit melanomas. Exemplifying this strategy, GSK is currently evaluating a proprietary V600EB-Raf inhibitor in combination with MEK inhibitor in a Phase I clinical trial.

Upregulation of alternate pathways and development of drug resistance. Recent studies have found that drug resistance could be induced by the upregulation or activation of pathways not related to the one that is inhibited by drug treatment. For example, targeting ^{V600E}B-Raf using vemurafenib appeared to activate the PDGFR pathway.¹⁹⁴ Similar mechanisms have not yet been reported following Akt inhibition in melanomas. In addition, clinical relevance of pathway activation needs to be explored. Therefore, further studies are warranted to identify pathways activated when Akt pathway is inhibited using pharmacological agents and whether these pathways are inducing resistance in patient tumors.

Mechanisms Leading to the Induction of Drug Resistance

Akt3 mediates resistance to B-Raf inhibitor PLX-4720. Although it is unclear which pathways are activated when Akt3 is inhibited in melanomas, it is now known that Akt can mediate drug resistance. For example, Akt3 promoted resistance to apoptosis in when B-Raf was targeted in melanomas.¹⁸⁸ Using RGP and VGP-like melanoma cells in three-dimensional collagen models, targeting B-Raf using siRNAs or PLX-4720 induced apoptosis mediated by Bim-EL and Bmf.¹⁸⁸ However, constitutive activation of Akt3 protected melanoma cells from B-Raf inhibition induced apoptosis.¹⁸⁸ This mechanism leading to drug resistance should be taken into account during clinical investigation of pharmacological agents such as PLX-4720.

Akt mediates resistance to MEK1/2 inhibitor AZD6244. Akt has also been shown to mediate resistance to cell death induced by the potent, highly selective, uncompetitive inhibitor of MEK1/2 AZD6244 in melanoma cells harboring a mutant ^{V600E}B-Raf.¹⁹⁵ Melanoma cells expressing mutant ^{V600E}B-Raf and functional PTEN were found to be sensitive to AZD6244 treatment and showed no elevation in pAkt.¹⁹⁵ However, AZD6244 resistant cells, despite expressing normal PTEN showed elevated pAkt treatment indicating that Akt mediates the resistance to AZD6244.¹⁹⁵

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Strategies to Overcome Drug Resistance

Use of synergistically acting drugs. Utilizing drug synergism is one of the viable approaches for overcoming drug resistance and associated toxicity. A drug effect is called synergistic only when pharmacological agents targeting two or more proteins yield a greater effect than the sum of targeting each protein individually. Synergism is usually determined by analyzing data using CalcuSyn method.¹⁹⁶ In this approach, a drug combination is called synergistic when the combination index (CI) values are less than < 0.9. If the CI value is between 0.9 and 1.1 the combination are additive; and any CI value > 1.1 is antagonistic.¹⁹⁶ Proof of principle studies targeting Akt3 and V600EB-Raf demonstrated that inhibiting these two proteins synergistically reduced cell viability and retarded development of xenografted melanomas in mice.¹³⁶ Furthermore, ceramide-containing liposomes loaded with sorafenib was also found to synergistically inhibit melanoma development.¹⁹⁷ However, no clinical trials have been conducted using agents that synergistically inhibit key signaling pathways regulating melanomas in patients. Therefore, studies are warranted to identify targets and targeted agents that synergistically inhibit melanoma development.

Agents targeting PI3K and mTORC1 and mTORC2. Even though targeting Akt3 alone has been shown to inhibit melanoma development by triggering apoptosis, complete tumor inhibition has been reported neither in preclinical studies nor in clinical trials, indicating the need for identification of additional targets in this pathway and development of compounds for simultaneously targeting key members of this signaling cascade.

PI-103 or GDC-0941 and rapamycin. A recent preclinical study showed that vertical inhibition (inhibition of activity of members of the same regulatory pathway) of PI3K and mTORC1 and mTORC2 synergistically reduced melanoma cell growth in vitro and in vivo⁵⁰ (**Table 3**). Co-targeting class-I PI3K using the specific inhibitor PI-103 or GDC-0941 and mTORC1 inhibitor rapamycin reduced cultured melanoma cells viability more effectively than either agent alone.⁵⁰ Furthermore, co-administering 20 mg/kg PI-103 and 1 mg/kg rapamycin reduced xenografted melanoma tumors by 50%.⁵⁰ However, at these concentrations neither compound had significant effects on tumor growth.⁵⁰ Analogous studies are needed to demonstrate the effect of co-targeting Akt and its downstream members (**Table 3**).

Agents targeting PI3K and mTOR using dual inhibitors. NVP-BEZ235, an imidazoquinoline derivative inhibiting both PI3K and mTOR by binding to the ATP binding site, has been tested in preclinical models of melanoma.^{44,130} In preclinical studies, blocking PI3K with ZSTK474 or blocking mTOR with rapamycin yielded promising results.^{44,130} It is promising that NVP-BEZ235 was found to be more potent than the combination of ZSTK474 and rapamycin with respect to inhibition of melanoma cell proliferation. Currently this inhibitor is under Phase I/II clinical trial evaluation¹⁹⁸

Agents targeting upstream growth factor receptors in combination with expression of tumor suppressor proteins. Several research groups are currently testing the efficacy of chemotherapeutic agents targeting an upstream growth factor receptor and expressing a tumor suppressor in preclinical and clinical trials. For example, PTEN loss confers resistance to B-Raf inhibitors, and targeting V600EB-Raf in combination with PTEN expression has potential to inhibit melanoma development.^{28,31} Mechanistically, expression of PTEN in advanced melanomas lacking PTEN inhibits Akt3 activity and thereby reduced cell survival, induced apoptosis and sensitized cells to therapeutic agents.^{5,6,14} Furthermore targeting ^{V600E}B-Raf using siRNA in combination with Akt3 inhibition reduced metastatic melanoma viability, by inducing apoptotic cell death.^{65,136} Although various preclinical, proof-of-concept studies have demonstrated efficacy of targeting MAPK pathway in conjunction with PTEN expression or Akt3 inhibition for melanoma inhibition, it is currently unknown whether this combination could inhibit melanoma tumor development in patients. Therefore, clinical trials are warranted to test this combination in patients. In addition, preclinical studies should identify pharmacological agents that can induce PTEN expression specifically in melanoma cells. For example, agents that promote PTEN expression by controlling various epigenetic mechanisms are attractive candidate drugs. In this line, in vitro studies showed the antitumor activity of demethylating agent 5-Azacytidine, and histone deacetylase (HDAC) inhibitor suberoylanilide hydroxamic acid (SAHA).

Expression of Interleukin-24 (IL-24), a novel tumor suppressor/cytokine, inhibited proliferation and induced apoptosis. Expression of this protein in combination with erlotinib reduced melanoma growth more effectively than each alone.¹⁹⁹ Several studies have demonstrated that IL-24 is expressed predominantly in normal human melanocytes, whereas only very low levels were observed in metastatic melanomas.²⁰⁰ Likewise, erlotinib, a small-molecule epidermal growth factor receptor (EGFR) tyrosine kinase inhibitor, reduced melanoma viability in in vitro studies.¹⁹⁹ Combination of IL-24 and erlotinib inhibited melanoma viability by inducing caspase-3 and -9 cleavage, and downregulating phosphorylated EGFR and pAkt.¹⁹⁹ Although these data demonstrate efficacy of this combination in preclinical

Table 3. Potential pharmacological agent combinations inhibiting key signaling proteins in PI3K/Akt3 pathway in melanomas

Combination agents	Targets inhibited	Combination effect	Ref
PI-103 and rapamycin	PI3K and mTOR	Synergistic	50
Rapamycin and sorafenib	mTOR and B-Raf	Synergistic	185
Ly294002, wortmannin, rapamycin combined with cisplatin or temozolomide	Akt and DNA cross linking and methylation	Synergistic	186
Nanoliposomal ceramide and sorafenib	Akt and B-Raf	Synergistic	197

studies, the activity of this combination has not yet been evaluated clinically.

What Does the Future Hold for Targeting Akt or the PI3K Pathways in Melanoma?

It is now well-established that targeting Akt3 inhibits melanoma tumor development, sensitizes cells to chemotherapeutic agents and decreases drug resistance induced by pharmacological agents targeting MAPK. However, the cellular roles of other Akt isoforms remain unknown. A recent study demonstrated that Akt2 mediates melanoma cells metastasis.³² Functional significance of Akt1 is yet to be established in melanomas. Therefore, it is important to establish the role of each Akt isoform before testing a pharmacological agent in the clinic, particularly since any of the three isoforms has the theoretical potential to promote metastasis. Consequently, one focus of future drug discovery and development research should be the synthesis of highly selective, isoform specific inhibitors for targeting the specific Akt isoforms in melanomas.

Key Findings and Weaknesses

Although several preclinical studies have demonstrated the therapeutic potential of targeting Akt3 signaling in melanomas, not much is known regarding the effect of inhibiting this target in the clinic. Unavailability of clinically viable pharmacological agents specifically targeting particular isoforms limits these studies. Furthermore, clinical trials investigating Akt inhibitors such as perifosine were conducted in patients without selection for those harboring activated Akt. Therefore, suboptimal patient selection or stratification may be adversely affect outcomes of clinical trials, and should be considered when interpreting clinical results. Furthermore, expression and activity of positive and negative regulators that influence the activity of this pathway also should be considered as aberrant expression patterns of these proteins might affect the downstream target proteins.

Goals Achieved and Yet to Achieve

Further study is necessary before AKT inhibitors are approved by the FDA for clinical use in melanoma. The most important step is identification of lead compounds with clinical activity and an

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acceptable toxicity profile. It may be that the optimal use of AKT inhibitors in melanoma is to employ them in combination regimens along with cytotoxic drugs and/or other targeted molecular agents. Additionally, some targeted therapeutics, such as vemurafenib, may be effective only in patients with mutated (and/or overexpressed) targets. Hence, if initial studies fail to show significant clinical benefit in patients, it may require proper patient selection based on activity of the Akt pathway to determine the optimal efficacy and clinical role for these therapeutic agents.

Areas of Research that Might be Interesting to Pursue

Combination of low dose perifosine and ipilimumab. While targeted agents are unlikely to offer a cure for stage IV melanoma in the near future, there have been exciting advancements. Ipilimumab, an anti-CTLA4 monoclonal antibody that activates cytotoxic T cells, was recently shown in a randomized, prospective multi-center trial to improve survival by four months compared with the control group.²⁰¹ During preparation of this manuscript, ipilimumab was approved by the FDA for the treatment of metastatic melanoma. At this point, ipilimumab appears to be among the most promising targeted agents available for the treatment of this disease. Therefore it is interesting to evaluate the clinical efficacy of combining Akt inhibitor perifosine or its derivatives such as miltefosine and ipilimumab.

Combination of low dose perifosine and vemurafenib. Early Phase I dose-escalation trial results using ^{V600E}B-RAF inhibitor vemurafenib showed high response rate in patients with BRAFmutant metastatic melanoma.¹⁹⁰ Among 32 patients harboring ^{V600E}B-Raf mutation, 24 individuals showed a partial response and 2 exhibited complete responses to vemurafenib treatment. Vemurafenib was also approved by the FDA during preparation of this manuscript and represents another exciting addition to the arsenal of therapies for stage IV melanoma. Among the compelling questions at this point is whether the combination of low dose perifosine and vemurafenib might further enhance efficacy in metastatic melanoma.

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