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Missing Pieces in Understanding the Intracellular Trafficking of Polycation/DNA Complexes

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1. Polymer-based gene delivery offers interesting and important scientific problems

In about 70% of over 1,400 gene therapy clinical trials that have been conducted to date worldwide, genetically-modified viruses have been the carrier of choice for delivery of therapeutic genetic material [1]. While the viruses promise both high efficiency of transfer and great protection of the therapeutic genes [2], this approach also carries a risk of causing adverse (inflammatory or immune) reactions [3, 4] or even cancer [5]. Non-viral systems, such as cationic lipids and synthetic polymers (in particular, polycations), have attracted the interest of a large number of researchers as safer alternatives [6]. In particular, polycations have become popular components of non-viral gene carriers because of the relative ease with which their chemical and physical properties can be engineered for specific applications. However, the polycation-based approach has been limited in its clinical application in large part due to the poor biological activities of synthetic polymers on both cellular and systemic levels. A major issue is the difficulty associated with target-cellspecific delivery of genetic materials in vivo [6, 7]. However, even the basic problem of achieving a sufficient efficiency in the transportation of therapeutic genes across various intracellular barriers also remains one of the leading challenges in the development of superior polycation-based gene delivery systems. In this regard, even the most effective polycation gene carrier (e.g., linear polyethylenimine or PEI for short) remains 10^5 times less efficient [8] than its viral counterpart [9]. Since the first demonstration of polycationmedicated gene transfection in 1987 [10], many polycation materials (both new and off-theshelf) have been explored for gene delivery applications with the most intensively studied example being the PEI polycation (reviewed in Refs. [11–16]). An obvious reason for the great attention devoted to PEI is that this polycation affords the highest levels of *in vitro* gene transfection. It is believed that the high gene transfection efficiency observed with PEI is attributable to its unique ability to simultaneously overcome several key barriers to intracellular trafficking of the DNA particles (e.g., escape from endosomes [17, 18], protection of DNA from degradation by endonulceases [19], nuclear entry [17, 19, 20], DNA release and transcription [20]). Currently, however, the exact mechanisms of how PEI orchestrates the sequence of the intracellular processes required for effective expression of the transgene in the host cell, and the particular chemical/molecular attributes of PEI responsible for each event, remain largely unexplained, making it difficult to further improve the performances of the PEI-based carriers in other aspects of the delivery process. One recent example to improve the PEI-based delivery system is the incorporation of intracellularly degradable disulfide bonds in the backbone structure of the PEI molecule [21–24] to reduce the inherent cellular (and systemic) toxicity of the polycation [25–27].

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While this modification improves the viability of the transfected cells, thereby enabling the use of the PEI chemistry at high molecular weight without causing cell death [22–24], this improvement accompanies an unwanted decrease in the overall gene transfection efficiency when the performances are compared at an identical PEI molecular weight [24]. Improved understanding of the polycation chemistry vs. performance mechanism relationships will provide useful insights to guide further (chemical and/or physical) modifications of this already useful polycation toward creating multipotent gene carriers that can accommodate all of the sophisticated functional requirements at various stages of the delivery process. In this article, we intend to identify and discuss several key areas which require further improvements in our molecular understanding of the cellular transport processes of polymer/DNA complexes ("polyplexes").

2. The endocytosis-mediated delivery paradigm is in need of a breakthrough

Polyplexes can effectively be internalized by cells via the membrane invagination mechanism called "endocytosis" [28]. In particular, when the sizes of the polyplex particles are less than 200 nm [29, 30] and/or the cell uptake is mediated by certain cell surface receptors such as transferrin or low-density lipoprotein receptors [31-34], the internalization of the polyplexes is believed to occur by the so-called clathrin-mediated endocytosis (CME) mechanism [29, 30], which has been thought to be kinetically the most effective [35, 36] (and obviously the most commonly cited [28]) endocytic uptake pathway for various polyplexes. A caveat of utilizing this CME mechanism for non-viral gene delivery is that because of the eventual merger of the endosome compartments into lysosomes [37], the endocytosed cargo material (i.e., the therapeutic gene) is typically destined for acidic and/or enzymatic degradation at the final stage of the process (in the late endosome or lysosome) [38, 39]. Thus, the CME pathway is applicable to polyplex-based gene delivery applications, only when this pathway is used with a polymer material that is capable of inducing the release of the polyplexes from endosomes into the cell's cytoplasm at a relatively early stage in the CME pathway. A recent study by Gabrielson and Pack [40] shows that for polymeric gene delivery, a different pathway called the caveolae-mediated endocytosis affords a more efficient means of gene transfection than the CME pathway, because the vesicles that result from the caveolar endocytosis do not develop into lysosomes. The authors also discovered that contrary to what has been reported for the caveolae-based internalization of viral fusogenic proteins [41], the caveolar endocytosis of PEI polyplexes involves a significant degree of acidification of the endosomal compartments. In light of these recent data, an optimized gene carrier should be one that (a) induces the caveolae-dependent internalization of the carrier, and (b) at the same time causes disruption of endosomal membranes selectively under acidic conditions. Focusing on the latter part of the requirement, many polymers have been identified or developed over the past two decades that possess the needed low-pH-activated endosomolytic property and are not detrimental to cell membranes under normal conditions (reviewed in Ref. [42]). Examples of such materials span both polycation and polyanion categories. For instance, such polycations as PEI [18], polyamidoamine (PAm) dendrimers [18] and imidazole-containing polymers [43] have been shown to be effective in endosomal escape of the associated polyplexes. This endosome escape property is related to the polycation's proton buffering capability ("titratability") [18, 44–48] such that the polycation molecules become more protonated, as the pH of the endosome decreases during the endocytosis pathway. It is believed that this process causes endosome rupture and release of contents to the cytosol because of (i) the osmotic overload produced by the increased concentrations of the H⁺ and Cl⁻ ions within the endosome [49, 50], and/or (ii) the increased adsorption of the highly charged polycations to the inner surface of the endosome [51, 52]. The former hypothesis, termed "proton sponge effect", has

been a favorite explanation for the endosomal lysis ability of the polycations, although the validity of the osmotic lysis conjecture has not been rigorously tested (as will be discussed later in this article). Polyanions with tailored hydrophobicity and pH-dependent charge densities have also been developed and demonstrated to be a useful component for producing the desired effect of endosome disruption via low-pH-induced insolubilization of the polyanion molecules and subsequent fusion with cell membranes [53].

The pH-sensitive endosomolytic polymer-based approaches require cellular internalization of the polyplex particles by an endocytosis pathway which involves endosomal acidification. In this regard, the caveolar pathway [40] and other mechanisms such as the so-called macropinocytosis [18, 54] and micropinocytosis [54] pathways would all be desirable routes of polyplex internalization. On the other hand, the CME pathway is less desirable, because it involves lysosomal degradation of the DNA cargo [40]. Interestingly, it has been known that lipid-based gene carriers ("lipoplexes") are normally taken up by cells via CME [55]. Only within past few years have studies questioned whether or not this is also the case for smallsize polyplex particles. As recently reviewed by Midoux et al. [56], the results of these studies (fortunately) indicate that unlike the cases involving lipoplexes, polyplex particles can be internalized by different endocytic mechanisms, and the internalization mechanism can vary substantially depending on a number of factors, including polymer chemistry, cell type, cell polarization state, and cell division cycle. These findings appear to provide at least a partial explanation as to why some polycations with significant proton buffering capacities are not effective in gene transfection under certain conditions. That is, they are likely internalized predominantly by the CME pathway. The well-known PEI polyplexes appear to rely significantly on other internalization mechanisms such as the caveolae-dependent pathway. As illustrated in Figure 1, transfection of a gene delivered by a PEI vector is almost completely suppressed in HeLa cells when the caveolae pathway is blocked, whereas blocking the CME pathway reduces the transfection efficiency to only about 50%; also see the results of more extensive experiments by Gabrielson and Pack [40]. Therefore, it is not unreasonable to generalize that if one could force the polyplex uptake process to occur such that the interference of the CME pathway can be maximally suppressed, one would be able to achieve more improved efficiencies in the endosome escape processes regardless of the polymer type.

An important manifestation of the variability of the polyplex internalization mechanisms will be that a polymer formulation, optimized toward maximum endosomal lysis under a specific set of *in vitro* conditions, would not necessarily work equally well for cells under *in* vivo conditions, thus significantly hindering clinical applications. Therefore, the endocytosis-based gene delivery paradigm is in need of a breakthrough. Perhaps, the key to this will be the development of new polymer technologies that will allow precise and universal control of the polyplex endocytosis pathway. One possible approach will be to functionalize polyplex particles with receptor-specific ligand moieties (for instance, folic acid [57]) which, through binding to specific receptors, induce the caveolar endocytosis (or alternatively the macro/micropinocytosis) of the polyplex particles selectively over other endocytosis pathways, in particular the CME pathway. In this context, there are many unanswered fundamental questions that need to be addressed before this approach can proceed. One such question is whether a single ligand (e.g., folic acid) can activate the caveolar endocytic machinery invariably regardless of polyplex chemistry/size, cell type, cell polarization state, and cell division cycle. Another difficulty lies in the fact that the functionalization of polyplexes with caveolar-endocytosis-triggering ligands will likely increase unwanted interactions with non-targeted cells, which will provide additional difficulty to the already challenging task of systemically delivering polyplexes to specific tissues and cells [7].

An important gap exists in our understanding of the "proton sponge effect"

For the low-pH-specific endosome lysis activity of certain polycations, the most frequently employed explanation has been the proton sponge hypothesis. At the outset, it should be noted that despite popularity of this model, the theory has never been proven. There are two fundamental issues surrounding this concept. The first is that the exact chemical/molecular factors which impart proton absorbing ("sponging") qualities to certain polycations are presently undetermined. In fact, the molecular origin of the proton sponge effect has been somewhat controversial and has been variably attributed to the retarded ionization of the tertiary [58, 59] or secondary [60, 61] amine group relative to the primary amine. Although this line of logic explains the "titratability" of branched and linear PEI and PAm dendrimers and the absence of such an ability in polylysine, this hypothesis contradicts the relative tendencies towards protonation among the different amine types. For instance, the pK_a values of tri-, di- and mono-ethyl amines are approximately 10.8, 11.1 and 10.8, respectively. Instead, a more accurate picture is that the monomer pK_a plays only part of the role in determination of the proton buffering capacity of a polycation, and it is the connectivity of the amine groups in a polycation chain that causes the retardation of the protonation of the amine groups relative to the same compounds in their monomeric state. This hypothesis is supported by the data shown in Figure 2 in which we compare the protonation behavior of two sets of polycation monomer and polymer combinations; i.e., poly(2-(dimethylamino)ethyl methacrylate) (PDMAEMA) vs. its monomer, and PEI vs. its copolymer derivative in which ethylenimine (EI) monomers are separated by spacer groups along the backbone. In both cases, at any value of the total added proton concentration (i.e., [H⁺]) the pH of the polymer solution is lower than the corresponding monomer solution, indicating that the polymer segments are always less protonated than the monomers under identical pH conditions. Additionally, our data demonstrate that as the amine spacing is increased by incorporation of hydrophilic spacer groups (i.e., in the polyethylenimine-copoly(2-ethyl-2-oxazoline) (PEI-co-PEOz) case), the polycation protonation behavior tends asymptotically towards its monomeric behavior, further supporting the importance of the connectivity and small spacing between the amine groups. A self-consistent field theoretical study indicates that the electrostatic repulsion between adjacent charged groups is, at least partially, responsible for the suppression of the ionization of polycations [62]. Another factor that may retard the complete protonation of a polycation is the (quantum mechanical) electron delocalization effect. In this instance, the effect might be of importance in the PEI case in which the neighboring amine groups are only 3 atoms apart from one another, while the same effect is expected to be negligible for the PDMAEMA case where the adjacent tertiary amines are separated by a 12-atom distance. Overall, the results presented in Figure 2 suggest that within the intracellularly relevant pH range (5.0–7.4), PEI has a higher capacity in absorbing H⁺ ions than any other polymer tested (i.e., PDMAEMA and PEI-co-PEOz). With PDMAEMA or PEI-co-PEOz, it would take an increase in polymer material to achieve the same proton sponge effect as with PEI. Also of note, the proton buffering capacity of PDMAEMA decreases significantly when pH < 6.0, suggesting that in the PDMAEMA/DNA polyplex case, upon endocytosis the polyplexes have only a relatively small window of time to escape endosomes (i.e., during the early stages of the endosomal maturation pathway). The differences and trends observed in the proton buffering characteristics of these polycations are expected to be reflected in the differences in their relative abilities to enhance the endosomal escape of the corresponding polyplexes. The results of this example clearly illustrate that the interrelationships between the molecular characteristics of the polycation and the polycation's proton buffering capability are far more complicated than one can simplistically extrapolate from the type of the polycation's amine groups. At this time, we simply do not have sufficient data regarding what molecular

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factors determine the proton titratability of polycations to guide us, on a rational basis, towards new (or modified) polycation materials possessing better intracellular trafficking efficiencies.

The second issue regarding the validity of the proton sponge hypothesis is that it needs to be rigorously tested whether the osmotic stress produced by the proton sponge effect can, by itself, induce lysis of the endosomal membrane, or whether the endosome lysis process requires other mechanisms to be operative at the same time (e.g., hydrophobic and/or electrostatically-driven adsorption of polycation molecules to endosome membranes at low pH). To elucidate this issue, it is useful to calculate the osmotic pressure that is expected to be produced inside a polyplex-containing endosome vesicle when the pH of the endosome is shifted from 7.4 to 5.0. Given the size of a typical vesicle produced by CME (100 - 150 nm)[34, 54], it is reasonable to assume that each clathrin-coated vesicle will contain one polyplex particle on the order of 200 nm in diameter (see the next section). On the basis of estimates of the number of DNA molecules per polyplex particle in the literature (i.e., 1 to 7) [63–65], we will assume that each polyplex contains five plasmid DNA molecules (having a length of 5,000 base pairs). These dimensions give a value for the ethylenimine (EI) group concentration within the endosome of $[N]_0 = 70$ mM, where the N:P ratio (defined as the ratio of the number of amine (N) groups on PEI to the number of phosphate (P) groups on DNA) is equal to 7. As can be extracted from the data shown in Figure 2, a pH change from 7.4 to 5.0 in a PEI solution containing 10 mM EI monomers (i.e., $[N]_0 = 10$ mM) requires that the added proton concentration has to be increased by an amount of Δ [H⁺]₀ = 4.8 mM. Assuming that under the environment of the endosome compartment, the proton buffering behavior of PEI will be similar to that of the controlled experiment, and after correction for the small difference in [N]₀ between the two situations, we estimate that the same pH change in a polyplex-containing endosome will involve an influx of H⁺ (and Cl⁻) ions of an amount of $\Delta[H^+]_0 = \Delta[Cl^-]_0 = 33 \text{ mM}$ (= (4.8 mM/10 mM)×70 mM). Therefore, the osmotic pressure (due to the surplus amount of Cl- ions inside the endosome relative to the cytosol) is estimated to be $\pi (\approx \Delta [Cl^{-}]_{0} \cdot RT$ where R is the gas constant and T is the temperature) $\approx 8.3 \times 10^4$ Pa. On the basis of the Young-Laplace relation ($\pi = 2\gamma/r$ where γ and r denote the membrane tension and the vesicle radius, respectively) [66], and assuming the high-tension limit for the elastic response of the lipid membrane (i.e., $\gamma = K_{a'} \alpha$ where K_{a} is the area expansion modulus and α is the areal strain which is equal to $[(r/r_0)^2-1]$ for a spherical vesicle with an initial radius r_0 at $\pi = 0$) [67], we estimate, by using a typical value of 180 mN/m for K_a [68], that the given amount of osmotic pressure will expand the membrane area only by 2.3% (i.e., $\alpha = 0.023$). Interestingly, lipid vesicles can withstand area expansion up to 2 to 5% strain (i.e., $\alpha_c \approx 0.02 - 0.05$) above which the membrane begins to lose its integrity [69]. Further, it should be noted that the above estimates of the osmotic pressure inside the endosomal vesicle (π) and the resultant degree of vesicle deformation (α) are their maximum likelihood values, because in real situations, the protonabsorbing capacity of polycations will be significantly reduced due to the presence of other electrolytes in the physiological medium and also due to the complexation of the polycations with DNA. Therefore, it is not unreasonable to argue that even under the influence of the polycation's proton buffering reactions, the osmotic pressure built up during the acidification of the endosome is theoretically insufficient to cause endosome disruption, though it might be a significant contributory factor to the eventual disruption of the bilayer membrane. An important question that arises is then what are the other effects of polycation molecules that contribute to endosomal lysis? This is another key question that needs to be answered to better determine the direction of future developments of new polycation gene carriers.

4. What is the ideal timing of DNA unloading, before or after nuclear entry?

After the endosomal escape, a desirable polyplex transport scenario is for the escaped polyplex particles to traffic towards and enter the nucleus of the cell to (at least partially) unload the DNA for transcription [70]. There is evidence that migration of polyplexes (or DNA) to the nucleus periphery through the cytoplasm is an active (not diffusive) transport process mediated by the microtubule network [71]. This process is typically not a ratelimiting step in intracellular trafficking of polyplexes (or DNA) [20]. However, the entry of polyplexes (or DNA) into the nucleus typically imposes a huge barrier to transgene expression [51, 72, 73] because of the small functional size of the nuclear pore complex in the nucleus (\approx 10 nm [74], or about 30 nm even under the inclusion of a nuclear localization signal/sequence [75]) of a non-dividing ("postmitotic") cell. While experiments suggest that the nuclear entry of polyplexes (or naked DNA) is easier during the cell division ("mitosis") period when the nuclear envelope becomes disintegrated [76], it is also well accepted that nuclear entry does not necessarily require a cell division event [72]. For naked DNA, the nuclear entry process during the postmitotic period involves specific "nuclear targeting" sequences (NTS) in the DNA which can activate the importin (or other nuclear import) machinery through mediating the formation of appropriate DNA/protein complexes [77, 78]. In contrast, for DNA molecules in the form of polyplexes, the sequence specificity of the nuclear entry has not been reported. Experiments based on microinjection of PEI/DNA polyplexes into the cytoplasm suggest that the complexation of DNA with certain polycations (such as PEI) significantly lowers the barrier for nuclear entry of the DNA, presumably due to the reduced size of the DNA upon complexation with polycations [20]. Recently, however, new evidence has emerged that DNA normally (at least partially) dissociates from the PEI/DNA complex upon escape from the endosome [79], which contradicts the above view regarding the role of PEI in enhancing gene transcription. There also has been a report that DNA complexes with an intracellularly degradable version of PEI (PEI with disulfide bonds in the backbone) that exhibits significant gene expression [24], although in this case cleavage of the disulfide bonds is expected to result in decondensation of DNA in the cytoplasm. Reduction of disulfide bonds may occur as early as during the endocytic stages of intracellular trafficking [80]. Currently, it remains a puzzling question how the observed "decompaction" of PEI/DNA polyplexes in the cytoplasm (which will likely cause an increase in the size of the polyplex particles) can contribute to the lowering of the barrier for nuclear entry of the polyplexes. This will remain an important question to be addressed in the future.

The compactness of the polyplex structure is expected to have competing effects on the performance of the polyplex. More compact structures afford better protection of DNA against nucleases and more efficient transportation of DNA through the cytoplasm (and controversially into the nucleus as well). On the other hand, stronger polycation-DNA binding that causes denser polyplex particles is detrimental to the timely release of DNA for transcription [81–83]. Therefore, an *ideal* gene carrier would be one which binds strongly to DNA during the earliest stages of intracellular transport but dissociates from DNA only upon arrival in the nucleus (i.e., right before transcription of the gene). Unfortunately, such a material has not been developed. Currently, PEI is considered to be one of the most effective cellular gene delivery polycations studied to date. We speculate that the key to this performance is the optimal binding affinity that PEI has for DNA. The puzzling aspect of the intracellular behavior of PEI polyplexes is demonstrated in the example presented in Figure 3, in which we present snapshots of the cytoplasmic and nuclear transport processes of the polyplexes prepared with 11 kDa PEI. At the N:P ratio used in this experiment (i.e., N:P = 7), the mean hydrodynamic diameter of the PEI-based polyplex particles is 229 nm. The confocal microscopy data revealed that the DNA molecules delivered by PEI to the nucleus (see Figure 3-B) do not exist in the form of PEI/DNA complexes (as indicated by

the diffuse fluorescence in contrast to the punctuate appearance of the polyplexes in the endosome-confined state). This result further suggests that DNA dissociates from the PEI carrier prior to nuclear entry and enters the nucleus without relying on a sequence-specific nuclear import mechanism [77, 78], since the DNA used in the above experiment does not contain any of the known DNA nuclear localization sequences. Therefore, this observation poses an important question: What is the exact role that PEI plays in promoting the nuclear import of DNA? These and other results support the existence of an optimal binding level that gives the best compromise between nuclease protection vs. nuclear import/polyplex disintegration for gene transcription. Systematic and controlled studies of these issues will be required to establish precise polycation design requirements for vastly improved nuclear-targeted delivery of therapeutic genes.

5. Concluding remarks

There is critical information missing in our understanding of the intracellular trafficking and transfection mechanisms of polymer-based gene carriers. The important scientific issues that need to be addressed include: (i) development of a method of controlling the cellular internalization mechanism of polyplex particles, irrespective of cell type, cell polarization state and cell division cycle; (ii) identifying the exact chemical and molecular factors responsible for the proton buffering behavior observed with certain polycations (such as polyethylenimine (PEI), currently one of the few most effective and versatile of all known synthetic gene carriers); (iii) defining the basic premise of the "proton sponge hypothesis" versus other possible effects of polycations contributing to the rupture of the endosome at low pH conditions; and (iv) understanding the exact mechanisms by which, for instance, PEI so effectively enhances the nuclear localization/release and transcription of the delivered DNA. A precise molecular-level understanding of the polyplex chemistry vs. performance relationships will provide a fundamental basis for developing new materials and strategies for vastly improved efficiencies of non-viral gene delivery systems. These approaches will help vitalize the gene therapy field towards realizing the full potential of the technology in both conventional and emerging areas of applications such as stem cell reprogramming [84-86].

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Figure 1.

(A) Effects of blocking specific endocytosis pathways on the gene transfection efficiency of PEI polyplexes in HeLa cells. The polyplexes were prepared using 11 kDa linear PEI and luciferase-encoding pDNA (pGL2) at an N:P ratio of 7.5 and a DNA concentration of 10 μ g/ml. The cells were incubated either with chlorpromazine or with fillipin III (for an hour prior to the transfection with the PEI polyplexes and for another three hours after the transfection) in order to block, respectively, the clathrin-mediated endocytosis pathway or the caveolae pathway. The gene transfection efficiencies were quantified in terms of the luciferase expression levels of the pGL2 genes in the transfected cells (in relative light units) as measured by the standard luminescence assay; the luciferase expression levels were normalized forms relative to the gene transfection efficiency of the polyplexes obtained under no chlorpromazine or fillipin III conditions.

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Figure 2.

(A) Potentiometric titration curves of poly(2-(dimethylamino)ethyl methacrylate) (PDMAEMA₁₂₇; here the subscript number denotes the degree of polymerization) and its monomer (DMAEMA), demonstrating the suppression of the protonation of the tertiary amine groups in the polymer chain relative to the monomeric amine groups. The tertiary amine group concentrations were the same for both the DMAEMA and PDMAEMA experiments: 7.5 mM. The solutions were initially prepared in deionized (DI) water. (**B**) Potentiometric titration curves of polyethylenimine-*co*-poly(2-ethyl-2-oxazoline) random copolymers (PEI_{*x*}-*co*-PEOz_{*y*} where x + y = 266) with varying monomer ratios (i.e., x:y =9:1, 1:2, and 1:6), demonstrating the retarded protonation of the secondary amine groups in the copolymers with high EI monomer contents; this retardation effect is due to the connectivity and tight spacing between the amine groups, and becomes mitigated when hydrophilic spacers are incorporated along the chain (e.g., when x:y = 1/2). The amine group concentrations were the same for all the samples: 10 mM.



Figure 3.

Confocal microscopy and confocal-DIC overlay images (the left and right sides of each panel, respectively) of HeLa cells transfected for 2 h with PEI₂₃₉-*co*-PEO₂₂₇ polyplexes containing YOYO-1-labeled (one per 300 bp) β -galactosidase plasmid (N:P = 7). Subsequently, the cells were incubated in polyplex-free medium, and the imaging measurements were performed at (**A**) ½ h and (**B**) 4 h after the transfection. The white arrows in (B) indicate the locations of the nuclei (particularly, the nucleoli). At ½ h the cell surfaces were densely covered with adsorbed polyplexes which gave diffuse fluorescence throughout the cell surfaces, and at 4 h large populations of the polyplexes were observed to be inside endosome/lysosome compartments (bright punctuate spots in (B)). A notable observation is that at 4 h, fluorescence is detected inside the nuclei of the cells transfected with the PEI polyplexes.