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Radon and COPD mortality in the American Cancer Society Cohort

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ABSTRACT: Although radon gas is a known cause of lung cancer, the association between residential radon and mortality from non-malignant respiratory disease has not been well characterised.

The Cancer Prevention Study-II is a large prospective cohort study of nearly 1.2 million Americans recruited in 1982. Mean county-level residential radon concentrations were linked to study participants' residential address based on their ZIP code at enrolment (mean \pm SD 53.5 ± 38.0 Bq·m⁻³). Cox proportional hazards regression models were used to estimate adjusted hazard ratios (HR) and 95% confidence intervals (CI) for non-malignant respiratory disease mortality associated with radon concentrations. After necessary exclusions, a total of 811,961 participants in 2,754 counties were included in the analysis.

Throughout 2006, there were a total of 28,300 non-malignant respiratory disease deaths. Radon was significantly associated with chronic obstructive pulmonary disease (COPD) mortality (HR per 100 Bq·m⁻³ 1.13, 95% CI 1.05–1.21). There was a significant positive linear trend in COPD mortality with increasing categories of radon concentrations ($p < 0.05$).

Findings suggest residential radon may increase COPD mortality. Further research is needed to confirm this finding and to better understand possible complex inter-relationships between radon, COPD and lung cancer.

KEYWORDS: Chronic obstructive pulmonary disease, cohort study, radon, USA

In 1988, the International Agency for Research on Cancer designated radon as a known cause of lung cancer, based on studies of underground miners exposed to high levels of the gas prior to the adequate ventilation of mines [1]. Radon further decays into a series of radon daughters, some of which emit α -particles capable of damaging cellular DNA [2]. Radon, formed during the radioactive decay of uranium-238, is present in air, soil and water. Upon release from the Earth's crust, radon enters homes through cracks in the foundations and accumulates primarily in the basement and lower living areas [3]. Combined analyses of case-control studies conducted in North America and Europe have also implicated residential exposure to radon as a risk factor for lung cancer [4–7].

Although radon may affect other non-malignant respiratory diseases, epidemiological evidence is sparse [2, 8]. ARCHER *et al.* [9] reported a positive association between radon and non-malignant respiratory disease mortality in an early study of uranium miners in the Colorado Plateau, USA. MAPEL *et al.* [10] reported an inverse association between underground mining duration and lung function in a cross-sectional study of uranium miners in New Mexico, USA. There are also reports

of uranium miners with chronic diffuse interstitial fibrosis, although a causal link with radon could not be established [8, 11, 12].

This article examines the association between residential radon and non-malignant respiratory disease mortality in the American Cancer Society Cancer Prevention Study (CPS)-II. CPS-II is a large, well-established general population cohort, with detailed, individual-level risk factor data collected at enrolment. We recently observed a positive association between mean county-level residential radon concentrations and lung cancer mortality in the CPS-II [13]. A 15% (95% CI 1–31%) increase in lung cancer mortality was observed for each 100-Bq·m⁻³ increase in radon concentration. CPS-II provides an excellent data resource to evaluate whether exposure to residential radon is associated with non-lung cancer mortality, including non-malignant respiratory disease mortality. Some of the results presented in this article have been included in a previous abstract [14].

METHODS AND MATERIALS

Study population

CPS-II is a prospective study comprising of nearly 1.2 million subjects enrolled by >77,000 volunteers

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in 1982. Ethics approval for the CPS-II was obtained from the Emory University School of Medicine Human Investigations Committee (Atlanta, GA, USA). Participants were recruited from all 50 US states, as well as from the District of Columbia and Puerto Rico. The participants were mainly friends and family members of the volunteers, were ≥ 30 yrs of age, and had at least one family member aged ≥ 45 yrs. A four-page self-administered questionnaire completed at enrolment captured data on a range of demographic, lifestyle and medical factors, including ZIP code of residence.

Follow-up of CPS-II participants for vital status has been conducted every 2 yrs. In 1984, 1986 and 1988, vital status was obtained from the study volunteers, and confirmed by obtaining the corresponding death certificate. Since 1989, follow-up has been conducted through computerised links to the National Death Index [15]. A total of 2,840 (0.2%) participants had their follow-up terminated in September 1988 due to insufficient information to link to the National Death Index. Over 99% of all known deaths have been assigned a cause. Deaths were classified by the underlying cause of death according to the International Classification of Disease 9th and 10th editions [16, 17].

Of the 1,184,881 CPS-II participants, subjects were excluded due to: missing vital status (n=419); prevalent cancer at enrolment (except non-melanoma skin cancer) (n=82,329); missing ZIP code (n=99,479) or county data (n=22,872); missing data on radon (see below; n=5,836); or other individual level covariates of interest including cigarette smoking (n=161,985). A total of 811,961 participants in 2,754 counties were retained in the final analytic cohort. Throughout 2006, there were a total of 28,300 non-malignant respiratory deaths observed in 16,554,617 person-yrs of follow-up.

Ecological measures of residential radon

Study participants were assigned to a primary county of residence using five-digit ZIP code information provided at enrolment, according to the ZIP code boundaries of the 1980 US Census [18]. Ecological indicators of residential radon concentrations were obtained from the Lawrence Berkeley National Laboratory (LBL; Berkeley, CA, USA) and the University of Pittsburgh (Pittsburgh, PA, USA). A detailed description is provided elsewhere [13]. In brief, at LBL, both short- and long-term indoor radon monitoring data were used, along with a variety of geological, soil, meteorological and housing data, including location of screening measurements within the home, to predict annual average radon concentrations in the main living areas of homes in 3,079 US counties [19, 20].

COHEN [21, 22] compiled a database of mean county-level residential radon concentrations based on a series of screening measurements made in a non-random sample of homes in 1,601 US counties by researchers at the University of Pittsburgh, the US Environmental Protection Agency and other state-level sources from the mid-1980s to the early 1990s. Data were excluded from counties where there were < 10 radon measurements or from states with high rates of migration (Florida, California and Arizona) [22] and were normalised to the data of the US National Residential Radon Survey (NRRS), a long-term national residential radon survey conducted in 125 US counties [3].

Mean county-level residential radon concentrations were linked to study participants as indicators of historical residential radon

exposure. Mean LBL county-level residential radon concentrations ranged from 6.3 to 265.7 Bq·m⁻³ (1 pCi·L⁻¹ is equivalent 37 Bq·m⁻³), with a mean \pm SD of 53.5 \pm 38.0 Bq·m⁻³.

Social and demographic ecological covariates

Data on a range of social and demographic ecological covariates were compiled for 18,484 participant ZIP codes from the 1990 US Census including: median household income and per cent black, Hispanic, post-secondary education, unemployment and poverty [23].

TABLE 1 Distribution of selected participant characteristics at enrolment in 1982, American Cancer Society Cancer Prevention Study-II

Characteristics	Subjects	Radon Bq·m ⁻³
Overall	811961 (100)	53.5 \pm 38.0
Age at enrolment yrs		
<40	37262 (4.6)	50.1 \pm 35.4
40–49	173768 (21.4)	54.0 \pm 37.9
50–59	297108 (36.6)	54.2 \pm 38.5
60–69	213231 (26.3)	53.1 \pm 38.0
70–79	76633 (9.4)	52.4 \pm 37.5
≥ 80	13959 (1.7)	51.9 \pm 36.9
Race		
White	770352 (94.9)	54.2 \pm 38.2
Black	29832 (3.7)	40.2 \pm 28.3
Other	11777 (1.5)	39.3 \pm 32.1
Sex		
Male	362600 (44.7)	53.8 \pm 38.2
Female	449361 (55.3)	53.2 \pm 37.8
Education		
Less than HS	106668 (13.1)	55.2 \pm 38.9
HS	262853 (32.4)	56.8 \pm 39.5
More than HS	442440 (54.5)	51.1 \pm 36.6
BMI kg·m⁻²		
<18.5	13685 (1.7)	50.3 \pm 36.1
18.5–24.9	402003 (49.5)	52.2 \pm 37.2
25.0–29.9	299755 (36.9)	54.6 \pm 38.6
≥ 30.0	96518 (11.9)	55.6 \pm 39.1
Marital Status		
Single	25564 (3.2)	51.7 \pm 36.7
Married	691267 (85.1)	54.1 \pm 38.2
Other	95130 (11.7)	49.7 \pm 36.0
Cigarette smoking status		
Never	375087 (46.2)	55.5 \pm 39.0
Current	152033 (18.7)	51.5 \pm 36.4
Former	203253 (25.0)	51.2 \pm 36.9
Pipe/cigar only	81588 (10.1)	53.4 \pm 37.9
Region		
Northeast	170281 (21.0)	58.3 \pm 42.3
South	257243 (31.7)	35.6 \pm 21.7
Midwest	234952 (28.9)	73.7 \pm 36.6
West	149485 (18.4)	46.9 \pm 40.3

Data are presented as n (%) or mean \pm SD. HS: high school; BMI: body mass index. Radon data was obtained from the Lawrence Berkeley National Laboratory (Berkeley, CA, USA).

TABLE 2 Non-malignant respiratory disease mortality per 100 Bq·m⁻³ mean county-level residential radon concentrations at enrolment in 1982 follow-up 1982–2006, American Cancer Society Cancer Prevention Study-II

Cause of death	ICD-9	ICD-10	Cohen data			LBL data		
			Deaths n	Minimally adjusted [#]	Fully adjusted [†]	Deaths n	Minimally adjusted [#]	Fully adjusted [†]
Diseases of the respiratory system	460–519	J00–J98	20406	1.04 (0.98–1.09)	1.11 (1.05–1.17)	28300	1.01 (0.96–1.06)	1.08 (1.03–1.13)
Pneumonia and influenza	480–487	J10–J18	6440	1.06 (0.96–1.17)	1.08 (0.98–1.19)	9058	0.99 (0.91–1.07)	1.01 (0.92–1.10)
COPD and allied conditions	490–496	J19–J46	9664	1.02 (0.94–1.11)	1.14 (1.05–1.23)	13541	1.02 (0.95–1.09)	1.13 (1.05–1.21)
All other respiratory diseases	All not specified	All not specified	4302	1.03 (0.92–1.16)	1.07 (0.95–1.20)	5701	1.02 (0.92–1.13)	1.05 (0.95–1.16)

Data are presented as hazard ratio (95% confidence interval), unless otherwise stated. ICD: International Classification of Diseases; LBL: Lawrence Berkeley National Laboratory (Berkeley, CA, USA); COPD: chronic obstructive pulmonary disease. [#]: age, race, sex and state stratified. [†]: age, race, sex and state stratified and adjusted for education, marital status, body mass index, body mass index squared, cigarette smoking status, cigarettes per day, cigarettes per day squared, duration of smoking, duration of smoking squared, age started smoking, passive smoking, vegetable/fruit/fibre consumption, fat consumption, industrial exposures, and occupation dirtiness index. Data of Cohen from [21, 22].

Statistical analysis

Cox proportional hazards regression models were used to examine the independent effects of mean county-level residential radon concentrations on non-malignant respiratory disease mortality [24]. The baseline hazard in the proportional hazards model was stratified by 1-yr age categories, sex, race (white, black or other) and state of residence at enrolment [13]. Follow-up time since enrolment (1982) was used as the time axis. The survival times of those still alive at the end of follow-up were censored.

Estimated hazard ratios (HRs) and 95% confidence intervals (CIs) were adjusted for a range of individual level risk factors including: education; marital status; body mass index (BMI); BMI squared; cigarette smoking status; cigarettes per day; cigarettes per day squared; years smoked; years smoked squared; age started smoking <18 yrs for both current and former smokers; passive smoking (hours exposed at home, work or other); quintiles of vegetable/fruit/fibre and fat intake; occupational exposures (asbestos, chemicals/acids/solvents, coal or stone dusts, coal tar/pitch/asphalt, formaldehyde and diesel engine exhaust); as well as an "occupational dirtiness index" specifically designed for CPS-II [13, 25].

Potential effect modification was examined on the additive and multiplicative scales. On the additive scale, estimates of the relative excess risk due to interaction, attributable proportion and synergy index (and associated 95% CIs) were calculated according to the method of ZOU [26] for the analysis of four by two tables. On the multiplicative scale, interaction terms between radon and selected risk factors were entered into proportional hazards models. Two-sided p-values were calculated to assess the significance of the interaction term using the likelihood ratio statistic. In order to assess the impact of attained age, time-dependent variables were constructed by allowing subjects to be included in the risk set at each death time if they met the age criteria for the model (<70, 70–79 or ≥80 yrs). The functional form of the relationship between residential radon

and mortality was assessed using the Supremum test [27]. The proportional hazard assumption was tested by assessing the significance of an interaction term between radon and follow-up time.

Analyses were also undertaken using a random-effects Cox model, originally developed to take into account complex spatial patterns in the data in air pollution research in the CPS-II [28, 29]. Analyses were conducted using SAS version 9.2 (SAS Institute Inc., Cary, NC, USA) and our random-effects Cox regression programme [28, 29]. Ethical approval was obtained from the Ottawa Hospital (Ottawa, ON, Canada).

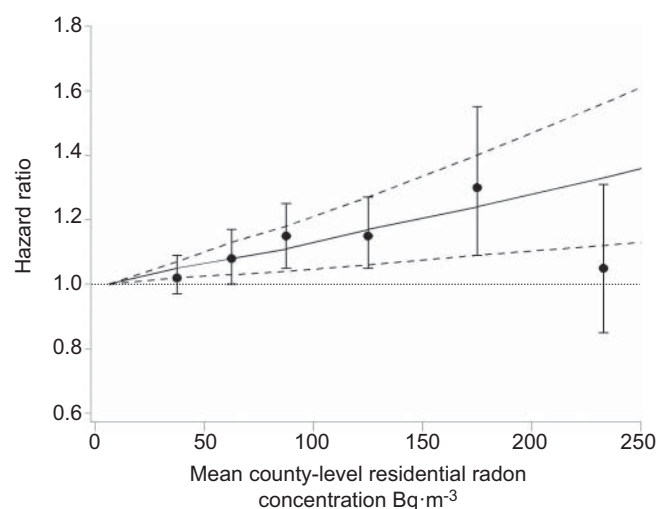


FIGURE 1. Adjusted hazard ratios with 95% confidence intervals (---) for chronic obstructive pulmonary disease mortality in relation to continuous (—) and categorical indicators of mean Lawrence Berkeley National Laboratory (Berkeley, CA, USA) county-level residential radon concentrations at enrolment in 1982 and follow-up from 1982–2006, American Cancer Society Cancer Prevention Study-II. Reference category: <25 Bq·m⁻³.

RESULTS

The distribution of selected CPS-II participant characteristics is presented in table 1. The majority of participants were aged 40–69 yrs at enrolment, had more than a high school education and were never-smokers. Mean county-level residential radon concentrations varied according to several participant characteristics: there was a tendency for higher radon concentrations to be observed among subjects who were white, had a lower level of education, a higher BMI or who were never-smokers. Radon concentrations tended to be higher in the Northeast and Midwest and lowest in the South.

Table 2 presents adjusted HRs (95% CIs) for non-malignant respiratory disease mortality in relation to a 100-Bq·m⁻³ increase in mean county-level residential radon concentrations. In the fully adjusted model, a significant positive association was observed between radon and non-malignant respiratory disease mortality overall (HR 1.08, 95% CI 1.03–1.13) and chronic obstructive pulmonary disease (COPD) specifically (HR 1.13, 95% CI 1.05–1.21) using the LBL data. There was a significant positive linear trend of increasing categories of radon concentrations with both COPD and non-malignant respiratory mortality ($p < 0.05$). However, the association with non-malignant respiratory death was not apparent upon exclusion of COPD (HR 1.03, 95% CI 0.96–1.09). Figure 1 shows adjusted HRs (95% CIs) for COPD mortality according to continuous and categorical indicators of radon concentrations. There was no significant departure from a linear exposure-response relationship ($p > 0.05$). Similar results were obtained using the data of COHEN [21, 22].

Results for COPD mortality were similar when excluding individuals who reported a history of any previous lung disease (asthma, emphysema or chronic bronchitis) at enrolment (HR 1.12, 95% CI 1.03–1.22). Results were robust to the adjustment of six socio-demographic ecological covariates ($n = 811,373$; HR 1.11, 95% CI 1.04–1.19) and ambient ozone concentrations (average of 1977–2000 annual spring and summer daily maximum [30], correlation with radon -0.09) ($n = 404,519$; HR 1.16, 95% CI 1.03–1.31) in the model. Results were also insensitive to allowance for spatial clustering at either the ZIP, county or state level in analysis

using the random-effects Cox model. Similar results were observed upon exclusion of participants ($n = 104,821$) who lived in their current neighbourhood at enrolment for < 5 yrs (HR 1.13, 95% CI 1.05–1.22). There was no evidence that the proportional hazards assumption was violated ($p > 0.05$).

There was no significant effect modification of the radon-COPD association by cigarette smoking, passive smoking or ambient ozone concentrations on either the additive (table 3) or multiplicative scales (table 4). However, results varied by age at enrolment and region ($p < 0.05$) with a somewhat stronger association observed in participants aged ≥ 65 yrs at enrolment compared to participants aged < 64 yrs, and among participants in the Northeast and West; no association was observed in the South (table 4).

DISCUSSION

Findings of this large prospective study showed a significant positive association between residential radon and COPD mortality (HR per 100 Bq·m⁻³ 1.13, 95% CI 1.05–1.21). Findings were robust to the control of a variety of socio-demographic ecological variables, ambient ozone concentrations and potential spatial clustering in the data. Similar results were obtained upon exclusion of individuals who reported a history of any previous lung disease at enrolment.

COPD includes chronic bronchitis and emphysema. It leads to a progressive loss of airflow and can ultimately be fatal [31]. Although cigarette smoking is a major known risk factor, other risk factors include occupational dusts and fumes, air pollution and genetic susceptibility [31, 32]. COPD is also associated with multiple comorbidities, such as other respiratory, cardiovascular and malignant diseases, including lung cancer, possibly due to chronic pulmonary and systemic inflammation [31, 33–35]. JERRETT *et al.* [30] recently reported a positive association between long-term ambient ozone concentrations and non-malignant respiratory disease mortality in the CPS-II.

Early research findings provide limited evidence of an association between radon and non-malignant respiratory disease [2, 8]. Results from animal studies have shown pulmonary fibrosis and emphysema with exposure to either radon progeny alone or

TABLE 3 Measures of additive interaction between mean county-level residential radon concentration, cigarette smoking and other inhalable agents for chronic obstructive pulmonary disease mortality, follow-up 1982–2006, American Cancer Society Cancer Prevention Study-II[#]

	RERI	Attributable proportion	Synergy index
Cigarette smoking	0.61 (-0.38–1.73)	0.08 (-0.06–0.20)	1.11 (0.94–1.31)
Industrial exposures	-0.06 (-0.34–0.25)	-0.05 (-0.38–0.14)	0.76 (0.19–3.08)
Passive smoke	-0.08 (-0.17–0.03)	-0.06 (-0.17–0.01)	0.70 (0.39–1.26)
Ambient ozone	-0.04 (-0.18–0.11)	-0.04 (-0.22–0.07)	0.29

Data for radon concentration was obtained from the Lawrence Berkeley National Laboratory (Berkeley, CA, USA). RERI: relative excess risk due to interaction. [#]: exposures categorised as: mean county-level residential radon concentrations < 148 Bq·m⁻³ and ≥ 148 Bq·m⁻³; cigarette smoking never or ever; industrial exposures no or yes; passive smoking in home none or any; ambient ozone concentrations < 57.1 ppb and ≥ 57.1 ppb. Cox regression models were fitted with the baseline hazard stratified by age, race, sex and state, and adjusted for education, marital status, body mass index, body mass index squared, cigarette smoking status, cigarettes per day, cigarettes per day squared, duration of smoking, duration of smoking squared, age started smoking, passive smoking, vegetable/fruit/fibre consumption, fat consumption, industrial exposures, and occupation dirtiness index where appropriate.

TABLE 4 Chronic obstructive pulmonary disease mortality per 100 Bq·m⁻³ mean county-level residential radon concentrations at enrolment in 1982 interacted with selected risk factors on the multiplicative scale, American Cancer Society Cancer Prevention Study-II

Characteristic	Deaths n	Fully adjusted HR [#] (95% CI)	p-value
Age at enrolment yrs			
<65	7800	1.10 (1.01–1.19)	
≥65	5741	1.20 (1.08–1.33)	<0.01
Attained age yrs¹			
<70	2376	1.06 (0.91–1.24)	
70–79	5500	1.18 (1.07–1.31)	
≥80	5665	1.11 (1.00–1.23)	0.12
Sex			
Male	7414	1.07 (0.98–1.17)	
Female	6127	1.20 (1.09–1.33)	0.27
Education			
Less than HS	2923	1.14 (0.99–1.33)	
HS	4589	1.18 (1.05–1.32)	
More than HS	6029	1.06 (0.95–1.19)	0.38
Cigarette smoking			
Never	1797	1.03 (0.86–1.25)	
Current	6585	1.13 (1.02–1.24)	
Former	3912	1.08 (0.94–1.24)	0.24
Industrial exposures			
No	10268	1.16 (1.07–1.26)	
Yes	3273	1.03 (0.89–1.18)	0.21
Passive smoking at home⁺			
None	1570	1.04 (0.85–1.27)	
Any	227	1.03 (0.56–1.90)	0.89
Region⁵			
Northeast	2646	1.20 (1.10–1.31)	
South	4359	0.94 (0.81–1.08)	
Midwest	3695	1.12 (1.02–1.22)	
West	2841	1.21 (1.10–1.32)	0.02
Ambient ozone concentrations^f			
<57.1 ppb	3232	1.21 (0.97–1.53)	
≥57.1 ppb	3311	1.17 (1.01–1.36)	0.32

Data for radon concentration was obtained from the Lawrence Berkeley National Laboratory (Berkeley, CA, USA). HR: hazard ratio; HS: high school. [#]: age, race, sex and state stratified and adjusted for education, marital status, body mass index, body mass index squared, cigarette smoking status, cigarettes per day, cigarettes per day squared, duration of smoking, duration of smoking squared, age started smoking, passive smoking, vegetable/fruit/fibre consumption, fat consumption, industrial exposures, and occupation dirtiness index where appropriate; ¹: race, sex and state stratified and adjusted for cigarette smoking status, cigarettes per day, cigarettes per day squared, duration of smoking, duration of smoking squared, age started smoking; ⁺: never-smokers; ⁵: HR (95% confidence interval) and p-value were calculated without stratification by state; ^f: participants with missing ozone data excluded cut-off points based on median participant ozone value.

in combination with uranium ore dust [8, 12]. In recent epidemiological studies, a significant excess in mortality from non-malignant respiratory disease was observed in a cohort of French uranium miners [36]. However, there was no trend in mortality with cumulative radon exposure and, when excluding silicosis, the excess in mortality disappeared. Excesses in mortality due to silicosis, other and unspecified pneumoconiosis, and pulmonary fibrosis were observed among uranium miners in the Colorado Plateau [37]. There was also a significant increasing trend in pulmonary fibrosis with increasing categories of cumulative radon exposure. However, occupational dust exposure could confound these associations. We found a significant positive association between radon and COPD

mortality in a large general population study. There were also no clear associations observed between radon and mortality from any other malignant or non-malignant disease beyond lung cancer [13] and COPD (reported herein) in the CPS-II [14].

Radiation-induced lung damage, including radiation pneumonitis and lung fibrosis, is also observed following radiation therapy for lung or other thoracic tumours [38]. α -radiation exposure was associated with respiratory dysfunction in Mayak nuclear workers (Ozyorsk, Russia) [39]. The Japanese Life Span Study of atomic bomb survivors also yielded significant increases in respiratory mortality in relation to acute, whole body, γ - and neutron radiation exposure [40]. In contrast, there was no

association between external radiation and respiratory mortality in a 15-country collaborative study of nuclear workers [41].

The present study is based on ecological indicators of residential radon. Previous studies have examined associations between county-level residential radon concentrations and county-level mortality rates [2, 22]. However, such studies are limited by cross-level bias and confounding due to cigarette smoking and other individual-level risk factors that may vary across counties [8, 42, 43]. Here, mean county-level residential radon concentrations were assigned to individual CPS-II participants and mortality health effects estimated with detailed adjustment for individual level cigarette smoking status (including both linear and square terms for amount and duration of smoking) and other potential confounders.

Ecological radon data were either estimated using a statistical model based on available short- and long-term monitoring, geological, meteorological and housing data (LBL), or were based on a non-random series of short-term screening measurements normalised to the data of the US NRRS [21, 22]. These data are subject to radon measurement error, seasonal and yearly variability, and within-county variability, probably resulting in some degree of downwards bias and reduced precision of relative risk estimates [13, 44–46]. However, our previous estimates of increased lung cancer mortality associated with ecological indicators of residential radon were compatible with estimates obtained from combined analyses of residential case-control studies [13]. There were also no data on time-activity patterns or residential mobility from enrolment. Results from a study in Iowa, USA revealed that attempts to minimise misclassification through restricting participant selection to long-term household residents and compiling detailed retrospective mobility assessments with measures of radon in multiple locations both within and outside of the home resulted in an improved ability to detect associations with lung cancer [47]. In the combined analysis of seven North American case-control studies of residential radon and lung cancer, restriction of the analysis to subjects with limited residential mobility (reporting at most two addresses in the previous 5–30 yrs) also tended to strengthen the association between residential radon exposure and lung cancer risk [4, 5]. Although participants here reported living in their current neighbourhood at enrolment for a mean \pm SD of 19.4 ± 14.1 yrs, results were virtually unchanged upon restriction of the analysis to participants who lived in the same neighbourhood at enrolment for ≥ 5 yrs.

There was no updated information on cigarette smoking available beyond enrolment in the full CPS-II. Previously, results for radon-associated lung cancer mortality were restricted *a priori* to the first 6 yrs of follow-up (1982–1988) in order to most accurately control for smoking status [13]. However, here, an extended follow-up period (1982–2006) was used in an attempt to maximise statistical power to detect possible associations with causes of death other than lung cancer by maximising the number of observed deaths. With a mean age at enrolment of 57 yrs, it is unlikely that participants would begin smoking during follow-up. Results for COPD mortality in the first 6 yrs of follow-up (1982–1988) were also similar to, although less precise than (HR 1.18, 95% CI 0.96–1.44), those obtained in the full follow-up time-period, and there was no evidence that the proportional hazard assumption was violated. Residential radon concentrations and cigarette smoking

were also inversely correlated [6, 7, 13, 43] and negative confounding of both radon-associated lung cancer [13] and COPD mortality by cigarette smoking was observed. Although findings were somewhat stronger in current, as opposed to never- or former smokers, there was no significant effect modification by cigarette smoking status observed on either the additive or multiplicative scales.

Another limitation of the present study is the mortality-based design. Inferences for less fatal diseases may be less reliable to those that are more highly fatal. COPD on death certificates is also probably underreported [34, 48], which may result in non-differential misclassification that is more pronounced in younger subjects. Although respiratory failure typically accounts for the majority of deaths in patients with severe COPD, lung cancer and cardiovascular disease are reported in patients with mild disease [34].

This large prospective study suggests that residential exposure to radon may increase COPD mortality. Although it is unclear whether radon may lead to the induction or exacerbation of COPD (or both), radon may lead to pulmonary inflammation and damage associated with both COPD and lung cancer. The present findings require replication in other settings. If confirmed, airway dysfunction may represent an early indicator of the radon effect. Further research is needed to confirm this finding, and to better understand possible complex inter-relationships between radon, COPD and lung cancer.

SUPPORT STATEMENT

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STATEMENT OF INTEREST

None declared.

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