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## Modulation of gastrointestinal inflammation and colorectal tumorigenesis by peroxisome proliferator-activated receptor- $\beta/\delta$ (PPAR $\beta/\delta$ )

Jeffrey M. Peters<sup>1,\*</sup>, Jose L. Morales<sup>1</sup>, and Frank J. Gonzalez<sup>2</sup>

<sup>1</sup>Department of Veterinary and Biomedical Sciences and The Center for Molecular Toxicology and Carcinogenesis, The Pennsylvania State University, University Park, PA

<sup>2</sup>Laboratory of Metabolism, National Cancer Institute, Bethesda, MD

### Abstract

Critical physiological roles of peroxisome proliferator-activated receptor- $\beta/\delta$  (PPAR $\beta/\delta$ ) include the regulation glucose and lipid homeostasis, cellular differentiation, and modulation of inflammation. The potential for targeting PPAR $\beta/\delta$  for the prevention and treatment of metabolic diseases or cancer, is compromised because of major inconsistencies in the literature. This is due primarily to uncertainty regarding the effect of PPAR $\beta/\delta$  and its activation on cell proliferation, apoptosis and cell survival. This review summarizes both the confirmed and conflicting mechanisms that have been described for PPAR $\beta/\delta$  and the potential for targeting this nuclear receptor for the prevention and treatment of colon cancer.

### Introduction

There are three PPARs, PPAR $\alpha$ , PPAR $\beta/\delta$  (also referred to as PPAR $\beta$  or PPAR $\delta$ ) and PPAR $\gamma$  (Fig. 1). The fibrate class of hypolipidemic drugs used for the treatment of dyslipidemias was the first chemicals found to target a PPAR, namely PPAR $\alpha$ , to elicit their pharmacological effects. Interestingly, these drugs were developed without *a priori* knowledge of the actual molecular target, which was determined years later after PPAR $\alpha$  was discovered [1]. Fibrates effectively lower serum lipids by binding to and activating PPAR $\alpha$ , which causes transcriptional upregulation of target genes encoding proteins that mobilize fatty acids from adipose and increase  $\beta$ -oxidation of fatty acids in liver and extra-hepatic tissues [2]. Fibrates have been used for more than forty years with a relatively good safety profile (Fig. 1). The thiazolidinedione class of insulin sensitizing drugs is the second class of chemicals that targeted another PPAR, PPAR $\gamma$ , for the treatment and management of type II diabetes (Fig. 1). Similar to fibrates that act as agonists of PPAR $\alpha$ , thiazolidinediones are PPAR $\gamma$  agonists. However, while it is known that thiazolidinedione require PPAR $\gamma$  to elicit the hypoglycemic effect, the mechanism of action of thiazolidinediones is less clear. In contrast to fibrates, the safety of thiazolidinedione has recently been called into question as increased heart failure and other cardiovascular risk

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\*To whom correspondence should be addressed: Jeffrey M. Peters Department of Veterinary and Biomedical Sciences and The Center for Molecular Toxicology and Carcinogenesis The Pennsylvania State University University Park, PA 16802 Tel: (814) 863-1387 Fax: (814) 863-1696 jmp21@psu.edu.

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have been found in patients being treated with these drugs [3]. Agonists for PPAR $\beta/\delta$  have also been examined clinically due to preclinical evidence showing anti-inflammatory activities, weight loss, increased HDL cholesterol and improved insulin sensitivity in response to these ligands [4]. Because PPAR $\alpha$ , PPAR $\beta/\delta$  and PPAR $\gamma$  agonists have been shown improve clinical indices associated with metabolic syndrome, there remains strong interest in developing new selective and pan agonists as therapeutic agents (Fig. 1). A number of PPAR $\beta/\delta$  agonists have also been developed including L165041 [5], GW501516 and GW0742 [6]. However, the development of PPAR $\beta/\delta$  agonists as therapeutic drugs has been hampered because of the conflicting data in the literature describing different effects of activating this PPAR isoform on cancer.

## Controversial role of PPAR $\beta/\delta$ in colon cancer

There are eight reports from four independent laboratories that have examined the role of PPAR $\beta/\delta$  on colon cancer using mouse models. Three different conclusions were drawn from these reports thus leading to uncertainty surrounding the role of this receptor in cancer. Barak and colleagues found that intestinal tumorigenesis was unchanged in *APC*<sup>min/+</sup> mice crossed with *Ppar* $\beta/\delta$ -null mice as compared to control *APC*<sup>min/+</sup> mice [7]. This is the first report to suggest that expression of PPAR $\beta/\delta$  had no influence on colon cancer incidence in a mouse model. In contrast, Gupta et al. were the first to show that administration of GW501516 caused an increase in the number and size of small intestinal tumors in *APC*<sup>min/+</sup> mice, but no change in colon tumors, as compared to controls [8]. Consistent with this finding, the same laboratory went on to show that the effect of GW501516 on small intestinal tumorigenesis was mediated by PPAR $\beta/\delta$  since the observed increase in tumorigenesis was not found in *APC*<sup>min/+</sup> mice crossed with *Ppar* $\beta/\delta$ -null mice [9]. However, in a later study [9], GW501516 caused an increase in colon tumor multiplicity not found in the former study [8]. Wang and colleagues also reported that prostaglandin E<sub>2</sub> could activate PPAR $\beta/\delta$  and promote intestinal tumorigenesis through a PPAR $\beta/\delta$ -dependent mechanism [10]. In addition to genetically-dependent intestinal tumorigenesis, another group has shown that azoxymethane-induced colon tumorigenesis requires PPAR $\beta/\delta$  in mice on an FVB genetic background [11]. While these studies suggest that activating PPAR $\beta/\delta$  promotes intestinal tumorigenesis, other studies suggest otherwise. Harman found that genetic (*APC*<sup>min/+</sup>) and chemically-induced (azoxymethane) colon tumorigenesis is exacerbated in the absence of PPAR $\beta/\delta$  expression [12]. Consistent with this finding, ligand activation of PPAR $\beta/\delta$  modestly inhibited colon tumorigenesis in azoxymethane-treated wild-type mice but not in *Ppar* $\beta/\delta$ -null mice, demonstrating that PPAR $\beta/\delta$  is required for this chemopreventive effect [13]. In contrast to the report from Gupta [8], ligand activation of PPAR $\beta/\delta$  had no influence on intestinal tumor multiplicity or size in *APC*<sup>min/+</sup> mice [13]. Interestingly, in another study, inhibition of azoxymethane-induced colon tumorigenesis as a result of ligand activation of PPAR $\beta/\delta$  with GW0742 was also found to be PPAR $\beta/\delta$ -dependent whereas inhibition of azoxymethane-induced colon tumorigenesis by COX2 inhibition was found to be PPAR $\beta/\delta$ -independent [14]. Collectively, results from these eight reports using in vivo models of colon cancer have led to opposing views and raises the question of how and why some studies find protumorigenic effects of activating PPAR $\beta/\delta$  while other studies find inhibitory, or no effect, of activating PPAR $\beta/\delta$ . Some of these discrepancies may be explained in part by the role of PPAR $\beta/\delta$  in the immune system, which could affect different stages of tumorigenesis. Therefore, the experimental conditions including whether PPAR $\beta/\delta$  ligands were administered prior to or after initiation of DNA damage, ligand specificity, and the time frame between ligand treatments could theoretically lead to different outcomes. The remainder of this review will focus on three critical areas and illustrate the strengths and weaknesses of each viewpoint: expression of PPAR $\beta/\delta$  in colon cancer, the role of PPAR $\beta/\delta$  in inflammation, and the effects of PPAR $\beta/\delta$  on apoptosis and cell survival/proliferation.

## Expression

One of the first reports to suggest that PPAR $\beta/\delta$  was pro-tumorigenic was based on the hypotheses that PPAR $\beta/\delta$  was upregulated by the adenomatous polyposis coli (APC)/ $\beta$ -CATENIN/transcription factor 4 (TCF4) pathway during colon carcinogenesis, and that activating PPAR $\beta/\delta$  facilitated tumor growth by modulating a group of yet-to-be identified target genes [15]. This hypothesis was based on the inverse correlation of decreased PPAR $\beta/\delta$  expression and increased APC expression in a human colon cancer cell line and the reported increase in PPAR $\beta/\delta$  mRNA expression in four human colon tumors as compared to normal tissue [15]. At the time this hypothesis was proposed, quantitative expression patterns of PPAR $\beta/\delta$  in the intestine and other tissues had not been reported. This is important to note because it is now clear that expression of PPAR $\beta/\delta$  is highest in epithelium including small intestine and colon, and this pattern of expression is found in both human and mouse models [16-18]. The fact that PPAR $\beta/\delta$  is also found in the nucleus with its heterodimerization partner, retinoid X receptor- $\alpha$  (RXR $\alpha$ ), also suggests that PPAR $\beta/\delta$  likely has a critical constitutive role in tissues such as colon and small intestine [16], possibly mediated by an endogenous ligand. Additionally, results from a number of studies that have subsequently examined expression of PPAR $\beta/\delta$  in human and experimental models of colon cancer have failed to provide support for the view that PPAR $\beta/\delta$  is increased in colon cancer cells or that PPAR $\beta/\delta$  is up-regulated by the APC/ $\beta$ -CATENIN/TCF4 pathway [19], (reviewed in [20]). For example, expression of PPAR $\beta/\delta$  is unchanged in human colon cancer cell lines with gain-of-function mutations in APC/ $\beta$ -catenin signaling, while expression of CYCLIN D1 is increased, as compared to cells with wild-type APC/ $\beta$ -catenin signaling [19]. More recently, the most convincing evidence to date examining expression of PPAR $\beta/\delta$  in human and mouse colon tumors is the finding that expression of PPAR $\beta/\delta$  protein is markedly lower, while expression of CYCLIN D1 is higher, in a cohort of nineteen human colon tumors as compared to matched non-transformed tissue [21]. Similarly, expression of PPAR $\beta/\delta$  protein is markedly lower and expression of CYCLIN D1 is higher in a cohort of nine colon tumors as compared to colonic epithelium from *Apc*<sup>+Min-FCCC</sup> mice [21]. This is consistent with a report showing lower expression of mRNA encoding PPAR $\beta/\delta$  in colon polyps from *APC*<sup>min+/-</sup> mice as compared to non-transformed colon [22], as well as many other studies (reviewed in [20,23,24]). Recent analysis of 141 colorectal cancer patients revealed markedly longer survival in patients with relatively higher expression of PPAR $\beta/\delta$  in primary tumors as compared to colorectal cancer patients with relatively lower of PPAR $\beta/\delta$  in primary tumors [25]. In fact, colorectal cancer patients with relatively lower expression of PPAR $\beta/\delta$  in primary cancers were ~4X as likely to die of this disease as compared to colorectal cancer patients with relatively higher expression of PPAR $\beta/\delta$  in primary cancers [25]. Given the number of human patients examined in this study, and the length of this retrospective study (more than 15 years), this is by far the most compelling data to date to support the hypothesis that PPAR $\beta/\delta$  protects, rather than promotes, colorectal carcinogenesis in humans. These combined observations have led to a stronger body of evidence indicating that expression of PPAR $\beta/\delta$  is reduced in colon tumors in both humans and mouse models of colon cancer (Fig. 2), as compared to the body of evidence suggesting that PPAR $\beta/\delta$  expression is increased during colon carcinogenesis.

Given the facts that expression of PPAR $\beta/\delta$  is now known to be decreased in colon tumors and that relatively lower expression of PPAR $\beta/\delta$  in primary colorectal tumors is associated with a higher incidence of death due to colorectal cancer, these observations support previous work showing enhanced tumorigenesis in the absence of PPAR $\beta/\delta$  expression [12-14,26], and inhibition of colon tumorigenesis by ligand activation of PPAR $\beta/\delta$  [12,14]. The possibility exists that studies suggesting tumor promoting effects of PPAR $\beta/\delta$  in colon cancer could also reflect a species difference. Since PPAR $\beta/\delta$  expression is reduced in

human and mouse colon tumors, it is also curious to note that some have suggested that one mechanism by which non-steroidal anti-inflammatory drugs (NSAIDs) inhibit colon tumorigenesis is through down-regulation of PPAR $\beta/\delta$  expression (reviewed in [20,23,24]). This hypothesis requires considerable re-evaluation given the fact that PPAR $\beta/\delta$  expression is reduced in human and mouse colon tumors. However, increased expression of PPAR $\beta/\delta$  has also been found in human colon cancer cell lines treated with NSAIDs [21]. This suggests that increased expression and/or activation of PPAR $\beta/\delta$  may contribute to the chemopreventive properties associated with NSAID treatment during colon cancer.

Combined, the weight of evidence is becoming larger that PPAR $\beta/\delta$  is lower in human and mouse colon tumors and that relatively higher expression correlates well with better disease prognosis. These conclusions are in line with the fact that expression of PPAR $\beta/\delta$  is relatively high in normal colonic epithelium.

## Inflammation

PPAR $\beta/\delta$ , much like PPAR $\alpha$  and PPAR $\gamma$ , has a significant role in the function and balance of the immune system. It is no surprise that the suitability of PPAR $\beta/\delta$  as a pharmacological target is currently being investigated in experimental models of multiple sclerosis (e.g., experimental allergic encephalitis), diabetes, psoriasis, arthritis, and inflammatory bowel disease. Multiple studies have shown that high affinity PPAR $\beta/\delta$  agonists, in particular GW501516 and GW0742, attenuate innate inflammatory responses mediated by cytokines such as interleukin 1 $\beta$  (IL1 $\beta$ ), tumor necrosis factor  $\alpha$  (TNF $\alpha$ ), and interleukin 6 (IL6) (reviewed in [27]). This results in a net decrease of downstream effector molecules such as interleukin 8 (IL8), vascular cell adhesion molecule 1/cluster of differentiation 106 (VCAM-1/CD106), intercellular adhesion molecule (ICAM), and monocyte chemoattractant protein 1 (MCP1) thus reducing recruitment of immune infiltrates to areas where tissue homeostasis has been compromised. The anti-inflammatory effects of PPAR $\beta/\delta$  ligands are thought to be mediated through at least three different mechanisms (Fig. 3). Ligand-bound PPAR $\beta/\delta$  is thought to interfere with the p65 subunit of NF- $\kappa$ B [28-32], inhibit signal transducer and activator of transcription 3 (STAT3) signaling [33], and/or directly inhibit myeloperoxidase activity associated with neutrophils [34]. Some studies have also shown a net increase in interleukin 4 (IL4) and interleukin 10 (IL10) production after ligand activation of PPAR $\beta/\delta$ , suggesting additional mechanisms by which PPAR $\beta/\delta$  may modulate innate inflammation [35-38].

Collectively, there are more than 70 studies demonstrating beneficial effects of PPAR $\beta/\delta$  ligands in various inflammatory disease models (reviewed in [27]) with at least 11 reports alone published in 2010 on this subject [30,35,36,39-47]. Given the well-characterized role of PPAR $\beta/\delta$  in inflammation, it is somewhat surprising that to date, no studies have specifically examined the effect of PPAR $\beta/\delta$ -dependent modulation of inflammation on colon carcinogenesis. However, exacerbated dextran sodium sulfate (DSS)-induced colitis is found in *Ppar $\beta/\delta$* -null mice as compared to wild-type mice [48]. While this shows that PPAR $\beta/\delta$  protects against inflammatory colitis, activating PPAR $\beta/\delta$  did not protect against DSS-induced colitis [48]. This suggests a ligand-independent anti-inflammatory effect that is mediated by PPAR $\beta/\delta$  interacting with other transcription factors such as NF- $\kappa$ B. Alternatively, it is also possible that this phenotype is due in part to impaired healing or altered cellular differentiation of epithelium, since PPAR $\beta/\delta$  is important for modulation of the signaling pathways required for both of these processes (reviewed in [20,24]). Despite the overwhelming amount of studies demonstrating anti-inflammatory effects of PPAR $\beta/\delta$  and PPAR $\beta/\delta$  ligands, there is one report showing enhanced colitis in *Il10*-null mice after oral administration of GW0742 [49]. However, it is possible that the beneficial effects of GW0742 and PPAR $\beta/\delta$  could be mechanistically distinct and relies on both IL4 and IL10

production [38]. Collectively, there is strong evidence from multiple laboratories in many different models establishing that PPAR $\beta/\delta$  and PPAR $\beta/\delta$  ligands inhibit innate inflammation in both human and animal models, but this has not been extensively examined in inflammation-associated colon cancer models.

## Apoptosis, cell survival and cell proliferation

The hypothesis that PPAR $\beta/\delta$  promotes anti-apoptotic activities is based on an original study using primary keratinocytes that is limited due to the experimental conditions used. Di-Poi and colleagues showed that activation of PPAR $\beta/\delta$  with L165041 caused decreased expression of phosphatase and tensin homolog deleted on chromosome ten (PTEN) and increased expression of 3-phosphoinositide-dependent-protein kinase 1 (PDK1) and integrin-linked kinase (ILK) [50]. These changes were associated with increased phosphorylation of protein kinase B (AKT) causing inhibition of apoptosis and increased cell survival [50]. However, the mouse primary keratinocyte cultures used to suggest this anti-apoptotic activity by PPAR $\beta/\delta$  exhibited atypical keratinocyte morphology [50] and did not express keratin 6 (K6) [51], a well-characterized marker of hyperproliferative mouse primary keratinocytes [52,53]. Using mouse primary keratinocytes that expressed K6 and exhibited normal keratinocyte morphology, it was later shown that activation of PPAR $\beta/\delta$  does not alter expression of PTEN, PDK1, ILK or phosphorylated AKT [54]; an observation that was also confirmed in human keratinocyte cell lines [55]. These observations demonstrate that the putative PTEN/PDK1/ILK/AKT anti-apoptotic signaling induced by activating PPAR $\beta/\delta$  is not functional in normal mouse and human keratinocytes. It is thus of interest to note that differences in the expression of these and related markers of apoptosis have also been reported in colon cancer models. Wang showed that administration of the PPAR $\beta/\delta$  ligand GW501516 caused increased phosphorylation of AKT in colon tumors that was associated with decreased TUNEL staining and went on to hypothesize that this was mediated by direct upregulation of vascular endothelial growth factor (VEGF) by PPAR $\beta/\delta$  [9]. These observations are consistent with several other studies showing increased expression of VEGF or phosphorylation of AKT, and/or inhibition of induced apoptosis in human colon cancer cell lines [8-10]. In contrast, phosphorylation of AKT and expression of VEGF is unchanged in colon polyps from mice treated with the PPAR $\beta/\delta$  ligand GW0742 (structurally similar to GW501516) [56]. Similarly, expression of PTEN, PDK1, ILK and phosphorylated AKT is unchanged in colonic epithelium from wild-type or *APC*<sup>min/+</sup> mice [13]. Ligand activation of PPAR $\beta/\delta$  had no effect on expression of VEGF or phosphorylation of AKT in HCT116, LS174T or HT29 human colon cancer cell lines [56]. Increased measures of apoptosis (TUNEL staining) and decreased cell proliferation (BrdU labeling) were also found in mouse colonic epithelium following ligand activation of PPAR $\beta/\delta$  [13,14]. This is consistent with inhibition of cell proliferation observed in human colon cancer cell lines cultured in the presence of the PPAR $\beta/\delta$  ligands GW0742 and GW501516 [56], and enhanced cell proliferation found in HCT116, KM12C, KM12SM and KM12L4a cells when PPAR $\beta/\delta$  expression is knocked down [25,57]. Moreover, recent evidence from clinical colorectal tumor samples demonstrated that expression of Ki67 was markedly lower in primary cancers with relatively higher expression of PPAR $\beta/\delta$  as compared to primary cancers with relatively lower expression of PPAR $\beta/\delta$  [25]. While Ki67 expression was inversely correlated with PPAR $\beta/\delta$  expression, no association between PPAR $\beta/\delta$  expression and SURVIVIN, an anti-apoptotic protein was observed in human colorectal primary cancers [25].

The effect of PPAR $\beta/\delta$  on apoptosis and cell survival remains unclear because of conflicting evidence in the literature. Whereas one hypothesis suggests that activating PPAR $\beta/\delta$  will lead to anti-apoptotic signaling, alternative data exists suggesting that activating PPAR $\beta/\delta$  may promote apoptosis (reviewed in [20,23,24]). If PPAR $\beta/\delta$  promotes anti-apoptotic

signaling in colon cancer cells, then activating PPAR $\beta/\delta$  when apoptosis is induced should lead to attenuated apoptotic markers (e.g. PARP cleavage, caspase activity, etc) and more importantly, an increase in the number of viable cells. This was recently examined in several human colon cancer cell lines treated with hydrogen peroxide to induce apoptosis [21]. Interestingly, ligand activation of PPAR $\beta/\delta$  in DLD1 cells caused a dose-dependent decrease in the number cells in the early stages of apoptosis as assessed by flow cytometry (e.g. annexin V positive, propidium iodide negative), but this change was associated with a decrease in the number of viable cells and an increase in the number cells that were either necrotic or in the late stages of apoptosis [21]. Ligand activation of PPAR $\beta/\delta$  did not cause an increase in the number of viable human colon cancer cells (RKO, DLD1 or HT29) when the cells were triggered to undergo apoptosis. This suggests that previous reports suggesting that PPAR $\beta/\delta$  promotes anti-apoptotic signaling in colon cancer cells did not effectively examine this idea because while there can be a reduction in the number of cells undergoing early stages of apoptosis, this change was associated with more cells undergoing later stages of apoptosis, but not an increase in the number of viable cells. Collectively, this raises the distinct possibility that earlier reports suggesting that PPAR $\beta/\delta$  promotes anti-apoptotic signaling are misleading. This also illustrates the need for studies to include more comprehensive analysis of apoptosis including the number of viable cells.

## Conclusions

Preclinical and clinical data demonstrates that PPAR $\beta/\delta$  can promote weight loss due in part to increased oxidation of fatty acids in skeletal muscle, improve dyslipidemias by increasing serum HDL cholesterol and decreasing serum LDL and triglycerides, improve insulin resistance by reducing hyperglycemia, promote terminal differentiation in multiple cell types, and inhibit many pro-inflammatory signaling pathways [20,24,27,58-60]. These features of PPAR $\beta/\delta$  ligands are the basis for the interest in developing agonists for the treatment or prevention of metabolic syndrome. Since many of the phenotypes associated with metabolic syndrome including obesity, dyslipidemias, insulin insensitivity and chronic inflammation are negatively associated with colon cancer [61-65], and ligand activation of PPAR $\beta/\delta$  can clearly inhibit or prevent these phenotypes based on evidence from preclinical and clinical studies, it is curious why it has been hypothesized that activating PPAR $\beta/\delta$  promotes colon tumorigenesis.

The hypothesis that PPAR $\beta/\delta$  is upregulated by the APC/ $\beta$ -CATENIN/TCF4 pathway during colon carcinogenesis, and that activating PPAR $\beta/\delta$  facilitates tumor growth by modulating a group of unknown target genes as proposed more than ten years ago [15] is not supported strongly by many reports published since this time. For example, PPAR $\beta/\delta$  expression is not increased in human colon cancer cell lines when the activity of APC/ $\beta$ -CATENIN/TCF4 is altered [19], and many studies failed to observe increased expression of PPAR $\beta/\delta$  in colon cancer models (reviewed in [20,24]). The evidence is becoming more convincing that expression of PPAR $\beta/\delta$  is lower in mouse and human colon tumors [17,18,21]. Moreover, the most compelling evidence to date is the study showing that colorectal cancer patients with relatively lower expression of PPAR $\beta/\delta$  in primary cancers were ~4X as likely to die of this disease as compared to colorectal cancer patients with relatively higher expression of PPAR $\beta/\delta$  in primary cancers [25]. While the evidence is becoming stronger that relatively higher expression of PPAR $\beta/\delta$  is important for colorectal cancer patient survival and that activating PPAR $\beta/\delta$  may prevent colon tumorigenesis, there remains a need for future studies to quantitatively examine PPAR $\beta/\delta$  expression at the protein level. The related hypothesis that NSAIDs down-regulate PPAR $\beta/\delta$  expression allowing for increased apoptosis has not been verified by independent laboratories and is inconsistent with the known expression pattern of PPAR $\beta/\delta$  in normal and diseased colon. Since the PPAR $\beta/\delta$ -dependent changes in 14-3-3 $\epsilon$  signaling hypothesized by one laboratory

to explain the chemopreventive effects of NSAIDs [66-69], have not been verified [21], this shows why other laboratories should critically evaluate this hypothesis. Indeed, NSAIDs have also been shown to increase expression of PPAR $\beta/\delta$  in human colon cancer cell lines [21], which supports the hypothesis that NSAIDs may function as chemopreventive agents because of this change, an hypothesis that is also supported by the observed decrease in PPAR $\beta/\delta$  expression found in mouse and human colon tumors.

It has also been suggested that PPAR $\beta/\delta$  antagonists may be suitable for chemoprevention of colon cancer based in large part on results from mouse models showing PPAR $\beta/\delta$ -dependent enhancement of colon tumorigenesis [9,11]. However, this idea is not supported by the recent findings that expression of PPAR $\beta/\delta$  is down-regulated in human and mouse colon tumors [21] or that survival of colorectal cancer patients is markedly improved in patients with relatively higher expression of PPAR $\beta/\delta$  in primary cancers as compared to patients with relatively lower expression of PPAR $\beta/\delta$  in primary cancers [25]. Additionally, many studies have also observed decreased expression of PPAR $\beta/\delta$  at the mRNA and/or protein level, or that ligand activation of PPAR $\beta/\delta$  inhibits colon tumorigenesis in mouse models and/or proliferation of human colon cancer cell lines (reviewed in [20,24]). It remains unclear why some studies show that PPAR $\beta/\delta$  promotes colon tumorigenesis while others do not. However, it is important to note that a specific PPAR $\beta/\delta$  antagonist does not modulate proliferation of SW480, HCT116, DLD1 or RKO human colon cancer cell lines at concentrations that specifically antagonize PPAR $\beta/\delta$  [70]. This suggests that targeting PPAR $\beta/\delta$  antagonists for colon cancer chemoprevention is not a viable strategy. Further, since PPAR $\beta/\delta$  has so many critical functional roles in the regulation of glucose/lipid homeostasis, inflammation and cellular differentiation, the notion that a PPAR $\beta/\delta$  antagonist would be suitable for colon cancer chemoprevention is likely not feasible.

In summary, significant progress has been made in the last ten years since the original hypothesis that PPAR $\beta/\delta$  promotes colon tumorigenesis was postulated. While some studies continue to report results that support this hypothesis, many others do not (reviewed in [20,24]). Given the great potential of targeting PPAR $\beta/\delta$  for the treatment/prevention of metabolic disease, there is a need to determine whether this is possible. Until a consensus can be reached on the role of PPAR $\beta/\delta$  in colon cancer, the development of small molecule agonists of PPAR $\beta/\delta$  as therapeutics will be hampered. However, recent clinical findings showing greatly enhanced survival of colorectal cancer patients with relatively higher expression of PPAR $\beta/\delta$  in primary cancers as compared colorectal patients with relatively lower expression of PPAR $\beta/\delta$  provides the most compelling evidence to date that PPAR $\beta/\delta$  prevents, rather than promotes, colorectal cancer and that targeting this receptor may be feasible. Based on this and many other findings in the past ten years has led to a larger body of evidence supporting the hypothesis that PPAR $\beta/\delta$  prevents colon cancer.

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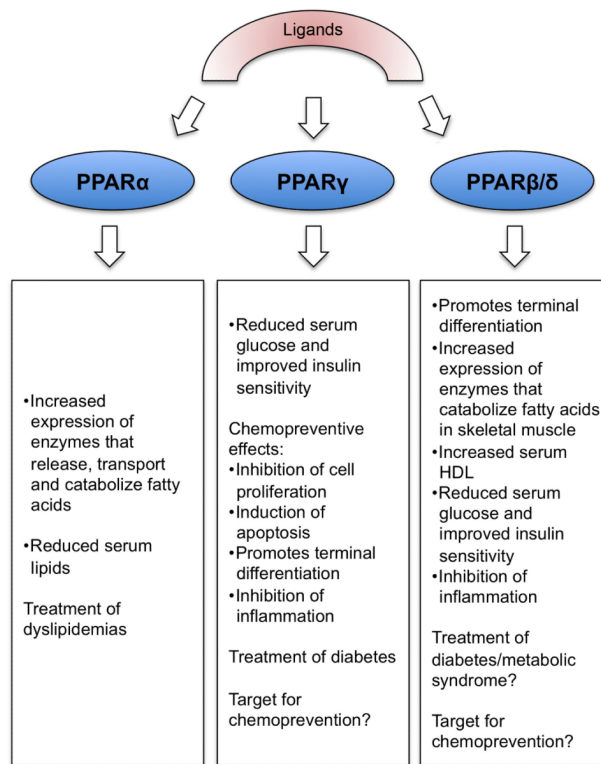
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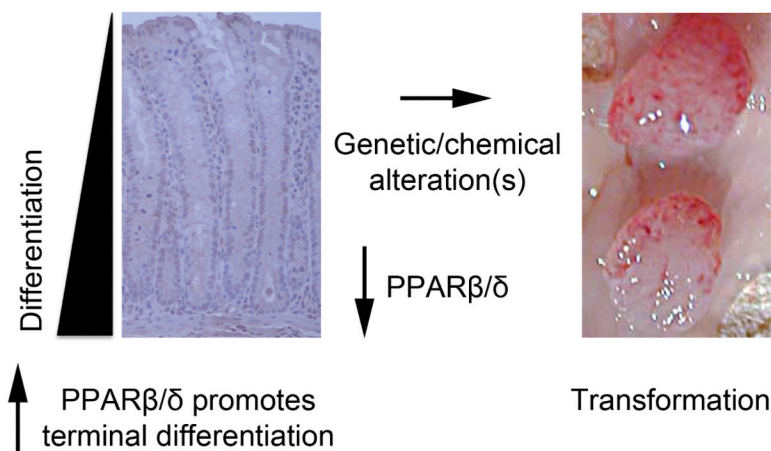
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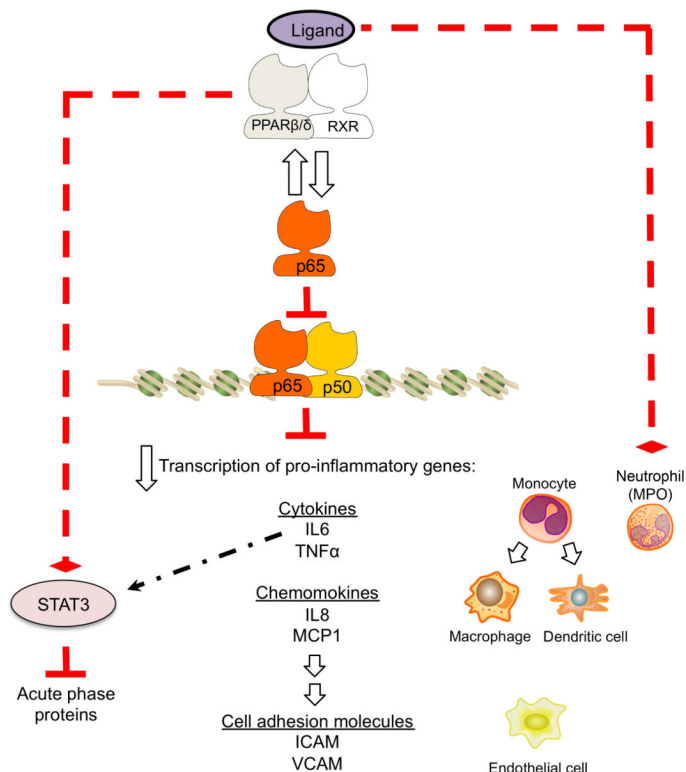
**Figure 1.**

Targeting PPARs for the treatment and prevention of diseases. The fibrate class of hypolipidemic drugs activate PPAR $\alpha$  causing increased expression of proteins that facilitate hepatic uptake and catabolism of fatty acids. Fibrates have been used for decades for the effective treatment of dyslipidemias. The thiazolidinediones drugs activate PPAR $\gamma$  and through still undefined mechanisms, reduce serum glucose and improve insulin sensitivity in diabetic patients. Strong evidence also supports the targeting of PPAR $\gamma$  for the prevention of cancer because PPAR $\gamma$  ligands can inhibit cell proliferation, promote terminal differentiation, promote apoptosis and inhibit inflammatory signaling. Clinical and preclinical evidence shows that PPAR $\beta/\delta$  has anti-inflammatory activities, promotes terminal differentiation, increases fatty acid catabolism in skeletal muscle, may promote weight loss, increases HDL cholesterol, improves insulin sensitivity and clinical indices associated with metabolic syndrome. Whether PPAR $\beta/\delta$  agonists can be developed for the treatment of diabetes, metabolic syndrome or cancer is under evaluation.



**Figure 2.**

Expression and function of PPARβ/δ in colon. In human and mouse colon PPARβ/δ expression is high, and found primarily in the nucleus. Nuclear PPARβ/δ in the colon can be co-immunoprecipitated with RXRα, suggesting that PPARβ/δ has an important constitutive function in the colon, likely mediated by the presence of an endogenous ligand. Based on similar evidence from multiple models, it is likely that PPARβ/δ promotes terminal differentiation of colonocytes. Expression of PPARβ/δ is reduced in transformed colon tumors and this could prevent cell cycle withdrawal associated with the induction of terminal differentiation leading to dysregulation of cell proliferation. Recent evidence showing that colorectal cancer patients with relatively low levels of PPARβ/δ are ~4X as likely to die from this disease as compared to patients expressing relatively higher levels of PPARβ/δ in primary tumors strongly support this mode of action.



**Figure 3.** Regulation of innate inflammation by PPAR $\beta/\delta$ . In the presence of pro-inflammatory signaling, ligand activation of PPAR $\beta/\delta$  can interfere with the p65 subunit of NF- $\kappa$ B leading to reduced expression of cytokines and chemokines that leads to reduced expression of cell adhesion molecules associated with innate inflammation. These changes are collectively found in endothelial cells, neutrophils, and monocyte-derived macrophages and dendritic cells. PPAR $\beta/\delta$  can also interfere with STAT3 activation, which is downstream of IL6 signaling, causing reduced expression of acute phase proteins. PPAR $\beta/\delta$  ligands can directly inhibit myeloperoxidase (MPO) activity associated with neutrophils typically recruited to sites of innate inflammation.