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# Dose-Related Modulation of Event-Related Potentials to Novel and Target Stimuli by Intravenous $\Delta^9$ -THC in Humans

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Cannabinoids induce a host of perceptual alterations and cognitive deficits in humans. However, the neural correlates of these deficits have remained elusive. The current study examined the acute, dose-related effects of delta-9-tetrahydrocannabinol ( $\Delta^9$ -THC) on psychophysiological indices of information processing in humans. Healthy subjects (n = 26) completed three test days during which they received intravenous  $\Delta^9$ -THC (placebo, 0.015 and 0.03 mg/kg) in a within-subject, double-blind, randomized, cross-over, and counterbalanced design. Psychophysiological data (electroencephalography) were collected before and after drug administration while subjects engaged in an event-related potential (ERP) task known to be a valid index of attention and cognition (a three-stimulus auditory 'oddball' P300 task).  $\Delta^9$ -THC dose-dependently reduced the amplitude of both the target P300b and the novelty P300a.  $\Delta^9$ -THC did not have any effect on the latency of either the P300a or P300b, or on early sensory-evoked ERP components preceding the P300 (the N100). Concomitantly,  $\Delta^9$ -THC induced psychotomimetic effects, perceptual alterations, and subjective 'high' in a dose-dependent manner.  $\Delta^9$ -THC -induced reductions in P3b amplitude correlated with  $\Delta^9$ -THC-induced perceptual alterations. Lastly, exploratory analyses examining cannabis use status showed that whereas recent cannabis users had blunted behavioral effects to  $\Delta^9$ -THC, there were no dose-related effects of  $\Delta^9$ -THC on P300a/b amplitude between cannabis-free and recent cannabis users. Overall, these data suggest that at doses that produce behavioral and subjective effects consistent with the known properties of cannabis,  $\Delta^9$ -THC reduced P300a and P300b amplitudes without altering the latency of these ERPs. Cannabinoid agonists may therefore disrupt cortical processes responsible for context updating and the automatic orientation of attention, while leaving processing speed and earlier sensory ERP components intact. Collectively, the findings suggest that CBIR systems modulate top-down and bottom-up processing. Neuropsychopharmacology (2012) 37, 1632–1646; doi:10.1038/npp.2012.8; published online 15 February 2012

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#### INTRODUCTION

Cannabis is the most widely used illicit substance worldwide (ONDCP, 2008; SAMHSA, 2011). Delta-9-tetrahydrocannabinol ( $\Delta^9$ -THC), the primary psychoactive constituent in cannabis, induces a range of perceptual alterations and cognitive deficits through the activation of brain cannabinoid receptors (CB1R) (reviewed in Ranganathan and D'Souza, 2006; Sewell *et al*, 2010). Electroencephalography (EEG) is one of the few available methodologies that can directly measure neural events (inhibitory and excitatory

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postsynaptic potentials; IPSPs and EPSPs, respectively) with high temporal precision in humans (Luck *et al*, 2011). Thus, the neural correlates of cannabinoids can be further elucidated utilizing EEG.

Event-related potentials (ERPs) are scalp recorded EEGs time-locked to stimuli or responses and averaged across trials (Luck *et al*, 2011). Several psychophysiological correlates of cognitive processes have been described in human ERP studies. In particular, the P300 component has been linked to a number of higher cognitive functions that are also known to be affected by cannabis (Sewell *et al*, 2010). The P300 wave is a positive voltage ERP component arising approximately 300 ms following the presentation of infrequent (oddball) stimuli during target detection tasks (reviewed in Polich, 2007; Polich and Criado, 2006). The target P300 (P300b) is elicited by infrequent task-relevant target stimuli and has a parietal scalp maximum. The P300b is associated with context updating and allocation of

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attentional resources, and is influenced by 'top-down' cognitive processes (reviewed in Polich, 2007). In contrast, the novelty P300 (P300a) is elicited by infrequent task-irrelevant stimuli and has a frontocentral scalp maximum. The P300a is thought to reflect 'bottom-up' processes involved in the automatic orienting of attention to novel or otherwise salient stimuli allowing for the rapid detection, evaluation, and adaptation to unexpected and potentially important changes in the environment (reviewed in Polich, 2007).

Reductions in P300 amplitude and increased latencies have been observed in a number of other neuropsychiatric disorders including schizophrenia and alcoholism (reviewed in Jeon and Polich, 2003; Polich and Criado, 2006; Porjesz *et al*, 2005). Converging lines of evidence suggest that multiple neural generators contribute to the P300b and P300a, including the hippocampus, frontal cortex, and parietal cortex (reviewed in Clarke *et al*, 1999; Polich, 2007). Importantly, these brain regions also have a high density of CB1Rs (Eggan and Lewis, 2007; Glass *et al*, 1997).

The literature pertaining to the effects of cannabinoids on the P300 have been predominantly based on cross-sectional comparisons of chronic cannabis users and controls. Reductions in P300 amplitude have been reported in studies utilizing cognitively challenging tasks (Kempel et al, 2003; Solowij et al, 1991). However, increased (Skosnik et al, 2008) or no differences in P300 amplitude have been reported in studies using classical oddball tasks (de Sola et al, 2008; Patrick et al, 1997; Patrick et al, 1995; Solowij et al, 1995). Mixed results have also been shown for P300 latency, as P300 latencies have been reported to be both increased (Kempel et al, 2003; Solowij et al, 1995) and decreased (de Sola et al, 2008) in cannabis users. These disparate results could be due to differences in task complexity, variability in stimulus parameters, the cross-sectional nature of studies in cannabis users, or the degree of cannabis exposure in subjects. Relevant to the latter, Hart *et al* (2010) emphasized the importance of accounting for cannabis exposure and examining multiple measures when investigating the neurocognitive effects of cannabis (Hart et al, 2010), as exposure to cannabis is associated with the development of tolerance (reviewed in Lichtman and Martin, 2005).

The acute administration of oral and smoked  $\Delta^9$ -THC has been reported to reduce P300 amplitude in the context of working memory or choice reaction time (RT) tasks (Hart *et al*, 2010; Ilan *et al*, 2005; Ilan *et al*, 2004; Roser *et al*, 2008). Furthermore, Roser and colleagues showed that polymorphisms in the CB1R gene altered the sensitivity to the acute effects of  $\Delta^9$ -THC on P300 generation (Stadelmann *et al*, 2011). Collectively, the results of genetic studies, acute  $\Delta^9$ -THC experiments, and studies of cannabis users suggest that CB1R function may have an important role in the regulation of the P300.

There are several limitations to the existing literature, that we attempted to address in the current study. First, the effects of cannabinoids on subcomponents of the P300 (the P300a and P300b) during traditional 'oddball' tasks have not been examined. Second, oral and inhaled routes of administration of  $\Delta^9$ -THC have variable intra and interindividual pharmacokinetics (Azorlosa *et al*, 1995; Azorlosa *et al*, 1992; Grotenhermen, 2003). Furthermore,  $\Delta^9$ -THC cigarettes do not account for the effects of other components present in  $\Delta^9$ -THC cigarette smoke, which may contribute to the net effect of smoking  $\Delta^9$ -THC cigarettes. Herbal cannabis contains other cannabinoids eg, cannabidiol, which are known to have effects that could enhance or offset the effects of THC (Bhattacharyya *et al*, 2010). In addition, when pyrolyzed, THC-containing cigarettes release more than just THC. This is similar to the observation that compounds other than nicotine eg, betacarbolines alkaloids contribute to the psychoactive effects of tobacco smoke (Fowler *et al*, 1998; Guillem *et al*, 2005; Marti *et al*, 2011). Third, most experiments have assessed the acute effects of cannabinoids in chronic cannabis users, who are likely tolerant to the acute effects of  $\Delta^9$ -THC (D'Souza *et al*, 2008b; Ramaekers *et al*, 2009).

In order to address these limitations, we examined the acute, dose-related effects of intravenous (IV)  $\Delta^9$ -THC on both the P300b and P300a elicited during an auditory oddball paradigm. In order to assess early stimulus processing and registration, we also examined the N100 ERP component for both target and novel stimuli (Coull, 1998; Hillyard *et al*, 1973). Lastly, by studying participants with a range of exposure to cannabis, we explored whether exposure to cannabis influenced the behavioral and psychophysiological response to  $\Delta^9$ -THC.

# MATERIALS AND METHODS

This randomized, double-blind, placebo-controlled, crossover study was conducted at the Neurobiological Studies Unit (Veteran Affairs Connecticut Healthcare System (VACHS), West Haven, CT, USA). Subjects were recruited by advertisements and by word of mouth, and were paid for their participation. The study was approved by the VACHS Human Studies Subcommittee and the Yale University School of Medicine (YUSM), and was carried out in accordance with the Helsinki Declaration of 1975. Subjects were informed about the potential for adverse effects of  $\Delta^{9}$ -THC including psychosis, anxiety, panic, and abuse liability.

#### Subjects

After obtaining written informed consent, subjects (n = 26; 18-35 years) underwent a Structured Clinical Interview for DSM-IV (SCID) (First et al, 2002) and were carefully screened for any DSM Axis I lifetime psychiatric or substance use disorder (excluding tobacco and cannabis use) and family history of major Axis I disorder. Subjects were screened at a separate session within about 4 weeks of the first test day. All subjects were asked to estimate their lifetime cannabis exposure (# times), heaviest exposure, and last exposure to cannabis. Cannabis-naïve individuals were excluded to minimize any risk of promoting future cannabis use/abuse. Subjects with DSM-IV cannabis dependence based on the SCID were excluded. The history provided by subjects was confirmed by a telephone interview conducted with a spouse or family member identified by the subject. A general physical and neurological examination, electrocardiogram, and laboratory tests (serum electrolytes, liver function tests, complete blood count with differential, urine toxicology, and urine pregnancy in women) were also conducted. After screening, subjects were instructed to refrain from alcohol, caffeinated beverages, illicit drugs

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(other than cannabis), or prescription drugs not approved by the research team for 2 weeks before the study and throughout study participation. Cigarette smokers were permitted to participate only if their pattern of cigarette consumption would allow them to abstain for each test day (0800–1500 hours) and their consumption did not exceed 10 cigarettes per day. Recent users of cannabis were instructed to abstain from smoking for at least 24 h prior to the test day. The test day was rescheduled if subjects reported using cannabis within 24 h of a test day. Subjects who were not categorized as recent users of cannabis were reminded not to use cannabis for 2 weeks before testing and throughout study participation. For this group, abstinence was confirmed by urine drug testing on the morning of each test day.

Subjects completed 3 test days during which they received  $\Delta^9$ -THC (vehicle (ethanol), 0.015 mg/kg, or 0.03 mg/kg) over 10 min by IV route in a randomized, counterbalanced order under double-blind conditions. Both staff and subjects received identical information without reference to any hypothesized group differences.

# Drugs

The preparation, formulation, and storage of  $\Delta^9$ -THC solution are reported elsewhere (D'Souza *et al*, 2004). For the control condition, an equivalent volume of ethanol (vehicle) was used, which was previously shown to be undetectable in multiple post-injection blood samples (D'Souza *et al*, 2004). The IV route of administration was chosen to standardize the delivery of  $\Delta^9$ -THC as discussed previously (D'Souza *et al*, 2004).

# **Plasma Levels**

At the -60, +10, +80, and +140 time points, blood was sampled from the IV line from the arm opposite to the one used for administering the study drug for determination of 11-nor- $\Delta$ -9-THC-9-COOH (THC-COOH) and analyzed using the methods of Shaw *et al* (1991).

# Oddball (target) Behavioral Performance

Behavioral performance measures for the oddball task included the percentage of correct responses to target stimuli (out of 45 total), and the median RT to targets.

# **EEG Procedure and Acquisition**

In the three-stimulus auditory oddball task, a random series of infrequent (8.33%) 'target' tones (1000 Hz), frequent (83.33%) 'standard' click trains (20, 30, or 40 Hz), and infrequent task-irrelevant novel distractor sounds (8.33%) were presented with a 1.25-s stimulus onset asynchrony in three separate blocks. Novel distractor sounds were selected from a corpus of sounds developed by Friedman *et al*, (1993), including a variety of natural and man-made sounds such as dog barks, car horns, human coughing, piano sounds, and so on. The target tones were 500 ms in duration and 80 dB SPL (C weighting). Novel distractor sounds ranged between 175 and 250 ms in duration and averaged 80 dB SPL (C weighting). Standard click trains were 500 ms in duration and 80 dB SPL (C weighting). In each task block, subjects were asked to press a response key to the target stimuli with the index finger of their preferred hand. Each block comprised 15 targets, 15 distractor stimuli, and 150 standards (20 Hz click train standards for block 1, 30 Hz click train standards for block 2, and 40 Hz click train standards for block 3). The order of blocks was randomized for each test day. In order to maximize ERP signal to noise ratio, target and novel distractor stimuli were separately averaged across all three blocks. Thus, in total, there were 45 targets, 45 novel distractors, and 450 standards for each participant on each test day (both pre- and post-drug infusion). ERPs and EEG responses to the standard click trains are not presented here, but will be the focus of a separate report.

Subjects sat in an acoustically shielded booth in front of a computer monitor and wore insert earphones (Etymotic Research, Elk Grove Village, IL, USA). EEGs were recorded at 1000 Hz from 26 scalp electrodes, bandpass filtered between 0.05–200 Hz, and referenced to linked ears (Neuroscan SynAmps, Compumedics Neuroscan, Charlotte, NC, USA). Additional electrodes were placed at the outer canthi of both eyes, and above and below the left eye to record eye movements and blinks (vertical and horizontal electro-oculogram (EOG); VEOG, HEOG, respectively). All electrode impedances were maintained  $\leq 10 \, \mathrm{k\Omega}$ .

# **ERP** Analyses

All EEG processing was performed as described previously (Mathalon *et al*, 2010). Briefly, EEG data from 3 midline sites (Fz, Cz and Pz) were analyzed. Continuous data were 12 Hz low-pass filtered then separated into 1000 ms epochs time-locked to stimulus onset, with a 100-ms pre-stimulus baseline. VEOG and HEOG data were used to correct EEG for eye movements and blinks with a regression-based algorithm (Gratton *et al*, 1983). After baseline correction, epochs containing artifacts (voltages exceeding  $\pm 100 \,\mu$ V) were rejected. All EEG data were collected at baseline, 30 min before drug infusion and 20 min after the infusion of  $\Delta^9$ -THC. The entire ERP experiment lasted ~25 min.

P300 peak latencies were identified as the most positive peak in a 250-400-ms time window following stimulus onset. Target P300b peak was identified at Pz, while novelty P300a peak was identified at Cz. The somewhat early latency cut-off (400 ms) for auditory P300s was chosen to avoid picking the second late positive component, which peaked around 550 ms. In a few cases where no local maximum was found in the search window, peaks were manually identified by investigators (DHM and BJR) blind to the subject's test day. Peak amplitudes for all midline sites were quantified as the microvolt value at the latency corresponding to the Pz peak for targets and to the Cz peak for novel distractors. P300b and P300a peak latencies for target and novel stimuli were only measured at Pz and Cz, respectively, as that is where each type of P300 was largest (and thus where its peak latency was likely to be most accurate).

Analysis of the auditory N100 ERP to target and novel stimuli were performed in order to assess early stimulus processing and registration. Peak N100 amplitude and latency values were measured at each electrode based on automated algorithm that identified the most negative voltage between 50 and 120 ms after stimulus onset. All EEG and ERP processing was performed using commercially available software (BrainVision Analyzer, Brain Products GmbH, Germany).

Intraclass correlation (ICC) coefficients were computed to examine the test-retest reliability of the amplitudes and latencies of the P300a (at Cz), P300b (at Pz), and N100 (at Cz) obtained from the pre-administration recordings across all three testing days. For amplitude measures, the ICCs were moderately high (P300a ICC = 0.70, P300b ICC = 0.84, Target N100 ICC = 0.66, and Novelty N100 ICC = 0.77). For latency measures, ICCs were more variable, with relatively low values for P300b (ICC = 0.43), target N100 (ICC = 0.32) and novelty N100 (ICC = 0.39), and a relatively high value for P300a (ICC = 0.86).

# Behavioral and subjective measures

In order to confirm  $\Delta^9$ -THC effects and examine possible associations between the psychophysiological, and the behavioral and subjective effects of exogenous cannabinoids, several outcome measures known to be sensitive to the effects of  $\Delta^9$ -THC (D'Souza *et al*, 2008a; D'Souza *et al*, 2004; D'Souza et al, 2008b) were also included. Perceptual alterations were measured using the self- and clinicianadministered subscales of the Clinician Administered Dissociative Symptoms Scale (CADSS)(Bremner et al, 1998) consisting of 19 self-report items and 8 clinicianrated items rated from 0 (not at all) to 4 (extremely). The scale evaluates aspects of altered environmental perception, time perception, body perception, feelings of unreality, and memory impairment. Positive, negative, and general symptoms associated with schizophrenia were assessed using relevant subscales of the Positive and Negative Syndrome Scale (PANSS) (Kay et al, 1989). 'High' associated with cannabis intoxication was measured using a self-reported Visual Analog Scale (VAS) (0–100). These assessments were administered at baseline (-60 min), +10, and +80 mintime points, where time point 0 min denotes the beginning of the  $\Delta^9$ -THC infusion. The same research coordinators rated all 3 testing days for each subject. Interrater reliability sessions were conducted every 1-2 months over the time period ( $\sim$ 4 years) that this study was conducted and, for example, intraclass correlation coefficients for the PANSS were consistently > 0.85.

# General Procedure and Test Days (Supplemental Text 1: Schedule of Procedures)

Test days were separated by 3 days to minimize carryover effects. Subjects fasted overnight, reported to the test facility around 0800 hours, and were provided a standard breakfast. Urine toxicology was conducted on the morning of each test day to rule out recent illicit drug use. A positive urine pregnancy test also resulted in exclusion. In-study safety procedures are described elsewhere (D'Souza *et al*, 2004). Vital signs were recorded at the -60, +10, +50, +80, +140, and +200 min time points. A field sobriety test, mental state examination, and exit interview were conducted at the end of each test day, and an exit interview was conducted on the last test day. Prospective safety assessments were performed at 1 and 3 months after the last test session and after they had received payment for participa-

tion to query their use of cannabis. As described in further detail elsewhere (Carbuto *et al*, 2011), subjects were asked to rate (not at all, slightly less, about the usual, slightly more, and much more) (1) whether their exposure to THC in the lab had changed their cannabis use, (2) how intense has their desire for cannabis has been since the last test day or questionnaire, and (3) how many times per week they had used cannabis since the last test day or questionnaire.

# Statistical Analysis

Initially, data were examined descriptively using means, SD, and graphs. Each outcome was assessed for normality visually by histograms and measures of skewness and kurtosis.

ERP amplitudes were submitted to repeated-measures analysis of variance (ANOVA) using a dose  $(3) \times \text{time}$  (2; pre-infusion, post-infusion)  $\times$  electrode (3; Fz, Cz, Pz) design. ERP component latencies which were assessed at the electrode at which the component amplitude was maximal, were analyzed by repeated-measures ANOVA using a dose  $(3) \times \text{time}$  (2) design. In addition, to assess whether THC had differential effects on the amplitudes of the novelty P300a and target P300b, a dose (3)  $\times$  time (2)  $\times$ electrode  $(3) \times$  stimulus type (2; targets, novels) repeated measures ANOVA was conducted. Degrees of freedom were adjusted using the Greenhouse-Geisser correction for all within-subject factors involving more than two levels. Effect sizes for repeated measures ANOVA were calculated as partial  $\eta$ -squares, where small effect sizes are <0.06, moderate effect sizes range from 0.06 to 0.14, and large effect sizes are >0.14 (Cohen, 1973). Follow-up comparisons (ANOVAs and *t*-tests) were conducted as appropriate to clarify the source of significant interaction effects. Of primary interest were the effects of dose, time and interactions of dose  $\times$  time on ERP measures. RTs to target stimuli during the oddball task were analyzed using repeated-measures ANOVA with the factors dose (3) and time (2). However, target accuracies (percentage of correct responses to targets) were not normally distributed and thus, were analyzed using a nonparametric method for repeated-measures data (Brunner et al, 2002) with dose (3) and time (2) as within-subjects factors. In this approach, the data were first ranked, and then fitted using a mixed effects model with an unstructured variance-covariance matrix and p-values adjusted for ANOVA-type statistics (ATS). Behavioral data were skewed and exhibited floor effects, as expected in this healthy control sample. Thus, similar nonparametric analyses with dose (3) and time (3: preinfusion, peak-infusion, and post-infusion) were conducted for the PANSS (total, negative, positive, and general scores), CADSS (clinician- and patient-rated scores), and VAS 'high' data. Post-hoc analyses were used to clarify the source of interaction effects. Spearman's correlation coefficients were calculated to examine possible associations between psychophysiological and behavioral measures. Exploratory analyses using a similar approach were conducted to examine whether effects differed between subgroups with or without recent cannabis use. To correct for multiple comparisons Bonferroni correction was applied within hypotheses, but not across hypotheses or for exploratory analyses. For example, a cutoff  $\alpha$  level of 0.05/3 = 0.0167 was

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used to declare effects significant for the between-dose *posthoc* comparisons for each PANSS subscale. Parametric and nonparametric analyses were conducted using the software package for PASW Statistics 18.0 and SAS version 9.1 (SAS Institute, Cary, NC, USA), respectively.

#### RESULTS

Demographic and cannabis use data are listed in Table 1. Of 56 subjects who were consented, 30 completed all 3 test days, 8 dropped out, 8 never initiated, and 10 were screen failures. Almost half the subjects (12 of 26) reported not having used cannabis in the past month. None of the subjects met criteria for alcohol or substance abuse or dependence. Due to technical difficulties during EEG acquisition, 4 subjects were excluded from the analyses.

#### **Oddball (Target) Performance Data**

Participants performed well on the oddball task overall, identifying >96.7% of the target stimuli correctly across all three dosage conditions. Target accuracies were negatively skewed and were analyzed using nonparametric analysis. There were no significant effects of dose or time, and no significant dose × time interaction for percentage of correct responses to target stimuli (all p > 0.10). For median RTs to targets, there were no significant effects of dose or time (ps > 0.15), but there was a significant dose × time interaction, (F(2,50) = 3.64, p = 0.033). Follow-up tests revealed a significant slowing of RT for the 0.03 mg/kg  $\Delta^9$ -THC dose (p = 0.035, partial  $\eta^2 = 0.17$ ), with no significant effects for placebo or for the 0.015 mg/kg  $\Delta^9$ -THC dose (ps > 0.31).

The ERP results reported below focus on the effects of dose, time and dose  $\times$  time interactive effects, since these were of primary interest. Other effects eg, electrode are reported in the table.

#### Target P300b Amplitude

Figure 1 shows the grand-averaged pre- and post-infusion ERP waveforms at electrode Pz and the ERP results reported below focus on the effects of dose, time and dose  $\times$  time interactive effects, since these were of primary interest. Other effects eg, electrode are reported in the table (Figure 1; Table 2). *Post-hoc* comparisons revealed that P300b amplitude was significantly smaller post-infusion relative to the pre-infusion baseline in both of the active  $\Delta^9$ -THC conditions ( $p \le 0.001$ ), whereas post-infusion P300b amplitude did not differ from baseline in the placebo condition (p = 0.07) (Figure 2). Furthermore, 0.03 mg/kg  $\Delta^9$ -THC was associated with a larger decrease in P300b amplitude relative to 0.015 mg/kg  $\Delta^9$ -THC, t(25) = 3.27, p = 0.003.

#### Target P300b latency

There were no significant effects of dose (p=0.25), time (p=0.50), or their interaction (p=0.90) for target P300b latency at Pz.

#### Table I Sample Demographics

General characteristics	
No. male (female)	17 (9)
Age (mean (SD))	25.92 (7.84)
Handedness	l left handed
Years of education (mean (SD))	15.08 (2.04)
Estimated IQ (mean (SD))	115.77 (4.47)
Cannabis exposure	
Age of first cannabis use	17.08 (2.60)
Days since last use/last exposure	415.02
(mean (SD) range)	(819±0.36) (range 1–3650)
Total years of use (mean (SD) range)	6.85 (±4.54) I-18
Frequency of cannabis use within past 30 days (n)	No. of subjects
0 days	12
I-3 days	3
4–8 days	3
9–15 days	5
16–29 days	2
Lifetime cannabis use (total no. of exposures)	No. of subjects
1–10	5
-50	7
51-200	3
201–500	4
501-1000	3
> 1000	4
Cannabis exposure during heaviest use (no. of exposures)	No. of Subjects
$>$   to   $\times$ per year	2
$I \times per every 3-6months$	4
$I-3 \times$ per month	4
$I-2 \times per week$	4
3–6 × per week	7
$7 \times \text{per week}$	5
Other drug exposure	
Daily cigarette smokers (# of subjects)	3
Average no. of alcoholic drinks per week (mean (SD))	6.01 (6.06)
Previous recreational exposure to illicit drugs other than cannabis	No. of subjects
None	11
Hallucinogens	12
Stimulants	10
Opiates	3
Inhalants	2

None of the subjects met criteria for abuse or dependence of the above illicit substances.

#### Novelty P300a Amplitude

Figure 3 shows the grand-average pre- and post-infusion ERP waveforms at electrode Cz and the novelty P300a



**Figure I** (Top) Grand-averaged target P300b waveforms at electrode Pz for both the pre- and post-infusion electroencephalography (EEG) runs across dose conditions. (Bottom) Topographic voltage maps from the peak grand-averaged P300b for both the pre- and post-infusion EEG runs across dose conditions.

topographic maps across  $\Delta^9$ -THC dose. There was a significant dose × time interaction for P300a amplitude to novel distractors, (F(2, 50) = 7.29, p = 0.003, partial  $\eta^2 = 0.23$ ) (Figure 4; Table 2). Post-hoc comparisons revealed that P300a amplitude was significantly lower post-infusion relative to the pre-infusion baseline for both of the active  $\Delta^9$ -THC conditions (ps < 0.001) but not for placebo (p = 0.08). Moreover, the 0.03 mg/kg  $\Delta^9$ -THC dose was associated with a trend towards a larger decrease in P300a amplitude relative to the 0.015 mg/kg  $\Delta^9$ -THC dose, t(25) = 1.97, p = 0.06. (Figure 4).

#### Novelty P300a Latency

There was no significant effect of dose (p = 0.53), time (p = 0.13) or the dose × time interaction (p = 0.83) for P300a latency at Cz.

# Target P300b vs Novelty P300a Amplitude

The 4-way ANOVA that included Stimulus Type (target *vs* novel) as a factor yielded no significant effects for dose  $\times$  time  $\times$  stimulus type (*F*(2, 50) = 0.53, *p* = 0.59) or dose  $\times$  time  $\times$  stimulus type  $\times$  electrode (*F*(2, 100) = 0.46, *p* = 0.69), indicating that THC had similar effects on the amplitudes of target P300b and novelty P300a.

#### Target N100 amplitude

There were no significant effects of dose (p = 0.48), time (p = 0.2) or their interaction (p = 0.76) on N100 amplitude to target stimuli (Figure 5).

#### Target N100 Latency

There were no significant effects of dose (p = 0.36) or time (p = 0.7), and no dose × time interaction (p = 0.39) for N100 latency to target stimuli at Cz.

#### Novelty N100 Amplitude

There were no significant effects of dose, time, and no dose  $\times$  time interactions for N100 amplitude to novel stimuli (all ps > 0.64) (Figure 5).

#### Novelty N100 Latency

There were no significant effects of dose (p=0.5) or time (p=0.28), or their interactions (p=0.61) at Cz.

#### Behavioral and Subjective Data

For all behavioral and subjective measures, the main analysis of interest was the dose  $\times$  time interaction. Mean (SD) scores on the PANSS, CADSS, and VAS for each dose and time point are presented in Table 3 and Figure 6. For the behavioral measures described below, *post-hoc* comparisons were performed at the 10 min after infusion time point, as that is where the largest values on the behavioral and subjective measures were observed in the active dose conditions (Figure 6).

*PANSS.* There was a significant dose × time interaction for PANSS total scores (num df = 3.34, ATS = 27.2, p < 0.0001). *Post-hoc* comparisons revealed a dose-related effect of THC administration on PANSS total scores at 10 min after administration, such that placebo < 0.015 mg/kg THC < 0.03 mg/kg THC (all ps < 0.001). Separate analyses were 1638

**Table 2** Main Effects and Interactions for RMANOVAs of ERPAmplitudes

ERP	Source	df	F	þ	Partial $\eta^2$
P3b—	targets				
	Dose	2	1.07	0.35	0.04
	Time	Ι	44.61	< 0.00	0.64
	Electrode	2	35.44	< 0.00	0.57
	Dose × time	2	13.51	< 0.00	0.35
	Dose  imes electrode	4	3.03	0.04	0.11
	Time $\times$ electrode	2	3.32	0.06	0.12
	$Dose\timestime\timeselectrode$	4	1.66	0.19	0.06
NI —t	argets				
	Dose	2	0.76	0.48	0.03
	Time	Ι	1.74	0.20	0.07
	Electrode	2	40.57	< 0.00	0.62
	Dose × time	2	0.28	0.75	0.01
	Dose  imes electrode	4	0.34	0.74	0.01
	$Time \times electrode$	2	1.10	0.33	0.04
	$Dose\timestime\timeselectrode$	4	0.29	0.77	0.01
РЗа—	novels				
	Dose	2	0.48	0.62	0.02
	Time	Ι	30.25	< 0.00	0.55
	Electrode	2	18.56	< 0.00	0.43
	Dose × time	2	7.29	0.003	0.23
	Dose  imes electrode	4	2.49	0.07	0.09
	Time × electrode	2	8.47	0.001	0.25
	$Dose\timestime\timeselectrode$	4	0.43	0.72	0.02
NI —r	novels				
	Dose	2	0.44	0.64	0.02
	Time	Ι	0.001	0.97	0.00
	Electrode	2	8.25	0.004	0.25
	Dose × time	2	0.43	0.65	0.02
	$Dose \times electrode$	4	0.59	0.63	0.02
	Time × electrode	2	0.90	0.38	0.04
	Dose  imes time  imes electrode	4	0.53	0.60	0.02

*Note: p*-values reflect the results of the RMANOVAs with degrees of freedom corrected using the Greenhouse–Geisser correction.

conducted for each PANSS subscale. The dose × time interaction was significant for PANSS positive (num df = 3.41, ATS = 27.9, p < 0.001), negative (num df = 3.78, ATS = 13.19, p < 0.001), and general (num df = 3.2, ATS = 22.62, p < 0.001) symptom subscales. For all three PANSS symptom subscales, *post-hoc* tests at the 10 min post-infusion time point revealed an identical pattern to that observed for PANSS total scores, such that scores in the placebo condition < 0.015 mg/kg THC < 0.03 mg/kg (all *ps* < 0.01, see Table 3).

CADSS. The dose × time interaction was significant for the CADSS patient-rated (CADSS-PR) (num df = 3.42, ATS = 20.1, p < 0.001) and CADSS clinician-rated (CADSS-CR) (num df = 3.42, ATS = 20.3, p < 0.001) scores (Figure 6). All doses were significantly distinguished in a dosedependent manner at 10 min after infusion for both CADSS-PR and CADSS-CR (all p < 0.01).

Visual Analog Scale (VAS) 'high'. The dose × time interaction was significant for VAS 'high' ratings (num df = 2.99, ATS = 28.5, p < 0.001) (Figure 6). Scores at 10 min after infusion were highest in the high-dose THC condition (ps < 0.01) and higher on the low-dose THC condition relative to the placebo condition (p < 0.001).

# **Correlations Between ERP and Behavioral Measures**

Spearman's correlation coefficients were calculated to investigate associations between changes in PANSS and CADSS scores, and P300a/b amplitude and latency following 0.03 mg/kg  $\Delta$ 9-THC infusion. For each variable, a change score was calculated as follows: difference score = outcome at 10 min after infusion (0.03 mg/kg THC)-outcome at 10 min after infusion (placebo). The 0.03 mg/kg  $\Delta$ 9-THC condition was selected because the largest effects on ERPs and behavioral outcomes were observed in that condition. As shown in Table 4, THC-induced changes in P300b amplitude and THC-induced perceptual alterations measured by the CADSS-PR correlated significantly ( $r_s = -0.43$ , p < 0.05). There were no other significant associations among ERP and symptom change scores. However, changes in PANSS and CADSS scores correlated highly overall (Table 4).

# **Exploratory Analyses**

Additional exploratory analyses were conducted to determine the association between cannabis use in the 30 days







Figure 3 (Top) Grand-averaged novelty P300a waveforms at electrode Cz for both the pre- and post-infusion electroencephalography (EEG) runs across dose conditions. (Bottom) Topographic voltage maps from the peak grand-averaged P300a for both the pre- and post-infusion EEG runs across dose conditions.



Figure 4 Mean (±SEM) novelty P300a amplitudes for both the pre- and post-infusion electroencephalography (EEG) runs across dose conditions at electrodes Fz, Cz, and Pz.

prior to study participation and the effects of acute cannabis administration as measured by the EEG, and behavioral outcomes described above. The sample was divided into those who reported using cannabis in the past 30 days ('recent users', n = 14) and those who did not ('non-recent users', n = 12). Repeated-measures ANOVAs for ERP outcomes were conducted with the within-subjects factors dose (3) and time (2), and the between-subjects factor group (2) at the electrode site where the amplitude of the ERP of interest was largest (ie, at Pz for P300b and Cz for P300a). We did not investigate between-group differences in N100 amplitude or latency because these measures were not affected by  $\Delta^9$ -THC administration. The main effects and interactions of group are listed in the Supplementary Tables S1a and b. To summarize the results of the exploratory analyses, there was no main effect or interaction of group for P300b amplitude or latency (ps > 0.13), or for P300a amplitude (ps > 0.18). However, there was a significant main effect of group for P300a latency (p < 0.03), indicating that overall P300a peak latency was significantly shorter among recent users vs non-recent users. For the behavioral data, nonparametric analyses revealed that recent cannabis users exhibited a blunted response to the perceptual-altering and psychotomimetic effects of  $\Delta^9$ -THC. Follow-up contrasts compared the responses of the groups at 10 min after infusion for both active THC dose conditions. Relative to non-recent users, recent users exhibited significantly lower scores on the PANSS total (num df = 1, ATS = 4.38, p =0.036), PANSS positive (num df = 1, ATS = 4.96, p = 0.026), PANSS general (num df = 1, ATS = 4.45, p = 0.035), CADSS-CR (num df = 1, ATS = 3.85, p = 0.05), and CADSS-PR (num df = 1, ATS = 9.97, p = 0.002) at 10 min after infusion in the 0.03 mg/kg  $\Delta^9$ -THC condition. There were no significant differences between the groups at 10 min after infusion in the 0.015 mg/kg  $\Delta^9$ -THC condition for any of the behavioral measures (ps > 0.32).



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Figure 5 (a) Mean (± SEM) novelty N100 amplitudes for both the pre- and post-infusion electroencephalography (EEG) runs across dose conditions at electrodes Fz, Cz, and Pz. (b) Mean (± SEM) novelty N100 amplitudes for both the pre- and post-infusion EEG runs across dose conditions at electrodes Fz, Cz. and Pz.

Table 3	Mean (SE	) Scores on	the PANSS,	CADSS,	and VAS	Across	Dose	Condition	and <sup>·</sup>	Time
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		Placebo		C	).015 mg/kg TH	IC	0.03 mg/kg THC			
	Baseline	+10 min	+80 min	Baseline	+10 min	+80 min	Baseline	+10 min	+80 min	
Measure										
PANSS										
Positive	7.42 (1.06)	7.96 (2.18)	7.23 (0.51)	7.31 (0.68)	10.73 (2.65)	8.38 (1.77)	7.08 (0.27)	12.65 (3.19)	9.46 (2.37)	
Negative	6.92 (1.44)	7.58 (2.30)	7.23 (1.45)	6.42 (0.76)	9.12 (2.20)	7.23 (1.34)	6.54 (1.03)	11.73 (3.56)	9.00 (2.30)	
General	15.42 (1 14)	17.12 (2 92)	15.65 (1 13)	15.23 (0 43)	20.77 (4 09)	17.50 (3 08)	15.31 (0 88)	25.65 (6 30)	19.42 (3 25)	
Total	29.77 (3.35)	32.65 (5.38)	30.12 (2.44)	28.96 (1.18)	40.62 (7.39)	33.12 (5.01)	28.92 (1.60)	50.04 (10.52)	37.88 (6.49)	
CADSS										
CR	0.15 (0.61)	0.85 (1.59)	0.04 (0.20)	0.04 (0.20)	2.92 (2.19)	1.00 (1.52)	0.04 (0.20)	6.38 (4.21)	2.46 (2.30)	
PR	0.08 (0.39)	0.77 (2.41)	0.31 (0.88)	0.12 (0.33)	3.65 (4.15)	2.31 (3.60)	0.00 (0.00)	9.69 (10.20)	4.92 (6.19)	
VAS										
High	1.85 (2.91)	9.65 (21.99)	6.92 (16.26)	1.81 (2.61)	40.90 (29.89)	20.35 (22.54)	1.56 (2.15)	62.40 (28.42)	37.19 (27.60)	

Abbreviations: CADSS, Clinician-Administered Dissociative Syndrome Scale; Clinician Rated (CR) and Patient Rated (PR); PANSS, Positive and Negative Syndrome Scale; VAS, Visual Analog Scale.

#### Plasma THC and THC-COOH Levels

There was a dose-dependent increase in plasma levels of THC and its metabolite THC-COOH across time (see Supplementary Figure S1).

# Safety Data

No serious adverse events occurred with this study. There were five non-serious adverse events including nausea, vomiting, anxiety, and paranoia that occurred on test days. As reported elsewhere (Carbuto et al, 2011), safety follow-up at 1 and 3 months after the last test session did not reveal any evidence, suggestive of an increase in cannabis use.

### DISCUSSION

To our knowledge, this is the first study to examine the effects of IV  $\Delta^9$ -THC on neural correlates of cognition using a traditional three-stimulus 'oddball' ERP paradigm. At doses that induced euphoria, psychosis-like effects and



Figure 6 Mean (± SEM) behavioral data for each drug condition at baseline (-60 min), peak (+10 min), and -80 min time points.

 Table 4
 Spearman Correlations Among ERP and Symptom Change Scores

	Post infusion difference score										
	(0.03 mg/kg THC—placebo)	Т	2	3	4	5	6	7	8	9	10
I	P3b amplitude	_									
2	P3a amplitude	0.368†	_								
3	P3b latency	-0.013	-0.417*	_							
4	P3a latency	-0.255	-0.89	-0.218	_						
5	PANSS positive	-0.259	-0.242	-0.112	-0.029	_					
6	PANSS negative	-0.126	0.189	-0.189	-0.142	0.210	_				
7	PANSS general	-0.192	-0.073	-0.154	0.101	0.611**	0.617**	—			
8	PANSS total	-0.217	-0.066	-0.095	0.029	0.620**	0.774**	0.948**	—		
9	CADSS-CR	-0.055	0.220	-0.135	-0.015	0.340	0.685**	0.812**	0.807**	_	
10	CADSS-PR	-0.431*	0.022	-0.130	0.305	0.632**	0.451*	0.760**	0.751**	0.622**	—

Note: <sup>†</sup>p<0.10; \*p<0.05; \*\*p<0.01.

perceptual alterations,  $\Delta^9$ -THC dose-dependently reduced the amplitude of both the target P300b and the novelty P300a. However,  $\Delta^9$ -THC did not have any effect on the latency of either the P300b or P300a which may be at least partially attributable to the relatively poor test-retest reliability of the P300b latency measure. Moreover,  $\Delta^9$ -THC had no effects on the amplitude or latency of sensoryevoked ERPs preceding the P300a/b (the N100). Lastly, exploratory analysis examining cannabis use status showed that recent cannabis users had blunted behavioral effects to  $\Delta^9$ -THC. There were no significant effects of recent cannabis use on P300b amplitude, P300b latency, or P300 a amplitude, whereas P300a latency was significantly shorter overall among recent users relative to non-recent users.

#### Target ERP Effects

IV  $\Delta^9$ -THC dose-dependently reduced the amplitude of the target 'oddball' P300b, without affecting latency. This

profile of effects is consistent with the published data using two-stimuli P300 paradigms (Bocker et al, 2010; Ilan et al, 2004; Roser et al, 2008). Amplitude of the P300b is thought to reflect attentional resource allocation, phasic attentional shifts, working memory updating of stimulus context, cognitive closure, and stimulus salience (Donchin and Coles, 1988; Knight and Scabini, 1998; Kramer and Strayer, 1988; Polich, 1989; Verleger et al, 2005). By contrast, latency of the P300b is thought to reflect cognitive processing speed or efficiency during stimulus evaluation, independent of motor preparation time (Duncan-Johnson and Donchin, 1977; McCarthy and Donchin, 1981). It therefore appears that in the auditory and visual modalities, acutely administered exogenous CB1R agonists have minimal effect on neural processing speed or efficiency, but instead disrupt higher cognitive processes relevant to target detection and stimulus evaluation.

In terms of the early sensory N100 component, IV  $\Delta^9$ -THC had no effect on either the amplitude or latency to 1(42

target stimuli. The N100 is elicited by discrete auditory stimuli (eg, tones), is thought to be generated in the auditory cortex, and can be modulated by early attentional allocation (Coull, 1998; Hillyard *et al*, 1973). The current data therefore indicate that activation of CB1Rs does not affect early attentional/sensory processes (as indexed by the N100) during traditional 'oddball' tasks, but instead contributes to later, 'top-down' cognitive operations involved in target detection (as indexed by the P300b).

# Novelty ERP Effects

This is the first report to our knowledge showing that  $\Delta^9$ -THC attenuates novelty P300a amplitude, and these effects are dose-dependent. No effects were observed on P300a latency. These data suggest that CB1Rs are involved in both bottom-up frontal circuits mediating orientation to novelty (P300a), and top-down temporal/parietal circuits mediating context updating and working memory (P300b). Indeed, we found no significant difference between the dose-dependent effects of THC on the amplitudes of the novelty P300a and the target P300b. This is not surprising, as discussed below the neural ensembles believed to be involved in generating the P300 are also regions known to be rich in CB1Rs (Eggan and Lewis, 2007). As endocannabinoids are neuromodulators, it is therefore possible that CB1R activation can disrupt both the P3a and P3b. Further, similar to target stimuli,  $\Delta^9$ -THC did not affect the early sensory N100 component to novel stimuli. Again, this suggests that activation of CB1Rs does not affect the early attentional/sensory processes, but instead contributes to longer latency mechanisms involved in the automatic orientation to novel stimuli (as indexed by the P300a).

# **Neural Mechanisms**

Rather than being generated by a single neural source, it this thought that the P300 reflects activity from a distributed neural ensemble including such areas as the thalamus, hippocampus, inferior parietal lobe, superior temporal gyrus, and frontal cortex (Kiehl et al, 2001). Likewise, the P300a is thought to be mediated by a network of prefrontal, temporal, and parietal cortical sources (Halgren et al, 1998; Knight, 1996; Knight, 1984; Soltani and Knight, 2000). The neurochemistry of the P300a and P300b is believed to be at least partially dissociable (Polich and Criado, 2006; Watson et al, 2009). Catecholaminergic transmitters are known to influence the P300 (Nieuwenhuis et al, 2005; Polich, 2007; Polich and Criado, 2006; Turetsky and Fein, 2002). However, both the glutamatergic and GABAergic systems have been strongly implicated in the P300a/b (Frodl-Bauch et al, 1999; Javitt et al, 1995; Ray et al, 1992; Watson et al, 2009). For example, Watson et al, (2009), using a three-stimulus 'oddball' paradigm in the visual modality, demonstrated that both the NMDA antagonist ketamine and the GABA<sub>A</sub> agonist thiopental attenuated the amplitude of P300a/b (Watson *et al*, 2009). Interestingly, the effects of the  $GABA_A$ agonist on P300 attenuation was greater than the NMDA antagonist ketamine. This is particularly germane to the effects of  $\Delta^9$ -THC on the P300, as it is now well established that CB1R activation in the cerebral cortex and hippocampus primarily affects the release of GABA, and to a lesser

extent, glutamate (Ali and Todorova, 2010; Bacci et al, 2004; Bodor et al, 2005; Doherty and Dingledine, 2003; Eggan and Lewis, 2007; Eggan et al, 2010; Ferraro et al, 2001; Foldy et al, 2006; Hill et al, 2007; Katona et al, 2000; Maejima et al, 2001; Mereu et al, 2003; Wang, 2003). In fact, it is now recognized that ERPs like the P300 are generated by IPSPsand EPSPs, which are likely driven by the release of glutamate and GABA (Frodl-Bauch et al, 1999; Javitt et al, 1995; Luck et al, 2011; Ray et al, 1992). It is also well known that cannabinoids inhibit presynaptic neurotransmitter release in brain regions implicated in P300 generation (Eggan and Lewis, 2007; Freund et al, 2003; Glass et al, 1997). Hence, it is possible that acute  $\Delta^9$ -THC administration disrupts ERPs like the P300a/b by altering normal GABA and/or glutamate release in neural networks responsible for context updating, working memory, allocation of attentional resources, and the automatic orientation of attention. This could lead to perturbations in communication between brain regions involved in processing relevant sensory information (Lundqvist, 2005), or altered synchronization of neural networks (Skosnik et al, 2006). Indeed, these may represent a common neurochemical mechanism whereby exogenous cannabinoids cause abnormalities in normal cognitive/ perceptual function.

# Relationship to Behavior and Impact of Cannabis Exposure

Replicating previous results from our group, the current study also showed that  $\Delta^9$ -THC induced psychotomimetic effects, perceptual alterations, and subjective 'high' in a dose-dependent manner, as assessed with the PANSS, CADSS, and VAS, respectively (D'Souza *et al*, 2004).  $\Delta^9$ -THC-induced reductions in P300b amplitude correlated with subject reported increase in perceptual alterations. Thus, at doses that induce subjective effects consistent with the behavioral profile of cannabis,  $\Delta^9$ -THC concurrently produced alterations in psychophysiological indices of information processing. No other correlations were observed between behavioral outcomes and ERP measures. The latter may be due to the fact that the current study may not have sufficient power to detect such associations. Although the reduction in P300 amplitude is a robust finding in schizophrenia, the relationship between clinical variables and P300 deficits is mixed. Some but not other studies have found correlations between clinical symptoms and the auditory P300 (Blackwood et al, 1987; Egan et al, 1994; Higashima et al, 1998; Kawasaki et al, 1994; Mathalon et al, 2000; Merrin and Floyd, 1994; Saitoh et al, 1984; St Clair *et al*, 1989). Finally, the neural substrates governing the behavioral vs psychophysiological effects of cannabinoids may differ, thus accounting for the general absence of association between the behavioral changes and P300 deficits induced by THC.

The current experiment also demonstrated that individuals with a recent history of cannabis use had blunted responses to the behavioral effects of  $\Delta^9$ -THC. This also replicates previous results (D'Souza *et al*, 2008b), and is likely related to the known tolerance and CB1R downregulation that occurs after repeated cannabis exposure (Haney *et al*, 1999; Hirvonen *et al*, 2011; Villares, 2007). Interestingly, recent cannabis use did not influence the



disruptive effects of  $\Delta^9$ -THC to disrupt the P300a/b response. The reason for this discrepancy is unclear. As mentioned above, one possible explanation is that distinct neural circuits may be responsible for the behavioral vs psychophysiological effects of THC. Another possible explanation is that, because of the relatively small sample sizes of recent and non-recent users, and the wide variation in the frequency of cannabis use within the recent user group (see Table 1), we did not have the power to detect a reliable effect of recent cannabis use on ERP outcomes.

#### Strengths, limitations, and conclusions

The IV route of administration and the weight-adjusted dose is distinct from previous studies, and addresses the inter- and intra-individual variability associated with oral or smoked  $\Delta^9$ -THC. The use of multiple doses allows for establishing a dose-response relationship. The inclusion of subjects with little exposure to cannabis is distinct from previous studies, and this allows one to characterize  $\Delta^9$ -THC effects in the absence of any exposure-related tolerance of CB1R function. Furthermore, in contrast to previous studies, this study did not include any heavy users of cannabis, a group who generally show blunted responses to the acute effects of  $\Delta^9$ -THC. In terms of limitations, this study was not designed to discriminate the contributions of tolerance and innate differences to the group differences observed. Also, as subjects did not respond to the novel stimuli in any way, it was impossible to directly determine whether novelty-processing speed was affected by  $\Delta^9$ -THC.

In summary, this study revealed dose-dependent effects of  $\Delta^9$ -THC on ERP correlates of attention to novelty, stimulus detection, and working memory (the P300a/b), but not early sensory processes (ie, the N100). The results also confirm dose-dependent effects of  $\Delta^9$ -THC on psychotomimetic effects, perceptual alterations, and subjective 'high', as reported previously by our group. Exploratory analyses examining the magnitude of recent cannabis exposure revealed a differential pattern of outcomes on the behavioral assessments, but not the ERP measures. Taken together, these data suggest that cannabinoid agonists may disrupt cortical processes responsible for context updating and the automatic orientation of attention, while leaving processing speed and earlier sensory ERP components intact.

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#### DISCLOSURE

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Supplementary Information accompanies the paper on the Neuropsychopharmacology website (http://www.nature.com/npp)