

# Diffusion-weighted imaging characteristics of biopsy-proven demyelinating brain lesions

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## ABSTRACT

**Objectives:** To describe lesional diffusion-weighted imaging characteristics in a cohort of patients with biopsy-proven CNS inflammatory demyelinating disease (IDD) and compare diffusion characteristics of ring-enhancing CNS IDD lesions vs abscesses and tumors.

**Methods:** Forty prebiopsy apparent diffusion coefficient (ADC) maps were reviewed from 30 patients with CNS IDD. Lesions were analyzed for size, T2-weighted (T2W) hypointense rim, enhancement, and ADC pattern. ADC patterns of CNS IDD ring-enhancing lesions were compared with a published cohort of 35 patients with ring-enhancing tumors and abscesses.

**Results:** IDD lesions displayed a spectrum of peripheral ADC patterns at the lesion edge: restricted diffusion (low ADC), 33%; increased diffusion (high ADC), 60%; and normal diffusion (homogeneously isointense), 7%. Of biopsied lesions, 93% enhanced (ring, 52%; heterogeneous, 34%; homogeneous, 7%). A hypointense T2W rim was observed in 53%. A ring pattern on ADC (isointense or dark) was associated with T2W hypointense rims ( $p = 0.02$ ) but not with ring enhancement. On serial imaging, 4 of 7 (57%) patients demonstrated changes in ADC patterns. Peripheral restriction was more common in IDD ( $p = 0.006$ ) than in tumors or abscesses, whereas central restriction was only observed in abscesses. Restricted lesions in the same stage were more common in the non-IDD cohort (42% vs 20%), with a uniform restricted pattern seen only in abscesses.

**Conclusions:** In ring-enhancing lesions, peripheral diffusion restriction is more common in IDD than in tumors/abscesses, whereas central restriction is more common among abscesses. Rapid ADC pattern changes in IDD probably reflect dynamic lesion evolution and may distinguish IDD from tumors. *Neurology*® 2012;78:1655-1662

## GLOSSARY

**ADC** = apparent diffusion coefficient; **BCS** = Baló concentric sclerosis; **DWI** = diffusion-weighted imaging; **EDSS** = Expanded Disability Status Scale; **IDD** = inflammatory demyelinating disease; **IQR** = interquartile range; **MS** = multiple sclerosis; **T2W** = T2-weighted.

Large or ring-enhancing demyelinating lesions may mimic neoplasms, abscesses, or ischemic strokes on conventional MRI and thus pose considerable diagnostic challenges.<sup>1,2</sup> New MRI techniques, such as diffusion-weighted imaging (DWI), may increase pathologic specificity and help differentiate demyelinating lesions from alternative pathologic conditions.<sup>3-8</sup>

The DWI characteristics of acute demyelinating lesions are not well described, and a spectrum of changes has been reported. Radiologic studies have shown that the center of ring-enhancing lesions has increased diffusion compared with the enhancing edge, which can display restricted diffusion.<sup>9,10</sup> A small study of 5 patients with acute CNS inflammatory demyelinating disease (IDD) found increased diffusion in their lesions,<sup>11</sup> whereas multiple case reports have described restricted diffusion. Restricted diffusion in a concentric band surrounding a central nidus of facilitated diffusion has been described in Baló concentric sclerosis

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Supplemental Data



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(BCS).<sup>12–15</sup> Diffusion is usually facilitated in primary neoplasms, although high-grade tumors, metastasis, and lymphomas can have restricted diffusion.<sup>7,16–18</sup> Intracerebral abscesses usually have restricted diffusion centrally.<sup>19,20</sup>

Larger scale DWI studies of pathologically characterized acute demyelinating lesions are lacking. The objectives of our study were 1) to describe diffusion imaging characteristics in a cohort of biopsy-proven acute CNS IDD and assess associations between ADC characteristics and clinical variables, 2) to describe changes in diffusion imaging characteristics on serial imaging, and 3) to compare diffusion imaging characteristics of CNS IDD with those of abscesses and primary and metastatic brain tumors.

**METHODS Standard protocol approvals, registrations, and patient consents.** All patients gave written informed consent to participate in this study, which was approved by the Mayo Clinic Institutional Review Board.

**CNS IDD cohort.** This study is a retrospective review of MRI and clinical data from patients with biopsy-proven CNS IDD. Inclusion criteria were the following: 1) brain biopsy as part of diagnostic evaluation; 2) one or more brain diffusion-weighted MRI studies including ADC maps performed <3 months before biopsy; and 3) CNS IDD confirmed by a neuropathologist. We excluded patients with neoplasms, infection, and vascular or other nondemyelinating inflammatory disease as well as patients with a prior history of brain irradiation. Furthermore, we also excluded patients with acute disseminated encephalomyelitis defined based on pathologic criteria<sup>21</sup> and neuromyelitis optica based on clinical criteria.<sup>22</sup>

Thirty patients from the MS Lesion Project database ( $n = 780$ ) at Mayo Clinic met the inclusion criteria. Twenty-three patients had one study, and 7 had multiple prebiopsy MRIs. In cross-sectional analysis, we analyzed the MRI results nearest to the biopsy date.

**Clinical material.** Clinical information was obtained via medical record review, personal interview, patient letter or telephone contact, and family or physician contact. Birth date, gender, date of symptom onset, date of index attack (attack leading to biopsy), index attack symptoms, estimated Expanded Disability Status Scale (EDSS) score at index attack, date of last follow-up, and EDSS score at last follow-up were reported. The clinical course at the time of biopsy and at the last follow-up was categorized as first demyelinating event, monophasic, relapsing remitting, secondary progressive, primary progressive, or uncertain. Patients were classified at the last follow-up as having either definite (by Poser or McDonald criteria) or probable (by Poser criteria) multiple sclerosis (MS) or a clinically isolated syndrome.

**Radiographic material.** A single rater, blinded to the clinical data, evaluated the MRI studies. Lesions identified on MRI were defined as either the index (biopsied) lesion or other enhancing (active) lesions. All enhancing lesions on brain MRI were ana-

lyzed for number, size, and qualitative ADC patterns. ADC patterns were divided into the following 3 groups:

1. Reduced/restricted diffusion present in any part of the lesion: (1A) homogeneously dark ADC map (homogeneous restriction); (1B) dark peripheral ADC ring/arc with bright center (peripheral restriction); and (1C) peripherally bright ADC map with dark center (central restriction).
2. Reduced/restricted diffusion not present in any part of the lesion, with increased/facilitated diffusion detected as: (2A) homogeneously bright ADC map (homogeneous facilitation); (2B) bright ring/arc ADC map surrounding isointense ADC ring/arc with bright center (central facilitation); and (2C) heterogeneously mixed bright/isointense ADC map (heterogeneous facilitation).
3. Reduced/restricted diffusion not present in any part of the lesion, with normal/neutral diffusion detected as homogeneously isointense ADC. In patients with serial DWI scans, the diffusion patterns were characterized as either stable or changed.

Lesions were also analyzed for the presence of T2-weighted (T2W) hypointense rims.<sup>23</sup> Enhancement patterns were defined as homogeneous (uniform enhancement), ring-like (peripheral ring or arc), or heterogeneous (variable/complex pattern).

**Comparative tumor and abscess cohort.** A comparison cohort from a previously published study evaluating ring-enhancing lesions by our team was used in this study.<sup>23</sup> The cohort included 13 abscesses, 14 primary brain tumors, and 8 cases of cerebral metastasis. Ring-enhancing lesions were analyzed for size, ADC patterns, and presence of a T2W rim.

**Statistics.** Statistical analysis describing clinical data and comparing clinical outcomes with radiographic features was limited to the 21 patients with clinical data. To increase representativeness and statistical power, data from all 30 patients were used to describe and make comparisons between various radiographic features. To maintain statistical independence among observations, we analyzed findings at the patient level rather than at the lesion level.

We report counts and proportions for categorical variables and median, ranges, and interquartile ranges (IQRs) for numeric variables. When examining the association between 2 categorical variables we used the Fisher exact test. When examining the association between a binary categorical variable and a numeric variable, we used a two-sample Wilcoxon rank sum test. All tests were 2 sided. Because this analysis is primarily descriptive, we did not adjust our  $p$  values for multiple comparisons.<sup>24,25</sup> However, we report  $p$  values to several digits to allow for Bonferroni-type corrections if desired. Data manipulation was performed using SAS 9.1 (SAS Institute, Cary, NC), whereas analyses were performed using R 2.8.1 (R Foundation for Statistical Computing, Vienna, Austria).

**RESULTS Demographics and cross-sectional clinical characteristics of the biopsied cohort.** Clinical data were available for 21 of 30 patients (table 1). Median age was 40 years. Symptoms at presentation in decreasing frequency were cerebellar, motor, or cognitive; most patients (15 of 21, 71%) had polysymptomatic presentations. The index attack leading to biopsy was the first attack in 13 of 21 (62%), preceded by other attacks in 7 of 21 (33%), and indeterminate in 1 of 21 (5%). At the

**Table 1** Demographic and prebiopsy MRI characteristics of CNS inflammatory demyelinating disease cohort

Characteristic	Summary
Gender ratio (female:male)	14:16
Age at DW MRI, y, median (range)	40 (16–73)
Symptoms at index attack, n (%) <sup>a,b</sup>	
Cognitive	10 (48)
Cerebellar	9 (43)
Motor	8 (38)
Brainstem	6 (29)
Visual field	4 (19)
Other	3 (14)
Duration, median (range)	
Index attack to prebiopsy DW MRI	23 d (2 d–106 d)
DW MRI to last follow-up	1.1 y (9 d–3.1 y)
Index attack onset to last follow-up	1.3 y (32 d–3.1 y)
Disease onset to last follow-up	1.5 y (32 d–4.1 y)
EDSS score, median (IQR) [maximum]	
At time of index attack	3 (3–8) [10]
At last follow-up	3 (1–4) [10]
Clinical course before biopsy, n (%) <sup>b</sup>	
First episode	13 (62)
Relapsing remitting	7 (33)
Unknown	1 (5)
Diagnosis at last follow-up, n (%) <sup>b</sup>	
Definite MS	11 (52)
Isolated demyelinating syndrome	8 (38)
Uncertain/other	2 (10)
Index/biopsied lesion size, n (%)	
0.3–2 cm	7 (23)
2.1–5 cm	17 (57)
>5 cm	6 (20)
Index lesion T1/T2 pattern, n (%)	
T2 hypointense rim	16 (53)
T1 hypointensity <sup>a</sup>	23 (79)
Index/biopsied lesion ADC pattern, n (%)	
Restricted diffusion in any part of the lesion	
Dark ring/arc	9 (30)
Homogeneously dark	1 (3)
No restriction/facilitated diffusion	
Homogeneously bright	10 (33)
Bright/isointense	4 (13)
Isointense ring	4 (13)
No restriction/normal diffusion	
Homogeneously isointense	2 (7)
Any pattern with restriction on ADC, n (%)	10 (33)
Any pattern with ring/arc on ADC, n (%)	12 (40)

—Continued

last follow-up, 11 of 21 (52%) had definite relapsing-remitting MS, and 8 of 21 (38%) had clinically isolated syndrome. The median duration from disease onset to the last follow-up was 1.5 years. Median EDSS score at the index attack was 3.0 (IQR 3.0–8.0) and at the last follow-up was also 3.0 (IQR 1.0–4.0).

**Cross-sectional radiographic characteristics of the biopsied cohort.** The median duration between index attack to prebiopsy MRI date was 23 days (range 2–106 days). Table 1 summarizes the prebiopsy MRI characteristics. Median index lesion size was 2.8 cm (range 0.8–8.2 cm), with 7 of 30 (57%) lesions ranging between 2.1 and 5 cm, 17 of 30 (23%) ≤2 cm, and 6 of 40 (20%) >5 cm. A hypointense T2W rim was observed in 16 of 30 (53%) index lesions, and 27 of 29 (93%) index lesions demonstrated gadolinium enhancement. Ring or arc-like enhancement was the most frequent (15 of 29 [52%]); heterogeneous enhancement was seen in 10 of 29 (34%) and 2 of 29 (7%) demonstrated homogeneous enhancement. Other, nonindex, enhancing lesions were present in 15 of 29 (52%) patients.

Index lesions demonstrated a variety of ADC patterns as illustrated in table 1 and figure e-1 on the *Neurology*<sup>®</sup> Web site at [www.neurology.org](http://www.neurology.org). Restricted diffusion in any part of the lesion was seen in 10 of 30 (33%) patients. In this subcohort of 10 patients, with the exception of one patient who demonstrated homogeneous restriction (figure 1C), peripheral restriction with a partial (n = 6) (figure 1A) or complete dark ring (n = 3) surrounding a bright center was demonstrated. Among these 9 patients, a unique Baló-like pattern of concentric rings (figure 1, D–F) was seen in 5 patients, whereas 4 patients had a dark ring/arc ADC pattern.

Restriction was present in a single lesion in 8 of 10 (80%) patients and in multiple lesions in 2 of 10 (20%) patients, with one having 3 and the other 5 restricted lesions. Neither of the patients with multiple restricted lesions showed the same ADC pattern in all lesions.

Restricted diffusion was not present in 18 of 30 (60%) patients. The most common ADC pattern was homogeneously facilitated (10 of 30, 33%). Other patterns included central facilitation with isointense peripheral ring (figure 1B) in 4 of 30 (13%) patients and heterogeneous facilitation in 4 of 30 (13%) patients. A homogeneously isointense ADC pattern was seen in 2 of 30 (7%) of patients.

**Cross-sectional clinical/radiographic and radiographic/radiographic associations.** Restricted diffusion on ADC was associated with a higher EDSS score at index attack (median EDSS 8.2 vs 3.0; *p* = 0.04). An ADC

**Table 1** Continued

Characteristic	Summary
Index/biopsied lesion enhancement pattern, n (%) <sup>c</sup>	
Ring/arc	15 (52)
Heterogeneous	10 (34)
Homogeneous	2 (7)
None	2 (7)
Other enhancing lesions <sup>c</sup>	
Present	15 (52)
No. present, median (range)	5 (1-40)
Restriction on ADC in multiple lesions	
Present	2 (7)
No. present, median (range)	4 (3-5)

Abbreviations: ADC = apparent diffusion coefficient; DW = diffusion weighted; EDSS = Expanded Disability Status Scale; IQR = interquartile range; MS = multiple sclerosis.

<sup>a</sup> 15 of 21 patients had multiple symptoms.

<sup>b</sup> Among 21 patients with full clinical data available.

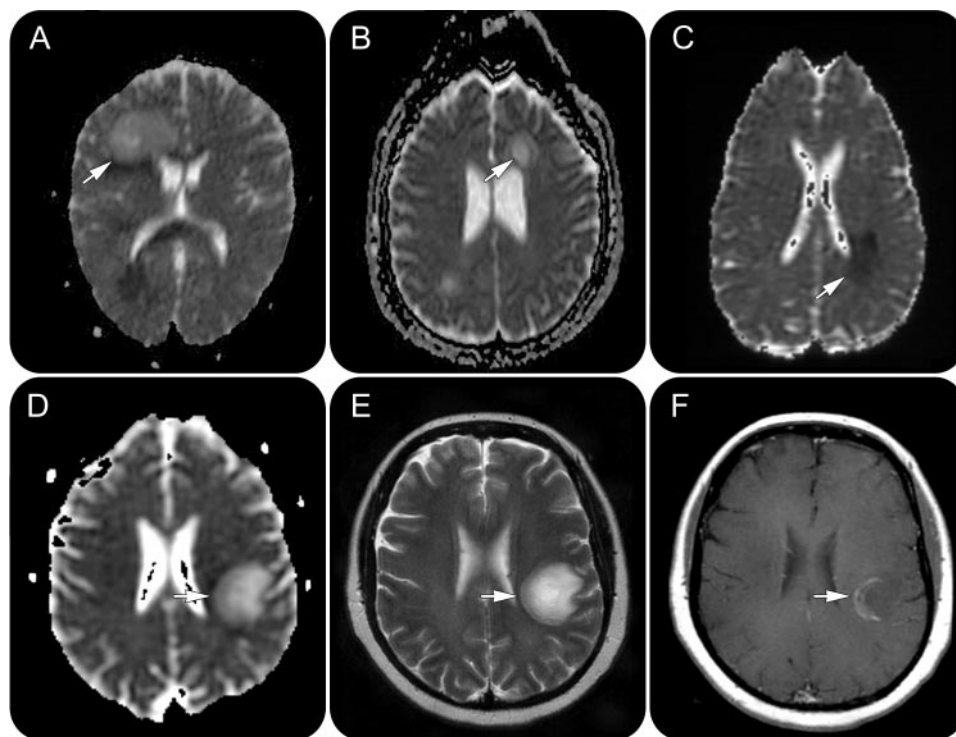
<sup>c</sup> Among 29 patients with T1-weighted MRI.

ring/arc pattern (dark ring or isointense ring) was associated with the presence of a T2W hypointense rim ( $p = 0.02$ ) but not with the presence of a ring/

arc enhancing pattern ( $p = 0.13$ ) (figure 1, D and E). There was no association between a dark ring/arc ADC pattern and the presence of a T2 hypointense rim ( $p = 0.21$ ). There was no association between time from index attack to MRI and the presence of restricted diffusion ( $p = 0.92$ ).

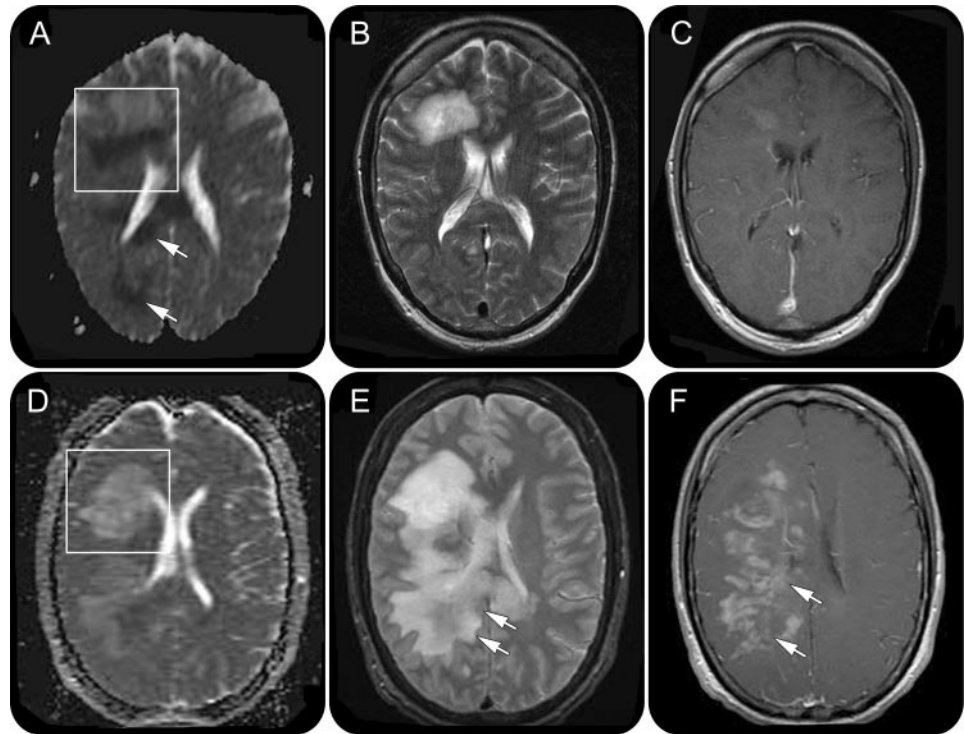
**Longitudinal clinical and radiographic characteristics of the cohort.** Clinical data were available for 6 of the 7 patients with serial prebiopsy MRIs. Four of 7 patients demonstrated a change in index lesion ADC pattern over a median of 18 days (range 3–42) (figure 2). Figure e-2 summarizes the radiographic and clinical changes over time; in 3 of 5 patients with neurologic decline, the index lesion evolved from a homogeneously facilitated to a dark/isointense ring ADC pattern reflecting reduced diffusion at the edge of the lesion. The only patient with clinical improvement was characterized by a decrease in index lesion size, corresponding with index lesion evolution from an isointense ring to a homogeneously facilitated ADC pattern, reflecting increased diffusion at the edge of the lesion.

**Figure 1** Prebiopsy CNS inflammatory demyelinating disease MRIs demonstrating the spectrum of apparent diffusion coefficient (ADC) patterns



(A) Dark ring/arc pattern with a partial ring of peripherally restricted diffusion surrounding a bright facilitated center. Other regions demonstrate restricted diffusion. (B) Isointense ring pattern with an isointense ring of peripherally normal diffusion surrounding a bright, facilitated center. (C) Homogeneously dark pattern with dark signal throughout the lesion. (D-F) Case of Baló concentric sclerosis. (D) ADC demonstrates a dark arc of restricted diffusion at the periphery of the lesion. (E) T2-weighted (T2W) image of the same patient showing colocalization of the ADC arc with a T2W dark ring/arc. In addition, numerous concentric T2W hypointense rings are apparent. (F) T1-weighted image with gadolinium shows the corresponding concentric arc enhancement pattern.

**Figure 2** Evolution of apparent diffusion coefficient (ADC) pattern on prebiopsy serial MRI scans over a 12-day interval in a patient with CNS inflammatory demyelinating disease



(A and D) Boxed region on the ADC map demonstrates the change in the ADC pattern of the index lesion from a dark arc (A) to a bright/isointense (D) pattern. In addition, arrows (A) indicate areas of restricted diffusion extending beyond the index/biopsied lesion on the initial MRI scan. (B and E) Regions of restricted diffusion observed in A are not initially associated with T2-weighted signal abnormalities (B) until the subsequent MRI (E, arrows). (C and F) Similarly, gadolinium enhancement develops in the previous areas of restricted diffusion, 12 days later (F, arrows).

**Demographics and radiographic characteristics of the tumor and abscess cohort.** Table 2 summarizes the tumor and abscess cohort. The index (biopsied or largest) lesion size was  $\leq 2$  cm in 13 of 35 (37%), 2.1–5 cm in 16 of 35 (46%), and  $>5$  cm in 6 of 35 patients (17%), with none of the abscesses exceeding a size  $>5$  cm. A hypointense T2W rim was present in 27 of 35 (77%) lesions.

The index lesion displayed a spectrum of ADC patterns with restricted diffusion in any part of the lesion in 11 of 35 (31%) patients. The most common restricted ADC pattern was central restriction in 10 of 35 (29%) patients, with a dark center and bright periphery (figure e-3A). This pattern was seen only among the abscess group and never among patients with IDD. The only other restricted ADC pattern observed was characterized by peripheral restriction seen in a single case of metastatic disease (3%). Among patients with no diffusion restriction, an ADC pattern of either homogeneous or heterogeneous facilitation was observed in 12 of 20 (60%). An isointense/normal center surrounded by bright/facilitated ring was present in one patient with glioma (3%). No patients displayed an isointense ring pattern. Diffusion was normal in one patient (3%).

Other ring-enhancing lesions (figure e-3C) were present in 12 of 35 patients (34%; median 1; range 1–40). Five of 11 patients with restricted diffusion had multiple restricted lesions; all 5 were patients with abscesses, with a uniform low ADC lesion center (figure e-3A).

**Comparative analysis among CNS IDD, tumor, and abscess cohorts.** Comparative analysis was restricted to 19 patients with IDD with ring enhancement (table 3). The abscess cohort was more likely than the IDD cohort to show restriction in any ring-enhancing lesion (77% vs 32%;  $p = 0.03$ ). Most importantly, 10 of 13 lesions in the abscess cohort displayed a restricted ADC center and bright periphery; this was never observed among patients with IDD. In contrast, a dark ring on ADC was significantly more common in the IDD cohort than in the tumor/abscess cohort (32% vs 3%;  $p = 0.006$ ) (figure e-3B). Although a dark ring ADC pattern was also observed in a single patient with metastasis, a colocalization of a dark ring on ADC and the presence of a T2W hypointense rim was only observed in the patients with IDD (figure 1, D and E).

**Table 2** Demographic and MRI characteristics of the comparative tumor and abscess cohort

Patient characteristic	All (n = 35)	Intracerebral abscess (n = 13)	Glioma (n = 14)	Metastasis (n = 8)
Gender ratio (female:male)	15:20	4:9	6:8	5:3
Age at DW MRI, y, median (range)	59 (14-87)	49 (24-73)	64 (14-87)	65 (49-84)
Index/biopsied lesion size, n (%)				
0.3-2 cm	13 (37)	6 (46)	1 (7)	6 (75)
2.1-5 cm	16 (46)	7 (54)	8 (57)	1 (12.5)
>5 cm	6 (17)	0	5 (36)	1 (12.5)
Index/biopsied lesion ADC pattern, n (%)				
Restricted diffusion present				
Bright ring/dark center	10 (29)	10 (77)	0	0
Dark ring/arc	1 (3)	0	0	1 (12.5)
No restriction/facilitated diffusion				
Bright	11 (31)	2 (15)	4 (29)	5 (63)
Isointense/bright	11 (31)	1 (8)	9 (64)	1 (12.5)
Bright ring/isointense center	1 (3)	0	1 (7)	0
No restriction/normal diffusion				
Homogeneously isointense	1 (3)	0	0	1 (12.5)
Any pattern with restriction on ADC for biopsied or other enhancing lesion, n (%)	12 (34)	8 (62)	1 (7)	1 (12.5)
Dark ring on ADC for biopsied or other enhancing lesion, n (%)	1 (3)	0	0	1 (12.5)
Nonbiopsied ring-enhancing lesions present, n (%)	12 (34)	8 (62)	1 (7)	3 (37.5)
No. of ring-enhancing lesions, median (range)	1 (1-41)	2 (1-41)	1 (1-3)	1 (1-4)
Restriction on ADC in multiple lesions				
Present	5 (14)	5 (38)	0	0
No. present, median (range)	1 (1-41)	1.5 (1-41)		

Abbreviations: ADC = apparent diffusion coefficient; DW = diffusion weighted.

**DISCUSSION** Our results demonstrate that ADC maps can be useful tools in differentiating challenging acute demyelinating brain lesions from alternative etiologies. Approximately one-third of IDD lesions in our study demonstrated restricted diffusion, most commonly as an ADC dark arc or ring at

the lesion edge. Such peripheral diffusion restriction was significantly more common in ring-enhancing IDD lesions than in tumors and abscesses. Although we did not include strokes in our comparative cohort, the presence of peripheral restriction has not been reported in infarcts: typically, diffusion restriction is found

**Table 3** Comparison of the diffusion-weighted imaging characteristics of acute ring enhancing lesions in CNS IDD vs intracerebral abscesses vs CNS gliomas/metastasis

Patient characteristic	CNS IDD with gadolinium-enhancing rings (n = 19)	Intracerebral abscess (n = 13)	CNS glioma/metastasis (n = 22)
ADC restriction present, n (%)	6/19 (32)	10/13 (77)	1/22 (5)
Most common ADC restriction pattern on biopsied lesion	Peripheral	Central	Not applicable
Presence of multiple lesions with diffusion restriction, n (%)	2/19 (11)	5/13 (38)	0
Homogeneity of restriction characteristics across multiple lesions	Unlikely (0 of 13)	Very common (7 of 8, 88%)	Not applicable
Possible etiology of diffusion restriction	Inflammation or preischemic conditioning at lesion edge	Presence of pus or viscous proteinaceous material at the center of the lesion	High tumor cellularity or presence of highly viscous proteinaceous material such as mucin

Abbreviations: ADC = apparent diffusion coefficient; IDD = inflammatory demyelinating disease; T1W = T1 weighted.

throughout the ischemic tissue, with the lowest ADC values detected at the infarct core.<sup>26–28</sup>

The presence of peripheral restricted diffusion in acute demyelinating lesions may be due to intramyelinic edema or myelin vacuolation, which has been reported in toxic demyelination and some inborn errors of metabolism.<sup>29</sup> Alternatively, myelin breakdown may reduce water movement in the extracellular space because of reduced fiber tract organization. Another potential mechanism is the presence of a hypercellular inflammatory infiltrate at the edge of acute demyelinating lesions or the presence of iron-laden macrophages, which can result in an overall lack of DWI signal because of very rapid T2\* relaxation, as also seen in macrophages in the center of abscesses.<sup>7,10,30,31</sup> If ADC restriction in MS was universally caused by the presence of macrophages, then T2 hypointense rims/arcs and ADC hypointense rims/arcs would have had a strong and significant correlation, which was not demonstrated in our study.

An arc or ring of ADC restriction has also been reported in Baló-like lesions.<sup>14,15,32</sup> These lesions are characterized by the presence of a concentric ring pattern on MRI and histology.<sup>33,34</sup> A pathologic study of 14 patients suggested that the concentric layering in BCS may be due to ischemic preconditioning, because increased expression of hypoxia markers in oligodendrocytes is also present (i.e., hypoxia-inducible factor 1 $\alpha$  and heat shock protein 70).<sup>35</sup> Such hypoxic changes could account for the diffusion restriction seen at the BCS lesion edge. Five patients in our study demonstrated a concentric ring pattern (figure 2, D–F), and all had restricted diffusion. In addition, 3 patients demonstrated expansion of diffusion restriction to areas that initially appeared normal but subsequently developed abnormal T2 signal and/or enhancement. Diffusion restriction preceding T2W signal abnormality has been reported in several cases of BCS.<sup>15,32</sup>

A second component of ADC pattern analysis is the behavior of multiple lesions within the same patient at the same time point: in CNS IDD, variable ADC patterns were observed, representing different stages of lesion evolution, with none of the patients displaying the same pattern in all lesions. In contrast, the abscess group demonstrated homogeneity, probably as a result of hematogenous spread. A third component of ADC pattern analysis relates to temporal evolution: the IDD cohort demonstrated rapid changes in ADC patterns on serial studies. Although serial analysis was not performed in the comparative cohort, such rapid changes would not be expected in a neoplastic process.

An important clinical association was demonstrated between index attack disability and the pres-

ence of restricted diffusion in the index/biopsied lesion. This could potentially reflect a greater extent of inflammation and/or tissue damage leading to restriction in water diffusion, resulting in more severe clinical deficits.

Limitations of this study include its retrospective nature and relatively small sample size. In addition, clinical disability was not assessed on the day of the scan, but was estimated; clinical outcome was known only for a subgroup of patients. In addition, because studies were done at a variety of institutions and the diffusion parameters were therefore not standardized, diffusion data could only be analyzed qualitatively. Finally, only cross-sectional analysis was available for the comparative cohort.

Future prospective longitudinal standardized DWI studies of acute demyelinating lesions may yield valuable information regarding their pathogenesis and temporal evolution. In addition, DWI could have a role in the differential diagnosis of ring-enhancing lesions, potentially obviating the need for biopsy in some cases.

## AUTHOR CONTRIBUTIONS

Dr. Abou Zeid: study concept or design, acquisition of data, analysis of data, statistical analysis, drafting/revising the manuscript. Dr. Pirko: drafting/revising the manuscript, analysis of data. Dr. B. Erickson: study concept or design, acquisition of data, analysis of data. S.D. Weigand: study concept or design, acquisition of data, analysis of data, statistical analysis. K.M. Thomsen: study concept or design, acquisition of data, analysis of data, statistical analysis. Dr. Scheithauer: study concept or design, acquisition of data, analysis of data, statistical analysis. Dr. Parisi: acquisition of data, analysis of data. Dr. Giannini: acquisition of data, analysis of data. L. Linbo: acquisition of data. Dr. Lucchinetti: study concept or design, acquisition of data, analysis of data, statistical analysis, study supervision, obtaining funding, drafting/revising the manuscript.

## DISCLOSURE

The authors report no disclosures relevant to the manuscript. **Go to [Neurology.org](http://Neurology.org) for full disclosures.**

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