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Regulation of the surface expression of $\alpha 4\beta 2\delta$ GABA_A receptors by high efficacy states

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Abstract

$\alpha 4\beta 2\delta$ GABA_A receptors (GABARs) have low CNS expression, but their expression is increased by 48 h exposure to the neurosteroid THP (3 α -OH-5 α [β]-pregnan-20-one). THP also increases the efficacy of δ -containing GABARs acutely, where GABA is a partial agonist. Thus, we examined effects of THP (100 nM) and full GABA agonists at $\alpha 4\beta 2\delta$ (gaboxadol, 10 μ M, and β -alanine, 10 μ M – 1 mM), on surface expression of $\alpha 4\beta 2\delta$. To this end, we used an $\alpha 4$ construct tagged with a 3XFLAG (F) epitope or measured expression of native $\alpha 4$ and δ . HEK-293 cells or cultured hippocampal neurons were transfected with $\alpha 4\beta 2\delta$ and treated 24 h later with GABA agonists, THP, GABA plus THP or vehicle (0.01% DMSO) for 0.5 h – 48 h. Immunocytochemistry was performed under both non-permeabilized and permeabilized conditions to detect surface and intracellular labeling, respectively, using confocal microscopy. The high efficacy agonists and GABA (1 or 10 μ M) plus THP increased $\alpha 4\beta 2\delta$ surface expression up to 3-fold after 48 h, an effect first seen by 0.5 h. This effect was not dependent upon the polarity of GABAergic current, although expression was increased by KCC2. Intracellular labeling was decreased while functional expression was confirmed by whole cell patch clamp recordings of responses to GABA agonists. GABA plus THP treatment did not alter the rate of receptor removal from the surface membrane, suggesting that THP-induced $\alpha 4\beta 2\delta$ expression is likely via receptor insertion. Surface expression of $\alpha 4\beta 2\delta$ was decreased by rottlerin (10 μ M), suggesting a role for PKC- δ . These results suggest that trafficking of $\alpha 4\beta 2\delta$ GABARs is regulated by high efficacy states.

Keywords

$\alpha 4$; δ ; GABA_A receptor; trafficking; pregnanolone; β -alanine; KCC2

1. Introduction

The ligand-gated GABA_A receptor (GABAR) is responsible for most inhibition in the CNS (Olsen and Sieghart, 2009). This receptor is a pentameric membrane protein which gates a Cl⁻ conductance, and is generally of the form 2 α , 2 β and 1 γ (Chang et al., 1990) although

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Conflict of interest statement

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many subtypes exist from a pool of 6α , 3β , 3γ , δ , ϵ , π , ρ and θ . The remarkable diversity of the properties associated with the various receptor subtypes provides a basis for the selective expression of particular subtypes in a region or function-specific manner. In particular, receptors containing the δ subunit have relatively low expression in the CNS (Pirker et al., 2000; Wisden et al., 1992) but display a high degree of plasticity (Shen and Smith, 2009). These receptors express at extrasynaptic locations (Wei et al., 2003) and generate a tonic current (Stell and Mody, 2002) in response to ambient levels of GABA ($\sim 1 \mu\text{M}$) (Wu et al., 2001). The tonic inhibitory current has been shown to generate more current (i.e., total charge transfer) than the phasic inhibitory synaptic current (Bai et al., 2000), suggesting that regulating the tonic inhibitory current may be an efficient mechanism to reduce neuronal excitability.

One trigger for altered expression of $\alpha 4\beta\delta$ GABAR is exposure to the neurosteroid THP (3 α -OH-5 $[\alpha]$ β -pregnan-20-one or [allo]pregnanolone), a metabolite of the ovarian steroid progesterone (Compagnone and Mellon, 2000) which can also be formed directly in hippocampal pyramidal cells from cholesterol (Agis-Balboa et al., 2006). Levels of this steroid fluctuate across the ovarian cycle, pregnancy and at the onset of puberty (Compagnone and Mellon, 2000; Shen et al., 2007) and are also increased by sustained stress (Girdler et al., 2001; Higashi et al., 2005; Purdy et al., 1991). In vivo administration of this steroid to female rats increases hippocampal expression of $\alpha 4$ and δ subunits by 2 to 3-fold above control levels after 48 h (Shen et al., 2005), accompanied by increases in the tonic inhibitory current. The naturally occurring fluctuations in this steroid also alter expression of $\alpha 4\beta\delta$ GABAR in a number of CNS sites, including CA1 hippocampus, dentate gyrus and the midbrain central grey (Lovick et al., 2005; Maguire et al., 2005; Maguire and Mody, 2009; Sanna et al., 2009; Shen et al., 2007; Shen et al., 2010). Alterations in expression of this receptor by fluctuating steroid levels, either endogenous or exogenously administered (Smith et al., 2006), can be associated with alterations in anxiety behavior, panic responses and seizure susceptibility, suggesting that this receptor may play a role in certain neuropsychological pathologies. Despite this *in vivo* evidence of neurosteroid regulation of $\alpha 4\beta\delta$ GABAR expression, however, little is known of the cellular mechanisms which underlie these changes in expression. Although recent studies have shown that brain-derived neurotrophic factor (BDNF) (Joshi and Kapur, 2009) and protein kinase C (PKC)-induced phosphorylation (Abramian et al., 2010) increase δ and $\alpha 4$ expression, respectively, the mechanism by which THP alters surface expression of these receptors is not known.

Recent studies have shown that GABA can increase trafficking of $\alpha 1\beta 2\gamma 2$ GABARs to the cell membrane (Eshaq et al., 2010). $\alpha 4\beta\delta$ GABARs have a unique pharmacological profile, however, different from $\alpha 1\beta 2\gamma 2$ GABARs. Although they have a high sensitivity to GABA ($\text{EC}_{50}=0.5 \mu\text{M}$) (Brown et al., 2002), GABA is a partial agonist at these receptors (Bianchi and Macdonald, 2003; Zhelezнова et al., 2008), unlike its effect at $\alpha 1\beta 2\gamma 2$ where it acts as a full agonist. However, δ -containing GABARs are the most sensitive target for THP (Belelli et al., 2002) and the related steroid THDOC (3 α ,21-dihydroxy-5 α -pregnan-20-one) (Brown et al., 2002; Wohlfarth et al., 2002), which are positive modulators at physiological concentrations. These steroids increase receptor efficacy (Bianchi and Macdonald, 2003; Zhelezнова et al., 2008), producing current greater than the maximal GABA-gated current by increasing long duration receptor channel openings. A number of high efficacy agonists for $\alpha 4\beta\delta$ GABARs have been reported, which include both synthetic (THIP or gaboxadol) (Brown et al., 2002) and endogenous (β -alanine (Bianchi and Macdonald, 2003) and taurine (Jia et al., 2008)) compounds. Thus, we initially tested the effect of THP in combination with GABA on cell surface expression of a FLAG-tagged $\alpha 4$ construct transfected with $\beta 2$ and δ in HEK-293 cells and cultured hippocampal neurons. We assessed receptor trafficking by employing a high expression CMV promoter and assessed surface receptor expression

under non-permeabilized conditions following expression of intracellular protein (Eshaq et al., 2010). This 3XFLAG tag on the C-terminus of $\alpha 4$ produces a highly visible signal when targeted with monoclonal anti-FLAG antibodies and a fluorescent secondary antibody (Hernan et al., 2000). Functional receptor expression was assessed with whole cell patch clamp recordings from transfected cells. These findings were compared with those obtained with high efficacy agonists and GABA itself in their effect on trafficking of $\alpha 4\beta\delta$ GABARs to the cell surface in order to determine whether steroid effects on expression of this receptor are due to increases in receptor efficacy.

Regulation of cell surface expression of $\alpha 4\beta\delta$ GABAR protein may either be due to an increase in receptor insertion or a reduction in receptor internalization and degradation. Recent studies have suggested that δ -containing GABARs have a greater stability in the membrane than $\gamma 2$ -containing GABARs, with a $\tau_{1/2}$ for internalization of hours versus minutes, respectively (Joshi and Kapur, 2009). Thus, regulation of receptor insertion rate may be a more likely mechanism for increasing cell surface expression. Our findings suggest that conditions which increase receptor efficacy increase expression of $\alpha 4\beta\delta$ GABARs, regardless of whether the steroid was present. These increases in receptor expression appear to be due to increased receptor insertion.

2. Results

2.1 The $\alpha 4(3XFLAG)\beta 2\delta$ GABAR displays functional expression in HEK-293 Cells

We initially characterized our novel 3XFLAG-tagged $\alpha 4$ ($\alpha 4F$) subunit via electrophysiological techniques comparing the GABA responses of $\alpha 4F$ to untagged $\alpha 4$ co-transfected with $\beta 2$ and δ cDNAs (Fig. 1A). To this end, whole cell voltage clamp recordings were used to determine responses to GABA (0.01 – 100 μM) of the two constructs expressed in HEK-293 cells in the presence of 1 μM ZnCl which inhibits current from binary receptors (Meera et al., 2011). In fact, concentration-response curves for $\alpha 4\beta 2\delta$ and $\alpha 4F\beta 2\delta$ were very similar with an EC_{50} (mean, 95% confidence limits) of 0.40 (0.125, 1.27) μM and 0.42 (0.122, 1.44) μM and Hill coefficients of 1.36 ± 0.15 and 1.38 ± 0.13 , respectively (Fig. 1A). $\alpha 4F\beta 2\delta$ also generated a maximum response to gaboxadol which was 30% greater than the maximal response to GABA (Fig. 1B), with an EC_{50} of 127 (28.3, 570) nM, consistent with other reports (Meera et al., 2011).

Western blot analysis of HEK-293 cells transfected with $\alpha 4F$ with $\beta 2$ and δ cDNAs was also performed to determine if the anti-FLAG antibody recognizes $\alpha 4$. To this end, membrane preparations were probed with either an anti- $\alpha 4$ or anti-FLAG antibody and revealed a band at 67kDa, the characteristic molecular size of $\alpha 4$ (Fig. 1C), in both cases.

Detectable specific immunoreactivity using mouse anti-FLAG antibody was only observed with $\alpha 4F\beta 2\delta$, but not with untagged $\alpha 4\beta 2\delta$ (Fig. 1D,E) suggesting that it is specific for the FLAG tag. In contrast to $\alpha 4\beta 2\delta$, expression of the binary receptors $\alpha 4\beta 2$ and $\alpha 4\delta$ was barely detectable visually (Fig. 1E, F). Staining with WGA (wheat-germ agglutinin) of unfixed, non-permeabilized, untransfected HEK-293 cells verifies that the integrity of the cell was not compromised during the staining procedure (Fig. 1H).

We also performed a control experiment to determine the rate of intracellular accumulation of $\alpha 4F\beta 2\delta$ protein after transfection. FLAG expression was detectable intracellularly at 24 h, but not at 3 h, after transfection. The protein was localized outside of the nucleus but not yet on the cell surface suggesting that this is the time required for transcription and translation (not shown).

2.2 The neurosteroid THP increases surface expression of $\alpha 4\beta 2\delta$ in HEK-293 cells when co-administered with GABA

48 h administration of THP has been shown to increase expression of $\alpha 4\beta 2\delta$ *in vivo* (Shen et al., 2005). Therefore, we tested whether this steroid, co-administered with GABA at concentrations of either 1 or 10 μM , would also increase expression of $\alpha 4\beta 2\delta$ in an *in vitro* expression system. To this end, we treated HEK-293 cells 24 h after transfection with 100 nM THP and/or GABA (1 or 10 μM) or vehicle alone (0.01% DMSO) for 48 h. In fact, GABA plus THP increased surface expression of $\alpha 4\beta 2\delta$ by 3-fold (166%, $P < 0.05$) compared to expression levels in vehicle-treated cells (Fig. 2 A, B). In contrast, expression levels after treatment of HEK-293 cells with GABA or THP alone did not increase receptor expression. In a separate experiment, expression levels of the receptor were compared in cells treated either with 1 μM or 10 μM GABA in addition to 100 nM THP for 48 h. Surface expression of $\alpha 4\beta 2\delta$ in the two groups was not significantly different (Fig. 2 C, D). Both conditions resulted in functional receptor expression, as revealed by whole cell patch clamp recordings. Mean values for GABA (100 nM)-gated current were 3.5-fold greater after GABA (1 μM) plus THP treatment and 5-fold greater after GABA (10 μM) plus THP treatment compared to vehicle treatment ($P < 0.05$) (Fig. 2 E, F). In this case, 48 h treatment with 10 μM GABA produced a significantly greater GABA response ($P < 0.001$) than 48 h treatment with 1 μM GABA. However, at higher concentrations of acutely applied GABA, the two 48 h treatment paradigms both produced significantly greater responses than observed in vehicle-treated cells, but which were not significantly different from each other.

2.3. Time-course of the surface expression of $\alpha 4\beta 2\delta$ following GABA plus THP exposure

Our lab has previously shown that significant increases in expression levels of $\alpha 4$ and δ are not detected in the CA1 hippocampus until 48–72 h of *in vivo* exposure to THP (Shen et al., 2005). To confirm that these increases are at the surface membrane and that they do not occur with shorter exposure times we examined the time-course of detectable expression of $\alpha 4\beta 2\delta$ expression following treatment of transfected HEK-293 cells with GABA (10 μM) plus THP (100 nM). Briefly, 24 h after transfection, cells were incubated for an additional 48 h with GABA plus THP or vehicle added for varying lengths of time: 0.25, 0.5, 24 or 48 h, which all terminated at the end of the 48 h period. At this time, cells were harvested, followed by immunostaining under non-permeabilized conditions. Across this 48 h period, the highest levels of receptor expression were noted at 48 h of GABA plus THP treatment, which produced nearly a 10-fold increase in FLAG immunostaining compared to vehicle ($P < 0.05$) (Fig. 3). However, significant increases (250%, $P < 0.05$) in surface expression of $\alpha 4\beta 2\delta$ first occurred after 30 min of GABA plus THP treatment compared to vehicle (Fig. 3B).

2.4. Full agonists increase surface expression of $\alpha 4\beta 2\delta$

Neurosteroids such as THDOC, a steroid related to THP, increase the efficacy of GABA current gated by δ -containing GABAR (Bianchi and Macdonald, 2003; Zheleznova et al., 2008), where GABA itself is a partial agonist (Brown et al., 2002). Therefore, we tested whether agonists with increased efficacy at $\alpha 4\beta 2\delta$, gaboxadol (Brown et al., 2002) and β -alanine (Bianchi and Macdonald, 2003), would also increase expression of the receptor. HEK-293 cells transfected with $\alpha 4\beta 2\delta$ were treated with vehicle (0.01% DMSO), 10 μM gaboxadol, or β -alanine (10 μM – 1 mM) for 48 h and analyzed immunocytochemically and electrophysiologically for $\alpha 4\beta 2\delta$ expression. 48 h treatment of cells with either gaboxadol or β -alanine increased cell surface expression by approximately two-fold (Fig. 4,5, A,B) compared to vehicle treatment ($P < 0.05$). This increase in FLAG labeling was representative of functional receptors because the peak current gated by acute application of gaboxadol (100 nM and 10 μM) in whole-cell patch clamp recordings was significantly

greater ($P < 0.05$) by 2- to 3-fold after 48 h treatment with gaboxadol or β -alanine compared to current recorded from vehicle-treated controls ($P < 0.05$, Figs. 4,5 C,D).

2.5. Levels of $\alpha 4\beta 2\delta$ in the ER decrease after exposure to GABA plus THP or gaboxadol

To address the possibility that the observed increases in cell surface receptor expression were due to trafficking of receptor to the surface in the ER pathway we measured intracellular levels of $\alpha 4\beta 2\delta$ in response to 48 h treatment of transfected HEK-293 cells with GABA plus THP or gaboxadol compared to vehicle. Calnexin was used as a marker for the ER. As predicted, the intracellular detection of $\alpha 4F$ with an anti-FLAG antibody was ~80% greater for vehicle-treated cells than for GABA plus THP or gaboxadol-treated cells ($P < 0.05$, Fig. 6). These results are inversely correlated with results from the cell surface expression study and suggest that 48 h treatment with GABA plus THP or gaboxadol promotes $\alpha 4\beta 2\delta$ trafficking out of the ER to the cell surface.

2.6. Surface expression of $\alpha 4\beta 2\delta$ increases in neurons after treatment with gaboxadol or GABA plus THP

Dissociated hippocampal cells were transfected with $\alpha 4F$, $\beta 2$ and δ cDNA after 8 d in culture and treated with either gaboxadol or GABA plus THP for 48 h. After administration of the primary antibody to probe for surface FLAG expression, neurons were permeabilized and fixed, and intracellular FLAG labeling was investigated in the same neurons. The findings in neurons substantiate the results in HEK-293 cells showing a 30- to 35-fold increase in surface labeling after 48 h treatment with gaboxadol or GABA plus THP ($P < 0.05$, Fig. 7). In contrast, surface $\alpha 4F$ labeling was almost undetectable in neurons treated with GABA or THP alone or vehicle. However, intracellular levels decreased as surface levels increased, such that intracellular FLAG labeling was highest in vehicle, GABA or THP-treated cells but almost undetectable in GABA plus THP and gaboxadol-treated cells ($P < 0.05$). In general, intracellular staining appeared to be localized to the cell soma, while surface staining was localized to the processes of the neurons rather than the somatic region. Zoomed images of merged channels show the level of surface and intracellular $\alpha 4\beta 2\delta$ receptor (Fig. 7).

2.7. Surface expression of native $\alpha 4$ and δ in neurons after gaboxadol treatment

To determine that overexpression of the subunits was not responsible for the increase in surface expression of $\alpha 4\beta 2\delta$ that we observed with high efficacy states, we immunostained untransfected, dissociated hippocampal neurons using primary antibodies for $\alpha 4$ and δ . Surface immunostaining for both $\alpha 4$ and δ increased 6-fold and 4-fold, respectively, after 48 h gaboxadol exposure (Fig. 7 C; $P < 0.0001$). In contrast, internal immunostaining was 60–100% greater for vehicle-treated neurons than observed after 48h treatment with gaboxadol ($P < 0.0001$). These findings suggest that high efficacy states increase surface expression of native $\alpha 4$ and δ GABAR subunits in a manner similar to the tagged, transfected receptor.

2.8. Acute gaboxadol responses of neurons treated 48 h with gaboxadol

Neurons transfected with $\alpha 4\beta 2\delta$ were first tested for the polarity of GABA-gated current 48 h after transfection. To this end, we recorded the response of neurons to 2 μ M gaboxadol using tight seal, cell-attached techniques (Perkins, 2006). The use of a high resistance seal (>1 G Ω) permits assessment of the polarity of the GABAergic current (Perkins, 2006). Gaboxadol produced an upward deflection (Fig. 8A), suggesting that GABA is depolarizing in these neurons. Neurons that were treated for 48 h with gaboxadol produced a significantly greater response to acutely applied gaboxadol across a concentration range, where the maximum response to gaboxadol was 2-fold greater than observed in vehicle-treated neurons ($P < 0.0001$) and the EC_{50} was reduced by almost 100-fold (75 (22.6, 248.2) nM vs.

6 (1.71, 21) μM , Vehicle, $P < 0.05$), consistent with an increase in δ -containing GABARs which have a higher sensitivity to gaboxadol than other GABAR sub-types (Brown et al., 2002; Meera et al., 2011). In addition, the ratio of the maximal gaboxadol response: the maximal GABA response was increased in 48 h gaboxadol-treated neurons (1.42 vs. 0.97, Vehicle, $P < 0.05$). Taken together, these findings support the immunocytochemistry data and suggest that 48 h exposure to gaboxadol increases the expression of functional $\alpha 4\text{F}\beta 2\delta$ receptors in neurons as it does in HEK-293 cells.

2.9. Reversal of the polarity of GABAergic current does not prevent increases in surface expression of $\alpha 4\text{F}\beta 2\delta$ by 48 h gaboxadol treatment

Because GABAergic current is hyperpolarizing in mature hippocampal pyramidal cells (Rivera et al., 1999), we created conditions to reverse the polarity of GABAergic current from depolarizing to hyperpolarizing. To this end, we co-transfected cDNA for KCC2 along with $\alpha 4\text{F}$, $\beta 2$ and δ 48 h before testing. KCC2 is the $\text{K}^+ - \text{Cl}^-$ co-transporter which produces hyperpolarizing GABAergic current because it maintains a low intracellular Cl^- concentration by extruding Cl^- (Payne, 1997). In addition, we incubated neurons for 48 h with 10 μM bumetanide which blocks NKCC1 (Payne, 1997), the $\text{Na}^+ - \text{K}^+ - \text{Cl}^-$ cotransporter which is responsible for the depolarizing nature of GABAergic current in immature neurons (Rivera et al., 1999). This procedure successfully reversed the polarity of Cl^- current, assessed by the voltage change in response to 2 μM gaboxadol, recorded with tight seal, cell-attached techniques in current clamp mode (Perkins, 2006), as described above. In this case the voltage response was a downward deflection (Fig. 9 Inset), reflecting a hyperpolarizing response to the GABA agonist. Interestingly, co-transfection of KCC2 with $\alpha 4\text{F}\beta 2\delta$ produced highly visible surface FLAG labeling, suggesting increased expression compared to neurons without KCC2. Administration of bumetanide to reverse the polarity of GABAergic current significantly reduced surface labeling by about 30% ($P < 0.05$, Fig. 9) compared to vehicle.

Under conditions of hyperpolarizing GABAergic responses, 48 h treatment of neurons with gaboxadol significantly increased cell surface expression (Fig. 9B,C) more than 2.5-fold compared to bumetanide-treated neurons (Fig. 9B). Intracellular staining intensity was not significantly different between groups, but the localization of staining differed (Fig. 9A). The gaboxadol treated group exhibited highly visible staining localized to both the soma and processes, whereas immunolabeling in the other groups was mostly localized to the soma.

The increased surface expression of $\alpha 4\text{F}\beta 2\delta$ observed after 48 h treatment with gaboxadol was also associated with an increased response of neurons to 100 nM gaboxadol (Fig. 9), which at this concentration is selective for δ -containing GABAR (Meera et al., 2011). Neurons were recorded using whole cell voltage clamp techniques in response to acutely applied 100 nM gaboxadol and 100 μM GABA, and the responses expressed as a ratio ($I_{\text{gaboxadol}}/I_{\text{GABA}}$) to reflect the population of δ -containing GABAR out of the total population. The $I_{\text{gaboxadol}}/I_{\text{GABA}}$ was 7-fold greater after 48 h gaboxadol treatment than in vehicle-treated neurons (Fig. 9), suggesting a significant ($P < 0.0001$) increase in functional $\alpha 4\text{F}\beta 2\delta$ receptors. These findings suggest that 48 h exposure to the high efficacy agonist gaboxadol increases expression of $\alpha 4\text{F}\beta 2\delta$ in neurons regardless of whether GABAergic current is depolarizing or hyperpolarizing.

2.10. Effect of GABA plus THP treatment on the rate of removal of $\alpha 4\text{F}\beta 2\delta$ GABARs from the surface membrane

Increased expression of $\alpha 4\text{F}\beta 2\delta$ GABARs induced by GABA plus THP treatment could be due either to increases in the rate of insertion of receptors into the membrane (Connolly et al., 1996; Kittler et al., 2000) or to decreases in the rate of receptor removal from the

membrane via endocytosis. Therefore, we examined the rate of receptor removal from the surface membrane in transfected HEK-293 cells treated either with GABA plus THP or vehicle for 48 h. To this end, we blocked receptor insertion for varying lengths of time (1, 3, 5 or 48 h) with application of botulinum toxin b (5 nM) (Schenk et al., 2003) and assessed surface labeling of $\alpha 4F$ using the immunofluorescence techniques described above. Results were plotted as a function of surface labeling versus time of exposure to botulinum toxin b, and the curve fitted with a single exponential decay function.

The time constant for the decrease in surface labeling of $\alpha 4F$ after blockade of receptor insertion was similar for both vehicle and GABA plus THP-treated cells (τ , 5.7 ± 0.64 h, Vehicle; τ , 5.71 ± 0.89 h, GABA + THP; $t(8) = 0.05$, $P = 0.9613$). These results suggest that the rate of receptor removal (likely involving endocytosis) is not altered by GABA+THP treatment, thereby suggesting that receptor removal is not the underlying mechanism for the increase in surface expression of the $\alpha 4F\beta 2\delta$ receptor produced by 48 h exposure to GABA +THP, but rather is likely due to an increased rate of receptor insertion into the cell membrane.

2.11. Rottlerin decreases $\alpha 4F$ surface labeling

Because recent reports have suggested that $\alpha 4\beta \delta$ GABARs co-localize with protein kinase C- δ (PKC- δ) (Messing et al., 2007), we tested its role in trafficking of $\alpha 4F\beta \delta$ GABARs with the use of rottlerin, which inhibits PKC- δ activity (Chew et al., 2011), administered for 1 or 48 h to HEK-293 cells transfected with $\alpha 4\beta 2\delta$ and treated with gaboxadol for 48 h. This PKC- δ inhibitor significantly ($P < 0.05$) reduced $\alpha 4F$ surface labeling by 1 h after administration, reaching peak reductions after 48 h, when surface labeling was decreased by more than 50% compared with gaboxadol treatment alone ($P < 0.05$). These findings suggest that PKC- δ plays a role in gaboxadol-mediated surface trafficking of $\alpha 4\beta 2\delta$ GABARs

3. Discussion

This study shows that cell surface expression of $\alpha 4F\beta \delta$ GABARs is increased by GABAR modulators and agonists which increase the efficacy of this receptor. 48 h exposure of HEK-293 cells or neurons to the neurosteroid THP along with GABA or to the GABA agonists gaboxadol and β -alanine produced significant increases in expression of $\alpha 4F\beta 2\delta$ GABARs, which were tightly correlated with increases in current gated by GABA agonists. Expression of native $\alpha 4$ and δ GABAR subunits was also increased by gaboxadol, suggesting that the effect of this high efficacy agonist does not depend upon overexpression of the receptor. In contrast, 48 h exposure to GABA alone, a partial agonist at these receptors, failed to increase cell surface expression of $\alpha 4\beta 2\delta$ GABARs. The mechanism for this steroid-induced increase in receptor expression is most likely via insertion of receptors in the cell membrane because the rate of disappearance of the receptor was not decreased when receptor insertion was blocked.

3.1. Relevance of GABA concentration

The 10 μM concentration of GABA used produces maximal current at $\alpha 4\beta 2\delta$ GABARs, which allowed us to directly test increases in efficacy with THP. However, THP used in combination with GABA at a 1 μM concentration was also effective and produced similar effects on receptor expression as 10 μM GABA. The 1 μM concentration of GABA is also physiologically relevant as it is believed to represent ambient levels of GABA (Wu et al., 2001) which would come into contact with extrasynaptic $\alpha 4\beta \delta$ GABARs. Subtle increases in gaboxadol-gated current were seen, however, after treatment with GABA(10 μM) plus THP compared to GABA(1 μM) plus THP suggesting that there may be some effect of GABA concentration on the expression of this receptor.

3.2. Time course of THP effects on $\alpha 4\beta 2\delta$ expression

Our findings suggest that cell surface expression of $\alpha 4\beta 2\delta$ is significantly increased by 30 min, but reaches peak levels 48 h after treatment with GABA plus THP. This is likely a peak effect because our earlier studies revealed that levels of native $\alpha 4$ -containing receptors are maximal after 48 h exposure to THP or its parent compound progesterone, as determined by both *in vivo* and *in vitro* studies in hippocampus and cultured neuroblastoma cells, respectively (Gulinello et al., 2001; Shen et al., 2005; Zhou and Smith, 2007; Zhou and Smith, 2009). Rapid effects of neurosteroids on $\alpha 4\beta 2\delta$ GABAR expression have also been reported, however, where 30 min exposure to the related steroid THDOC increases tonic current in dentate gyrus granule cells, which is mediated by increased expression of $\alpha 4\beta 2\delta$ GABARs (Maguire and Mody, 2007). Interestingly, withdrawal from THP also increases expression of $\alpha 4\beta 2\delta$ GABARs (Griffiths and Lovick, 2005; Shen et al., 2007; Shen et al., 2010; Smith et al., 2006; Sundstrom-Poromaa et al., 2002), suggesting that the regulation of expression of this receptor is complex but highly responsive to the presence of neurosteroids.

3.3. High efficacy GABA agonists

In addition to GABA plus THP, two GABA agonists which have high efficacy at δ -containing GABARs, gaboxadol and β -alanine (Bianchi and Macdonald, 2003; Brown et al., 2002) produced significant increases in $\alpha 4\beta 2\delta$ expression. In contrast to gaboxadol, which is synthetic, β -alanine is an endogenous transmitter (Mathers et al., 2009; Tiedje et al., 2010). β -Alanine is produced in the brain either as a by-product of the reaction pyruvate to L-alanine or as the product of deamination and carboxylation of the pyrimidine uracil (Tiedje et al., 2010). It is released in areas such as hippocampus by a Na^+ -dependent transport mechanism (Tiedje et al., 2010). Average reported levels of this amino acid are in an effective range to increase expression of $\alpha 4\beta 2\delta$ GABARs (30 – 80 μM) (Martin del Rio et al., 1977; Tiedje et al., 2010), but are highly variable and regulated by GABA transporter activity (Tiedje et al., 2010). Levels of this amino acid can also be increased by oxidative stress and hypoxia (Saransaari and Oja, 1999). Interestingly, brain trauma and excitotoxic insults also increase $\alpha 4\beta 2\delta$ expression (Mtchedlishvili et al., 2010; Santhakumar et al., 2010), where β -alanine could serve as a possible mechanism. The fact that highly efficacious agonists also increase $\alpha 4\beta 2\delta$ expression suggests that the effect of THP results from increased receptor efficacy rather than a steroid-specific effect.

Our findings in HEK-293 cells were substantiated in cultured neurons, further suggesting that efficacious compounds increase cell surface expression of $\alpha 4\beta 2\delta$ GABARs. It is especially noteworthy that findings are similar in both systems because HEK-293 cells do not have specific neuronal chaperone or anchoring proteins, and thus suggest that neuron-specific proteins are not required for trafficking of the receptor to the cell surface.

3.4. Tagged versus native $\alpha 4$ expression

The high efficacy agonist gaboxadol significantly increased expression of both tagged and native $\alpha 4$ GABAR subunits suggesting that its effect is not an artifact of overexpression of the receptor. The magnitude of the increase was greater for the tagged receptor, which may simply reflect a difference in antibody affinity. Gaboxadol-mediated increases in native $\alpha 4$ and δ expression likely reflects expression of the full $\alpha 4\beta 2\delta$ receptor based on our earlier *in vivo* studies showing increased expression of native $\alpha 4\beta 2\delta$ receptors in response to 48 h THP treatment (Shen et al., 2005). Expression of the untagged $\alpha 4$ subunit was increased ~40% more by 48 h gaboxadol treatment than was δ , however, which may suggest the formation of native $\alpha 4\beta 2$ GABARs because $\alpha 4$ can co-express with either $\beta 2$ or δ (Sur et al., 1999). Alternatively, the difference in apparent expression level may be the result of reduced affinity of the δ primary antibody. Interestingly, internal expression of both $\alpha 4$ and δ was

higher in vehicle-treated than in gaboxadol-treated neurons, suggesting that rates of transcription and translation of these subunits are high in the absence of high efficacy states. This finding suggests that regulation of receptor expression appears to be mediated via trafficking to the surface membrane.

3.5. Functional expression of $\alpha 4\beta\delta$

Functional expression of $\alpha 4\beta\delta$ GABARs was confirmed in both cell types with whole cell patch clamp electrophysiology. 48 h treatment with GABA plus THP or the high efficacy agonists yielded a greater response to the GABA agonist gaboxadol, which has greater potency and efficacy at $\alpha 4\beta 2\delta$ GABARs compared to other receptor subtypes (Brown et al., 2002; Meera et al., 2011). In both cell types transfected with $\alpha 4\beta 2\delta$, the response to 100 nM gaboxadol, a concentration selective for δ -containing GABARs (Meera et al., 2011), was significantly greater following 48 h gaboxadol treatment compared to control. In the neuronal population, unlike the HEK-293 cells, the heterogeneous native GABAR population would also contribute to the recorded current. Thus, for the neurons, the data was presented as the ratio of the response to this low dose relative to the response to a high dose of GABA, thereby reflecting the relative ratio of δ -containing GABARs out of the total GABAR population. This was also suggested by the lower EC_{50} for gaboxadol observed after 48 h gaboxadol treatment compared to vehicle treatment, which would reflect a larger population of δ -containing GABARs (Brown et al., 2002; Meera et al., 2011).

3.6. Use of the 3X FLAG-tagged $\alpha 4$ construct

In this study, we established the successful use of a 3X FLAG-tagged $\alpha 4$ GABAR subunit as a reporter for surface expression studies in HEK-293 cells and hippocampal neuronal cultures. Use of $\alpha 4$ and $\alpha 4(3XFLAG)$ in conjunction with $\beta 2$ and δ resulted in similar GABA concentration-response curves, thus confirming that the 3XFLAG tag does not interfere with receptor function and produces a strong signal with minimal background. Although other labs have reported expression of the binary $\alpha 4\beta 3$ (Meera et al., 2011), they generate an EC_{50} which is significantly greater than that of $\alpha 4\beta 3\delta$ (~0.4 μM), suggesting that we are measuring $\alpha 4\beta 2\delta$ rather than $\alpha 4\beta 2$. Furthermore, the $\alpha 4\beta 2\delta$ yielded a maximal gaboxadol-generated current greater than the maximal GABA-gated current in the presence of 1 μM $ZnCl_2$ (Meera et al., 2011), also confirming the expression of δ -containing GABAR distinct from dimers such as $\alpha 4\beta 2$.

3.7. Potential mechanism for THP-induced $\alpha 4\beta\delta$ expression

Our results suggest that GABA plus THP treatment likely increased surface expression of $\alpha 4\beta 2\delta$ by increasing the rate of receptor insertion into the membrane. Blockade of receptor insertion with botulinum toxin b resulted in rates of removal of $\alpha 4F$ signal from the surface which were nearly identical for cells treated either with vehicle or GABA plus THP. If GABA plus THP treatment were increasing $\alpha 4\beta 2\delta$ expression by decreasing receptor endocytosis, then the rate of receptor decline in the presence of botulinum toxin should have been reduced compared to vehicle treatment. Our findings are also consistent with reports showing that the stability of δ -containing GABARs in the membrane is on the order of hours rather than minutes, as it is for $\gamma 2$ -containing GABARs (Joshi and Kapur, 2009; Thomas et al., 2005).

The 48 h timecourse necessary for maximal receptor expression in the presence of high efficacy agonists/modulators suggests multiple processes are required. Recent reports suggest that surface expression of δ can be increased to peak levels by brain-derived neurotrophic factor (BDNF) by 6 h after administration (Joshi and Kapur, 2009). In contrast, however, many transfection studies report that expression of δ -containing GABAR takes longer than for other GABAR subtypes (Wallner et al., 2003) and results in reduced

currents. In our study, we waited an initial 24 h in order for protein synthesis to occur in order to directly assess receptor trafficking distinct from transcription or translation.

Our findings suggest a similar timecourse for decreases in ER labeling as observed for increases in cell surface labeling. Others have found that associated proteins in the ER, such as PLIC-1/2, allow assembled receptor to traffic out of the ERgolgi complex to the cell membrane (Jacob et al., 2008). Although these are findings for the $\alpha 1\beta 2\gamma 2$ synaptic receptor, similar mechanisms may apply to extrasynaptic targeting.

3.8. Possible mechanisms which initiate $\alpha 4\beta 2\delta$ trafficking

The initial trigger that allows high efficacy agonists/modulators to initiate receptor trafficking from the ER to the cell membrane is not known. Receptor efficacy has been correlated with conformational changes in a variety of receptor types. In glycine receptors, which are members of the cys-loop family of ionotropic receptors to which GABARs also belong, binding of a high efficacy agonist produces conformational changes in the loop 2 region of the receptor leading to a fast transition to a pre-open “flip” state (Pless and Lynch, 2009), while GABA modulators have been shown to produce allosteric changes in the GABA binding site (Sancar and Czajkowski, 2011). Thus, similar types of conformational changes in the $\alpha 4\beta 2\delta$ could be the initial step, leading to activation of intracellular pathways that would influence receptor trafficking.

High efficacy states would also lead to increases in Cl^- flux at those receptors which initially reach the cell membrane that could directly act to regulate trafficking. Our findings in neurons suggest that gaboxadol is effective at increasing $\alpha 4\beta 2\delta$ expression regardless of the direction of Cl^- flux. However, our data also surprisingly show that cotransfection of KCC2 along with $\alpha 4\beta 2\delta$ increases receptor expression to levels seen with high efficacy agonists. Use of bumetanide to block endogenous NKCC1 activity reduced receptor expression, suggesting the possibility that spontaneous inward current through $\alpha 4\beta 2\delta$, which occurs in homologous receptors (Hadley and Amin, 2007), may play a role in receptor expression. Cl^- flux may result in binding of Cl^- to putative modulatory sites, which have been identified in $\alpha 4$ (i.e., Arg 353) (Shen et al., 2007), as well as in other receptor systems (Chen et al., 2006).

Alternatively, GABA agonists and THP may enter the intracellular space where they may act as chaperone molecules. The latter possibility is supported by findings from a recent study showing that GABA increases cell surface expression of a mutant $\alpha 1\beta 2\gamma 2$ GABAR which is retained in the ER, while facilitation of surface expression of wild-type receptors was prevented by brefeldin A, a compound which blocks trafficking in the early secretory pathway (Eshaq et al., 2010).

3.9. Role of phosphorylation

Recent studies have established that phosphorylation of $\alpha 4$ at residue Ser 443 in the TM3–TM4 intracellular loop increases cell surface expression of the $\alpha 4\beta 2\delta$ receptor (Abramian et al., 2010), while earlier reports noted that PKC- δ expression patterns in the CNS overlapped with expression patterns of $\alpha 4$ and δ (Choi et al., 2008). Indeed, our findings are consistent with a role for PKC- δ , which is highly expressed in hippocampal neurons and HEK-293 cells (Choi et al., 2008), because rottlerin prevented the increase in cell surface expression observed with GABA plus THP treatment. Rottlerin causes potent and highly selective inhibition of PKC- δ with an IC_{50} of 3–6 μM , an effect 5–10 fold more potent than for PKC- α or PKC- β and nearly 13 to 33 fold more potent than for PKC- ϵ , χ , or γ (Gschwendt et al., 1994). Rottlerin can affect other kinases such as CAM kinase II (Parmer et al., 1997), but these kinases are not expressed in HEK-293 cells. One recent report (Soltoff, 2007) has

suggested that rottlerin can uncouple mitochondrial oxidation, but other studies have not confirmed this effect (Wermuth et al., 2011). In contrast, recent studies (Chew et al., 2011; Wermuth et al., 2011) have shown similar effects of rottlerin and siRNA on PKC- δ effects, suggesting that rottlerin is an effective blocker of this PKC isoform. Therefore, it is likely that phosphorylation plays a role in surface expression of $\alpha 4\beta 2\delta$ GABAR.

3.10. $\alpha 4$ promoter

Unlike receptor trafficking, transcriptional regulation of $\alpha 4$ expression has been well studied. The $\alpha 4$ promoter has been identified (Ma et al., 2004) and contains multiple transcription sites, suggesting that transcription of this subunit may be regulated by multiple mechanisms. BDNF can activate the promoter via early growth factor-3 (*egr3*) (Roberts et al., 2005; Roberts et al., 2006), while other studies have shown that it can be regulated by heat shock factor 1 (Pignataro et al., 2007).

3.11. Behavioral and clinical implications

Fluctuations in THP levels at puberty, across the ovarian cycle and pregnancy alter expression of the $\alpha 4\beta 2\delta$ GABAR in the limbic system (Lovick et al., 2005; Maguire et al., 2005; Maguire and Mody, 2009; Sanna et al., 2009; Shen et al., 2007). This receptor has been implicated in a number of neuropsychiatric disorders, including rodent models of premenstrual syndrome (Smith et al., 2006), post-partum dysphoria (Maguire and Mody, 2009), catamenial epilepsy (Maguire et al., 2005), as well as panic disorder (Lovick, 2000) and pubertal mood swings (Shen et al., 2007). In addition, recent genetic studies have suggested a correlation between $\alpha 4$ and/or δ expression with other psychoaffective disorders, including major depression and schizophrenia (Damgaard et al., 2011; Feng et al., 2010). Therefore, understanding the mechanisms which regulate expression of this receptor may suggest novel therapeutic strategies for these disorders.

4. Experimental Procedures

4.1. Cell culture

4.1.1. HEK-293 Cells—Human embryonic kidney (HEK) 293 cells (ATCC, Manassas, VA) were grown in Dulbecco's Modified Eagle's Medium (DMEM/F-12, Invitrogen, Carlsbad, CA) supplemented with 10% fetal bovine serum (FBS, Sigma, St. Louis, MO), penicillin (100IU/ml) and streptomycin (100 μ g/ml) (Invitrogen, Carlsbad, CA) on MatTek glass bottom dishes (MatTek Corp, Ashland, MA) at 37°C in a humidified incubation chamber (5% CO₂, 95% O₂).

4.1.2. Neurons—Embryonic day 18 (E18) dissociated rat hippocampal cells were removed from timed pregnant Sprague-Dawley rats (Hilltop, Scottsdale, PA) following an established protocol (Banker and Goslin, 1998, Brewer, 1999, Brewer, 1997, Brewer and Cotman, 1989) and plated on poly-D-lysine (Sigma, St. Louis, MO) coated glass coverslips. The cells were fed with Neurobasal media (Gibco BRL, Grand Island, NY) supplemented with B-27 and 0.5 mM L-glutamine (Gibco BRL) and grown at 37°C in a humidified incubation chamber (5% CO₂, 95% O₂) for 8 days. The media was replenished every 2 days. 10 μ M of cytosine arabinofuranoside (Sigma) was added after 3 days in culture for 24 h to inhibit non-neuronal cell proliferation. Animal use was in accordance with EC Directive 86/609/EEC for animal experiments

4.2. cDNA

cDNA for GABAR subunits mouse $\alpha 4$ (N.L. Harrison, Columbia U., New York), rat $\beta 2$ (J. Bracamontes, Washington U, St. Louis) and human δ (K. Wafford, Merck, Sharp and

Dohme, UK), and rat KCC2 (J. Payne, U.C. Davis) were used for all studies. (Mouse, rat and human cDNA sequences for $\beta 2$ are nearly identical.) The expression vector was pcDNA3.1.

4.3. 3XFLAG Constructs

We used a 3XFLAG epitope (FLAG sequence, DYKDDDDK) at the C terminus of the GABAR $\alpha 4$ subunit for immunocytochemical detection. Briefly, $\alpha 4$ fusion constructs were made using sub-cloning polymerase chain reaction (PCR, Phusion high-fidelity PCR kit, Finnzymes, Dharmicon, Lafayette, CO) to add restriction sites (NotI and BAMHI, New England Biolabs (NEB, Ipswich, MA)) for sub-cloning, to add a Kozak consensus sequence to facilitate protein translation and to remove the stop codon. The PAGE purified PCR primers (Integrated DNA Technologies, Carlsbad, CA) were: 5'-tag tat gcg gcc gc gcc acc acc atg gtt tct gtc cag aag gta ccc gcg (forward) and 5'-gat tgc gga tcc cat tag act ttc tga ttt ctc cat gg (reverse). After the PCR reaction, the DNA was precipitated with Na-Acetate-ethanol, digested with the appropriate restriction enzymes (NotI and BAMHI) and run on a 0.6% agarose gel. Sub-cloning to the p3XFLAG-CMV-14 expression vector (Sigma, St. Louis, MO) followed standard procedures using the Min-Elute PCR Purification Kit and Quick Ligation Kits (NEB, Ipswich, MA). Successful cloning was verified by double stranded DNA sequencing (Genewiz, S. Plainfield, NJ). The p3XFLAG vector uses a CMV promoter rather than the endogenous $\alpha 4$ promoter. Previous studies have shown that use of the 3XFLAG reporter produces a greater signal:noise ratio than use of a single FLAG reporter (Hernan et al., 2000).

4.4. Transfection

Cells were transfected with $\alpha 4$ or $\alpha 4(3xFLAG, F)$, $\beta 2$ and δ cDNA (1:1:1; $\alpha 4(F):\beta 2:\delta$) using the Nucleofector method (Amaxa/Lonza, Walkersville, MD) with reagents and protocols optimal for either HEK-293 cells or cultured neurons. (Transfection of 1:1:0.1 yielded no GABA-gated current when recorded with whole cell patch clamp procedures; therefore, this transfection ratio was not used.) In some cases, neurons were also transfected with rat KCC2. Cell Nucleofector solution was used for HEK-293 cells, and Neuron Nucleofector solution was used for dissociated hippocampal cells. A total of 5 μ g of cDNA was used per 100 μ l of Nucleofector transfection reagent. For electrophysiology experiments, both HEK-293 and dissociated hippocampal cells were additionally co-transfected with 2 μ g eGFP cDNA (Amaxa/Lonza) for detection of transfected cells under fluorescence microscopy. To determine transfection efficiency a subset of cells for immunocytochemical analysis were transfected with only eGFP cDNA (2 μ g). The transfection efficiency was 70–80% and did not vary across treatments. The final surface density of plated HEK-293 cells was 10,000 cells/plate and approximately 3×10^5 neurons/cover slip.

4.5. Drug Delivery

All drugs were made in sterile double distilled water (ddH₂O) containing 1% DMSO (100x) unless otherwise noted. Vehicle conditions are cells that were supplied with ddH₂O and DMSO to a final amount of 0.01% per 3ml of media. After 24 h of transfection, media was removed from cells and replaced with the indicated drug for the length of 48 h unless otherwise noted. In the case of time-course experiments, agonists, modulators and/or secondary drugs (botulinum toxin b) were added for varying durations such that all time-based groups were harvested at the end of the 48 h drug incubation period. This procedure ensured that all groups had equivalent time for protein synthesis and that tissue for immunocytochemistry could be processed in parallel. Final concentrations were as follows: GABA (1 and 10 μ M), gaboxadol (10 μ M), β -alanine (10 μ M, 50 μ M and 1 mM), THP (100 nM) and botulinum toxin B (5 nM). All drugs except for THP (Steraloids, Newport,

RI) and botulinum toxin b (List Biological Laboratories, Inc., Campbell, CA) were from Sigma Chemical Co. (St. Louis, MO). We used an incubation period with a maximal timebase of 48 h because previous findings in our lab established that, *in vivo*, the $\alpha 4$ and δ subunits were increased only at 48 h and did not change further at 72 h (Zhou and Smith, 2009).

Immunocytochemistry

4.6. Non-Permeabilized Cells (Surface Staining)

4.6.1. HEK-293 Cells—Cells were probed using an adapted immunocytochemistry protocol for cell surface expression in non-permeable conditions in which all steps are performed on ice with washes using ice cold HBS (Eshaq et al., 2010). Briefly, the live cells were incubated with mouse (Ms) monoclonal anti-FLAG M2 primary antibody (1:50–1:100) (Sigma, St. Louis, MO) followed by incubation with goat (Gt) anti-mouse Alexa Fluor 488 IgG (1:200) or F(ab')₂ (1:500) secondary antibody (Molecular Probes, Grand Island, NY). The cells were then fixed with 4% paraformaldehyde and stained by either DAPI (1:1000), a nuclear stain used as a cell marker, or permeabilized with 0.1% Triton X- 100, and incubated with TO-PRO 3 (1:1000) a cell and nuclear marker (Molecular Probes). Because the use of the IgG secondary antibody increased the measured mean intensity above values measured when F(ab')₂ secondary antibody was used, we expressed the change in immunofluorescence for these experiments as a ratio, relative to vehicle control.

To verify the selectivity of membrane staining and structural stability, the cells were incubated with Wheat Germ Agglutinin (WGA) conjugated to Alexa-594 (Invitrogen, Carlsbad, CA) for the length of time of the non-permeable conditions followed by DAPI (Fig. 3H).

4.6.2. Neurons—Immunofluorescence was detected with monoclonal Rb anti-FLAG primary antibody (clone SIG1–25) (Sigma, St. Louis, MO) (1:50) overnight at 4°C. Native subunits were probed with polyclonal Gt $\alpha 4$ (Santa Cruz Biotechnology, Inc, Santa Cruz, CA) (1:1000) and polyclonal Rb δ (Novus Biologicals, Littleton, CO) (1:1000) primary antibodies. The following day, Gt anti-rabbit IgG Alexa-546 (1:100), anti-goat IgG Alexa-568 (1:500), or anti-rabbit F(ab')₂ Alexa-568 (1:500) secondary antibody was added on ice, the cells were fixed with 4% paraformaldehyde and incubated with anti-phalloidin antibody conjugated to Alexa-488 (Invitrogen) (1:500), which binds to F-actin and was used as a neurite marker (Cuitino et al., 2010, Farias et al., 2009). The cells were mounted with ProLong® Gold Antifade Reagent (Invitrogen) on *Superfrost®; Plus* Microscope slides (Fisher Scientific).

4.7. Permeabilized Cells (Intracellular Staining)

4.7.1. HEK-293 Cells—Intracellular staining was performed under permeabilized conditions at room temperature. Cells were fixed with 4% paraformaldehyde/4% sucrose and permeabilized with 0.1% Triton X-100. The cells were then blocked with 10% BSA prior to probing with Ms monoclonal anti-FLAG M2 primary antibody (1:100) (Sigma, St. Louis, MO) and Rb anti-calnexin antibody (1:500) (AbCam, Cambridge, MA) (a marker of the endoplasmic reticulum (ER)). The cells were then incubated with Gt anti-Ms IgG Alexa-488 secondary antibody (1:200) and Gt anti-Rb IgG Alexa-546 secondary antibody (1:100) (Molecular Probes, Grand Island, NY).

4.7.2. Neurons—Dissociated hippocampal cell cultures were stained using the permeabilized method after undergoing probing under non-permeabilized conditions (see methods above). Briefly, after cells were probed with monoclonal Rb anti-FLAG primary

antibody (clone SIG1–25, Sigma, St. Louis, MO) and Gt anti-rabbit IgG Alexa-546 secondary antibody for cell surface FLAG staining, cells were fixed with 4% paraformaldehyde and permeabilized with 0.1% Triton X-100 at room temperature. The cells were blocked with 10% BSA and then probed with Ms monoclonal anti-FLAG M2 primary antibody (1:100), and Alexa-350 secondary antibody (1:500) to detect internal staining. Native subunits were probed with the same protocol except using polyclonal Gt α 4 (1:1000) and polyclonal Rb δ (1:1000) primary antibodies, and anti-goat IgG Alexa-350 and antirabbit F(ab')₂ Alexa-350 secondary antibodies. The anti-phalloidin antibody conjugated to Alexa-488 (Invitrogen, Carlsbad, CA) (1:500) was added followed by mounting of cover slips to *Superfrost®*; *Plus* Microscope slides using ProLong® Gold Antifade Reagent.

4.8. Imaging

All images were captured on the Zeiss 710 or 510 inverted confocal microscope at 63X oil or 40X as single image (Microscopy Core of NYU Langone Medical Center, NY, NY). Analyses of images were performed with the Image J program from NIH (Daniel et al., 2010, Cuitino et al., 2010) using the ROI (Region of Interest) manager in the Zen 2008 Light Edition program. Representative cells were chosen for analysis. The intensity of the fluorescent pixels around the circumference of the cell was calculated as the integrated density/total area (mean intensity/ μm^2) after determination of a threshold intensity and subtraction of background.

4.9. Determination of the rate of receptor removal from the membrane surface

In order to compare the rate of removal of surface expressing α 4 β 2 δ GABARs under different treatment conditions, transfected HEK-293 cells treated with vehicle or GABA plus THP for 48 h were also treated with botulinum toxin b (5 nM) for varying lengths of time (1, 3, 5 or 48 h) to block insertion of newly formed receptors. These treatments were timed such that all cells were harvested at the same time so that tissue could be processed in parallel using immunofluorescence as described above. Surface immunofluorescence intensity of α 4F was plotted as a function of time of exposure to botulinum toxin b for both treatment groups. Analysis of the rate of receptor removal was accomplished with the least squares fit to the exponential decay function, $y = A1^{\wedge}\text{exp}(-x/\tau) + y0$, where A1 is the amplitude, y0 is the offset and τ is the decay time constant (Origin 8.5.1, Microcal, Piscataway, NJ).

4.10. Electrophysiology

4.10.1. Pharmacological tests—Currents were recorded in response to GABA or gaboxadol at room temperature (21–22°C) at a holding potential of –50 mV using whole cell voltage clamp techniques on a Nikon Diaphot inverted microscope. The bath solution contained (in mM): NaCl 120, CsCl 5, CaCl₂ 2, MgCl₂ 1, Hepes 10 and glucose 25, pH 7.4, 320 mOsmol. Patch pipets (filament-capillary tubes, Sutter Instruments, Novato, CA) were fabricated from borosilicate glass using a Flaming-Brown puller to yield open tip resistances of 3 – 5 M Ω . The pipet solution contained (in mM): N-methyl-D-glucamine chloride 120, Cs₄, BAPTA 5 (Calbiochem, San Diego, CA), Mg-ATP 5, and an ATP regeneration system (20 mM Tris phosphocreatine and creatine kinase). Currents were recorded using an Axopatch 1D amplifier (Axon Instruments, Union city, CA) filtered at 2 kHz (four-pole Bessel filter) and detected at 10 kHz (pClamp 8.2).

Recordings were carried out after incubating the cells in agonist-free bath solution for 1 h to remove any agonist present during the 48 h incubation. Cells were recorded in the presence of 1 μM ZnCl₂ to block current from binary receptors which may have formed (Meera et al., 2011). Agonist delivery was accomplished with a solenoid-controlled micropipette array 50 μm from the cell to deliver agonist for approximately 400–500 ms exposure times with 200–

250 ms onset of application (Smith et al., 1998). Analysis of peak current was accomplished with pClamp 10.1 (Axon Instruments, Union City, CA) and Origin (Microcal, Piscataway, NJ) software packages. In all cases, 2–3 current traces were averaged for each agonist or agonist + THP group. Mean values were plotted as a semi-logarithmic function as a percentage of the maximal current generated by gaboxadol or GABA ($I_n/I_{MAX} \times 100$), where I_n is the current for each concentration of agonist, and I_{MAX} is the maximal current generated either by gaboxadol or GABA. The curve was fitted by the least squares method as a sigmoidal function using the logistic equation, $I = A2 + (A1+A2)(1+x/x0)^{-p}$, where I is the current for the indicated concentration x , $A1$ is the minimum current, $A2$ is the maximal current at a saturating agonist concentration, x is the concentration of agonist, $x0$ is the EC_{50} (concentration of agonist needed to produce a response that is 50% of the maximal response) and p is the Hill coefficient.

4.10.2. Determination of the polarity of GABAergic current—In order to determine whether the current gated by GABAR expressed in cultured neurons was hyperpolarizing or depolarizing, we used high resistance ($>1 \text{ G}\Omega$, cell attached recordings in current clamp mode (Mason et al., 2005; Perkins, 2006). This technique does not disturb the intracellular Cl^- milieu, and the high resistance of the pipet seal permits assessment of the voltage change produced by the small amounts of current generated by a GABA agonist when the cell is at its resting membrane potential with no current passing through the pipet (150 mM NaCl). In this manner we recorded the voltage response to $2 \mu\text{M}$ gaboxadol, applied with a solenoid-controlled pipet (described under the electrophysiology methods). This technique has been used successfully (Shen et al., 2007) to determine the polarity of GABAergic current. Neurons were tested after 8 d in culture, and 48 h after transfection of $\alpha 4$, $\beta 2$ and δ cDNA. In some cases, neurons were also transfected with KCC2 and treated for 48 h with $10 \mu\text{M}$ bumetanide to block the Na-Cl^- co-transporter NKCC1 (Payne, 1997).

4.11. Statistical Analysis

Values for the EC_{50} are shown as the mean with the 95% confidence limits indicated in parentheses using Origin (OriginLab, Northampton, MA). The 95% t-based confidence interval was calculated using the standard error of the mean for the log EC_{50} and the critical value of the t distribution with the appropriate degrees of freedom. Other values are expressed as the mean \pm SEM using Origin. Standard one-way ANOVA and Tukey's tests were used to evaluate differences between >2 groups, while the Student's t-test was used to determine the significance of data when comparing 2 groups, with significant differences established when $P < 0.05$ using Origin. Each experiment was repeated at least 3 individual times for a sample size (n) of 3 or higher where indicated (Cumming et al., 2007). For HEK-293 cells, images were captured of three cells per plate in the glass bottom area of the dish for an n of 1. For neurons, an n of 1 was taken from pixel counts from 3 individual regions on one neuron. Three neurons were chosen per slide. Percentage calculations were taken from mean intensities as:

$$(\text{experimental group} - \text{control group} / \text{control group}) \times 100 = \text{percent change.}$$

4.12. Western blot

HEK-293 cells were transfected with $\alpha 4$ or $\alpha 4(3XFLAG)$ plus $\beta 2$ and δ cDNAs. Cells were harvested 48 h after transfection, dissociated from the bottom of the culture dish and used to obtain crude membrane preparations. Membranes (20 μg of protein) were electrophoresed on a NuPAGE Bis-Tris 4–12% gradient gel (Invitrogen, Carlsbad, CA). Wet gel transfer to nitrocellulose membranes (Invitrogen, Carlsbad, CA) was followed by blocking of the membrane with 2% BSA. Rb anti- $\alpha 4$ (1:1,000) (Affinity Bioreagents, Golden, CO) or Ms

anti-FLAG primary antibody (1:1,000) (Sigma, St. Louis, MO) was used for overnight incubation at 4°C. After secondary probing with either Gt anti-Rb (α 4) (1:10,000) (Chemicon International, Temecula, CA) or Gt anti-Ms (FLAG) (1:30,000) (Novus Biologicals, Littleton, CO) conjugated to HRP (Horse Radish Peroxidase) for 1 h at room temperature, a chemiluminescent assay was performed using SuperSignal West Femto Maximum Sensitivity Substrate (Thermo Scientific, Pittsburgh, PA). Protein bands were visualized on Amersham Hyperfilm ECL (GE Healthcare, Piscataway, NJ). α 4 was detected as a 67 kDa band (Smith et al., 1998).

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

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Abbreviations

α4F	α 4FLAG (3xFLAG tag)
BDNF	Brain-derived neurotrophic factor
DMSO	dimethyl sulfoxide
FLAG	DYKDDDDK epitope
GABAR	GABA _A receptor
GBX	Gaboxadol, 4,5,6,7-tetrahydroisoxazolo(5,4-c)pyridin-3-ol, THIP
HEK-293	human embryonic kidney cell-293
PKC	protein kinase C
THP	3 α -OH-5 α [β]-pregnan-20-one, [allo]pregnanolone
WGA	wheat germ agglutinin

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Highlights

- Surface expression of $\alpha 4$ FLAG $\beta 2\delta$ is increased by high efficacy states.
- Internalized $\alpha 4$ FLAG $\beta 2\delta$ is decreased by high efficacy states.
- $\alpha 4$ FLAG $\beta 2\delta$ expression is not dependent on the polarity of GABAergic current.
- $\alpha 4$ FLAG $\beta 2\delta$ expression is dependent upon PKC- δ .
- THP increases $\alpha 4$ FLAG $\beta 2\delta$ via increased receptor insertion rather than endocytosis.

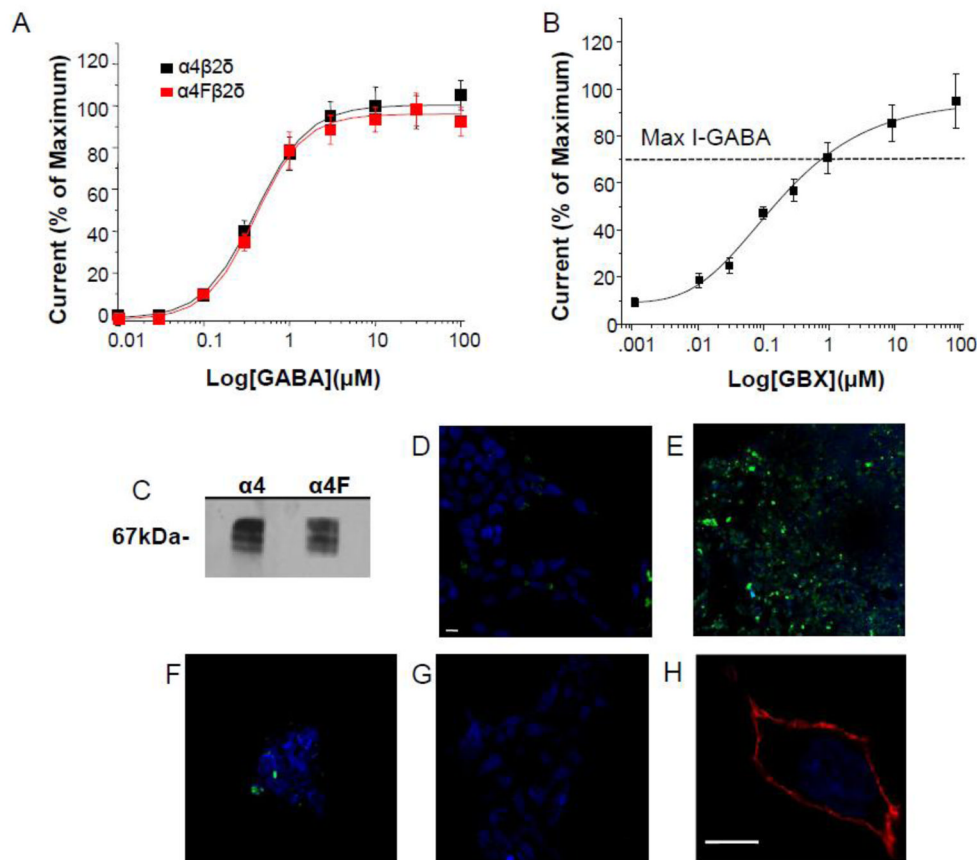


Figure 1. Characterization of $\alpha 4[3XFLAG]\beta 2\delta$ expression

Concentration-response curves for GABA (A, 10 nM – 100 μ M) or the GABA agonist gaboxadol (B, GBX, 30 nM – 1 mM) constructed from whole cell current responses recorded with patch clamp techniques from HEK-293 cells transfected with $\beta 2$, δ and $\alpha 4$ or $\alpha 4[3XFLAG]$ ($\alpha 4F$). A, Both $\alpha 4F\beta 2\delta$ and $\alpha 4\beta 2\delta$ yielded similar GABA concentration-response curves. (EC_{50} : $\alpha 4\beta 2\delta$, 0.4 μ M (.125, 1.27); $\alpha 4F\beta 2\delta$, 0.42 (0.122, 1.44) μ M), (n=4 cells/point) (B) $\alpha 4F\beta 2\delta$ also yielded a maximum GBX-generated current larger than GABA in the presence of 1 μ M $ZnCl_2$, signifying incorporation of the δ subunit (EC_{50} , 127 (28.3, 570) nM), (n=6 cells/point). Dashed line, response to a saturating concentration of GABA (determined in A). C, Representative Western blot showing identical band detection (67 kDa) using anti-FLAG (left lane) or anti- $\alpha 4$ (right lane) antibodies performed on crude membranes obtained from recombinant $\alpha 4F\beta 2\delta$ expressed in HEK-293 cells. D–G, Specificity of FLAG detection: HEK cells transfected with $\alpha 4$, $\beta 2$ and δ (D) or $\alpha 4F$, $\beta 2$ and δ (E), $\alpha 4F$ and $\beta 2$ (F) or $\alpha 4F$ and δ (G) cDNA. Cell surface $\alpha 4F$ was labeled by immunofluorescence using an anti-FLAG (M2) antibody and imaged by confocal microscopy (Alexa-488 IgG, secondary antibody). Antibody recognition of the FLAG receptor is distinct and bright in the confocal image at 40X W-Immersion for $\alpha 4F\beta 2\delta$ (E), with lower levels of detection for $\alpha 4F\beta 2$ (F), but not detectable in D and G. H, Membrane stain, wheat germ agglutinin (WGA)-Alexa-546 (red), 63X, untransfected HEK-293 cell. Nuclear cell stain, DAPI (blue). Scale bar, 10 μ m. (All cells incubated with GABA (10 μ M) + THP (100 nM) to ensure high levels of expression.) D–H, Representative of 3 experiments.

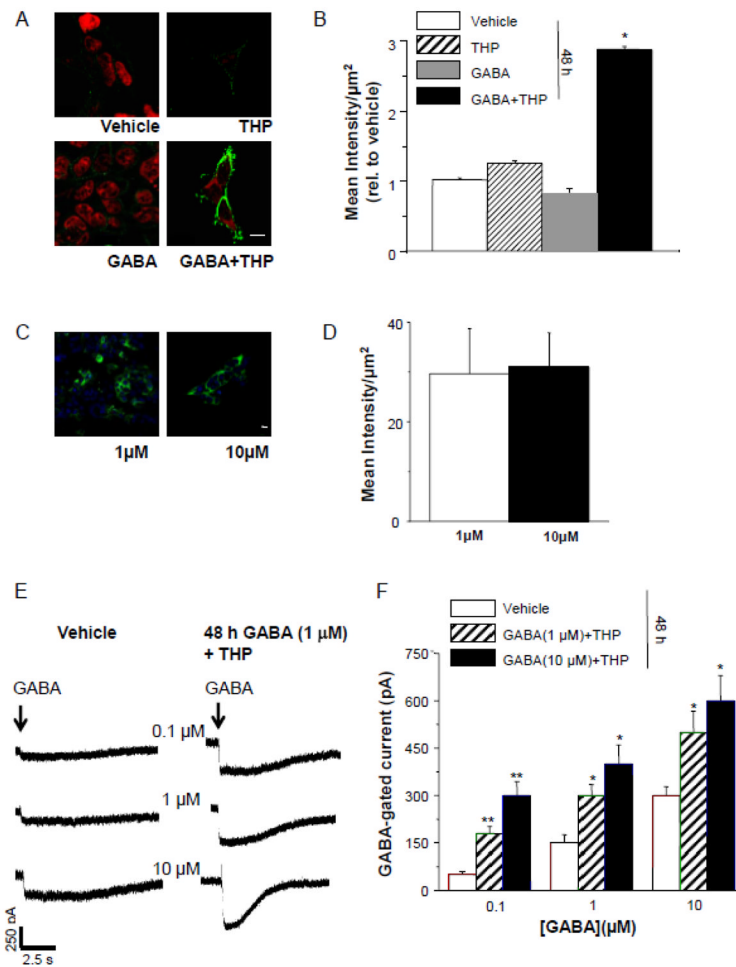


Figure 2. GABA plus THP increases surface expression of $\alpha 4\text{F}\beta 26$ in HEK-293 cells
 A, B, 48 h administration of GABA (10 μM), THP (100 nM), GABA+THP or vehicle (0.01% DMSO) to HEK-293 cells transfected with $\alpha 4\text{F}$, $\beta 2$ and δ cDNA. Only GABA+THP resulted in high levels of visible fluorescence to $\alpha 4\text{F}$ (2 $^{\circ}$ Antibody, Alexa-488 IgG, green). Cell stain, TO-PRO-3 (red). A, Representative confocal images (40X), scale bar, 10 μm ; B, averaged data. ANOVA, $F(3,44) = 64$, $P < 0.0001$. * $P < 0.05$ vs. other groups. C, D, Comparison of immunostaining after 48 h treatment with THP + GABA (1 μM , left, or 10 μM , right). C, Representative images; scale bar, 10 μm . D, Averaged data ($n=3$). E, F, Whole cell current responses to GABA (0.1, 1.0, 10 μM) after 48 h treatment with THP + GABA (1 or 10 μM). E, Representative traces. Arrow, onset of GABA application (~400 ms). F, Averaged data. ANOVA, 100 nM GABA, $F(2,24) = 12$, $P = 0.0002$, 1 μM GABA, $F(2,24) = 9.7$, $P = 0.0007$, 10 μM GABA, $F(2,24) = 4.31$, $P = 0.025$. * $P < 0.05$ vs. Vehicle; ** $P < 0.05$ vs. both other groups.

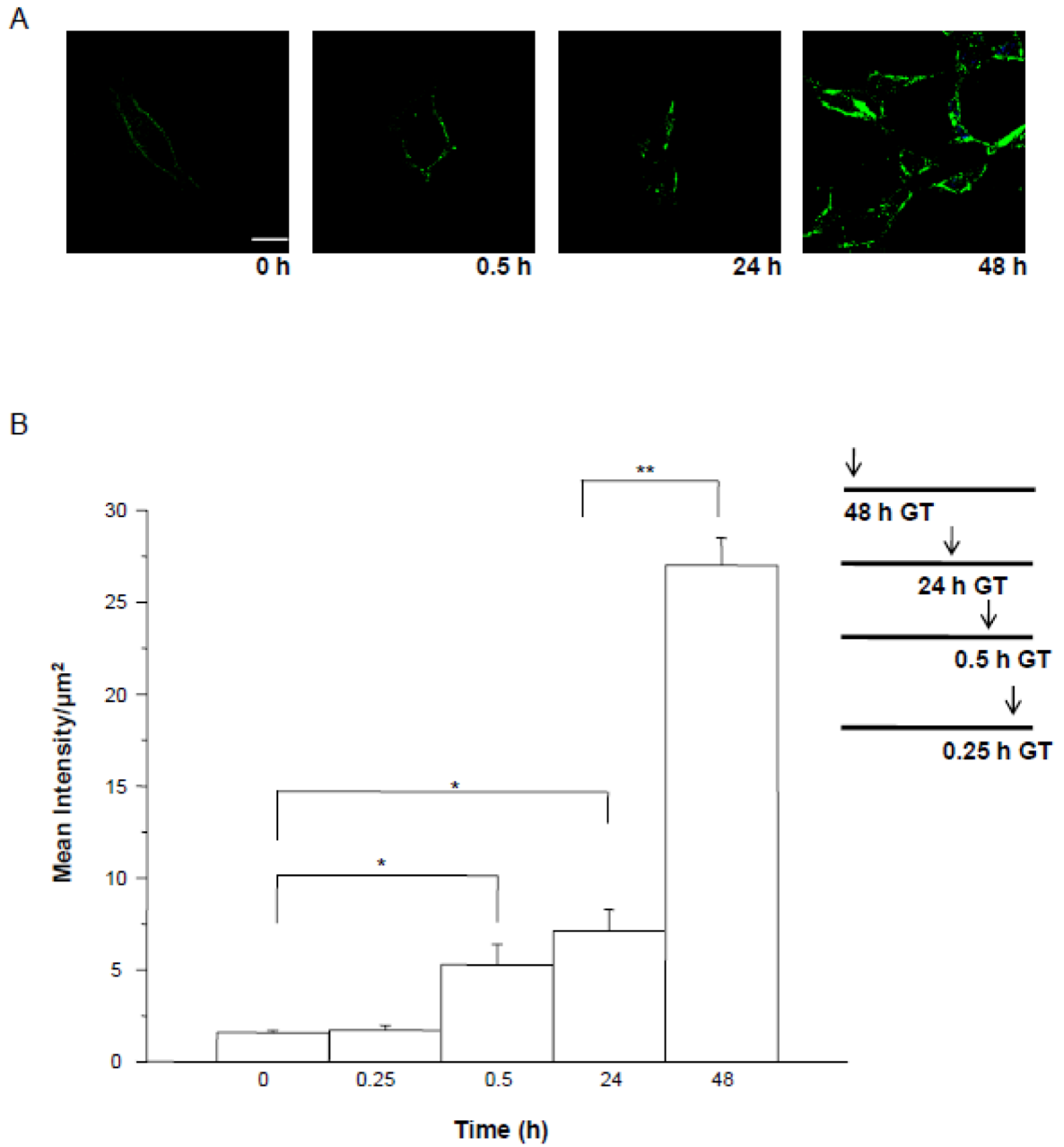


Figure 3. Time-course of the effect of GABA plus THP on surface expression of $\alpha 4\text{F}\beta 26$ in HEK-293 cells

A, Representative confocal images (63X) show an increase in surface expression first detectable after 0.5 h exposure of HEK cells to GABA (10 μM) + THP (100 nM), Anti-FLAG, Alexa-488 F(ab')₂ (green); cell stain, DAPI (blue). Scale bar, 10 μm . B, Averaged data. Peak levels of expression are achieved at 48 h treatment. All timed treatments terminated at the conclusion of the 48 h incubation period (timeline inset, GT, GABA plus THP). Vehicle, 0.01% DMSO. ANOVA, $F(4,20) = 71.4$, $P < 0.0001$. * $P < 0.05$ vs. 0 h, 0.25 h; ** $P < 0.05$ vs. other groups.

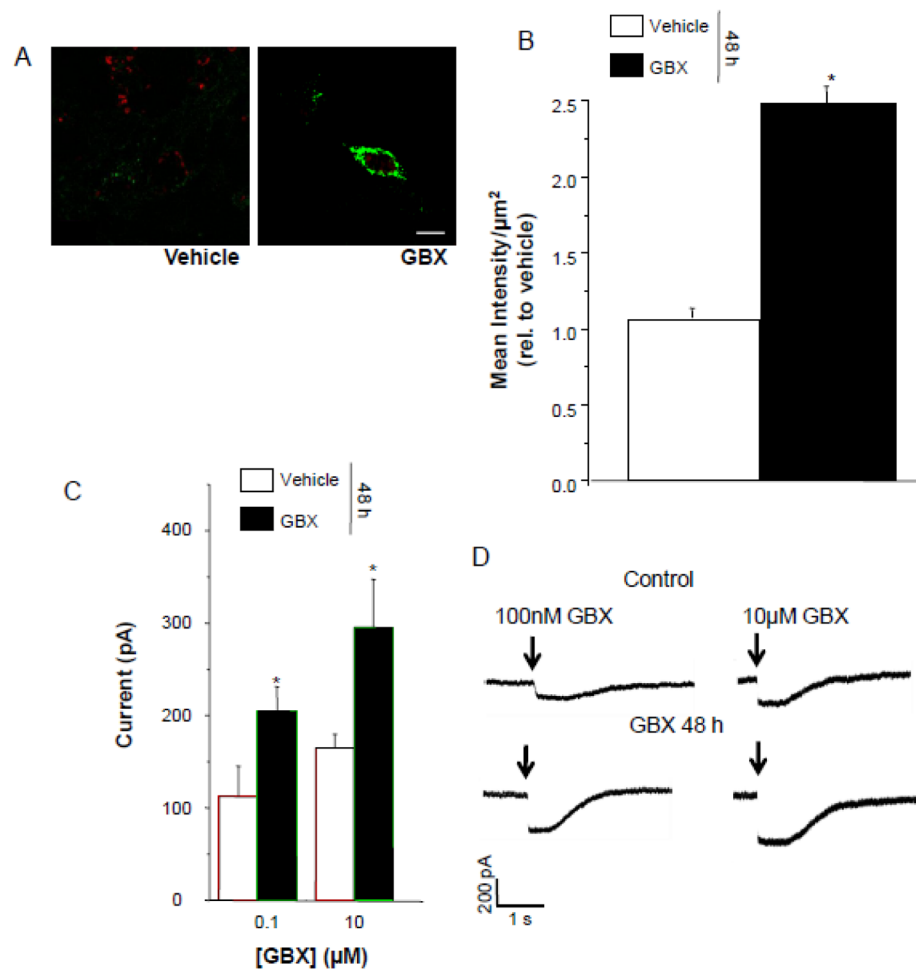


Figure 4. Gaboxadol upregulates surface expression of $\alpha 4\beta 26$ in HEK-293 cells

48 h treatment with 10 μM gaboxadol (GBX) increases surface expression of $\alpha 4\beta 26$ significantly compared to vehicle (0.01% DMSO) A, Representative confocal images (63X) of $\alpha 4\text{FLAG}$ immunolabeling; B, averaged data. 2 $^\circ$ Antibody, Alexa-488 IgG; cell stain, TO-PRO-3; scale bar, 10 μm . $t(22) = 6.6$; $*P < 0.0001$ vs. vehicle. C, D, Increased expression was correlated with increased whole cell current response to acutely applied GBX. C, Averaged data. D, Representative currents; Arrow, onset of agonist application. $t(7) = 2$; $*P < 0.05$ vs. vehicle groups.

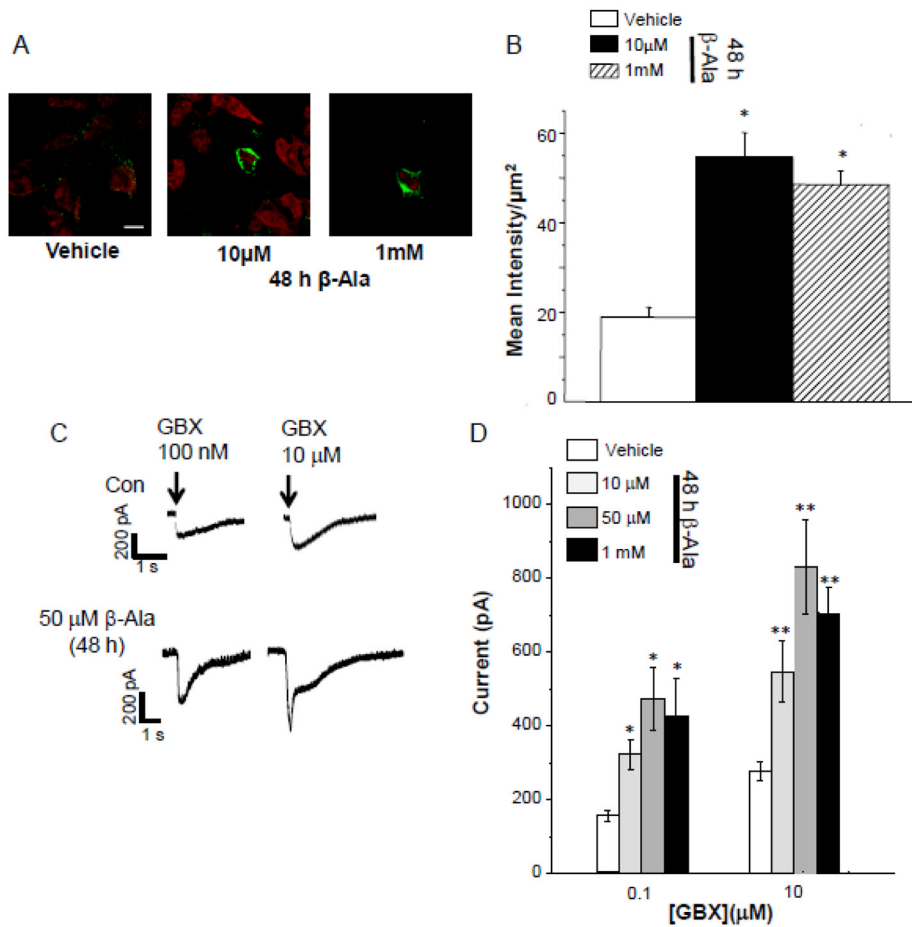


Figure 5. β-Alanine upregulates surface expression of α4β2δ in HEK-293 cells

48 h treatment with β-alanine (β-Ala, 10 μM, 50 μM, 1 mM) increases surface expression of α4β2δ compared to vehicle (0.01% DMSO). A, Representative confocal images (63X); B, Averaged data. 2° Antibody, Alexa-488 F(ab')₂ (green); cell stain, TOPRO-3; scale bar, 10 μm. ANOVA, $F(2,24) = 27$, $P < 0.0001$. * $P < 0.05$ vs. vehicle. C, D, Increased expression was correlated with increased whole cell current responses to acutely applied gaboxadol (GBX). C, Representative currents; Arrow, onset of agonist application; D, Averaged data. ANOVA, 100 nM GBX, $F(3,31) = 6.4$, $P = 0.0017$; 10 μM GBX, $F(3,31) = 6.3$, $P = 0.0018$. * $P < 0.05$ vs. vehicle groups.

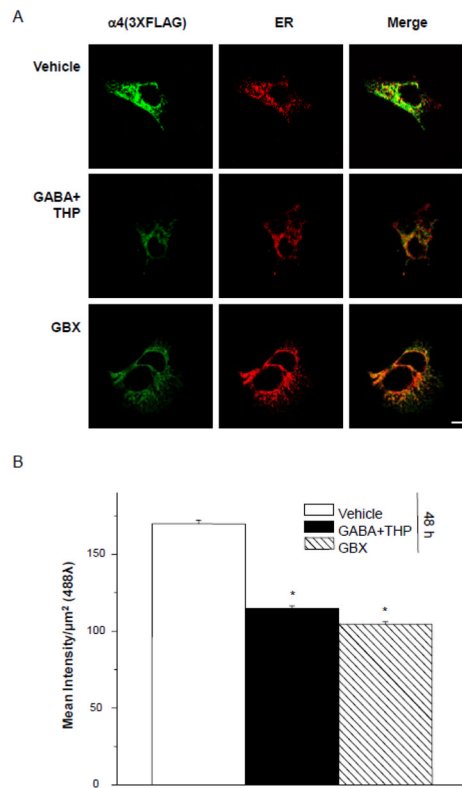


Figure 6. ER localization of $\alpha 4F$ decreases with 48 h of agonist exposure

A, Left to right, Representative confocal images (40X) of intracellular $\alpha 4$ FLAG labeling (2° Antibody, Alexa-488 IgG, green), ER labeling (calnexin, 546 λ , red) and merged images (merge). The internal FLAG signal was obtained in permeabilized conditions after 48 h treatment with (top to bottom): vehicle (0.01% DMSO), GABA (10 μM) +THP (100 nM) or gaboxadol (GBX, 10 μM). Scale bar, 10 μm . B, Averaged data. GABA+THP and GBX treatments result in significantly lower mean intensity of FLAG labeling than vehicle. ANOVA, $F(2,6) = 58$, $P = 0.0001$. * $P < 0.05$ vs. vehicle.

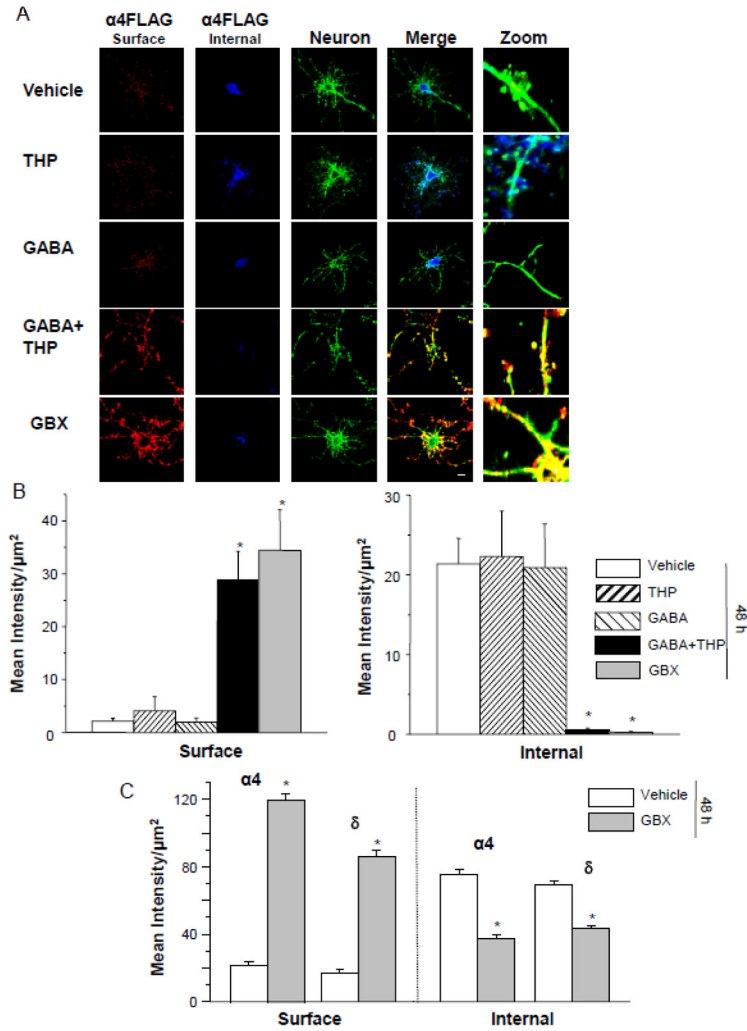


Figure 7. Expression of transfected $\alpha 4\beta 2\delta$ and native $\alpha 4$ and δ subunits in cultured hippocampal neurons

A,B, Cultured neurons (8 d) were transfected with $\alpha 4\beta 2$ and δ (48 h). A, Left to right, Representative confocal images (63X) of $\alpha 4$ FLAG labeling from the *surface* (546 λ , red, non-permeabilized) and *internal* (350 λ , blue, permeabilized) sites; *neuron*, F-actin labeling with phalloidin (488 λ green), *merge*, merged images; *zoom*, representative zoomed images. Immunostaining performed after 48 h treatment with (top to bottom) vehicle (0.01% DMSO), THP (100 nM), GABA (10 μM), GABA + THP or gaboxadol (GBX, 10 μM). Both GABA + THP and GBX treatments produced highly visible surface $\alpha 4$ FLAG labeling, which was nearly undetectable in the other groups. Internal labeling was greatest in THP, GABA and vehicle-treated groups. Scale bar, 10 μm . B, Averaged data. ANOVA, Surface, $F(4,40) = 15.2$, $P < 0.0001$; Internal, $F(4,40) = 7.24$, $P = 0.0002$. * $P < 0.05$ vs. THP, GABA and vehicle groups. C, Untransfected neurons treated with GBX or vehicle for 48 h. Averaged data for surface and internal expression of native $\alpha 4$ and δ expression. Surface $\alpha 4$, $t(36) = 23.3$; surface δ , $t(36) = 17.1$; internal $\alpha 4$, $t(36) = 9.38$; internal δ , $t(36) = 10.69$; * $P < 0.0001$ vs. vehicle.

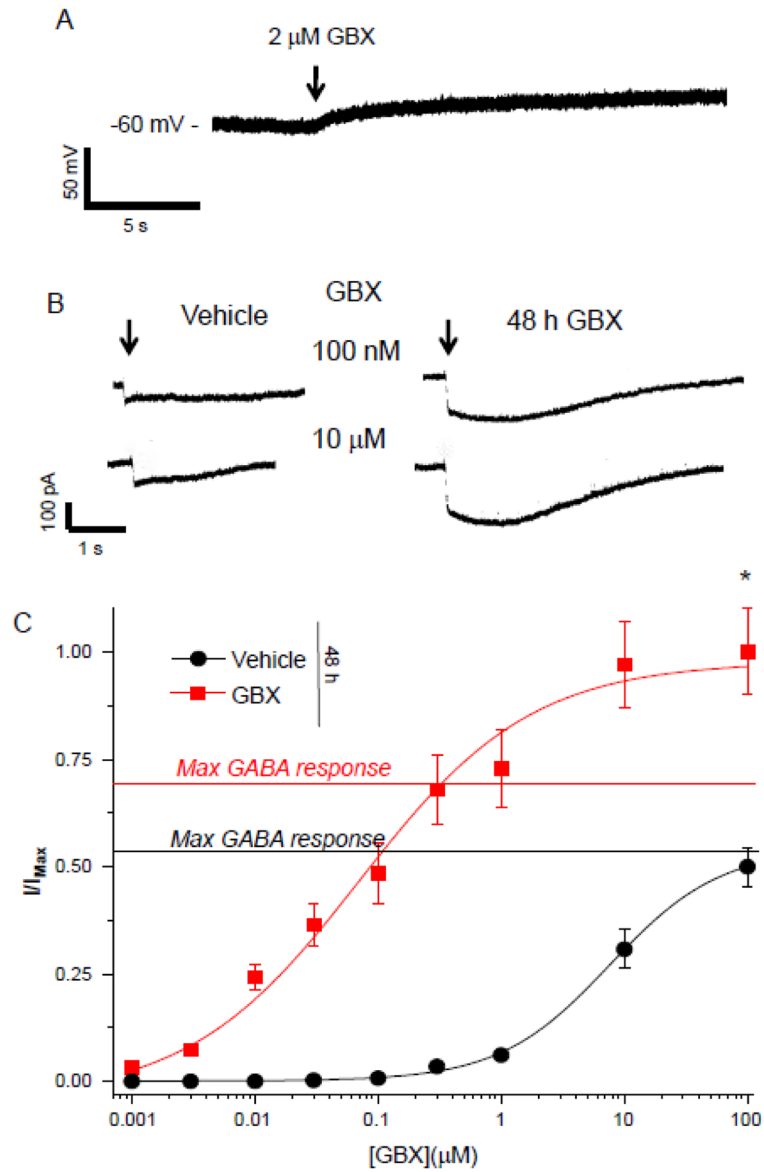


Figure 8. 48 h Gaboxadol treatment increases gaboxadol responsiveness of cultured neurons
 A, Representative trace, tight seal, cell-attached current clamp recording of a cultured neuron (8 d) transfected with $\alpha 4F$, $\beta 2$ and δ (48 h). Gaboxadol (GBX) produced an upward deflection, reflecting a depolarizing response. (Representative of 5 cells.) B, Representative currents, whole cell voltage clamp recordings of responses to acutely applied GBX (100 nM, 10 μ M). Neurons were treated with vehicle or 10 μ M GBX for 48 h. C, Concentration-response curves of averaged data. 48 h GBX treatment increased the maximum response and shifted the curve to the left (EC_{50} , Con, 6.0 (1.71, 21) μ M; GBX, 0.075 (.023, .248) μ M). Dashed line, maximum GABA response indicated for each group determined with the response to a saturating concentration of GABA (100 μ M). $t(19) = 4.8$; $*P < 0.0001$.

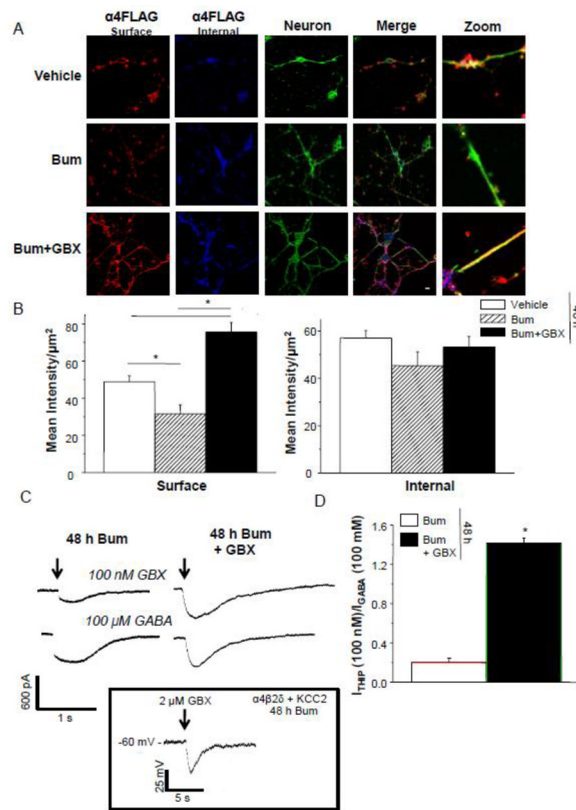


Figure 9. Reversal of the polarity of GABAergic current does not prevent gaboxadol effects on $\alpha 4\text{F}\beta 2\delta$ expression

Cultured neurons (8 d) were transfected with KCC2 in addition to GABAR subunits $\alpha 4\text{F}$, $\beta 2$ and δ and treated with vehicle or 10 μM bumetanide (Bum) for 48 h to block NKCC1 activity. A, Left to right, representative confocal images (63X) of $\alpha 4$ FLAG labeling from the *surface* (546 λ , red, nonpermeabilized) and *internal* (350 λ , blue, permeabilized) sites; *neuron*, phalloidin (488 λ , green), *merge*, merged images; *zoom*, representative zoomed images. Immunostaining performed after 48 h treatment with (top to bottom) vehicle (0.01% DMSO), Bum (10 μM), Bum + gaboxadol (GBX, 10 μM); scale bar, 10 μm . 48 h GBX increased surface fluorescence intensity compared to vehicle. B, Averaged data for surface (left, ANOVA, $F(2,33) = 83$, $P < 0.0001$) and internal (right, ANOVA, $F(2,33) = 1.82$, $P = 1.82$) staining. $*P < 0.05$ vs. vehicle. C, Representative traces, whole cell voltage clamp recordings of responses to acutely applied GBX (100 nM) and GABA (100 μM), arrows. D, Averaged data, expressed as a ratio of the response to GBX relative to the response to GABA ($I_{\text{GBX}}/I_{\text{GABA}}$). 48 h GBX treated cells exhibited a greater $I_{\text{GBX}}/I_{\text{GABA}}$ suggesting increased expression of δ -containing GABAR. $t(8) = 12.2$; $*P < 0.0001$. *Inset*, Representative trace, tight seal, cell-attached current clamp recording. GBX (2 μM) produced a downward deflection, reflecting a hyperpolarizing response. (Representative of 5 cells).

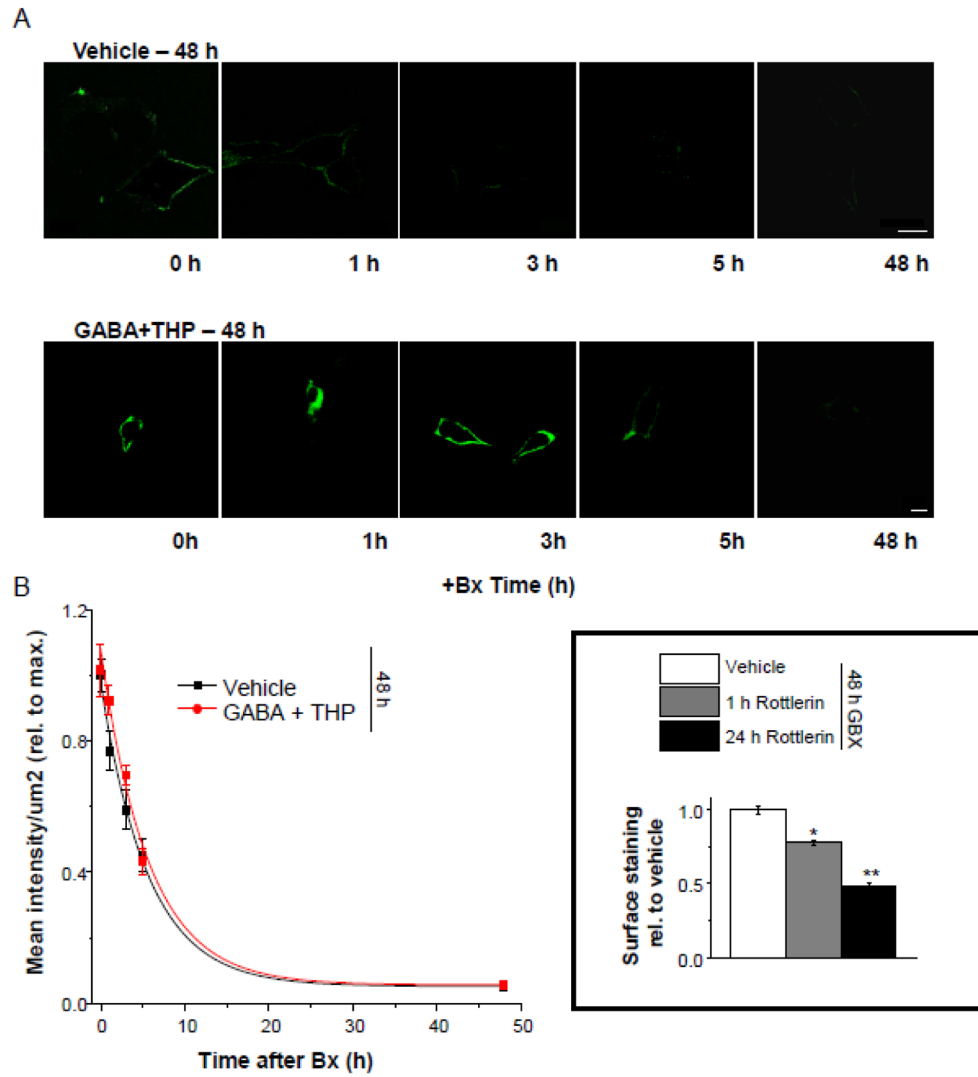


Figure 10. The rate of removal of surface $\alpha 4\text{F}\beta 2\delta$ expression after 48 h gaboxadol treatment Transfected HEK-293 cells were treated with vehicle or gaboxadol (GBX, 10 μM) for 48 h. Where indicated, botulinum toxin b (Bx, 5 nM) was added to block receptor insertion across a time-course (1, 3, 5, or 48 h). A, Representative confocal images (63X) of $\alpha 4$ FLAG staining (488 λ , green) after treatment with Bx for the indicated time periods, administered alone (top) or in addition to 48 h GBX (bottom). scale bars, 10 μm . B, Averaged data. The rate of disappearance of $\alpha 4\text{F}$ labeling is plotted as a function of time (n=5 cells per time point). The plot was best fit to a single exponential decay function, which was not altered by GBX treatment. *Inset*, Effects of rottlerin (10 μM), a PKC- δ inhibitor, on $\alpha 4\text{FLAG}$ surface labeling after 48 h treatment with gaboxadol. ANOVA, $F(2,9) = 8.3$, $P = 0.0091$; * $P < 0.05$ vs. Vehicle; ** $P < 0.05$ vs. 1 h GBX.