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Akt3 Deficiency in Macrophages Promotes Foam Cell Formation and Atherosclerosis in Mice

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Summary

Akt, a serine-threonine protein kinase, exists as three isoforms. The Akt signaling pathway controls multiple cellular functions in the cardiovascular system, and the atheroprotective endothelial cell dependent role of Akt1 has been recently demonstrated. The role of Akt3 isoform in cardiovascular pathophysiology is not known. We explored the role of Akt3 in atherosclerosis using mice with a genetic ablation of the Akt3 gene. Using hyperlipidemic ApoE^{-/-} mice, we demonstrated a macrophage dependent, atheroprotective role for Akt3. *In vitro* experiments demonstrated differential subcellular localization of Akt1 and Akt3 in macrophages, and showed that Akt3 specifically inhibits macrophage cholesteryl ester accumulation and foam cell formation, a critical early event in atherogenesis. Mechanistically, Akt3 suppresses foam cell formation by reducing lipoprotein uptake and promoting ACAT-1 degradation via the ubiquitin-proteasome pathway. These studies demonstrate the non-redundant atheroprotective role for Akt3 exerted via the previously unknown link between the Akt signaling pathway and cholesterol metabolism.

Keywords

Akt3; ACAT-1; cholesteryl esters; atherosclerosis; macrophage

Introduction

Akt, also known as protein kinase B (PKB), plays an important role in the regulation of numerous cellular processes including cell growth, glucose metabolism, differentiation, proliferation, and apoptosis (Manning and Cantley, 2007). Three Akt isoforms, encoded by three separate genes, are expressed in mammals. The three isoforms are highly homologous in their amino acid sequences and display similar substrate specificity. Phenotypic analysis of the individual Akt isoforms deletion in the mouse showed distinct phenotypes, which could be at least partially attributed to their relative expression in the affected tissues or organs. Combined deletions of the Akt isoforms in the mouse suggest compensatory and

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complementary roles of three isoforms (Manning and Cantley, 2007). However, the three isoforms may have distinct functions, even at the cellular level, even though the mechanisms of specificity are poorly understood. Despite recent discoveries, a thorough understanding of the specific roles of Akt family members and the molecular mechanisms that determine Akt isoform functional specificity are still lacking.

Akt is at the center of a complex signaling network regulating multiple cellular functions, suggesting a possibility that Akt signaling pathways may be involved in pathogenesis of atherosclerosis. However, studies of the role of Akt in general, and specifically Akt isoforms in atherogenesis, are very limited. Recent studies have shown that the genetic ablation of Akt1 promotes coronary atherosclerosis (Fernandez-Hernando et al., 2007). The effect of Akt1 deficiency was mostly due to the enhanced expression of proinflammatory genes in the artery wall. Bone marrow transplantation experiments demonstrated that macrophages from ApoE^{-/-}Akt1^{-/-} donors did not confer increased atherogenesis, suggesting that lesion expansion in the ApoE^{-/-}Akt1^{-/-} mice might be of vascular origin. In agreement with these results, *in vitro* studies demonstrated that Akt1^{-/-} macrophages tended to accumulate less cholesterol when exposed to modified lipoproteins. The roles of Akt2 and Akt3 isoforms, as well as specific involvement of Akt in lipid metabolism leading to modulation of

In the present study, we explored the role of Akt3 in atherosclerosis using mice with a genetic ablation of the Akt3 gene. We demonstrated a specific, macrophage dependent, antiatherosclerotic role for Akt3 in hyperlipidemic ApoE^{-/-} mice. Mechanistically, Akt3 exerts its atheroprotective function by restricting CE accumulation in macrophages via down-regulation of lipoprotein uptake and inhibition of ACAT-1 protein expression. Thus, our study demonstrates non-redundant atheroprotective role for Akt3 exerted via a previously unknown link between Akt signaling pathway and lipoprotein and cholesterol metabolism.

Results

Akt3 Deficiency Promotes Atherosclerosis in Hyperlipidemic ApoE^{-/-} Mice

To study the functional role of Akt3 in atherogenesis *in vivo*, we subjected age- and sexmatched ApoE^{-/-}Akt3^{-/-} and ApoE^{-/-} mice to a Western diet for 9 weeks. *En face* analyses of total aorta surfaces revealed ~2-fold increase in the atherosclerotic lesion area in ApoE^{-/-}Akt3^{-/-} mice (Figure 1a). Lesion areas in cross-sections of the aortic sinus were also increased 2.2-fold in ApoE^{-/-}Akt3^{-/-} mice (Figure 1b). The areas infiltrated by CD68positive macrophages in lesions was increased 3-fold in ApoE^{-/-}Akt3^{-/-} mice (Figure 1c). The body weights, plasma cholesterol levels, plasma triglycerides (TG) and lipoprotein profiles were similar between both genotypes fed a Western diet (Figures 1d–1g). Thus, the genetic loss of Akt3 increases aortic and coronary atherogenesis without changes in plasma cholesterol and lipoprotein profile. A similar result has been previously published for Akt1^{-/-} mice (Fernandez-Hernando et al., 2007), indicating that Akt3 and Akt1 have nonredundant atheroprotective roles.

Akt3 Expression in Bone Marrow Cells Is Atheroprotective

To determine whether Akt3 deficiency in bone marrow contributes to atherogenesis, we created ApoE^{-/-} chimeric mice with either ApoE^{-/-}Akt3^{-/-} bone marrow or ApoE^{-/-}Akt3^{+/+} bone marrow cells. After 10 weeks on a Western diet, the area of atherosclerotic lesions in the aorta was significantly increased in the ApoE^{-/-}Akt3^{-/-} chimeras (41% increase, Figure 2a), while body weight, plasma cholesterol, and triglycerides were undistinguishable in two groups (Figures 2b–2d). Enhanced lesion areas

in the aortic sinus were also observed in this group (Figure 2e). The aortic lesions in both groups consisted mainly of CD68 positive macrophage foam cells (Figure 2f). These findings strongly suggest that the Akt3 expression in macrophages is atheroprotective. Moreover, a similar extent of increase in atherosclerosis in bone marrow chimeras and in whole body Akt3 knockouts suggests that loss of Akt3 expression in bone marrow (presumably in macrophages) drives an increase in atherosclerosis development in Akt3 deficiency. Thus, the mechanism of atheroprotective function of Akt3 is different from that of Akt1.

Akt3 Deficiency Does Not Affect Macrophage Survival

Macrophage apoptosis is an important event in atherosclerosis plaque development (Tabas, 2010). We compared apoptosis of macrophages in atherosclerotic lesions of ApoE^{-/-} and ApoE^{-/-}Akt3^{-/-} mice. There was no increase in the percentage of TUNEL-positive CD68-positive macrophages (Figure 2g). We also tested *in vitro* whether Akt3^{-/-} thioglycollate-elicited murine peritoneal macrophages (MPM) are prone to apoptosis by culturing MPM in the presence of acLDL and ACAT inhibitor FR-179254. This condition induces accumulation of unesterified cholesterol and, consequently, apoptosis in MPM. While FR-179254 induced significant increase in apoptosis and a reduction in viability of MPM, we saw no statistically significant difference between wild type (WT) and Akt3^{-/-} MPM, neither in the absence nor in the presence of FR-179254 (Figures 2h, 2i). These data indicate that macrophage Akt3 deficiency plays no significant role in apoptosis of macrophages, and that proatherosclerotic phenotype of Akt3^{-/-} macrophages is apoptosis independent.

Deletion of Akt3 Promotes Macrophage Cholesterol Accumulation and Foam Cell Formation *in vitro*

Accumulation of cholesterol and cholesteryl esters (CE) in macrophages and subsequent foam cell formation is a critical early step in atherogenesis. We tested whether the deletion of Akt3 affects macrophage cholesterol accumulation and foam cell formation in vitro. The expression of Akt3 in WT MPM and the absence of Akt3 protein in MPM of Akt3^{-/-} mice were confirmed using an Akt3-specific antibody (Figure S2a). Western blot analysis of Akt3^{-/-} MPM using pan-Akt antibody revealed that total Akt levels decreased in Akt3^{-/-} MPM by ~ 25% (Figure 3a). Total Akt kinase activity was reduced by ~ 20% in Akt3^{-/-}MPM (Figure 3b). Akt3^{-/-} and WT MPM were cultured in the presence of either native LDL (negative control), acLDL, or serum from hyperlipidemic Apo $E^{-/-}$ mice known to contain atherogenic lipoprotein. We also used LDL modified by mild oxidation by the MPO-H₂O₂-NO₂⁻ system, or strong oxidation by Cu²⁺. The initial cholesterol and CE content of Akt3^{-/-}MPM was indistinguishable from that of WT MPM (Figure 3c). However, after 24 h of exposure to modified LDL, Akt3^{-/-} MPM accumulated significantly more CE than WT MPM (Figures 3c, 3d; data for acLDL and hyperlipidemic serum are shown). Increase in unesterified cholesterol content was less pronounced. Neither MPM accumulated significant amount of cholesterol upon incubation with native LDL as anticipated (data not shown). Neutral lipid staining with oil red O also revealed a noticeable increase in foam cell formation in Akt3^{-/-} MPM exposed to either acLDL, or serum from hyperlipidemic ApoE^{-/-} mice as compared to WT MPM (Figure S2b). This effect was specific for Akt3 since Akt1^{-/-} MPM displayed reduced foam cell formation as compared to WT MPM (Figure S2c) in agreement with published data (Fernandez-Hernando et al., 2007). We also assessed CE formation by measuring the incorporation of $[^{14}C]$ oleate into CE of MPM. Taking into account that variations in cholesterol efflux can contribute to cholesterol accumulation in MPM, we exposed Akt3^{-/-} and WT MPM to increasing concentrations of acLDL in the media containing either no specific cholesterol acceptors (bovine serum albumin, BSA), containing only non-lipoprotein cholesterol acceptors (lipoprotein deficient serum, LPDS), or media containing complete spectrum of cholesterol acceptors (fetal bovine

serum, FBS) (Figure 3e). We observed dose-dependent increases in CE formation in both Akt3^{-/-} and WT MPM, however, the increase was more pronounced in Akt3^{-/-} MPM in all conditions used. Thus Akt3 deficiency in MPM is associated with increased accumulation of CE and increased macrophage foam cell formation *in vitro*.

Akt3^{-/-} MPM Display Mild Increase in Uptake of Modified LDL and No Significant Change in *de novo* Cholesterol Synthesis

To investigate whether the enhanced CE accumulation and foam cell formation in Akt3^{-/-}macrophages was due to an increased uptake of modified forms of LDL, we first assessed the expression of major scavenger receptors (CD36, SR-AI and LOX-1) in Akt3^{-/-} and wild-type MPM. No significant difference between the two groups was observed (Figure 4a). Since modified LDL can modulate the expression of scavenger receptors on macrophages (Han J, 1998), we compared the expression of scavenger receptors on MPM exposed to modified LDL. Again, no significant differences between the two groups were observed (Figure 4b and Figure S3a). Furthermore, binding assay at 4°C using modified LDL ligands for scavenger receptors revealed no significant difference between Akt3^{-/-} and wild-type MPM (Figure 4c), demonstrating that Akt3 deficiency does not induce expression of scavenger receptors. Since alternative pathways have been described to mediate the uptake of modified LDL, such as macro- and micropinocytosis, phagocytosis, and contribution of other receptors, we assessed uptake of modified LDL at 37°C. We observed moderate and uniform increases in uptake of all forms of modified LDL tested by Akt3^{-/-} MPM (Figure 4d). Since scavenger receptors expression was similar, these increases are probably explained by a small increase in pinocytosis that we observed in Akt3^{-/-} MPM (Figure 4e). Even though, these increases are small, theoretically they still may contribute to accumulation of cholesterol in Akt3^{-/-} MPM.

Akt signaling pathways were recently implicated in the regulation of cholesterol synthesis. Theoretically, *de novo* cholesterol synthesis can contribute to the accumulation of cholesterol in macrophages. However, we found no difference in cholesterol synthesis between Akt3^{-/-} and WT MPM in conditions that stimulate cholesterol synthesis (in the presence of lipoprotein deficient serum), nor in conditions of increased cholesterol uptake and suppressed cholesterol synthesis (in the presence of modified LDL) (Figure 4f). These results suggest that Akt3 isoform is not involved in the regulation of cholesterol synthesis in macrophages, and, consequently, increased cholesterol synthesis does not contribute to the observed accumulation of CE in Akt3^{-/-} macrophages.

Cholesterol Ester Hydrolysis Is Not Changed in Akt3^{-/-} MPM

Since we found only a modest 10–15% increase in lipoprotein cholesterol uptake (Figure 4d) and no significant changes in cholesterol synthesis in Akt3^{-/-} macrophages (Figure 4f), the only way to significantly increase CE content in MPM is via a reduction of efflux of lipoprotein derived cholesterol. The question remains, is this decrease due to a primary effect on the efflux machinery, or secondary, due to i) the defect in lysosomal hydrolysis of lipoprotein derived CE, ii) an increased esterification of cholesterol by ACAT, or iii) a reduced hydrolysis of ACAT derived CE by neutral CE hydrolases. To test the possibility that a defect in the hydrolysis of LDL derived CE exists in Akt3^{-/-} MPM, we incubated MPM with acLDL in the presence of the ACAT inhibitor FR179254. Inhibition of CE synthesis by FR179254 in WT and Akt3^{-/-} MPM was associated with complete suppression of neutral lipid accumulation, demonstrating that the accumulation of CE in Akt3^{-/-} MPM is ACAT dependent (Figure S3b). The possibility of changes in hydrolysis of endogenously formed CE in Akt3^{-/-} MPM was then investigated. LIPE, or hormone sensitive lipase, and nCEH1 account for nearly 90% of cholesteryl ester hydrolysis in macrophages (Sekiya et al., 2009). The expression of both enzymes in WT and Akt3^{-/-} macrophages was similar

(Figure 4g). We also assessed the rate of CE hydrolysis in CE laden cultured MPM, and found that the rates were almost identical in WT and $Akt3^{-/-}$ macrophages (Figure 4h). Together, these data indicate that Akt3 deficiency does not suppress CE hydrolysis in MPM.

Expression and Activity of ACAT-1 Are Increased in Akt3^{-/-} MPM

Excess free cholesterol in macrophages undergoes esterification by acyl-CoA:cholesterol acyltransferase (SOAT or ACAT). Two isoforms of ACAT (ACAT-1 and ACAT-2) are found in mammalian cells (Li and Glass, 2002). We assessed both protein expression and enzyme activity of ACAT-1 and ACAT-2 in Akt3^{-/-} and WT MPM. Akt3 deficiency led to elevated expression of ACAT-1 protein (~35% increase), while no noticeable change in ACAT-2 protein expression was detected (Figures 5a, 5b). Expression of ACAT-1 in Akt3^{-/-} MPM was upregulated upon incubation with acLDL, and was 2.5-fold higher compared to WT MPM (Figure 5c). In contrast, changes in ACAT-2 expression in response to incubation with acLDL were modest (Figure 5d). Akt3^{-/-} deficiency in MPM was associated with a 1.9-fold increase in ACAT enzymatic activity (Figure 5e). Cholesterol loading after incubation with acLDL led to further increases in ACAT activity in both WT and Akt3^{-/-} MPM, however, ACAT activity was still 2-fold higher in Akt3^{-/-} MPM.

While, Western blot analysis revealed an increased expression of both ACAT-1 and ACAT-2 after exposure to acLDL, ACAT-2 is considered to play no significant role in the accumulation of CE in macrophages (Rudel et al., 2001). We performed foam cell formation and CE synthesis assays in the presence of a selective ACAT-2 inhibitor, Pyripyropene A (PPPA) (Das et al., 2008) and confirmed that ACAT-1 is the major isoform of ACAT responsible for cholesterol accumulation in Akt3^{-/-} MPM (Figures S4a–c). These data suggest that increased ACAT-1 expression and activity may play significant role in excessive CE accumulation in Akt3^{-/-} MPM.

Akt3^{-/-} MPM Have No Primary Defect in Cholesterol Efflux

We next tested whether Akt3^{-/-} MPM have a primary defect in cholesterol efflux. Lack of Akt3 expression has no noticeable effect on the expression of major mediators of cholesterol efflux ABCA1, ABCG1, or SR-BI on MPM (Figure 5f). Initial experiments using ³Hcholesterol tracer showed modestly reduced (5-15% reduction) cholesterol efflux in Akt3^{-/-} MPM (Figure S4d). Since increased activity of ACAT-1 in Akt3^{-/-} MPM can reduce the pool of ³H-cholesterol available for efflux, we next repeated cholesterol efflux experiments and performed direct measurements of cellular cholesterol mass in the presence of ACAT-1 inhibitor (Figures 5g, 5h). Cholesterol efflux from WT and Akt3^{-/-} MPM under these conditions was practically identical (Figure 5h). Inhibition of cholesterol esterification in MPM exposed to modified LDL resulted in an increase in unesterified cholesterol mass, both in WT and Akt3^{-/-} macrophages, as expected (Figure 5g). However, in agreement with the results of the experiment on cholesterol efflux, there was no difference in cholesterol content between WT and Akt3^{-/-} macrophages under these conditions. These experiments rule out a primary defect in cholesterol efflux from Akt3^{-/-} MPM as a mechanism leading to increased CE accumulation in Akt3^{-/-} MPM. They further suggest that a net decrease in cholesterol efflux of lipoprotein-derived cholesterol is secondary to enhanced cholesterol esterification mediated by ACAT-1.

Down-regulation of Macrophage Akt3 Expression Augments CE Synthesis and Foam Cell Formation *in vitro*

To test whether suppression of the expression of Akt3 in MPM *in vitro* is sufficient to induce ACAT-1 expression and CE accumulation, we used the small interfering RNA to inhibit Akt3 expression in WT MPM, and then performed foam cell formation and CE synthesis assays. As additional control, we used the same approach to suppress the

expression of Akt1 in WT MPM. Transfection with Akt3 siRNA significantly inhibited the expression of Akt3 without having an effect on Akt1 expression (Figures 6a, 6c and Figure S5a). In turn, Akt1 siRNA specifically inhibited Akt1 expression (Figure 6b and Figure S5a). Transfection efficiency in these experiments assessed using FITC conjugated control siRNA reached 55% (Figure S5b). There were no significant changes in the subcellular distribution of Akt1 and Akt3 after treatment with specific siRNAs (Figure S5a). Inhibition of Akt3 expression resulted in increase in macrophage foam cell formation and in cholesteryl [¹⁴C]oleate synthesis (Figures 6d, 6e). In contrast, inhibition of Akt1 expression tended to reduce foam cell formation and CE synthesis in MPM. These results further support the direct and specific role of Akt3 in the excessive cholesterol accumulation in MPM.

Akt1 and Akt3 Have Different Subcellular Distribution in Macrophages

To find out why Akt1^{-/-} and Akt3^{-/-} deficiencies lead to opposite effects on macrophage CE accumulation, we examined the subcellular distribution of Akt1 and Akt3 in macrophages. Immunofluorescent staining showed distinct localizations of Akt1 and Akt3 in WT MPM. Akt1 was mainly located in the nucleus, while the majority of Akt3 was located in the cytoplasm (Figure 7a and Figure S6a). The deletion of Akt3 led to no obvious change in Akt1 distribution in MPM, suggesting that Akt1 cannot compensate for the lack of Akt3 expression (Figure 7b). The localization of Akt1 and Akt3 in human differentiated THP-1 macrophages was similar to that in MPM (Figure 7c). This distribution of Akt3 and Akt1 was cell type specific since in hepatocytes (HepG2 cells) Akt3 had exclusively nuclear localization, while significant amount of Akt1 was observed in the cytoplasm (Figure S6b). Thus a moderate decrease in total Akt expression and activity in Akt3^{-/-} macrophages can be associated with major lack of Akt activity and major effect on Akt targets in the cytoplasm of these cells.

Akt3 Regulates ACAT-1 Expression by Promoting Its Degradation via The Ubiquitinproteasome Pathway

To determine whether the increase in ACAT-1 expression was a consequence of an increase in ACAT-1 transcript, we assessed ACAT-1 mRNA level in WT, and Akt3^{-/-} MPM by RT-PCR and real-time RT-PCR. We observed no significant difference between these two groups (Figure 7d). Furthermore, no increase in the synthesis of ACAT-1 protein was found in Akt3^{-/-} MPM (Figure 7e). The elevation in ACAT-1 could be due to an increase in protein stability. We assessed the half-life of ACAT-1 protein in WT and Akt3^{-/-} MPM using cycloheximide to inhibit protein synthesis. As shown in Figure 7f, the half-life of ACAT-1 in WT MPM was 8 h, while in Akt3^{-/-} MPM the half-life of ACAT-1 increased to 18 h. We next tested whether two primary intracellular protein degradation pathways, the ubiquitin-proteasome and lysosome pathways, are involved in accelerated degradation of ACAT-1 in WT macrophages. Treatment of WT MPM, but not of Akt3^{-/-}with specific proteasome inhibitor, MG132, resulted in a pronounced increase in ACAT-1 protein expression (Figure 7g). Chloroquine had no significant effect on ACAT-1 expression. The majority of cellular proteins targeted for proteasomal degradation are first polyubiquitinated. WT and Akt3^{-/-} MPM were treated with MG132, lysed, then ACAT-1 was immunoprecipitated, subjected to SDS-PAGE and Western blotting analysis using antiubiquitin antibody. Inhibition of proteasome pathway in WT macrophages resulted in significant accumulation of high molecular mass polyubiquitinated protein smear (Figure 7h), suggesting that ACAT-1 is polyubiquitinated in macrophages and that the polyubiquitinated forms of ACAT-1 are rapidly removed through the proteasome pathway. Polyubiquitination of ACAT-1 isolated from Akt3^{-/-} MPM was significantly reduced as compared to WT MPM (Figure 7h). Taken together, these results suggest that Akt3 suppresses ACAT-1 expression by promoting ACAT-1 degradation via the ubiquitin-

proteasome mechanism. Akt is at the center of a complex signaling network and directly phosphorylates multiple intracellular targets. While the pharmacological inhibition of Akt in WT MPM led to a significant increase in ACAT-1 expression, no effect of inhibition of such major signaling pathways downstream of Akt as Glycogen Synthase Kinase-3 β pathway, mTOR pathway or NF- κ B pathway was observed (Figure 7i and Figure S6c). Interestingly, ACAT-1 possesses consensus phosphorylation sites for Akt, and direct phosphorylation by Akt is known to promote degradation via a proteasome pathway. To investigate whether ACAT-1 phosphorylation correlates with Akt3 expression, we immunoprecipitated ACAT-1 from MPM and performed a Western blotting analysis using a phospho-(Ser/Thr)-Akt substrate antibody (Sano et al., 2007). ACAT-1 isolated from Akt3^{-/-} MPM exhibited significantly reduced staining by this antibody as compared to WT MPM (Figure 7j). We have also observed that Akt3 and ACAT-1 can be coimmunoprecipitated from cell lysate, suggesting a direct interaction (Figure S6d). These results suggest an intriguing possibility that ACAT-1 is a direct target of Akt3.

Discussion

The specific role of Akt3 isoform *in vivo* is poorly understood. To date, it has been shown that Akt3 plays a specific role in brain development and function, as well as in selected types of cancer (Davies et al., 2008; Easton et al., 2005; Nakatani et al., 1999; Stahl et al., 2004; Tokuda et al., 2011; Tschopp et al., 2005). In this study, we demonstrated that genetic ablation of Akt3 leads to accelerated atherosclerosis in hyperlipidemic ApoE^{-/-} mice. Bone marrow transplantation experiments demonstrated that the atheroprotective role of Akt3 depends on its expression in bone marrow derived cells, presumably macrophages. *In vitro* experiments have shown that even though Akt3 in macrophages is a minor isoform, its deletion leads to excessive intracellular accumulation of cholesteryl ester and increased foam cell formation. Mechanistically, increased cholesteryl ester accumulation and foam cell formation in the absence of Akt3 was linked to increase in lipoprotein uptake and an increase in ACAT-1 activity and protein level.

Macrophage foam cell formation is an early key step in atherosclerosis. Macrophage survival in an atherosclerotic lesion is known to play an atheroprotective role in advanced atherosclerotic lesions, but a proatherosclerotic role in early lesions (Tabas, 2010). Akt is known to promote cell survival, and recent studies have shown that Akt1, a major Akt isoform in macrophages, regulates apoptosis and necrosis of these cells both *in vitro* and *in vivo* (Fernandez-Hernando et al., 2007). Our results, on the other hand, strongly suggest that macrophage Akt3 plays a minor role in macrophage survival, and that the proatherosclerotic phenotype of Akt3^{-/-} macrophages is apoptosis independent. This finding is consistent with previously reported lack of the effect of Akt3 deficiency on cell survival in other cell types (Wright et al., 2008).

Mechanisms of foam cell formation may include increased uptake of atherogenic lipoproteins, disturbed intracellular processing, and ineffective elimination of cholesterol from cells via the cholesterol efflux pathway. We have ruled out changes in cholesterol synthesis, cholesterol ester hydrolysis, and a primary defect in cholesterol efflux machinery as significant contributors to excessive CE accumulation in Akt3^{-/-} MPM. According to our data, at least two mechanisms contribute to this effect. We observed a small but consistent increase in modified lipoprotein uptake in Akt3^{-/-} MPM, even though the expression of three major scavenger receptors was not changed. Mechanistically, this increase is explained by the mild increase in pinocytosis that we found in Akt3^{-/-} MPM. It has been demonstrated that fluid-phase pinocytosis contributes to macrophage cholesterol accumulation within mouse atherosclerotic plaques (Kruth, 2011). Theoretically, a mild increase in lipoprotein uptake could lead to a significant increase in CE accumulation in macrophages over the time, but only if unmatched by an equivalent increase in efflux. Our second observation can provide a mechanism for the reduction in cholesterol efflux in Akt3^{-/-} MPM. We observed that macrophage Akt3 deficiency specifically augments expression of ACAT-1, an enzyme diverting cholesterol from the cholesterol efflux pathway by esterifying cholesterol and promoting its storage in cytoplasmic droplets. ACAT-1 is the major isoenzyme in lipid laden macrophages, both *in vitro* and *in vivo*. It is localized in endoplasmic reticulum (ER) regulating cholesterol content in ER and playing a critical role in CE accumulation in cells in atherosclerotic lesions (Miyazaki et al., 1998).

The concept that increased accumulation of CE in macrophages is proatherogenic is supported by the demonstration of increased atherosclerosis in mice with knockout of the two major enzymes responsible for CE hydrolysis in macrophages (Sekiya et al., 2009), as well as by the finding that over-expression of cholesteryl-ester hydrolase in macrophages protects against diet induced atherosclerosis (Zhao et al., 2007). Overexpression of ACAT-1 suffices to induce cholesterol ester accumulation in vitro (Liang et al., 2004). We confirmed this observation using RAW264.7 mouse macrophage cells. Complete suppression of CE formation in macrophages in vivo as in ACAT-1 deficiency leads to the formation of large macrophage-poor atherosclerotic lesions, because some ACAT-1 activity is required for the macrophage to survive in conditions of increased lipoprotein uptake, typical for proatherosclerotic environment (Chang et al., 2009). On the other hand, the concept that increased ACAT-1 expression in macrophages plays a proatherosclerotic role is supported by animal and *in vitro* studies (Ikenoya et al., 2007; Worthley et al., 2007). Our *in vivo* and in vitro data suggest that genetic manipulation leading to increased expression and activity of ACAT-1 in macrophages is proatherogenic. Thus, published data and our data suggest that both, complete prevention of cholesterol esterification and augmented accumulation of cholesteryl esters in macrophages, promote atherosclerosis, but via different mechanisms.

ACAT-1 is regulated at both transcriptional and posttranslational levels. It is allosterically activated by the binding of cholesterol (Chang et al., 2009). Expression of ACAT-1 in macrophages is regulated by several cytokines, adipokines, hormones, and bioactive peptides. While Akt involvement in the regulation of cholesterol esterification has not been known, recent studies have shown that the PI3K/Akt/mTORC1 pathway positively regulates multiple genes involved in *de novo* synthesis of cholesterol and other lipids via transcription factors SREBPs (Duvel et al., 2010; Porstmann et al., 2009). This regulation is linked to the PI3K/Akt/mTORC1 pathway control of cell growth for which the synthesis of components for a new membrane, such as cholesterol homeostasis, the ACAT-1 gene is not under the control of the SREBP pathway (Goldstein et al., 2006). Our studies suggest that Akt directly and negatively regulates ACAT-1 expression. This parallel stimulation of cholesterol synthesis and suppression of cholesterol esterification in ER may be important for processes requiring the generation of new cell membranes, such as cell growth or phagocytosis.

We have shown that ACAT-1 is polyubiquitinated and degraded in macrophages via ubiquitin-proteasome system in Akt3 dependent manner. The mechanism triggering the ubiquitin-proteasome pathway of ACAT-1 degradation needs further investigation. Polyubiquitynation is often induced by protein phosphorylation. Akt directly phosphorylates a number of proteins participating in lipogenesis (Yellaturu et al., 2009). Thus, one possibility is the direct phosphorylation of ACAT-1 by Akt3. This possibility is supported by the following observations: we ruled out three major pathways downstream of Akt (mTOR, GSK-3 and NF- κ B) as regulating ACAT-1 expression; there are two potential Akt phosphorylation sites in ACAT-1 (Thr317 and Thr545), and we observed reduced phosphorylation of ACAT-1 using phosphorylated Akt target motif antibody in Akt3^{-/-} macrophages; evidence for direct interaction of ACAT-1 and Akt3 in cells. Nevertheless,

whether ACAT-1 is directly phosphorylated, or whether another pathway downstream of Akt3 is involved, has yet to be established.

Specific contributions of three Akt isoforms to lipid regulation is not known. We found that CE accumulations were specifically increased in Akt3^{-/-}MPM. One mechanism providing specificity of Akt function is via regulation of intracellular localization. While intracellular localization of Akt1 and Akt3 could be nuclear, cytoplasmic, or both, depending on the cell type (Santi and Lee, 2010), we observed that in murine and in human macrophages, localization of the two isoforms is almost mutually exclusive. Akt1 has nuclear localization with very little staining of the cytoplasm, while Akt3 staining was mostly restricted to cytoplasm. Localization ACAT-1 by Akt3. In agreement with studies by others, we found that ablation of one Akt isoform does not alter the subcellular localization of another Akt isoform (Santi and Lee, 2010). These findings may explain why Akt1 and Akt3 deficiencies have a different effect on lipid accumulation in macrophages, and why Akt3 function is not compensated by Akt1 in these cells. A molecular mechanism behind differential localization of Akt isoforms may have non-redundant functions, even when they are expressed in the same cell.

Taken together, our study demonstrates that Akt3 plays an antiatherogenic role *in vivo*, and identifies a previously unknown isoform specific mechanism for this role. Furthermore, the finding of selective regulation of ACAT-1 by Akt3 adds new possibilities for pharmacological regulation of ACAT-1, which may be of interest beyond the field of atherosclerosis.

Experimental Procedures

Animal Procedures

We used littermate derived, sex, age and genetic background matched mice in our experiments. Akt3^{-/-} and Akt1^{-/-} mice were generated as previously described (Chen et al., 2005; Chen et al., 2009). Akt3^{-/-} mice were originally created from 129Svj ES cells and backcrossed 6x to C57Bl/6. After the last backcross, heterozygotes were mated to create background matched wild type and Akt3^{-/-} mice for the present studies. ApoE^{-/-}Akt3^{-/-} mice were created from a cross between 6x backcrossed Akt3^{-/-} and ApoE^{-/-} (20x backcrossed to C57Bl/6) mice to yield double heterozygotes (7x backcrossed). These were mated back to the ApoE^{-/-} and screened for ApoE^{-/-}Akt3^{+/-} mice of both genders (8x backcrossed). These were then mated to yield background matched ApoE^{-/-} and ApoE^{-/-} Akt3^{-/-} mice of both genders (8x backcrossed). These were used for the study. Atherosclerosis was induced by feeding of eight-week-old ApoE^{-/-} Akt3^{-/-} and ApoE^{-/-} Akt3^{-/-} and ApoE^{-/-} Akt3^{-/-} and ApoE^{-/-} Akt3^{-/-} and ApoE^{-/-} Akt3^{-/-} feeding of eight-week-old ApoE^{-/-} Akt3^{-/-} and ApoE^{-/-} Akt3^{+/+} littermates (8 males and 4 females in each group) with a Western diet containing 0.2% cholesterol and providing 42% calories as fat (TD88137, Harlan Teklad) for 9 weeks. We performed all procedures according to protocols approved by the Cleveland Clinic IACUC.

Bone Marrow Transplantation

Eight-week-old male or female recipient mice were lethally irradiated with a single dose of whole-body irradiation (900 rads) on the day of transplantation. Bone marrow cells from the donor seven-week-old male or female ApoE^{-/-}Akt3^{-/-} and ApoE^{-/-}Akt3^{+/+} mice were isolated and injected into each recipient mouse intravenously. Four weeks later, the mice were fed with a Western diet for 10 weeks and then used for atherosclerotic lesion analysis. Bone marrow and tail tissue of each animal were used to confirm bone marrow reconstitution by PCR analysis.

ACAT-1 and ACAT-2 Immunoprecipitation and Western-blot Analysis

MPM were cultured with or without 50 µg/ml acLDL for 18 h. Cells were harvested and lysed. Each sample (100 µg) was incubated overnight at 4°C with rabbit anti-ACAT-1, rabbit anti-ACAT-2 antibody or non-immune rabbit IgG. Then Protein A or protein G sepharose beads were added and incubation was continued for 4 h at 4°C. Beads were washed three times with cell lysis buffer, boiled in Laemmli buffer, separated by SDS PAGE and analyzed by Western blotting using mouse anti-ACAT-1, goat anti-ACAT-2, or phospho-Akt substrate antibodies.

In vitro Akt Kinase Activity Assay

In vitro Akt kinase activity was analyzed using Akt Kinase Assay Kit (Cell Signaling) according to the manufacturer's protocol. Briefly, MPM were cultured in 10%FBS/RPMI for 24 h. Cells were harvested, washed once with ice-cold PBS, and were lysed with ice-cold nondenaturing lysis buffer. Immobilized Phospho-Akt beads were added to cell lysate for immunoprecipitation. The pellet was incubated with 20 μ g/ml GSK-3 fusion protein substrate and 0.2 mM ATP in kinase buffer for 30 min at 30°C. Reaction was terminated with 2 × SDS Sample Buffer. Phosphorylation of GSK-3 was detected by Western blotting using Phospho-GSK-3 (Ser21/9) antibody.

In vitro ACAT Activity Assay

Protein samples of Akt3^{-/-} or WT MPM were incubated with cholesterol, Tyloxapol, BSA and [¹⁴C]-Oleoyl CoA for 15min at 37°C. Then, lipids were extracted, separated and ¹⁴C radioactivity was determined by scintillation spectrometry. Full details are given in the supplementary data.

Atherosclerotic Lesion Analysis

Mice fed a Western-type diet for 9 or 10 weeks were euthanized by anesthetic overdose. Hearts were perfused with PBS and 4% paraformaldehyde. For *en face* analysis, the entire aorta from the heart, extending 5-10 mm after bifurcation of the iliac arteries and including the subclavian right and left common carotid arteries, was removed, dissected, stained with oil red O and evaluated for lesion development by morphometry of scanned images using Adobe Photoshop and NIH Scion Image software (Febbraio et al., 2000). For the aortic sinus analysis serial cryosections of 10 μ m thickness were taken from the region of the proximal aorta through the aortic sinuses, and stained with oil red O, hematoxylin, and light green (Baglione and Smith, 2006). Morphometry of lesions was made using ImagePro software (Media Cybernetics).

siRNA Transfection

Reagents used for siRNA transfection were purchased from Santa Cruz Biotechnology. Wild-type MPM were treated with control siRNA, Akt1 siRNA, or Akt3 siRNA according to the manufacture's protocol. The transfection efficiency was assessed using FITCconjugate control siRNA.

ACAT-1 Protein Stability

MPM were cultured in RPMI/10% FBS medium in the presence of 10μ g/ml cycloheximide for 0-24 h, then harvested and the expression of of ACAT-1 and GAPDH were determined by Western blotting of total cell lysates.

Statistical Analysis

Data are presented as mean \pm SEM. The statistical significance of differences was evaluated using the Student's t test or Mann-Whitney U test. Significance was accepted at the level of p < 0.05. When multiple comparisons were made, a Bonferroni correction was made for each test.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Abbreviations

acLDL	acetylated LDL
аро	apolipoprotein
CE	cholesteryl esters
DMEM	Dulbecco's Modified Eagle's Medium
LDL	low density lipoprotein
MPO	myeloperoxidase
NO ₂ -LDL	LDL modified by the MPO-H_2O_2-NO_2^- system
SR-AI	scavenger receptor class A type I
nCEH	neutral cholesterol ester hydrolase
HSL	hormone-sensitive lipase

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Highlights

- Akt3, and specifically macrophage Akt3 is atheroprotective in ApoE^{-/-}mice
- Akt3 inhibits lipoprotein uptake and cholesterol esterification in macrophages
- Akt3 promotes ACAT-1 degradation via a ubiquitin-proteasome pathway
- Akt3 and Akt1 suppress atherosclerosis by different mechanisms

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(a) Representative images of *en face* oil red O staining of aortas of ApoE^{-/-}Akt3^{-/-} and ApoE^{-/-} littermates (8 males and 4 females in each group), n=12. (b) (Left panel) Representative images of cross-sections of the aortic sinus stained with oil red O. (Right panel) Quantification of atheroma area. Six slides form different layers were taken for analysis from at least 3 hearts for each group. (c) (Left panel) CD68-positive macrophages (brown) in lesions of ApoE^{-/-}Akt3^{-/-} and ApoE^{-/-} mice. (Right panel) Quantification of CD68-positive areas. (d) Fasting triglycerides levels of ApoE^{-/-}Akt3^{-/-} and ApoE^{-/-} mice after 9 weeks on a Western diet. (e–g) Body weight, fasting cholesterol levels, and lipoprotein profiles from ApoE^{-/-} and ApoE^{-/-}Akt3^{-/-} mice on a normal chow diet or a Western diet. Data represent means \pm SEM.

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Figure 2. Atherosclerotic lesion development is increased in $\rm ApoE^{-/-}$ chimeras with $\rm ApoE^{-/-}Akt3^{-/-}$ bone marrow

(a) Lesion analyses of aortas from ApoE^{-/-} chimeras with ApoE^{-/-}Akt3^{-/-} or ApoE^{-/-} bone marrow, n=10. (b) Body weight of ApoE^{-/-} chimeras before and after 10 weeks on a Western diet. (c–d) Fasting cholesterol and triglycerides levels of ApoE^{-/-} chimeras after 10 weeks on a Western diet, n=7. (e) Representative examples of cross-sections from the aortic sinus stained with oil red O and quantification of atheroma area, n=7. (f) CD68-positive macrophages (brown) in lesions of ApoE^{-/-}Akt3^{-/-} and ApoE^{-/-} mice. bar=100 μ m; n=7. (g) Apoptotic cells and macrophages in lesions of ApoE^{-/-} and ApoE^{-/-}Akt3^{-/-} mice after 9 weeks of a Western diet as detected by TUNEL and CD68 staining, respectively. bar=25 μ m; n=7. (h–i) Wild-type (WT) and Akt3^{-/-} macrophages were treated with acLDL (100 μ g/ml) in the presence or absence of ACAT inhibitor FR-179254 and (h) apoptosis was detected 48h after treatment using Annexin V-FITC or propidium iodide (PI) staining. Right panel shows quantification the data for PI staining. bar=50 μ m; n=8. (i) cell viability was determined by trypan blue exclusion 24 h after treatment. n=8. Data represent means ± SEM.

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Figure 3. Deficiency of Akt3 in murine peritoneal macrophages (MPM) promotes cholesterol ester accumulation $% \mathcal{M}^{(1)}$

(a) Western blot analyses of total Akt expression (using pan-Akt antibodies) in MPM of wild-type (WT) and Akt3^{-/-} (Akt3 KO) mice. n=5. (b) *In vitro* Akt kinase assay of MPM from WT and Akt3^{-/-} mice. n=5. (c, d) The content of unesterified cholesterol and CE in WT and Akt3^{-/-}MPM before or after 24h incubation in (c) RPMI/10%LPDS medium containing 50 µg/ml acLDL or (d) RPMI containing 15% serum from hyperlipidemic ApoE^{-/-} mice. n=5. (e) Cholesterol [¹⁴C]oleate synthesis in WT and Akt3^{-/-} MPM incubated for 24h with indicated concentrations of acLDL and 1.5 µCi/ml [¹⁴C]oleic acid in RPMI containing either BSA, or LPDS or FBS. n=5. Data represent means ± SEM. *p 0.05.



Figure 4. Deletion of Akt3 does not significantly change macrophage expression of main scavenger receptors, main cholesteryl ester hydrolases, uptake of modified LDL, cholesterol synthesis and hydrolysis of cholesteryl ester

(a) Western blot analyses of scavenger receptors (CD36, SR-AI, LOX-1) expression on MPM of WT and $Akt3^{-/-}$ mice. n=6. (b) Expression of CD36 and SR-AI on MPM after 18 h incubation with or without 50 µg/ml of modified-LDL. Graph below shows densitometric quantification. MPM from $CD36^{-/-}$ mice were used as a negative control of CD36 expression. n=6. (c) MPM from WT and Akt3^{-/-} mice were incubated for 2 h on ice with 10 μ g/ml of ¹²⁵I-labeled native or modified LDL, and total bound ¹²⁵I was quantified. n=5. (d) MPM from WT and Akt3^{-/-} mice were incubated for 6 h 37°C with 10 μ g/ml of ¹²⁵Ilabeled native or modified LDL, and total uptake of ¹²⁵I-lipoprotein was quantified. n=6. (e) Uptake of the Lucifer Yellow fluid-phase dye as a measure of pinocytosis in WT and Akt3^{-/-} MPM. n=6. (f) [¹⁴C]Cholesterol synthesis determined by the incorporation of [¹⁴C] acetyl CoA in [14C]cholesterol in WT and Akt3^{-/-} MPM cultured in RPMI/10%FBS, RPMI/ 10%LPDS or RPMI/10%LPDS+50µg/ml acLDL (for details, see supplementary information). n=6. (g) Western blot analyses of cholesteryl ester hydrolases (nCEH, HSL) expression in MPM of WT and Akt3^{-/-} mice. n=5. (h) Hydrolysis of cholesteryl [¹⁴C]oleate in WT and Akt3^{-/-} MPM in the presence of ACAT inhibitor (for details, see supplementary information). n=5. Data represent means \pm SEM. *p 0.05.

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Figure 5. Akt3^{-/-} macrophages have increased expression and activity of acyl-CoA:cholesterol acyltransferase (ACAT) and have no significant changes in cholesterol efflux (a) Western blot analyses of ACAT-1 and ACAT-2 expression in WT and Akt3^{-/-} MPM. n=4. (b) Immunofluorescence staining of ACAT-1 in WT and Akt3^{-/-}MPM. Bar =100 μ m. (c-d) Immunoprecipitation and subsequent Western blot analysis and densitometric quantification of ACAT-1 and ACAT-2 in MPM of WT or Akt3^{-/-}mice after 18 hourincubation with or without (ctl) 50 µg/ml of acLDL. n=6. (e) In vitro ACAT activity in lysates of WT and Akt3^{-/-} MPM after 18 hour-incubation with or without 50 µg/ml of acLDL. n=6. (f) Western blot analysis of ABCA-1, ABCG-1, and SR-BI expression in WT and Akt3^{-/-} MPM. n=3. (g) The content of unesterified and esterified cholesterol in WT and Akt3^{-/-} MPM incubated with 50 μ g/ml acLDL in the presence of indicated concentrations of ACAT inhibitor FR179254. n=5. (h) MPM from WT or Akt3^{-/-} mice were incubated overnight with 100 μ g/ml of acLDL and 3 μ Ci/ml ³H-cholesterol, washed, equilibrated, and then cholesterol efflux was assessed into the media containing either 0.5% BSA, or 5% LPDS, or 50 µg/ml ApoA-I or 100 µg/ml HDL in the presence of 80 nM FR179254 over 24 h period. n=6. Data represent means \pm SEM. *p 0.05; **p 0.01.

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Figure 6. Inhibition of Akt3, but not Akt1, by siRNA promotes foam cell formation in MPM (a–c) MPM were transfected with either control siRNA or Akt1-specific or Akt3-specific siRNAs for 48 h. Western blot was performed using anti-Akt1, Akt3 or GAPDH specific antibodies. (d) Foam cell formation in siRNA-treated MPM. MPM were transfected with siRNA for 72 h and further incubated with 50 µg/ml acLDL in RPMI/0.5% BSA for 18 h, then fixed and stained with oil red O. Graph below shows quantification of foam cells. Bar = $25 \mu m$. (e) MPM were transfected as in panel d, incubated with 50 µg/ml of acLDL and 0.3 µCi/ml [¹⁴C]oleic acid for 24 h and cholesterol [¹⁴C]oleate synthesis was assessed. n=5. Data represent means ± SEM.



Figure 7. The mechanism of specific regulation of ACAT-1 by Akt3

(a) Subcellular localization of Akt1 and Akt3 detected by the confocal immunofluorescence microscopy differs in MPM. DAPI staining (blue, white arrow) is the nuclear marker. (b) Immunofluorescence showed no significant changes in Akt1 localization in Akt3^{-/-} MPM. (c) Immunofluorescence analysis of Akt1 (red) and Akt3 (green) localization in human differentiated THP-1 macrophages. Bar = $25 \mu m$. (d) Analysis of ACAT-1 mRNA expression in WT and Akt3^{-/-} MPM using semi-quantitative RT-PCR (left panel) and quantitative real-time RT-PCR (right panel), actin mRNA used as a loading control. n=4. (e) Immunoprecipitation of ACAT-1 from WT and Akt3^{-/-} macrophages lysates after a 2-h pulse-label with [³⁵S]methionine. Equal amounts (500 3g) of protein from macrophage cell lysates were immunoprecipitated with ACAT-1 antibodies and separated by SDS-PAGE before autoradiography. n=3. (f) MPM from WT and Akt3^{-/-} mice were incubated with cycloheximide (10 μ g/ml), and at the indicated time points, cells were harvested, lysed, and analyzed for ACAT-1 levels by Western blotting. GAPDH levels were used as a loading control. n=3. (g) Wild-type and $Akt3^{-/-}$ MPM were treated with proteasome inhibitor MG132 (MG, 20 μ M) or lysosome inhibitor chloroquine (chlo, 30 μ M) for 16h. ACAT-1 and corresponding β -actin (control) protein level was examined by Western blot analysis. n=3. (h) Cultured WT and Akt3^{-/-} MPM were treated with MG132 (MG, 20 μ M) for 16h, the cell lysates immunoprecipitated (IP) using anti-ACAT-1 antibody, followed by SDS-PAGE and immunoblotting using anti-ubiquitin antibody and anti-ACAT-1 antibody. (i) Wild-type and Akt3^{-/-} MPM were treated with 40 µM Akt inhibitor XI (AktiXI), 20 nM rapamycin (RAP), 10 μM SB 415286 (SB4) for 18h. The expression of ACAT-1 and β-actin

(control) was assessed by Western blot analysis. Lower panel shows densitometric quantification. n=3. (j) ACAT-1 recognition by phospho-Akt substrate antibody. Total cell lysates of WT and Akt3^{-/-} MPM were prepared and immunoprecipitated using anti-ACAT-1 antibody. IP product was analyzed using ACAT-1 and phospho-Akt substrate antibody. n=6. Data represent means \pm SEM. *p 0.05 and **p 0.01 versus wild-type; [#]p 0.05 and ^{##}p 0.01 versus control.