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***DRD1* Associations with Smoking Abstinence Across Slow and Normal Nicotine Metabolizers**

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Abstract

Nicotine metabolism and genetic variation have an impact on nicotine addiction and smoking abstinence, but further research is required. The nicotine metabolite ratio (NMR) is a robust biomarker of nicotine metabolism used to categorize slow and normal nicotine metabolizers (lower 25th quartile cutoff). In two randomized clinical trials of smoking abstinence treatments, we conducted NMR-stratified analyses on smoking abstinence across 13 regions coding for nicotinic acetylcholine receptors and proteins involved in the dopamine reward system. Gene \times NMR interaction *P*-values were adjusted for multiple correlated tests, and we used a Bonferroni-corrected α -level of 0.004 to determine system-wide significance. Three SNPs in *DRD1* (rs11746641, rs2168631, rs11749035) had significant interactions (0.001 adjusted *P*-values 0.004), with increased odds of abstinence within slow metabolizers (ORs=3.1–3.5, 95% CI 1.7–6.7). Our findings support the role of *DRD1* in nicotine dependence, and identify genetic and nicotine metabolism profiles that may interact to impact nicotine dependence.

Keywords

Genetic association studies; heterogeneity; smoking abstinence; nicotine metabolism; nicotine metabolite ratio; *DRD1*

Introduction

Nicotine addiction is a persistent global public health issue with long-term quitting success achieved by only a small percentage of smokers [1]. Research continues to identify and

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characterize genetic markers and biological processes that impact nicotine addiction and smoking abstinence.

The cytochrome P450 enzyme (CYP2A6) converts 80–90% of nicotine to cotinine. CYP2A6 subsequently metabolizes cotinine to 3-hydroxycotinine (3-HC). Nicotine metabolite ratio (NMR), the ratio of 3-HC to cotinine, is a stable phenotypic marker of nicotine metabolism [2] and variation of NMR has been shown to be related to genetic variation in the *CYP2A6* gene [2] and to factors such as sex and hormone levels that alter nicotine metabolic rate [3].

The nicotinic acetylcholine receptor (nAChR) gene regions and genes involved in the dopamine reward system have been associated with nicotine dependence [4–6]. The nAChRs influence the dopamine pathways [7], and nicotine stimulates dopamine release in the brain reward circuits [8]. A previous study did not find an association between smoking rate and the interaction between the chr15q25.1 nAChR region and NMR [9]. However, their independent associations make the interplay between nicotine metabolism and genetic variants involved in nAChR signaling and dopamine transmission on smoking abstinence of particular interest.

In this study, we assessed the interaction between strata of NMR status (slow metabolizers, lower 25th quartile) and *a priori* candidate genes in the nicotinic receptor and dopaminergic pathways on smoking abstinence.

Study Sample

We pooled subjects enrolled in two smoking abstinence pharmacogenetic effectiveness trials conducted by the University of Pennsylvania Transdisciplinary Tobacco Use Research Center assessing the efficacy of alternate forms of nicotine replacement (NRT) and bupropion therapy (BUP) [5]. Smokers in the NRT trial were randomized (open-label) to transdermal nicotine (patch) or nicotine nasal spray. The BUP trial was double-blind and randomized, where smokers received placebo or bupropion. The studies had similar designs with subjects recruited using identical methods, making them directly comparable for analysis [5].

After applying exclusion criteria, 1,111 subjects consented to treatment and provided a blood sample for genotyping and NMR measurement. We limited analyses to self-identified Caucasians with phenotype and genotype data (N=626) to avoid potential confounding and heterogeneity of effect estimates. Females comprised 51% percent of participants, 46% were college graduates, the mean age was 45 years old (SD=11), the average cigarettes smoked per day was 23 (SD=10), and the mean Fagerström Test for Nicotine Dependence (FTND) [10] score was 5.5 (SD=2.2). Of 626 participants: 164 were slow metabolizers (lower 25th NMR quartile; NMR < 0.28); 462 were normal metabolizers (upper three NMR quartiles; NMR > 0.28).

The NRT and BUP trials provided medication and group behavioral smoking abstinence counseling. NRT participants (N=298) began assigned treatments at target quit date (TQD) and continued for 8 weeks. BUP participants (N=318) initiated assigned treatments two weeks prior to TQD for a total of 10 weeks. The primary outcome was biochemically confirmed seven-day point-prevalence abstinence at the end of treatment (EOT), assessed eight weeks post-TQD. Per convention [11], non-abstinent participants reported smoking within seven days prior to EOT, failed to provide a saliva sample, or had carbon monoxide levels >10ppm (NRT) or cotinine levels >15ng/ml (BUP). Among 626 participants, 183 (29%) were abstinent at EOT.

Genotyping procedures

Within a larger candidate gene study, we focused on 13 gene regions: six coding for nicotinic acetylcholine receptors (nAChRs – *CHRNA2*, *CHRNA4*, *CHRNA5-CHRNA3-CHRNA4*, *CHRNA7*, *CHRNA2*, *CHRNA3-CHRNA6*) and seven involved in the dopamine reward system (the dopamine receptor gene family – *DRD1*, *DRD2*, *DRD3*, *DRD4*, *DRD5*; catechol-o-methyltransferase *COMT*, DRD1 interacting protein gene *CALCYON*). We genotyped 281 SNPs across these genes (44 with *a priori* putative function, 237 to capture underlying genetic structure) at the University of Southern California Epigenetics Center using the GoldenGate® assay (Illumina, San Diego, CA, USA). Among the 281 SNPs, 12 with genotype call rates <95% were excluded from analyses. One additional SNP deviated significantly from Hardy-Weinberg equilibrium (adjusted threshold $P=1.9\times 10^{-4}$) (Supplementary Table 1). Complete SNP selection and quality control procedures have been described previously [4].

SNP Analysis

To estimate NMR-stratified genetic associations with abstinence at EOT, we used logistic regression to obtain odds ratios for marginal SNP effects within strata of slow and normal nicotine metabolizers. For each SNP we tested an additive or dominant genetic model consistent with previously reported analyses. The most common genotype served as the referent. All models were adjusted for gender, age, treatment and FTND. We performed a 1-df likelihood ratio test (LRT) on SNP \times NMR interaction terms. Analyses were performed using the R Statistical Program [12].

Correlated tests adjustment and system-level significance

Interaction 1-df LRT P -values were adjusted to account for the correlation and number of tests performed across SNPs within a gene region. Test statistics were modeled as asymptotically distributed multivariate normal with a co-variance structure estimated from the correlation of SNPs [4]. Final observed and adjusted P -values are reported. Overall significance was determined using an additional Bonferroni correction across the 13 gene regions, giving a system-wide α -level of $0.05/13=0.004$ [4].

Results

In our study, six SNPs located in *DRD1* had significant gene \times NMR interactions on abstinence (Table 1). One SNP was located in haplotype block 1 (rs1310277 [merged into dbSNP rs266001]), one SNP in block 3 (rs10476156), one SNP between blocks 4 and 5 (rs4867796), and three SNPs in block 5 (rs11746641, rs2168631, rs11749035; r^2 0.9) (Supplementary Figure 1). The interactions for the three SNPs located in block 5 achieved system-wide significance (0.001 adjusted P -values 0.004). Within slow metabolizers, the minor allele was associated with increased odds of abstinence (OR=3.1–3.5, 95% CI 1.7–6.7), but that association was null within normal metabolizers (OR=0.8–0.9, 95% CI 0.5–1.3). Abstinence rates (Figure 1) reflect these associations, and were higher for slow metabolizers carrying the minor allele for each of these SNPs (46–57%) compared to the other three metabolizer/genotype groups (19–30%).

Of note are gene \times NMR interactions (unadjusted P -values=0.03–0.05) for four SNPs (rs7178270, rs2036527, rs1051730, rs1317286) in the chr15q25.1 *CHRNA5-CHRNA3-CHRNA4* nAChR region (Table 1), three of which are in strong LD (rs2036527, rs1051730, rs1317286; r^2 0.9). Although they do not achieve region-wide significance after adjustment for correlated tests, two have strong *a priori* associations with nicotine dependence (rs1051730 [6], rs1317286 [13]). Within slow metabolizers, the minor alleles for these SNPs are associated with suggestive increases in odds of abstinence (OR=1.5, 95% CI 0.9–2.5),

but slight decreases within normal metabolizers (OR=0.85, 95% CI 0.6–1.2). For rs7178270, the minor allele is associated with decreased odds of abstinence within slow metabolizers (OR=0.46, 95% CI 0.2–0.9), but null within normal metabolizers (OR=1.1, 95% CI 0.7–1.7). For the three SNPs in strong LD, the minor allele is associated with a suggestive increase in odds of abstinence within slow metabolizers (OR=1.5, 95% CI 1.0–2.5), but null within normal metabolizers (OR=0.9, 95% CI 0.6–1.2).

Discussion

In summary, six SNPs in *DRDI* have significant gene \times nicotine metabolism ratio interactions with smoking abstinence at EOT. The minor alleles for these SNPs were associated with significantly increased abstinence rates within slow metabolizers. We find that gene \times nicotine metabolism interactions are more strongly associated with smoking abstinence than unstratified gene effects. Prior studies have also shown associations between *DRDI* polymorphisms and nicotine dependence [14]. The SNPs in *DRDI* that interacted with NMR in our study are neither found in prior nicotine dependence studies nor in LD with SNPs reported in previous studies, but they may be in LD with an undiscovered functional variant for nicotine dependence and D1 dopamine receptor expression.

In the absence of information on the functional consequences of the relevant *DRDI* variants, the mechanism of the interaction with the rate of nicotine metabolism is unknown. Nicotine exposure has been shown to upregulate D1 dopamine receptor expression and activity in key brain regions important for nicotine reward [15]. Such upregulation may contribute to the level of nicotine dependence, and the extent of upregulation may be influenced by the rate of nicotine metabolism.

The association for rs1051730 in the chr15q25.1 nAChR region replicates previous findings between this SNP and nicotine dependence. An interaction was reported between rs1051730 and *CYP2A6*, where cigarette consumption and FTND both increased for those in increasing risk categories (homozygous for the rs1051730 minor allele and/or normal nicotine metabolizers as determined by *CYP2A6* genotype) [6]. This is consistent with our finding, where normal nicotine metabolizers as assessed by NMR carrying the rs1051730 minor allele are more likely to relapse.

Strengths and limitations have been described previously [4,5]. Strengths include bias reduction through baseline biomarker measurements and the prospective assessment of abstinence. Also, our *P*-value adjustment for multiple correlated test is less conservative than a Bonferroni adjustment. However, while gene effects have been shown to differ across treatments [4,5], we lack a sufficient sample to detect small gene \times NMR \times treatment interaction effects.

In summary, we observe significant gene \times NMR interactions in which six *DRDI* SNPs are associated with increased odds of smoking abstinence with slow nicotine metabolizers. We also replicate previous findings for an interaction between rs1051730 in the chr15q25.1 nAChR region and the rate of nicotine metabolism. Independent validation of our results is necessary before more conclusions can be made from these findings.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

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Conflicts of Interest

Dr. Ray has received grant funding from Pfizer and is currently an employee of GlaxoSmithKline Biologicals. Dr. Swan has served as a consultant for Pfizer. Dr. Lerman has served as a consultant for and/or received research support from Pfizer, AstraZeneca, Novartis, Targacept, and Glaxo SmithKline. Dr. Tyndale owns shares and participates in Nicogen Research Inc., a company focused on novel smoking cessation treatment approaches. No Nicogen funds were used in this work and no other Nicogen participants reviewed the manuscript. Dr. Tyndale has also consulted for Novartis and McNeil. Dr. Benowitz is a paid consultant for several pharmaceutical companies that market smoking cessation medications and has been a paid expert witness against tobacco companies in litigation related to nicotine addiction. This research was not supported by industry funds.

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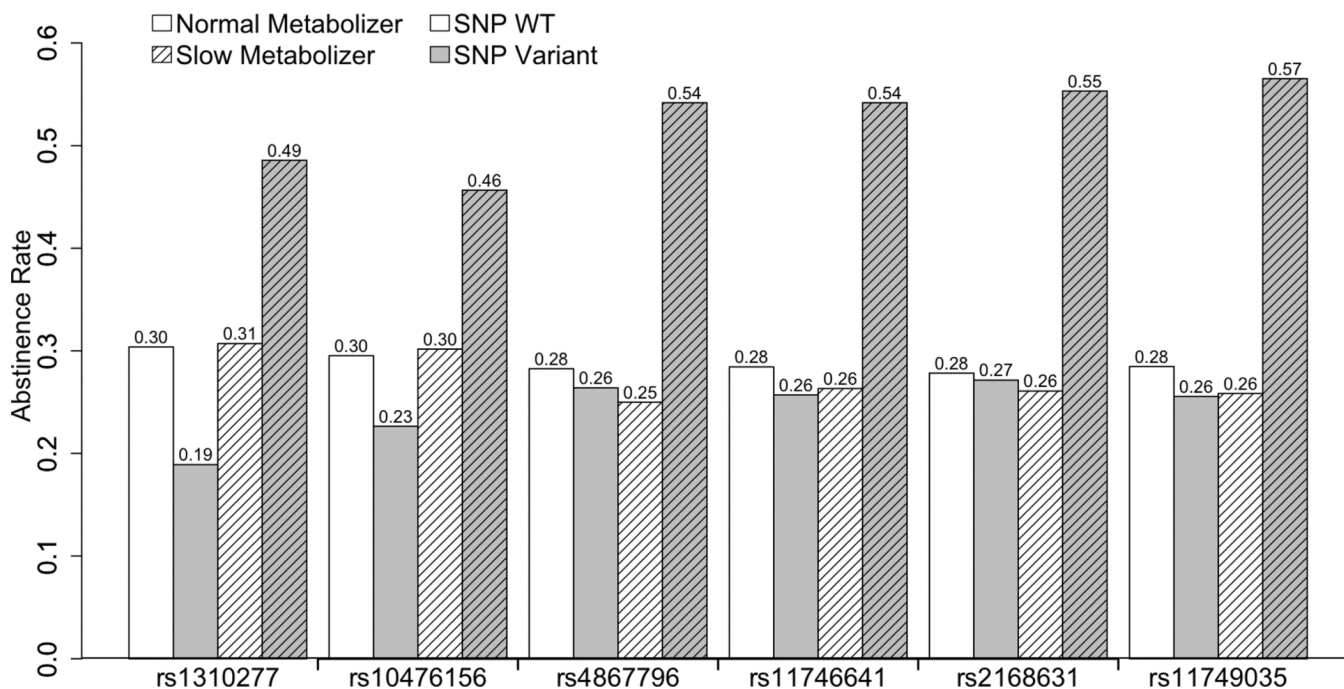


Figure 1.

Abstinence rates across different *DRD1* genotype groups within slow and normal nicotine metabolizers (N = 164 and 462, respectively).

Abstinence rates for six SNPs in *DRD1* with adjusted gene \times NMR interaction *P*-values < 0.05. Data shown across four genotype/nicotine metabolizer groups:

- Normal metabolizers, carrying two major alleles (i.e., WT) – Unlined, White bars
- Normal metabolizers, carrying at least one minor allele (i.e., Variant) – Unlined, Grey bars
- Slow metabolizers, carrying two major alleles (i.e., WT) – Lined, White bars
- Slow metabolizers, carrying at least one minor allele (i.e., Variant) – Lined, Grey bars

Table 1

Interaction between *DRD1* and *CHRNA5-CHRNA3-CHRNA4* Chromosome 15 nAChR region SNPs and nicotine metabolism rate (slow vs. normal metabolizers) on abstinence at end of treatment.

SNP	Haplotype		Slow Metabolizer		Normal Metabolizer		Interaction <i>P</i> -value	
	Block	OR (95% CI) ^a	OR (95% CI) ^a	OR (95% CI) ^a	Observed	Adjusted ^b		
<i>DRD1</i>								
rs1310277	1	1.98 (1.03 – 3.83)	0.53 (0.32 – 0.87)	1.32 × 10 ⁻³	2.26 × 10 ⁻²			
rs10476156	3	2.05 (1.10 – 3.80)	0.64 (0.41 – 1.00)	1.25 × 10 ⁻³	2.22 × 10 ⁻²			
rs4867796	b/w 4–5	2.75 (1.53 – 4.94)	0.91 (0.61 – 1.37)	1.48 × 10 ⁻³	2.40 × 10 ⁻²			
rs11746641	5	3.10 (1.67 – 5.79)	0.82 (0.53 – 1.25)	2.06 × 10 ⁻⁴	4.05 × 10 ⁻³			
rs2168631	5	3.30 (1.75 – 6.22)	0.87 (0.58 – 1.30)	1.96 × 10 ⁻⁴	3.96 × 10 ⁻³			
rs11749035	5	3.49 (1.84 – 6.67)	0.79 (0.52 – 1.21)	5.95 × 10 ⁻⁵	1.25 × 10 ⁻³			
<i>CHRNA5-CHRNA3-CHRNA4</i>								
rs2036527	1	1.52 (0.94 – 2.45)	0.81 (0.59 – 1.11)	3.88 × 10 ⁻²	2.85 × 10 ⁻¹			
rs1051730	2	1.54 (0.95 – 2.48)	0.85 (0.62 – 1.16)	4.23 × 10 ⁻²	2.99 × 10 ⁻¹			
rs1317286	2	1.50 (0.92 – 2.44)	0.85 (0.62 – 1.16)	4.81 × 10 ⁻²	3.24 × 10 ⁻¹			
rs178270	3	0.46 (0.23 – 0.91)	1.07 (0.68 – 1.68)	3.37 × 10 ⁻²	2.57 × 10 ⁻¹			

^a Odds Ratio of quitting associated with minor allele at SNP in specific NMR group

^b *P*-value corrected for the correlation structure within respective gene region