

A role for epigenetic changes in the development of retinal neurodegenerative conditions

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Introduction

The study of epigenetic changes is experiencing a period of explosive growth, in part, due to the fact that epigenetic regulation has been linked to everything from cancer to obesity and from tissue differentiation to degeneration. An epigenetic change is an inheritable change in gene expression caused by mechanisms that do not include changes to the DNA sequence of the cell but rather changes to the chromatin structure and its interactions with various nuclear factors. Chromatin's simplest unit is the nucleosome, which is composed of approximately 147 bp of DNA wrapped around a core of histone proteins. The histone core contains two each of histones H2A, H2B, H3, and H4. While the vast majority of the histone core has a globular, disc-like structure, the terminal tails of the histones are largely unstructured and extend out from the globular domains.

Epigenetic changes can be split into two main branches—posttranslational modifications (PTMs) of histones and DNA methylation. DNA methylation typically occurs in CpG islands resulting in 5'-methylcytosine. DNA methylation

plays a role in stem cell differentiation and development and is largely associated with gene silencing [1, 2]. PTMs of histones are much more diverse chemically and include acetylation, phosphorylation, ubiquitination, sumoylation, ADP-ribosylation, and biotinylation [3]. PTMs of histones occur predominantly in the flexible N- and C-terminal tails of the nucleosomal core histone proteins, but they have also been found within the globular domain, as well as in the H1 linker histone [4, 5]. Histone modifications can have both *cis* and *trans* effects on nucleosomal arrangement. Changes in histones that directly alter their interaction with DNA or modify higher order chromatin structure are defined as *cis* effects [6]. The best characterized example of a *cis* effect is the change in charge on lysine residues following acetylation. The change from positive to neutral is theorized to weaken the association between the histone core and DNA, thereby making the DNA more accessible to transcription factors [7]. Conversely, *trans* effects are those that alter the association between the chromatin and any of a variety of nuclear complexes, often through the use of special protein domains that recognize various histone PTMs, such as the bromodomain of PCAF, a histone acetyltransferase, that specifically recognizes and binds acetylated lysine residues [8]. These specific changes are thought to create a specific “histone language” that provides both positive and negative signals that govern the binding of specific transcriptional molecules to different *cis*-regulatory modules on gene promoters [9]. Since modules can independently alter the temporal and tissue-specific expression of select genes [10], PTMs of histones are becoming recognized as a critical part of cell specification and differentiation during development.

This review will largely focus on the effect of histone modifications, particularly changes in acetylation, on ocular diseases, many of which involve the apoptotic loss of

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neurons. Because one of the hallmarks of apoptotic cell death is a widespread change in gene expression, epigenetic modifications in dying cells provide a feasible explanation for how the expression of a large number of genes with diverse regulatory elements may be rapidly adjusted.

Control of histone acetylation

Histone acetylation levels are controlled by two families of proteins with opposing functions—histone acetyltransferases (HATs) and histone deacetylases (HDACs). There are multiple members in each of these groups, which vary in their cellular localization and preferred substrate, including nonhistone substrates. There are three main subfamilies of HATs, GNAT, MYST, and p300/CBP [11]. The dysregulation of a large number of HATs has been implicated in diseases ranging from cancer to asthma [12]. Likewise, there are three subclasses of HDACs, classes I, II, and III. Class I and II HDACs are Zn⁺ dependent, whereas class III HDACs (sirtuins) are NAD dependent [13, 14]. Both HATs and HDACs function as members of large, multiprotein complexes, and complex formation plays a primary role in controlling HAT/HDAC activity [14].

The regulation of the balance between HAT and HDAC activity in a cell is tightly controlled, as tipping the balance in favor of one over the other can lead to drastic changes in cellular behavior, due to alterations in protein activity and gene expression. A disruption of the HAT:HDAC balance has been implicated in a number of neurodegenerative conditions, including Huntington's disease, Alzheimer's disease, and neuronal ischemia [15]. While most of these neurodegenerative diseases have been linked to a decrease in HAT activity, our work examining retinal ganglion cell (RGC) loss in an acute injury model has implicated an increase in HDAC activity as the problem. Regardless, the real issue is an upset in the balance between two opposing activities, which leads to an abnormal decrease in histone acetylation.

Histone acetylation and gene expression

Most histone acetylation occurs in the N-terminal tails of histones H3 and H4, and acetylation in these regions is associated with transcriptionally active genes [16]. While histone acetylation appears to be necessary for gene expression, it is not sufficient, as the various transcription factors and polymerase complex must still be recruited to the gene. However, histone acetylation may play a role in this recruitment as several transcription factors, including the SWI/SNF complex and TAFII250, contain bromodomains, which preferentially bind acetylated histones [17].

HATs and HDACs can act in sequence-specific and global manners. Global histone acetylation changes appear to be due

to the ability of acetylated histones to recruit more HATs and the ability of unmodified histones to recruit complexes containing HDACs. In this manner, the existing modifications are propagated to the surrounding nucleosomes [18]. Due to the variety of genes affected in apoptotic cells, it is likely that any related histone acetylation changes are global rather than sequence specific; however, this has not been definitively shown.

A widespread change in gene expression has been demonstrated in several models of neurodegeneration, including degenerative retinal conditions [19–24]. Several studies examining this phenomenon have been done in models of RGC degeneration, both acute and chronic models of damage. Using various detection methods in both models of RGC damage, researchers have found almost 500 genes that are downregulated prior to the loss of cells [25–28]. While most studies of gene expression changes in the eye used whole retinas as the tissue sample, they examined a number of RGC-specific genes, such as *Brn3b*, *Thy1*, *Fem1c*, *Sncg*, and *Nrn1*. This provides a much better snapshot of what is occurring in the dying RGCs since only 1–2% of the retinal population is comprised of RGCs. Gene expression changes in damaged RGCs occur as early as 1 day after damage [21, 27] and even occur in *Bax*^{-/-} mice, which do not complete the apoptotic process, after optic nerve injury [29] (Fig. 1). Associated with this decrease, the histones in the promoters of these genes exhibit dramatic deacetylation [21], while genes that are associated with apoptosis either remain unaffected or even increase in their acetylation levels (Fig. 1). The deacetylation process in dying RGCs may not be restricted to individual genes, however. Both wild-type and *Bax*^{-/-} mice that undergo optic nerve crush (ONC) exhibit a global decrease in histone acetylation in the RGC layer as early as 1 day postcrush (Fig. 2), which is concurrent with the detected decrease in the expression of a number of genes [21, 30]. This has significant effects on nuclear architecture, which exhibit an increase in the formation of heterochromatin and change from round or oval in appearance to a highly convoluted appearance (Fig. 2). In another study of histone deacetylation in RGCs following ONC, valproic acid-mediated HDAC inhibition led to increases in DNA binding by CREB, which is known to mediate the expression of neuronal survival genes [31]. In a recent study examining the effect of histone acetylation in the DBA/2 J mouse model of glaucoma, Pelzel et al. found that histones in the RGCs of damaged eyes undergo deacetylation and that the timing of the histone deacetylation correlates with a decrease in expression of an RGC-marker gene [32].

In ischemic models of retinal degeneration, changes in histone modifications also appear to play a role in the altered expression of some genes. Work by Crosson et al. demonstrated that retinal TNF- α expression increases following retinal ischemia but that this increase can be attenuated following treatment with trichostatin A (TSA), a class I

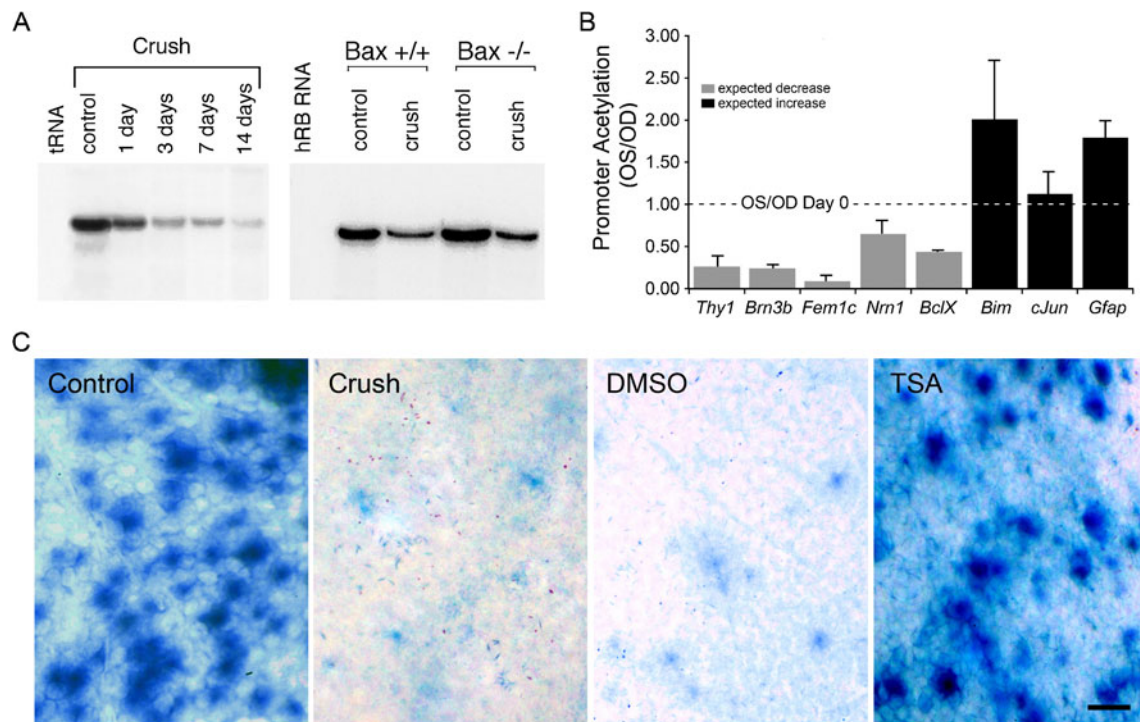


Fig. 1 Gene expression changes in RGCs associated with deacetylation of histones. **a** RNase protection assay for transcripts of the RGC-specific gene *Thy1*. Shortly after optic nerve crush in mice, *Thy1* levels are rapidly depleted (*left panel*). This precedes the loss of RGCs, which begin to drop out of the retina at 1 week after optic nerve damage. The loss of *Thy1* also occurs in *Bax*-deficient mice, which have RGCs completely resistant to the optic nerve crush protocol (*right panel*, 1 week after ONC). **b** ChIP assays showing the relative acetylation of promoter histones in genes that decrease in expression after ONC

(*gray bars*) and genes that exhibit an increase in expression (*black bars*) at 3 days postcrush. Promoter histone deacetylation is correlated with genes that are silenced. **c** Blocking the activity of class I and II HDACs with TSA prevents the silencing of the *Fem1c*^{R3} RGC reporter gene in mice after ONC. In this experiment, TSA was administered to mice 1 day prior to nerve damage, and expression of *Fem1c* (as a function of β -galactosidase activity) was examined 5 days after surgery. **a** was reprinted from [29] with permission. **b** and **c** were reprinted from [21], which is an open access journal

and II HDAC inhibitor, indicating that expression of this gene is controlled by histone acetylation levels [33]. Similarly, other inflammatory stimuli, such as high glucose or oxidized lipid concentrations, as would be found in diabetic individuals, are associated with hyperacetylation of the TNF- α and COX2 promoters, with corresponding increases in gene expression in cultured monocytes [34]. However, the epigenetic effects of diabetic retinopathy in the retina appear to be due to a decrease in histone acetylation rather than an increase, as the expression of HDACs 1, 2, and 8 increased in retinas from streptozotocin-treated rats [35].

Increases in clusterin, a secreted chaperone protein, occur during aging and particularly in those afflicted with age-related macular degeneration (AMD). Recent studies by Suuronen et al. have demonstrated that clusterin expression in RPE cells is effected by epigenetic changes, as seen after treatment with 5-aza-2'-deoxycytidine for DNA hypomethylation or treatment with TSA or valproic acid (VPA) to induce histone hyperacetylation [36]. While it is unclear what role clusterin plays in AMD pathology, this information relating expression to epigenetic modification provides a possible treatment strategy.

HDAC activity changes in retinal degeneration

There is a growing body of evidence of HAT:HDAC imbalance in retinal degenerative diseases. While most of this evidence implies that an imbalance favoring histone deacetylation leads to neurodegeneration, there are some contradictions, particularly in undeveloped retinas and undifferentiated cells.

Investigations into HDAC activity following ONC indicate that there is an increase in nuclear HDAC activity in whole retina lysates that begins at 1 day postcrush and reaches significant levels by 5 days postcrush [21]. In addition, this increase in HDAC activity in the whole retina occurs concurrently with an increased nuclear presence of HDAC3 in RGCs (Fig. 3), the cells affected by ONC, indicating that the increase in HDAC activity in whole retinas may be due to increases in apoptotic cells [21]. Increased retinal HDAC activity has also been detected in streptozotocin-treated rats with poor glycemic control [35]. Interestingly, rats that experienced 6 months of poor glycemic control followed by 6 months of good glycemic control exhibited even higher levels of HDAC

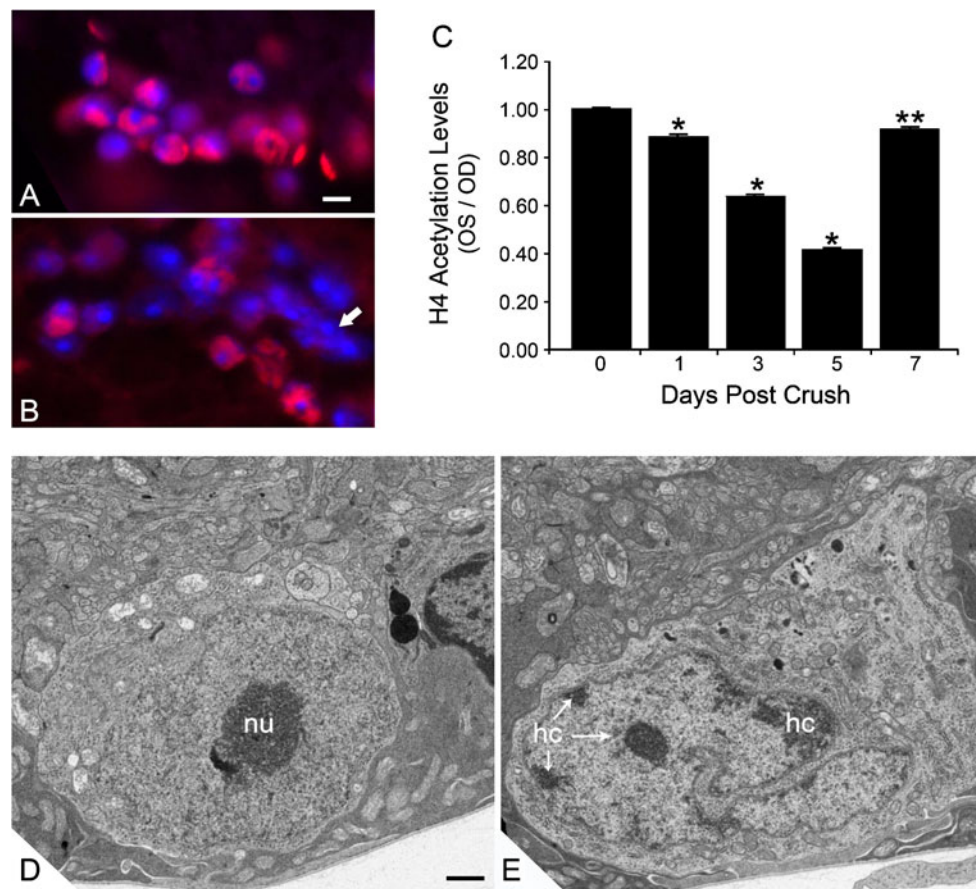


Fig. 2 Histone deacetylation and nuclear changes in RGCs after ONC. Immunofluorescent labeling of acetylated histone H4 (AcH4) in the ganglion cell layer of a control mouse eye (a) and an eye 5 days after optic nerve crush (b). Nuclei have been counterstained with DAPI. Eyes with crush exhibit nuclei with reduced or absent staining for AcH4. Nuclear morphology often demonstrates highly condensed chromatin (arrow in b). Scale bar = 10 μ m. c Quantification of histone H4 acetylation in the ganglion cell layer of mouse eyes after ONC. Data from this experiment were collected by measuring the pixel density of AcH4 label per total area of each nucleus examined and normalizing this value to the pixel density of unaffected nuclei in the

inner nuclear layer. The data are depicted as the ratio of experimental (OS) and control (OD) retinas after ONC. * $P \leq 0.0001$ and ** $P = 0.041$ (OS vs. OD at given time point). Transmission electron micrographs of control (d) and experimental (e) mouse retinas. Images were taken in the ganglion cell layer of eyes 5 days after ONC. Control eyes d exhibit round or oval nuclei with lightly staining euchromatin and prominent nucleoli (nu). In crush eyes, nuclei predominantly appear highly convoluted and exhibit the formation of varying degrees of heterochromatin (hc), typically forming along the inner side of the nuclear envelope. Scale bar = 500 nm. c was reprinted from [21], which is an open access journal

activity, providing evidence for the cause of the metabolic memory phenomenon observed in diabetic patients [35].

In addition to increased HDAC activity, streptozotocin-treated rats also exhibited a decrease in HAT activity responsible for H3 acetylation, but no decrease in H4 acetylation [35]. This indicates possible inhibition of the SAGA or SLIK Gcn5-containing complexes, which preferentially acetylate H3 over H4 [37, 38]. Since an imbalance favoring deacetylation may also be due to a decrease in HAT activity, these rats have compounded issues with histone acetylation. In a spinocerebellar ataxia type 7 (SCA7) cell culture model of neurodegeneration, decreases in another Gcn5-containing HAT complex, STAGA, have also been demonstrated [39]. In this model, the molecular mechanism of HAT inhibition has been identified as sequestration via the polyglutamine-expanded ataxin-7 protein.

In AMD, it appears that a decrease in HDAC activity may actually play a role in the disease pathology. There is an age-related decrease in expression of SIRT1, a class III HDAC, which is significantly worse in age-matched eyes of patients with AMD [40]. While this appears to contradict the HAT:HDAC imbalance indicated in other retinal degeneration models, it should be noted that the role of SIRT1 appears to be acetylation of a nonhistone substrate, FOXO3, which acts as a transcriptional regulatory protein [41].

HDAC3 involvement in neuronal degeneration

Studies of RGC death have implicated an important role for HDAC3 in the process of global histone deacetylation and gene silencing, early in the apoptotic pathway. HDAC3

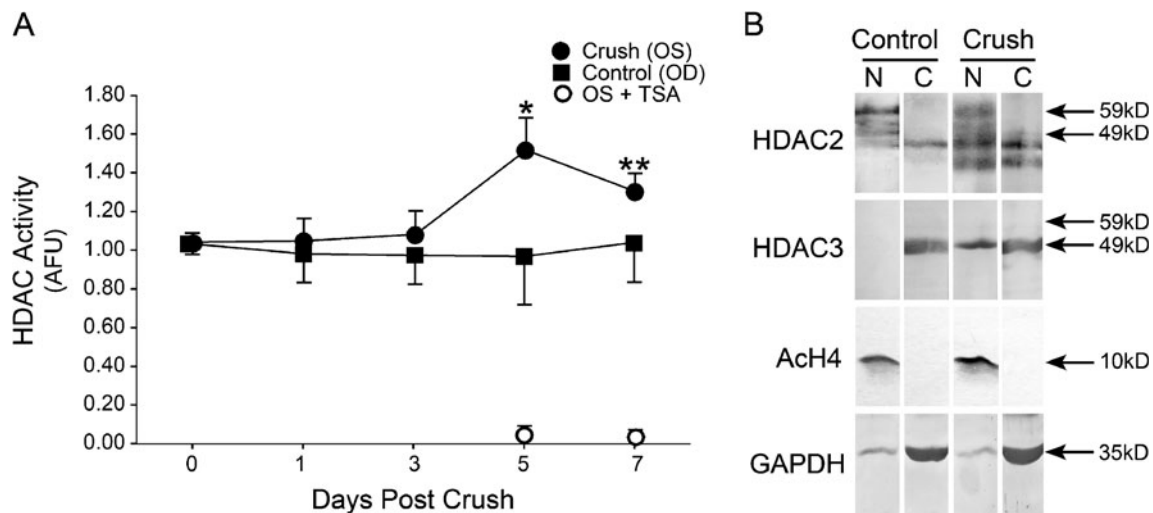


Fig. 3 Changes in HDAC activity in mouse nuclei after ONC. **a** Total nuclear HDAC activity in control (OD) and experimental (OS) retinas after ONC. Crush retinas exhibit a slow progressive increase in nuclear HDAC activity relative to unaffected eyes. All activity can be inhibited by the broad-spectrum inhibitor TSA. **b** HDAC2 and HDAC3

localization after ONC. HDAC2 is predominantly present in the nuclear fraction of both control and crush retinas. HDAC3, however, redistributes to the nuclear fraction in crush eyes, consistent with the increase in nuclear HDAC activity after crush. Reprinted from [21], which is an open access journal

resides in both cytosolic and nuclear compartments in many cell types, but in normal retina, it is predominantly detected in the cytosol. Shortly after acute optic nerve damage, HDAC3 redistributes in affected cells, becoming nuclear [21] (Fig. 3). This correlative evidence supports recently reported studies that HDAC3 expression increased neuronal susceptibility to apoptotic stimuli. Bardai and D'Mello [42] reported that exogenous overexpression of HDAC3 in neuronal cell lines promoted their death, while nonneuronal cells are unaffected under the same conditions. Conversely, silencing of HDAC3 expression in neuronal cells increases their resistance to apoptotic stimuli. Supporting these studies, treatment of mice with a form of Friedrich's ataxia with selective HDAC3 inhibitors provides a neuroprotective effect [43].

The role of HDAC3 in neuronal death is not well characterized. Pelzel and colleagues [21] documented an association between HDAC3 and gene silencing, and HDAC3 inhibitors may affect neuronal death in the models of Friedrich's ataxia by preventing downregulation of frataxin (Fxn) gene expression [44]. Silencing of transcription may be a consequence of a more systemic function of HDAC3, however, to precipitate the global formation of heterochromatin and nuclear condensation associated with apoptosis.

HDAC inhibitors as treatment for ocular diseases

Because the HAT:HDAC balance in retinal degeneration appears to favor deacetylation, several groups have studied

the effects of HDAC inhibitor (HDACi) treatment as a mode of restoring balance. In all cases where treatment is applied to damaged retinas or differentiated neurons on culture, HDACi appears to have a neuroprotective effect.

In an ischemic model of damage, treatment with TSA prevented retinal thinning at 7 days post ischemia/reperfusion, in addition to having the functional benefit of attenuating the loss of a- and b-wave amplitude detected by ERG that is normally seen following ischemia [33]. A separate study examining the effect of VPA on protein expression in ischemic retinas found that VPA stimulated increased H3 acetylation that was associated with a decrease in the stress response proteins, GRP78/BiP and C/EBP homologous protein, as well as a decrease in caspase-12 activation [45].

In ONC models of RGC degeneration, TSA has been shown to attenuate cell loss as long as 2 weeks postcrush, a time when the vast majority of RGCs has disappeared in untreated eyes [21]. While treatment with VPA appears to have a slightly less robust effect, it also attenuated RGC loss following ONC for up to 8 days postcrush [31]. Purified cultures of RGCs also benefit from HDACi treatment, as VPA, TSA, and sodium butyrate (SB) all increase histone acetylation and have neuroprotective effects [46]. In addition to increasing cell survival, HDACi has been shown to block damage-related gene silencing and decrease caspase activation in retina following ONC [21, 31]. In retinal explants, VPA was found to stimulate neurite outgrowth, indicating that HDACi may not only be neuroprotective but may also increase the regenerative potential of damaged neurons [31]. More recently, HDACi treatment has demonstrated effectiveness at attenuating the decrease in expression of an

RGC-specific gene in the DBA/2 J model of chronic age-related glaucoma [32].

In the SCA7 model of retinal degeneration, which is characterized by an inhibition of HAT activity, treatment of the cultures with SB and suberoylanilide hydroxamic acid, both HDACi, reversed the inhibition of CRX/NRL-dependent transactivation of the rhodopsin promoter [39].

DNA methylation and ocular disease susceptibility

Many ocular diseases are considered complex genetic disorders, since they do not present with classical Mendelian inheritance patterns, but family history still clearly plays a role as a major risk factor [47, 48]. There is still more evidence that environmental factors could also influence the prevalence of some ocular diseases, and epigenetic changes to the DNA, which influence gene expression patterns, are likely an intersection of these two variables (for example, see [49]). In this scenario, genetic susceptibility is enhanced or augmented by environmental factors that alter an otherwise “healthy” gene expression pattern. The epigenetic influence of environment is most likely mediated by the methylation of CpG islands in the genome. Studies of the methylome (the overall pattern of DNA methylation in the genome) in monozygotic twins show that cells in young twins have nearly identical patterns of methylation, while cells in older twins exhibit marked differences [50]. Since the genetic information in these individuals is identical, epigenetic changes to their genomes have been proposed as the principal mechanism that leads to discordant diseases they may acquire [51]. Environmental cues that can affect methylomes include diet, smoking, and pollution [52–56].

Although still a fledgling area of study, AMD presents the most compelling and likely candidate for a disease influenced by both genetics and environment. Several large population-based studies have definitively assigned smoking history and dietary intake with an increased risk of developing AMD [57–59]. The importance of these environmental factors in a controlled genetic background has been further examined in monozygotic twins discordant for developing AMD revealed that both cigarette smoking and dietary habits were associated with the disease [60–62]. Although these associations are compelling, the methylomes of individuals affected with AMD have not been examined. This likely underscores that relative naiveté of the ophthalmic community of the influence of epigenetics in the pathology of ocular disease.

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