

ORIGINAL ARTICLE

Portal vein embolization stimulates tumour growth in patients with colorectal cancer liver metastases

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Abstract

Objectives: Portal vein embolization (PVE) can facilitate the resection of previously unresectable colorectal cancer (CRC) liver metastases. Bevacizumab is being used increasingly in the treatment of metastatic CRC, although data regarding its effect on post-embolization liver regeneration and tumour growth are conflicting. The objective of this observational study was to assess the impact of pre-embolization bevacizumab on liver hypertrophy and tumour growth.

Methods: Computed tomography scans before and 4 weeks after PVE were evaluated in patients who received perioperative chemotherapy with or without bevacizumab. Scans were compared with scans obtained in a control group in which no PVE was administered. Future liver remnant (FLR), total liver volume (TLV) and total tumour volume (TTV) were measured. Bevacizumab was discontinued ≥ 4 weeks before PVE.

Results: A total of 109 patients and 11 control patients were included. Portal vein embolization induced a significant increase in TTV: the right lobe increased by 33.4% in PVE subjects but decreased by 34.8% in control subjects ($P < 0.001$), and the left lobe increased by 49.9% in PVE subjects and decreased by 33.2% in controls ($P = 0.022$). A total of 52.8% of the study group received bevacizumab and 47.2% did not. There was no statistical difference between the two chemotherapy groups in terms of tumour growth. Median FLR after PVE was similar in both groups (28.8% vs. 28.7%; $P = 0.825$).

Conclusions: Adequate liver regeneration was achieved in patients who underwent PVE. However, significant tumour progression was also observed post-embolization.

Keywords

colorectal cancer liver metastases, tumour growth, portal vein embolization, bevacizumab, liver regeneration, degree of hypertrophy

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Introduction

Colorectal cancer is diagnosed in approximately 142 570 Americans annually.¹ Of these, 51 370 will die from the disease.¹

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Metastasis is the most common cause of death and occurs in the majority of patients.^{2,3} In recent decades, outcomes in patients with colorectal liver metastases (CRLM) have improved as a result of enhancements in chemotherapy and hepatic resection.⁴ In selected patients, the combination of chemotherapy and resection has increased 5-year survival to up to 50%, compared with only 10% in patients treated with chemotherapy alone.^{5,6} Perioperative chemotherapy regimens for patients with CRLM are based on either

oxaliplatin or irinotecan. Bevacizumab, a human monoclonal antibody and an inhibitor of vascular endothelial growth factor (VEGF), has become part of first-line chemotherapy.⁷ VEGF plays a major role in tumour angiogenesis and is required for both tumour proliferation and healing of injured tissue. Randomized controlled trials have demonstrated that the addition of bevacizumab to standard chemotherapy increases tumour response, resectability rate and progression-free survival compared with chemotherapy alone.^{8–11}

Unfortunately, despite the downsizing effect of preoperative chemotherapy, the majority of patients still have unresectable disease. The size of the future liver remnant (FLR) plays a major role in determining resectability. Therefore, strategies aimed at increasing the FLR if it is estimated to represent < 20–30% of organ size (in the absence of chronic liver disease) must be developed. Preoperative portal vein embolization (PVE) has been shown to be a safe and effective method of stimulating liver hypertrophy, increasing FLR and reducing post-hepatectomy complications.^{12–15}

The regenerative process following PVE mirrors the regeneration stimulated after partial hepatectomy. Recent literature supports the safety of using preoperative chemotherapy in liver regeneration following PVE.^{16–18} Despite its increasing clinical usage, however, there are currently very few data regarding the effect of bevacizumab on liver regeneration after PVE.¹⁷ Moreover, the potential effect of PVE on tumour growth has been a subject of concern. In fact, some studies have suggested that, as well as causing hypertrophy of normal liver parenchyma, PVE also stimulates the growth of any tumour that is still present within the regenerating liver, including embolized and non-embolized sides.^{19–25}

It is evident that the progression of tumours secondary to PVE could potentially affect resectability and overall survival in patients with CRLM. Any effect of pre-embolization chemotherapy on this potential tumour growth would therefore be an important clinical consideration. Therefore, the objectives of this observational study were to assess the effect of PVE on the volume of existing CRLM and to evaluate the effect of pre-embolization therapy, particularly the use of bevacizumab, on the volumes of metastases and FLR.

Materials and methods

Guidelines for meeting STROBE (*strengthening the reporting of observational studies in epidemiology*) criteria were used in the preparation of this manuscript.

Patients

This study was authorized by the Director of Professional Services at the McGill University Health Center as per institutional protocol. All patients who underwent PVE in preparation for liver resection (trisegmentectomy or staged resection, according to tumour board recommendations) were identified. The criteria for PVE were an FLR of < 30% or staged resection. Between January 2003 and May 2011, 168 patients underwent PVE; 127 of these had a diagnosis of CRLM and 41 had alternative diagnoses.

Of the 127 CRLM patients, 18 were excluded because computed tomography (CT) scans were missing; therefore comparative volumes could be calculated in 109 patients. Only 89 of the 109 patients could be assigned to the bevacizumab and non-bevacizumab groups with certainty because some patients had received chemotherapy in other institutions (Fig. 1). Patients were also excluded if they had not received preoperative chemotherapy or were known to have biliary obstruction or cirrhosis. Basic demographic data, disease characteristics, surgery and chemotherapy data were reviewed retrospectively. To assess the effects of pre-embolization chemotherapy, the study group was subdivided into those who had received bevacizumab prior to embolization ($n = 47$) and those who had not ($n = 42$). A control group of patients with CRLM who had not undergone PVE was identified ($n = 11$). Control patients were selected if they had received neoadjuvant chemotherapy, had two CT scans both performed off-chemotherapy and before surgical resection, and if the time between scans was comparable with the corresponding interval in the PVE population.

Portal vein embolization

Portal vein embolization was administered prior to a planned trisegmentectomy or as part of a staged liver resection. The procedure was performed via an ipsilateral approach using 90–180- μm polyvinyl alcohol (PVA) particles and coils to occlude segmental branch origins. In patients undergoing right-sided embolization, the first embolization included both the anterior and posterior branches of the right portal vein. Patients who failed to achieve the recommended FLR underwent a subsequent embolization of any remaining segments in the right liver with or without embolization of segment IV branches. In general, standard chemotherapy alone was discontinued approximately 4 weeks prior to embolization, and regimens including bevacizumab were discontinued 6 weeks prior to embolization.

Volumetry

To obtain volumetric data, pre- and post-PVE CT scans were analysed using GE Medical Systems Advantage Windows 4.3 workstations (GE Healthcare, Chalfont St Giles, UK) with dedicated three-dimensional volume calculation software. Two radiologists were blinded to the patients' chemotherapy treatment. The volume of the FLR and total liver volume (TLV) were measured on the portal phase of thin-slice helical CT scans. Routine scans were performed prior to PVE and 3–4 weeks after PVE. The ratio between the FLR and TLV was determined before and after PVE and the absolute difference between these two ratios was defined as the degree of hypertrophy. Total tumour volumes (TTVs) and tumour volumes (TVs) in both embolized and non-embolized lobes were measured in all patients pre- and post-embolization.

Statistics

Statistical analyses were performed using JMP Version 8.0 (SAS Institute, Inc., Cary, NC, USA). Normally distributed data

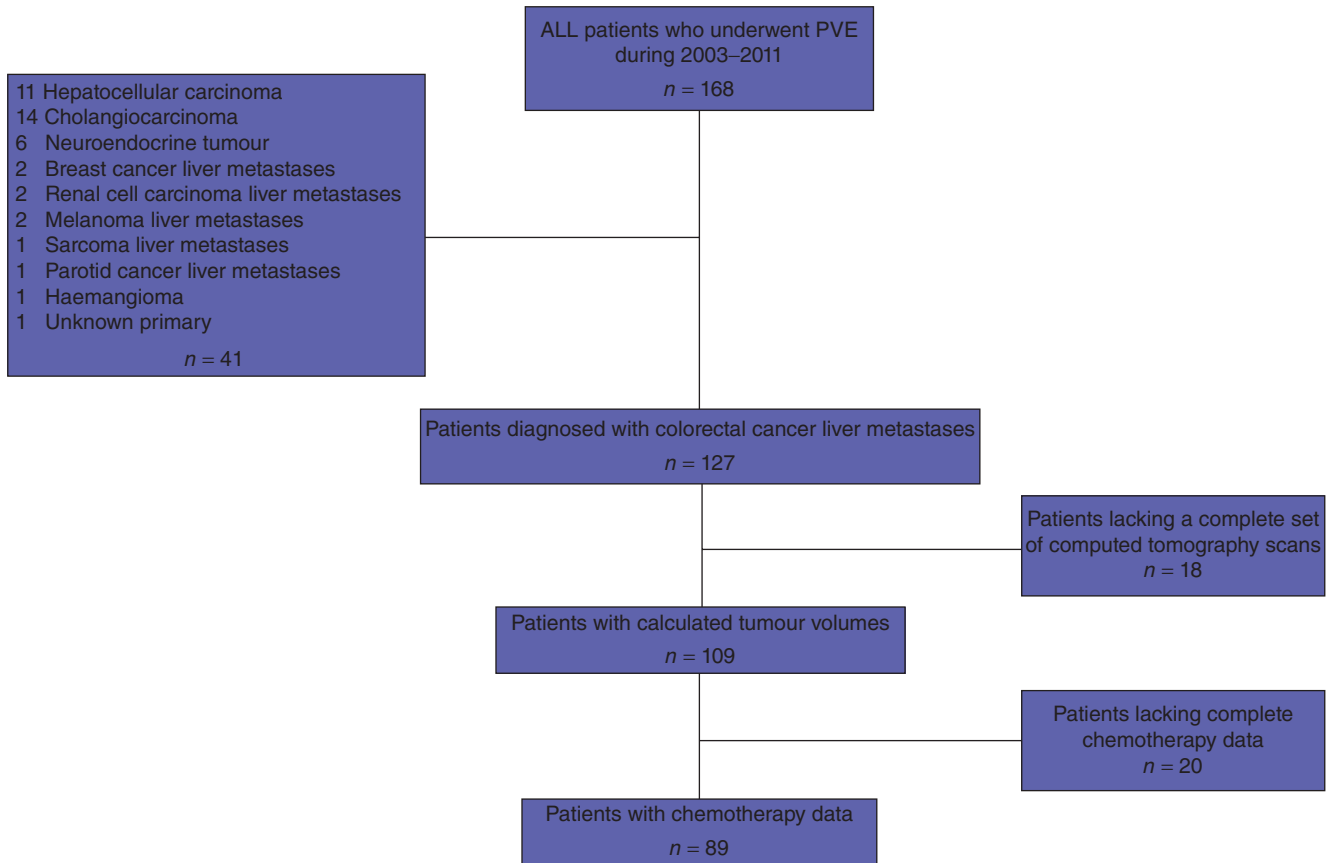


Figure 1 Distribution of patients who underwent portal vein embolization (PVE) during 2003–2011

were expressed as means and standard deviations; otherwise medians and ranges (interquartile ranges) were used. Nominal data were expressed as percentages. Differences in tumour growth against PVE and the use of bevacizumab were established using paired *t*-tests or Mann–Whitney *U*-tests as appropriate for continuous data. The chi-squared test was used for nominal data. Between-group differences were considered statistically significant at $P < 0.05$.

Results

Patients

A total of 127 CRLM patients who underwent PVE prior to liver resection were initially identified. Patients were excluded from the study group if they lacked two CT scans for volumetric calculations and thus 109 patients remained for tumour volume analysis (Fig. 1). Eleven control patients with two appropriately timed CT scans were also identified.

Patient demographics and preoperative variables are shown in Table 1. Among the 109 patients who received pre-embolization chemotherapy, receipt of bevacizumab was confirmed in 89 patients, 47 (52.8%) of whom were given pre-embolization bevacizumab. Complete details of the chemotherapy regimen were missing for some patients (Fig. 1)

because they had been treated at a different institution. Chemotherapy was oxaliplatin-based in 22 and 17 patients in the bevacizumab and non-bevacizumab groups, respectively, and irinotecan-based in 13 and 12 patients in the bevacizumab and non-bevacizumab groups, respectively. One patient in the bevacizumab group and two in the non-bevacizumab group received chemotherapy using both oxaliplatin and irinotecan. Patients received a median of six (range: five to nine) chemotherapy cycles prior to embolization and the median time interval for all patients was 70 days (interquartile range: 51–100 days). Sixty patients (67.4%) underwent resection, including 30 patients (63.8%) in the bevacizumab group and 30 (71.4%) in the non-bevacizumab group ($P = 0.167$).

Portal vein embolization

Baseline characteristics and embolization data for patients who underwent PVE, by chemotherapy group (bevacizumab and non-bevacizumab), compared with those who did not undergo PVE, are shown in Table 1. In total, 105 patients (96.3%) underwent a right-sided embolization and four patients, all in the bevacizumab group, underwent segment IV and right portal vein embolization. One of these four patients had an extended right hepatectomy.

Table 1 Baseline characteristics in the total study population

	PVE		No PVE	P-value
	Bev (n = 47)	Non-bev (n = 42)	Bev (n = 11)	
Male, n (%)	26 (55.3)	28 (66.7)	9 (81.8)	0.191
Primary tumour, n (%)				
Colon	33 (70.2)	28 (66.7)	6 (54.5)	0.042 ^a
Rectum	6 (12.8)	12 (28.6)	5 (45.5)	
Missing data	8 (17.0)	2 (4.8)	0	
Lesions, n (%)				
Synchronous	37 (70.2)	37 (88.1)	7 (63.6)	0.051
Metachronous	3 (6.4)	3 (7.1)	3 (27.3)	
Missing data	7 (14.9)	2 (4.8)	1 (9.1)	
Chemotherapy cycles, median (range)	6.0 (5–9)	7.5 (6–9)	7.0 (6–16)	0.266
Chemotherapy regimen, n (%)				
Oxaliplatin-based	22 (46.8)	17 (40.4)	5 (45.5)	0.701
Irinotecan-based	13 (27.7)	12 (28.6)	2 (18.2)	0.701
Both	1 (2.2)	2 (4.8)	0	
Missing	11 (23.3)	11 (26.2)	4 (36.3)	
Resected, n (%)	30 (63.8)	30 (71.4)	10 (90.9)	0.167
Staged	18 (60.0)	15 (50.0)	2 (20.0)	0.316
Trisegmentectomy	12 (40.0)	15 (50.0)	8 (80.0)	
Right-sided embolization, n (%)	46 (97.8)	41 (97.6)	NA	
Segment IV embolization ^b , n (%)	4 (8.5)	0	NA	
Resected	1 (25.0)			
Unresectable	2 (50.0)			
Missing	1 (25.0)			
Days between CT scans, median (range)	72 (52–116)	65 (51–117)	68 (47–92)	0.581
Days from chemotherapy to second CT scan, median (range)	51 (30–107)	44 (27–100)	70 (47–116)	0.220

^aThere were more cases of rectal cancer in the control group; no difference was seen when comparing bev vs. non-bev in the PVE group ($P = 0.179$).

^bRight-sided and segment VI embolization.

PVE, portal vein embolization; bev, bevacizumab; CT, computed tomography; NA, not available.

The median FLR in the 109 patients with CRLM who underwent PVE was 21.7% (range: 15.9–26.3%) before embolization and 28.7% (range: 23.2–35.4%) after embolization ($P < 0.001$). The median degree of hypertrophy was 6.0 (range: 1.6–10.2).

Tumour volumes

Overall, 77.1% of patients had an increase in TV. Statistically significant increases in TV were seen in both liver lobes (Tables 2 and 3); changes in TV in the PVE group differed markedly from those in the control group of patients who did not undergo PVE. Patients in the PVE group demonstrated a 33.4% increase in TV in the right lobe, whereas control subjects showed a 34.8% decrease in TV in the right lobe ($P < 0.001$). These percentages corresponded to a positive growth rate of 0.07 cm³/day (range: 0–0.27 cm³/day) in the PVE group and a negative rate of 0.06 cm³/day (range: 0.18–0.01 cm³/day) in the controls ($P < 0.001$).

Patients in the PVE group showed an increase in TV of 49.9% in the left lobe, whereas control subjects demonstrated a decrease in TV of 33.2% in the left lobe ($P = 0.022$). Eight patients in the PVE group demonstrated unilateral disease on the first CT scan and developed new lesions on the second CT scan (i.e. after PVE), an event that was not observed in any patient in the control group. This difference did not reach statistical significance ($P = 0.427$).

The effects of pre-embolization chemotherapy in the bevacizumab and non-bevacizumab groups on tumour growth after PVE are shown in Tables 4 and 5. The percentage increase in tumour growth was higher in the non-bevacizumab group than in the bevacizumab group, but the difference was not statistically significant. Rates of tumour growth in the non-bevacizumab and bevacizumab groups, respectively, were 56.2% vs. 34.5% ($P = 0.764$) in the right lobe, and 54.3% vs. 30.1% ($P = 0.612$) in the left lobe.

Table 2 Tumour volumetry in the right lobe in patients who did and did not undergo portal vein embolization (PVE)

	PVE (n = 109)	No PVE (n = 11)	P-value
Tumour volume, cm ³ , median (range)			
First CT scan ^a	21.2 (4.5–76.4)	10.6 (3.2–14.8)	0.080
Second CT scan	34.8 (11.5–112)	6.6 (2.0–9.9)	< 0.001
P-value ^b	< 0.001	0.002	
Change in tumour volume, % (range)	33.4 (– 0.5 to 168.0)	– 34.8 (– 40.7 to – 26.1)	< 0.001 ^a

^aTumour volumes calculated from first and second CT scans (with embolization during interval time for study group only).

^bDifference between pre- and post-embolization values.

CT, computed tomography.

Table 3 Tumour volumetry in the left lobe in patients who did and did not undergo portal vein embolization (PVE)

	PVE (n = 109)	No PVE (n = 11)	P-value
Tumour volume, cm ³ , median (range)			
Pre-PVE	0 (0–3.2)	0 (0–7.4)	0.694
Post-PVE	0 (0–6.0)	0 (0–3.6)	0.805
P-value	< 0.001	0.625	
Change in tumour volume ^a , % (range)	49.9 (– 24.2 to 118.0)	– 33.2 (– 58.0 to 6.0)	0.022
New bilateral disease ^b , n (%)	8 (7.3)	0	0.595

^aDifference in tumour volumes in the left lobe between patients receiving PVE and control subjects, expressed as a percentage.

^bNew lesions in the left lobe on the second computed tomography scan (i.e. after embolization in the PVE group).

Table 4 Tumour volumetry in the right lobe in patients who underwent portal vein embolization (PVE) with and without bevacizumab (bev)

	Bev (n = 47)	Non-bev (n = 42)	P-value
Tumour volume, cm ³ , median (range)			
Pre-PVE	16.4 (3–75.5)	22.4 (6.2–65.5)	0.370
Post-PVE	21.2 (8.4–82.6)	33.7 (11.7–117.0)	0.255
P-value	0.003	< 0.001	
Change in tumour volume ^a , % (range)	34.5 (– 2.5 to 212.2)	56.2 (3.6–165.0)	0.764

^aChange in tumour volumes in the right lobe, expressed as a percentage, in patients who did and did not receive bevacizumab (all received PVE).

Table 5 Tumour volumetry in the left lobe in patients who underwent portal vein embolization (PVE) with and without bevacizumab (bev)

	Bev (n = 47)	Non-bev (n = 42)	P-value
Tumour volume, cm ³ , median (range)			
Pre-PVE	0 (0–3.3)	0 (0–2.6)	0.435
Post-PVE	0 (0–5.2)	0 (0–5.6)	0.654
P-value	0.123	0.021	
Change in tumour volume ^a , % (range)	30.1 (– 62.4 to 190.6)	54.3 (– 23.9 to 100.1)	0.612

^aChange in tumour volumes in the left lobe, expressed as a percentage, in patients who did and did not receive bevacizumab (all received PVE).

Liver regeneration after PVE

A clinically significant increase in FLR volume was observed in both groups after PVE. Both groups had similar TLV prior to ($P = 0.617$) and after ($P = 0.581$) embolization.

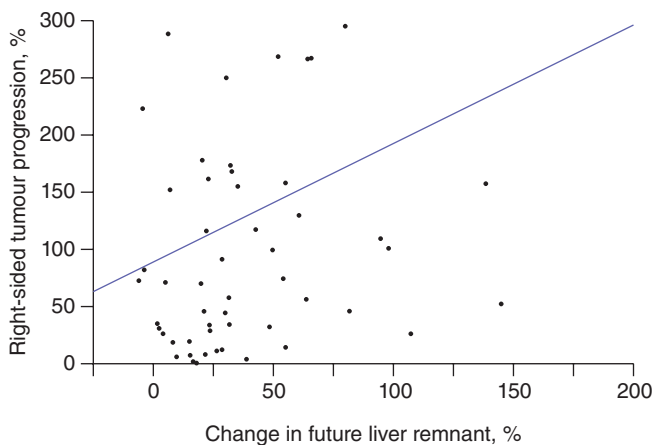
The addition of bevacizumab to chemotherapy did not affect the pre- to post-embolization change in FLR volume. The propor-

tion of the FLR increased from 20.8% to 28.8% in the bevacizumab group, and from 21.3% to 28.7% in the non-bevacizumab group ($P = 0.825$). Correspondingly, the mean degree of hypertrophy was comparable in the two groups (Table 6).

Correlation of the percentage growth in the FLR with the percentage growth in TV revealed a statistically significant positive

Table 6 Liver volumetry by chemotherapy group in patients who underwent portal vein embolization (PVE) with and without bevacizumab (bev)

	Bev (n = 47)	Non-bev (n = 42)	P-value
Total liver volume, cm ³ , median (range)			
Pre-PVE	1588 (1444–2000)	1685 (1377–2073)	0.617
Post-PVE	1635 (1415–2037)	1766 (1385–2135)	0.581
Future liver remnant, %, median (range)			
Pre-PVE	20.8 (15.1–23.8)	21.3 (14.9–26.4)	0.373
Post-PVE	28.8 (21.9–34.5)	28.7 (24.8–35.7)	0.825
Degree of hypertrophy	7.5 (3.4–11.2)	5.1 (1.0–12.5)	0.127

**Figure 2** Correlation between percentage of future liver remnant growth and right-sided tumour progression

linear correlation between the growth of the remnant liver and the growth of tumours in the right lobe of the liver ($P = 0.043$) (Fig. 2).

Discussion

Portal vein embolization is an important strategy in the optimization of resectability rates in CRLM and is reported to be safe and effective in stimulating contralateral liver growth, which can be a major limitation in the resectability of CRLM. There are concerns that PVE may simultaneously stimulate tumour growth and this may limit its use. This study has demonstrated that PVE stimulates tumour growth in both embolized and non-embolized lobes of the liver compared with control lobes in a group of patients who had not received PVE and had been off preoperative chemotherapy for a duration similar to that of the PVE patients. The addition of bevacizumab to chemotherapy administered before embolization trended towards a relative protective effect (although this did not reach statistical significance), reducing this enhanced tumour growth without affecting liver hypertrophy. To the authors' knowledge, this is the largest study to demonstrate the effects of PVE on liver hypertrophy and tumour growth in patients with CRLM.

Bevacizumab has been shown to improve pathologic response rates when combined with cytotoxic agents and has also been reported to exert a protective effect against sinusoidal injuries induced by oxaliplatin-based chemotherapy.²⁶ Nevertheless, the inclusion of bevacizumab in treatment regimens for patients scheduled to undergo PVE and hepatic resection has been tempered by concerns regarding impaired wound healing and tissue regeneration, both of which are greatly dependent on angiogenesis and VEGF expression. Consistent with findings by Gruenberger and colleagues,²⁷ the present study found no increased risk for morbidity post-resection in patients receiving perioperative chemotherapy with bevacizumab.²⁸ However, existing data regarding the effects of bevacizumab on post-embolization hypertrophy remain scarce and inconsistent.^{29,30} In a retrospective study conducted at the MD Anderson Center, University of Texas, preoperative chemotherapy plus bevacizumab did not impair liver regeneration after PVE.²⁹ Patients included in that study received oxaliplatin-based chemotherapy with ($n = 26$; median six cycles) or without ($n = 17$; median five cycles) bevacizumab, or received no chemotherapy before embolization ($n = 22$). After a median of 4 weeks post-PVE, no significant difference in the degree of hypertrophy was found among patients who had no chemotherapy, patients who received chemotherapy with bevacizumab and patients who received chemotherapy without bevacizumab (mean values 10.0%, 8.8% and 6.8%, respectively; $P = 0.11$). Conversely, Aussilhou and colleagues³⁰ reported a significantly smaller increase in mean FLR volume in 13 patients receiving bevacizumab plus standard chemotherapy compared with 26 patients treated with chemotherapy only (561 cm³ vs. 667 cm³; $P < 0.03$).³⁰ In that study, 30% of patients underwent portal vein ligation instead of embolization. Importantly, the mean number of bevacizumab cycles was 12, and the number of cycles above six was found to significantly reduce liver growth, as was age ≥ 60 years. It is noteworthy that prolonged chemotherapy has been identified previously as a factor contributing to impaired liver regeneration.^{31,32}

In the present study, patients received a median of six chemotherapy cycles (five to nine in the bevacizumab group; six to nine in the non-bevacizumab group). This is consistent with the duration of treatment in the MD Anderson study.²⁹ Volumetric CT assessments were completed within 3–4 weeks after PVE in the present study; this is in concordance with published data showing

that the greatest increase in post-embolization liver volume (about 75%) occurs within 3 weeks after the procedure and is followed by a plateau phase of minimal regeneration.³³

The progression of metastases after embolization was first described by Elias *et al.*, who showed that four of five patients had tumour growth after PVE.²⁰ However, that study included a small number of patients, lacked a control group and included patients with heterogeneous liver pathologies. In 2001, Kokudo *et al.* evaluated tumour proliferation after PVE using the Ki-67 labelling index, and showed that PVE induced a higher rate of proliferation compared with that in PVE-free controls.¹⁹ Although these authors included more patients (18 patients in the study group and 29 controls), there was no mention of peri-embolization chemotherapy. In 2007, Ribero *et al.* observed no changes in tumour size in 80 patients undergoing PVE.²² The authors did not, however, report the proportions of patients in whom tumour size increased or decreased and measured tumour diameters rather than volumes. It is the present authors' belief that tumour volume measurements are more accurate, especially when metastatic lesions are numerous, heterogeneous and uneven.

In the current study, significant increases in median TV were observed in both liver lobes (33.4% and 49.9% in the right and left lobes, respectively) in the PVE population, compared with the control group (decreases of 34.8% and 33.2% in the right and left lobes, respectively). Growth within the left lobe would potentially have more impact on resectability and therefore patient survival. The current study included eight patients (7.3%) who developed new lesions within the remnant liver lobe after embolization, seven of whom were rendered unresectable. None of the patients in the control group developed new lesions within the left lobe during the time interval between the scans. This difference is of major clinical significance as it may have an impact on patient survival. These results suggest that metastases that respond to chemotherapy continue to do so for some time after chemotherapy is stopped and that the regenerative milieu stimulated by the PVE is of a magnitude that reverses this effect. The fact that new lesions appear in some patients may indicate that micrometastases are being recruited in this regenerative environment.

Additionally, the current study demonstrated that patients who underwent PVE and who received pre-embolization bevacizumab had less pronounced overall tumour progression than patients who received chemotherapy only. However, this difference did not reach statistical significance. The addition of bevacizumab has been shown to improve pathologic response, as evidenced by a significant reduction in viable tumour cells and an increase in tumour fibrosis, resulting in a protective effect against sinusoidal injuries induced by oxaliplatin-based chemotherapy.^{34–36} The increased response rate and/or fibrosis may explain the less pronounced growth observed in the bevacizumab group after PVE. A prospective examination of pathology specimens is needed to confirm this theory.

The limitations of the current study are those inherent to retrospective analyses and make it impossible to make specific rec-

ommendations regarding treatment regimens. Prospective studies with homogeneous populations would be required to assess the optimal type and timing of treatment regimens in relation to PVE in patients with CRLM. Prospective studies are also required to assess the impact of PVE-induced tumour growth on outcomes such as resectability and longterm survival. In general, a single CT scan is performed between the end of chemotherapy and liver resection at this institution, which explains the relatively small number of control patients who underwent two CT scans between the cessation of chemotherapy and surgery.

In conclusion, the current study reports on the effects of pre-embolization bevacizumab on liver regeneration and tumour growth observed after PVE in the largest cohort of patients studied to date. These findings provide evidence that PVE induces significant tumour growth in patients with CRLM. Although PVE is an essential tool in the management of CRLM, its effectiveness can be enhanced by developing strategies that limit tumour growth without suppressing liver regeneration.

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Conflicts of interest

None declared.

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