# GABA<sub>B</sub>-ergic motor cortex dysfunction in SSADH deficiency

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# ABSTRACT

**Objective:** Succinic semialdehyde dehydrogenase (SSADH) deficiency is a rare autosomal recessive disorder of GABA degradation leading to elevations in brain GABA and  $\gamma$ -hydroxybutyric acid (GHB). The effect of chronically elevated GABA and GHB on cortical excitability is unknown. We hypothesized that use-dependent downregulation of GABA receptor expression would promote cortical disinhibition rather than inhibition, predominantly via presynaptic GABAergic mechanisms.

**Methods:** We quantified the magnitude of excitation and inhibition in primary motor cortex (M1) in patients with SSADH deficiency, their parents (obligate heterozygotes), age-matched healthy young controls, and healthy adults using single and paired pulse transcranial magnetic stimulation (TMS).

**Results:** Long interval intracortical inhibition was significantly reduced and the cortical silent period was significantly shortened in patients with SSADH deficiency compared to heterozygous parents and control groups.

**Conclusions:** Since long interval intracortical inhibition and cortical silent period are thought to reflect  $GABA_B$  receptor-mediated inhibitory circuits, our results point to a particularly  $GABA_B$ -ergic motor cortex dysfunction in patients with SSADH deficiency. This human phenotype is consistent with the proposed mechanism of use-dependent downregulation of postsynaptic  $GABA_B$  receptors in SSADH deficiency animal models. Additionally, the results suggest autoinhibition of GABAergic neurons. This first demonstration of altered  $GABA_B$ -ergic function in patients with SSADH deficiency may help to explain clinical features of the disease, and suggest pathophysiologic mechanisms in other neurotransmitter-related disorders. *Neurology* **2012;79:47-54** 

## GLOSSARY

**ANOVA** = analysis of variance; **CSP** = cortical stimulation-induced silent period; **FDI** = first dorsal interosseus; **GHB** =  $\gamma$ -hydroxybutyric acid; **ICF** = intracortical facilitation; **ISI** = interstimulus interval; **LICI** = late intracortical inhibition; **M1** = primary motor cortex; **MEP** = motor evoked potential; **MVC** = maximal voluntary contraction; **REC** = recruitment curve; **RMT** = resting motor threshold; **SICI** = short intracortical inhibition; **SSADH** = succinic semialdehyde dehydrogenase; **TMS** = transcranial magnetic stimulation.

Succinic semialdehyde dehydrogenase (SSADH) deficiency is a rare autosomal recessive neurologic disorder, in which an enzyme defect in the GABA degradation pathway causes a consecutive elevation of  $\gamma$ -hydroxybutyric acid (GHB) and GABA.<sup>1</sup> The clinical symptoms include developmental delay, hypotonia, mental retardation, ataxia, seizures, hyperkinetic behavior, aggression, and sleep disturbances.<sup>2–4</sup> GHB is known to activate GHB receptors<sup>5–8</sup> and in higher concentration GABA<sub>B</sub> receptors, without substantial binding to GABA<sub>A</sub> receptors.<sup>9,10</sup> In SSADH knockout mice, use-dependent downregulation of (predominantly postsynaptic) GABA<sub>B</sub> but not GHB receptor expression, likely due to increased synaptic GABA and GHB, has been described.<sup>11,12</sup> Similarly, downregulation of GABA<sub>A</sub> receptor expression has been observed in the transgenic mouse model using binding studies with a selective GABA<sub>A</sub> receptor antagonist.<sup>13</sup> We have also reported widespread reduction in flumazenil binding potential on

Supplemental data at www.neurology.org



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Table 1	Demographics					
Patient	Patient age, y	Father age, y	Mother age, y	Young controls	Adult controls	
1 (1ª)	10	36	36	10	47	
2 (2)	27	_	30 (sibling)	27	48	
3 (3) <sup>b</sup>	15	41	_	14	44	
4 (4) <sup>b</sup>	14			11	33	
5 (no PET)	12	58	49	9	44	
6 (6)	20	41	39	21	41	
7 (7)	12	48	51	10	28	
8 (no PET)	13	44	41	13	37, 23, 24, 32	
Mean	$15.4 \pm 1.5$	$\textbf{45.1} \pm \textbf{1.8}$	$\textbf{41.0} \pm \textbf{3.2}$	$14.4\pm2.3$	$\textbf{36.5} \pm \textbf{2.7}$	

<sup>a</sup> Numbers in parentheses indicate patient numbers as tested in our flumazenil-PET study (see reference 14).

<sup>b</sup> Patients 3 and 4 are sisters.

[<sup>11</sup>C]flumazenil PET in patients with SSADH deficiency, supporting downregulation of binding sites at the GABA-benzodiazepine receptor complex.<sup>14</sup>

Increased levels of GABAergic transmitters in SSADH deficiency could lead to functionally increased inhibition. Alternatively, both animal and human data provide some support for the hypothesis that reduced postsynaptic GABA receptor availability could lead to reduced cortical inhibition due to a predominantly presynaptic mechanism of action of GABA. Hence, human evidence for the influence of GABA<sub>A</sub> vs GABA<sub>B</sub>-ergic mechanisms for this disorder is missing. Here, we used transcranial magnetic stimulation (TMS) paradigms that are susceptible to changes in GABA<sub>A</sub>-ergic and GABA<sub>B</sub>-ergic neurotransmission to quantify excitation and inhibition in the primary motor cortex (M1) of patients with SSADH deficiency, their parents (obligate heterozygotes), and age-matched healthy controls.

METHODS Subjects. Seven families with at least one child or young adult with SSADH deficiency were recruited to participate in this study. Affected patients and family members were screened for inclusion by the Children's National Medical Center Department of Neurology, followed by referral to NIH. Inclusion criteria were clinical characteristics consistent with SSADH deficiency, persistent 4-hydroxybutyric aciduria (y-hydroxybutyric aciduria), and confirmed leukocyte extract succinic semialdehyde dehydrogenase enzyme deficiency or identification of a pathogenic mutation in DNA samples.<sup>15,16</sup> Eight affected patients (age 10–27 years; mean, 15.4  $\pm$  1.5 years; 4 male) and at least 1 parent per family (age 30-58 years; mean,  $42.8 \pm 2.2$  years; 7 male, 6 female) were assessed with TMS. Furthermore, 2 groups of healthy controls (11 adults: age 23-48 years; mean, 36.5 ± 2.7 years, 4 male; 8 age-matched "young controls": age 9–27 years; mean,  $14.4 \pm 2.3$  years, 6 male) were enrolled, matching the mean age of the affected patients and of parents, respectively. Some of the patients had participated in a previous study.14 All subjects were right-handed according to the Edinburgh Handedness Inventory.17 Healthy participants had never been treated with neuroleptic drugs and had no history of neuropsychiatric disorders, neurosurgery, or metal or electronic implants. One SSADH deficiency patient was treated with carbamazepine for seizures; another 2 patients had a history of seizures but were medically untreated. All patients had been seizure-free for several months at the time of the study (for details, see tables 1 and 2).

Table 2	Clinical features of 8 patients with SSADH deficiency <sup>a</sup>					
Patient	Neurologic examination	Seizures	Structural MRI	Medication		
1 (1 <sup>b</sup> )	ID, Hypot, ATX, HA, ADD, ANX, SL	Absence (rare)	GP, sub, den: bilateral symmetric homogeneous signal abnormalities	None		
2 (2)	ID, HALL, Hypot, AGG, ATX, SL	GTCS, absence	GP volume loss, ex vacuo dilation of the third ventricle	Carbamazepine, fluoxetine		
3 (3)°	ID, Hypot, ADD, ANX	None	GP, sub, den: bilateral symmetric homogeneous signal abnormalities	None		
4 (4) <sup>c</sup>	ID, ADD, HA	None	GP, sub, den: bilateral symmetric homogeneous signal abnormalities	Sertraline, quetiapine		
5 (no PET)	ID, ADD, Hypot	None	Signal abnormality subcortical WM of left frontal lobe	None		
6 (6)	ID, ATX, ANX, SL, HALL	None	GP, sub, den: bilateral symmetric homogeneous signal abnormalities	Citalopram		
7 (7)	ID, Hypot, ATX, ADD, AGG, HA, OCD, SL	None	GP, sub, den: bilateral symmetric homogeneous signal abnormalities	None		
8 (no PET)	ID, AGG, Hypot	Absence (rare)	Normal	None		

Abbreviations: ADD = attention deficit; AGG = aggression; ANX = anxiety; ATX = ataxia; den = dentate nucleus; GP = globus pallidus; GTCS = generalized tonic-clonic seizure; HA = hyperactivity; HALL = hallucinations; Hypot = hypotonia; ID = intellectual disability; OCD = obsessive-compulsive disorder; SL = sleep disturbance; SSADH = succinic semialde-hyde dehydrogenase; sub = subthalamic nucleus; WM = white matter.

<sup>a</sup> All patients had hyporeflexia and motor dyspraxia on examination.

<sup>b</sup> Numbers in parentheses indicate patient numbers as tested in our flumazenil-PET study (see reference 14). <sup>c</sup> Patients 3 and 4 are sisters.

## Standard protocol approvals, registrations, and patient

**consents.** The study was approved by the National Institute of Neurological Disorders and Stroke Institutional Review Board. All subjects gave their written informed consent or assent before the experiments. Parents consented for minors or patients unable to give informed consent due to cognitive dysfunction. Four young control subjects were tested under an associated protocol approved by the Institutional Review Board of the University of Freiburg.

**Transcranial magnetic stimulation.** Transcranial magnetic stimulation was delivered through a figure-of-eight shaped magnetic coil (90 mm external loop diameter) connected to 2 Magstim 200<sup>2</sup> magnetic stimulators via a BiStim-module (Magstim, USA). The coil was placed over the left motor cortex "hot spot," optimal for eliciting motor evoked potentials (MEPs) from the contralateral first dorsal interosseus muscle (FDI). Coil orientation was tangential to the scalp with the handle pointing backwards and laterally at a 45° angle away from the midline, inducing a posterior-anterior current in the brain. This is thought to be the most effective way to transsynaptically activate the corticospinal system.<sup>18</sup> In all paired pulse TMS procedures the intertrial interval was randomly changed between 0.1 and 0.12 Hz.

EMG recording. Subjects were seated in a comfortable chair with their arms resting on a pillow. Disposable surface Ag-AgCl EMG electrodes were placed on the FDI of the right hand in a belly-tendon montage. Impedance was reduced to <5 k $\Omega$ . The raw EMG signal was amplified using a conventional EMG machine (Viking Nicolet 4), bandpass filtered (20 Hz to 10 kHz), digitized (analog/digital rate 40 kHz), and recorded onto a PC using a data collection and averaging program (Signal version 4, Cambridge Electronics, UK) for offline analysis. Muscle activity was continuously monitored by audio-visual feedback. MEP size was generally determined by averaging peak-to-peak amplitudes. The resting motor threshold (RMT) was defined as the lowest stimulator output intensity required to evoke MEPs of at least 50  $\mu$ V in 5 out of 10 consecutive trials, using a step-by-step intensity resolution of 1% of the maximal stimulator output. Trials with a background EMG of  $\geq 20 \ \mu V$  in the FDI (assessed as root mean square) within 200 msec before the onset of the MEP were rejected. Furthermore, the first evoked response per testing block was excluded to avoid data contamination by startle responses.

**Experimental paradigms.** All patients were severely affected, and many of them showed symptoms of attention deficit, anxiety, or hyperactivity (table 2). Thus, in order to examine a sufficient set of TMS parameters within 45 minutes, we tested only one interstimulus interval (ISI) and the commonly used stimulation intensity for each paired-pulse TMS parameter. Furthermore, suprathreshold electrical stimulation of the median nerve to measure the maximum compound muscle action potential (Mmax) for recruitment curve (REC) normalization was explored only in patients who tolerated this uncomfortable procedure.

Ten single TMS stimuli at intensities of 100, 120, 140, 160, and 180% RMT were applied to obtain RECs and the averaged MEP amplitude per intensity was calculated. In those participants (4 patients) in whom Mmax was obtained, REC was also expressed as % of Mmax. The cortical stimulation–induced silent period (CSP) was averaged over 20 trials at a stimulus intensity of 150% RMT in the moderately contracted FDI muscle (30% of maximal voluntary contraction [MVC[rsq]). MVC during a lateral pinch grip was measured using a custom-made Honeywell force transducer connected to a signal conditioner. The 30% MVC was visualized on a screen monitor as horizontal bar and presented online to the subjects for force control during CSP measurement. CSP duration was defined as the time from TMS stimulus artifact to the first reoccurrence of voluntary EMG activity exceeding prestimulus muscle activity. Short intracortical inhibition (SICI) was investigated at an ISI of 3 msec, and intracortical facilitation (ICF) was investigated at an ISI of 10 msec.19,20 The conditioning stimulus was set to an intensity of 75% of RMT to exclude changes of excitability in the spinal cord.18 The intensity of the test stimulus was adjusted to produce MEPs of approximately 0.8 mV peak-to-peak amplitude, since children younger than 12 years typically show saturation of MEP amplitude below 1 mV when probed by recruitment curves, reflecting maturation level of the pyramidal tract.<sup>21</sup> Other rationales for using lower amplitude test MEP than those utilized in adults was to account for muscle hypotonia and to reduce the discomfort associated with TMS application in patients with SSADH deficiency, with higher motor thresholds than adults. Late intracortical inhibition (LICI) was tested at an ISI of 150 msec, but in contrast to SICI and ICF 2 equal stimuli of 150% RMT were delivered.20,22 Fifteen trials of the control single test stimuli and 15 paired stimuli of each ISI were recorded, delivered 4-8 seconds apart in random order generated by the software. The conditioned MEP response per ISI was expressed as percentage of the mean amplitude of the unconditioned test MEP to obtain values for inhibition and facilitation. For a detailed review of the assessed parameters, see reference 23.

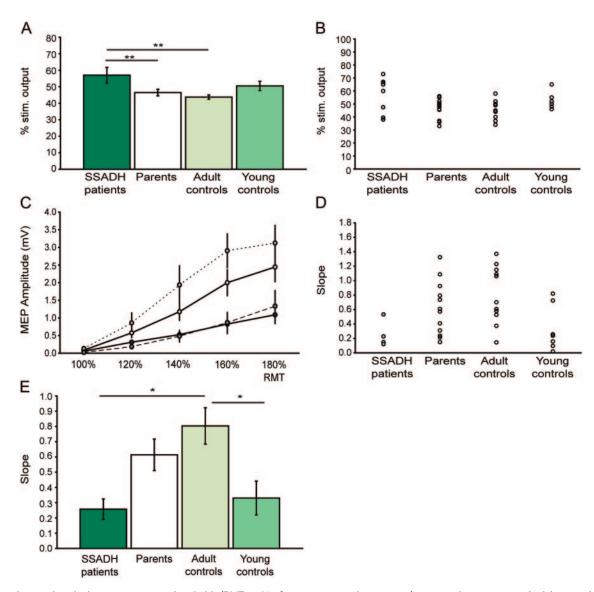
**Electrical stimulation of the median nerve.** An electrical stimulator (Digitimer DS7) was used to generate single squarewave pulses of 1 msec duration. The maximal amplitude of the M response ( $M_{\text{max}}$ ) was determined by supramaximal electrical stimulation.

**Statistical analysis.** TMS variables (RMT, REC, SICI, ICF, LICI, CSP) were subjected to separate one-way analyses of variance (ANOVA) with the factor "group" as the independent variable (patients with SSADH deficiency, parents, adult controls, young controls) and "MEP amplitude" as the dependent variable. For ANOVAs and Bonferroni post hoc tests significance was assumed at p < 0.05. Fathers and mothers were treated as one "Parent" group (see also figure e-1 on the *Neurology*<sup>®</sup> Web site at www.neurology. org for separated data); groups were not separated by gender due to the few patients. SPSS 16.0 and Excel 2003 were used for statistical testing. For graphical illustration Excel 2003 and Adobe Illustrator CS 4 were used. Data are presented as mean  $\pm$  SEM.

**RESULTS** All subjects tolerated the experimental procedures well; none of them reported any side effects after TMS.

**Resting motor threshold and recruitment curve.** The one-way ANOVAs for the factor resting motor threshold and recruitment curve revealed a significant difference among the 4 groups (F = 4.359, p = 0.010 and F = 3.729, p = 0.022, respectively). Resting motor thresholds were significantly higher in patients with SSADH deficiency ( $57 \pm 4.8\%$  MSO) than in parents or adult controls ( $46.5 \pm 2.0\%$  MSO, p = 0.008, and  $44.0 \pm 3.2\%$  MSO, p = 0.002, respectively). RMT in patients with SSADH

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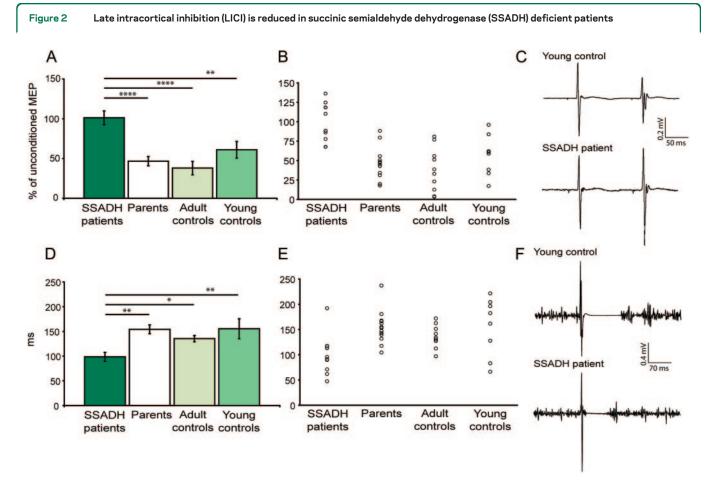


(A) Young subjects show higher resting motor thresholds (RMT, in % of maximum stimulator output) compared to parents and adult controls. (B) Single subject data for motor thresholds. Filled circles (gray) indicate patients with medication. (C) Recruitment curves for the several groups show agedependent differences between young subjects (including patients with succinic semialdehyde dehydrogenase [SSADH] deficiency) and adults. The color code is identical to that of A and E. (D) Single subject data for recruitment curve slopes. Normalization could only be performed in 4 patients. Filled circles (gray) indicate patients with medications is significantly steeper in adults than in patients with SSADH deficiency or young controls. All group data are presented as mean  $\pm$  SEM. Level of significance: \*p < 0.05; \*p < 0.01.

deficiency was not significantly different from young control subjects (52.2  $\pm$  2.7% MSO). There was a trend toward higher RMT in young controls compared to adult controls (p = 0.09) and no difference compared to parents (p = 0.2, figure 1, A and B). Additionally, we found a significantly lower slope of the recruitment curve in patients with SSADH deficiency ( $0.26 \pm 0.10$ ) and young control subjects ( $0.33 \pm 0.11$ ) compared to adult controls ( $0.80 \pm 0.12$ ; p = 0.013 and 0.010, respectively); there was a trend toward lower slopes in both groups compared to parents ( $0.61 \pm 0.10$ ; p = 0.09 and 0.10, respectively, figure 1, C–E).

Late interval inhibition. The one-way ANOVA for the factor LICI revealed a highly significant difference among the 4 groups (F = 10.39, p =0.000053). LICI was virtually absent in patients with SSADH deficiency (% unconditioned MEP: 101.16 ± 8.7), but present in all other groups (% unconditioned MEP: parents: 46.7 ± 5.8, p <0.0001; adult controls: 37.95 ± 8.5, p < 0.0001; young controls: 61.0 ± 10.5, p = 0.004 vs patients with SSADH deficiency; figure 2, A–C).

**Cortical silent period.** In accordance with changes in LICI, we also found significant group differences for



(A) In patients with SSADH deficiency, LICI was virtually absent, as illustrated by a lack of suppression in the conditioned motor evoked potential (MEP) response. (B) Single subject data for LICI. (C) Characteristic comparison between a young control subject and a SSADH deficiency patient. (D) In patients with SSADH deficiency, cortical stimulation-induced silent period (CSP) was significantly shortened relative to parents and controls. (E) Single subject data for CSP. (F) EMG traces with lack of EMG activity following the MEP in a young control subject and a SSADH deficiency patient. The control has a 2-fold longer CSP compared to the patient. All data are presented as mean  $\pm$  SEM. Level of significance: \*p < 0.05; \*\*p < 0.01; \*\*\*p < 0.00001.

the cortical silent period. The one-way ANOVA for the factor CSP revealed a significant difference among the 4 groups (F = 4.052, p = 0.014). CSP was shortened in patients with SSADH deficiency (98.57 ± 15.8 msec) relative to CSP in parents (154.23 ± 9.0 msec, p = 0.003), adult controls (135.34 ± 6.4 msec, p = 0.049), and young controls (155.37 ± 20.3 msec, p = 0.006) (figure 2, D–F). In general, there was no correlation between the amount of LICI and CSP duration.

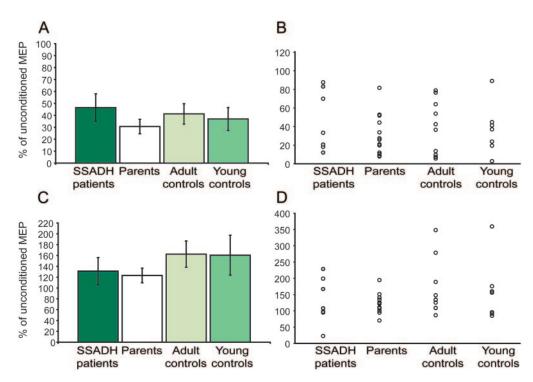
Short intracortical inhibition and facilitation. We also found a slightly decreased short intracortical inhibition in patients with SSADH deficiency (% unconditioned MEP: 46.4  $\pm$  11.5) compared to the other experimental groups (% unconditioned MEP: parents: 30.6  $\pm$  6.0; adult controls: 41.2  $\pm$  8.6; young controls: 36.9  $\pm$  9.6, figure 3, A and B). However, this difference was not statistically significant (F =0.61; p = 0.61). Intracortical facilitation was slightly lower in patients with SSADH deficiency and their parents compared to the 2 control groups, but we did not observe any statistically significant difference (F = 0.83, p = 0.49; % unconditioned MEP: SSADH: 131.1 ± 25.1; parents: 123.2 ± 8.3; adult controls: 162.5 ± 24.3; young controls: 160.6 ± 36.9, figure 3, C and D).

**DISCUSSION** We demonstrate that young patients with SSADH deficiency show specific alterations of motor cortical excitability that are not found in heterozygous carriers (parents) or healthy age-matched controls. TMS measures of cortical inhibition, namely LICI and CSP, point toward impaired GABA<sub>B</sub>-ergic function in these patients. Surprisingly, these changes were much more robust than changes in SICI, the parameter assumed to reflect GABA<sub>A</sub>-ergic function.

In young subjects (patients with SSADH deficiency and young controls), measures of gross motor excitability (RMT and recruitment curve) differed from those observed in adults. Previous studies in preschool children showed higher motor thresholds<sup>24</sup>

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(A) Conditioned motor evoked potential (MEP) amplitudes in % of unconditioned MEP. There was a slight trend toward less SICI in patients with succinic semialdehyde dehydrogenase (SSADH) deficiency compared to all other groups. (B) Single subject data for SICI. Filled circles (gray) indicate patients with medication. (C) There were no significant group differences for the conditioned MEP amplitudes tested at an ISI of 10 msec (intracortical facilitation [ICF]). (D) Single subject data for ICF. Filled circles (gray) indicate patients with medication. All group data are presented as mean  $\pm$  SEM. Data from 1 patient and 1 healthy young control could not be analyzed due to technical reasons (group size n = 7).

and reduced MEP recruitment with increasing stimulus intensity<sup>21</sup>: with increasing age, there is an increase in the steepness of the slope; MEP output size plateaus approaching adolescence. Since we observed significant differences between the 2 age groups tested in our study (young vs adults), but not between young patients with SSADH deficiency and young controls, these differences most likely reflect pyramidal tract maturation.

LICI and CSP are TMS measures of intracortical inhibition, which are susceptible to modifications in GABA<sub>B</sub>-ergic neurotransmission.<sup>23</sup> LICI was consistently present in parents and both control groups but virtually absent in patients with SSADH deficiency. In general, LICI decreases with higher test MEP amplitudes, suggesting higher susceptibility of M1 neurons mediating LICI at low test stimulus intensities.<sup>25</sup> However, in our study test stimuli were given at stimulation intensities usually inducing strong LICI. Moreover, we excluded the possibility that differences in MEP output between experimental groups were responsible for the LICI group differences observed. While LICI is tested at rest, CSP is apparent as a period of EMG inhibition following the MEP in a voluntarily contracted muscle.26 In ac-

cordance with group differences in LICI, CSP was significantly shortened in patients with SSADH deficiency compared to parents and controls. The later part of the CSP is thought to result from suppression of interneurons at the cortical level.<sup>26,27</sup> Thus, it is likely that CSP shortening in patients with SSADH deficiency is mediated by cortical rather than spinal mechanisms. CSP duration correlates strongly with the magnitude of voluntary contraction, and MEP amplitude, respectively.28 We excluded this confounding factor using matched 30% of maximum voluntary contraction for CSP elicitation. CSP and LICI are susceptible to alterations by CNS-active drugs targeting GABA<sub>B</sub>-ergic populations, i.e., tiagabine and baclofen.<sup>22,29,30</sup> Thus, it is conceivable that in the patients concomitant changes of LICI and CSP reflect a dysfunction of GABA<sub>B</sub>-ergic inhibition. These results represent the first demonstration of an abnormality in GABA<sub>B</sub>-ergic function in human SSADH deficiency. Our data are consistent with results derived from an SSADH deficiency animal model, in which reduced postsynaptic GABA<sub>B</sub> receptor expression by accumulated GHB or GABA has been shown.<sup>12</sup> Despite the increased constitutive GABA levels resulting in increased tonic inhibition,<sup>31</sup>

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we found evidence for a reduction of GABAergic inhibition in patients with SSADH deficiency. If postsynaptic GABA<sub>B</sub> receptor downregulation is evident, it is possible that elevated GABA binds predominantly to presynaptic GABA<sub>B</sub> receptors, leading to reduced activity-dependent secretion of GABA into the synaptic cleft. In this scenario, functional changes observable by TMS would be more related to activity-dependent transsynaptic (phasic) inhibition than to constitutive (tonic) inhibition.

In contrast to the highly significant changes of LICI and CSP, we observed only a tendency toward reduced short intracortical inhibition, a TMS parameter that is most likely mediated by GABAA receptors.<sup>32,33</sup> At first sight, it appears less pronounced than the results of an earlier study using [<sup>11</sup>C]flumazenil PET in patients with SSADH deficiency suggesting a downregulation of benzodiazepine binding sites at the GABA<sub>A</sub> receptor. However, in animal studies effects of elevated GHB have been strongly associated with activation of GABA<sub>B</sub> receptors rather than GABA<sub>A</sub> receptors,<sup>10</sup> which might also explain the contrasting result observed in our study. In addition, in a familial generalized epilepsy syndrome a mutation in the GABA<sub>A</sub> receptor  $\gamma 2$  subunit led to reduced [11C]flumazenil binding.34 Affected patients showed reduced short-interval intracortical inhibition and increased intracortical facilitation on paired-pulse TMS, but no differences from controls in motor threshold or CSP.35 The contrast with our results reinforces the importance of GABA<sub>B</sub> receptor dysfunction in SSADH deficiency, as opposed to a disorder confined to GABA<sub>A</sub> receptors. Of note, SICI was measured at test stimulus intensities evoking relatively small MEPs. SICI increases with higher test MEP amplitudes.<sup>25</sup> Thus, it is also possible that we missed significant results, because we did not assess SICI with higher test MEP amplitudes. Finally, we did not observe significant changes in intracortical facilitation. ICF is a TMS parameter responding predominantly to glutamatergic interventions, i.e., NMDA receptor antagonists have been shown to reduce ICF.<sup>36–38</sup> Since SSADH deficiency is a disorder of the GABAergic pathway the lack of difference in patients with SSADH deficiency compared to other experimental groups is expected.

In the developing brain, GABA has depolarizing properties due to a higher intracellular chloride concentration in immature neurons.<sup>39</sup> Since GABA is the key excitatory player in neurodevelopment preceding the action of glutamate, elevated cerebral GABA and GHB levels may cause both functional and structural alterations during this critical period. In other words, chronically elevated cerebral GABA and GHB may have different effects on neurotransmission than acute increases in neurotransmitters, e.g., by drug intake. It is striking that a noninherited, immunologically mediated disease such as stiffperson syndrome, in which antibodies against glutamic acid decarboxylase lead to a reduction in cerebral GABA levels, causes a TMS phenotype of disinhibition (shortening of CSP, decreased SICI<sup>40</sup>) similar to SSADH deficiency. Hence, developmental factors and chronic compensatory mechanisms may play a critical role for the direction of the GABAergic dysbalance in SSADH deficiency.

To date, a particular diagnostic problem in SSADH deficiency is the heterogeneity of clinical manifestations, featuring intellectual disability, epilepsy, ataxia, sleep disorders, and neuropsychiatric disturbances. Nevertheless, all patients are severely affected. Furthermore, no consistently successful therapy has emerged for the treatment of SSADH deficiency. Since excitability of the motor cortex was specifically altered in these patients (not in obligate heterozygous parents), TMS could be helpful to detect the homozygous carrier status, facilitating diagnosis of the disease, but also to monitor novel treatment strategies. Our study has implications for the understanding of the pathophysiology of neurotransmitter disorders in general, by showing how neurophysiologic techniques can help explain the clinical effects of alterations in transmitter levels and receptor expression.

#### **AUTHOR CONTRIBUTIONS**

J.R. designed and performed the study, analyzed the data, and wrote the paper. L.G.C. designed the study and wrote the paper. P.L.P. recruited and evaluated patients. B.F. performed parts of the study, analyzed data, and wrote the paper. N.J. performed parts of the study. I.D. was involved in patient recruitment, care, and logistics. W.H.T. designed the study, performed patient care, and wrote the paper.

## DISCLOSURE

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