

Erythropoietin-induced changes in brain gene expression reveal induction of synaptic plasticity genes in experimental stroke

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Edited* by Charles A. Dinarello, University of Colorado Denver, Aurora, CO, and approved May 4, 2012 (received for review January 20, 2012)

Erythropoietin (EPO) is a neuroprotective cytokine in models of ischemic and nervous system injury, where it reduces neuronal apoptosis and inflammatory cytokines and increases neurogenesis and angiogenesis. EPO also improves cognition in healthy volunteers and schizophrenic patients. We studied the effect of EPO administration on the gene-expression profile in the ischemic cortex of rats after cerebral ischemia at early time points (2 and 6 h). EPO treatment up-regulated genes already increased by ischemia. Hierarchical clustering and analysis of overrepresented functional categories identified genes implicated in synaptic plasticity—*Arc*, *BDNF*, *Egr1*, and *Egr2*, of which *Egr2* was the most significantly regulated. Up-regulation of *Arc*, *BDNF*, *Dusp5*, *Egr1*, *Egr2*, *Egr4*, and *Nr4a3* was confirmed by quantitative PCR. We investigated the up-regulation of *Egr2/Krox20* further because of its role in neuronal plasticity. Its elevation by EPO was confirmed in an independent *in vivo* experiment of cerebral ischemia in rats. Using the rat neuroblastoma B104, we found that wild-type cells that do not express EPO receptor (EPOR) do not respond to EPO by inducing *Egr2*. However, EPOR-expressing B104 cells induce *Egr2* early upon incubation with EPO, indicating that *Egr2* induction is a direct effect of EPO and that EPOR mediates this effect. Because these changes occur *in vivo* before decreased inflammatory cytokines or neuronal apoptosis is evident, these findings provide a molecular mechanism for the neuroreparative effects of cytokines and suggest a mechanism of neuroprotection by which promotion of a plastic phenotype results in decreased inflammation and neuronal death.

microarrays | ischemia-reperfusion injury | neurotrophins | early genes | neuronal cells

Since our first report (1), several studies have documented the neuroprotective effect of erythropoietin (EPO) in models of ischemic and traumatic brain injury (reviewed in refs. 2–4) and the role of endogenous EPO in ischemic preconditioning (5). Multiple mechanisms can account for the action of EPO, including inhibition of neuronal apoptosis (6) and decreased neuroinflammation (7, 8). EPO also activates repair, in particular through promotion of neurogenesis, oligodendrogenesis, and angiogenesis (9, 10), as well as mobilization of endothelial progenitor cells (11). It also improves cognition, long-term potentiation (LTP), and synaptic plasticity (4, 12–14).

However, the early effects of EPO responsible for its neuroprotective activities are not understood, and there even is debate whether the classical EPO receptor (EPOR) alone mediates these effects or an additional tissue-protective coreceptor is required (15–18).

In the study presented here, we investigated the effect of EPO on the gene-expression profile of the brain using the rat model of cerebral ischemia induced by middle cerebral artery occlusion (MCAO) with which we performed most of the studies on EPO.

To identify early events induced by EPO, experiments were carried out at the time points 2 and 6 h post-MCAO, when ischemic damage is not yet detected by histology. The results obtained show that the early effects of EPO are on genes important for neuronal synaptic plasticity, particularly early growth response 2 (*Egr2*). *In vitro* experiments using a neuronal cell line show that EPOR is necessary for EPO induction of *Egr2*, clearly demonstrating that EPOR is implicated in the effects of EPO on cells of the nervous system and not just in its erythropoietic activity on erythroid precursors. These results strengthen the evidence of EPO as a tissue-reparative cytokine.

Results

Identification of EPO-Regulated Genes. Three groups of rats were studied: 12 sham-operated rats (S), 12 ischemic rats undergoing MCAO with saline treatment (I), and 12 ischemic rats undergoing MCAO with EPO treatment (IE). Six rats per group were killed 2 h after MCAO, and six rats were killed at 6 h after MCAO, obtaining six experimental groups (S, I, and IE at 2 h and 6 h). Microarray analysis was performed in the ischemic cortex to identify genes differentially expressed in the EPO-treated groups. For microarray analysis, RNA samples were pooled from six rats to obtain three biological replicates per group. Each replicate was obtained from two rats. Each rat contributed to only one pool.

With a cutoff of $P < 0.01$ and of a fold-change of 2 (corresponding to a log base 2 change of 1), strikingly at 6 h EPO induced the expression of only one gene, *Egr2*. At 2 h one gene (*Olr792*, predicted) was up-regulated, and one (*LOC683790*) was down-regulated, but their absolute expression level was very low (just above the 4.2 expression threshold).

Because we intended to use the microarray analysis only as a first discovery step, and we intended to validate and pursue any difference of interest by quantitative PCR (qPCR), we decided to lower the stringency to $P < 0.05/1.5$ -fold to see if there was a discernible pattern in the transcripts affected by EPO. At this stringency, as shown in Table 1, EPO regulated 1.4% and 2.2%

Author contributions: M. Mengozzi, P. Vandenebeele, Y.C., A.A., and P.G. designed research; M. Mengozzi, I.C., P. Villa, Z.E., N.G., O.Y., S.E., M. Manohasandra, P.V.H., P. Vandenebeele, and A.A. performed research; Y.C. and A.A. contributed new reagents/analytic tools; M. Mengozzi, P.V.H., P. Vandenebeele, and P.G. analyzed data; and M. Mengozzi and P.G. wrote the paper.

The authors declare no conflict of interest.

*This Direct Submission article had a prearranged editor.

Data deposition: The microarray data reported in this paper have been deposited in the Gene Expression Omnibus (GEO), <http://www.ncbi.nlm.nih.gov/geo> (accession no. GSE33725).

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This article contains supporting information online at www.pnas.org/lookup/suppl/doi:10.1073/pnas.1200554109/-DCSupplemental.

Table 1. Summary of transcriptional changes by ischemia or ischemia+EPO at 2 and 6 h

Change	Total	Up by EPO	Down by EPO
2 h			
Up by ischemia	385	0	5
Down by ischemia	240	4	0
Unaffected	39,707	7	28
6 h			
Up by ischemia	1,115	25	4
Down by ischemia	442	9	1
Unaffected	37,677	52	19

Expression changes at $P < 0.05$, 1.5-fold, were considered. Ischemia was compared with sham-operated rats, and EPO-treated ischemic rats were compared with ischemia alone.

(at 2 h and 6 h, respectively) of the transcripts affected by ischemia, but only 0.09% and 0.2%, respectively, of those unaffected by ischemia.

At 2 h, EPO up-regulated 11 transcripts (three genes) and down-regulated 33 transcripts (10 genes) (Table S1); neither manual screening nor functional classification analysis using the Database for Annotation, Visualization and Integrated Discovery (DAVID) could identify any functional cluster. At 6 h (Table 2; see Table S2 for the full list), EPO up-regulated 86 transcripts (29 genes), and down-regulated 24 transcripts (13 genes).

Hierarchical cluster analysis was performed on the genes regulated by EPO at 6 h (Fig. 1). Transcripts in cluster 1 include *Arc*, *BDNF*, *Ccl7*, *Dusp5*, *Egr2*, and *Egr4*, which already were up-regulated markedly by ischemia and were up-regulated further by EPO. Transcripts in cluster 2 (including *Egr1*, *Fosl2*, and *Nr4a3*) were not regulated significantly by ischemia at 6 h but were up-regulated by ischemia+EPO. Cluster 3 included a few genes whose up-regulation by ischemia was inhibited by EPO, such as *Trem1* and *Atp7a*.

We then used DAVID to identify overrepresented (enriched) functional categories among the EPO-up-regulated genes. The top ranking categories were “regulation of neuronal synaptic plasticity,” “behavior,” and “learning or memory” (Table 3), comprising genes in clusters 1 and 2 from Fig. 1. No enriched functional categories were identified analyzing the transcripts down-regulated by EPO.

Because we and others had reported that EPO decreased neuroinflammation at later times [24 h after MCAO or later (7, 8, 19, 20)], we were surprised that no inflammatory cytokines or their receptors were among the transcripts down-regulated by EPO. In fact, in agreement with previous studies, ischemia markedly induced several inflammatory genes, including *Il1b*, *Il6*, *Tnf*, and many other cytokines, but their induction was unaffected by EPO (Dataset S1). The only genes with the Gene Ontology (GO) database description “inflammatory response” or “immune response” whose expression was down-regulated significantly by EPO were *Cxcl2* and *Trem1*, whereas *Ccl7* was up-regulated (Table 2 and Dataset S1). Interestingly, *Ccl7* is a chemokine but also belongs to the GO category “behavior.” Likewise, because a previous study on PC-12 cells treated with EPO for 24 h reported an up-regulation of anti-apoptotic *Bad*, *Bax*, and *Bcl-xL* (21), we specifically looked for genes related to apoptosis. None of them was affected by EPO, even when transcripts with low (below 4.2) expression levels were taken into account, as can be seen from Dataset S2 that lists all genes with “apoptosis” or “cell death” in the GO.

Validation of Microarray Data by PCR. Selected genes among those significantly up-regulated by EPO at 6 h were validated by qPCR. In this case, unlike the microarray experiment, samples were not pooled, and qPCR analysis was performed on six individual rats per group. We also looked in the dataset for their expression at 2 h. Fig. 2 reports the expression data from the microarrays at 2 h and 6 h (Fig. 2A) and PCR validation at 6 h (Fig. 2B). Both *Egr1* and *Nr4a3*, belonging to cluster 2, were strongly induced

by ischemia at 2 h but returned to the control level by 6 h. The effect of EPO on these genes was to maintain and prolong their otherwise transient induction by ischemia. All the other genes (*Egr2*, *BDNF*, *Arc*, *Dusp5*, and *Egr4*), belonging to cluster 1 were induced by ischemia at 2 h and 6 h and were up-regulated further by EPO at 6 h. All the results obtained by microarrays at 6 h were confirmed by qPCR (Fig. 2B).

EPO-Induced *Egr2* mRNA Expression in Neuronal Cells. Our findings on genes involved in synaptic plasticity support the importance of EPO in neurorepair. Because only *Egr2* was identified with the highest stringency analysis (fold-change of 2 and $P < 0.01$), we first sought to reproduce its induction by EPO in vivo in a second, independent cerebral ischemia experiment carried out exactly as the one used for microarray analysis (6 h after MCAO, six rats per group; three groups: sham, ischemia, and ischemia +EPO). *Egr2*, measured by qPCR, was induced significantly in ischemic compared with sham-operated rats (log base 2 expression ratio \pm SD of I vs. S: 1.5 ± 1 , $P < 0.05$) and was up-regulated further by EPO in ischemic animals (log base 2 ratio \pm SD, IE vs. I: 0.8 ± 0.5 , $P < 0.05$). Thus, EPO increased *Egr2* in ischemic animals 1.8-fold (log base 2 ratio = 0.8), confirming the results of the first experiment.

Because the microarray experiment did not include a group of rats treated with EPO in the absence of ischemia, we wondered whether EPO directly induced expression of *Egr2* or only up-regulated *Egr2* induced by cerebral ischemia. For this purpose, we treated healthy rats with the same dose of EPO (50 μ g/kg i.p.) and measured the expression of *Egr2* in the brain at 2 h and 6 h. The results showed that EPO did not affect *Egr2* expression, compared with that in rats injected with saline alone, at any time point [*Egr2* mRNA levels, log base 2 expression ratio \pm SD, EPO vs. no EPO, $n = 6$; at 2 h: -0.5 ± 0.3 , nonsignificant (ns); at 6 h: 0.3 ± 0.9 , ns]. Therefore, the in vivo effect of EPO on *Egr2* was to modulate its induction by ischemia.

Because change in gene expression in the brain can take place in several cell populations, we investigated in vitro the effect of EPO on *Egr2* in neuronal cells using the rat neuronal cell line B104. Serum-deprived cells were treated with 80 ng/mL EPO, and *Egr2* mRNA expression was measured 1, 3, and 5 h later. In our experiments, EPO did not affect *Egr2* expression in wild-type B104 cells, as measured by qPCR (log base 2 expression ratio \pm SD, EPO vs. no EPO, $n = 3$; at 1 h: 0.01 ± 0.06 , ns; at 3 h: -0.12 ± 0.09 , ns; at 5 h: 0.19 ± 0.06 , ns). However, we found that these cells do not express detectable EPOR by qPCR (fluorescence threshold cycle for EPOR amplification was >38). On the other hand, EPOR is up-regulated in brain injury and ischemia (22). We therefore overexpressed EPOR in B104 cells. As shown in Fig. 3, EPO induced *Egr2* mRNA at 1 h by about 10-fold; then the levels decreased but still were up-regulated (1.6-fold) at 3 h and returned to control level at 5 h. Of note, EPOR-expressing cells showed functional EPOR signaling in terms of autophosphorylation upon EPO treatment (see Fig. S2).

Discussion

Overall, the main transcriptional effect of EPO at early time points was to regulate genes whose expression already was affected by ischemia. For the majority of transcripts, EPO amplified or prolonged the effect of ischemia, which was particularly evident at 6 h, as shown in Table 1, suggesting that EPO potentiates protective or reparative pathways already activated by ischemic injury. In particular, *Egr2* and other genes implicated in synaptic plasticity were up-regulated, or their induction by ischemia was prolonged. Among these genes was *BDNF*, thus confirming reports of its induction by EPO in stroke and experimental autoimmune encephalomyelitis (EAE) (9, 23). Although a previous study reported the induction of *Egr1* by EPO in erythroid cells (24), the effect of EPO on *Egr2* was not investigated in that study.

We were surprised to find no effect of EPO on genes related to inflammation or apoptosis, because a previous microarray study in a mouse model of neonatal brain hypoxia/ischemia showed inhibition of these pathways (25). However, the time point used

Table 2. Genes significantly changed by EPO in ischemic cortex at 6 h and relative change in ischemic versus sham

Gene symbol	Accession number	Ischemia+EPO vs. ischemia		Ischemia vs. sham	
		Fold change	P value	Fold change	P value
Up-regulated					
RGD1304775_predicted	XM_237151	2.80	0.0469	ns	—
RGD1310265_predicted	XM_001070727	2.38	0.0423	ns	—
Krt14	D63774	2.32	0.0377	ns	—
Slc10a1	NM_017047	2.28	0.0273	ns	—
LOC679379	XM_001055377	2.23	0.0468	ns	—
ENSRNOT00000014809	ENSRNOT00000014809	2.02	0.0229	ns	—
Ces5	XM_341636	1.62	0.0479	ns	—
RGD1563378_predicted	XM_228994	1.60	0.0342	ns	—
Olr1461_predicted	NM_001000022	1.46	0.0476	ns	—
BDNF*	NM_012513	1.03	0.0467	1.49	0.0026
Dusp5	NM_133578	1.01	0.0333	1.42	0.0018
Egr2	NM_053633	1.01	0.0077	1.42	0.0089
Olr372_predicted	NM_001001048	1.00	0.0153	ns	—
Arc*	NM_019361	0.92	0.0467	1.57	0.0008
Fosl2	NM_012954	0.86	0.0099	ns	—
Mas1	NM_012757	0.85	0.0188	ns	—
Egr4	NM_019137	0.85	0.0253	1.08	0.0066
LOC684624	XM_001070871	0.84	0.0472	ns	—
Rem2	NM_022685	0.75	0.0183	1.29	0.0192
Olr1678_predicted	NM_001000893	0.73	0.0395	ns	—
Prss1	NM_001003956	0.68	0.0057	ns	—
XM_224859	XM_224859	0.66	0.0169	ns	—
RGD1311223_predicted	XM_345971	0.65	0.0300	ns	—
Nr4a3*	DQ268830	0.64	0.0089	ns	—
Cdkl3	NM_021772	0.61	0.0274	ns	—
Egr1*	NM_012551	0.60	0.0270	ns	—
RGD1562685_predicted	XM_231463	0.60	0.0099	ns	—
Angptl4	NM_199115	0.59	0.0285	1.02	0.0123
Ccl7*	NM_001007612	0.59	0.0228	2.84	0.0008
Down-regulated					
Olr750_predicted	NM_001000366	-1.56	0.0321	ns	—
Atp7a	NM_052803	-1.21	0.0159	ns	—
Trem1_predicted	XM_217336	-1.03	0.0243	1.67	0.0057
Olr1630_predicted	NM_001000092	-0.97	0.0240	ns	—
RGD1307937	NM_001013877	-0.82	0.0265	ns	—
RGD1310352	XM_220404	-0.71	0.0141	ns	—
Zfp606	XM_218283	-0.67	0.0429	ns	—
Cxcl2	NM_053647	-0.65	0.0369	6.49	1.4E-07
LOC679115	XM_001054757	-0.60	0.0235	ns	—
RGD1310980_predicted	XM_343381	-0.60	0.0358	ns	—
LOC680443	XM_001057208	-0.60	0.0115	ns	—
Rnf24_predicted	XM_342522	-0.59	0.0243	ns	—
Crispld1_predicted	XM_237258	-0.59	0.0491	ns	—

Only genes with a functional annotation changed more than 1.5-fold, $P < 0.05$, in ischemia+EPO vs. ischemia are included. Fold change is expressed as log base 2 ratio and is the average of triplicate samples. ns, not significant.

*When genes are identified by different probes/replicates, the average of the gene expression level (gProcessed Signal) of all the different probes/replicates has been calculated. For these genes, the numbers of significantly different transcripts/total transcripts were Ccl7, 2/2; Nr4a3, 2/3; BDNF, 6/11; Arc 7/10; Egr1, 8/10. All replicates were considered when calculating statistical significance. A list of all significantly up-regulated transcripts, including unmapped probe IDs and replicates, is presented in [Table S2](#).

in that study was 24 h or longer and thus may reflect the lesser damage in EPO-treated animals (25). Unlike Juul et al. (25) who observed, at 24 h or later, an overall normalizing effect of EPO on genes up- or down-regulated by ischemia, we found that at earlier time points EPO amplified responses to ischemia. Of note, the lack of inhibitory effect of EPO on the expression of inflammatory cytokines (with the exception of *Cxcl2*) was observed even if these genes were markedly induced at the time points analyzed ([Dataset S1](#)). This lack of effect probably indicates that EPO does not inhibit the early triggering of the inflammatory response and is in agreement with our earlier report that EPO, although decreasing inflammatory cytokines 24 h after stroke (8) or in

EAE (26), did not have any direct effect on the production of inflammatory cytokines by macrophages or glial cells (8). Therefore, the decreased neuroinflammation and the decreased expression of *Il6*, *Tnf*, and *Ccl2* observed at 24 h may be secondary to neuroprotection/neurorepair (8).

Interestingly, EPO did not affect brain *Egr2* expression in the absence of cerebral ischemia, thus strengthening the hypothesis of Brines and Cerami (27) that tissue injury “primes” cells for response to EPO. For instance, TNF could produce such a priming, as reported with primary neurons (22), and TNF is induced early in cerebral ischemia, along with most inflammatory cytokines (28) (see also [Dataset S1](#)). Thus, although EPO did not

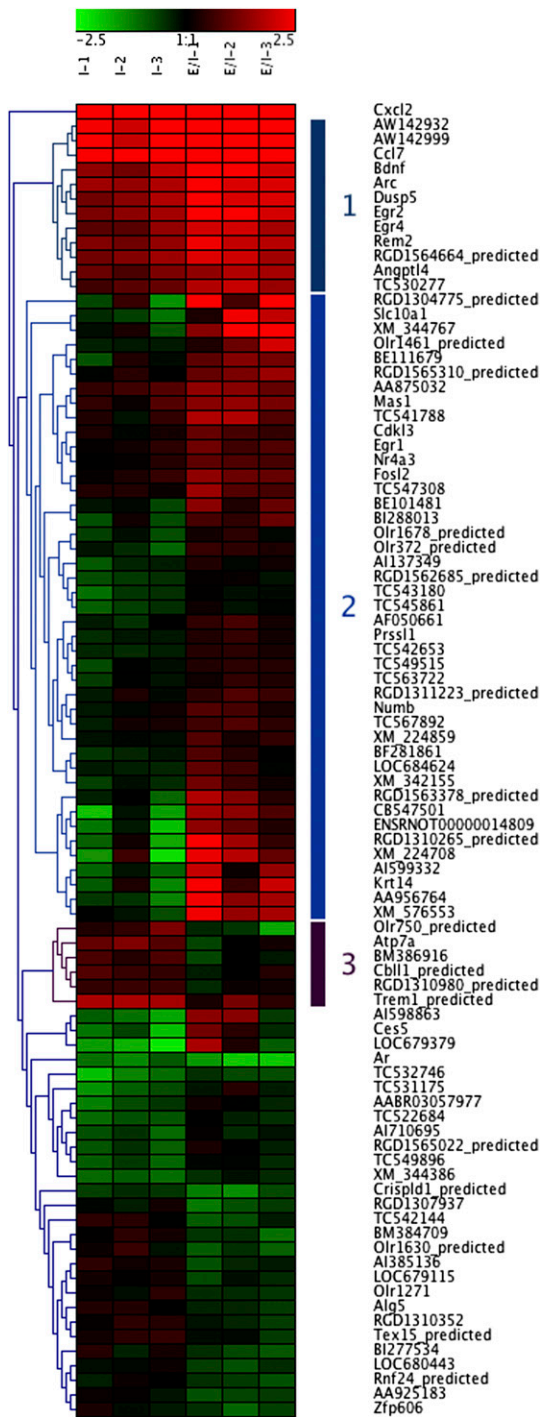


Fig. 1. Cluster analysis. Hierarchical clustering and heat map of the differentially expressed transcripts identified by comparing ischemia+EPO (IE) vs. ischemia alone (I) and setting a threshold of 1.5-fold change, $P < 0.05$. Each sample (pooled RNA from two rats) represents the expression change compared with the mean of three samples from sham-operated rats. Red indicates an increase and green indicates a decrease in expression compared with sham controls. Average linkage clustering analysis was performed using Genesis software.

reduce inflammatory genes at these early time points, one might speculate that neuroinflammation might be a factor that primes the brain for the tissue-protective action of EPO.

Induction of *Egr2* may be important for many central actions of EPO. *Egr2*, also known as “*Krox20*,” is part of the Kruppel-like zinc

Table 3. Functional categories enriched in EPO-up-regulated genes

Category	Fold enrichment	Gene symbols	P value
Regulation of neuronal synaptic plasticity	44.9	BDNF, <i>Egr1</i> , <i>Egr2</i> , <i>Arc</i>	7.9E-05
Behavior	7.8	BDNF, <i>Egr1</i> , <i>Egr2</i> , <i>fosl-2</i> , <i>Nr4a3</i> , <i>CC17</i>	6.6E-04
Learning or memory	16.7	BDNF, <i>Egr1</i> , <i>Egr2</i> , <i>fosl-2</i>	1.5E-03
Zinc finger	45.3	<i>Egr1</i> , <i>Egr2</i> , <i>Egr4</i>	1.7E-03

DAVID Functional Annotation Chart analysis showing the overrepresented (enriched) categories among the genes up-regulated by EPO in rat ischemic cortex at 6 h. The four top categories are shown. Reported are the fold enrichment, the list of the gene symbols, and the significance of the enrichment (P value).

finger transcription factor family, which also includes *Egr1*, *Egr3*, and *Egr4* and has several functions that might be important in the pharmacodynamics of EPO in neurological diseases. *Egr* genes are induced by neuronal activity and brain injury, stimuli that cause synaptic plasticity (reviewed in refs. 29 and 30). The most thoroughly studied member of the family is *Egr1*, whose role in synaptic plasticity associated with learning and memory is well documented (30, 31). *Egr2* is induced by neuronal activity (29), but less is known about its specific role. However, *Egr2* was clearly shown to mediate stabilization and maintenance of LTP (32, 33) and cognitive functions associated with attention (34) in models in which *Egr1* was induced only transiently (33) or was not induced (34). Therefore, different members of the *Egr* family might mediate different cognitive functions associated with neuronal plasticity. The finding that EPO preferentially induces *Egr2* in cerebral ischemia might highlight a specific pathway through which EPO induces functional recovery in stroke and improves cognitive functions in diseases such as schizophrenia (35) and multiple sclerosis (12).

Although the molecular mechanisms that link *Egr* induction to long-term effects mediating neuronal plasticity are unknown, *Egr1* and *Egr3* can regulate directly activity-regulated cytoskeleton-associated protein (*Arc*) (36), a plasticity-associated gene involved in the maintenance, but not in the induction, of LTP and consolidation of long-term memory (37). *Arc* can be induced as an early gene, similar to the *Egr*, but also through a protein synthesis-dependent mechanism mediated by *Egr3* (36). Interestingly, *Arc* also is among the genes induced by EPO in our model.

Previous studies have shown that several early genes are up-regulated in cerebral ischemia. Although the most studied are *fos/jun* family members, zinc finger transcription factors, including *Egr2*, also are induced in the brain after permanent (38) or transient (39) ischemia. Studies addressing the role of *fos/jun* in neurotoxicity/neuroprotection have produced apparently contradictory evidence. In particular, *fos/jun* members are implicated in neuronal apoptosis (40), but when *c-fos* is inhibited in vivo with antisense oligonucleotides, cerebral ischemia-induced brain damage is increased (41), and ischemia-induced NGF is inhibited (42), suggesting a protective function. There are no studies investigating the role of *Egr2* in stroke by blocking its expression, but indirect evidence for a protective role of *Egr* in stroke is provided by a study showing that these genes are expressed preferentially in surviving neurons compared with neurons committed to die (38). Furthermore, a study carried out at 6 h after ischemia identified *Egr1*, *Egr2*, *Egr4*, and *Nr4a3* among the neuroprotective genes up-regulated by hypothermia in a model of hypothermia-induced neuroprotection in experimental stroke in rats (43). Likewise, *Egr2* protects osteoclasts and T cells from apoptosis (44, 45) and therefore might contribute to the well-known antiapoptotic effect of EPO (46).

Further studies in which *Egr2* in the CNS is inhibited by either conditional knockout or antisense oligonucleotides will be necessary, and are feasible, to investigate the relevance of *Egr2*, and

Cell Culture. The rat neuroblastoma B104 cell line and the genetically modified B104-EPOR cell line were cultured in DMEM (PAA Laboratories) supplemented with 10% (vol/vol) FBS (Invitrogen). When treated with EPO, cells were switched to medium without serum with 5 µg/mL insulin, 5 µg/mL transferrin, and 5 ng/mL selenium (Sigma-Aldrich). Total RNA was extracted with TRIzol (Invitrogen), and reverse transcription and qPCR were done as above.

Generation of Genetically Modified B104-EPOR Cells. B104 cells were genetically modified to express EPOR (B104-EPOR) constitutively. Production of lentivector particles, gene transfer, and cloning of B104 cells were performed as described (52). Expression and EPO-induced activation of EPOR in transduced cells is shown in Fig. S2. A more detailed description of the techniques used for

molecular cloning and to detect expression and activation of EPOR in B104-EPOR cells is included in *SI Methods*.

ACKNOWLEDGMENTS. We thank Joke Allemeersch (Flanders Institute for Biotechnology) for help with analyzing the data and Sara Triulzi (Mario Negri Institute) for help with animal experiments. This work was supported by the Interuniversity Poles of Attraction Program-Belgian Science Policy Grant P5/12 and by the European Regional Development Fund Grant Trans Channel Neuroscience Network (TC2N) (to P. Vandenabeele and P.G.). P.G. is supported by the Brighton and Sussex Medical School and the R. M. Phillips Charitable Trust. P. Vandenabeele is holder of a Methusalem grant (BOF09/01M00709) from the Flemish Government. Y.C. and A.A. are supported by the National Multiple Sclerosis Society-USA (Promise 2010).

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