

NIH Public Access

Author Manuscript

Brain Res Dev Brain Res. Author manuscript; available in PMC 2012 July 02.

Published in final edited form as: Brain Res Dev Brain Res. 1998 April 17; 107(1): 81-90.

The developmental profile of the corticotropin releasing factor receptor (CRF₂) in rat brain predicts distinct age-specific functions

M. Eghbal-Ahmadi^a, C.G. Hatalski^a, T.W. Lovenberg^b, S. Avishai-Eliner^{a,1}, D.T. Chalmers^b, and T.Z. Barama,c,*

^aDepartment of Anatomy and Neurobiology, University of California, Irvine, CA, USA

^bNeurocrine Biosciences, San Diego, CA, USA

^cDepartment of Pediatrics, University of California, Irvine, CA, USA

Abstract

Corticotropin releasing factor (CRF) activates two known receptor types, CRF₁ and CRF₂. In the adult rat brain, CRF₂ has a distinct distribution pattern, suggesting that it may mediate functions exclusive of CRF₁. The goal of this study was to determine the age-dependent distribution of CRF₂-messenger RNA (CRF₂-mRNA) in the rat brain. Brains from rats sacrificed under stressfree conditions on fetal days (F) 15, 16, 17 and 19, and postnatal days 1, 3, 5, 7, 9, 12, 15, 25, 49 and 90 (adult) were analyzed using semiquantitative in situ hybridization histochemistry. The onset and distribution of CRF2-mRNA in the developing rat brain revealed important differences from the adult expression pattern: earliest expression of CRF2-mRNA was observed in the ventromedial hypothalamus (VMH) on F16. High levels of CRF2-mRNA were present in the fronto-parietal cortex in the fetal and early postnatal brain but not later. Conversely, no CRF2mRNA was detectable in the ventroposterior (lateral and medial) thalamic nuclei prior to postnatal day 7. Distinct developmental profiles of CRF₂-mRNA were also observed in the lateral septum, medial, basal and cortical amygdala nuclei, and in several hippocampal fields. In conclusion, CRF_2 is expressed in the hypothalamus on F16, prior to the detection of CRF itself in the paraventricular nucleus. The differential levels and distributions of CRF₂-mRNA in hypothalamic and limbic brain regions indicate a precise regulation of this receptor's expression during development, as shown for CRF₁. Regulation of the levels of CRF₂ may modulate the effects of CRF (and related ligands) on target neurons, consistent with differential maturation of the functions mediated by this receptor.

Keywords

Corticotropin releasing factor; Receptor; Ventromedial hypothalamus; Ontogeny; Neuroendocrine; Rat

1. Introduction

Corticotropin releasing factor (CRF) is the key mediator of the neuroendocrine response to stress [43]. Release of hypothalamic CRF from the paraventricular nucleus (PVN) leads to

Corresponding author. Med. Sci. I, 4475, University of California, Irvine, CA 92697-4475, USA. Fax: +1-714-824-1106; tallie@uci.edu. ¹Current address: Department of Pediatrics, Hebrew University and Kaplan Hospital, Israel

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elevations of plasma ACTH and glucocorticoids [38,43]. Outside the hypothalamus, CRF has been shown to act as a neurotransmitter in specific central nervous system (CNS) regions [44,51]. The peptide has been implicated in the central mediation of the response to stress, as well as in anxiety, anorexia and neuroexcitation [16,28,33,42]. Certain actions of CRF on limbic neurons are age-dependent, such as the peptide's excitatory effects on neurons in the amygdala [4] and the hippocampus [20,39].

CRF activates G-protein coupled, membrane-bound receptors [11,14,17,21]. Two major types of CRF receptors have been characterized and named CRF₁ and CRF₂ [10,23,30]. The CRF₂ receptor exists in at least two isoforms [22]. The distribution and expression of the two CRF receptors have been documented in the adult rat brain [10,31,47]. The differential anatomical distributions of the two receptors indicate that they may serve distinct functional roles.

The onset of expression and the distribution of the CRF_1 receptor in the developing rat brain has been determined using both receptor-binding techniques and in situ hybridization histochemistry for receptor messenger ribonucleic acid (mRNA) [2,21]. Unique developmental expression patterns of CRF_1 -mRNA were found in the amygdala, hippocampus, and cortex. CRF_1 has recently been demonstrated to mediate the proconvulsant actions of CRF [3], and the observed high levels of CRF_1 -mRNA in limbic structures may provide the mechanism for the dramatic excitatory effects of CRF in these regions during development [4,6,7]. Based on these facts, the current study focused on the developmental profile of CRF_2 -mRNA in hypothalamic, limbic and cortical regions of the rat brain to gain insight of the potential functions of this receptor in the developing brain.

2. Materials and methods

2.1. Animals and tissue preparation

Timed pregnancy Sprague–Dawley rats were purchased from Zivic-Miller (Zelienople, PA). In this strain, gestation typically lasts for 21 days. Rats were maintained in NIH-approved animal facilities and kept on a 12-h light/dark cycle with access to unlimited lab chow and water. Cages were monitored for the presence of pups at 12-h intervals, and the date of birth was considered day 0 [48,49]. Fetal rats were delivered by cesarian-section on fetal days 15, 16, 17, and 19, and decapitated heads were rapidly immersed in powdered dry ice. Postnatal rats aged 1, 3, 5, 7, 9, 12, 15, 25, 49, and 90 days were sacrificed within 45 s of disturbance. Brains were rapidly dissected onto powdered dry ice and stored at -80° C. Sections were cut coronally at 20 µm using a cryostat, mounted on gelatin-coated slides and stored at -80° C. All experimental procedures were approved by the Institutional Animal Care Committee and conformed to National Institutes of Health guidelines.

2.2. Synthesis and preparation of the riboprobe

A plasmid containing the 461 base-pair fragment of CRF₂ cDNA was linearized with *Hin*dIII [23]. Radioactive antisense cRNA was synthesized by incubating T3 RNA polymerase (30 U, Promega, Madison, WI) with 1 µg linearized plasmid in 2.5 mM ATP/ GTP/UTP, 6 µM [α -³⁵S]-CTP (New England Nuclear, Boston, MA), 10 mM DTT, 40 mM Tris–HCl (pH 7.5), 6 mM MgCl₂, 2 mM spermidine, 10 mM NaCl and 40 U RNase inhibitor (RNasin, Promega). After 2 h at 37°C, 3 U of RNase-free DNase (RQ1-DNase, Promega) was added for 15 min at 37°C. Integrity of each transcript was determined by acrylamide gel electrophoresis. The probe was subjected to alkaline hydrolysis and purified by column chromatography (Select-D[RF], 5′–3′, Boulder, CO). The specific activity of the probe was 1–3×10⁶ cpm/µg. Further details of characterization and specificity of the probe to CRF₂-mRNA (and sense-strand controls) are provided in Ref. [10]. This CRF₂-riboprobe

hybridizes with both CRF_{2a} and CRF_{2b} isoforms of the CRF_2 -mRNA. However, in the adult rat brain, the CRF_{2b} form is found only in the choroid plexus and arterioles [22].

2.3. In situ hybridization histochemistry (ISH)

ISH method was modified from published protocols [23,48–50]. Sections were brought to room temperature, air dried and fixed in fresh 4% buffered paraformaldehyde for 20 min, followed by dehydration and rehydration through graded ethanols. Subsequently, sections were exposed to 0.25% acetic anhydride in 0.1 M triethanolamine (pH 8) for 8 min and were dehydrated through graded ethanols and air dried. Following a 1-h prehybridization, using hybridization buffer devoid of probe at 55°C in a humidity chamber, sections were hybridized at the same temperature for approximately 20 h with the ³⁵S-labeled ribonucleotide probe in hybridization buffer containing 50% formamide, $5 \times SET$, 0.2% SDS, 5× Denhardt's solution, 0.5 mg/ml sheared salmon sperm DNA, 25 μ g/ μ l yeast tRNA, 100 mM dithiothreitol, and 10% dextran sulfate. Posthybridization, sections were washed in $4 \times$ and $2 \times$ SSC (1 \times SSC denotes 0.15 M NaCl, 15 mM trisodium citrate buffer, pH 7) for 5 min at room temperature, and were digested using RNase-A (200 μ g/ml for 30 min at 37°C) (Calbiochem, La Jolla, CA). The sections underwent successive washes at 55° C in 2× SSC and $1 \times$ SSC for 5 min, 0.25× SSC for 30 min, and 0.1× and 0.03× SSC for 1 h each. Finally, sections were dehydrated through graded ethanols and were apposed to film (Hyperfilm B-Max, Amersham, IL) for 6–10 days. Specificity controls for the hybridization reaction consisted of sections which were subjected to RNase digestion prior to the ISH. Representative sections were also dipped in NTB2 nuclear emulsion (Eastman Kodak, Rochester, NY) and exposed for 2-3 weeks. Slides were developed (D-19 developer, KODAK) for 2.5 min at 16°C, and counter-stained using hematoxylin.

2.4. Acquisition and quantitative analysis of CRF₂-mRNA ISH signal

Semiquantitative analysis of CRF₂-mRNA was accomplished using the ImageTool software program (University of Texas Health Science Center, San Antonio). Films were scanned using a StudioStar scanner (AGFA, resolution 1200×1200 dots per inch), equipped with a transparency bed and the Fotolook 32 software. Digitized images were acquired onto a Dell Computer and analyzed. For each age group, 2–5 brains were utilized and a minimum of four sections were analyzed for each structure. Optical densities were determined over the lateral septum (LS), hippocampal CA1 and CA3 fields, the dentate gyrus (DG), medial, basal, and cortical amygdaloid nuclei, ventroposterior lateral and medial thalamic nuclei, paraventricular thalamic nucleus, ventromedial hypothalamic nucleus, frontal and piriform cortices, and the choroid plexus. Densities were calibrated using ¹⁴C standards, as well as brain-paste [48–50], and are expressed in arbitrary units. The significance (p<0.05) of observed quantitative differences among different age groups was evaluated using ANOVA or Student's *t*-test, as appropriate, with Bonferroni multiple comparison post-hoc test (Prism GraphPad software, San Diego, CA).

3. Results

A distinct developmental profile of CRF₂-gene expression was observed in many of the brain areas previously found to contain CRF₂-mRNA in the adult. In addition, several regions were found to express CRF₂-mRNA only during certain stages of development.

Earliest expression of CRF₂-mRNA was observed in the ventromedial hypothalamus (VMH) occurring as early as the 16th fetal day (F16; Fig. 1). There was a significant trend for increased CRF₂-mRNA expression in the VMH with age, reaching adult levels on postnatal day 15 (p<0.05, one way ANOVA with Bonferroni post-hoc test, Fig. 2).

Detectable levels of CRF₂-mRNA were present in the lateral septum starting on the 19th fetal day (Fig. 3). CRF₂-mRNA hybridization signal was evident primarily in the intermediate region of the lateral septum, with significant involvement of the ventral subdivision (Fig. 3). The adult pattern of distribution, showing a cluster of highly CRF₂-mRNA expressing cells at the basal portion of the lateral septum, was evident by postnatal day 7 (P7 in Fig. 3). At higher magnifications, discrete groups of CRF₂-expressing cells confined to the lateral septum were visible (Fig. 4). Visual inspection suggested a trend towards increased CRF₂-mRNA levels in the septum with age (Fig. 5), which was not confirmed by statistical analysis.

In the amygdala, discrete CRF₂-mRNA signal was evident over the medial (MeA) and basal (BasA) nuclei as early as the 17th fetal day (Figs. 1 and 6A,B). In the cortical amygdaloid nucleus, however, onset of CRF₂-expression occurred only on the third postnatal day. Unlike other nuclei of the amygdala where CRF₂-mRNA levels remained fairly stable to adulthood (Fig. 6A,B), an early postnatal increase of CRF₂- receptor mRNA production was evident in the cortical nucleus (p<0.01, one way ANOVA; Fig. 6C). In the hippocampal formation, CRF₂-mRNA was initially observed on the first postnatal day. In both CA1 and CA3 fields of Ammon's horn, as well as in the dentate gyrus, levels of CRF₂-mRNA were relatively constant throughout development (Fig. 7A–C).

 CRF_2 -gene expression was evident in the frontal cortex by the 17th fetal day. Expression of this transcript was transient as no CRF_2 -mRNA signal was detectable in this region subsequent to the 12th postnatal day (Fig. 8A). A very different expression pattern was observed in the piriform cortex, where a moderate CRF_2 -mRNA signal was first detectable on the first postnatal day (Fig. 3) and remained rather stable to adulthood (Fig. 8B).

The current study revealed the presence of CRF₂-mRNA in specific thalamic nuclei (P90 in Fig. 1), regions which have not been previously shown to express this receptor in the adult [10,23]. A distinct developmental pattern of CRF₂-mRNA was demonstrated in the thalamus: we observed CRF₂-mRNA-specific signal in the paraventricular thalamic nucleus starting on postnatal day 25 (Fig. 9A). In addition, the onset of detectable CRF₂-mRNA signal over the ventroposterior lateral and medial thalamic nuclei (VPM and VPL) occurred on the seventh postnatal day (Fig. 9B) and persisted to adulthood. Other thalamic nuclei did not express appreciable levels of CRF₂-mRNA. In addition, CRF₂-mRNA was expressed in the choroid plexus as early as the 17th fetal day and steady-state mRNA levels remained stable through postnatal day 90 (data not shown). In the habenula, CRF₂-mRNA expression was present starting on the 17th fetal day (data not shown) and remained at constant levels through adulthood (Fig. 9A).

4. Discussion

This study demonstrates that CRF₂-gene expression exhibits region- and age-specific patterns during development. These distinct spatial and temporal distribution patterns may provide important information regarding the regulation and function of this receptor in the developing brain.

CRF₂-mRNA expression was evident in the ventromedial hypothalamus (VMH) by the 16th fetal day. Neurons of the VMH are born on the 13th–14th fetal day in the rat [1], so that initial expression of CRF₂ occurs in post-mitotic cells. However, CRF₂-mRNA expression in the VMH precedes detectable mRNA signal for CRF itself in the hypothalamic paraventricular nucleus (PVN) [5,18]. The parvocellular neurons of the PVN are born around F16 [1], and start expressing CRF within 24 h, i.e., on F17 [5,18]. The onset of CRF₂ receptor expression prior to the availability of its putative ligand, CRF, suggests that the

On microscopic visualization, VMH neurons appear undifferentiated during the first postnatal week, with few organelles [32]. These neurons achieve adult characteristics and a full array of synapses by the 20th postnatal day. The observation that CRF₂-mRNA expression was detected as early as the 16th fetal day, with a gradual increase in signal intensity peaking on the 15th–25th postnatal days, suggests that full functional maturation of VMH neurons may not be necessary for activation of CRF₂ production.

What are the potential role(s) of the CRF₂ receptor in the VMH of the developing rat? Available data is consistent with a number of important functions. Activation of the VMH depresses feeding, while VMH lesions lead to obesity [33]. CRF has anorectic actions when given systemically or into the hypothalamus [19,33]. CRF also prevents the excessive body weight gain of genetically obese rats [36]. Thus, CRF may interact with CRF₂ receptors in the VMH to control feeding [36]. In support of this possibility, CRF₂-mRNA levels have been demonstrated to be lower in obese Zucker rats [34]. As food intake and its regulation is most critical to the survival of the neonatal rat, an early and well developed complement of CRF₂ receptors in the VMH should be expected, as found in this study.

The VMH is also a key structure in the complex coordination of diurnal variation in the hypothalamic-pituitary–adrenal (HPA) axis tone [41] VMH lesions disrupt a number of functions including the circadian rhythms of food intake, insulin secretion and adrenocortical function [13]. A key mechanism by which the VMH mediates signals inhibiting the HPA axis is via occupancy of mineralocorticoid receptors on VMH neurons [41]. However, a role for activation of CRF₂ receptors in modulating some aspects of the diurnal cycle of the HPA axis tone cannot be excluded [12]. CRF₁-mRNA levels in the hypothalamus and pituitary are clearly regulated by a variety of stresses [24,25,27,35], by glucocorticoids and other steroid hormones [24,25,27], and by CRF itself [26]. Recently, down-regulation of CRF₂-mRNA levels in the VMH of 9-day-old rats after a 24-h maternal separation period, which involves both stress and food deprivation, has been documented [15]. Whether stress, feeding state, diurnal phase, diet constituents or body weight regulate CRF₂ gene expression during development remains to be determined.

The VMH projects directly to the paraventricular nucleus of the thalamus [9], a structure found in this study to express CRF_2 in the adult rat. Previous investigations have not reported on the presence of CRF_2 -mRNA in this nucleus [10,23]. This fact is probably due to the small size, closeness to the midline and unusual anatomy of this nucleus. The thalamic paraventricular nucleus has been implicated in a number of autonomic and behavioral responses to stress [8], and receives input from the CRH expressing neurons in the central nucleus of the amygdala [29]. The presynaptic terminals of these neurons are likely the source of the endogenous CRF impinging on the thalamic paraventricular CRF_2 receptors demonstrated in the current study.

CRF₂-mRNA was found exclusively in three of the amygdala nuclei. Furthermore, the onset and time-course of CRF₂-gene expression in these nuclei displayed two discrete profiles. In the medial (including the corticomedial region) and basal amygdaloid nuclei, CRF₂-mRNA

was evident starting on the 17th fetal day. Interestingly, a direct projection of CRFcontaining neurons from the medial amygdala to the VMH has been demonstrated [37]. In the cortical nucleus, onset of CRF₂-expression was postnatal (Fig. 6C) and levels of CRF₂mRNA increased with age, suggesting that CRF₂ is probably not involved in trophic or developmental regulatory functions in this nucleus. Little CRF₂-mRNA signal was detected in the central nucleus of the amygdala. This nucleus plays a major role in the transduction of stress signals and contains a large cluster of CRF-expressing neurons, as well as modest amounts of CRF₁-mRNA [2,10,14,31,38]. Current knowledge of the distribution of the two members of the CRF receptor family in the amygdala is insufficient to determine the relative roles of these receptors in mediating the effects of CRF on the hormonal and behavioral responses to stress.

The distribution of CRF₂-mRNA in hypothalamic and limbic brain regions, and the transcript levels during development are distinct from those established for CRF_1 (Fig. 10) [2]. For CRF₁, messenger RNA levels in the hippocampus peak at the end of the first postnatal week, while levels in the amygdala are maximal during the second postnatal week. This developmental profile of CRF₁-mRNA may provide the mechanism for the enhanced potency of CRF for neuronal excitation, which is mediated by activation of the CRF₁ receptor [3,4]. In contrast, the developmental profile of CRF2 reveals early-onset expression in the hypothalamus and in circuits involved in autonomic and neuroendocrine functions which are critical throughout the organism's life-span. These functions of CRF₂ would require fairly constant levels of receptor synthesis (and CRF2-mRNA levels) throughout development, as demonstrated in this study in a majority of brain regions. Both receptormRNAs, however, are more abundant in the frontal cortex during the first postnatal week than at later periods (Fig. 8A) [2]. CRF₁-mRNA is found in the fronto-parietal cortex throughout adult life, while little CRF2-mRNA signal is evident over the mature frontal cortex [10]. The role of both receptors in the developing cortex is unclear, but they may mediate trophic actions of CRF on developing cortical neurons during the time of the formation of neuronal connections.

In conclusion, the spatiotemporal profile of CRF₂-mRNA indicates a precise regulation of the expression of this receptor during development in distinct brain regions. Furthermore, modulation of CRF₂ receptor levels may provide an important means for regulating certain effects of CRF itself during the developmental period.

Acknowledgments

The technical assistance of L. Schultz is appreciated. Supported by NIH NS 28912 (TZB).

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Fig. 1.

Coronal brain hemi-sections at the level of the diencephalon, illustrating CRF₂-mRNA presence in the ventromedial hypothalamus (VMH) of developing rats at the indicated ages. Sections were subjected to in situ hybridization using a riboprobe for the CRF₂-mRNA (see Section 2). CRF₂ -mRNA expression is evident in the VMH (arrowhead) as early as the 16th fetal day (F16). In the basal amygdala (BasA) nucleus, CRF₂-mRNA is detectable as early as F19, and the signal is robust by P1 (arrow). CRF₂-mRNA signal is also visible over the medial amygdala (MeA) and cortical amygdala (CoA) nuclei. Note that no hybridization signal is present over the thalamus in sections derived from fetal or neonatal rats, while signal in the hippocampal CA1 and CA3 is relatively unchanged with age. VPL and VPM are the ventroposterior lateral and medial thalamic nuclei, respectively. ChP denotes CRF₂-mRNA expression in the choroid plexus. Section magnification varies.



Fig. 2.

Quantitative analysis of CRF₂-mRNA levels in the ventromedial hypothalamus. Each bar represents means with standard errors of the means of data from a minimum of four sections from three rats. Subsequent to in situ hybridization for CRF₂-mRNA, sections were analyzed as described in Section 2. CRF₂ expression increases with age to reach adult levels by postnatal day 15 (p<0.05, one way ANOVA with Bonferroni post-hoc test).



Fig. 3.

Coronal forebrain hemi-sections at the level of septum, derived from developing rats at the indicated ages. Sections were subjected to in situ hybridization histochemistry using a riboprobe for the CRF₂-mRNA (see Section 2). Hybridization signal is evident over the lateral septum as early as the 19th fetal day (F19). CRF₂-mRNA can be detected over the piriform cortex starting on the first postnatal day (P1). The RNase Control section, from a 9-day-old pup was treated with RNase prior to the in situ hybridization histochemistry (see Section 2), demonstrating the specificity of the CRF₂-mRNA riboprobe. Section magnification varies.



Fig. 4.

Brightfield (A) and darkfield (B) photomicrographs of the lateral septum region from a 25day-old rat. (A) Shows anatomic landmarks; open arrow denotes choroid plexus, closed arrow points to the lateral ventricle. SPLd, SPLi, and SPLv denote the dorsal, intermediate, and ventral septal nuclei, respectively. Scale bar=300 μ m. (B) Darkfield photomicrographs of the area delimited by the broken line in (A). Scale bar=120 μ m. Expression of CRF₂mRNA in the SPLi and SPLv is evident. Virtually no silver grains are found in the striatum (arrow).



Fig. 5.

Quantitative analysis of CRF_2 -mRNA levels in the lateral septum. Each bar represents means and standard errors of data from a minimum of four sections from three rats. Expression of CRF_2 -mRNA is observed in the lateral septum starting on fetal day 19 (F19). No significant correlation of CRF_2 -mRNA expression with age is apparent (*p*=0.58; one way ANOVA).



Fig. 6.

Comparison of CRF₂-mRNA levels in three nuclei of the amygdaloid complex. In the medial nucleus (A) and in the basal group (medial and lateral basal nuclei) (B) CRF₂-mRNA is first detectable on fetal day 17 (F17). Receptor expression remains fairly stable until adulthood (P90). Conversely, in the cortical amygdala (C), CRF₂-mRNA is not observed until P3, and message levels increase with age (p<0.01; one way ANOVA with Bonferroni post-hoc test, P3 to P90). Values for each bar are the mean from a minimum of three animals per age group with bars representing the standard error of the means.



Fig. 7.

Quantitative analysis of the developmental expression of CRF₂-mRNA in the hippocampal formation. Each bar represents data derived from a minimum of three animals per age group. (A) and (B) depict CRF₂-mRNA levels in the CA1 and CA3 regions of Ammon's horn, respectively. In both regions, levels do not change with development. (C) is a graphic representation of CRF₂-mRNA levels over the granule cell layer of the dentate gyrus. No statistically significant correlation of CRF₂ expression with age can be discerned (p=0.09; one way ANOVA).



Fig. 8.

Quantitative analysis of CRF₂-mRNA levels in two cortical regions, illustrating the differential temporal patterns of receptor mRNA expression in these two areas. In the frontal cortex (A) CRF₂-mRNA is expressed by the 17th fetal day (F17). In contrast, in the piriform cortex (B), CRF₂-mRNA is observed starting on the first postnatal day (P1, see also Fig. 3), and robust expression of the receptor persists to adulthood. The mean from a minimum of three animals per age is shown with error bars representing the standard error of the means.



Fig. 9.

Quantitative analysis of CRF_2 -mRNA levels in two thalamic nuclei, illustrating the distinct spatiotemporal expression patterns of the receptor in these thalamic regions. Each bar represents means of data derived from a minimum of three animals, with the standard error of the means. The paraventricular thalamic nucleus (A) expresses significant levels of CRF_2 -mRNA only starting on the fourth postnatal week, while in the ventroposterior lateral and medial thalamic nuclei (VPL and VPM) (B) CRF_2 -mRNA is observed starting on postnatal day 7 (P7). A strong hybridization signal is observed over the habenula.



Fig. 10.

Comparative developmental profiles of CRF_1 -mRNA and CRF_2 -mRNA in the hippocampus (A) and amygdala (B). Values have been normalized to adult levels. In the hippocampus (CA1 and CA3), CRF_1 -mRNA expression peaks at 400% of adult levels on postnatal day 6. This is not evident for CRF_2 -mRNA. In the amygdala, CRF_1 -mRNA is expressed primarily in the central and lateral nuclei [2], while CRF_2 -mRNA hybridization signal is concentrated over the medial, basal, and cortical nuclei. A developmental `hyperexpression' for both receptors is evident during the second postnatal week, in comparison with the adult levels. Values for the amygdala are a composite of signal over all of the nuclei which express each receptor, as described above. The data for CRF_1 -mRNA are modified from [2], and printed with permission.