**EDITORIAL** 

## Consequences of Advanced Glycation End Products Accumulation in Chronic Kidney Disease and Clinical Usefulness of Their Assessment Using a Noninvasive Technique – Skin Autofluorescence

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#### -ABSTRACT

Accelerated formation and accumulation of advanced glycation end-products occur under circumstances of increased supply of substrates such as hyperglycaemic or oxidative stress and in age-related and chronic diseases like diabetes mellitus, chronic renal failure, neurodegenerative diseases, osteoarthritis and also non-diabetic atherosclerosis and chronic heart failure. Advanced glycation end-products accumulation occurs especially on long-lived proteins such as collagen in the skin and in vascular basement membranes leading to vascular damage. Adequate renal clearance capacity is an important factor in the effective removal of advanced glycation end-products. The Autofluorescence Reader was developed as a marker, representative for tissue advanced glycation end-products accumulation, easily applicable in a clinical setting, initially for predicting diabetes related complications. Studies have already shown a relationship between skin autofluorescence and diabetes complications, as well as its predictive value for total and cardiovascular mortality in type 2 diabetes. Moreover skin autofluorescence was demonstrated to be superior to Haemoglobin A1c and other conventional risk factors. Advanced glycation endproducts have been proposed as a novel factor involved in the development and progression of chronic heart failure. Assessment of advanced glycation end-products accumulation in end-stage renal disease and undergoing renal replacement therapies patients has become of great importance. Cardiovascular and connective tissue disorders are very common in patients with end-stage renal disease, and the accumulation of advanced glycation end-products is significantly increased in these patients. Mortality is markedly increased in patients with decreased kidney function, particularly in patients with end-stage

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renal disease. Skin advanced glycation end-products levels are strong predictors of survival in haemodialysis patients independent of other established risk factors. The Autofluorescence Reader may be useful as a clinical tool for rapid assessment of risk for advanced glycation end-products related long-term complications, not only in diabetes, but in other conditions associated with advanced glycation end-products accumulation as well.

Keywords: advanced glycation end-products, skin autofluorescence, metabolic stess, chronic kidney disease

his review focuses on the relationship between advanced glycation end-products (AGEs) accumulation and long-term complications in patients with diabetes and end-stage renal disease (ESRD) treated by dialysis and the clinical relevance of assessing AGEs accumulation in these patients. Recent proof of their involvement in the pathophysiology of chronic heart failure (CHF) and their use as an indirect measure for oxidative stress in a clinical setting is also emphasized.

#### BACKGROUND

AGEs are a heterogeneous group of compounds derived from non-enzymatic glycation of proteins, lipids and nuclear acids through complex and sequential reactions known as the Maillard reaction (1). Most of the research concerning this topic was done in the last two decades.

These versatile molecules play a major pathogenic role in many chronic diseases related to aging, diabetes, progression of diabetes complications and are of great interest to nephrologists (because of their nephrotoxic potential) and more recently to cardiologists (2,3).

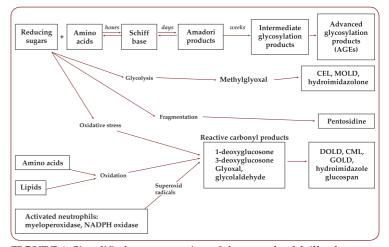
Glycation depends on glucose concentration in the initial stages of the Maillard reaction and this explains its enhancement in diabetes mellitus - due to the availability of high quantities of glucose (4). Baynes and colleagues noted the importance of oxidizing conditions and reactive oxygen species in the formation of glycoxidation products, an important class of AGEs that accumulate in tissues, of which the most studied are CML (carboxymethyl-Lysine) and pentosidine (5). Maillard products are also formed via lipid-derived intermediates, resulting in advanced lipoxidation products (ALEs) (6). Dyslipidemia is a common phenomenon in diabetes and AGEs and ALEs may be formed at the same time in the atherosclerotic plaques of

diabetic patients. Lipids are also an important source of protein modifications (Figure 1).

Decreased clearance of serum AGEs may further increase tissue AGEs accumulation. Age, the status of oxidative stress, inflammation, liver and kidney function, nutrition and diet also influence AGEs accumulation (7).

In spite of their enormous heterogeneity in terms of structure, all known AGEs lead to a common consequence and that is the crosslinking of proteins (through the formation of specific covalent and translational bonds), with the resultant alteration of protein structure and resistance to proteolysis, in the end leading to tissue remodelling (8).

AGEs can link to any type of proteins and form stable and irreversible bonds. Their bioavailability depends on the half-life time of those proteins. Skin collagen and lens have a very long half-life thus being the most likely sites for AGEs accumulation. Bonds to other types of proteins with shorter half-lives are unstable leading to AGEs degradation followed by renal excretion of AGEs-moieties (9). The accu-



**FIGURE 1.** Simplified representation of the complex Maillard reaction and formation of advanced glycation endproducts CEL = carboxyethyllysine; MOLD = methylglyoxal lysine dimer; DOLD = 3-deoxyglucosone lysine dimer; CML = carboxymethyllysine; GOLD = glyoxal lysine dimer

mulation of AGEs (via glycation, glycoxidation, lipoxidation or generation of carbonyl compounds) is known as carbonyl stress, a phenomenon that has been observed in both diabetes and uraemia and has also been proven to play a role in the accelerated atherosclerosis and vascular dysfunction (3,10) even independently of these conditions (11).

AGEs exert their effects via receptors, with a proven pathogenic significance, as they mediate cellular responses through the generation of oxygen-free radicals (12). Previous studies identified several distinct AGEs-specific receptors (RAGE) which include macrophage scavenger receptor and receptors type I and II (13). The relationship between AGEs and their receptors is of great importance as they play both positive and negative roles in the action and fate of AGEs. AGE-R1 (14) and lysozyme (15) receptors are the major degrading mechanism for AGE-modified tissues and cell components. The best characterized pro-inflammatory AGEs receptor, so far, is a member of the immunoglobulin superfamily, a multiligand receptor called RAGE; it appears to activate a stress response leading to inflammation and cellular dysfunction, promoting multiple signaling pathways that generate reactive oxygen species (ROS).

The AGE-RAGE interaction could also play a role at the sites of inflammation, as suggested by the evidence that phagocytes in such locations generate CML through myeloperoxidase (16). This pathway, which is independent of glycaemic control, might explain the presence of AGEs in atherosclerotic lesions as well as in patients with inflammatory conditions such as rheumatoid arthritis.

Trying to better understand AGEs involvement in vascular dysfunction, a "two hit" model emerged which involves an initial AGE-RAGE interaction, leading to cell activation and inflammation, followed by lipoprotein accumulation, with the maintenance of the inflammatory status and further acceleration of atherosclerosis (17). Still the complexities of this system are not yet fully understood.

#### Assessment of AGEs accumulation

Evaluation of AGEs and their accumulation has been difficult because their structure is complex and heterogeneous. Reproducibility of many assays, used so far, is rather poor. Importantly, the sites where chronic complications develop in diabetes and CKD are also those where long-lived proteins are present (e.g. glomerular basement membrane, crystalline lens). It seems therefore appropriate to prefer assays of tissue AGEs accumulation rather than plasma samples.

Meerwaldt et al. reported on a rapid, noninvasive measurement of skin autofluorescence (AF), used to assess AGEs accumulation, based on the fluorescent proprieties of some AGEs called Autoflorencence Reader (AFR) (18). The technique has been validated against measurements of AGEs in skin biopsies, obtained from the same skin spot, taken from healthy subjects, patients with diabetes mellitus as well as haemodialysis patients. Skin AF correlates with skin levels of CML, pentosine, carboxyethyllysine (CEL). It proved to have good reproductibility, to be time efficient and more practical in daily patient care (19).

## Mechanisms of cellular damage induced by AGEs

Several mechanisms link AGEs accumulation to cellular dysfunction. AGEs formation leads to structural and functional alterations of intra- and extra-cellular proteins (7,20). This first effect was noticed in a large variety of pathological conditions. Cross-linking of collagen proteins contributes to the rigidity and loss of elasticity of tissues and increased resistance to proteolysis (21,22), inhibition of tissue remodeling and thickening of capillary basement membrane leading to widespread alterations such as glomerular sclerosis. Increased AGEs formation is related to diminished arterial elasticity in diabetics (23). AGEs formed on vascular matrix proteins mediate defective endothelium-dependent vasodilatation by guenching nitric oxide (24). Lipoprotein modifications, induced by AGEs, have an important contribution to the dyslipidaemia, frequently observed in diabetic patients (25). AGEs formed on the matrix components of the vascular wall can trap altered lipoproteins, leading to impaired cholesterol efflux and lipoprotein accumulation (26).

The second important effect of AGEs accumulation is the induction of oxidative stress. AGEs attachment to sites on various cells results in the generation of oxygen free radicals by depletion of cellular antioxidant defense mechanisms, such as vitamin C and glutathione (27, 28). In diabetes, persistent hyperglycaemia causes increased production of free radicals through autoxidation of glucose and non-enzymatic protein glycation and increased flux of glucose through the polyol pathway (29). Oxidation of plasma lipids may stimulate auto-oxidative reactions of sugars, enhancing damage to both lipids and proteins, reinforcing the cycle of oxidative stress. The effect of advanced glycosylation on lipid oxidation was first showed by Bucala et al. (30).

## Consequences of AGEs accumulation in atherosclerosis and their clinical implication

A fundamental observation linking AGEs to atherosclerosis is their identification in the atherosclerotic plaques of patients with diabetes or renal disease (31,32) but also in non-diabetic patients with coronary artery disease (33). Vlassara and Bierhaus emphasized, in some of their studies, AGEs' role in accelerating atherosclerosis (34,35). Pathophysiological mechanisms, as described before, include cross-linking of the proteins leading to arterial stiffness; the interaction with AGEs receptors leads to focal adhesion molecules and cytokine expression and atheromatous plaque formation (36). All these actions are of great importance in the promotion of endothelial dysfunction.

Glycoxidation of LDL makes it less recognizable by the native LDL receptor, resulting in delayed clearance and increased LDL-C levels. This promotes LDL uptake by scavenger receptors on macrophages and smooth muscle cells, eventually leading to foam cells formation (37). AGEs may also modify HDL, altering its atheroprotective effects (38) and stimulate pro-inflammatory and pro-thrombotic mediators through glycated LDL.

The finding that AGEs have a potential role in atherosclerosis is strengthened by the results of experimental animal studies. It has been shown that direct intravenous infusion of glycated albumin in euglycaemic rabbit's results in enhanced expression of adhesion molecules and thickening of the intima (36) and that local application of AGE – Bovine serum albumin (BSA) to the vessel wall resulted in enhancement of intimal hyperplasia of the carotid artery (39). All these observations are supported by interventional studies on animals proving that by diminishing the AGEs burden with the use of an AGEs inhibitor or cross-link breaker (e.g. aminoguanidine and Alagebrium) the atherosclerotic process can be attenuated (40,41).

Although most of experimental and interventional studies were performed on diabetic models, AGEs have been shown to be involved in atherosclerosis, beyond diabetes and renal disease. Due to the fact that AGE's can now be easily and non-invasively measured by using an AF Reader, in contrast to all other currently available biomarkers for oxidative stress, AGE might become suitable as an indirect measure for oxidative stress in a clinical setting.

# Consequences of AGEs accumulation in cardiovascular disease (CVD) and their clinical implication

There are several reasons that point to a link between accumulation of AGEs and CHF, including the high prevalence of heart failure and diastolic dysfunction in those conditions associated with increased AGEs accumulation, such as diabetes and chronic kidney disease (CKD). The involvement of AGE's in diabetic cardiomiopathy has been shown in recent studies (11).

Two pathways involving AGEs may lead to heart failure. One is the interference with matrix proteins (matrix collagen, elastin, laminin) leading to alterations of structure (fibrosis induction) and function (hydrophobicity, charge, elasticity and turnover) (11,42). The second pathway is through AGE-RAGE interactions, leading to multiple vascular and myocardial alterations with negative impact on heart compliance (e.g. via calcium metabolism) (43,44). Accumulation of AGEs also leads, indirectly, to endothelial dysfunction, increased thrombogenicity and accelerated atherosclerosis and, as a result, to coronary perfusion abnormalities. Another potentially important link between AGEs and CHF is the contribution of renal hypoperfusion and function loss as a perpetuating factor in heart failure, through decreased clearance of circulating and renal AGEs.

Preliminary evidence for AGEs involvement in the development of cardiac dysfunction originates from two trials in heart failure patients - DIAMOND (45) and PEDESTAL (46), trials confirming an improvement in diastolic function and a significant reduction of the left ventricular mass following treatment with Alagebrium (ALT-711) an AGEs cross-link breaker.

Clinical data on circulating AGEs levels remain limited and have not provided yet convincing proofs. Latest studies have revealed that patients with type 2 diabetes and coronary heart disease have higher AGEs levels than patients with diabetes alone (47). It is known that plasma AGEs are related to severity and prognosis of CHF, but it is the tissue levels of AGEs that directly reflect the cross-linking of interstitial and intracellular proteins and the receptor interactions. Thus skin AF, as a marker of tissue AGEs, can better represent tissue function and the overall negative impact of AGEs accumulation (11). Additionally strong associations between tissue accumulation of AGEs and collagen specific fluorescence in skin, myocardium, aortic plaques, and also with carotid to femoral pulse wave velocity was described in diabetic patients (48).

Up to date studies highlighted AGEs involvement and the implication of their evaluation in patients with coronary heart disease, either in acute clinical circumstances or in every day practice. It has been recently demonstrated that skin AF is elevated in patients with coronary artery disease and is associated with serum levels of neopterin (a monocyte activation marker), and with the soluble isoform of the receptor for AGEs (49). Skin AF is a predictor of 5-year coronary heart disease and mortality in diabetes (12). Indeed, tissue AGEs measured with the AFR independently predict future CVD in patients with diabetes and renal failure (47,50). More recent studies focused on searching an association between AF and carotid intima-media thickness (IMT), independently of traditional vascular risk factors and diabetes. Results showed that skin AF provided additional information for identifying subjects with the highest IMT, beyond risk stratification based on commonly used risk scores alone. IMT is positively related to skin AF, independently of clinical factors, (apo)lipoproteins and metabolic syndrome, suggesting that skin AF reflects subclinical atherosclerosis. Increased skin AF may be a marker for early abnormalities involved in atherosclerosis development (51). In patients with acute ST-elevation myocardial infarction (STEMI), skin AF is significantly higher compared with patients with stable coronary artery disease, independent of diabetes and smoking. Recently published results show that elevated skin AF observed in STEMI patients is associated with inflammation and glycaemic stress, and predicts future major adverse cardiac events (52).

Study	Population investigated	Measurements	End-point	Results
Little et al. (45)	23 Patients with	Interventional	LVM	ALT-711 improved DF
DIAMOND study	DHF	ALT-711	DF	(echo); decreased LVM
Thohan et al. (46) PEDESTAL study	22 Patients with SHF and DHF	Interventional ALT-711	LVM DF	ALT-711 improved DF (echo); decreased LV mass (echo) Trend to improved SF
Meerwaldt et al. (47)	16 patients with DM type 1 and type 2	Skin-AF	CVD mortality	Skin-AF is associated with CV mortality
Meerwaldt et al. (50)	109 HD patients	Skin-AF	Overall CV mortality	Skin-AF is a strong predictor of mortality in ESRD patients
Mulder et al (52)	169 patients with STEMI and stable CHD	Skin-AF	1 year incidence of all cause mortality	Skin-AF is higher in STEMI and is predictive of future cardiovascular events
Gerrits et al. (57)	973 type 2 DM patients	Skin-AF	Development of DM complications	Skin-AF is an independent predictor for the development of microvascular complications
Mulder et al. (49)	63 patients with stable CHD	Skin-AF		Skin-AF is higher in patients with CHD and is associated with sRAGE and neopterin levels

**TABLE 1.** Most relevant studies on the role of AGEs and skin-AF in cardiovascular disease

DHF = dyastolic heart function; ALT-711 = Alagebrium; LVM = left ventricular mass; DF = diastolic function; SHF = systolic heaert function; SF = systolic function; DM = diabetes mellitus; Skin-AF = skin autofluorescence; CVD = cardiovascular disease; CV = cardio-vascular; HD = heart disease; ESRD = end stage renal disease; STEMI = ST-elevation myocardial infarction; CHD = coronary heart disease; sRAGE = serum AGE specific receptors.

Additionally, skin AF was associated with inflammatory markers, including C reactive protein (CRP) (53) and leukocyte count, suggesting a possible role in the process of plaque rupture. This is further supported by previous reports from the same authors, showing that skin AF is strongly related to skin accumulation of primary oxidative stress derived AGEs (54) and inversely correlated with plasma vitamin C levels, in subjects with renal failure (55).

These results highlight that skin AF is a measure of (long-term) metabolic burden and is strongly associated with the presence of CHF and cardiac mortality, superior to other measures of metabolic stress (e.g. HbA1C) (56). To better highlight this a table with the most relevant studies is presented below (Table 1). Skin AF and AGEs/ALEs accumulation may underline the effect of a common pathway and was more strongly associated with CHF and mortality compared with traditional risk factors, including smoking, already proven to be a marker of exogenous AGEs accumulation (57).

#### Consequences of AGEs accumulation in diabetes and in the development of nephropathy and their clinical implication

Patients with diabetes have significantly higher AGEs levels than the normal population, as a result of glycaemic stress. AGEs have a well established role in the pathogenesis of diabetic macro as well as microvascular complications. The relationship between hyperglycaemia and AGEs is confirmed by the tissue content of AGEs and the serum level of haemoglobin A1c (HbA<sub>1</sub>) and fructosamine - biomarkers of timeintegrated glucose concentration (58,59). Serum AGEs levels are higher in both type 1 and type 2 DM, are already increased early in the disease by approximately 1.5 fold, and are associated with the severity of retinopathy and nephropathy and also with coronary heart disease in type 2 diabetes mellitus patients (60).

Skin AF seems to be related to microvascular complications in diabetes (60) as well. Multiple regression analysis showed significant correlation of skin AF with age, sex, diabetes duration, body mass index (BMI), smoking, HbA<sub>1c'</sub> plasma creatinine, HDL cholesterol, and albumin-to-creatinine ratio (62). Recent studies focused on the relationship between skin AF and the outcome of type 2 diabetes patients. Lutgers et al. were the first showing evidence that skin AF is an independent predictor of the development of microvascular complications in a well-controlled type 2 diabetes population (57). Increased AF values were associated with the presence of microalbuminuria even after correction for age, A1C, triglycerides, and LDL. Thus, skin AF is superior to many other commonly used risk predictors - like diabetes duration and HbA<sub>1c</sub> in type 2 diabetes.

Multiple studies have shown that AGEs are important factors in the pathogenesis of nephropathy. CML, pyrraline and pentosidine have all been found in increased quantities in kidneys of patients with diabetes mellitus with or without CKD (63). AGEs accumulation is related to the severity of diabetic nephropathy this was first described by Monnier at al. (64). Beisswenger et al. have shown that AGEs accumulation precedes and correlates with early manifestations of renal disease (56).

In both type 1 and type 2 diabetic populations, studies showed correlations with creatinine levels. The highest AF values were observed in diabetic patients on haemodialysis treatment. In this group of patients, AF values correlated with age, markers of metabolic burden like A1C, triglycerides, LDL and dialysis vintage.

## Consequences of AGEs accumulation in ESRD and their clinical implication

Since AGEs levels are increased in plasma and collagen of normoglycaemic uremic patients, this abnormality cannot be credited as a result of only the increased glycation of proteins. Four sources are incriminated for AGEs accumulation in ESRD patients without diabetes: 1. Oxidative stress, having as contributors:

- age, inflammation, infections, bio-incompatibility of the dialysis membrane (65) or reduced antioxidant activity. ESRD is a condition of increased (intracellular) oxidative stress, indicated by increased lipid peroxidation and a decrease in the ratio of oxidized glutathione to reduced glutathione (66) even before the start of renal replacement therapy (67). Patients with CKD, and in particular those on renal replacement therapy, are subject to a tremendous degree of metabolic stress (68).
- 2. Carbonyl stress derived from the oxidation of sugars and lipids or reduced detoxification of carbonyl compounds such as glyoxalase 1 or aldose reductase.

- 3. Reduced kidney excretion of AGEs precursors, due to a decrease in glomerular filtration, leading to AGEs accumulation and decreased tubular catabolism. This occurs yet before actual nephron loss, as it is demonstrated by kidney tubular accumulation of AGEs in experimental proteinuria, despite relatively well-preserved kidney function (69).
- 4. Metabolic burden, due to reduced lipid clearance and/or insulin resistance; this stimulates *de novo* AGEs formation (70).

Incresed AGEs levels have been attributed to both impaired renal clearance and increased endogenous AGEs formation, but recent data, show that diet, as well, has an important role in AGEs accumulation, acting as a source of AGEs. Dietary AGEs are believed to sustain circulating levels and toxicity in proinflammatory and prooxidative conditions of CKD and dyalisis patients (71). Dietary AGEs content is an important contributor to excess serum AGEs levels in patients with renal failure, independently of other diet constituents, as some studies have shown. Interventional studies illustrate indicates that a reduction in dietary AGEs content can be obtained safely without compromising the content of obligatory nutrients as no correlation between serum AGEs levels and dietary protein, fat, and carbohydrate intake was observed (72). Other studies investigated the role of dietary AGEs in inflammation and potentially CVD in CKD, highlighted that restriction of AGEs in the diet reduces kidney lesions in aging and some of them even proposed dietary modifications as part of the multifactorial approach needed to improve CKD patients' life quality (73).

The mechanisms by which AGEs may induce tissue damage and long-term complications are those involved in the development of accelerated atherosclerosis and CHF in patients without renal failure.

Cardiovascular mortality is grossly elevated in patients with CKD, and is associated with a wide variety of structural and functional abnormalities. Mortality rates in haemodialysis patients are also markedly increased, despite current measures to improve survival (74), thus, assessment of AGEs accumulation in patients with CKD and in those undergoing renal replacement therapies has become of great importance. Several edifying studies have been recently published. Skin AF levels are strong predictors of survival in haemodialysis patients independent of other established risk factors. Multivariate analysis of the results of recent studies showed that skin AF is a stronger predictor of mortality than traditional risk factors, such as smoking and lipid profile. Skin AF was an independent and strong predictor of 3-year overall and cardiovascular mortality (49). In contrast to the data we have on tissue AGEs, the relationship between serum AGEs and mortality, in haemodialysis patients, is not that obvious, mostly because serum AGEs measurement needs different, and more complex methods (70), and their levels fluctuate considerably, under the influence of dialysis timing, and exogenous sources such as absorption from food, and smoking (75,76). A more recent study found that skin AF and not serum levels of specific AGEs, predicts composite cardiovascular outcome (combination of cardiovascular death and events) in haemodialysis patients (11).

High serum AGEs levels might even reflect better nutritional support, associated with improved survival (76). Patients with low serum AGEs levels were found to have high CRP and low serum albumin levels (known predictors of mortality in haemodialysis patients).

In peritoneal dialysis patients, on the other hand, the causes of peritoneal membrane dysfunction, over time, are still vague; however, the main trigger is thought to be the un-physiological exposure of the peritoneal membrane to glucose-containing dialysis fluids. The peritoneal membrane dysfunction is characterized by vascular proliferation and extra-cellular structural changes (77). AGEs-RAGE interaction in human peritoneal mesothelium cells results in overexpression of vascular and intercellular cell adhesion molecules which may promote local inflammation and injury (78).

Although AGEs accumulation has been found to be an independent and strong predictor of total and cardiovascular mortality in dialysis patients, larger studies on dialysis patients are still needed to evaluate to what extent they contribute to the development of ESRD cardiovascular morbidity and other complications. In ESRD patients, not only cardiovascular complications are important to prognosis but also a series of connective tissue complications such as destructive spondyl-arthropathy, carpal tunnel syndrome, and lytic bone cysts. Accumulation of amyloid deposits has been linked to ESRD-related connective tissue disease, and beta2-microglobulin is a major component in amyloid deposits (79,80). Serum AGEs levels increase in dialysis patients with connective tissue disorders. Interestingly, increased AGEs levels have also been found on collagen samples from carpal tunnel connective tissue in the absence of amyloid deposits (81).

It is possible that AGEs may represent an important component of uremic toxicity contributing to accelerated atherosclerosis and connective tissue disease in patients with ESRD. Assessment of AGEs accumulation may help tailor and monitor treatment and identify patients at risk of long-term complications.

#### **CONCLUSIONS**

AGEs may have a vital role in the normal aging process and in the evolution of the complications of diabetes and CKD. They have been implicated in the pathogenesis of long term complications in diabetes. AGEs accumulation is increased in patients with ESRD and may, through several biochemical reactions, add to the development of ESRD complications.

Skin AGEs accumulation can now be rapidly noninvasively assessed using an AFR which proved to be a strong and independent determinant of total and cardiovascular morbidity and mortality, both in patients on dialysis and in diabetic patients. Assessment of AGEs accumulation may facilitate treatment management and further identify patients at risk of long-term complications. More and more, measuring skin AF provides an easily applicable and reproducible tool to investigate the pathogenic effects of AGEs in larger populations. Due to the fact that AGEs can now be easily measured using the AFR, in contrast to all other currently available biomarkers for oxidative stress, they might become suitable as an indirect measure for oxidative stress in a clinical setting.

#### COMMENTS

#### **Abbreviations:**

ESRD = end-stage renal disease CHF = congestive heart failureCML = carboxymethyl-LysineALEs = advanced lipoxidation products RAGE = AGE specific receptors ROS = reactive oxygen speciesAFR = Autofluorescence ReaderAF = autofluorescenceCEL = carboxyethyllysineBSA = bovine serum albuminCKD = chronic kidney diseaseALT-711 = AlagebriumCVD = cardiovascular diseaseIMT = carotid intima-media thickness STEMI = ST-elevation myocardial infarction HbA1c = haemoglobin A1cCRP = C-reactive protein LVM = left ventricular massDHF = diastolic heart failureDM = diabetes mellitusHD = haemodialysisCHD = coronary heart disease

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