# Anatomic Results and Complications of Stent-Assisted Coil Embolization of Intracranial Aneurysms

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Key words: stent, aneurysm, coil, Neuroform, complication

### Summary

The purpose of this study was to evaluate and report our anatomic results and complications associated with stent-assisted coil embolization of intracranial aneurysms using the Neuroform stent. From September 2003 to August 2007, 127 consecutive patients (ruptured 50, 39.4%; unruptured 77, 60.6%) underwent 129 stent-assisted coil embolization procedures to treat 136 aneurysms at our institution. Anatomic results at follow-up, procedure-related complications, and morbidity/mortality were retrospectively reviewed.

Stent deployment was successful in 128 out of 129 procedures (99.2%). Forty-seven patients presented with 53 procedure-related complications (37.0%, 47/127). Thromboembolic events (n=17, 13.4%) were the most common complications, followed by intraoperative rupture (n=8, 6.3%), coil herniation (n=5, 3.9%), and postoperative rupture (n=4, 3.1%). For thromboembolic events, acute intra-procedural instent thromboses were observed in two patients and subacute or delayed in-stent thromboses in three patients. Overall mortality rate was 16.5% (21/127) and procedure-related morbidity and mortality rates were 5.5% (7/127) and 8.7% (11/127) retrospectively. Patients with poor grade subarachnoid hemorrhage (Hunt and Hess grade IV or V; 25/127, 19.7%) exhibited 56% (14/25) overall mortality rate and 24% (6/25) procedure-related mortality rate. Immediate angiographic results showed complete occlusion in 31.7% of aneurysms, near-complete occlusion in 45.5%, and partial occlusion in 22.8%. Sixty nine patients in 70 procedures with 77 aneurysms underwent angiographic followup at six months or later. Mean follow-up period was 13.7 months (6 to 45 months). Complete occlusion was observed in 57 aneurysms (74.0%) and significant in-stent stenosis was not found.

Thromboembolism and intra/postoperative aneurysm ruptures were the most common complications and the main causes of procedure-related morbidity and mortality. Patients with poor grade subarachnoid hemorrhage showed poor clinical outcomes. Since most complications were induced by stent manipulation and deployment, it is mandatory to utilize these devices selectively and cautiously. While the follow-up angiographic results are promising, further studies are essential to evaluate safety, efficacy, and durability of the Neuroform stent.

# Introduction

Endovascular embolization of cerebral aneurysms using detachable coils, first introduced by Guglielmi<sup>1</sup>, has become a safe and effective alternative to direct surgical clipping <sup>2-9</sup>. Endovascular treatment of wide-necked and large/giant

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(>10 mm) aneurysms, however, remains challenging in spite of technical advancements <sup>10-13</sup>. Published complete occlusion rates of widenecked and large/giant aneurysms ranges from 25 to 56.7% <sup>11,13-18</sup>. To improve treatment outcomes in these difficult cases, new devices and techniques such as three-dimensional coils, neck-bridging devices, multiple-microcatheter techniques, and balloon-assisted neck-remodeling techniques have been utilized <sup>19-24</sup>.

In the past, many clinicians utilized coronary stents for the endovascular treatment of widenecked intracranial aneurysms<sup>25-31</sup>. The device's physical properties as well as the tortuous intracranial vasculature limited the use of coronary stents. The Neuroform stent (Boston Scientific/Target, Fremont, CA) answered the need for an aneurysmal neck-bridging device specifically designed for intracranial use. This self-expanding stent has a high degree of flexibility, trackability and conformability which facilitates movement through the intracranial vasculature. The purpose of this study is to evaluate and report our results and complications associated with stent-assisted coil embolization of intracranial aneurysms using the Neuroform stent.

### **Methods**

From September 2003 to August 2007, a total of 129 stent-assisted coil embolization procedures were performed to treat 136 aneurysms in 127 consecutive patients at the University of Pittsburgh Medical Center's Presbyterian Hospital. We retrospectively reviewed the medical records, radiographic studies and endovascular procedure reports for each case. Institutional Review Board (IRB) approval and informed consent were obtained from all the patients prior to aneurysm treatment.

Thirty one men (24.4%) and 97 women (75.6%) were included in this study. Mean age was 55.6 years with a range of 21 to 84. Nineteen patients (15.0%) were over 70 years old. Fifty patients (39.4%, 50/127) presented with subarachnoid hemorrhage (SAH) from a ruptured aneurysm, resulting in 52 procedures (40.3%, 52/129) for the treatment of 54 aneurysms (39.7%, 54/136). Forty-seven of these patients underwent one stent deployment procedure for a single aneurysm. In the setting of SAH with multiple aneurysms, identification of the ruptured aneurysm was based on clinical,

CT and angiographic findings <sup>32-34</sup>. If multiple aneurysms were identified of similar size and shape at the same site in the face of SAH, all were regarded as ruptured and treated at the same time. Two patients, one with a middle cerebral artery (MCA) bifurcation aneurysm and a basilar apex (BA) aneurysm and the other with a posterior communicating (PCom) artery aneurysm and a BA aneurysm, underwent stent-assisted coil embolization for each aneurysm in a single session. Another patient with three anterior communicating (ACom) artery aneurysms underwent a single procedure for multiple aneurysms.

In 77 patients (60.6%, 77/127) in 77 procedures (59.7%, 77/129) with 82 unruptured aneurysms (60.3%, 82/136), 72 patients underwent one stent deployment procedure for a single aneurysm. Five patients (one patient with a BA aneurysm and a left superior cerebellar artery (SCA) aneurysm, three patients with two paraclinoid aneurysms, and one patient with a PCom artery aneurysm and a paraclinoid aneurysm) underwent one stent deployment across multiple aneurysms.

Aneurysm locations are reported in Table 1. Ninety-three aneurysms (68.4%, 93/136) were located in the anterior and 43 (31.2%, 43/136) in the posterior circulation. Fifty-four aneurysms (39.7%, 54/136) were ruptured and 82 (60.3%, 82/136) were unruptured. The most common location for ruptured aneurysms was the BA (n=12, 22.2%), followed by the PCom artery (n=9, 16.7%) and the MCA bifurcation (n=7, 16.7%)13.0%). For unruptured aneurysms, the most common location was the paraclinoid internal carotid artery (n=32, 39.0%), followed by the PCom artery (n=12, 14.6%) and the BA (n=11,13.4%). Overall, the most common location was the paraclinoid internal carotid artery (n=35,25.7%), followed by the BA (n=23, 16.9%) and the PCom artery (n=21, 15.4%). One hundred and fourteen (83.8%, 114/136) of the aneurysms were treated de novo whereas 22 (16.2%, 22/136) represented previously-treated residual/recanalized lesions. Seventeen residual/recanalized aneurysms had been previously treated using coiling, four had undergone direct surgical clipping, and one had both. In the 22 residual/recanalized aneurysms, seven (31.8%) presented with SAH in this study (at the time of stent-assisted coil embolization) whereas 15 represented unruptured lesions. The most common location of the residual/recanalized

Table 1 Location of aneurysms.

Location	Number of total aneurysms (Number of previously treated aneurysms) n=136 (22)	Number of ruptured aneurysms (Number of previously treated aneurysms) n=54 (7)	Number of unruptured aneurysms (Number of previously treated aneurysms) n=82 (15)		
ACA/distal	3 (1)	2 (1)	1		
ACA/ACom	10 (1)	6	4 (1)		
ACA/A1	1	0	1		
MCA/bifurcation	11 (4)	7 (2)	4 (2)		
MCA/M1	1	0	1		
ICA/bifurcation	7 (2)	2 (1)	5 (1)		
ICA/anterior choroidal	2	2	0		
ICA/PCom	21 (3)	9	12 (3)		
ICA/paraclinoid	35 (4)	3	32 (4)		
ICA/cavernous	2	0	2		
BA/apex	23 (6)	12* (3)	11 (3)		
BA/SCA	6 (1)	1	5 (1)		
BA/trunk	3	1	2		
VB	3	3	0		
V4	1	1	0		
V4/PICA	7	5	2		

ACA, anterior cerebral artery; ACom, anterior communicating artery; a1, A1 segment of ACA; MCA, middle cerebral artery; M1, M1 segment of MCA; ICA, internal carotid artery; PCom, posterior communicating artery; BA, basilar artery; SCA, superior cerebellar artery; VBJ, vertebrobasilar junction; V4, intracranial vertebral artery; PICA, posterior cerebellar artery \*; two unruptured de novo aneurysms in the face of subarachnoid hemorrhage were included.

aneurysm was the basilar apex (27.3%, 6/22), followed by the MCA bifurcation (18.2%, 4/22) and the paraclinoid internal carotid artery (ICA) (18.2%, 4/22). The location harboring the most residual/recanalization by volume was the MCA bifurcation (4/11, 36.4%), followed by the BA (6/23, 26.1%; Table 1).

Aneurysm geometry was evaluated by digital subtraction angiography and, if necessary, a three-dimensional reconstruction. All aneurysms were wide-necked, defined as a neck diameter >4 mm or aspect ratio <2. Aneurysms were measured according to their greatest diameter. Ninety-nine aneurysms (72.8%; ruptured 38, unruptured 61) were small (<10mm), 32 aneurysms (23.5%; ruptured 14, unruptured 18) were large (>10 mm, <25 mm), and five

aneurysms (3.7%; ruptured 2, unruptured 3) were giant (>25 mm).

In 50 patients with SAH, initial clinical status was assessed using the Hunt and Hess grade system.35 Six patients were grade I (12%); eleven grade II (22%); eight grade III (16%); sixteen grade IV (32%); and nine grade V (18%) (Table 2). In all patients, clinical outcomes were measured using the modified Rankin scale (mRS) which was obtained on admission day, three days post-procedure, and again at 90 days (Tables 2 and 3).

In patients with unruptured aneurysms, a dual antiplatelet regimen consisting of 325 mg of aspirin and 75 mg of clopidogrel (Plavix; Bristol-Meyers Squibb/Sanofi Pharmaceuticals, New York, NY) was administered orally for

two days prior to the procedure. All procedures were performed under full heparinization with an activated clotting time of approximately 250 seconds. In patients with SAH, heparin was given after sheath placement to maintain an activated clotting time of 200-250 seconds. Fifteen milligrams (mg) of eptifibatide (Integrilin; Schering, Kenilworth, NJ) were administered intravenously once the stent was deployed and a loading dose of clopidogrel (600 mg) was given at the procedure's conclusion via a naso- or orogastric tube. Heparin (500 units per hour IV) was continued for the next 12-15 hours in most cases. Patients continued taking 75 mg of clopidogrel daily for one month after the stenting procedure and 325 mg of aspirin for life.

All procedures were performed with patients under general anesthesia. Neurophysiologic

monitoring was used for all cases, which included somatosensory evoked potentials, electroencephalography, and brain stem auditory evoked potentials. The right femoral approach was routinely used for placement of a 6F Envoy (Cordis, Miami, FL) or 7F Shuttle (Cook, Bloomington, IN) catheter. Microcatheters (Rapid Transit; Cordis, Miami, FL; Echelon; ev3, Irvine, CA) and Nexus/NXT (ev3, Irvine, CA) and/or Micrus (Micrus Co., Mountain View, CA) coils were primarily used. Cerebral angiography was performed to evaluate aneurvsm morphology and to establish working projections. Typically, the undeployed stent was positioned across the aneurysms neck followed by placement of the microcatheter into the aneurvsm fundus. The first coil was partially deployed into the aneurysm without detachment

Table 2 Clinical outcomes in patients with ruptured aneurysms (n=50).

H-I	ł		mRS 3 day								mRS 90 day					
scale	n	0	1	2	3	4	5	6	0	1	2	3	4	5	6	
I	6	2	2	1				1	2	1	2				1	
II	11	7		1	1		1	1	8		1	1			1	
III	8	1	1	1	2	1	2		2	1	2	1			2	
IV	16		1	1			10	4	1	1		3	2		9	
V	9						6	3			1	2	1		5	

H-H, Hunt and Hess grade; mRS, modified Rankin Scale

Table 3 Clinical outcomes in patients with unruptured aneurysms (n=77).

mRS	RS 0 day mRS 3 day									m	RS 90 d	lay			
score	n	0	1	2	3	4	5	6	0	1	2	3	4	5	6
0	53	49	1	1	2				48	1	1	2			1
1	8		7					1		7					1
2	11			8	2	1				1	9	1			
3	5				3	2						4			1
4															
5															
6															

mRS, modified Rankin Scale

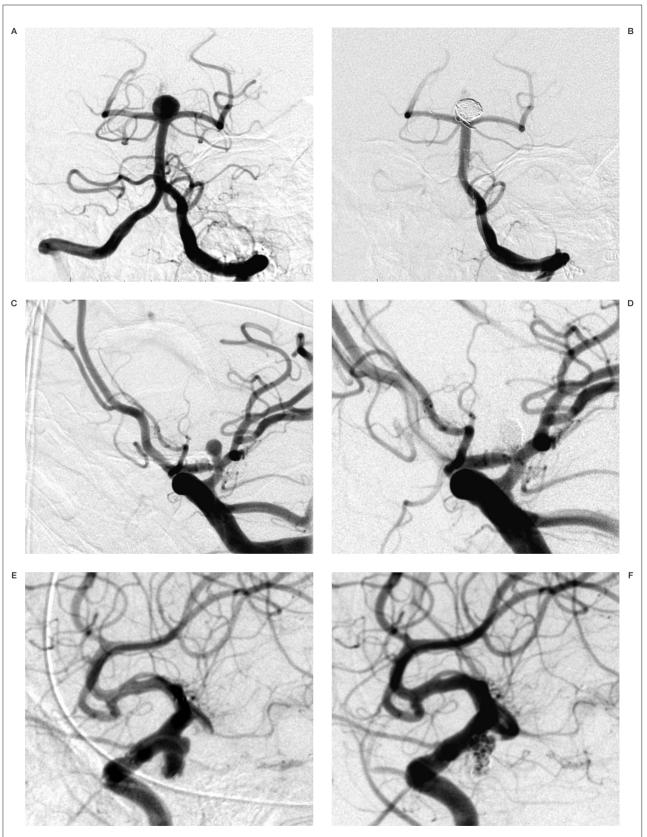


Figure 1 Complete occlusion: Preoperative (A) and postoperative (B) angiogram. Near-complete occlusion: Preoperative (C) and postoperative (D) angiogram. Partial occlusion: Preoperative (E) and postoperative (F) angiogram.

Table 4 Summary of cases treated in multiple stages.

Age/Sex	SAH (H-H, Fisher)	Size	Location	Previous Treatment/ Interval (months)	1 <sup>st</sup> Session	Immediate Result	Interval to Next Sessions (months)	Next Sessions	Immediate Result	Remark	Interval to Follow/up (months)	Follow/up Result
49 F	0	L	BA TRUNK	0	STENT	STENT	1	2 <sup>nd</sup>	PO		6	СО
40 M	0	L	PCOM	0	STENT	STENT	1,3	2 <sup>nd</sup> , 3 <sup>rd</sup>	2 <sup>nd</sup> : STENT AGAIN 3 <sup>rd</sup> : Clipping	Fusiform, 19mm posttraumatic, BTO: not tolerable	14	No residua
25 M	0	L	paraclinoid	0	STENT + COIL	PO	1	2 <sup>nd</sup>	NC		9, 23	CO, CO
38 F	0	S	paraclinoid	0	STENT + COIL	PO	1	2 <sup>nd</sup>	NC		2, 6	CO, CO
57 F	0	S	paraclinoid	0	STENT + COIL	РО	2	$2^{\text{nd}}$	NC		2, 18	CO, CO
43 F	0	S	ACOM	0	STENT + COIL	PO	2	2 <sup>nd</sup>	NC			
48 F	0	S	paraclinoid	CLIPPING 149	STENT + COIL	PO	3	$2^{\text{nd}}$	PO		5, 17	CO, CO
30 M	0	S	MCAB	COILING 14	STENT	STENT	1	2 <sup>nd</sup>	NC		6	СО
53 F	0	L	paraclinoid	0	STENT	STENT	1	2 <sup>nd</sup>	NC		7	СО
61 F	0	S	paraclinoid	COILING 6	STENT	STENT	1	$2^{\text{nd}}$	NC		5, 11	CO Recanalized
65 F	0	G	ICAB	0	STENT	STENT	7 days, 13 days	2 <sup>nd</sup> , 3 <sup>rd</sup>	2nd: stent navigation failure 3rd: coiling, intraoperative rupture	Deceased POD1 in 3 <sup>rd</sup> session		
62 F	0	S	paraclinoid	COILING 11	STENT	STENT	2	$2^{\text{nd}}$	NC		3, 14, 26	CO, CO, CO
56 F	0	L	paraclinoid	COILING 99, 92	STENT	STENT	2	2 <sup>nd</sup>	NC		6	Recanalized
55 M	Yes (V, 4)	G	ICAB	0	STENT + COIL	РО	4 days, 5, 8	2 <sup>nd</sup> , 3 <sup>rd</sup> , 4 <sup>th</sup>	PO, PO, PO	Partially thrombosed giant aneurysm	6	Recanalize
46 M	Yes (I, 4)	S	MCAB	CLIPPING 5, 1 COILING 4 days (PO)	STENT	РО	6 days	2 <sup>nd</sup>	STENT AGAIN	small residual sac: 2mm	8	NC
51 F	0	S	PCOM	COILING 14	STENT	STENT	2	$2^{\text{nd}}$	no treatment	decrease of aneurysm size		
44 F	0	S	BA APEX	COILING 25	STENT	STENT	3	2 <sup>nd</sup>	no treatment	decrease of aneurysm size		

SAH, subarachnoid hemorrhage; H-H, Hunt and Hess grade; Fisher, Fisher grade; S, small; L, large; G, giant; ACOM, anterior communicating artery; BA APEX, basilar artery apex; BA TRUNK, basilar artery trunk; ICAB, internal carotid artery bifurcation; MCAB, middle cerebral artery bifurcation; PCOM, posterior communicating artery; CO, complete occlusion; NC, near-complete occlusion; PO, partial occlusion; BTO, balloon test occlusion; POD, postoperative day

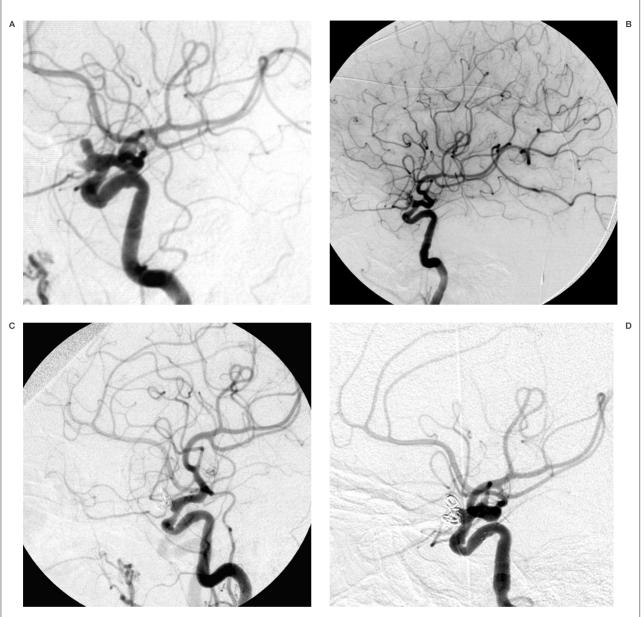


Figure 2 A 61-year-old woman presented with an unruptured left ophthalmic artery aneurysm (A). She underwent stent-assisted coil embolization. The aneurysm was partially occluded and in-stent thrombosis was not identified on immediate post-operative angiogram (B). A follow-up angiogram at 6 months revealed insignificant (30%) in-stent stenosis (C). A follow-up angiogram at 24 months identified no in-stent stenosis and restoration of luminal integrity (D).

so as to anchor the microcatheter in place. Once the microcatheter was jailed by deploying the stent, the first coil was fully advanced and detached. The Neuroform stent was usually advanced over an exchange wire (Transcend 14/300cm; Boston Scientific/Target, Fremont, CA; Accelerator 14/300cm, ev3, Irvine, CA) and deployed using either the provided pusher system or a coil pusher. All coils were introduced into the aneurysm by using simultaneous

biplanar imaging. Coil placement proceeded until no additional coils could be placed, until angiographically complete occlusion, or until risks outweighed perceived benefits. Once the stent was deployed or shortly thereafter, 15 mg of eptifibatide was given intravenously unless contraindicated (i.e., intraoperative rupture).

In a total of 127 patients in 129 procedures with 136 aneurysms, 114 patients in 116 procedures with 123 aneurysms were treated with si-

multaneous stent deployment and aneurysmal coil embolization in the first session. One patient, complicated by uncontrolled intraoperative rupture, underwent Neuroform stent deployment and embolization with Onyx-18 (ev3, Irvine, CA). In one patient with complications related to the failure of Neuroform stent deployment, a Wingspan stent (Boston Scientific/Target, Fremont, CA) was deployed to pin herniated coil loops. In 11 patients in 11 procedures with 11 aneurysms, the stent was deployed in the first session and coil embolization was performed in the next session (Table 4). Seventeen patients were treated in a multistaged fashion (Table 4). Fourteen patients un-

derwent two sessions, two patients three sessions, and one patient four sessions.

The degree of aneurysm occlusion was classified into three subgroups: complete occlusion (CO) when the sac and the neck were densely packed, near-complete occlusion (NC) when the sac was occluded but a neck remnant was suspected, and partial occlusion (PO) when loose packing or opacification of the sac or the neck persisted (Figure 1). Angiographic follow-up at six months or later was obtained in 69 patients in 70 procedures with 77 aneurysms. Mean follow-up period was 13.7 months with a range from six to 45 months.

All cases in which procedure-related compli-

Table 5 Procedure-related complications.

	I	Number of c	eases	Iı	ncidence Ra	te		(n=7) / Mor from Comp	rtality (n=11)
Complications	Total (n=53)	Ruptured (n=26)	Unruptured (n=27)	Total (n/127)	Ruptured (n/50)	Unruptured (n/77)	Total (n, n/127)	Ruptured (n, n/50)	Unruptured (n, n/77)
Thromboembolism	17	8	9	13.4%	16.0%	11.7%	5, 3.9% 1, 0.8%	2, 4% 1, 2%	3, 3.9%
Intraoperative rupture	8	7	1	6.3%	14.0%	1.3%	7, 5.5%	6, 12%	1, 1.3%
Coil herniation through stent	5	1	4	3.9%	2.0%	5.2%	1*, 0.8%	1*,2%	
Postoperative rupture	4	2	2	3.1%	4.0%	2.6%	1, 0.8% 3, 2.4%	2,4%	1, 1.3% 1, 1.3%
Catheter-induced vasospasm	4	1	3	3.1%	2.0%	3.9%			
Stent migration	4	3	1	3.1%	6.0%	1.3%			
Iatrogenic dissection	3	1	2	2.4%	2.0%	2.6%			
Coil fracture	2	1	1	1.6%	2.0%	1.3%			
Inappropriate stent deployment	2	0	2	1.6%	0	2.6%			
Failure in microcatheter placement after stenting	1	0	1	0.8%	0	1.3%			
CCF	1	1	0	0.8%	2.0%	0			
ICH	1	1	0	0.8%	2.0%	0	1, 0.8%	1,2%	
Cranial nerve palsy	1	0	1	0.8%	0	1.3%			

CCF, carotid-cavernous fistula; ICH, intracerebral hemorrhage; \*, one case of coil herniation led to thromboembolic event.

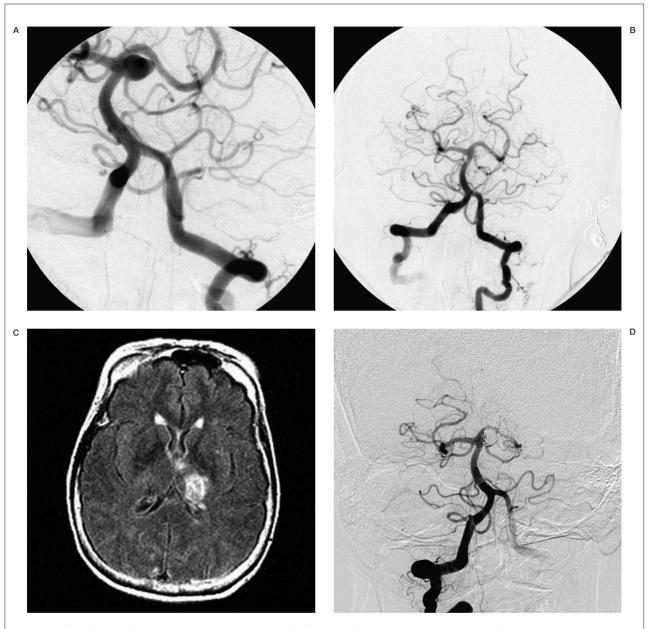


Figure 3 A 66-year-old woman presented with subarachnoid hemorrhage. Her initial left vertebral artery angiogram on AP view revealed a wide-necked left superior cerebellar artery aneurysm (A). She underwent stent-assisted coil embolization (B). After discharge, she was prescribed 325 mg of aspirin and 75 mg of clopidogrel. However, she stopped medication due to gastrointestinal bleeding two weeks after the procedure. One month after the procedure, she suddenly exhibited right hemiparesis and hemihypesthesia. MRI revealed cerebral infarction (C) and left posterior cerebral artery in-stent thrombosis was identified on left vertebral angiogram (D).

cations occurred were noted. Procedure-related morbidity was defined as a complication leading to neurologic sequelae which persisted for at least 90 days after the procedure and/or a modified Rankin scale score that was higher at that time as compared to the initial score. Radiologic findings, clinical presentations, treatments, and clinical outcomes were analyzed.

# **Results**

Immediate Angiographic Results

A Neuroform stent was successfully deployed in 126 patients in 128 procedures with 135 aneurysms out of 127 patients in 129 procedures with 136 aneurysms. In a total of 129 procedures, the technical success rate was 99.2%

Table 6 Summary of mortality cases.

Age/ Sex	SAH (H-H, Fisher)	mRS 0 day	mRS 3 day	Systemic condition	Size	Location	Previous Treatment/ Interval	Immediate angiographic result	Major Complications & Cause of Death	Interval to Death	Proce- dure -related
60/F	Yes (I, 2)	0	6		S	paraclinoid		NC	Postoperative Rupture POD1	POD3	Yes
56/M	Yes (I, 2)	1	6	Hypertension Coronary Arterial Disease Diabetes Mellitus	L	BA APEX			Postoperative Rupture POD0	POD1	Yes
80/F	Yes (III, 3)	1	5	Atrial Fibrillation Hypertension	L	PCOM	Clipping 179 months	РО	ARDS GI Bleeding	POD10	
55/M	Yes (III, 4)	2	1	Hypertension	S	BA APEX		NC	Distal BA & bilateral PCA Occlusion POD8	POD16	Yes
71/F	Yes (IV, 4)	4	5	Hypertension	L	ACOM		СО	Metabolic Encephalopathy	POD3	
52/F	Yes (IV, 3)	5	5	Rebled x 2	G	paraclinoid		NC	Intraoperative Rupture x 2	POD5	Yes
81/F	Yes (IV, 4)	5	5	Hypertension	S	PCOM	Coiling, 65, 53 months	СО	IICP ARF	POD9	
44/M	Yes (IV, 4)	5	5	Hypertension Morbid Obesity	L	BA APEX		СО	IICP	POD6	
41/F	Yes (IV, 4)	5	5		S	PCOM		NC	IICP Vasospasm	POD11	
55/F	Yes (IV, 3)	5	6	Rebled	S	PCOM		PO	Intraoperative Rupture	POD1	Yes
75/M	Yes (IV, 3)	5	6	Hypertension	S	PCOM		РО	Intraoperative Rupture	POD1	Yes
53/M	Yes (IV, 3)	5	6	Rebled	S	PICA		СО	Intraoperative Rupture	POD2	Yes

(128/129). Simultaneous stent deployment and aneurysmal coil embolization were conducted in 114 patients in 116 procedures on 123 aneurysms in the first session. In these patients, complete aneurysm occlusion was observed in 39 aneurysms (31.7%), near-complete occlusion in 56 (45.5%), and partial occlusion in 28 (22.8%).

# Procedure-Related Complications

In a total of 127 patients, 47 patients exhibited 53 procedure-related complications for an overall complication rate of 37.0% (47/127). Among the 50 patients with ruptured aneurysms/SAH, 23 exhibited 26 complications for a complication rate of 46.0% (23/50). In the 77 patients with unruptured aneurysms, 24 exhib-

ited 27 complications for a complication rate of 31.2% (24/77). Thromboembolism was the most common overall complication (13.4%, 17/127), followed by intraoperative rupture (6.3%, 8/127), coil herniation (3.9%, 5/127), postoperative rupture (3.1%, 4/127), catheterinduced vasospasm (3.1%), and stent migration (3.1%). In patients with ruptured aneurysms/SAH, thromboembolism was the most common complication (16.0%, 8/50), followed by intraoperative rupture (14.0%, 7/50), stent migration (6.0%, 3/50), and postoperative rupture (4.0%, 2/50). In patients with unruptured aneurysms, thromboembolism was also the most common (11.7%, 9/77), followed by coil herniation (5.2%, 4/77) and catheter-induced vasospasm (3.9%, 3/77) (Table 5).

Age/ Sex	SAH (H-H, Fisher)	mRS 0 day	mRS 3 day	Systemic condition	Size	Location	Previous Treatment/ Interval	Immediate angiographic result	Major Complications & Cause of Death	Interval to Death	Proce- dure -related
37/M	Yes (IV, 4)	5	6	Hypertension	S	V-B		СО	Intraoperative Rupture	POD1	Yes
71/F	Yes (V, 4)	5	5	Coronary Arterial Disease	L	ACHOA		PO	IICP Vasospasm	POD10	
60/F	Yes (V, 4)	5	5	Hypertension Intracerebral Hemorrhage	L	DACA		NC	IICP	POD7	
65/M	Yes (V, 4)	5	6	Rebled Intracerebral Hemorrhage	S	MCAB		NC	IICP	POD2	
31/M	Yes (V, 4)	5	6	Rebled	S	PICA		СО	IICP	POD1	
68/F	Yes (V, 4)	5	6		S	ACOM		NC	Intraoperative Rupture	POD1	Yes
65/F	No	0	6	Hypertension Coronary Arterial Disease Diabetes Mellitus	G	ICAB		NC	Intraoperative Rupture (in the 3 <sup>rd</sup> session)	POD1	Yes
54/F	No	1	6		S	BA-SCA		NC	Postoper. Rupture POD0	POD1	Yes
79/F	No	3	4	Atrial Fibrillation Hypertension brain stem compression	L	BA APEX		NC	GI & Vaginal Bleeding	2 months	

SAH, subarachnoid hemorrhage; H-H, Hunt and Hess grade; Fisher, Fisher grade; mRS, modified Rankin Scale; S, small; L, large; G, giant; ACHOA, anterior choroidal artery; ACOM, anterior communicating artery; BA APEX, basilar artery apex; BA-SCA, superior cerebellar artery; DACA, distal anterior cerebral artery; ICAB, internal carotid artery bifurcation; MCAB, middle cerebral artery bifurcation; PCA, posterior cerebral artery; PCOM, posterior communicating artery; PICA, posterior inferior cerebellar artery; V-B, vertebrobasilar junction; CO, complete occlusion; NC, near-complete occlusion; PO, partial occlusion; POD, postoperative day; ARDS, adult respiratory distress syndrome; GI, gastrointestinal; IICP, increased intracranial pressure; ARF, acute renal failure.

# Clinical Outcome - Mortality

Clinical outcomes are summarized in Tables 2 and 3. In a total of 127 patients, overall mortality rate was 16.5% (21/127) and procedure-related mortality was 8.7% (11/127). In the 11 procedure-related mortalities, seven (63.6%) were due to intraoperative rupture, three (27.3%) were due to postoperative rupture, and one (9.1%) was due to thromboembolism. Table 6 summarizes the mortality cases.

In patients with ruptured aneurysms/SAH, overall mortality rate was 36.0% (18/50) and procedure-related mortality rate was 18.0% (9/50). Mortality rate was higher in patients whose initial clinical statuses were worse. In patients whose initial clinical statuses were poor (Hunt and Hess grade IV or V), overall mortal-

ity rate was 56.0% (14/25) and procedure-related mortality rate was 24.0% (6/25). In patients whose initial clinical statuses were good (Hunt and Hess grade I, II, or III), overall mortality rate was 16.0% (4/25) and procedure-related mortality rate was 12.0% (3/25). In patients with unruptured aneurysms, mortality rate was 3.9% (3/77) and procedure-related mortality was 2.6% (2/77).

# Clinical Outcome - Morbidity

Procedure-related neurologic morbidity was observed in seven patients (5.5%, 7/127; Table 7). Three cases involved ruptured aneurysms and four involved unruptured aneurysms. In patients with ruptured aneurysms/SAH, procedure-related neurologic morbidity rate was

6.0% (3/50) and, in patients with unruptured aneurysms, 5.2% (4/77). Five patients suffered a thromboembolic event, one a postoperative rupture, and one an intracerebral hemorrhage.

### Follow-up Angiographic Results

In a total of 106 survivors in 108 procedures with 115 aneurysms, 69 patients (65.1%) in 70 procedures (64.8%) with 77 aneurysms (67.0%) underwent angiographic follow-up at six months or later. Mean follow-up period was 13.7 months with a range from six to 45 months. Thirty seven patients did not undergo follow-up angiography. Seventeen patients could not be located and 20 patients refused follow-up angiography for reason of old age, other medical conditions, and financial issues. On follow-up angiography, one patient exhibited 30% in-stent stenosis at six months with complete resolution on follow up at 24 months without intervention (Figure 2).

In a total of 77 aneurysms with angiographic follow-up, residual aneurysm was observed in 20 aneurysms (26.0%) while complete occlusion was found in 57 aneurysms (74.0%). In small aneurysms (<10 mm; n=67), 77.6% of aneurysms (n=52) showed complete occlusion at follow-up while in large aneurysms (<10 mm, <25 mm; n=9), 55.6% (n=5) showed complete occlusion (Table 8).

### Thromboembolism

Thromboembolic events remained the most common complications, occurring in 17 patients (13.4%, 17/127). Ten cases occurred less than 24 hours after the procedure (58.8% of thromboembolic events, 10/17), two cases within five days (11.8%, 2/17), three cases within two weeks (17.6%, 3/17), one case at one month post procedure (5.9%, 1/17), and one case two months post procedure (5.9%).

In-stent thromboses were observed in five patients (29.4% of thromboembolic events, 5/17). Two patient exhibited intra-procedural in-stent thrombosis. One autolyzed and the other was treated with intra-arterial (IA) tissue plasminogen activator (TPA). One patient with a ruptured BA aneurysm presented eight days post procedure with in-stent occlusion combined with distal basilar and bilateral posterior cerebral artery (PCA) occlusion. Despite IA TPA and mechanical manipulation, this patient died. One patient developed symptoms from in-stent stenosis one month after the procedure

concomitant with cessation of antiplatelet agents due to gastrointestinal bleeding (Figure 3). Another patient exhibited symptomatic instent occlusion two months after stent-assisted coil embolization.

Six thromboembolic cases resulted in persistent neurologic morbidity and mortality (35.3% of thromboembolic cases; 4.7% of all cases). One mortality and five morbidities were identified (Tables 6 and 7). The one mortality was due to in-stent occlusion on the eighth postprocedure day. Two morbidities were due to instent thromboses that presented one and two months after the procedure. Coil herniation and air embolism led to persistent neurologic morbidity in two cases. In one case with an unruptured ACom aneurysm, diffuse multi-focal infarctions were identified in both anterior cerebral artery (ACA) territories even though the procedure was uneventful. Overall, in 127 patients, the morbidity and mortality rates from thromboembolic events were 3.9% (5/127) and 0.8% (1/127), respectively.

### Intraoperative Aneurysm Rupture

Intraoperative aneurysm ruptures occurred in eight (6.3%) of 127 patients. Two were spontaneous (without direct device manipulation in or into the aneurysm), two occurred during microwire/microcatheter manipulations within the aneurysm, and four occurred during coil insertion. Coil-induced ruptures were caused by the first coil in two cases, the fourth in one, and the sixth in one. Seven intraoperative ruptures occurred in patients with ruptured aneurysms (14.0%, 7/50) and one in a patient with an unruptured aneurysm (1.3%, 1/77). Preoperative clinical grades of the eight patients were Hunt and Hess grade 0 in one, III in one, IV in five, and V in one. All intraoperative ruptures were managed with intravenous protamine sulfate administration, external ventricular drain insertion if necessary, and further embolization. Seven patients died (Table 6) while one had no identifiable neurologic consequence. In 127 patients, the mortality rate from intraoperative aneurysm rupture was 5.5% (7/127).

### Postoperative Aneurysm Rupture

Postoperative aneurysm rupture occurred in four (3.1%) of 127 patients. Two cases involved ruptured aneurysms (Hunt and Hess grade I) and two involved unruptured aneurysms (Table 5). Immediate angiographic results were near-

Table 7 Cases of procedure-related neurologic morbidity.

Age/ Sex	SAH (H-H, Fisher)	mRS 0 day	mRS 3 day	mRS 90 day	Systemic condition	Size	Location	Previous Treatment/ Interval	Immediate angiographic result	Compli- cations	Interval to complication
53/F		0	0	3	hypertension, left PCA stenosis, renal artery stenosis	L	BA SCA		NC	left PCA occlusion	2 months
63/F		0	3	3	Diabetes mellitus, hypertension	L	paracli- noid		NC	Air embolism	intra- operative
47/F	Yes (II, 2)	0	5	3		S	BA APEX		СО	left occipital ICH	<24hr
62/F		2	4	3	dilated cardiomyopathy, coronary artery disease, dyslipidemia	G	MCAB	coiling 3 months	PO	postopera- tive rupture	<24hr
66/F	Yes (I, 2)	0	0	2	hypertension, hypercholeste- rolemia		S SCA	BA-	NC	subacute in-stent thrombosis	1 month
65/F	Yes (III, 4)	1	3	2	hypertension	S	BA APEX		NC	coil herniation left PCA infarction	intraope- rative, <24hr
75/M		0	3	2	coronary artery disease, diabetes mellitus, hypertension	L	ACOM		NC	both ACA & left parietal infarction	1 day

SAH, subarachnoid hemorrhage; H-H, Hunt and Hess grade; Fisher, Fisher grade; mRS, modified Rankin Scale; S, small; L, large; ACOM, anterior communicating artery; BA APEX, basilar artery apex; BA-SCA, superior cerebellar artery; MCAB, middle cerebral artery bifurcation; CO, complete occlusion; NC, near-complete occlusion; PO, partial occlusion; PCA, posterior cerebral artery; ICH, intracerebral hemorrhage; ACA, anterior cerebral artery

Table 8 Follow-up angiographic results.

		Follow-up 1	Results (n=77)
		Remnant or Recanalized (n=20, 26.0%)	Complete Occlusion (n=57, 74.0%)
Aneurysm Size	Small (n=67)	15 (22.4%)	52 (77.6%)
	Large (n=9)	4 (44.4%)	5 (55.6%)
	Giant (n=1)	1 (100%)	0
Initial Angiographic	PO (n=17)	4 (23.5%)	13 (76.5%)
Results	NC (n=36)	9 (25.0%)	27 (75.0%)
	CO (n=24)	7 (29.2%)	17 (70.8%)

Small, <10mm; Large, 10>mm, <25mm; Large, >25mm; PO, partial occlusion; NC, near-complete occlusion; CO, complete occlusion

complete occlusion in two cases and partial occlusion in two. All cases occurred within one day of the procedure. All postoperative ruptures led to morbidity and mortality. Three postoperative ruptures resulted in death and one in persistent neurologic morbidity (Table 6 and 7). The morbidity and mortality rates from postoperative aneurysm rupture were 0.8% (1/127) and 2.4% (3/127), respectively.

### Coil Herniation

Coil herniation into the parent vessel despite stent placement was observed in five patients (3.9%, 5/127). One case (0.8%, 1/127) led to a thromboembolic event and neurologic morbidity (Table 7). In one case, coil herniation was caused by coil fracture. In three patients, an additional stent was deployed with stent-in-stent technique to pin protruded coil loops against the parent artery wall.

# Stent Migration

Stent migration occurred in four (3.1%) of 127 patients. Stent migration was caused by microwire manipulation, microcatheter manipulation, coil hooking onto the stent during retrieval, and delivery device retrieval. In one case, because the aneurysm was still covered by the stent, no additional stent placement was required. The stent was retrieved in two cases and migrated into the parent vessel's extracranial portion in one case. In three cases, an additional stent was deployed to cover the aneurysm.

# Iatrogenic Dissection

Iatrogenic parent artery dissection occurred in three (2.4%) of 127 patients. These involved the distal cervical portion of the internal carotid artery in two cases and extracranial portion of the vertebral artery in one case. All dissections occurred during guide catheter manipulations. In the two cases of cervical internal carotid artery dissection, blood flow was compromised, requiring stent-assisted angioplasty to restore intraluminal integrity.

### Discussion

# Follow-up Angiographic Results

Angiographic follow-up in our study was achieved in 69 patients at a mean period of 13.7 months. In these 69 patients harboring 77 aneurysms, 57 complete aneurysm occlusions were documented (74.0%, 57/75; mean follow-

up period, 13.7 months). In other series with stent-assisted coil embolization using the Neuroform stent, Biondi et Al.<sup>14</sup> reported 17 out of 30 complete aneurysm occlusions (56.7%; follow-up period 9 months) and Fiorella et Al.<sup>36</sup> reported progressive thrombosis in 25 out of 48 aneurysms (52.1%; follow-up period, 4.6 months). Weber et Al.<sup>18</sup> reported 15 out of 30 complete aneurysm occlusions (50%; follow-up period, six months) in their series using the Enterprise stent (Cordis, Miami, FL).

For several reasons, it is difficult to compare our angiographic results with those of other reported series. First, few papers documented delayed angiographic follow-up in stent-assisted coil embolization of intracranial aneurysms. Second, analysis of the radiographic and clinical data in our series was not performed by an independent investigator. Third, a standard definition of what constitutes complete occlusion is lacking and quantification of results is subjective 37. Fourth, the mean follow-up period in this series was 13.7 months, which was longer than other series. The higher complete occlusion rate in this series may be attributable to the longer follow-up period. Fifth, we did not obtain follow-up in all eligible patients for several logistical reasons.

### Morbidity and Mortality

In our series, procedure-related morbidity and mortality rates were 5.5% (7/127) and 8.7% (11/127). In other series with stent-assisted coil embolization, morbidity rates ranged from 4.8 to 20% and mortality rates ranged from 0 to 8.9% 10,14,38-44. While in our series, the overall mortality and procedure-related mortality rates were relatively high (16.5%, 8.7%), this may be attributable to the greater number of SAH patients and poor grade SAH patients included in our study compared to others (patients with SAH, 39.4%, 50/127; Hunt and Hess grade IV or V, 19.7%, 25/127). The historical overall mortality rate for poor grade SAH patients undergoing any endovascular therapy is reported as ranging from 32.4 to 59% 45-47. In our series, the overall mortality rate in poor grade SAH group was 56.0% (14/25) compared to 6.9% (7/102) in unruptured and good grade SAH patients.

### Thromboembolism

The most frequent complication in this series was thromboembolism (13.4%, 17/127). Histor-

ical incidence rates of thromboembolism associated with coil embolization of cerebral aneurysms have ranged from 1.0% to 28% <sup>1,13,48-52</sup>. Other series looking at stent-assisted coil embolizations report incidence rates ranging from 4.8 to 21.1% <sup>38-40,44</sup>.

With regard to in-stent thrombosis, Lee et Al.<sup>42</sup> reported an acute intraprocedural in-stent thrombosis rate of 4.5% (1/22). Historical incidence rates of subacute or delayed in-stent thrombosis range from 2.4 to  $5.8\%^{14,36,53,54}$ . In our series, the rate of acute intra-procedural instent thrombosis was 1.6% (2/127) and the rate of subacute or delayed in-stent thrombosis was 2.4% (3/127).

According to Virchow's triad, arterial thrombosis under pathologic or procedural circumstances is influenced by alterations in blood flow, endothelial thrombogenicity, and hematologic thrombogenicity (the thrombogenicity of circulating activated physiological and pathological hemostatic factors) 55. Since platelets play a key role in arterial thrombosis, antiplatelet agents have an effect on hematologic and endothelial thrombogenicity. Because cerebral angiography itself carries a risk of thromboembolism, and most thromboembolic events associated with coil embolization are caused by device manipulation<sup>56,57</sup>, it is mandatory to modulate both hematologic and endothelial thrombogenicity before and during the procedure. Administration of antiplatelet agents, when possible, before the procedure may reduce the thromboembolic event rate. Generally, therapeutic platelet inhibition is achieved by using antiplatelet agents (aspirin, ticlopidine, and clopidogrel) for three to seven days unless bolus dosing is utilized, however longer periods may be needed to alter the endothelial surface. A combination of aspirin and clopidogrel for four weeks prior to a procedure or aspirin and ticlopidine for two weeks prior to a procedure may be more effective in preventing in-stent thrombosis 58,59.

In patients with ruptured aneurysms, preprocedural antiplatelet agent administration is a matter of debate, but in patients with unruptured aneurysms, adequate antiplatelet agent premedication is essential. It is recommended that adequate antiplatelet therapy should be sustained at least one month after the procedure 60,61. In our series, one case of symptomatic in–stent thrombosis was associated with cessation of all antiplatelet agents due to gastrointestinal bleeding. A second case of symptomatic in-stent occlusion presented two months post procedure despite antiplatelet therapy.

While thromboembolic events associated with the Neuroform stent are problematic, they are not exclusive to this device. Balloon-assisted neck-remodeling technique can provide an alternative method for endovascular treatment of wide-necked aneurysms 62-67. However, this technique has similar problems. Van Rooij et Al 68 reported in their series of 681 patients with ruptured intracranial aneurysms that the combined morbidity and mortality rate from thromboembolic events with balloon-assisted neck-remodeling technique was 16.3% (8/49) and this technique was the only risk factor for intraoperative rupture and thromboembolic events. In our series, the combined morbidity and mortality rate for ruptured aneurysms secondary to thromboembolic events was 6.0% (3/50; two morbidities and one mortality). Unlike balloons, however, stents can permanently prevent coil protrusion into the parent artery, may redirect blood flow, may promote endothelialization at the aneurysm neck, and do not precipitate sudden intra-aneurysmal pressure changes 14,40,44,62. Stents can also secure protruded coil loops against the parent artery wall in case of protrusion from the fundus after coiling is complete.

### Intraoperative and Postoperative Rupture

Intraoperative aneurysm rupture was the second most common complication in our series (6.3%, 8/127). Historical rates of intraoperative aneurysm rupture associated with coil embolization range from 1.9 to 16% for ruptured aneurysms and from 0 to 1.3% for unruptured aneurysms 12,13,15,69-72. In our series, rupture rates were 14.0% (7/50) and 1.3% (1/77) for ruptured and unruptured aneurysms, respectively. Aneurysm size is thought to be inversely associated with an increased incidence of intraoperative rupture. Viñuela et Al 13 reported that nine of eleven intra-operatively ruptured aneurysms measured 4-10 mm in diameter and Sluzewski et Al 71 reported that six of seven measured 2-10 mm.

In our series, six of eight ruptures involved small lesions (<10 mm). Six cases of intraoperative aneurysm rupture in this series were induced by device (wire/catheter/coil) manipulations and two occurred spontaneously without direct device manipulation. All spontaneous in-

traoperative ruptures occurred in patients with acute subarachnoid hemorrhage. Possible causes of rupture include stretching of the aneurysm wall after stent deployment, anticoagulation effect and fundal perforation.

Naidech et Al <sup>73</sup> reported that a poor Hunt and Hess grade was a strong predictor of rebleeding. In our cases of spontaneous intraoperative aneurysm rupture, all patients were Hunt and Hess grade IV. Once an aneurysm ruptured, the outcome was dismal. Seven of eight (87.5%) patients died. In poor grade SAH patients (Hunt and Hess grades IV or V), all six patients died.

Postoperative aneurysm rupture occurred in four patients (3.1%, 4/127), resulting in universally poor clinical outcomes (three died; one disabled). In our series, rupture rates were 4.0% (2/50) and 2.6% (2/77) for ruptured and unruptured aneurysms. All postoperative ruptures occurred within one day after the procedure. Two of four postoperative ruptures involved small lesions (<10 mm), one involved a large (>10 mm, <25 mm), and one involved a giant aneurysm (>25 mm). In two postoperative ruptures with ruptured aneurysms/SAH, initial clinical status was good (Hunt and Hess grade I). One lesion was small (3 mm) and relatively spherical. The other was large (12.6 mm) and irregular in shape. In two postoperative ruptures with unruptured aneurysms, one patient presented with progressively worsening severe headache and angiography revealed a small (8.6 mm), but irregular shaped aneurysm. The other patient exhibited a partially thrombosed giant aneurysm. Incomplete occlusion is

thought to be associated with postoperative rupture. In our four postoperative ruptures, immediate post-coiling angiographic results showed partial occlusion in two patients and near-complete occlusion in two patients.

### **Conclusions**

Key findings in this review of 129 stent-assisted coil embolization procedures in 127 patients with 136 aneurysms were as follows:

- 1) Forty seven patients presented with 53 procedure-related complications (37.0%, 47/127).
- 2) Overall mortality rate was 16.5% (21/127) and procedure-related morbidity and mortality rates were 5.5% (7/127) and 8.7% (11/127), retrospectively.
- 3) Thromboembolism (n=17, 13.4%) and intra/postoperative aneurysm ruptures (n=8/4, 6.3%/3.1%) were the most common complications and the main causes of procedure-related morbidity and mortality.
- 4) Patients presenting with a clinically poor grade SAH had dismal clinical outcomes (overall mortality rate, 56%; procedure-related mortality rate, 24%).
- 5) Since most complications were induced by device manipulation, it is mandatory to handle devices cautiously.
- 6) Follow-up angiographic results in 65.1% of eligible patients showed complete occlusion in 74.0%
- 7) Further studies are essential to evaluate the safety, efficacy, and durability of the Neuroform stent.

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