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## Fatty Acid Oxidation and Calcium Homeostasis are Involved in the Rescue of Bupivacaine Induced Cardiotoxicity by Lipid Emulsion in Rats

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## Abstract

**OBJECTIVES**—Lipid Emulsion (LE) has been shown to be effective in resuscitating bupivacaine-induced cardiac arrest but its mechanism of action is not clear. Here we investigated whether fatty acid oxidation is required for rescue of bupivacaine induced cardiotoxicity by LE in rats. We also compared the mitochondrial function and calcium threshold for triggering of mitochondrial permeability transition pore (mPTP) opening in bupivacaine-induced cardiac arrest before and after resuscitation with LE.

**DESIGN**—Prospective, randomized, animal study.

**SETTING**—University Research Laboratory.

SUBJECTS—Adult male Sprague-Dawley rats.

**INTERVENTIONS**—Asystole was achieved with a single dose of bupivacaine (10mg/kg over 20seconds, i.v.) and 20% LE infusion (5ml/kg bolus, and 0.5ml/kg/min maintenance) with cardiac massage started immediately. The rats in CVT group were pretreated with a single dose of fatty acid oxidation inhibitor CVT (0.5, 0.25, 0.125 or 0.0625mg/kg bolus i.v.) 5min prior to inducing asystole by bupivacaine overdose. Heart rate (HR), ejection fraction (EF), fractional shortening (FS), the threshold for opening of mPTP, oxygen consumption and membrane potential were measured. The values are Mean±SEM.

**MEASUREMENTS AND MAIN RESULTS**—Administration of bupivacaine resulted in asystole. ILP infusion improved the cardiac function gradually as the EF was fully recovered within 5min (EF=64±4% and FS=36±3%, n=6) and heart rate increased to 239±9 beats/min (71% recovery, n=6) within 10min. LE was only able to rescue rats pretreated with low dose of CVT (0.0625mg/kg) (HR=~181±11 beats/min at 10 min, recovery of 56%; EF=50±1%; FS=26±0.6% at 5min, n=3) but was unable to resuscitate rats pretreated with higher doses of CVT (0.5, 0.25 or 0.125mg/kg). The calcium retention capacity in response to Ca<sup>2+</sup> overload was significantly

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Disclosures None

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higher in cardiac mitochondria isolated from rats resuscitated with 20% LE compared to the group that did not receive ILP after bupivacaine-overdose ( $330\pm42 \ vs. 180\pm8.2 \ nmol/mg-mitochondrial$  protein, *p*<0.05, n=3 in each group). The mitochondrial oxidative rate and membrane potential were similar in bupivacaine group before and after resuscitation with LE infusion.

**CONCLUSIONS**—Fatty acid oxidation is required for successful rescue of bupivacaine induced cardiotoxicity by LE. This rescue action is associated with inhibition of mitochondrial permeability transition pore opening.

#### Keywords

Lipid Emulsion; bupivacaine; CVT; fatty acid oxidation; mitochondrial permeability transition pore; cardiotoxicity; local anesthetic toxicity

## Introduction

Bupivacaine is a long-acting, lipophilic local anesthetic agent that is broadly used for cutaneous infiltration, peripheral nerve blocks, epidural anesthesia, and spinal anesthesia. Systemic toxicity from local anesthetic overdose can occur from accidental intravascular injection, drug overdose, or rapid absorption from the administration site (1). Well-described cardiotoxic effects of bupivacaine include dysrhythmias, hypotension, and depression of cardiac output leading to cardiac arrest (2).

It has been shown by Weinberg et al. that Lipid Emulsion (LE) is effective in resuscitation from cardiac arrest as a result of bupivacaine overdose in rat and canine models (3–5). Successful resuscitation of bupivacaine cardiotoxicity by LE has also been reported in patients (6–8). In spite of the proven efficacy of LE in resuscitating bupivacaine-induced cardiac arrest, the underlying mechanism behind the interaction of LE and bupivacaine is not fully understood. Lipid sink theory was among one of the several mechanisms proposed for the rescue action LE (5;9;10). Based on this theory fat droplets in the blood form lipid compartments or 'lipid sinks', into which lipophilic drugs like bupivacaine might dissolve and therefore LE increases the clearance of local anesthetic from the aqueous plasma or cardiac tissue (5).

It was also suggested that LE might have metabolic effects since bupivacaine impairs the production of adenosine triphosphate (11), LE may therefore attenuate a component of cardiotoxicity resulting from bupivacaine's inhibition of adenosine triphosphate synthesis (3;5). In fact the discovery of lipid rescue was based on the metabolic effects of bupivacaine on mitochondria and the role of lipid treatment (3). The failure of LE treatment five minutes after relatively high doses of epinephrine and vasopressin in swine model makes metabolic mechanism more likely (1).

The role of mitochondrial permeability transition pore (mPTP) has been also highlighted in myotoxicity induced by bupivacaine overdose in skeletal muscle, as mPTP was a major underlying cause of mitochondrial depolarization induced by bupivacaine (12). In fact, this event was shown to be essential for the subsequent dysfunction that leads to hypercontracture and cell death (12).

Here we examined the hypothesis that the protective action of LE **i**) is mediated through fatty acid oxidation pathway and **ii**) is associated with inhibition of mitochondrial permeability transition pore opening.

We used CVT-4325, which is a piperazine derivative that is known to inhibit fatty acid oxidation in cardiac mitochondria with a high potency in a dose dependant manner (13–17).

We also compared the mitochondrial function and calcium threshold for triggering of mPTP opening in bupivacaine-induced cardiac arrest with and without resuscitation with LE

## **Materials and Methods**

infusion.

#### Animals and treatments

Adult male Sprague-Dawley rats (300-350 g) were used. Protocols have received institutional approval. Thirty nine rats were used for this study. The technician was assigning the rats randomly to different groups. Rats were anesthetized intraperitoneally with a mixture of ketamine (80 mg/kg) and xylazine (8 mg/kg). Rats were intubated via tracheotomy using a 16-gauge angiocatheter and ventilated with a ventilator. The ventilation was continued throughout the resuscitation on 100% oxygen. The femoral vein was accessed through a 22 gauge intravenous catheter. To induce asystole rats were treated with a single injection of bupivacaine at 10 mg/kg. This dose has been used commonly by Weinberg group to achieve cardiac depression rapidly and decrease the variability in the time to reach asystole(18-20). The dose of LE used in this study to resuscitate the rats from bupivacaineinduced cardiotoxicity is also similar to the dose that has been used by Weinberg group (one bolus of 5ml/kg, and 0.5ml/kg/min for maintenance) (18;20). Some rats were pre-treated with a single bolus of fatty acid oxidation inhibitor CVT at different doses (0.5, 0.25, 0.125 or 0.0625mg/kg bolus i.v.). Body temperature was maintained at 37°C throughout the experiment. The rats which were resuscitated by LE were euthanized at the end of the experiments by quickly removing the heart before recovery from anesthesia according to the protocol approved by the UCLA institutional review and committee. The investigator injecting the medications was not blinded but those performing the echocardiography, or isolating mitochondria were blinded.

### **Experimental protocols**

**1. Blocking of Fatty Acid Oxidation**—Rats were randomly divided in two groups of control (CTRL) and CVT (Fig. 1A). In control group (n=6 rats), after measuring the heart rate and ejection fraction at the baseline, asystole was achieved with a single dose of bupivacaine (10mg/kg over 20seconds, i.v.). The infusion of LE (20% intralipid (Sigma), 5ml/kg bolus, and 0.5ml/kg/min maintenance) with cardiac massage was started immediately. In the CVT group, the heart rate and ejection fraction were measured before and 5 min after a single bolus of fatty acid oxidation inhibitor CVT at different doses (0.5, 0.25, 0.125 or 0.0625mg/kg bolus i.v., n=3 rats per each dose of CVT). The asystole was then induced by bupivacaine overdose and LE infusion (20% intralipid (Sigma), 5ml/kg bolus, and 0.5ml/kg/min maintenance) along with cardiac massage was started immediately.

**2. Mitochondrial functional measurements**—Rats were randomly divided in three groups. The mitochondria were isolated from **i**) CTRL group, rats were only treated with a single injection of PBS; **ii**) Bup group, rats were treated with a single injection of bupivacaine (10mg/kg over 20 seconds) to induce asystole and **iii**) LE group, after inducing asystole with bupivacaine overdose, rats were resuscitated with LE (20%, 5ml/kg bolus, and 0.5ml/kg/min for maintenance) along with cardiac massage for 10 min. Rats were sacrificed within 2 min of PBS/Bup infusion in group 1 and 2 (this is the time that usually takes for the heart to go to asystole after Bup infusion) and 10 min after LE infusion in group 3 as indicated with arrowhead. The isolation of mitochondria were used for measuring oxygen consumption (n=3 in CTRL, n=3 in LE, and n=4 in Bup), membrane potential (n=3 in CTRL, n=3 in LE and n=4 in Bup) and calcium retention capacity in response to Ca<sup>2+</sup> overload (n=4 in LE and n=4 in Bup).

#### Mitochondrial isolation

Mitochondria were isolated only from the left ventricle as described previously (18). Briefly, LV myocardial sections of approximately 0.15-0.22 g were placed in isolation buffer A containing (mM: 70 sucrose, 210 mannitol, 1 EDTA and 50 Tris-HCl, pH 7.4 at 4°C. The tissue was finely minced with scissors and homogenized in the same buffer A (1 ml buffer/ 0.1g of tissue) using Kontes and Potter-Elvehjem tissue grinders. The homogenate was centrifuged at 1,300 g for 3 min; the supernatant was filtered through a cheesecloth and centrifuged at 10,000 g for 10 min. The mitochondrial pellet was resuspended in isolation buffer B containing in mM 70 sucrose, 210 mannitol, 0.1 EDTA and 50 Tris-HCl, pH 7.4. Mitochondrial protein concentration was measured using the Bradford assay. The freshly isolated mitochondria were used for measuring calcium retention capacity in response to Ca<sup>2+</sup> overload, oxygen consumption and membrane potential. The investigator isolating mitochondria was blinded to the protocol.

#### Measurement of Mitochondrial Respiration

Mitochondrial respiration was measured using a fiber optic oxygen sensor FOXY-AL300 (Ocean Optics) in a partially open continuously stirred quvette at 25°C as reported (21). Freshly isolated mitochondria were suspended in KME buffer (100 mM KCl, 50 mM Mops, 0.5 mM EGTA) and mitochondrial concentration was measured. Isolated mitochondria (500 µg) was added to the assay buffer containing 125 mmol/L KCl, 10 mmol/L Hepes, potassium phosphate (Pi, 2.5 mmol/L), pH 7.4 with Tris. To measure complex I-mediated respiration rates, substrates combinations of 1.6 mmol/L pyruvate plus 1.6 mmol/L L-malate and 1.6 mmol/L glutamate were added to the mitochondria. The respiration in state 3 (stimulated by 0.2 mM ADP) and state 4 (ADP-limited) were measured. The Respiratory Control Ratio (RCR) was measured by dividing the respiratory values in state 3 to state 4 and were normalized to mg of mitochondrial protein.

#### Determination of mitochondrial membrane potential ( $\Delta \Psi m$ )

 $\Delta \Psi m$  was monitored by transmembrane distribution of the fluorescence indicator tetramethylrhodamine methyl ester (TMRM) according to the Nernst equation (22). Briefly, 500 µg freshly isolated cardiac mitochondria were suspended in 2 ml of the respiration buffer containing 200 nM TMRM, and the fluorescence was recorded at 25 °C at excitation and emission wavelengths of 550 nm and 580 nm, respectively. After the equilibration period to reach state 2 (1.6 mM pyruvate/malate/glutamate added, without ADP), state 3 respiration was evoked by the addition of 200µM ADP.  $\Delta \Psi m$  was assessed by comparing the fluorescence before and after addition of 2uM alamethacin, a mitochondrial uncoupler which fully depolarizes mitochondria.

#### Measurement of Mithocondrial Calcium Retention Capacity (CRC)

The onset of the mPTP opening was assessed in freshly isolated mithocndria following *in-vitro* Ca<sup>2+</sup> overload. Free Ca<sup>2+</sup> concentration outside the mitochondria was recorded with 0.5  $\mu$ M calcium green-5N (Invitrogen) using excitation and emission wavelengths set at 500 and 530nm, respectively. Isolated mitochondria (1 mg of protein) were suspended in 2 ml buffer C (mM, 150 sucrose, 50 KCl, 2 KH<sub>2</sub>PO<sub>4</sub>, 5 succinic acid and 20Tris/HCl, pH 7.4). Samples were pre-incubated for 90 sec in the spectrofluorometer cuvette, and Ca<sup>2+</sup> pulses (20 nanomoles (nmol)/mg of mitochondrial protein) were applied every 60sec in the spectrofluorometer. The Ca<sup>2+</sup> pulses induced a peak of extra-mitochondrial Ca<sup>2+</sup> concentration that returned to near-baseline level as Ca<sup>2+</sup> entered the mitochondrial matrix via the Ca<sup>2+</sup> uniporter. With increasing Ca<sup>2+</sup> loading, the extra-mitochondrial Ca<sup>2+</sup> uptake, which was followed by a sustained Ca<sup>2+</sup> increase indicating a massive release of the

mitochondria  $Ca^{2+}$  by the mPTP opening. The  $Ca^{2+}$  retention capacity (CRC) was defined as the amount of  $Ca^{2+}$  required to trigger this massive  $Ca^{2+}$  release which was used here as an indicator of the mPTP sensitivity to  $Ca^{2+}$ . CRC was expressed as nmol of  $CaCl_2$  per mg of mitochondrial protein.

#### **Cardiac Hemodyanamics**

Serial B-Mode and M-Mode echocardiography was performed at baseline and at 1, 5 and 10 minutes after LE treatment to measure the ejection fraction and fractional shortening using a VisualSonics Vevo 770 equipped with a 30-MHz linear transducer. Standard Lead II Electrocardiograms were acquired under anesthesia continuously throughout the experiment. The investigator performing echocardiography was blinded to the protocol.

#### Statistics

For HR, EF, FS, means were compared between group and over time using a repeated measure analysis of variance (ANOVA) model. The individual pairwise mean comparisons were evaluated using the (Tukey, Fisher LSD) criterion to adjust for multiple comparisons. For CRC (mPTP opening) and membrane potential measurements, means were compared between lipid emulsion *vs.* bupivacaine using t tests. For mitochondrial respiration, means were compared across the 3 groups of CTRL, bupivacaine and lipid emulsion using one way analysis of variance (ANOVA). P-values <0.05 were considered statistically significant. Means and standard error of the mean (mean +/– SEM) are reported. The error bars in the Figures are based on the SEM.

## Results

#### The role of Fatty Acid Oxidation in reversal of Bupivacaine-induced cardiotoxicity by LE

To examine whether rescue of bupivacaine-induced cardiac arrest by LE is mediated via fatty acid oxidation pathway, we used CVT-4325, which is a piperazine derivative that inhibits fatty acid oxidation in cardiac mitochondria with a high potency (13–17). M-mode echocardiography images in Fig. 2A from the same rat shows gradual resuscitation from bupivacaine-induced cardiotoxicity by LE in CTRL (See Fig.1A for experimental protocol). However, in the rats pretreated with CVT doses of 0.125 mg/kg or higher, LE was not able to rescue the rat and only partial recovery was observed in the presence of lower CVT dose (0.0625 mg/kg, Fig. 2A). The HR and EF at baseline in CTRL group before application of bupivacaine were 336.7±12.1 and 72.7±1.3%, respectively (Fig. 2B,C). Administration of bupivacaine resulted in asystole as expected and 20% LE resuscitation improved HR and cardiac function gradually within 10 min. The HR was, 74.7±4.6 beats/min at 1 min (22% recovery), increased to 197.5±13.2 beats/min at 5 min (59% recovery), and further to 239±9.5 beats/min 10 min after the initiation of LE therapy (71% recovery). The left ventricular systolic function was fully recovered in all rats within 5 min of ILP treatment (EF=64±4%, FS=36±3%, Fig. 2C,D)

In CVT groups, the baseline HR and EF were similar before and 5 min after different doses of CVT (e.g. at 0.5mg/kg HR (beats/min)=316.7±8.8 vs. 311.7±12 5-min after CVT; EF=74.7±3.5% vs. 74.1±4.9% 5-min after CVT), indicating that CVT-4325 alone is not affecting the heart rate or the cardiac function at all different doses of CVT. However, CVT pre-treatment at higher doses of 0.5, 0.25 or 0.125mg/kg (CVT-high) prevented the lipid rescue of bupivacaine overdose, as there was no recovery of cardiac function within 10 min of LE therapy. Resuscitation with 20% LE was only able to rescue bupivacaine-induced cardiotoxicity at lowest dose of 0.0625 mg/kg CVT (CVT-low) as cardiac function improved gradually within 10 min (HR from 71±5 at 1 min increased to 181±11 min at 10 min; EF=50±1%; FS=26±0.6% at 5min and QRS from 33 ms at 1 min to 27 ms at 10 min).

#### The Effect of LE on Mitochondrial oxidative rate and membrane potential

We compared the oxidative rates in cardiac mitochondria isolated from the hearts of CTRL, Bup and LE groups (See Figure 1B for experimental protocol). The visual inspection of oxygen electrode traces in isolated cardiac mitochondria from these 3 groups revealed similar slopes in state 3 (ADP-stimulated) and state 4 (resting state, ADP-limited, Fig. 3A). The slope of the state 3 and state 4 respiration in cardiac mitochondria isolated from CTRL rats which were only treated with a single dose of PBS were  $112\pm4.8$  and  $23\pm6.5$  nmol O/ min/mg protein, respectively which resulted in a respiratory control ratio (RCR) value of 5.6±1.2 (Fig. 3B, C). The oxidative rates of state 3 and state 4 in Bup and LE group were not significantly different than CTRL (state 3: 133±24 in Bup vs. 121±6.8 nmol O/min/mg protein in LE, both P>0.05 vs. CTRL; state 4: 28±4.7 in Bup vs. 28±4.2 nmol O/min/mg protein in LE, both P>0.05 vs. CTRL, Fig. 3B). As a result, RCR values in Bup group (4.9±0.5), ILP group (4.6±0.8, Fig. 3C) and CTRL group were indistinguishable (P>0.05 vs. CTRL for both Bup and LE groups). LE also had no apparent effect on the mitochondrial membrane potential as the change in fluorescence intensity before and after addition of the uncoupler in LE group was not significantly different from Bup or CTRL group  $(0.85 \pm 0.07)$ in LE vs.  $0.96 \pm 0.04$  in Bup and  $1 \pm 0.07$  in CTRL, P>0.05 vs. CTRL for both Bup and LE groups, Fig. 3D,E).

### The Effect of LE on Mitochondrial Permeability Transition Pore (mPTP) Opening

Next we compared the threshold for triggering of mPTP openings in response to calcium overload in isolated mitochondria from the hearts of Bup and LE groups (See Fig. 1B for experimental protocol). Fig. 4A shows a typical example of the time course of Ca<sup>2+</sup> concentration in the mitochondrial external medium. In bupivacaine group, 9 pulses of 20 nmol Ca<sup>2+</sup> were sufficient to trigger the opening of mPTP. Interestingly, the calcium load required for triggering mPTP opening significantly increased in mitochondria isolated from LE group as the number of calcium pulses (20 nmol) was increased to 17 pulses. The bar plot in Fig. 4B summarizes the calcium retention capacity (CRC); CRC was significantly higher in the LE group compared to bupivacaine group (330±42 in LE *vs.* 180±8.2 nmol / mg-mitochondrial protein in Bup, *p*<0.05).

## Discussion

It has been demonstrated previously that LE is very effective in resuscitation from cardiac arrest as a result of bupivacaine toxicity in rat and canine models as well as in patients (3–8). However the molecular mechanisms of this rescue action of LE are not fully understood. Here we show that fatty acid oxidation is required for successful rescue of bupivacaine induced cardiotoxicity by LE in rats. We also show that lipid infusion is associated with inhibition of mitochondrial permeability transition pore opening, without affecting mitochondrial respiration or membrane potential.

# Fatty acid oxidation is required for the successful rescue of bupivacaine induced cardiotoxicity by LE

One of the dreaded complications of local anesthetics use in regional anesthesia is cardiovascular toxicity. Although systemic toxic reactions are not common, they can be life-threatening and resistant to treatment (23). Local anesthetics exert their toxic effects through a complex cellular mechanism and the ability of local anesthetics to interfere with multiple cellular functions may be the factor that makes overdose with these drugs potentially severe and refractory (23). Treatment of local anesthetic systemic toxicity includes airway management and circulatory support. Local anesthetic-induced cardiac arrest requires rapid restoration of coronary perfusion pressure to improve myocardial contractility and maintenance of cardiac output and oxygen delivery to tissues is critical for prevention and

treatment of acidosis (24), but still the outcome is generally poor. In two case reports of patients surviving bupivacaine-induced cardiac arrest, circulation was supported by placing the patient on cardiopulmonary bypass until spontaneous circulation recurred (7). In 1997, investigations of Weinberg and colleagues led to the discovery that pretreatment with a lipid infusion increased the dose of bupivacaine required to induce asystole in rats. Further studies showed that early administration of lipid in bupivacaine-induced cardiotoxicity rescues the circulatory collapse (3–5).

In 2010, American Society of Regional Anesthesia Practice Advisory on local anesthetic systemic toxicity recommended that LE therapy is instrumental in facilitating resuscitation (24). Although more than a decade has elapsed since the findings of Weinberg et al., there are still several unanswered questions regarding LE therapy and its mechanism of action (24). Although "lipid sink theory" or "partition effect" was among one of the initial mechanisms proposed for the reversal of local anesthetic cardiotoxicity by LE (5;9;10), other mechanisms including a possible metabolic benefit has also been postulated (3;5). Here we present compelling data in support of a metabolic mechanism highlighting the view that fatty acid oxidation pathway is an important pathway in reversal of bupivacaine cardiotoxicity by LE. LE was only able to resuscitate cardiotoxicity resulted from bupivacaine overdose in rats pretreated with very low dose of CVT (0.0625 mg/kg). Lipid resuscitation failed if the rats were pre-treated with CVT at doses higher than 0.0625 mg/kg.

Although our data provides clear evidence in support of the metabolic theory, it does not exclude other suggested mechanisms postulated previously such as lipid sink theory (3). Since the time course of myocardial apoptosis seems too long to account for sudden fatal effects of bupivacaine toxicity, we speculate the rapid inhibitory action of bupivacaine on Na<sup>+</sup> channel also play a role in inducing asystole. In this case, LE may also reverse acute effects of bupivacaine toxicity, by displacing bupivacaine from sodium channel to rescue the cardiac arrest.

## The oxidative rate and membrane potential of mitochondria were similar in cardiac arrest before and after lipid resuscitation

Highly lipophilic local anesthetics also interfere with mitochondrial energy metabolism. These metabolic effects could in part explain some of the toxic effects of local anesthetics, such as bupivacaine-induced myocardial depression. Indeed, some studies suggest that bupivacaine-induced cardiotoxicity may be the result of the interference with mitochondrial energy transduction (25–29). In this study we show that lipid resuscitation from lipophilic drug overdose is not associated with alteration in mitochondrial oxidative rate or membrane potential. The basal and ADP-stimulated rates of respiration in the mitochondria isolated from the hearts resuscitated with LE were not significantly different from those of mitochondria prepared from the hearts of bupivacaine-overdose or from CTRL hearts perfused with PBS only (Fig. 3A–C). Since LE infusion had no effect on the mitochondrial respiration challenged by bupivacaine, the reversal of bupivacaine-induced cardiotoxicity by LE does not seem to act through stimulation of mitochondrial respiration.

Our finding is in contrast with the increased oxidative rates observed in skeletal muscle mitochondria following incubation with bupivacaine in-vitro with doses up to 1.5 mM (12). Whether the action of bupivacaine on the mitochondria isolated from skeletal muscle is different than the heart, or our in-vivo dose of 10mg/kg bupivacaine is not comparable with in-vitro dose used for skeletal muscle, remain to be seen in future studies.

# Rescue of Bupivacaine Induced Cardiotoxicity by Lipid Emulsion is Associated with Inhibition of Mitochondrial Permeability Transition Pore Opening

mPTP is a large non selective conductance pore located in the inner membrane of mitochondria. The role of mPTP in the heart has been well studied in ischemia/reperfusion setting (See review (30)). mPTP has been shown to remain closed during ischemia, but opens during the reperfusion period (31;32). The opening of mPTP at reperfusion has been implicated in cell death(33;34). mPTP opening has also been shown to be a major underlying cause of mitochondrial depolarization induced by bupivacaine leading to hypercontracture and cell death in isolated flexor digitorum brevis fibers (12). Delaying the opening of the mPTP has been a potential target to reduce myocardial injury upon reperfusion. Here we show that the rescue of cardiac arrest by LE is associated with inhibition of the mPTP opening, as the mitochondrial calcium uptake required for the opening of the mPTP was significantly higher in hearts resuscitated by LE compared to the bupivacaine-overdose (Fig. 4). The lower  $Ca^{2+}$  threshold for triggering mPTP opening in bupivacaine group was not due to the lower quality of the mitochondrial preparation in this group, as the respiratory control ratio in both Bup and LE groups was greater than 4 (Fig. 3A-C)(35;36). Our results highlight the role of mPTP in reversal of cardiotoxicity by LE. We propose that LE enhances the homeostasis of cardiomyocytes to better regulate calcium overload and therefore increase the threshold for opening of the mPTP. Although LE increases the threshold of opening of mPTP, it has no effect on mitochondria respiration or membrane potential. This is often not the case in mitochondria isolated from the hearts that subjected to ischemia/reperfusion since the higher CRC is usually associated with higher oxidative phosphorylation and membrane potential (37).

Fig. 5 summarizes our hypothetical scheme demonstrating fatty acid oxidation and calcium homeostasis are involved in rescue of bupivacaine induced cardiotoxicity by LE in rats.

## Limitations

In our study we show that the rescue of bupivacaine induced cardiotoxicity by LE is associated with inhibition of mitochondrial permeability transition pore opening. The higher threshold for triggering mPTP opening could result from a reduced tissue bupivacaine content eg. as might occur due to the 'lipid sink' effect. Alternately, increased mPTP activation could merely serve as an indicator of irreparable myocardial damage secondary to the cardiac arrest and resulting hypoperfusion with ischemia/reperfusion injury. Further experiments are required to demonstrate a causal relationship for the inhibition of mPTP and lipid resuscitation.

Here using a fatty acid oxidation inhibitor we present compelling data in support of a metabolic mechanism for the phenomenon of lipid resuscitation from bupivacaine drug overdose. There are also several case reports indicating that LE can reverse signs and symptoms of CNS toxicity(38;39). The mechanisms in which LE reverses bupivacaine-induced toxicity in the heart may be different than in the CNS. Obviously a metabolic effect can not contribute to the reversal of toxicity in an organ that doesn't require fatty acid oxidation. As discussed in some cases of CNS toxicity following bupivacaine-overdose(38;39), the CNS symptoms could be short lived and self limiting and is not quite clear whether the recovery from CNS toxicity reversal and at present we can not explain the reversal of CNS toxicity by LE. Additional experiments in the future could unravel the mechanisms underlying reversal of CNS toxicity by lipid emulsion.

Failure of the study to accurately mimic the in vivo pharmacokinetics of clinical bupivacaine toxicity and lipid infusion in human is another limitation. In case reports both the

bupivacaine dose that caused cardiotoxicity as well as the lipid emulsion dose used for rescue (1.5 ml/kg vs. 5 ml/kg) are lower than the dose in our rat study (24). In the clinical situation, however, the lipid infusion is not started right away and there is a lag by the time that the infusion is available and started. We have to consider that in our study rats are already intubated and ventilated with 100% oxygen which is different than human cases, as the bupivacaine toxicity appears while patient is awake or mildly sedated and the airway is not controlled at the time that toxicity appears.

## Conclusions

We show here that Fatty acid oxidation is required for resuscitation of bupivacaine overdose by LE. Furthermore, the rescue of bupivacaine induced cardiotoxicity by LE is associated with inhibition of mitochondrial permeability transition pore opening independent of oxidative phosphorylation and membrane potential. Further research is needed to identify the exact role of LE in rescue of bupivacaine-induced cardiotoxicity.

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#### Figure 1. Experimental protocols

**A.** In control (CTRL) group, asystole was achieved by a single injection of bupivacaine (10mg/kg over 20 seconds) and resuscitation with LE (5ml/kg bolus, and 0.5ml/kg/min maintenance) together with cardiac massage was started immediately (n=6 rats). In CVT group, the experimental protocol was identical to CTRL group, except rats were pre-treated with different doses of CVT-4325 (0.5, 0.25, 0.125, 0.0625 mg/kg) for 5 minutes (n=3 rats/ each dose of CVT). **B.** The mitochondria were isolated from 3 groups **i**) CTRL group, rats only received a single injection of PBS; **ii**) Bup group, rats only received a single injection of bupivacaine (10mg/kg over 20 seconds) to induce asystole and **iii**) LE group, after

inducing asystole with bupivacaine overdose, rats were resuscitated with 20% LE (5ml/kg bolus, and 0.5ml/kg/min maintenance). Rats were sacrificed in all 3 groups at the time indicated with arrowhead (within 2 min of PBS/Bup infusion in group 1 and 2 and 10 min after LE infusion in group 3 as indicated with arrowhead and the mitochondria were isolated immediately only from left ventricle. The mitochondria were used for measuring calcium retention capacity (in response to  $Ca^{2+}$  overload), oxygen consumption, and membrane potential.

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Figure 2. LE can only restore the heart function following bupivacaine-induced cardiotoxicity in CVT-pretreated rats at very low dose

**A.** M-mode echocardiographic images at baseline, 1, 5 and 10 min after ILP in CTRL (upper panels) and in CVT groups at baseline, 5 min after CVT (0.5, 0.25 and 0.125 mg/kg in middle panels and 0.0625 mg/kg in lower panels) and 1, 5 and 10 min after LE. **B.** Heart rate in CTRL (black bars, n=6 rats), in CVT high dose (0.5 mg/kg, n=3 rats) and low dose (0.0625 mg/kg, n=3 rats), white bars) at baseline, 1, 5 and 10 min after administration of LE. \*\*P<0.0001 vs. baseline in CTRL; *\$\$P*<0.0001 vs. baseline in CVT-low; *^P*<0.0001 vs. CTRL at 10 min. **C.** Ejection fraction (EF) and D. fractional shortening (FS) in CTRL (black bars, n=6 rats) and in CVT high dose (0.5 mg/kg, n=3 rats, white bars) at baseline, 1, 5 and 10 min after administration of LE. \*P<0.05 vs. baseline in CTRL; *\$\$P*<0.001 vs. baseline, 1, 5 and 10 min after administration of LE. \*P<0.05 vs. baseline in CTRL; *\$\$P*<0.001 vs. baseline, 1, 5 and 10 min after administration of LE. \*P<0.05 vs. baseline in CTRL; *\$\$P*<0.001 vs. baseline in CVT-low; *^P*<0.001 vs. CTRL at 5 min. The values are Mean±SEM

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## Figure 3. Mitochondrial oxygen consumption or membrane potential is not affected by LE infusion

**A.** Typical oxygen electrode traces showing the respiration in state 3 stimulated by 0.2 mM ADP (S3) and in resting state 4 (ADP-limited, S4) of complex-I in isolated mitochondria from CTRL, Bup, and LE group. **B.** Respiration rate of state 3 and state 4 and C. Respiratory control ratio (respiration rate of state 3/state 4) in CTRL (black bars, n=3 rats), Bup (gray bars, n=4 rats) and LE group (white bars (white bars, n=3 rats). *P*>0.05 *vs.* CTRL. **D.** Typical recording of the mitochondrial membrane potential in response to 200 $\mu$ M ADP (to stimulate state 3) and 2uM alamethacin (a mitochondrial uncoupler) in isolated mitochondria from the CTRL (black trace), bupivacaine overdose heart before (black trace) and after resuscitation with LE (gray trace). **E.** TMRM fluorescence (in arbitrary units) in CTRL group (black bar, n=3 rats), bupivacaine group before (gray bar, n=4 rats) and after resuscitation with LE (white bar, n=3 rats). *P*>0.05 *vs.* CTRL. The values are Mean±SEM.





**A.** Typical recording of the mitochondrial permeability transition pore (mPTP) opening in isolated mitochondria from the left ventricle in bupivacaine group (Bup, black trace) and in LE group (gray trace). **B.** Calcium retention capacity (CRC) in bupivacaine (Bup, black bar, n=4 rats) and LE (gray bar, n=4 rats). The values are Mean±SEM, \**P*<0.05 *vs.* Bup.



## Figure 5. Proposed mechanisms underlying LE-induced rescue of cardiac arrest as a result of bupivacaine-overdose

Oxidation of LE contains long chain fatty acids occurs in the mitochondria. Fatty acids are transported into the mitochondria via carnitine shuttle, and go through  $\beta$ -oxidation to produce NADH and FADH<sub>2</sub>. NADH and FADH<sub>2</sub> enter the electron transport chain (ETC). ETC couples electron transfer between an electron donor (NADH and FADH<sub>2</sub>) and an electron acceptor (such as O<sub>2</sub>) to the transfer of H<sup>+</sup> ions (protons) across a membrane. The resulting electrochemical proton gradient is used to generate energy in the form of adenosine triphosphate (ATP) in complex V. The release of H<sup>+</sup> from complex I, III and IV lead to lowering PH in outer mitochondrial membrane which lead to inhibition of mPTP opening. Inhibition of  $\beta$ -oxidation pathway by CVT abolishes the production of NADH, FADH<sub>2</sub>, as well as H<sup>+</sup> ions, leading to generation of less ATP. The rise of Ca<sup>2+</sup> ions in mitochondria through Ca<sup>2+</sup> uniporter will trigger the opening of mPTP. LE enhances the homeostasis of cardiomyocytes to better regulate calcium overload and therefore delay the opening of mPTP. FACS; Fatty Acyl CoA Synthase, CPT1, Carnitine Acyl Transferase 1, CT; Carnitine Acylcarnitine Translocase, CPT2, Carnitine Acyl Transferase 2.