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Acute Stress Symptoms in Children: Results From an International Data Archive

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Abstract

Objective—To describe the prevalence of acute stress disorder (ASD) symptoms and examine proposed *DSM-5* symptom criteria in relation to concurrent functional impairment in children.

Method—From an international archive, datasets were identified which included assessment of acute traumatic stress reactions and concurrent impairment in children age 5 to 17. Data came from 15 studies conducted in the US, UK, Australia, and Switzerland with 1645 children. Dichotomized items were created to indicate the presence or absence of each of the 14 proposed ASD symptoms and functional impairment. The performance of a proposed diagnostic criterion (number of ASD symptoms required) was examined as a predictor of concurrent impairment.

Results—Each ASD symptom was endorsed by 14% to 51% of children; 41% reported clinically-relevant impairment. Children reported from 0 to 13 symptoms (mean = 3.6). Individual ASD symptoms were associated with greater likelihood of functional impairment. The *DSM-5* proposed 8-symptom requirement was met by 202 (12.3%) children, and had low sensitivity (.25) in predicting concurrent clinically-relevant impairment. Requiring fewer symptoms (three to four) greatly improved sensitivity while maintaining moderate specificity.

Conclusions—This group of symptoms appears to capture aspects of traumatic stress reactions that can create distress and interfere with children's ability to function in the acute post-trauma phase. Results provide a benchmark for comparison with adult samples; a smaller proportion of children met the 8-symptom criterion than reported for adults. Symptom requirements for the ASD diagnosis may need to be lowered to optimally identify children whose acute distress warrants clinical attention.

Keywords

acute stress disorder; *DSM-5*; diagnostic criteria

Introduction

Assessment of acute traumatic stress symptoms in children and adolescents poses both practical and conceptual challenges. On a practical level, children who have recently experienced a potentially traumatic event rarely present for formal mental health services, and thus assessment to discern who is in need of clinical attention may best be accomplished in other settings (health care settings, schools, post-disaster community settings). Empirically sound self-report¹ and interview² measures of child acute traumatic stress are a relatively recent development, and these measures require additional validation in a range of populations. In the aftermath of trauma it can be challenging to distinguish acute distress in children which will resolve (with time and family support) from acute distress which will persist or worsen without clinical attention and intervention. Improving the conceptual basis for assessment and ensuring that diagnosis of acute traumatic stress in children appropriately identifies those in need of assistance are thus key challenges for the field.

The stated goal of the workgroup developing proposed *DSM-5* criteria for acute stress disorder (ASD) is to set criteria that will capture a severity of acute stress reactions within the first month that warrants clinical attention.³ The workgroup also aims to set diagnostic criteria that will identify a minority of trauma-exposed persons, arguing that if the majority of those exposed to trauma are diagnosed with ASD, they have not succeeded in identifying those most at need.³ There are two substantivel changes in the proposed conceptualization of the ASD diagnosis. First, it is intended to capture severe early distress without regard to whether these symptoms predict ongoing or persistent traumatic stress, and second, diagnostic status is determined based on an overall ASD symptom picture rather than separate symptom categories. The current proposed diagnostic criteria require that eight of

14 symptoms (of any type: including intrusion symptoms, dissociative symptoms, avoidance symptoms, and arousal symptoms) be present, and that “the disturbance causes clinically significant distress or impairment in social, occupational, or other important areas of functioning.”³ The ASD workgroup proposed that this criterion be tested across datasets. This manuscript follows their recommendation by examining the utility of the proposed criterion in a large combined international dataset of children and adolescents.

One way to distinguish transient acute stress reactions following a traumatic event from severe symptoms that warrant clinical attention is to ascertain the likelihood that a given symptom level is associated with significant impairment. Thus, in the case of children, an optimal ‘cut-off’ for the number of symptoms required for a diagnosis of acute stress disorder would have good sensitivity and specificity with regard to identifying those with concurrent impairment in social, academic, or interpersonal functioning. It is possible that optimal diagnostic criteria for traumatic stress disorders in school-age children and adolescents may differ from those for adults.^{4–6} Indeed, current proposed symptom criteria for posttraumatic stress disorder (PTSD) in *DSM-5* include lower symptom thresholds for children.⁷ Further, prior studies suggest that children and adolescents might differ from adults with regard to the prevalence of acute traumatic stress symptoms,^{8–9} or the association of these symptoms with concurrent or persistent impairment.^{10–11}

To understand the full range of children’s potential responses to acute traumatic events and to be able to examine the boundaries between normative responses and diagnostic-level acute stress reactions, it is important to assess both symptoms and functional impairment *prospectively* (because later retrospective reports may be clouded by concurrent symptom status¹²) in *samples identified based on exposure to an event* rather than referral for clinical attention. The purpose of the current analyses was to utilize a newly available data archive of child traumatic stress studies to (a) describe the prevalence of each ASD symptom and the number of ASD symptoms endorsed in school-age and adolescent children assessed prospectively within one month of exposure to acute trauma, and (b) examine the proposed *DSM-5* symptom count criterion (and alternative symptom counts) in relation to concurrent functional impairment in these children,

Method

This project made use of a new and unique data resource, the PTSD after Acute Child Trauma (PACT) Data Archive. This international archive contains investigator-provided, de-identified datasets from prospective studies of children exposed to an acute potentially traumatic event. Currently, the archive contains datasets from 19 studies and from four countries. Each dataset in the archive includes basic data on demographics, trauma characteristics, one or more potential predictors of ongoing traumatic stress assessed soon after a traumatic event, and at least one measurement of traumatic stress symptoms at a later time point. The Institutional Review Board (IRB) of the Archive’s home institution determined that the PACT Data Archive is exempt from IRB review per 45 CFR 46.101(b) #4.

For the current analyses, we identified 15 datasets in the PACT Archive which included data from children and adolescents age 5 to 17 regarding acute traumatic stress symptoms and concurrent impairment two days to one month after an acute potentially traumatic event. These datasets represent studies conducted in four countries (US, UK, Australia, and Switzerland) with 1645 children. Table 1 shows sample characteristics and measures of acute traumatic stress and impairment in datasets included in the current analyses. In each study, children were recruited for participation based on their exposure to a potentially traumatic event (i.e. non-clinical samples)

The original studies from which these data were drawn used a range of different measures to assess acute traumatic stress symptoms and impairment, including both questionnaire and interview measures (see Table 1.) In order to combine data on specific acute traumatic stress symptoms (at the item level) across studies, we first identified candidate congruent items from each available measure within the dataset. For each *DSM-5* ASD symptom, the core group of investigators in the PACT Project Group (N.K.A., P.P., J.K., D.D., R.L., R.N., R.M.S.) then reviewed available items and arrived at consensus regarding the combination of items for analysis. This expert group determined a) that each candidate item adequately represented the specific symptom construct (e.g. intrusive distressing memories), and b) that the candidate items from disparate measures were sufficiently congruent in wording to be combined for these analyses. Not all studies (datasets) were able to contribute to the assessment of every acute traumatic stress symptom (see Table 1). As one example, we identified that the proposed *DSM-5* symptom of “spontaneous or cued recurrent, involuntary, intrusive distressing memories of the traumatic event” had been assessed on checklist measures via items such as “I can’t stop thinking about it” (Acute Stress Checklist for Children [ASC-Kids]¹), “Having upsetting thoughts or images about the event that came into your head when you didn’t want them to” (Child PTSD Symptom Scale [CPSS]²⁶), “Do you think about it even when you don’t mean to?” (Children’s Impact of Event Scales [CRIES]^{13–14}), and on interview measures via prompts such as “Did you think about (event) even when you didn’t want to?” (Clinician-Administered PTSD Scale for Children and Adolescents [CAPS-CA]²⁴), and “Do you have a lot of thoughts that you don’t want to have about (frightening event)?” (Anxiety Disorders Interview Scale [ADIS]¹⁵). The expert panel found that these were sufficiently congruent to be combined (as dichotomized ratings) for analysis.

Item ratings were then dichotomized utilizing each measure’s standard scoring rules for symptom presence; if such a standard was not available, this expert group reached consensus on an appropriate cut-point in the item rating scale for presence versus absence of the symptom, comparable to those utilized for similar measures. We also created a dichotomous variable for the presence/absence of concurrent impairment, based on items available within many of the traumatic stress measures assessing impairment in social, academic, or other functioning; such as “Since this happened, getting along with friends or family is harder for me.” (ASC-Kids¹). These common dichotomous variables (14 symptom items and presence/absence of impairment) allowed analyses of pooled data from all 15 datasets regarding acute stress symptoms, and from nine of these datasets with regard to impairment. This approach to pooling data from existing studies is consistent with an “integrative data analysis” approach, with the potential advantages of increased sample heterogeneity and increased statistical power.¹⁶

Data analysis

Based on the common dichotomized ASD symptom items, we created an ASD symptom count variable (number of symptoms present) with potential scores ranging from 0 to 14. To evaluate the relationship between ASD symptoms and concurrent impairment, we first examined bivariate associations between each symptom item and impairment by means of Chi square analyses. We then examined the performance of different cut-off scores (i.e. the number of ASD symptoms required) to best predict the presence of concurrent impairment. All analyses were conducted with SPSS version 20 (SPSS, Chicago IL).

Results

Sample characteristics

Table 2 shows demographic characteristics, trauma type, and country of residence for the total combined sample across all 15 datasets. Children in this combined sample ranged in age from 5 to 17 years (mean = 11.6; SD = 3.0), about two thirds were male, and nearly half were of minority ethnicity. The most common index trauma was injury, although categories were not mutually exclusive, i.e. a child who was injured and was in a road traffic accident was counted in both categories. Mean time from the acute event to assessment of acute stress reactions was 13.1 days (SD = 8.3).

Prevalence of proposed DSM-5 ASD symptoms and functional impairment in children

See Table 3 for prevalence of each ASD symptom and of impairment. The most commonly reported symptoms were avoidance of thoughts, conversations, or feelings (51.4%), altered sense of reality (42.5%), and intrusive distressing memories (40.6%). Flashbacks or reliving (15.6%) and distressing dreams (13.6%) were least commonly endorsed. The number of symptoms reported by children ranged from 0 to 13 (median = 3 symptoms; mean = 3.6; SD = 3.0), with 202 (12.3%) reporting eight or more symptoms. Impairment ratings were available for a total of 1172 children, from nine of the 15 datasets. Less than half of the children reported impairment. One hundred twenty-three (10.5%) children met proposed *DSM-5* ASD criteria of eight or more symptoms plus significant impairment.

Association of ASD symptoms with concurrent reports of impairment in children

Individual ASD symptoms were associated with greater likelihood of concurrent impairment. For 13 of the proposed 14 *DSM-5* symptoms, Chi square analyses revealed that a higher proportion of children who reported the specific symptom also reported impairment (see Table 4). This was true for all symptoms other than agitation (smaller sample size available for analysis may account for this non-significant finding.)

We examined the utility of the proposed 8-symptom requirement for ASD by assessing how well this symptom cutoff discriminated between children with and without significant acute functional impairment (see Table 5). Positive predictive value (PPV) was high; 75% of children with at least 8 symptoms reported impairment (compared to 36% of those with fewer than 8 symptoms). However, sensitivity was low (.25), such that only one quarter of those with acute impairment would have met criteria for an ASD diagnosis if 8 symptoms were required.

Table 5 presents sensitivity, specificity, PPV, negative predictive value (NPV), and percent correctly classified for the 8-symptom requirement and alternative symptom counts. In receiver operating characteristics (ROC) curve analyses of ASD symptom count as a 'predictor' of concurrent impairment, the area under the curve (AUC) was .70 (95% CI: .67–.73). Examining the coordinates of the ROC curve (Figure 1 and Table 5) suggests that an optimal balance of sensitivity and specificity is achieved at a cutpoint of 3 or 4 symptoms. For example, a 3-symptom rule resulted in greater sensitivity than the 8-symptom rule (detecting three quarters of those with impairment), moderate specificity, and a similar proportion of children correctly classified. Compared to the 10.5% of children who had at least eight ASD symptoms and impairment, 356 (30.4%) had at least three ASD symptoms and impairment.

In exploratory analyses, we examined the performance of the 8-symptom requirement for school-age children (ages 5 to 11 years; n = 552) and for adolescents (age 12 to 17 years; n = 620) separately. For the younger group, sensitivity = .32, specificity = .92; for the older

group, sensitivity = .20, specificity = .95. A 3-symptom rule resulted in improved sensitivity in both younger and older children (.79 and .69, respectively) and retained moderate sensitivity in each age group (.51 and .62, respectively)

Discussion

Clear conceptualization and empirically-validated diagnostic criteria can advance efforts to identify children and youth with significant distress who need increased psychosocial supports or formal clinical attention. Data from 15 studies including 1645 children assessed soon after an acute trauma were combined to examine the utility of proposed *DSM-5* ASD symptom criteria. Each symptom was endorsed by 14% to 51% of children. Thirteen of the 14 symptoms were individually associated with impairment, suggesting that this list of symptoms does capture key aspects of traumatic stress responses that can create distress and interfere with children's ability to function in the acute post-trauma phase. These analyses provide an initial benchmark for comparison with adult samples. For example, the ASD workgroup reported that 20% of adults in three "large scale datasets" from Israel, the UK, and Australia met the 8-symptom criterion³. In the current large combined dataset of children and adolescents, a smaller proportion (12%) met this proposed symptom criterion.

In constructing diagnostic criteria for mental disorders, the *DSM-5* development process has attempted to clarify the distinction between psychiatric symptoms and the potentially disabling consequences of those symptoms.¹⁷ However, in the case of early emotional responses to extremely difficult events and experiences, it seems particularly relevant to consider the connection between symptoms and functional impairment in determining what constitutes a 'disorder.' The revised ASD diagnostic criteria aim to "facilitate treatment for those suffering significant distress and whose response suggests that this distress may be interfering sufficiently or distressing the person excessively such that treatment may facilitate recovery."³ Examining the current results from this perspective, the proposed 8-symptom requirement falls short for children and adolescents. Its low sensitivity means that 75% of children who reported impairment had fewer than 8 symptoms and would not have received a diagnosis of ASD. For children and adolescents, requiring fewer symptoms would better achieve the objective of identifying those with clinically relevant distress or interference with functioning. These results suggest that a lower symptom count criterion (three or four symptoms) could achieve higher sensitivity while maintaining a reasonable degree of specificity. This trade-off between specificity and sensitivity is warranted in most clinical settings, where the disadvantages of missing a positive case (i.e., a child in need of clinical attention in the acute aftermath of trauma exposure) are likely to be greater than the disadvantages of offering services to a child who does not need them. Appropriate clinical responses to acute stress disorder include brief interventions that incorporate trauma-focused cognitive behavioral approaches¹⁸ and that shore up a child's existing support systems by helping parents respond appropriately.¹⁹

A limitation of this investigation is the need to use solely dichotomous values in order to combine items across different measures in the combined dataset. Another potential limitation is that when both symptoms and impairment are measured by self-report, their association may be in part an artifact of generalized subjective distress. The set of 15 studies included here reflect both the strengths and limitations of existing research studies on acute traumatic stress reactions in children. For example, the datasets included here do not include children from the developing world and thus replication with other populations is needed. We believe that these datasets represent a fairly large proportion of the existing child studies that have assessed ASD symptoms within one month of a potentially traumatic event (the authors welcome contact from investigators who have relevant datasets and would like to learn about adding these to the PACT Archive). Many of the available studies have assessed

acute stress reactions after unintentional injuries or road traffic accidents. These represent highly prevalent types of acute child trauma which convey risk for both acute and persistent traumatic stress disorders^{11, 20–22}, and thus have substantial public health impact. Nevertheless, the field would benefit from more prospective studies that carefully assess child acute stress reactions within the first month after other types of traumatic events (e.g., disasters, interpersonal violence). It is possible that symptom criteria might vary for acute events of different types or intensities. Future research efforts should include all fourteen proposed *DSM-5* ASD symptoms (and other candidate items which may be relevant for children) in order to test the utility of alternative acute stress symptom requirements as predictors of significant concurrent (and persistent) distress and impairment in children and adolescents exposed to a range of acute traumas. Although it is not the intention of the *DSM-5* ASD criteria, the longitudinal association of acute traumatic stress symptoms with ongoing or persistent distress and impairment is certainly of great clinical interest and should continue to be examined in prospective studies.

These analyses represent the fruit of a new and unique data resource for child traumatic stress studies, the PACT Data Archive, which allowed us to combine individual-level data from 15 studies to examine children's acute traumatic stress reactions. Increasingly, national research funding agencies are encouraging or requiring that data generated from publicly funded research be archived or made available to other investigators beyond the life of the original investigation.^{23–25} The current analyses demonstrate the potential value of such data-sharing initiatives for integrative data analysis.

Clinical Guidance

- Clinicians should inquire about acute traumatic stress reactions in children with a known, recent trauma exposure. Acute traumatic stress reactions in the first month appear to be fairly common: in this large international dataset, half of the children reported avoidance of thoughts, conversations, or feelings about the trauma, and nearly as many experienced dissociation (altered sense of reality), or intrusive distressing memories.
- A significant proportion of children (about 4 in 10) had some degree of impairment in functioning within this first month. Having multiple acute stress reaction was associated with a greater likelihood of impairment.
- Regardless of whether formal diagnostic criteria for ASD are met, when a child has three or four acute stress reactions in the early aftermath of trauma exposure, clinicians should consider providing services or additional follow-up to monitor the course of emotional recovery.

These results point the way to future studies that could help to elucidate the nuances of relationships among child ASD symptoms and impairment in an expanded set of acute trauma populations (e.g., in non-industrialized countries, and with a greater range of types of acute trauma). However, given the time needed to collect prospective data to test new diagnostic criteria (and alternatives) in new research studies, we suggest that the 15 studies included in this large combined dataset represent the best currently available data which can inform the *DSM-5* ASD symptom count criteria for children. These results strongly suggest that for trauma-exposed children the proposed 8-symptom rule may be too restrictive, and that serious consideration should be given to implementing alternate criteria for children.

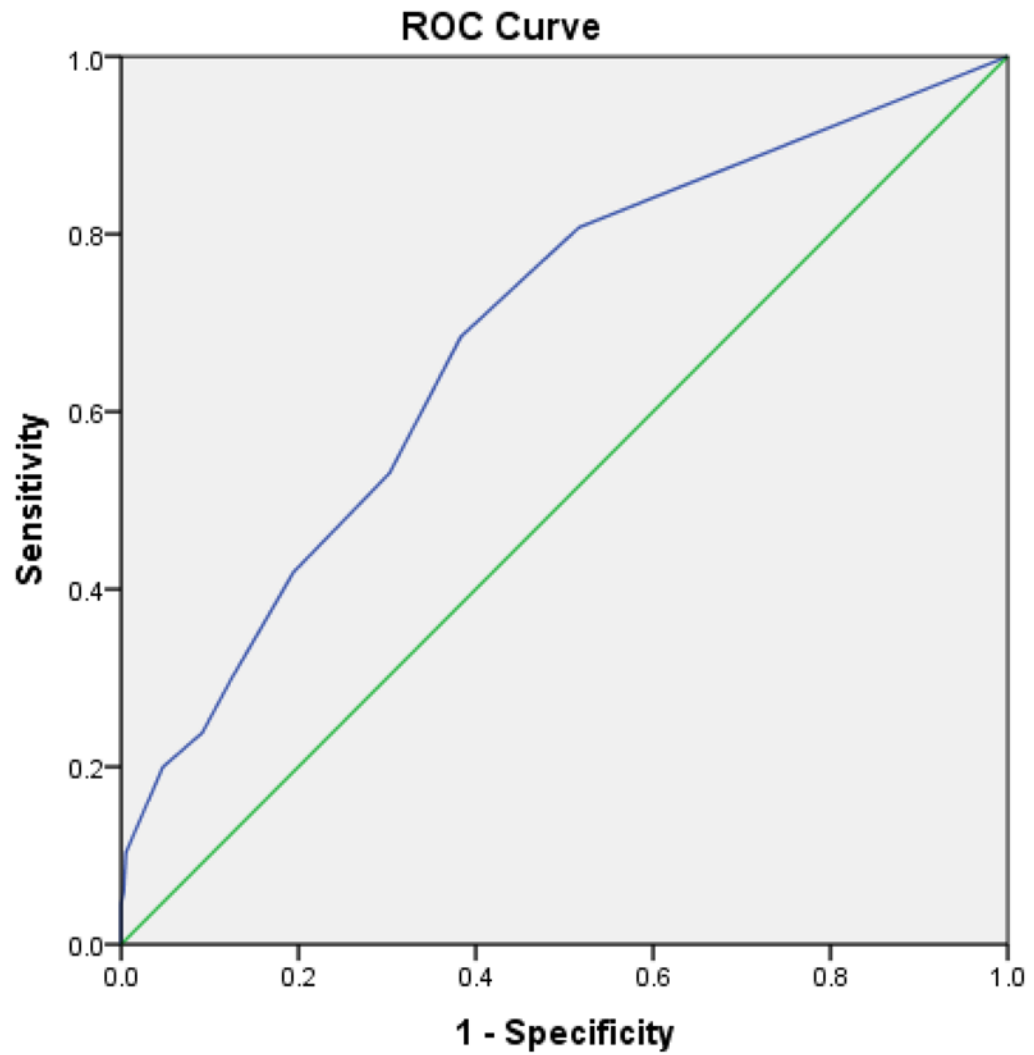
Acknowledgments

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Diagonal segments are produced by ties.

Figure 1. Receiver Operating Characteristics (ROC) curve for acute stress disorder (ASD) symptom count as a predictor of the presence of concurrent functional impairment.

Table 1

Study characteristics: Datasets included in analyses

Trauma type(s)	Age range	Country	N	Measure(s) of acute stress reactions	Mode of administration	Types of symptoms assessed
1 Unintentional injury/Road traffic accident ¹¹	8–17	US	219	CASQ ^{25d}	Questionnaire	intrusion, dissociation, avoidance, arousal, impairment
2 Unintentional injury/Road traffic accident ²⁶	5–7	US	90	CASQ ^{25d}	Questionnaire	intrusion, dissociation, avoidance, arousal, impairment
3 Unintentional injury/Acute medical event ¹	8–17	US	164	ASC-Kids ^{1d}	Questionnaire	intrusion, dissociation, avoidance, arousal, impairment
4 Interpersonal violence ²⁷	8–17	US	38	ISRC ²⁸	Questionnaire	intrusion, dissociation, avoidance, arousal
5 Unintentional injury/Acute medical event/ Interpersonal violence/Road traffic accident ^a	8–17	US	363	ASC-Kids ^{1d}	Questionnaire	intrusion, dissociation, avoidance, arousal, impairment
6 Unintentional injury ²⁸	8–17	US	88	CPSS ²⁶	Questionnaire	intrusion, dissociation, avoidance, arousal
7 Unintentional injury ^b	8–17	US	53	ASC-Kids ^{1d}	Questionnaire	intrusion, dissociation, avoidance, arousal, impairment
8 Interpersonal violence ^c	12–17	US	61	ISRC ²⁸	Questionnaire	intrusion, dissociation, avoidance, arousal
9 Unintentional injury ²⁰	7–16	Australia	131	CRIS ^{13–14} , CTSSQ ²⁷	Questionnaire Questionnaire	intrusion, avoidance, arousal intrusion, arousal
10 Unintentional injury ²⁹	6–14	Australia	98	CRIS ^{13–14} , CTSSQ ²⁷	Questionnaire Questionnaire	intrusion, avoidance, arousal intrusion, arousal
11 Unintentional injury ³⁰	6–14	Australia	45	CTSSQ ²⁷ , TSCC ³¹	Questionnaire Questionnaire	Intrusion, arousal intrusion, dissociation, avoidance, arousal
12 Interpersonal violence/Road traffic accident ²¹	10–16	UK	79	CRIS ^{13–14} , ADIS ^{15d}	Questionnaire Interview	intrusion, avoidance, arousal intrusion, dissociation, avoidance, arousal, impairment
13 Road traffic accident ⁵	5–10	UK	45	CRIS ^{13–14} , CAPS-CA ^{24d}	Questionnaire Interview	intrusion, avoidance, arousal intrusion, dissociation, avoidance, arousal, impairment
14 Unintentional injury/Acute medical event/ Interpersonal violence/Road traffic accident ²²	7–17	Australia	121	ASC-Kids ^{1d} , CPSS ^{26d}	Questionnaire Questionnaire	intrusion, dissociation, avoidance, arousal, impairment intrusion, dissociation, avoidance, arousal, impairment
15 Road traffic accident ³²	7–14	Switzerland	50	IBS-A-KJ ^{32–33d}	Interview	intrusion, dissociation, avoidance, arousal, impairment

Note: ADIS = Anxiety Disorders Interview Schedule; ASC-Kids = Acute Stress Checklist for Children; CAPS-CA = Clinician-Administered Posttraumatic Stress Disorder (PTSD) Scale for Children and Adolescents; CASQ = Child Acute Stress Questionnaire; CPSS = Child PTSD Symptom Scale; CRIS = Children's Impact of Event Scale; CTSSQ = Child Traumatic Stress Questionnaire; IBS-A-KJ = Interview zu Akute Belastungsstörungen bei Kindern und Jugendlichen; ISRC = Immediate Stress Reaction Questionnaire; TSCC = Trauma Symptom Checklist for Children

^aKassam-Adams, N. and Gold, J. Unpublished data, 2011.

^bKassam-Adams, N. and Winston, F. Unpublished data, 2006.

^cFein J. Unpublished data, 2003.

^dMeasure used to assess impairment in this study

Table 2

Characteristics of combined sample (n = 1645)

	n (%)
Age in years	
5 to 7	149 (9.1)
8 to 11	615 (37.4)
12 to 14	556 (33.8)
15 to 17	325 (19.8)
Sex (male)	1067 (64.9)
Ethnic minority	760 (46.2)
Trauma type (not mutually exclusive)	
Unintentional injury	1177 (71.6)
Road traffic accident	519 (31.6)
Interpersonal violence	187 (11.4)
Acute medical event (non-injury)	105 (6.4)
Country	
Australia	395 (24.0)
Switzerland	50 (3.0)
United Kingdom	124 (7.5)
United States	1076 (65.4)

Table 3

Prevalence of *DSM-5* acute stress disorder (ASD) symptoms and functional impairment in children in combined sample (overall n = 1645)

<u>ASD symptom</u>	<u>Prevalence of symptom: n (%)</u>	<u>n for analyses</u>	<u>Number of studies</u>
1. Intrusive distressing memories of event	666 (40.6)	1640	15
2. Recurrent distressing dreams	225 (13.7)	1586	15
3. Flashbacks/re-living	256 (15.6)	1553	15
4. Intense distress at reminders	522 (35.2)	1481	15
5. Numbing, detachment, reduced responsiveness	292 (23.5)	1241	12
6. Altered sense of reality	449 (42.5)	1056	10
7. Inability to remember important aspect(s) of event	351 (25.9)	1356	13
8. Avoidance of thoughts, conversations, feelings	845 (51.4)	1643	15
9. Avoidance of activities, places, physical reminders	541 (35.1)	1540	13
10. Sleep disturbance	455 (28.6)	1592	15
11. Hypervigilance	480 (36.3)	1323	14
12. Irritable or aggressive behavior	412 (26.0)	1585	15
13. Exaggerated startle response	393 (24.7)	1593	15
14. Agitation or restlessness	78 (20.5)	380	4
Impairment from ASD symptoms	485 (41.4)	1172	9

Table 4

Association of each *DSM-5* acute stress disorder (ASD) symptom with concurrent functional impairment (overall n = 1172)

<u>ASD symptom</u>	<u>Proportion with functional impairment</u>		<u>n for analysis</u>	<u>χ^2 (df=1)</u>
	<u>With Symptom (%)</u>	<u>Without symptom (%)</u>		
15. Intrusive distressing memories of event	58.3	31.6	1167	79.75 *
16. Recurrent distressing dreams	66.1	37.3	1169	49.91 *
17. Flashbacks/re-living	70.1	36.3	1162	69.59 *
18. Intense distress at reminders	57.7	33.0	1056	58.99 *
19. Numbing, detachment, reduced responsiveness	59.1	35.5	1051	44.09 *
20. Altered sense of reality	49.3	34.1	948	22.16 *
21. Inability to remember important aspect(s) of event	50.2	37.8	1146	14.31 *
22. Avoidance of thoughts, conversations, feelings	48.6	33.3	1172	28.38 *
23. Avoidance of activities, places, physical reminders	53.3	32.7	1120	45.19 *
24. Sleep disturbance	63.9	32.1	1168	100.67 *
25. Hypervigilance	63.8	39.5	900	46.74 *
26. Irritable or aggressive behavior	62.3	34.9	1161	64.46 *
27. Exaggerated startle response	59.3	36.6	1164	41.46 *
28. Agitation or restlessness	30.0	19.8	307	3.24

Note:

* p < .001

Table 5

Performance of different acute stress symptom requirements in predicting concurrent ratings of impairment (n = 1172).

Minimum number of acute stress symptoms required	Sensitivity	Specificity	PPV	NPV	% correctly classified
13 symptoms	.01	1.00	1.00	.59	58.9
12 symptoms	.04	1.00	.95	.60	60.0
11 symptoms	.07	1.00	.92	.60	61.3
10 symptoms	.13	.99	.90	.62	63.5
9 symptoms	.21	.97	.81	.63	65.2
8 symptoms	.25	.94	.75	.64	65.5
7 symptoms	.31	.89	.67	.65	65.0
6 symptoms	.40	.85	.66	.67	66.6
5 symptoms	.52	.76	.60	.69	65.7
4 symptoms	.61	.65	.55	.70	63.5
3 symptoms	.73	.57	.54	.75	63.6
2 symptoms	.84	.43	.51	.80	60.2
1 symptom	.92	.22	.45	.79	50.8

Note: The workgroup developing proposed *DSM-5* criteria for acute stress disorder (ASD) has suggested 8 symptoms as a diagnostic criterion (in bold). NPV = Negative predictive value; PPV = Positive predictive value.