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## Group Sex Events and HIV/STI Risk in an Urban Network

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### Abstract

**Objectives**—To describe: a. the prevalence and individual and network characteristics of group sex events (GSE) and GSE attendees; and b. HIV/STI discordance among respondents who said they went to a GSE together.

**Methods and Design**—In a sociometric network study of risk partners (defined as sexual partners, persons with whom respondents attended a GSE, or drug-injection partners) in Brooklyn, NY, we recruited a high-risk sample of 465 adults. Respondents reported on GSE attendance, the characteristics of GSEs, and their own and others' behaviors at GSEs. Sera and urines were collected and STI prevalence was assayed.

**Results**—Of the 465 participants, 36% had attended a GSE in the last year, 26% had sex during the most recent of these GSEs, and 13% had unprotected sex there. Certain subgroups (hard drug users, men who have sex with men, women who have sex with women, and sex workers) were more likely to attend and more likely to engage in risk behaviors at these events. Among 90 GSE dyads in which at least one partner named the other as someone with whom they attended a GSE in the previous three months, STI/HIV discordance was common (HSV-2: 45% of dyads, HIV: 12% of dyads, Chlamydia: 21% of dyads). Many GSEs had 10 or more participants, and multiple partnerships at GSEs were common. High attendance rates at GSEs among members of large networks may increase community vulnerability to STI/HIV, particularly since network data show that almost all members of a large sociometric risk network either had sex with a GSE attendee or had sex with someone who had sex with a GSE attendee.

**Conclusions**—Self-reported GSE attendance and participation was common among this high-risk sample. STI/HIV discordance among GSE attendees was high, highlighting the potential transmission risk associated with GSEs. Research on sexual behaviors should incorporate measures of GSE behaviors as standard research protocol. Interventions should be developed to reduce transmission at GSEs.

## Keywords

group sex; HIV; sexually transmitted infections; discordant couples; sexual networks; social networks

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## INTRODUCTION

Although group sex events (GSE) among men who have sex with men (MSM) in gay sex venues have been a public health concern since the early 1980s,<sup>[1–6]</sup> much less attention has been paid to GSE among other populations. Most public health research on group sex activity among non-MSM is targeted at early or middle adolescents<sup>[7–10]</sup>, limited to asking one or two questions about group sex participation among sexually transmitted infection (STI) and family planning clinic patients<sup>[11; 12]</sup> or involves ethnographic information from relatively small samples.<sup>[10; 13]</sup>

GSE range from large, events at semi-publicly advertised locations to spontaneous events among small groups of friends or acquaintances. They potentially carry great epidemiologic significance for the community's STI/HIV infection rate and the epidemic levels reached. GSEs where high rates of sexual partnership exchange occur may catalyze STI/HIV transmission. In particular, introduction of primary (acute) HIV infection into the sexual partnership pool at a GSE may result in efficient transmission to multiple individuals within a short period of time, given the heightened transmission probability at this stage of HIV infection.<sup>[14–16]</sup> GSEs also may amplify population-level STI/HIV transmission rates if GSE participants have short sexual/injection network paths to large numbers of other people. Co-infection with other STI pathogens<sup>[19–23]</sup> and high-risk sexual partnership patterns—including concurrent partnerships or rapid partner change<sup>[24–30]</sup>—may further increase HIV transmission within sexual networks of GSE attendees.<sup>[16]</sup>

We used data collected during an HIV risk network study in an impoverished neighborhood in Brooklyn, NY affected by high levels of STI/HIV to describe the prevalence and characteristics of GSE and to assess potential for STI/HIV transmission risk at GSE.<sup>[31]</sup> We thus describe the prevalence of and respondent factors associated with group sex event (GSE) attendance and participation; GSE-level characteristics; sexually transmitted infection (STI) and HIV discordance among GSE attendees; and the graphical distribution GSE attendees within their sexual and drug use networks.

## METHODS

### Sample

During a sociometric study of risk network patterns of young adults, injection drug users (IDUs) and other populations in Bushwick, 465 respondents 18 years of age or older were recruited, between 2002 and 2004. Bushwick is a primarily-Latino section of Brooklyn, NY. Since overall study aims included interest in sexual linkage distances between young adults and IDUs in the community, index cases (“seeds”) were recruited in one of several ways: 66 from a population-representative sample of 18 to 30 year old Bushwick youth recruited door-to-door within randomly-selected face blocks; a convenience sample of 38 IDU seeds who had injected drugs within the prior 3 months and either had visible track marks and/or provided other evidence, during detailed verbal questioning, of having injected during the prior 3 months; and 8 seeds who were recruited as participants in a gay sex party subculture. All seeds resided in Bushwick. We also recruited 353 respondents who were risk partners of one or more of the 112 seeds or were risk partners of such partners or of their partners. Risk partners were defined as sexual partners, persons with whom respondents attended a GSE—

but did not necessarily have sex, or persons with whom they injected drugs (but did not necessarily share syringes/equipment) in the last three months. Each index respondent was asked to name and, later in the interview, to provide locator information for up to 10 people with whom they had had sex in the last 3 months; up to 2 with whom they had attended a group sex event during the same time period; and, if the index respondent injected drugs, up to five people with whom they had injected drugs in the last 3 months. (When we started recruiting attendees at gay group sex parties and their networks late in the project, the maximum number of group sex nominees was increased to 8). Network sampling consisted of recruiting named partners. These partners were interviewed as well, and we attempted to interview their partners and their partners' partners; thus, three "generations" of contacts were recruited. Minor adjustments to these rules are described elsewhere.<sup>[31]</sup>

This sample is thus not a probability sample. It shares one characteristic with respondent-driven samples and with most other community risk network samples—people with more partners are more likely to be selected. Since recruitment chains were short, and the 35 IDU seeds were not a probability sample, it was not possible to adjust the data statistically for this bias.

Ethical approval for all procedures was obtained by the Institutional Review Board of the National Development and Research Institutes, Inc.

## Measures

Face-to-face structured interviews were conducted in confidential settings after obtaining informed consent. The interview contained sections on sociodemographics, sexual and drug behaviors, and whom respondents had had sex with, attended a GSE with, or injected drug with in the last three months. In addition, respondents reported whether they had attended a GSE in the past 12 months. Those who had attended a GSE were asked a limited number of questions about their sexual partnerships and condom use during sex at the last GSE they attended. Unprotected sexual activity at GSEs was defined as reporting any sex without a condom at the last GSE attended.

Characteristics of GSEs were also obtained. Based on results from preliminary fieldwork, we asked about three types of GSEs: a party with a back room, where some party attendees may go to have sex with one or more persons; a threesome, foursome, or larger gathering in which participants get together for the express purpose of having sex; and a party with a professional sex worker, where one or more people are paid to have sex with the guests. At each GSE type, some or all attendees engaged in sexual activity. The three GSE types were not mutually exclusive, thus attendees may have attended more than one type of event in the last year. During analysis, respondents were categorized into three mutually exclusive groups based on which of these three types of GSE they had most *recently* attended. In this analysis, "other GSE" was defined as parties with professional sex workers or parties where multiple events occurred (e.g., parties with both a back room and a professional sex worker).

Respondents were asked to describe how many people were present at the last GSE they attended as well as the apparent racial/ethnic and gender distributions of these attendees. They were also asked about how many attendees used alcohol and drugs at this event, about sexual partnerships among other attendees, and about condom availability and use at the event.

## Assays

After obtaining separate informed consent, 10 ml of blood and 10 ml of urine were collected. Blood was tested at Bio- Reference Laboratories using standard methods (Elmwood Park, NJ) for HIV (EIA/WB) and anti-HSV-2 (type specific FOCUS EIA). Urine

was tested for Chlamydia (BDProbeTec Amplified DNA assay). See Friedman, et al<sup>[31]</sup> for details.

## Data Analysis

We used SAS to perform statistical analyses (SAS Institute, Version 9.1.3, Cary, NC). We calculated frequencies of respondent demographic, behavioural, and STI indicators. In bivariable analyses, we examined respondent characteristics by GSE variables including attendance, sexual activity, and unsafe sexual activity at GSEs; respondent sexual behaviour at the event by GSE type; and GSE characteristics by GSE type and sex/gender. As mentioned above, statistical adjustment for sampling procedures was not feasible.

Ninety dyads were identified in which both respondents were interviewed and in which at least one respondent named the other as someone with whom they attended a group sex event in the previous three months (though they may not have had sex with each other at this event or, indeed, ever). A dyad was defined as being discordant for a given STI (HIV, HSV-2 or chlamydia) if one and only one member of the dyad tested positive.

We used UCINET (Analytic Technologies, Version V for Windows, Natick, MA) to construct diagrams of the sexual and drug use risk interaction among study respondents, and used these to describe the distribution of GSE attendees within the network structure and the implications of this for community vulnerability.

## RESULTS

### Sample Characteristics

Greater than half the sample was male (57%) (Table 1). Specifically, the sample was composed of men who have ever had sex with men (MSM) (15%), other men (43%), women who have ever had sex with women (WSW) (18%) and other women (25%). The mean age was 31 years. A majority of the 465 participants was Latino (71%), 20% were black, and 10% were of other race/ethnicity.

Using a “drug hardness scale” previously described<sup>[32]</sup>, the hardest drug usages reported were IDU (43%), non-injected heroine/cocaine (18%) and crack (15%) (Table 1). Over one-quarter of the sample had traded sex for drugs/money in the last year (including 60% of WSW and 59% of MSM). The prevalence of HIV, HSV-2, Chlamydia and any one of the above three infections was 10%, 49%, 7%, and 58%, respectively. The 10% HIV prevalence reflects the high proportions of IDU and MSM in the sample.

### Prevalence of GSE Attendance and Participation

Overall, 36% of the sample attended at least one GSE in the 12 months prior to their interview. Among all participants, substantial minorities had attended a GSE in the last year and participated in sexual partnership (26%) and unsafe sexual partnership (13%) during the most recent GSE attended. Percentages of GSE attendance and sexual activity and unsafe sex during the last GSE were only slightly lower (33%, 22%, and 11%, respectively) among respondents for whom the seed responsible for their being recruited was part of the population-representative youth sample or an IDU, and did not differ by which of these samples the seed was from.

### Associations between Individual-level Factors and GSE Attendance and Participation

GSE behaviors were similar across age groups, race/ethnicity, and across serostatus on HIV and HSV-2. Attendance, sex, and unsafe sex at GSEs, however, were significantly higher among hard drug users (including IDUs), MSM, WSW, respondents who had traded sex for

money or drugs in the last 3 months, gay GSE subculture recruits, and respondents testing positive for Chlamydia.

Few women other than WSW reported that they had sex at GSE events.

Unsafe sex at a GSE was high among IDUs (82%) and other hard drug users (61%).

Respondent risk behaviors differed by GSE type, with unsafe sex most likely among respondents who last attended a threesome, foursome or larger sex gathering and least likely among respondents who last attended a party with a back room (Table 2).

### Characteristics of GSE

GSE characteristics differed by GSE type (see Table 3). The mean number of attendees was greater at parties with a back room (34 persons) and other GSEs (25) than at threesomes, foursomes or larger sex gatherings (10) ( $p < 0.001$ ); the respective median values were 30, 3, and 20. Threesomes, foursomes or larger sex gatherings were relatively intimate groups where most participants engaged in sex; respondents who attended such a GSE reported lower percentages of people they did not know at the event and higher percentages of attendees who engaged in sex, compared with respondents who attended other GSE types. Regardless of GSE type, respondents reported that the majority of attendees at GSEs were high on drugs/alcohol, a minority injected drugs, and the majority engaged in sexual activity: The mean number of sex partners that participants had at the last GSE they attended was 1.5 at parties with a back room, 2.2 at threesomes, foursomes or larger gatherings, and 2.3 at other GSE events. Condoms were available for use at approximately 70% of GSEs.

The characteristics of GSEs attended by men and by women were similar with one exception: compared to women, men attended events where a higher proportion of men had sex with men.

The events attended by participants who had ever injected drugs were similar to those attended by never injectors, with two exceptions (data not presented in tables). First, a greater proportion (26%) of attendees at the events attended by ever-injectors injected drugs there than at events attended by never-injectors (2%;  $p < .0001$ ). In addition, a greater proportion (29%) of women attendees at the events attended by ever-injectors had sex with other women there than at events attended by never-injectors (17%;  $p = .0114$ ).

Twenty-four respondents who attended GSE were either recruited as attendees at gay group sex parties or were recruited by chain-link from them to their partners and beyond. We compared the characteristics of group sex events these 24 participants attended with those attended by the 143 other respondents who attended GSEs (data not presented in tables). They were similar on most variables. However, a greater mean percentage of attendees (88%) had sex at the GSE attended by these 24 respondents than at those attended by the others (76%;  $p = .0075$ ); and a higher percentage of the men at these events engaged in sex with men (48%) than at the events attended by the other 143 (7%;  $p < .0001$ ).

### STIs among GSE Attendees

Sixty-one percent of attendees for whom we have STI data tested positive on at least one of three infections; 11% tested positive for HIV, 51% HSV-2, and 10% Chlamydia (data not shown). Thirty-seven percent of attendees who tested positive on at least one of these three infections and 34% who tested negative on all three infections had unsafe sex at the last event.

## STI/HIV Discordance

Among respondents with valid STI results, 12% of 90 dyads were HIV-discordant; 45% HSV-2-discordant, and 21% Chlamydia-discordant). Too few dyads reported having sex with each other at a given GSE to confidently calculate discordancy among sex partners at a GSE.

## Attendance and unsafe sex at group sex events in the sociometric risk network

Figure 1 graphically displays the locations of respondents who attended GSEs in the sociometric risk network. Participants who engaged in unsafe sex at their last GSE event are circled. The large connected component in the center of the figure contains a large number of people who attended such events. Many of the component members who did not attend a GSE reported having had sex with someone who did have sex at such an event, and almost all members of this large component are within a network distance (geodesic distance) of two of someone who attended. By way of contrast, many of the smaller components have few or no members who attended a group sex event. The clear exceptions are the components in the upper left of Figure 1, which consist of respondents recruited for their linkages with the gay sex party scene. Unsafe sex at a GSE is reported relatively rarely, although it is reported by a majority of these same upper-left components and also by a cluster of similarly-recruited members who appear towards the left side of the large component.

## DISCUSSION

Over one-third of respondents in this high-risk sample had attended a group sex event in the past 12 months; even among those who were not recruited as part of the gay group sex subculture sample, 33% had attended a GSE in the last year.

GSEs are high-risk environments. There is widespread use of drugs and alcohol at these events, and both sex and unprotected sex are common. Although GSEs vary widely in their number of attendees, many involve ten or more people having sex at the event. Since respondents averaged more than one sex partner at the last event they attended, this suggests that STI transmission to multiple partners at once is possible. Since many respondents reported they did not know many attendees at the GSE they last attended, this suggests the possibility that GSEs may lead to transmission across the boundaries of friendship networks. Thus, GSEs may play an important role in STI/HIV transmission among this high-risk community. These findings point to a need for further research on GSEs among other populations and in population-representative samples. Zule et al similarly found that 46% of 41 participants in his ethnographic study of drug users, MSM, and others “knowledgeable about drug use and/or male-to-male sexual activity” in a rural North Carolina county had engaged in group sex.<sup>[13]</sup>

As was the case in research on gay sex venues, risky sexual practices differed by GSE type<sup>[4–6]</sup>. Threesomes, foursomes or larger sex gatherings are reported to have the fewest attendees and unknown others and to have the highest percent of attendees reporting condom use— which may give the appearance that this type of gathering is relatively safe. However, this safety is limited: the mean proportion of attendees at these relatively small GSEs who actually have sex is very high (94%), and, within each risk group, participants who attend this kind of event are thus most likely to have unprotected sex despite using condoms for a higher proportion of sex acts if they have sex (data not shown).

The data demonstrate STI-discordancy among GSE attendees. Substantial percentages of both positive and negative attendees engage in sex and in unprotected sex. As such, there is a serious risk of HIV and other STI transmission at these events.

The potential risk of GSE-induced transmission of HIV or other STIs is not limited to gay men. Diverse groups, including MSM, WSW, other men, a limited number of other women, drug users and non-drug users, attend GSE, sometimes the same event, and engage in unprotected sex at these events.

As shown in Figure 1, sociometric sexual networks afford considerable opportunity for onward transmission of infections acquired at GSEs. The high proportion of GSE attendees in the large connected component suggests considerable vulnerability to epidemic outbreaks within such networks.

A number of limitations should be noted. First, this sample is a high-risk sample, hence we were unable to measure the prevalence and frequency of GSEs or describe characteristics of GSE attendees among the general population, preventing an assessment of the population-level importance of GSEs to STI/HIV-transmission. As is usual in network studies of this type, only a minority of named contacts were reached. In addition, behavioral data are based on respondent recall, not observation, and thus group sex and other behaviors may have been under-reported.

As discussed before, GSE are risk situations that bring together heightened levels of behavioral and biomedical HIV risk. At these events, concurrency maximizes behavioral risk, with a possibility that recently-acquired HIV infection together with infection by other STIs will amplify biomedical risk. Although population prevalence of GSE is still unknown, the high potential risk and frequency of GSE events in this sample in both non-MSM and MSM participants are worrisome. Researchers should incorporate questions about group sex attendance and sexual behaviors into general sexual behavior surveys and, more generally, in epidemiologic and prevention research. Participants in existing interventions should have the risks of group sex events pointed out to them, and should be counseled both in terms of avoiding attendance, safety if they should attend, and protecting partners. Interventions should be developed to reduce STI and HIV among attendees at GSEs. Given the lack of experience and research on such interventions, particularly in non-MSM populations, this may require substantial social research.

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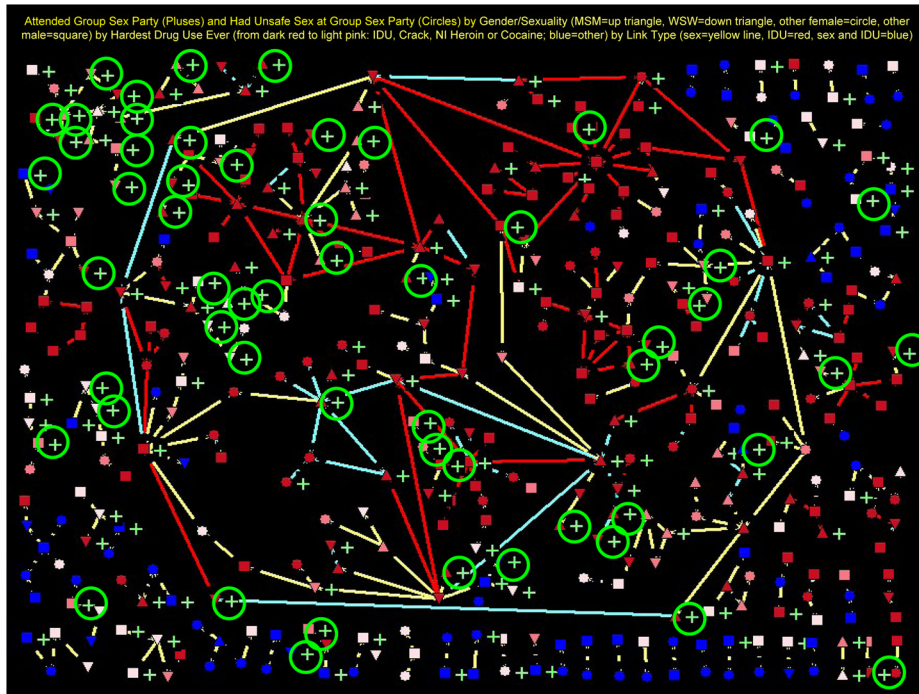


Figure 1.

**Table 1**  
Sample Characteristics and Group Sex Activities by Select Participant Characteristics

	%s in columns III and IV are %s of the total sample							
	I. Total		II. Attended		III. Had Sex		IV. Had Unsafe Sex	
	N	%	%	p-value	%	p-value	%	p-value
Total	465	100	36%	of 465	26%	of 465	13%	of 465
Age								
18-24	156	34	38	.2115	24	.5437	11	.4134
25-30	100	22	39		25		10	
31-40	115	25	37		31		16	
41 or older	94	20	27		26		16	
Race/Ethnicity								
Latina/o	328	71	34	.2184	24	.0324	11	.0128
Black	92	20	43		37		22	
Other	45	10	31		22		7	
Hardest drug ever used								
None/Marijuana	114	25	25	.0032	12	.0004	4	.0025
Non-injected heroin/cocaine	82	18	48		28		12	
Crack	69	15	45		39		23	
IDU	200	43	35		29		15	
Sex								
Women	199	43	28	0.003	21	0.030	11	0.3040
Men	266	57	42		30		14	
Gender/Sexuality								
WSW**	82	18	51	<.0001	45	<.0001	26	<.0001
Other Female	117	25	12		4		1	
MSM**	68	15	71		63		31	
Other Male	198	43	32		19		9	
Traded Sex for Money Last 12 Months								
No	345	74	26	<.0001	14	<.0001	8	<.0001
Yes	120	26	66		60		28	

	%s in columns III and IV are %s of the total sample							
	I. Total		II. Attended		III. Had Sex		IV. Had Unsafe Sex	
	N	%	N	%	N	%	N	%
Gay Group Sex Subculture Sample								
No	436	94	33	<.0001	22	<.0001	11	<.0001
Yes	29	6	83		83		48	
HIV								
Positive	44	10	39	.6505	36	.0973	12	.4752
Negative	395	90	35		25		16	
HSV-2								
Positive	221	49	37	.5678	29	.2245	14	.4240
Negative	226	51	35		24		12	
Chlamydia								
Positive	30	7	57	.0190	43	.0336	27	.0433*
Negative	411	93	35		26		12	
Tested positive on at least one of the above 3 infections								
Yes	253	58	38	.3430	30	.1450	14	.4370
No	180	42	34		23		12	

Note: p-values reported from chi-square tests of independence unless otherwise noted.

• Fisher's Exact Test

• \*\* Same sex partnership history used in the analysis was based on behavior, not self-reported sexual orientation. Hence, WSW are women who reported ever having sex with a woman. MSM are men who reported ever having sex with a man. The vast majority of WSW and a large majority of MSMs also had partners of the opposite sex. Among WSW, only 8 (9.9%) reported no male sexual partners in the past 3 months, and only 1 had NEVER had sex with a man in her life). Among MSM, 36% reported NO female sex partners in the past three months and only 1 had never had sex with a woman. Women who have sex with women and perhaps with men.

**Table 2**

Sexual Activity among Participants at the last GSE they attended, by the type of GSE they last attended

	N	% of N who had sex <sup>a</sup>	p-value	N	% of those who had sex who had unsafe sex <sup>b</sup>	p-value
Total	167	73		122	49	
Type Last GSE						
• Party with a back room	76	58	<.0001	44	34	.0133
• Threesome, foursome or larger gathering where some or all participants have sex	65	94		61	62	
• Other	26	65		17	41	

Note: p-values reported from chi-square tests of independence.

<sup>a</sup> Among the 167 who attended a GSE in the past year.

<sup>b</sup> Among the 122 who reported sexual activity at a GSE in the past year.

**Table 3**

Characteristics of Last GSE Attended by GSE Type and by Sex

	GSE Type				Sex		
	Party with a back room	Threesome, foursome or larger sex gathering	Other	p-value	Male	Female	p-value
Total N	76	65	26		111	56	
Mean (median) number of sex partners at last GSE	1.47 (1.00)	2.18 (2.00)	2.27 (1.00)	0.060	1.71 (2.00)	2.20 (2.00)	0.140
# other people at last GSE							
mean (sd)	34 (25)	10 (17)	25 (25)	<.0001	24 (24)	19 (25)	.3038
median (range)	30 (4-100)	3 (2-90)	20 (4-100)		15 (2-100)	8 (2-100)	
% attendees you did not know							
mean (sd)	49 (35)	32 (38)	52 (35)	.0125	41 (36)	46 (39)	.4555
median (range)	50 (0-100)	15 (0-100)	50 (0-100)		33 (0-100)	50 (0-100)	
% other attendees high on drugs/alcohol							
mean (sd)	93 (18)	88 (29)	88 (24)	.4014	92 (21)	88 (28)	.2974
median (range)	100 (0-100)	100 (0-100)	100 (15-100)		100 (0-100)	100 (0-100)	
% other attendees injecting drugs							
mean (sd)	13 (26)	14 (38)	6 (13)	.4542	12 (25)	12 (27)	.9863
median (range)	0 (0-100)	0 (0-100)	0 (0-55)		0 (0-100)	0 (0-100)	
% other attendees engaged in sex <sup>1</sup>							
mean (sd)	68 (32)	90 (20)	73 (28)	<.0001	75 (30)	83 (26)	.1018
median (range)	82 (8-100)	100 (10-100)	82 (7-100)		90 (7-100)	100 (10-100)	
% men engaged in sex with men							
mean (sd)	9 (20)	15 (32)	17 (35)	.2748	17 (32)	5 (15)	.0040
median (range)	0 (0-100)	0 (0-100)	0 (0-100)		0 (0-100)	0 (0-100)	
% women engaged in sex with women							
mean (sd)	16 (21)	32 (35)	10 (15)	.0002	21 (30)	23 (23)	.6427
median (range)	5 (0-88)	28 (0-100)	3 (0-57)		4 (0-100)	25 (0-75)	
Condoms available if anyone wanted them	67	78	63	.2112	69	75	.3867

Note: p-values reported from F-test of mean difference using SAS GLM procedure unless otherwise noted.

\* Chi-square test of independence

$\chi^2$  Lower bound computed using whichever is highest, percent others engaged in heterosexual sex or in homosexual sex.