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Pod1/Tcf21 is regulated by retinoic acid signaling and inhibits differentiation of epicardium-derived cells into smooth muscle in the developing heart

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Abstract

Epicardium-derived cells (EPDCs) invade the myocardium and differentiate into fibroblasts and vascular smooth muscle (SM) cells, which support the coronary vessels. The transcription factor Pod1 (Tcf21) is expressed in subpopulations of the epicardium and EPDCs in chicken and mouse embryonic hearts, and the transcription factors WT1, NFATC1, and Tbx18 are expressed in overlapping and distinct subsets of Pod1-expressing cells. Expression of Pod1 and WT1, but not Tbx18 or NFATC1, is activated with all-trans-retinoic acid (RA) treatment of isolated chick EPDCs in culture. In intact chicken hearts, RA inhibition leads to decreased Pod1 expression while RA treatment inhibits SM differentiation. The requirements for Pod1 in differentiation of EPDCs in the developing heart were examined in mice lacking Pod1. Loss of Pod1 in mice leads to epicardial blistering, increased SM differentiation on the surface of the heart, and a paucity of interstitial fibroblasts, with neonatal lethality. Epicardial epithelial-to-mesenchymal transition (EMT) and endothelial differentiation of coronary vessels are relatively unaffected. On the surface of the myocardium, expression of multiple SM markers is increased in Pod1-deficient EPDCs, demonstrating premature SM differentiation. Increased SM differentiation also is observed in Pod1-deficient lung mesenchyme. Together, these data demonstrate a critical role for Pod1 in controlling mesenchymal progenitor cell differentiation into SM and fibroblast lineages during cardiac development.

Keywords

Heart development; EPDC; Pod1; Tcf21; Chicken; Mouse

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Competing interests statement

The authors declare no competing financial interests.

Introduction

During vertebrate embryonic development, epithelial cells from the proepicardium (PE), located at the venous pole of the primitive looped heart, migrate to the surface of the myocardium and form the epicardium (Gittenberger-de Groot et al., 2010). The mechanisms of epicardial formation and derivation of the coronary vasculature are conserved in vertebrates, including chicken and mouse embryos (Reese et al., 2002). A subset of epicardial cells undergoes EMT and invades the subepicardial space, thereby becoming EPDCs (Wessels and Perez-Pomares, 2004). Subepicardial EPDCs proliferate, invade the myocardium, and contribute to the fibrous matrix and coronary vasculature of the mature heart (Gittenberger-de Groot et al., 2010; Mikawa and Gourdie, 1996). EPDCs represent a multipotent progenitor population with the potential to differentiate into fibroblast and SM cell lineages, and also contribute to coronary endothelial cells and possibly cardiac myocytes at lower frequencies (Cai et al., 2008; Dettman et al., 1998; Gittenberger-de Groot et al., 1998; Katz et al., 2012; Smart et al., 2011; Smart et al., 2009; Zhou et al., 2008). Multiple transcription factors (TFs), including Pod1 (Tcf21/Capsulin/Epicardin), Wilms' Tumor 1 (WT1), NFATC1, and Tbx18, as well as signaling molecules, such as Retinoic Acid (RA), have been implicated in EPDC lineage development (Gittenberger-de Groot et al., 2010). The molecular interactions among specific signaling pathways and TFs in regulation of EPDC differentiation into particular cell lineages, including SM, are not well characterized.

Pod1 is a bHLH transcription factor expressed in the PE, epicardium, and EPDCs of embryonic chick and mouse hearts (Armstrong et al., 1993; Combs et al., 2011; Kraus et al., 2001; Quaggin et al., 1998; von Scheven et al., 2006). Loss of Pod1 leads to neonatal lethality with lung, kidney, and spleen defects, and mesenchymal Pod1 expression regulates lung and kidney epithelial morphogenesis (Lu et al., 2000; Quaggin et al., 1999). In kidney mesenchymal progenitors, Pod1 promotes myofibroblast differentiation (Plotkin and Mudunuri, 2008). However, the role of Pod1 in the heart has not been investigated in detail. In addition to Pod1, WT1, NFATC1, and Tbx18 also are expressed in the PE, epicardium, and EPDCs in chick and mouse embryos, and are required during heart morphogenesis (Armstrong et al., 1993; Combs et al., 2011; Kraus et al., 2001). WT1 regulates epicardial EMT, while epicardial NFATC1 promotes EPDC invasion of the myocardium (Combs et al., 2011; Kirschner et al., 2006; Moore et al., 1999; von Gise et al., 2011). Tbx18 contributes to formation of the sinus horn myocardium from pericardial mesenchyme (Bussen et al., 2004; Christoffels et al., 2006). However, the specific cellular functions and upstream regulatory mechanisms of these TFs, in particular Pod1, during EPDC development are relatively unknown.

Diverse signaling pathways regulate PE and EPDC development (Merki et al., 2005; Morabito et al., 2001; Schlueter et al., 2006; Zamora et al., 2007). In the epicardium and subepicardial EPDCs, Retinaldehyde Dehydrogenase-2 (RALDH2) is broadly expressed (Moss et al., 1998; Perez-Pomares et al., 2002). Upon invasion of the myocardium, EPDC expression of RALDH2 is downregulated, concurrent with EPDC differentiation into fibroblasts and SM cells. RA signaling in EPDCs is required to promote myocardial proliferation and to control coronary vasculogenesis, as determined by analysis of Retinoid X Receptor- α (RXR α) and RALDH2 null mouse models (Jenkins et al., 2005; Lin et al., 2010; Merki et al., 2005; Sucov et al., 1990). RA function in EPDCs, however, remains poorly understood.

In this study, we examine Pod1 expression relative to the expression patterns of other TFs in epicardium and EPDCs, as well as differential upstream regulation of Pod1 and other EPDC TFs. Pod1 function in EPDC differentiation in vivo also was examined in mice. Studies in chicken primary cell cultures and isolated hearts demonstrate that RA promotes *Pod1* and

WT1 expression, while also inhibiting SM differentiation, in EPDCs. Loss of Pod1 in mice leads to increased EPDC differentiation into SM and also in reduced numbers of interstitial fibroblasts in the developing heart.

Materials & Methods

Chick and mouse embryo collection

Fertilized white leghorn chicken eggs (Charles River Laboratories) were incubated at 38°C under high humidity, and embryos were sacrificed at E4 and E7. Pod1 heterozygous ($Pod1^{+/-}$) mice, harboring one Pod1/LacZ knock-in allele, were obtained (Quaggin et al., 1999). The Pod1/LacZ loss-of-function allele contains a LacZ expression cassette in lieu of the Pod1 transcription initiation codon and basic helix-loop-helix (bHLH) domain; thus β -Galactosidase (β Gal) is expressed instead of Pod1 from this locus (Quaggin et al., 1999). $Pod1^{-/-}$ mouse embryos were produced by timed mating of $Pod1^{+/-}$ animals with the presence of a copulation plug defined as embryonic day 0.5 (E0.5). Mouse embryos were collected from E11.5–E18.5. Wild type and $Pod1^{+/-}$ littermate embryos also were analyzed. Genotyping for the Pod1/LacZ allele was performed as previously described (Quaggin et al., 1999). All animal procedures were approved by the Cincinnati Children's Hospital Medical Center Institutional Animal Care and Use Committee and performed following institutional guidelines.

Immunolocalization

Chick and mouse embryos were collected, fixed, dehydrated, and paraffin-embedded as previously described (Lincoln et al., 2004). Antibody labeling for immunofluorescence (IF), immunocytochemistry (ICC), and immunohistochemistry (IHC) was performed as previously described with modifications (Combs and Yutzey, 2009). Antigen retrieval was performed in boiling Citric Acid Based Antigen Unmasking Solution (1:100, Vector Laboratories) for 3–7 minutes under pressure. The following primary antibodies were used: Pod1 (1:100, Santa Cruz Biotechnology), Tbx18 (1:250, Santa Cruz), NFATC1 (1:100, Santa Cruz), WT1 (1:50, MyBioSource.com), NFATC1 (1:100, BD Pharmingen), ALDH1A2 (RALDH2) (1:100, Sigma Aldrich), WT1 (1:100, EMD Bioscience), Smooth Muscle Myosin (Myh11) (1:300, Biomedical Technologies), Calponin (1:100, Abcam), a-Smooth Muscle Actin (aSMA) (1:100, Sigma), Endomucin (Emcn) (1:250, eBioscience), E-Cadherin (1:150, Santa Cruz), SM22a (Transgelin)(1:100, Abcam), ßGal (1:2000, Abcam), and Collagen Type I (Colla1) (1:100, Millipore). Corresponding Alexa-donkey antirabbit-488, Alexa-donkey anti-mouse-568, Alexa-donkey anti-mouse-488, Alexa-donkey anti-rabbit-568, Alexa-goat anti-rabbit-488, Alexa-goat anti-mouse-555, Alexa-goat antimouse-488 (Invitrogen), or donkey anti-chicken-FITC (Abcam) conjugated secondary antibodies were applied as previously described (Combs and Yutzey, 2009). Alternatively, Renaissance Tyramide Signal Amplification Plus Fluorescein and Tetramethylrhodamine kits (Perkin Elmer) were used as described previously (Combs et al., 2011). For double IF experiments using two rabbit primary antibodies, Zenon Rabbit IgG Labeling Kit (Invitrogen) was used per manufacturer's instructions. Nuclei were stained using 4', 6diamidino-2-phenylindole, dihydrochloride (DAPI) (1:10,000, Invitrogen).

For ICC, cultured EPDCs were fixed in 4% paraformaldehyde or cold 100% methanol (MeOH) for 1 hour at 4°C. Cells were washed in PBS and treated with 0.3% hydrogen peroxide for 30 minutes. ICC and IHC were performed using ImmunoPure ABC Ultra-Sensitive Peroxidase IgG Staining Kits (Fisher) or ImmunoCruz LSAB Staining Systems (Santa Cruz) per manufacturers' instructions. After incubation, horseradish peroxidase detection with 3,3-Diaminobenzidine (DAB) Enhanced Metal Substrate Kit (Fisher) was

IF was detected using a Zeiss LSM 510 confocal microscope, and images were captured with Zeiss LSM version 3.2 SP2 software in parallel using identical confocal laser settings with constant PMT filters and integration levels. Alternatively, IF was detected using a Nikon A1-R LSM confocal microscope, and images were captured with NIS-Elements D 3.2 software in parallel using identical confocal laser settings, with constant PMT filters and integration levels.

Pictomicrographs of ICC and IHC tissue were obtained using either an Olympus BX51 microscope using NIS-Elements D 3.2 software, or using a Nikon SMZ1500 microscope, DXM1200F digital camera, and ACT-1 2.70 software.

Quantification of protein expression and colocalization

Images obtained by IF were used to quantify TF expression and colocalization in chick and mouse heart sections. The number of cells expressing each TF was quantified using Image J64 software. Single-channel images were converted to binary, a specific threshold value was set, and expression above this threshold value was used to quantify the number of cells expressing each TF, including Pod1, WT1, NFATC1, and Tbx18. Positive nuclei were counted in the epicardium and EPDCs. A Pod1 index was calculated by dividing the number of TF-positive (TF⁺) Pod1⁺ cells by the total number of Pod1⁺ cells, multiplied by 100%. Data were collected from three independent embryos (n=3) for each antibody combination, and approximately 730 cells were counted from 4–6 sections per embryo. Three independent experiments were performed in biological duplicate (n=3).

Quantification of the number of SM22 a^+ cells in the subepicardium and shallow myocardium, detected by IHC, per heart section was performed on E17.5 *Pod1*^{+/-} and *Pod1*^{-/-} tissue. SM22a expression was analyzed using pictomicrographs obtained at 600× magnification in comparable heart sections for each genotype. The number of SM22aexpressing cells was quantified in the ventricular subepicardium and shallow myocardium of the right and left free wall myocardium extending from the atrioventricular canal (AVC) to apex, exclusive of the interventricular septum. Three nonserial sections separated by at least 40 µm were quantified per embryo, and three embryos were analyzed per genotype (*n*=3). Comparable long-axis sections of *Pod1*^{-/-} and *Pod1*^{+/-} hearts were selected for analysis using the heart valves and septal structures as landmarks.

RNA probe generation and in situ hybridization

The chicken *RALDH2 (Aldh1a2)* sequence (835 bp) was amplified from E2.5 chick heart cDNA using forward 5'-GCT CGC CTT GCT TTT TCT CTG-3' and reverse 5'-GTG GCC CTT GTT CTG TAG TTG G-3' primers. The chicken *Pod1* sequence (416 bp) was amplified from chick E3 PE cDNA using forward 5'-TTT GGC ATC TTC CAG ACC AT-3' and reverse 5'-TTC AGG TCA CTC TCG GGT TT-3' primers. The chicken *Tbx18* sequence (1195 bp) was amplified from chick E6 limb cDNA using forward 5'-ACC AAG GCG GGC AGG CGC ATG TT-3' and reverse 5'-TCG GCG AGG ACC CCA AGA AAC T-3' primers. Sequences were amplified by polymerase chain reaction (PCR) and sub-cloned into pGEM-T vector (Promega). Identities were verified by sequencing. Antisense RNA probes were generated as described previously with modifications (Ehrman and Yutzey, 1999). The chicken *RALDH2* digoxigenin-labeled riboprobe was synthesized using T3 polymerase from a plasmid linearized with XhoI. The chicken *Tbx18*

probe was synthesized with T7 polymerase from a plasmid linearized with NotI. Generation of the mouse *Col1a1* riboprobe was described previously (Chakraborty et al., 2008).

In situ hybridization (ISH) was performed as previously described (Shelton and Yutzey, 2007) with the exception that 14 µm sections were treated with 20 µg/ml Proteinase K (Invitrogen) in PBS at 37°C for 6–18 minutes, depending on specimen's age and species. Color reactions using 4-Nitro blue tetrazolium chloride/5-Bromo-4-chloro-3-indolyl-phosphate solution (Roche Applied Science) were developed for 30–60 minutes. Images obtained by ISH were used to quantify the number of *Col1a1*-expressing interstitial cells within the ventricular myocardium of mouse embryos. *Col1a1*⁺ positive cells were counted in the right and left ventricular free wall myocardium of multiple comparable sections of *Pod1*^{+/-} and *Pod1*^{-/-} mouse E18.5 hearts as described above. Data were collected from three comparable sections each of three embryos (*n*=3) per genotype.

Chick PE and EPDC cultures

Aggregated PE tissue was dissected from chick E4 atrioventricular (AV) groove using tungsten needles (Ted Pella) as previously described (Combs et al., 2011). Six PE aggregates per culture were placed in 0.01% collagen-coated chamber slides (Fisher Scientific) containing PE culture media [M199 media (Cellgro Mediatech) with 10% Fetal Bovine Serum (FBS) (Fisher), 1% chick embryo extract (Sera Labs International), and 1% penicillin/streptomycin (Pen/Strep) (Invitrogen).]

Explants containing epicardium and EPDCs were dissected from the outer AVC regions of chick E7 hearts using tungsten needles. For each culture, twelve AVC explants from six hearts were minced into small pieces in complete culture media [M199 containing 10% FBS and 1% Pen/Strep] and cultured for two days, at which point the majority of beating myocardial clumps was removed using 10 µl Precision Barrier pipette tips (Denville Scientific).

PE and EPDC cultures were treated with all-*trans*-RA (RA) (1×10^{-6} M; Sigma) or MeOH as vehicle control (0.1%); diethylaminobenzaldehyde (DEAB), an aldehyde dehydrogenase inhibitor (1 μ M; Sigma) or dimethyl sulfoxide (DMSO) as vehicle control (0.01%, Sigma); recombinant human BMP-2 (200 ng/ml; R&D Systems), recombinant mouse Noggin/Fc chimera (200 ng/ml; R&D Systems), recombinant mouse Wnt3a (150 ng/ml; R&D Systems), Wnt antagonist sFRP3 (150 ng/ml; R&D Systems), or bovine serum albumin (BSA) as vehicle control (1.5-2 µg/ml; Sigma), in complete culture media. Explanted cells were cultured for four days and then treated for four days, with media replenishment every two days, for a total of eight days. For examination of FGF signaling through the MAPK/ ERK pathway, EPDC culture media was replaced after four days with EGM-2MV Microvascular Endothelial Cell Growth Medium-2 (Cambrex) with all SingleQuot additives, except hFGF-B, and incubated for one day, followed by treatment with bovine FGF basic (FGF2) (200 ng/ml; R&D Systems), Mitogen-Activated Protein Kinase Kinase (MEK) inhibitor U0126 (10 µM; Promega), or BSA+DMSO as vehicle controls, for four days, with replenishment of media after two days, for a total of nine days prior to RNA isolation. All culture experiments were performed at least three times in biological duplicate.

RNA isolation and real-time quantitative RT-PCR

Total RNA was isolated from chick PE and EPDC cultures as described previously (Combs and Yutzey, 2009). cDNA was generated from 500 ng total RNA from each culture using SuperScript II (Invitrogen) per manufacturer's instructions. 1 μ l cDNA in Power SybrGreen Master Mix (Applied Biosystems) was used for real-time quantitative reverse transcriptase PCR (qPCR) analysis (MJ Research, Opticon 2) of gene expression using the following

primers: *Pod1* 5'-GGG TCC TTA GCA AAG CCT TC-3' and 5'-TTT GCC GGC TAC CAT AAA AG-3'; *WT1* 5'-TCT AGG GGA CCA GCA GTA CTC-3' and 5'-GAT GGG ACA GCT TGA AGT ATC G-3'; and *Tbx18* 5'-GCT TTG GTG GAG TCT TAC GC-3' and 5'-TGT TGC GAC TGA GAT GGA AG-3'. *Pod1*, *WT1*, and *Tbx18* PCR products were confirmed by sequencing. Primers and reaction conditions for *NFATC1*, *Myh11*, *SM22*α, *GAPDH*, β -*actin*, and *RALDH2* were described previously (Combs and Yutzey, 2009; Landerholm et al., 1999; Lincoln et al., 2006b; Zheng et al., 2009). Samples were analyzed in triplicate and gene expression levels were determined as previously described (Lincoln et al., 2006a). The standard curve for each primer set was generated with a five-step 1:10 dilution series of chick E7 heart cDNA. All expression values were normalized to corresponding *GAPDH* expression levels, and consistent *GAPDH* expression was confirmed by normalization to α-*actin*. For each experiment, samples were collected in biological duplicates run in triplicate, and data were collected from at least three independent experiments for each condition (*n*=3–6).

Total RNA was collected from mouse E18.5 lungs using 800 µl Trizol reagent, and cDNA was generated from 1.2 µg RNA using SuperScript II. qPCR was performed using the Taqman gene expression assay (Applied Biosystems) for mouse *Myh11* (Assay ID: Mm00443013_m1) on the StepOnePlus Real-Time PCR System (Applied Biosystems). Samples were analyzed in triplicate and gene expression values were calculated per manufacturer's instructions based on the threshold cycle calibrated to a standard curve generated for each assay using a five-step 1:10 dilution series of wild type mouse E18.5 lung cDNA. Gene expression levels were normalized to corresponding β 2-microglobulin (B2M) expression (Mm00437762_m1). Data were collected from individual *Pod1*^{-/-} embryos and *Pod1*^{+/-} littermates (*n*=4 per group).

Chick whole heart cultures and quantification of Pod1 and SM22α IF

Isolated E7 chick whole hearts were labeled with 25 µM carboxyfluorescein diacetate succinimidyl ester (CFSE, Invitrogen) as described previously (Combs et al., 2011). Labeled hearts were cultured for 20 hours in complete culture media in 0.01% BSA-coated chamber slides and treated with MeOH+DMSO, RA, DEAB, or RA+DEAB as described above. Each treatment was performed in biological triplicate, and data were collected from three independent experiments for each treatment group (n=3). Hearts were fixed, processed, and sectioned (5 μ m) as described above, with the exception that tissue and sections were cleared with d-Limonene (Hemo-De, Fisher). Pod1 and SM22a IF and quantification were performed as described above. Comparable long-axis sections were selected for quantification based on the position and morphology of AV valves, and pictomicrographs were obtained extending from the AVC to base of the left and right ventricular free walls. The number of Pod1⁺ EPDCs was quantified per microscopic field, and the average number of Pod1⁺ cells per field was calculated for each treatment group. SM22a expression was quantified similarly. Invasion of labeled EPDCs was quantified as described previously (Combs et al., 2011). The distance migrated by each cell from the epicardium into the subepicardium was quantified using ImageJ64 software, and the number of CFSE+ EPDCs in the subepicardium per microscopic field was determined. The average distance traveled by labeled EPDCs per microscopic field was calculated, as was the average number of invading EPDCs. Three independent experiments were performed in biological duplicate (*n*=6) for each condition.

β-Galactosidase Staining

E14.5 and E17.5 embryos were dissected, and hearts were stained, fixed, and paraffinembedded as described previously (Lincoln et al., 2004; Sanes et al., 1986). $6 \mu m$ sections were cleared with xylene and mounted in Cytoseal (Fisher).

Statistical analysis

Statistical significance was determined by Student's *t*-test with *P*•0.01 or *P*•0.05 as indicated. Data are reported as mean with standard error of the mean (s.e.m.).

Results

Epicardial cells and EPDCs demonstrate heterogeneity in TF expression

The bHLH TF Pod1 is expressed in the PE, epicardium, and EPDCs, but previous studies did not report if its expression is uniform or heterogeneous in these tissues (Cai et al., 2008; Combs et al., 2011; Ishii et al., 2007). Therefore, Pod1 expression in EPDCs in chick E7 and comparable mouse E14.5 heart sections was visualized in individual cells by IF with confocal laser scanning microscopy. In avian embryos, Pod1 is expressed in approximately 50% of EPDCs while WT1, NFATC1, and Tbx18 are expressed in comparable EPDC subpopulations (<50% of cells) (Fig. S1). Pod1 expression was defined further in terms of WT1, NFATC1, and Tbx18 co-expression in individual cells of the epicardium and EPDCs of chicken and mouse embryos (Fig. 1). Pod1 colocalization with WT1, NFATC1, or Tbx18 was visualized in individual cells by double IF with confocal laser scanning microscopy on chick E7 and mouse E14.5 heart sections. Corresponding representation of individual fluorescent channels is shown in Fig. S2. A Pod1 expression index was calculated for each TF by dividing the number of TF⁺ Pod1⁺ EPDCs by the total number of Pod1⁺ EPDCs, multiplied by 100%. Tbx18 is expressed in approximately 50% of Pod1⁺ EPDCs in chick and mouse embryos (Fig. 1A,D,G,H). NFATC1 is colocalized with Pod1 in a smaller fraction of EPDCs in chick and mouse (Fig. 1B,E,G,H), whereas WT1 is colocalized with Pod1 in approximately 50% of EPDCs in chick and 70% of epicardial cells in mouse (Fig. 1C,F,G,H). Together these data indicate that Pod1 is expressed in a subset of epicardial cells and EPDCs and that Pod1 is coexpressed with WT1, NFATC1, and Tbx18 in distinct and overlapping subpopulations of both mouse and chicken embryos.

RA signaling promotes Pod1 and WT1 expression in EPDCs

RA signaling is required for epicardial and EPDC development in the mouse embryo, as demonstrated by *RXR*a and *RALDH2* gene ablation models (Jenkins et al., 2005; Lin et al., 2010). Expression of *RALDH2* and *Pod1* mRNA was examined in the chick E7 heart. *RALDH2* is robustly expressed in chick E7 epicardium and EPDCs, as is *Pod1* (Fig. 2A,B). In contrast, *RALDH2* expression is downregulated, while *Pod1* expression persists, in the myocardial interstitium that contains EPDCs (Fig. 2A). To determine if RALDH2 is expressed in Pod1⁺ EPDCs, RALDH2 and Pod1 co-expression was evaluated by double IF and confocal analysis. Pod1 and RALDH2 are co-expressed in a subset of EPDCs (inset, Fig. 2C) with approximately 80% of Pod1-expressing cells co-expressing RALDH2 (data not shown). Expression of RALDH2 is an indicator of RA biosynthesis and signaling (Rhinn and Dolle, 2012). Thus RA signaling is active in the majority of subepicardial EPDCs that express Pod1.

The upstream regulation of TF expression in EPDCs was examined using an EPDC primary culture system. Cells were isolated from chick E7 epicardial AVC explants (boxed region in Fig. S3A) because this region is EPDC-rich, as indicated by the robust expression of *Pod1* and *Tbx18* (Figs. 2B, S3A). To verify that the isolated cells are EPDCs, TF expression was analyzed by ICC. Isolated cells express nuclear Pod1, Tbx18, and WT1 (Fig. S3B–D), which recapitulates TF expression seen in vivo (Fig. 1). Quantification of TF expression demonstrates that Pod1, Tbx18, and WT1 are individually expressed in 60–70% of isolated EPDCs, which is comparable to EPDCs in vivo (Figs. 1, S1). Together, these data indicate that isolated AVC cells express TFs characteristic of EPDCs.

To determine if RA signaling differentially affects TF expression in EPDCs, EPDCs isolated from chick E7 AVC explants were grown in complete culture media for 4 days, followed by 4 days of treatment with RA, DEAB, and/or MeOH+DMSO as vehicle controls. Addition of RA to culture media results in 12.3-fold elevation in Pod1 mRNA expression, compared to MeOH+DMSO control, as detected by qPCR (Fig. 3A). RA also increases WT1 expression by 4.8-fold over control. RA treatment does not affect NFATC1 or Tbx18 expression in cultured EPDCs, which indicates that RA signaling preferentially promotes Pod1 and WT1 expression, without affecting NFATC1 and Tbx18. Addition of the RALDH inhibitor DEAB to culture media does not result in a significant change in TF gene expression relative to vehicle control and does not prevent induction by RA. The lack of inhibition of TF gene expression with DEAB treatment is likely due to the extremely low levels of RALDH2 expression in cultured EPDCs (3% of the GAPDH level, in contrast to 111% of the GAPDH level, in whole chick E7 hearts). Similar activation of Pod1 and WT1, but not NFATC1 and Tbx18, expression was observed in earlier PE cell aggregates isolated at E4 and treated with RA or RA+DEAB (Fig. 3B). Together these results indicate that RA specifically promotes Pod1 and WT1 expression, but not NFATC1 and Tbx18 expression, in isolated PE cells and EPDCs.

The ability of BMP, FGF, or canonical Wnt signaling pathways to regulate TF expression in EPDCs also was examined (Fig. S4). EPDCs were isolated and cultured for 4 days as described above and treated for 4 days with BMP2 and/or Noggin (BMP inhibitor), FGF2 and/or U0126 (MEK inhibitor), Wnt3A and/or sFRP3 (soluble Wnt antagonist), or vehicle controls. Interestingly, FGF2 treatment specifically increases *Pod1* expression in isolated EPDCs, and this effect is abrogated by the addition of the MEK inhibitor U0126 (Fig. S4B). However, manipulation of BMP or Wnt signaling pathways does not affect *Pod1* or *WT1* expression in EPDCs in vitro (Fig. S4A,C). The lack of response to BMP or Wnt treatments illustrates the specificity of *Pod1* activation by RA and FGF2 in isolated EPDCs. Together these data show that FGF2, in addition to RA, promotes induction of *Pod1* expression in cultured EPDCs.

RA promotes Pod1, while inhibiting SM22a expression, in cultured chick hearts

The effect of RA signaling on Pod1 expression was further examined in cultured whole chick hearts. Intact chick hearts were isolated at E7 and cultured in the presence of RA, DEAB, RA+DEAB, or MeOH+DMSO vehicle controls for 20 hours. Anti-Pod1 IF was visualized on sections of cultured hearts (Fig. 4), and the number of Pod1⁺ cells in the subepicardium per microscopic field was quantified (arrowheads, Fig. 4A–D,I). While RA treatment of chick hearts does not significantly affect the number of Pod1⁺ cells per field, compared to control hearts (Fig. 4A,B,I), addition of DEAB to culture media significantly decreases the number of Pod1⁺ cells per field, and this effect is abrogated by the addition of exogenous RA (Fig. 4C,D,I). Similar reduced Pod1 expression by RA signaling inhibition was observed upon quantification of anti-Pod1 by colorimetric IHC (black arrowheads, Fig. S5C,M). Thus RA signaling is necessary for full Pod1 expression in the chick subepicardium in vivo.

The effects of RA inhibition of EPDC differentiation into SM were examined in chick E7 whole heart cultures. Hearts were treated with RA, DEAB, RA+DEAB, or MeOH+DMSO, as described above. To determine if manipulation of RA signaling affects SM differentiation in whole hearts, anti-SM22a IF analysis was performed on cultured heart sections, and the number of SM22a⁺ cells in the subepicardium was quantified per microscopic field. RA treatment leads to significantly fewer SM22a⁺ cells per microscopic field (Fig. 4E,F,J). Therefore, RA signaling inhibits SM differentiation in EPDCs in chick hearts. DEAB treatment does not affect SM22a⁺ cell number, but addition of RA in the presence of DEAB inhibits SM differentiation (Fig. 4G,H,J). Similarly, DEAB treatment leads to increased

Calponin expression, providing further evidence that RA signaling inhibits SM differentiation in the context of the whole heart (Fig. S5E–H,N). In contrast, RA signaling status does not affect EPDC migration into the subepicardium in whole heart cultures, as determined by quantification of CFSE-labeled EPDC subepicardial cell numbers or distance migrated in RA or DEAB-treated hearts (Fig. S6A–F). Together these results demonstrate that RA promotes Pod1 expression and inhibits SM differentiation, without affecting migration, in EPDCs.

Pod1/LacZ is expressed in mouse epicardium and EPDCs, and Pod1 is required during epicardial development in vivo

The studies in avian embryo cultures demonstrate that RA promotes Pod1 expression while inhibiting SM differentiation (Figs. 3, 4, S5). While previous studies have reported RA inhibition of SM differentiation (Azambuja et al., 2010), the role of Pod1 in regulating SM differentiation has not been previously reported. Therefore, Pod1 function in EPDCs in vivo was examined in mice lacking Pod1. To investigate Pod1 function in EPDCs in vivo, *Pod1^{-/-}* mouse embryos were evaluated for defects in the epicardium or EPDCs. *Pod1^{-/-}* mice are viable until birth, but a cardiac phenotype has not been described in depth for animals lacking Pod1 (Hidai et al., 1998; Lu et al., 2000; Quaggin et al., 1999). Since the Pod1 null allele contains a LacZknock-in cassette (Quaggin et al., 1999), histological sections were examined by X-Gal staining to visualize β Gal⁺ cells in the developing heart. At E14.5, $Pod1^{+/-}$ and $Pod1^{-/-}$ mouse embryos express β Gal in the epicardium, subepicardial mesenchyme, and myocardial interstitial cells (arrowheads) (Fig. 5A',B'). At E17.5, βGal expression persists in the epicardium and within the myocardial interstitium of Pod1^{+/-} and Pod1^{-/-} hearts (Fig. 5C',D'). Thus, the Pod1/LacZ knock-in allele is expressed in epicardial progenitors and derivatives consistent with the observed expression of endogenous Pod1.

In $Pod1^{-/-}$ embryos, the surface epicardium exhibits abnormal morphology and cellularity. Epicardial blistering is apparent at E14.5 and E17.5 (asterisks) (Fig. 5B',D') in regions where the epicardium has detached from the surface of the heart. In addition, hemopericardium, indicative of vascular rupture, is frequently observed upon harvest of $Pod1^{-/-}$ embryos, as previously described (Quaggin et al., 1999). The presence of an intact epithelial epicardium is evident by continuous E-Cadherin expression in the epicardium at E14.5 in $Pod1^{-/-}$ embryos, similar to $Pod1^{+/-}$ control (Fig. S7) (Batlle et al., 2000; Cano et al., 2000; Mahtab et al., 2008). In addition, epicardial EMT is apparent in β Gal⁺ EPDCs observed in the space between the intact E-Cadherin⁺ epicardium and myocardium in the $Pod1^{-/-}$ embryos (arrow) (Fig. S7B'). To determine if coronary vessel endothelial cells are affected by loss of Pod1, IHC was performed using anti-Emcn antibody. At E18.5, Emcn expression is similar in $Pod1^{+/-}$ and $Pod1^{-/-}$ hearts, in which capillaries and coronary veins (arrows), but not arteries (arrowheads), contain Emcn⁺ endothelial cells (Fig. S8). Thus initial formation of the epicardium, EMT, and coronary endothelial differentiation all occur in the absence of Pod1. Epicardial maturation, however, is abnormal in $Pod1^{-/-}$ embryos.

EPDC differentiation into fibroblasts was examined in $Pod1^{+/-}$ and $Pod1^{-/-}$ mouse embryos (Fig. 6). In order to determine if loss of Pod1 affects fibroblast lineage differentiation, expression of the fibroblast marker *Col1a1* was evaluated by RNA ISH of E18.5 mouse heart sections, and the total number of *Col1a1*-expressing interstitial cells in the ventricular myocardium was quantified (Fig. 6E). *Col1a1* is expressed in the epicardium of both $Pod1^{-/-}$ and $Pod1^{+/-}$ mouse hearts at E18.5 (arrows) (Fig. 6A'-B"). However, within the myocardium, the total number of *Col1a1*⁺ cells is decreased significantly in the $Pod1^{-/-}$ hearts, compared to heterozygous controls (arrowheads) (Fig. 6A'-B",E). In $Pod1^{+/-}$ hearts, LacZ expression is maintained in differentiated fibroblasts as indicated by colocalized Col1a1 expression (Fig. 6C, inset). In $Pod1^{-/-}$ hearts, Pod1-deficient cells are present in the

myocardial interstitium, as indicated by β gal expression (arrowheads). However they fail to activate Col1a1 expression (Fig. 6D, inset), indicating that Pod1 is necessary for fibroblast differentiation after EPDC migration into the myocardial interstitium. Together, these data indicate that Pod1 is required for *Col1a1*⁺ expression and fibroblast differentiation within the embryonic myocardium.

Loss of Pod1 leads to increased and premature SM expression in the heart

Differentiation of EPDC-derived SM in the myocardial interstitium is characterized by downregulation of *RALDH2* and Pod1 (Fig. 2), consistent with a mechanism whereby these factors repress SM differentiation until EPDCs reach their final position surrounding the coronary vessels (Guadix et al., 2011; Perez-Pomares et al., 2002). To determine the effects of Pod1 deficiency on the timing and localization of SM differentiation, SM protein expression was analyzed by anti-SM22a IHC and IF in Pod1^{+/-} and Pod1^{-/-} embryonic hearts. At E14.5, little SM differentiation, as indicated by SM22a expression, is apparent in Pod1^{+/-} embryos (Fig. 7A). In contrast, SM22a is robustly expressed in EPDCs on the heart surface, as well as in interstitial cells of the shallow myocardium, in $Pod1^{-/-}$ embryonic hearts (inset, Fig. 7B). At E17.5, intense SM22a expression is detected in the epicardium and in dispersed cells in the shallow myocardial interstitium of $Pod1^{-/-}$ embryos (inset, Fig. 7D), in contrast to localization of differentiated SM surrounding large coronary vessels in the $Pod1^{+/-}$ littermates (Fig. 7C). Quantification of these results demonstrates a 4.2-fold increase in the number of SM22a⁺ EPDCs and a 2.7-fold increase in the number of SM22 a^+ cells within the shallow myocardium of *Pod1*^{-/-} heart sections at E17.5, compared to heterozygous controls (Fig. 7G). The total number of SM22a⁺ cells also is increased at E14.5 and E18.5 in *Pod1^{-/-}* hearts, relative to controls (Fig. 7A,B; data not shown). Similarly, subepicardial activation of SM markers a SMA and Calponin also is increased in Pod1^{-/-} embryos at E17.5 (Fig. S9). Likewise, whole mount IHC for SM22a demonstrates pervasive superficial SM22 α expression over the surface of the heart in *Pod1*^{-/-} hearts at E17.5, compared to the Pod1^{+/-} control (Fig. S10). Thus, loss of Pod1 results in increased and aberrant EPDC differentiation into SM at the surface of the heart.

The ability of Pod1-deficient EPDCs to differentiate into SM prior to deep myocardial invasion was assessed by colocalization of βGal, indicative of Pod1 locus expression, and SM22a in Pod1^{+/-} and Pod1^{-/-} E17.5 heart sections. In Pod1^{+/-} embryos, SM22a is rarely expressed in Pod1⁺ surface EPDCs (arrow Fig. 7E inset). After EPDC migration into the ventricular interstitium, Pod1 is downregulated and SM22a is activated in SM cells surrounding coronary vessels (asterisk, Fig. 7E). Thus β Gal is expressed in surface EPDCs that do not express SM22a but is not expressed in SM22a⁺ SM cells within the myocardium. In contrast, in the *Pod1*^{-/-} heart, Pod1-deficient, β Gal⁺ cells robustly coexpress SM22a in the subepicardium (arrowheads, Fig. 7F inset). This result is consistent with premature differentiation of Pod1-deficient EPDCs into SM on the heart surface prior to invasion. However, differentiated SM22a⁺ SM is present in the coronary arteries within the myocardium of both *Pod1*^{-/-} mice and *Pod1*^{+/-} littermates at E17.5 (Fig. 7C,D), suggesting that Pod1 is not required for SM differentiation after myocardial invasion. Together, these data support a mechanism whereby Pod1 suppresses differentiation of subepicardial and intramyocardial SM progenitor cells when they are present at or near the surface of the heart.

Loss of Pod1 results in increased SM expression in the lungs

Pod1 is expressed in embryonic lung mesenchyme, and $Pod1^{-/-}$ mice die soon after birth with severe lung hypoplasia (Fernandes et al., 2004; Quaggin et al., 1999). To determine if loss of Pod1 affects differentiation of lung mesenchyme, expression of the SM markers Myh11 and SM22 α was investigated by IHC in $Pod1^{+/-}$ and $Pod1^{-/-}$ lungs at E18.5. In

 $Pod1^{+/-}$ embryos expression of Myh11 and SM22a is predominant in differentiated SM of the large airways and arteries (Fig. 8A,C). In contrast, Myh11 and SM22a are widely expressed throughout the lung mesenchyme proximal to the airway epithelium in $Pod1^{-/-}$ littermates (Fig. 8B,D). In addition, Myh11 mRNA expression is increased in E18.5 $Pod1^{-/-}$ lungs relative to $Pod1^{+/-}$ littermates, as determined by qPCR (Fig. 8E). Thus loss of Pod1 leads to aberrant and pervasive SM differentiation in lung mesenchyme, consistent with increased SM differentiation in EPDCs in $Pod1^{-/-}$ hearts. Together these data provide evidence for a similar mechanism of Pod1 inhibition of mesenchymal cell differentiation into SM in embryonic heart and lungs.

Discussion

Here we demonstrate that Pod1-expressing epicardial cells and EPDCs differentially express WT1, NFATC1, and Tbx18 in overlapping and distinct subpopulations in chick and mouse embryos. RA differentially regulates epicardial TF gene expression by promoting *Pod1* and *WT1*, but not *NFATC1* or *Tbx18*, in PE cells and EPDCs. In addition, RA inhibits EPDC differentiation into SM in whole heart cultures. Loss of Pod1 in mice in vivo results in reduced presence of cardiac interstitial fibroblasts as well as aberrant increased SM differentiation in EPDCs and in lung mesenchyme of mouse embryos. These data support a model of regulation of EPDC differentiation (Fig. 9) in which RA signaling, evident in RALDH2 expression, induces Pod1 to inhibit SM differentiation in subepicardial EPDCs. After invading the heart, Pod1 expression is downregulated in the coronary vasculature consistent with an inhibitory role in SM differentiation, while Pod1 expression persists and is required for differentiation of interstitial fibroblasts.

Analysis of TF diversity indicates that Pod1⁺ epicardial cells and EPDC populations differentially express the TFs WT1, NFATC1, and Tbx18, implicated in epicardial cell lineage development. Pod1 is expressed in a subpopulation of EPDCs that can be further divided based on WT1, NFATC1, and Tbx18 expression in both chick E7 and mouse E14.5 hearts. Similar EPDC subpopulations are observed in both chicken and mouse embryonic hearts, supporting conservation of mechanisms regulating epicardial lineage development among vertebrate species (Reese et al., 2002). However, it is unclear if these Pod1expressing subpopulations represent distinct EPDC progenitor lineages. The alterations in SM and fibroblasts, but not endothelial cells, with loss of Pod1 suggest that Pod1⁺ EPDCs are progenitors of those lineages. Additional evidence for an early separation of endothelial versus fibroblast/SM lineages in the PE and epicardium of chick and mouse embryos is that Scleraxis-lineage positive cells, including endothelial cells, are distinct from WT1/Tbx18lineage positive cells in epicardial derivatives (Katz et al., 2012). It is unknown, however, if heterogeneity in Pod1, WT1, and Tbx18 expression represents diversified EPDC progenitors of coronary SM and fibroblast lineages. Alternatively, TF expression may oscillate, and a 'negative' cell may reactivate TF expression later during development. Further studies are necessary to define the molecular hierarchies and cell lineage relationships of EPDC progenitors and their subpopulations in the developing heart.

RA selectively activates *WT1* and *Pod1* expression and inhibits SM differentiation in isolated chick PE cells and EPDCs. RA activation of *WT1* may be a direct mechanism, similar to that observed in zebrafish, in which RA directly activates *WT1* gene expression via a Retinoic Acid Response Element (RARE) in the *wt1a* promoter (Bollig et al., 2009). However, conserved RARE sequences were not identified in mouse and chicken *Pod1* proximal genomic sequences, as determined by rVISTA analysis (data not shown), suggesting that this regulatory interaction is indirect or may require more distal sequences. RA signaling in the epicardium is required to control coronary vascular morphogenesis (Dyson et al., 1995; Jenkins et al., 2005; Merki et al., 2005). *RXRa*^{-/-} mouse embryos have

a detached epicardium similar to that of $Pod1^{-/-}$ embryos (Jenkins et al., 2005), further supporting a mechanism by which RA induces Pod1 and maintains the undifferentiated epicardium. Additionally, RA inhibits SM differentiation in quail PE (Azambuja et al., 2010), which supports the mechanism presented here whereby RA signaling restricts EPDC differentiation into SM.

Here we demonstrate that Pod1 regulates the timing and localization of EPDC differentiation into SM and fibroblasts. These data are consistent with fate mapping analysis of the Pod1/Tcf21Cre lineage, which demonstrates that Pod1/Tcf21Cre⁺ derivatives contribute to coronary vascular SM and fibroblasts of the adult mouse heart (Acharya et al., 2011). The presence of Pod1-deficient cells in the interstitial myocardium suggests that loss of Pod1 does not prevent EPDC migration. However, fibroblast differentiation is severely reduced demonstrating that Pod1 is required for differentiation of this lineage in the myocardial interstitium. Strikingly, SM differentiation occurs prematurely and preferentially at the surface of the heart. Additional pathways implicated in SM differentiation include Notch, Transforming Growth Factor-B (TGFB), and Platelet-Derived Growth Factor (PDGF) signaling pathways. Epicardial Notch signaling is required for SM differentiation (del Monte et al., 2011; Grieskamp et al., 2011), and TGF β signaling promotes epicardial EMT and differentiation into SM (Austin et al., 2008; Compton et al., 2006). Likewise PDGF signaling through PDGFRa and PDGFRB is required to direct EPDC differentiation into fibroblasts and SM cells, respectively (Mellgren et al., 2008; Smith et al., 2011). Together, these studies provide evidence that multiple signaling pathways, including RA activation of Pod1, contribute to EPDC lineage development and differentiation. However, little is known of the regulatory hierarchies of these pathways and specific downstream TF interactions.

Data presented here indicate that expression of multiple SM markers including SM22a, aSMA, and Calponin is increased in EPDCs and lung mesenchyme in the absence of Pod1. *Myh11* expression is also increased in the E18.5 *Pod1*^{-/-} lung mesenchyme and kidney (data not shown). Pod1 is a class II bHLH TF that negatively regulates gene expression by acting as a transcriptional repressor (Barnes and Firulli, 2009; Funato et al., 2003; Miyagishi et al., 2000a; Miyagishi et al., 2000b). In a multipotent mesenchymal cell line derived from adult mouse kidney, Pod1 binds to E-box DNA consensus sequences (CANNTG) within the SM22a and Calponin promoters, and overexpression of Pod1 inhibits SM22a and Calponin protein expression (Plotkin and Mudunuri, 2008). Together these data support a direct regulatory mechanism for Pod1 inhibition of SM differentiation in EPDC progenitor cells on the surface of the heart and in the myocardial interstitium prior to localization in the coronary vasculature. After migration into the myocardial interstitium, Pod1 expression is downregulated in a subset of EPDCs, and SM gene expression is induced in cells of the coronary vessels. A separate interstitial EPDC subpopulation maintains Pod1 expression and differentiates into fibroblasts, indicating that Pod1 likely has distinct regulatory functions in SM and fibroblast differentiation. Together these data provide evidence for Pod1 function in the regulation of the timing and localization of differentiation through direct repression of SM-specific gene expression in progenitor cell lineages in the developing heart and other organs.

Data presented here define a regulatory interaction between RA and Pod1 in the control of EPDC differentiation into SM. There is increasing evidence that developmental gene programs that control EPDC lineage specification and differentiation are reactivated with cardiac injury and repair (Smart et al., 2007; Zhou et al., 2011). In regenerating adult zebrafish hearts, EPDCs activate RALDH2 and Pod1/Tcf21 expression following ventricular resection (Kikuchi et al., 2011a; Kikuchi et al., 2011b; Lepilina et al., 2006). In adult mice, RALDH2 and WT1 are upregulated in EPDCs following myocardial infarction (Kikuchi et al., 2011b; Zhou et al., 2011). However, increased expression of Pod1 after

myocardial injury has not been reported. If the developmental role of Pod1 is recapitulated with cardiac injury, then Pod1⁺ cells may represent a progenitor population that could support coronary revascularization. With the increasing emphasis on EPDCs as a source of cells in cardiac repair, it is possible that the RA/Pod1 regulatory interaction could be exploited to promote development of the SM lineage and enhance revascularization after myocardial injury.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Highlights

- Pod1/Tcf21, WT1, NFATC1, and Tbx18 are expressed in subsets of EPDCs in the embryo.
- Retinoic acid selectively promotes *Pod1* and *WT1* expression in isolated chick EPDCs.
- Pod1 is required to promote EPDC differentiation into fibroblasts in mouse embryos. (85)
- *Pod1*^{-/-} EPDCs prematurely differentiate into smooth muscle on the heart surface.
- *Pod1*^{-/-} lung mesenchymal cells have increased smooth muscle gene expression.

Braitsch et al.





(A–F) Transcription factor (TF) expression in epicardium and EPDCs in chick E7 hearts (A–C) and mouse E14.5 hearts (D–F) was assessed by double immunofluorescence (IF) using the following antibodies: (A,D) anti-Pod1 (green) + anti-Tbx18 (red); (B,E) anti-Pod1 (red) + anti-NFATC1 (green); (C,F) anti-Pod1 (red) + anti-WT1 (green). Arrows and arrowheads indicate TF co-expression (yellow, insets) in epicardium and EPDCs, respectively. (G,H) TF heterogeneity was quantified by calculating a Pod1 index, which indicates the percentage of Pod1-positive (Pod1⁺) EPDCs that also express Tbx18, NFATC1, or WT1. The Pod1 index was calculated by dividing the number of TF⁺Pod1⁺ EPDCs by the total number of Pod1⁺

EPDCs, multiplied by 100%, per microscopic field. Error bars indicate standard error of the mean (s.e.m.). EPDC, epicardium-derived cell; Epi, epicardium; RV, right ventricle; LV, left ventricle; LA, left atrium; RA, right atrium.



Figure 2. RALDH2 and Pod1 expression overlap in chick E7 EPDCs

(A,B) As determined by RNA in situ hybridization (ISH), *RALDH2* and *Pod1* are robustly expressed in the chick E7 epicardium (arrows) and EPDCs (arrowheads). *RALDH2* is downregulated in the myocardial interstitium (asterisk, A). (C) Double IF using anti-Pod1 (green) and anti-RALDH2 (red) antibodies show RALDH2 and Pod1 protein co-expression (yellow) in chick E7 epicardium (arrow) and EPDCs (arrowheads, inset).



Figure 3. RA activates *Pod1* and *WT1*, but not *NFATC1* or *Tbx18*, gene expression in cultured chick proepicardial (PE) cells and EPDCs

(A,B) TF gene expression was assessed in isolated chick E7 EPDCs (A) and E4 PE cells (B) treated with MeOH+DMSO (Ctrl) as vehicle controls, RA, the RALDH inhibitor DEAB, or RA+DEAB. Fold change in TF gene expression was quantified by qPCR relative to the control set to 1.0. Statistical significance of observed differences relative to control was determined by Student's t-test (n=4–7). *P0.01, #P0.05.

Braitsch et al.



Figure 4. RA treatment increases Pod1 and decreases SM22a expression in intact chick E7 hearts

(A–H) Chick E7 whole hearts were treated with vehicle controls (Ctrl) MeOH+DMSO (A,E), RA (B,F), DEAB (C,G), or RA+DEAB (D,H) in vitro. Expression of Pod1 and SM22a was detected by IF using anti-Pod1 antibody or anti-SM22a antibody, respectively. (A–D) Pod1 (red) is expressed in epicardium (arrows) and in EPDCs (arrowheads). (E–H) Expression of the smooth muscle (SM) marker SM22a (red) is indicated in the epicardium (arrows) and EPDCs (arrowheads). Nuclei are labeled with DAPI (blue). Asterisks indicate Pod1 or SM22a-negative cells. (I,J) Quantification of the average number of Pod1⁺ EPDCs (I) or SM22a⁺ EPDCs (J) per microscopic field is shown. Note that panels (A–H) are cropped and magnified regions of the microscopic fields. (K) A negative (no primary) control section has little background labeling. Statistical significance of observed differences relative to control was determined by Student's t-test (n=6). *P0.01, #P0.05.



Figure 5. The epicardium detaches from the myocardium in $Pod1^{-/-}$ mice

X-Gal staining was performed on E14.5 and E17.5 mouse heart sections. (A–B') β Gal expression from the Pod1 locus is detected in the epicardium (arrows) and EPDCs (arrowheads) of E14.5 *Pod1^{+/-}* (A') and *Pod1^{-/-}* (B') mouse hearts. (C–D') β Gal expression persists in the epicardium (arrows) and intramyocardial EPDCs (arrowheads) of *Pod1^{+/-}* (C') and *Pod1^{-/-}* (D') hearts at E17.5. (B',D') Epicardial blistering (asterisks) occurs in *Pod1^{-/-}* hearts at E14.5 and E17.5.



Figure 6. Cardiac interstitial *Col1a1*⁺ cells are rare in *Pod1*^{-/-} mouse hearts

(A–B") RNA ISH was performed on E18.5 mouse heart sections using a *Col1a1* mRNA probe. *Col1a1* is expressed in the epicardium of $Pod1^{+/-}$ (A',A") and $Pod1^{-/-}$ (B',B") hearts (arrows). Interstitial *Col1a1*⁺ cells (arrowheads in A'–B") are scarce within $Pod1^{-/-}$ myocardium (B',B"). Normal *Col1a1* expression is observed in mitral valves (MV, arrowheads) of $Pod1^{+/-}$ (A) and $Pod1^{-/-}$ (B) hearts. (C,D) Differentiation of Pod1-deficient EPDCs into fibroblasts was analyzed by double IF using anti- β Gal (green) and anti-Col1a1 (red) antibodies. In E17.5 $Pod1^{+/-}$ mice, heterozygous for the Pod1/LacZ locus, β Gal⁺ interstitial cells coexpress Col1a1 (yellow, arrowheads and inset). (D) In E17.5 $Pod1^{-/-}$ hearts, Pod1-deficient β Gal⁺ interstitial cells (green) are negative for Col1a1 expression

(arrowheads, inset). (E) Total *Col1a1*-expressing cells within the myocardial interstitium of $Pod1^{+/-}$ and $Pod1^{-/-}$ hearts were quantified (as in A–B"). Statistical significance of observed differences between $Pod1^{+/-}$ controls and $Pod1^{-/-}$ was determined by Student's t-test (*n*=3). #*P*•0.05.



Figure 7. SM22a expression is increased in cells present in the subepicardium and shallow myocardium of $PodI^{-/-}$ mouse hearts

(A–D) Immunohistochemistry (IHC) was performed on E14.5 and E17.5 mouse heart sections using anti-SM22a antibody (brown). (A,C) SM22a is primarily expressed in coronary vascular SM (asterisks) of $Pod1^{+/-}$ controls at E14.5 (A) and E17.5 (C). SM22a is rarely expressed in the subepicardium (arrows, insets) of $Pod1^{+/-}$ hearts. (B,D) In $Pod1^{-/-}$ embryos, SM22a is expressed in EPDCs (arrows, insets) and in interstitial cells (arrowheads, insets) at E14.5 (B) and E17.5 (D). (E,F) Differentiation of Pod1-deficient EPDCs into SM was analyzed by double IF using anti- β Gal (green) and anti-SM22a (red) antibodies. (E) In E17.5 $Pod1^{+/-}$ mice, heterozygous for the Pod1/LacZ locus, β Gal⁺

subepicardial cells (green) are distinct from SM22 α^+ cells (red) in the subepicardium (arrow, inset) and in coronary vascular SM (asterisk). (F) In *Pod1^{-/-}* hearts, Pod1-deficient β Gal⁺ cells co-express SM22 α (yellow) in the subepicardium (arrowheads, inset). (G) Total SM22 α^+ subepicardial and shallow intramyocardial cells per section at E17.5, labeled by IHC as in C–D, were quantified. Statistical significance of differences between *Pod1^{+/-}* controls and *Pod1^{-/-}* was determined by Student's t-test (*n*=3). **P*0.01, #*P*0.05.

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Figure 8. $Pod1^{-/-}$ **embryos have increased smooth muscle in the lung at E18.5** IHC was performed on E18.5 mouse lung sections using anti-Myh11 (A,B) or anti-SM22a. (C,D) antibodies (brown). (A,C) Myh11⁺ (A) and SM22a⁺ (C) SM cells surrounding a larger airway (arrowheads) and blood vessel (arrows) are indicated in $Pod1^{+/-}$ control lung. (B,D) Myh11⁺ (B) and SM22a⁺ (D) SM cells (arrowheads) surround hypoplastic airways of $Pod1^{-/-}$ lungs. A blood vessel is indicated (arrow, D). (E) Fold change in *Myh11* mRNA expression in the lung was calculated by qPCR for four E18.5 $Pod1^{+/-}$ embryos and four E18.5 $Pod1^{-/-}$ embryos. Statistical significance was determined by Student's t-test (*n*=4). **P*0.01.



Figure 9. Model of RA regulation of Pod1 and EPDC differentiation into smooth muscle and fibroblast lineages

EPDCs (green cells) comprise a diverse group of cells with the potential to differentiate into epicardium-derived SM cells and fibroblasts (green cells) in the embryonic heart. In the epicardium (blue) and subepicardial mesenchyme (tan) overlying the ventricular myocardium (red), RA signaling, as indicated by RALDH2 expression, promotes Pod1 expression. In the subepicardial progenitor population, RA and Pod1 together inhibit cell differentiation into SM lineage, indicated by SM22α, Calponin, and αSMA expression. As EPDCs invade the myocardium, Pod1 expression is downregulated in some but not all EPDCs. Pod1 expression persists in cells that differentiate into fibroblasts, as indicated by Col1a1 expression. Thus downregulation of Pod1 allows EPDC differentiation into SM, while Pod1 is required for interstitial fibroblast differentiation.