

# **Single and Coexpression of CXCR4 and CXCR5 Identifies CD4 T Helper Cells in Distinct Lymph Node Niches during Influenza Virus Infection**

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**Influenza virus infection results in strong, mainly T-dependent, extrafollicular and germinal center B cell responses, which pro**vide lifelong humoral immunity against the homotypic virus strain. Follicular T helper cells (T<sub>FH</sub>) are key regulators of humoral immunity. Questions remain regarding the presence, identity, and function of T<sub>FH</sub> subsets regulating early extrafollicular and **later germinal center B cell responses. This study demonstrates that ICOS but not CXCR5 marks T cells with B helper activity** induced by influenza virus infection and identifies germinal center T cells (T<sub>GC</sub>) as lymph node-resident CD4<sup>+</sup> ICOS<sup>+</sup> CXCR4<sup>+</sup> **CXCR5 PSGL-1lo PD-1hi cells. The CXCR4 expression intensity further distinguished their germinal center light and dark zone locations. This population emerged strongly in regional lymph nodes and with kinetics similar to those of germinal center B cells** and were the only  $T_{FH}$  subsets missing in influenza virus-infected, germinal center-deficient SAP<sup>-/-</sup> mice, mice which were **shown previously to lack protective memory responses after a secondary influenza virus challenge, thus indicting the nonredundant functions of CXCR4- and CXCR5-coexpressing CD4 helper cells in antiviral B cell immunity. CXCR4-single-positive T cells, present in B cell-mediated autoimmunity and regarded as "extrafollicular" helper T cells, were rare throughout the response, despite prominent extrafollicular B cell responses, revealing fundamental differences in autoimmune- and infectioninduced T-dependent B cell responses. While all ICOS subsets induced similar antibody levels** *in vitro***, CXCR5-single-positive T cells were superior in inducing B cell proliferation. The regulation of T cell localization, marked by the single and coexpression** of CXCR4 and CXCR5, might be an important determinant of T<sub>FH</sub> function.

**T**cell-dependent B cell responses, hallmarks of adaptive immunity and protection from infections, such as infections with influenza virus, take place in distinct locations within secondary lymphoid tissues. Following activation, B cells move to medullary cords to establish extrafollicular foci or into B cell follicles to establish germinal centers (secondary follicles). Extrafollicular B cells quickly differentiate into antibody-secreting cells, a process that can involve T-dependent B cell activation but does not require continuous T cell help [\(28,](#page-11-0) [43\)](#page-11-1). Germinal center B cells, sources of high-affinity antibodies and humoral memory, require ongoing CD4 T cell help. Follicular dendritic cells (FDC) and T cells regulate the selection of high-affinity B cells and differentiation into long-lived plasma cells and memory cells [\(45\)](#page-11-2). Follicular T helper cells  $(T<sub>FH</sub>)$ , found throughout B cell follicles, are a major CD4 T cell subset regulating humoral immunity to model antigens [\(3,](#page-10-0) [6,](#page-10-1) [24,](#page-11-3) [41\)](#page-11-4) and influenza virus infection [\(22,](#page-11-5) [42\)](#page-11-6). Many questions remain regarding the role of helper T cell subsets in initiating, maintaining, and regulating extrafollicular and germinal center responses.

As recently highlighted [\(25\)](#page-11-7), current studies underscore the need for a more complete understanding of the role of  $T<sub>FH</sub>$  functions during influenza virus infection, because of their importance in shaping protective B cell responses during infection and vaccination. Moreover, T cells deficient in SLAM adaptor protein (SAP), a signaling molecule required for their ability to migrate into germinal centers, have been shown to be critical for the generation of a protective humoral memory response to influenza virus infection [\(21\)](#page-10-2). However, functional studies of  $T<sub>FH</sub>$  populations have been hampered by the lack of markers distinguishing T cells supporting different B cell fate decisions (reviewed in reference [49\)](#page-11-8).

The existence of CXCR4<sup>+</sup> CXCR5<sup>-</sup> helper T cells that support extrafollicular B cell responses in autoimmune-prone mice has been indicated [\(32\)](#page-11-9). This is consistent with previous studies demonstrating that CXCR4 directs the migration and retention of extrafollicular plasmablasts within medullary regions of lymph nodes [\(16\)](#page-10-3). Whether such cells are hallmarks of an aberrant autoimmune process or are part of the normal immune response following immunization or infection remains unclear. Interestingly, CXCR4 also regulates germinal center dark and light zone demarcation [\(1\)](#page-10-4).

The acquisition of CXCR5 and the loss of CCR7 direct the migration of primed CD4 T cells into B cell follicles, where they acquire effector functions needed to support germinal centers [\(18\)](#page-10-5). The precise T cell signals are not understood, but interleukin-21 (IL-21) secretion was recently found to be necessary for the optimal affinity maturation of B cells and sustained germinal center responses [\(7,](#page-10-6) [51\)](#page-11-10). The coexpression of CXCR5 and ICOS identifies  $T<sub>FH</sub>$ . Interestingly, the transcriptional repressor Bcl-6, shown previously to direct  $T<sub>FH</sub>$  development [\(20,](#page-10-7) [31,](#page-11-11) [48\)](#page-11-12), regulates the

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expression of CXCR5 and CXCR4 and thereby may regulate  $T<sub>FH</sub>$ migration [\(48\)](#page-11-12). Other receptors associated with  $T<sub>FH</sub>$  are PD-1 and SAP [\(9,](#page-10-8) [18,](#page-10-5) [30,](#page-11-13) [44\)](#page-11-14). Functionally, CXCR5 is required for homing to primary follicles; however, CXCR5 is neither required for CD4 T cell migration into germinal centers (secondary follicles) [\(18\)](#page-10-5) nor sufficient for CD4 T cells to support germinal centers [\(34\)](#page-11-15). Thus, although CXCR5 is a marker for T cells in the B cell follicle, it does not discriminate between locations in primary and secondary B cell follicles.

Germinal center  $T<sub>FH</sub>$  are currently identified as a fraction of CXCR5<sup>+</sup> T<sub>FH</sub> with the highest level of PD-1 expression [\(18\)](#page-10-5); however, the PD-1 expression level on  $T_{\rm FH}$  varies, and thus, a PD-1<sup>hi</sup> population is not clearly distinguished. SAP, an adaptor protein involved in cell-cell contacts, facilitates the migration of  $T<sub>FH</sub>$  into germinal centers [\(8,](#page-10-9) [34\)](#page-11-15). The lack of SAP expression by CD4 T cells, one underlying cause of human X-linked lymphoproliferative disease [\(10,](#page-10-10) [29,](#page-11-16) [40\)](#page-11-17), strongly diminishes germinal center sizes and numbers [\(12\)](#page-10-11). Mice lacking SAP also lack PD-1<sup>hi</sup> T<sub>FH</sub> [\(34\)](#page-11-15) yet still form  $\text{ICOS}^+$   $\text{C}\text{XCR5}^+$   $\text{CD4}^+$   $\text{T}_\text{FH}$  that home to B cell follicles but not to germinal centers [\(12,](#page-10-11) [34\)](#page-11-15), indicating that germinal center CD4 T cells (T<sub>GC</sub>) differ from other T<sub>FH</sub>. Recently, GL-7 expression was shown to mark  $T_{GC}$  [\(50\)](#page-11-18). However, in wild-type mice, both GL-7 and PD-1 are induced transiently during early T cell-B cell interactions in the interfollicular bridge zones [\(23\)](#page-11-19) and thus do not exclusively mark  $T_{GC}$ . In humans, but not in mice,  $\rm T_{GC}$  might express CD57 [\(24,](#page-11-3) [35\)](#page-11-20). Other markers described previously for  $T_{GC}$  such as B and T lymphocyte attenuator (BTLA), stain most  $CXCR5<sup>+</sup>$  cells and thus seem of limited use for differentiating  $T_{FH}$  [\(18,](#page-10-5) [30\)](#page-11-13). Markers to discriminate CD4 T cells located in germinal center light and dark zones are also missing [\(2\)](#page-10-12). Consequently, little is known about any functional differences of T helper cells that support B cells in their different lymph node niches.

Influenza virus infection results in strong, mainly T-dependent, extrafollicular and germinal center B cell responses, which provide lifelong humoral immunity against the homotypic virus strain. Here we investigated T cell subsets that regulate this strong humoral response. We demonstrate that ICOS expression, but not CXCR5 expression, defines the possession of B helper function among CD4 T cells*in vitro*, while the differential expression of two chemokine receptors, CXCR4 and CXCR5, identifies  $T<sub>FH</sub>$  subsets that reside in distinct compartments of the lymph node. We identify strongly induced germinal center CD4 T cells as being CXCR5/CXCR4 double positive and show that the CXCR4 intensity discriminates between  $T_{GC}$  residing in germinal center light and dark zones. CXCR4-single-positive "extrafollicular" T cells were rare throughout the course of infection, despite strong extrafollicular B cell responses. Functionally, CXCR5-single-positive  $T<sub>FH</sub>$  were superior at inducing B cell proliferation, while all subsets provided similar support for antibody production *in vitro*. Collectively, our studies point to links between chemokine-receptormediated CD4 T cell positioning within lymph node niches and their helper cell function after infection.

## **MATERIALS AND METHODS**

**Mice.** Female BALB/c (Harlan Laboratories), C57BL/6, and MRL/MpJ-Fas<sup>lpr</sup> mice were purchased (The Jackson Laboratory). SAP<sup>-/-</sup> mice (breeders kindly provided by P. Schwartzberg, NIH) and TS-1 mice (breeders kindly provided by A. Caton, The Wistar Institute) expressing a transgenic T cell receptor specific for influenza virus A/Puerto Rico/34/8 (H1N1) (A/PR8) hemagglutinin (HA) peptide residues 110 to 119 presented on I-E<sup>d</sup> were bred and maintained at the University of California, Davis [\(26\)](#page-11-21). All mice were used between 8 and 14 weeks of age and kept under conventional housing conditions in filter-top cages. The University of California, Davis, Institutional Animal Care and Use Committee approved all experimental protocols.

**Infections and immunizations.** Intranasal influenza virus infections were conducted under isoflurane anesthesia with a sublethal dose of A/PR8 (H1N1) (10 PFU) or the reassortant influenza virus A/Mem71  $(H3N1)$  (12,000 PFU) [\(5\)](#page-10-13) in 40  $\mu$ l of phosphate-buffered saline (PBS) per mouse. For immunizations, mice were injected subcutaneously on each side of the tail base with 100 µl of 1,000 hemagglutinating units (HAU) of A/PR8 or A/Mem71 in complete Freund's adjuvant. Virus was propagated in embryonated hen eggs, and infectious titers were established as previously described [\(13\)](#page-10-14).

**FACS staining and sorting.** Single-cell suspensions of mediastinal lymph nodes (MedLN) from infected mice or inguinal lymph nodes from immunized mice were prepared as described previously [\(39\)](#page-11-22). Cells were stained at 2.5  $\times$  10<sup>7</sup> cells/ml in "staining medium" [\(39\)](#page-11-22), blocked with an anti-Fc receptor monoclonal antibody (MAb)  $(2.4.G2$  at 5  $\mu$ g/ml) on ice for 15 min, and then washed and stained with antibodies against mouse CXCR5-biotin (BD Biosciences) and CXCR4-Alexa 647 (eBioscience) or CXCR4-allophycocyanin (BD Biosciences) at 37°C for 30 to 45 min. Cells were then stained for 20 min on ice with the following conjugates, generated in-house unless otherwise specified: streptavidin-QDot605 (Molecular Probes), ICOS-fluorescein isothiocyanate (FITC) or ICOS-Pacific Blue (7E.17G9), PSGL-1–phycoerythrin (PE) (BD Biosciences), CD62L-Cy5PE (eBioscience), CD4-Cy5.5PE, CD3-efluor780-allophycocyanin (eBioscience), CD11a-Cy7PE (BD Biosciences), CD44-allophycocyanin (eBioscience), PD-1–PE (BD Biosciences), OX-40 – biotin (BD Biosciences), Bcl-6 –PE (BD Biosciences), biotinylated peanut agglutinin (PNA; Vector Laboratories), anti-TS-1 T cell receptor (TCR)– biotin antibody (6.5-2), CD19-Cy5PE (eBioscience), CD4-Pacific Blue, CD8a-Pacific Blue, CD45R-allophycocyanin, CD38-FITC, CD24-Cy5.5PE, and CD138-biotin (BD Biosciences). Cells were stained with the Live/Dead fixable violet dead cell discriminator (Invitrogen) on ice for 30 min, washed, and resuspended in staining medium for fluorescence-activated cell sorter (FACS) analysis. For Bcl-6, cells were fixed (BD Cytofix/ Cytoperm) for 20 min at 37°C, resuspended in BD Perm/Wash buffer for 15 min at room temperature, washed in BD Perm/Wash buffer, and stained with Bcl-6 –PE (BD Biosciences) for 45 min at room temperature. For sorting, cells were stained with MAb conjugates against CXCR5-biotin, CD19-Cy5PE, CD8a-Cy5PE, CXCR4-Alexa 647, streptavidin (SA)- QDot605, ICOS-FITC, and CD4-Cy7-allophycocyanin and resuspended in staining medium containing propidium iodide. Samples were run on a FACSAria instrument (BD Biosciences) [\(39\)](#page-11-22). Data were analyzed by using FlowJo software (Tree Star Inc.). Purities of sorted CD4 T cell subsets were >95% based on ICOS expression and >90% based on chemokine receptor expression.

**Magnetic cell separation.** Some cell isolation was done by the depletion of unwanted labeled cells by magnetic cell separation. For B cell enrichments, spleen cells were stained, as described above, with biotinylated antibodies against CD4, CD8 (in-house generated), and  $TCR\gamma/\delta$  and CD49b (eBioscience). For TS-1 CD4 $^+$  cell enrichments, spleen cells from naïve TS-1 mice were labeled with biotinylated antibodies against CD8, CD19, CD11b (in-house), and CD49b. Suspensions were then labeled with anti-biotin MicroBeads (Miltenyi Biotec) and separated by the use of an autoMACS instrument (Miltenyi Biotec). Purities were >93%, as determined by FACS analysis with anti-CD19- and anti-CD4-allophycocyanin antibodies.

**CFSE labeling.** Cells were resuspended in PBS at  $10<sup>7</sup>$  cells/ml, and an equal volume of 2 mM carboxyfluorescein succinimidyl ester (CFSE) in PBS was added. Cells were incubated at 37°C for 10 min and then washed twice with staining medium.

**B cell proliferation.** Magnetically activated cell sorting (MACS)-enriched, CFSE-labeled B cells at  $6.25 \times 10^6$  cells/ml were pulsed with 1,000 HAU/ml influenza virus A/Mem/71 in culture medium [\(36\)](#page-11-23) for 3 h at 37°C. A total of 2.5  $\times$  10<sup>5</sup> pulsed B cells were cocultured in 96-well roundbottom plates for 4 days with graded numbers of purified CD4 T cell subsets from MedLN of infected mice in triplicates.

**Adoptive transfers.** A total of  $1 \times 10^6$  MACS-enriched CD4 T cells from spleens of noninfected TS-1 mice were transferred intravenously  $(i.v.)$  in 100  $\mu$ l PBS, followed by infection with A/PR8.

**ELISA.** An enzyme-linked immunosorbent assay (ELISA) was performed as described previously [\(13\)](#page-10-14). Briefly, Maxisorb plates (Thermo Scientific) were coated with 1,000 HAU of the relevant influenza virus [\(13\)](#page-10-14). Plates were blocked, and tissue culture supernatants were prediluted 2.5-fold, added to the plate, 2-fold serially diluted in PBS, and incubated for 3 h. Antibody binding was revealed by using biotinylated goat antimouse Ig (H+L; Southern Biotech), streptavidin-horseradish peroxidase (Vector Labs), and TMB substrate [\(13\)](#page-10-14). Influenza virus-specific hyperimmune serum served as the standard to determine the relative units/ml of virus-specific Ig, as described previously [\(13\)](#page-10-14).

**Histology.** Lymph nodes frozen in Tissue-Tek optimal cutting temperature compound (OCT; Sakura) on dry ice and stored at  $-80^{\circ}$ C were cut into 5- $\mu$ m-thick sections on a cryostat (Leica) and dried onto Superfrost/Plus slides (Fisher Scientific) for 2 h at room temperature (RT). Slides were fixed in ice-cold acetone for 10 min, dried for 1 to 2 h at RT, rehydrated in PBS plus 0.1% bovine serum albumin (BSA), and stained with PBS-0.1% BSA-1% normal horse serum containing anti-CD4efluor450 antibody (RM4-5; eBiosciences) and either anti-CXCR4-biotin antibody (BD Biosciences), PNA-biotin (Vector Labs), or FDC-M2-biotin (ImmunoKontact) for 2 to 3 h at RT in humid chambers. Slides were washed twice in PBS and once in PBS plus 0.1% BSA, for 5 min each. Slides were then stained with anti-IgD-FITC antibody and streptavidin-Alexa Fluor 594 (Invitrogen) for 1 h, washed three times in PBS, and mounted with Fluoromount-G (SouthernBiotech). Images were collected on an Olympus BX61 microscope with an Olympus DP72 color camera and were processed with MetaMorph (Molecular Devices) and ImageJ (NIH) software. For the quantification of  $CD4^+$  cells expressing CXCR4 in each region of the lymph node, four 5- $\mu$ m sections spaced 150 to 250  $\mu$ m apart from 3 mice were analyzed. Lymph node regions were identified as  $CD4^+$ T zone, IgD<sup>+</sup> 1° follicle, IgD<sup>-</sup> germinal center within an IgD<sup>+</sup> follicle, and a germinal center/B follicle border zone, which are located near the edges of germinal centers and contain both IgD<sup>+</sup> and IgD<sup>-</sup> cells. Within each region, the numbers of  $CD4^+$   $CXCR4^+$  and  $CD4^+$   $CXCR4^-$  cells were tallied from 6 to 20 field views at a  $\times$  60 magnification per section, totaling an average of 43 field views at a  $\times$  60 magnification per mouse. Data points are the frequencies of  $CD4^+$  CXCR4<sup>+</sup> cells among the total  $CD4^+$  cells counted in each region, per mouse. Confocal images were collected with an Olympus FV1000 laser scanning confocal microscope and were processed by using FluoView (Olympus) and ImageJ (NIH) software.

**Quantitative reverse transcription-PCR.** RNA was isolated with RNeasy (Qiagen) and stored in THE RNA Storage (Ambion) at -80°C. cDNA was prepared by using random hexamers (Promega) with Super-Script II (Invitrogen). Amplification was performed with Clontech polymerase and the commercial primer probes Mm00477633\_m1 for Bcl-6, Mm00517640\_m1 for IL-21, Mm00445259\_m1 for IL-4, and Mm00484668\_m1 for glyceraldehyde-3-phosphate dehydrogenase (GAPDH) (Applied Biosystems), using the following amplification cycles on a Prism 7700 instrument (Applied Biosystems): 50°C for 2 min, 95°C for 10 min, and 40 cycles of 95°C for 15 s and 60°C for 1 min. Data were normalized for expression relative to the expression of GAPDH.

## **RESULTS**

**CD4 T cell helper activity is not restricted to ICOS CXCR5**  $T<sub>FH</sub>$ . Infection of humans and mice with influenza virus results in antibody-mediated lifelong protection from reinfections with the same influenza virus strain. To identify the CD4 T cell subsets



<span id="page-2-0"></span>FIG 1 B helper function is restricted to  $ICOS$ <sup>+</sup> CD4 helper T cells. (A) BALB/c mice (*n* 2) were infected with influenza virus A/Mem71 for 5 days and examined by flow cytometry. Shown are 5% contour plots with outliers gated on live  $CD3^+$   $CD4^+$  lymphocytes, with percentages of  $CD3^+$   $CD4^+$  cells or  $ICOS<sup>+</sup>$  cells indicated. Plots are representative of data from 3 similar experiments using BALB/c, BALB/cByJ, or C57BL/6 mice. (B) BALB/c mice ( $n = 12$ ) were infected with influenza virus A/Mem71 for 12 days, and  $CD4^+$  T cells were sorted from pooled MedLN based on ICOS and CXCR5 expressions. Shown are 5% contour plots with outliers of presort and postsort samples. Graded numbers of sorted T cells were cultured for 4 days with 2.5  $\times$  10<sup>5</sup> CFSE-labeled B cells from pooled inguinal lymph nodes (IngLN) of BALB/c mice  $(n = 4)$  at 12 days postinfluenza virus immunization. Shown are mean frequencies  $\pm$  standard deviations (SD) for live CD45R<sup>+</sup> B cells which had proliferated (CFSE<sup>lo</sup>) (left), from one representative experiment of two performed.

supporting T-dependent B cell responses, CD4 T cells from regional mediastinal lymph nodes (MedLN) of A/Mem71-infected BALB/c mice were analyzed by 9-color flow cytometry for the expressions of various costimulators and activation markers. Day 7 of infection was chosen for initial studies because extrafollicular B cell responses peak and germinal center B cell responses are being established (our unpublished data); thus, T helper cells should be abundant. Initially, we focused on  $CD4^+$  ICOS<sup>+</sup>  $CXCR5$ <sup>+</sup> T<sub>FH</sub>. Consistent with data from previous studies [\(46,](#page-11-24)



<span id="page-3-0"></span>**FIG 2** ICOS<sup>+</sup> CXCR5<sup>+</sup> T<sub>FH</sub> coexpressing CXCR4 are induced in response to infection. MedLN isolated from BALB/c mice ( $n = 4$ ) at 10 days postinfection with influenza virus A/Mem71 were analyzed by 8- to 10-color flow cytometry. Shown are 5% contour plots with outliers of a representative sample from one of at least two repeat experiments ( $n = 4$  each). (A) Gates used to identify CD4<sup>+</sup> ICOS<sup>+</sup> T cells expressing CXCR5 and/or CXCR4. SSC, side scatter; FSC, forward scatter. (B) CD4<sup>+</sup> T cells were further analyzed to display the frequency of ICOS<sup>+</sup> CXCR5<sup>+</sup> cells coexpressing CXCR4 (left) and ICOS<sup>+</sup> CXCR4<sup>+</sup> cells coexpressing CXCR5 (right). (C) Expression levels of ICOS and CCR7 were examined on CD4<sup>+</sup> T cells (left). The bar chart indicates mean fluorescent intensities (MFI)  $\pm$  SD for CCR7 on the indicated CD4<sup>+</sup> T cell populations. (D) ICOS, CXCR5, and CXCR4 expression levels in CD4<sup>+</sup> CD62L<sup>-</sup> PSGL-1<sup>low</sup> cells were analyzed. The bar chart represents the mean frequencies  $\pm$  SD for the four ICOS<sup>+</sup> populations identified by CXCR5 and CXCR4 expression among cells indicated on the *x* axis.

[47\)](#page-11-25), all ICOS<sup>+</sup> cells were activated  $CD4^+$  CD11a<sup>hi</sup> CD44<sup>hi</sup> T cells [\(Fig. 1A\)](#page-2-0), and all  $CXCR5^+$  cells were  $ICOS^+$  [\(Fig. 1B\)](#page-2-0). However, CXCR5 was found for only a subset of all  $ICOS<sup>+</sup>$  cells [\(Fig. 1B\)](#page-2-0).

To determine whether T helper functions were restricted to  $ICOS^+$   $CXCR5^+$   $T_{FH}$ , we cocultured FACS-purified ICOS<sup>-</sup>, ICOS<sup>+</sup> CXCR5<sup>-</sup>, and ICOS<sup>+</sup> CXCR5<sup>+</sup> CD4 T cells from MedLN of A/Mem71-infected mice at day 12 of infection with MACSenriched, CFSE-labeled B cells from A/Mem71-immunized mice. Immunization was used to increase B cell yields. Measurements of B cell proliferation demonstrated that among the  $ICOS<sup>+</sup>$  cells, both CXCR5<sup>-</sup> and CXCR5<sup>+</sup> CD4 T cells induced comparable levels of B cell proliferation [\(Fig. 1B\)](#page-2-0). Thus, helper function was not restricted to CXCR5-expressing CD4 T<sub>FH</sub> in vitro.

**Low frequencies of CXCR5**- **CXCR4 CD4 T cells follow-**

ing influenza virus infection. Recently, ICOS<sup>+</sup> CXCR5<sup>-</sup>  $CXCRA<sup>+</sup>$  T cells associated with extrafollicular focus responses in multiple mouse models of autoimmunity were described [\(32\)](#page-11-9). We asked whether the helper function of ICOS<sup>+</sup> CXCR5<sup>-</sup> cells in vitro was due to the presence of ICOS<sup>+</sup> CXCR5<sup>-</sup> CXCR4<sup>+</sup> "extrafollicular" T cells. Overall, our data do not support that conclusion. Despite the presence of strong extrafollicular B cell responses at day 10 of influenza virus infection [\(38\)](#page-11-26) (see [Fig. 3B\)](#page-4-0), only 3.6%  $\pm$  $0.17\%$  ( $n = 4$ ) of CD4<sup>+</sup> ICOS<sup>+</sup> cells were CXCR5<sup>-</sup> CXCR4<sup>+</sup>  $(X5<sup>-</sup>/X4<sup>+</sup>)$  [\(Fig. 2A](#page-3-0) and [B\)](#page-3-0). These cells expressed low levels of CXCR4 and were poorly demarcated from the CXCR4<sup>-</sup> cells [\(Fig.](#page-3-0) [2A\)](#page-3-0). This is in contrast to the high frequencies of  $ICOS<sup>+</sup> CXCR4<sup>+</sup>$ cells present in mouse models of autoimmune disease [\(32\)](#page-11-9) (see Fig. S1 in the supplemental material). A time course study con-



<span id="page-4-0"></span>FIG 3 Kinetics of ICOS<sup>+</sup> CXCR5<sup>+</sup> CXCR4<sup>+</sup> T cells correlate with germinal center B cell responses during influenza virus infection. MedLN of influenza virus A/Mem71-infected BALB/c mice ( $n = 4$  per time point) were analyzed by 8-color flow cytometry as described in the legend of [Fig. 2A.](#page-3-0) (A and B) Shown are mean frequencies  $\pm$  SD of X5<sup>+</sup>/X4<sup>-</sup>, X5<sup>+</sup>/X4<sup>+</sup> (left), and X5<sup>-</sup>/X4<sup>-</sup> (right) CD4 T cells compared to germinal center B cell frequencies (GC B cells) (live, CD19<sup>+</sup> CD38<sup>low</sup> CD24<sup>high</sup>) (A) and frequencies of  $X5^-$ /X4<sup>+</sup> cells and plasma cells (CD138<sup>+</sup>) (left) and antibody-secreting foci, as assessed by an enzymelinked immunosorbent spot (ELISPOT) analysis (right) (B). ASC, antibodysecreting cells.

firmed the presence of only low frequencies of  $X5^-/X4^+$  CD4 T cells in the regional lymph nodes throughout the response [\(Fig.](#page-4-0) [3B\), although a slight rise did occur on day 6 of infection, coin](#page-4-0)ciding with the peak of antibody secretion and  $CD138<sup>+</sup>$  plasma cell accumulation [\(Fig. 3B\)](#page-4-0).

The downregulation of CD62L and PSGL-1 has also been associated with  $CXCRA^+$  extrafollicular helper T cells [\(32\)](#page-11-9), although this might also occur in other  $T_{FH}$  [\(33\)](#page-11-27). Our data indicate that the loss of CD62L and PSGL-1 is associated with CD4 T cell activation, as CD62L<sup>neg</sup> PSGL-1<sup>low</sup> CD4 cells contained mostly ICOS<sup>+</sup> and  $CCR7<sup>low</sup>$  cells, while the  $CD62L<sup>+</sup> PSGL-1<sup>hi</sup>$  population was mostly ICOS<sup>-</sup> CCR7<sup>hi</sup> [\(Fig. 2C](#page-3-0) and [D\)](#page-3-0). However, the CD62L<sup>neg</sup> PSGL- $1^{\text{low}}$  ICOS<sup>+</sup> CD4<sup>+</sup> T cells were not enriched for extrafollicular  $X4^+/X5^-$  cells but instead contained many  $X4^+/X5^+$  cells. Thus, following influenza virus infection, the downregulation of PSGL-1 is not restricted to  $X5^-$ /X4<sup>+</sup> helper T cells.

The frequencies of extrafollicular  $CD4^+$  ICOS<sup>+</sup> PSGL-1<sup>low</sup> CD62L<sup>low</sup> CXCR4<sup>+</sup> CXCR5<sup>-</sup> T cells were very low during influenza virus infection [\(38\)](#page-11-26) [\(Fig. 3B\)](#page-4-0). Whether this small population is sufficient for the T cell help of extrafollicular focus responses to influenza virus infection, responses that might not require ongoing T cell help once the foci are initiated [\(28\)](#page-11-0), requires further study. Importantly, it seemed unlikely that the strong *in vitro* T helper activity observed among the  $\overline{\text{C}\text{XCR5}}^-$  ICOS<sup>+</sup> cells [\(Fig. 1\)](#page-2-0) was due to the presence of these few cells.

Many ICOS<sup>+</sup> CXCR5<sup>+</sup> T<sub>FH</sub> coexpress CXCR4. Nearly half  $(40\% \pm 1.1\%; n = 4$  [representative of data from 2 experiments]) of the ICOS<sup>+</sup> CXCR5<sup>+</sup> T cells coexpressed CXCR4 (X5<sup>+</sup>/X4<sup>+</sup>) at

day 10 after infection and expressed low levels of CCR7 [\(Fig. 2A](#page-3-0) to [C\)](#page-3-0). A significant population of  $X5^+/X4^+$  cells was also observed for autoimmune MRL/MpJ-Fas<sup>lpr</sup> mice (see Fig. S1 in the supplemental material). Both  $X5^+/X4^-$  and  $X5^+/X4^+$  populations steadily increased in frequencies [\(Fig. 3A,](#page-4-0) left) and absolute numbers (data not shown), which peaked at around day 14 after influenza virus infection of BALB/c mice. These increases correlated with CD19<sup>+</sup> CD24<sup>hi</sup> CD38<sup>low</sup> germinal center B cell kinetics [\(Fig.](#page-4-0)  $3A$ , left). Over 50% of ICOS<sup>+</sup> cells expressed neither CXCR5 nor  $CXCRA$   $(X5^{-}/X4^{-})$  and were  $CCR7^{\text{intermediate}}$  [\(Fig. 2A](#page-3-0) and [C\)](#page-3-0). This population rapidly increased after infection and then remained high for  $>$ 28 days [\(Fig. 3A,](#page-4-0) right). Thus,  $X5^-/X4^-$  and  $X5^{+}/X4^{+}$  CD4 T cells are major subpopulations of activated,  $CD4^+$  ICOS<sup>+</sup> helper T cells. The kinetics of the  $X5^+/X4^+$  CD4 T cells was most closely correlated with the appearance and maintenance of germinal center B cells after influenza virus infection.

**Virus-specific**  $T<sub>FH</sub>$  **coexpress CXCR4.** We next asked whether the observed phenotypic heterogeneity among  $ICOS^+$  CD4<sup>+</sup> T cells is the result of antigen specificity differences. Thus, we compared chemokine receptor expressions of transgenic, influenza virus A/PR8 hemagglutinin-specific T cells (TS-1) following their adoptive transfer into wild-type mice with those of endogenous T cells. At days 7 and 14 postinfection, virus-specific TS-1 T cells were identified by using a biotinylated transgene-specific MAb [\(26\)](#page-11-21). This required the use of CXCR5-PE instead of CXCR5-biotin, which, in our hands, gives superior staining. Despite the somewhat suboptimal staining, virus-specific TS-1 and endogenous  $ICOS^+$   $CD4^+$  T cells showed the same profile of chemokine receptor expression and were present at similar frequencies [\(Fig.](#page-5-0) 4). One exception was the  $X5^{+}/X4^{-}$  population, which was re[duced among the transgenic T cells at 14 days postinfection. The](#page-5-0) [reasons for this finding are unclear but could be related to the](#page-5-0) [transfer of relatively large numbers of transgenic T cells, which](#page-5-0) [was shown previously to result in the faster contraction of trans](#page-5-0)ferred cells  $(17)$ . The data demonstrate that  $CD4^+$  T cells of the same antigen specificity exhibit similar degrees of heterogeneity with regard to chemokine receptor expression as polyclonal T cells. Therefore, differences in antigen specificity do not underlie the heterogeneity observed among activated  $ICOS<sup>+</sup>CD4<sup>+</sup>$  T cells.

**ICOS<sup>+</sup> CXCR5<sup>+</sup> CXCR4<sup>+</sup> T<sub>FH</sub> are located within germinal** centers. CXCR4 expression among CXCR5<sup>+</sup> B cells has been linked to their positioning within germinal centers [\(1\)](#page-10-4), and thus, the coexpression of CXCR4 and CXCR5 on  $T<sub>FH</sub>$  might indicate a germinal center localization. We therefore performed immunofluorescence microscopy on MedLN from BALB/c mice 10 days after influenza virus infection. Serial sections were stained for (i) IgD, to visualize both B cell follicles and germinal centers, as the latter appear as IgD<sup>-</sup> zones within the IgD<sup>+</sup> primary follicle; (ii) CD4; and (iii) either PNA to stain germinal centers, FDC-M2 to identify germinal center light zones, or CXCR4. As expected,  $CD4<sup>+</sup>$  T cells were found in both light and dark zones of germinal centers and were more prevalent in the (T-zone-distal) light zone. Importantly, only  $CD4^+$  T cells in germinal centers  $(CD4^+$  $CXCRA^+$ ) [\(Fig. 5A](#page-6-0) and [D,](#page-6-0) white arrows) expressed CXCR4 but not in T cell zones [\(Fig. 5B](#page-6-0) and [D\)](#page-6-0) or primary follicles  $(CD4<sup>+</sup>)$ CXCR4<sup>-</sup>) [\(Fig. 5C](#page-6-0) and [D,](#page-6-0) blue arrows). Since germinal center B cells express CXCR4, it was possible that the apparent CD4/ CXCR4 dual staining represented an artifact of bleed-over staining from the CXCR4 expressed on the B cells surrounding the CD4 T cells in the germinal centers. However, high-resolution laser



<span id="page-5-0"></span>**FIG 4** Influenza virus-specific T cells coexpress CXCR5 and CXCR4. A total of  $1 \times 10^6$  MACS-enriched CD4<sup>+</sup> T cells from TCR transgenic TS-1 mice, specific for HA of influenza virus A/PR8, were transferred into BALB/c mice (*n* 4 per time point). Mice were infected immediately, and MedLN were analyzed by 9-color flow cytometry at 7 and 14 days postinfection. (A) Transgenic CD4 T cells were identified by using a clonotype-specific MAb and analyzed for chemokine receptor expression as described in the legend of [Fig. 2A.](#page-3-0) Shown are dot plots and 5% contour FACS plots with outliers of a representative sample for each time point. (B) Bar charts indicating mean frequencies  $\pm$  SD of each CD4 T cell subset among TS-1 transgenic and endogenous cells. Data were pooled from two replicate experiments.

scanning confocal microscopy, imaging only a fraction of the tissue plane, confirmed the colocalization of CXCR4 on  $CD4^+$  germinal center T cells (see Fig. S2 in the supplemental material) but not in other parts of the lymph node (data not shown). Moreover, the quantification of  $CD4^+$  cells coexpressing CXCR4 in each region of the lymph node showed that within germinal centers,  $95\% \pm 3.2\%$ of the CD4<sup>+</sup> T cells coexpressed CXCR4, while in B cell follicles and T cell zones, only 2.0%  $\pm$  1.9% and 0.04%  $\pm$  0.04% coexpressed CXCR4, respectively [\(Fig. 5D\)](#page-6-0). At the germinal center-B cell follicle border, a region which has scattered PNA staining (not shown) and a mixed population of both IgD<sup>-</sup> germinal center and IgD<sup>+</sup> naïve B cells also had a more mixed population of T cells,  $44\% \pm 8.8\%$  of which coexpressed CXCR4 [\(Fig. 5D\)](#page-6-0).

Consistent with dark/light zone B cells expressing high/low levels of CXCR4  $(1)$ , dark zone CD4<sup>+</sup> T cells strongly expressed CXCR4, whereas light zone T cells were more dimly stained [\(Fig. 5A\)](#page-6-0). Occasionally, small numbers of  $CXCR4^+$  CD4<sup>+</sup> T cells were found in small clusters of CXCR4<sup>+</sup> IgD<sup>-</sup> CD4<sup>-</sup> cells, a phenotype consistent with plasma cells. These cells seemed to represent extrafollicular focus T cells (data not shown). Thus, CXCR4  $CXCR5^+$  ICOS<sup>+</sup> CD4<sup>+</sup> expression identifies germinal center  $T<sub>FH</sub>$  $(T_{GC})$ , and CXCR4<sup>+</sup> expression level identifies their sublocation within germinal center light and dark zones.

**SAP<sup>-/-</sup>** mice lack  $X5^+/X4^+$  T<sub>FH</sub>. SAP-deficient mice have a

CD4 T cell-intrinsic defect in germinal center formation, which was correlated with the inability of  $SAP^{-/-}$  T cells to efficiently migrate into germinal centers following T cell-B cell interactions  $(8, 34)$  $(8, 34)$  $(8, 34)$ . These mice do, however, generate ICOS<sup>+</sup> CXCR5<sup>+</sup> T<sub>FH</sub> in primary follicles following antigen challenge [\(12,](#page-10-11) [27\)](#page-11-28). To determine the functional relevance of the  $T_{GC}$  subset identified above, we asked whether the strongly reduced germinal center formation in SAP<sup>-/-</sup> mice was associated with a lack of T<sub>GC</sub>. Consistent with data from previous studies [\(12\)](#page-10-11),  $SAP^{-/-}$  mice had few germinal center B cells and lower frequencies of  $ICOS<sup>+</sup> CXCR5<sup>+</sup>$  T cells [\(Fig. 6A\)](#page-7-0) and completely lacked  $CXCR5$ <sup>+</sup> PD-1<sup>high</sup> T<sub>FH</sub> 10 days after infection [\(Fig. 6B\)](#page-7-0). Strikingly, there was a selective loss of CXCR4 coexpressers among  $ICOS<sup>+</sup> CXCR5<sup>+</sup>$  T cells in the  $SAP^{-/-}$  mice ( $P < 0.001$ ), while the other T cell subsets were present at frequencies comparable to those of the wild type [\(Fig.](#page-7-0) [6B\). Histology confirmed the reduced numbers and sizes of ger](#page-7-0)minal centers in SAP<sup>-/-</sup> [mice compared to those in wild-type](#page-7-0) mice [\(Fig. 6C\)](#page-7-0), which appeared morphologically intact based on PNA and FDC-M2 staining and the presence of light/dark zones and  $CD4^+$  T cells [\(Fig. 6D,](#page-7-0) top). The remaining  $CD4^+$  T cells present showed low expression levels of CXCR4 [\(Fig. 6D,](#page-7-0) bottom, blue arrows), explaining the lack of discernible CXCR4<sup>+</sup> CD4<sup>+</sup> T cells in  $SAP^{-/-}$  mice by FACS analysis. These data further show that the coexpression of CXCR4 and CXCR5 identifies  $T_{GC}$  and suggest that germinal centers require  $X5^+/X4^+$  T<sub>GC</sub>.

The adoptive transfer of wild-type  $X5^+/X4^+$  T<sub>FH</sub> from MedLN back into infected mice demonstrated their inability to enter lymph nodes (not shown), likely because they lack CD62L and PSGL-1, molecules that facilitate T cell migration through high endothelial venules (HEV) [\(4,](#page-10-16) [15\)](#page-10-17) [\(Fig. 2\)](#page-3-0), further indicating their residence and function within secondary lymphoid tissues. This finding prevented us from testing directly whether the transfer of wild-type  $X5^+/X4^+$  T<sub>GC</sub> reconstitutes germinal centers in SAP<sup>-/-</sup> mice. Since CXCR4 is required for thymocyte maturation [\(19\)](#page-10-18), CXCR4<sup>-/-</sup> mice lack normal numbers of properly matured T cells, making results from studies of germinal center formation in these mice ambiguous. Systems to deplete CXCR4 expression upon T cell activation are not currently available. However, CXCR4 might not be solely responsible for the germinal center homing of  $T_{GC}$ , as CXCR4 expression by B cells is important for light/dark zone organization but not germinal center formation [\(1\)](#page-10-4). Collectively, the data suggest that the regulation of X5/X4 coexpression directs the germinal center sublocalization of  $T<sub>FH</sub>$ . The low expression level of CXCR4, determined by immunofluorescence, among the few  $T_{GC}$  cells present in the SAP<sup>-/-</sup> mice further supports this conclusion.

 $X5^+/X4^+$  T<sub>FH</sub> have characteristics associated with germinal center T cells. Having identified markers to distinguish  $T_{GC}$  from  $T<sub>FH</sub>$ , we next tested their phenotypic and functional attributes. Previous studies suggested that high levels of PD-1 are associated with germinal center T cells [\(18\)](#page-10-5). Strikingly, the ICOS<sup>+</sup>  $X5^+/X4^+$  $CD4^+$  T cells were nearly uniformly PD-1<sup>high</sup> [\(Fig. 7A\)](#page-8-0). Notably, PD-1high was not an exclusive phenotype of  $T_{\rm GC}$ , as both  $X5^+/X4^$ and  $X5^-/X4^+$  but not  $X5^-/X4^-$  ICOS<sup>+</sup> T cells contained PD-1<sup>high</sup> cells [\(Fig. 7A\)](#page-8-0), further demonstrating that PD-1 $^{\text{hi}}$  expression does not fully discriminate between  $T<sub>FH</sub>$  and  $T<sub>GC</sub>$ . It is conceivable, however, that PD-1<sup>hi</sup> T<sub>FH</sub> are T<sub>GC</sub> that have recently left the germinal centers without having decreased PD-1 expression levels [\(11\)](#page-10-19).

Bcl-6 is a transcriptional repressor that is highly expressed by



<span id="page-6-0"></span>**FIG 5** Germinal center T cells express CXCR4. Serial sections from MedLN of influenza virus A/Mem71-infected mice at day 10 stained with IgD (green), CD4 (blue), and either PNA or CXCR4 (red). At a magnification of  $\times$ 40, CD4 and CXCR4 are shown as black and white images of their respective channels, while merged images include IgD. Yellow boxes indicate the area within the next-higher magnification. Shown are representative images from one mouse of three individually sectioned and stained mice. White bars indicate 50-mm scale bars. (A to C) PNA staining confirms an IgD<sup>-</sup> germinal center, and CD4/CXCR4 staining on the serial section shows that germinal center T cells express CXCR4 (white arrows) (A), while T zone (B)- and primary B cell follicle (C)-localized T cells lack CXCR4 expression. Red arrows indicate CXCR4<sup>+</sup> but CD4<sup>-</sup> cells. (D) Images taken at a ×60 magnification show the frequency of CD4<sup>+</sup> T cells coexpressing CXCR4, germinal center T cells coexpressing CXCR4 (white arrows), and follicle T cells lacking CXCR4 (blue arrows), whereas there is a mixed population of CD4 T cells coexpressing CXCR4 in the border between the germinal center and follicle. CD4  $^+$  CXCR4  $^+$  and CD4  $^+$  CXCR4  $^-$  cells were counted in germinal centers, follicles, the germinal center-follicle border, and T zones from 4 sections per mouse  $(n = 3)$  and added, and the frequency of CD4<sup>+</sup> CXCR4<sup>+</sup> cells among  $CD4^+$  cells is shown in the chart. Bars indicate average values.

germinal center B cells and is thought to be required for  $T_{FH}$  cell differentiation [\(20,](#page-10-7) [31,](#page-11-11) [48\)](#page-11-12). Bcl-6 expression frequencies were highest among  $T_{GC}$  (about 35%) [\(Fig. 7A\)](#page-8-0), and  $T_{GC}$  expressed the highest levels of Bcl-6 mRNA [\(Fig. 7B\)](#page-8-0). The reasons for the appar-

ent lack of uniform Bcl-6 expression by  $T_{GC}$  are unclear. Also, even in those CD4 T cells that expressed Bcl-6, the expression levels were well below those of the uniformly Bcl-6<sup>+</sup> germinal center B cells (not shown). As expected,  $ICOS$ <sup>-</sup>  $CD4$ <sup>+</sup> T cells



<span id="page-7-0"></span>**FIG 6** SAP<sup>-/-</sup> mice lack ICOS<sup>+</sup> X5<sup>+</sup>/X4<sup>+</sup> T<sub>FH</sub>. (A and B) MedLN from influenza virus A/Mem71-infected C57BL/6 (top) and SAP<sup>-/-</sup> mice (bottom) (*n* = 4 to 5/group) at day 10 were analyzed by 8-color flow cytometry. Shown are 5% contour plots with outliers of CD19<sup>+</sup> germinal center B cells (CD24<sup>hi</sup>CD38<sup>lo</sup> gate) (A) and ICOS expression on live CD4+T cells (B, left) and the expression of the indicated markers on CD4+ICOS+T cells (B, right). Bar charts indicate mean frequencies  $\pm$  SD of gated cell populations in SAP<sup>-/-</sup> (light bars) and C57BL/6 (dark bars) mice, respectively. Data are pooled from two experiments (*n* = 4 and *n* = 5). (C and D) Serial sections from MedLN of influenza virus-infected mice at 10 days stained for IgD (green), CD4 (blue), and either PNA, FDC-M2, or CXCR4 (red), as indicated. Shown are representative images of MedLN from one mouse of two individually sectioned and stained mice. White bars indicate 500-mm ( $\times$ 2 magnification) or 50-mm ( $\times$ 10 and  $\times$ 20 magnifications) scale bars. At a  $\times$ 20 magnification, CD4 and CXCR4 are shown as black and white images of their respective channels, while merged images include IgD. The yellow box indicates the area within the next-higher magnification. White arrows indicate  $CD4^+$  CXCR4<sup>+</sup> cells, and blue indicates  $CD4^+$  CXCR4<sup>-</sup> cells.



<span id="page-8-0"></span>**FIG 7** Chemokine receptor expression is not associated with large differences in B helper function. (A, top) Representative overlay histogram plots of PD-1 expression among ICOS<sup>+</sup> CD4+ T cells (gray line, X5<sup>-</sup>/X4<sup>-</sup>; red line, X5<sup>-</sup>/X4<sup>+</sup>; blue line, X5<sup>+</sup>/X4<sup>-</sup>; black line, X5<sup>+</sup>/X4<sup>+</sup>). (Bottom) Colored dot plots for the expression of Bcl-6 and CXCR4 among ICOS<sup>+</sup> CXCR5<sup>+</sup> (black) and ICOS<sup>+</sup> CXCR5<sup>-</sup> (green) cells. CXCR4<sup>+</sup> cells (i.e., largely ICOS<sup>+</sup>  $X5^{+} / X4^{+}$ ) are enriched for Bcl-6 expression in both frequency and intensity. Bar graphs indicate mean frequencies  $\pm$  SD of expression of the indicated surface marker within the given ICOS<sup>+</sup> population. Data were pooled from two experiments analyzing individual mice ( $n = 4$  each). (B) Gene expression analysis of FACS-purified MedLN CD4 T cell subsets isolated from influenza virus  $A/Mem71$ -infected mice at day 10 ( $n = 4$ ). Shown are transcript levels relative to GAPDH expression levels. Data are representative of two replicate experiments (one with BALB/c mice and one with C57BL/6 mice). (C, top) Shown are 5% contour plots of CD4 T cells pre- and post-FACS purification. T cells were cocultured with MACS-enriched CFSE-labeled B cells from lymph nodes of influenza virus-immunized mice, as outlined in the legend of [Fig. 1.](#page-2-0) Cells were cultured in triplicate, and mean frequencies  $\pm$  SD of proliferating CFSE<sup>1</sup><sup>o</sup> B cells (left) and relative antibody concentrations in supernatants (right), as assessed by ELISA, are displayed. RU, relative units. Results are from one of two experiments that yielded comparable results.

lacked Bcl-6 expression (not shown), while a smaller fraction of  $ICOS<sup>+</sup> X5<sup>-</sup>/X4<sup>-</sup>$  [\(Fig. 7A\)](#page-8-0) cells was Bcl-6 positive.

 $T<sub>GC</sub>$  are thought to secrete IL-21, which acts directly on B cells to control germinal center B cell fate and Bcl-6 expression [\(51\)](#page-11-10). Furthermore, others previously reported the selective expression of IL-4 by  $T_{GC}$  [\(37,](#page-11-29) [50\)](#page-11-18). Cytokine production by the T helper subsets was assessed at the mRNA expression level following their FACS separation from MedLN 10 days after influenza virus infection.  $X5^+/X4^+$  T<sub>GC</sub> expressed the highest levels of IL-21 and IL-4 mRNAs [\(Fig. 7B\)](#page-8-0). However, IL-4 expression levels overall were very low, consistent with a predominant switch of B cells to IgG2a/c but not IgG1 after influenza virus infection [\(36\)](#page-11-23). Together, the data show  $X5^+/X4^+$ -expressing  $T_{GC}$  to be most closely associated with the functions and phenotypes thought to characterize their functions. However, no characteristic was exclusive to  $T_{GC}$ .

Finally, we determined whether the chemokine receptor expression profile of  $CD4^+$  ICOS<sup> $+$ </sup> T cells was associated with specific helper activities. For this, we cocultured MACS-purified, CFSE-labeled, antigen-pulsed B cells with FACS-purified ICOS  $CD4^+$  T cell subsets isolated from infected MedLN at day 8, as shown in [Fig. 1.](#page-2-0) Due to their low frequencies, the ICOS<sup>+</sup>  $X5$ <sup>-</sup>/X4<sup>+</sup> cells were tested only in single instead of triplicate cultures, with  $1 \times 10^4$  cells or fewer (not shown). Consistent with the data shown in [Fig. 1,](#page-2-0) ICOS expression identified cells capable of *in vitro* T cell help [\(Fig. 7C\)](#page-8-0). Among the  $ICOS<sup>+</sup> T$  cells, the levels of induction of virus-specific antibody secretion were similar [\(Fig. 7C\)](#page-8-0) (data not shown for  $X5^{-}/X4^{+}$ ). However,  $X5^{+}/X4^{-}$  helpers consistently showed the greatest ability to induce B cell proliferation.When the antigen was omitted, few B cells survived and proliferated over the 4-day culture period (not shown), indicating that helper activity was antigen dependent. The higher ability of  $X5^+/X4^-$  helpers than that of  $X5^+/X4^+T_{GC}$  was not explained by the differing levels of Fox $P3$ <sup>+</sup> regulatory cells, as the frequencies were similar 10 days after infection (3.4 and 3.0%, respectively) (data not shown). The data demonstrate that ICOS expression identifies cells with B cell helper functions *in vitro*. Overall, remarkably little functional heterogeneity exists among ICOS<sup>+</sup> cells; however, X5<sup>+</sup>/X4<sup>-</sup> helpers consistently induced more B cell proliferation *in vitro*.

Collectively, the study demonstrates that influenza virus infection induces  $ICOS^+CD4^+T$  helper cells with differing chemokine receptor expression profiles, which determines their location within  $(X5<sup>+</sup>/X4<sup>+</sup>)$  and outside  $(X5<sup>+</sup>/X4<sup>-</sup>)$  germinal centers and primary follicles (X5<sup>-</sup>/X4<sup>-</sup>) and between light/dark zones of germinal centers (CXCR4<sup>lo/high</sup>). While ICOS but not CXCR5 expression was correlated with B cell help *in vitro*, some functional differences among the defined T cell subsets were apparent. However, while  $T_{GC}$  were associated with the highest levels of expression of Bcl-6, IL-21, IL-4, and PD-1, none were exclusive attributes of  $T_{GC}$ . The extent to which T cell-intrinsic and -extrinsic factors regulate the outcome of T cell-B cell interactions can now be delineated, based on this study.

### **DISCUSSION**

 $CD4<sup>+</sup> ICOS<sup>+</sup> CXCR5<sup>+</sup> "following" T helper cells are thought to$ control intrafollicular T-dependent B cell responses during infection and immunization, with ICOS expression providing the necessary costimulatory signals and CXCR5 directing the follicular localization. However, while CXCR5 expression is required for CD4 T cell migration into primary B cell follicles, CXCR5 expres-

sion is neither necessary nor sufficient for the germinal center localization of  $T<sub>FH</sub>$  [\(18,](#page-10-5) [34\)](#page-11-15). Moreover, mice deficient in SAP still generate  $ICOS^+$  $CXCR5^+$  T cells in response to influenza virus infection [\(12,](#page-10-11) [22\)](#page-11-5) [\(Fig. 6\)](#page-7-0), even though they are unable to maintain germinal centers due to a CD4 T cell-intrinsic migration defect, suggesting the presence of additional signals that regulate the positioning of CD4 T cells to and within germinal centers. Here we demonstrate that the coexpression of CXCR4 and CXCR5 among  $CD4^+$  ICOS<sup> $+$ </sup> T cells identifies germinal center T helper cells and that CXCR4 expression levels were correlated with their sublocalization to light and dark zones. This  $T_{GC}$  subset appears to be necessary for germinal center maintenance, as we show that  $X4^+/$  $X5<sup>+</sup>$  T<sub>FH</sub> are the only subset missing in germinal center-deficient, influenza virus-infected  $SAP^{-/-}$  mice. Importantly, these mice were previously shown to have a T cell-intrinsic defect in the ability to form a protective memory response to influenza virus infection [\(21\)](#page-10-2). While the expression of ICOS was indispensable for CD4 T cell helper activity *in vitro*, chemokine receptor expression, including CXCR5, defined their location but not their *in vitro* helper activity.

Influenza virus infection induced robust CXCR5<sup>+</sup> CXCR4<sup>+</sup> germinal center-resident  $T_{GC}$  responses in wild-type but not SAP<sup>-/-</sup> mice [\(Fig. 5](#page-6-0) to [7\)](#page-8-0). Remarkably, while their phenotypes and localizations were distinct, T<sub>GC</sub> provided similar *in vitro* help to induce the proliferation and differentiation of B cells as the other  $ICOS<sup>+</sup>$  T cell subsets, except for a slightly better ability of  $\textrm{X5}^+$ /X4 $^-$  T<sub>FH</sub> to induce B cell proliferation [\(Fig. 7\)](#page-8-0). This finding is in agreement with a previously reported human study showing that the expression of CD57, a marker associated with human  $T_{GC}$ , did not correlate with B cell helper function [\(35\)](#page-11-20). While our studies show that mouse  $T_{GC}$  expressed Bcl-6 and PD-1 to a greater extent than the other  $T<sub>FH</sub>$  cells and expressed higher levels of IL-4 and IL-21 [\(Fig. 7\)](#page-8-0), none of those attributes were specific for  $T_{GC}$ . Such largely quantitative differences might play more important roles in the provision of B cell help *in vivo*. Alternatively, they could point to currently unknown qualitative differences between  $T_{GC}$  and other helper cells. Another attractive possibility for future study is that their location within distinct lymph node niches and with B cells that also differ by location is a primary determinant of their helper quality. The developed marker set can now be employed to further study potential functional differences between  $T<sub>FH</sub>$  subsets within the various compartments of the lymph node.

Germinal centers require CXCR5 and CXCR4 expression by B cells for their proper location within the B cell follicle and for the organization of light and dark zones, respectively [\(1\)](#page-10-4). Thus, it is not surprising that  $T_{GC}$  express the same chemokine receptors. Compared to germinal center B cells, however, the level of Bcl-6 protein expression by  $T_{GC}$  was low and only roughly one-third of the measurable levels of  $T_{GC}$ -expressed Bcl-6 protein 10 days after influenza virus infection. It is possible that  $T_{GC}$  only transiently express Bcl-6 following their activation or at levels below the detection limit of our FACS-based assay. Alternatively, since Bcl-6 regulates both CXCR4 and CXCR5 expressions, alterations in Bcl-6 expression could facilitate the movement of CD4 T cells within germinal center dark and light zones and/or between germinal centers and primary follicles [\(11\)](#page-10-19).

The migration of  $T<sub>FH</sub>$  into germinal centers seems to require extensive T cell-B cell interactions facilitated by the cell adhesion SLAM family members CD84 and Ly108 and the SLAM adaptor protein (SAP) [\(8,](#page-10-9) [34\)](#page-11-15). Consistent with the lack of robust germinal

center formation in SAP<sup>-/-</sup> mice,  $T_{\rm FH}$  from SAP<sup>-/-</sup> mice have strongly reduced frequencies of CXCR4<sup>+</sup> T<sub>GC</sub> [\(Fig. 6\)](#page-7-0). As discussed above, the data shown here [\(Fig. 6\)](#page-7-0) and by others [\(1\)](#page-10-4) indicate that strong CXCR4 expression might be a consequence of, rather than a mechanism for, the location of  $T_{GC}$  within germinal centers. Further proof of this concept will require the inducible depletion of CXCR4 expression upon CD4 T cell activation, as CXCR4 is required for the proper maturation of T cells within the thymus [\(19\)](#page-10-18). An induction or strong enhancement of the expression of CXCR4 by CD4 T cells after their entry into germinal centers would also be consistent with data from previous studies demonstrating that human FDC modulate CXCR4 expression on T cells *in vitro* [\(14\)](#page-10-20) and our studies showing low but detectable levels of CXCR4 in the few  $\rm T_{GC}$  present in SAP<sup>-/-</sup> mice by immunofluorescent microscopy [\(Fig. 6\)](#page-7-0). The finding that the brightest  $CXCR4$ -staining  $T_{GC}$  cells were present in the dark zones, while FDC are more abundant in the light zone [\(1\)](#page-10-4) [\(Fig. 7,](#page-8-0) and data not shown), however, may indicate additional mechanisms that mediate CXCR4 induction within germinal centers. From an experimental standpoint, the differences in CXCR4 expression levels of light and dark zone  $T_{GC}$  identified here for the first time enable studies of potential functional differences between  $T_{GC}$  in these compartments.

The expression of CXCR4 on CXCR5<sup>-</sup> ICOS<sup>+</sup> CD4 T cells has been linked to a population of CD4 T cells providing help for extrafollicular plasmablast responses in autoimmune-prone strains of mice (see Fig. S1 in the supplemental material) [\(32\)](#page-11-9), consistent with the role of CXCR4 in the extrafollicular accumulation of plasmablasts in medullary cord areas of the secondary lymphoid tissues [\(16\)](#page-10-3). Somewhat surprisingly, our studies showed only a very small and poorly demarcated population of such T cells in lymph nodes of influenza virus-infected mice, although robust extrafollicular responses were induced [\(Fig. 3\)](#page-4-0). Such differences between infection- and autoimmune-induced T helper subsets may indicate that the continued presence of high frequencies of  $X4^+/X5^-$  T helper cells maintains the long-term extrafollicular foci in autoimmune disorders, while the shortlived [\(38\)](#page-11-26) extrafollicular responses induced following influenza virus infection might not require their continued presence, consistent with previous work by others [\(28,](#page-11-0) [43\)](#page-11-1). This conclusion is also consistent with our findings that plasmablast peak responses coincided with the peak of the  $X4^+/X5^-$  CD4 T cell numbers in lymph nodes of influenza virus-infected mice [\(Fig. 3\)](#page-4-0) and that small clusters of CXCR4<sup>+</sup> T cells were present in extrafollicular foci (data not shown).

Collectively, this study indicates that the orchestration of T cell-B cell movement and interactions within secondary lymphoid tissues could fine-tune T cell help by signals acquired at least in part within the local niche. The identification of CXCR4 and CXCR5 as markers to distinguish  $T_{GC}$  from non-germinal-centerresident  $T<sub>FH</sub>$  can now be used to examine this and other hypotheses to define the mechanisms underlying the distinct outcomes of intra- and extrafollicular T cell-B cell interactions. Such studies may aid in the development of improved vaccines that can achieve both short- and long-term immunity to influenza virus infection.

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