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Increased soluble urokinase plasminogen activator receptor (suPAR) is associated with thrombosis and inhibition of plasmin generation in paroxysmal nocturnal hemoglobinuria (PNH) patients

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Abstract

Paroxysmal nocturnal hemoglobinuria (PNH) is an acquired genetic disorder of the bone marrow that produces intravascular hemolysis, proclivity to venous thrombosis, and hematopoietic failure. Mutation in the PIG-A gene of a hematopoietic stem cell abrogates synthesis of glycosylphosphoinositol (GPI) anchors and expression of all GPI-anchored proteins on the surface of progeny erythrocytes, leukocytes, and platelets. Urokinase plasminogen activator receptor (uPAR), a GPI-linked protein expressed on neutrophils, mediates endogenous thrombolysis through a urokinase-dependent mechanism. Here we show that membrane GPI-anchored uPAR is decreased or absent on granulocytes and platelets of patients with PNH, while soluble uPAR (suPAR) levels are increased in patients' plasma. Serum suPAR concentrations correlated with the number of GPI-negative neutrophils and were highest in patients who later develop thrombosis. In vitro, suPAR is released from PNH hematopoietic cells and from platelets upon activation, suggesting that these cells are the probable source of plasma suPAR in the absence of GPI anchor synthesis and trafficking of uPAR to the cell membrane. In vitro, the addition of recombinant suPAR results in a dose-dependent decrease in the activity of single-chain urokinase. We hypothesized that suPAR, prevents the interaction of urokinase with membrane-anchored uPAR on residual normal cells.

Introduction

Paroxysmal nocturnal hemoglobinuria (PNH) is a clonal bone marrow disorder resulting from an acquired, somatic mutation of the X chromosome *PIG-A* gene in an hematopoietic stem cell^{1–3}. Affected cells cannot synthesize the GPI-moiety which anchors many different

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types of proteins to the cell membrane⁴. Red cells lacking the GPI-anchored protein CD59, a potent inhibitor of the late components of complement and reactive lysis^{5–7}, are more susceptible to complement. Although intravascular red cell hemolysis is the hallmark of PNH, thrombosis is the most frequent complication leading to death with predilection for the hepatic and cerebral veins. In one study, 50 percent of patients with PNH died of complications of thrombosis, which appears to be more common in purely hemolytic PNH than when the disorder accompanies bone marrow aplasia⁸.

The pathophysiology of PNH thrombosis is not entirely understood. Studies of PNH platelets⁸ and procoagulants have not demonstrated consistent abnormalities. A number of stimuli have been hypothesized to contribute to thrombophilia in PNH: episodic hemolysis⁹ with attendant increase circulating platelet- and endothelial-derived procoagulant microparticles ^{10;11}, complement-mediated platelet activation, and decreased fibrinolytic activity¹². Urokinase plasminogen activator receptor (uPAR) is a GPI-anchored protein expressed on activated monocytes and granulocytes^{13–15}. uPAR is synthesized as a single polypeptide chain of 313 amino acids with post-translational deletion of 30 carboxyterminal residues and transamidation linkage of the GPI-anchor. uPAR acts as a receptor for pro-urokinase, thus facilitating the generation of activated plasmin¹⁶. uPAR which is expressed on the membranes of activated normal leukocytes and is believed to play a role in fibrinolysis by promoting the conversion of urokinase to its active form. Increased levels of suPAR lacking the GPI-anchor have been described in plasma and serum from patients with PNH^{17;18} as well as in patients with certain types of malignancy¹⁹.

The absence of membrane uPAR on monocytes, granulocytes, and platelets might contribute to thrombosis in PNH. While some studies report suPAR to be effective in promoting fibrinolysis under certain conditions *in vitro*^{20;21}, in media containing physiological concentrations of albumin, fibrinolysis is inhibited^{22;23}. Membrane uPAR may also support fibinolysis mechanically by bringing plasminogen and urokinase into close proximity on the membrane^{24, 25}.

In this study, we examined the levels of plasma suPAR in patients with PNH. We find that GPI-negative granulocytes and platelets release suPAR, and that the size of the PNH clone correlated with increased plasma levels in affected patients. Our studies confirm previous data that suPAR inhibits urokinase activity in vitro and we show that both LDH (a surrogate for hemolysis) and suPAR independently correlate with thrombosis in a cohort of 87 PNH patients followed for a mean of 4.1 years.

Methods and Materials

Patient selection and analysis

After informed consent, using protocols approved by the Institutional Review Board of the National Heart, Lung, and Blood Institute, serum and bone marrow samples were obtained from 87 patients with PNH sera were prepared at time of entry of the patient into study and frozen for later analysis. The diagnosis of PNH was based on flow cytometry of cell surface GPI-anchored proteins, for erythrocytes, CD59 and CD55 and, for granulocytes, CD16 and CD66 with CD15 for gating²⁶. Patients receiving G-CSF for neutropenia were eliminated because of the drug's influence on suPAR²⁷. Charts were reviewed for history of thrombosis retrospectively with reviewers blinded to the suPAR value. Thrombosis of the lower extremities was documented by ultrasound, and pulmonary embolus by spiral computed tomography (CT) or high probability ventilation-perfusion scan. Head computed tomography (CT) or magnetic resonance imaging (MRI) was used to demonstrate thrombosis of the venous sinuses and ultrasound for Budd Chiari syndrome. Twenty healthy donors and ten patients with aplastic anemia without PNH were also studied.

suPAR ELISA

Soluble uPAR were measured with the kinetic ELISA (American Diagnostic, Stanford, Ct); all serum samples were analyzed in duplicate and many in triplicate.

Protease activity assays

Plasminogen activation by urokinase was quantified by adaptation of published methods²⁸, Recombinant human single chain urokinase (scuPA) and the plasmin substrate Spectrozyme PL were purchased from American Diagnostica (Stamford, CT). Chromogenic assays were performed in 96 well microtiter plates using a total reaction volume of 200 μ l in the presence of 0.5% BSA-PBS. Spectrozyme PL (0.5mM, final concentration) was mixed with variable concentrations of scuPA, and the suPAR and incubated at 37°C for 30 minutes. Following incubation, plasminogen (1 μ M, final concentration) was added, and the absorbance readings at 405 nm were measured and plotted against time for varying concentrations of suPAR.

Bone marrow cell separation and culture

Bone marrow was obtained by aspiration from the posterior iliac crest into syringes containing media supplemented 1:10 with heparin (O'Neill and Feldman, St Louis, MO). Mononuclear cells were isolated by density gradient centrifugation with the use of lymphocyte separation medium (Organon, Durham, NC). BMMNCs were cultured in growth factor media for four days as previously described.²⁹ Cells were centrifuged and ELISA for suPAR was performed.

Flow cytometry

Intracellular staining for suPAR expression was performed by means of the Pharmingen Intracellular Staining Kit.¹⁶ Double-color surface staining was first performed with phycoerythrin (PE)-conjugated anti-CD13 and anti-CD42a to distinguish platelets and granulocytes. CD62-FITC was used when appropriate to identify activated platelets. Cells were permeabilized by means of a saponin-based method (Pharmingen) and stained with fluorescein isothiocyanate (FITC)-anti-suPAR (Pharmingen and BioSource, Camarillo, CA). Specificity of the antibody was confirmed by showing elimination of staining with a suPAR. Samples were analyzed by means of the Coulter (Hialeah, FL) EPICS V flow cytometer.

ELISA

We assessed the reproducibility of ELISA in clinical samples. Serum from twenty normal donors and ten PNH patients were performed in triplicate and with a high degree of reproducibility i.e. (Pearson r = 0.97). Duplicate tests performed on blood samples from 10 patients assayed during periods of comparable disease activity (GPI-anchored protein neutrophils ±10%) also showed good reproducibility; linear regression analysis demonstrated a p value of <0.0001

Immunoblotting

Fresh serum was used for immunoprecipitation which was performed as previously described³⁰ with a polyclonal antibody directed to suPAR (American Diagnostica). Proteins (10 μ g/lane) were resolved in 12% Tris-glycine SDS gels (Invitrogen, Carlsbad, CA) electrophoresis at 125V and transferred to polyvinylidene difluoride (PVDF) membranes (Invitrogen, Carlsbad, CA). The membrane was blocked for 2 h with 5% BSA in PBS and 0.05% Tween-20 followed by incubation in primary suPAR mAb. Subsequently, membranes were incubated in horse radish peroxidase (HRP)-conjugated secondary anti-mouse IgG antibody and detection of the bands of interest was performed using the chemiluminescence kit with luminol (ECL plus system, Amersham Pharmacia Biotech, Buckinghamshire, UK).

Membranes were stripped after the first blotting in ImmunoPure IgG elution buffer (Pierce, Rockford, IL) re-blocked and re-blotted with another antibody (Ab). To evaluate equal loading of the lanes membranes were re-blotted with anti-actin polyclonal Ab; each was probed with suPAR mAb (American Diagnostica).

Statistical methods

Basic characteristics of PNH patients and controls were described using summary statistics, such as medians, means, standard deviations, ranges and proportions. In the absence of justifiable patterns by the missing mechanism, absent data were assumed to be missing completely at random, and were deleted in the analysis. Among the PNH patients, sample means of baseline suPAR (ng/mL) along with their corresponding standard errors and 95% confidence intervals were calculated for patients grouped by sex, LDH (400, >400), GpInegative neutrophils (500, >500), GpI percent (60%, >60%), ANC (500, >500), Mono absolute (300, >300), and the sum of ANC and Mono absolute (800, >800). P-values based on two-sample T-tests were calculated for testing equal means of baseline suPAR between patient groups. For statistical analysis using continuous covariates, natural logtransformations were used for LDH, GpI-negative neutrophils, GpI percent, ANC and Mono absolute. These transformations reduced the skewness of the covariate distributions. Linear regression models were used to evaluate the correlations between baseline suPAR and age, sex, and the log-transformations of LDH, GpI-negative neutrophils, GpI percent, ANC and Mono absolute. Univariate and multivariate Cox Proportional Hazard models were used to evaluate the effects of age, sex, baseline suPAR and the log-transformations of LDH, GpInegative neutrophils, GpI percent, ANC and Mono absolute on the time-to-first-clot distributions. P-values based on log-rank and t statistics were used for testing the null hypothesis that the corresponding covariate had no effect on the time-to-first-clot distribution. All numerical results were computed using the Splus 7 Statistical Software Package (Insightful Inc., Seattle, WA).

Results

Soluble uPAR is increased in PNH

Soluble uPAR was measured by ELISA in the sera of 80 patients with PNH at their initial visit, and in twenty normal controls and ten patients with AA but without PNH. Soluble uPAR was increased in patients with PNH compared to AA patients without PNH and healthy controls (Table 1, Fig. 1a). Increased serum suPAR was confirmed by immunoblotting in 15 patients (example seen in Fig. 1b). Linear regression analysis demonstrated a statistically significant relationship between the absolute number of GPI-negative neutrophils and suPAR levels measured by ELISA (p<0.001).

Soluble uPAR is present in GPI-negative neutrophils lacking membrane uPAR

Previously, others have demonstrated that suPAR is secreted from PNH leukocytes of patients with PNH³¹ and could be a potential source of suPAR in the plasma. Here we reproduced these findings but also demonstrated release of suPAR by BMMNC in culture and by activated platelets. When peripheral blood granulocytes were surface-stained with CD15-APC, CD59-PE, and anti-uPAR-FITC, a proportion of normal CD59-positive granulocytes (presumably those which are activated) but not PNH, CD59- granulocytes stained with anti-suPAR (example seen in Fig. 2a). At the same time, when these samples were intracellularly stained with anti-uPAR-FITC, most of the population of both CD59-positive granulocytes stained with anti-uPAR-FITC suggesting that uPAR is synthesized but is not surface-expressed without the GPI-anchor. Stained granulocyte populations are seen in Fig. 2b. When BMMNCs from individuals with >90% GPI-negative neutrophils and AA patients without PNH were placed in culture media for four days,

centrifuged to remove the cells, and supernatants tested by ELISA, there were significant increases in supernantant levels measured by ELISA for the PNH samples only and this could not be accounted for by differences cell death (Fig. 2c). In the three patients tested immediately following thrombosis the suPAR levels declined slightly, presumably related to increased levels of uPA.

GPI-anchored protein negative activated platelets release suPAR

Platelets obtained from patients PNH were activated by addition of adenosine diphosphate (ADP) (1 μ M) to platelet-rich plasma obtained from four PNH patients with >90% GPIanchor protein negative platelets and four healthy donors. Platelets were identified by anti-CD42-PECy5 (anit-GPIIb,IIIa); these were gated and activated platelets were distinguished by CD62-PE staining and the percent of these cells staining with anti-uPAR-FITC were measured. Only normal, activated platelets and not platelets from PNH patients demonstrated membrane uPAR (Fig. 3a). When these platelets were centrifuged, PNH platelet poor plasma (PPP) but not normal PPP demonstrated significant increases in suPAR compared to non-activated platelets by ELISA, suggesting that PNH platelets secrete suPAR upon activation, while normal platelets express the protein on their surface. (Fig. 3b).

suPAR decreases plasmin generation

Plasmin generation rate was measured at without and with varying concentrations of suPAR by a time-dependent change in the optical density at 405nm. There was a dose-dependent decrease in the activity of single-chain urokinase following the addition of recombinant suPAR (Fig. 4).

Thrombosis in PNH patients

Eighty-seven patients were stratified according to a history of thrombosis; suPAR and lactate dehydrogenase (LDH) levels were analyzed (suPAR was not available for seven patients). Univariate analysis showed that ANC, absolute number of GPI-negative neutrophils, percent GPI-negative neutrophils, and LDH correlated with suPAR levels (Table 1). For a mean follow-up of 4.1 years, there were 29 venous thrombotic events, one myocardial infarction (patient age 56 with no risk factors), and two cerebral vascular events (both under age 50, no risk factors). Thrombosis-free survival was significantly shorter in patients with LDH 1000 units/mL or suPAR 2 ng/mL (Fig. 5). Multivariate analysis showed that male sex, suPAR, and LDH were independently associated with risk of thrombosis.

Discussion

Thromboembolism is frequent in PNH ^{32;33} where it is the most common cause of death. In this study we demonstrate increased suPAR in the sera of PNH patients who eventually developed thrombosis. Multivariate analysis of the factors associated with thrombosis in our cohort of 87 PNH patients show that LDH, male sex, and suPAR levels were independently associated with time to first thrombosis. Factors correlating with elevated suPAR levels included the absolute number and percent of GPI negative neutrolphils, and ANC. These clinical findings are consistent with our in vitro observations that PNH BMMNCs and mature activated platelets and neutrophils³⁴ release suPAR and could be a source of this protein in PNH serum. We confirmed the results of others'³⁵ that suPAR impedes plasmin generation from plasminogen in vitro. Defects in urokinase activation related to suPAR as well as a relative deficiency of platelets and leukocytes with GPI-linked-uPAR may contribute to the alterations in fibrinolysis¹². It is likely that suPAR inhibits the generation of plasmin by competitively inhibiting uPA-binding to GPI-anchored uPAR. A factor potentially accounting for differences in the biological behavior of soluble and GPI-linked

uPAR may be related to changes in the molecular conformation of uPAR when this protein is not attached to the membrane. These changes confer an ability to bind to entirely different epitopes compared to its GPI-anchored form^{36;37}. Some evidence suggests that uPAR possesses little intrinsic zymogenic activity, but serves the mechanical function of bringing uPA and plasminogen into juxtaposition on the cell membrane³⁸-a role that can only be played by the GPI-anchored form.

Fibrinolytic defects such as plasminogen deficiency are not generally associated with thrombosis in the absence of additional risk factors³⁹. In PNH, hemolysis is a likely contributor to the pro-thrombotic state. During hemolysis, plasma-free hemoglobin is released binding nitric oxide resulting in lower levels near the vessel endothelium ¹³. Plasma red cell and platelet microvesicles with procoagulant activity⁴⁰ are formed. It is likely that among other factors, free hemoglobin released during hemolysis increases tissue factor production from the endothelium²² and complement activation of platelets results in upregulation of platelet α -granular protein, P-selectin, and release of high molecular weight von Willebrand factor from the vascular endothelium⁴¹. Recent observations that patients on elizumab⁴² and anecdotal evidence suggesting that thrombi form during hemolytic episodes further support a role for hemolysis in PNH thrombophilia.

The combination of hemolysis and suPAR-related impairment in fibrinolysis in PNH (mechanism detailed in Fig. 6) may explain the greater frequency of thrombosis in patients whose disease is primarily marked by hemolysis rather than bone marrow failure⁸. In this circumstance more autologous PNH red cell production results in more potential for hemolysis and improved neutrophil and platelet production result in higher suPAR levels. The fact that both the ANC as well as the absolute number of GPI-negative neutrophils correlates with the suPAR levels supports this hypothesis. The relative contribution of both hemolysis and the fibrinolytic defect introduced by excess suPAR needs to be addressed, particularly in patients taking eclizumab who may be reluctant to continue their anticoagulation after their hemolysis is controlled.

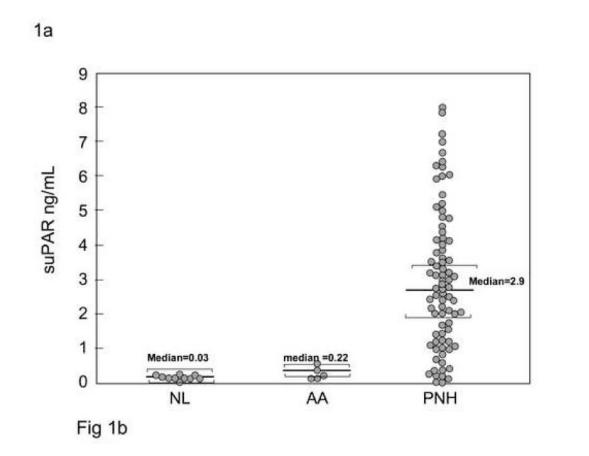
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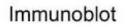
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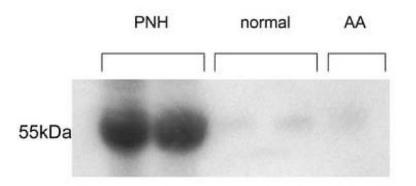
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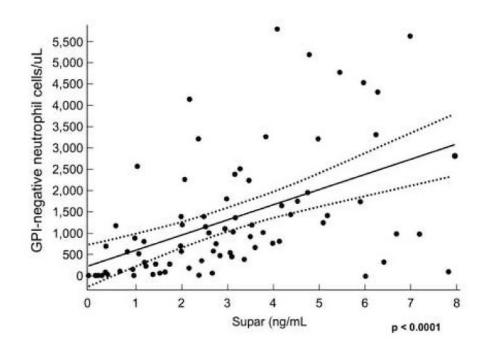


Fig. 1. Serum level of suPAR are increased in patients with PNH and correlates with the absolute number of GPI-negative neutrophils

Serum sUPAR levels were measured by ELISA in patients with PNH, AA without PNH, and in healthy donors. Levels measured from patients with PNH were substantially increased compared to AA patients (without PNH) or healthy donors **1A**.. Increased levels were confirmed by immunoblot showing a band at 55kDa matching the apparent molecular weight of suPAR in 15 PNH patients but not in 10 normal controls or five AA patients without PNH(**1B**). Linear regression analysis demonstrated a statistically significant relationship between the absolute number of GPI-negative neutrophils and suPAR levels measured by ELISA (p<0.001) (**IC**).

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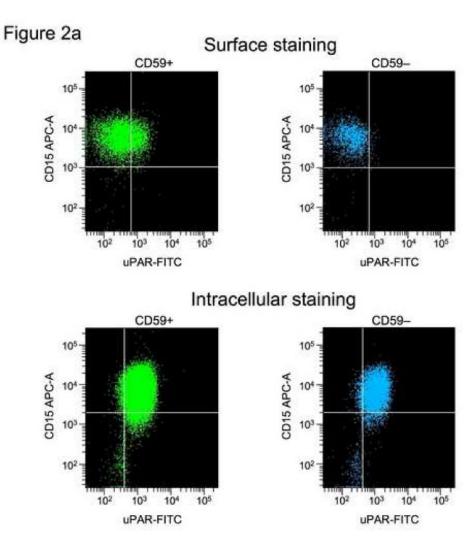


Figure 2b

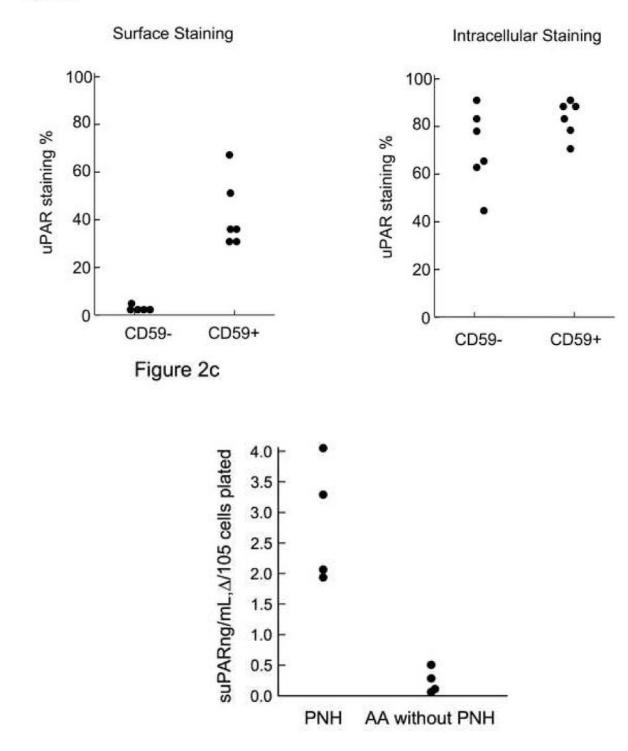
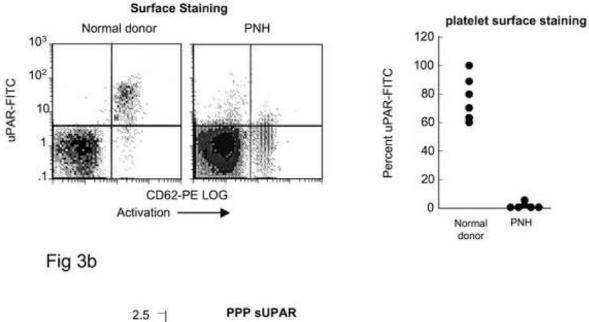


Figure 2. GPI-negative neutrophils demonstrated intracellular suPAR but not surface uPAR Samples of PB from PNH patients were surface-stained with CD59-PE mAb with and intracellular stained with suPAR-FITC mAb. The granulocytes were gated according to side-scatter forward scatter characteristics. CD59-positive and –negative samples were each gated and the uPAR-FITC mAb-staining cells were quantitated for each group. Consistent

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with previous observations that activated granulocytes express surface uPAR¹³, some CD59-positive granulocytes, but no CD59-negative neutrophils showed surface staining with suPAR antibody. However both CD59-positive and CD59 negative granulocytes show significant intracellular staining with uPAR (Example of staining is seen in **A**, results of all experiments are seen in (**B**)). When BMMNCs from patients with >90% GPI-negative neutrophils were placed in culture media for four days and then centrifuged, the supernatants tested by ELISA for suPAR showed significantly increased levels of sUPAR compared to AA patients (**C**).

Fig 3a



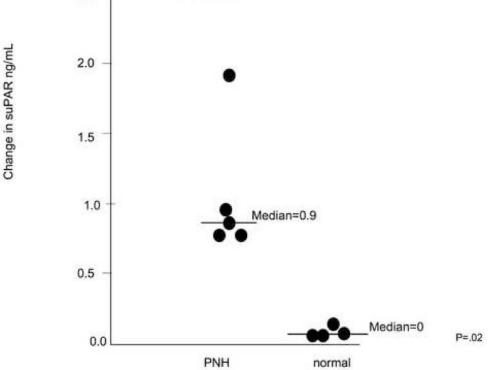


Figure 3. PNH platelets may represent a source of plasma suPAR Samples of platelets from healthy donors and from PNH patients whose platelets were primarily CD59-negative were activated by adding 1µM ADP while stirring. Samples were then fixed and stained with CD62-PE, CD42-PE-Cy5, and uPAR-FITC. Platelets identified on the basis of CD42 staining were gated and activated (CD62-staining) platelets were

examined for surface anti-uPAR staining. PNH platelets (N=6) demonstrated negligible uPAR surface staining, while platelets from healthy donors (N=6) demonstrated a substantial population staining for surface-uPAR (**A**). When the activated platelets were centrifuged and suPAR ELISA performed on the platelet poor plasma (PPP), there were measurable increases for the PNH platelets, but little suPAR was detected in the PPP of healthy platelets (**B**).

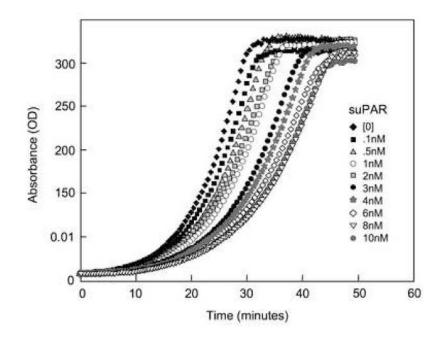
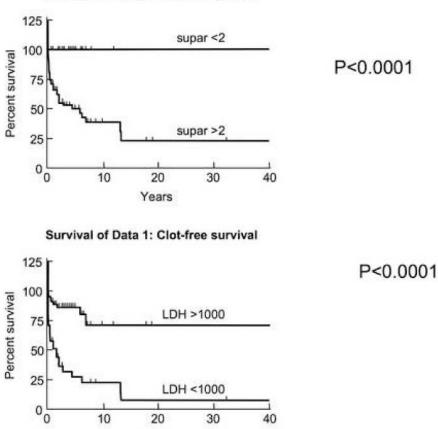
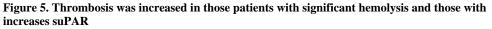


Figure 4. Soluble uPAR decreases plasmin generation

Plasminogen activation by single-chain recombinant tPA at 37° C was quantitated using a kinetic microtiter plate reader as described in Methods and Materials. Chromogenic assays were performed in 96 well microtiter plates using a total reaction volume of 200µl. The reaction occurred in the presence of 0.5% BSA-PBS. The Spectrozyme PL (0.5mM), scuPA (2nM), and the suPAR at various concentrations including controls without sUPAR were mixed and incubated at 37° C for 30 minutes. Following the incubation, plasminogen (1µM) was added and the absorbance readings at 405nm were measured and plotted against time for control and sample with varying concentrations of suPAR. Inhibition of plasmin generation by suPAR was dependent on the concentration of suPAR.



Survival of Data 1: Clot-free survival



Years

The charts of eighty-seven patients were analyzed retrospectively for history of thrombosis following entry into the study. ELISA was used to measure suPAR on frozen serum obtained on first encounter with the patients. Patients with LDH 1000Units/L and patients with suPAR 2.0 had significantly shorter clot-free survival compared to those with lower values. Reviewer was blinded to the results of suPAR. Patients were censured after their first clot and if they were placed on warfarin prophylactically (N=1).

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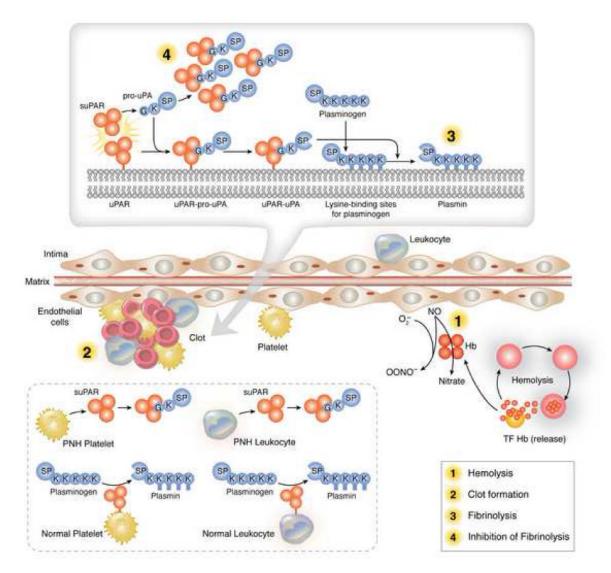


Figure 6. Hypothetical mechanism for increased thrombosis in patients with PNH

Clot forms because of the prothombotic state created by hemolysis with release of free hemoglobin (diminishing nitric oxide levels near the endothelium), red cell and platelet microvesicles (1). Fibrinolysis is impaired because of competitive binding of pro-uPA by fibrinolytically inactive suPAR (4) and the absence of fibrinolytically active membrane-uPAR normally present on platelets and leukocytes within the clot.

Table 1a

Mean, SD and 95% CI for suPAR at baseline under risk categories.

Risk Factor	N	Mean (SD)	95% CI for Mean	P-value
Sex				
Female	33	2.236 (0.255)	(1.716, 2.756)	
Male	33	2.347 (0.226)	(1.887, 2.806)	0.746
LDH				
400	33	1.333 (0.175)	(0.977, 1.690)	
>400	32	3.258 (0.173)	(2.904, 3.612)	< 0.001
Absolute # of GPI-neg neutrophils				
500	24	1.192 (0.180)	(0.818, 1.565)	
>500	42	2.920 (0.186)	(2.545, 3.294)	< 0.001
% GPI-neg neutrophils percent				
60%	32	1.447 (0.194)	(1.052, 1.842)	
>60%	34	3.086 (0.192)	(2.695, 3.476)	< 0.001
ANC				
500	15	1.202 (0.258)	(0.648, 1.755)	
>500	50	2.656 (0.181)	(2.292, 3.021)	< 0.001
Mono Absolute				
300	30	2.334 (0.230)	(1.863, 2.805)	
>300	34	2.211 (0.248)	(1.707, 2.716)	0.719
ANC+Mono Abs.				
800	15	1.092 (0.257)	(0.541, 1.644)	
>800	48	2.676 (0.175)	(2.324, 3.028)	< 0.001

Note: P-values are two sample T-tests.

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Table 2

first clot versus risk factors. Large coefficient estimate (β) or relative risk (exp(β)) suggest the association of the corresponding risk factor with the worse time to first clot outcome. Natural log-transformation was used for Absolute GPI-neg neutrophils, % GPI-neg neutrophils, ANC, Mono Absolute and the Regression coefficients and covariate adjusted relative risks obtained from the univariate and multivariate Cox Proportional Hazard Models of time to sum of ANC and Mono Absolute for the purpose of reducing the skewness of the distributions.

Risk Factor	Univar	Univariate Cox Regression	Regres	sion		Multiv	Multivariate Cox Regression	x Regres	sion	
	Coefficient	ient	Relati	Relative Risk		Coefficient	ient	Relative Risk	e Risk	
	β	SD	RR	95% CI	$P\left(\beta{=}0\right)$	β	SD	RR	95% CI	Ρ (β=0)
Age (years)	0.011	0.011	1.01	(0.99, 1.03)	0.320	-0.004	0.015		0.996 (0.97, 1.03)	0.800
Sex (male)	0.568	0.358	1.76	(0.88, 3.56)	0.108	0.862	0.404	2.37	(1.07, 5.23)	0.033
LDH (units)	0.842	0.169	2.32	(1.66, 3.24)	<0.001	0.587	0.213	1.80	(1.19, 2.37)	0.006
Abs. GPI-neg. Neu.	0.856	0.219	2.35	(1.53, 3.62)	<0.001				(,)	
%GPI-neg. Neu.	0.711	0.259	2.04	(1.22, 3.38)	0.004				(,)	
ANC	0.695	0.217	2.00	(1.31, 3.07)	0.001				(,)	
Mono	0.552	0.304	1.74	(0.96, 3.15)	0.072				(,)	
ANC+Mono	0.925	0.276	2.52	(1.47, 4.34)	0.001				(,)	
suPAR at baseline	0.399	0.076	0.076 1.49	(1.28, 1.73)	<0.001	0.366	0.098	1.44	(1.19, 1.75)	<0.001

Note: P-values are for log-rank tests in univariate models and t-tests for multivariate models.