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# T cells demonstrate a Th1-biased response to native $\beta$ 2-glycoprotein I in a murine model of anti-phospholipid antibody induction

TANYA TOLOMEO<sup>1,†</sup>, ANGELA RICO DE SOUZA<sup>1,†,\*</sup>, EVAN ROTER<sup>1</sup>, MÉLANIE DIEUDÉ<sup>1</sup>, PASCAL AMIREAULT<sup>1,‡</sup>, REBECCA SUBANG<sup>1</sup>, JERROLD S. LEVINE<sup>2,3,¶</sup>, and JOYCE RAUCH<sup>1,¶</sup>

<sup>1</sup>Division of Rheumatology, Department of Medicine, The Research Institute of the McGill University Health Centre, McGill University, Montreal, QC, Canada H3G 1A4

<sup>2</sup>Section of Nephrology, Department of Medicine, The University of Illinois at Chicago, Chicago, IL 60612, USA

<sup>3</sup>Section of Nephrology, Department of Medicine, Jesse Brown Veterans Administration Medical Center, Chicago, IL 60612, USA

### **Abstract**

Anti-phospholipid syndrome (APS) is an autoimmune disorder characterized by the presence of autoantibody (AAb) to phospholipid (PL)-binding proteins, such as  $\beta 2$ -glycoprotein I ( $\beta 2GPI$ ), and clinical manifestations including thrombosis and/or recurrent pregnancy loss.  $\beta 2GPI$ -reactive T cells are clearly implicated in the generation of these AAb, but the mechanism responsible for their activation remains unclear. We hypothesized that immunization of mice with human  $\beta 2GPI$ , in the context of a potent innate immune activator lipopolysaccharide (LPS), would generate not only high titers of anti-PL AAb, but also a strong  $\beta 2GPI$ -specific T cell response. Healthy, nonautoimmune C57BL/6 mice were immunized repeatedly with human  $\beta 2GPI$  in the presence of LPS. High titers of anti-PL to  $\beta 2GPI$  appeared after the second immunization, with T cell reactivity to  $\beta 2GPI$  detectable only after the fourth immunization. Splenic T cells from these mice proliferated in response to native  $\beta 2GPI$ , alone or bound to anionic PL. These T cells produced IL-2 and IFN- $\gamma$ , but not IL-4 or IL-10, indicating a Th1 bias of the  $\beta 2GPI$ -specific response. These findings suggest that T cells responsive to  $\beta 2GPI$  may become activated in APS patients by exposure to their cognate Ag in the context of innate immune activation and a pro-inflammatory environment.

Correspondence: J. Rauch, The Montreal General Hospital, 1650 Cedar Avenue, Montreal, QC, Canada H3G 1A4. Tel: 1514 934 1934. Ext. 42149. Fax: 1514 934 8239. joyce.rauch@mcgill.ca.

These two authors contributed equally to this research.

<sup>\*</sup>Present address: Department of Surgery, McGill University, Montreal, QC H3A 1A1, Canada.

<sup>‡</sup>Present address: LGN, CNRS UMR 7091, Bât. CERVI, Hôpital de la Pitié Salpêtrière, 83 Bd. de l'Hôpital, 75013 Paris, France.

These two authors contributed equally to this research.

#### Kevwords

β2-Glycoprotein I; TC; anti-phospholipid syndrome; systemic lupus erythematosus (SLE); rodent; autoimmunity

### Introduction

AAb to  $\beta$ 2GPI have been studied extensively in patients with APS and systemic lupus erythematosus (SLE), but the T cell response to this protein has received little attention. T cells isolated from APS patients and healthy controls can recognize  $\beta$ 2GPI, but mainly in non-native forms (e.g. reduced or recombinant), or when bound to anionic PL [1–3]. These findings suggest that  $\beta$ 2GPI-reactive T cells recognize an epitope that is derived from altered, rather than native,  $\beta$ 2GPI. However, the *in vivo* stimulus responsible for initiating this autoreactive T cell response remains unknown.

We hypothesized that immunization of mice with human  $\beta 2$ GPI, in the context of a potent innate immune activator that results in systemic inflammation, would generate a strong  $\beta 2$ GPI-specific T cell response. To induce a strong and persistent T cell response to  $\beta 2$ GPI, we selected LPS, a prototypic activator of innate immunity and a mediator of inflammation known to cause up-regulation of CD80 and CD86 [4]. LPS, which signals via TLR4, can also have additional immunogenic effects, such as enhanced Ag presentation by dendritic cells (DC) and enhanced survival of memory T cells [5]. We have previously shown that immunization of C57BL/6 or BALB/c mice with human  $\beta 2$ GPI, an apoptotic (apo) cell-binding protein, induces a long-lived, potent antibody (Ab) response not only to  $\beta 2$ GPI, but also to multiple SLE autoantigen (AAg), presumably via epitope spread to apo cell-derived Ag. Autoimmunity culminated in overt glomerulonephritis closely resembling that in SLE [6].

We show here that T cells from healthy, non-autoimmune C57BL/6 mice immunized with  $\beta$ 2GPI in the presence of LPS respond to both native and PL-bound  $\beta$ 2GPI with a Th1-biased cytokine response. These data suggest that T cells responsive to native  $\beta$ 2GPI may become activated by repeated exposure to this protein in the context of innate immune activation and systemic inflammation.

#### Materials and methods

Human β2GPI was from Crystal Chem (Downers, IL, USA), LPS (*Escherichia coli*-derived, serotype 0111:B4) from List Biological (Campbell, CA, USA), and phospholipid (PL) from Avanti Polar Lipids, Inc. (Alabaster, AL, USA).

Female C57BL/6 mice (10–12 week-old; Harlan Sprague Dawley, Inc., Indianapolis, IN, USA) were maintained under specific pathogen free (SPF) conditions, and immunized i.v. with either HEPES buffer (10, 150 mM NaCl, pH 7.4) or human  $\beta$ 2GPI (20  $\mu$ g for first, and 10  $\mu$ g for subsequent immunizations), followed 24 h later by i.v. injection of LPS (10  $\mu$ g) [6]. Mice received a total of two or four immunizations at 2-week intervals, and were bled

7–12 days post-immunization. Anti- $\beta$ 2GPI and anti-cardiolipin antibodies (ACL) were measured as previously described [6].

Splenic T cells, isolated using EasySep Mouse T cell Enrichment kits (StemCell Technologies, Vancouver, BC, Canada), were plated ( $1 \times 10^5$  cells/well) in RPMI 1640 supplemented with 10%  $\beta$ 2GPI-depleted fetal bovine serum (FBS), L-glutamine, HEPES, non-essential amino acids, penicillin/streptomycin, and  $\beta$ -mercaptoethanol ( $\beta$ ME). Antigenpresenting cells (APC) (mitomycin C-treated naïve C57BL/6 splenocytes) were added ( $4 \times 10^5$  cells/well), followed by antigen (Ag) (native  $\beta$ 2GPI [15  $\mu$ g/ml]), alone or preincubated with PL vesicles [0.15  $\mu$ M]; human serum albumin (HSA) [30  $\mu$ g/ml]; or concanavalin A (Con A) [1 or 5  $\mu$ g/ml]. Cell proliferation was assessed by BrdU incorporation (Indianapolis, IN, USA). T cell ( $1 \times 10^6$  cells/well) were co-cultured with APC ( $4 \times 10^6$  cells/well) in the presence of Ag for 48 h. Secreted cytokines were measured using ELISA kits (BD Biosciences, San Jose, CA, USA).

Statistical significance was determined by a two-tailed unpaired *t* test with Welch correction using InStat 3.0 (GraphPad Software, El Camino Real, CA, USA).

### **Results and discussion**

## Immunization with $\beta$ 2GPI in the presence of LPS, a potent innate immune activator, induces a T cell response to native $\beta$ 2GPI

C57BL/6 mice immunized with  $\beta$ 2GPI and LPS ( $\beta$ 2GPI/LPS), but not LPS alone, developed high titers of anti- $\beta$ 2GPI and ACL IgG Ab (>1/100,000 and >1/5000, respectively) following the 2nd immunization, and 4- to 20-fold higher titers post-4th immunization (Figure 1A). In contrast, a significant T cell response to  $\beta$ 2GPI was not detected until after the 4th immunization (Figure 1B). Of nine mice immunized with  $\beta$ 2GPI/LPS, five showed significant T cell proliferation to  $\beta$ 2GPI, while no  $\beta$ 2GPI-specific T cell response was observed in mice immunized with LPS alone (Figure 1B). While it may seem paradoxical that anti- $\beta$ 2GPI IgG is observed prior to the detection of a  $\beta$ 2GPI-specific T cell response, the number of  $\beta$ 2GPI-reactive T cell activated following the first two immunizations is likely small and insufficient for detection *in vitro*.

### T cells induced by immunization with β2GPI/LPS respond to native or PL-bound β2GPI

To determine whether the binding of  $\beta 2GPI$  to anionic PL alters T cell responses to this protein, PL vesicles consisting of 30% PS and 70% PC (PS/PC), or PC alone, were preincubated with  $\beta 2GPI$  (15  $\mu g/ml$ ). Unbound  $\beta 2GPI$  was removed.  $\beta 2GPI$  binding to anionic PL (PS/PC) was 4.7  $\mu g/ml$  and, as expected, greater than that to neutral PL (PC; 2.7  $\mu g/ml$ ). T cells from  $\beta 2GPI/LPS$ -immunized mice proliferated similarly to native or PS/PC-bound  $\beta 2GPI$ , despite the much lower concentration of  $\beta 2GPI$  in the PS/PC-bound Ag preparation (4.7 vs. 15  $\mu g/ml$ ; Figure 1B). In contrast, no proliferation was seen in response to PC-bound  $\beta 2GPI$ .

IL-2 responses in the  $\beta$ 2GPI/LPS- and LPS-immunized mice paralleled the proliferative responses (Figure 1C). Mice (6/9) immunized with  $\beta$ 2GPI/LPS produced a significant IL-2 response (p<0.05) to either PS/PC-bound or native  $\beta$ 2GPI, but not to PC-bound  $\beta$ 2GPI.

Together, these data demonstrate that T cells from  $\beta$ 2GPI/LPS-immunized mice respond to  $\beta$ 2GPI in its native form or bound to anionic PL.

### β2GPI-Reactive T cells induced by β2GPI and LPS demonstrate a Th1-biased response

Th polarization of the T cell response is an important indicator of its origin and contribution to disease pathogenesis. To investigate the Th polarization of the  $\beta$ 2GPI-specific response, we evaluated Th1 (IFN- $\gamma$ ) and Th2 (IL-4, IL-10) cytokine production in response to Ag (Figure 1C). Mice immunized with  $\beta$ 2GPI/LPS produced significant levels of IFN- $\gamma$  in response to either native or PS/PC-bound  $\beta$ 2GPI, but not PC-bound  $\beta$ 2GPI. In contrast, the same mice produced insignificant levels of IL-4 and IL-10. This profile is characteristic of a Th1 type response, and is consistent with findings in APS patients. Several studies have shown IFN- $\gamma$  production by  $\beta$ 2GPI-reactive T cells [2,7,8] from APS patients, and one study found Th1-polarization in APS patients, but not NHD [9].

### Innate immune activation is necessary for the generation of a potent T cell response to native $\beta 2GPI$

We show here that T cells from mice immunized with  $\beta 2$ GPI and LPS proliferated in response to native  $\beta 2$ GPI, alone or bound to anionic PL. These T cells exhibited a Th1 profile, producing IL-2 and IFN- $\gamma$ , but not IL-4 and IL-10, in response to these Ag. Of note,  $\beta 2$ GPI-reactive T cell responses were detectable *in vitro* only after the 4th immunization, while anti- $\beta 2$ GPI and ACL IgG were clearly observed by the second immunization. These data suggest that  $\beta 2$ GPI-reactive T cell may be difficult to detect without persistent restimulation with Ag, possibly in the context of LPS.

Potential physiological sources of anionic PL to which  $\beta 2GPI$  might bind include apo cells, endothelial cells, oxLDL, and activated platelets. While interaction of endogenous  $\beta 2GPI$  with anionic PL should be nonimmunogenic, the presence of a concomitant innate or inflammatory stimulus could lead to an altered immune response to this self-protein. In this case, interaction of  $\beta 2GPI$  with anionic PL could result in the presentation of novel T cell epitopes [8] or even modulation of the Ag presentation pathway [10–12]. Both putative mechanisms might lead to activation of T cells specific for epitopes not observed in nonautoimmune individuals.

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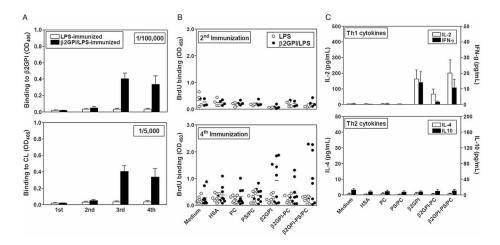


Figure 1. β2GPI-dependent Ab and T cell responses in mice immunized with β2GPI/LPS. (A) Antiβ2GPI and ACL IgG were detected by ELISA in plasma (diluted as indicated) from LPS- or β2GPI/LPS-immunized mice. β2GPI/LPS-immunized mice produced high titers of anti- $\beta$ 2GPI (p < 0.0001) and ACL (p < 0.02) IgG, compared to LPS-immunized mice, after the 3rd immunization. (B) Proliferation of splenic T cells from LPS- or β2GPI/LPS-immunized mice in response to various Ag was measured. Proliferation to β2GPI (alone or bound to PS/PC) was significant in β2GPI/LPS-, but not LPS-immunized, mice after the 4th, but not the 2nd, immunization ( $\beta$ 2GPI, p< 0.02;  $\beta$ 2GPI-PS/PC, p< 0.03). (C) Th1 and Th2 cytokines produced by T cells from β2GPI/LPS-immunized mice post-4th immunization in response to various Ag were quantitated. LPS-immunized mice (not shown) showed cytokine levels similar to those of controls (medium, HSA, or PL). IL-2 and IFN-γ production in response to  $\beta$ 2GPI, alone or bound to PS/PC, was significant (p< 0.05) compared to LPS-immunized mice, while IL-4 and IL-10 production did not differ from controls. Each bar represents the mean concentration (pg/ml)  $\pm$  SEM for each group (n = 4– 10).