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Plasma BDNF and PDGF-AA levels are associated with high TCD velocity and stroke in children with sickle cell anemia

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Abstract

Sickle cell anemia (SCA) associated cerebrovascular disease includes vascular remodeling, abnormal cerebral blood flow (CBF) and infarction. We studied the relationships between plasma brain derived neurotropic factor (BDNF), platelet derived growth factors (PDGF-AA and -AB/BB) and high trans-cranial Doppler (TCD) velocity, an indication of CBF velocity. Baseline plasma samples from 39 children (19 SCA with abnormal/high TCD [SATCD], 13 SCA with normal TCD [SNTCD] and 7 healthy non-SCA), were assayed for BDNF, PDGF-AA and -AB/BB plus 11 other cytokines. The sensitivity, specificity and usefulness of these biomarkers for prediction of stroke incidence was investigated. All subject groups were of similar age and gender distribution. Mean BDNF was significantly higher among SATCD than SNTCD ($p=0.004$) as was mean PDGF-AA ($p=0.001$). Similarly, mean PDGF-AA was higher among SCA subjects who developed stroke than for those who did not ($p=0.012$). Elevated BDNF and PDGF-AA were both associated with severity of anemia. Elevated BDNF and PDGF-AA were good predictors of the presence of abnormally high CBF velocity, and PDGF-AA predicted stroke development. Stroke incidence and high TCD velocity were associated with elevated BDNF and PDGF-AA. These findings suggest a role for BDNF and PDGF-AA in the patho-physiological mechanism of cerebrovascular disease in SCA.

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Keywords

Sickle cell anemia; Cerebral ischemia; Stroke; Biomarkers; Trans-cranial Doppler

1. Introduction

Sickle cell anemia (SCA) is a genetic disease resulting from a point mutation in the DNA, leading to the substitution of valine for glutamic acid at the 6th position of the β -globin chain and consequent polymerization of the hemoglobin molecule (during periods of hypoxia, dehydration or acidosis), forming hemoglobin polymers which distort the shape of the red blood cell [1]. The most common complication of SCA is repeated vaso-occlusion resulting in acute pain and end organ ischemic injury such as stroke [2]. The incidence of ischemic stroke in individuals with SCA is four times higher in children 2 – 15 years old, than in any other age group [3,4,7]. Evidence from angiography and autopsy has documented several pathological changes in the cerebral vasculature including stenosis and fibrosis [3,4], exuberant intimal growth or endothelial proliferation [5], and formation of sickle red cell sludge in small blood vessels [5,6]. Children with SCA may also develop silent cerebral infarcts, without overt stroke [8], which have been associated with cognitive decline and poor school performance [9,10].

The progressive nature of the pathologic mechanisms leading to disturbed cerebral blood flow (CBF) and infarction among children with SCA makes it possible to develop screening tests [11] for predicting the risk of developing stroke. A recent study suggested the use of a combination of magnetic resonance imaging (MRI) and magnetic resonance angiography (MRA) to predict stroke risk, because the vascular changes that could lead to the development of stroke were detected in the cohort of children that was studied [12]. However, the nature and cost of these procedures lessen their usefulness for predictive screening. Adams et al documented that a high TCD velocity (a non-invasive marker of cerebral blood flow velocity) is predictive of stroke risk in children with SCA and that chronic red cell transfusion is effective in preventing stroke onset in high risk subjects [13]. Despite the ability to identify children with SCA at risk for stroke and offer effective preventive therapy, our understanding of the patho-physiological mechanisms leading to cerebrovascular disease in SCA is limited. We proposed to study the relationship between plasma levels of biomarkers related to vascular remodeling (platelet derived growth factor) and cerebral ischemia/neuronal survival adaptation (brain derived neurotrophic factor) with high cerebral blood flow velocity measured by TCD and the risk of developing stroke in children with SCA. Our group has previously shown that moderately elevated interleukin-1 β (IL-1 β) level is associated with decreased risk of developing stroke in children with SCA [14].

Brain derived neurotrophic factor (BDNF) and platelet derived growth factor (PDGF) types AA and AB/BB are biomarkers with anti-apoptotic activity and involved in the cell survival pathway [15,16]. Brain derived neurotrophic factor is associated with neuronal survival adaptation and response to ischemia [17,18] and PDGF modulates endothelial and smooth muscle cell proliferation [15]. Brain derived neurotrophic factor is a member of the nerve growth factor family of proteins and a ligand for the neurotrophic tyrosine kinase type 2 (NTRK2 or TRKB) receptor [19]. It has a role in the differentiation of several mammalian neuronal cell types [18,19] and has been localized in several regions of the brain, especially the hippocampus. In addition, BDNF messenger ribonucleic acid (mRNA) expression is increased during seizure [20], and it causes attenuation of induced seizure [21] and a decrease in cerebral infarct size when administered intravenously or directly into the ventricles [17,22]. To our knowledge, there has not been any study reporting changes in

circulating BDNF or PDGF levels during periods of prolonged or chronic cerebral hypoxia and/or ischemia, as is observed in SCA subjects.

Platelet derived growth factor (PDGF) is an angiogenic factor first isolated from platelets [23], and later vascular and inflammatory cells [24,25]. It is an endothelial and smooth muscle cell mitogen [15] and various combinations of the PDGF- α and - β chains give rise to the isoforms AA, AB and BB [26]. Messenger ribonucleic acid expression for PDGF-AA and BB is elevated four-fold by reduction in arteriolar and capillary blood flow [27]. Children with sickle cell disease and elevated tricuspid regurgitant velocity (TRV), a non-invasive measure suggestive of pulmonary hypertension, had higher concentrations of PDGF-BB than those without elevated TRV or healthy controls [28]. Furthermore, PDGF-AA, AB and BB play vital roles in the regulation of vascular tone and attraction and maintenance of capillary mural cells [29].

Thus we posit that intimal proliferation will be associated with elevated plasma levels of PDGF, and that cerebral artery stenosis leading to reduction in cerebral blood flow, will increase BDNF due to cerebral ischemia. Our hypothesis is that, plasma BDNF and PDGF levels will be elevated in children with SCA and high TCD compared with those who have normal TCD or healthy controls. Furthermore, SCA subjects at risk for developing stroke will have higher plasma levels of these biomarkers compared with those having reduced risk for developing stroke.

2. Subjects, materials and methods

2.1. Study subjects and sample

This is a cross-sectional, nested prospective study design. Stored, frozen plasma samples were obtained from the Stroke Prevention in sickle cell anemia (STOP) study and from a study at Morehouse School of Medicine (MSM) investigating the effect of nutrition on inflammation in children with SCA (NUTSCD). The STOP study ran from 1995 – 1997. Subjects were age 2 – 16 years, with HbSS (SCA) or HbS β^0 thalassemia and no previous history of stroke, with mean velocities of cerebral blood flow of ≥ 200 cm/s on at least two separate occasions, or a single measurement of ≥ 220 cm/s classified as having abnormal or high trans-cranial Doppler (TCD) measurement. STOP study subjects were randomized to receive either standard care (n=67) or transfusion (n=63) and were followed with annual TCD measurements. The standard care arm showed a significantly higher incidence of stroke, enough to warrant the early termination of the trial. The full details of the STOP study has been described elsewhere [13]. The present study is ancillary to the STOP study and enabled us to use anonymized, stored plasma samples collected at study entry. The Institutional Review Boards of MSM, Georgia Health Science University and New England Research Institutes, granted approval for the use of the anonymized samples for this purpose.

The NUTSCD study is a pilot clinical trial that commenced at MSM in December of 2009 to study the benefits of providing additional calories to children with SCA. Institutional review boards of Children Healthcare of Atlanta (CHOA) and MSM approved the study. The subjects were children with SCA, aged 6 – 12 years who were not receiving hydroxyurea therapy or blood transfusion in the last 4 months, chronic oral corticosteroids or non-steroidal anti-inflammatory drug (NSAID) therapy and had no serious medical illness 2 weeks prior to enrollment. Healthy African American children ages 6 – 12 years without SCA were recruited as controls. The SCA subjects all had normal TCD measurements and were enrolled from CHOA's Hughes Spalding and Egleston campuses after signed informed consent. In total, 19 SCA baseline samples were obtained from the STOP study subjects

who all had abnormal TCD velocity (SATCD) and from 20 subjects in the NUTSCD, including 13 SCA subjects with Normal TCD (SNTCD) and 7 healthy controls.

2.2. Sample processing and analysis

All samples were initially stored at -80°C and allowed to thaw slowly at room temperature. Before analysis samples and reagents were brought to room temperature. The samples were analyzed in duplicate using $25\mu\text{l}$ of plasma per well. Plasma levels of a combination of 11 pro- or anti-inflammatory cytokines and angiogenic markers (IL- 1β , IL-1ra, IL-4, IL-6, IL-10, IL-13, IFN- γ , TGF- α , TNF- α , VEGF and GMCSF) were measured undiluted, the same was done for BDNF, PDGF-AA, and PDGF-AB/BB, with overnight incubation. Assay was done with commercially available antibody immobilized beads (Millipore, Billerica, MA) and Bio-Rad Bioplex system powered by Luminex (Bio-Rad, Hercules, CA). Manufacturer's protocols for these analyses were closely followed with results obtained from interpolated 5-PL logistic curves generated using the kit manufacturer's standards.

2.3. Data analysis and presentation

Data analysis was done with input from all authors, using SPSS/PASW version 18 for Windows (IBM Corp. Armonk, NY), Microsoft office Excel (Microsoft Corp, Seattle, WA) and STATA 12 (STATA Corps, College Station, TX). Plasma levels of analytes are presented as mean \pm SD and also graphically in bar graphs. Bi-variate analysis was done using t-test to compare means for two groups while an analysis of variance (ANOVA) test with post-hoc analysis (Tamhane's T2 test) was used to compare means among the three groups. This was then followed by plotting receiver operator characteristic (ROC) curves for BDNF, PDGF-AA and PDGF-AB/BB, which were the analytes of interest and showed association with abnormal TCD velocity and/or incidence of stroke. The mean age, gender and some physical and hematological characteristics of the subjects are presented using tables. Because the plasma levels of the other 11 cytokines measured were similar in all groups and showed no significant relationship with high TCD or incidence of stroke, they were not reported in the results.

3. Results

3.1. Physical and hematological characteristics of subjects

Age, gender and other physical and hematological characteristics of the subjects are presented in tables 1 – 2. There was no significant difference in age and gender distribution among the groups, but as expected, the SCA subjects had a significantly lower mean body mass index (BMI) compared with the healthy controls ($p<0.001$). Similarly, SCA subjects had significantly higher mean white cell count, platelet count, reticulocytes percent and a significantly lower mean hemoglobin level than the healthy controls ($p<0.001$). Also, SATCD had significantly higher mean reticulocytes percent ($p=0.009$) and lower mean hemoglobin level than SNTCD. Subjects with SCA who developed stroke had significantly higher mean white blood cell counts compared with those who did not develop stroke ($p=0.004$).

3.2. All SCA subjects vs. controls

The mean concentrations of BDNF (163.9 ± 110.8 vs. 34.1 ± 20.3 pg/ml, $p<0.001$), PDGF-AA (251.2 ± 174.6 vs. 33.8 ± 32.4 pg/ml, $p<0.001$) and PDGF-AB/BB (736.8 ± 649.3 vs. 101.0 ± 72.2 pg/ml, $p<0.001$) were significantly higher among the subjects with SCA, compared with controls (Figure 1). There was no significant difference in the levels of the other cytokines and angiogenic factors between the groups.

3.3. SCA with abnormal TCD vs. SCA with normal TCD vs. controls

Mean plasma level of BDNF (213.6 ± 91.4 pg/ml) for the SATCD group was significantly higher than for the SNTCD group (91.2 ± 97.7 pg/ml, $p=0.004$) or controls (34.1 ± 20.3 pg/ml, $p<0.001$). The SNTCD group also had significantly higher plasma BDNF than the controls ($p=0.006$). Similarly, plasma PDGF-AA was significantly higher among SATCD (346.7 ± 152.3 pg/ml, $p<0.001$) and SNTCD (111.5 ± 91.6 pg/ml, $p=0.041$) compared with controls (33.7 ± 32.4 pg/ml) and was also significantly higher for the SATCD group compared with SNTCD (346.7 ± 152.3 vs. 111.5 ± 91.6 pg/ml, $p<0.001$). Plasma PDGF-AB/BB was significantly higher among SATCD (790.6 ± 350.9 pg/ml, $p<0.001$) compared with controls (101.0 ± 72.3 pg/ml), but there were no significant differences in the levels of this biomarker between SATCD and SNTCD, or SNTCD and controls (Figure 2).

3.4. Bi-variate correlation analysis

Bi-variate correlation analysis showed positive correlations between plasma PDGF-AA and high TCD velocity ($r=0.5$, $p=0.032$) as well as transforming growth factor alpha (TGF- α) levels ($r=0.7$, $p<0.001$), but a negative correlation with hemoglobin (Hb) levels ($r=-0.4$, $p=0.028$) among SCA subjects. Similarly, plasma BDNF levels correlates positively with PDGF-AA ($r=0.8$, $p<0.001$), interleukin-10 ($r=0.4$, $p=0.032$) and TGF- α ($r=0.6$, $p=0.001$), but showed a trend towards negative correlation with hemoglobin ($r=-0.3$, $p=0.077$). Only TGF- α levels were positively correlated with plasma PDGF-AB/BB ($r=0.4$, $p=0.012$) among all the SCA subjects. Among only SCA subjects with high TCD velocity, plasma BDNF correlated positively with PDGF-AA ($r=0.5$, $p=0.038$) and interleukin-10 ($r=0.5$, $p=0.019$). Similarly, plasma PDGF-AA levels were positively correlated with high TCD velocity ($r=0.5$, $p=0.035$), but negatively with reticulocyte percentage ($r=-0.6$, $p=0.014$). There was no significant relationship between plasma levels of these biomarkers and white blood cell count, platelet count or hemoglobin concentration in this group.

3.5. SCA with stroke vs. SCA without stroke

Seven of the SCA subjects with high TCD developed stroke and we compared mean levels of these biomarkers in SCA subjects who developed stroke with those who did not (Figure 3). Only mean PDGF-AA level was significantly higher among those who developed stroke compared with those who did not (399.5 ± 143.4 pg/ml vs. 209.6 ± 161.3 pg/ml, $p=0.012$).

3.6. Predictive value of biomarkers

Using logistic regression modeling corrected for age and gender to obtain odds ratios (OR), we investigated the usefulness of the 3 biomarkers for predicting abnormally high TCD velocity in the SCA subjects. Elevated BDNF (OR=1.022/unit rise, $p=0.004$) and PDGF-AA (OR=1.023/unit rise, $p=0.014$) levels were significantly associated with increased odds of having abnormally high CBF velocity. The model also showed that elevated PDGF-AA levels were associated with a significant risk of developing stroke (OR= 1.014/unit rise, $p=0.044$). Elevated BDNF levels were associated with a slight but statistically non-significant risk of developing stroke (OR= 1.006/unit rise).

Receiver Operator Characteristic (ROC) curves were plotted to explore the usefulness of BDNF, PDGF-AA and PDGF-AB/BB as potential biomarkers for predicting the presence of high TCD velocity and risk of subsequent stroke. Figure 4a – b provides graphical representation of the ROC curve analyses. The usefulness of a test or biomarker is determined by the Area Under the Curve (AUC), which is statistically significant when it is between 0.8 and 1.0, with 1.0 signifying an ideal test or biomarker. The ROC plot indicated that both BDNF and PDGF-AA were good biomarkers of abnormally high cerebral blood flow (high TCD) velocity, with AUCs of approximately 0.84 and 0.87 respectively.

Furthermore, sensitivity and specificity co-ordinates plots of the ROC curves indicates that a plasma BDNF level of 135.3pg/ml was 83% sensitive and specific in detecting abnormally high TCD velocity, whereas a PDGF-AA level of 196.9pg/ml was 94% sensitive and 77% specific in detecting abnormally high TCD velocity. The PDGF-AB/BB level was neither reliably sensitive or specific (at 61% and 69% respectively).

In considering stroke risk, only PDGF-AA met the minimum AUC threshold for a useful biomarker, with an AUC of 0.91, while the AUC for BDNF was only 0.71. In addition, we were able to determine that a plasma PDGF-AA level of 306.8pg/ml was 100% sensitive and 84% specific for predicting stroke development among the SCA subjects. However, neither BDNF (67 and 64%) or PDGF-AB/BB (67 and 64%) levels were reliably sensitive or specific for predicting risk for developing stroke among SCA subjects.

4. Discussion

The STOP study demonstrated the efficacy of chronic blood transfusions in stroke prevention for children with SCA. However, a lifetime of transfusions is recommended and this therapy requires multiple hospital visits and iron overload is a major side effect [30]. Our results demonstrate a relationship between elevated plasma levels of BDNF, PDGF-AA and PDGF-AB/BB and abnormally high TCD velocity and/or stroke development in children with SCA. Because elevated TCD velocity is a marker of abnormally high cerebral blood flow [13,31], these biomarker levels might be a reflection of dysregulation in cerebral perfusion.

Based on evidence from the literature, we believe that elevation in BDNF level seen in children with SCA is an adaptive/protective response to reduce cell death during periods of cerebral ischemia caused by abnormal CBF [17,32–33], with a goal of restoring cerebral perfusion for instance via stimulating compensatory mechanisms such as increasing prostacyclin [34]. The strong correlation between BDNF and interleukin-10 (IL-10) levels demonstrated in this study is consistent with reports of an association between elevated levels of BDNF and elevation in the plasma levels of anti-inflammatory biomarkers [35,36]. Our data was not consistent with those from other studies that have reported an inverse relationship between plasma BDNF levels and those of pro-inflammatory cytokines, but it supported reports of a direct relationship between BDNF and anti-inflammatory cytokine [21,35,37,38]. This possibly indicates that the higher mean BDNF levels observed among SATCD and those SCA subjects who developed stroke are an indication that the reported cerebral ischemia associated with abnormally high CBF velocity has an even greater role in up-regulating BDNF than inflammation which in children with SCA is a subclinical and chronic process [39]. This might also explain why there were no significant difference in the plasma levels of inflammatory markers in our study despite the marked difference in the levels of BDNF between the groups, especially between SATCD and SNTCD.

Our study is the first to report elevated PDGF levels among SCA subjects with elevated TCD and/or stroke. Increased angiogenesis, endothelial activation and proliferation along with global activation of angiogenic factors are well documented for SCA subjects [40] and PDGF reportedly has a role in these processes [26,41], which are associated with arterial remodeling. Sickle cell sludge formation leading to decreased effective cerebral blood flow could partly be responsible for the elevated PDGF levels observed among SCA subjects with high TCD and/or stroke in our study, since other studies show that reduced carotid arteriolar and capillary blood flow induce PDGF ligand expression [27]. Taken together with the results of Niu et al [28] which demonstrate an association between PDGF-BB and elevated tricuspid regurgitant velocity, our data suggest that elevated PDGF is a biomarker of arterial

remodeling and could play an important role in cerebrovascular pathology associated with development of stroke in children with SCA.

Our data shows a negative correlation between anemia and plasma PDGF-AA level in SCA patients. This is in support of reports that anemia in SCA patients may trigger PDGF-mediated cerebral arterial remodeling by causing disturbed and hyperemic cerebral blood flow [42], reduced cerebral oxygenation [43] and cerebral hypoxia, in addition to fluid shear stress via turbulent blood flow [44]. Cerebral hypoxia has been linked to elevated PDGF possibly via hypoxia inducible factor-1 α (HIF-1 α) signaling [45]. This mechanism might partly be responsible for the elevated PDGF and specifically PDGF-AA level observed among SCA subjects with high TCD velocity and/or developed stroke. The strong correlation between BDNF and the PDGF sub-types is a possible evidence of their collective regulation by reduced effective cerebral perfusion from abnormally high or dysregulated cerebral blood flow velocity, anemia and hypoxia. Thus we propose the model in figure 5.

The results from the ROC curve plots and analyses suggest that early estimation of BDNF and PDGF-AA could be useful for detecting the presence abnormally high cerebral blood flow velocity, cerebral ischemia and cerebral vascular dysfunction in children with SCA. Furthermore, PDGF-AA levels could be useful for predicting stroke risk in these children. Therefore, in combination with TCD screening, these biomarkers of arterial remodeling and cerebral ischemia may strengthen stroke risk prediction in SCA, or they may prove to be useful for stroke risk screening in resource-limited areas where TCD screening is not feasible. The clinical implication of our study is supported by our finding of a higher pre-transfusion PDGF-AA level (312pg/ml) for one of the three SCA subjects with high TCD and receiving transfusion who developed stroke. This level was almost as high as the mean levels for the other six SCA subjects with high TCD velocity who developed stroke on standard care (358 \pm 197pg/ml) and was only five units above the threshold of 306.8pg/ml established based on the ROC curves sensitivity and specificity coordinate plots. The two subjects who did not develop stroke while receiving transfusion had lower individual and mean pre-transfusion PDGF-AA levels (233 \pm 0.5pg/ml) than this one subject. Consequently, BDNF and/or PDGF-AA may be helpful in determining future risk for cerebrovascular events in children with silent cerebral infarcts and normal TCD. However, these relationships will need to be evaluated in future studies. These results show no significant relationship between platelet count and levels of either PDGF-AA or PDGF-AB/BB, indicating that platelets are unlikely to be the source of the observed elevated levels.

5. Summary/Conclusions

The conclusions of this study are limited by the small sample size and although preliminary, the strength of the associations between BDNF and PDGF-AA levels and abnormally high TCD velocity and stroke risk in children with SCA is note worthy. This study provides new important findings that BDNF, PDGF-AA and PDGF-AB/BB levels are elevated in children with SCA. BDNF and PDGF-AA levels are associated with abnormally high TCD, hence CBF velocity and development of stroke in SCA subjects. BDNF and PDGF-AA levels were associated with the severity of anemia. Brain derived neurotropic factor is likely to indicate the presence of cerebral ischemia and PDGF-AA may be a biomarker of cerebral artery remodeling. With further studies, these biomarkers may provide insights into the mechanisms leading to cerebral arterial changes and stroke in children with SCA.

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Definition of abbreviations

SNTCD	Sickle cell anemia subject with Normal TCD velocity
SATCD	Sickle cell anemia subject with Abnormal/high TCD velocity

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- Sickle cell anemia (SCA) subjects show higher plasma BDNF and PDGF levels than controls
- Mean plasma BDNF and PDGF-AA levels were higher among SCA subjects with high TCD than other subjects
- BDNF and PDGF-AA levels were associated with abnormally high cerebral blood flow velocity
- Plasma PDGF-AA level was sensitive and specific for predicting stroke incidence

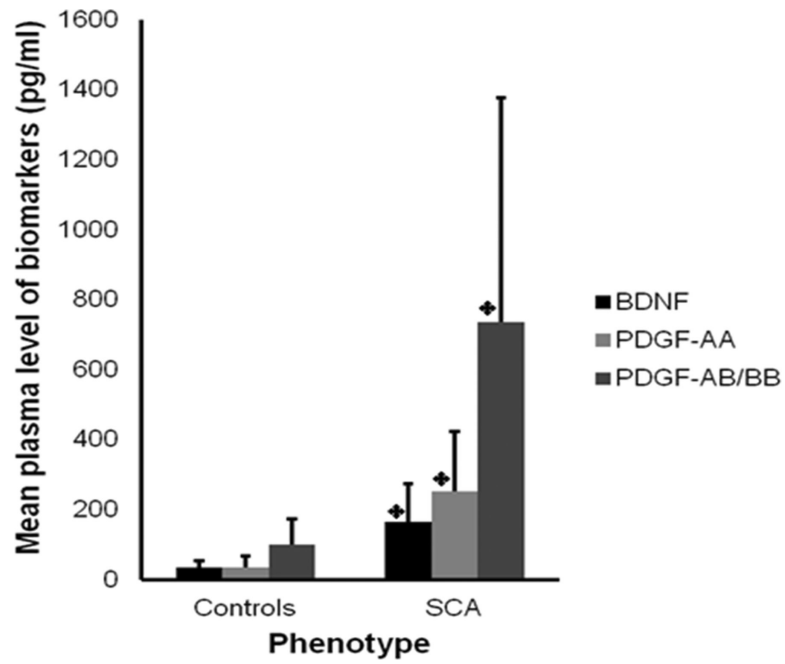


Figure 1. Mean level of each biomarker was higher among all children with sickle cell anemia than healthy controls

A t-test showed that mean levels of BDNF, PDGF-AA and PDGF-AB/BB were significantly higher among children with SCA than controls $p < 0.001$. The error bars indicate the standard deviation (SD).

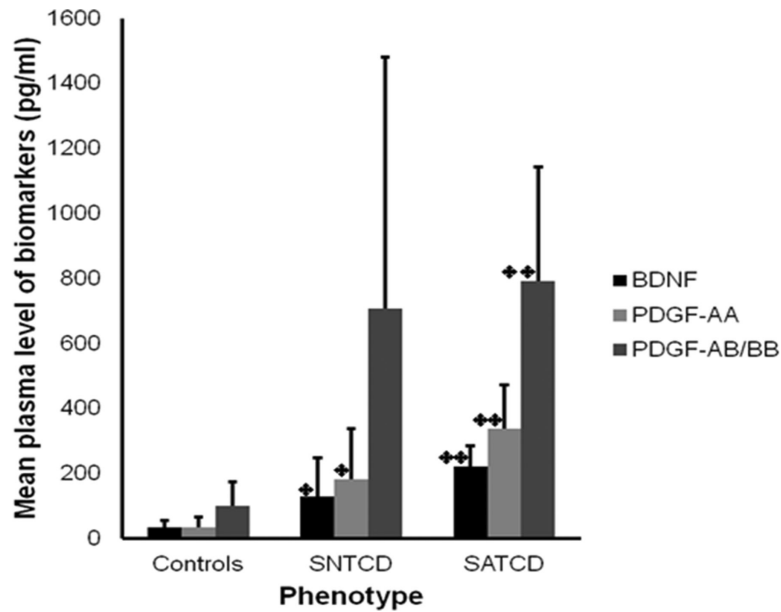


Figure 2. Levels of BDNF, PDGF AA and AB/BB are higher in children with sickle cell anemia (SCA) and with SCA and high TCD velocity

The figure presents mean plasma brain derive neurotropic factor (BDNF), platelet derived growth factor-AA (PDGF-AA) and platelet derived growth factor-AB/BB (PDGF-AB/BB) levels in children who are healthy controls (Controls), have SCA with normal TCD (SNTCD) and SCA with abnormal TCD (SATCD). TCD = trans-cranial Doppler velocity. Values are mean \pm SD and an ANOVA test with post-hoc analysis shows that the mean plasma levels of the biomarkers were significantly higher among SATCDs than either SNTCD (** $p < 0.01$) or Controls (** $p < 0.01$). Similarly, except for PDGF-AB/BB, the mean plasma levels of the biomarkers were significantly higher among SNTCD than controls (* $p < 0.001$)

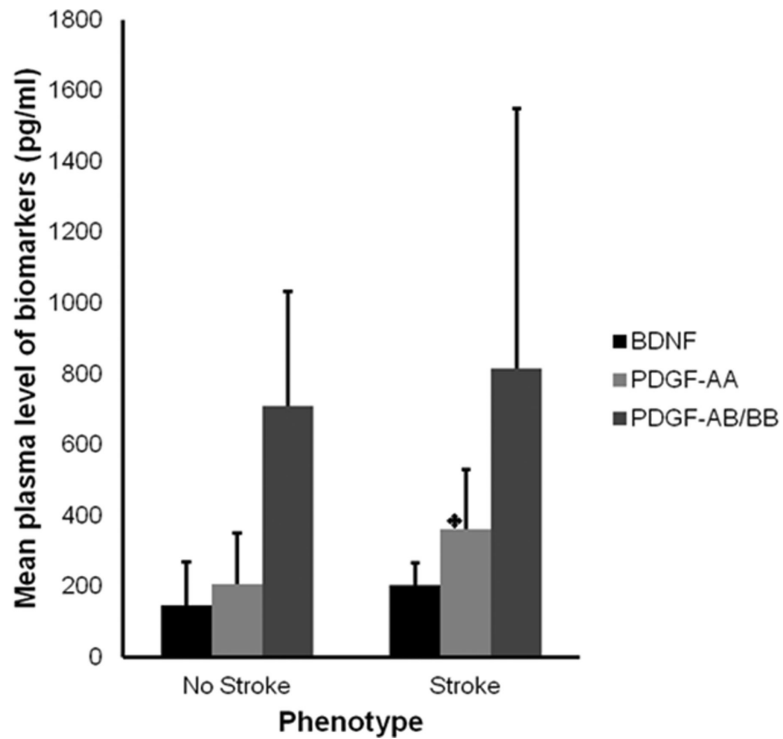


Figure 3. Comparison of mean plasma levels of BDNF, PDGF-AA and -AB/BB in SCA subjects who developed stroke with those who did not

Independent sample t-test shows a statistically significant difference in PDGF-AA levels among SCA subjects who developed stroke compared with those who did not ($*p=0.012$). Difference in the levels of the other two biomarkers were not significant. The SCA subjects with stroke all had abnormal TCD, while those who did not develop stroke included those with normal and abnormal TCD velocities. No Stroke = sickle cell anemia subjects who did not develop stroke, Stroke = sickle cell anemia subjects who subsequently developed stroke

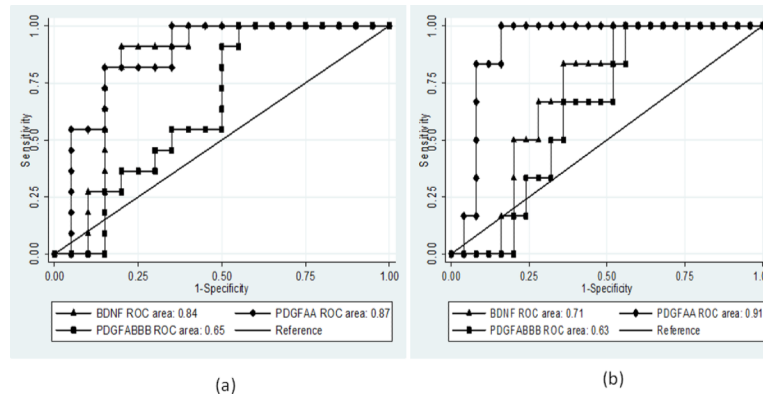


Figure 4. Receiver Operator Characteristic (ROC) curves for (a) high TCD velocity and (b) stroke development on plasma levels BDNF, PDGF-AA and -AB/BB

The Area Under the Curve (AUC) was 0.84, and 0.87 for BDNF and PDGF-AA respectively in Fig. 4a. While the AUC was 0.71, and 0.91 respectively for BDNF and PDGF-AA in Fig. 4b. It shows that although BDNF and PDGF AA are sensitive in detecting presence of abnormally high cerebral blood flow velocity, only PDGF AA was a useful biomarker of risk for stroke development in SCA subjects (AUC = 0.91). The AUC for PDGF-AB/BB was not significant in both situation. TCD = trans-cranial Doppler.

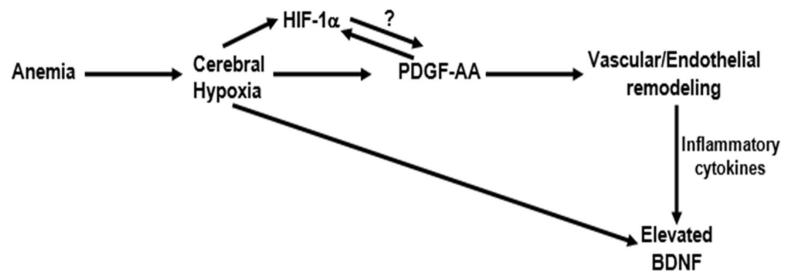


Figure 5. Proposed model for vascular remodeling leading to cerebrovascular disease in sickle cell anemia.

Table 1

Characteristic of subjects and their distribution based on the defined groups. There was no significant difference in age and gender distribution among groups. Except in height, SCA subjects were significantly different from controls ($p<0.001$). There was no significant difference between the SNTCD and SATCD except in reticulocytes percent ($p=0.009$) and hemoglobin level ($p=0.004$).

Characteristics	Controls	SNTCD	SATCD
Number	7	13	19
Gender (m/f) ^a	4/3	3/10	9/10
Age (y) ^a	9.6 ± 1.7	8.8 ± 2.3	8.1 ± 3.1
Height (m) ^a	1.3 ± 0.2	1.3 ± 0.1	1.3 ± 0.2
Weight (kg) ^a	40.4 ± 7.9	24.5 ± 4.5	24.5 ± 7.0
BMI (kg/m²) ^a	22.9 ± 6.8	14.8 ± 0.9	15.7 ± 1.5
Platelet count (×1000/μL) ^a	250 ± 39	452 ± 169	385 ± 67
Reticulocytes percent (%) ^a	1.0 ± 0.5	9.2 ± 3.0	12.9 ± 3.5
White Blood Cells count (×1000/μL) ^a	5.1 ± 1.8	10.8 ± 2.6	11.0 ± 2.6
Hemoglobin level (g/dL) ^a	12.4 ± 0.6	8.6 ± 0.8	7.5 ± 0.8

^aValues are means±SD. SNTCD = sickle cell anemia subject with normal TCD, SATCD = Sickle cell anemia subject with abnormal or high TCD, TCD = Transcranial Doppler

Table 2

Shows physical and hematologic characteristics of SCA subjects who developed stroke and those did not. Except in levels of white blood cells count ($p= 0.040$), there was no significant difference between the groups based on all other characteristics.

Characteristics	SCA with Stroke	SCA without Stroke
Number	7	25
Gender (m/f)	4/3	8/17
Age (y) ^a	7.9 ± 3.2	8.5 ± 2.7
Height (m) ^a	1.2 ± 0.2	1.3 ± 0.1
Weight (kg) ^a	24.6 ± 6.5	24.5 ± 6.1
BMI (kg/m²) ^a	15.9 ± 1.8	15.1 ± 1.2
Platelet count (×1000/μL) ^a	396 ± 49	417 ± 135
Reticulocytes count (%) ^a	11.5 ± 2.2	11.3 ± 4.1
White Blood Cells count (×1000/μL) ^a	12.7 ± 2.9	10.4 ± 2.3
Hemoglobin level (g/dL) ^a	7.6 ± 0.7	8.0 ± 1.0

^aValues are means±SD.