

Mechanisms Underlying the Rapid Peroxisome Proliferator-Activated Receptor- γ -Mediated Amyloid Clearance and Reversal of Cognitive Deficits in a Murine Model of Alzheimer's Disease

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Alzheimer's disease is associated with a disruption of amyloid β ($A\beta$) homeostasis, resulting in the accumulation and subsequent deposition of $A\beta$ peptides within the brain. The peroxisome proliferator-activated receptor- γ (PPAR γ) is a ligand-activated nuclear receptor that acts in a coupled metabolic cycle with Liver X Receptors (LXRs) to increase brain apolipoprotein E (apoE) levels. apoE functions to promote the proteolytic clearance of soluble forms of $A\beta$, and we found that the synthetic PPAR γ agonist, pioglitazone, stimulated $A\beta$ degradation by both microglia and astrocytes in an LXR and apoE-dependent manner. Remarkably, a brief 9 d oral treatment of APP^{sw}/PS1 Δ e9 mice with pioglitazone resulted in dramatic reductions in brain levels of soluble and insoluble $A\beta$ levels which correlated with the loss of both diffuse and dense-core plaques within the cortex. The removal of preexisting amyloid deposits was associated with the appearance of abundant $A\beta$ -laden microglia and astrocytes. Pioglitazone treatment resulted in the phenotypic polarization of microglial cells from a proinflammatory M1 state, into an anti-inflammatory M2 state that was associated with enhanced phagocytosis of deposited forms of amyloid. The reduction in amyloid levels was associated with a reversal of contextual memory deficits in the drug-treated mice. These data provide a mechanistic explanation for how PPAR γ activation facilitates amyloid clearance and supports the therapeutic utility of PPAR γ agonists for the treatment of Alzheimer's disease.

Introduction

Alzheimer's disease (AD) is characterized by the accumulation and deposition of amyloid β ($A\beta$) within the brain because of inefficient clearance of these peptides (Mawuenyega et al., 2010; Querfurth and LaFerla, 2010). $A\beta$ accumulation is associated with perturbations in synaptic function, neuronal loss, and memory and cognitive impairments (Lue et al., 1999; Akiyama et al., 2000b; Palop and Mucke, 2010).

Apolipoprotein E (apoE) is the principal genetic risk factor for sporadic, late-onset AD (Corder et al., 1993; Roses, 1996). apoE is synthesized mainly by astrocytes and plays an isoform-dependent role in modulating $A\beta$ fibrillization and clearance (Holtzman, 2001; Zlokovic et al., 2005; Kim et al., 2009). apoE scaffolds the formation of high-density lipoproteins (HDLs), which traffic cholesterol and phospholipids (Kim et al., 2009). Lipids are trans-

ferred to apoE through the transporter, ABCA1 (Wahrle et al., 2004). Importantly, apoE-containing HDL particles facilitate the proteolytic degradation of soluble $A\beta$ (s $A\beta$) (Jiang et al., 2008).

The nuclear receptors, peroxisome proliferator-activated receptor- γ (PPAR γ) and Liver X receptors (LXRs) are ligand-activated transcription factors that act as fatty acid and cholesterol sensors (Forman et al., 1997; Kersten et al., 2000). LXR activation induces HDL particle formation through *apoE* and *abca1* expression (Lehmann et al., 1997; Tall, 2008). Sustained PPAR γ or LXR activation results in amelioration of AD-related pathophysiology in AD mouse models (Yan et al., 2003; Pedersen and Flynn, 2004; Heneka et al., 2005; Koldamova et al., 2005a; Riddell et al., 2007; Zelcer et al., 2007; Jiang et al., 2008; Donkin et al., 2010; Fitz et al., 2010; Toledo and Inestrosa, 2010). Peripherally, LXRs and PPAR γ participate in a coupled metabolic pathway, whereby activation of PPAR γ induces expression of LXR α and its target genes *abca1* and *apoE* (Chawla et al., 2001; Seo et al., 2004; Yue and Mazzone, 2009). However, these relationships have yet to be explored in the brain.

$A\beta$ deposition elicits a robust "M1" microglia-mediated inflammatory response contributing to disease pathogenesis (Gordon, 2003; Mosser and Edwards, 2008; Mandrekar-Colucci and Landreth, 2010). It has recently been appreciated that PPARs act as master regulators governing the polarization of macrophages and microglia into "M2" or "alternative" activation states associated with the suppression of inflammation and promotion of phagocytosis and tissue repair (Chawla, 2010; Chinetti-Gbaguidi

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et al., 2011). While M2 gene expression has been detected in the AD brain, little is known about the mechanisms modulating this phenotypic conversion (Colton et al., 2006; Jimenez et al., 2008; Maier et al., 2008).

We demonstrate that PPAR γ activation induces *lxra*, *apoe*, and *abca1* expression, promoting A β clearance by both microglia and astrocytes. Strikingly, a brief 9 d pioglitazone treatment of APP/PS1 mice reversed pathological and behavioral phenotypes in treated mice. We argue that sA β clearance results from stimulation of apoE-dependent proteolysis of A β , whereas deposited A β is removed phagocytically by microglia as a result of a PPAR γ -dependent alternative M2 polarization of microglia. These data provide a mechanistic link between PPAR γ activation and amyloid clearance and support the therapeutic use of its agonists in AD.

Materials and Methods

Reagents. The A β_{1-42} peptide was purchased from American Peptide Company, dissolved in DMSO to a final concentration of 1 μ g/ml.

Cell culture. Primary microglia and astrocytes were cultured from postnatal day 0–3 C57BL/6J mice and have been previously described (McDonald et al., 1997). Briefly, pups were decapitated and the meninges and blood vessels were removed from the cortex. The cortices were then minced and trypsinized with 0.05% trypsin-EDTA (Invitrogen) for 20 min at 37°C. DMEM/F12 (Invitrogen) containing 10% heat-inactivated fetal bovine serum (HI-FBS, Atlanta Biologicals) and 1% penicillin-streptomycin (Invitrogen) were then added to stop trypsin digestion. Cells were then triturated and plated in 150 mm dishes (Invitrogen) at a density of half a cortex/plate. Medium was changed the following day to fresh DMEM/F12 with 10% HI-FBS and 1% penicillin/streptomycin and incubated for 14–21 d at 37°C, 5% CO₂. Microglia were isolated as described by Saura et al. (2003). Briefly, the microglia were removed by shaking the tissue culture plates to remove loosely adherent microglia for 30 min. Astrocytes were removed next by 0.25% trypsin/HBSS diluted 1:3 in serum-free DMEM/F12 at 37°C for 30 min. The astrocytes were then collected by centrifugation at 2000 rpm for 5 min. The cells were resuspended in DMEM/F12 containing 10% HI-FBS and plated in 24 or 6 well plates (Invitrogen). Astrocyte medium was changed 20 min after plating to remove any microglial contamination of the cultures. Astrocytes were allowed to grow for 3–5 d before experiments. Firmly attached microglia were harvested using 0.25% trypsin/PBS. Loosely and firmly adherent microglia were then combined, and cells were counted and plated for experiments at the appropriate densities in DMEM/F12 medium containing HI-FBS. Medium was changed to serum-free DMEM/F12 overnight before beginning an experiment.

A β ELISAs. A β levels were quantified using an A β_{42} -specific antibody, 6E10, as the capture antibody and detected using monoclonal 4G8 HRP-conjugated antibodies (Covance). Synthetic A β_{42} was used to generate a standard curve for each experiment. The plates were developed using the TMB substrate kit (Pierce), and the reaction was stopped by the addition of 1 M HCl. The results were read using a SpectraMax colorimetric plate reader (Molecular Devices). Primary mouse microglia or astrocytes were incubated with DMSO or relevant concentrations of pioglitazone (dissolved in DMSO), T0070907 (T0; 10 nM), 22S hydroxycholesterol (22HC; 10 μ M) for 24 h at 37°C. Receptor antagonists require a 1–2 h preincubation. Cells were then treated with 2 μ g/ml soluble A β_{42} in serum-free medium for 24 h with the specified treatments. Purified human plasma ApoE containing a mixture of all human ApoE isoforms (rPeptide) or human ApoAI was applied at the same time as soluble A β_{42} . Cells were washed with PBS and lysed in 1% SDS. A β_{42} levels were measured using ELISA and normalized to total protein.

Western blot analysis. Protein concentrations of cell lysates or brain extracts were measured using the BCA method (Pierce) and resolved on Bis-Tris 4–12% gels (Invitrogen). The following primary antibodies were used: anti-actin (Santa Cruz Biotechnology); anti-ApoE (Santa Cruz Biotechnology); anti- β -actin (Santa Cruz Biotechnology); anti-ABCA1 (Novus Biologicals); anti-GAPDH (Santa Cruz Biotechnology).

Animals. APP^{swe}/PS1 Δ e9 (APP/PS1) transgenic mice [B6C3-Tg(APP^{swe}, PSEN1dE9)85Bdo/J] were obtained from Jackson Laboratories (Jankowsky et al., 2004). APP/PS1 mice or wild-type littermates were gavaged daily for 9 d with 80 mg \cdot kg⁻¹ \cdot d⁻¹ pioglitazone or vehicle (water). Floxed PPAR γ (PPAR $\gamma^{fl/fl}$) mice [B6.129-Ppar γ^{tm2Rev}] were obtained from Jackson Laboratory and were crossed with GFAP-cre mice [B6.Cg-Tg(Gfap-cre)73.12Mvs/J], also obtained from Jackson Laboratories, to generate mice that lacked PPAR γ expression in astrocytes and cortical neurons. The animals were then killed and one hemisphere was fixed and processed for immunohistochemistry. The hippocampus and cortex were removed from the other hemisphere and snap-frozen and stored at –80°C until they were subject to RNA and protein extraction. Approximately equal numbers of male and female transgenic and non-transgenic mice were used for all experiments. While the number of mice analyzed for each dataset varies, the male-to-female ratio remained consistent. All experiments involving animals followed approved protocols by the Case Western Reserve University School of Medicine.

Tissue collection and immunohistochemistry. Postfixed hemispheres were sectioned (10 μ m) using a cryostat. Sections were mounted, air-dried, and then stored at –20°C until use. Thioflavin S (thioS) (Sigma) staining was performed by rehydrating sections and staining with 1% thioflavin S. Slides were coverslipped with Prolong Gold (Invitrogen). The numbers of thioS⁺ plaques were counted by a blinded observer. Alternate sections were stained with 6E10 following pretreatment with 70% formic acid for 3 min. Sections were then blocked with 5% normal goat serum and incubated overnight in primary antibody (6E10, 1:1000, Signet Laboratories; Iba1, 1:300, Wako; CD45, 1:500, Serotec; GFAP, 1:1000, Dako). Slides were incubated with the appropriate Alexa Fluor-conjugated secondary antibodies, followed by DAPI labeling of nuclei. Two sections per slide and 3 slides per animals, spaced evenly from 200 μ m anterior to the appearance of the CA3 to the end of the hippocampus, were analyzed. Images were analyzed for the percentage area occupied by 6E10-positive amyloid plaques using Image Pro-Plus software (Media Cybernetics).

Brain homogenates and A β ELISA. Cortices were removed from hemibrains and were homogenized in 800 μ l of tissue homogenizing buffer (250 mM sucrose, 20 mM Tris, 1 mM EDTA, 1 mM EGTA in diethylpyrocarbonate water) containing Protease Inhibitor Cocktail (1:100, Sigma), using a glass-on-glass homogenizer at 4°C. The homogenate was centrifuged at 5000 \times g for 10 min at 4°C, and supernatants were collected and stored at –80°C for Western blot analysis. For “soluble” A β extraction, 400 μ l of homogenates were mixed with 400 μ l of 0.4% diethylamine, 100 mM NaCl, and the samples were homogenized using a glass-on-glass homogenizer. Samples were centrifuged at 135,000 \times g for 1 h at 4°C. Supernatants were collected, 0.5 M Tris-HCl, pH 6.8 was added, and the samples were stored at –80°C for analysis of soluble A β . The resulting pellet was sonicated in 70% cold formic acid and centrifuged at 109,000 \times g for 1 h at 4°C. The supernatant was collected, the formic acid was neutralized, and the samples were stored at –80°C for the analysis of “insoluble” A β . A β_{1-40} and A β_{1-42} ELISAs were performed using 6E10 as the capture antibody and HRP-conjugated antibodies specific to A β_{1-40} and A β_{1-42} (Covance) for detection, and processed as described above. Samples were normalized to protein concentration using the BCA method.

RNA extraction, reverse transcription, and quantitative PCR. Total RNA was isolated from cortices using RNA-Bee (Tel-Test). Equal amounts of the homogenate and RNA-Bee were combined, chloroform was added, and samples were mixed by vigorous shaking. Samples were incubated on ice for 15 min and then centrifuged at 13,000 \times g for 15 min at 4°C. The aqueous phase was removed, combined with an equal amount of 70% ethanol, and applied to an RNeasy Mini Spin Column (Qiagen). RNA was eluted according to the manufacturer’s instructions. RNA samples were analyzed for concentration and purity on a Nanodrop 2000 spectrophotometer (Thermo Fischer Scientific). cDNA was synthesized from RNA samples using a QuantiTect Reverse Transcription kit (Qiagen) per the manufacturer’s instructions with 0.5 μ g total RNA. Fourteen cycles of cDNA preamplification were performed according to the manufacturer’s protocol using TaqMan PreAmp Master Mix for select primer sets (Applied Biosystems). Pre-Amplified cDNA was used for qPCR with the

StepOne Plus Real Time PCR system (Applied Biosystems) in a 10 μ l reaction for 40 cycles. Primers used were labeled with FAM probes including *Abca1* (Mm01350760_m1), *ApoE* (Mm00437573_m1), *LXR α* (Mm00443451_m1), *PPAR γ* (Mm01184322_m1), *GFAP* (Mm01253033_m1), *Iba1* (Mm00479862_g1), *CD45* (Mm01293575_m1), *App* (Hs00245154_m1), *Bace1* (Mm00478664_m1), *Psen1* (Mm00501184_m1), *Tnfr α* (Mm99999068_m1), *Ccl2* (Mm00441242_m1), *Il-1 β* (Mm01336189_m1), *Nos2* (Mm01309902_m1), *Cox2* (Mm01307329_m1), *Ym1* (Mm00657889_m1), *Fizz1* (Mm00445109_m1), *Arg1* (Mm00475988_m1), *Socs1* (Mm00782550_s1), *Tgf- β* (Mm01178820_m1) and *GAPDH* (4352339E-0904021) with a VIC probe from Applied Biosystems. Analysis of gene expression was performed using the comparative C_t method ($\Delta\Delta C_t$), where the threshold cycle for the target genes was normalized to that of GAPDH (ΔC_t), and the mRNA expression fold change was calculated using the equation $2^{-\Delta\Delta C_t}$, where $\Delta\Delta C_t = \Delta C_t$ test sample - ΔC_t calibrator sample.

Behavioral analysis; contextual fear conditioning. In the training phase, mice were individually placed in the shock chamber to freely explore the environment for 2 min. Mice were exposed to the conditioned stimulus (CS: an 85 dB sound at 2800 Hz) for 30 s. After 2 s, the unconditioned stimulus (US: 0.56 mA) was delivered. After the CS/US pairing, the mice were kept in the chamber for another 30 s to measure the immediate freezing response. This process was repeated 4 times. Retention tests were performed 24 h later. Each mouse was returned to the same shock chamber for 5 min for contextual freezing measurements in the absence of tone and the number of freezes was measured. Freezing behavior was monitored by an automated tracking system (Coulbourn Instruments).

Results

PPAR γ facilitates the degradation of soluble A β through an LXR/ApoE-dependent pathway

Our previous work and that of others has demonstrated a role for LXR activation in stimulating the production of apoE and facilitating the proteolytic degradation of A β (Koldamova et al., 2005a; Riddell et al., 2007; Jiang et al., 2008; Donkin et al., 2010; Fitz et al., 2010). PPAR γ acts within a common metabolic pathway with LXRs in peripheral macrophages, thus we sought to determine whether activation of PPAR γ would activate LXR pathways and induce clearance of A β through an apoE-dependent mechanism in the CNS (Chawla et al., 2001; Hong and Tontonoz, 2008). Treatment of primary microglia or astrocytes with the synthetic agonist pioglitazone stimulated the intracellular degradation of soluble A β_{42} in a dose-dependent manner (Fig. 1A,D). Importantly, pioglitazone treatment of primary microglia and astrocytes resulted in the induction of the LXR target genes, *abca1* and *apoE* in both cell types (Fig. 1B–F). Based on the degradation efficiency and gene induction data we chose a pioglitazone dose of 100 nM for microglia and 50 nM for astrocytes for the subsequent *in vitro* studies. To determine whether degradation of sA β was dependent on the actions of PPAR γ and LXRs, microglia and astrocytes were pretreated with antagonists of these receptors (T0 and 22HC, respectively; Lee et al., 2002; Kase et al., 2007). Both PPAR γ and LXR antagonist treatment of microglia and astrocytes inhibited PPAR γ -facilitated degradation of sA β , suggesting that the activation of both PPAR and LXR pathways is necessary for the intracellular degradation of sA β in these cell types (Fig. 2A,B).

ApoE has been shown to play a vital role in amyloid clearance and its expression is directly regulated by LXR activation (Beaven and Tontonoz, 2006; Jiang et al., 2008). Given the linkage of PPAR γ to the LXR pathway, we sought to determine whether apoE was critically involved in PPAR γ -mediated intracellular clearance of sA β (Chawla et al., 2001). Microglia and astrocytes were obtained from *apoE*^{-/-} pups and then treated with pioglitazone. Loss of *apoE* resulted in a significant impairment of intracellular sA β degradation by both cell types in response to

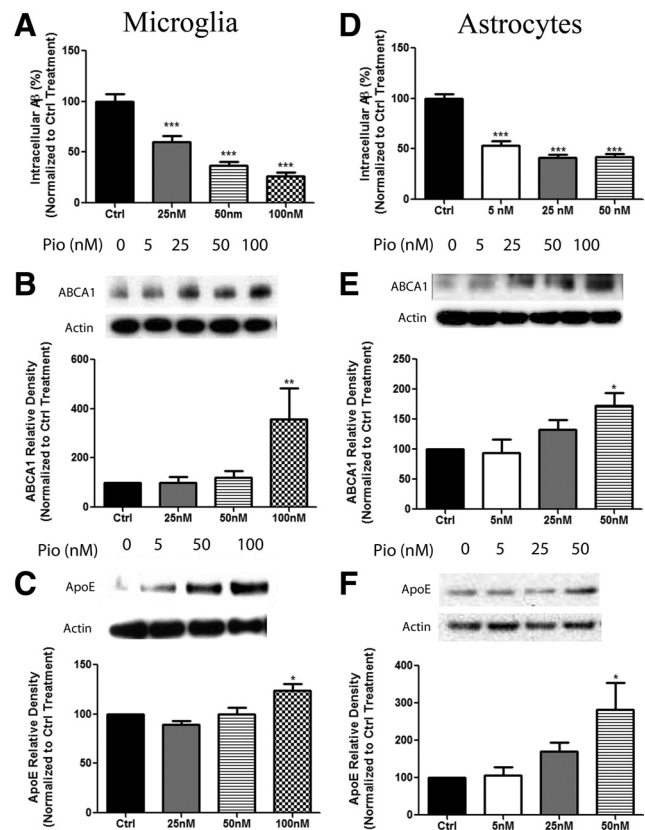


Figure 1. Activation of PPAR γ facilitates the expression of LXR target genes and promotes the degradation of A β . Primary microglia (A) or astrocytes (D) were isolated from wild-type mice and pretreated with either DMSO (Ctrl) or increasing concentrations of pioglitazone (Pio) for 24 h. The cells were then incubated with 2 μ g/ml A β in the presence of DMSO or the indicated dose of pioglitazone for 24 h. Intracellular A β levels were quantified using ELISA for A β_{42} and normalized to total protein (mean \pm SEM, *** p < 0.001). Primary microglia (B, C) or astrocytes (E, F) were treated with DMSO or increasing doses of Pio for 24 h. Cellular lysates were subjected to SDS-PAGE, and Western analysis for *abca1*, *apoE*, or *actin* was performed (mean \pm SEM, Student's *t* test, * p < 0.05, ** p < 0.01). Quantification of three separate experiments has been graphed and representative Western blots have been included with each dataset. These data are represented as a percentage of DMSO-treated control samples.

pioglitazone treatment (Fig. 2C,D). This was restored by the addition of exogenously supplied ApoE (a mixture of all human ApoE isoforms) or human apolipoprotein A1 (ApoA1) (Fig. 2C,D). ApoA1 is an HDL-associated apolipoprotein which is lipidated by ABCA1 and acts in a similar fashion to ApoE in the periphery (Koch et al., 2001; Denis et al., 2004; Smith et al., 2004), and has been shown to bind to A β (Koldamova et al., 2005b) and promote A β degradation (Jiang et al., 2008). Exogenous ApoE or ApoA1 stimulated the clearance of A β peptides from the media (Fig. 2E,F). Addition of ApoE or ApoA1 to pioglitazone-treated microglia or astrocytes (wild-type or ApoE^{-/-}) did not have additive or synergistic effects on intracellular sA β degradation (Fig. 2E,F). These studies demonstrate that the effect of PPAR γ agonists *in vitro* on sA β degradation is dependent on the expression of apoE and simply elevating the levels of apolipoproteins are sufficient to facilitate sA β clearance.

To determine the role of PPAR γ in modulating the expression of the LXR target genes, *apoE* and *abca1*, mice lacking PPAR γ gene expression in astrocytes, as well as most cortical neurons, were obtained by crossing a PPAR γ ^{fl/fl} mouse with a mouse expressing *hGFAP-cre*. The PPAR γ conditional knock-out (PPAR γ CKO) mice display significantly lower levels of *ppary* mRNA

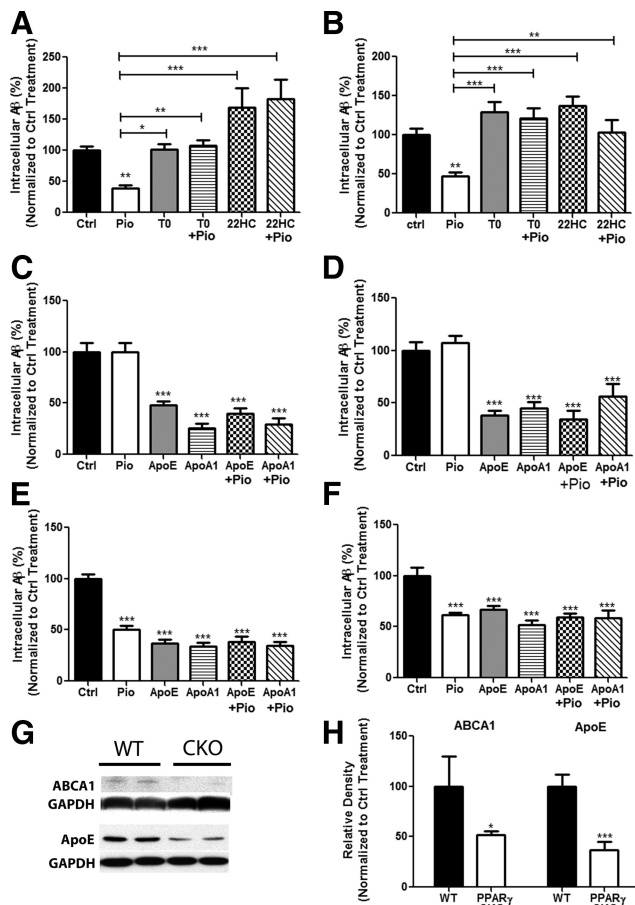


Figure 2. PPAR γ -mediated degradation of A β is dependent on induction of ApoE through the stimulation of LXR and PPAR pathways. Primary wild-type microglia (**A**) or astrocytes (**B**) were treated for 24 h with pioglitazone or DMSO followed by the addition of soluble A β_{42} (2 μ g/ml) for 24 h. The cells were pretreated with antagonists for PPAR γ (T0070907, 10 nM) or LXR (22S hydroxycholesterol, 10 μ M) for 2 h. Intracellular A β was measured by ELISA. *apoE* knock-out microglia (**C**) or astrocytes (**D**), or wild-type microglia (**E**) or astrocytes (**F**) were pretreated for 24 h with DMSO or drug, followed by the addition of soluble A β_{42} and exogenously supplied apoE (1 μ g/ml) or apoA1 (2 μ g/ml). Remaining intracellular A β was measured using ELISA. These data are represented as a percentage of DMSO-treated control samples (mean \pm SEM, Student's *t* test, **p* < 0.05, ***p* < 0.01, ****p* < 0.001, *n* \geq 3). Cortical homogenates obtained from PPAR γ conditional knock-out animals were analyzed by Western blot analysis for ABCA1, apoE, and actin (**G**) and quantified (**H**) (mean \pm SEM, Student's *t* test, **p* < 0.05, ****p* < 0.001, *n* \leq 6 animals per genotype).

which was reduced in the cortices of these animals by >70% (data not shown). Six-month-old PPAR γ CKO animals displayed more than a 50% reduction in cortical protein levels of *abca1* and *apoE*, demonstrating the requirement for PPAR γ in LXR actions in the brain and the normal expression of its target genes *apoE* and *abca1* (Fig. 2*G,H*). These data document a robust PPAR γ -LXR linkage in the brain which has not previously been recognized.

PPAR γ activation rapidly stimulates the clearance of A β in a mouse model of AD

To determine the effects of PPAR γ activation during both early and more advanced stages of amyloid pathogenesis, 6- and 12-month-old APPSwePSEN1 Δ E9 (*APP/PS1*) mice were orally administered pioglitazone (80 mg \cdot kg $^{-1}$ \cdot d $^{-1}$) for 9 d. The *APP/PS1* transgenic mice begin depositing fibrillar thioS $^{+}$ plaques at ~5–6 months of age. Pioglitazone treatment of 6 and 12 month animals resulted in a significant induction in cortical protein levels of both ABCA1 and ApoE (Fig. 3*A–D*). Additionally, the

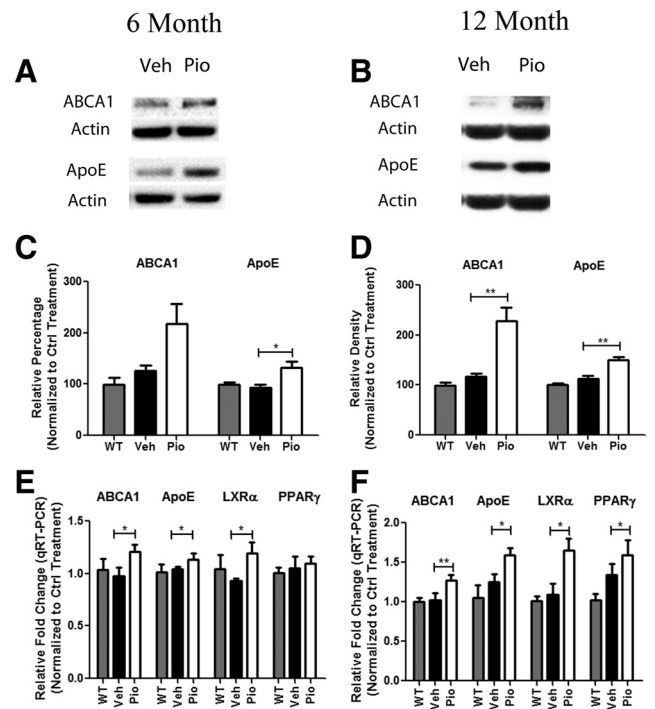


Figure 3. PPAR γ activation drives the expression of LXR target genes *in vivo*. Six (**A, C**)- and 12 (**B, D**)-month-old *APP/PS1* mice were gavaged orally with 80 mg \cdot kg $^{-1}$ \cdot d $^{-1}$ pioglitazone (Pio) or vehicle (H $_2$ O) for 9 d. Cortical homogenates were then analyzed by Western blot for levels of *abca1*, *apoE*, and *actin* (**A, B**) and quantified (**C, D**) (mean \pm SEM, **p* < 0.05, ***p* < 0.01, *n* \geq 6 animals/treatment). Quantitative PCR results for LXR target genes from cortices of 6 (**E**)- or 12 (**F**)-month-old *APP/PS1* animals treated with pioglitazone (Pio) or vehicle (Veh) or wild-type animals treated with vehicle (WT) for 9 d (mean \pm SEM, Student's *t* test, **p* < 0.05, ***p* < 0.01, *n* \leq 13 animals/group). Fold change is reported as a percentage of vehicle-treated WT animals.

assessment of LXR target genes by quantitative real-time PCR showed a statistically significant increase in levels of mRNA for *abca1*, *apoE*, and *lrx α* (Fig. 3*E, F*). Pioglitazone-treated 12 month animals additionally showed an increase in levels of cortical *ppar γ* mRNA (Fig. 3*F*). These experiments demonstrate that *in vivo* pioglitazone activates PPAR γ and induces the expression of LXR α and its target genes in the AD brain, solidifying the linkage of a PPAR γ -LXR α signaling pathway in the CNS. It should be noted that pioglitazone is poorly blood–brain barrier permeable, necessitating administration of the drug at 80 mg \cdot kg $^{-1}$ \cdot d $^{-1}$, a dose higher than previously administered (Maeshiba et al., 1997).

The brief 9 d treatment of *APP/PS1* mice resulted in a striking reduction in cortical amyloid peptide levels and plaque burden. Immunohistochemical analysis of 6E10-immunoreactive plaques in cortical slices from animals of both ages revealed ~40% and 30% (6 and 12 months, respectively) reduction in total levels of deposited A β compared with vehicle-treated *APP/PS1* littermates (Fig. 4*A–E*). There was a parallel loss in the number of thioflavin S $^{+}$ dense-core amyloid plaques, with an ~40% and 30% decrease in the number of thioS $^{+}$ plaques in 6 and 12 month animals, respectively (Fig. 4*F*). Remarkably, at 6 months of age, only 9 d of pioglitazone treatment reduced soluble and insoluble levels of A β by ~50% (Fig. 4*G, H*). At 12 months of age, no significant change was seen in levels of soluble A β_{42} ; however, soluble levels of A β_{40} were reduced by 40% and insoluble levels of both A β_{40} and A β_{42} were reduced by 50% and 40%, respectively (Fig. 4*K, L*). This striking result suggests that short-term pioglitazone treatment not only reduces levels of sA β but also results in

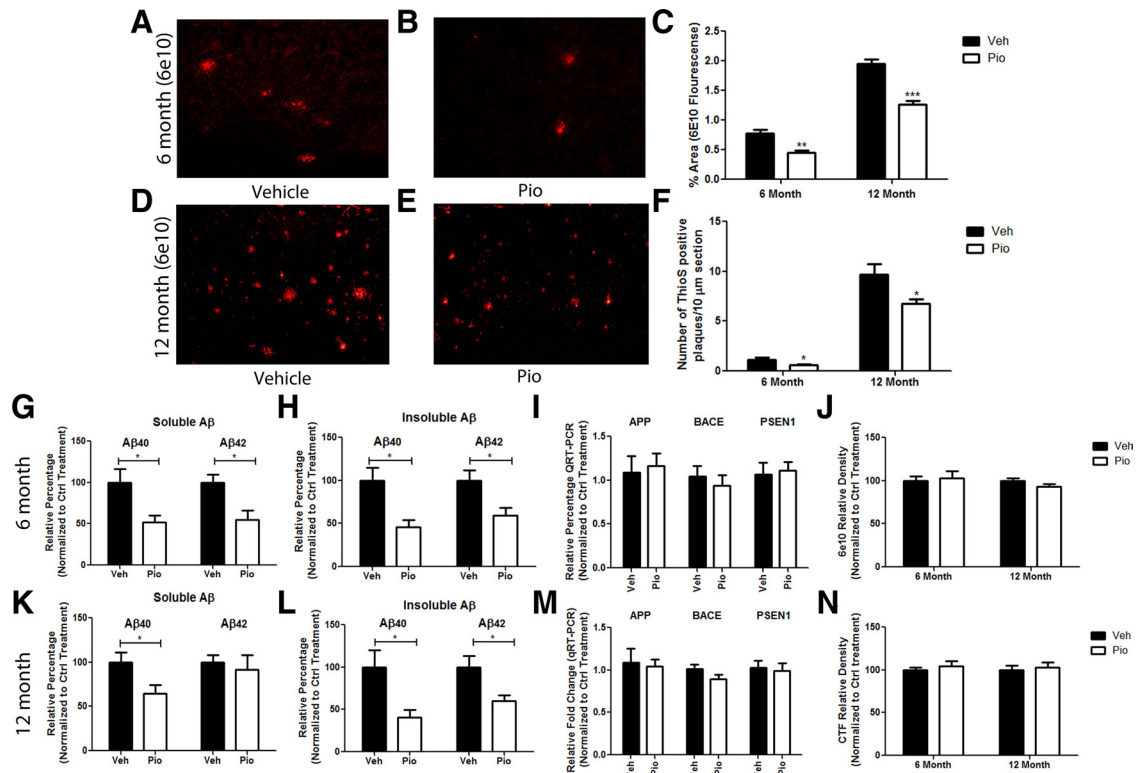


Figure 4. Pioglitazone induces the clearance of amyloid in *APP/PS1* mice. *APP/PS1* mice were gavaged for 9 d with pioglitazone ($80 \text{ mg} \cdot \text{kg}^{-1} \cdot \text{d}^{-1}$) or vehicle (water). Plaque pathology was evaluated in the cortex of vehicle- or pioglitazone-treated 6 month (**A–C, F–H**) or 12 month (**C–F, K, L**) animals by staining with 6E10 (anti- $A\beta$ antibody) (**A, B, D, E**) or thioflavin S. Quantification of 6E10+ plaque area (**C**) and number of thioS-positive plaques (**F**). Soluble and insoluble levels of $A\beta_{40}$ and $A\beta_{42}$ were measured by ELISA in 6 (**G, H**) and 12 (**K, L**) month animals. Real-time quantification of mRNA levels of *app* and the APP proteases *bace* and *psen1* were measured in 6 (**I**) and 12 (**M**) month animals to determine whether pioglitazone treatment altered the expression of enzymes involved in APP processing. Cortical homogenates were evaluated for protein levels of APP and APP C-terminal fragments to determine whether PPAR γ activation affected APP levels or processing in 6 month (**J**) and 12 month (**N**) animals (mean \pm SEM, Student's *t* test, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, $n \geq 6$ animals/group).

the clearance of predeposited insoluble dense-core $A\beta$ plaques in 12-month-old transgenic animals.

Quantitative reverse transcriptase PCR was performed to verify that the changes seen in amyloid pathology in response to PPAR γ activation were due to increased proteolysis of the peptide and not to a change in levels of the amyloid precursor protein (APP) or components of the β and γ secretase. mRNA levels of *app*, *bace1*, or *psen1* or protein levels of APP and APP C-terminal fragments were not altered in response to drug treatment compared with vehicle-treated littermates, suggesting that PPAR γ activation does not alter the expression or processing of APP (Fig. 4I, J, M, N). Previous work has also suggested that PPAR activation may regulate the expression of key $A\beta$ proteases, insulin-degrading enzyme (IDE) and neprilysin (Du et al., 2009; Kalinin et al., 2009). We monitored mRNA levels of IDE and neprilysin to determine whether pioglitazone treatment enhanced expression of these proteases and observed no change (data not shown). These data suggest that the changes seen in amyloid deposition were indeed a result of $A\beta$ catabolism and not due to alterations in APP processing or changes in levels of $A\beta$ -degrading enzymes.

Pioglitazone suppresses glial activation and enhances amyloid clearance

The appearance of plaques in the AD brain is associated with a robust induction of astrogliosis and microgliosis (Bornemann et al., 2001; Wegiel et al., 2001). Microglia and astrocytes are found in intimate association with amyloid plaques in both the AD brain and brains of AD mouse models (Itagaki et al., 1989; Wisniewski et al., 1992). The number of glial cells surrounding a

plaque directly increases in proportion to the dimensions of the deposits (Stalder et al., 1999; Sasaki et al., 2002). Similarly, the induction of inflammatory mediators parallels amyloid deposition and the phenotypic activation of glial cells in the AD brain (Akiyama et al., 2000a; Wyss-Coray, 2006). Since PPAR γ activation has been shown to result in potent anti-inflammatory actions and represses microglia-mediated inflammation, we examined the effects of pioglitazone treatment on glial activation status and their association with amyloid deposits (Combs et al., 2001).

We first assessed association of astrocytes with amyloid plaques in the brains of both vehicle- and pioglitazone-treated 6- and 12-month-old *APP/PS1* animals. Pioglitazone treatment significantly reduced the levels of GFAP-immunoreactive astrocytes surrounding amyloid plaques in transgenic animals at both 6 and 12 months of age and seen by immunohistochemistry (Fig. 5A–L). It was not possible to determine astrocyte cell numbers surrounding amyloid deposits with this technique; thus, we measured the mRNA levels of *gfap* as a surrogate measure of astrogliosis. We found that GFAP was elevated in *APP/PS1* animals, but was significantly reduced in both age groups after pioglitazone treatment (Fig. 5N, O). In vehicle-treated animals, we observed astrocytes in close association with 6E10-positive amyloid plaques (Fig. 5C, I). However, after pioglitazone treatment, astrocytes were seen diffusely surrounding $A\beta$ deposits and very little contact was observed between GFAP-positive cells and amyloid plaques (Fig. 5E, L).

Surprisingly, internalized $A\beta$ peptides were found only in astrocytes of pioglitazone-treated animals, as seen in z-stack images

obtained by confocal microscopy (Fig. 5*M*). We never detected A β -positive astrocytes in vehicle-treated animals (data not shown). It is our impression that the numbers of A β -positive astrocytes in drug-treated animals represented only a minor subset of total astrocytes. We were unable to quantitatively evaluate this given the limitations of our astroglial marker, GFAP. These data support the view that PPAR γ activation promotes the clearance of insoluble A β by astrocytes.

We next evaluated microglial reactivity surrounding amyloid deposits in vehicle- and pioglitazone-treated animals. The association of Iba1⁺ microglial cells with amyloid plaques was reduced at both 6 and 12 months of age after pioglitazone treatment (Fig. 6*D–F, J–L*). Based on qualitative immunohistological evaluation, we found abundant microglia closely associated with plaque cores in vehicle-treated animals (Fig. 6*A–C, G–I*). The mRNA levels for *iba1* were significantly lower in pioglitazone-treated animals compared with vehicle-treated animals at 6 months of age and a trend toward a reduction was seen at 12 months of age (Fig. 6*S, T*). Remarkably, at 12 months of age, we found that most microglia in pioglitazone-treated *APP/PS1* animals exhibited robust internalization of A β (Fig. 7*C, D*). Microglia containing small amounts of A β were visualized in ~60% of microglial cells in vehicle-treated animals; however, the amount of A β internalized by microglia in vehicle-treated animals paled compared with microglia in the cortex of pioglitazone-treated animals (Fig. 7*A–D*). It is our qualitative assessment that >90% of the microglia in the cortex of drug-treated animals internalized vast quantities of amyloid. Bolmont et al. (2008) have shown that microglia in the AD brain are capable of taking up A β s and delivering them to lysosomal compartments. However, robust amyloid phagocytosis in response to drug treatment, as seen here, has to our knowledge never been observed before. It was difficult to assess A β uptake by microglia in 6-month-old animals since these animals are at the earlier stages of amyloid deposition, and there are very few Iba1⁺ cells surrounding A β deposits in vehicle-treated animals and fewer still in pioglitazone-treated animals. These data suggest that in addition to the clearance of soluble forms of A β , pioglitazone treatment facilitated the removal of both diffuse and dense-core A β deposits by microglia and astrocytes, presumably through engaging the phagocytic machinery of these cells.

We also evaluated the expression by microglia of CD45, a tyrosine phosphatase that plays an integral role in immune signaling (Penninger et al., 2001). CD45 expression is elevated in microglia in the AD brain and is associated with classical M1 microglial activation (Masliah et al., 1991; Wilcock et al., 2001). In 6-month-old vehicle-treated animals, CD45 immunoreactivity was seen surrounding all 6E10-positive amyloid deposits (data

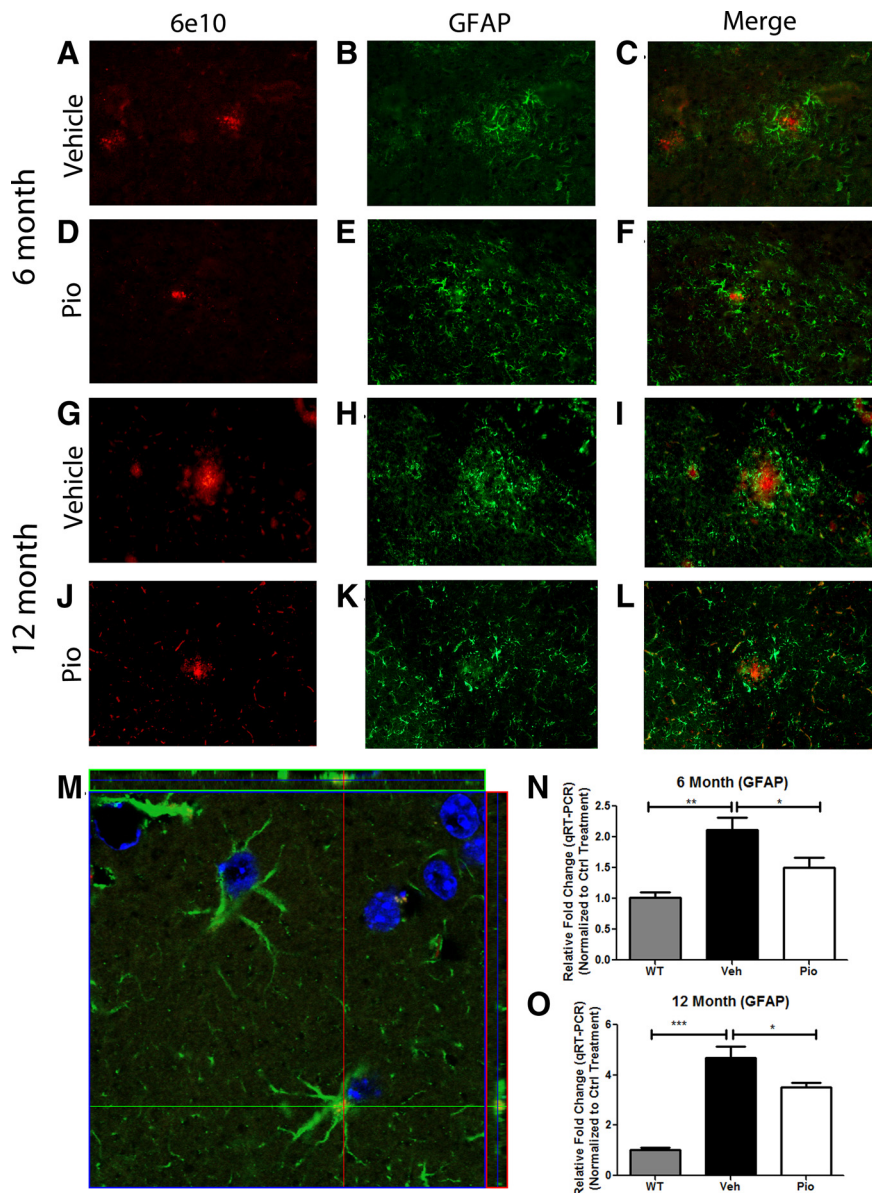


Figure 5. PPAR γ suppresses astrocytosis in *APP/PS1* animals. GFAP and 6E10 immunofluorescence on coronal sections from 6 (*A–F*) or 12 (*G–L*)-month-old *APP/PS1* animals treated with pioglitazone (*D–F, J–L*) or vehicle (*A–C, G–I*) for 9 d. Magnification 20 \times . Representative image of astrocytes from the cortex of 12 month pioglitazone-treated animal (*M*) (red, 6E10; green, GFAP; blue, DAPI; 100 \times magnification). Quantitative real-time PCR in vehicle-treated WT or *APP/PS1* animals or pioglitazone-treated *APP/PS1* animals for GFAP in 6 (*N*)- or 12 (*O*)-month-old animals (mean \pm SEM, Student's *t* test, * p < 0.05, ** p < 0.01, *** p < 0.001, n = 8–13 animals/group).

not shown). However, only ~50% of 6E10-positive deposits were associated with CD45⁺ microglia in pioglitazone-treated animals (data not shown). In 12 month animals, CD45⁺ microglia were associated with all amyloid deposits regardless of treatment (Fig. 6*M–R*). However, a trend for a reduction in *cd45* mRNA levels was observed in pioglitazone-treated animals of both age groups (Fig. 6*S, T*). The reduction in levels of GFAP, CD45, and Iba1 in pioglitazone-treated animals may be attributed to the role of PPAR γ in suppression of the inflammatory response.

Previous studies have demonstrated a role for PPAR γ in polarizing macrophages to an alternative activation phenotype that is anti-inflammatory in nature and induces the phagocytic activity of cells (Mukundan et al., 2009; Chawla, 2010). Thus, we examined markers of M2 or alternative activation, which have been known to exert an anti-inflammatory phenotype and pro-

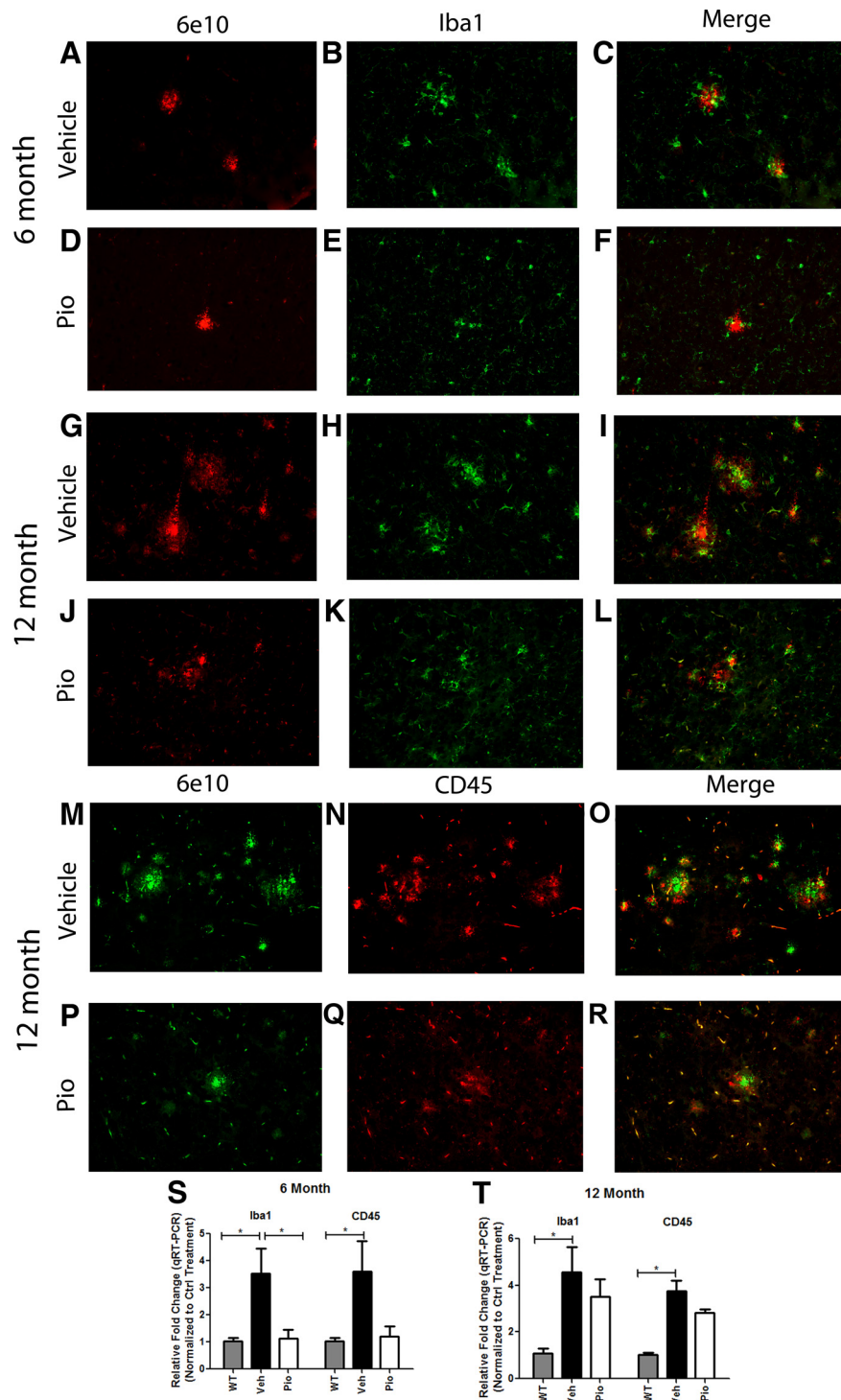


Figure 6. Pioglitazone suppresses microglial activation surrounding amyloid plaques in *APP/PS1* animals. Cortical microglia were detected by Iba1 staining and A β by 6E10 immunocytochemistry on coronal sections from 6 (**A–F**)- or 12 (**G–L**)-month-old vehicle (**A–C**, **G–I**)- or pioglitazone (**D–F**, **J–L**)-treated *APP/PS1* animals. Cortical CD45 and 6E10 staining in 12-month-old vehicle (**M–O**)- or pioglitazone (**P–R**)-treated animals. Real-time PCR quantification of transcript levels of Iba1 or CD45 in 6 (**S**)- and 12 (**T**)-month-old pioglitazone or vehicle-treated *APP/PS1* animals (mean \pm SEM, Student's *t* test, **p* < 0.05, *n* \leq 13 animals/group).

mote tissue repair as well as phagocytosis (Gordon, 2003; Mantovani et al., 2004; Mosser and Edwards, 2008). At 6 months of age, *Fizz1* levels were significantly reduced in vehicle- and pioglitazone-treated *APP/PS1* animals. Six-month-old *APP/PS1* animals showed no differences in levels of *Ym1* or *Arg1* compared

with WT animals. Pioglitazone, however, dramatically increased levels of the alternative activation marker, *Ym1* mRNA in 6-month-old *APP/PS1* animals (Fig. 7E). At 12 months of age, pioglitazone treatment elevated the expression of all M2 markers assayed, *Fizz1*, *Ym1*, and *Arg1*. *Fizz1* levels remained reduced in 12-month-old *APP/PS1* animals (Fig. 7F). Brain levels of the inflammatory cytokines, *Il-1 β* and *tnf α* , were also reduced in 12- but not 6-month-old treated animals, verifying the anti-inflammatory effects of PPAR γ activation after amyloid deposition (Fig. 7E, F). Additionally, we monitored an increase in levels of *Tgf- β* in 12-month-old, but not 6-month-old, *APP/PS1* mice. TGF- β is associated with an “acquired deactivation” or “M2c” state that is associated with a suppression of the innate immune system and increased phagocytic capacity that is normally associated with tissue repair (Van Ginderachter et al., 2006; Mandrekar-Colucci and Landreth, 2010). To determine whether increased apoE levels in the brain parenchyma of these animals contributed to M2 polarization of microglia, we treated microglial cells *in vitro* with apoE or apoA1 and monitored mRNA levels of M2 markers, *Ym1*, *Fizz1*, *Arg1*, and *TGF- β* . *Arg1* and *TGF- β* mRNA expression remained constant under all treatment paradigms while *Ym1* or *Fizz1* were not detected in the cultured microglia under any treatment condition (data not shown), suggesting that apoE does not play a role in the M2 polarization of microglial cells that is seen *in vivo*. These data suggest a conversion of microglial phenotype in *APP/PS1* animals, from the classical M1 to an alternative M2 state following PPAR γ activation, promoting the phagocytic removal of amyloid deposits by microglial cells.

PPAR γ activation ameliorates A β -related behavioral deficits

Finally, we examined the effects of PPAR γ activation on associative memory in *APP/PS1* animals using a contextual fear conditioning assay. Twelve-month-old transgenic animals were treated orally for 9 d and trained and tested for contextual memory following a contextual fear conditioning protocol. Animals were trained for four consecutive training sessions and all groups exhibited learning (Fig. 8B). However, vehicle-treated *APP/PS1* animals showed significant impairments in memory retention as evidenced by the low number of freezes in the cued environment (Fig. 8A). Treatment of *APP/PS1* mice with pioglitazone resulted in significant behavioral improvement that was not different from wild-type animals.

Additionally, pioglitazone treatment reversed noncognitive behavioral deficits seen in *APP/PS1* animals and restored distance and speed traveled to levels comparable to wild-type animals in an open field (Lalonde et al., 2005). These results demonstrate that *PPAR* γ activation results in the rapid improvement of memory in an AD mouse model.

Discussion

We have documented the extraordinary efficacy of *PPAR* γ activation in ameliorating the pathologic and behavioral deficits in an AD mouse model. Importantly, these dramatic changes were elicited after a short 9 d period of drug treatment. A primary finding of this study is the demonstration that *PPAR* γ may act through distinct mechanisms to clear soluble and deposited, fibrillar forms of $A\beta$. Moreover, we have identified a previously unappreciated role of astrocytes in the removal of amyloid from the brain.

We report that the clearance of soluble forms of $A\beta$ occurs through the ability of *PPAR* γ to induce the expression of *apoE* through which it promotes *sA\beta* degradation. We have previously documented that *apoE* acts to facilitate the proteolysis of soluble $A\beta$ peptides both in the interstitial fluid and intracellularly by microglia through the actions of IDE and neprilysin, respectively (Jiang et al., 2008). In microglia, *apoE* facilitates soluble $A\beta$ degradation through reduction of intracellular cholesterol levels and not through direct contact with the $A\beta$ peptide (Lee et al., 2012). Recently, we have shown that activation of the Retinoid X Receptor, the obligate heterodimeric partner of *PPAR* γ and *LXR*s, rapidly reverses AD pathology in mouse models of AD, and many of the beneficial effects seen in that study may occur through activation of *PPAR* signaling pathways (Cramer et al., 2012). The principal conceptual advance in this study was the recognition that in astrocytes and microglia the expression of *apoE* is robustly regulated through a coupled metabolic pathway regulated by *PPAR* γ and *LXR* α , and genetic inactivation of *PPAR* γ in astrocytes results in a dramatic reduction in the expression of these *LXR* target genes (Fig. 2). While this pathway has been well documented in the periphery, it was not recognized to be operative in the brain until now (Chawla et al., 2001).

A significant outcome of this study is a new appreciation for the roles of astrocytes in amyloid clearance. We report that astrocytes have the capacity to take up *sA\beta* and degrade it in an *apoE*-dependent manner, similar to microglia (Figs. 1, 2; Jiang et al., 2008). Moreover, pioglitazone treatment resulted in intracellular $A\beta$ accumulation in astrocytes, coincident with the reduction in plaque burden (Fig. 5). Astrocytes greatly outnumber microglia in the CNS, and their ability to remove even modest amounts of $A\beta$ in the brain may have a significant impact on amyloid clear-

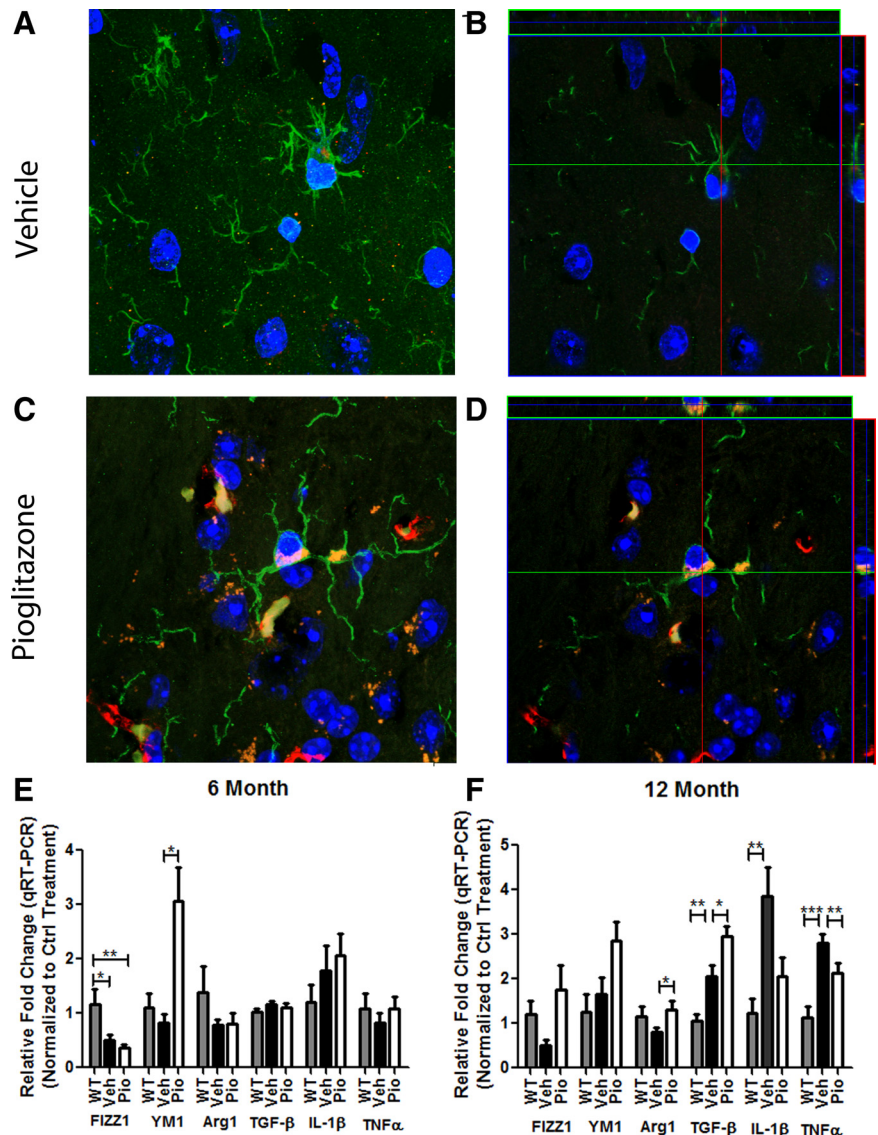


Figure 7. Pioglitazone treatment enhances microglial phagocytosis of $A\beta$. Representative images from vehicle (**A, B**)- or pioglitazone (**C, D**)-treated 12-month-old *APP/PS1* animals. **A** and **C** represent projection images of z stacks (**B, D**). Green, Iba1; red, 6E10; blue, DAPI. Images were acquired using a Zeiss LSM 510 confocal microscope, 100 \times magnification. Six (**E**)- and 12 (**F**)-month-old *APP/PS1* mice were gavaged orally with 80 mg \cdot kg $^{-1}$ \cdot d $^{-1}$ pioglitazone (Pio) or vehicle (Veh) for 9 d and WT animals were gavaged with H $_2$ O (WT). Quantitative real-time PCR was performed to assess transcript levels of M1 (classical; IL-1 β , TNF α) or M2 (alternative; FIZZ1, YM1, Arg1, TGF- β) activation markers.

ance in the brain. Amyloid-laden astrocytes were only found in the cortex of pioglitazone-treated animals and not in vehicle-treated *APP/PS1* mice (Fig. 5). Several studies have shown that astrocytes are capable of taking up amyloid peptides (Funato et al., 1998; Matsunaga et al., 2003; Nagele et al., 2003; Lasagna-Reeves and Kaye, 2011), and *in vitro* this ability was restricted to adult astrocytes (al-Ali and al-Hussain, 1996; Wyss-Coray et al., 2003; Koistinaho et al., 2004; Pihlaja et al., 2008). This study strongly supports the view that *PPAR* γ activation initiates amyloid clearance pathways in astrocytes and suggests a reevaluation for the role of astrocytes in amyloid clearance in AD.

Microglia are the principal immune effector cells in the CNS and are the only professional phagocyte in the CNS. These cells undergo a classical M1 inflammatory activation in response of amyloid deposition, leading to a proinflammatory milieu in the brain (Wyss-Coray, 2006; Heneka et al., 2010). An enigmatic

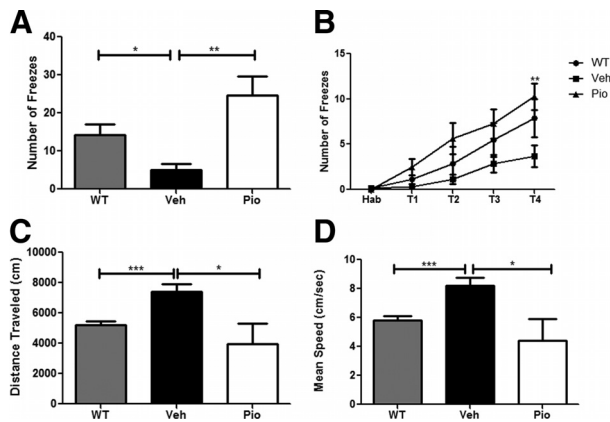


Figure 8. PPAR γ activation reverses cognitive deficits in 12-month-old *APP/PS1* animals. Contextual fear conditioning was examined in 12-month-old vehicle- or pioglitazone ($80 \text{ mg} \cdot \text{kg}^{-1} \cdot \text{d}^{-1}$)-treated *APP/PS1* animals (**A**) (mean \pm SEM, Student's *t* test, $*p < 0.05$, $**p < 0.01$, $n = 7\text{--}10$ animals/group). Number of freezes is shown as a function of training periods for contextual fear conditioning (two-way ANOVA, Bonferroni *post hoc* test, $**p < 0.01$) **B–D**. Measurement of distance traveled (**C**) and mean speed (**D**) in open-field analysis of vehicle-treated WT and *APP/PS1*- and pioglitazone-treated *APP/PS1* animals.

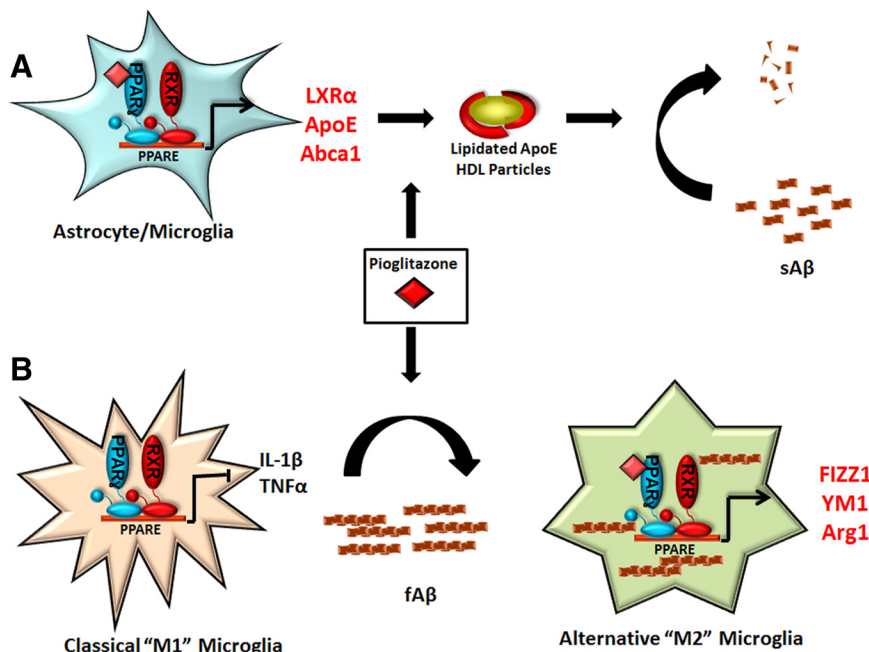


Figure 9. PPAR γ activation promotes amyloid clearance from the AD brain. We have shown that PPAR γ activation, using the synthetic agonist pioglitazone, promotes the clearance of both soluble and fibrillar amyloid species from the AD brain via distinct mechanisms. PPAR γ promotes the degradation of sA β species through the induction of LXR target genes *apoE* and *abca1*. This increases the pool of lipidated apoE particles which then facilitate the proteolytic clearance of sA β as we have previously described (**A**; Jiang et al., 2008). Additionally, PPAR γ activation induces the phenotypic conversion of the classically activated microglia to an alternative activation state. This conversion suppresses the production of inflammatory cytokines such as IL-1 β and TNF α and promotes the expression of genes involved in tissue repair and phagocytosis (*FIZZ1*, *YM1*, *Arg1*, *TGF- β*), allowing microglial cells to regain their capacity to take up and degrade fibrillar A β species (**B**).

feature of AD is that although microglia are competent phagocytes, they fail to effectively clear deposited A β from the brain. The basis of the inactivation of phagocytic function is unknown but is postulated to be the result of autocrine actions of cytokines (Koenigsnecht-Talboo and Landreth, 2005). PPAR γ activation has been shown to enhance the phagocytic capabilities of peripheral M2 polarized macrophages (Chinetti-Gbaguidi et al., 2011). One striking finding in this study was the extraordinary ability of

pioglitazone to stimulate microglia to phagocytose amyloid deposits from the transgenic mice (Fig. 7). Macrophages/microglia are capable of exhibiting a spectrum of phenotypic activation states which dictate their activities (Gordon, 2003; Mosser and Edwards, 2008; Mandrekar-Colucci and Landreth, 2010). Nuclear receptors have only recently been appreciated to play an crucial role in promoting the phenotypic change of macrophages from a “classically” M1 activated to alternatively activated M2 states (Odegaard et al., 2007, 2008; Zelcer et al., 2007; Bouhrel et al., 2008; Kalinin et al., 2009; Chawla, 2010). Activation of these nuclear receptors suppresses NF κ B-mediated inflammatory responses and activates their phagocytic machinery (Zelcer et al., 2007; Mukundan et al., 2009; Glass and Saijo, 2010). In the AD brain, microglia fail to effectively phagocytose A β and are also impaired in their ability to degrade A β fibrils (Chung et al., 1999; Cameron and Landreth, 2010). Thus, modulating microglial activation status by targeting nuclear receptors appears to restore the competence of these cells to phagocytose and clear amyloid in the AD brain (Mukundan et al., 2009; Chinetti-Gbaguidi et al., 2011). We demonstrate that PPAR γ activation in the *APP/PS1* animals provoked the conversion of at least a subset of microglia

from a classical to alternative activation states, suppressing proinflammatory gene expression (*IL-1 β* , *TNF α*) and inducing the expression of anti-inflammatory genes (*YM1*, *Fizz1*, *Arg1*, *TGF- β*) associated with tissue repair (Fig. 7). This latter function is accompanied by expression of genes necessary for phagocytosis and induction of phagocytic activity and this is consistent with our observation of enhanced phagocytosis of fA β by microglia. Terwel et al. (2011) have recently reported similar findings upon activation of LXRs in a mouse model of AD.

The actions of PPAR γ in the brain of murine models of AD have been controversial, largely due to the poor penetrance of its agonists into the brain and active P-glycoprotein-mediated efflux mechanisms (Maeshiba et al., 1997; Hemauer et al., 2010). In the present study we have used a high dose of pioglitazone ($80 \text{ mg} \cdot \text{kg}^{-1} \cdot \text{d}^{-1}$) that is ~ 8 times the clinically approved dose, to obviate this problem. Significantly, we have used a very short treatment interval (9 d), because of the expeditious induction of receptor-mediated gene expression. A number of studies of the thiazolidinedione agonists of PPAR γ , pioglitazone (Actos) and rosiglitazone (Avandia), reported salutary effects of these drugs in murine models of AD (Mandrekar-Colucci and Landreth, 2011). Indeed, PPAR γ agonists have been

shown to effectively lower both soluble levels of A β , reduce plaque burden, and improve behavior in some AD mouse models (Yan et al., 2003; Camacho et al., 2004; Heneka et al., 2005; Nicolakakis et al., 2008; Escribano et al., 2010; Toledo and Inestrosa, 2010; Rodriguez-Rivera et al., 2011); however, there has been no consensus on the mechanisms of action (Pedersen and Flynn, 2004; Escribano et al., 2010; Toledo and Inestrosa, 2010). The anti-inflammatory actions of these drugs have been postulated to

underlie their beneficial effects. However, other laboratories have explored additional mechanisms through which PPAR γ may exert beneficial effects. Pederson and Flynn (2004) have suggested that PPAR γ elicits behavioral improvements through its ability to reduce peripheral corticosterone levels. Toledo and Inestrosa (2010) suggested that PPAR γ activation could promote neuroprotection by activating the wnt signaling pathway. In this paper we have demonstrated yet another mechanism through which PPAR γ activation may ameliorate AD pathophysiology.

Because of the efficacy of PPAR γ agonist action in mouse models of AD, small clinical trials evaluated the effects of receptor activation and found that pioglitazone treatment improved memory and cognition in patients with mild to moderate AD (Hanyu et al., 2009; Sato et al., 2011). A larger phase II clinical trial showed improvements in memory retention and attention with the treatment of rosiglitazone (6 months) in patients who did not possess an ApoE4 allele (Risner et al., 2006). However, phase III clinical trials, using rosiglitazone, failed to show efficacy for the treatment of AD (Gold et al., 2010). It is important to note that in these trials rosiglitazone was administered at dosages that were much lower than those needed to see beneficial effects on AD pathophysiology in rodent models of the disease.

In this study we have demonstrated the rapid effects of PPAR γ activation on amyloid clearance, microglial polarization, and the reversal of cognitive deficits associated with AD. Additionally, we have provided an explanation for how PPAR γ modulates AD-related pathology in a mouse model. We have shown a mechanistic linkage between the PPAR γ and LXR pathways, which had not previously been documented in the brain, and results in the production of lipidated ApoE particles, facilitating the degradation of soluble A β species (Fig. 9). PPAR γ activation changes the inflammatory milieu of the brain by phenotypically polarizing microglia to an alternative, M2 phenotype, allowing them to phagocytically remove amyloid deposits (Fig. 9). These data suggest that brain-penetrant PPAR γ agonists represent a promising therapeutic approach for the treatment of AD.

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