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# Oxygenation in Cervical Cancer and Normal Uterine Cervix assessed using BOLD MRI at 3 T<sup>1</sup>

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#### Abstract

Hypoxia is reported to be a biomarker for poor prognosis in cervical cancer. However, a practical non-invasive method is needed for routine clinical evaluation of tumor hypoxia. This study examined the potential use of BOLD (Blood Oxygenation Level Dependent) contrast MRI as a non-invasive technique to assess tumor vascular oxygenation at 3 T. Following IRB-approved informed consent and in compliance with HIPAA, successful results were achieved in nine patients with locally advanced cervical cancer (FIGO stage IIA to IVA) and three normal volunteers. In the first four patients, dynamic  $T_2^*$ -weighted MRI was performed in the transaxial plane using a multi-shot EPI sequence while patients breathed room air followed by oxygen (15 dm<sup>3</sup>/min). Later, a multi-echo gradient echo examination was added to provide quantitative  $R_2^*$  measurements. Baseline  $T_2^*$ -weighted signal intensity was quite stable, but increased to various extents in tumors upon initiation of oxygen breathing. Signal in normal uterus increased significantly, while iliacus muscle did not change.  $R_2^*$  responded significantly in healthy uterus, cervical cancer at 3 T is feasible. However, more patients must be evaluated and followed clinically before any prognostic value can be determined.

#### Keywords

hypoxia; MRI; cervical cancer; BOLD; oxygen

#### Introduction

Tumor hypoxia is increasingly recognized as a predictor of malignancy, tumor progression, and response to therapy (1, 2). Several studies using the Eppendorf Histograph needle electrode system for various disease sites have shown that tumor hypoxia was associated with poor prognosis, notably for head and neck cancer, prostate, and lung (3-5). The most extensive studies have been applied to cervical cancer, revealing both extensive hypoxia and more rapid rates of recurrence for large hypoxic tumors in node negative patients (6-8). Patients with recurrent cervical cancers experience dismal survival rates, and thus, there is active interest in developing radiologic imaging methods to identify hypoxia. Preliminary studies using PET following the administration of the hypoxia reporter Cu-ATSM indicate correlation between uptake at 1 hr and progression free survival up to two years (9). Other studies indicate that pharmacokinetic DCE (Dynamic Contrast-Enhanced) CT or MRI

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Many diverse MR approaches have been demonstrated for the assessment of tumor oxygenation and hypoxia based on NMR, EPR (Electron Paramagnetic Resonance) or hybrid OMRI (Overhauser Magnetic Resonance Imaging) (15, 16). While these methods often provide quantitative measurements of pO2, they require administration of reporter molecules and are largely restricted to pre-clinical investigations. In this regard proton MRI exploiting BOLD (Blood Oxygen Level Dependent) contrast has attracted increasing interest as a non-invasive indicator of hypoxia based on intrinsic effective transverse relaxation rate  $(R_2^*)$  or response to breathing hyperoxic gas ( $\Delta$ SI or  $\Delta$ R<sub>2</sub>\*) (17). Paramagnetic deoxyhemoglobin in blood induces transverse relaxation (18, 19), which is the basis of the so-called fMRI exploited widely to assess neuronal activation. It has been suggested that a fast R<sub>2</sub>\* rate may be directly indicative of tumor hypoxia (extensive deoxyhemoglobin) (20). However,  $R_2^*$  is also highly dependent on vascular structure or extent (21, 22), local hematocrit, hemorrhage, calcification, and iron deposition in tissue as well as B<sub>0</sub> field inhomogeneity at tissue interfaces (23, 24). Response to a hyperoxic gas breathing challenge provides further insight into tumor vascular oxygenation as revealed by changes in  $R_2^*$ , local linewidth or contrast in T<sub>2</sub>\*-weighted images (20-22, 25-28).

Most human cancer studies have employed a hyperoxic gas breathing challenge to induce BOLD contrast, as demonstrated in diverse (17) or specific disease sites, such as prostate (29-31), head and neck (32), brain (33, 34) or breast (35). Multiple pre-clinical studies have explored response to interventions, and sometimes compared BOLD contrast with  $pO_2$  (13, 21, 22, 25-28, 30, 36-43). A recent report showed that a large BOLD response ( $\Delta$ SI >3%) in the 13762NF rat breast tumor corresponded with elimination of tumor hypoxia (HF<sub>10</sub><5%) accompanying oxygen breathing (27).

These reports prompted us to examine the feasibility of adding the BOLD contrast imaging sequence to standard MRI examinations of patients with cervical cancer; we now describe the evolution of a method that is both robust and clinically practical.

#### Experimental

This study was approved by the Institutional Review Board and complies with the Health Insurance Portability and Accountability Act (HIPAA). Examinations were performed using a 3-T MR scanner (Achieva, Philips Medical Systems, Cleveland, OH) following consent. We evaluated 3 healthy volunteers, and 10 patients: 8 with invasive cervical squamous cell carcinoma (SCC) and 2 with invasive adenocarcinoma (patients 8 and 9). Two of the ten patients were found to have metal clips. Tumor size was estimated from the high resolution MR planning images. The patients' median age was 44 years (range 36 to 56 years) with FIGO stage IIA to IVA. Hematocrit ranged from 33.2% to 41.1% with no obvious trend with respect to disease extent or BOLD response. For the first volunteer and first four patients data were acquired in the transaxial plane as follows:

1. Anatomical high resolution T<sub>2</sub>-weighted (T<sub>2</sub>-W) images: TR/TE = 6,700/130 ms, FA 90°, FOV = 180 mm, matrix size =  $340 \times 309$ , slice thickness= 4 mm.

2. Axial T<sub>2</sub>\*-W images during air breathing and oxygen breathing (30 images in 8 mins.): Multiple-Shot EPI was used with the following parameters: TR/TE = 500/41 ms, FA = 70°, FOV = 220 mm, matrix size =  $240 \times 240$ , slice thickness= 5 mm, EPI factor=7, number of averages=2.

For the second and third normal volunteers this approach was attempted in the sagittal plane instead of axial plane.

For the third volunteer and the later patients quantitative  $R_2^*$  measurements were performed in the sagittal plane. The data were acquired as follows:

- 1. Anatomical high resolution T<sub>2</sub>-W images: TR/TE = 6,700/130 ms, FA =  $90^{\circ}$ , FOV = 180 mm, matrix size =  $340 \times 309$ , slice thickness = 4 mm.
- 2. Sagittal T<sub>2</sub>\*-W images during air breathing (8 images in 2 mins) and oxygen breathing (22 images in 8 mins): based on Multiple-Echo Gradient Echo (MGRE) sequence: TR = 65 ms, FA = 30°, FOV = 300 mm, matrix size =  $240 \times 240$ , thickness = 5 mm, 1 slice. Echo Time (TE) was arrayed with 16 echoes using minimum TE = 2 ms and  $\Delta$ TE = 2.5 ms to generate the R<sub>2</sub>\* maps.

Images were acquired using a 6-element SENSE body coil. Patients and volunteers were examined during room air breathing followed by 100% oxygen (15 dm<sup>3</sup>/min.), which was administered via a face mask (adult oxygen mask, CareFusion, France) that was worn throughout the experiment. Arterial pressure of oxygen (SaO<sub>2</sub>) and heart rate were monitored throughout the experiment using a pulse oximeter (In vivo 4500 MRI, In vivo Research Inc., Orlando, FL).

#### Data analysis

BOLD MRI data analysis was performed using programs written by us in Matlab (MathWorks Inc., Natick, MA). Regions of interest (ROIs) were determined by a board certified radiologist with over eight years experience in body-MRI. The dynamic multishot EPI sequence allowed the measurement of tumor response to oxygen challenge by calculating changes in signal intensity within the ROI selected for the tumor. Signal intensity change was calculated as:

$$\Delta SI = \frac{SI_t - SI_b}{SI_b} \cdot 100\% \quad (1)$$

where  $SI_b$  is the mean baseline signal intensity during air breathing and  $SI_t$  is the mean signal intensity with oxygen inhalation. Signal change was also evaluated in the iliacus muscle.

Data acquired using a multi-echo GRE sequence allowed  $R_2^*$  maps to be generated by fitting the multi-echo  $T_2^*$ -W image signal intensity to TE, as a single exponential function on a voxel-by-voxel basis:

$$SI = S_0 \cdot e^{-TE \times R_2^*}$$
 (2)

where SI is signal intensity at each echo time (TE) and  $S_0$  represents a fitted constant. The change of  $R_2^*$  due to oxygen challenge was then calculated as:

$$\Delta R_2^* = R_{2t}^* - R_{2b}^* \quad (3)$$

where  $R_{2b}^*$  represents mean baseline rate during air breathing, and  $R_{2t}^*$  is the mean rate with oxygen inhalation. As a rudimentary comparison with initial studies where only a single echo was acquired, the signal intensity was recorded at the closest time in the multiecho series (TE = 39 vs. 41 ms earlier) to provide  $\Delta$ SI. Normal uterine tissue was used as a reference.

#### Statistical analysis

The mean SI of the  $T_2^*$ -W images during air breathing was calculated for each ROI and compared with mean SI of the  $T_2^*$ -W images during oxygen breathing. Initially, we segmented the data into two-minute time increments to assess dynamic changes. We noticed that the response to challenge was significant within 4 minutes after oxygen breathing in seven out of nine patients. However, it was challenging to determine the steady state region for every patient, Therefore, an average of all data points was used to determine the response to challenge. Student's t-tests were performed to examine changes in signal intensity and  $R_2^*$  response to oxygen breathing (p< 0.05 was considered significant).

#### Results

The ten patients and three normal volunteers tolerated the oxygen breathing challenge without any adverse events. Metal clips adjacent to the cervix of one patient caused severe artifacts and these data were excluded from analysis. In a second patient such artifacts obscured part of the tumor, but the remainder was analyzable. In response to breathing oxygen mean arterial oxygen saturation was found to increase significantly from  $97\pm1$  to 99% (p< 0.05). Pulse rate ranged from 71 to 99 bpm during baseline air breathing and 64 to 94 with oxygen, which was not significantly different.

Data acquisition was successful in the first volunteer and results are presented for cervix and muscle in Table 1. In the first patient, filling of the bladder displaced the tumor from the selected transaxial imaging plane between the time of initial planning and the oxygen sensitive BOLD contrast study. No further displacement was seen during the BOLD challenge, but the BOLD data were consequently obtained for a slice including only tumor periphery, to which we attribute the particularly large BOLD signal response ( $\Delta$ SI>21%, Table 1). Transaxial images obtained using the initial protocol showed well defined anatomy (e.g., Patient #3 in Fig. 1a), allowing regions of interest to be identified in the multi-shot EPI (Fig. 1b).  $T_2^*$ -weighted signal response ( $\Delta$ SI) is shown on a voxel-by-voxel basis in the color overlay map (Fig. 1c), revealing considerable heterogeneity in response to oxygen breathing. The signal dynamics are shown for muscle and tumor respectively (Fig. 1d), indicating a significant increase in SI in the tumor upon oxygen challenge ( $\Delta$ SI = 5.4% ± 3.1%; p<0.05), whereas little change was observed in muscle ( $\Delta$ SI = -0.2±2.5%). The difference is emphasized in the histograms showing voxel-wise distribution of response (Fig. 1e). A significant increase in  $T_2^*$ -weighted signal was seen in the tumors of all patients (#1-4) evaluated using the EPI approach, while only one patient had a significant change in muscle (Table 1). Sagittal orientation was used for subsequent investigations to compare BOLD response in both the cervical tumor and uterus, and to avoid interference attributed to bladder filling.

Images obtained in the sagittal orientation are shown for the second volunteer with respect to the oxygen challenge (Fig. 2). Anatomy is shown in a central slice allowing regions of interest to be selected. Baseline echo planar images were acquired while the subject breathed ambient room air for 2.5 minutes followed by oxygen. ROIs were selected for normal uterus and cervical tissue (Fig. 2b). Both tissues showed significant signal increase (p<0.05) with a much greater signal response in the uterus ( $\Delta$ SI = 25.4±3.8%) compared to normal cervix ( $\Delta$ SI = 8.6±2.4%) (Fig. 2 c and d). However, EPI in the sagittal plane failed in volunteer #3,

showing considerable artifacts due to tissue interfaces in the bowel regions. This prompted us to examine the MGRE sequence, which was successful and adopted for the subsequent patients.

Substantial decreases in  $R_2^*$  rates were found with oxygen breathing in the third healthy volunteer (Fig. 3). Mean signal intensity with respect to successive echoes at different TE values indicated highly consistent data allowing good curve fits to a mono-exponential function ( $R^2 > 0.997$ , typically) during air and oxygen breathing for both the cervix and uterus (Fig. 3c). Each tissue showed a considerable range of  $R_2^*$  rates (10 to 50 s<sup>-1</sup>) and a significant change with oxygen challenge ( $R_2^* = 28.38 \pm 1.1 \text{ s}^{-1}$  decreased to  $24.91 \pm 0.8 \text{ s}^{-1}$  or  $\Delta R_2^* = -12.2\%$  in uterus, and  $R_2^* = 29.47 \pm 1.2 \text{ s}^{-1}$  decreased to  $26.65 \pm 0.9 \text{ s}^{-1}$  or  $\Delta R_2^* = -9.6\%$  in cervix).

The multi echo gradient echo sequence was successfully applied to the subsequent five patients and representative data are shown for patient #8 (Fig. 4). Individual voxels showed  $R_2^*$  ranging from 10 s<sup>-1</sup> to 154 s<sup>-1</sup> with a standard deviation ranging from 3 to 16 in an individual map of  $R_2^*$  at a single time point during air breathing. Repeated measurements during air breathing showed little variation in mean  $R_2^*$  rates for individual tumors with standard errors ranging from 0.1 to 0.4 s<sup>-1</sup> and 0.2 to 0.3 s<sup>-1</sup> for uterus. Rapid significant increase in signal was observed in both uterus ( $\Delta$ SI=8.3±1.3%) and in tumor ( $\Delta$ SI=1.1±1.7%; Fig. 4g), although the response was considerably smaller in tumor. Corresponding  $R_2^*$  maps and fitted curves for the same ROIs showed that  $\Delta R_2^*$  was faster in uterus ( $\Delta R_2^* = -7.1\%$ ) than in tumor ( $\Delta R_2^* = -1.5\%$ ; Fig. 4h). In this patient, muscle showed a small signal response to breathing oxygen ( $\Delta R_2^* = 1.2\%$ ) with rates of  $R_2^*=40.32$  s<sup>-1</sup> (air) and 42.84 s<sup>-1</sup> (oxygen).

Several past investigations of BOLD response to hyperoxic gas challenge have reported changes in signal intensity only, and thus we compare the semi-quantitative  $\Delta$ SI with R<sub>2</sub>\*. Relative change in SI was closely related to relative change in R<sub>2</sub>\* (R<sup>2</sup>>0.88, p<0.0002; Fig. 5a) irrespective of tissue. Meanwhile change in R<sub>2</sub>\* ( $\% \Delta$ R<sub>2</sub>\*) was related to baseline R<sub>2</sub>\* for tumor (R<sup>2</sup>>0.53) (Fig. 5b), but not uterus (R<sup>2</sup>~0.3). Using the MGRE sequence, we were able to calculate the fitted constant (S<sub>0</sub>) using equation 2. Change in S<sub>0</sub> ranged from -1% to 0.3% in the tumors and -0.2% to 1.4% in the uterus. Two of the negative tumor S<sub>0</sub> measurements were significant, as well as two positive S<sub>0</sub> changes in the uterus (p<0.05).

Noting the progressive dynamic variation in signal and  $R_2^*$  for tissue, we conducted further analyses based on 2-minute time increments of oxygen challenge. Three tumors showed a significant response within the first two minutes of oxygen breathing; six of eight were significant by 4 minutes and 7 of 8 by 6 or 8 minutes. Since the kinetics were somewhat different, we have provided mean values for the whole oxygen challenge breathing period in Tables 1 and 2.

#### Discussion

BOLD contrast MRI was successfully accomplished in 9 of 10 patients with cervical cancer and three normal volunteers. The oxygen breathing paradigm was well tolerated and the only imaging failure was due to metal seeds implanted in the cervix for purposes of treatment planning.

We acquired images in the transaxial plane for the initial volunteer and patients, since this has been traditionally favored as the primary imaging plane for crosssectional diagnostic imaging of cervical cancer. Transaxial images generally allow for high resolution imaging to reveal parametrial tumor extension, and they also allow concurrent assessment of nodal involvement. For the BOLD response to oxygen challenge, we imaged a single plane

through a central part of the tumor, as identified by the radiologist during the scanning procedure, so that both central and peripheral regions could be observed. Comparison of the high resolution diagnostic scans with BOLD provided anatomical identification, and muscle tissue was chosen as a reference standard. The iliacus muscle signal was quite stable both during baseline air breathing and in response to oxygen challenge (*e.g.*, Fig. 1d). This coincides with previous observations in humans at 1.5 T, where oxygen breathing generated no response in  $R_2^*$  in muscle (or liver and spleen), while carbogen elicited a significant response in all three organs (44). Likewise Winter *et al.* reported a lack of response in rabbit paraspinal muscle at 1.5 T with respect to oxygen challenge, though again carbogen induced a change (45). The differential response to these two hyperoxic gases is often attributed to vasoactivity of carbogen, and has been explored extensively with respect to tumorand wound-induced skin angiogenesis (25). The mature vasculature of well perfused muscle may show little response to oxygen. Meanwhile a large response has been reported accompanying the hyperemia in human muscle following constriction and ischemia (46).

Tumor showed distinct heterogeneity, but a significant mean increase in all four patients (Table 1). Three patients showed quite similar signal response (2.7 to 5.4%), whereas patient #1 showed a much larger change. It became clear that the tumor in patient #1 had become displaced from the original imaging planning location. The tumor showed negligible displacement during the oxygen challenge, but the image plane now coincided with the tumor periphery instead of center due to bladder filling. The larger increase in BOLD response in this patient compared to the other three in this group is likely attributable to more extensive vasculature in the periphery as compared to the center. This artifact prompted us to alter the imaging acquisition plane for the later patients.

To date relatively few  $R_2^*$  tissue rates have been reported at 3 T. We found cervical tumor and normal uterus to have quite similar rates around  $R_2^* = 24 \text{ s}^{-1}$  (*c.f.*  $T_2^* = 42 \text{ ms}$ ) (Table 2). By comparison human kidney is reported to have  $T_2^* = 47 \text{ ms}$  with a significant response to oxygen breathing ( $\Delta T_2^* \sim 1-2 \text{ ms}$  (47)), as seen in the tissues here. Human skeletal muscle has been reported to have  $T_2^*$  around 27 ms at 1.5 T when subjects breathed air (unchanged with oxygen) (44). A range of rates has been reported previously at 3 T, *e.g.*,  $T_2^* = 20 - 30 \text{ ms}$  in human tibialis anterior muscle and soleus muscle (48), which is very similar to our measurement in the paraspinal muscle ( $T_2^*=24.8 \text{ ms}$ ), though a value of  $T_2^* = 19 \text{ ms}$  was reported for calf muscle (46).

Imaging in the sagittal plane avoids issues of displacement due to bladder filling and clearly shows the relationship of normal cervix or cervical tumor to the uterus and vagina. The well-vascularized endometrium provides a useful positive control, which is highly responsive to oxygen challenge (Fig. 2). Echo planar imaging was less satisfactory in the sagittal plane due to signal losses from extensive susceptibility variations in the bowel regions.

For the later patients (#5-10), we implemented a multi-echo gradient echo sequence, which provides  $R_2^*$ , as opposed to sampling signal intensity changes alone. This should provide further insurance against artifacts, since  $R_2^*$  distribution may be compared irrespective of motion artifacts, which otherwise could compromise effective signal subtraction.  $R_2^*$  maps show heterogeneity in both the uterus and normal cervix (*e.g.*, in Fig. 3) with significant decrease in  $R_2^*$  upon breathing oxygen.

Two patients presented with surgical metal clips. Artifact from the metal clips obscured most of the tumor in patient 7, which made it hard to analyze (data excluded). Patient 5 also had a metal clip artifact that obscured part of the tumor. Nonetheless, a significant drop in  $R_2^*$  was observed upon breathing oxygen.

The motivation for developing oxygen sensitive MRI of human cervical cancer is provided by strong evidence that hypoxia influences tumor aggressiveness, notably angiogenesis and metastasis, as well as poor response to therapy and shorter recurrence free intervals. Specifically, in cancer of the cervix, several studies based on the Eppendorf Histograph polarographic electrode system, indicated that patients with hypoxic tumors (variously defined as HF<sub>5</sub>>50% or median pO<sub>2</sub> less than the population mean) had a poorer clinical outcome. In 1998, Fyles, *et al.*, reported that cervical cancer patients with larger tumors (>5 cm diameter) had significantly poorer disease-free survival (DFS), if the fraction of pO<sub>2</sub> measurements less than 5 torr (~ 670Pa) was greater than 50%, in a study of 74 patients (DFS 12% vs. 65% at 2 years, P = 0.0001) (49). An extended study of 106 patients published in 2002 noted that the predictive value applied only to node negative patients (7) and a follow-up report indicates that stratification based on hypoxia is less relevant after 10 years (50). Nonetheless, hypoxia was clearly associated with short-term disease free survival and this measurement could become a common and useful clinical tool, if accomplished with a simple noninvasive method.

In addition to assessing tumor hypoxia the dynamic response to an intervention may be important. Electrodes are highly invasive and do not conveniently allow repeat dynamic maps, although Aquino-Parsons *et al.* did examine a group of women with respect to hyperoxic gas breathing challenge, comparing the influence of breathing oxygen or carbogen on cervical tumor  $pO_2$  (51). Results indicated that carbogen was more effective at eliminating hypoxia than oxygen, but carbogen is noted to be quite stressful and thus we opted to apply oxygen breathing challenge here. It has been reported that carbogen-light (98%O<sub>2</sub>/2%CO<sub>2</sub>) causes lower stress, while retaining the hemodynamic attributes of carbogen (52-54), and this appears worthy of future investigation for BOLD studies. Warming and humidifying the inhaled gas may also be helpful.

BOLD MRI indicates changes in vascular oxygenation, but may be further influenced by flow, vascular volume, pH, R<sub>1</sub> changes, and hematocrit (21, 26). We tested two pulse sequences to acquire BOLD images. Semi-quantitative approaches based on simple changes in T<sub>2</sub>-weighted signal intensity are particularly sensitive to flow (21), although this has been applied to many pre-clinical and clinical investigations (13, 17, 26, 38, 43). Use of MGRE to assess R<sub>2</sub>\* is relatively insensitive to inflow (21) and has been favored in more recent studies (27, 30, 36, 37). It is noteworthy that we observed strong correlation between changes in SI and R<sub>2</sub>\* (Fig. 5a) suggesting that inflow and R<sub>1</sub> changes are not a major factor in response. Nonetheless, significant changes in S<sub>0</sub> were observed for two tumors and two uteri with respect to oxygen challenge. The S<sub>0</sub> changes may have been caused by changes in R<sub>1</sub> or vascular volume. A correlation was also found between  $\Delta R_2^*$  and baseline R<sub>2</sub>\* (Fig. 5b), in line with a previous report for chemically induced spontaneous rat breast tumors (36).

Rates of tissue response may also provide useful insight into tumor perfusion and oxygenation. Tumors in Patients #3 and #8, shown in Figures 1 and 4 respectively, showed considerable increase, albeit with minor hiccups, in signal over the whole 8-minute oxygen challenge. Other tumors reached a plateau or maximum at an earlier time.

The EPI sequence is sensitive to susceptibility differences, which result in signal loss, limited spatial resolution, and image distortion. Indeed, we were unable to achieve useful EPI in volunteer # 3 and subsequent studies were performed using MGRE. This has the added bonus of providing both relative signal intensity changes and  $R_2^*$ . Relative SI changes were larger on the EPI sequence compared to the MGRE. Since different MRI parameters were in both sequences, a direct comparison between relative SI is not feasible.

BOLD response is sensitive to tumor vascular oxygenation as well as the extent of vasculature (21, 22). Measurements of tissue  $R_1$  therefore may be relevant, since they are directly sensitive to changes in  $pO_2$  (55, 56). While there is a small  $R_1$  response to deoxyhemoglobin (57, 58), we believe it will ultimately be useful to implement and evaluate interleaved BOLD and TOLD (Tissue Oxygenation Level Dependent) measurements. Indeed, a preliminary report of well defined rat prostate tumors indicated differential temporal response to  $T_1$ - and  $T_2$ \*-weighted signal, presumably reflecting alteration in vascular oxygenation followed by diffusion of oxygen into the tumor tissues (59). A preliminary report did show significant response in  $T_1$  of cervical squamous carcinoma in response to oxygen breathing at 1.5 T (44). Further development of oxygen sensitive MRI of the cervix may usefully compare different gases, e.g., carbogen (25, 32, 35, 44), implementation of alternative oxygen delivery approaches and masks (60), and various pulse sequences (61, 62). Dynamic contrast enhanced (DCE) MRI following infusion of paramagnetic contrast agents has also been reported to provide insight into tumor hypoxia (10-12). Likewise, histological correlates could provide further insight into the nature of tumor hypoxia and perfusion (63). In our initial protocol described here, emphasis was on optimizing the BOLD study, but including additional methods should be straightforward in the future.

Despite several decades of significant treatment advances for cervical cancer, it remains a prevalent life-threatening disease. As such development of accurate prognostic biomarkers will almost certainly improve and eventually optimize and personalize therapy. This preliminary study demonstrates that BOLD MRI at 3-tesla is feasible for examining the potentially valuable biomarker of oxygenation seen in cervical cancer. It remains to be seen whether baseline R<sub>2</sub>\*, signal response to hyperoxic gas breathing or a multi parametric comparison including additional parameters such as tumor size, and stage will be most useful. Further parameters such as vascular perfusion and permeability based on DCE, cellularity based on diffusion, and TOLD response to oxygen challenge may also be readily incorporated into a dynamic evaluation. More patients must be evaluated and followed clinically before the prognostic value of this non-invasive technique is determined.

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#### Abbreviations

BOLD	Blood Oxygenation Level Dependent contrast
Cu-ATSM	Copper (II) (diacetyl-bis (N4-methylthiosemicarbazone))
DCE	Dynamic Contrast-Enhanced
DFS	isease-free survival EPI
EPR	Electron Paramagnetic Resonance
HIPAA	Health Insurance Portability and Accountability Act
IRB	Institutional Review Board
MGRE	Multiple-Echo Gradient Echo
OMRI	Overhauser Magnetic Resonance Imaging
ROI	Regions of interest
SCC	squamous cell carcinoma
TOLD	Tissue Oxygenation Level Dependent



#### Figure 1. BOLD MRI of cervical tumor in the axial plane

a: High resolution  $T_2$ -W image showing cervical tumor (T) for patient #3.

b:  $T_2^*$ -W image obtained using multi-shot EPI as part of a dynamic data set with ROIs for tumor and iliacus muscle outlined in blue and green, respectively.

c: Maps of  $\&\Delta$ SI for the tumor and muscle overlaid on T<sub>2</sub>\*-W image, showing heterogeneity of response.

d: Mean tumor signal response to oxygen breathing challenge ( $\Delta$ SI = 5.4±3.1%) compared to muscle ( $\Delta$ SI = -0.2±2.5%): vertical bars represent one standard error (SE) at each time point.

e: Distribution of signal changes in tumor (blue) and muscle (green) with oxygen challenge.



Figure 2. Sagittal imaging in a healthy volunteer with respect to oxygen challenge a: High resolution T<sub>2</sub>-W image showing the cervix (C) and vertically oriented uterus (U) for a normal volunteer (TR/TE = 6.7 s/130 ms, FA=90°, FOV = 180 mm, thickness= 4 mm). b: T<sub>2</sub>\*-W image obtained as part of a dynamic data set. ROIs for normal cervical and uterine tissue are outlined in blue and green, respectively. Multiple-Shot Echo Planar Imaging (EPI) used: TR/TE = 500/41 ms, FA = 70°, FOV = 22 cm, thickness= 5 mm. c: Color maps of %  $\Delta$ SI in the cervix and uterus overlaid on T<sub>2</sub>\*-W image. d: Rapid significant signal response to oxygen breathing was observed in uterus ( $\Delta$ SI=25.4±3.8%) and cervix ( $\Delta$ SI=8.6±2.4%). Each point represents mean value ± SE.



Figure 3. Changes in  $R_2^*$  in a healthy volunteer

a: High resolution  $T_2$ -W image (sagittal) showing the cervix (C) and normally positioned uterus (U) and bladder (B) for normal volunteer #3 acquired using the same parameters as in Figure 2a.

b:  $R_2^*$  maps of the uterus and cervix overlaid on the  $T_2^*$ -W GRE image during room-air and oxygen breathing, showing heterogeneity.

c: Variation of mean  $T_2^*$ -W signal intensity with TE values and mono-exponential fitted curves during air and oxygen breathing for both the cervix and uterus. Normal uterus showed a faster decay rate in  $R_2^*$  compared to normal cervix with oxygen challenge (quantified as  $\Delta R_2^*$ ).



#### Figure 4. BOLD response to oxygen challenge based on changes in SI and R2\*

a: High resolution T<sub>2</sub>-W image (sagittal) showing cervical tumor (T) in patient #8. b: T<sub>2</sub>\*-W image obtained as part of a dynamic data set with MGRE imaging. ROIs are shown for tumor (blue) and normal uterus (green); B marks bladder

c-d:  $R_2^*$  maps of the tumor and uterus overlaid on the  $T_2^*$ -W image during room-air and oxygen breathing.

e-f: ROI-based T<sub>2</sub>\*-W signal decay measurements and fitted curves for tumor and uterus while patient breathed air (black) and oxygen (red). Normal uterus showed a faster rate in mean R<sub>2</sub>\* ( $\Delta$ R<sub>2</sub>\*= -1.38 s<sup>-1</sup>) than tumor ( $\Delta$ R<sub>2</sub>\*= -0.26 s<sup>-1</sup>)

g: Variation in mean relative signal response ( $\pm$ SE) obtained from images at TE= 39 ms in MGRE for ROIs identified in b with respect to oxygen breathing challenge. Uterus (green) showed a larger mean signal response to oxygen breathing ( $\Delta$ SI=8.3±1.3%), compared to tumor (blue;  $\Delta$ SI=1.1±1.7%).

h: Corresponding  $R_2^*$  (±SE) for cervical tumor (blue) and uterus (green) with respect to oxygen breathing challenge.

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# Table 1

BOLD response of cervical tumor, uterus, and iliacus muscle observed in EPI images based on T<sub>2</sub><sup>\*</sup>-weighted signal response to breathing oxygen

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	FIGO Stage	Age	Tumor size	BOLD re	sponse (%∆SI ±	SD)
		years	cm	Tumor	snM	cle
Patient 1	IIIB	47	6.4 *5.5 *5.4	$21.2\% \pm 9.7\% \stackrel{+}{ au} *$	$0.1\% \pm$	1.9%
Patient 2	IIB	54	$7.2$ $^{*}6.9$ $^{*}6.5$	$3.4\% \pm 1.7\%$ *	$0.1\% \pm$	2.6%
Patient 3	IIIB	41	$6.0^{\ *}4.7^{\ *}4.6$	$5.4\% \pm 3.1\%$ *	-0.2% ±	2.5%
Patient 4	IVA	38	$11.6^*10.2^*8.9$	$2.7\% \pm 2.4\%$ *	$1.7\% \pm 2$	* %0.2
Mean		45		$8.1 {\pm} 8.8\%$	$0.4 \pm 0$	.9%
Normal Volunteer				Cervix	Uterus	Muscle
1		NA		$8.2\%\pm\!2.1\%^{*}$		$-0.5\%\pm1.4\%$
2**				$8.6\%\pm 2.4\%$	$25.4\%{\pm}3.8\%{}^{*}$	
+						

 $\tilde{r}_{signal}$  from tumor periphery

\* p <0.05 indicating significant change in signal.

\*\*
acquired in the sagittal plane

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# Table 2

BOLD response of cervical tumor, normal cervix, and uterus observed in the sagittal GRE images based on R2<sup>\*</sup> and T2<sup>\*</sup>-weighted signal response to breathing oxygen

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	FIGO Stage	Age	Tumor size	BOLD response (% $\Delta SI \pm S$	(D)	$\mathbf{R}_{2}^{*} \pm \mathbf{SD}$ (s <sup>-1</sup> ) (air/oxyg	gen)	$\% \Delta R_2^* \pm SD$	
		years	cm	Tumor	Uterus	Tumor	Uterus	Tumor	Uterus
Patient $5\ddagger$	ШΑ	48	5.7 *2.8 *2.7	$-0.5\%\pm0.5\%$	$0.5\%\pm1.3\%$ *	32.6±0.9 / 32.0±2.8	24.3±0.6 / 23.9±0.5	-1.8% $^{*}{\pm}$ 8.7%	-1.7% $^{*}{\pm}$ 2.2%
Patient 6	IIB	40	8.6 *7.8 <sup>*</sup> 6.8	$-1.1\%\pm 2.2\%$ *	N/A	15.7±0.4 / 15.8±0.6	N/A	$0.6\% \stackrel{*}{\pm} 4.0\%$	V/N
Patient 8	IIB	42	3.6 *3.5 *2.9	$1.1\%\pm1.7\%$ *	$8.3\%{\pm}1.3\%$	22.9±0.3 / 22.6±0.3	$19.5\pm0.9$ / $18.1\pm0.8$	-1.5% $^{*}{\pm}$ 1.5%	-7.1% $^{*}{\pm}$ 4.1%
Patient 9	IIB	36	6.1 <sup>*</sup> 5.6 <sup>*</sup> 4.8	$1.1\%\pm 2.6\%$ *	$7.4\%\pm 2.2\%$	21.8±1.0 / 21.6±0.8	25.8±0.5 / 24.5±1.5	-0.5%± 3.9%	$-5.2\% \stackrel{*}{\pm} 5.8\%$
Patient 10	IIB	56	7.5 *6.5 *4.3	$3.4\% \pm 3.5\%$ *	$6.1\%\pm 2.8\%$	24.3±0.6 / 23.7±0.8	28.2±0.5 / 27.1±0.8	$-2.5\% \stackrel{*}{\pm} 3.5\%$	$-3.9\% \stackrel{*}{\pm} 2.7\%$
Mean		44		$0.8\%{\pm}1.6\%$	$5.6\% \pm 3.0\%$	23.5±6.1/ 23.1±5.8	24.5±3.7/ 23.4±3.8	$-1.1 \% \pm 1.1\%$	-4.5% ±2.0%
Normal volunteer 3	NA			Normal cervix 5.7%±1.6%	$7.6\% \pm 2.4\%$	Normal cervix 29.47±1.2/ 26.65±0.9	28.38±1.1/ 24.91±0.8/	Normal cervix $-9.6\% \pm 3.3\%$	-12.2% ± 4.2%
		-		-					

Patient #5 had a metal clip preventing effective analysis of long echo time (TE) images: therefore, the BOLD signal comparison was performed at 17 ms for this patient. \*

p <0.05.

N/A: the uterus was poorly recognizable in T2\*-W images of this patient