

Effect of Different Interferon α 2 Preparations on IP10 and ET-1 Release from Human Lung Cells

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Abstract

Background: Alfa-interferons (IFN α 2a, IFN α 2b, 40KDa-PEGIFN α 2a and 12KDa-PEGIFN α 2b) are effective treatments for chronic hepatitis C infection. However, their usage has been associated with a variety of adverse events, including interstitial pneumonitis and pulmonary arterial hypertension. Although rare, these adverse events can be severe and potentially life-threatening, emphasizing the need for simple biomarkers of IFN-induced lung toxicity.

Methods: Human lung microvascular endothelial cells (HLMVEC), human pulmonary artery smooth muscle (HPASM) cells and A549 cells were grown under standard conditions and plated into 96- or 6-well plates. Cells were stimulated with various concentrations of different IFNs in hydrocortisone-free medium. After 24 and 48 hours, IP10 and ET-1 were measured by ELISA in conditioned medium. In a second set of experiments, cells were pre-treated with tumour necrosis factor- α (TNF- α) (10 ng/mL).

Results: IFN α 2a, IFN α 2b, 40KDa-PEGIFN α 2a and 12KDa-PEGIFN α 2b, but not IFN λ , induced IP10 (CXCL10) release and increased IP10 gene induction in HLMVEC. In addition, all four IFN α preparations induced IP10 release from HPASM cells and A549 cells pre-treated with TNF α . In each of these cell types, 40KDa-PEGIFN α 2a was significantly less active than the native forms of IFN α 2a, IFN α 2b or 12KDa-PEGIFN α 2b. Similarly, IFN α 2a, IFN α 2b and 12KDa-PEGIFN α 2b, but not 40KDa-PEGIFN α 2a, induced endothelin (ET)-1 release from HPASM cells.

Conclusions: Consistent with other interstitial pulmonary diseases, both IP10 and ET1 may serve as markers to monitor IFN-induced lung toxicity in patients. In addition, both markers may also serve to help characterize the risk associated with IFN α preparations to induce lung toxicity.

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Introduction

Interferons (IFNs) are potent cytokines involved in innate and adaptive immune responses [1,2]. The immunomodulatory and antiviral properties of alfa interferons (IFN α) have been exploited therapeutically to treat a number of diseases, including chronic hepatitis C (CHC). In its native form, IFN α is relatively unstable and requires frequent parenteral administration. Pegylation of IFN α , where polyethylene glycol (PEG) molecules are bound to the native protein, has been shown to reduce *in vitro* activity but increase the stability and plasma half-life of IFN α [3], and have therefore largely replaced conventional IFN α in CHC treatment [4]. There are two forms of PEGIFN α used clinically; 40KDa-

PEGIFN α 2a (PEGASYS, Roche, Basel, Switzerland) and 12KDa-PEGIFN α 2b (PegIntron, Merck, Whitehouse Station, NJ, USA), in which IFN α is conjugated to 40KDa and 12KDa PEG moieties, respectively. Importantly, the composition of therapeutic IFN preparations with different isomers may be crucial for efficacy [5]. Specifically, 40KDa-PEGIFN α 2a consists of nine different mono-pegylated isomers that have a range of antiviral-specific activities that correlate with antiproliferative but not with global gene transcriptional activity in the melanoma cell line ME15 [5].

Administration of IFN α has been associated with a variety of adverse events, including pulmonary side effects [6]. These side effects, which include pneumonitis [6] and pulmonary arterial hypertension (PAH) [7], are rare but can be severe. Moreover, the

most common clinical sign for IFN α -induced pneumonitis is cough [6,8]. Both the severity and the low incidence of acute pneumonitis (0.02% [9]) and PAH, coupled with the lack of a specific symptom, indicate the need for biomarkers that allow monitoring of host inflammation in IFN α -treated patients. However, no biomarker is currently available to monitor the risks of IFN-induced lung toxicity.

The underlying mechanism leading to interstitial pneumonitis following IFN α is not clearly understood, but some recent studies in mice and humans have shed some light onto the pathophysiology of the condition. Recent studies have identified the role of CXCR3+ immune cells along with its cognate ligands, IFN γ -induced protein 10 (IP10; also termed CXCL10) and monokine induced by IFN γ (MIG; also termed CXCL9), in promoting migration of CXCR3+ cells to the lung and in lung inflammation [10–14]. Accordingly, different groups have found an association between IP10 [15–18] or endothelin 1 (ET-1) [19] and different interstitial lung diseases (ILDs).

One question that needs to be addressed is how type I IFNs initiate inflammatory processes in patients. Type I IFNs act via the ubiquitously expressed IFN α receptor (IFNAR) complex, which has two components, IFNAR1 and IFNAR2. Type II IFN γ binds to the IFN γ receptor complex and mediates innate immune responses to bacteria and viruses. Less is understood about type III IFN λ , but it is known to signal via IFN λ receptor 1 and interleukin-10 receptor 2 [20]. Activation of IFN receptors leads to the induction of IFN-selective genes, of which IP10 is a principle example. However, there is recent evidence from studies with mice and human endothelial cells that not only type II IFNs but also type I IFNs can induce IP10 [21]. Given the emerging importance of the association between IP10 and ILDs, an important question remains regarding whether type I IFNs could induce IP10 in human lung cells. However, IP10 may not be the only important factor contributing to ILDs.

A second mediator of interest for the development of ILDs is ET-1. We have previously shown that IFN γ induces ET-1 in tumour necrosis factor- α (TNF α)-primed human pulmonary artery smooth muscle cells [22–25] and smooth muscle cells from human systemic vessels [26]. ET-1 is a critical mediator and therapeutic target in PAH and is associated with remodelling and vasoconstriction [27]. Accordingly, associations were found between broncho-alveolar lavage fluid (BALF) and serum levels of ET-1 in several human lung diseases [27–29].

Thus, we hypothesized that type I IFNs lead to IP10 and possibly ET-1 release from human lung tissue. This could provide the basis for CXCR3+ immune cell migration to the lung and the promotion of lung inflammation. Consequently, IP10 and ET-1 could be useful biomarkers to indicate increased risk of IFN α -induced interstitial pneumonitis. Pneumonitis occurs when fluid shifts across leaky alveoli, implicating alveoli epithelium. Endothelial damage is also implicated in pneumonitis [30]. In pulmonary hypertension, endothelial cells and the underlying vascular smooth muscle cells are targets for inflammation and cellular dysfunction. We investigated the effect of therapeutic and non-therapeutic IFN α preparations on IP10 and ET-1 release by relevant human lung cells *in vitro*.

Methods

Cell culture and treatments

Human lung microvascular endothelial cells (HLMVEC) were grown and maintained in specific media according to the manufacturer's instructions (Lonza, Basel, Switzerland). Four days prior to treatments, hydrocortisone was withdrawn from culture

conditions in order to study the release of inflammatory mediators. Human pulmonary artery specimens were obtained from healthy segments of lung from patients undergoing lung resection at the Royal Brompton Hospital, London, UK (Research Ethics Committee study number 02-081, sub-amendment 3). Full informed written consent was obtained from all participants.

Human pulmonary artery smooth muscle (HPASM) cells were grown in Dulbecco's modified Eagle's medium (DMEM, Sigma), supplemented with 15% heat-inactivated fetal calf serum (FCS), L-glutamine (2 mM), streptomycin (100 μ g/mL), penicillin (100 U/mL) and 1% vol/vol 100 \times MEM non-essential amino acids (added according to manufacturer's instructions; GIBCO Life Technologies, Paisley, Renfrewshire, UK). Serum was withdrawn for 24 hours prior to treatments; treatments were then carried out in media with 10% FCS. A549 cells (ECACC, Salisbury, Wiltshire, UK) were grown, maintained and treated in medium containing 10% FCS. For HLMVEC and HPASM cells, cells less than passage 8 were used. Cells were plated and treated using either standard 96-well or 6-well plates. Human recombinant forms of IFN α (universal type I IFN), IFN β , IFN γ and IFN λ were from R&D Systems (Abingdon, Oxfordshire, UK). Human IFN α 2a, IFN α 2b, 40KDa-PEGIFN α 2a, 12KDa-PEGIFN α 2b, and 40KDa-PEGIFN α 2a isoforms K31, K134 and K122 [5] were provided by Hoffmann-La Roche (Basel, Switzerland). In experiments with TNF α co-treatment, TNF α was added 10 minutes prior to the IFNs at a dose of 10 ng/mL.

Measurement of IP10 and ET-1

Conditioned media was collected at 24 and 48 hours for analysis. ET-1 and IP10 were measured using specific commercial ELISA kits from R&D systems.

Measurement of IP10 and related genes

For gene expression experiments, cells were treated in 6-well plates, with each well representing a different treatment; cells were treated for 6 hours before RNA was extracted. Each well of the 6-well plate yielded sufficient RNA for PCR amplification, typically a quantity of 2–3 μ g for HLMVEC and 5–10 μ g for HPASM cells. RNA was extracted from the cells using a commercial RNA extraction kit according to the manufacturer's protocol (Quiagen, Crawley, West Sussex, UK). RNA quantification was performed using Nanodrop 2000c UV spectrophotometry (Thermo Scientific, Epsom, Surrey, UK), following which the samples were stored at -80°C prior to use in PCR experiments. Gene expression was measured using the Inflammatory Cytokines and Receptors PCR Array from Qiagen, which contains pre-dispensed gene-specific primer sets for 84 inflammation-related genes. Seven genes in each plate were related to PCR quality and DNA contamination controls and 5 genes in the array were housekeeping genes. Gene expression differences between IFN-treated and control samples were calculated using the equation $2^{-(\Delta\Delta\text{CT})}$.

Measurement of cell viability in A549 and HLME cells

Cell viability was measured using the MTT assay. In the absence or presence of TNF α , IFNs (at the top concentration used after 48 hrs) had no additional effect on cell viability. This suggests that IFNs are not toxic *per se* to these cells.

Results

Effect of type I IFN α and IFN β , type II IFN γ and type III IFN λ on IP10 and ET-1 release by human lung cells

Under control culture conditions (without TNF α), IP10 release by all cell types studied was very low/undetectable (**Figure 1**).

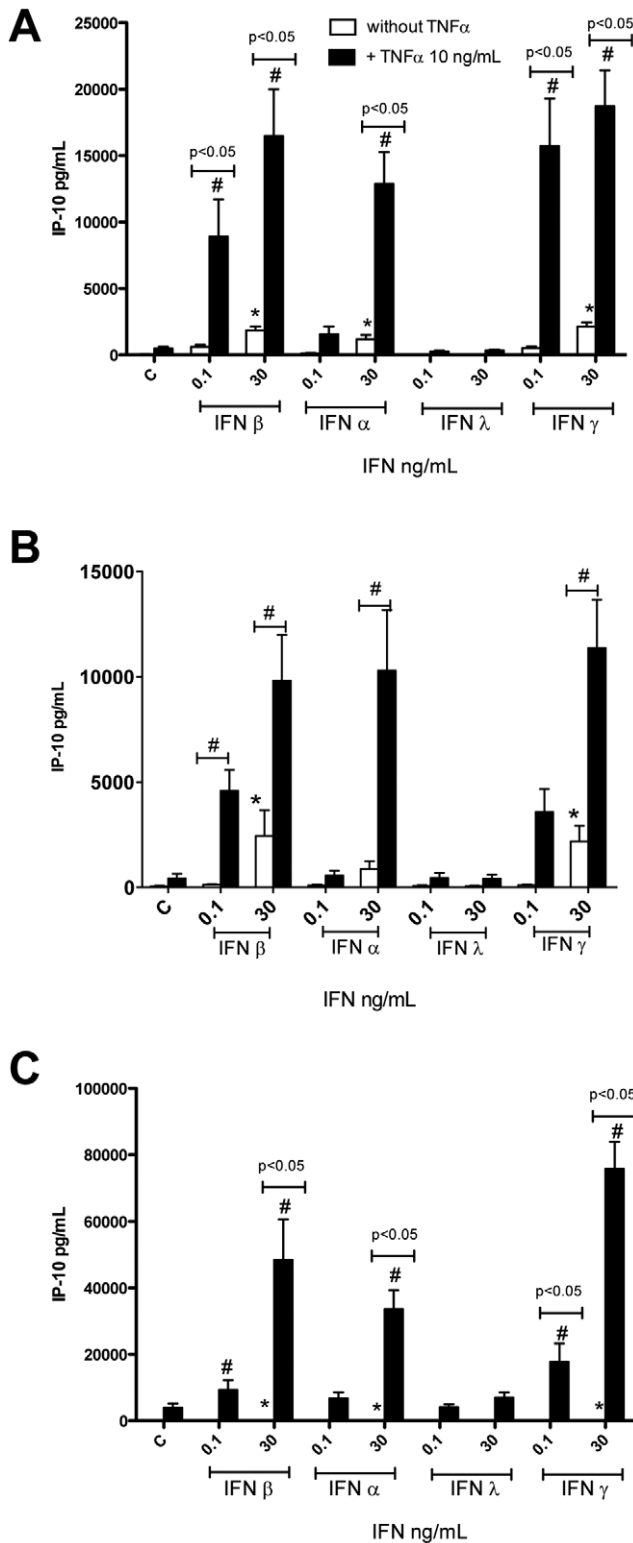


Figure 1. Effect of type I–III IFNs on IP10 release by human lung cells. In the presence of TNF α , type I and type II, but not type III, interferons (IFNs) induce the release of IP10 from endothelial cells (HLMVECs; A), human pulmonary artery cells (HPASMCs; B) and human type II pneumocytes (A549 cells; C). Cells were treated with IFNs for 24 hours. Data are the mean \pm standard error of the mean for n=6–8. Within-group analysis was performed using one-way ANOVA followed by a Dunnett’s post-test, where * indicates p<0.05 compared to control. Between-group analysis, for the effect of TNF α was performed

using two-way ANOVA followed by Bonferroni’s post-test where # indicates p<0.05. doi:10.1371/journal.pone.0046779.g001

However, IFN α (universal type I IFN), IFN β and IFN γ , but not IFN λ increased levels of IP10 from HLMVEC and HPASM cells. The release of IP10 was increased when cells were pre-treated with TNF α (Figure 1). IP10 release from A549 cells was very low after IFN stimulation alone, but was dramatically increased by TNF α (Figure 1).

Under control culture conditions endothelial cells, including HLMVEC, release relatively high levels of ET-1. However, we have shown that other cell types, including vascular smooth muscle cells, release relatively low levels [22–26,31]. We previously showed that vascular smooth muscle cells, including those from pulmonary arteries, release increased ET-1 when stimulated with the combination of IFN γ and TNF α [22–26,31]. Here we have extended these observations and show that the type I IFNs, universal IFN α and IFN β , induce ET-1 release without the need for TNF α , although this release is increased when TNF α is given as a pre-treatment (Figure 2). As we have found before, IFN γ , in the presence of TNF α , induced ET-1 release from HPASM cells (Figure 2). Interestingly, type III IFN λ had no effect on ET-1 release either in the absence or presence of TNF α (Figure 2). As we have found before, HLMVEC released relatively high levels of ET-1, which were not increased by treatment with any of the IFN preparations (data not shown).

Effect of IFN preparations on IP10 and ET-1 release by human lung cells

As was seen with universal IFN α , authentic IFN α 2a and IFN α 2b activated HLMVEC and HPASM cells to release IP10

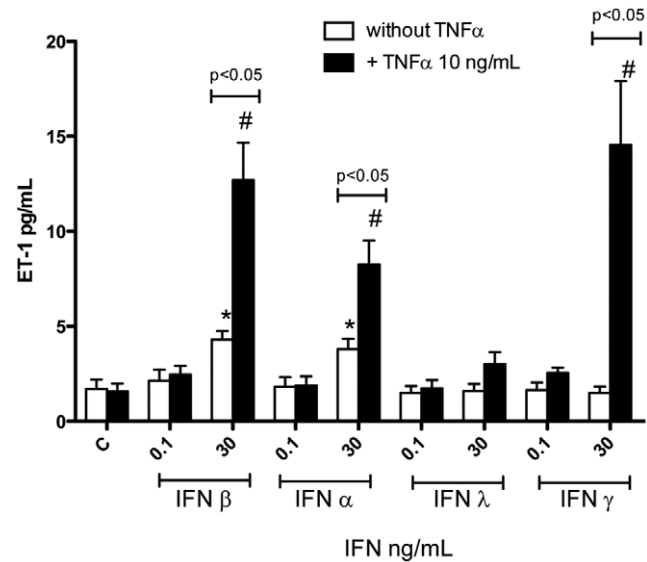


Figure 2. Effect of Type I–III IFNs on ET-1 release from HPASMCs. In the presence of TNF α , type I and type II, but not type III, interferons (IFNs) induce the release of ET-1 from human pulmonary artery smooth muscle cells (HPASMCs). Cells were treated with IFNs for 24 hours. Data are the mean \pm standard error of the mean for n=8. Within-group analysis was performed using one-way ANOVA followed by a Dunnett’s post-test, where * indicates p<0.05 compared to control. Between-group analysis, for the effect of TNF α was performed using two-way ANOVA followed by Bonferroni’s post-test where # indicates p<0.05. doi:10.1371/journal.pone.0046779.g002

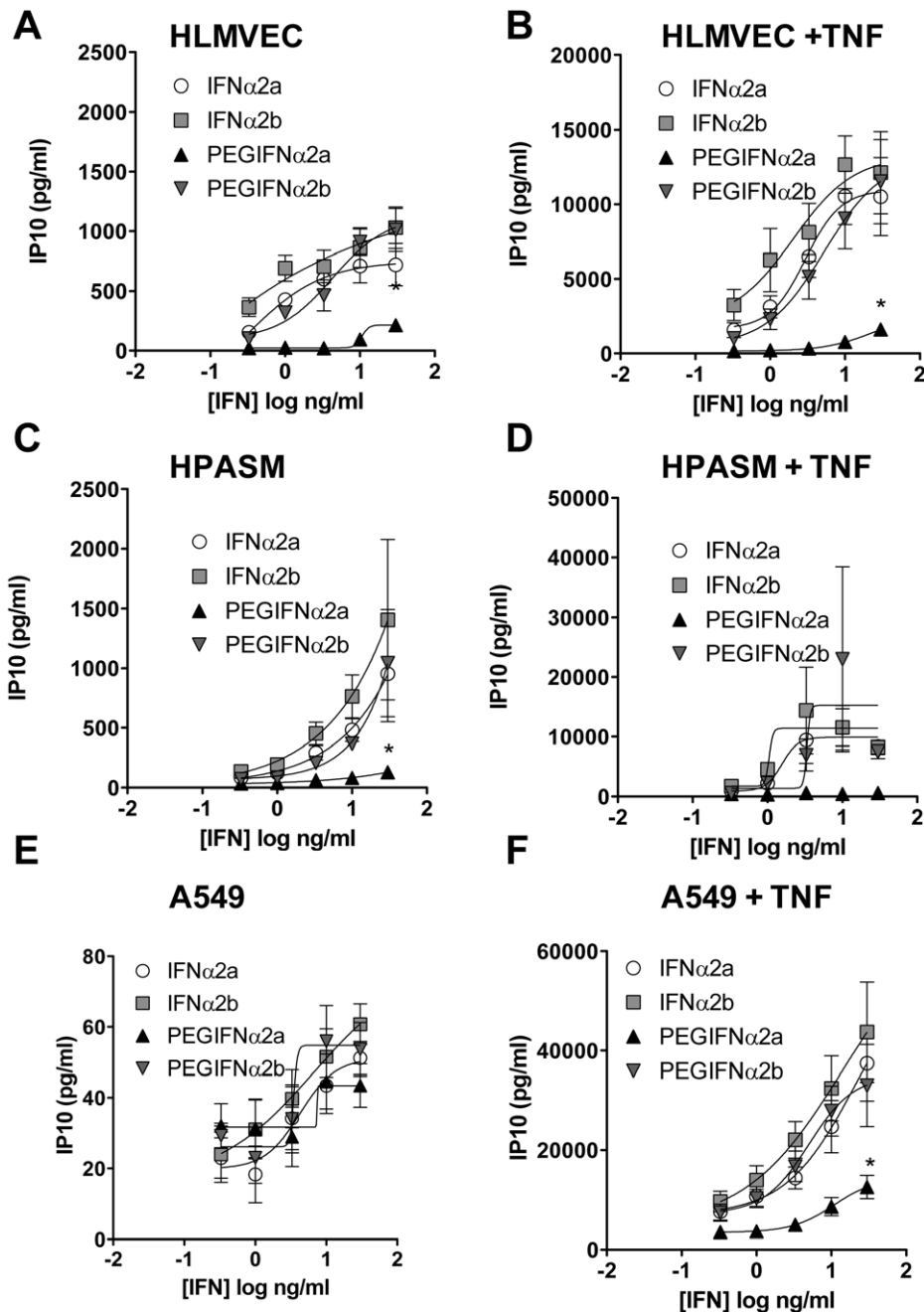


Figure 3. Effect of native versus pegylated IFN on IP10 release from HLMVECs. Effect of native IFN α 2a or IFN α 2b versus pegylated (PEG) forms on IP10 release from human lung microvascular endothelial cells (HLMVECs; A, B), human pulmonary artery smooth muscle cells (HPASMCs; C, D) and type II pneumocytes (A549 cells; E, F). Cells were treated with interferons (IFNs) alone (A, C and E) or in the presence of TNF α (10 ng/mL; B, D and F) for 24 hours. Data shown are mean \pm standard error of the mean for n = 6 and were analysed using two-way ANOVA where * indicates p < 0.05 for PEG-IFN α 2a versus the other three IFNs.
 doi:10.1371/journal.pone.0046779.g003

(**Figures 3A, C**). However, in A549 cells IFN α 2a and IFN α 2b were not able to induce high amounts of IP10 unless cells were pre-treated with TNF α (**Figure 3E**).

Similar to what was observed with non-pegylated IFN α 2a and IFN α 2b, 12KDa-PEGIFN α 2b induced IP10 release from each cell type tested which, whilst robust, tended to be less potent than IFN α 2b. However, in all models the induction of IP10 release with 40KDa-PEGIFN α 2a was significantly less than with the other IFN α preparations tested. In line with observations made with

IP10 release, ET-1 release from TNF α -primed HPASM cells was increased by IFN α 2a, IFN α 2b and 12KDa-PEGIFN α 2b, but not by 40KDa-PEGIFN α 2a (**Figure 4**).

In order to validate our observations using clinical preparations of pegylated IFN α , we performed a second set of experiments using different batches of 40KDa-PEGIFN α 2a and 12KDa-PEGIFN α 2b to observe the effect on IP10 release from HLMVEC and A549 cells treated with or without TNF α . Similar results were obtained to those shown in **Figure 3** (data not shown).

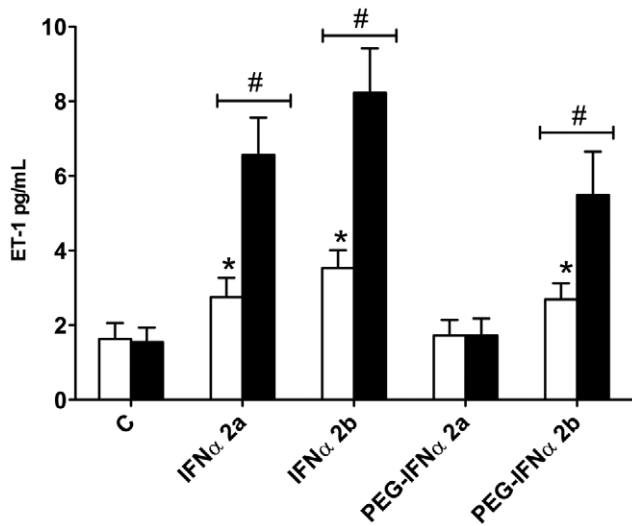


Figure 4. Effect of native versus pegylated IFN on ET-1 release from HPASMCs. = Effect of native 30 ng/mL IFN α 2a or IFN α 2b versus pegylated (PEG) forms on ET-1 release from human pulmonary artery smooth muscle cells (HPASMCs). Cells were treated with interferons (IFNs) for 24 hours. Data are the mean \pm standard error of the mean for n=8. Within-group analysis was performed using one-way ANOVA followed by a Dunnett's post-test, where * indicates p<0.05 compared to control. Between-group analysis, for the effect of TNF α was performed using two-way ANOVA followed by Bonferroni's post-test where # indicates p<0.05.
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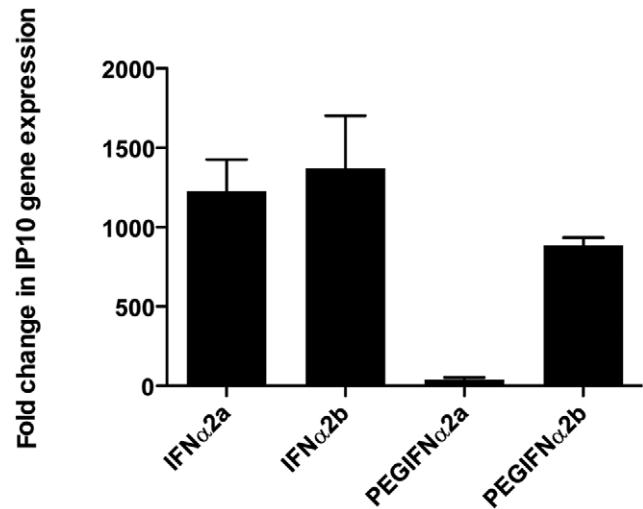


Figure 5. Effect of native versus pegylated IFN on IP10 gene induction in HLMVECs. Effect of native IFN α 2a, IFN α 2b versus pegylated (PEG) forms (40KDa-PEGIFN α 2a and 12KDa-PEGIFN α 2b) on IP10 gene induction in human lung microvascular endothelial cells (HLMVECs). Cells were treated with interferon (IFN) for 6 hours. Data are the mean \pm standard error of the mean for n=3.
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Effect of IFN preparations on inflammatory gene expression

Eighty-four inflammatory genes were measured in HLMVEC treated with IFN α 2a, IFN α 2b, 40KDa-PEGIFN α 2a and 12KDa-PEGIFN α 2b. A relatively small signature of genes were increased by the IFN α preparations (**Table S1**, available online); however, in line with our chemokine data, IP10 mRNA was strongly induced (**Figure 5**). Furthermore, in line with results for IP10 protein release, 40KDa-PEGIFN α 2a was the weakest inducer of IP10 gene expression (**Figure 5**) when compared with authentic IFN α preparations or 12KDa-PEGIFN α 2b (**Table S1**, available online).

Differential effects of monopegylated isomers of 40KDa-PEGIFN α 2a

PEGIFN α formulations contain multiple monopegylated isomers with different antiviral activity and different affinities to IFNAR1 and IFNAR2 [5]. In order to better understand how 40KDa-PEGIFN α 2a activates lung endothelial cells we investigated the efficacy of selected isoforms (K31, K34 and K121) on IP10 release by HLMVEC. These isoforms were previously found to have the following rank order of efficacy as antiviral agents *in vitro*: K31>K134>40KDa-PEGIFN α 2a>K121 [5]. However, with regards to the global mRNA expression profile, a ranking of K134>K31>40KDa-PEGIFN α 2a>K121 was established [5]. Similarly, in our study we found the same order (K134>K31= 40KDa-PEGIFN α 2a>K121) with regards to the propensity to induce IP10 release from human lung microvascular endothelial cells (10 ng/mL; **Figure 6**). Interestingly, the effect of the K134 isomer on IP10 release was not altered in the presence of K121 or K131, isoforms with less IP10-inducing activity. This is in line with the different receptor affinities of the isoforms postulated

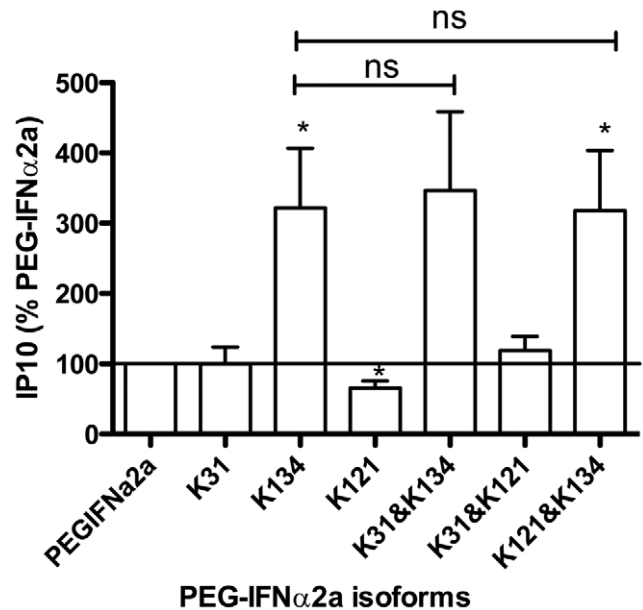


Figure 6. Effect of PEG-IFN α 2a isoforms on IP10 release from HLMVECs. Effect of different isoforms of PEG-IFN α 2a on IP10 release from human lung microvascular endothelial cells (HLMVECs) co-treated with TNF α (10 ng/mL). Cells were treated for 24 hours with PEGIFN α 2a or isoforms of PEGIFN α 2a (K31, K134, K121) each at 10 ng/mL. Data are mean \pm standard error of the mean for n=7. Data have been normalized using IP10 release in the presence of 40KDa-PEGIFN α 2a as 100%, and were analysed using a paired one sample t-test for each isoform or combination compared to PEGIFN α 2a, where * indicates p<0.05. Intergroup analysis was performed using one-way ANOVA followed by Bonferroni's Multiple Comparison Test, where # indicates p<0.05.
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by Foser et al. [5] and suggests differential affinity for the K134 isomer by IFNAR1 and IFNAR2.

Discussion

PEGIFN α plus ribavirin remains the cornerstone of treatment for all patients infected with the hepatitis C virus (HCV) despite the recent approval of two new direct-acting antivirals for the treatment of genotype 1 HCV [32,33]. Side effects to PEGIFN α are common in CHC patients and include flu-like symptoms, myalgia, fatigue, gastrointestinal disturbances, psychiatric disorders and haematological abnormalities [34–36]. Interstitial pneumonitis is a rare adverse event observed in patients undergoing treatment for chronic HCV infection [6,8,9]. However, the case fatality rate is reported to be as high as 7%, and in the comprehensive review by Slavenburg, all fatal cases were attributed to 12KDa-PEGIFN α 2b [6]. To date, no diagnostic biomarker has been identified for interstitial pneumonitis induced by type I IFNs, but several features appear to be shared among different forms of ILDs, including idiopathic pulmonary fibrosis (IPF), hypersensitivity pneumonitis and sarcoidosis. Specifically, ILDs are thought to be the result of the specific migration and the inflammatory effects of T-cells and macrophages, among others, to the lung. Migration of these cells to the lung is promoted by the secretion of chemokines in response to a stimulus in the lung. Among the immune cells found in murine models of ILDs, CXCR3+ T-cells in particular are found in inflamed lung tissue or murine models of interstitial lung disease. Consequently, studies have focussed on CXCR3 and its ligands IP10/CXCL10 and MIG/CXCL9. In an allograft model of lung injury, it was shown that blocking of IP10 and MIG reduced the inflammatory activity of pulmonary CXCR3+CD4+ Th1 cells on the lung, whereas their migration to the lung was not inhibited [11]. By contrast, in a murine model of *Pneumocystis pneumonia*, it was shown that overexpression of IP10 in lungs led to increased migration of CXCR3+CD8+ T-cells to the lung followed by accelerated *Pneumocystis* clearance [10]. Furthermore, it has also been shown that blocking of IP10 leads to the delayed clearance of lung infection with *Klebsiella pneumonia* [14].

Consistent with data from mouse studies, Nakayama and colleagues [16] found significantly elevated IP10 levels in BALF and elevated serum levels of epithelial-derived neutrophil-activating protein 78 (ENA-78; also termed CXCL5) in patients with nonspecific interstitial pneumonia compared to patients with IPF and controls. Whereas, patients with IPF showed higher ENA-78 levels in BALF compared to patients with nonspecific interstitial pneumonia and controls. In both cases correlations were found to the absolute number of lymphocytes in the BALF. Similarly, Katoh et al. [17] found elevated BALF levels of IP10 and MIG in patients with chronic eosinophilic pneumonitis. Furthermore, other investigators [15,18] have found associations between IP10 and interstitial lung diseases. In addition to chemokines, several observations [18,19] link ILD to angiogenic peptides such as ET-1. Therefore, IP10 and ET-1 are presumably strong contributors to the pathophysiology of ILD and, conversely, could be helpful as safety biomarkers during IFN α therapy.

In the current study we found that universal IFN α , IFN α 2a, IFN α 2b, 40KDa-PEGIFN α 2a and 12KDa-PEGIFN α 2b, but not IFN λ , induced IP10 release and gene induction in human lung microvascular endothelial cells. IFN α 2a, IFN α 2b, 40KDa-PEGIFN α 2a and 12KDa-PEGIFN α 2b also induced IP10 release from human pulmonary artery smooth muscle cells and from TNF α -primed A549 cells. In each of these cell types 40KDa-PEGIFN α 2a was less active than either native forms of IFN α 2a

and IFN α 2b or 12KDa-PEGIFN α 2b. Similarly IFN α 2a, IFN α 2b and 12KDa-PEGIFN α 2b, but not 40KDa-PEGIFN α 2a, induced ET-1 release from human pulmonary artery smooth muscle cells. Importantly, data with IP10 release were generated in a blinded fashion and confirmed by using different batches of 40KDa-PEGIFN α 2a.

These observations are consistent with the PEG moiety causing steric hindrance and inhibiting the attachment of the IFN moiety to its receptor *in vitro*. The extent of this steric hindrance is related to the size and shape of the PEG moiety used: 12KDa-PEGIFN α 2b retains approximately 30–40% of the specific activity of its unmodified parent IFN α 2b [37,38], whereas 40KDa-PEGIFN α 2a retains approximately 0.5–7% of the specific activity of its unmodified parent IFN α 2a [38,39]. This was reflected in our assays in which 12KDa-PEGIFN α 2b tended to be less potent than unmodified IFN α 2b. However, spontaneous hydrolysis of 12KDa-PEGIFN α 2b is known to occur [40] and this could also increase *in vitro* activity.

In the case of 40KDa-PEGIFN α 2a, we found that compared to the parent compound approximately 20–100-fold more 40KDa-PEGIFN α 2a was required to induce similar levels of IP10 release from cells. This is consistent with other reports that 40KDa-PEGIFN α 2a is less potent than unmodified IFN α *in vitro* [4,38]. However, precisely how much less active 40KDa-PEGIFN α 2a is than unmodified IFN α in *in vitro* assays is dependent upon the assay used. Results from two different cell-based *in vitro* antiviral assays showed that 40KDa-PEGIFN α 2a was either 14-fold or 200-fold weaker than unmodified IFN α [39]. Similarly, in a range of *in vitro* antiproliferative activity assays, 40KDa-PEGIFN α 2a was found to be between 20- and 250-fold less potent than unmodified IFN α depending on the cell type used [39]. Similar findings were reported by Grace et al. who found that 40KDa-PEGIFN α 2a was approximately 20- to 30-fold less potent than 12KDa-PEGIFN α 2b in FS-71 or A549 antiviral protection assays, respectively, or approximately 40-fold less potent in an antiproliferation assay [37].

The reason why the potency of 40KDa-PEGIFN α 2a compared to unmodified IFN α or 12KDa-PEGIFN α 2b varies in *in vitro* assays is not clear but may be related to the biology of individual isoforms present in clinical preparations [5]. Importantly, the 40KDa-PEGIFN α 2a used in the present study is a mixture of at least nine monopegylated isomers of IFN α 2a that have a range of differing antiviral, antiproliferative and gene-induction-specific activities [5]. For example, the 40KDa-PEGIFN α 2a isoform K31 has higher antiviral activity yet lower gene induction activity than the isoform K134 [5]. In line with this we also found that K134 induced higher IP10 levels than K31 from human lung endothelial cells. Hence the isomer composition of therapeutic IFN α preparations may impact on efficacy and/or safety. This has direct and important relevance for the safety assessment in the increasing market of biosimilar IFN α preparations. Here it has to be acknowledged that biosimilars, which are produced using different manufacturing processes, may not have the same profile of isomers and hence may have clinically relevant differences in safety and/or efficacy profiles. However, the use of simple human tissue screens, such as lung endothelium, in parallel with classical *in vitro* antiviral efficacy assays, may help to identify the optimal balance of isomers of PEGIFN α with potent antiviral effects, but reduced deteriorating actions on stromal tissues.

Interestingly, effects of IFN α preparations on IP10 release were greatly increased when cells were pre-treated with TNF α . Indeed, IP10 release by A549 cells was negligible unless the cells were first primed with TNF α . This observation is somewhat in keeping with data from Sanda and colleagues who found negligible induction of

the IP10 gene after IFN α (1.16-fold) or IFN γ (2.53-fold) treatment alone [41], whereas Clarke et al. demonstrate that TNF α synergizes with IFN γ to induce IP10 in human airway smooth muscle [42]. In airway smooth muscle cells the synergistic effects of TNF α and IFN γ were mediated via STAT-1, NF- κ B and the transcriptional coactivator CREB-binding protein [42]; the role of these pathways in synergies of TNF α with type I IFN α and IFN β for IP10 induction remains the subject of investigation. However, our findings are also in line with a recent report showing that TNF activates a positive feedback loop via IFN β and interferon regulatory factor 1 (IRF-1), which in turn leads to up-regulation of chemokines, including IP10 [43].

With regards to ET-1, Wort et al. have previously shown that HPASM cells, which normally release very low levels of ET-1, release increased levels after treatment with TNF α and type II IFN γ [22–25]. In the present study we extend these findings, bringing clinical relevance to the observations by showing that, in addition to type II IFN γ , type I IFN α and IFN β induce ET-1 release from HPASM cells primed with TNF α . Interestingly, and in line with the IP10 data, 40KDa-PEGIFN α 2a showed no propensity to induce ET-1, whereas elevated levels were induced in HPASM cells by both non-pegylated IFN α and 12KDa-PEGIFN α 2b. Again, these differences are likely due to steric hindrance of the 40KDa-PEG moiety restricting access of IFN to its receptor. Furthermore, we found that, in contrast to observations with IFN γ , for ET-1 release induced by type I IFNs, there was no requirement for TNF α . The signalling pathways leading to ET-1 release from vascular smooth muscle cells have been elucidated for type II IFN γ , where enhanced NF- κ B [26] binding and histone acetylation at specific κ B sites are thought to be involved [24]. The role of these pathways in ET-1 release by type I IFNs remains to be investigated.

IP10 is classically associated with type II IFN γ and, as such, was first described as ‘IFN γ inducible protein 10’ [44]. While several reports [43,45,46] indicate systemic induction of IP10 by IFN α in mice and in human peripheral blood mononuclear cells, to our knowledge there are only a limited number of studies reporting IP10 induction after type I IFN α or IFN β treatment in human endothelial cells [21,47]. In their study, Indraccolo and colleagues showed similar results to the current study and found that IFN α , IFN β and IFN γ induced IP10 release and gene induction in human umbilical vein and dermal microvascular endothelial cells [21]. To our knowledge, our study is the first to show this phenomenon in human lung endothelial cells or in pulmonary vascular smooth muscle cells. In addition to IP10 we also found that IFN α induced clear increases in CXCL11 gene expression. In our study validation of gene induction with CXCL11 protein release was not performed due to lack of material. These experiments would strengthen our work; however, our findings are in keeping with those of Indraccolo et al. who showed CXCL11 induction and protein release after type I and type II IFN treatment of human umbilical vein endothelial cells [21].

The lack of effect of IFN λ on IP10 and ET-1 release by human lung cells is interesting and potentially clinically relevant. PEGIFN λ is currently undergoing clinical trials for the treatment of chronic hepatitis C and early clinical indications suggest that it is efficacious [48]. IFN λ activates IFN λ receptor 1 and interleukin-10 receptor 2, which are far more restricted in their tissue distribution than the IFNAR or IFN γ receptor complexes [48]. Our data suggest that receptors for IFN α , IFN β and IFN γ are

present on the HPASM and HLMVEC cells used in the present study, but that receptors for IFN λ are not. The relationship between IFN receptor expression and activation of inflammatory responses in human lung cells remains the subject of investigation.

In HCV-infected patients, pre-treatment levels of IP10 have been shown to be inversely correlated with sustained virological response rates [49]. Our data are consistent with the notion that IP10 levels could be an indicator of the level and activity of intrinsic type I IFN pathways activated by viral infection. Conversely, a high pre-treatment IFN activation status, as possibly indicated by high IP10 values, could in part render the host non-responsive towards exogenous IFN α therapy. Therefore, in the context of interstitial pneumonitis, an interesting question remains whether high pre-treatment levels of IP10 (and/or ET-1) levels could predispose patients to an altered risk of IFN-induced interstitial pneumonitis under IFN α therapy. In addition, the findings of a “sensitizing” effect of TNF- α on the IFN-responsiveness and IP10 induction in HLMVEC, HPASM and A549 cells pose the interesting question of whether underlying inflammatory conditions in the lung could predispose IFN-treated patients to pneumonitis or other ILDs. Our data are consistent with the idea that host mediators, including IP10 and ET-1, could be useful biomarkers for lung toxicity induced by IFN therapy. However, this work uses simple cell-based *in vitro* models, which, although useful, are unlikely to mimic the complexity of the *in vivo* situation. This is also the case in our study where, as discussed above, PEG is known to cause steric hindrance of the IFN to its receptors in *in vitro* assays, but that this phenomenon is independent of its pharmacology *in vivo* where the PEG serves to stabilize the IFN. Furthermore, there is the added complication, as discussed above, that HCV will lead to increased IP10 (and potentially ET-1) levels due to host IFN release, thus impeding the use of IP10 as biomarker for interstitial pneumonitis. Indeed, recent pilot work from our group, where ET-1 levels were measured in the plasma of archived samples of 16 patients during treatment with PEGIFN α 2, showed increases in samples of 2 patients [50]. However, in this study, lung function was not measured. Thus, we suggest that before this idea can be fully appreciated clinical studies should be performed where biomarkers, including IP10 and ET-1, are measured in patients receiving IFN therapy and correlated with lung function over time.

Supporting Information

Table S1 Effect of IFN α 2a, IFN α 2b, 40KDa-PEGIFN α 2a and 12KDa-PEGIFN α 2b on gene induction; n = 3. (DOCX)

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Author Contributions

Conceived and designed the experiments: JAM RB TM. Performed the experiments: JAM RB HG NAGP TTH TM. Analyzed the data: JAM RB HG NAGP SF FT TS TTH TM. Contributed reagents/materials/analysis tools: SF. Wrote the paper: JAM RB HG NAGP SF FT TS TTH TM. Provided the purified Isomers (including all purification and biological characterization): SF.

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