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## An improved high-throughput Nile red fluorescence assay for estimating intracellular lipids in a variety of yeast species

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### Abstract

A rapid and inexpensive method for estimating lipid content of yeasts is needed for screening large numbers of yeasts samples. Nile red is a fluorescent lipophilic dye used for detection and quantification of intracellular lipid droplets in various biological system including algae, yeasts and filamentous fungi. However, a published assay for yeast is affected by variable diffusion across the cell membrane, and variation in the time required to reach maximal fluorescence emission. In this study, parameters that may influence the emission were varied to determine optimal assay conditions. An improved assay with a high-throughput capability was developed that includes the addition of dimethyl sulfoxide (DMSO) solvent to improve cell permeability, elimination of the washing step, the reduction of Nile red concentration, kinetic readings rather than single time-point reading, and utilization of a black 96-well microplate. The improved method was validated by comparison to gravimetric determination of lipid content of a broad variety of ascomycete and basidiomycete yeast species.

### Keywords

Biodiesel; neutral lipids; Nile red; oleaginous yeast; kinetic reading; black microplate

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## 1. Introduction

Research on biomass-derived fuels (biofuels) has been intensified to search for alternative renewable sources of energy due to the diminishing nonrenewable fossil-fuel stocks. Renewable diesel fuel (biodiesel) is an alternative liquid fuel that can substantially replace conventional diesel and reduce exhaust pollution and engine maintenance costs (U.S. EPA, 2006). Oleaginous microorganisms, microbes that can accumulate more than 25% lipids by dry weight, are receiving increasing attention for their potential use in commercial production of oil for food, chemical and energy applications (Ratledge, 1991; Ageitos et al., 2011). Microalgae that accumulate neutral lipids up to 50% by dry weight are promising sources for biodiesel (Hu et al., 2008; Huang et al., 2009; Chen et al., 2009) and are nearing commercialization. Phototrophic microalgae; however, require more stringent growth conditions, such as direct sunlight for photosynthesis and a longer incubation period than yeasts, which may require less than an hour to duplicate (Ageitos et al., 2011). Yeasts have been of high industrial interest as sources of renewable oleochemicals, including fuels and platform chemicals for lubricants, adhesives, solvents, and polymers. It has been known for decades that a number of yeast species can accumulate up to 70% lipids, including for example *Lipomyces starkeyi*, *Rhodospiridium toruloides*, *Rhodotorula glutinis*, and *Yarrowia lipolytica* (Botham and Ratledge, 1979; Ageitos et al., 2011). However, most yeast species have not been analyzed to determine oil content. Strain improvement and process development are needed for commercial market applications.

Current methods to quantify/measure neutral lipids for screening large number of sample are complex, laborious, and time-consuming, usually involving extraction, purification, concentration and determination of lipids (Shahidi, 2001; Bligh and Dyer, 1959). Methods involving the use of lipophilic fluorescent dyes include, i.e. Sudan black (Evans et al., 1985), Nile red (Cole, 1990; Kimura et al., 2004; Chen et al., 2009), Nile blue (Greenspan et al., 1985) and BODIPY (Listenberger and Borwn, 2007) have all been reported to be effective and rapid for estimating the lipid content of yeast, fungi, microalgae, ciliates and/or macrophage. BODIPY 505/515 (4,4-difluoro-1,3,5,7-tetramethyl-4-bora-3a,4a-diaza-s-indacene), a bright green fluorescent dye, is used for detection of lipids in microalgae, and is able to detect a wide range of lipids, such as fatty acids, phospholipids, cholesterol, cholesteryl esters, and ceramides (Elle et al., 2010). The sensitivity of Nile red to neutral lipids was first investigated by Greenspan et al. (1985) on macrophage lipids having greater fluorescence intensity with yellow-gold fluorescence with excitation at 450–500 nm and emission at > 528 nm. Nile red has been used for detection and quantification of intracellular lipid droplets in various biological systems (Safrañyos and Cavenye, 1985). Nile red exhibits properties of a near-ideal lysochrome and is strongly fluorescent as a hydrophobic probe in which the fluorescence maxima exhibit a blue-shift proportional to the hydrophobicity of the environment (Greenspan et al., 1985; Greenspan and Fowler, 1985). The dye is soluble in the lipids and it does not interact with any tissue constituent except by solution. Nile red can be applied to cells in an aqueous medium, and it selectively binds to lipids (Greenspan et al., 1985). Nile red is very soluble and strongly fluorescent in wide range of organic solvents, but solubility and fluorescence are negligible in water (Greenspan and Fowler, 1985). While Nile red can stain most lipids, its fluorescence character varies depending on the lipid class. Nile red emits at a shorter wavelength when bound to neutral lipids, compared to polar compounds (Greenspan and Fowler, 1985). Unsaturated fatty acids exhibit stronger fluorescence intensity than saturated fatty acids (Fowler et al., 1987).

Limitations of the existing Nile red methods for detecting yeast lipids include variable diffusion across the cell membrane, and inconsistent readings due to time differences among strains and species to reach maximal emission. In this study, parameters that may influence the fluorescent emission were varied to achieve more consistent readings and to develop

method for high throughput sample analysis. Validity of the fluorescence measurement was tested by comparison with lipid percent composition determined by extraction and gravimetric analysis.

## 2. Materials and methods

### 2.1. Organisms and culture conditions

Five different yeast species were revived from cryo-preserved stocks at the Phaff Yeast Culture Collection, the University of California Davis: One known oleaginous yeast species *Rhodospiridium diobovatum* UCD-FST 08-225, two low-lipid content control species *Saccharomyces cerevisiae* UCD-FST 70-12 and *Pichia manshurica* UCD-FST 49-14, one taxonomically-related oleaginous yeast *Rhodospiridium paludigenum* UCD-FST 09-163, and one suspected oleaginous species *Cryptococcus victoriae* UCD-FST 10-939 (Table 1). Strain *C. victoriae* UCD-FST 10-939 was selected because the cell mass floated in 20% glycerol when stocks were prepared for cryopreservation, an indicator of potential high lipid content and in a separate study, it produced high dry biomass (>10g/L) (data not shown). All yeasts were revived on Potato Dextrose Agar (Difco™, Cat.# 213400, Sparks, Maryland, USA) and incubated at 22°C for three to five days. For observation of the lipid accumulation, the yeasts were cultivated in 100 ml Medium A (glucose 30 g/l, yeast extract 1.5 g/l, NH<sub>4</sub>Cl 0.5 g/l, KH<sub>2</sub>PO<sub>4</sub> 7.0 g/l, Na<sub>2</sub>HPO<sub>4</sub>·12H<sub>2</sub>O 5.0 g/l, MgSO<sub>4</sub>·7H<sub>2</sub>O 1.5 g/l, FeCl<sub>3</sub>·6H<sub>2</sub>O 0.08 g/l, ZnSO<sub>4</sub>·7H<sub>2</sub>O 0.01 g/l, CaCl<sub>2</sub>·2H<sub>2</sub>O 0.1 g/l, MnSO<sub>4</sub>·5H<sub>2</sub>O 0.1 mg/l, CuSO<sub>4</sub>·5H<sub>2</sub>O 0.1 mg/l, Co(NO<sub>3</sub>)<sub>2</sub>·6H<sub>2</sub>O 0.1 mg/l; pH 5.5; Suutari et al., 1993) in a 250 ml Erlenmeyer flask. Flasks were incubated in a rotary shaker (Series 25, New Brunswick Scientific Co., Inc., Edison, New Jersey, USA) at 200 rpm at 30°C for 5 days. Liquid cultures were divided for Nile red analysis described in section 2.2, and gravimetric analysis described in section 2.3. For gravimetric analysis, 25 ml of the cultures was transferred to a 50 ml conical tube (Cat. # 62.547.205, Sarstedt, Netwon, North Carolina, USA) in triplicate, centrifuged at 2808 × g for 10 min to remove the supernatant, followed by washing twice with 15 ml sterile water. Cell pellets were stored overnight at -80°C, and freeze-dried in a Freezone® 4.5 L Freeze Dry System (Model 7750020, Labconco®, Kansas City, Missouri, USA) at 0.027mBar, -47°C for 48 hours. Freeze-dried cell pellets were maintained at -80 prior to gravimetric analysis. From each strain, about 20 mg dry cells in triplicate were used for gravimetric analysis of lipid content.

### 2.2. Lipid analysis

**2.2.1. Effect of washing cells in buffer prior to analysis**—Each culture grown in Medium A as described above was divided into two sets, and was adjusted to OD<sub>600</sub> = 1.0 with Medium A with a spectrophotometer (+NanoDrop 2000c UV-Vis spectrophotometer, Thermo Scientific Inc., Wilmington, Delaware, USA). One set of cultures was washed by centrifugation at 9,200 × g for 5 min at room temperature, culture supernatant was discarded and washed once with 10 mM phosphate buffered saline pH 7.4 amended with 0.15 M KCl (PBSKCL). The cells were then re-suspended in PBSKCL and cell density was re-adjusted to OD<sub>600</sub> = 1.0.

**2.2.2. Evaluation of the published method (Kimura et al., 2004)**—Samples washed in PBSKCL (OD<sub>600</sub> = 1.0) were analyzed using the method described by Kimura *et al.* (2004), using a Nanodrop 3300 fluorospectrometer with excitation at 470 nm and emission spectra measured at 400 – 700nm. Nile red (9-diethylamino-5-benzo[α]phenoxazinone) was obtained from Acros Organics (New Jersey, USA). The Nile red stock solution of 0.1 mg/mL in acetone was prepared immediately before use. The published method calls for a single reading 5 min after adding 0.24 – 0.47 μg/ml of Nile red. We first observed the maximum emission peak from 3 – 7 min at 30 sec intervals, and second observed variability of

emission peak taken from the same culture batch measured at one time point, 5 min. For each culture, 1.0  $\mu$ l of 0.1 mg/ml Nile red in acetone was added to 250  $\mu$ l culture giving a final concentration of 0.4  $\mu$ g/ml Nile red. Unstained culture was used as a blank. At the end of each measurement the blank was once again measured.

### 2.2.3. Modification of the Nile red fluorescence method

**2.2.3.1. Variation in cell culture concentrations in Medium A or PBSKCL and addition of DMSO:** Five different cell concentrations were used: unwashed cells  $OD_{600}=0.1, 0.25, 0.5, 1.0$  cells in Medium A, and 10% washed cells in PBSKCL  $OD_{600}=1.0$ . Four replicates were used for each strain. For treatment with DMSO (dimethyl sulfoxide, Cat.# BP231-100, Fisher chemicals, New Jersey, USA), 25  $\mu$ l DMSO:Medium A 1:1 (v/v) was added to 250  $\mu$ l of culture in a 96-well microplate.

**2.2.3.2. Nile red concentration:** Twenty five microliters Nile red in acetone were added to  $OD_{600}=1.0$  to reach a final Nile red concentration of 5, 10, 50, or 100  $\mu$ g/ml immediately after the initial absorbance reading at 600 nm to the corresponding well. For data analysis, the highest fluorescence intensity reached by each reaction during the kinetic reading was selected regardless of time. Fluorescence at 530/25 nm excitation, at 590/35 nm emission was measured every 60 sec for 20 minutes.

**2.2.3.3. The use of black versus clear 96-well microplate:** To examine the effect of microplate types on the measurement, clear flat bottom 96-well microplates (Cat.# 3631, Costar®, New York, USA) and black 96-well microplates with clear flat bottom (Cat.# 3370, Costar® Incorporated, New York, USA) were used. Black microplate wells were sealed with Viewseal (Cat. # EK-46070, E&K Scientific, California, USA). Published protocols suggested several combinations of excitation and emission wavelength for detecting lipid. Greenspan et al. (1985) reported 450–500nm and >528nm for intracellular detection; Greenspan and Fowler (1985) suggested 549nm and 628nm in aqueous conditions; Kimura et al. (2004) suggested 488nm and 400–700nm with spectrum at 5 min for yeast cells. In this study, we used the following combination protocol based on our preliminary optimization result (Data not shown) using a 96-well microplate reader (Biotek Synergy 2, Vermont, USA). Initial absorbance reading at 600 nm; initial fluorescence excitation at 530/25 nm, emission at 590/35 nm; and kinetic reading for 20 min with 60 sec interval with shaking for 30 sec. For clear plates, the optic position was set to bottom position, and for the black plate to top 50% position.

## 2.3. Gravimetric measurement of total lipids

To verify that Nile red was effective in determining the intracellular lipid content, a gravimetric method was used for comparison (Cheng et al. 2011), modified as follows. Certain yeast species have thicker cell walls that may prevent the release of intracellular lipids during the extraction. Several cell lysis methods were compared including enzymatic, physical, and chemical procedures, and relative lysis determined microscopically. Bead beating was determined to be superior (data not shown). Triplicate 20 mg samples of cells were transferred to 2-mL screw cap tubes, then 1.5 ml Folch's solvent (Folch et al. 1956) was added and the tube was filled with 0.5 mm zirconia beads (Cat.# 11079105z, Biospec Products Inc., Oklahoma, USA) and two, 0.4 cm glass beads. Cells were homogenized in a MP Bio Fast Prep®-24 homogenizer (MP Biomedicals, Ohio, USA) for 30 sec, 5X with 30 sec interval on ice. A total of 6 mL Folch's solvent was used to extract lipids and 1.2 mL 0.9% NaCl was added to give a better phase separation. Three mL of the chloroform phase was evaporated gradually in a 2.0 ml pre-weighed amber vial (Cat.# 500-322, Sun Sri, Rockwood, Tennessee, USA) under a slow stream of nitrogen. The lipid weight after extraction was used to calculate the percent of lipid as a percent of cell dry weight.

## 2.4. Data analysis

Fluorescence data were corrected for variation in cell density by dividing the fluorescence unit by background OD<sub>600</sub> values.

When applicable, data were subjected to one-way analysis of variance and *p* value <0.05 was considered significant. Pairwise significant differences were tested by the Fisher's LSD-test to group non-significantly different yeast species.

## 3. Results

### 3.1. Evaluation of the published method (Kimura et al. 2004)

Two yeasts species were used to evaluate the accuracy and consistency of the published (Kimura et al. 2004) method: *Rhodosporidium paludigenum* UCD-FST 09-163 and *Saccharomyces cerevisiae* UCD-FST 70-12. Cells were washed in PBSKCL (OD<sub>600</sub> = 1.0). Nile red (1.0 mg/mL in acetone) was added to a final concentration of 0.4 µg/ml. Fluorescence spectra were recorded every 30 sec from 3 to 7 min after addition of the Nile red. As shown in Figure 1, E-max values differed up to 3-fold, depending on when the measurement was taken. *R. paludigenum* and *S. cerevisiae* reached the maximum emission peak (Emax) at 3 min after Nile red addition, but the Emax occurred at different wavelengths of 598 nm and 634 nm, respectively. The Emax values were 266 and 270 relative fluorescence unit (RFU) for the former and the latter, respectively. Emax values at 5 min, the time point recommended by Kimura et al. (2004) were 488nm excitation and 565–585nm emission. *R. paludigenum* did not have significantly higher Emax than *S. cerevisiae*.

In the second observation, we employed a 5-min staining period as recommended (Kimura et al., 2004) using the five strains listed in section 2.1. Oleaginous *R. diobovatum* UCD-FST 08-225 exhibited a significantly higher maximum fluorescence intensity spectrum ( $P < 0.001$ ), compared to the other four strains that exhibited significantly much lower spectrum. These four fluorescence intensities were not significantly different from each other (Figure 2). Kimura's method (Kimura et al., 2004) was not reproducible in these trials. There were high variability of time to reach maximum fluorescence emission intensity across different yeast species. One possible reason could be that different species of yeast have different cell wall permeability that may prevent Nile red to penetrate the cell wall and cytoplasmic membrane (Chen et al., 2009) in the time allotted for measurement. The published method also measures one sample at a time, making analysis of large numbers of samples a difficult and time-consuming process.

### 3.2. Improvement of the existing Nile red assay with specific regard to yeast lipids

To improve the existing techniques, several assay conditions were varied as follows: comparison of unwashed *versus* washed cells in PBSKCL, various cell densities, assay with and without addition of DMSO, a range of concentrations of Nile red, and comparison of two types of 96-well microplate (black *vs* clear).

**3.2.1. The effect of washing, cell culture dilution and incorporation of DMSO on lipid detection**—Since temperatures gave no major changes in fluorescence sensitivity (data not shown), we employed an assay temperature of 30°C throughout the experiment. Fluorescence intensity increased with an increase in cell concentrations (Figure 3A). As expected, two low lipid content yeast controls, *P. manshurica* UCD-FST 49-14 and *S. cerevisiae* UCD-FST 70-12 had the lowest fluorescence intensity (50.54 and 85.99 relative fluorescence intensity unit, respectively) in 250 µl cell cultures of OD<sub>600</sub>=1.0. Strain *P. manshurica* UCD-FST 49-14, in particular, had the lowest fluorescence intensities across different treatments. Washing cells in PBSKCL buffer did not necessarily facilitate a more

sensitive lipid detection because cells in Medium A exhibited similar reading value (Figure 3. A). Thus, the wash step was omitted in the subsequent process. Addition of 25 $\mu$ l DMSO:Medium A (1:1) mixture to the 250 $\mu$ l culture improved cell penetration on two yeasts, *R. paludigenum* 01-163 and *P. manshurica* 49-14 but not the other three (Figure 3B). DMSO is a stain carrier that helps Nile red penetrate through the cell wall and the cytoplasmic membrane in microorganisms (Chen et al., 2009). Most polar and non-polar compounds can be dissolved in DMSO, and DMSO is miscible in a range of organic solvents making it very versatile as a stain carrier (Govender et al., 2012). The observed differences in maximum fluorescence intensity suggest that certain yeasts require a carrier for Nile red to penetrate the cells. Therefore, DMSO was employed for subsequent tests. Higher Nile red concentrations resulted in no increase on the fluorescence intensities, on the contrary it reduced the fluorescence intensity (Figure 3D). A final concentration of 5  $\mu$ g/ml Nile red gave the highest emission values. From this study, the most effective combination of conditions to obtain optimum fluorescence measurement, were cells at OD<sub>600</sub> = 1.0, addition of 25 $\mu$ l DMSO:Medium A (1:1, v/v) and 25  $\mu$ l of 50  $\mu$ g/ml Nile red for a final concentration of 5 $\mu$ g/ml.

Clear 96-well microplate gave inconsistent fluorescence reading in our first trial (Data not shown). We speculated that in a clear microplate, fluorescence might include emission from adjacent wells, and therefore we selected a black microplate with clear bottom for subsequent tests. For the black microplate, we modified the fluorescence measurement by setting the optic position to top 50%. We again compared the performance of the two microplate types by employing the improved conditions described above (Figure 4).

In most cases, the time required to obtain maximum fluorescence intensity is much quicker with the black microplate (2 – 8 min), and after that the fluorescence intensity decreases. The maximum intensity in a clear microplate, however, required up to 20 min. For instance, although *R. paludigenum* UCD-FST 09-163 exhibited the highest fluorescence intensity of all yeasts in both microplate types ( $P < 0.001$ ), the time required to obtain maximum fluorescence intensity with the black microplate was 4.5 min compared to that with clear microplate (13.5 min). Nile red was known to quench immediately in aqueous solution (Sackett and Wolff, 1987) and began to lose fluorescence after 10 min of irradiation in microalgae (Govender et al., 2012). In this regard, the use of a clear microplate may not be suitable for yeast.

**3.2.2. Comparison of cells grown in several common growth media**—Strain *R. diobovatum* UCD-FST 08-225 was grown in potato dextrose broth (PDB), Medium A, Medium A supplemented with sucrose rather than glucose, and yeast extract/malt extract broth (YMB). The Nile red assay was performed using cells at OD<sub>600</sub>=1.0, 5  $\mu$ g/ml of Nile red concentration and 25  $\mu$ l of DMSO:Medium A (1:1, v/v). Fluorescence measurements of the uninoculated broth and cultures (Figure 5) showed that fluorescence varies with the medium used. Most blank media fluoresce to some extent. Uninoculated YMB gave the highest fluorescence background which suggested that YMB was not an appropriate media for this assay. Use of other media should be validated before using this assay.

**3.2.3. Gravimetric method for measurement of the total lipid content**—Relative fluorescence intensity obtained using optimized reaction conditions described above were compared to absolute lipid content of five yeast strains determined gravimetrically.

The improved Nile red method was compared to gravimetric analysis by further testing 20 yeast strains both Basidiomycete and Ascomycete species. Strains were selected to include more strains of the species belonging to the genera that were used in this optimization study (*Rhodotorula*, *Cryptococcus*, *Rhodospiridium*, *Yarrowia*). In addition, the two low lipid

control strains (*S. cerevisiae* and *P. manshurica*) and two other species of our interest (*Scheffersomyces* and *Prototecha*) were also included in the set (Table 1.). Strains with high fluorescence were likely to have higher lipid contents and vice versa ( $r=0.71$ , Figure. 7.), suggesting that this improved method is reliable across numerous yeast species. Two species *R. paludigenum* and *R. diobovatum*, were selected because they are buoyant strain and they are relatives of the known oleaginous yeast species *Rhodospiridium toruloides* (Ageitos et al., 2011). All, except one strain of *R. diobovatum* had consistently high lipids (>30% of total lipid content) in both analyses (Table 2.). It was not known before that these species are oleaginous (Ageitos et al., 2011). This may be the first study to discover *R. diobovatum* and *R. paludigenum* as oleaginous yeast. Detailed analysis of fatty acid content of this particular species will be described in another publication. On the other hand, one strain of the known oleaginous yeast, *Y. lipolytica* had consistently low lipids on both analyses.

#### 4. Discussion

Several improvements were made to a published Nile red protocol for yeast lipid analysis. The high carbon, nitrogen limiting Medium A with glucose as a carbon source was suitable for accumulation of lipids which is in agreement with Suutari et al. (1993). The kinetic reading rather than selection of a single time-point, allowed different strains to reach their maximum fluorescence emission, which occur at different time points for different species. This improvement is important to identify new strains that may be otherwise overlooked if reading all strains at the same single time point. Scaling the volume of the reaction down to 250  $\mu$ l in a 96-well microplate rather than using a single cuvette increased the throughput and efficiency. Addition of DMSO may improve Nile red penetration through the cell of certain species. Cell washing with PBSKCL is time-consuming and did not show any significant effect on the fluorescence reading. Elimination of the wash step thus accelerates the screening process; however, it should be noted that washing cells with PBSKCL may be necessary when certain media such as YM are used to grow yeast, as YM gave high fluorescence background (Figure 8). The improved protocol is high-throughput as a preliminary step for screening large numbers of samples to identify oleaginous yeast candidate; however, other lipid analysis protocols need to be subsequently employed to allow the detection of small differences in lipid content.

The optimized protocol is summarized as follows, and is diagrammed in Figure 9.

1. Yeast is cultivated in 100ml Medium A (Suutari et al., 1993) in a 250 ml Erlenmeyer flask and incubated at 30°C, 200 rpm for 5 days.
2. Cell density is adjusted in Medium A to  $OD_{600}=1.0$ . For each strain, 250  $\mu$ l of this culture is transferred to a 96-well black microplate in quadruplicate. To each well, 25  $\mu$ l DMSO/MedA (1:1, v/v) and 25  $\mu$ l 0.05 mg/ml Nile Red (final concentration of 5  $\mu$ g/ml Nile red) are mixed into the culture before the lipid measurement. Initial absorbance reading is at 600 nm; initial fluorescence excitation at 530/25, emission at 590/35; and kinetic reading for 20 min with 60 sec interval. The optic position is set to top 50%.
3. Maximal emission values are determined. Fluorescence data were corrected for variation in cell density by dividing the fluorescence unit by background  $OD_{600}$  values.

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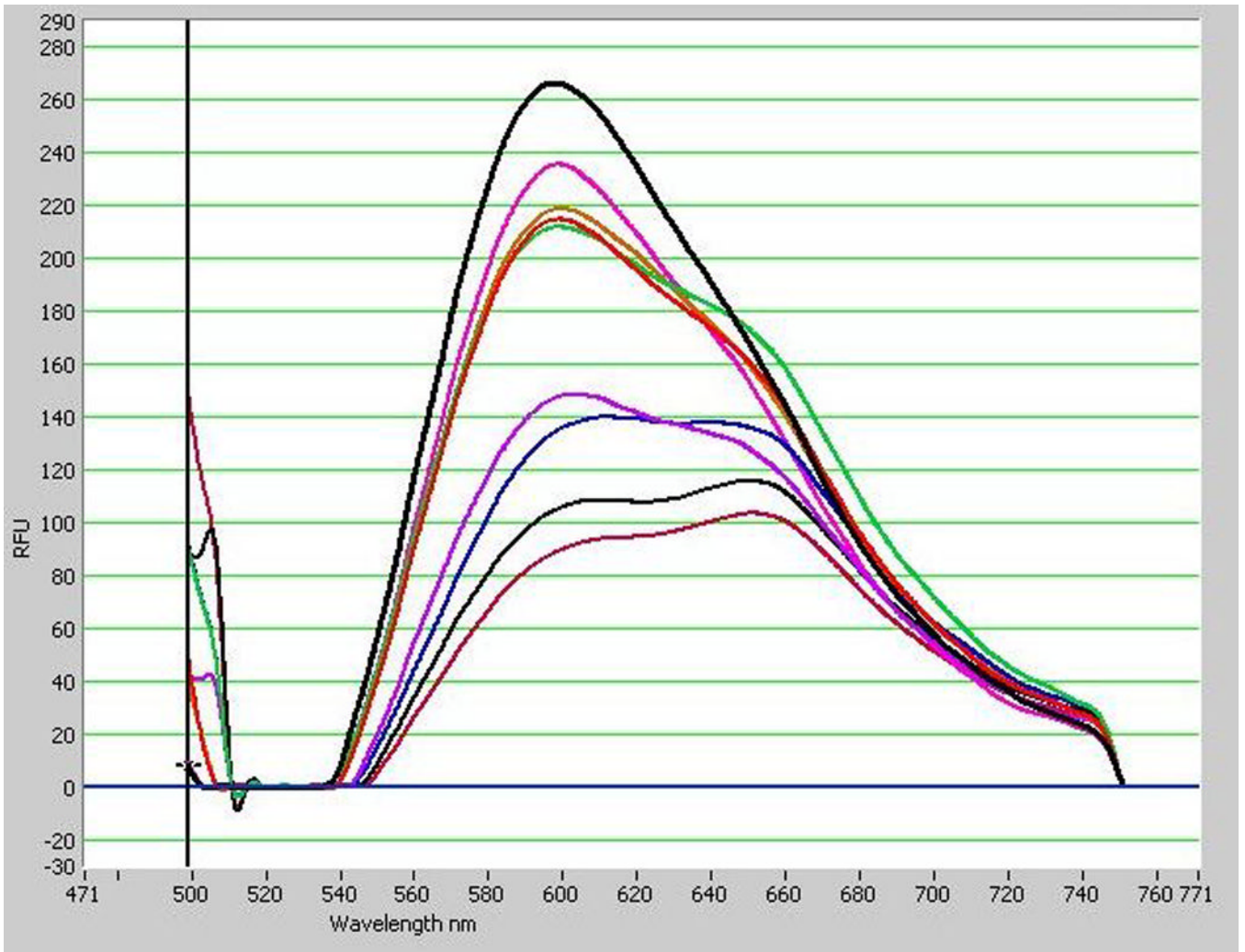
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### Highlights

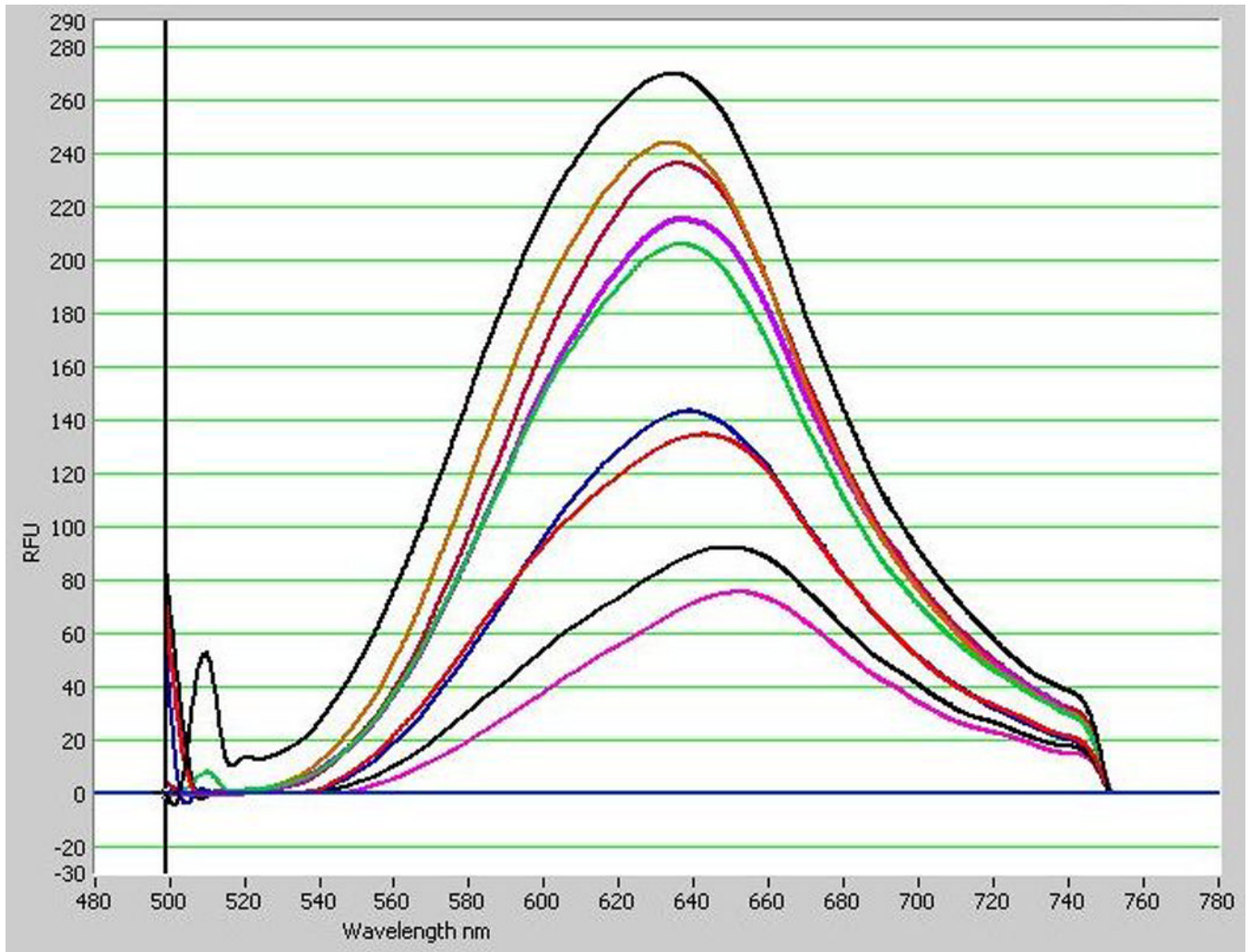
- An improved Nile red assay for estimation of intracellular yeast lipid is developed
- The use of 96-well microplate is high-throughput for screening large sample number
- No prior cell washing with buffer is needed
- Dimethyl sulfoxide improves Nile red staining for certain species
- Kinetic reading allows different yeast strains to reach maximum emission



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**Fig. 1.**

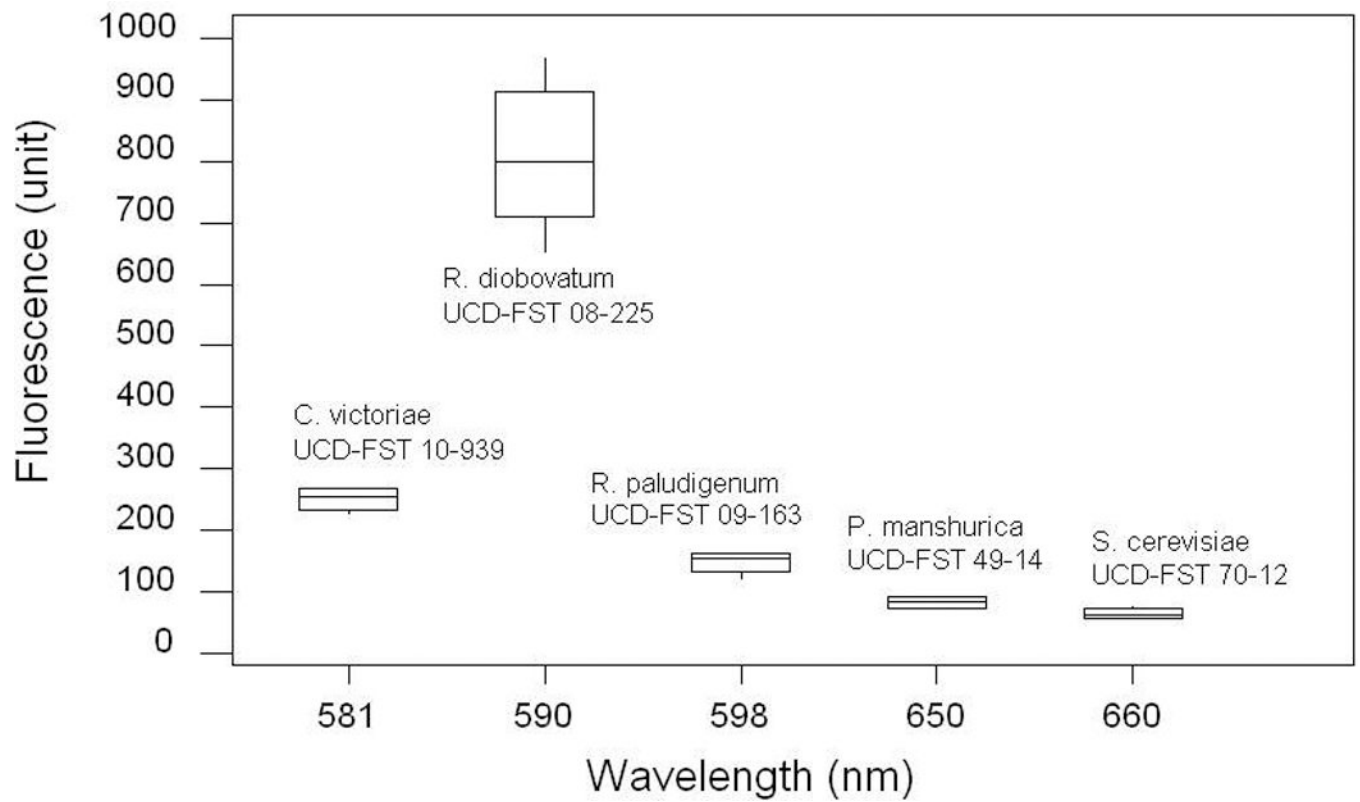
Variable emission spectra of Nile red-stained cultures of two yeast species over time. High lipid control *Rhodotorula paludigenum* UCD-FST 09-163 reached the highest peak spectrum 3 min after addition of Nile red of 266 Rfu at 598nm (A) and low lipid control *Saccharomyces cerevisiae* UCD-FST 70-12 reached the highest peak spectrum at 6.5 min of 270 Rfu at 634 nm (B). Culture with a final concentration of 4.0 $\mu$ g/mL Nile red was measured for fluorescence spectra every 30 sec from 3–7 min after adding Nile red.

Fig. 1A.

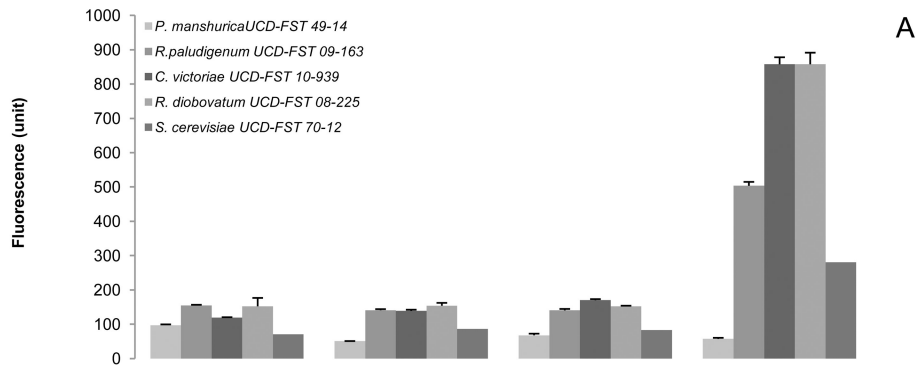
Note. Incubation time after Nile red addition, from highest to lowest peak: 3.0min, 6.5min, 4.5min, 3.5min, 4.0min, 5.0min, 6.0min, 5.5min, 7.0min.

Fig. 1B.

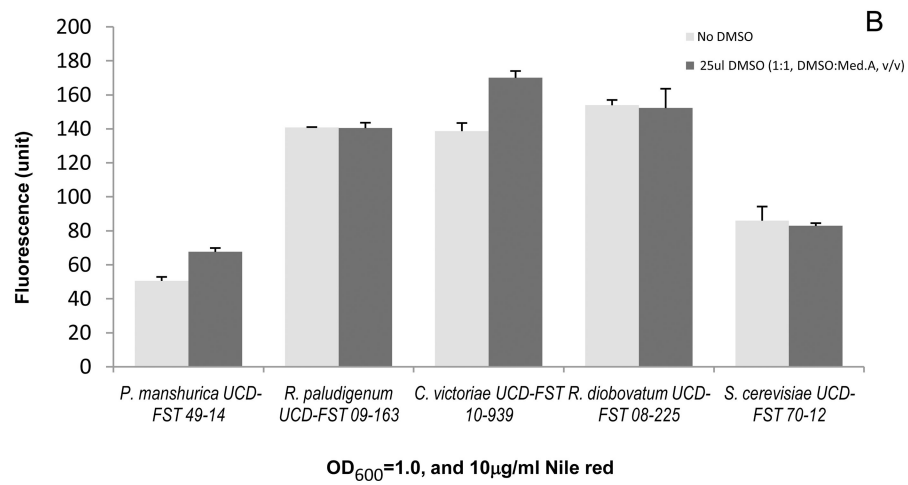
Note. Incubation time after Nile red addition, from highest to lowest peak: 3.0min, 4.5min, 7.0min, 5.0min, 4.0min, 6.0min, 3.5min, 5.5min, 6.5min.

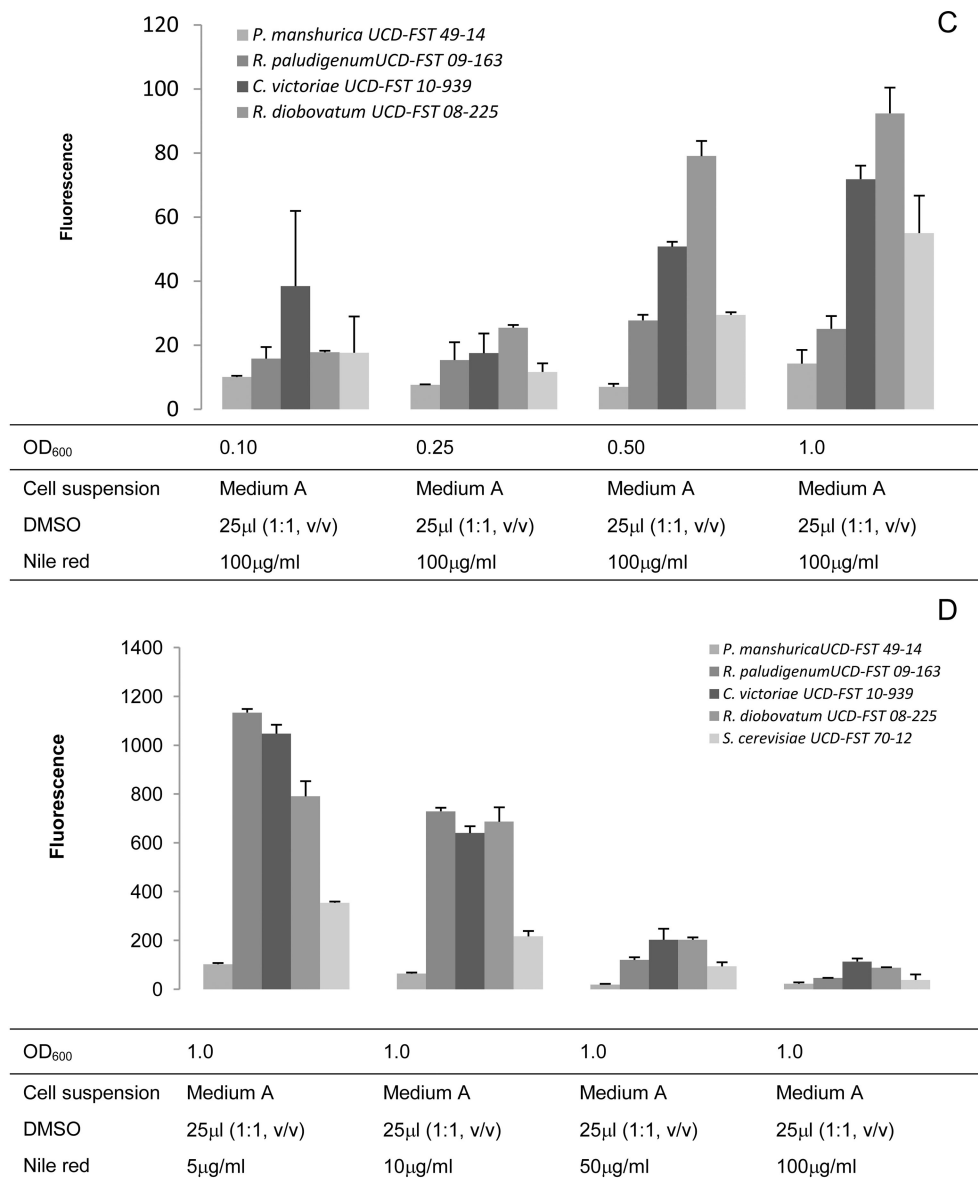


**Fig. 2.** Average fluorescence intensities by five yeast species all measured at 5 min ( $n=4-5$ ). In each reading, one  $\mu$ l Nile red (0.1 mg/ml in acetone) was added to 250  $\mu$ l culture.

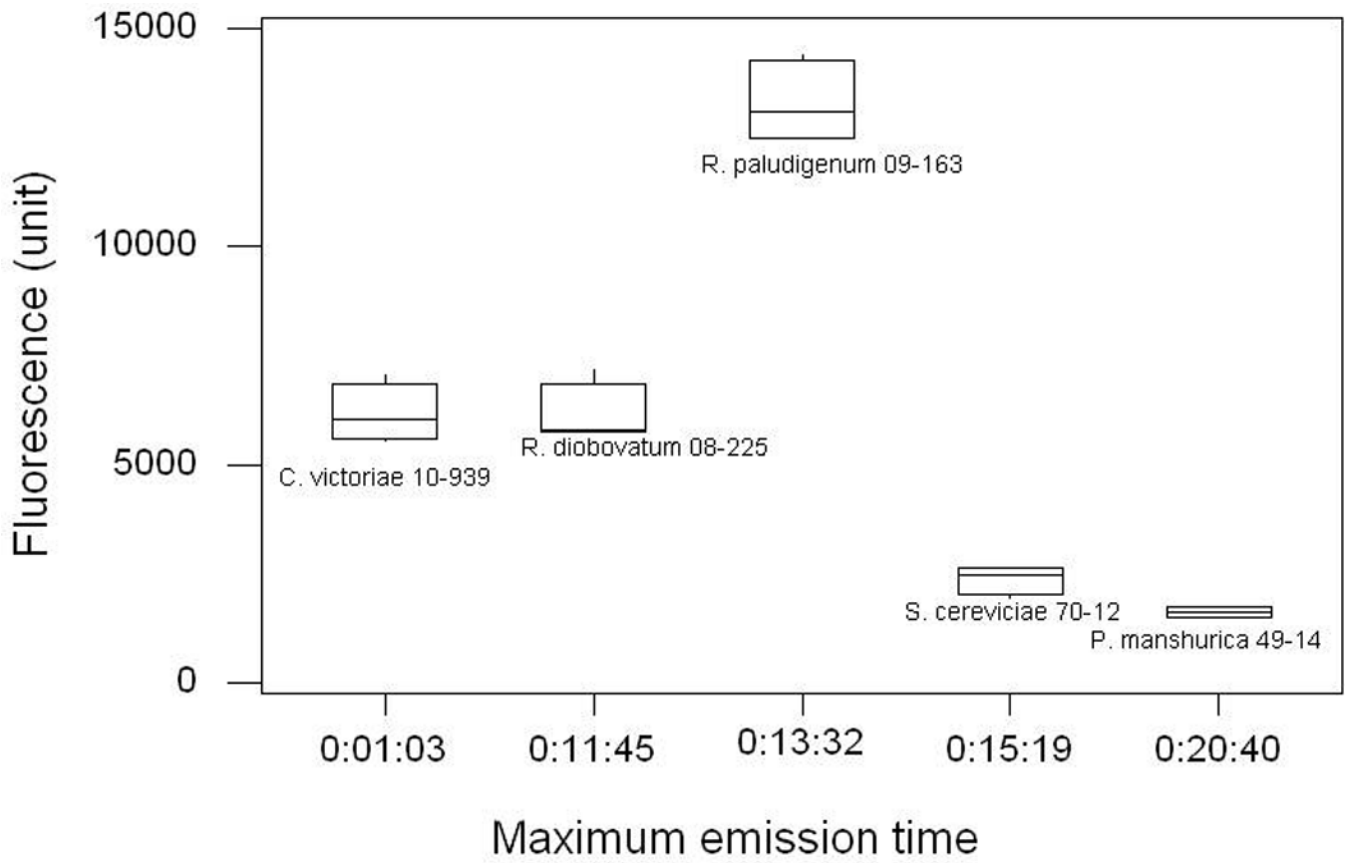


OD <sub>600</sub>	0.1	0.1	0.1	1.0
Cell suspension	PBSKCL	Medium A	Medium A	Medium A
DMSO	0	0	25µl (1:1, v/v)	25µl (1:1, v/v)
Nile red	10µg/ml	10µg/ml	10µg/ml	10µg/ml





**Fig. 3.** Fluorescence intensity and variability under several assay conditions. (A) Cell washing and addition of DMSO on lipid detection. (B) Introduction of DMSO to 10% cell culture density. (C) Higher cell concentration with a Nile red concentration (100µg/ml). (D) Various Nile red concentrations optimized conditions: cell culture in Medium A, cell OD<sub>600</sub>=1.0, and addition of 25 µl DMSO:Med.A (1:1, v/v). The volume of each cell culture was 250 µl.





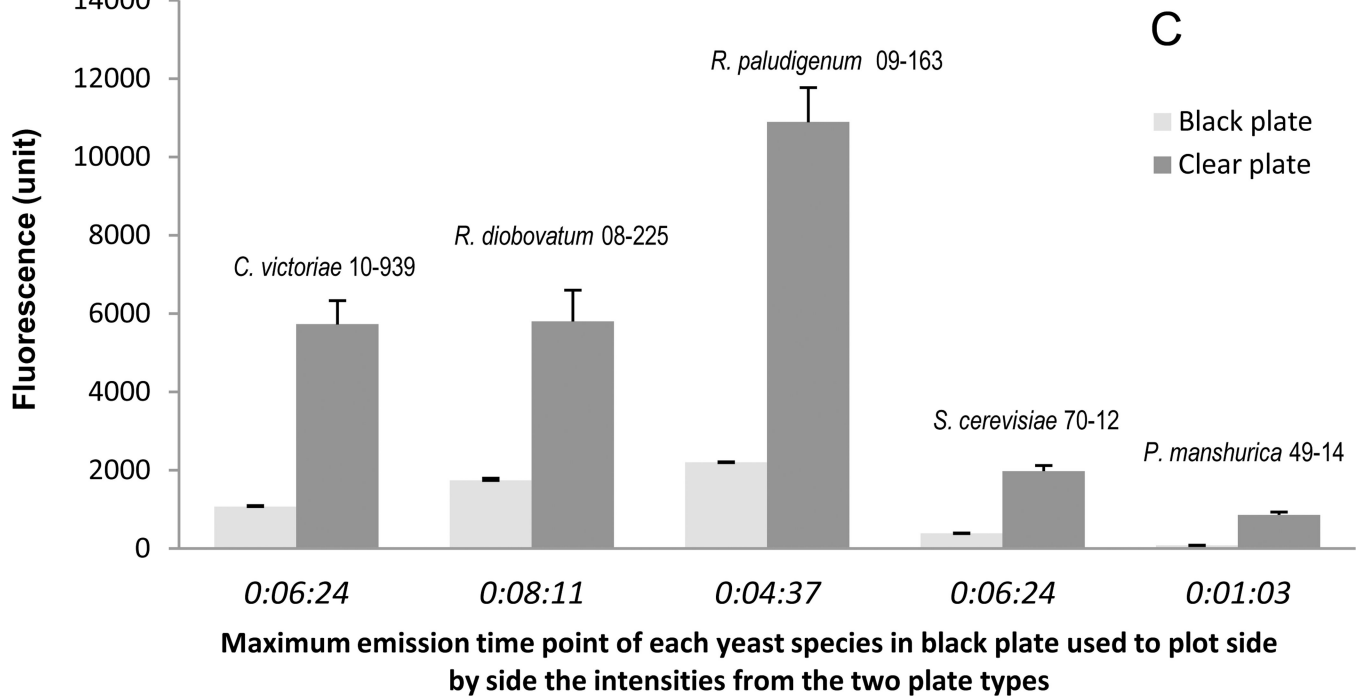
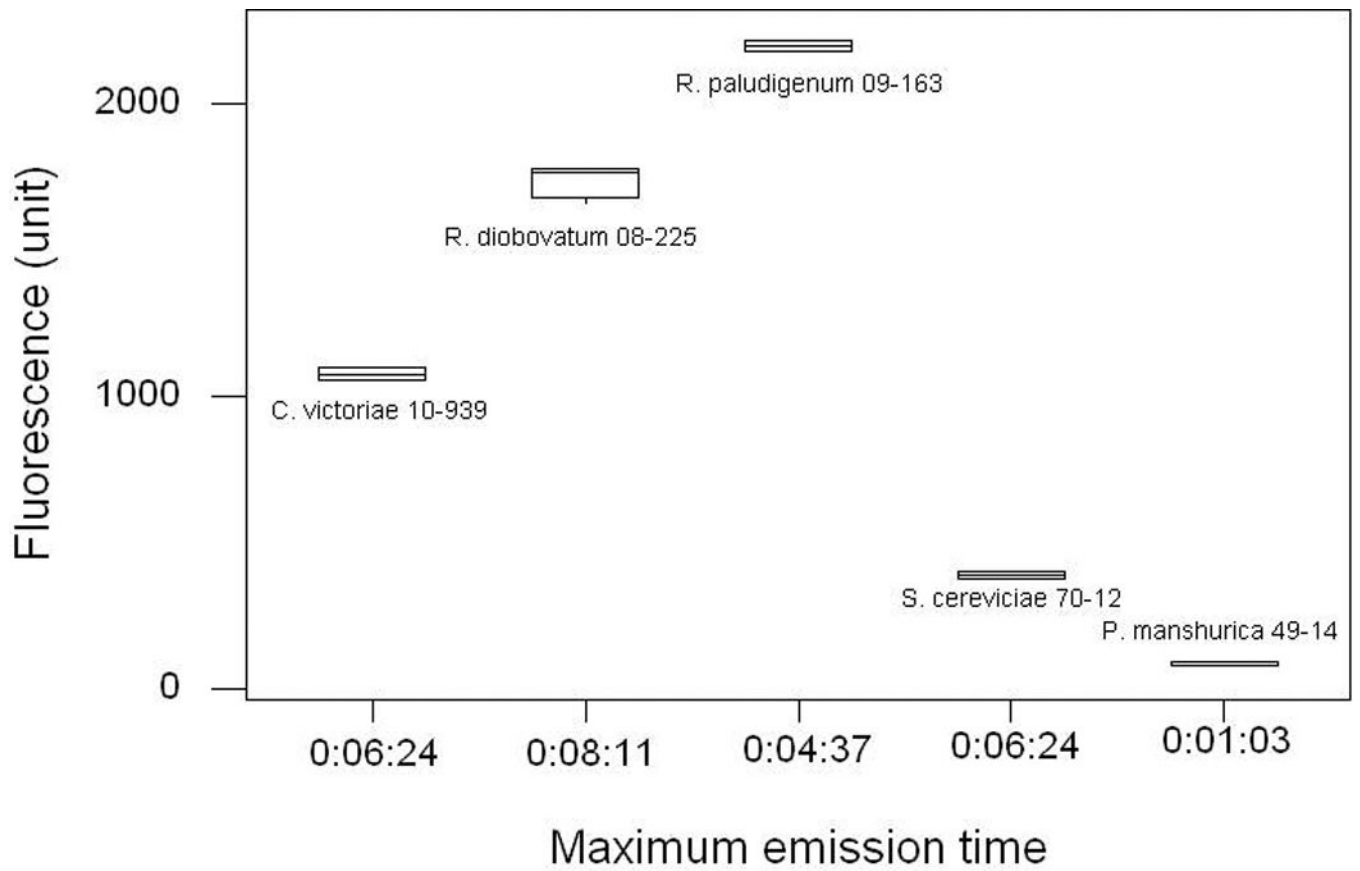
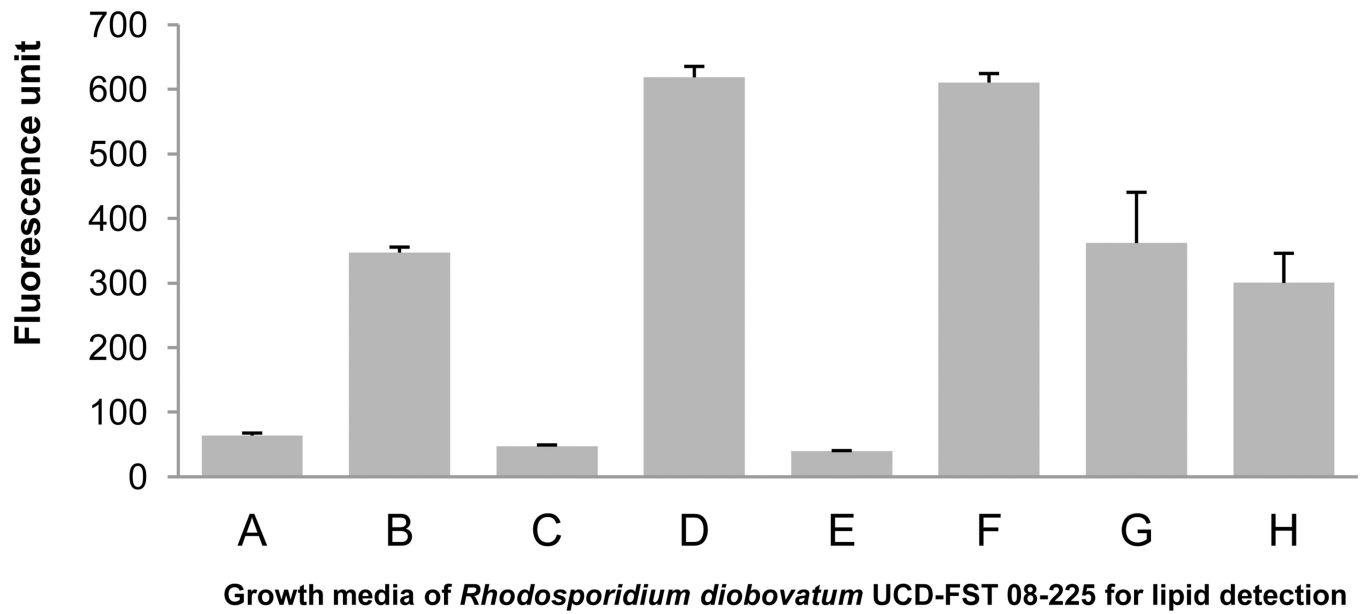


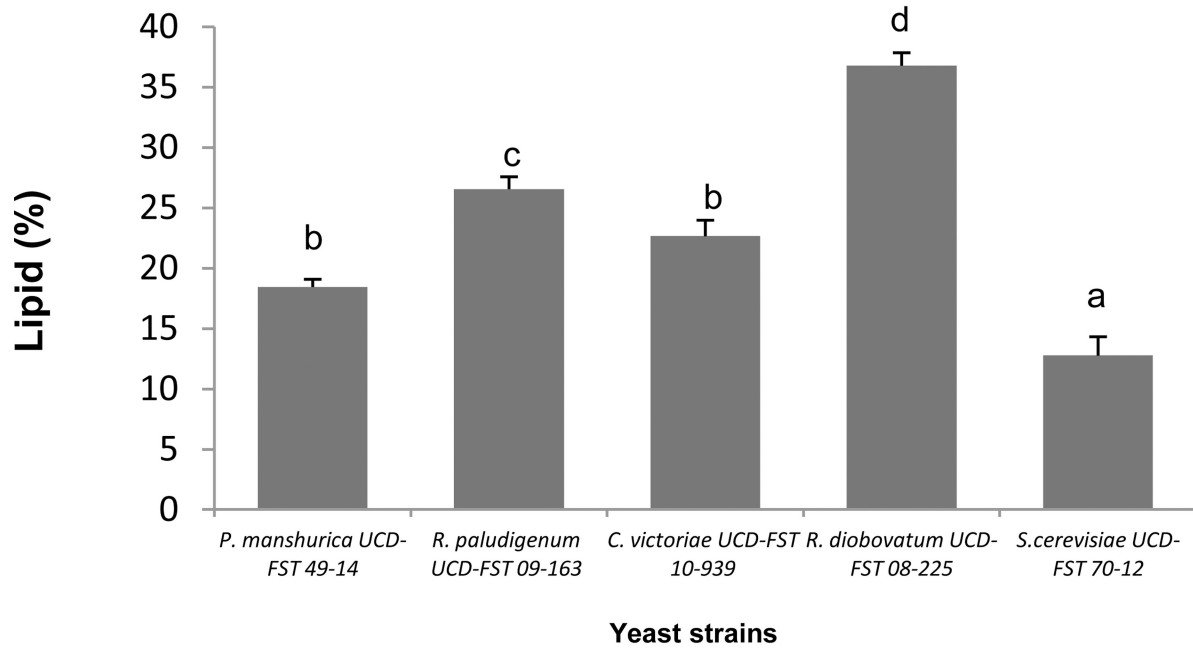
Fig. 4.

Comparison of clear (A) 96-well microplate and (B) black 96-well microplate. Spectra were corrected for a slight variation in culture OD reading by dividing fluorescence intensity unit with the background OD<sub>600</sub> values. (C) Comparison of the fluorescence intensity at the same time point using the highest fluorescence intensity unit of the black microplate (C).

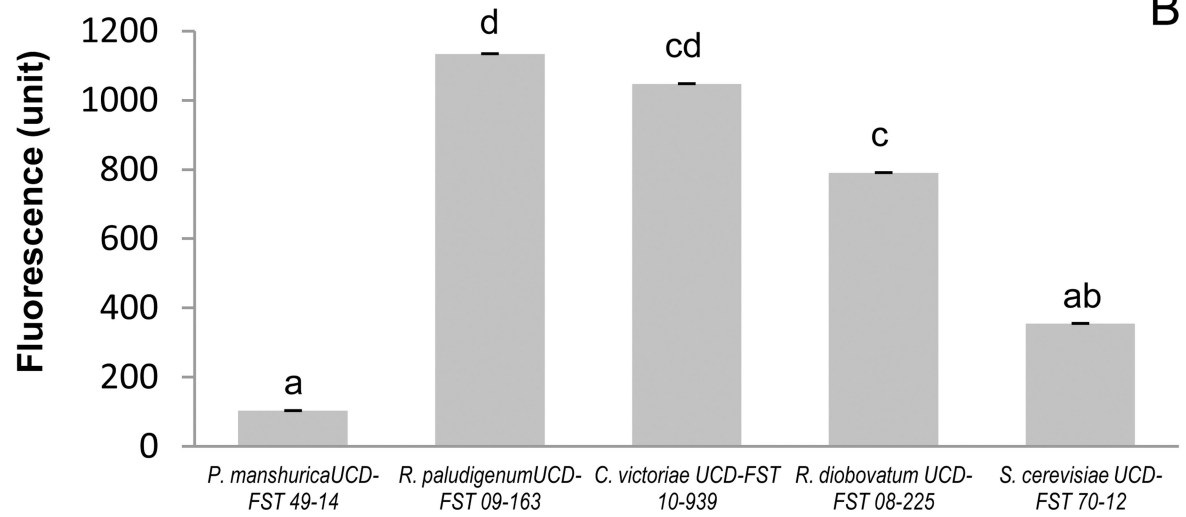


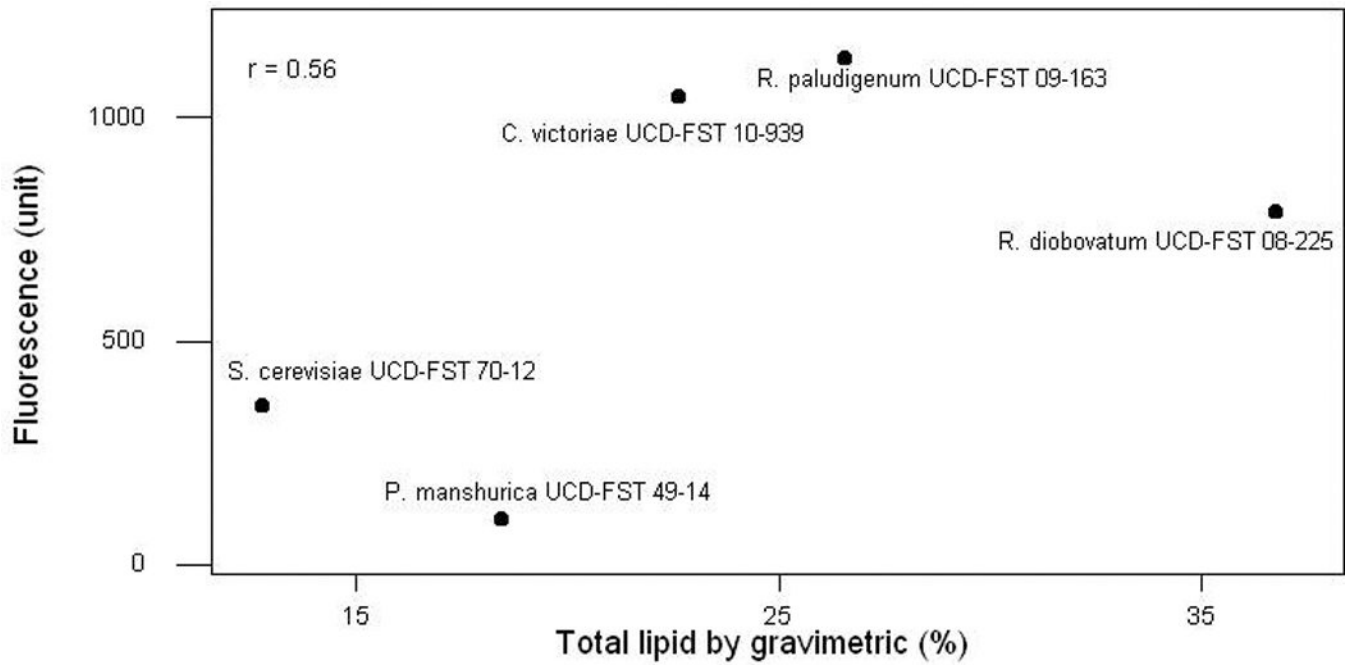
**Fig. 5.** Comparison of fluorescence of the non-inoculated and inoculated media with *R. diobovatum* UCD-FST 08-225 with different carbon sources. (A) Blank PDB, (B) PDB and yeast, (C) Medium A, (D) Medium A and yeast, (E) Medium A-sucrose, (F) Medium A-sucrose and yeast, (G) YMB, (H) YMB and yeast.

A

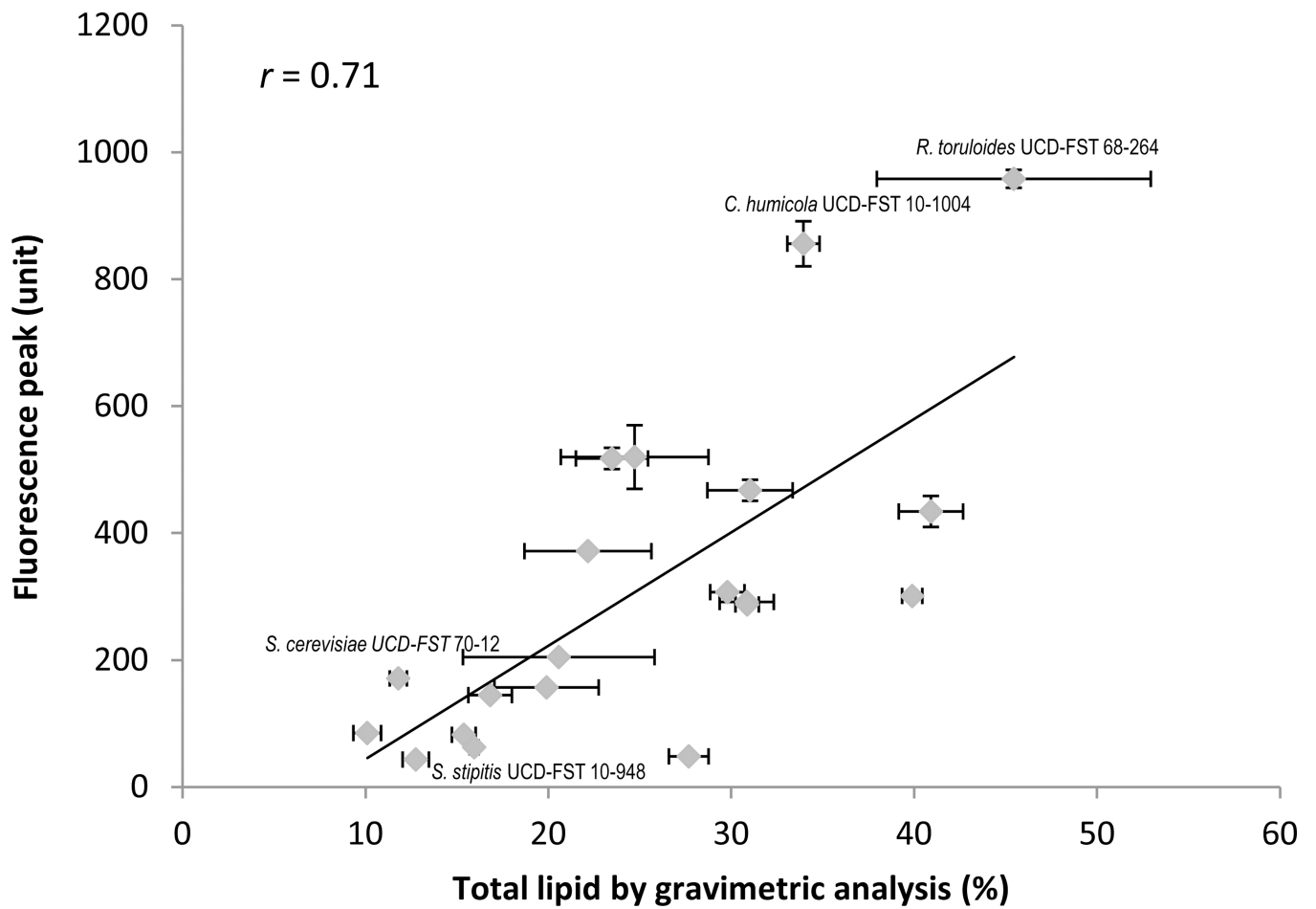


B

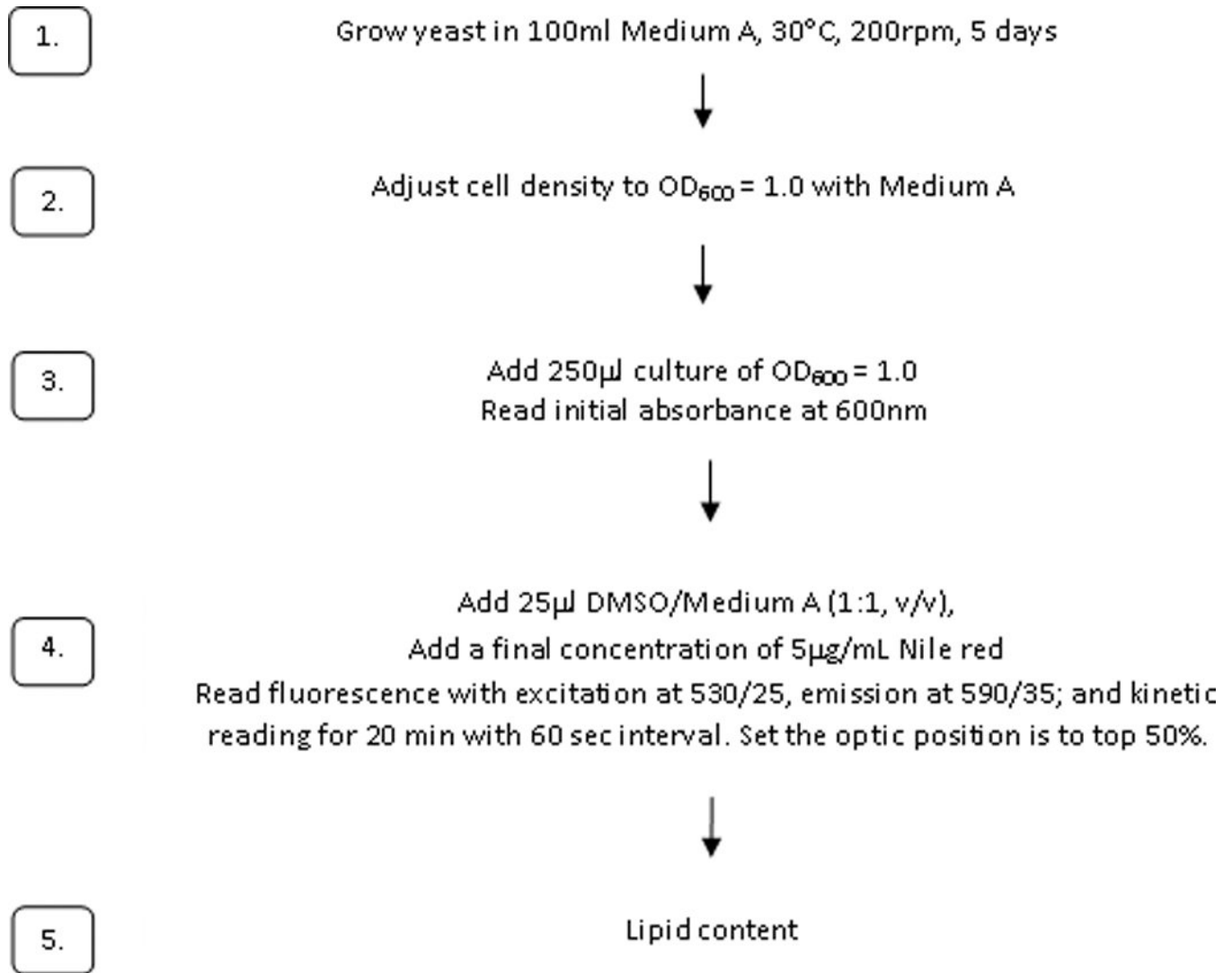




**Fig. 6.** Comparison of the lipids from gravimetric and Nile red fluorescence methods. Lipids as determined by gravimetric in percentage (A) and by the best method combination with Nile red (OD<sub>600</sub>=1.0 culture, 25ul DMSO/Me<sub>2</sub>A, 25ul 0.05mg/mL Nile Red) (B). Correlation plot of the two methods ( $r=0.56$ ) showing two low lipid control *S. cerevisiae* UCD-FST 70-12 and *P. manshurica* UCD-FST 49-14 had consistently detected having low lipid in both lipid analyses methods.



**Fig. 7.** Comparison of the lipids from gravimetric and Nile red fluorescence methods using 20 different yeast strains ( $r=0.71$ ).



**Fig. 8.**  
Protocols for improved Nile red assay method

Table 1

Yeast strains selected for the confirmation study

Yeast species	Phylum	UCD-FST ID #	Other collection ID #	Source location
<i>Cryptococcus humicola</i>	Basidiomycete	10-1145	FORDA-CC 545	Protected Forest Papalia, South Konawe, Sulawesi, Indonesia
<i>Cryptococcus humicola</i>	Basidiomycete	10-1004	FORDA-CC 579	Protected Forest Papalia, South Konawe, Sulawesi, Indonesia
<i>Cryptococcus ramirezgomezianus</i>	Basidiomycete	54-11.224		Aspen Valley, Central Sierra, California, USA
<i>Cryptococcus victoriae</i>	Basidiomycete	10-939	FORDA-CC 768	Protected Forest Papalia, South Konawe, Sulawesi, Indonesia
<i>Prototheca zopfii</i> var. <i>zopfii</i>	Achlorophilic algae	60-48	YB-4826	Obtained from NRRL culture collection
<i>Rhodospordium diobovatum</i>	Basidiomycete	67-405		Exudate of <i>Pterocarya rhoifolia</i> , Shinkai, Kiso, Japan
<i>Rhodospordium diobovatum</i>	Basidiomycete	70-46	ATCC 22264, CBS 6084	Triumph Reef, South East Florida, Florida, USA
<i>Rhodospordium diobovatum</i>	Basidiomycete	08-225	CBS 6085	Obtained from CBS
<i>Rhodospordium diobovatum</i>	Basidiomycete	04-830		Experimental Orchard, near Winters, California, USA
<i>Rhodospordium toruloides</i>	Basidiomycete	68-264	CBS 315	Atmosphere, Tokyo, Japan
<i>Rhodotorula dairensis</i>	Basidiomycete	68-257	CBS 347	Atmosphere, Tokyo, Japan
<i>Rhodotorula graminis</i>	Basidiomycete	04-862		Female olive fly walk plate, Davis, California, USA
<i>Rhodospordium paludigenum</i>	Basidiomycete	09-163	CBS 3044	Obtained from CBS
<i>Rhodotorula babjevae</i>	Basidiomycete	05-775		Obtained from Wolfskill USDA olive germplasm collection, Winters, California, USA
<i>Rhodospordium fluviale</i>	Basidiomycete	81-485.4		<i>Opuntia ficus-indica</i> , Tucson, Arizona, USA
<i>Rhodotorula mucilaginosa</i>	Basidiomycete	10-870	FORDA-CC 704	Protected Forest Papalia, South Konawe, Sulawesi, Indonesia
<i>Rhodotorula mucilaginosa</i>	Basidiomycete	10-1102	FORDA-CC 564, LIPI MC 465	Protected Forest Papalia, South Konawe, Sulawesi, Indonesia
<i>Saccharomyces cerevisiae</i>	Ascomycete	70-12	ATCC 26108, CBS 8803, S288C	Obtained from R.K. Mortimer
<i>Scheffersomyces stipitis</i>	Ascomycete	10-948	FORDA-CC 776	Protected Forest Papalia, South Konawe, Sulawesi, Indonesia
<i>Pichia manshurica</i>	Ascomycete	49-14		Olive brine, Berkeley, California, USA
<i>Yarrowia lipolytica</i>	Ascomycete	51-30	CBS 2073	Obtained from CBS



**Table 2**

Comparison of lipid content by Nile red and gravimetric analyses for ascomycete and basidiomycete yeast species

<i>Species</i>	UCD-FST ID #	Nile red (RFU) <sup>i,ii</sup>	Total lipids (%) <sup>ii</sup>
<i>Cryptococcus humicola</i>	10-1004	855.86±35.54 <sup>c</sup>	33.955±0.88 <sup>cd</sup>
<i>Cryptococcus ramirezgomezianus</i>	54-11.22	517.56±16.83 <sup>b</sup>	23.487±1.97 <sup>bc</sup>
<i>Cryptococcus victoriae</i>	10-939	371.65±5.13 <sup>b</sup>	22.173±3.47 <sup>bc</sup>
<i>Prototheca zopfii</i> var. <i>zopfii</i>	60-48	144.68±3.74 <sup>a</sup>	16.827±1.19 <sup>b</sup>
<i>Rhodospidium diobovatum</i>	04-830	434.07±24.41 <sup>b</sup>	40.927±1.76 <sup>d</sup>
<i>Rhodospidium diobovatum</i>	08-225	287.61±0.89 <sup>ab</sup>	30.88±0.64 <sup>c</sup>
<i>Rhodospidium diobovatum</i>	67-405	291.61±2.17 <sup>ab</sup>	30.857±1.48 <sup>c</sup>
<i>Rhodospidium diobovatum</i>	70-46	204.64±4.78 <sup>a</sup>	20.577±5.24 <sup>b</sup>
<i>Rhodospidium toruloides</i>	68-264	958.13±14.11 <sup>d</sup>	45.457±7.49 <sup>d</sup>
<i>Rhodotorula dairensis</i>	04-862	300.9±2.32 <sup>ab</sup>	39.903±0.55 <sup>d</sup>
<i>Rhodotorula graminis</i>	68-257	156.87±1.2 <sup>a</sup>	19.907±2.85 <sup>b</sup>
<i>Rhodospidium paludigenum</i>	09-163	467.45±16.55 <sup>b</sup>	31.037±2.33 <sup>c</sup>
<i>Rhodotorula babjevae</i>	05-775	306.98±1.72 <sup>ab</sup>	29.797±0.94 <sup>c</sup>
<i>Rhodospidium fluviale</i>	81-485.4	519.8±50.09 <sup>b</sup>	24.727±4.04 <sup>bc</sup>
<i>Rhodotorula mucilaginosa</i>	10-1102	48.23±1.38 <sup>a</sup>	27.683±1.10 <sup>c</sup>
<i>Rhodotorula mucilaginosa</i>	10-870	84.95±1.55 <sup>a</sup>	10.103±0.76 <sup>ab</sup>
<i>Saccharomyces cerevisiae</i>	70-12	171.13±6.15 <sup>a</sup>	11.8±0.47 <sup>ab</sup>
<i>Scheffersomyces stipitis</i>	10-948	43.33±0.4 <sup>a</sup>	12.76±0.72 <sup>ab</sup>
<i>Pichia manshurica</i>	49-14	82.25±0.54 <sup>a</sup>	15.383±0.65 <sup>b</sup>
<i>Yarrowia lipolytica</i>	51-30	62.62±0.72 <sup>a</sup>	15.947±0.24 <sup>b</sup>

<sup>i</sup>RFU: relative fluorescence unit.

<sup>ii</sup>Different superscript letters indicate groups which are significantly different by Fisher's test,  $p < 0.05$ ,  $n = 3$ .