## Apiwat Wisitsorasak<sup>a,b</sup> and Peter G. Wolynes<sup>a,b,c,1</sup>

<sup>a</sup>Center for Theoretical Biological Physics, Rice University, Houston, TX 77005; <sup>b</sup>Department of Physics and Astronomy, Rice University, Houston, TX 77005; and 'Department of Chemistry, Rice University, Houston, TX 77005

Contributed by Peter G. Wolynes, August 15, 2012 (sent for review July 27, 2012)

The remarkable strength of glasses is examined using the random first order transition theory of the glass transition. The theory predicts that strength depends on elastic modulus but also on the configurational energy frozen in when the glass is prepared. The stress catalysis of cooperative rearrangements of the type responsible for the supercooled liquid's high viscosity account quantitatively for the measured strength of a range of metallic glasses, silica, and a polymer glass.

elasticity ∣ elastic shear modulus ∣ Frenkel strength

Afundamental question about solid matter is what ultimately determines its mechanical strength. Glasses, in the popular mind, are easy to break, but in fact, if surface cracks are carefully avoided, glasses turn out to be intrinsically quite strong. Nearly a century ago, Frenkel provided an elegant argument for the maximum stress that a solid could withstand (1). Crystalline metals were found to be hundreds to thousands of times weaker than the Frenkel estimate (2). This observation inspired the extremely fruitful ideas of dislocations and grain boundaries that provide easy ways for polycrystalline metals to rearrange and plastically deform (3–6). Glasses come much closer to the Frenkel limit but still fall short in strength (7). In this paper we explore quantitatively the notion that the mechanical failure of glassy materials ultimately arises from strain catalyzed rearrangements of the same kind as those responsible for the high supercooled liquid viscosity. The idea that there is a relation of yield strength to the glass transition itself is not new and has been examined in various ways (6, 8–12). Here we go further by exploiting the current quantitative understanding of cooperatively rearranging regions that has emerged from the random first order transition (RFOT) theory of glasses (13–19) in order to make some specific predictions. RFOT theory describes the microscopic origin of cooperatively rearranging regions and predicts they are compact, containing a few hundred molecular units near the laboratory glass transition temperature  $T_g$ . These regions become more fractal, resembling strings or percolation clusters (20) at higher temperatures where flow is no longer thermally activated (21) but rather dominantly collisional. The quantitative predictions of RFOT theory concerning the well-established thermodynamic/kinetic correlations in the viscous liquid state, dynamical heterogeneity in supercooled liquids  $(18)$ , and the aging  $(22)$  and rejuvenating  $(19)$ properties of the glassy state proper agree quite well with observations (23). It is thus natural to enquire as to what the theory predicts for the material strength of glasses.

We begin by reviewing how activated events occur in liquids and glasses in the absence of stress. The easiest way to conceptualize activated events in the RFOT theory is through what is called the landscape library construction by Lubchenko and Wolynes (22). This construction has also been used to define point-to-set correlation lengths (24, 25) allowing many key points of RFOT theory to be confirmed via computer simulations (26– 29). This construction is schematically pictured in Figs. 1 and 2. In mean field RFOT theory, below a dynamical transition temperature  $T_A$ , the system becomes trapped in one of an exponentially large number of possible metastable states that are minima of a free energy functional (14). For molecular fluids these states can be taken as nearly structurally synonymous with the inherent

structures that precisely correspond to minima of the potential energy (16), but the individual stability of these states at finite temperature depends not only on their energy but also on their vibrational entropy. Irreversible reconfiguration events eventually take place by rearranging molecules in ever-larger regions of size  $N$  until a critical size is reached. Above the Kauzmann temperature,  $T_K$ , the configurational entropy is extensive, and so as the size of a reconfiguring region increases, the number of possible local rearrangements grows as well. Generally moving to any one of these rearranged structures costs free energy because the environment of the rearranging region does not fit the new locally accessible alternative structures as well as it fits the original free energy minimum from which rearrangement starts. The typical mismatch energy  $\Delta E(N)$  near the Kauzmann transition scales as  $\gamma N^x$ . The power law in mean field theory represents a surface energy (14) so the exponent  $x = \frac{2}{3}$ , but scaling arguments (13) suggest there should be a somewhat weaker scaling with  $x = 1/2$  near an ideal glass transition at  $T_K$  due to wetting from the numerous alternative states that can be interpolated between the fixed environment and the core of the rearranging region.

Xia and Wolynes showed the coefficient in the mismatch energy can be computed near  $T_K$  by assuming a locally sharp interface and by making a microscopic estimate using density functional theory of the localization free energy that is entropic:

$$
\gamma = \frac{3\sqrt{3\pi}}{2} k_{\text{B}} T_K \ln\left(\frac{\alpha_L a^2}{\pi e}\right).
$$
 [1]

Here  $\alpha_L$  determines the size of the vibrational fluctuations in a minimum and is roughly 100, reflecting displacements following Lindemann's stability criterion allowing localized motion of about one-tenth of the interparticle spacing, a.

Above  $T_K$  any mismatch energy can, however, be overcome by the entropic driving force favoring reconfiguration to one of the many alternate structures,  $F_{\text{bulk}}(N) = -Ts_cN$  where  $s_c$  is the configurational entropy per particle. Balancing  $F_{\text{bulk}}(N)$  and  $\Delta E(N)$ gives an activation free energy to be overcome for irreversible rearrangement,  $\Delta F^{\ddagger}$ , which is a function of  $s_c$ .  $\Delta F^{\ddagger}$  diverges near  $T_K$  as  $s_c$  vanishes. This prediction then connects the kinetics of rearrangements with thermodynamics, a hallmark of the RFOT theory. Using the approximate coefficient  $γ$  obtained by Xia and Wolynes the absolute magnitude of barriers is also predicted to follow an Adam–Gibbs-like relation  $\Delta F^{\ddagger} = A/s_c$  but with a specific numerical value for  $A = (27\pi/16)k_B(\ln(\alpha_L a^2/\pi e))^2$ . Because the Lindemann parameter  $\alpha_L$  depends only weakly on the potential, in RFOT theory then  $\Delta F^{\ddagger}/k_{\text{B}}T$  is again dominantly a function of the configurational entropy, across a range of substances.

The landscape library argument can also be used in the socalled "aging" regime to describe motion in the glass (22). In the

Author contributions: A.W., and P.G.W. designed research, performed research, analyzed data, and wrote the paper.

The authors declare no conflict of interest.

<sup>1</sup> To whom correspondence should be addressed. E-mail: pwolynes@rice.edu.

This article contains supporting information online at [www.pnas.org/lookup/suppl/](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1214130109/-/DCSupplemental) [doi:10.1073/pnas.1214130109/-/DCSupplemental.](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1214130109/-/DCSupplemental)



Fig. 1. We show in the upper part of the figure schematic snapshots of local rearrangement starting from an initial frozen configuration in an imposed stress field σ. Following Lubchenko and Wolynes (22) the lower left panel shows the spectrum of possible free energy minima for a large sample of glass. Levels are listed in order of the internal free energy  $\phi$ , comprising the potential energy along with a vibrational entropic contribution. When the glass is trapped in a single such state, local regions of size N can rearrange to new minima while only weakly disturbing their environment elastically. Connected energy levels are shown in the next two panels. When an imposed stress  $\sigma$  is imposed the energy levels are shifted and the energy cost of moving N particles is reduced by an amount  $(\kappa \sigma^2/2G)NV_{\text{head}}$  where G is the elastic modulus and  $\kappa$  is a factor that includes the elastic response of the environment that does not shift to a new minimum.  $V_{\text{bead}}$  is the volume of a molecular unit. Eventually for sufficiently large N a distinct structure is formed coincident in free energy with the initial state, allowing irreversible motions to occur.

aging regime, the initial configuration is not one chosen from the thermal equilibrium ensemble at the ambient temperature but instead structurally resembles a system that was equilibrated at a higher so-called "fictive" temperature. In a simple quench to low temperature the fictive temperature initially is the laboratory glass transition temperature  $T_g$ . For this nonequilibrium situation the initial configuration then will not only gain entropy by reconfiguring locally but also will release an additional energy per particle  $\Delta\Phi$ , which represents the energy frozen in at the glass transition (22). If we assume the configurational heat capacity has the empirical form  $\Delta c_p(T_g) \cdot (T_g/T)$  this excess energy is  $\Delta \Phi = \Delta c_p(T_g) T_g \ln(T_g/T)$ .

Owing to this excess driving force, reconfiguration events occur sooner in a glass than they would in a liquid structurally equilibrated to the same ambient temperature. The nonequilibrium activation free energy can be written in terms of the activation free energy for an equilibrium liquid at a higher specific configurational entropy:

$$
\Delta F_{n.e.}^{\ddagger} = \Delta F_{\text{eq}}^{\ddagger} (T s_c + \Delta \Phi). \tag{2}
$$

 $\Delta F_{eq}^{\ddagger}(T_{\delta_c})$  is the function giving the activation barrier in the equi-<br>librium liquid written in terms of its configurational entropy librium liquid, written in terms of its configurational entropy at temperature T. In the glass below its  $T<sub>g</sub>$  this formula implies the rates follow something close to an Arrhenius law but with an activation enthalpy diminished from what it was at the higher temperature at which it fell out of equilibrium. In this way, this RFOT argument accurately predicts the so-called nonlinearity parameter  $x$  describing the ratio of activation enthalpy for motion in an equilibrated liquid to that for glasses that have fallen out of equilibrium (22).

The Volger–Fulcher law, while describing the deep glassy behavior, breaks down at higher temperatures in supercooled liquids. In mean field theory this breakdown occurs because the mismatch coefficient  $\gamma$  itself vanishes at the mean field spinodal temperature  $T_A$  (14, 28, 30). Schmalian, Stevenson, and Wolynes have argued that the Volger–Fulcher relation will actually break



Fig. 2. The local level libraries in Fig. 1 when thermally averaged yield a free energy profile for rearranging a specific region as a function of the number of displaced particles N. The average mismatch energy is balanced against a term containing the configurational entropy (from averaging over all the states), any initially excess energy frozen into the glass along with a contribution from relaxing strains via reconfiguration in an imposed stress field. The activation barrier is lowered by the imposed stress, eventually vanishing when the stress is sufficiently large, leading to rapid failure of the glass's structural integrity.

down at a somewhat lower temperature  $T_c$  because the shape of correlated activated regions changes at higher temperatures in such a way that the mismatch energy now scales linearly in  $N(20)$ . The high temperature, entropically favored shapes are lattice animals whose exposed surface scales directly with their number of constituents as does their shape entropy. In this regime the scaling of mismatch energy can be written as  $v_{\text{int}}b$  where b is the number of equivalent broken bonds at the surface of the rearranging region. Schmalian, Stevenson, and Wolynes showed that near  $T_K$ , b is approximately 3.2N and the coefficient of  $v_{int}$  can (like the surface mismatch energy  $\gamma$ ) be obtained from density functional reasoning  $v_{\text{int}} = (1/z)(3/2)k_B T \ln(\alpha_L a^2/\pi e)$ .<br>The free energy profile for such fractal rearranging

The free energy profile for such fractal rearranging regions either monotonically increases with  $N$  or decreases monotonically with N. This means that there will be a change in the rearrangement mechanism from activated dynamics to one dominated by collisions at high temperature. The crossover to barrierless reconfiguration is thus determined by the condition  $s_c(T_c) =$  $\frac{1}{\sqrt{2}}$  over parameter under the assumption the clusters are percolaperc  $-\Delta\Phi/T_c = \Delta c_p(T_g)T_g/T_K(1 - T_K/T_c)$ . The critical cross-<br>wer parameter under the assumption the clusters are percolation-like is  $s_c^{\text{perc}} = 1.28 k_B$ . For equilibrated liquids this relation predicts crossover temperatures agreeing with those found using predicts crossover temperatures agreeing with those found using Stickel plots (31). The RFOTargument then also predicts barrierless reconfiguration will occur for nonequilibruim glasses if heated when

$$
\frac{k_{\rm B}T_c}{\Delta c_p(T_g)T_g - \Delta \Phi} = \frac{k_{\rm B}}{\Delta c_p(T_g)} \frac{T_K}{T_g} \left(1 - \frac{s_c^{\rm perc}}{\Delta c_p} \frac{T_K}{T_g}\right)^{-1}.
$$
 [3]

This specific prediction for crossover to collisional dynamics in superheated glasses has not yet been tested in the laboratory although it would be interesting to check it experimentally by using lasers to rapidly heat glasses. Below the crossover temperature, fractal rearranging regions also provide the low barrier tail to the barrier distribution since fluctuations can allow the nonuniformly linear increasing free energy profile to cross zero. This tail, for large fluctuations, manifests itself as a separate relaxation peak, the so-called secondary or β relaxation (32).

What does RFOT theory then suggest about how reconfiguration events occur under stress? If a sample of glass is put under a uniform shear stress,  $\sigma$ , the energy per unit volume is immediately raised by an amount  $\sigma^2/2G$  where G is the elastic shear modulus (33). It has long been known this energy can be explosively released by cracking the glass. This effect is demonstrated by the famous Prince Rupert's drops (34). The stress need not always lead to cracking directly. It is reasonable to expect that, of the myriad of possible states envisioned in RFOT theory, a significant fraction will also allow this stress energy to be released without cracking or forming voids. Indeed a vanishing stress energy of the rearranged state is expected because the most stable mean field free energy minimum corresponding to delocalized molecules can be thought of as being a typical disordered liquid ensemble and is thus completely incapable of sustaining static shear. Because the imposed stress energy can be removed by appropriately rearranging a region, imposed strains will lower the activation barrier and will catalyze the rearrangement. If the stress is sufficiently large the rearrangement may even occur without any significant barrier at all, just as takes place at the thermal crossover at  $T_c$ . This crossover to barrierless reconfiguration would thus give the limiting strength of the glass if we assume there are no easier routes for the glass to rearrange (like cracking). Strain catalysis means that a stressed glass will always flow at some finite rate even for the smallest stresses (6, 33, 35) and thus a glass will deform, given time, at somewhat lower stresses than this limit. This gentler flowing situation is probably quite relevant in many practical situations. Flow itself can act to further catalyze rearrangements. The resulting additional enhancement of reconfiguration speed is a facilitation or mode coupling effect. Lubchenko has shown that this effect [that would be contained in a more complete RFOT theory including mode coupling effects (36)] does a good job describing the crossover to steady state nonlinear rheology (37). Similar effects have been studied in mode coupling treatments of dense colloid rheology (38, 39). We will, in this paper, however, concentrate on the immediate effect of stress on the activated events that occur before flow starts and leave the physics of developed plastic flows for future work. The limiting strengths we calculate in this paper then should be upper bounds representing extremely rapid failure of the glass.

Naively speaking, in order to compute the effect of stress catalysis on the activation barrier one merely needs to account for the strain energy lost in the fluidized region and thus must add to the bulk thermodynamic driving force term  $(-Ts_c - \Delta \Phi)N$  and additional contribution  $\sigma^2 N V_{\text{bead}}/2G$  to compute the lowering of the thermal barrier for compact clusters or to find the limiting stress where barrierless rearrangement may occur. Here  $V_{\text{head}}$  is the volume of a "bead" (i.e., movable unit of the glass), which can



Fig. 3. The upper panel shows a uniform strain field acting on the glass sample in its original state. A fluidized region allows the surrounding material to elastically deform in a nonuniform way in the imposed stress field shown schematically in the lower panel. This allows additional strain energy to be released without costing any additional mismatch energy.



Fig. 4. Strength as a function of shear moduli. The experimental strength (red triangle) and the predicted strength (black circle) have nearly the same slope and are quite different from Frenkel strength (blue solid line). Typical value of crystal strength (violet solid line) and strength in the limit  $T \rightarrow 0$ ,  $T_g \rightarrow T_K$  (black solid line) are also shown in comparison.

be inferred from the molar fusion entropy (23, 30). There is a subtlety, however; as pictured in Fig. 3 fluidizing a region of the glass also allows Hookean elastic rearrangements of the surrounding matrix to occur without it being necessary for the outside region to move to any alternate free energy minima. This outer region while elastically responding thus does not elicit any mismatch energy. The strain energy relieved by rearrangement of a region of size  $N$  (40) nevertheless becomes larger than  $σ<sup>2</sup>NV<sub>bead</sub>/2G.$ 

For an arbitrarily shaped rearranging region the exact calculation of the additional strain energy relieved by harmonically distorting the outer region would seem to be a complex problem in elastic theory. The result for spherical regions, however, has been known for some time where it has been used to develop the theory of the elastic modulus of composite media containing holes (41). The calculation is mathematically quite analogous to the calculation of intrinsic viscosity made first by Einstein (42) for the effect on viscosity of suspending solid colloidal particles in a fluid and still more closely follows Taylor's analysis of the viscosity changes due to suspending liquid drops or bubbles in a fluid (43). For spheres the additional energy released (analogous to the excess viscous dissipation in the hydrodynamic problems) is still proportional to the sphere's size and according to MacKenzie depends on the Poisson's ratio characterizing bulk versus pure shear deformations. Taking over MacKenzie's correction gives then an energy increment for rearranging a region of size N,



Fig. 5. A plot of the strength,  $\sigma^*$ , measured from the experiments versus theoretical estimation derived from the RFOT theory. The dotted line plots the perfect match between the experiments and the predictions,  $\sigma^*_{\text{Expt}} = \sigma^*_{\text{Pred}}$ . The experimental data used are shown in [Table S1.](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1214130109/-/DCSupplemental/pnas.1214130109_SI.pdf?targetid=ST1)

 $\Delta E_{\text{elastic}} = \kappa \frac{\sigma^2}{2G} N V_{\text{bead}}$  where  $\kappa = 3 - 6/(7 - 5\nu)$  in terms of the poisson's ratio of metallic Poisson's ratio ν. For the typical Poisson's ratio of metallic glasses  $\kappa \approx 1.8$ .

Directly calculating the correction for nonspherical shapes is indeed complex. In addition, considerable distortions from spherical geometry are energetically still more favorable in relieving stress than for the region to remain compact and thus at high stress such distortion should again lead to barrierless breakup, just as critical flow rates lead to dissolution of drops in emulsions (44–46). The latter problem has led to an extensive literature (40– 47). We will use, nevertheless, the spherical value of the correction κ for all shapes of cooperatively rearranging regions. We suspect this simplification is probably not too bad for small stresses and not too far from  $T_K$ . This surmise is buttressed by the experience for the corresponding hydrodynamic problem of computing the intrinsic viscosity of complex shapes, a problem that has been extensively studied in polymer chemistry (40). In that problem the shape effects are quite modest. By adding the increased relieved strain energy to the reconfiguration driving force, in analogy with Eq. 2, the activation barrier for flow in a strained glass can again be written in terms of the function giving the barrier for equilibrated liquids  $\Delta F^{\ddagger} = \Delta F^{\ddagger} (Ts_c + \Delta \Phi + \kappa \sigma^2 V_{\text{bead}}/2G)$ . With this simplification, then, barrierless reconfiguration should finally occur when  $s_c(T_c) = s_c^{\text{perc}} - \frac{\Delta \Phi}{T} - \kappa \frac{\sigma^2}{2GT} V_{\text{bead}}$ . As in the popular <br>J-point scenario (48) an apparent spinodal to reconfiguration J-point scenario (48) an apparent spinodal to reconfiguration apparently can be approached by tuning either the temperature T or the stress  $\sigma$ . Again fluctuations in local stability should favor the same fractal rearrangements that are eventually responsible for barrierless reconfiguration before this point is actually reached. Following Stevenson and Wolynes's arguments for the secondary relaxations without stress, the weight for such rare fluctuations is still exponentially suppressed when the increment  $c^{perc} - \frac{\Delta \Phi}{T} - \kappa \frac{\sigma^2}{2GT} \vec{V}_{\text{bead}} - s_c(\vec{T})$  is positive.<br>The argument, just given, relating barriers in the glass under

stress to those for thermal motions in the equilibrated liquid should hold for temperatures not too far from  $T_K$  because the shapes of rearranging regions are then determined entropically. There are corrections, however, away from  $T_K$ . At very high temperatures near to the mean field spinodal  $T_A$ , the mismatch temperatures near to the mean field spinodal  $T_A$  the mismatch energy cost goes down leading to an additional weakening of energy cost goes down, leading to an additional weakening of the glass. Conversely at low temperatures, much below  $T_K$ , we also must account for both the fact that the mismatch energy becomes pinned at its  $T_K$  value and that at the same time the importance of shape entropy is lessened by the diminished temperature. A detailed account of the latter effects is contained in [SI Text](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1214130109/-/DCSupplemental/pnas.1214130109_SI.pdf?targetid=STXT). When the latter effects are included along with the calculation of the excess energy we find an explicit equation for the limiting strength  $\sigma^*$ :

$$
\sigma_{\text{Pred}}^* = \sqrt{\frac{2Gk_B T}{\kappa V_{\text{bead}}}\left(\left[3.20 \frac{T_K}{T} - 1.91\right] - \frac{\Delta c_p(T_g)}{k_B} \frac{T_g}{T} \ln \frac{T_g}{T_K}\right)}
$$
\n<sup>(4)</sup>

The contribution in this expression involving  $\Delta c_p$  represents the weakening caused by the excess energy that has been frozen in at the glass transition. If we could be cosmologically patient this excess energy would disappear by annealing to  $T_g = T_K$  giving then the ultimate achievable strength of a glass. At very low temperatures the strength of this most stable glass will be then  $\sigma_{\text{ideal}}^* = \sqrt{3.6Gk_B T_K/V_{\text{bead}}}$ . We can write the shear modulus in terms of the spinodal temperature T, and the bead size folin terms of the spinodal temperature  $T_A$  and the bead size, following Rabochiy and Lubchenko by estimating vibrational displacements from Debye continuum theory and assuming a limiting Lindemann ratio for the maximal thermal excursions (5, 49). Using this relation gives  $G = 24.9k_BT_A/V_{\text{bead}}$  (see [Fig. S1\)](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1214130109/-/DCSupplemental/pnas.1214130109_SI.pdf?targetid=SF1). If we now take  $T_A \approx T_m$  the melting point and use the typical ratio of  $T_K / T_m$  of between 0.4 and 0.7 we find the ultimate limiting  $\sigma^*$ is proportional to the elastic modulus. Such a linear correlation between strength and modulus resembles Frenkel's estimate and indeed has been examined experimentally. We find the ideal limit strength from RFOT theory to be uniformly about 30% higher than Frenkel's. The weakening of the glass due to energy frozen in at the glass transition is however substantial. This excess energy lowers the strength quite a bit below the RFOT ideal value and below the Frenkel value but still gives strengths greatly exceeding the measured strength of polycrystalline metals. We have gathered from the literature data for the input thermodynamics. We then compared the RFOT theory predictions to measured strengths for some metallic glasses, silica, and a polymer glass, PMMA. Details of the input data and measured strength data can be found in [SI Text](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1214130109/-/DCSupplemental/pnas.1214130109_SI.pdf?targetid=STXT).

In Fig. 4 we display results for the strength versus shear modulus. The predicted strengths generally exceed but are close to the measured yield strengths. On this plot we also show both the Frenkel estimate and our  $T_g = T_K$  ideal value. A typical polycrystalline material value of one-hundredth of the Frenkel value is also plotted. Clearly the present RFOT predictions account very well not only for the trends but even the actual magnitude of the strength. In Fig. 5 we show the comparison of measured strengths against the complete predictions. Not only the glassy metals but also silica and the plastic PMMA have strengths not terribly far off the RFOT predictions. Although the main dependence on elastic modulus is clear, the RFOT theory results also depend on other quantities, such as  $\Delta c_p$  and the ratio of the ambient temperature to glass transition temperature. However, as we can see, both the predicted ratios of strength to modulus for the measured systems and the measured ratios show no overall trend with liquid fragility or glass transition temperature (see [Fig. S2\)](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1214130109/-/DCSupplemental/pnas.1214130109_SI.pdf?targetid=SF2). Of course because modulus and  $T_g$  are well correlated the absolute strengths themselves do correlate with  $T_g$ . It may be possible to test the theory further. Again, rapid heating should lower the yield strength in a predictable way. In addition, superstable glasses can be made via vapor deposition (50). Their effective temperature corresponds to being roughly half way to the Kauzmann temperature. We see their strength should thus be proportionately closer to the Frenkel limit.

RFOT theory accounts well for the measured strength of laboratory glasses of various composition. The good agreement between theory and experiment suggests that the correlated rearranging regions responsible for high temperature viscosity in supercooled liquids also limit the strength of nonequilibrium glasses. There seems to be no necessity to invoke then any additional defects of a point-like or line-like character to play a prominent role in weakening glasses that are prepared in an ordinary fashion by cooling a melt.

ACKNOWLEDGMENTS. P.G.W. wishes to thank Prof. A. L. Greer and Prof. G. N. Greaves for stimulating conversations. He also very much appreciates the hospitality of the Chemistry Department and Sidney-Sussex College of Cambridge University where this work was begun. Financial support by the D.R. Bullard-Welch Chair at Rice University and a Royal Thai Government Scholarship to A.W. are gratefully acknowledged. We also thank Randall Hall and Giulio Biroli for critically reading the manuscript.

- 5. Greaves G, Greer A, Lakes R, Rouxel T (2011) Poisson's ratio and modern materials. Nat Mater 10:823–837.
- 6. Argon A (1979) Plastic deformation in metallic glasses. Acta Metall 27:47–58.

<sup>1.</sup> Frenkel J (1926) Zur theorie der elastizitätsgrenze und der festigkeit kristallinischer körper. Z für Phys 37:572–609.

<sup>2.</sup> Zhu T, Li J (2010) Ultra-strength materials. Progr Mater Sci 55:710–757.

<sup>3.</sup> Orowan E (1940) Problems of plastic gliding. Proc Phys Soc 52:8–22.

<sup>4.</sup> Taylor GI (1934) The mechanism of plastic deformation of crystals. part I. theoretical. Proc R Soc Lond A Math Phys Sci 145:362–387.

<sup>7.</sup> Chen M (2008) Mechanical behavior of metallic glasses: Microscopic understanding of strength and ductility. Annu Rev Mater Res 38:445–469.

- 8. Nieh TG, Liu CT, Yang B (2006) Unified equation for the strength of bulk metallic glasses. Appl Phys Lett 88:221911.
- 9. Johnson WL, Samwer K (2005) A universal criterion for plastic yielding of metallic glasses with a  $(T/T_a)^{2/3}$  temperature dependence. Phys Rev Lett 95:195501.
- 10. Wang W, Dong C, Shek C (2004) Bulk metallic glasses. Mater Sci Eng R Rep 44:45-89. 11. Spaepen F (1977) A microscopic mechanism for steady state inhomogeneous flow in
- metallic glasses. Acta Metall 25:407–415. 12. Wondraczek L, et al. (2011) Towards ultrastrong glasses. Adv Mater (Deerfield Beach, Fla) 23:4578–4586.
- 13. Kirkpatrick TR, Thirumalai D, Wolynes PG (1989) Scaling concepts for the dynamics of viscous liquids near an ideal glassy state. Phys Rev A 40:1045–1054.
- 14. Kirkpatrick TR, Wolynes PG (1987) Stable and metastable states in mean-field potts and structural glasses. Phys Rev B 36:8552-8564.
- 15. Kirkpatrick TR, Wolynes PG (1987) Connections between some kinetic and equilibrium theories of the glass transition. Phys Rev A 35:3072–3080.
- 16. Xia X, Wolynes PG (2000) Fragilities of liquids predicted from the random first order transition theory of glasses. Proc Natl Acad Sci USA 97:2990-2994

NAS

- 17. Lubchenko V, Wolynes PG (2007) Theory of structural glasses and supercooled liquids. Annu Rev Phys Chem 58:235–266.
- 18. Xia X, Wolynes PG (2001) Microscopic theory of heterogeneity and nonexponential relaxations in supercooled liquids. Phys Rev Lett 86:5526–5529.
- 19. Wolynes PG (2009) Spatiotemporal structures in aging and rejuvenating glasses. Proc Natl Acad Sci USA 106:1353–1358.
- 20. Stevenson JD, Schmalian J, Wolynes PG (2006) The shapes of cooperatively rearranging regions in glass-forming liquids. Nat Phys 2:268–274.
- 21. Stoessel JP, Wolynes PG (1984) Linear excitations and the stability of the hard sphere glass. J Chem Phys 80:4502–4512.
- 22. Lubchenko V, Wolynes PG (2004) Theory of aging in structural glasses. J Chem Phys 121:2852–2865.
- 23. Stevenson JD, Wolynes PG (2005) Thermodynamic-kinetic correlations in supercooled liquids: A critical survey of experimental data and predictions of the random firstorder transition theory of glasses. J Phys Chem B 109:15093-15097.
- 24. Berthier L, et al. (2005) Direct experimental evidence of a growing length scale accompanying the glass transition. Science 310:1797–1800.
- 25. Bouchaud JP, Biroli G (2004) On the Adam-Gibbs-Kirkpatrick-Thirumalai-Wolynes scenario for the viscosity increase in glasses. J Chem Phys 121:7347-7354.
- 26. Cavagna A, Grigera TS, Verrocchio P (2012) Dynamic relaxation of a liquid cavity under amorphous boundary conditions. J Chem Phys 136:204502.
- 27. Cavagna A, Grigera TS, Verrocchio P (2010) Numerical simulations of liquids with amorphous boundary conditions. J Stat Mech 2010:P10001.
- 28. Cammarota C, Cavagna A, Gradenigo G, Grigera TS, Verrocchio P (2009) Evidence for a spinodal limit of amorphous excitations in glassy systems. J Stat Mech 2009:L12002.
- 29. Biroli G, Bouchaud JP, Cavagna A, Grigera TS, Verrocchio P (2008) Thermodynamic signature of growing amorphous order in glass-forming liquids. Nat Phys 4:771–775.
- 30. Lubchenko V, Wolynes PG (2003) Barrier softening near the onset of nonactivated transport in supercooled liquids: Implications for establishing detailed connection between thermodynamic and kinetic anomalies in supercooled liquids. J Chem Phys 119:9088–9105.
- 31. Stickel F, Fischer EW, Richert R (1996) Dynamics of glass-forming liquids. ii. detailed comparison of dielectric relaxation, dc-conductivity, and viscosity data. J Chem Phys 104:2043–2055.
- 32. Stevenson J, Wolynes PG (2009) A universal origin for secondary relaxations in supercooled liquids and structural glasses. Nat Phys 6:62–68.
- 33. Sausset F, Biroli G, Kurchan J (2010) Do solids flow? J Stat Phys 140:718–727.
- 34. Hooke R (1665) Observation vii. of some phaenomena of glass drops. Micrographia or Some Physiologial Descriptions of Minute Bodies made by Magnifying Glasses with Observation and Inquiries thereupon (Royal Society, London, UK), pp 33–44.
- 35. Biroli G, Bouchaud J (2012) The random first-order transition theory of glasses: A critical assessment. Structural Glasses and Supercooled Liquids: Theory, Experiment, and Applications (Wiley, New York), pp 31–113.
- 36. Bhattacharyya SM, Bagchi B, Wolynes PG (2008) Facilitation, complexity growth, mode coupling, and activated dynamics in supercooled liquids. Proc Natl Acad Sci USA 105:16077–16082.
- 37. Lubchenko V (2009) Shear thinning in deeply supercooled melts. Proc Natl Acad Sci USA 106:11506–11510.
- 38. Fuchs M, Cates ME (2002) Theory of nonlinear rheology and yielding of dense colloidal suspensions. Phys Rev Lett 89:248304.
- 39. Brader JM, Voigtmann T, Fuchs M, Larson RG, Cates ME (2009) Glass rheology: From mode-coupling theory to a dynamical yield criterion. Proc Natl Acad Sci USA 106:15186–15191.
- 40. Mansfield M, Douglas J, Irfan S, Kang E (2007) Comparison of approximate methods for calculating the friction coefficient and intrinsic viscosity of nanoparticles and macromolecules. Macromolecules 40:2575–2589.
- 41. Mackenzie JK (1950) The elastic constants of a solid containing spherical holes. Proc Phys Soc B 63:2–11.
- 42. Einstein A (1906) Calculation of the viscosity-coefficient of a liquid in which a large number of small spheres are suspended in irregular distribution. Ann Phys (Leipzig) 19:286–306.
- 43. Taylor GI (1923) The motion of ellipsoidal particles in a viscous fluid. Proc R Soc Lond A Math Phys Sci 103:58–61.
- 44. Taylor GI (1932) The viscosity of a fluid containing small drops of another fluid. Proc R Soc Lond A Math Phys Sci 138:41–48.
- 45. Taylor GI (1934) The formation of emulsions in definable fields of flow. Proc R Soc Lond A Math Phys Sci 146:501–523.
- 46. Stone H (1994) Dynamics of drop deformation and breakup in viscous fluids. Annu Rev Fluid Mech 26:65–102.
- 47. Eshelby J (1959) The elastic field outside an ellipsoidal inclusion. Proc R Soc Lond A Math Phys Sci 252:561–569.
- 48. Liu A, Nagel SR (1998) Nonlinear dynamics: Jamming is not just cool any more. Nature 396:21–22.
- 49. Rabochiy P, Lubchenko V (2012) Liquid state elasticity and the onset of activated transport in glass formers. J Phys Chem B 116:5729–5737.
- 50. Swallen SF, et al. (2007) Organic glasses with exceptional thermodynamic and kinetic stability. Science 315:353–356.