Relationship Between Cecal Population Levels of Indigenous Bacteria and Translocation to the Mesenteric Lymph Nodes

EARL K. STEFFEN¹ AND RODNEY D. BERG^{2*}

Veterinary Medical Diagnostic Laboratory, College of Veterinary Medicine, University of Missouri-Columbia, Columbia, Missouri 652111; and Department of Microbiology and Immunology, Louisiana State University Medical Center, School of Medicine in Shreveport, Shreveport, Louisiana 71130²

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Translocation is defined as the passage of viable bacteria from the gastrointestinal tract to the mesenteric lymph nodes (MLN) and other organs. The extent of translocation of certain indigenous, oxygen-tolerant bacteria from the cecum to the MLN, spleen, liver, kidney, and peritoneal cavity were determined in diassociated or triassociated gnotobiotic mice. Minimal bacterial translocation occurred to the spleen, liver, kidney, or peritoneal cavity. However, most bacterial strains readily translocated to the MLN. The percentage of the total population of each bacterial strain in the ceca was compared with the percentage of the total population of that strain in the MLN. There was a direct relationship between the numbers of a particular bacterial strain populating the ceca of diassociated or triassociated mice and the numbers of viable bacteria of this strain present in the MLN. Thus, the cecal population level of a particular bacterial strain determined the numbers of viable bacteria of this strain translocating to the MLN. The translocation of these bacterial strains from the gastrointestinal tract is an important first step in the pathogenesis of infection caused by members of the normal intestinal microflora.

Various terms have been used to describe the passage of substances from the gastrointestinal (GI) tract across the intestinal epithelium to the bloodstream and other organs. Persorption (24) has been used to describe the passage of large solid particles across the intestinal epithelium, and transmural migration (19) or resorption (15) describes the passage of viable bacteria across this barrier. Transmural migration implies that certain properties of the bacteria promote their migration through the intestinal mucosa, and resorption implies a process somewhat analogous to absorption. Little is known of the mechanisms whereby bacteria or viruses cross the intestinal epithelium. Keller and Engley (14) appear to be the first to use the term "translocation" to describe the passage of phage particles through the intestinal epithelium. Wolochow et al. (27) subsequently employed the term translocation to describe the passage of viable bacteria from the GI tract to the lymph and mesenteric lymph nodes (MLN) of rats, and Fuller and Jayne-Williams (9) used it to describe the passage of viable bacteria from the GI tract to the livers of chickens. Consequently, we also used the term translocation to describe the passage of viable indigenous bacteria from the GI tract to the MLN and other organs (3). This term implies nothing more than the passage of bacteria from one location, e.g., the GI tract, to another, e.g., the MLN, without suggesting anything concerning the mechanisms involved.

The translocation of viable bacteria from the GI tract to the MLN and other organs is undoubtedly an initial step in the pathogenesis of many bacterial diseases. However, we have concentrated our studies on the mechanisms whereby certain members of the indigenous or normal flora are able to translocate across the intestinal barrier. Bacterial translocation does not occur in healthy, specific pathogen-free (SPF) mice (3); the indigenous bacteria either do not pass through the GI mucosa, are killed in transit, or are killed by macrophages in organs such as the MLN. Bacterial translocation from the GI tract occurs, however, in mice with a depressed immune system. Indigenous bacteria translocate from the GI tract to the MLN, spleen, liver, and kidney of athymic (nu/nu) mice but not from the GI tracts of heterozygous $(nu/+)$ or thymus-grafted (nu/nu) mice $(17, 18)$. Furthermore, bacterial translocation from the GI tract occurs in SPF mice which have undergone neonatal thymectomy (18). Thus, the immune system of the host is one mechanism operating to confine certain indigenous bacteria to the GI tract.

Control of the population levels of certain

indigenous bacteria by other antagonistic members of the normal flora is another mechanism operating to confine indigenous bacteria to the GI tract. Bacterial translocation from the GI tract to the MLN and other organs readily occurs in gnotobiotic mice monoassociated with various indigenous bacteria (3). Further study has demonstrated that the abnormally high population levels of these bacteria in the ceca of monoassociated gnotobiotes (4), or antibioticdecontaminated SPF mice subsequently colonized with a certain bacterial species (1), promote their translocation from the GI tract. Since bacterial translocation occurs as readily in antibiotic-decontaminated mice as in germfree mice colonized with certain bacteria, it appears that abnormally high cecal population levels of bacteria promote their translocation rather than some attribute of germfree mice such as a thinner lamina propria or a reduced immunological response. Bacterial translocation from the GI tract also occurs in SPF mice treated orally with either penicillin, clindamycin, or metronidazole (2). Each of these antibiotics disrupts the ecology of the normal flora in the GI tract, allowing certain antibiotic-resistant enteric bacteria, such as Escherichia coli, to attain abnormally high population levels and to translocate to the MLN and other organs.

Although bacterial translocation occurs under conditions in which certain indigenous bacteria reach abnormally high population levels in the GI tract, it is not known whether this phenomenon is strictly a function of high bacterial levels in the GI tract or whether some bacterial strains can translocate even though their population levels are not abnormally high. Germfree mice were diassociated or triassociated with various species of indigenous bacteria, and the population levels in both the ceca and MLN were determined to obtain information concerning the relationship between the numbers of bacteria in the ceca and the numbers of bacteria translocating to the MLN. There was a direct relationship between the percentage of the total cecal population of a particular bacterial strain and the percentage of the total MLN population of that strain. Therefore, the cecal population level of a particular strain of indigenous bacteria determined the numbers of viable bacteria of this strain translocating to the MLN.

MATERIALS AND METHODS

Animals. Germfree and gnotobiotic outbred Swiss Crl:CD-1(ICR)BR mice (Charles River Breeding Laboratories, Inc., Wilmington, Mass.) were housed in Trexler-type vinyl isolators (Germfree Supply Division, Standard Safety Equipment Co., Palatine, Ill.). Isolators were sterilized with a 2% peracetic acid solution (FMC Corp., Buffalo, N.Y.) containing 0.1% Bio-Soft-N-300 detergent (TEA linear alkylate sulfonate, 60% active; Stepan Chemical Co., Northfield, Ill.). Mice were housed in polypropylene cages with San-i-Cel bedding (Paxton Processing Co., Inc., St. Louis, Mo.) and were fed autoclavable Purina Laboratory Chow 5010 (Ralston Purina Co., St. Louis, Mo.). The food, water, bedding, and cages were packed in a bulk sterilizing chamber (Hoeltge, Inc., Cincinnati, Ohio) and sterilized with a vacuum autoclave (American Sterilizer Co., Erie, Pa.). Sterility testing was performed by standard procedures (26).

Bacteria. E. coli C25 is a streptomycin-resistant strain originally isolated from the feces of a healthy human (8). E. coli IND, Klebsiella pneumoniae SPF9, Proteus mirabilis SPF8, Pseudomonas species 2, Staphylococcus epidermidis C64, Streptococcus faecalis SPF10, and Lactobacillus brevis SPF7 were isolated from the ceca of SPF mice. All strains except for S. faecalis SPF10 were present at cecal population levels greater than 10^8 CFU/g (wet weight) of cecal contents. Bacterial counts were determined on either MacConkey agar (Difco Laboratories, Detroit, Mich.) or blood agar base (Difco) supplemented with 5% (vol/vol) sterile defibrinated sheep blood (Edge Diagnostics, Memphis, Tenn.). All strains were grown at 37°C. Gram-negative bacteria were identified by using the API 20E system (Analytab Products, Plainview, N.Y.) (20). Gram-positive cocci were identified by standard procedures (12). L. brevis SPF7 was grown in 5% CO₂ and identified according to methods described by Holdeman et al. (11).

Association of gnotobiotic mice. Bacterial cultures were incubated overnight in brain heart infusion (BHI) (Difco) and transferred aseptically to autoclaved glass test tubes with sterile rubber stoppers. The exterior surfaces of the tubes and stoppers were sterilized with 2% peracetic acid before being transferred into the isolators. Germfree mice were associated with bacteria by inoculating their drinking water to a final bacterial concentration of approximately ¹⁰' CFU/ml and by placing cultures onto the food pellets. The water and food were replaced after 24 h. Mice were diassociated with the secondary strain, E. coli C25, after 3 weeks of monoassociation with a primary bacterial strain. Triassociated mice were inoculated simultaneously with all three strains. All bacterial strains readily colonized the GI tracts of the mice.

Testing for translocation of bacteria. Mice were sacrificed by cervical dislocation, and the cranial and caudal mesenteric lymph node, spleen, liver, kidney, and cecum were excised aseptically as previously described (3). The peritoneal cavity was swabbed before and after the removal of the mesenteric lymph nodes and cultured in BHI to detect the presence of bacteria in the peritoneal cavity and to detect contamination after excision of the mesenteric lymph node. The spleens, livers, and kidneys were each homogenized in ⁵ ml of BHI and incubated overnight. The ceca were each homogenized in 9.0 ml of BHI and serially diluted in sterile saline. The numbers of viable bacteria per gram (wet weight) of cecum were determined by spreading 0.1-ml aliquots of the appropriate dilutions onto either MacConkey or blood agar. The organ homogenates from mice associated with a grampositive strain were plated on blood agar. The MLN were homogenized in small, tapered grinding tubes (Tri-R Instruments, Inc., Rockville Centre, N.Y.) containing 0.5 ml of BHI. Aliquots of 0.1 and 0.2 ml of

Expressed as number of organs positive/number tested

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MLN homogenate each were spread onto either Mac-Conkey or blood agar plates as described above. Sterile BHI (1 ml) was then added to the remaining broth in the grinding tube containing the mesenteric lymph node homogenate and incubated at 37°C overnight. Each overnight culture of MLN, spleen, liver, or kidney homogenate was subcultured onto the appropriate agar medium to determine whether viable bacteria were present. Hypothetically, only one viable bacterium in the organ homogenate will produce a positive culture after incubation under these culturing procedures. The period of time between sacrificing a mouse and completion of the grinding and plating procedures never exceeded 15 min.

Statistical analyses. The incidences of translocation in groups of mice were compared by using the chisquare test. The two-sided Student t test was used to evaluate differences in numbers of bacteria in various organs. P values less than 0.05 were considered significant.

RESULTS

The incidences of translocation to the MLN, spleen, kidney, liver, and peritoneal cavity of mice monoassociated with a primary bacterial strain for 3 weeks and then diassociated with the E. coli C25 secondary strain for an additional week are shown in Table 1. The primary strains were cultured from 49% of the MLN, and E. coli C25 was cultured from 73% of the MLN. The incidences of translocation to the MLN of the primary strains ranged from 0% for S. faecalis SPF10 to 100% for E. coli IND, whereas the incidences of translocation of the E. coli C25 secondary strain ranged from 43 to 100% of the MLN. The primary strains did not translocate to the spleen, liver, or kidney; E. coli C25 translocated to these organs at very low incidences. The primary strains and E. coli C25 each translocated to only three of the peritoneal cavities. Thus, these bacterial strains translocated to the MLN at much higher incidences than to the spleen, liver, kidney, or peritoneal cavity.

The population levels of the primary strains in the ceca and MLN of the diassociated mice are shown in Table 2. The mean cecal population levels of each primary strain in the diassociated mice were about $10⁹$ per gram (wet weight). The cecal populations of the gram-negative strains were higher than those of the gram-positive strains. The cecal population levels of three of the four gram-negative primary strains decreased significantly after diassociation with E . coli C25 when compared with their population levels after 3 weeks of monoassociation. The cecal population of only one of the three strains of gram-positive bacteria decreased significantly after diassociation. Colonization of the monoassociated mice with E. coli C25 also decreased the population levels of the primary strains in the MLN as compared with their population levels in monoassociated mice. However, only

mice were tested for bacterial translocation from the GI tract at the end of the 4 weeks.
⁶ CFU per gram wet weight.

⁶ CFU per gram wet weight.

⁶ Values in parentheses represent differences between population leve

diassociation.

¹ Significant decrease from 1-week *E. coli* C25 monoassociation values (two-sided Student's t test, $P < 0.05$).

	% of total population							
Primary bacterial strain	Primary strain		E. coli C25 secondary strain					
	Cecum	MI N	Cecum	MLN				
E. coli IND	89	60	11	40				
K. pneumoniae SPF9	67	15	33	85				
P. mirabilis SPF8	13	8	87	92				
Pseudomonas species 2	20	8	80	92				
S. epidermidis C64	4	22	96	78				
S. faecalis SPF10	<1	0	>99	100				
L. brevis SPF7	5		95	99				
Mean	28	16	72	84				

TABLE 3. Percentage of total population of primary strain and secondary bacterial strains in the ceca and MLN of diassociated mice^a

 a Determined for the primary strain and the $E.$ coli C25 secondary strain after ³ weeks of monoassociation with the primary strain and ¹ additional week of diassociation with E. coli C25.

the population levels of K. pneumoniae SPF9 decreased significantly in the MLN of diassociated mice.

E. coli IND and K. pneumoniae SPF9 were the only primary strains predominant over E. coli C25 in the ceca (Table 3). E. coli IND also was present in the MLN at population levels greater than those of E. coli C25. However, K. pneumoniae SPF9 was not the predominant organism in the MLN. E. coli C25 was predominant in both the ceca and MLN in the five other diassociation combinations. Thus, with the exception of K . *pneumoniae* SPF9, the percentage of the total cecal population of each of the primary strains was similar to the percentage of the total MLN populations of those strains.

The finding that the numbers of a bacterial strain populating the ceca affected the numbers of these particular bacteria translocating to the MLN of diassociated gnotobiotic mice prompted further experiments to provide more evidence of a direct relationship between the cecal population levels of particular bacteria and their numbers in the MLN. Germfree mice were triassociated with three different strains of coliform bacteria, E. coli IND, K. pneumoniae SPF9, and P. mirabilis SPF10. There was very little or no translocation of any of these strains to the spleen, liver, kidney, or peritoneal cavity (Table 4). However, E. coli IND was cultured from 77% of the MLN, K. pneumoniae was cultured from 78% of the MLN, and P. mirabilis SPF8 was cultured from 55% of the MLN from these triassociated mice. These differences in the incidences of translocation were not statistically significant.

K. pneumoniae SPF9 was the predominant organism in the ceca of the triassociated mice, followed by $E.$ coli IND and then $P.$ mirabilis (Table 5). The cecal populations of these strains in monoassociated mice were compared with their cecal populations in triassociated mice to determine whether any of the strains were inhibited. K. pneumoniae SPF9 was inhibited only slightly in the ceca, whereas P. mirabilis SPF8 and E. coli IND were inhibited by an average of 1.61 and 1.43 log_{10} , respectively.

K. pneumoniae SPF9 was the predominant organism in both the ceca and the MLN of the triassociated mice (Table 5). E. coli IND was the next most populous organism in these organs. P. mirabilis SPF8 was present at the lowest numbers in both the ceca and MLN compared with the other two strains. The relative population level of each bacterial strain in the MLN therefore reflected the relative population level of that strain in the ceca of the triassociated mice.

The percentage of the total population of each bacterial strain in the cecum was compared with the percentage of the total population of each strain in the MLN (Table 6). No statistically significant differences in the percentage of the total cecal population of each primary strain compared with the percentage of the total MLN population of each primary strain were observed in 18 of the 21 sets of values. In one trial after 3 weeks of triassociation, the percentage of the total population of E . coli IND in the MLN was greater than the percentage of the total population of E. coli IND in the cecum, and the percentage of the total population of K . pneumoniae SPF9 also was greater in the cecum than in the MLN. The percentage of the total population of K. pneumoniae SPF9 in the ceca also was significantly greater than its percentage of the total population in the MLN after ⁸ weeks of triassociation. However, the average percentages in the cecum and MLN of these three strains in all seven triassociation trials were not significantly different. Thus, the percentage of the total population of each bacterial strain was similar in both the ceca and MLN for each of the strains tested.

DISCUSSION

This study demonstrates a direct relationship between the numbers of a particular bacterial strain populating the ceca of diassociated or triassociated mice and the numbers of viable bacteria of this strain translocating to the MLN. Although the cranial and caudal MLN drains both the ileum and cecum (6), previous results demonstrate that translocation of indigenous bacteria from the GI tract to the MLN is associated with high populations of these bacteria in the ceca rather than the ilea in both monoassociated gnotobiotic mice (3) and antibiotic-decontaminated SPF mice (1) colonized with certain bacteria. These indigenous bacteria do not reach population levels in the ilea as high as those in the ceca of gnotobiotic mice, and the mass of contents is greater in the cecum than in the ileum. Therefore, bacteria in the ileum may not reach the critical population levels required to promote their translocation from the GI tract.

There is no evidence available as to the route by which these indigenous bacteria cross the GI epithelial barrier. Translocation could be due to pinocytosis of bacteria by mucosal epithelial cells, to passive absorption of bacteria, or to certain properties or activities of the bacteria. Salmonella typhimurium and pathogenic E. coli readily translocate through the epithelial cells lining the GI tract (21-23). Bacteria reaching the lamina propria most likely enter the lymphatics, since the blood capillaries are reported to be impenetrable to particles the size of bacteria (21). Once through the epithelial lining of the GI tract, the indigenous bacteria apparently travel by the lymphatics to the MLN and then may disseminate to other organs.

Peyer's patches appear to concentrate certain antigens inoculated intragastrically into mice (5, 13). They also may serve as collection points for the passage of Salmonella enteritidis from the GI tract to the MLN of SPF mice (6). It is not known, however, whether indigenous bacteria also concentrate in Peyer's patches during translocation. Peyer's patches are overlaid with specialized epithelial cells, called M-cells, specifically adapted for the absorption of particulates from the GI lumen (5, 16). However, the majority of Peyer's patches are located in the small intestine, and our data indicate a relationship between cecal bacterial populations and translocation to the MLN rather than ^a relationship between ileal populations and bacterial translocation.

Morphological and immunological abnormalities of the germfree mouse might still be present after only ¹ or 3 weeks of association with these indigenous bacteria. The lamina propria of the germfree mouse is considerably thinner than that of conventional mice (10). Germfree mice also contain fewer immunoglobulin A-producing cells in their lamina propria and exhibit underdeveloped Peyer's patches compared with conventional mice (7) . E. coli, however, translocates at high rates from the GI tract to the MLN of antibiotic-decontaminated SPF mice colonized with E. coli (1). These mice exhibit a lamina propria of normal thickness and have been stimulated immunologically from birth by antigens of normal flora bacteria. Therefore, the high inci-

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Weeks of triassoci- ation ^a	Mean log_{10} cecal population ^b			Differences from log_{10} cecal population in monoassociated mice ^b		Mean MLN population ^{<i>b</i>}			Differences from MLN cecal population in monoassociated mice ^{b,d}			
	E.c.	K.p.	P.m.	E.c.	K.p.	P.m.	E.c.	K.p.	P.m.	E.c.	K.p.	P.m.
	9.60	10.04	8.94	-1.62	-0.45	-1.22	25	15	5	-32	-30	-117
	9.50	9.77	8.99	-1.72	-0.72	-1.17	49	36	31	-8	-9	-91
	9.12	9.74	8.80	-1.62	-0.73	-1.74	5	73	17	-52	$+28$	-105
	9.26	9.75	8.97	-1.48	-0.72	-1.57	42	26	20	-15	-19	-102
	9.13	9.54	8.57	ND ^e	ND	ND	32	24	20	-25	-21	-102
8	9.22	9.82	9.00	ND	ND	ND	20	28	10	-37	-17	-112
12	9.45	9.80	9.20	ND	ND	ND	46	87	15	-11	$+42$	-107
Mean	9.33	9.78	8.92	-1.61	-0.66	-1.43	31	41	17	-26	-4	-105
	± 0.19 ^c	± 0.15	±0.20	±0.14	±0.10	± 0.28	±16	±27	±8	±16	±27	±8

TABLE 5. Cecal and MLN populations of triassociated mice

^a Ten mice per experiment.

 b E.c., K.p., and P.m. denote E. coli IND, K. pneumoniae SPF9, and P. mirabilis SPF8, respectively.

 ϵ Mean \pm standard deviation.

 d Mean MLN populations after 1 and 3 weeks of monoassociation.

^e ND, Not determined.

dences of bacterial translocation in gnotobiotic mice cannot be explained solely on the basis of anatomical or immunological deficiencies, but are due to the abnormally high cecal population levels achieved by these bacteria in the absence of bacterial antagonism by other members of the normal flora.

Similar proportions of bacteria in both the ceca and MLN of gnotobiotic mice imply that the different bacterial strains translocate at similar rates and have comparable survival rates in the MLN. Although there may be ^a common mechanism whereby different bacteria translocate, it is unlikely that these bacteria would be equally resistant to the defense mechanisms of the host. The absence of viable cells of S. faecalis SPF10 in the MLN of both monoassociated and diassociated mice suggests that this strain does not translocate in high numbers to the MLN, since it would be expected to survive host defenses at least as well as the other grampositive bacteria tested. Current studies on the survival rates of different strains of translocating bacteria in the MLN should provide information indicating whether the presence of viable bacteria in the MLN is ^a reflection of their survival in the MLN.

Various studies demonstrate that overgrowth of the intestines by certain bacteria promotes their translocation from the GI tract to other organs. Van der Waaij et al. (25) reported bacterial translocation to the MLN of antibioticdecontaminated mice subsequently colonized with certain bacteria. We also have found that indigenous bacteria readily translocate from the GI tracts of antibiotic-decontaminated mice subsequently colonized with indigenous bacteria and from the GI tracts of gnotobiotic mice monoassociated with these bacteria (1, 4). Bacterial translocation from the GI tract also occurs in SPF mice treated orally with penicillin, clindamycin, or metronidazole (2). Thus, disruption of the ecology of the normal bacterial flora in the GI tract allows certain enteric bacteria to attain abnormally high population levels and to translocate to the MLN and other organs. Bacterial

Weeks of triassoci- ation	E. coli IND		K. pneumoniae SPF9		P. mirabilis SPF8	
	Cecum	MLN	Cecum	MLN	Cecum	MLN
	26	34	68	56		10
	32	24	58	66	10	
			70	55		23
		516	66 ^c	39		10
	28	20	63	01		20
	18	41	71°	44		
	28	31	65	55		10
Mean		32	66	34	10	

TABLE 6. Percentage of total population of bacterial strains in the ceca and MLN of triassociated mice

^a Ten mice were tested per experiment.

^b Significantly greater percentage in MLN versus cecum (two-sided Student's t test, $P < 0.05$).

^c Significantly greater percentage in cecum versus MLN (two-sided Student's t test, $P < 0.05$).

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translocation is an important first step in the pathogenesis of opportunistic infections caused by certain members of the normal GI flora. Many of the bacterial species found to translocate from the GI tracts of the gnotobiotic mice in this study are often the etiological agents of these infections. The results presented here indicate that the extent of translocation of certain indigenous bacteria is directly related to their population levels in the GI tract.

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