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ACUTE KIDNEY INJURY AFTER CARDIOVASCULAR SURGERY: AN OVERVIEW

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Abstract

Acute kidney injury is a complication of open-heart surgery that carries a poor prognosis. Studies have shown that post-operative renal function deterioration in cardiovascular surgery patients increases in-hospital mortality and adversely affects long-term survival. Identifying individuals at risk for developing AKI and aggressive early intervention is extremely important to optimize outcomes. This paper provides an overview of the etiology, prognostic markers, risk factors, and prevention of AKI and treatments that may favorably affect outcomes.

Introduction

The development of acute kidney injury (AKI) after cardiovascular surgery (CVS) has been well recognized in the past¹ and is implicated as a contributing factor in the elevated mortality and poor outcomes of these patients.²⁻⁴ AKI following major CVS has a complex and multifactorial etiology. Despite advances in its management, AKI continues to contribute to the poor short- and long-term outcomes of CVS. The identification of high-risk individuals, development of protective maneuvers, and use of markers of early kidney injury are important in the early detection and proper treatment of this serious complication.

Definition of AKI after CVS

The definition of AKI after CVS differs in published studies; some describe it as a percent of increment from baseline creatinine, while others call it a doubling of the preoperative creatinine. As a

rule, this syndrome is characterized by a deterioration of kidney function over a period of hours or days following surgery, with symptoms including oliguria (urine output less than 400 ml/day, which usually results in volume overload), paralleling elevations of serum blood urea nitrogen (BUN) and creatinine (Cr), and the development of serious electrolyte and acid-base disorders.

Recently, the Kidney Disease Improving Global Outcomes (KDIGO) developed a staging classification of AKI that includes three stages based on elevation of serum creatinine from baseline and urinary output (Figure 1). The hope is that this system will be universally adopted to enable future understanding of the incidence, outcomes, and effectiveness of therapeutic interventions for AKI.

The proper clinical differentiation between pre-renal, intrinsic-renal, and post-renal causes of AKI remains a useful approach to this problem (Table 1). Frequently the history (vomiting, diarrhea,

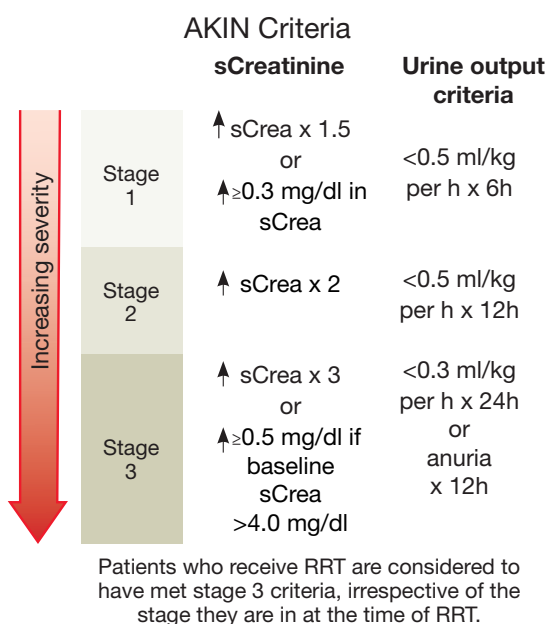


Figure 1. The KDIGO staging classification of AKI.

	Pre-Renal	Intrinsic Renal	Post-Renal
Urinalysis	Normal	Proteinuria/ Casts	WBC/RBC
Fractional Sodium Excretion FeNa: U/P Na ÷ U/P Creat	<1%	>1%	Acute <1% Cronic >1%
Fractional Uric Acid Excretion FeUA U/P U.A. ÷ U/P Creat	<10%	>10%	Variable
Fractional Urea Excretion U/P BUN ÷ U/P Creat	<35%	>35%	Variable
Urine Osmolality (mOsm/Kg)	>600	~300	Variable

Table 1. Urinary findings in AKI.

Creatinine		BUN	
Elevated ↑	Low ↓	Elevated	Low
Muscle Mass	Muscle Mass	Hypercatabolism	Liver Disease
Muscle Injury (rhabdomyolysis)		Volume Depletion	Starvation
Drugs: Cefoxitin		Steroids	
Cimetidine		CHF	
TMP-SMZ		Hydroxyurea	
Supplements: Creatine		Tissue Necrosis (gangrene)	
		Intraperitoneal Urine	
		Extravasation	

Table 2. Extra-renal causes that affect creatinine and BUN levels.

aggressive diuresis, exposure to nephrotoxin, cardiovascular collapse, complicated pelvic surgery, symptoms of prostatism) and physical examination (features of volume depletion, hypotension, bladder distention) provide important clues to help classify cases into pre-renal, intrinsic-renal, or post-renal categories. However, the history and physical examination are often inconclusive, and laboratory tests are necessary to better differentiate the problem.

Urinary tests need to be obtained before diuretics are given since, except for fractional excretion (FE) uric acid and FE urea, these tests would be equivocal due to diuretic-induced natriuresis and dissipation of medullary tonicity, thus falsely affecting fractional sodium excretion (FENa) and urine osmolality. Although BUN and serum Cr continue to be “the” markers of kidney function, their levels can be affected by several extra-renal factors. Moreover, their elevation is an indication that AKI had occurred earlier (Table 2).

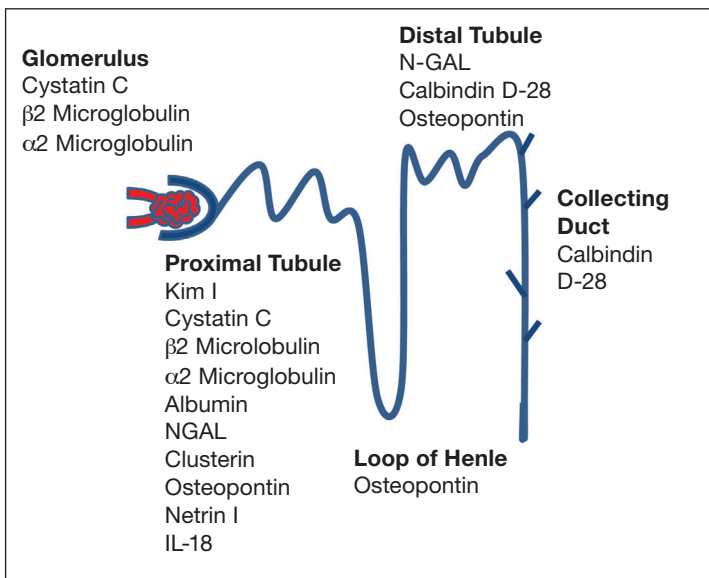


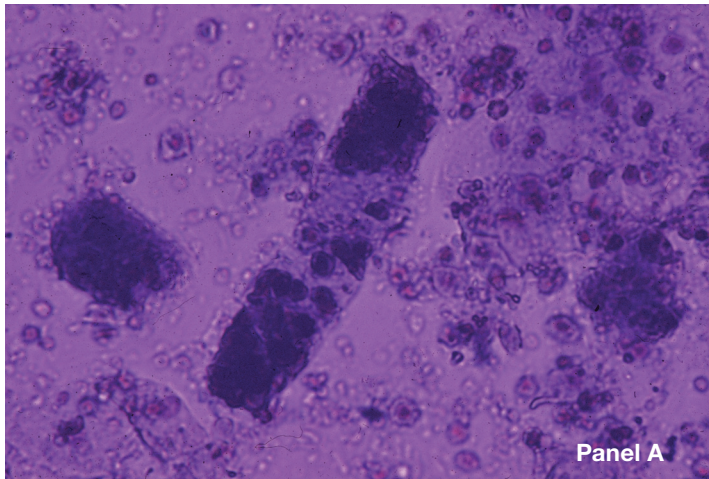
Figure 2. Biomarkers of AKI.¹³

Minor elevation of serum creatinine after CVS is a poor prognostic marker.² Lately, the use of urinary neutrophil gelatinase-associated lipocalin (NGAL) has been shown to be an early predictor of severity, duration of AKI, length of hospitalization, dialysis requirement, and mortality.⁵⁻⁷ Another marker of rapid and early detection of AKI is the Kim-1 dipstick, which provides important clinical information.⁸ Serum cystatin C appears to be better than urinary cystatin C at predicting AKI and providing prognostic information.⁹ However, there are factors other than glomerular filtration rate (GFR) that can affect this marker, such as inflammation, age, gender, and race.¹⁰ Together, urine IL-18, urine NGAL, and plasma NGAL were shown to significantly improve risk prediction and poor outcomes among patients undergoing cardiac surgery.¹¹ Likewise, preoperative proteinuria appears to be an accurate predictor of AKI among adults after coronary artery bypass surgery.¹²

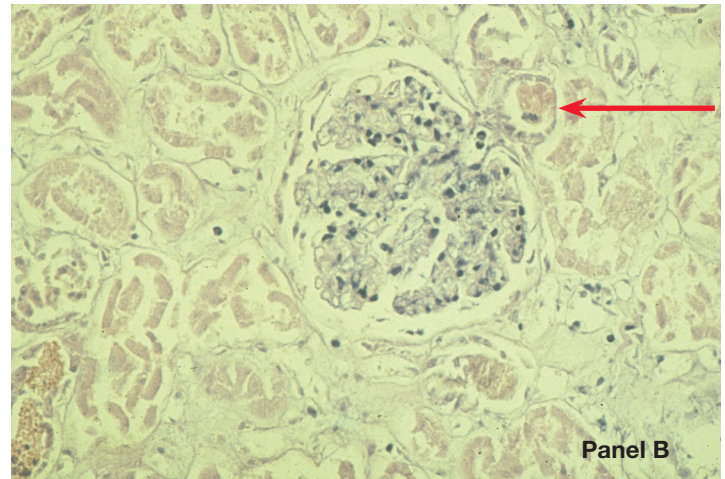
There have been several biomarkers of AKI identified according to the site of injury at the nephron (Figure 2).¹³ Hopefully in the future, a simple test simultaneously measuring some of these markers may become available for clinical use.

Despite advances in technology, a critical review of the urine sediment, preferably by the physician, continues to be an inexpensive, noninvasive, and dependable diagnostic tool (Figure 3).

Volume depletion (pre-renal) and obstruction (post-renal) can contribute to AKI if not recognized and properly corrected. However, AKI following CVS is mostly secondary to renal ischemia resulting from heart failure, cardiovascular collapse, interruption of renal circulation, vasopressors, and “post-pump syndrome” — with complement activation leading to mesangioproliferative changes that together result in decreased glomerular filtration. At times, AKI could result from intraoperative dye exposure or as a consequence of an atheroembolic renal insult, particularly following aortic aneurysm repair. Other contributing factors include pigment-induced tubular injury such as hemoglobinuria, a consequence of hemolysis and multiple transfusions, and myoglobinuria, which results from ischemic muscle injury (rhabdomyolysis). Of note is that both situations will show strongly positive occult blood in the urine dipstick without appreciable hematuria. Lactate



Urine Sediment with Sedi-Stain™ showing epithelial cellular inclusion cast.



Kidney biopsy showing tubular necrosis with epithelial tubular cell detachment entrapped by Tamm-Horsfall protein before being in the urine.

Figure 3 A and B. Critical review of urine sediment.¹⁴

dehydrogenase levels and total creatine phosphokinase would differentiate hemoglobinuria from myoglobinuria. Alternatively, gel acrylic urine electrophoresis would establish a more accurate diagnosis. Advanced age, hyperbilirubinemia, sepsis, and the use of angiotensin converting enzyme inhibitors (ACE-I), angiotensin receptor blockers (ARB), nonsteroidal anti-inflammatory drugs (NSAIDs), or radio-contrast dye immediately before surgery can predispose to AKI following CVS. However, the most predictable risk factor by far for AKI appears to be pre-existing CKD.

Pathogenesis of AKI after CVS

AKI develops under different clinical scenarios, and this complicates the understanding of the pathophysiology both clinically and experimentally. Age, race, gender, comorbid conditions, medication intake, type of surgery, duration of surgery, and certainly pre-existing CKD are all important variants to consider. The Cleveland Clinic has developed a score card to predict AKI after CVS (Table 3).¹⁵

Renal ischemia results in decreased GFR by a complex mechanism stemming from reduction in renal blood flow; this leads to vasoconstriction, which in turn leads to endothelial cell swelling that can be patchy and temporal. Other findings include thickening and fibrosis of the adventitia of interlobular arteries and afferent arterioles. Vasoconstrictive humoral factors such as increased intrarenal renin activity, increased production of adenosine, thromboxanes, and endothelin have also been implicated in the genesis of AKI. Increased sensitivity to the adrenergic system could also play a role in the diminished GFR.

Disrupting the integrity of the ischemic tubules has been shown to result in back leak of the glomerular filtrate into the interstitium. The more severe the ischemic insult, the worse the back leak. This leads to interstitial edema that impairs arterial microcirculation due to external interstitial pressure buildup, resulting in diminished filtration, severe oliguria, and anuria. Tubular obstruction from desquamated proximal tubule microvilli and cellular debris (resulting from ischemic damage) mixed with

Risk Score for Acute Renal Failure after Cardiac Surgery

ARF Score Risk Factor	Points	Risk for Dialysis Dependent ARF Score	Risk
Female Gender	1	0-2	0.4%
LV Ejection Fraction <35%	1	3-5	1.8%
Preoperative use of IABP	2	6-8	9.5%
COPD	1	9-13	21.3%
Insulin-required diabetes	1	Based on review of 33,217 cases of open-heart surgery at Cleveland Clinic from 1993-2002.	
Previous Cardiac Surgery	1		
Emergency Surgery	2		
Valve Surgery Only	1		
CABG + Valve Surgery	2		
Other Cardiac Surgery	2		
Preoperative Creatinine 1.2-2.1 mg/dL	2		
Preoperative Creatinine >2.1 mg/dL	5		

Table 3. Cleveland Clinic risk score for predicting AKI.¹⁵

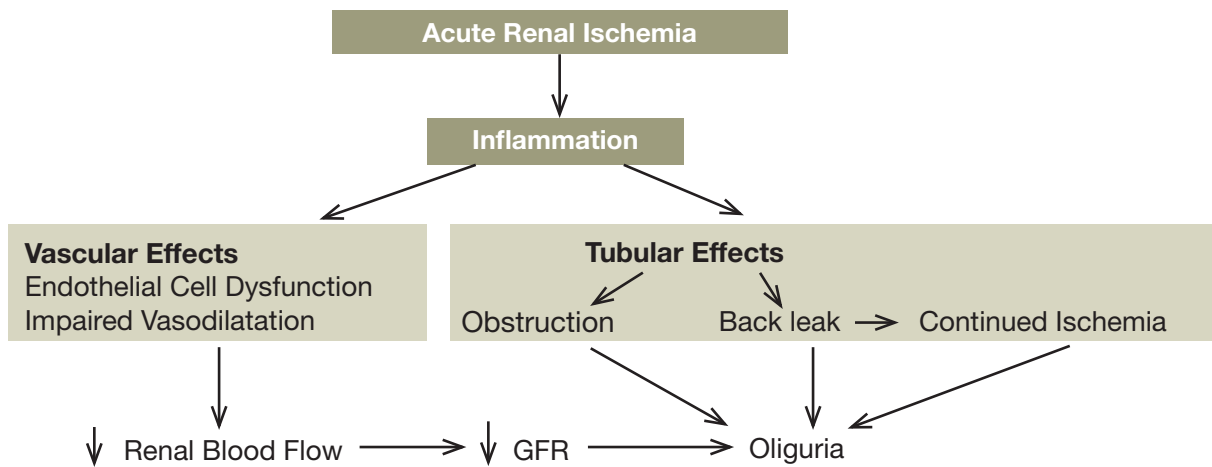


Figure 4. Causes of oliguria.

Tamm-Horsfall protein casts also contribute to oliguria (Figure 4).

Strategies to promote renal recovery remain limited; however, studies using growth factors are underway and may be promising for future use. Epidermal growth factor (EGF) is capable of stimulating proliferation of epithelial cells. In experimental models of ischemic AKI, EGF shortened recovery time. However, EGF has been implicated in the development of human cancers including renal cell carcinoma, thus limiting its use.¹⁶ Insulin-like growth factor 1 (IGF-1) initially was considered a good therapeutic choice to enhance renal recovery based on its beneficial effects in experimental models of AKI. However, human trials have failed to demonstrate a beneficial effect.¹⁷ Thyroxine had beneficial effects in ischemic and toxic animal experimental models of AKI, but they too have not been supported in human trials.¹⁸ Hepatocyte growth factor (HGF), initially identified as a mitogenic factor for hepatocytes, was subsequently found to have nonspecific cellular proliferative effects including oncogenic cells, thus limiting its use in clinical trials.¹⁹ Bone morphogenic protein 7 (BMP-7) has been shown to be essential for kidney, skeletal, and ocular development. Renal ischemia reduces BMP-7, and exogenous administration of BMP-7 in experimental renal ischemia attenuates the severity of the injury histologically and chemically.²⁰ As such, BMP-7 remains a promising pharmacologic strategy once the mechanism for its beneficial effect is fully elucidated.

Risk Factors for AKI after CVS

In general, it is agreed that pre-existing CKD, advanced age, diabetes mellitus, congestive heart failure, generalized atherosclerosis, cardiovascular collapse, and dye exposure immediately followed by surgery are all risk factors for AKI after CVS and warrant the need for preoperative nephrology consultation.²¹⁻²⁴ Studies have shown that race may affect mortality with AKI after CVS, indicating better survival in African American versus white patients.²⁵ Female gender appears to have an increased incidence of AKI after open-heart surgery.²⁶ Lower serum ferritin levels (<130 mg/dL) appear to be associated with AKI due to the inability to bind free iron (a potent oxidative stress inducer) generated during cardiopulmonary bypass-induced hemolysis.²⁷

Prevention of Post-CVS AKI

AKI is a complex process involving apoptosis and necrosis of injured tubular cells with simultaneous repair and proliferation of the surviving tubular cells. In addition to general maneuvers

designed to optimize the patient's overall condition, such as discontinuation of potentially detrimental drugs at least 48 hours prior to surgery (including ACE-Is, ARBs, NSAIDs, metformin, diuretics, when possible) and achieving normovolemia, there have been many different attempts to prevent AKI after CVS. Observational studies using calcium channel blockers such as nifedipine,²⁸ diltiazem,²⁹ and nicardipine³⁰ showed beneficial effects, but their use never qualified as accepted standards of care. A meta-analysis of 16 randomized studies showed beneficial effects using Fenoldopam, which appears to reduce the need for dialysis and mortality in critically ill patients with or at risk of AKI.³¹ Mannitol and dopamine failed to protect against AKI during thoracic aortic cross-clamping.³² Likewise, dopamine and furosemide were shown to lack renoprotective effects during cardiac surgery.³³ The use of atrial natriuretic peptide in AKI also failed to show beneficial renoprotective effects.³⁴ Low-dose dopamine has been found to have negative results.³⁵ However, at times dopamine can help to initiate diuresis when a loop diuretic alone is insufficient. Although ACE-I/ARB therapy should be avoided in most cases, the use of intravenous enalaprilat³⁶ has improved kidney performance in patients who have undergone coronary artery bypass complicated by left ventricular dysfunction. Intravenous pentoxifylline in elderly patients showed a prophylactic beneficial effect on postoperative organ function, but more studies are needed to assess its efficacy;³⁷ moreover, this compound is not available in the United States. The use of automatic pulsatile intra-aortic balloon pumps during cardiopulmonary bypass has been associated with better kidney function.³⁸ Off-pump coronary artery bypass may be associated with a lower incidence of postoperative AKI but did not affect the need for dialysis.^{39, 40} In a randomized, single-blind, controlled pilot trial of 120 adult patients undergoing cardiopulmonary bypass, remote ischemic preconditioning resulted in a 27% absolute risk reduction of AKI.⁴¹

Treatment of AKI after CVS

There are different degrees of AKI, but the term "kidney failure" implies the need for renal replacement therapy. There is no agreement in terms of timing for initiating dialysis, duration, and modality of conventional hemodialysis (HD) versus continuous venovenous hemodialysis (CVVHD).⁴² However, there are standards of care that mandate the initiation of dialysis in severe refractory acidemia (pH <7.2) or persistent intractable alkalemia

(pH >7.6), hyponatremia (sodium <125 mEq/L), hyperkalemia (potassium >6 mEq/L), complicating oliguria, severe azotemia (BUN >100 mg/dL), rapidly progressive azotemia (BUN >20 mg/dL daily increment), as well as intractable fluid overload. The latter appears to be a poor prognostic factor frequently associated with hypoalbuminemia, a marker of inflammatory response.⁴³ Although CVVHD may be superior to HD in the hemodynamically unstable patient and in the removal of cytokines (Interleukin-1, Interleukin-6, tumor necrosis factor- α), there is no evidence that one modality of dialytic therapy improves outcomes over the other; ultimately, the proper modality of dialysis becomes an individual decision based on the clinical situation.^{44, 45} It is possible that there is a selection bias whereby critically ill individuals are assigned to CVVHD compared to those more stable undergoing conventional HD, making it difficult to assess the advantages of one treatment modality over the other. Frequently, patients are started on CVVHD and are converted to HD once their condition is more stable to allow early mobilization, which is an important part of their treatment. Multisystem organ failure often complicates cases of CVS and worsens the prognosis by increasing mortality.⁴⁶ Regrettably, acute renal failure continues to be listed as cause of death when in reality these patients are dying from combined cardiac, hepatic, pulmonary, and renal failure often complicated by bleeding and sepsis. In general, the mortality of AKI varies according to the patient population studied, ranging from 10% in those with uncomplicated AKI to 80% in those with multiple organ and system failure.^{47, 48}

Summary

AKI continues to complicate CVS and is an important contributor of short- and long-term mortality. Elderly patients (above age 65) with underlying CKD preoperatively may never regain kidney function following AKI and may require lifetime renal replacement therapy. Identifying at-risk individuals and proactive early intervention to optimize outcomes is extremely important. If AKI develops, proper daily modification of medication dosing and avoidance of potentially nephrotoxic agents is mandatory. Likewise, restoration of hemodynamics using inotropic and vasopressor agents as well as intra-aortic balloon when indicated should help minimize the extent of AKI. Cautious volume replacement or the use of loop diuretics can be used depending on the clinical setting. Early termination of ventilator support as well as sepsis prevention (i.e., removing unnecessary lines, aggressive wound care) can favorably impact the course of AKI. Proper nutrition to promote tissue repair and to secure immunocompetence is also an important part of the overall treatment. Finally, timely initiation of HD or CVVHD to simultaneously correct fluid overload and metabolic disarray should be initiated as the clinical setting dictates.

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