

NIH Public Access

Author Manuscript

Curr Opin Pharmacol. Author manuscript; available in PMC 2012 November 02.

Published in final edited form as:

Curr Opin Pharmacol. 2011 February ; 11(1): 3–10. doi:10.1016/j.coph.2011.02.008.

Human Serotonin Transporter Gene (SLC6A4) Variants: Their Contributions to Understanding Pharmacogenomic and Other Functional G x G and G x E Differences in Health and Disease

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Abstract

Recent major findings from studies of *SLC6A4* and its corresponding protein, the serotonin (5-HT) transporter (SERT) in humans, rodents and non-human primates indicate that combinations of *SLC6A4* non-coding 5', 3' UTRs and intronic regions plus coding variants acting together can change 5HT transport as much as 40-fold *in vitro*. *In vivo*, *SLC6A4* variants in humans and other species lead to marked physiological changes, despite mitigating neurodevelopmental adaptations in 5-HT receptors plus compensatory alterations in 5-HT synthesis and metabolism. Polymorphisms in *SLC6A4* are associated with differences in emotional, endocrine, and personality characteristics as well as many diseases. This gene, in combinations with gene x gene (G x G) and gene x environment (G x E) interactions nonetheless remains incompletely understood, with some association findings remaining controversial. Considering its primary importance in the regulation and function of the entire serotonergic system (as evidenced by the consequences of SERT-mediated reuptake inhibition by SRIs like fluoxetine in humans and of genetically-engineered changes in mice and rats), it seems likely that *SLC6A4* and SERT will remain areas of high interest in our field's attempts to better understand and treat 5-HT-related disorders.

Introduction: Identified Variants in SLC6A4

This brief review of an extensive research area (>3000 publications in the time since the first human *SLC6A4* polymorphism was reported to be associated with a distinct phenotype [1]) focuses on the most recent reports that have taken into account both this first *SLC6A4* polymorphism, the serotonin (5-HT) transporter - linked 5' promoter region (5HTTLPR) variant [1] and also other more recently-described functional variants present likewise in the 5' region of *SLC6A4* (i.e., rs25531, rs25532) plus an intronic variant (Stin2), and several exonic, rare coding region variants (SERT I425V, I425L and G56A) as well as 3' *SLC6A4* variants not yet as well-studied clinically, as depicted in figure 1A–D [2–5].

Human *SLC6A4* maps to chromosome 17q11.2 and is composed of 14 exons spanning 40 kb (Fig. 1A). The sequence of the transcript predicts a protein comprised of 630 amino acids with 12 transmembrane domains. Alternative promoters, differential splicing involving exons 1A, B, and C, and 3'-untranslated-region (UTR) variability and other SNPs result in multiple mRNA species that regulate gene expression in humans and other species and in

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cultured cell lines [2–6]. The 5HTTLPR, rs25531 and rs25532 in combination comprise multiple alleles, each with differing effects on gene expression [2]. Ethnicity differences in the proportions of these variants exist across world populations, such that there is a 5HTTLPR 40% difference in Caucasians vs. some Asian groups for the 5HTTLPR S allele and for rs25531 a minor allele frequency of 9–15% in Caucasians and 24% in African-Americans [2, 7] (Figure 2). Several of the less common SLC6A4 coding SNPs are associated with behavioral phenotypes or disorders, including obsessive-compulsive disorder (SERT I425V is "OCD 1" in OMIM) and autism [2, 5, 7].

The 5['] promoter region variants of *SLC6A4* affect the expression of SERT, as reflected in reporter gene assays and in numbers of binding sites for radiolabeled SERT ligands measured in lymphoblast and post-mortem brain preparations, consequently affecting the transport of ³H-5-HT in these tissues (as well as in platelets) and altering extracellular 5HT concentrations as evidenced by directly-measured, chronoamperometric assays [1, 7–9]. In addition, a recent review of positron emission tomographic studies in living human brain caudate, putamen and midbrain of SERT binding potentials correlated well with *SLC6A4* genotypes when ¹⁴C-DASB was used as the ligand, whereas earlier-studied ligands such as ¹²³β-CIT did not [10]. In addition, missense mutations such as SERT I425V and G56A were found to not only produce a gain-of-function as measured by increased ³H 5HT-uptake but, in the case of I425V, also altered the regulation of SERT as measured by responses to nitric oxide synthase precursors plus cyclic GMP and P38 mitogen-activated protein kinase [5, 11].

The *SLC6A4* intron 2 (STin2) polymorphic region consists of three alleles: Stin2.9; Stin2.10 and Stin2.12. This variable member of tandem repeats (VNTR) polymorphism yields enhanced expression proportionate to the number of repeat copies of the 16/17 base pair element (12 > 10 > 9), as determined in embryonic brain and stem cell preparations and in human JAR cells [3]. The alleles of Stin 2 respond differentially to the transcription factors YB-1 and CTCF, which in turn, can be modulated by lithium chloride, an agent useful in the treatment of bipolar affective disorder [3, 12].

Contrary to an extensive and constantly growing literature on the 5HTTLPR and Stin2 variants, clinical genetic research focusing on *SLC6A43'* UTR variants is sparse. *SLC6A4* 3'-UTR variants play important roles in mRNA translation, localization and stability. Thus, mutations in the 3'-UTR can affect the termination codon, polyadenylation (polyA) signals, the ratio of multiple polyA signal usage, as well as the secondary structure of the 3'-UTR mRNA, highlighting the multiple ways that polymorphisms in this region may cause a deregulated translational control and thereby disease [12]. The *SLC6A43'*-UTR contains two polyA sites, located at 567 bp and 690 bp downstream of the stop codon. These two sites are also present in mice, with a high degree of sequence similarity, suggesting that both sites have important, evolutionarily-conserved functions. The more distal of the polyA signals contains a common SNP (rs3813034) that alters the balance of the two polyA forms of SERT such that the T>G allele of rs3813034 leads to an increase of the distal polyA signal [12, 13].

In a recent report, SERT expression was shown to be modulated by 3'-UTR microRNAs, with miR-16 found to be a posttranscriptional regulator of SERT levels. Over-expression of miR-16 reduced SERT expression, determined by [¹²⁵I]-RTI-55 and [³H]-paroxetine binding site changes in a differentiated serotonergic cell line [6]. Correspondingly, miR-16 reductions induced SERT expression. This study showed that fluoxetine reduces SERT via increasing miR-16 in serotonergic neurons, and turns on a serotonergic phenotype in noradrenergic neurons indirectly (via S100β), establishing this microRNA as a central

As these multiple *SLC6A4* variants appear to have additive or other combinatorial consequences, as suggested by studies *in vitro* such as those employing transfected cell lines using luciferase and other reporter genes [7, 12, 13] (Figure 1D), this review emphasizes considerations of studies that have examined the *SLC6A4* 5HTLPR alleles (L, S) and genotypes (LL, LS and SS) in combination with the rs25531 and rs25532 *SLC6A4* variants in the 5HTTLPR accomplished in ~30 recent published reports as of February 2011 [7, 12, 13]. As most of these reports can be grouped into three categories, this review considers their contributions thusly: (A) *SLC6A4* variants associated with pharmacogenomic consequences; (B) *SLC6A4* variants associated with disease/disorder status and pharmacological interventions and (C) *SLC6A4* variants associated with gene x environment interactions in relation to physiological, emotional or disorder status, with pharmacological implications.

A. Pharmacogenomic Studies of SLC6A4 Variants

Antidepressant and Anti-Anxiety Disorder 5-HT Reuptake Inhibitors (SRIs)— As the first primary action of the SRIs (e.g., fluoxetine, citalopram) depends upon their binding to SERT and thus reuptake inhibition, the evident, simplest hypothesis regarding the importance of *SLC6A4* functional variants is that variants leading to greater SERT expression would be expected to be associated with enhanced responsivity to SRIs, given adequate SRI drug dosage. This hypothesis has been evaluated principally regarding SRI's efficacy in depression in an increasing number of studies employing large patient groups, as well as meta-analyses and standardized reviews of this question. It has also been evaluated in a smaller number of studies of the efficacy of SRIs in anxiety disorders such as obsessivecompulsive disorder (OCD) plus several other disorders.

Among recent reviews and meta-analyses of the relationship between *SLC6A4* regulatory region variants and antidepressant responses, the largest systematic review surveyed 24 studies. When three studies were omitted because of endpoints besides response within 12 weeks, the greater-expressing L allele or LL genotype was associated with a significantly greater response in 12 studies and the S allele or SS genotype in 3 studies, with no difference found in 6 studies, leading to a pooled odds ratio favoring the L/LL variant of 2.57 [14]. The authors re-tabulated the study results after dividing them into 13 studies in Caucasians and 11 studies in Asian populations, noting an ethnicity-based difference in the occurrence of the S allele (42% in Caucasians, 79% in Asians) and that, as in prior studies, equivocal association with antidepressant responses to SRIs were found in Asians unlike the positive results in Caucasians [14].

Recent meta-analyses of SLC6A4 variants associated with SRI antidepressant responses have found varying results. Significant association was found between *SLC6A4* variants with antidepressant remission', in which individuals with the SS genotype had lower rates of full recovery, as evidenced by post-treatment subclinical depression rating levels [15]. Partial response as indicated by reduced depression ratings alone was not associated with *SLC6A4* variants. Substantial evidence of heterogeneity complicated the antidepressant response' analyses. This included an effect of gender and of diagnostic groupings (specifically an inclusion of bipolar subjects in some studies). In other studies, depressed patients with bipolar diagnoses or underlying bipolar proclivities that had S allele or SS genotypes failed to have antidepressant responses or had to stop SRI treatment because of the development of hypomanic or full-blown manic episodes, as exemplified in a recent meta-analysis [16].

Of the >30 studies that examined possible relationships between antidepressant responses to SRIs and SLC6A4 variants, only a few have examined combinatorial relationships among the four common variants (5HTTLPR, rs25531, rs25532, Stin2). In a series of overlapping studies from the "Star*D" cohort of 1347 to 1494 MDD patients evaluated for "remission" (depression ratings of 5 on the QIDS scale [self- or observer-rated) and genotyped for both 5HTTLPR and rs25531 SLC6A4 variants, two of four studies reported a significant association with L/LL variants [17]. One of two positive studies found an association with 5HTTLPR variants only in non-Hispanic Caucasians (and not in African-Americans) [17]. It should be noted that one of the four studies did not evaluate the "non-Hispanic" Caucasian distinction [17], and one of the studies found that the triallelic (5HTTLPR plus rs25531) combination analysis was associated with citalopram-related adverse side effects (those with the LA genotype had fewer side effects) [16, 18], especially treatment- emergent diarrhea which in combination with other side effects led to SRI intolerance [16, 18]. Subjects who were rated as intolerant or probably intolerant were not included in the non-remission group [19], one obvious interpretation is that the association conclusions may be biased since dropouts do not receive adequate courses of therapy [18].

One additional Star*D-based study evaluated 5HTTLPR plus Stin2, identifying a positive association between these variants (more 5HTTLPR LL subjects were responders, with an OR of 1.37) in 1074 non-Hispanic Caucasian participants [19]. In this study the approximate percentages of the 5HTTLPR L, Stin2 and the rs25531 A allele were 58, 60 and 93%, respectively, and only the individuals who had the 5HTTLPR LL or the Stin2 12/12 genotype were significantly and positively associated with remission during citalopram treatment. This odds ratio of 1.39 for patients with the HTTLPR LL genotype being associated with remission (observed previously [17]) is in agreement with the odds ratio of 1.37 found in the systematic analytical review discussed above [14]. Of special interest in these pharcogenomic studies are OCD spectrum disorders as prime examples of conditions with exceptional serotonergic interest since specific functional variants have been found to be associated with these disorders in multiple studies. This may be relevant to the fact that SRIs are the only drug group found in replicated studies to be therapeutically useful in OCD, an anxiety disorder that does not respond to other anxiolytic or antidepressant agents such as the tricyclic antidepressants [2, 7].

Of note, it is possible that relatively mild 5-HT syndrome occurrence may contribute to early discontinuation of SRIs and side effects during SRI treatment that are strongly associated with the SS genotype and S allele of the SERT variant [18]. One example among from several studies illustrates this phenomenon. Adverse effects and treatment discontinuation in depressed patients following paroxetine discontinuation were highly related to the SLC6A4 5HTTLPR genotype [20]. Of relevance, the behavioral and physiological serotonin syndrome was initially characterized in rodents given pro-serotonergic agents and subsequently in humans as a consequence of toxic reactions to monoamine oxidase inhibitor (MAOI)-SRI drug interactions, including mild to severe cases of the serotonin syndrome [19]. This conclusion has been partly based on moderate correlations between amounts of drug ingested in suicide attempts relative to outcomes. Genetic vulnerability akin to that observed in humans with the lower-expressing SS SLC6A4 genotype has its parallel in the exaggerated serotonin syndrome following administration of pro-serotonergic agents such as MAOI's, 5-HTP and tramadol in Slc6a4 +/- and Slc6a4 -/- serotonin transporter deficient mice with a targeted disruption of SERT [21]. This model provides implications for similar SRI side effects in humans with polymorphisms that reduce SERT gene function [20, 21]. Of interest, 5-HTP is promulgated on more than 100 Internet sites and sold over-the-counter as a dietary supplement and as having antidepressant effects and as like prolonging the actions of illicit drugs of abuse such as MDMA. A major question deserving of further study is whether therapeutic effects of SRIs that are related to SRI intolerance might be mitigated

by co-administration of 5-HT₃ or 5-HT₄ receptor antagonists with targeted effects on the gut irritable bowel syndrome (IBS)-like symptoms produced by SRIs that appear to be a major factor in SRI intolerance and that limit treatment efficacy with SRIs [22].

B. *SLC6A4* Associations with Neuropsychiatric and Other Medical Disorders: *SLC6A4* and its Variants as Biomarkers with Possible Etiologic Contributions and with Pharmacological Treatment Implications

The ubiquity of 5-HT's neuronal as well as non-neuronal functions has served to stimulate many studies of the 5-HT systems' genetic components, from the 13-plus 5-HT receptor genes to its synthesis and metabolic pathway genes and especially *SLC6A4*. In this brief review, it is only possible to note some of the disorders which have been most thoroughly investigated in larger subject number studies, systematic reviews, meta-analyses or some recent instances of findings of special interest in regard to treatment and side effects with SRIs and 5-HT receptor agonists and antagonists.

The bulk of available data regarding SLC6A4 are limited to the first-discovered variant, 5HTTLPR, without its modifying SNPs (rs25531, rs25532) or other SERT variants. However, a few studies in the last decade have extended evaluations to SLC6A4 variant combinations encompassing the additional 5' variants plus Stin2 or multiple SNPs (in some studies, tag SNPs only) across the gene, with haplotype analyses. Meta-analyses of SLC6A4 variants have found associations with specific 5HTTLPR alleles in several neuropsychiatric disorders: (a) bipolar affective disorder (5HTTLPR, S allele) [23]; (b) autism (5HTTLPR, S allele, in U.S. families only) with a parent of origin effect noted [24]; (c) alcohol and other drug dependencies (5HTTLPR, S allele); (d) schizophrenia (Stin2) (~12 studies, >2000 cases and >2000 controls) [25]; (e) depression, anxiety and related traits in ~ 1000 cases + ~1000 controls [26]; (f) obsessive-compulsive disorder (5HTTLPR L allele in family-based and case-control studies involving children and Caucasian samples, some including rs25531 and rs25532 and haplotype analyses) [27]; and (g) ADHD (5HTTLPR L allele only, not Stin2 or rs3813034) in a meta-analysis of 20 studies [28] although other studies found positive associations for ADHD only in males or only in combination with early life stress. Other disorders reported to show associations with SLC6A4 alleles or genotypes include the sudden infant death syndrome (SIDS); migraine in European (not Asian) females; musculoskeletal disorders; myocardial infarction (5HTTLPR S allele protective in delaying age of onset) and the LL genotype associated with a greater risk for myocardial infarction in additional studies (OR = 1.4, N > 600); adverse events after coronary artery bypass graft surgery, in combination with depressive symptoms (5HTTLPR L allele) [29]. Mechanisms involved to explain the cardiovascular associations include excess 5-HT accumulation in platelets related to greater SERT expression due to the L allele and hence enhanced releasability of 5-HT, as well as direct effects of 5-HT on vascular proliferation [30].

It is no surprise to find that anxiety and depression-related personality traits and affective disorders [13, 29], IBS-like features [22, 31], the serotonin syndrome [21], some sleep and thermoregulatory disorders, pulmonary hypertension and chronic obstructive pulmonary disease (5HTTLPR L allele frequently implicated in positive studies, but a recent large study was negative and another one was only positive in demonstrating an interaction between *SLC6A4* and *BMP2*, the bone morphogenetic protein 2 gene [30]. Some of the disorders found to be associated with *SLC6A4* in humans such as SIDS and myocardial valvulopathy and infarction have not yet been investigated in *Slc6a4* –/– and *Slc6a4* +/– mice [29, 32]. Likewise, some of the *Slc6a4* –/– mouse phenotypes, including obesity and type-2-diabetes, have yet to be studied for *SLC6A4* variants in cohorts of human patients. These would seem to be of high priority for investigation.

C. SLC6A4 Variants Studied for Associations via Gene x Environment Models of Diseases and Their Pharmacological Treatment

That diseases becomes manifest when gene (G) variants interact with environmental (E) triggers is a long-recognized truism in medicine: e.g., when an individual with a personal or family history of asthma walks into a hotel room with a moldy smell, that person, but not necessarily her spouse, is likely to begin to wheeze. Nonetheless, while candidate gene variants for asthma are numerous, this disease seems multi-factorial and genetic causes remain undefined. It is in this complex context that high interest was aroused when the S allele or SS genotype of *SLC6A4* was identified as a specific variant that, in a prospective, epidemiologic sample, moderated the effect of stressful life events on the subsequent development of depression and suicidality [33]. This finding has been replicated by major groups worldwide and also mirrored in model studies across many species [34, 35]. Some dissenting findings such as that of one meta-analysis have also appeared, with subsequent critiques pointing out that strict meta-analyses may only include a small fraction of positive or partial replications and that the few non-replications, although these had large sample sizes, were most-commonly based on self-reports rather than objective measures and lacked the strengths of prospective investigations [36, 37].

A genetic contribution of SLC6A4 to temperament and behavioral traits including anxiety, excess stress responsiveness, dominance relationships in non-human primate species and alcohol and drug preferences have been established in humans and several other species, probably reflecting selective forces among our ancestral and related animal species. Recent research efforts in this area have therefore been focused on mice, rats and non-human primates, especially rhesus macaques, and are currently proceeding towards the elaboration of an interdisciplinary perspective that will blend behavioral genetics and evolutionary psychology, as well as cognitive and social neuroscience [38, 39]. Special interest has developed regarding models ranging from non-human primates and rodents to C. elegans and *D. melanogaster*, organisms for which environmental influences might be less complex than in humans and thus less likely to confound associations between behavior and genes [35, 38–40]. Maternal-separation G x E studies in rhesus macaques have demonstrated the occurrence of interactions that affect behavioral traits, including stress reactivity and alcohol preference and dependence, based upon the differential occurrence of a repeat-length SLC6A4 promoter region variant that is orthologous to the human 5HTTLPR and in some cases 3' UTR variants. This is consistent with data that the 5HTTLPR, and most likely other SLC6A4 variants, influence the risk for anxiety, affective and other behavioral disorders through gene x environment interactions, sometimes reflected in specific brain region alterations such as those found with activation of the amygdale in functional imaging studies [41, 42].

In the formal sense of the G x E concept, we have already considered examples in Section A regarding pharmacogenomics, in which *SLC6A4* variants were evaluated for associations with a specific "environmental" influence, i.e., a drug, with most emphasis placed upon the large number of studies of SRIs. Responses to methylphenidate in children with ADHD have also been evaluated and found to be associated with both the triallelic 5HTTLPR and also the Stin2 variant [43]. In one of many experiments employing genetically-engineered SERT-deficient mice or rats, such SERT +/– and/or –/– mice were relatively insensitive to analgesic effects of morphine, tramadol or meperidine, but at the same time had exaggerated serotonin syndrome responses to the latter atypical opioid agents [21, 35, 44, 45]. A few additional, more complex examples in which a drug "environment" was combined with an experimental environment to study a drug response can provide a glimpse of this very extensive literature. Spontaneous use of alcohol in a behavioral dependence model occurred in non-human primates who had a combination of the S allele of the rh5HTTLPR plus six months of experiential peer-rearing (as opposed to parental rearing) [46]. Likewise, in SERT

-/- mice, anxiety-like behaviors are intensified after exposure to predator odors or postnatal foot-shock stress compared to SERT -/- mice [47]. Thus, this genetic model has been extremely useful in highlighting how *SLC6A4* may predispose to affective disorders though gene x environment interactions [35, 44].

However, the molecular and neural mechanisms that underlie the interplay of genes and environmental adversity that constitute disease risk remain incompletely understood. Finally, gene-gene (G x G) interactions have begun to be studied in combined association studies in humans. More direct studies have been possible in mouse models: for example, *Slc6a4* mutant mice have been interbred with mice that lacked either one or both copies of the dopamine transporter gene (*Slc6a3*), the norepinephrine transporter gene (*Slc6a2*), the *MAOA* gene the *5-HT1B* receptor gene and the *Bdnf* gene, with consequent amplified, reduced or qualitatively different new phenotypes. These studies of experimental epistasis' complement those in which the *Slc6a4*–/– variant was placed on congenic C57BL/6J, I29S6 or CD-1 background strains to yield more subtle SERT-related phenotype differences [45].

Of note, evidence for functional effects of these *SLC6A4* variants has been mostly obtained indirectly using cultured cells, transfected, or animal model systems or using other *in vitro* methods; for Stin2, a combined effect of the lesser expressing Stin2.10 plus the 5HTTLPR S allele, and also a three-way interaction incorporating rs25531 on gene expression was observed [1, 2, 48]. Functional consequences for the 5' 5HTTLPR and rs25531 have been inferred from measured RNA changes but only the 5HTTLPR and rs25531 have been evaluated and found to alter 5-HT transport and other measures in brain, platelet and lymphoblast cells from humans with different genotypes [1, 2, 7, 8]. As suggested above, given the impact that polymorphisms in the 3'-UTR can have effects on mRNA structure, postranscriptional regulation and/or stability, it can be anticipated that all of these polymorphisms may be found to be associated with medical disorders. For example, there exist early reports of associations between *SLC6A43'*-UTR variants and attention deficit disorder (ADHD), sudden infant death syndrome, bipolar disorder, panic disorder and alcoholism, as detailed above.

Conclusions

Gain in knowledge about the influence of variants in SLC6A4, the 5-HT transporter gene, on human disorders and their pharmacological treatment has been immense over the last 15 years since their first discovery and subsequent findings of additional variants and implications of their involvement in additional disorders. However, advances have only partially sorted out whether additive vs. other combinatorial consequences result from the presently identified functional SERT variants (Figure 1), or whether additional variation may exist in reside in newly found functional regions, as most recently exemplified last year by the discovery of miR-16 - mediated SERT expression control. Moreover, important issues in study designs of SLC6A4 variants in phamacogenomic SRI investigations have come to the forefront, such as those at least partially related to inclusion, exclusion or (most commonly, neglect) of different world sub-population differences in frequencies of SLC6A4 variants (Figure 2). Likewise, other issues in study design such as those related to formal meta-analyses vs. broader-based evidential analyses are exemplified in high-impact studies of the contributions of stress of multiple sorts to the occurrence of depression, suicide and ultimately pharmacologic treatment have made headlines in major science journals. It seems clear that although SLC6A4 variants comprise the most intensively studied single gene alterations in human neuropsychiatric genetics, many questions on genotypic, phenotypic, G x G and G x E interactions remain incompletely evaluated and answered—setting, perhaps, an example of the formidable tasks involved in relating individual genes to human disorders and their pharmacological and other treatments.

Acknowledgments

This research was supported by the Intramural Research Program of the NIMH, NIH. The authors are also grateful to Theresa B. DeGuzman for her editorial and graphical assistance.

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HIGHLIGHTS

- Recent findings from studies of *SLC6A4* and SERT indicate that combinations of variants can affect 5-HT transport and transporter expression up to 40-fold *in vitro*.
- Multiple functional *SLC6A4* variants include 5' region (5HTTLPR, rs25531 and rs25532), 3'-UTR region variants plus intronic (Stin2) and coding variants.
- Most of these different *SLC6A4* variants have been associated with neuropsychiatric and other medical disorders, from autism and OCD to cardiovascular diseases.
- Some of these associations such as those linking stress, amygdala functions and affective disorders appear to depend upon gene-environment (G x E) and gene-gene (G x G) interactions.
- Some of the discoveries regarding the functional consequences of *SLC6A4* variants have pharmacogenomic relevance for antidepressant SRIs and other drug therapeutics.

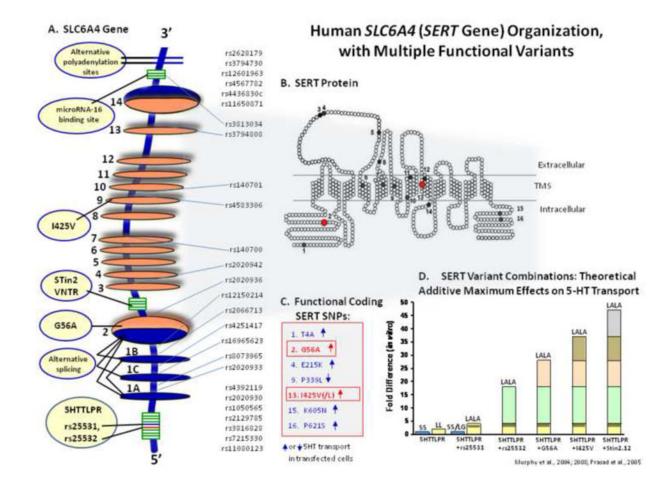


Figure 1. A–D: Human *SLC6A4*(*SERT* Gene) organization with multiple functional variants.

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