Twelve-Year Risk of Revision After Primary Total Hip Replacement in the U.S. Medicare Population

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Background: There is limited population-based literature on rates and risk factors for revision following primary total hip replacement.

Methods: We performed a retrospective cohort study of Medicare beneficiaries who had elective total hip replacement for osteoarthritis between July 1, 1995, and June 30, 1996. Patients were followed with use of Medicare claims through 2008. The primary end point was revision total hip replacement as indicated by hospital discharge codes according to the International Classification of Diseases, Ninth Revision. We used the Kaplan-Meier method to plot the risks of revision and of death over a twelve-year follow-up period. We used Cox proportional hazard regression models to identify preoperative risk factors for revision of primary total hip replacement. We conducted sensitivity analyses to account for competing risks of major comorbid conditions.

Results: The risk of revision total hip replacement for patients remaining alive was approximately 2% per year for the first eighteen months and then 1% per year for the remainder of the follow-up period. The absolute risk of death over the twelve-year follow-up period exceeded the risk of revision total hip replacement by a factor of ten (59% vs. 5.7%) in patients older than seventy-five years at the time of primary total hip replacement and by a factor of three (29% vs. 9.4%) in patients sixty-five to seventy-five years old at the time of surgery. In multivariate Cox proportional hazard models, the relative risk of revision was higher in men than in women (hazard ratio [HR], 1.23; 95% confidence interval [95% CI], 1.15, 1.31) and in patients sixty-five to seventy-five years of age at the time of primary total hip replacement than in those over seventy-five years (HR, 1.47; 95% CI, 1.37, 1.58). Patients of surgeons who performed fewer than six total hip replacements annually in the Medicare population had a higher risk of revision than those whose surgeons performed more than twelve per year (HR, 1.21; 95% CI, 1.12, 1.32).

Conclusions: Efforts to reduce the number of revision hip arthroplasties should be targeted at revisions occurring in the first eighteen months following the index arthroplasty, when revision risk is higher, and at younger patients, who are more likely to survive long enough to require revision.

Level of Evidence: Prognostic Level II. See Instructions for Authors for a complete description of levels of evidence.

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A commentary by Kevin J. Bozic, MD, MBA, and Steven M. Kurtz, PhD, is linked to the online version of this article at jbjs.org. The Journal of Bone & Joint Surgery • JBJS.org Volume 94-A • Number 20 • October 17, 2012 TWELVE-YEAR RISK OF REVISION AFTER PRIMARY TOTAL HIP REPLACEMENT IN THE U.S. MEDICARE POPULATION

Total hip replacement is performed on more than 280,000 persons annually in the United States¹. For more than 90% of these procedures, the underlying diagnosis is osteoarthritis of the hip. While the results of total hip replacement are generally excellent, implant failure may occur by a number of mechanisms, including infection, dislocation, and osteolysis leading to symptomatic loosening. Patients with symptomatic failure of a primary total hip replacement are typically referred to orthopaedic surgeons for consideration of revision surgery. Revision total hip replacement is performed on more than 40,000 persons annually in the U.S., at a direct cost exceeding \$1 billion¹.

Study of the risk of revision total hip replacement among patients having primary surgery and of factors associated with revision risk is challenging. Because revision is a relatively infrequent outcome that can occur a decade or more after the primary surgery, such studies must involve large cohorts of patients followed consistently over many years. To our knowledge, there are no prior population-based estimates of the risk of revision and predictors of revision risk following primary total hip replacement with complete follow-up extending over twelve years in the U.S. The Scandinavian hip registries provide estimates of revision risk and risk factors for revision. However, many of the patients entered into these large cohorts have not been followed long enough to permit precise estimates of long-term revision risk²⁻⁶.

Prior studies have identified male sex, younger age, and greater activity level as risk factors associated with revision of a primary total hip replacement⁷. Additional risk factors are associated with specific indications for revisions such as dislocation and infection^{8,9}. Lower surgeon volume has been associated with higher revision risk in the first eighteen months after primary total hip replacement, with no further risk associated with surgeon volume from eighteen months to four years¹⁰. The association of surgeon volume with longer-term risk of revision for more than four years after total hip replacement has not been examined. Prior studies of revision total hip replacement have not placed revision risk in the context of the considerable mortality that patients experience in their seventh through ninth decades of life.

The objectives of this study were to address these research gaps by examining the risk of revision following primary total hip replacement for osteoarthritis in the U.S. Medicare population and to examine the effects of sociodemographic factors and surgeon and hospital volume on the risk of revision over a twelve-year period of follow-up. We also placed the absolute risk of revision after primary total hip replacement among patients who were more than sixty-five years old at the time of surgery in the context of patient mortality in this age group.

Materials and Methods

We performed a retrospective claims-based cohort study of revision following primary total hip replacement in the U.S. Medicare population. The sample included Medicare beneficiaries who had primary elective total hip replacement for osteoarthritis from July 1, 1995, through June 30, 1996. On the basis of coded diagnoses and procedures in the total hip replacement hospitalization, we excluded patients with other underlying diagnoses. We also excluded patients enrolled in a Medicare health maintenance organization, as submission of claims is inconsistent in this group. We described this cohort in detail in prior work^{10,11}. Because this is a claims-based cohort study, subjects are identified and followed longitudinally solely with claims data.

We followed patients in claims through December 31, 2008. The primary outcome was revision total hip replacement identified with use of International Classification of Diseases, Ninth Revision (ICD-9) codes at hospital discharge. The code for revision was 81.53 prior to September 30, 2005, and 00.70 to 00.73 subsequently. We recognized that revisions on the right and left side cannot be distinguished in Medicare claims¹². Therefore, if subjects had a primary total hip replacement on the contralateral side after the index primary procedure, we censored the subject at the time of the subsequent primary procedure because a revision following these two primary total hip replacements could not reliably be attributed to the index total hip replacement. We could not exclude patients with a total hip replacement on the contralateral side prior to the index primary procedure or prior to sixty-five years of age because we did not have claims data for years prior to 1995 and because patients do not enter Medicare coverage until they are sixty-five years old.

We used the Kaplan-Meier method to estimate and depict graphically the cumulative revision risk, stratified by the age of the patient at the time of surgery, sex of the patient, and annual volume of total hip replacements performed by the surgeon. We depicted the Kaplan-Meier estimates in two ways. First, per convention, for each month of the follow-up period, we plotted the proportion of patients free of revision among those who were alive at the start of the month. The second approach captured the competing risk of mortality in this aging cohort. At the month of follow-up, we graphed the proportions of patients who were alive and revision-free, those who had died without revision, and those (either dead or alive) who had had a revision.

We examined risk factors for revision of primary total hip replacement using a Cox proportional hazards model. The dependent variable in the model was time to revision total hip replacement over the twelve-year follow-up period. Independent variables were ascertained at the time of total hip replacement and included patient age, sex, race, Medicaid eligibility (proxy for low income), and comorbidity, as well as hospital and surgeon annual volume of total hip replacements in the Medicare population. We dichotomized age as sixty-five to seventy-five years or as more than seventy-five years and race as white or nonwhite. Comorbidity was assessed with the claims-based Charlson comorbidity index and was dichotomized as zero or one comorbidity versus two or more^{13,14}. Hospital and surgeon volume were calculated from claims and comprised the annual volume of primary total hip replacements performed by the hospital (or surgeon) on Medicare beneficiaries from July 1995 through June 1996. On the basis of prior work^{11,15}, we categorized hospital volume as one to twenty-five, twenty-six to fifty, and more than fifty total hip replacements per year in the Medicare population. Similarly, surgeon volume was categorized as less than six, six to twelve, and more than twelve total hip replacements per year in the Medicare population. We used the piecewise exponential model to estimate the effects of surgeon volume on risk of revision total hip replacement in different time periods: the first eighteen months postoperatively, eighteen months to nine years, and nine or more years postoperatively.

We performed a sensitivity analysis to account for competing risks in patients with total hip replacement. Competing risks occur when the patient may experience outcomes that alter or prevent the primary outcome of revision total hip replacement from occurring^{16,17}. For example, if a patient has a stroke and becomes less mobile, a revision may be delayed or never undertaken. Our sensitivity analysis considered death, fracture, stroke, and myocardial infarction, identified in Medicare claims, as competing risks for revision. Potential predictors of revision were evaluated with use of a proportional hazards model for the cumulative incidence of revision adjusting for competing risks¹⁸. Patients were censored at the end of follow-up, twelve years, or when they received a second primary total hip replacement.

Analyses were performed with use of SAS software (version 9.2; SAS Institute, Cary, North Carolina) and R version 2.11.1. All study activities were

THE JOURNAL OF BONE & JOINT SURGERY · JBJS.ORG VOLUME 94-A · NUMBER 20 · OCTOBER 17, 2012 TWELVE-YEAR RISK OF REVISION AFTER PRIMARY TOTAL HIP REPLACEMENT IN THE U.S. MEDICARE POPULATION

Feature	No. of Patients	Percentage
Sex		
Male	18,921	37
Female	32,426	63
Age at time of primary total hip replacement		
65-75 yr	30,895	60
>75 yr	20,452	40
Comorbidity (Charlson score)		
>1	6584	13
0–1	44,763	87
Medicaid eligibility		
Yes	2836	6
No	48,511	94
Race*		
White	48,420	95
Nonwhite	2474	5
Annual volume of total hip replacements done at hospital where primary total hip replacement performed†		
1–25	18,187	35
26–50	14,573	28
>50	18,587	36
Annual volume of total hip replacements done by surgeon who performed the primary total hip replacement*†		
1–6	13,372	27
7–12	15,459	31

*Data on race were missing for 453 patients (0.9%), and data on surgeon volume for 2221 patients (4.3%) were missing. No data were missing for other variables. †Listed volumes indicate only Medicare patients who had total hip replacement.

approved by the Human Studies Committee at Partners HealthCare and through Data Use Agreements with the Centers for Medicare and Medicaid Research.

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Results

Cohort Characteristics

During the study period, 76,627 patients on Medicare underwent total hip replacement. Of these, 51,347 met the eligibility criteria for this study and were included in the analysis. Baseline features of the cohort are shown in Table I.

The risk of revision arthroplasty over the follow-up period is illustrated with Kaplan-Meier curves (Figs. 1-A and 1-B). These figures demonstrate graphically the early incidence of revision of approximately 2% over the first eighteen months and then the steady occurrence of revision (at a lower rate of approximately 1% per year) over the subsequent decade. The figures also demonstrate the effects of patient age and sex and surgeon volume. In analyses that considered separately the effects of surgeon volume in the first three time periods evaluated, lower surgeon volume was associated with a greater hazard of revision in the first eighteen months, but not in the subsequent two periods.

The risks of revision arthroplasty compared with the mortality risks over the period of follow-up are illustrated in Figures 2-A and 2-B. As the figures demonstrate, among patients greater than seventy-five years old, 59% died within the twelve-year follow-up window. Another 5.7% had a revision, and 35% were alive and at risk for revision. Among patients who were sixty-five to seventy-five years old at the time of the primary total hip replacement, 29% died within the twelve-year follow-up period, while another 9.4% had a revision and 62% were alive and at risk for revision.

Bivariate Analyses of Revision Risk

We performed bivariate Cox proportional hazards models with time to revision as the dependent variable. Separate models were created for each potential predictor. Younger patient age, male sex, and surgeon volume of fewer than six total hip



Figs. 1-A and **1-B** Kaplan-Meier curves showing the risk of revision total hip replacement among surviving patients. **Fig. 1-A** The revision-free survival curve is stratified by age at the time of primary total hip replacement (sixty-five to seventy-five years of age compared with more than seventy-five years) and sex. **Fig. 1-B** The revision-free survival curve is stratified by the annual volume of total hip replacements done by the surgeon who performed the primary total hip replacement (fewer than six, six to twelve, and more than twelve primary total hip replacements per year in the Medicare population).

1828

TWELVE-YEAR RISK OF REVISION AFTER PRIMARY TOTAL HIP

THE JOURNAL OF BONE & JOINT SURGERY · JBJS.ORG



Fig. 2-B

Figs. 2-A and 2-B The proportion of patients who died over the course of follow-up (dotted area), those who had a revision (black), and those who were alive and at risk for revision (gray). The revision group includes those who remained alive and those who had a revision and then died. Fig. 2-A Among patients who were sixty-five to seventy-five years old at the time of primary total hip replacement, the revised group comprised 9.4% of the original cohort; 29% had died. Fig. 2-B Among patients who were more than seventy-five years old at the time of primary total hip replacement, the revised group (black) comprised 5.7% of the original cohort; 59% had died.

1829

The Journal of Bone & Joint Surgery · JBJS.org Volume 94-A · Number 20 · October 17, 2012 TWELVE-YEAR RISK OF REVISION AFTER PRIMARY TOTAL HIP REPLACEMENT IN THE U.S. MEDICARE POPULATION

	Bivariate*		Multivariate†	
Variable	Hazard Ratio	95% Confidence Interval	Hazard Ratio	95% Confidence Interval
Sex				
Male	1.26	1.18, 1.34	1.23	1.15, 1.31
Female	1.0			
Age				
65-75 yr	1.49	1.40, 1.60	1.47	1.37, 1.58
>75 yr	1.0			
Race				
White	0.90	0.79, 1.03		
Nonwhite	1.0			
Medicaid eligibility				
Yes	0.92	0.80, 1.06		
No	1.0			
Comorbidity (Charlson score)				
>1	1.02	0.93, 1.12		
0–1	1.0			
Hospital volumeŧ				
1–25	1.14	1.07, 1.23		
26–50	1.01	0.94, 1.10		
>50	1.0			
Surgeon volume‡				
1–5	1.24	1.15, 1.34	1.21	1.12, 1.32
6–12	1.09	1.02, 1.18	1.08	1.00, 1.17

*Hazard ratios obtained from bivariate Cox proportional hazards models. †Hazard ratios obtained from multivariate Cox proportional hazards model. N = 49,136 for the multivariate model. ‡Listed volumes indicate only Medicare patients who had total hip replacement.

replacements per year in the Medicare population were all associated with higher revision rates, with hazard ratios for these factors of \geq 1.24 (Table II). Hospital volume of fewer than twenty-five total hip replacements per year (compared with more than fifty procedures) had a hazard ratio (HR) of 1.14 (95% confidence interval [95% CI], 1.07, 1.23). All other variables were not significantly associated with revision total hip replacement, with hazard ratios between 0.90 and 1.02, indicating <10% relative change in risk across levels of the variable.

Multivariate Analyses of Revision Risk

Multivariate analyses included all of the independent variables listed in Table I (patient age, sex, race, Medicaid eligibility, and comorbidity and hospital and surgeon volume). The results of these analyses (Table II) showed that younger patient age (sixty-five to seventy-five years [HR, 1.47; 95% CI, 1.37, 1.58) was associated independently with increased revision risk after adjusting for all other variables, as was male sex (HR, 1.23; 95% CI, 1.15, 1.31) and having surgery performed by a low-volume surgeon (fewer than six total hip replacements per year compared with more than twelve per year [HR, 1.21; 95% CI, 1.12, 1.32]). We did not observe a significant interaction between the association of surgeon volume and either patient age or sex on the risk of revision. The hazards for the three strata of surgeon volume differed significantly in the first eighteen months after total hip replacement, with patients of surgeons with the lowest volume having the greatest risk of revision (HR, 1.65; 95% CI, 1.39, 1.97). The hazards did not differ across volume strata over subsequent follow-up.

The competing risk models confirmed the results of the primary analysis, identifying the same principal predictors of revision risk as the primary analysis—younger patient age, male sex, and lower-volume surgeon. Detailed results of the competing risk models are presented in the Appendix.

Discussion

We examined the risk of revision following a primary total hip replacement in a cohort of 51,347 Medicare beneficiaries who had elective primary total hip replacement between July 1995 and June 1996. Men had higher rates of revision than women, and younger patients (those who were sixty-five to seventy-five years old at the time of primary total The Journal of Bone & Joint Surgery - JBJS.org Volume 94-A - Number 20 - October 17, 2012 TWELVE-YEAR RISK OF REVISION AFTER PRIMARY TOTAL HIP REPLACEMENT IN THE U.S. MEDICARE POPULATION

hip replacement) had a higher rate than older patients. The risk of dying over the twelve-year follow-up period far exceeded the risk of revision, especially among the cohort of patients over seventy-five years old at the time of primary total hip replacement, for whom the risk of death over the twelve-year follow-up was tenfold greater than the risk of revision.

Our data are consistent with other literature showing an increasing risk of revision associated with younger age and with male sex^{2,7,19}. Also, as we showed previously, the risk of revision was highest in the first eighteen months after surgery, likely reflecting early technical failures¹⁰. The influence of surgeon volume on the risk of revision occurs in the first eighteen months postoperatively and not thereafter, suggesting that surgeon experience influences the risk of technical failure but not the risk of failure over the longer term, which likely reflects intrinsic limitations in implant durability. The association of surgeon volume with early failures is similar for younger and older patients, and for men and women. We note that the surgeon volumes in the present report reflect procedures performed in Medicare beneficiaries. Approximately two-thirds of primary total hip replacements are performed in Medicare recipients, and the other third in patients less than sixty-five years old¹. Thus, the Medicare volumes reported in this paper can be multiplied by 1.5 to provide a rough estimate of total volumes for the average surgeon. This simplification may not be valid for particular surgeons. Because older patients are at high risk of morbidity and mortality, competing risks may distort estimates of revision risk. We performed analyses that took competing risks into account; these sensitivity analyses largely confirmed the findings of the primary analyses.

The consistent differences in failure rates seen between younger and older patients and between men and women (Fig. 1-A) raise the question of whether shorter follow-up periods could be used to assess differences in implant performance rather than the longer (twelve-year) periods of observation utilized in this study. Such a strategy would be less resourceintensive than twelve-year follow-up. This idea cannot be addressed directly by our study and merits further investigation. However, since surgeon practices may influence early failures, while implant and patient characteristics influence the later ones, this strategy may not capture risk profiles over time accurately.

The study has important limitations. First, ICD-9 coding does not distinguish between right and left-sided procedures. Up to 30% of the revisions that occur following primary total hip replacement are performed on the contralateral side, even with censoring of patients who had a second primary total hip replacement during the follow-up period¹². The likelihood that the revision is performed on the index compared with the contralateral hip is not influenced by patient age or sex or surgeon volume, the three factors associated with revision risk in this analysis¹². However, the revision risks shown in Figures 1 and 2 may be overstated by as much as 30%, and the misclassification may have blunted the associations we observed. Further, censoring the data on patients who had a contralateral primary total hip replacement over the period of follow-up may have inadvertently undercounted some bona fide revisions of the index hip. The more general point is that administrative data contain relatively little clinical information, and ICD-9 coding does not convey nuanced clinical information perfectly. These issues create important limitations in the inferences that can be derived from studies that are based on administrative data. Thus, our findings must be confirmed in studies that retain the national scope of this analysis but overcome the ambiguities of administrative data.

Second, revision arthroplasty is an ambiguous proxy for total hip replacement failure. Revision requires that surgery be offered to and accepted by the patient. Some patients with symptomatic loosening of the prosthesis may be too sick or frail to undergo surgery, others may simply not present for care, and still others may be offered revision total hip replacement but prefer not to undergo the surgery. Consequently, actual rates of symptomatic failure of total hip replacement are likely to be higher than observed revision rates.

Third, while the length of follow-up is a strength of this study, it also means that the index procedures were done in the mid-1990s. Implant technology, surgical technique, and rehabilitation practice have evolved over the subsequent years. It is conceivable that the associations between covariates and revision documented in these analyses may have been altered because of changes in implant technology and the process of care occurring over the last fifteen years.

The observation that patients over seventy-five years of age undergoing primary total hip replacement face a tenfold higher risk of death than of revision over the subsequent twelve years has important implications for patient decision-making, quality improvement, and research. From a decision-making standpoint, these older patients should place revision risk in perspective as they discuss the advantages and drawbacks of total hip replacement with their physicians. Because they face a 60% risk of death over the next twelve years, their absolute risk of revision is just 6%. Patients in the sixty-five to seventy-five-year-old group face a somewhat higher absolute risk of revision—approximately 10%. By extension, patients less than sixty-five years old (and especially those in their fifties) face still higher absolute risks of revision over a ten to twenty-year time frame.

The observation that patients who have total hip replacement after the age of sixty-five years are much more likely to die than to have a revision total hip replacement points to the importance of optimizing short-term outcomes of total hip replacement in the elderly, such as complications and restoration of function. Long-term survival data on implants, as can potentially be obtained by longitudinal joint replacement registries, will be of particular value in assessing and optimizing the outcomes of younger patients who are much more likely to live long enough to face possible revision surgery.

Further study of the predictors of revision in younger patients would provide a more quantitative assessment of these trade-offs and should be a research priority. These observations also impact the optimal frequency with which to monitor patients with radiographs following surgery. Finally, our findings suggest that the development of innovative technologies to improve implant longevity should target younger populations with

1052			
THE JOURNAL OF BONE & JOINT SURGERY • JBJS.ORG VOLUME 94-A • NUMBER 20 • OCTOBER 17, 2012	TWELVE-YEAR RISK OF REVISION AFTER PRIMARY TOTAL HIP REPLACEMENT IN THE U.S. MEDICARE POPULATION		
advanced arthritis, who have a longer anticipated time span in which the implants might fail and require revision arthroplasty. Appendix (eA) Tables showing the incidence and average time for each event type and the results from models adjusting for competing risk are available with the online version of this article as a data supplement at jbjs.org.	Orthopedic and Arthritis Center for Outcomes Research, Brigham and Women's Hospital, 75 Francis Street, OBC – 4-016, Boston, MA 02115. E-mail address for J.N. Katz: jnkatz@partners.org Henrik Malchau, MD Department of Orthopedic Surgery, Massachusetts General Hospital, Harvard Medical School, Fruit Street, Boston, MA 02114		
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1822

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