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DISRUPTION OF CIRCADIAN RHYTHMICITY AND SUPRACHIASMATIC ACTION POTENTIAL FREQUENCY IN A MOUSE MODEL WITH CONSTITUTIVE ACTIVATION OF GLYCOGEN SYNTHASE KINASE-3

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Abstract

Glycogen synthase kinase 3 (GSK3) is a serine/threonine kinase that has been implicated in psychiatric diseases, neurodevelopment, and circadian regulation. Both GSK3 isoforms, α and β , exhibit a 24-hour variation of inhibitory phosphorylation within the suprachiasmatic nucleus (SCN), the primary circadian pacemaker. We examined the hypothesis that rhythmic GSK3 activity is critical for robust circadian rhythmicity using GSK3 $\alpha^{21A/21A}/\beta^{9A/9A}$ knock-in mice with serine-alanine substitutions at the inhibitory phosphorylation sites, making both forms constitutively active. We monitored wheel-running locomotor activity of GSK3 knock-in mice and used loose-patch electrophysiology to examine the effect of chronic GSK3 activity on circadian behavior and SCN neuronal activity. Double transgenic GSK3 α/β knock-in mice exhibit disrupted behavioral rhythmicity, including significantly decreased rhythmic amplitude, lengthened active period, and increased activity bouts per day. This behavioral disruption was dependent on chronic activation of both GSK3 isoforms and was not seen in single transgenic GSK3 α or GSK3 β knock-in mice. Underlying the behavioral changes, SCN neurons from double transgenic GSK3 α/β knock-in mice exhibited significantly higher spike rates during the subjective night compared to those from WT controls, with no differences detected during the subjective day. These results suggest that constitutive activation of GSK3 results in loss of the typical day/night variation of SCN neuronal activity. Together, these results implicate GSK3 activity as a critical regulator of circadian behavior and neurophysiological rhythms. Because GSK3 has been implicated in numerous pathologies, understanding how GSK3 modulates circadian rhythms and neurophysiological activity may lead to novel therapeutics for pathological disorders and circadian rhythm dysfunction.

Keywords

Glycogen synthase kinase 3; circadian rhythms; suprachiasmatic nucleus; electrophysiology

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INTRODUCTION

Circadian rhythms are endogenous 24-hour physiological and behavioral rhythms that are present in nearly all living organisms, ranging from bacteria to mammals (Bell-Pedersen et al., 2005). Circadian disturbance in humans has been implicated in a number of pathologies including psychiatric disorders, cardiometabolic disease, inflammatory disease and cancer (Takahashi et al., 2008). In all mammals, daily physiological and behavioral rhythms are orchestrated by a primary circadian pacemaker, the suprachiasmatic nucleus (SCN) of the hypothalamus (Welsh et al., 2010). SCN neurons generate characteristic, daily rhythms in electrical activity, exhibiting high activity during the day and low activity during the night (Inouye and Kawamura, 1979). The daily rhythm in the spontaneous firing rate (SFR) of SCN cells is important for synchronous output of the central pacemaker and is necessary for normal circadian behavior (Schwartz et al., 1987). At the molecular level, 24-hour timing is driven by transcriptional/translational feedback loops of primary “clock” genes which are present in almost all cell types throughout the body (Takahashi et al., 2008). Post-translational modifications, such as phosphorylation, of the core clock components contribute to the precise timing and robustness of the primary feedback loop (Gallego and Virshup, 2007), but the roles of some kinases, such as glycogen synthase kinase 3 (GSK3), remain unclear.

GSK3 is a serine/threonine kinase that is able to phosphorylate nearly all of the circadian molecular clock components such as PER2, CLOCK, BMAL1, and REVERB α (Iitaka et al., 2005, Wang et al., 2006, Spengler et al., 2009, Kurabayashi et al., 2010, Sahar et al., 2010). In addition, GSK3 is a therapeutic target of the mood-stabilizing agent, lithium (Klein and Melton, 1996), which can lengthen the period of behavioral and molecular rhythms of multiple organisms (LeSauter and Silver, 1993, Iwahana et al., 2004, Dokucu et al., 2005, Li et al., 2012). GSK3 has two isoforms, α and β , both of which are ubiquitously expressed throughout the brain (Woodgett, 1990). Unlike most kinases, GSK3 is by default active and can be inactivated by phosphorylation at serine-21 and serine-9 sites for α and β , respectively (Woodgett, 1990). Recent work has shown that GSK3 exhibits a daily rhythm in inhibitory phosphorylation within the SCN (Iwahana et al., 2004, Iitaka et al., 2005), yet little is known about what role this activity plays in overall circadian rhythmicity. In this study, we examine the function of rhythmic GSK3 α/β phosphorylation using GSK3 $\alpha^{21A/21A}/\beta^{9A/9A}$ (double knock-in, DKI) mice with serine-alanine substitutions at both inhibitory phosphorylation sites (McManus et al., 2005). With this model, we tested the hypothesis that rhythmic GSK3 activity is critical for generating robust circadian rhythms. Specifically, we measured the effect of chronic GSK3 activity on circadian wheel-running behavior in two different backgrounds of mice. We also examined the role of each GSK3 isoform individually using single transgenic animals (α -KI and β -KI). Finally, we examined whether chronic GSK3 activity disrupts day/night differences in SCN neuronal output (i.e., action potential frequency) using loose-patch recordings of SCN neurons from DKI and wild-type (WT) mice during the subjective day and subjective night.

MATERIALS/METHODS

Animals and Housing

Male, homozygous double transgenic GSK3 $\alpha^{21A/21A}/\beta^{9A/9A}$ (McManus et al., 2005) mice (5-7 months old) on a mixed (C57BL/6 X Balb/c) background (kindly provided by Dario R. Alessi, Dundee, Scotland) or back-crossed at least 10 generations to C57BL/6J were compared to WT mice that were strain- and age-matched (generated within the colony or purchased from Jackson Laboratories, Bar Harbor, ME). For single knock-in experiments, male, homozygous single transgenic, GSK3 $\alpha^{21A/21A}$ (α -KI, 8-11 months old) or

GSK3 β ^{9A/9A} (β -KI, 3-6 months old) on a C57BL/6J background were compared to WT mice that were strain- and age-matched. These serine-alanine substitutions resulted in loss of phosphorylation of GSK3 α and/or GSK3 β within the SCN of the transgenic mice (Fig. 1). In addition, these mice develop normally and do not display any obvious behavioral or physiological phenotype. Mice were genotyped for GSK3 α using the forward primer TTGAAGTGGCTGGTACTGGCTCTG and the reverse primer GTGTGCTCCAGAGTAGTACCTAGC and for GSK3 β using the forward primer TCACTGGTCTAGGGGTGGTGAAG and the reverse primer GGAGTCAGTGACAACACTTAACCTT according to the specifications in (McManus et al., 2005). Mice were housed in individual wheel cages (Coulbourn Instruments, Whitehall, PA) with standard rodent chow (#7917, Harlan Laboratories, Madison, WI) and water provided *ad libitum*. All mice were maintained in a 12:12 light-dark (LD) cycle for at least 9 days before being placed into constant dark (DD). All handling of animals was done in accordance with the University of Alabama at Birmingham (UAB) Institutional Animal Care and Use Committee (IACUC) and National Institutes of Health (NIH) guidelines.

Immunoblotting

In order to confirm the loss of phosphorylation of GSK3 in the SCN from the three transgenic models, the SCN was isolated from α -KI, β -KI, DKI and WT mice (2-3 months old) housed in a 12:12 LD cycle. Protein lysates were prepared and visualized using immunoblotting with an antibody to p-GSK3 α S21 (1:750, Cell Signaling, Danvers, MA) or p-GSK3 β S9 only (1:500, Cell Signaling, Danvers, MA). Total GSK3 α / β (1:750, Cell Signal, Danvers, MA) staining was used on the same blot as a loading control.

Behavioral Analysis

Wheel-running activity was recorded and analyzed using ClockLab software (Actimetrics, Wilmette, IL). Actograms were generated using 6-min bins of activity and double plotted for ease of examination. Behavior was analyzed across 7-10 days for LD analysis, and 10 days of activity for DD analysis after the mice had been in constant conditions for 6-12 days. The activity levels were calculated using the batch analysis in ClockLab software. The free-running period (τ) and amplitude were determined by chi-squared (χ^2) periodogram analysis. Activity bout analyses were exported using the "bout" function in ClockLab, with a bout defined as a period where the activity level never fell below 3 count/min for longer than 30 minutes. Due to the low levels of activity seen in DKI mice on the mixed background, the threshold was reduced to 1 count/min for the bout analyses in those experiments. The length of the active period (α) was measured as the time between onset and offset of activity. Activity onset was fit by eye, and activity offset was defined as the last point at which the activity in three of the previous six bins exceeded the mean activity level (Gorman and Yellon, 2010). In 2 of 16 DKI mice, activity levels were too low to reliably detect activity onset/offset, and these animals were excluded from the statistical analysis of α . Because there were no significant differences in the behavior of the WT groups age-matched to the either the α -KI or β -KI mice, the two WT groups were combined into one control group for analysis of the single KI behavior.

Slice preparation and electrophysiological recording

Mice were individually housed in constant darkness for three weeks on running wheels and sacrificed at Circadian Time (CT) 4 and 16 (where CT 12 is conventionally defined as the onset of activity) by cervical dislocation and then enucleated with the aid of night-vision goggles. Brains were harvested, sectioned on a vibroslicer (Campden 7000SMZ, World Precision Instruments, Lafayette, IN) in cold, oxygenated sucrose saline (in mM: 250 sucrose, 26 NaHCO₃, 1.25 Na₂HPO₄-7H₂O, 1.2 MgSO₄-7H₂O, 10 glucose, 2.5 MgCl₂, 3.5 KCl). Slices were transferred to a beaker containing 50% sucrose saline and 50% normal

saline (in mM: 130 NaCl, 20 NaHCO₃, 1 Na₂HPO₄-7H₂O, 1.3 MgSO₄-7H₂O, 10 Glucose, 3.5 KCl, 2.5 CaCl₂) at room temperature for 20 min and then transferred to an open recording chamber (Warner Instruments, Hamden, CT) that was continuously perfused at a rate of 2.0 ml/min with normal saline, bubbled with 5% CO₂ / 95% O₂ and heated to 34 ± 0.5 °C. Neurons were visualized with an Axio Examiner microscope (Carl Zeiss Inc., Thornwood, NY) equipped for near-IR-DIC. Loose patch recordings were made from CT 6-8 or from CT 18-20 in the medial (dorsal and ventral) SCN. Electrodes with a pipette resistance of ~3-5 MΩ were filled with filtered intracellular solution (in mM: 135 K-gluconate, 10 KCl, 10 HEPES, 0.5 EGTA; pH 7.4) (Kuhlman et al., 2003). Firing frequency was measured as the average of a 120-sec record. Electrophysiological signals were processed and controlled by a Multiclamp 700B amplifier, and pClamp 10.02 software (Axon Instruments, Union City, CA) in gap-free mode. Recordings were sampled at 20 kHz and filtered at 10 kHz (Besing et al., 2012).

Statistical Analysis

Data were analyzed using independent samples t-tests or one-way ANOVA with Tukey HSD post hoc analysis. For variables in which there were outliers and/or assumptions of normality and equal variances were violated and could not be corrected with logarithmic transformations of the data, we analyzed the data with a Mann-Whitney U test or an independent samples Kruskal-Wallis test with two-sided asymptotic significance post hoc analysis. Outliers were not excluded from the analysis. Data are presented as mean ± SEM. Significance was ascribed at $p < 0.05$.

RESULTS

Chronic GSK3 activity disrupts circadian wheel-running behavior

To determine the importance of rhythmic GSK3 phosphorylation on mammalian circadian rhythms we measured wheel running activity of DKI mice in which GSK3 α and GSK3 β have been mutated at the S21 and S9 inhibitory phosphorylation sites, respectively, rendering both forms constitutively active (McManus et al., 2005). First, we examined wheel-running behavior of DKI and WT mice on a mixed (C57BL/6 X Balb/c) background. In a 12:12h light-dark cycle (LD), both DKI and WT mice were capable of entraining to the light cycle, with the majority of activity occurring in the dark phase (Fig. 2A,B). This was reflected in the percentage of lights-on activity, which did not differ between the two genotypes (Table 1, $U = 103$, $p > 0.05$). The average activity in DKI mice (2.4 ± 0.7 rev/min) was significantly reduced from that of WT mice (12.0 ± 0.9 rev/min; $U = 243$; $p < 0.001$). This decrease in activity was seen in both the light and dark phases of the light cycle (Table 1).

Under constant darkness (DD), several differences in the behavioral rhythms emerged (Fig. 2C). Periodogram analysis revealed that the free-running period (τ) of DKI mice was ~23 minutes longer than WT mice (Table 1; $U = 30$; $p < 0.001$). After only a short time in DD, 1 out of 20 DKI mice did not show a detectable rhythm and was classified as arrhythmic. The remaining DKI mice exhibited a significantly lower amplitude in circadian behavior than WT mice, as seen in the power of the X^2 -periodogram (Table 1; $U = 240$; $p < 0.001$; Fig. 2D). In addition, DKI mice showed significant fragmentation in their wheel-running rhythms, as indicated by an average of 6 activity bouts per day, compared to only 4 bouts per day in WT mice (Table 1; $U = 55.5$; $p < 0.005$). DKI mice also had significantly longer α or activity period (14.44 ± 0.48 h) than WT controls (12.38 ± 0.73 h; $U = 52$; $p < 0.01$), suggesting a lack of consolidation of activity.

To ensure that the observed phenotype was not an effect of the mouse strain (Pendergast et al., 2010), we next examined the wheel-running behavior of DKI mice backcrossed to C57BL/6J (C57) for at least ten generations. When housed in LD, both groups successfully synchronized to the light cycle (Fig. 3A,B), and there was no difference in the percentage of lights-on activity observed between groups (Fig. 4A, $t_9 = -3.46$, $p > 0.05$). As in the mixed background, overall wheel-running activity levels of back-crossed DKI mice (mean \pm SEM: 8.1 ± 2.2 rev/min) were significantly reduced compared to WT mice (14.4 ± 1.0 rev/min; $t_{6,7} = -2.6$; $p < 0.05$; Fig. 3B); however, this difference was lost in DD (mean \pm SEM; DKI, 7.2 ± 2.4 rev/min; WT, 10.5 ± 1.0 rev/min; $t_{6,6} = -1.3$; $p > 0.05$; Fig. 3C). Additionally, back-crossed DKI mice no longer exhibited a lengthened τ in DD (Fig. 4B; $t_9 = -0.96$; $p > 0.05$). However, the DKI mice showed noticeably dampened activity rhythms, as seen in the significantly reduced amplitude of the X^2 -periodogram (Figs. 3D and 4C; $t_9 = -3.26$; $p < 0.05$). Even though C57 DKI mice exhibited normal levels of activity in DD, the backcrossed mutants continued to show the same fragmented phenotype seen on the mixed background (Fig. 3C). Specifically, the mean α length of C57 DKI mice was nearly 2 hours longer than that of WT mice (Fig. 4D; $t_{4,6} = 4.28$; $p < 0.01$). Also, activity bouts of DKI mice were significantly greater in number per day (Fig. 4E; $t_9 = 2.59$; $p < 0.05$) and shorter in mean duration (Fig. 4F; $t_9 = -2.29$; $p < 0.05$).

Circadian behavior is unaltered in single transgenic, α -KI and β -KI, mice

To determine the role of rhythmic activity of each GSK3 isoform, we measured wheel-running behavior of homozygous single transgenic, GSK3 $\alpha^{21A/21A}$ (α -KI) or GSK3 $\beta^{9A/9A}$ (β -KI) mice and WT controls in the same manner as above. Both α -KI and β -KI mice exhibited typical entrainment to the light cycle (Fig. 5A) and similar levels of activity (rev/min) to WT mice in LD (mean \pm SEM; α -KI, 12.0 ± 1.4 ; β -KI, 9.9 ± 1.7 ; WT, 12.4 ± 2.2 ; Kruskal-Wallis, $H_2 = 0.72$; $p > 0.05$). In DD, X^2 -periodogram analysis revealed no significant differences in τ ($F_{2,18} = 0.94$; $p > 0.05$) or amplitude ($F_{2,18} = 1.03$; $p > 0.05$) among all three groups (Fig. 5B-D). The mean α lengths for α -KI and β -KI mice were essentially identical to the WT controls ($F_{2,18} = 0.02$; $p > 0.05$; Fig. 5E). Finally, single KI and WT mice had similarly consolidated behavior, with no significant differences in the number of activity bouts per day ($F_{2,18} = 0.25$; $p > 0.05$; Fig. 5F).

Chronic GSK3 activity alters SFR rhythms in SCN neurons

In order to determine whether DKI mice have a disruption in normal pacemaker function at the level of the SCN, we next examined neurophysiological activity of SCN neurons from these mice. SCN neurons exhibit a circadian variation in the frequency of spontaneous action potential generation, with high activity during the day and low activity during the night (Inouye and Kawamura, 1979). These rhythms are a major output signal of the SCN and are important in the regulation of circadian behavior (Schwartz et al., 1987). To test the effect of chronic GSK3 activation on SFR rhythms in the SCN, we used loose-patch electrophysiological recordings of SCN neurons from WT and DKI mice during the subjective day and night. After behavioral analysis in DD, the same C57BL/6J WT and DKI animals were sacrificed, and extracellular recordings were made from SCN neurons at CT 6-8 or CT 18-20 for day or night recordings, respectively. During the subjective day, SCN neurons exhibited similarly elevated firing in both WT and DKI mice (Fig. 6; WT, 3.9 ± 0.6 Hz, $n = 23$; DKI, 4.3 ± 0.5 Hz, $n = 27$). As expected, WT neurons had a significantly lower SFR at night (0.8 ± 0.3 Hz, $n = 30$; $H_3 = 40.7$; $p < 0.001$; Kruskal-Wallis test). Unlike WT neurons, DKI SCN cells did not exhibit a significant day/night difference in neuronal activity (DKI-night, 2.7 ± 0.4 Hz; $n = 30$; $p > 0.05$). The loss of rhythmic activity in the SCN of DKI mice was driven by the hyperactivity of DKI neurons at night, which were firing at a rate over three times faster than WT cells ($p < 0.05$; two-sided asymptotic significance post hoc analysis). This same pattern of high excitability at night and normal

activity during the day was also replicated in SCN neurons from DKI mice on the mixed background (mean \pm SEM; DKI-night, 4.1 ± 0.8 Hz, $n = 20$; WT-night, 1.0 ± 0.4 Hz, $n = 11$; DKI-day, 5.8 ± 1.0 Hz, $n = 11$; WT-day, 4.8 ± 1.0 Hz, $n = 17$; 1-2 slices per genotype per timepoint).

DISCUSSION

The role of GSK3 as a critical regulator of the molecular clock is supported by reports showing that GSK3 phosphorylates nearly all of the core clock components *in vitro* (Iitaka et al., 2005, Wang et al., 2006, Spengler et al., 2009, Kurabayashi et al., 2010, Sahar et al., 2010). In addition to regulating the molecular clock, GSK3 exhibits a 24-hour variation of inhibitory phosphorylation within the SCN from mice held in an LD cycle (Iitaka et al., 2005). However, the role that this inactivation rhythm plays in the mammalian circadian system is not yet known. The present study shows, for the first time, that rhythmic GSK3 activity is critical for robust circadian rhythmicity. Specifically, our results indicate that: (1) chronic activation of GSK3 disrupts circadian behavior by decreasing circadian amplitude and increasing fragmentation; (2) chronic activation of either GSK3 isoform alone does not alter behavioral rhythms; and (3) chronic activation of GSK3 α/β eliminates rhythms in SCN neuronal activity.

Our first finding that chronic GSK3 disrupts behavioral rhythms is supported by our results that DKI mice exhibit dampened and fragmented wheel-running activity. Previous work on GSK3 and circadian behavior has predominantly focused on changes in the free-running period. For example, lithium, a known inhibitor of GSK3, lengthens the free-running period of a variety of organisms (LeSauter and Silver, 1993, Iwahana et al., 2004, Dokucu et al., 2005). Conversely, *Drosophila* that over-express GSK3 β have a shortened τ (Martinek et al., 2001). Surprisingly, our results show that GSK3 that is chronically active (but expressed at physiological levels) causes only a slight increase in τ in mutant mice on a mixed background. In rodents, the act of running on a wheel is known to influence τ , with wheel-access being associated with a shorter period (Yamada et al., 1988). Thus, it is possible that the lengthened τ in mixed DKI mice was a result of the severely reduced activity levels seen in these animals. This explanation is supported by the lack of period change in DKI mice on the C57 background, which also did not differ from WT mice in DD activity levels. Instead, our results revealed the importance of GSK3 phosphorylation rhythms in the generation of robust circadian behavior. On both backgrounds of mice, chronic GSK3 activity reduced the amplitude of behavioral rhythms and expanded the active phase (α). This reduced amplitude was coupled with significant behavioral fragmentation, as seen in the quantification of activity bouts, which were shorter in length and greater in number. These results are consistent with recent *in vitro* data that GSK3 inhibition increases the molecular clock amplitude (Li et al., 2012). Taken together, these findings suggest a critical role for GSK3 phosphorylation state balance in driving circadian clock amplitude.

Although the two GSK3 isoforms express 98% homology in amino acid sequence (Kaidanovich and Eldar-Finkelman, 2002), differences in α and β isoforms function has been noted in muscle metabolism (McManus et al., 2005), ischemic injury (Lal et al., 2012), and anti-depressant response (Polter and Li, 2011). Different functions of the isoforms have also been implicated within the circadian system. For example, GSK3 α , but not β , interacts *in vitro* with Receptor for Activated C-Kinase 1 (RACK1) (Zeidner et al., 2011), a known regulator of the circadian clock (Robles et al., 2010). In spite of this, the differential roles of GSK3 α and β in regulating circadian rhythms *in vivo* remain unclear; furthermore, the distinct function of each isoforms' rhythmic activity has been largely unexplored. In the present study, we examined the role of inhibitory phosphorylation of GSK3 α and GSK3 β separately by using transgenic mouse models. Interestingly, the single transgenic α -KI and

β -KI mice did not exhibit any of the same behavioral disruptions that were characteristic of the DKI mice. These results suggest that, in terms of circadian rhythm function, there may be compensation for the loss of phosphorylation of one isoform. However, peak levels of p-GSK3 in these mice do not suggest that this compensation occurs at the level of GSK3 S21/S9 phosphorylation, consistent with findings of McManus et al. (2005).

In addition to disrupting circadian behavior, we found that chronic GSK3 activity altered SFR rhythms in the SCN. Our results show that loss of GSK3 inactivation, as in the DKI mice, eliminated the day/night difference in SCN neuronal activity. This loss was due to the elevated “day”-like activity of DKI neurons during the subjective night. Importantly, the activity of SCN DKI neurons did not differ from that of WT neurons during the day, suggesting that the effects of constitutive GSK3 activation are phase-specific. These results suggest that the phosphorylation rhythm may be necessary for normal rhythmicity of spike rate in SCN neurons. Our results are consistent with a model in which active GSK3 enhances excitability while inactivation or inhibition decreases excitability. This idea is supported by previous work examining the effect of lithium on SCN activity. In hamsters, application of lithium to acute brain slices suppressed day-phase SCN neuronal firing (Mason and Biello, 1992), but this suppression may have occurred through a non-GSK3 related action of the drug. In the future, it will be important to replicate this effect with specific, small-molecule inhibitors of GSK3.

The mechanism by which GSK3 activity controls neurophysiological rhythms in the SCN remains unclear. One possible explanation for the disrupted SCN activity seen in DKI mice is an indirect consequence of disruption in the core molecular clock. However, further study *in vivo* is needed to determine how the molecular clock is affected by chronic GSK3 activity. Another possibility is that, downstream of the core clock, GSK3 activity directly influences membrane properties through an unknown mechanism. Interestingly, the effects of lithium on SCN activity are seen within 5-10 min of treatment (Mason and Biello, 1992). The rapid onset of this effect supports the notion that GSK3 is able to exert control over SCN neurophysiology without acting through the core clock. The ionic mechanisms underlying the daily rhythms in SCN activity have been extensively studied, and many of these currents have been shown to be rhythmic themselves (Pennartz et al., 2002, Itri et al., 2005, Pitts et al., 2006, Itri et al., 2010). One of the biggest questions left unanswered is how ion channels are being regulated to produce these rhythms (Colwell, 2011). In cortical and hippocampal cell culture, GSK3 has been shown to regulate expression and function of multiple receptors including, NMDAR, AMPAR, and GABA_AR, through mechanisms like trafficking, clustering, and phosphorylation (Chen et al., 2007, Wei et al., 2010, Tyagarajan et al., 2011). Future research should examine the possibility that rhythmic GSK3 regulates ion channels in the SCN in a similar manner.

One notable candidate target of GSK3 is large-conductance Ca²⁺ activated K⁺ (BK) channels which contribute to the nightly silencing of SCN neurons (Meredith et al., 2006). In other cell types, GSK3 can directly associate with the BK α sub-unit and regulate membrane expression of BK channels *in vitro* (Bian et al., 2011, Sokolowski et al., 2011). Furthermore, *kcnma1*^{-/-} mice, which lack the pore-forming α subunit of BK channels, show strikingly similar circadian phenotypes to DKI mice, in both behavior and SCN activity (Meredith et al., 2006). Determining the role of rhythmic GSK3 activity in regulating membrane properties of the SCN could provide a missing link between the molecular clock and the circadian output signal (i.e., spike rate). With the growing number of reports showing disrupted circadian behavior together with altered neuronal rhythms (Meredith et al., 2006, Kudo et al., 2011a, Kudo et al., 2011b, Nakamura et al., 2011, Farajnia et al., 2012), understanding the link between the core clock and membrane excitability is an important direction for future circadian research.

Dysregulation of GSK3 has been implicated in many of the same pathological conditions that are linked with circadian rhythm disturbance, such as psychiatric and aging-related disorders (Gomez-Sintes et al., 2011, Jope, 2011). Previously, DKI mice have been used as a model for bipolar disorder, with the mice displaying increased susceptibility to both manic- and depressive-like behaviors (Polter et al., 2010). In human bipolar patients, phosphorylation levels of GSK3 are decreased in peripheral blood mononuclear cells and fibroblasts (Yang et al., 2009, Polter et al., 2010). Circadian disruption is commonly seen in aging (Kondratova and Kondratov, 2012), and loss of p-GSK3 rhythms has been demonstrated in the SCN of aged hamsters (Iwahana et al., 2007). Because of its involvement in these and other pathologies, understanding how GSK3 modulates circadian rhythms and neurophysiological activity may lead to novel therapeutics for pathological disorders and circadian rhythm dysfunction.

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ABBREVIATIONS

α-KI	GSK3 $\alpha^{21A/21A}$ knock-in
β-KI	GSK3 $\beta^{9A/9A}$ knock-in
CT	circadian time
C57	C57BL/6J
DD	constant dark
DKI	GSK3 $\alpha^{21A/21A}/\beta^{9A/9A}$ knock-in
GSK3	glycogen synthase kinase 3
LD	12:12 light-dark cycle
SCN	suprachiasmatic nucleus
SFR	spontaneous firing rate
WT	wild-type

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Highlights

- Mice with constitutively active GSK3 α/β (KI) exhibit disrupted circadian behavior.
- GSK3 α/β KI mice show dampened and fragmented wheel-running activity rhythms.
- Chronic activation of GSK3 α or β alone did not produce the same altered phenotype.
- SCN neurons from GSK3 α/β KI have elevated neuronal activity during the night.
- Chronic GSK3 α/β activity results in the loss of typical SCN firing rate rhythms.

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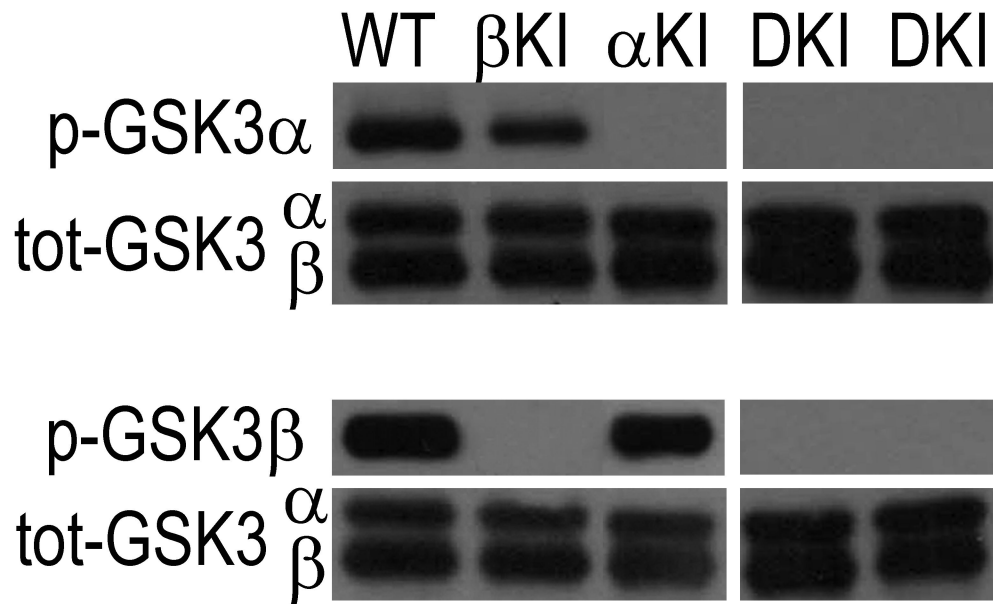


Fig. 1. Representative immunoblots of p-GSK3α/β in SCN tissue of WT, α-KI, β-KI, and DKI mice. Immunostaining for p-GSK3α S21 (top) and p-GSK3β S9 (bottom) showing loss of inhibitory phosphorylation of GSK3α, GSK3β, or both in SCN of α-KI, β-KI, or DKI mice, respectively. Total GSK3α/β staining shows loading control for each blot.

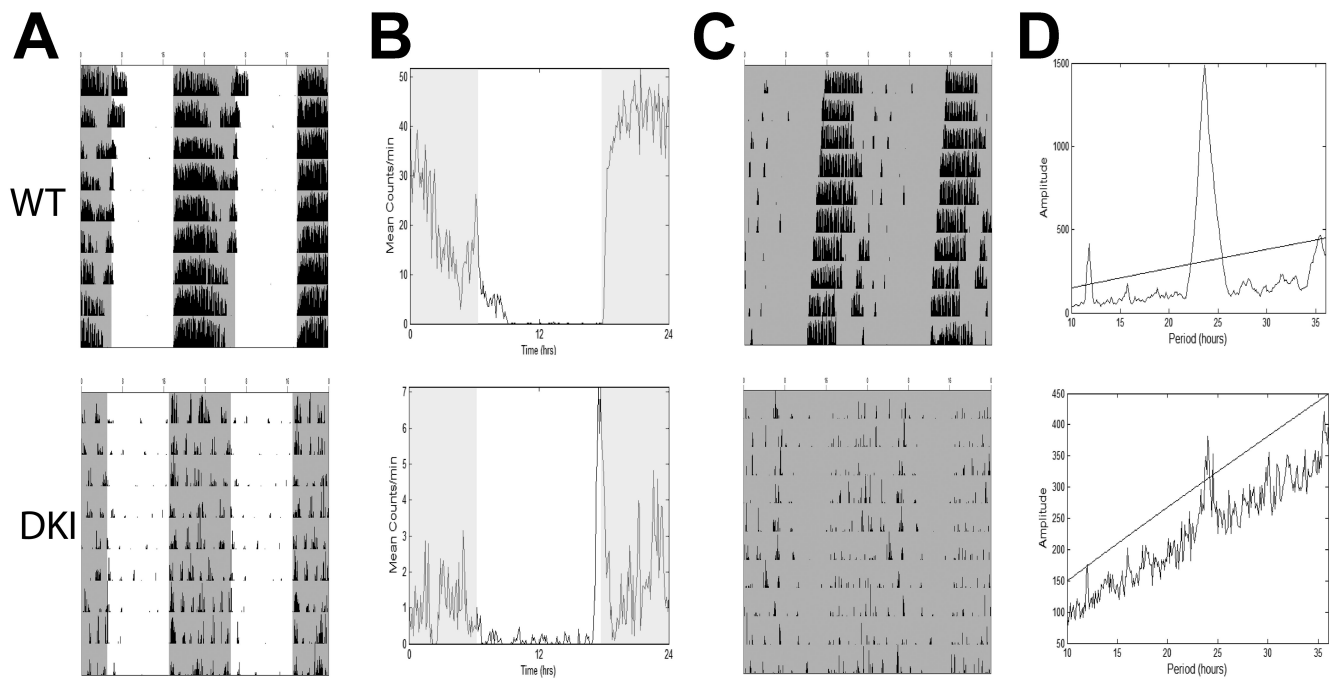


Fig. 2. Representative wheel-running behavior for WT (top) and DKI (bottom) mice on a mixed background. (A) Double-plotted actograms show behavior in a 12:12 light cycle (LD). (B) Activity profile plots showing averaged LD activity based on actograms in A. (C) Double-plotted actograms show behavior starting 6 days after release into constant dark (DD). (D) Representative X^2 -periodogram plots showing free-running period and amplitude for behavior in C. Line indicates 0.001% significance level. Shaded areas indicate lights off.

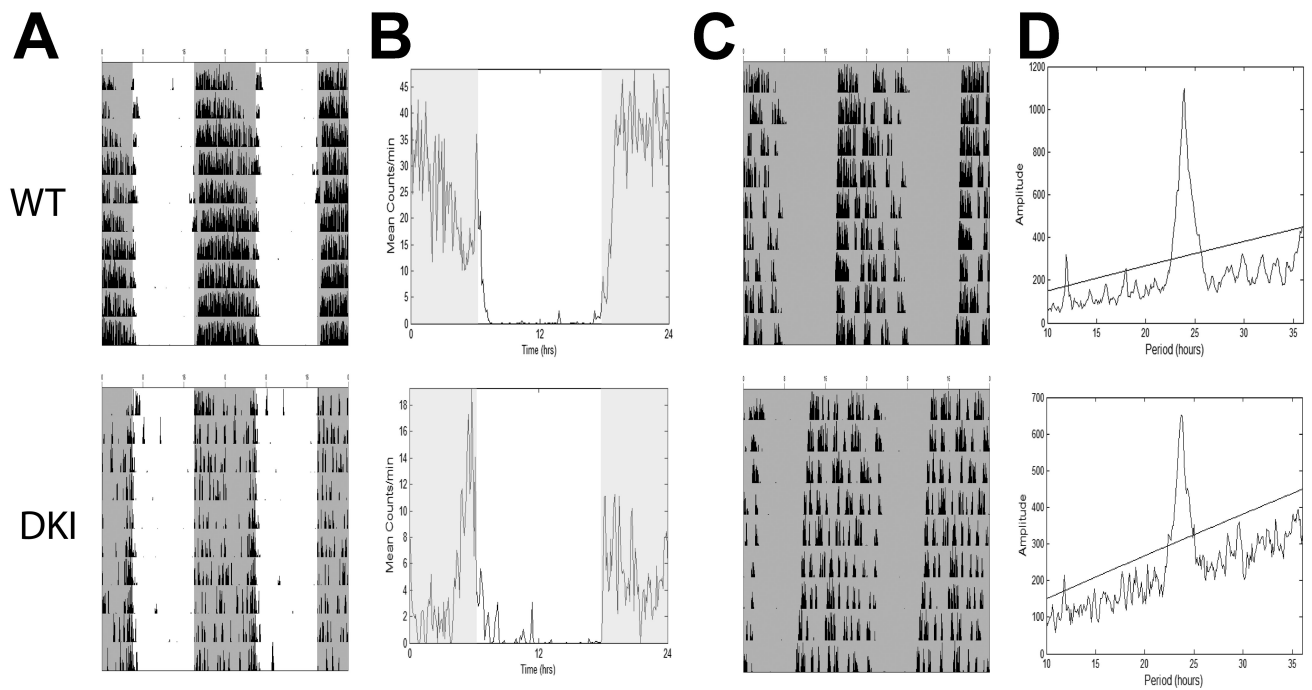


Fig. 3. Representative wheel-running behavior for C57BL/6J WT (top) and DKI (bottom) mice. (A) Double-plotted actograms show entrained behavior in LD. (B) Activity profile plots show averaged LD activity based on behavior in A. (C) Double-plotted actograms show behavior starting 12 days after release into DD. (D) Representative X^2 -periodogram plots showing free-running period and amplitude for behavior in C. Line indicates 0.001% significance level. Shaded areas indicate lights off.

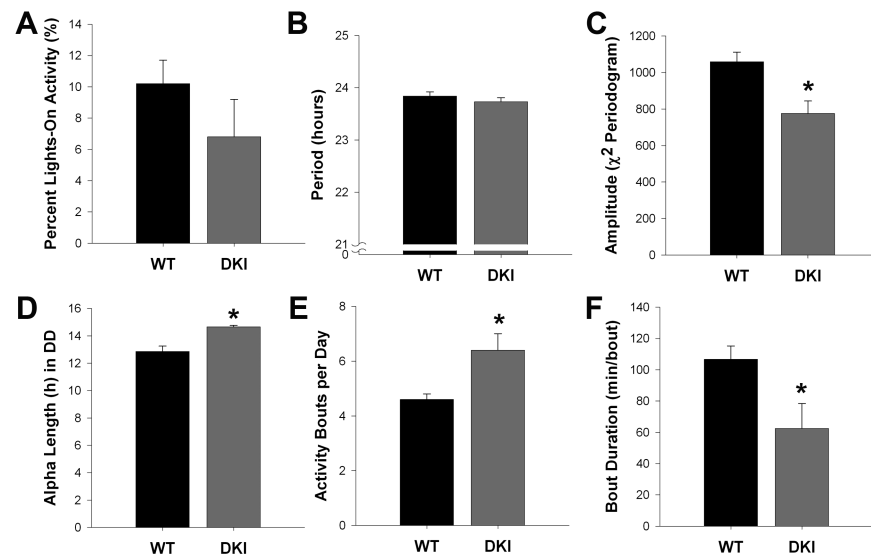


Fig. 4. Summary of circadian behavioral parameters for C57BL/6J DKI mice. Bar graphs indicating the mean \pm SEM of percent activity during lights on in LD (A), free-running period (B), χ^2 -periodogram amplitude (C), alpha length (D), activity fragmentation (E), and bout duration (F) for C57BL/6J WT (n = 5) and DKI (n = 6) mice. * $p < 0.05$

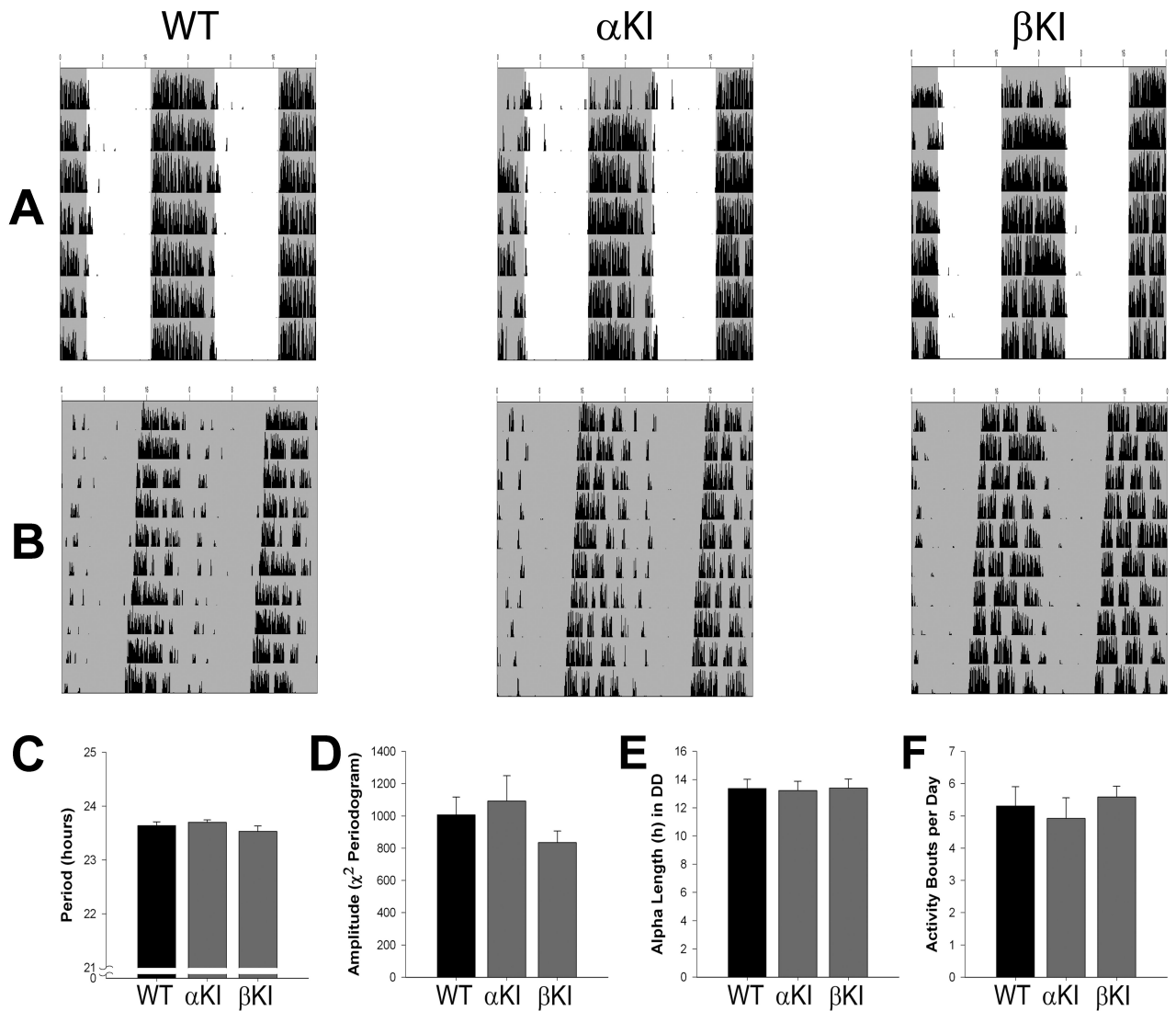


Fig. 5. Summary of circadian locomotor activity for α -KI and β -KI mice. (A,B) Representative wheel-running behavior for WT (left), α -KI (middle), and β -KI (right) mice. Double-plotted actograms show locomotor activity in LD (A) and DD (B). Shaded areas indicate lights off. (C-F) Bar graphs indicating the mean \pm SEM of free-running period (C), χ^2 -periodogram amplitude (D), alpha length (E), and activity bouts per day (F) for WT (n = 10), α -KI (n = 5), and β -KI (n = 6) mice. One-way ANOVA; $p > 0.05$ for all graphs.

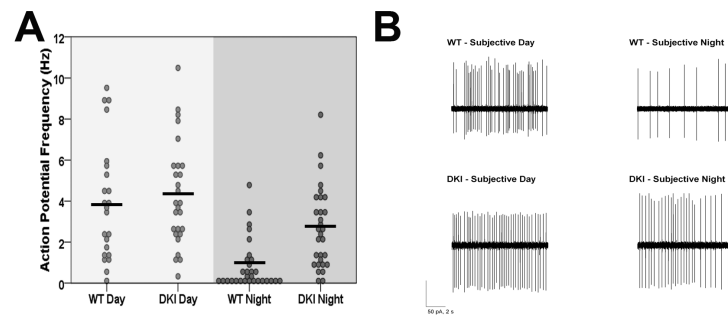


Fig. 6. Neurophysiological activity of SCN neurons from C57 DKI mice. (A) Spontaneous action potential frequencies of SCN neurons during the subjective day (CT 6-8) and subjective night (CT 18-20) from WT and DKI mice housed in DD. Black bars indicate the means for each group. (B) Representative cell-attached loose-patch traces (10 s) from results quantified in A. *Significantly different from all other groups, $p < 0.005$, 2-3 slices per genotype per time point.

Table

	WT	n	DKI	n
<i>LD</i>				
Activity (rev/min)	12.0 ± 0.9	16	2.4 ± 0.9**	16
Light Activity (rev/day)	1235 ± 968	16	152 ± 158**	16
Dark Activity (rev/day)	16062 ± 4443	16	3294 ± 5026**	16
Total Activity (rev/day)	17297 ± 4912	16	6443 ± 5162**	16
% Lights on Activity (%)	6.8 ± 4.8	16	8.7 ± 6.4	16
	±		±	
<i>DD</i>				
	±		±	
Tau (h)	23.42 ± 0.16	17	23.81 ± 0.10**	15
Power	1363 ± 343	17	524 ± 62**	15
Activity (rev/min)	14.11 ± 1.04	17	0.83 ± 0.34**	16
Alpha Length (h)	12.38 ± 0.73	17	14.44 ± 0.48**	14
Fragmentation (bouts/day)	4.3 ± 0.5	17	6.1 ± 0.4*	16
Avg. Bout Length (min)	133 ± 12.6	17	21.7 ± 2.3**	16

**
 $p < 0.001$

*
 $p < 0.01$; Mann-Whitney U test