

As Morfeld noted in his letter, adjustment for the healthy worker survivor effect is complex. We do not claim that adjustment using employment duration completely adjusts for a healthy worker survivor effect, but our results provided evidence that it is present in this cohort and should be addressed.

*The authors declare they have no actual or potential competing financial interests.*

**Eric Garshick**

Pulmonary and Critical Care  
Medicine Section  
VA Boston Healthcare System  
Harvard Medical School  
Boston, Massachusetts  
E-mail: Eric.Garshick@va.gov

**Francine Laden**

**Jaime E. Hart**  
Channing Division of Network Medicine  
Brigham and Women's Hospital  
Harvard Medical School  
Boston, Massachusetts

**Mary E. Davis**

Department of Urban and Environmental  
Policy and Planning  
Tufts University  
Medford, Massachusetts

**Ellen A. Eisen**

Environmental Health Sciences Division  
School of Public Health  
University of California, Berkeley  
Berkeley, California

**Thomas J. Smith**

Exposure, Epidemiology and Risk Program  
Department of Environmental Health  
Harvard School of Public Health  
Boston, Massachusetts

**REFERENCES**

- Applebaum KM, Malloy EJ, Eisen EA. 2011. Left truncation, susceptibility, and bias in occupational cohort studies. *Epidemiology* 22:599–606.
- Garshick E, Laden F, Hart JE, Davis ME, Eisen EA, Smith TJ. 2012. Lung cancer and elemental carbon exposure in trucking industry workers. *Environ Health Perspect* 120:1301–1306.

**DNA Damage after Continuous Irradiation: Findings in Mice Compared with Human Epidemiologic Data**

<http://dx.doi.org/10.1289/ehp.1205564>

Olipitz et al. (2012) suggested that their study of biomarkers in several hundred mice exposed to 10.5 cGy of ionizing radiation for 5 weeks casts into doubt radiation standards and concerns about protracted exposure after accidental releases of radioactivity. Yet, the authors failed to discuss the many human studies that have appeared in recent years

showing excess cancers after protracted exposure (e.g., Cardis et al. 2005; Krestinina et al. 2007; Muirhead et al. 2009). The most likely explanation for the contradiction is that the biomarkers they examined are not predictive of cancer incidence 10–50 years after exposure, a possibility they did not mention. Before a cellular biomarker can be trusted to predict cancer risk, it first must be linked to epidemiologic data, something that Olipitz et al. have not done.

If Olipitz et al. (2012) interpreted their biomarker results correctly, then recent studies on humans must have been wrong. For example, in a study of 400,000 nuclear workers, Cardis et al. (2005) reported excess cancer from protracted exposure at a rate per Gray higher than that found in studies of one-time exposures in atomic bomb (A-bomb) survivors. In a study of 175,000 radiation workers receiving protracted exposures in the United Kingdom, Muirhead et al. (2009) observed excess cancer at the same rate as found in A-bomb survivors. Krestinina et al. (2007) found excess cancer in 17,000 members of the civilian population who received protracted exposure from emissions from the Soviet weapons complex—also at a higher rate than found in the A-bomb cohort. In addition, Chernobyl thyroid exposures meet the protracted test because > 90% of the dose came from iodine-131, which has an 8-day half-life (Gavrilin et al. 2004). It would have been helpful if Olipitz et al. (2012) had explicitly mentioned these epidemiologic contradictions to their data interpretation, thus allowing the reader to judge whether or not their mouse data should influence worker and public radiation standards for protracted exposures.

In the past, cellular radiation studies have conflicted with human epidemiologic data. Thus, the study by Olipitz et al. (2012) is not a test of the linear nonthreshold theory (LNT). The authors started with a dose almost universally accepted to cause a (small) risk of cancer if given all at once.

Perhaps Olipitz et al. (2012) would argue that the dose categories covered in the epidemiology studies cited above do not really include protracted exposures to 10.5-cGy doses, but only to doses no lower than 20 or 30 cGy. However, Olipitz et al. claimed to see “nothing” after 5 weeks, so the implication is that they would also see nothing after 10–15 weeks. If they thought otherwise, it would have been appropriate to say so. In addition, epidemiologic studies in regions with high natural background are not definitive. In one such study, Nair et al. (2009) concluded that their study in India, together with cancer mortality studies in China, could only set limits, suggesting that “it is unlikely that estimates of risk at low

doses are substantially greater than currently believed.”

One of the biggest paradoxes in the debate on low-level radiation—whether about immediate or protracted exposure—is that an individual risk can be a minor concern, while the societal risk (the total delayed cancers in an exposed population) can be of major concern. Attempts to calm public overreaction should not ignore the human epidemiologic data. Further discussion of these controversies and their policy implications have been published previously (Beyea 2012).

*The manuscript is solely the work of the author. It has not been reviewed by anyone connected to litigation, nor has the author received funds for its preparation.*

*The author, founder of Consulting in the Public Interest, advises plaintiff law firms on litigation involving off-site, low-level radiation exposure from the Hanford weapons complex.*

**Jan Beyea**

Consulting in the Public Interest  
Lambertville, New Jersey  
E-mail: jbeyea@cipi.com

**REFERENCES**

- Beyea J. 2012. The scientific jigsaw puzzle: fitting the pieces of the low-level radiation debate. *Bull At Sci* 68(3):13–28.
- Cardis E, Vrijheid M, Blettner M, Gilbert E, Hakama M, Hill C, et al. 2005. Risk of cancer after low doses of ionising radiation: retrospective cohort study in 15 countries. *BMJ* 331(7508):77; doi:10.1136/bmj.38499.599861.E0 [Online 7 July 2005].
- Gavrilin Y, Khrouch V, Shinkarev S, Drozdovitch V, Minenko V, Shemiakina E, et al. 2004. Individual thyroid dose estimation for a case-control study of Chernobyl-related thyroid cancer among children of Belarus—part I: <sup>131</sup>I, short-lived radioiodines (<sup>132</sup>I, <sup>133</sup>I, <sup>135</sup>I), and short-lived radiotelluriums (<sup>131</sup>MTe and <sup>132</sup>Te). *Health Phys* 86(6):565–585.
- Krestinina LY, Davis F, Ostroumova E, Epifanova S, Degteva M, Preston D, et al. 2007. Solid cancer incidence and low-dose-rate radiation exposures in the Techa River cohort: 1956–2002. *Int J Epidemiol* 36(5):1038–1046.
- Muirhead CR, O'Hagan JA, Haylock RG, Phillipson MA, Willcock T, Berridge GL, et al. 2009. Mortality and cancer incidence following occupational radiation exposure: third analysis of the National Registry for Radiation Workers. *Br J Cancer* 100(1):206–212.
- Nair RRR, Rajan B, Akiba S, Jayalekshmi P, Nair MK, Gangadharan P, et al. 2009. Background radiation and cancer incidence in Kerala, India—Karunagappally cohort study. *Health Phys* 96(1):55–66.
- Olipitz W, Wiktor-Brown D, Shuga J, Pang B, McFaline J, Lonkar P, et al. 2012. Integrated molecular analysis indicates undetectable change in DNA damage in mice after continuous irradiation at ~ 400-fold natural background radiation. *Environ Health Perspect* 120:1130–1136.

**DNA Damage after Continuous Irradiation: Yanch and Engelward Respond**

<http://dx.doi.org/10.1289/ehp.1205564R>

We thank Beyea for his comments and would like to respond, in particular, regarding the works he cites in his letter. First, the results of our study are, in fact, consistent with the findings of many human epidemiologic studies. The latest National Research Council (NRC)

report on the *Health Risks from Exposure to Low Levels of Ionizing Radiation: BEIR VII Phase 2* (NRC 2006) summarized the conclusions of studies examining cancer mortality in those occupationally exposed to long-term low dose-rate radiation (Tables 8.3–8.5). Of the 38 studies listed, approximately half (18) found either no association or a negative relationship whereby exposure to radiation correlated with a reduced cancer mortality rate.

A significant shortcoming of many of the studies listed in BEIR VII is the *a priori* invocation of the linear no-threshold (LNT) model without consideration of other plausible dose–response relationships. Because large cumulative doses do result in excess cancer deaths, fixing the lowest data point at (0,0) and assuming a linear relationship has the inevitable consequence of generating a positive dose response at all lower doses, regardless of whether this conclusion is supported by low-dose data. For instance, Table 5 of the study by Krestinina et al. (2007), cited by Beyea, shows the number of person-years represented by subjects in various dose cohorts (< 10, < 50, < 100, < 300, and ≥ 300 mGy), and the estimated number of excess cancer deaths. Note that the number of excess cancers per person-year of exposure initially declines and increases significantly only for the very highest dose cohort—those receiving any cumulative dose > 300 mGy (Krestinina et al. 2007). Our data are thus consistent with the data of Krestinina et al. (2007) but not with their conclusion, which is based on the LNT model.

Cardis et al. (2005) pooled results from nuclear workers in 15 countries; in calculating country-specific excess relative risk (ERR) per sievert, they found one country, Canada, to have an ERR > 6 times the 15-country average. As pointed out by Krestinina et al. (2007), other analyses of the Canadian cohort determined an ERR that was much lower, on the order of 2.5/Sv. If this value had been used by Cardis et al. (2005), their estimate of the ERR from the pooled cohort would not be significant because the ERR for other countries in the pool was < 0.0. Indeed, Cardis et al. stated that when they removed the Canadian cohort (which contributed only 5% of the deaths in the study), the calculated

ERR for the entire group was not significantly different from zero, even though the LNT was applied. That is, exposure to radiation was found to have no impact on cancer mortality rates, a result consistent with our study, in which we found no association between radiation exposure and end points commonly associated with cancer induction.

In another study cited by Beyea, Nair et al. (2009) found an ERR no different from zero. Radiation workers typically receive occupational doses that are substantially less than their natural background doses [in the United States, occupational doses are about 30% of average natural background doses (U.S. Nuclear Regulatory Commission 2012); thus, any association between occupational radiation dose and excess cancer mortality would be very difficult to discern. In contrast, in the study by Nair et al. (2009), the subjects who lived in an area with naturally high background radiation received average radiation doses 8 times greater than the average occupational doses reported by Cardis et al. (2005). Not only did Nair et al. calculate an ERR of less than zero, the upper 95% confidence level was less than the ERR calculated from A-bomb survivor studies (Nair et al. 2009); this result is consistent with a significant dose-rate effect whereby the effects of a dose received slowly over time are substantially reduced relative to the same dose received acutely.

Muirhead et al. (2009) found that the ERR per sievert was positive for 19 types of cancer and negative for 10. These mixed results echo those of epidemiologic studies of cancers in humans exposed to ionizing radiation in general: Some show a positive relationship, some show no effect, and some show a negative correlation.

Once the environment has been contaminated with radionuclides and our dose-rate increases, how we deal with the problem is a “zero-sum proposition.” That is, to avoid additional radiation dose (beyond natural background), it is necessary to relinquish many important aspects of life as a result of evacuation and long-term relocation: homes, communities, employment, and school opportunities, among others. One question is critical: At what dose-rate should

these aspects of life be relinquished for years, perhaps forever? To answer such an important question, we need to begin relying on data and not on hypothetical models that, although offering mathematical simplicity, do not reflect the complexity of a biological system that evolved on a naturally radioactive earth with exposure levels that vary considerably from place to place.

*The authors declare they have no actual or potential competing financial interests.*

**Jacquelyn Yanch**

Department of Nuclear Science  
and Engineering

Massachusetts Institute of Technology

Cambridge, Massachusetts

E-mail: jcyanch@mit.edu

**Bevin Engelward**

Department of Biological Engineering  
Massachusetts Institute of Technology

Cambridge, Massachusetts

## REFERENCES

- Cardis E, Vrijheid M, Blettner M, Gilbert E, Hakama M, Hill C, et al. 2005. Risk of cancer after low doses of ionising radiation: retrospective cohort study in 15 countries. *BMJ* 331(7508):77; doi:10.1136/bmj.38499.599861.E0 [Online 7 July 2005].
- Krestinina LY, Davis F, Ostroumova E, Epifanova S, Degteva M, Preston D, et al. 2007. Solid cancer incidence and low-dose-rate radiation exposures in the Techa River cohort: 1956–2002. *Int J Epidemiol* 36(5):1038–1046.
- Muirhead CR, O’Hagan JA, Haylock RG, Phillipson MA, Willcock T, Berridge GL, et al. 2009. Mortality and cancer incidence following occupational radiation exposure: third analysis of the National Registry for Radiation Workers. *Br J Cancer* 100(1):206–212.
- Nair RRR, Rajan B, Akiba S, Jayalekshmi P, Nair MK, Gangadharan P, et al. 2009. Background radiation and cancer incidence in Kerala, India—Karunagapally cohort study. *Health Phys* 96(1):55–66.
- NRC (National Research Council). 2006. *Health Risks from Exposure to Low Levels of Ionizing Radiation: BEIR VII Phase 2*. Washington, DC:National Academies Press.
- Olipitz W, Wiktor-Brown D, Shuga J, Pang B, McFaline J, Lonkar P, et al. 2012. Integrated molecular analysis indicates undetectable change in DNA damage in mice after continuous irradiation at ~ 400-fold natural background radiation. *Environ Health Perspect* 120:1130–1136.
- Preston DL, Ron E, Tokuoka S, Funamoto S, Nishi N, Soda M, et al. 2007. Solid cancer evidence in atomic bomb survivors: 1958–1998. *Radiat Res* 168:1–64.
- U.S. Nuclear Regulatory Commission. 2012. *Occupational Radiation Exposure at Commercial Nuclear Power Reactors and Other Facilities 2010: Forty-third Annual Report*. NUREG-0713, Vol. 32. Available: <http://pbdupws.nrc.gov/docs/ML1215/ML12153A003.pdf> [accessed 6 September 2012].