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Association Between Coronary Vascular Dysfunction and Cardiac Mortality in Patients with and without Diabetes Mellitus

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Abstract

Background—Diabetes increases the risk of adverse cardiac outcomes and is considered a coronary artery disease (CAD) equivalent. We examined whether coronary vascular dysfunction, an early manifestation of CAD, accounts for increased risk among patients with diabetes compared to non-diabetics.

Methods and Results—2783 consecutive patients (1172 diabetics and 1611 non-diabetics) underwent quantification of coronary flow reserve (CFR=stress divided by rest myocardial blood flow) by PET and were followed for a median of 1.4 years (Q1–Q3: 0.7–3.2). The primary endpoint was cardiac death. Impaired CFR (below the median) was associated with an adjusted 3.2 and 4.9-fold increase in the rate of cardiac death for diabetics and non-diabetics, respectively ($p=0.0004$). Addition of CFR to clinical and imaging risk models improved risk discrimination both diabetics and non-diabetics (c-index: 0.77 to 0.79, $p=0.04$, and 0.82 to 0.85, $p=0.03$, respectively). Diabetic patients without known CAD with impaired CFR experienced a rate of cardiac death comparable to that for non-diabetic patients with known CAD (2.8 vs 2.0%/year, $P=0.33$). Conversely, diabetics without known CAD and preserved CFR had very low annualized cardiac mortality, which was similar to patients without known CAD or diabetes and normal stress perfusion and systolic function (0.3 vs. 0.5%/year, $P=0.65$).

Conclusions—Coronary vasodilator dysfunction is a powerful, independent correlate of cardiac mortality among both diabetics and non-diabetics and provides meaningful incremental risk stratification. Among diabetic patients without CAD, those with impaired CFR have event rates comparable to patients with prior CAD while those with preserved CFR have event rates comparable to non-diabetics.

Keywords

coronary disease; diabetes mellitus; imaging; myocardial perfusion imaging

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Introduction

Despite advances in medical therapy, cardiovascular disease remains the leading cause of mortality among patients with diabetes mellitus¹. Indeed, diabetes has been classified as a coronary heart disease equivalent². For any degree of myocardial ischemia on non-invasive testing, diabetics are at considerably higher risk of cardiac mortality than those without diabetes³. This may be due in part to a higher prevalence of high-risk coronary anatomy among diabetics⁴. However, the absence of myocardial ischemia on noninvasive testing in patients with diabetes does not necessarily identify a lower risk cohort⁵. This may be related, at least in part, to the observation that diffuse coronary vascular dysfunction in diabetes precedes overt atherosclerosis⁶. Abnormalities of vascular dysfunction may help identify additional high-risk populations for therapy who are missed by current risk stratification methods. Indeed, there is growing, consistent evidence that impaired coronary vascular function is associated with adverse prognosis^{7–10}. However, the link between coronary vascular dysfunction and adverse outcomes has been established in predominantly non-diabetic populations. Whether the strength of these associations is maintained in the setting of diabetes is unknown.

This study was designed to test the hypothesis that the presence of impaired coronary vasodilator function helps explain the observed excess risk of cardiac mortality among patients with diabetes and to compare the strength of this association with non-diabetics.

Methods

Study Population

All patients referred for rest/stress cardiac PET at the Brigham & Women's Hospital (Boston, MA) between January 1, 2006 and June 30, 2010 were included in this study, excluding those whose images were missing or uninterpretable due to poor image quality (n=254). In cases of repeat PET scans during the study period, only the earliest evaluable study was included. Patients with diabetes were identified by interview, medical records and laboratory results (hemoglobin A1c $\geq 6.5\%$ or fasting plasma glucose ≥ 126 mg/dl). A combined analysis of all of the diabetic and non-diabetic patients in this study was previously published¹¹. The study was approved by the Partners Healthcare Institutional Review Board and conducted in accordance with institutional guidelines.

Risk Factor Assessment

Demographic factors and key elements of the patients' history including risk factors and medication use were ascertained at the time of the study by patient interview and review of medical records. Diabetic nephropathy was identified based on medical records and laboratory results (urine total protein ≥ 500 mg/dl, spot urine albumin/creatinine ratio ≥ 30 mcg/mg or 24 hour urine albumin ≥ 30 mg). Microalbuminuria was identified based on spot urine albumin/creatinine ratio ≥ 30 mcg/mg or 24 hour urine albumin ≥ 30 mg). Diabetic neuropathy and retinopathy were identified from medical records.

Positron Emission Tomographic Imaging

Patients were studied using a whole body PET-CT scanner (Discovery RX or STE LightSpeed 64, GE Healthcare, Milwaukee, WI) after an overnight fast. Patients refrained from caffeine and methylxanthine containing substances and drugs for 24 hours prior to their scans. Myocardial blood flow (MBF) was measured during rest and peak stress using ⁸²Rubidium as a perfusion tracer, as described previously¹². Briefly, after transmission imaging and beginning with the intravenous bolus administration of ⁸²Rubidium (1,480–2,200 MBq), list mode images were acquired for seven minutes.

Then, a standard intravenous infusion of dipyridamole, adenosine, regadenoson or dobutamine was given. At peak stress, a second dose of ^{82}Rb was injected and images were recorded in the same manner. The average radiation exposure per study was 4.6 mSv^{13,14}. Heart rate, blood pressure, and 12-lead electrocardiogram were recorded at baseline and every minute during and after pharmacological stress.

Image Analysis

Semiquantitative Analysis of Myocardial Perfusion—Semi-quantitative 17-segment visual interpretation of the gated myocardial perfusion images was performed by experienced observers using a standard 5-point scoring system^{15,16}. Summed rest (SRS) and stress scores (SSS) were calculated as the sum of individual segmental scores on the respective images, and their difference was recorded as summed difference score (SDS). These were converted to percentages of left ventricular myocardium by dividing by the maximum score, *i.e.* 68. For each of these variables, higher scores reflect larger areas of myocardial ischemia and/or scar.

Left Ventricular Systolic Function—Rest and stress LV ejection fraction (LVEF) were calculated from gated myocardial perfusion images using commercially available software. Left ventricular ejection fraction reserve was considered present when LVEF increased from rest to stress.

Quantitative Myocardial Blood Flow and Flow Reserve

Absolute MBF (in ml/g/min) was computed from the dynamic rest and stress imaging series using commercially available software (Corridor4DM; Ann Arbor, Michigan) and previously validated methods^{12,17}. Automated factor analysis was used to generate blood pool (arterial input function) and tissue time-activity curves¹⁸. Regional and global rest and peak stress MBF were calculated by fitting the ^{82}Rb time-activity curves to a two-compartment tracer kinetic model as described previously¹⁷. Per-patient global coronary flow reserve (CFR) was calculated as the ratio of absolute MBF at stress over rest for the entire left ventricle. Quantitation of MBF was performed *post hoc* by four operators in randomly allocated blocks of approximately fifty patients. Prior to flow quantification, the intra-class correlation coefficient for CFR among these four readers on a training set was 0.94 (95% CI 0.88–0.98), indicating excellent reproducibility.

Assessment of Outcomes

The primary outcome was death from any cardiac cause. Patients who died from non-cardiac causes were censored. Vital status of all patients was ascertained by integrating data from the Social Security Death Index, the National Death Index and the Partners Healthcare Research Patient Data Registry. Cause of death was determined by blinded adjudication of hospital records and death certificates. Early revascularization (within 90 days) was ascertained from the Partners Healthcare Research Patient Data Registry and hospital records. Mortality from any cause was used as a secondary endpoint.

Statistical Analysis

Statistical significance was assessed using Wilcoxon tests, Fisher exact and chi-square tests for continuous, dichotomous and categorical variables, respectively. Two sided p-values < 0.05 were considered significant. All statistical analyses were performed using SAS 9.3 (SAS Institute Inc., Cary, NC).

Multivariable Modeling

The Cox proportional hazards model¹⁹ was used to assess the impact of CFR on cardiac mortality after controlling for the effects of critical covariates. A series of models were developed starting with the Duke Clinical Score, an index of CAD likelihood and prognosis based on clinical covariates²⁰. Rest LVEF, combined extent and severity of scar and ischemia, stress-induced LVEF augmentation (LVEF reserve) and CFR (dichotomized separately at the median values for diabetics, 1.6, and non-diabetics, 1.9) were then sequentially incorporated into the model. In order to investigate the effects of absolute peak stress MBF, we generated additional models containing absolute stress MBF instead of CFR. The models were examined for the validity of the proportional hazards assumption (using time-dependent covariates, standardized score process plots and the Kolmogorov-type supremum test) and for additive value, taking care to avoid over-fitting. Survival was plotted using direct adjusted survival probabilities²¹ from the Cox survival model.

To assess for biases introduced by early revascularization, analyses were repeated censoring all patients who underwent early revascularization²². In an exploratory analysis, we considered the effect of any revascularization, including those >90 days after the PET scan, as a time-dependent covariate.

Assessment of Incremental Value

Incremental prognostic value of CFR was assessed with the likelihood ratio test to determine the improvement in prediction power of each sequential Cox model. The Harrell c-index²³ and Nam-D'Agostino calibration statistic²⁴ were calculated for each model. The potential impact of CFR on risk stratification was assessed by net reclassification improvement (NRI)²⁵ at 2-years using threshold annual rates of cardiac mortality of 1% and 3%, derived from the ACC/AHA guidelines for management of chronic stable angina²⁶.

Analysis of Annualized Event Rates

In order to assess the relative prognostic impact of diabetes with that of prior CAD, four groups were constructed: (1) patients with known prior CAD (history of revascularization or myocardial infarction) but free of diabetes, (2) patients with diabetes without history of CAD with impaired CFR, (3) patients with diabetes without history of CAD with preserved CFR and (4) patients without diabetes or CAD with normal scans (no perfusion abnormality at stress and rest LVEF \geq 50%). Poisson regression was performed to compute annualized cardiac mortality rates adjusted for Duke clinical risk score, combined extent and severity of scar and ischemia, rest LVEF and early revascularization. The hypothesis that diabetes carries CAD equivalent risk only among patients with decreased CFR was evaluated by comparing annualized cardiac mortality for groups 1 versus 2, 1 versus 3, and 3 versus 4.

Results

Patient Characteristics

A total of 2783 consecutive patients (1172 with and 1611 without diabetes) met inclusion and exclusion criteria during the study period and were followed for a median of 1.4 years (first and third quartiles: 0.7–3.2 years). Baseline characteristics are given in Table 1. The most common indications for testing were evaluation for chest pain, dyspnea, or their combination. Approximately half of all studies were normal by semi-quantitative visual analysis.

Patient Outcomes

Mortality from any cause occurred in 279 patients, of which 137 (49.1%) were due to cardiac causes (Table 2). Kaplan-Meier estimated three-year cardiac mortality was 11.6 and 5.8% for patients with and without diabetes, respectively ($p=0.0003$).

The annualized rate of cardiac death increased with increasing extent and severity of perfusion abnormalities (Figure 1) and was consistently higher for diabetics than non-diabetics ($P=0.02$). Furthermore, regardless of ischemia and scar extent, or LVEF, impaired vs. preserved CFR separated higher and lower risk subgroups in both diabetics and non-diabetics, including among those with visually normal PET scans (Figure 2).

Unadjusted Correlates of Cardiac Mortality Among Diabetics

Impaired CFR was associated with 6.0-fold (95% CI 3.2–11.0, $p<0.0001$) and 8.9-fold (95% CI 3.8–20.8, $p<0.0001$) increased rates of cardiac death among diabetics and non-diabetics, respectively. Other significant correlates of increased rate of cardiac death included age, male gender, BMI and prior CAD. Chest pain as a reason for testing and obesity were associated with a decreased cardiac mortality, possibly reflecting confounding, although other explanations have also been proposed²⁷. As in prior studies, dyspnea was associated with increased cardiac mortality among diabetics²⁸, perhaps in part due to a slightly lower LVEF among diabetics with dyspnea, 54% [Q1–Q3: 40–65%], compared to those without, 56% [Q1–Q3: 47–64%], ($p=0.053$). Dyspnea was not associated with increased cardiac mortality among non-diabetics. In addition, a decrease in rest LVEF, as well as increasing burden of scar, ischemia or their combination on semi-quantitative visual analysis were all significantly associated with increased cardiac mortality in both patient cohorts.

Multivariable Survival Analysis and Incremental prognostic Value

A series of multivariable models were then constructed to assess the incremental value of CFR after adjustment for critical covariates known to be associated with increased risk of cardiac mortality for diabetics and non-diabetics (Table 3). Among diabetics, addition of CFR to a model including the clinical risk, early revascularization, rest LVEF, a history of nephropathy and retinopathy, LVEF reserve and the combined extent of ischemia and scar was associated with a significant increase in global χ^2 and decrease in Akaike information criterion, indicating improved model fit and a significant increase in the c-index from 0.77 to 0.79 ($p=0.04$). Compared to those with preserved CFR, the fully-adjusted hazard ratio of impaired for cardiac death was 3.2 (95% CI 1.7–6.2, $p=0.0004$) (Figure 3). Although the inclusion of peak stress MBF alone added incremental prognostic information, the use of CFR resulted in a significantly better model fit (global χ^2 of 97.3 vs. 110.6, respectively).

Similarly, for non-diabetics, addition of CFR to a model containing the clinical risk, early revascularization, rest LVEF, LVEF reserve and the combined extent of ischemia and scar improved model fit and c-statistic (0.82 to 0.85, $P=0.03$). The fully adjusted hazard ratio for cardiac death of impaired CFR was 4.9 (95% CI 2.0–11.5, $p=0.0004$).

Risk Reclassification

For both diabetics and non-diabetics, addition of CFR to the model resulted in the reclassification of approximately 1 in 3 patients across clinically relevant categories of risk (Tables 4–5, NRI 0.171 and 0.214, respectively). More than half of patients at intermediate risk, between 1 and 3% annual cardiac mortality, were reclassified (NRI of 0.657 and 0.897 for diabetics and non-diabetics, respectively). Importantly, diabetic and non-diabetic patients who were downward reclassified from intermediate risk experienced 0.2 and 0.0% annualized cardiac mortality, respectively (Supplemental Figures 1&2). Improvements in

risk reclassification were also noted after addition of CFR among patients considered low and high risk on the basis of clinical risk and traditional stress imaging findings.

All-Cause Mortality

Analyses were repeated using mortality from any cause as a secondary outcome and the results were similar. After adjustment for clinical risk and traditional stress imaging findings, impaired CFR remained a significant correlate of mortality for both diabetics and non-diabetics and was associated with 2.0 and 3.4-fold increased rates of death, respectively ($p < 0.001$). Addition of CFR improved c-indices for both diabetics ($p = 0.008$) and non-diabetics ($p = 0.03$) and with favorable risk reclassification (Supplemental Table 1).

Comparison of patients with and without Diabetes mellitus

We sought to determine whether the presence of preserved CFR could separate diabetic patients without known CAD with favorable prognosis (*i.e.* comparable to patients without CAD or diabetes and with normal myocardial perfusion and systolic function) from those with unfavorable prognosis (*i.e.* comparable to patients with known CAD with or without diabetes). Adjusted annualized cardiac mortality was highest in patients with known CAD and diabetes and lowest among patients with neither diabetes nor known CAD (Figure 4). Diabetic patients without known CAD showed different annual cardiac mortality rates depending on their CFR. Those with preserved CFR had a very low annual cardiac mortality that was comparable to patients without diabetes or CAD with normal stress perfusion and systolic function (0.3 vs. 0.5%/year, respectively, $p = 0.65$) and markedly lower than patients with known CAD (0.3 vs. 2.0%/year, respectively, $p = 0.015$). In contrast, adjusted annualized cardiac mortality in diabetics without known CAD who exhibited impaired CFR was comparable to that for non-diabetic patients with known CAD (2.8 vs. 2.0%/year, $p = 0.33$).

Discussion

This study demonstrates that the presence of coronary vascular dysfunction, as assessed by PET, is an independent correlate of cardiac and all-cause mortality among patients with diabetes mellitus as well as non-diabetics. We observed that inability to appropriately augment myocardial blood flow in response to stress identified diabetics and non-diabetics with substantially higher cardiac mortality (7.6 vs. 1.3%/year and 4.2 vs. 0.4%/year, respectively, both $p < 0.0001$). Furthermore, identification of coronary vasodilatory dysfunction improved risk stratification beyond comprehensive clinical assessment, LV systolic function and semi-quantitative measures of myocardial ischemia and scar. Indeed, quantitative estimation of coronary vasodilator reserve in this cohort was able to improve risk stratification in more than half of both diabetic and non-diabetic patients with intermediate risk based on clinical risk factors and traditional stress imaging findings. Importantly, diabetic patients without known CAD with impaired coronary vascular function experienced a rate of cardiac death comparable to, and possibly higher than that for non-diabetic patients with known CAD. Conversely, the rate of cardiac death in diabetic patients without known CAD was very low in the presence of relatively preserved coronary vascular function. These findings may, in part, account for the inconsistent relationship between diabetes and cardiac risk reported in the literature^{30–33}.

Noninvasive measures of coronary vasodilator reserve integrate the hemodynamic effects of focal epicardial coronary stenosis, the fluid dynamic effects of diffuse atherosclerosis and the presence of coronary microvascular dysfunction. As a result, the observed relationship between impaired coronary flow reserve and prognosis may be due to any or all of these factors combined. Patients with diabetes may be more likely to have advanced multi-vessel

epicardial coronary disease³⁴. Additionally, diffuse, albeit non-obstructive, atherosclerosis seen in diabetics is known to be associated with vascular dysfunction³⁵. Finally, microvascular dysfunction is more prevalent among those with diabetes⁶. The increased prevalence of all three of these factors, namely multi-vessel epicardial disease, diffuse disease and microvascular dysfunction, among diabetics may account, in part, for the relatively worse prognosis of impaired CFR among diabetics compared with non-diabetics.

Impaired vasomotor function among diabetics may be due to the adverse effects of hyperglycemia⁶ and insulin resistance³⁶ on vascular endothelium. Additionally, diabetes promotes inflammation which also has adverse effects on vascular health³⁷. Similarly, autonomic dysfunction has been associated with both increased risk³⁸ and impaired coronary vascular function³⁹. Coronary flow-reserve measures integrate the adverse effects on the vasculature due to all of these pathways which may also be relevant to non-diabetics.

Among diabetics without apparent myocardial ischemia or scar on visual evaluation of myocardial perfusion images, 63% had preserved CFR. Among these patients, cardiac mortality occurred at an extremely low rate (0.4%/year), comparable to rates for non-diabetic patients with visually normal scans in our study and previously reported in the literature. Thus the excess cardiac mortality seen in diabetic patients with visually normal stress testing is due to a relatively small subgroup of these patients who also have severely impaired coronary vasodilator function. Conversely, the extremely high cardiac mortality rates (3.5%/year) seen in those diabetics despite the absence of overt ischemia or scar, suggests that patients with diffuse epicardial atherosclerosis and/or microvascular dysfunction carry a prognosis comparable to those with obstructive epicardial stenosis. This observation was confirmed by comparing adjusted annualized cardiac mortality among all diabetics without history of CAD who had preserved CFR, including those with abnormal scans, with non-diabetics without CAD, myocardial scar, ischemia or systolic dysfunction, showing that diabetes itself in the absence of vasodilator dysfunction is not associated with excess cardiac mortality. This finding has implications for the classification of diabetes as a coronary disease risk equivalent². Specifically, only among diabetics with impaired vascular function is prognosis comparable to non-diabetic patients with known CAD. Differing levels of vascular health among previously studied cohorts may account for inconsistencies in the relative mortality rates of diabetics without CAD and non-diabetics with CAD³⁰⁻³³. The therapeutic implications of the observation that diabetics with impaired CFR have “CAD-equivalent” rates of cardiac death while those diabetics with preserved CFR have extremely favorable prognosis is uncertain and deserves further investigation. Specifically, whether impaired CFR can identify diabetics who will benefit from aspirin or other medical interventions with conflicting evidence among diabetics may warrant further exploration.

The current study is a single-center, non-randomized, observational study and carries all of the inherent limitations of that study design. As such, it is likely that some amount of residual confounding remains, despite careful adjustment for clinically relevant covariates. On the other hand, compared to data derived from patients selectively enrolled in a randomized trial, these data, with very limited exclusion criteria, may be more representative of patients seen in routine clinical practice. Follow-up was relatively limited and with longer observation periods, the favorable prognosis of those with preserved CFR may not prove to be durable. Finally, we are not able to evaluate the downstream impact of CFR on patient management decisions as referring clinicians were not informed of CFR results in clinical reports. However, this reduces bias in estimates of CFR effect size introduced by subsequent treatment decisions based on this result.

Conclusion

In summary, among both patients with and without diabetes, assessment of coronary vasodilator function provides incremental risk stratification beyond routine measures of clinical risk, including estimates of LV systolic function and the extent and severity of myocardial ischemia and scar, and results in a meaningful risk reclassification of 1 in 3 patients with known or suspected CAD. Furthermore, the nearly two thirds of diabetic patients without overt myocardial ischemia or scar who also have relatively preserved coronary vasodilator capacity have an extremely low rate of cardiac mortality (0.4%/year). The presence of abnormal CFR identified diabetic patients without overt CAD who experience a rate of cardiac death at least as high as (and possibly higher than) that for non-diabetic patients with known CAD. These findings may provide a pathophysiologic explanation for the inconsistencies in studies comparing mortality rates of diabetics without CAD and non-diabetics with CAD.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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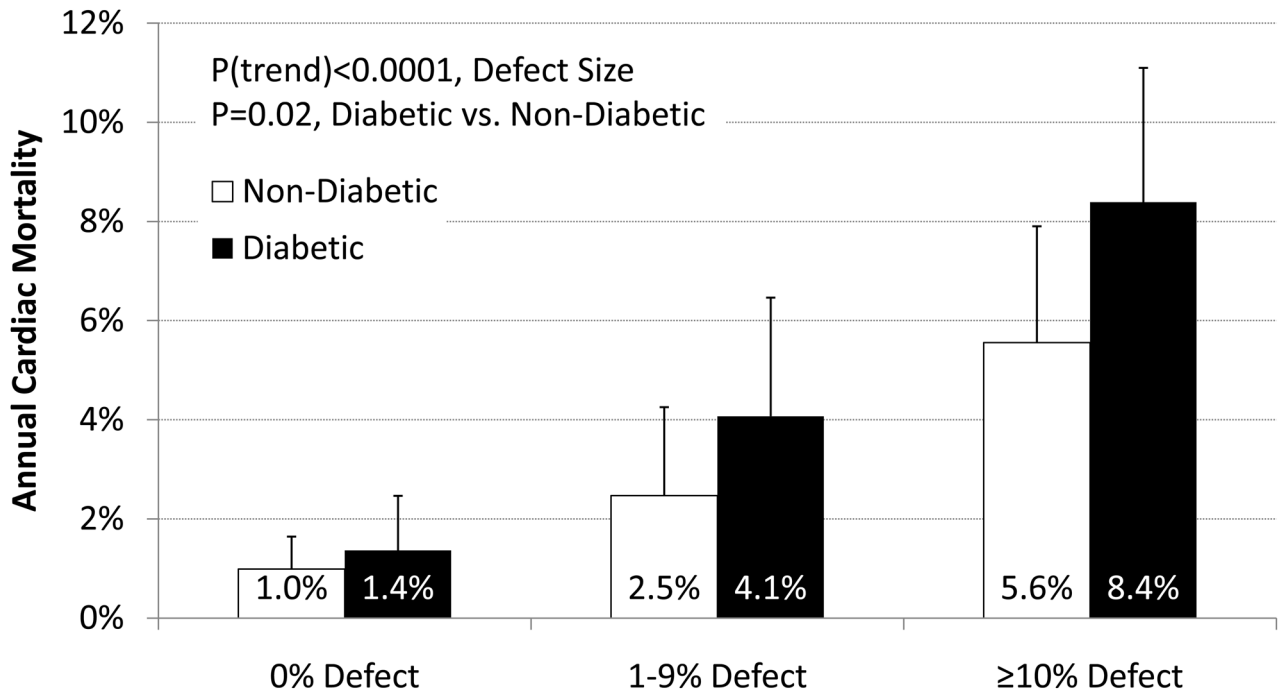


Figure 1. Annual Cardiac Mortality by Perfusion Defect Size for Diabetics vs. Non-Diabetics
Effect of Diabetes and Perfusion Abnormalities on Cardiac Mortality. Unadjusted annualized cardiac mortality in categories of total extent of myocardial ischemia and scar for patients with and without diabetes. Even after accounting for the extent and severity of ischemia and scar, patients with diabetes experienced higher rates of cardiac mortality than those without diabetes.

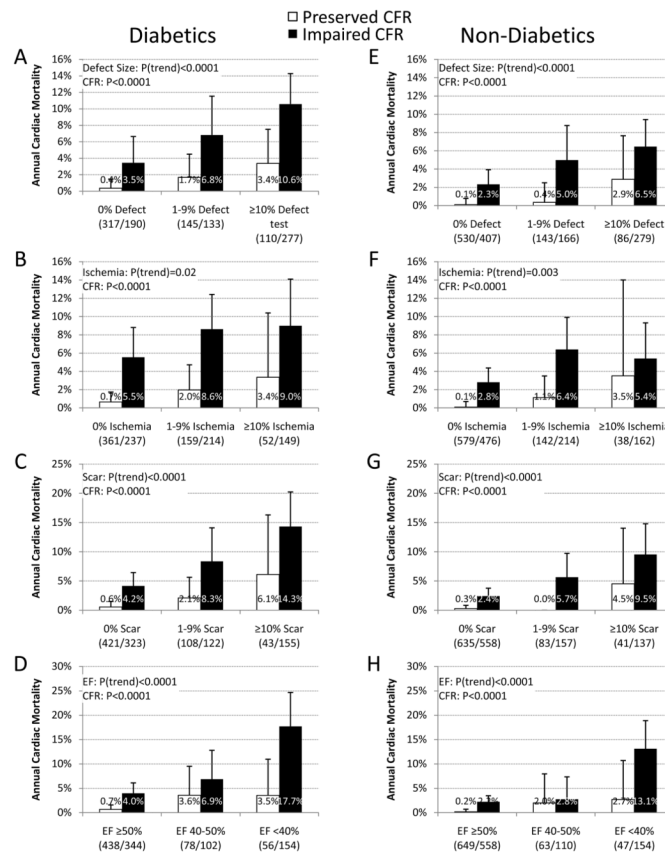


Figure 2. Unadjusted Cardiac Mortality
 Effects of CFR and Traditional MPI Findings on Cardiac Mortality. Unadjusted annualized cardiac mortality for patients with diabetes (**panels A–D**) and without (**panels E–H**) by in categories of total extent of myocardial ischemia and scar (**panels A&E**), total extent of myocardial ischemia (**panels B&F**), total extent of myocardial scar (**panel C&G**) or left ventricular ejection fraction (**panels E&H**) and impaired (red) versus preserved CFR (blue). The annual rate of cardiac death increased with increasing extent of ischemia and scar, decreasing LVEF and CFR. Importantly, lower CFR was consistently associated with higher rates of cardiac mortality regardless of the level of ischemia, scar extent or LVEF.

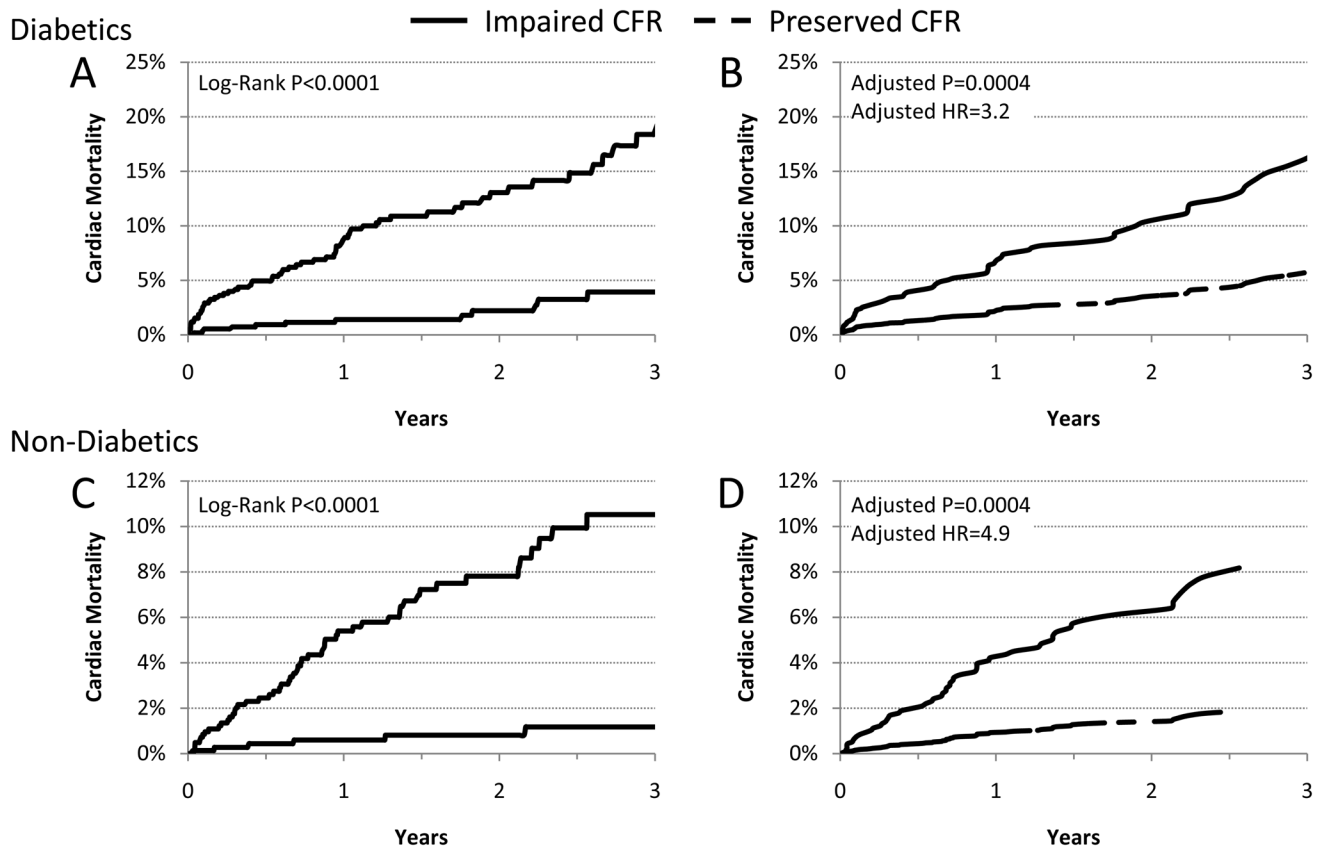


Figure 3. Cardiac Mortality

Cardiac Mortality Incidence of cardiac mortality for patients with diabetes (**panels A&B**) and without diabetes (**panels C&D**), with impaired (red) or preserved (blue) coronary flow reserve (CFR) presented in Kaplan-Meier form (**panel A&C**) showing significantly increased cardiac mortality with impaired CFR ($p < 0.0001$) which continued after adjustment²¹ for Duke clinical risk score, BMI, nephropathy/retinopathy, early revascularization, rest left ventricular ejection fraction (LVEF), extent of myocardial ischemia and scar and LVEF reserve (**panel B**; $p = 0.0004$). HR = hazard ratio.

Figure 4A

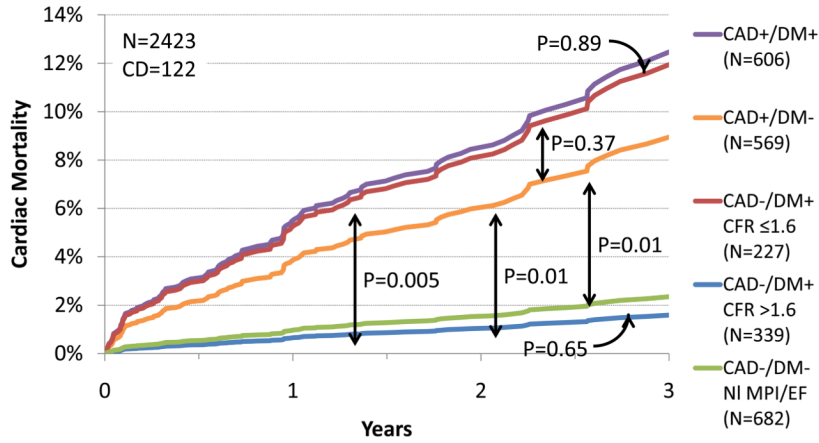


Figure 4B

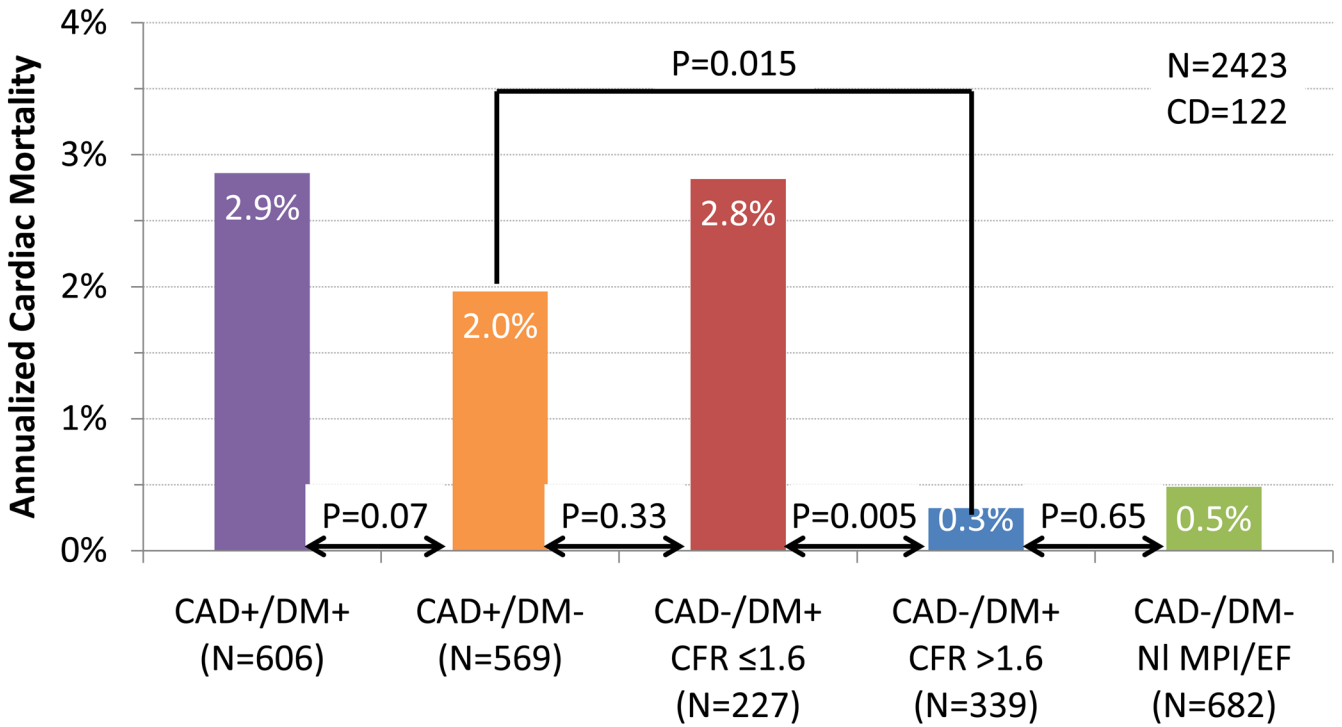


Figure 4. Annualized Cardiac Mortality Among Patients with Diabetes or CAD. Adjusted cardiac mortality among patients with coronary artery disease (CAD, *i.e.* history of coronary revascularization or myocardial infarction) without diabetes (orange), diabetic patients without CAD who have impaired CFR (red), diabetic patients without CAD who have preserved CFR (blue) and patients without diabetes or CAD with normal scans (no scar,

ischemia or left ventricular dysfunction, green) presented as survival curves (**panel A**) and annualized cardiac mortality rates (**panel B**). Data for patients with CAD and diabetes are also presented for comparison (purple).

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Table 1

Patient Characteristics

Variable	Non-Diabetics (N=1611)	Diabetics (N=1172)	All Patients (N=2783)	p-Value
Demographics				
Age (y)	64.3 [55.3–76]	65.4 [57.3–74.1]	64.8 [56.1–75.2]	0.63
Male gender	747 (46.4)	586 (50)	1333 (47.9)	0.06
Hispanic	134 (8.3)	169 (14.4)	303 (10.9)	<0.0001
Race				<0.0001
White	1134 (70.4)	628 (53.6)	1762 (63.3)	
Black	208 (12.9)	245 (20.9)	453 (16.3)	
Other/Unknown	269 (16.7)	299 (25.5)	568 (20.41)	
Risk Factors				
BMI (kg/m ²)	27.5 [24.4–32.3]	30.9 [26.5–37.6]	28.8 [25.1–34.4]	<0.0001
BMI ≥ 30 kg/m ²	548 (34)	656 (56)	1204 (43.3)	<0.0001
Hypertension	1207 (74.9)	1064 (90.8)	2271 (81.6)	<0.0001
Dyslipidemia	966 (60)	887 (75.7)	1853 (66.6)	<0.0001
Family history of CAD	471 (29.2)	285 (24.3)	756 (27.2)	0.004
Tobacco Use	175 (10.9)	119 (10.2)	294 (10.6)	0.57
Duke Clinical Risk (%)	37.8 [14–74.4]	61.7 [28–86.7]	47.9 [18.7–81.1]	<0.0001
Diabetes Complications				
Retinopathy	0 (0)	85 (7.3)	85 (3.1)	<0.0001
Nephropathy	0 (0)	178 (15.2)	178 (6.4)	<0.0001
Microalbuminuria	53 (3.3)	206 (17.6)	259 (9.3)	<0.0001
Neuropathy	0 (0)	157 (13.4)	157 (5.6)	<0.0001
Diabetes Control				
HbA1c Unknown	1356 (84.2)	577 (49.2)	1933 (69.5)	<0.0001
HbA1c	5.8 [5.6–6.1]	7.1 [6.4–8.4]	6.5 [5.9–7.7]	<0.0001
Medications				
Aspirin	911 (56.5)	794 (67.7)	1705 (61.3)	<0.0001
β-adrenergic blockers	940 (58.3)	822 (70.1)	1762 (63.3)	<0.0001
Cholesterol agents	880 (54.6)	843 (71.9)	1723 (61.9)	<0.0001
Insulin	0 (0)	443 (37.8)	443 (15.9)	<0.0001
Oral hypoglycemic agents	3 (0.2)	281 (24)	284 (10.2)	<0.0001
Ca-channel blockers	303 (18.8)	318 (27.1)	621 (22.3)	<0.0001
ACE inhibitors	514 (31.9)	590 (50.3)	1104 (39.7)	<0.0001
Nitrates	160 (9.9)	196 (16.7)	356 (12.8)	<0.0001
Diuretics	476 (29.5)	549 (46.8)	1025 (36.8)	<0.0001
Indications				
Chest Pain	753 (46.7)	553 (47.2)	1306 (46.9)	0.82
Dyspnea	457 (28.4)	395 (33.7)	852 (30.6)	0.003
Post-MI	136 (8.4)	115 (9.8)	251 (9)	0.23
Pre-operative	251 (15.6)	157 (13.4)	408 (14.7)	0.12

Variable	Non-Diabetics (N=1611)	Diabetics (N=1172)	All Patients (N=2783)	p-Value
Cardiovascular History				
Any prior CAD	569 (35.3)	606 (51.7)	1175 (42.2)	<0.0001
Recent MI (≤ 30 days)	156 (9.7)	160 (13.7)	316 (11.4)	0.001
Remote MI (>30 days)	248 (15.4)	263 (22.4)	511 (18.4)	<0.0001
Prior PCI	286 (17.8)	326 (27.8)	612 (22)	<0.0001
Prior CABG	160 (9.9)	209 (17.8)	369 (13.3)	<0.0001
Cerebrovascular Disease	82 (5.1)	88 (7.5)	170 (6.1)	0.01
Peripheral Vascular Disease	83 (5.2)	98 (8.4)	181 (6.5)	0.0008
Early Revascularization (≤ 90 days post-PET)	120 (7.4)	115 (9.8)	235 (8.4)	0.03
Imaging Parameters				
Rest LVEF	60 [50–67]	56 [45–64]	58 [48–66]	<0.0001
Stress-induced ↑LVEF	1283 (79.6)	864 (73.7)	2147 (77.1)	0.0003
Ischemia + Scar (%)	0 [0–8.8]	2.9 [0–14.7]	0 [0–10.3]	<0.0001
Ischemia (%)	0 [0–2.9]	0 [0–7.4]	0 [0–5.9]	<0.0001
Scar (%)	0 [0–1.5]	0 [0–4.4]	0 [0–2.9]	<0.0001
Global CFR	1.87 [1.43–2.35]	1.58 [1.24–2]	1.73 [1.34–2.22]	<0.0001
Stress Global MBF (ml/g/min)	1.97 [1.37–2.73]	1.6 [1.12–2.19]	1.8 [1.23–2.52]	<0.0001
Rest Global MBF (ml/g/min)	1.04 [0.81–1.35]	0.96 [0.74–1.31]	1.01 [0.78–1.33]	<0.0001
Impaired CFR	852 (52.9)	600 (51.2)	1452 (52.2)	0.4

Continuous variables are presented as median (first and third quartiles). Dichotomous variables are presented as number (%). Patients whose LVEF at stress was greater than that at rest were considered to have positive stress-induced increase in LVEF.

BMI = body mass index. ACE = angiotensin converting enzyme. MI = myocardial infarction. CAD = coronary artery disease. HbA1c = Hemoglobin A1c. PCI = percutaneous coronary intervention. CABG = coronary artery bypass graft. LVEF = left ventricular ejection fraction. CFR = coronary flow reserve. MBF = myocardial blood flow.

Table 2

Causes of Death

Cause of Death	Impaired CFR (n=600)	Preserved CFR (n=572)	All Patients (n=1172)	p-Value
<i>Diabetics</i>				
Cardiac, n (%/year)	66 (7.6)	12 (1.3)	78 (4.3)	<0.0001
Any Cause, n (%/year)	104 (11.9)	34 (3.5)	138 (7.5)	<0.0001
<i>Non-Diabetics</i>				
	Impaired CFR (n=852)	Preserved CFR (n=759)	All Patients (n=1611)	p-Value
Cardiac, n (%/year)	53 (4.2)	6 (0.4)	59 (2.3)	<0.0001
Any Cause, n (%/year)	117 (9.3)	24 (1.8)	141 (5.4)	<0.0001

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Table 3A

Multivariable Survival Analysis in Diabetics.

	Model 1		Model 2		Model 3		Model 4		Model 5		Model 6	
	Fit Statistic	p-value	Fit Statistic	p-value	Fit Statistic	p-value	Fit Statistic	p-value	Fit Statistic	p-value	Fit Statistic	p-value
Global χ^2	43.88	ref	47.81	<.0001	81.89	<.0001	94.69	<.0001	95.74	n/s	110.62	<.0001
AIC	988.47	ref	986.54	<.0001	954.45	<.0001	943.66	<.0001	944.61	n/s	931.73	<.0001
Adj Calibration χ^2	16.57	0.06	15.32	0.08	4.87	0.85	9.41	0.4	3.57	0.94	5.74	0.77
c-index	0.70 (0.64–0.76)	ref	0.71 (0.65–0.77)	0.57	0.76 (0.71–0.81)	0.02	0.77 (0.71–0.83)	0.6	0.77 (0.71–0.83)	0.98	0.79 (0.74–0.85)	0.04
Covariate	HR	p-value	HR	p-value	HR	p-value	HR	p-value	HR	p-value	HR	p-value
Duke Clinical Risk (%)	1.01 (1.01–1.02)	0.001	1.01 (1.01–1.02)	0.0009	1.01 (1.00–1.02)	0.1	1.00 (0.99–1.01)	0.42	1.00 (0.99–1.01)	0.46	1.00 (0.99–1.01)	0.45
BMI (kg/m2)	0.92 (0.89–0.96)	<0.0001	0.92 (0.89–0.96)	<0.0001	0.94 (0.91–0.98)	0.003	.94 (0.90–0.97)	0.001	0.94 (0.90–0.97)	0.001	0.94 (0.91–0.98)	0.003
Early Revascularization	1.09 (0.57–2.07)	0.8	1.11 (0.58–2.12)	0.75	0.97 (0.51–1.85)	0.93	0.66 (0.33–1.29)	0.23	0.64 (0.33–1.27)	0.2	0.60 (0.30–1.18)	0.14
Nephropathy/Retinopathy			1.70 (1.03–2.81)	0.04	1.74 (1.05–2.88)	0.03	1.86 (1.12–3.09)	0.02	1.91 (1.14–3.18)	0.01	1.62 (0.96–2.72)	0.07
Rest LVEF (%)					0.96 (0.94–0.97)	<0.0001	0.97 (0.95–0.98)	0.0002	0.97 (0.95–0.98)	0.0001	0.97 (0.95–0.99)	0.0005
Scar+Ischemia (%)					1.03 (1.01–1.05)	0.0002	1.03 (1.01–1.05)	0.0002	1.03 (1.01–1.05)	0.0006	1.02 (1.01–1.04)	0.01
LVEF Reserve									0.78 (0.49–1.25)	0.3	0.91 (0.56–1.47)	0.69
Impaired CFR											3.23 (1.68–6.20)	0.0004

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Table 3B

Multivariable Survival Analysis in Non-Diabetics.

	Model 1		Model 2		Model 3		Model 4		Model 5	
	Fit Statistic	p-value	Fit Statistic	p-value	Fit Statistic	p-value	Fit Statistic	p-value	Fit Statistic	p-value
Global χ^2	48.08	ref	86.44	<0.0001	93.99	0.006	93.99	0.96	112.11	<0.0001
AIC	781.22	ref	744.86	<0.0001	739.31	0.02	741.31	N/S	725.19	<0.0001
Adj Calibration χ^2	9.90	0.36	5.61	0.78	12.49	0.19	13.31	0.15	8.84	0.45
c-index	0.75	ref	0.80	0.1	0.82	0.02	0.82	0.4	0.85	0.03
Covariate	HR	p-value	HR	p-value	HR	p-value	HR	p-value	HR	p-value
Duke Clinical Risk (%)	1.02 (1.02–1.03)	<0.0001	1.02 (1.01–1.03)	0.0007	1.01 (1.00–1.02)	0.01	1.01 (1.00–1.02)	0.02	1.01 (1.00–1.02)	0.03
BMI (kg/m ²)	0.93 (0.88–0.98)	0.004	0.95 (0.91–1.00)	0.05	0.95 (0.90–1.00)	0.05	0.95 (0.90–1.00)	0.05	0.95 (0.90–1.00)	0.05
Early Revascularization	0.96 (0.43–2.15)	0.92	0.71 (0.32–1.59)	0.4	0.50 (0.21–1.17)	0.11	0.50 (0.21–1.17)	0.11	0.48 (0.21–1.12)	0.09
Rest LVEF (%)			0.95 (0.94–0.97)	<0.0001	0.96 (0.94–0.98)	<0.0001	0.96 (0.94–0.98)	<0.0001	0.97 (0.95–0.99)	0.0006
Scar+Ischemia (%)					1.03 (1.01–1.04)	0.006	1.03 (1.01–1.04)	0.008	1.02 (1.00–1.04)	0.01
LVEF Reserve							0.99 (0.55–1.77)	0.96	1.06 (0.59–1.88)	0.85
Impaired CFR									4.85 (2.04–11.54)	0.0004

Summary of characteristics of nested models.

* P-values for fit statistics are for comparison of each model to the next simpler model (e.g. model 5 vs. model 4). C-indices and calibration statistics are calculated for 2-year event data.

Global χ^2 = likelihood ratio chi-squared statistic for the entire model. AIC = Akaike Information Criterion. LVEF = left ventricular ejection fraction. CFR = coronary flow reserve.

Table 4

Risk Reclassification.

Model without CFR		Model with CFR		
<i>Diabetics</i>	<1% Annual Risk	1–3% Annual Risk	>3% Annual Risk	Total
Patients with Cardiac Death				
<1% Annual Risk	1 (23.2)	3.3 (76.8)	0 (0)	4.3
1–3% Annual Risk	1 (5.4)	8.7 (46.4)	9 (48.1)	18.7
>3% Annual Risk	0 (0)	6.2 (8.8)	64 (91.2)	70.2
Total	2	18.2	73	93.2
Patients without Cardiac Death				
<1% Annual Risk	197 (75.9)	62.7 (24.1)	0 (0)	259.7
1–3% Annual Risk	177 (39.3)	191.3 (42.5)	82 (18.2)	450.3
>3% Annual Risk	0 (0)	86.8 (23.5)	282 (76.5)	368.8
Total	374	340.8	364	1078.8
<i>Non-Diabetics</i>				
Patients with Cardiac Death				
<1% Annual Risk	7.4 (32.2)	15.5 (67.8)	0 (0)	22.9
1–3% Annual Risk	2.4 (8.8)	17.2 (62.7)	7.8 (28.5)	27.4
>3% Annual Risk	0 (0)	2.3 (8.6)	24.9 (91.4)	27.3
Total	9.8	35.1	32.7	77.6
Patients without Cardiac Death				
<1% Annual Risk	890.6 (78.3)	246.5 (21.7)	0 (0)	1137.1
1–3% Annual Risk	106.6 (34.2)	149.8 (48.1)	55.2 (17.7)	311.6
>3% Annual Risk	1.0 (1.2)	14.7 (17.3)	69.1 (81.5)	84.7
Total	998.2	410.9	124.3	1533.4

Reclassification table for censored data using method of Steyerberg and Pencina²⁹ from 2-year event data.

Parentheses indicate percentages of each pre-test category reclassified to each post-stress category.

CFR=coronary flow reserve.

Table 5

Comparison of Performance of CFR in Diabetics and Non-Diabetics

	Diabetics (N=1172)	Non-Diabetics (N=1611)
Cardiac Mortality		
Annualized Cardiac Mortality	4.3%	2.3%
HR for CFR	3.23 (1.68–6.20)	4.85 (2.04–11.54)
C-Index	0.794 (0.740–0.849)	0.852 (0.804–0.900)
Continuous NRI	0.611 (0.367–0.830)	0.822 (0.637–0.992)
NRI (1 and 3%/yr)	0.171 (0.034–0.312)	0.214 (0.050–0.375)
NRI (1 and 3%/yr), Intermediate	0.657 (0.293, 1.029)	0.897 (0.561, 1.222)
Risk Stratum		
IDI	0.016 (0.005–0.027)	0.019 (0.005–0.034)
Relative IDI	0.130 (0.039–0.217)	0.154 (0.043–0.268)

Comparison of prognostic performance of CFR. Estimates for HR, c-index, NRI and IDI are adjusted for Duke clinical risk score, BMI, nephropathy/retinopathy (diabetics only), rest LVEF, combined extent and severity of scar and ischemia and LVEF reserve.

CFR=coronary flow reserve. HR=hazard ratio. NRI=net reclassification improvement. IDI=integrated discrimination improvement. Similar data for all-cause mortality are available in the Supplemental Table 1.