

# NIH Public Access Author Manuscript

Curr Opin Neurobiol. Author manuscript; available in PMC 2012 November 16.

## Published in final edited form as:

Curr Opin Neurobiol. 2011 February ; 21(1): 151-159. doi:10.1016/j.conb.2010.12.002.

## Wnt signaling during synaptic development and plasticity

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## Abstract

The formation of synaptic connections requires a dialogue between pre and postsynaptic cells to coordinate the assembly of the presynaptic release machinery and the postsynaptic receptive complexes. Signaling molecules of the Wnt family of proteins are central to this trans-synaptic dialogue. At the neuromuscular junction and central synapses, Wnts promote synaptic assembly by signaling to the developing pre and postsynaptic compartments. In addition, new studies reveal that expression of Wnt proteins and localization of their Fz receptors are regulated by neuronal activity. Importantly, Wnts mediates the synaptic changes induced by patterned neuronal activity or sensory experience in mature neurons. Here we review recent findings into the function of Wnt signaling at the synapse and its link to activity-dependent synaptic growth and function.

## Introduction

Wnts are secreted glycoproteins with key roles in tissue patterning [1<sup>•</sup>]. Studies have also established a role for Wnts in postmitotic neurons, in axon pathfinding, dendritic development and synaptogenesis [2,3]. Indeed, altered Wnt signaling is linked to a number of neurological disorders, such as Alzheimer's disease [4], Williams syndrome [5], schizophrenia [6] and mood disorders [7].

The Wnt family is diverse, ranging from 5 members in worms to 19 members in mammals [1•]. This complexity is further increased by the presence of a number of Wnt receptors of the Frizzled (Fz) family. In addition, non-conventional receptors such as the tyrosine kinaselike receptor Derailed (Drl)/Ryk, and the receptor tyrosine kinase Ror2 have been identified [1•]. Binding of Whts to their receptors activates a number of intracellular cascades, and some of these are also used during synapse development and plasticity. The most characterized signaling cascade is the "Canonical Wnt Pathway", in which binding of Wnts to their receptors activates the scaffolding protein Dishevelled (Dvl), which in turn inhibits a "destruction complex" including Axin, Adenomatous Polyposis Coli (APC), and the serine/ threonine kinase GSK-3 $\beta$ . The destruction complex promotes the phosphorylation of  $\beta$ catenin/Armadillo, which is then targeted for proteasome-dependent degradation. Inhibition of this complex by Wnt signaling leads to a rise in cytoplasmic  $\beta$ -catenin levels, and in its translocation into the nucleus, where it associates with the transcription factor TCF/LEF/ Pangolin to regulate Wnt target genes. In a "Divergent Wnt Canonical Pathway", inhibition of GSK-3ß modulates the phosphorylation of microtubule-associated proteins, such as the mammalian MAP1B, and the related Drosophila Futsch, promoting changes in microtubule stability and organization [8,9]. Alternatively, in the "Planar Cell Polarity (PCP) Wnt Pathway" both actin and microtubule cytoskeletons are regulated by activation of the small GTPases, RhoA or Rac1, and the c-Jun N-terminal kinase (JNK) by Dvl. Wnts are also

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known to increase intracellular  $Ca^{2+}$  levels, in the so-called "Calcium Wnt Pathway", which activates protein kinase C (PKC) and  $Ca^{2+}$ /calmodulin-dependent protein kinase II (CaMKII). Downstream of these events is the nuclear import of the transcription factor Nuclear Factor of Activated T-cells (NFAT).

Recently, the Frizzled Nuclear Import (FNI) pathway has been uncovered [3,10], and the unconventional Wnt receptor Ryk has been shown to use a similar pathway [11,12]. In this pathway Frizzled/Ryk receptors are internalized and cleaved, and a fragment is imported into the nucleus [10,12,13]. Although the function of Frizzled/Ryk receptor fragments in the nucleus is not known, it is speculated that they participate in the regulation of gene expression.

The knowledge of these diverse Wnt signaling pathways elucidated particularly during early embryogenesis has provided a framework for unraveling the mechanisms by which Wnts promote synapse formation and growth. However, studies of Wnts at synapses have also revealed new molecular mechanisms for Wnt action.

## Wnt signaling at central synapses

#### Axon remodeling

A role for Wnt signaling in synapse formation was first demonstrated in the vertebrate nervous system. In the mouse cerebellum, Wnt7a regulates axon terminal remodeling and synaptic assembly [14]. Mossy fiber axons form terminal and *en-passant* synapses with cerebellar granule cell dendrites resulting in the assembly of a complex multisynaptic structure [15]. Granule cells secrete factors that induce the typical morphology of mossy fibers, which can be blocked by Wnt antagonists [14]. Axon remodeling is characterized by the formation of large growth cones and lamellipodia in the axon shaft, a process that is linked to the formation of synaptic boutons. Loss and gain of function studies in mice demonstrate that Wnt7a acts as a retrograde signal to regulate the remodeling of mossy fibers and synaptic assembly [14].

Remodeling is achieved through profound changes in the organization and stability of the cytoskeleton. Wnt7a or expression of Dvl1 increases the stability of microtubules in the axon shaft and at enlarged growth cones, through a divergent canonical pathway that requires GSK-3 $\beta$  inhibition but not transcription [16]. Inhibition of GSK-3 $\beta$  decreases the phosphorylation of the microtubule-associated protein MAP1B [9]. Thus, Wnt signaling promotes microtubule stability by directly regulating the cytoskeleton through changes in MAPs.

Wnt signaling also regulates the organization of microtubules by inducing the formation of looped microtubules within enlarged growth cones [14,17]. Looped microtubules have been observed at paused growth cones or at synaptic boutons of the *Drosophila* neuromuscular junction (NMJ) [8,18] where they contribute to proper development of the presynaptic terminal [19]. Time-lapse recordings of neurons expressing the microtubule plus end protein EB3-GFP show that Wnt induces a loss of directionality of microtubule growth, resulting in the formation of looped microtubules [17]. These changes in microtubule behavior are also associated with decreased growth cone translocation and increased growth cone size. Before looped MTs form, Wnt induces the loss of APC from the microtubule plus end, and APC knockdown mimics this effect [17]. Thus, Wnt signaling directly modulates the directionality of microtubule growth through the loss of APC from microtubule plus ends.

The behavior elicited by Wnt7a or Wnt3/Wnt3a is very different from typical axon guidance molecules, as Wnts decrease growth cone translocation but increase growth cone size and

branching [14,17]. These effects are consistent with their role as signals that regulate the terminal remodeling of axons before synapse formation. Indeed, Wnt7a and Wnt3, which are expressed by postsynaptic targets, promote the assembly of presynaptic sites at early stages of synapse formation [14,20] in areas where microtubules unbundle or form loops.

## Wnts in synaptic assembly

Wnts promote the assembly of central synapses by stimulating the recruitment of pre and postsynaptic components. In the cerebellum, loss of *Wnt7a* and/or *Dv11* function results in a strong deficit in the accumulation of synaptic markers at the mossy fiber-granule cell synapse. Conversely, Wnt7a or expression of Dv11 stimulates the recruitment of synaptic vesicles, active zone proteins and the formation of numerous presynaptic recycling sites [14,21]. Importantly, *Wnt7a; Dv11* double mutants exhibit decreased miniature excitatory postsynaptic current frequency at the mossy fiber-granule cell synapse, consistent with a deficit in synapse formation [21]. In addition, other Wnts like Wnt5a preferentially stimulate postsynaptic assembly [22] suggesting that different Wnts might regulate synapse formation by promoting either presynaptic or postsynaptic assembly.

Different signaling pathways are activated at the presynapse and postsynapse. In axons, Wnt7a stimulates pre-synaptic assembly by inhibiting GSK-3 $\beta$  [14] but does not require transcription (Dickins and Salinas, unpublished) (Figure 1). In dendrites, in contrast, Wnt5a activates a non-canonical pathway that stimulates PSD95 clustering through JNK [22] (Figure 1). These different responses could be triggered by the presence of distinct Wnt receptors in dendrites and axons.

In the hippocampus, Frizzled-5 (Fz5) localizes to synaptic sites and its expression coincides with the peak of synapse formation. Importantly, expression of Fz5 in axons increases whereas Fz5 ShRNA knockdown significantly decreases the number of presynaptic sites [23<sup>••</sup>]. Moreover, loss of Fz5 function abolishes the ability of Wnt7a to promote the assembly of presynaptic sites [23<sup>••</sup>]. In hippocampal neurons, therefore, Fz5 is required for Wnt7a-mediated synapse formation (Figure 1).

Wnts also regulate the assembly of inhibitory synapses. In cultured hippocampal neurons, Wnt5a increases the level and retention of surface GABAa-Rs as well as the amplitude of GABA current. Increased recycling of the receptor without changes in endocytosis seems to mediate these changes [24] (Figure 1). As Wnt5a also promotes the formation of excitatory synapses [22], these results raise the question as to whether Wnts are pan-synaptogenic factors or whether they exhibit synaptic specificity.

#### Wnt function during activity-dependent morphological and functional plasticity

Neuronal activity plays a central role in the formation, refinement and function of neuronal circuits by modulating the number, morphology and efficacy of synapses. Moreover, several studies provide evidence for a link between neuronal activity and Wnt signaling. Firstly, depolarization stimulates the release or expression of Wnt proteins [25,26,27\*\*]. Importantly, activation of NMDA receptors increases the expression of Wnt2 in hippocampal neurons [25], which then acts to promote dendritic development.

In hippocampal neurons, high frequency stimulation (HFS), which can induce long-term potentiation and promotes synapse formation, increases the level of surface Fz5 and its localization to synapses without affecting the total levels of the receptor [23<sup>••</sup>]. The effect of HFS in Fz5 mobilization is blocked by Wnt scavengers such as the extracellular domain (CRD) of Fz5 or the Wnt antagonist Sfrp [23<sup>••</sup>]. These results indicate that endogenous Wnts mediate the effect of HFS on Fz5 mobilization. Moreover, Fz5 CRD blocks the ability of HFS to stimulate synapse formation [23<sup>••</sup>]. Together these results indicate that neuronal

activity regulates Wnt levels, which promotes Fz5 trafficking to synapses, a process that contributes to activity-mediated synapse assembly (Figure 2).

Further evidence for a role of Wnt signaling in activity-mediated synaptic connectivity came from studies at the mossy fiber-CA3 synapse in the hippocampus. Exposure to an enriched environment (EE) increases the complexity and number of large mossy fiber terminals in the CA3 region [28\*\*]. This remodeling is reminiscent of that induced by Wnt7a at the cerebellar mossy fiber-granule cell synapse [14]. Indeed, EE significantly increases the levels of Wnt7a/7b protein in the hippocampus. Importantly, local Wnt blockade with Sfrp1 suppresses EE-induced remodeling [28\*\*]. Thus, behavioral experience regulates synapse remodeling through changes in Wnt signaling.

A role for Wnt signaling in synaptic plasticity is beginning to emerge. Electrophysiological recordings of hippocampal brain slices or cultured neurons suggest that Wnts regulate synaptic transmission [29–31]. Moreover, blockade of Wnt signaling impairs whereas activation of Wnt signaling increases long-term potentiation (LTP) in brain slices [32]. Although *in vivo* loss of function approaches are needed to fully establish a function for Wnt signaling in the plasticity of central synapses, these studies support the view that Wnt signaling can modulate synaptic transmission and plasticity in the central nervous system.

## Wnt signaling at the neuromuscular synapse

#### Synaptic plasticity at the Drosophila neuromuscular junction

At the NMJ, Wnts regulate the localization of receptors, the differentiation of synaptic structure and synaptic plasticity [33,34]. While in both vertebrates and *Drosophila*, Wnts positively regulate synapse development, in *Caenorhabditis elegans* the binding of Wnt/Lin-44 to Fz/Lin-17 inhibits NMJ formation [46].

*Drosophila* larval body wall muscles are innervated by excitatory glutamatergic boutons. During larval development synaptic boutons, active zones, and postsynaptic GluR clusters proliferate to compensate for a large increase in muscle size while maintaining synaptic efficacy [35,36]. Wnt1, Wingless (Wg), is present at, and is thought to be released by synaptic boutons [19]. The release mechanism involves an interaction between Wg and the 8-pass transmembrane protein Evi/Wntless [37] present in exosome-like vesicles which are released into the extracellular space [38<sup>••</sup>] (Figure 3). This release mechanism provides a means by which hydrophobic Wnt proteins can traffic through the extracellular space [38<sup>••</sup>]. The Wg receptor, DFz2, is also present at the NMJ, both in motorneurons and in muscles [19]. Temporal block of Wg secretion decreases the proliferation of synaptic boutons and induces disruptions in the presynaptic microtubule cytoskeleton [19,39]. In addition, the localization of postsynaptic Discs-Large (DLG), a PSD95 family member, and GluR clusters is abnormal [19]. Most strikingly, a subset of the boutons (ghost boutons) are devoid of active zones and postsynaptic specializations, highlighting the role of Wg during synapse differentiation [13,19].

In muscles Wg activates the FNI pathway  $[10,13,27^{\bullet},40^{\bullet}]$  (Figure 3). Overexpressing Wg in motor-neurons, which increases Wg secretion and proliferation of synaptic boutons, results in an increased nuclear import of the DFz2-C fragment  $[10,40^{\bullet}]$ . In contrast, downregulating the DFz2-interacting PDZ protein dGRIP, which is required for the transport of DFz2 to the nucleus, in muscles leads to a reduction in bouton number and DFz2-C nuclear import (Figure 3). A similar phenotype is observed in *dfz2* mutants and this phenotype can be partially rescued by expression of a full-length *dfz2* transgene in muscles, but not by a *dfz2* transgene containing a mutation in the cleavage site [10]. Downregulation of dGRIP in muscles, mutations in *dfz2*, and mutations in *importin-\beta 11 (imp-\beta 11)* as well as in *imp-a2*,

which are required for DFz2-C nuclear import, also lead to the formation of ghost boutons [10,13,40°], to a reduction in the size of postsynaptic membrane specializations, and to abnormal localization/levels of postsynaptic DLG and GluRs [19,40°]. Thus, the FNI pathway appears to play roles in both presynaptic and postsynaptic development. Nevertheless, mutations in *imp-a2* have normal bouton number and the reduction in bouton number observed in *imp-β11* mutants can be completely rescued by expressing Imp-β11 in motorneurons [40°]. In addition, restoring Wg signaling in motorneurons alone is sufficient to completely rescue bouton number and microtubule defects [39,40°]. Thus, it has been proposed that presynaptic Wnt signaling (see below) is required for presynaptic

development and that the FNI pathway is only involved in postsynaptic development [40<sup>•</sup>]. However, interfering with the FNI pathway in the muscles alone is sufficient to reduce bouton number [13], to generate boutons lacking presynaptic active zones [13,40<sup>•</sup>], and *dfz2* mutant phenotypes can be partially rescued by expressing DFz2 in muscle alone [10]. Part of the problem is that larval NMJs are capable of strong compensation, having several redundant mechanisms to control bouton number in both the presynaptic and postsynaptic cells. In addition, many of the studied genes have strong maternal contribution and the lack of a bouton number defect might be due to perdurance of maternally derived product.

In motorneurons Wg activates a divergent canonical pathway [39] (Figure 3). GSK-3 $\beta$  overexpression in motor-neurons, like mutations in *wg*, disrupts presynaptic microtubules [39]. The Fz co-receptor, Arrow (LRP5/ 6), and Dvl, but not  $\beta$ -catenin, are present at the NMJ [39]. Mutations in *arrow* mimic *wg* mutant phenotypes. However, Arrow appears to have both presynaptic and postsynaptic functions as some phenotypes are rescued by expressing an *arrow* transgene in either the presynaptic or postsynaptic cell [39]. Disruption of Dvl in neurons, by expressing a dominant-negative transgene, phenocopies disruption of Wg and Arrow [39]. In contrast, disrupting the function of the TCF homolog Pangolin or Armadillo/ $\beta$ -catenin produces no such phenotypes [39]. The bidirectional activation of alternative pathways by the same Wnt represents a mechanism to precisely match the development of presynaptic and postsynaptic structures, a critical process during synapse development.

Besides the role of Wnts in the scaling of innervation, Wg is also involved in activitydependent plasticity [27<sup>••</sup>]. Spaced stimulation of motorneurons induces the formation of new ghost boutons as well as a potentiation of spontaneous neurotransmitter release [27<sup>••</sup>]. Time-lapse imaging of intact larvae shows that some of the ghost boutons mature, acquiring active zones and post-synaptic proteins [27<sup>••</sup>]. The *de novo* formation of bouton precursors requires 4–5 cycles of spaced simulation and is blocked by transcriptional and translational inhibitors. Reducing a single *wg* gene dose is sufficient to block the activity-dependent ghost bouton formation [27<sup>••</sup>]. In contrast, increasing Wg secretion, by overexpressing Wg in the motorneurons, bypasses some of the requirements for activity — while activitydependent synaptic growth requires at least five cycles of spaced stimulation, NMJs with increased Wg secretion require only three cycles [27<sup>••</sup>].

Spaced and chronic increase in motorneuron activity result in a significant increase in DFz2-C nuclear import, and reduced activity leads to the opposite effect [27<sup>••</sup>]. Expressing a GSK-3 $\beta$  dominant-negative transgene in motorneurons also decreases the requirement for five cycles of spaced stimulation during activity-dependent bouton formation. In contrast, overexpressing GSK-3 $\beta$  markedly decreases the formation of new boutons [27<sup>••</sup>]. Thus, both the FNI and the divergent canonical Wnt pathways appear to regulate activity-dependent synaptic growth.

Wnt5 and its atypical receptor Derailed (Drl) also function as positive regulators of NMJ development [41]. Drl is present at the NMJ and *drl* mutants have a significant reduction in

synaptic bouton number. In addition, in wnt5 mutants, the density of active zones is decreased, although they remain unaffected in drl mutants. Functional defects in wnt5 mutants include a reduction in the amplitude of evoked excitatory junctional currents (EJCs) as well as the frequency of spontaneous miniature EJCs (mEJCs) similar to the defects in  $gsk-3\beta$  mutants. However, both inhibition and overexpression of GSK-3\beta lead to a reduction in the amplitude of EJCs. Wht5 appears to function in part in an anterograde manner, as overexpressing Wnt5 in motorneurons suppresses the *drl* phenotype and Drl is required in muscle for normal NMJ growth. Further, expressing Wnt5 in neurons but not in muscles, rescues the reduced synaptic bouton number of the wnt5 mutant, and overexpressing Wnt5 in motorneurons leads to synaptic overgrowth [27"]. However, the active zone phenotype is restored either by neuronal or muscle Wnt5 expression. The different effects of motorneuron-derived compared to muscle-derived Wnt5 raise the possibility of locally restricted signaling mechanisms that influence active zone induction versus synaptic bouton proliferation. For instance, active zone formation might require a local increase in secreted Wnt5 levels near the sites of active zone formation, while the regulation of bouton proliferation might require Wnt signaling at a site distant from synaptic endings. It is important to note that Wnts, although secreted proteins, are not freely diffusible owing to their hydrophobicity, and thus their traffic from release sites might be tightly controlled by the localization of carrier proteins such as Evi/Wls [38"].

#### Wnt signaling at the vertebrate NMJ

At the vertebrate NMJ, Wnt signaling regulates the prepatterning of AChR receptors before the arrival of axons and later by collaborating with the motorneurons-derived synaptogenic factor Agrin. Before the arrival of motor axons, aneural AChRs clusters form in the central domain of the muscle, a process called prepatterning. Although tyrosine kinase receptor MuSK expressed in the muscle is crucial in this process [42], its ligand Agrin is not required [42]. Thus, MuSK appears to be activated by an alternative ligand to regulate prepatterning. Indeed, in zebrafish embryos Wnt signaling through MuSK regulates prepatterning. Knockdown of Wnt11r, a Wnt expressed in tissues surrounding the spinal cord, results in severe defects in the clustering of aneural AChRs [43<sup>••</sup>]. Wnt11r binds to Unplugged/MuSK receptors and requires *unplugged* for its function. Thus, binding of Wnt11r to MuSK activates a signaling cascade that stimulates the clustering of aneural AChRs in the central region of the muscle before the arrival of the motor axons (Figure 4).

Wnt signaling also contributes to the assembly of NMJs by collaborating with Agrin. Gain and loss of function studies reveal that Wnt promotes the formation of AChR clusters during NMJ development in the chick limb [44<sup>••</sup>]. Moreover, *Dvl1* knockout mice exhibit defects in the clustering of AChRs in the diaphragm [44<sup>••</sup>]. In cultured myotubes, Wnt3, which is expressed by moto-neurons, increases the formation of small but unstable AChR clusters. These clusters become stable and larger in the presence of Agrin. Thus, Wnt3 collaborates with Agrin by increasing the formation of microclusters, which can be converted into stable large AChR clusters (Figure 4).

Agrin induces the formation of large AChR clusters through the activation of both Rac and Rho and requires Dvl [45]. Interestingly, Wnt3 alone activates Rac1 whereas blockade of Rac suppresses the effect of Wnt3 microcluster formation [44<sup>••</sup>] (Figure 4). Although it remains to be determined whether motoneuronal Wnt3 or other Wnts play a role in Agrinmediated synaptic assembly *in vivo*, these studies demonstrate that Wnt signaling collaborates with Agrin to regulate the assembly of the vertebrate NMJ.

## Conclusions

Our knowledge on the role of Wnts in synaptic connectivity is rapidly growing. New studies demonstrate that Wnt do not only regulate synapse formation but also they promote the remodeling of mature terminals elicited by changes in electrical activity and environmental experience. Wnts can signal to the pre and postsynaptic terminals to promote assembly of the synapse. However, it remains unclear how Wnt signaling regulates the recruitment of synaptic components to future synaptic sites. Given that some Wnts specifically regulate pre or post-synaptic assembly, how is the coordinated assembly achieved? Studies in *C. elegans* demonstrate that Wnts can also inhibit synapse formation [46], raising the question as to what determines whether Wnts promote or inhibit synaptic assembly.

Several studies now indicate that Wnt mediates changes in synaptic number and plasticity elicited by neuronal activity. Indeed, neuronal activity does not only regulate Wnt release but also promotes the mobilization of Fz receptors thus enhancing the responsiveness of neurons to further neuronal activity. Although a role of Wnts in activity-dependent plasticity has been established at the *Drosophila* larval NMJ, *in vivo* loss of function experiments are still needed to establish the role of Wnt signaling in synaptic plasticity at central synapses. Detailed analyses of these questions should not only provide further understanding on how neuronal circuits are regulated but also they will shed light into possible approaches for the treatment of neurological disorders to which abnormal Wnt signaling has been linked.

## Acknowledgments

We would like to thank to members of our laboratories for critical reading our manuscript. Our work has been funded by NIH (VB) and by BBSRC, MRC, Wellcome Trust EU F7 and ART (PCS).

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#### Figure 1.

Illustration of the role of Wnts in the assembly of synapses. Wnt7a through Fz5 and Dv11 inhibits GSK-3 $\beta$  to promote the assembly of the presynaptic terminal. Inhibition of GSK-3 $\beta$  stimulates the recruitment of synaptic vesicles and active zone proteins such as Bassoon. Wnt5a, in contrast, acts on the postsynaptic side to increase clustering of PSD95. Wnt5a also increases the expression and clustering of GABAaR receptor on the dendritic shaft. The receptors for Wnt5a remain to be identified.



#### Figure 2.

Neuronal activity regulates synaptic localization of surface Fz5. Under control condition, a fraction of surface Fz5 is present at synaptic sites labelled with vGlut1 and NR1. High frequency stimulation (HFS) promotes the trafficking of Fz5 to the cell surface and also its localization to synapses (arrows). Blockade of endogenous Wnts with the CRD domain of Fz5 suppresses the mobilization of Fz5 to the cell surface and to synapse. Remarkable, blockade of endogenous Wnts also suppresses activity-mediated synaptogenesis.



#### Figure 3.

Wg secreted from presynaptic motor neuron endings, binds to Fz-2 and co-receptor Arrow, which are localized presynaptically and postsynaptically. In the presynaptic cell, Wg activates a Divergent Canonical Wnt Pathway, involving Dvl activation, inhibition of GSK-3 $\beta$  activity and the regulation of the microtubule cytoskeleton through Futsch. In the postsynaptic cell, Wg activates the Frizzled Nuclear Import Pathway, which involves the cleavage and nuclear import of Fz-2. GRIP is required for the trafficking of receptors from the postsynaptic membrane towards the nucleus. WNT5 is also released from the presynaptic boutons and binds to its receptor Derailed (DRL) on the postsynaptic membrane to regulate synaptic bouton growth.

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#### Figure 4.

(a) Wnt11r induces AChR preclustering before innervation through interactions with MuSK and LRP4. In mice, Wnt3 might also regulate this process. (b) Wnt3 collaborates with Agrin in the formation of AChR clusters after muscle innervation.