

# PPAR $\delta$ Activation Protects Endothelial Function in Diabetic Mice

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Recent evidence highlights the therapeutic potential of peroxisome proliferator-activated receptor- $\delta$  (PPAR $\delta$ ) agonists to increase insulin sensitivity in diabetes. However, the role of PPAR $\delta$  in regulating vascular function is incompletely characterized. We investigate whether PPAR $\delta$  activation improves endothelial function in diabetic and obese mice. PPAR $\delta$  knockout (KO) and wild-type (WT) mice fed with high-fat diet and *db/db* mice were used as diabetic mouse models, compared with PPAR $\delta$  KO and WT mice on normal diet and *db/m*<sup>+</sup> mice. Endothelium-dependent relaxation (EDR) was measured by wire myograph. Flow-mediated vasodilatation (FMD) was measured by pressure myograph. Nitric oxide (NO) production was examined in primary endothelial cells from mouse aortae. PPAR $\delta$  agonist GW1516 restored EDRs in mouse aortae under high-glucose conditions or in *db/db* mouse aortae ex vivo. After oral treatment with GW1516, EDRs in aortae and FMDs in mesenteric resistance arteries were improved in obese mice in a PPAR $\delta$ -specific manner. The effects of GW1516 on endothelial function were mediated through phosphatidylinositol 3-kinase (PI3K) and Akt with a subsequent increase of endothelial nitric oxide synthase (eNOS) activity and NO production. The current study demonstrates an endothelial-protective effect of PPAR $\delta$  agonists in diabetic mice through PI3K/Akt/eNOS signaling, suggesting the therapeutic potential of PPAR $\delta$  agonists for diabetic vasculopathy. *Diabetes* 61:3285–3293, 2012

**P**eroxisome proliferator-activated receptor- $\delta$  (PPAR $\delta$ ) is the least studied isoform of PPARs, and it is ubiquitously expressed in tissues such as liver, brain, skin, and adipose (1). Recently, the role of PPAR $\delta$  in obesity and diabetes has been examined by using the loss-of-function approach or synthetic PPAR $\delta$  ligands. Although it was reported that PPAR $\delta$  deficiency may lead to reduced adipogenesis (2), the PPAR $\delta$  knockout (KO) mouse is more prone to weight gain on a high-fat diet, whereas the PPAR $\delta$  transgenic mouse is protected against obesity and

lipid accumulation (3,4). PPAR $\delta$  agonists GW501516/GW1516, GW0742, and L-165041 can improve the lipid profile in obese animal models through increasing levels of HDL and decreasing LDL cholesterol and triglycerides (5,6).

PPAR $\delta$  also regulates glucose homeostasis and insulin signaling in various tissues (7–9). PPAR $\delta$  activation in *db/db* mice improves hepatic and peripheral insulin sensitivity by increasing glucose consumption in the liver (10). GW0742 treatment or hepatic overexpression of PPAR $\delta$  attenuates fatty liver and nephropathy in diabetic mice (11,12). In human subjects, GW1516 enhances the HDL level and facilitates triglyceride clearance in healthy individuals by upregulation of fatty acid oxidation in skeletal muscle (13). GW1516 can also lower plasma levels of triglyceride, LDL cholesterol, and insulin in obese men (14). In general, PPAR $\delta$  is beneficial against obesity, insulin resistance, and metabolic syndrome.

The metabolic functions of PPAR $\delta$  are likely to be associated with cardiovascular benefits in diabetes. PPAR $\delta$  is an important transcriptional factor in myocardial metabolism (15,16). PPAR $\delta$  activation inhibits oxidative stress and inflammation and prevents myocardial hypertrophy in diabetic mice (17). However, the direct effects of PPAR $\delta$  activation on vascular processes such as angiogenesis and endothelial function are less studied. PPAR $\delta$  is expressed in endothelial cells (18). Importantly, prostacyclin, which can be released by the endothelium, promotes proangiogenic function in a PPAR $\delta$ -dependent manner (19). PPAR $\delta$  agonists enhance the regenerative capacity of endothelial progenitor cells (20,21) and protect endothelial cells from apoptosis (22). PPAR $\delta$  agonist also inhibits vascular inflammation and reduces atherosclerotic lesions in mouse models (23–26). These experimental observations suggest that PPAR $\delta$  may play a positive role in vascular activities such as angiogenesis, apoptosis, vascular inflammation, and endothelial vasodilatory function.

Notably, the effect of the PPAR $\delta$  activator GW1516 to enhance vasculogenesis is reported to be mediated by the phosphatidylinositol 3-kinase/Akt (PI3K/Akt) signaling pathway (20,21). GW0742 can induce vasodilatation through PI3K/Akt and reduce blood pressure in hypertensive rat (27,28). Up to date, no study has examined the possible role of PPAR $\delta$  in endothelial dysfunction related to diabetes and obesity. Therefore, the current study investigated the effect of PPAR $\delta$  activation on endothelial dysfunction in diabetic mice and determined whether or not PI3K/Akt could contribute to the vascular benefit of PPAR $\delta$  activation.

## RESEARCH DESIGN AND METHODS

**Animal protocols.** Male C57BL/6 mice, leptin receptor KO (*db/db*), with their lean *db/m*<sup>+</sup> littermates (both at the age of 12–14 weeks) (PPAR $\delta$  KO mice and PPAR $\delta$  WT [wild type]) generated from C57BL/6N  $\times$  Sv129 background were used for this study. PPAR $\delta$  WT and PPAR $\delta$  KO mice were generated as described previously (1). This mouse line has been verified by several studies

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(1,10,29). The mice were housed in a temperature-controlled holding room (22–23°C) with a 12-h light/dark cycle and fed standard chow and water. All of the experiments were approved by the institutional animal care and use committee and were consistent with the Guide for the Care and Use of Laboratory Animals published by the National Institutes of Health. Diet-induced obese (DIO) mice were generated on PPAR $\delta$  KO, age-matched PPAR $\delta$  WT littermates, and C57BL/6 mice at the 6 weeks of age and were fed for 10–12 weeks with a high-fat diet (rodent diet with 45% kcal [% fat], D12451; Research Diets, Inc., New Brunswick, NJ). Mice were treated with GW1516 or vehicle (0.5% cellulose) by oral gavage at the dosage of 5 mg/kg/day for 7 days, 12 weeks after high-fat feeding.

**Functional assay by wire myograph.** After mice were killed, thoracic aortae were removed and placed in oxygenated ice-cold Krebs solution that contained (mmol/L) 119 NaCl, 4.7 KCl, 2.5 CaCl<sub>2</sub>, 1 MgCl<sub>2</sub>, 25 NaHCO<sub>3</sub>, 1.2 KH<sub>2</sub>PO<sub>4</sub>, and 11 D-glucose. Changes in isometric tone of the aortic rings were recorded in myograph (Danish Myo Technology, Aarhus, Denmark). The rings were stretched to an optimal baseline tension of 3 mN and then allowed to equilibrate for 60 min before the experiment commenced. Rings were first contracted with 60 mmol/L KCl and rinsed in Krebs solution. After several washouts, phenylephrine (1  $\mu$ mol/L) was used to produce a steady contraction, and acetylcholine (ACh) (10 nmol/L to 10  $\mu$ mol/L) was added cumulatively to induce endothelium-dependent relaxation (EDR). Endothelium-independent relaxation to sodium nitroprusside (SNP) was performed in aortic rings, with endothelium removed by gently rubbing with fine forceps.

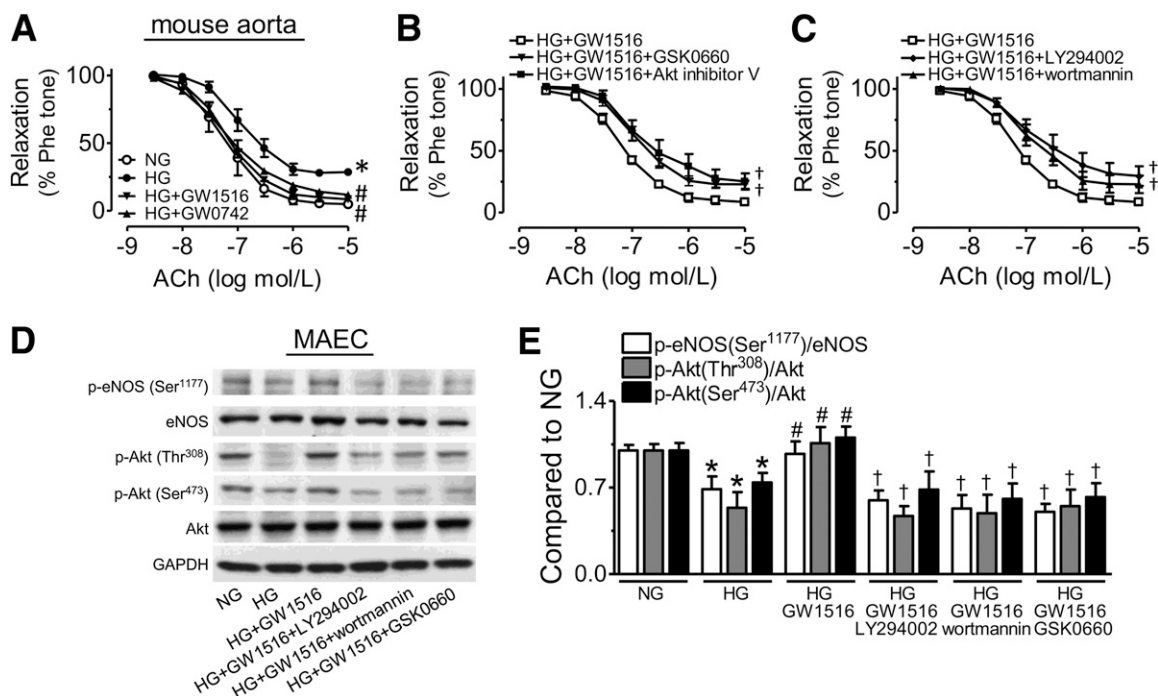
**Ex vivo culture of mouse aortic rings.** Mouse thoracic aortic rings (2 mm in length) were dissected in sterile PBS and incubated in Dulbecco's modified Eagle's medium (DMEM; Gibco, Gaithersburg, MD) supplemented with 10% FBS (Gibco), plus 100 IU/mL penicillin and 100  $\mu$ g/mL streptomycin. Drugs, including GW1516 (PPAR $\delta$  agonist, 0.1  $\mu$ mol/L; Alexis Biochemicals, Lausen, Switzerland), GW0742 (PPAR $\delta$  agonist, 0.1  $\mu$ mol/L; Tocris Bioscience, Bristol, U.K.), GSK0660 (PPAR $\delta$  antagonist, 1  $\mu$ mol/L; Sigma-Aldrich, St. Louis, MO), LY294002 (PI3K inhibitor, 5  $\mu$ mol/L; Tocris), wortmannin (PI3K inhibitor, 0.1  $\mu$ mol/L; Sigma-Aldrich), and Akt inhibitor V (API-2/triciribine, 5  $\mu$ mol/L; Sigma-Aldrich) were individually added into the culture medium that bathed the aortic rings. High-glucose (HG) conditions were achieved by the addition of 25 mmol/L glucose, whereas 25 mmol/L of mannitol was used as the normal glucose (NG) osmotic control. After the incubation period, the rings were

transferred to a chamber filled with fresh Krebs solution and mounted in a myograph for measurement of changes in isometric force. Acetylcholine, phenylephrine, and SNP were dissolved in water and others in DMSO.

**Functional assay by pressure myograph.** Mesenteric resistance arteries were dissected and cannulated between two glass cannulas as previously described (30). The vessel diameter was monitored by a Zeiss Axiocvert 40 microscope, model 110P, with video camera monitored with the Myo-View software (Danish Myo Technology, Aarhus, Denmark). Contraction was induced by 10  $\mu$ mol/L phenylephrine after the vessel stabilized at 100 mmHg intraluminal pressure, and flow-mediated vasodilatation (FMD) was induced by pressure change, which equals  $\sim$ 15 dynes/cm<sup>2</sup> shear stress. After washout, insulin-induced vasodilatation was examined in phenylephrine-contracted arteries. Passive dilation was tested at the end of experiment in the Ca<sup>2+</sup>-free Krebs solution with 2 mmol/L EGTA. FMD data were expressed as percent of diameter changes = (flow-induced dilation – Phe tone)/(passive dilation – Phe tone).

**Ex vivo adenoviral gene transfer in mouse aorta.** The infection protocol in mouse aortic rings ex vivo was described previously (31). Adenovirus encoding constitutively activated PI3K (Ad-CA-PI3K) and constitutively activated Akt (Ad-CA-Akt) were described previously (32). Adenovirus encoding dominant-negative Akt (Ad-DN-Akt) was described previously (33). An adenovirus carrying green fluorescent protein (Ad-GFP) was used as the internal control (34). Aortic segments were infected with adenovirus ( $5 \times 10^5$  pfu) for 4 h in FBS-free DMEM and then transferred to DMEM with 10% FBS with the addition of 25 mmol/L mannitol (NG), or 25 mmol/L glucose (HG) and/or GW1516 (0.1  $\mu$ mol/L), for 36 h. Transfection efficiency was verified by monitoring the green fluorescence of Ad-GFP on the endothelium side while also preparing mouse aorta under confocal microscope.

**Primary culture of mouse aortic endothelial cells.** The method was modified based on the early reported procedures (35). In brief, mice were anesthetized with an intraperitoneal injection of pentobarbital sodium (40 mg/kg). Heparin (100 units/mL in PBS) was infused into the circulation from the left ventricle. The aortae were dissected in DMEM and incubated with collagenase type II for 8 min at 37°C. Detached endothelial cells were collected by centrifugation, resuspended in 20% FBS-DMEM, and then cultured in endothelial cell growth medium supplemented with bovine brain extract (Lonza, Walkersville, MD) until confluency. The cultured endothelial cells were then incubated in NG or HG medium with or without the presence of different drugs



**FIG. 1.** Effects of PPAR $\delta$ , PI3K, or Akt inhibitors on EDRs in mouse aortae. **A:** HG impairs EDRs of aortae from C57BL/6J mice, an effect that is reversed by GW0742 or GW1516 (PPAR $\delta$  agonist, 0.1  $\mu$ mol/L, 36 h). **B:** The beneficial effect of GW1516 is reversed by GSK0660 (PPAR $\delta$  antagonist, 1  $\mu$ mol/L) or Akt inhibitor V (5  $\mu$ mol/L). **C:** The beneficial effect of GW1516 is reversed by LY294002 (PI3K inhibitor, 5  $\mu$ mol/L) or wortmannin (PI3K inhibitor, 0.1  $\mu$ mol/L). **D:** Western blot showing that HG reduces eNOS phosphorylation at Ser<sup>1177</sup>, and reduces Akt phosphorylation at Thr<sup>308</sup> and Ser<sup>473</sup>. These effects are reversed by GW1516 (0.1  $\mu$ mol/L). The beneficial effects of GW1516 are abrogated by LY294002 (PI3K inhibitor, 5  $\mu$ mol/L), wortmannin (PI3K inhibitor, 0.1  $\mu$ mol/L), or GSK0660 (PPAR $\delta$  antagonist, 1  $\mu$ mol/L). **E:** Densitometry of Western blots showing the effect of GW1516, and the antagonists of its action on eNOS and Akt phosphorylations in primary MAECs treated with HG (30 mmol/L, 36 h). eNOS, 140 kDa; Akt, 60 kDa. Results are means  $\pm$  SEM of six mice. \* $P$  < 0.05 vs. NG; # $P$  < 0.05 vs. HG; † $P$  < 0.05 vs. HG+GW1516.

for 36 h before the measurement of nitric oxide (NO) using laser confocal fluorescence microscopy.

**Transient transfection of mouse aortic endothelial cells.** Mouse aortic endothelial cells (MAECs) were transfected with either a constitutively active Akt plasmid (CA-Akt), a dominant-negative Akt construct (DN-Akt), or control plasmid by electroporation using the Nucleofector II machine (Amaxa/Lonza, Walkersville, MD) according to the procedure provided by the manufacturer. DNA plasmids were provided by Dr. Wu Zhenguo (Hong Kong University of Science and Technology, Hong Kong, China) (36). About 70% of endothelial cells were successfully transfected using these protocols, as indicated by control transfection using a GFP-expressing pCAGGS vector.

**Measurement of NO production.** Fluorimetric measurements were performed on primary MAECs using the Olympus Fluoview FV1000 laser scanning confocal system. 4-Amino-5-methylamino-2',7'-difluorofluorescein diacetate (DAF-FM DA; Molecular Probes, Eugene, OR) was used as the NO indicator. The amount of NO in response to 1  $\mu\text{mol/L}$  A23187 was evaluated by measuring the fluorescence intensity excited at 495 nm and emitted at 515 nm. The cells were stimulated with the calcium ionophore A23187 because there was no calcium or NO signal in response to ACh in the cultured MAECs. Changes in intracellular NO production were displayed as relative fluorescence intensity ( $F_1/F_0$ , where  $F_0$  = control and  $F_1$  = after A23187).

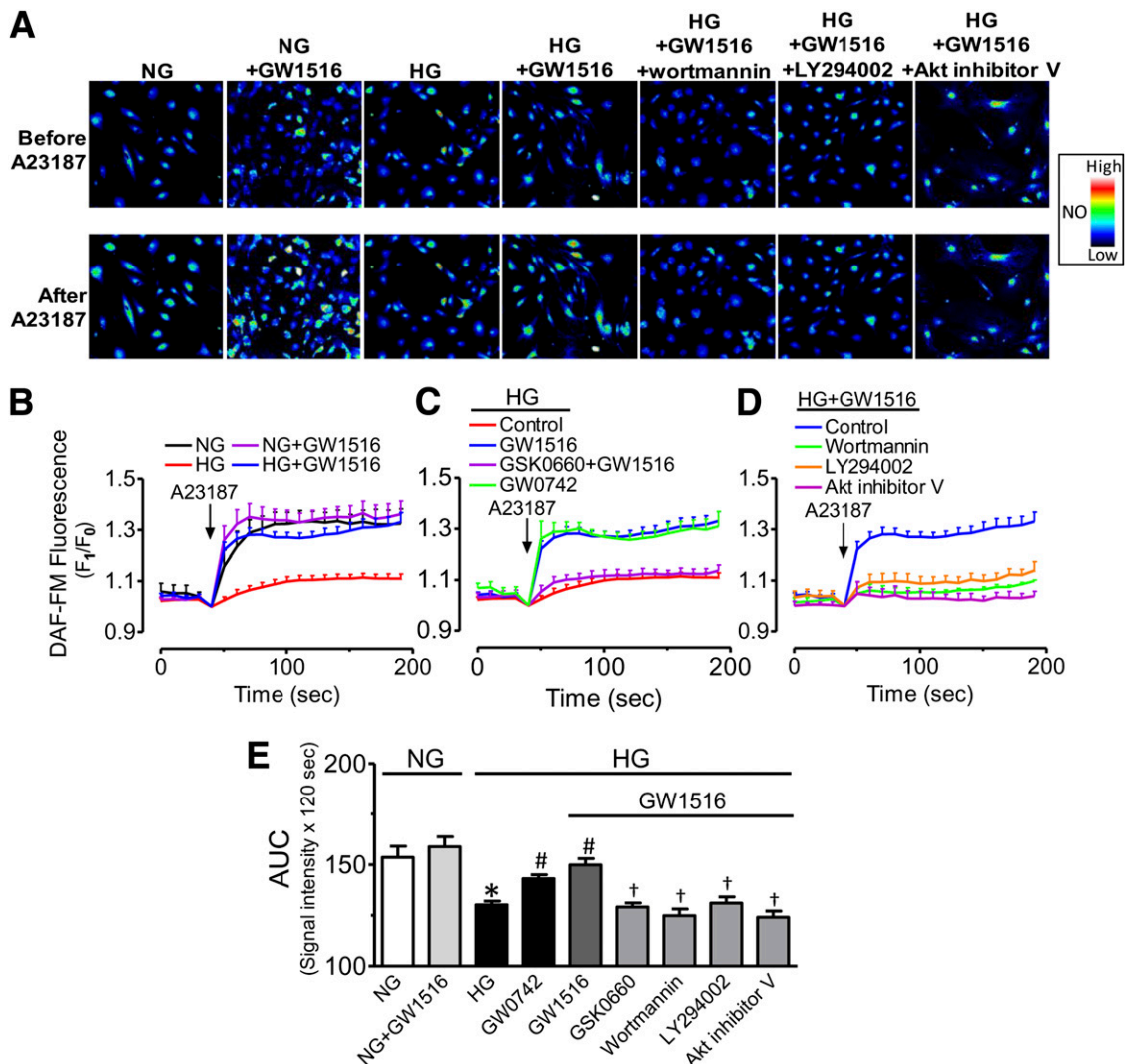
**Western blotting.** Protein samples prepared from mouse aortae or MAEC homogenates were electrophoresed through a 7.5 or 10% SDS-PAGE gel and

transferred onto an immobilon-P polyvinylidene difluoride membrane (Millipore Corp., Bedford, MA). Nonspecific binding sites were blocked with 1% BSA in 0.05% Tween-20 TBS. The blots were incubated overnight at 4°C with the primary antibodies anti-phospho-endothelial nitric oxide synthase (eNOS) at Ser<sup>1177</sup> (1:1,000; Upstate Biotechnology, Lake Placid, NY); anti-phospho-Akt at Ser<sup>473</sup> and Thr<sup>308</sup>, anti-Akt1 (1:1,000; Cell Signaling Technology, Danvers, MA), and anti-eNOS (1:1,000; BD Transduction Laboratory, San Diego, CA), followed by horseradish peroxidase-conjugated secondary antibody (DakoCytomation, Carpinteria, CA). Anti-GAPDH (1:5,000; Ambion, Cambridge, U.K.) was used to normalize the protein loading.

**Statistics.** Results represent means  $\pm$  SEM from different groups. The protein expression was quantified by densitometer (FluorChem; Alpha Innotech, San Leandro, CA), normalized to GAPDH, and then compared with control. Comparisons among groups were made using ANOVA followed by an unpaired Student *t* test. The *P* values <0.05 were accepted to indicate statistically significant differences.

## RESULTS

**PI3K/Akt contributes to the beneficial effect of PPAR $\delta$  agonists on endothelium-dependent vasodilatation impaired by HG.** Both PPAR $\delta$  agonist GW0742 (0.1  $\mu\text{mol/L}$ )

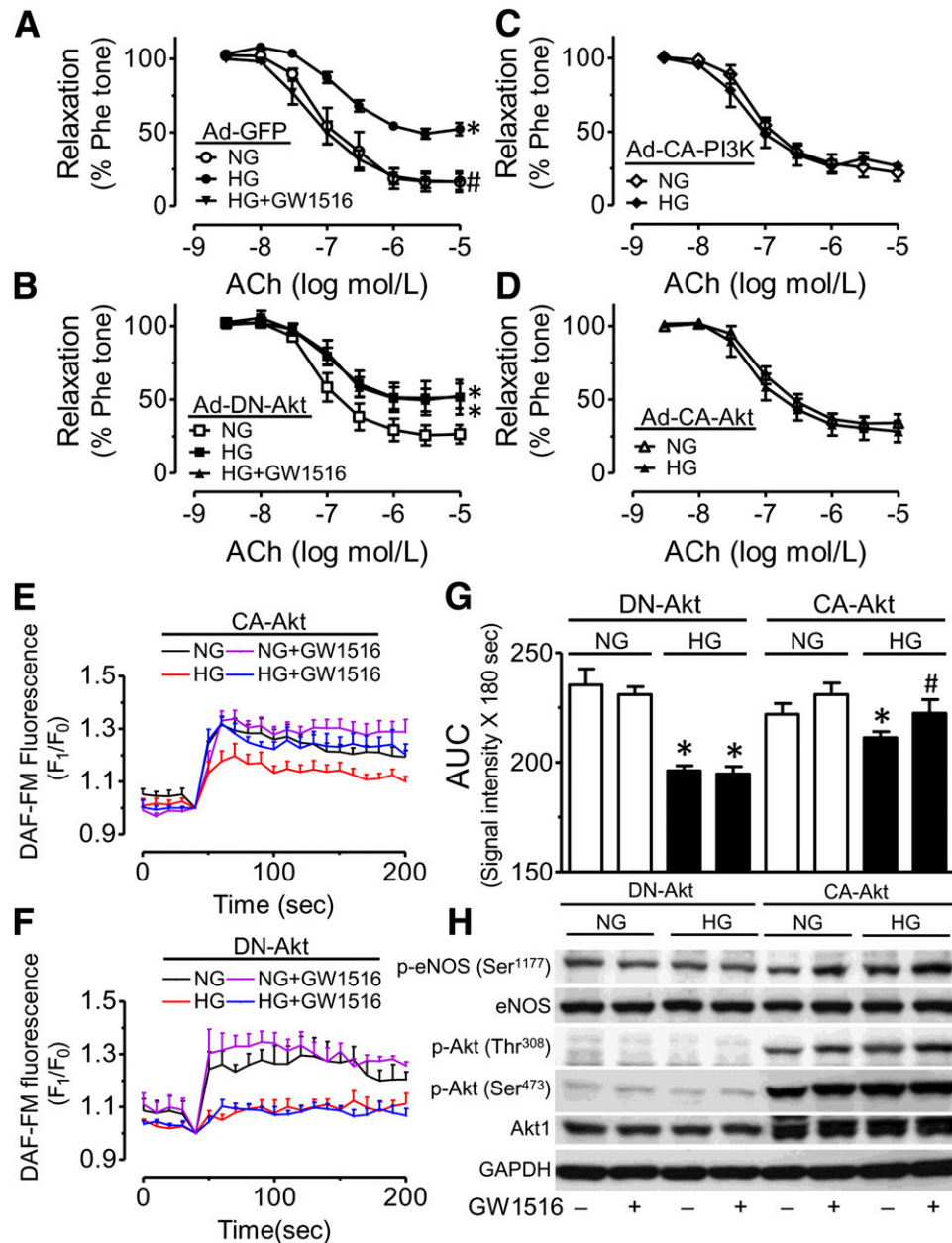


**FIG. 2.** The effect of GW1516 on NO production in endothelial cells (MAECs). **A:** Representative images of DAF-FM DA fluorescence signal in MAECs in response to Ca<sup>2+</sup> ionophore A23187 (0.1  $\mu\text{mol/L}$ ) under a confocal microscope, analyzed by comparing fluorescence intensity before ( $F_0$ ) and after ( $F_1$ ) the addition of A23187. **B–D:** Summarized results showing the levels of NO production in MAECs treated with GW1516 (0.1  $\mu\text{mol/L}$ ) or GW0742 (0.1  $\mu\text{mol/L}$ ), in the presence or absence of GSK0660 (1  $\mu\text{mol/L}$ ), LY294002 (5  $\mu\text{mol/L}$ ), wortmannin (0.1  $\mu\text{mol/L}$ ), or Akt inhibitor V (5  $\mu\text{mol/L}$ ) in MAECs exposed to NG or HG. **E:** Summarized data using the area under the curve (AUC) starting from the addition of A23187 for 120 s of **B–D**. Results are means  $\pm$  SEM of six to eight experiments. \**P* < 0.05 vs. NG; #*P* < 0.05 vs. HG; †*P* < 0.05 vs. HG+GW1516. Bar, 200  $\mu\text{m}$ . (A high-quality digital representation of this figure is available in the online issue.)

and GW1516 (0.1  $\mu\text{mol/L}$ ) augmented EDRs that were impaired by exposure to HG in aortae from C57BL/6J mice (Fig. 1A). The effect of GW1516 was abolished by coin-cubation with PPAR $\delta$  antagonist GSK0660 (1  $\mu\text{mol/L}$ ) (Fig. 1B). Coincubation with LY294002 (PI3K inhibitor, 5  $\mu\text{mol/L}$ ), wortmannin (PI3K inhibitor, 0.1  $\mu\text{mol/L}$ ), or Akt inhibitor V (Akt inhibitor, 5  $\mu\text{mol/L}$ ) also diminished the effect of GW1516 to restore EDRs in aortic rings exposed to HG (Fig. 1B and C). GW1516 or GW0742 did not alter EDR in aortic rings in NG (Supplementary Fig. 1). In HG-treated (30 mmol/L, 36 h) primary MAECs, eNOS

phosphorylation at Ser<sup>1177</sup> and Akt phosphorylation at Ser<sup>473</sup> and Thr<sup>308</sup> were decreased. These effects were reversed by GW1516 (0.1  $\mu\text{mol/L}$ ). Coincubation with GSK0660, LY294002, or wortmannin inhibited the effect of GW1516 (Fig. 1D–G). Specificity of GW1516 was further confirmed in PPAR $\delta$  WT and KO mice (Supplementary Fig. 2).

**PPAR $\delta$  agonist enhances the NO production in MAECs.** In MAECs, the addition of the Ca<sup>2+</sup> ionophore A23187 (0.1  $\mu\text{mol/L}$ ) induced a rise of the DAF-FM DA fluorescence, which reflects the level of NO production in



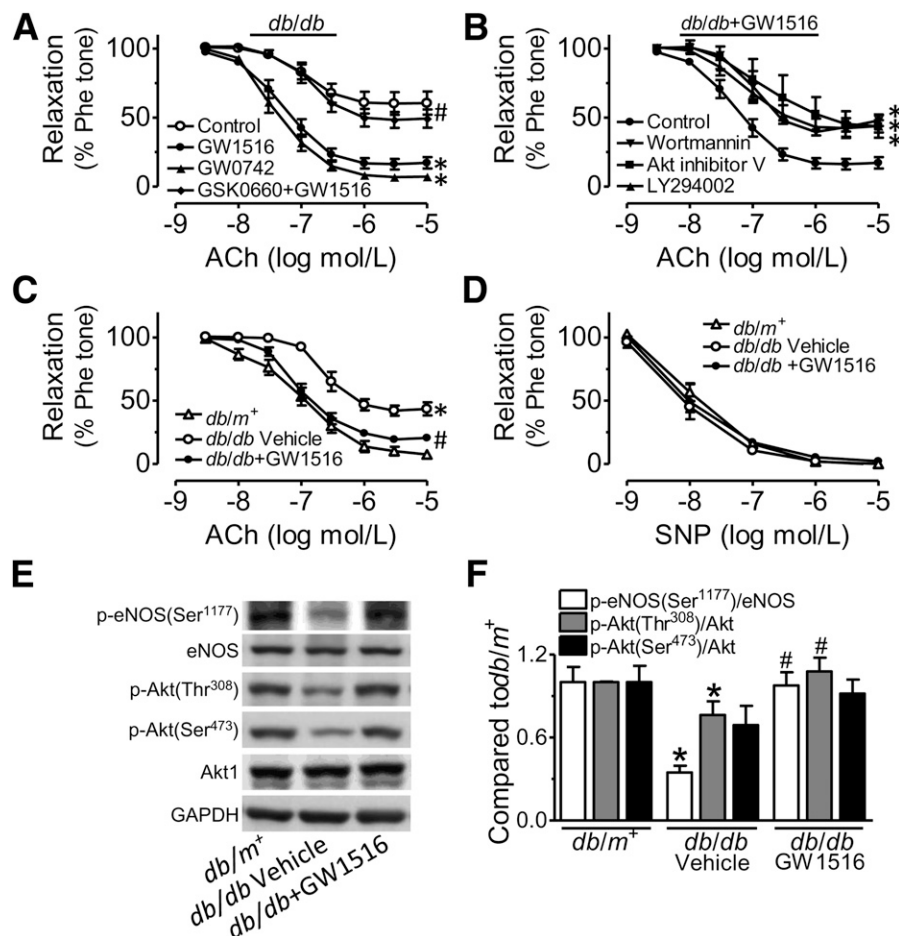
**FIG. 3.** The effect of Akt activity inhibition on the EDRs in mouse aortae and NO production in MAECs. Effects of Ad-GFP (A), Ad-DN-Akt (B), Ad-CA-PI3K (C), and Ad-CA-Akt (D) on EDRs in mouse aortae treated with GW1516 (0.1  $\mu\text{mol/L}$ ) and/or HG (30 mmol/L, 36 h). Mouse aortae were exposed to adenovirus for 4 h in serum-free DMEM, and then changed to DMEM with 10% FBS, before vasoreactivity was measured in the myograph. Effects of CA-Akt (E) or DN-Akt (F) transfection on NO production in MAECs coincubated with GW1516 (0.1  $\mu\text{mol/L}$ ) and/or HG (30 mmol/L, 36 h). MAECs were transiently transfected with CA-Akt or DN-Akt plasmid by electroporation. G: Summarized data using the area under the curve (AUC) starting from the addition of A23187 for 120 s of E and F. H: Representative Western blot to show the effect of CA-Akt and DN-Akt on Akt and eNOS phosphorylation in MAECs. p-eNOS (Ser<sup>1177</sup>) and eNOS, 140 kDa; p-Akt (Thr<sup>308</sup> and Ser<sup>473</sup>) and Akt, 60 kDa. Experiments were repeated five times using MAECs from different mice. Results are means  $\pm$  SEM of five to six experiments. \* $P$  < 0.05 vs. NG from each group; # $P$  < 0.05 vs. HG from each group.

the NG group, which was similar in cells treated with GW1516 in the NG group (Fig. 2A, B, and E). HG (30 mmol/L, 36 h) reduced NO production, which was restored by cotreatment with 0.1  $\mu\text{mol/L}$  GW1516 (Fig. 2A, B, and E). GW0742 at 0.1  $\mu\text{mol/L}$  produced a similar effect as GW1516 in HG-treated MAECs, whereas GSK0660 (1  $\mu\text{mol/L}$ ) antagonized the effect of GW1516 (0.1  $\mu\text{mol/L}$ ) (Fig. 2A, C, and E). Coincubation with LY294002 (5  $\mu\text{mol/L}$ ), wortmannin (0.1  $\mu\text{mol/L}$ ), or Akt inhibitor V (5  $\mu\text{mol/L}$ ) also inhibited the effect of GW1516 (Fig. 2A, D, and E).

**Inhibition of Akt activity diminishes the effect of GW1516 on mouse aortae and MAECs.** Ad-GFP served as control to verify that adenoviral infection did not affect the EDRs of mouse aortae (Fig. 3A). Inhibition of Akt activity by Ad-DN-Akt, the adenovirus expressing dominant-negative Akt, abolished the effect of GW1516 on EDRs in HG-treated aortae from C57BL/6 mice (Fig. 3B). Conversely, increasing PI3K or Akt activity by Ad-CA-PI3K or Ad-CA-Akt, the adenoviruses expressing constitutively active PI3K or Akt, reversed HG-impaired EDRs in mouse aortae (Fig. 3C and D). To further confirm the role of Akt in the effect of GW1516 on NO production in MAECs, we found that CA-Akt slightly increased NO production in HG-treated MAECs (Fig. 3E and G) without

affecting other groups, as compared with data presented in Fig. 2B. Suppression of Akt activity by DN-Akt inhibited the restoration of NO production by GW1516 in HG-treated MAECs (Fig. 3F and G). DN-Akt suppressed, whereas CA-Akt increased, Akt phosphorylation (Fig. 3H) at basal level. CA-Akt also increased eNOS phosphorylation stimulated by GW1516 (Fig. 3H).

**PPAR $\delta$  agonists improve endothelial function in aortae from *db/db* mice.** Treatment with PPAR $\delta$  agonists GW1516 (0.1  $\mu\text{mol/L}$ , 24 h) or GW0742 (0.1  $\mu\text{mol/L}$ , 24 h) markedly improved EDRs, which were impaired in aortae from *db/db* mice (Fig. 4A). Coincubation with GSK0660 (1  $\mu\text{mol/L}$ ) antagonized the beneficial effect of GW1516 (0.1  $\mu\text{mol/L}$ ) (Fig. 4A). Coincubation with LY294002 (5  $\mu\text{mol/L}$ ), wortmannin (0.1  $\mu\text{mol/L}$ ), or Akt inhibitor V (5  $\mu\text{mol/L}$ ) also attenuated the beneficial effect of GW1516 on *db/db* mouse aortae (Fig. 4B). To examine the effect of PPAR $\delta$  activation in vivo, GW1516 was given by oral gavage (5 mg/kg/day, 7 days) to *db/db* mice. EDRs in aortae from *db/db* mice were significantly reduced as compared with those from *db/m<sup>+</sup>* mice. The impaired EDRs were improved after GW1516 treatment (Fig. 4C). By contrast, endothelium-independent relaxations to SNP were similar in *db/m<sup>+</sup>*, *db/db*, and *db/db* treated with GW1516 (Fig. 4D).

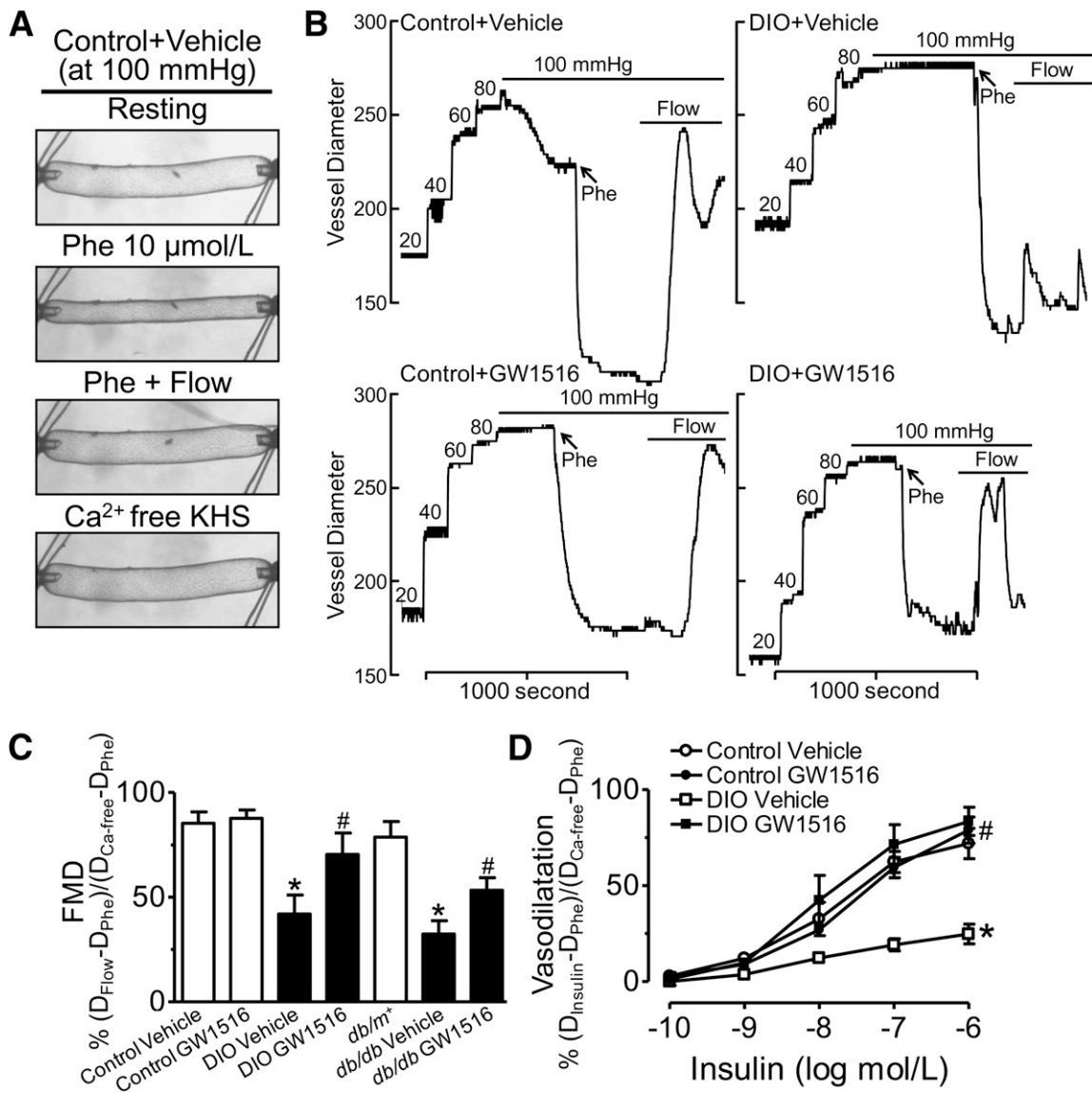


**FIG. 4.** The effect of GW1516 treatment on endothelial function in *db/db* mice. **A:** PPAR $\delta$  agonist GW0742 (0.1  $\mu\text{mol/L}$ , 24 h) or GW1516 (0.1  $\mu\text{mol/L}$ , 24 h) improved EDRs in aortae from *db/db* mice. The beneficial effect of GW1516 was abrogated by coincubation with GSK0660 (PPAR $\delta$  antagonist, 1  $\mu\text{mol/L}$ ). **B:** The beneficial effect of GW1516 in aortae from *db/db* mice is abrogated by LY294002 (5  $\mu\text{mol/L}$ ), wortmannin (0.1  $\mu\text{mol/L}$ ), or Akt inhibitor V (5  $\mu\text{mol/L}$ ). **C:** GW1516 treatment (5 mg/kg/day, 7–10 days) improved EDRs in aortae from *db/db* mice, without affecting endothelium-independent relaxations to SNP (**D**). **E** and **F:** GW1516 treatment increased phosphorylations of eNOS and Akt in *db/db* mouse aortae. Results are means  $\pm$  SEM of *n* mice (*n* specified in Supplementary Table 1). \**P* < 0.05 vs. *db/m<sup>+</sup>*; #*P* < 0.05 vs. *db/db*.

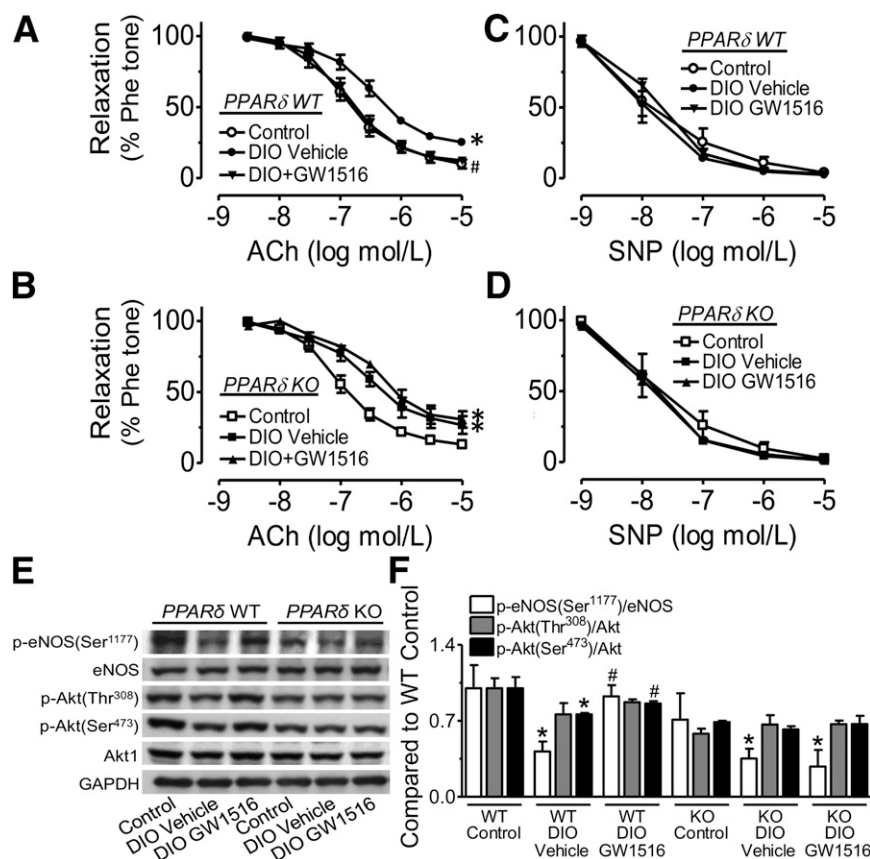
Phosphorylations of eNOS at Ser<sup>1177</sup> and of Akt at Thr<sup>308</sup> were restored in aortae from GW1516-treated *db/db* mice (Fig. 4E and F).

**GW1516 treatment improves FMD and insulin-induced vasodilatation in arteries from DIO mice.** FMD was measured in mesenteric resistance arteries of normal or DIO C57BL/6 mice and of *db/db* mice. FMD was induced by a pressure change of 20 mmHg, which equals an initial shear stress of  $\sim 15$  dynes/cm<sup>2</sup> in pressurized arteries. FMD was improved in mesenteric resistance arteries from DIO mice or *db/db* mice treated with GW1516 (Fig. 5A–C). GW1516 treatment also enhanced insulin-induced vasodilatation in arteries from DIO mice (Fig. 5B). ACh-induced relaxation in aortae or FMD in resistance arteries was unaffected in control mice treated with GW1516 (Fig. 5C and Supplementary Fig. 1).

**GW1516 treatment in vivo improves endothelial function in DIO mice in a PPAR $\delta$ -specific manner.** PPAR $\delta$  KO and PPAR $\delta$  WT mice were fed with a high-fat diet for 12 weeks. GW1516 was administered by oral gavage (5 mg/kg/day, 7 days). EDRs were impaired in aortae from DIO PPAR $\delta$  KO or DIO PPAR $\delta$  WT mice compared with control mice of the same genotype on a normal diet (Fig. 6A and B). GW1516 treatment in vivo restored EDRs in aortae from DIO PPAR $\delta$  WT mice (Fig. 6A), but not in those from DIO PPAR $\delta$  KO mice (Fig. 6B). Again, endothelium-independent relaxations to SNP were similar in all groups (Fig. 6C and D). Reduced eNOS and Akt phosphorylation upon high-fat feeding in DIO mice was restored after GW1516 treatment only in aortae from PPAR $\delta$  WT mice, not in those from PPAR $\delta$  KO mice (Fig. 6E and F).



**FIG. 5.** GW1516 treatment improves FMD and insulin-induced vasodilatation in pressurized mesenteric arteries of diet-induced obese mice. GW1516 was administered by oral gavage (5 mg/kg/day, 7–10 days) to DIO C57BL/6 and *db/db* mice. **A:** Representative image of mesenteric resistance arteries from control C57BL/6 mice pressurized at 100 mmHg. **B:** Representative trace of FMD from each group. Pressure rise was induced in stepwise order (20–100 mmHg). Phe (10  $\mu$ mol/L) was added after arteries stabilized at 100 mmHg to induce contraction before FMD was examined. **C:** Summarized FMD response in arteries from all the groups. **D:** Summarized data of insulin-induced vasodilatation in mesenteric resistance arteries from C57BL/6 control and DIO mice. Results are means  $\pm$  SEM of four to five mice. \**P* < 0.05 vs. control or *db/m\**; #*P* < 0.05 vs. vehicle.



**FIG. 6.** GW1516 treatment in vivo improved endothelial function in aortae from *PPARδ* WT mice but not in *PPARδ* KO mice after high-fat diet (DIO). GW1516 was administered by oral gavage (5 mg/kg/day, 7–10 days) to DIO *PPARδ* WT and age-matched *PPARδ* KO fed on high-fat diet for 3 months. Effects of GW1516 treatment on EDRs in aortae from *PPARδ* WT (A) and *PPARδ* KO (B) after high-fat diet-induced obesity compared with control mice on normal diet. Endothelium-independent relaxations to SNP in aortae from *PPARδ* WT (C) and *PPARδ* KO (D). E and F: Phosphorylation of eNOS and Akt in aortae from DIO *PPARδ* WT mice increased after GW1516 treatment, an effect that was not observed in those from DIO *PPARδ* KO mice. Results are means  $\pm$  SEM of *n* mice (*n* specified in Supplementary Table 1). \**P* < 0.05 vs. control (normal diet) from each group; #*P* < 0.05 vs. DIO from each genotype.

## DISCUSSION

We demonstrated that *PPARδ* activation improved endothelial function in diabetic mice through the activation of PI3K/Akt. *PPARδ* agonists GW1516 and GW0742 improve EDRs in aortae that were impaired by a 36-h exposure to HG.

First, the effects of *PPARδ* ligands were *PPARδ* specific, which was verified by using three approaches: 1) two selective *PPARδ* agonists, GW1516 and GW0742, exhibited similar effects in improving EDRs in aortae and in augmenting the NO production in MAECs; 2) the selective *PPARδ* antagonist GSK0660 blocked the beneficial effect of GW1516; and 3) the beneficial effect of GW1516 was absent in arteries from *PPARδ* KO mice. Second, the effect of *PPARδ* activation in mouse aortae and in MAECs is mediated through PI3K/Akt signaling based on the following observations: 1) the effect of *PPARδ* agonists to improve NO production in arteries was reversed by pharmacological inhibitors of both PI3K and Akt; 2) the *PPARδ* agonist-stimulated phosphorylation of Akt and eNOS and the *PPARδ*-mediated NO production in MAECs were also sensitive to PI3K/Akt inhibition; 3) the suppression of Akt activity by DN-Akt diminished the effect of GW1516 to restore impaired EDRs in mouse aortae and attenuated the effect of GW1516 to enhance NO production as well as phosphorylation of eNOS and Akt in MAECs exposed to HG; and 4) adenoviral constructs encoding the constitutively

active Akt or PI3K restored the impaired EDRs in mouse aortae and augmented NO production in MAECs exposed to HG. Finally, we documented the beneficial effects of *PPARδ* activation on endothelial function by showing that oral GW1516 treatment improves EDRs and FMDs in arteries from *db/db* and DIO *PPARδ* WT but not KO mice.

Although *PPARδ* is expressed in vascular cells (3,18), the role of *PPARδ* in the regulation of cardiovascular function has not been fully characterized. It is known that *PPARδ* activation induces angiogenesis and vasculogenesis (19,21). In mouse models of atherosclerosis, *PPARδ* activation decreases the size of atherosclerotic lesions and suppresses the expression of endothelial adhesion molecules (24,26,37). However, there is no study examining the impact of *PPARδ* agonists on diabetic vasomotor dysfunction. The current study provides novel evidence demonstrating that *PPARδ* agonists can restore endothelium-dependent dilatory function in isolated aortae from *db/db* mice and in aortae subjected to HG challenge. This notion is supported by the beneficial effect of GW1516 treatment in vivo in both diabetic and obese mice. Given that *PPARδ* agonists can ameliorate dyslipidemia, the beneficial effect of GW1516 might be partially due to its favorable modulation of lipid metabolism in vivo and its protective effect against lipid-induced endothelial dysfunction (Supplementary Table 1 and Fig. 3). However, in

the current study, glucose metabolism was not significantly affected by *in vivo* GW1516 treatment in *db/db* mice and in DIO PPAR $\delta$  WT and KO mice, although the triglyceride level decreased after GW1516 treatment, which might also contribute to the beneficial effect on vascular function (Supplementary Table 1). Furthermore, a beneficial effect of PPAR $\delta$  agonists was observed using *ex vivo* organ culture of isolated mouse aortic segment, as well as cultured endothelial cells, where ambient lipid and glucose levels were constant. In addition, unlike the previous study, which showed that GW1516 decreased GLUT1 activation and expression (38), in the current study, GLUT1 activation and expression were not altered in the endothelial cells by GW1516 (Supplementary Fig. 4). The results from these experiments strongly suggest that PPAR $\delta$  agonists have a direct effect on endothelium-dependent vasodilatation independent of any effects on lipid or glucose metabolism.

Existing evidence indicates that PPARs benefit endothelial function. Although the function of PPAR $\delta$  is less studied, PPAR $\gamma$  agonists pioglitazone and rosiglitazone improve EDR in resistance arteries and reduce the angiotensin II-induced hypertension in rats (39). PPAR $\alpha$  and PPAR $\gamma$  agonists inhibit the thrombin-activated endothelin-1 synthesis *in vitro* (40). PPAR $\gamma$  also elevates NO bioavailability by increasing its synthesis (41), through activation of p38 MAPK (42), and/or by decreasing its degradation by superoxide anions (43). PPAR agonists also improve vascular function in diabetic patients (44,45). Both animal and clinical studies suggest that PPARs can be potential targets for pharmaceutical intervention in the protection of endothelial function in diabetes. Given the recently reported adverse effect of rosiglitazone on cardiovascular outcomes in diabetic patients (46,47), PPAR $\delta$  could be an alternative target for the treatment of atherosclerosis, hypertension, and other cardiovascular events in diabetic patients.

The current study shows that the activation of the PI3K/Akt pathway is essential for the beneficial effect of PPAR $\delta$  agonists on endothelial function. The PPAR $\delta$  agonist promotes cell survival through PI3K/Akt-dependent mechanisms (48). The interaction between PPAR $\delta$  and PI3K/Akt was also found in other cell type (49). A recent study described that GW1516 promotes vasculogenesis through genomic transcription and nongenomic activation of PI3K/Akt via interaction with p85 $\alpha$ , a regulatory subunit of PI3K (21). In addition, GW0742 and L-165041 at higher concentrations (>1  $\mu$ mol/L) can directly induce vasodilatation, NO generation, and eNOS phosphorylation, which are partially related to activation of the PI3K/Akt pathway in the rat aorta (27). The present data supported the aforementioned observations that PI3K/Akt is one of the most likely downstream mechanisms for the vascular-protective effects of PPAR $\delta$  activation. Furthermore, we have provided evidence that the benefit of PPAR $\delta$  on vasodilatation requires the activation of PI3K/Akt. In addition, GW1516 did not alter p38, ERK, endothelin-1 activity, or caspase activity in aortae or endothelial cells (Supplementary Figs. 5–8).

Recently, a beneficial effect of GW1516 on dyslipidemia in humans has been observed (13,14). However, the cardiovascular safety and outcome of PPAR $\delta$  ligands is still under investigation. The current study indicates that PPAR $\delta$  activation is likely to reduce the risk of adverse cardiovascular events, as it improves the vasodilator function of the endothelium exposed to HG conditions *in vitro* or *ex vivo*. These novel findings may help to enhance the prospective of the use of safe PPAR $\delta$  ligands in combating vascular dysfunction in diabetes and obesity.

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X.Y.T. and W.T.W. designed and conducted the experiments, analyzed the data, and prepared the manuscript. N.W. and Y.H. designed the experiments and prepared the manuscript. Y. Lu, W.S.C., J.L., L.L., and Y.Li. conducted the experiments. S.S.-T.L. provided the transgenic mice. Z.Y.C., J.P.C., and X.Y. assisted with discussion and reviewed the manuscript. Y.H. is the guarantor of this work and, as such, had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

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