

RESEARCH PAPER

The atypical antidepressant mianserin exhibits agonist activity at κ -opioid receptors

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BACKGROUND AND PURPOSE

Antidepressants are known to interact with the opioid system through mechanisms not completely understood. We previously reported that tricyclic antidepressants act as agonists at distinct opioid receptors. Here, we investigated the effect of the atypical antidepressant mianserin at cloned and native opioid receptors.

EXPERIMENTAL APPROACH

Effects of mianserin were examined in CHO cells transfected with human opioid receptors, C6 glioma cells and rat brain membranes by the use of radioligand binding and functional assays including the stimulation of [35 S]GTP γ S binding and MAPK phosphorylation.

KEY RESULTS

Mianserin displayed 12- and 18-fold higher affinity for κ - than μ - and δ -opioid receptors respectively. In [35 S]GTP γ S assays, mianserin selectively activated κ -opioid receptors. The agonist activity was antagonized by the selective κ -opioid blocker nor-binaltorphimine (nor-BNI). The mianserin analogue mirtazapine also displayed κ -opioid agonist activity. Mianserin and mirtazapine increased ERK1/2 phosphorylation in CHO cells expressing κ -opioid receptors and C6 cells, and these effects were antagonized by nor-BNI. In rat striatum and nucleus accumbens, mianserin stimulated [35 S]GTP γ S binding in a nor-BNI-sensitive manner with maximal effects lower than those of the full κ -opioid agonists (–)-U50,488 and dynorphin A. When combined, mianserin antagonized the effects of the full κ -opioid receptor agonists in [35 S]GTP γ S assays and reduced the stimulation of p38 MAPK and ERK1/2 phosphorylation by dynorphin A.

CONCLUSIONS AND IMPLICATIONS

In different cell systems, mianserin directly activates κ -opioid receptors, displaying partial agonist activity at brain receptors. Thus, this property appears to be a common feature of different classes of antidepressants.

Abbreviations

CHO/KOP, /DOP and /MOP, CHO cells stably expressing the human κ -, δ - and μ -opioid receptor-1, respectively; CTAP (D-Phe-Cys-Tyr-D-Trp-Arg-Thr-Pen-Thr-NH₂); DAMGO, (D-Ala²-N-methyl-Phe-Gly-ol⁵)-enkephalin; DPDPE, [D-Pen(2,5)]-enkephalin; ECL, enhanced chemiluminescence; FCS, fetal calf serum; nor-BNI, nor-binaltorphimine; NTI, naltrindole; PTX, *Pertussis* toxin; TCA, tricyclic antidepressant

Introduction

Antidepressants, and in particular tricyclic antidepressants (TCAs), have long been known to interact with the opioid

system. A number of studies have shown that the administration of opioid receptor antagonists reverses the antinociceptive effects of TCAs (Biegon and Samuel, 1980; Gray *et al.*, 1998; Marchand *et al.*, 2003; Ozturk *et al.*, 2006;

Benbouzid *et al.*, 2008a,b), and that TCAs potentiate morphine-induced analgesia in both animals and humans (Mico *et al.*, 2006). Moreover, in animal behavioural tests predictive of antidepressant activity in humans, such as the forced swimming and learned helplessness tests, the antidepressant action of TCAs has been found to be antagonized by blockade of opioid receptors (Devoize *et al.*, 1982; Tejedor-Real *et al.*, 1995; Besson *et al.*, 1999). Although these studies support the involvement of the opioid system in the therapeutic activity of TCAs, how these drugs act on opioid neurotransmission has not been completely elucidated.

We have recently reported that a number of TCAs bind to and activate distinct opioid receptors with a preference for either δ - or κ -opioid receptor subtypes (Onali *et al.*, 2010; receptor nomenclature follows Alexander *et al.*, 2011). For instance, amoxapine displayed higher potency and efficacy at δ -opioid receptors, whereas amitriptyline, nortriptyline, desipramine and imipramine showed higher agonist activity at κ -opioid receptors. At the μ -opioid receptor, these drugs had low affinity and no significant agonist activity. From a pharmacodynamic point of view, the agonist activity at opioid receptors appears to be a unique property. In fact, these drugs, besides blocking monoamine transporters, have generally been found to behave as antagonists of neurotransmitter receptors (Baldessarini, 2006). As the receptor stimulation occurred at concentrations compatible with the brain levels reached by these drugs, we proposed that the direct agonist activity at opioid receptors could contribute to the analgesic and antidepressant actions of TCAs. However, it remains to be examined whether this property is typical of TCAs or shared by other structurally different antidepressants.

Mianserin is a tetracyclic compound that is approved for the treatment of major depression in several countries. A number of studies have indicated that mianserin differs from TCAs not only chemically but also in its pharmacological profile. In fact, unlike several TCAs, mianserin does not inhibit neuronal 5-HT reuptake and in the brain is only weakly active in blocking noradrenaline uptake (Marshall, 1983). Moreover, mianserin shows low affinity for cholinergic muscarinic receptors, but it has been found to block with high-affinity 5-HT₂ receptors, histamine H₁ receptors and α_2 -adrenoceptors (Peroutka and Snyder, 1981; Richelson and Nelson, 1984). Indeed, the antidepressant effect of mianserin is considered to mainly derive from the blockade of pre-synaptic, auto- and hetero- α_2 -adrenoceptors, with the consequent increase of noradrenergic and 5-hydroxytryptaminergic neurotransmission (Marshall, 1983; Pinder, 1985). However, like TCAs, mianserin has been reported to produce analgesia that was blocked by opioid antagonists, indicating that also this antidepressant acts through the opioid system (Reichenberg *et al.*, 1985; Schreiber *et al.*, 1998). Moreover, mianserin has been shown to either potentiate or antagonize the analgesic effect of the selective κ -opioid receptor agonist U-50 488 (Ho and Takemori, 1989).

In the present study, we investigated the actions of mianserin on opioid receptors by using both heterologous and homologous expression systems. We also examined the effects of mirtazapine, as this newer antidepressant is structurally and pharmacologically similar to mianserin (Croom *et al.*, 2009).

Part of this study has been presented in an abstract form (Olianas *et al.*, 2011).

Methods

Cell culture

CHO-K1 cells (American Type Culture Collection, Manassas, VA, USA) were grown as a monolayer culture in tissue culture flasks that were incubated at 37°C in a humidified atmosphere (5% CO₂) in Ham's F12 medium (Invitrogen, Carlsbad, CA) containing l-glutamine and sodium bicarbonate and supplemented with 10% fetal calf serum (FCS; Invitrogen), 0.5% penicillin/streptomycin. CHO-K1 cells stably expressing the human δ -opioid receptor (CHO/DOP), κ -opioid (CHO/KOP), μ -opioid receptor-1 (CHO/MOP) were generated as previously described (Olianas *et al.*, 2006).

C6 rat glioma cells (European Collection of Cell Cultures, Porton Down, Salisbury, UK) were grown in Ham's F12 supplemented with 2 mM l-glutamine, 0.5% penicillin/streptomycin and 10% FCS in a humidified 95% air and 5% CO₂ at 37°C.

Primary cultures of mouse neurons

All animal care and experimental procedures were in accordance with the European Communities Council Directive of November 24 1986 (86/609/EEC) and with the principles of Laboratory Animal Care in Italy (D.L. 116/92). All studies involving animals are reported in accordance with the ARRIVE guidelines for reporting experiments involving animals (McGrath *et al.*, 2010). The total of 44 animals were used in the experiments described here.

CD-1 mice were obtained from Harlan (Udine, Italy). One-day-old mice of both sexes were used to prepare primary cultures of neuronal cells of mouse striatum and hippocampus. The animals were anaesthetized by hypothermia and killed by decapitation. The dorsal and ventral striatum and the dorsal hippocampus were dissected from coronal brain slices, and the tissue fragments were incubated with 0.2% trypsin (type IX from porcine pancreas; Sigma Aldrich, St. Louis, MO, USA) for 30 min at 30°C. Thereafter, 1% soya bean trypsin inhibitor and 0.1 mg·mL⁻¹ DNase type I (Sigma Aldrich) were added, and the incubation was continued for additional 5 min. Following trituration, the cell suspension was layered on the top of a 4% BSA solution in complete Neurobasal medium and centrifuged at 1200×g for 10 min. The cells were re-suspended in complete Neurobasal medium and plated on either glass coverslips (Bellco Brand, Electron Microscopy Sciences, Fort Washington, PA, USA) or six-well plates pre-coated with 0.01% L-poly-lysine (Sigma Aldrich) at the density of 1 × 10⁵ cells and 1 × 10⁶ per well respectively. Cultures were placed in a humidified incubator and maintained at 37°C in 5% CO₂. Cells were used 8–10 days after plating.

Cell membrane preparation

Cells were washed with ice-cold PBS (pH 7.4), scraped into an ice-cold buffer containing 10 mM HEPES/NaOH (pH 7.4) and 1 mM EDTA and lysed with a Dounce tissue grinder. The cell lysate was centrifuged at 1000×g for 2 min at 4°C. The supernatant was collected and centrifuged at 32 000×g for 20 min

at 4°C. The pellet was re-suspended in homogenization buffer at a protein concentration of 1.0–1.5 mg·mL⁻¹ and stored in aliquots at -80°C.

Cell treatments and cell extracts preparation

CHO/KOP cells and C6 glioma cells were serum-starved for 24 h or 48 h, respectively, whereas primary neuronal cultures were incubated in the absence of B 27 supplement for 24 h. The cells were then treated with the test agents as indicated in the legends to figures, washed with ice-cold PBS and lysed by scraping into PBS containing 0.1% SDS, 1% Nonidet P-40, 0.5% sodium deoxycholate, 2 mM EDTA, 2 mM EGTA, 4 mM sodium pyrophosphate, 2 mM sodium orthovanadate, 10 mM sodium fluoride, 20 mM okadaic acid, 0.1% phosphatase inhibitor cocktail 1, 1% protease inhibitor cocktail and 1 mM PMSF. The samples were stored at -80°C. Aliquots of cell extracts were taken for protein determination.

Protein content was determined by the method of Bradford (1976) using BSA as a standard.

Dissection of brain regions and membrane preparation

Male Sprague–Dawley rats (200–300 g) (Harlan) were used. Animals were maintained in a 12 h light/dark cycle with food and water *ad libitum*. The dorsal striatum and nucleus accumbens were rapidly microdissected from 300 μ m brain coronal slices as previously described (Onali and Olanas, 2002). Freshly dissected tissue samples were homogenized in an ice-cold buffer containing 10 mM HEPES-NaOH, 1 mM EDTA (pH 7.40) using a Teflon-glass tissue grinder. The homogenate was centrifuged at 27 000 \times g for 20 min at 4°C. The pellet was re-suspended in the same buffer at a protein concentration of 0.8–1.0 mg·mL⁻¹ and stored at -80°C for binding assays.

[³⁵S]GTP γ S binding assay

The binding of [³⁵S]GTP γ S was assayed in a reaction mixture (final volume 100 μ L) containing 25 mM HEPES/NaOH (pH 7.4), 10 mM MgCl₂, 1 mM EDTA, 150 mM KCl and 1.0 nM [³⁵S]GTP γ S. The GDP concentration was optimized for each receptor system and was 30 μ M for CHO/KOP and CHO/DOP, 10 μ M for CHO/MOP and 50 μ M for rat brain membranes. Membranes (2–4 μ g of protein) were pre-incubated for 20 min at 30°C with the test compounds. For each compound, control samples received an equal volume (10 μ L) of vehicle. The reaction was started by the addition of [³⁵S]GTP γ S and continued for 40 min at 30°C. The incubation was terminated by the addition of 5 mL of ice-cold buffer containing 10 mM HEPES/NaOH (pH 7.4) and 1.0 mM MgCl₂, immediately followed by rapid filtration on glass fibre filters (Whatman GF/C). The filters were washed twice with 5 mL of buffer, and the radioactivity trapped was determined by liquid scintillation spectrometry. Non-specific binding was determined in the presence of 50 μ M GTP γ S. Assays were performed in duplicate.

Receptor binding assays

In CHO cell membranes, receptor binding assays were carried out by using [³H]diprenorphine to label κ - and μ -opioid receptors and [³H]naltrindole (NTI) to label δ -opioid receptors

and by incubating the membrane preparations (15–40 μ g of protein) at 30°C for 120 min in a buffer containing 25 mM HEPES/NaOH (pH 7.4), 10 mM MgCl₂, 1 mM EDTA and 150 mM KCl. For saturation binding assays, the concentrations of [³H]diprenorphine ranged from 40 pM to 3 nM. For competition binding assays, the concentration of either [³H]diprenorphine or [³H]NTI was 0.20 nM. Non-specific binding was determined in the presence of 10 μ M naloxone and corresponded to 4–12% and 12–30% of total [³H]diprenorphine and [³H]NTI binding respectively. Triplicate determinations were made for each experiment.

[³H]U-69 593 binding was performed in membranes prepared from rat brain tissue containing both dorsal striatum and nucleus accumbens. Tissue samples were homogenized in 50 mM Tris-HCl (pH 7.4) containing 0.1 mM PMSF, centrifuged at 27 000 \times g for 20 min at 4°C and frozen at -80°C. Thereafter, the tissue preparation was thawed and diluted in 50 mM Tris/HCl (pH 7.4), centrifuged as above and re-suspended in the same buffer. Aliquots containing ~300 μ g of protein were incubated with 4 nM [³H]U-69 593 at 25°C for 1 h in the presence of the indicated concentrations of mianserin. Non-specific binding was determined in the presence of 10 μ M naloxone and corresponded to 25% of total radioligand binding. Saturation binding assays were performed using [³H]U-69 593 concentrations ranging from 0.5 to 25 nM. The estimated K_D of [³H]U-69 593 was 1.2 nM. Triplicate determinations were made for each experiment.

Reactions were terminated by filtration through Whatman GF/C filters pre-soaked with 0.1% polyethyleneimine, which were washed three times with 5 mL of ice-cold buffer containing 10 mM HEPES/NaOH (pH 7.4) and 1 mM MgCl₂. The radioactivity trapped was determined by liquid scintillation spectrometry.

Western blot analysis

Aliquots of cell extracts containing equal amount of protein were subjected to SDS-PAGE, and the proteins were electrophoretically transferred to PVDF membranes (Hybond-P, Amersham Biosciences, Piscataway, NJ, USA). Non-specific binding sites were blocked by incubation in 20 mM Tris-HCl, 137 mM NaCl and 0.1% Tween-20 (pH 7.6) (TBS-T buffer) containing 5% BSA for 1 h. After washing with TBS-T buffer, the membranes were incubated overnight at 4°C with one of the following primary antibodies: rabbit polyclonal anti-phospho-ERK1 (Thr²⁰²/Tyr²⁰⁴)/ERK2 (Thr¹⁸⁵/Tyr¹⁸⁷) (pERK1/2) (1:20 000) (Neuromics, Northfield, MN); rabbit polyclonal anti-ERK1/2 (1:2000), anti-phospho-CREB (Ser¹³³) (1:1000), anti-phospho-p38 MAPK (Thr¹⁸⁰/Tyr¹⁸²) (1:1000), mouse monoclonal anti-p38 MAPK (1:1000) and rabbit monoclonal anti-CREB (1:1000) (Cell Signaling Technology, Danvers, MA, USA). The membranes were then incubated with a HRP-conjugated secondary antibody (1:10 000), and immunoreactive bands were detected by using ECL Plus and ECL Hyperfilm (Amersham). The size of the immunoreactive bands was determined by using molecular weight standards detected with a specific antibody suitable for the ECL system (Santa Cruz Biotechnology, Santa Cruz, CA, USA). Membranes were stripped of antibodies with Western-Reprobe reagent (Calbiochem, La Jolla, CA, USA) and re-probed with rabbit polyclonal anti-actin (1:3000) (Sigma Aldrich) to control for sample loading. Band densities were determined

by densitometric analysis using Image Scanner III (GE Healthcare, Milan, Italy) and NIH ImageJ software (US National Institutes of Health, Bethesda, MA, USA). The optical density of phosphoprotein bands was normalized to the density of the corresponding total protein to yield the relative optical density value.

Statistical analysis

Results are reported as mean \pm SEM. Data from concentration–response curves were analysed by the program Graph Pad Prism (San Diego, CA, USA), which yielded agonist concentration producing half-maximal effect (EC_{50} values) and maximal effects (E_{max}). Saturation binding data were analysed by the non-linear curve fitting program LIGAND, which provided ligand dissociation constant (K_D) and maximal binding capacity (B_{max}). Antagonist potencies were analysed by nonlinear regression analysis. When increasing concentrations of antagonists in the presence of a fixed concentration of agonist were examined, the antagonist inhibitory constant (K_i) was calculated according to the equation: $K_i = IC_{50}/1 + (A/EC_{50})$, where IC_{50} is the antagonist concentration producing half-maximal inhibition, A is the agonist concentration and EC_{50} is the agonist EC_{50} value. The pA_2 of mianserin was calculated from Schild plots, where the ratios -1 ($DR-1$) of the EC_{50} values of the agonist in the absence and in the presence of mianserin was plotted as a function of the mianserin concentration. When the effect of a fixed mianserin concentration in the presence of increasing agonist concentrations was examined, the K_i value was calculated according to the equation: $EC_{50b} = EC_{50a} (1 + I/K_i)$, where EC_{50a} and EC_{50b} are agonist EC_{50a} values in the absence and in the presence of mianserin, respectively; and I is the concentration of mianserin. Statistical analysis was performed by either Student's t -test when comparing two groups or one-way ANOVA followed by Newman–Keuls *post hoc* tests when comparing more than two groups.

Materials

[35 S]GTP γ S (1306 Ci mmol $^{-1}$), [15,16- 3 H]diprenorphine (53 Ci mmol $^{-1}$), [3 H]U-69 593 (43 Ci mmol $^{-1}$) and [5',7'- 3 H]naltrindole ([3 H]NTI) (20 Ci mmol $^{-1}$) were obtained from Perkin Elmer (Boston, MA, USA). GTP γ S was from Boehringer (Mannheim, Germany). (–)-U-50 488 hydrochloride, nornaltrorphimine dihydrochloride (nor-BNI), CTAP (D-Phe-Cys-Tyr-D-Trp-Arg-Thr-Pen-Thr-NH $_2$) and NTI hydrochloride were from Tocris Cookson Ltd (Avonmouth, UK). (2-D-penicillamine, 5-D-penicillamine)-enkephalin (DPDPE) was purchased from Bachem AG (Bubendorf, Switzerland). Mianserin hydrochloride, mirtazapine hydrochloride, (D-Ala 2 -N-methyl-Phe-Gly-ol 5)-enkephalin (DAMGO), dynorphin A 1–13, Pertussis toxin (PTX) and the other reagents were from Sigma Aldrich.

Results

Mianserin binding to opioid receptor subtypes

In radioligand binding assays carried out with membranes of CHO cells expressing the human opioid receptors, mianserin caused a concentration-dependent displacement of [3 H]di-

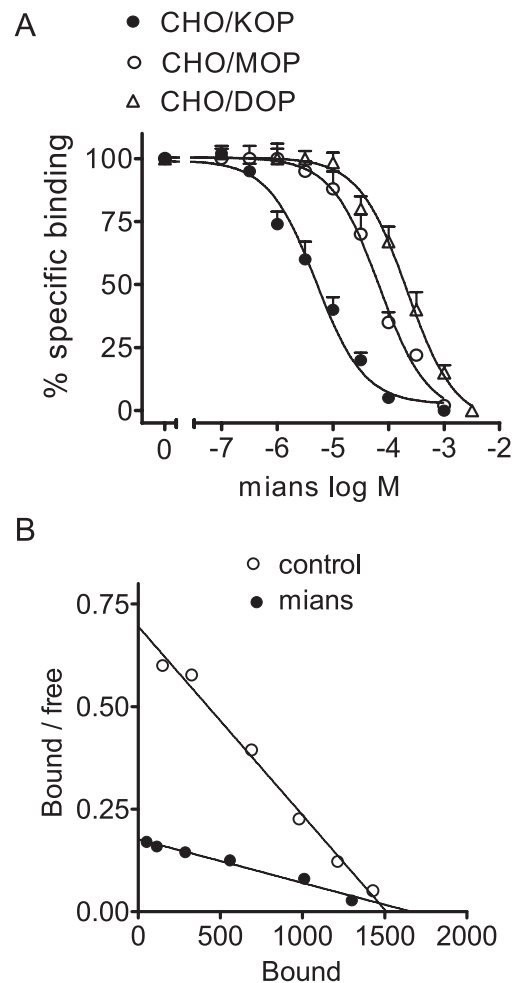


Figure 1

Mianserin displays higher affinity for κ - than μ - and δ -opioid receptors. (A) Radioligand binding assays were performed in membranes of CHO cells stably transfected with human κ - (CHO/KOP), μ - (CHO/MOP) and δ - (CHO/DOP) opioid receptors by using 0.2 nM [3 H]diprenorphine (CHO/KOP and CHO/MOP) or 0.2 nM [3 H]NTI (CHO/DOP). Non-specific binding was determined in the presence of 10 μ M naloxone. Values are the mean \pm SEM of three experiments. (B) Scatchard plot of [3 H]diprenorphine saturation binding carried out in CHO/KOP membranes in the presence of either vehicle (control) or 10 μ M mianserin (mians). Values are the mean of three experiments.

prenorphine specifically bound to κ - and μ -opioid receptors and [3 H]NTI bound to δ -opioid receptors (Figure 1A). Estimation of the corresponding K_i values indicated that mianserin was about 12- and 18-fold more potent in displacing the radioligand bound to the κ -opioid receptor ($K_i = 1.7 \pm 0.3 \mu$ M) than the μ -opioid receptor-1 ($K_i = 21 \pm 1.2 \mu$ M) and δ -opioid receptors ($K_i = 30.2 \pm 1.9 \mu$ M). In CHO/KOP cell membranes, Scatchard analysis of saturation binding data indicated that mianserin (10 μ M) increased the K_D value of [3 H]diprenorphine from 160 ± 20 to 870 ± 50 pM ($P < 0.05$, $n = 3$) without significantly changing the B_{max} value (1450 ± 60 and 1590 ± 70 fmol \cdot mg $^{-1}$ protein for control and mianserin respectively, $n = 3$) (Figure 1B).

Stimulation of [35 S]GTP γ S binding in CHO cells transfected with human opioid receptors

In functional assays, mianserin stimulated [35 S]GTP γ S binding to CHO/KOP membranes in a concentration-dependent manner (Figure 2A). The estimated EC₅₀ value was $0.53 \pm 0.05 \mu\text{M}$ ($n = 3$), whereas the E_{max} value corresponded to 2.5-fold increase of control activity ($P < 0.001$, $n = 4$). No significant stimulatory effects were observed in either CHO/MOP and CHO/DOP cells or in untransfected CHO/K1 cells. To gain information on the relative intrinsic activity, the stimulatory effect of mianserin on [35 S]GTP γ S binding was compared with that of the full κ -opioid receptor agonist (-)-U-50 488. In these experiments, the effect

of mirtazapine was also investigated. In agreement with previous data (Onali *et al.*, 2010), (-)-U-50 488 potently stimulated [35 S]GTP γ S binding with an EC₅₀ value of $0.66 \pm 0.04 \text{ nM}$ ($n = 5$) and an E_{max} value (2.3-fold increase of control value, $n = 5$), which was similar to that of mianserin (Figure 2B). Mirtazapine was effective in stimulating [35 S]GTP γ S binding almost as much as mianserin, but with a lower potency (EC₅₀ = $7.2 \pm 0.8 \mu\text{M}$, $n = 3$). The stimulatory effects of both mianserin and mirtazapine were effectively blocked by the selective κ -opioid receptor antagonist nor-BNI (100 nM) (Figure 2C). The nor-BNI antagonism of mianserin (30 μM)-stimulated [35 S]GTP γ S binding was concentration-dependent with an estimated K_i value of $39 \pm 5 \text{ pM}$ (Figure 2D).

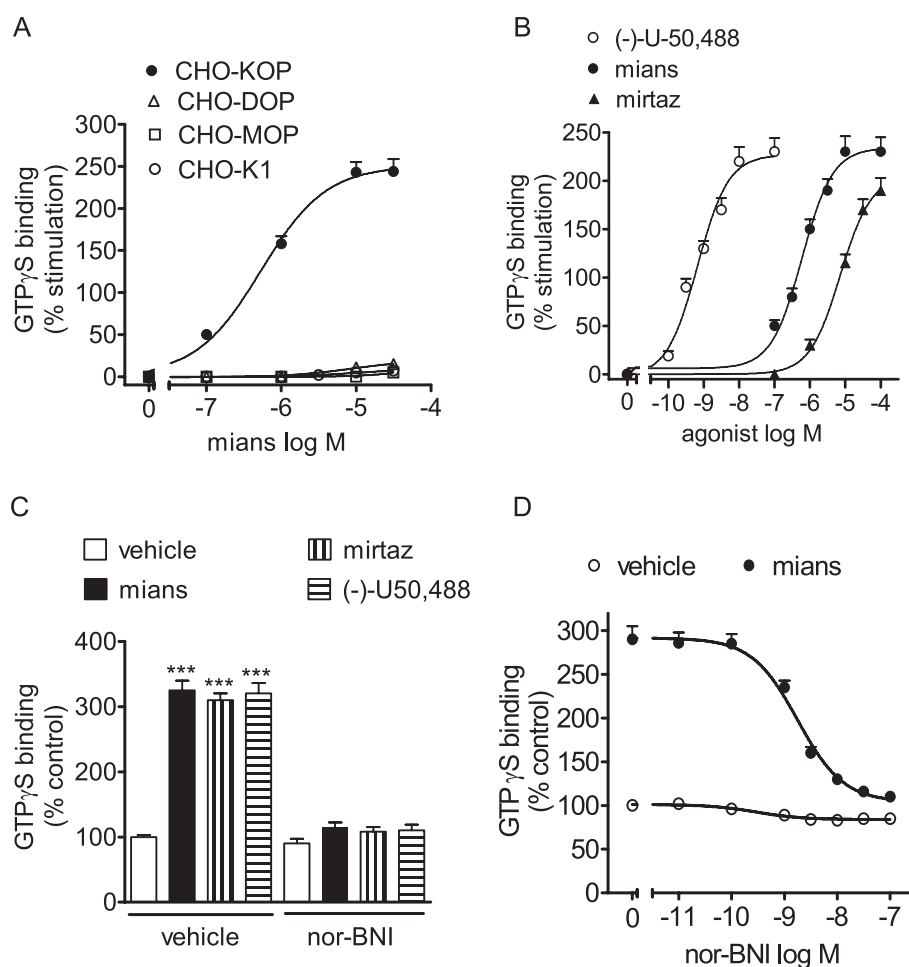


Figure 2

Stimulation of [35 S]GTP γ S binding by mianserin and mirtazapine in CHO cells. (A) Membranes of CHO cells untransfected (CHO/K1) or stably transfected with the different opioid receptor subtypes were incubated with 1.0 nM [35 S]GTP γ S in the presence of the indicated concentrations of mianserin (mians). Values are the mean \pm SEM of three experiments. (B) Stimulation of [35 S]GTP γ S binding by mianserin, mirtazapine (mirtaz) and the full κ receptor agonist (-)-U-50 488 in CHO/KOP membranes. Values are the mean \pm SEM of three to five experiments. (C) Antagonism of [35 S]GTP γ S binding stimulation by the κ receptor antagonist nor-BNI. CHO/KOP cell membranes were incubated with either vehicle, 100 nM (-)-U-50,488, 30 μM mianserin or 50 μM mirtazapine in the presence of either vehicle or 100 nM nor-BNI. Values are the mean \pm SEM of three experiments. *** $P < 0.001$ significantly different from control (vehicle + vehicle) by ANOVA. (D) Concentration-dependent-inhibition of mianserin-stimulated [35 S]GTP γ S binding by nor-BNI. CHO/KOP cell membranes were incubated with either vehicle or 30 μM mianserin in the presence of the indicated concentrations of nor-BNI. Values are the mean \pm SEM of three experiments.

Stimulation of ERK1/2 phosphorylation in CHO/KOP and C6 glioma cells

In a variety of cell types, ERK1/2, which belong to the MAPK family, have been shown to be critical down-stream components of opioid receptor-mediated regulation of cell proliferation and differentiation (Tegeger and Geisslinger, 2004). Previous studies have shown that ERK1/2 activity is critical for the action of antidepressants (Duman *et al.*, 2007). As shown in Figure 3A, exposure of CHO/KOP cells to mianserin (1 μ M) induced a rapid increase in dual ERK1/2 phosphorylation, which peaked at 10 min and then declined, although remaining above control up to 120 min. The stimulation of ERK1/2 phosphorylation by mianserin was concentration-dependent with an EC_{50} value of $1.5 \pm 0.3 \mu$ M and E_{max} corresponding to about 10-fold increase of control value ($P < 0.001$, $n = 5$) (Figure 3B). For comparison, the effect of the naturally occurring κ -opioid agonist dynorphin A 1–13 (dyn A) was examined. Dyn A stimulated ERK1/2 phosphorylation by about 15-fold with an EC_{50} value of 20 ± 3 pM ($P < 0.001$, $n = 3$) (Figure 3C). The stimulation of ERK1/2 phosphorylation elicited by mianserin (1 μ M) was significantly attenuated by nor-BNI (100 nM), which *per se* had no effect (Figure 3D). Mirtazapine (3 μ M) also significantly increased phospho-ERK1/2 levels, and the effect was effectively antagonized by nor-BNI (Figure 3D).

C6 glioma cells are known to endogenously express κ -opioid receptors coupled to stimulation of ERK1/2 phosphorylation (Bohn *et al.*, 2000), and we have previously reported that, in these cells, TCAs activate ERK1/2 through a mechanism that involves κ -opioid receptors (Onali *et al.*, 2010). As shown in Figure 4A, in C6 glioma cells mianserin induced a concentration-dependent stimulation of ERK1/2 phosphorylation with an EC_{50} value of $1.6 \pm 0.3 \mu$ M and E_{max} corresponding to fivefold increase of control value ($P < 0.001$, $n = 4$). The stimulatory effects elicited by low concentrations of mianserin (0.3 and 0.5 μ M) were completely blocked by nor-BNI (100 nM) (Figure 4B). Like mianserin, mirtazapine (3 μ M) stimulated ERK1/2 phosphorylation, and this effect was suppressed by nor-BNI (Figure 4C). Moreover, the stimulatory effects of both mianserin (10 μ M) and mirtazapine (10 μ M) were completely prevented in cells pre-treated with PTX, which uncouples the G-proteins of the G_i and G_o family from the receptors (Figure 4D).

Stimulation of CREB phosphorylation

CREB is a well-characterized stimulus-dependent transcription factor that is activated by phosphorylation on Ser¹³³ by cAMP-dependent protein kinase and other protein kinases pathways, including that involving ERK1/2 (Lonze and Ginty, 2002). CREB up-regulation has been observed following antidepressant treatment in animals and humans and changes in CREB expression and/or activity has been associated with antidepressant-like behaviours (Blendy, 2006). In CHO/KOP cells, mianserin (1 μ M) induced a time-dependent increase of phospho-CREB, which reached a peak at 30 min (about twofold increase of control levels) and then slowly declined returning at control levels at 120 min (Figure 5A). Mianserin significantly increased phospho-CREB also in C6 cells, and in either these cells or CHO/KOP cells, the stimulatory effect was blocked by nor-BNI (100 nM) (Figure 5B and C). Like

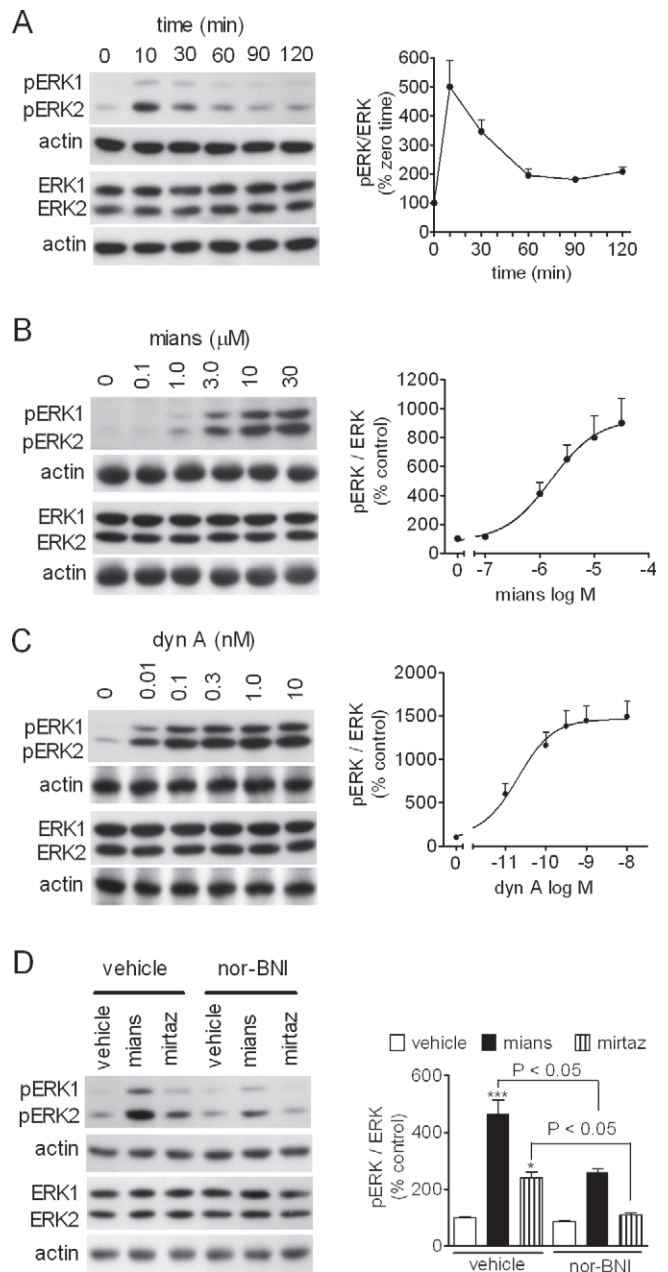
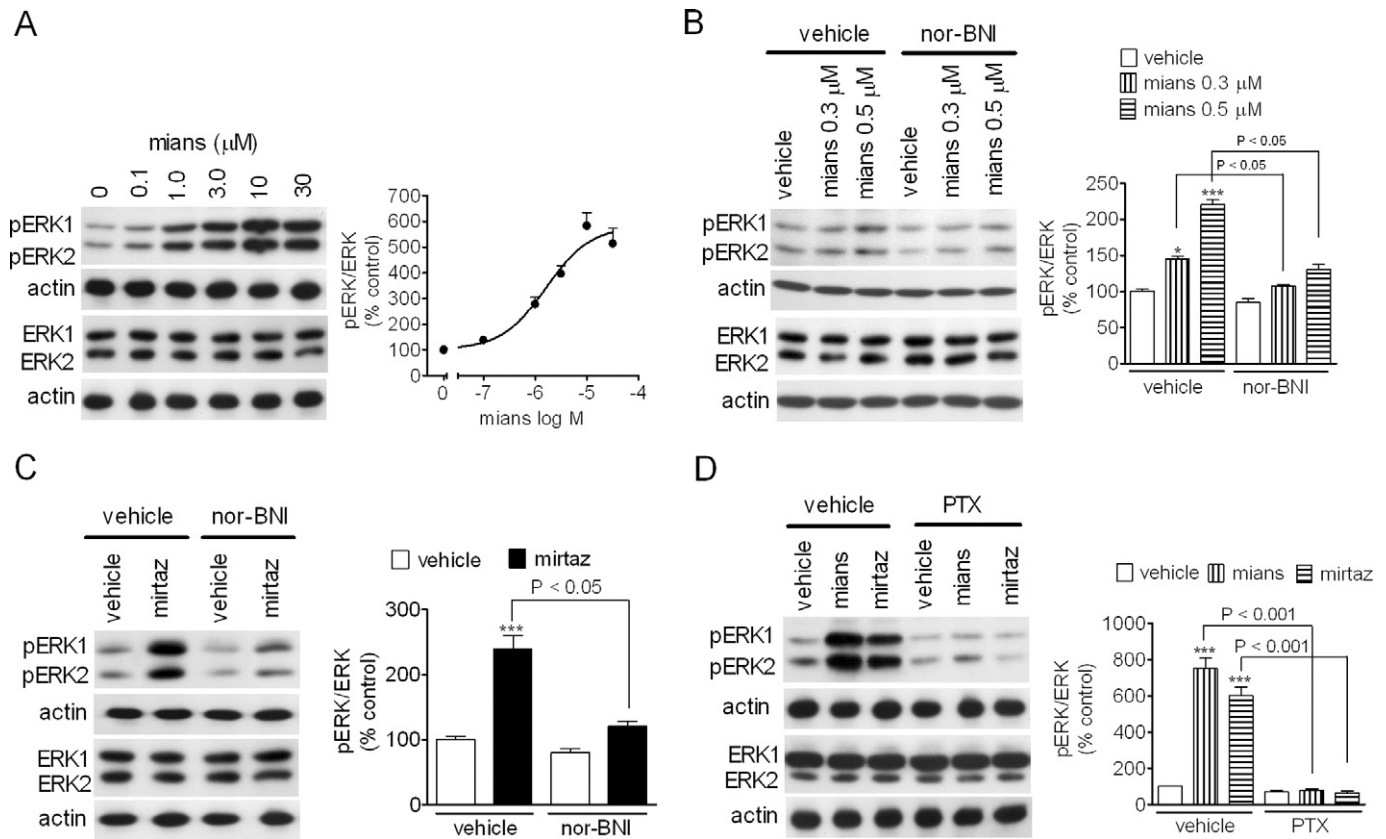


Figure 3

Stimulation of ERK1/2 phosphorylation by mianserin and mirtazapine in CHO/KOP cells. (A) Cells were incubated for the indicated time periods in the presence of 1 μ M mianserin. Cell extracts were analysed for ERK1/2 phosphorylation (pERK1 and pERK2), total ERK1/2 and actin levels by Western blot. Densitometric ratios of pERK1/2 normalized for total ERK1/2 are expressed as percent of zero time values and are the mean \pm SEM of four experiments. (B and C) CHO/KOP cells were incubated for 10 min in the presence of the indicated concentrations of either mianserin (mians) (B) or dynorphin A 1–13 (dyn A) (C). Values are the mean \pm SEM of five and three experiments respectively. (D) CHO/KOP cells were pre-incubated in the presence of either vehicle or 100 nM nor-BNI for 10 min and then exposed to either vehicle, 1 μ M mianserin or 3 μ M mirtazapine (mirtaz) for 10 min. Values are the mean \pm SEM of four experiments. *** $P < 0.001$, * $P < 0.05$ significantly different from control (vehicle + vehicle) by ANOVA.

**Figure 4**

Stimulation of ERK1/2 phosphorylation by mianserin and mirtazapine in C6 glioma cells. (A) Cells were incubated for 15 min in the presence of the indicated mianserin (mians) concentrations. Values are the mean \pm SEM of four experiments. (B and C) C6 glioma cells were pre-incubated for 10 min with either vehicle or 100 nM nor-BNI and then exposed to either vehicle, the indicated concentrations of mianserin (B) or 3 μ M mirtazapine (mirtaz; C). Values are the mean \pm SEM of four experiments. *** $P < 0.001$, * $P < 0.05$ significantly different from control by ANOVA. (D) PTX prevents the stimulation of ERK1/2 phosphorylation by mianserin and mirtazapine. C6 glioma cells were pre-incubated for 24 h with either vehicle or 100 ng·mL⁻¹ PTX and then exposed for 15 min to either 10 μ M mianserin or 10 μ M mirtazapine. Values are the mean \pm SEM of three experiments. *** $P < 0.001$ significantly different from control (vehicle + vehicle) by ANOVA.

mianserin, mirtazapine (3 μ M) was effective in increasing phospho-CREB in both cell systems in a nor-BNI-sensitive manner (Figure 5B and C).

Selective activation of κ -opioid receptors in rat striatum and nucleus accumbens

To investigate whether mianserin acted on κ -opioid receptors expressed in the brain, radioligand binding studies using the selective κ -opioid receptor ligand [³H]U-69 593 were first conducted in membranes derived from rat dorsal and ventral striatum. Mianserin completely displaced [³H]U-69 593 specific binding with a K_i value of $1.7 \pm 0.3 \mu$ M ($n = 3$) (Figure 6A). In membranes of individually dissected rat striatum and nucleus accumbens, mianserin elicited a concentration-dependent stimulation of [³⁵S]GTP γ S binding with EC_{50} values of 0.70 ± 0.05 and $0.39 \pm 0.06 \mu$ M, respectively, and E_{max} values corresponding to $13 \pm 2\%$ ($P < 0.05$, $n = 5$) and $22 \pm 3\%$ increase of control activity ($P < 0.05$, $n = 4$) respectively (Figure 6B). In the same membrane preparations, (-)-U-50 488 increased [³⁵S]GTP γ S binding by $20 \pm 2\%$ ($P < 0.05$, $n = 4$) and $29 \pm 3\%$, respectively ($P < 0.05$,

$n = 4$), with EC_{50} of 7.4 ± 0.5 and 4.0 ± 0.3 nM respectively (Figure 6B). In nucleus accumbens, the stimulation of [³⁵S]GTP γ S binding by mianserin (30 μ M) was completely blocked by nor-BNI (1 nM) but was not affected by either the selective μ -opioid receptor antagonist CTAP (10 nM) or the selective δ -opioid antagonist NTI (1 nM) (Figure 6C).

Effects of mianserin in combination with opioid receptor agonists

In rat striatal membranes, the curve of [³⁵S]GTP γ S binding stimulation by dynorphin A ($EC_{50} = 3.9 \pm 0.5$ nM) was progressively shifted to the right in the presence of increasing concentrations of mianserin (Figure 7A). Schild analysis of mianserin antagonism yielded a pA_2 value of 5.9 ± 0.2 ($n = 4$). Similarly, mianserin (10 μ M) caused a rightward shift in (-)-U-50 488 concentration-response curve with an estimated K_i of $1.5 \pm 0.2 \mu$ M ($n = 4$) (Figure 7B). Conversely, mianserin (10 μ M) failed to affect the stimulation of [³⁵S]GTP γ S binding elicited by either the selective δ -opioid receptor agonist DPDPE (Figure 7C) or the selective μ -opioid receptor agonist DAMGO (Figure 7D).

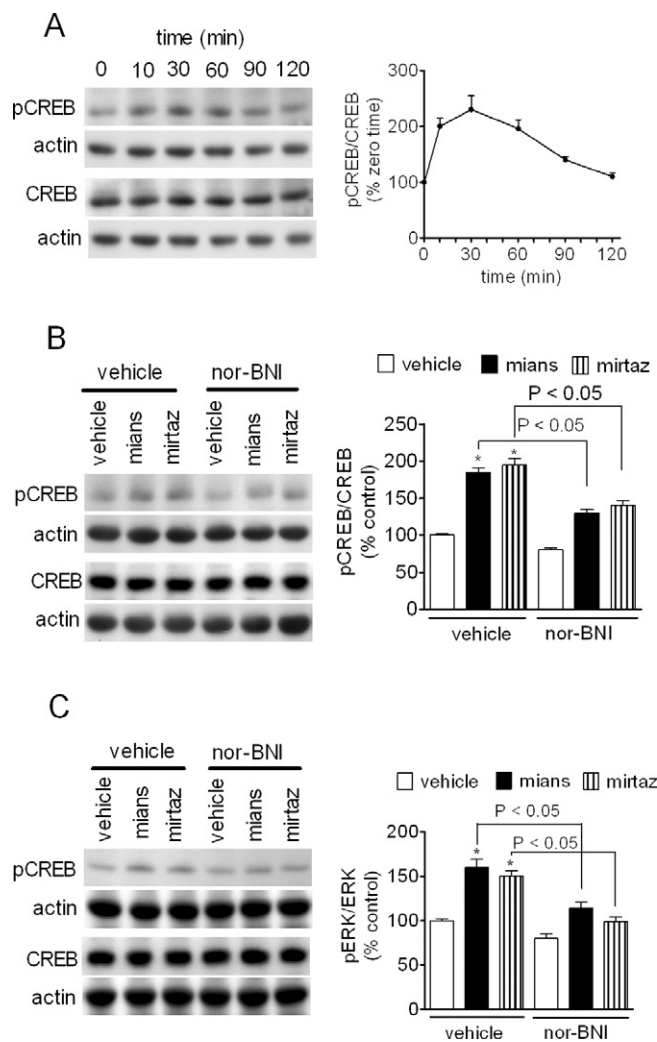


Figure 5

Stimulation of CREB phosphorylation by mianserin and mirtazapine. (A) CHO/KOP cells were incubated in the presence of 1 μ M mianserin for the indicated time periods. Cell extracts were then analysed for phospho-Ser¹³³-CREB, total CREB and actin levels by Western blot. Values are the mean \pm SEM of three experiments. (B and C) CHO/KOP (B) and C6 glioma (C) cells were pre-incubated for 10 min in the presence of either vehicle or 100 nM nor-BNI. Cells were then exposed for 20 min to either vehicle, 1 μ M mianserin (mians) or 3 μ M mirtazapine (mirtaz). Densitometric values are the mean \pm SEM of four experiments. * P < 0.05 significantly different from control by ANOVA.

Effects of mianserin on p38 MAPK and ERK1/2 phosphorylation in primary cultures of mouse neurons

Like ERK1/2, the p38 MAPK is activated by dual phosphorylation on Thr and Tyr residues by the upstream kinases MEK 3 and 6. A variety of cellular stressors activate this kinase and p38 MAPK is activated by κ -opioid receptor agonists in both neurons and astrocytes (Bruchas *et al.*, 2006). We found that in primary cultures of mouse striatal neurons,

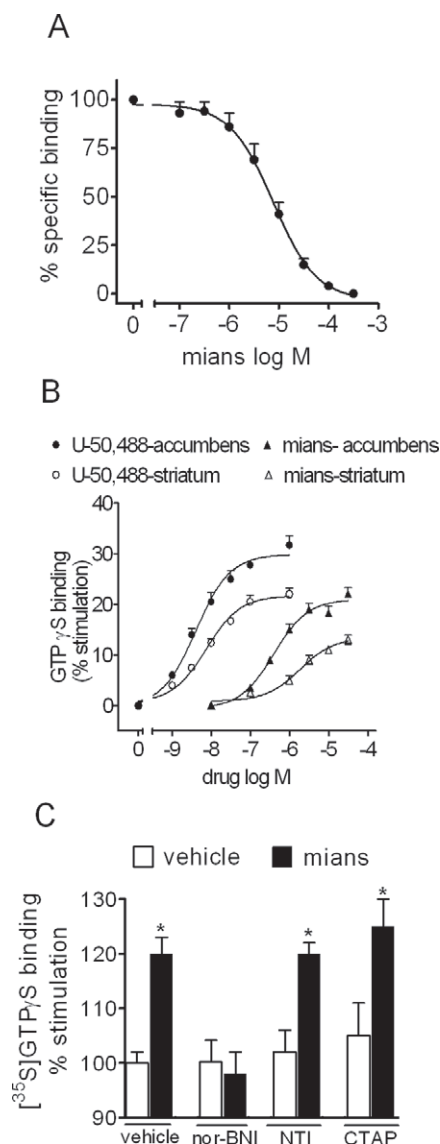


Figure 6

Selective activation of κ -opioid receptors by mianserin in rat striatum and nucleus accumbens. (A) Mianserin (mians) displaces the specific binding of the selective κ -opioid receptor ligand [³H]U-69 593 in membranes of rat striatum and nucleus accumbens. Tissue membranes were incubated with 4 nM [³H]U-69 593 in the presence of the indicated concentrations of mianserin for 60 min at 25°C. Values are the mean \pm SEM of three experiments. (B) Stimulation of [³⁵S]GTP γ S binding by (-)-U-50 488 and mianserin in membranes of individually dissected rat striatum and nucleus accumbens. Tissue membranes were incubated in the presence of the indicated concentrations of the test compounds for 20 min at 30°C. Thereafter, 1 nM [³⁵S]GTP γ S was added and the incubation continued for 20 min. Values are the mean \pm SEM of four to five experiments. (C) Selective antagonism of mianserin stimulation of [³⁵S]GTP γ S binding by nor-BNI in rat nucleus accumbens. Tissue membranes were incubated in the presence of either vehicle or 30 μ M mianserin with either vehicle, 1 nM nor-BNI, the selective δ -opioid receptor antagonist NTI (1 nM) or the μ -opioid antagonist CTAP (10 nM). Values are the mean \pm SEM of three experiments. * P < 0.05 significantly different from the corresponding control by Student's *t*-test.

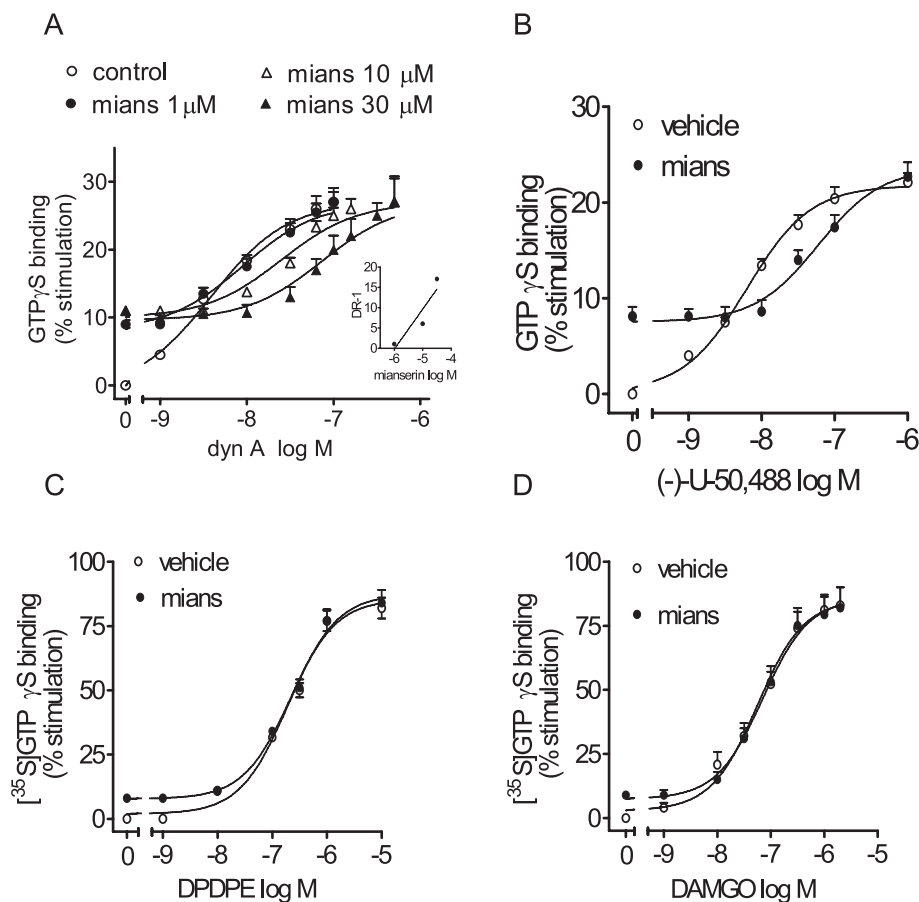


Figure 7

Partial agonist activity of mianserin at κ -opioid receptors in rat striatum. (A) Antagonism of dynorphin A 1–13 (dyn A)-stimulated [³⁵S]GTP γ S binding by mianserin. Tissue membranes were incubated with increasing concentrations of dyn A without and with the indicated concentrations of mianserin (mians). The inset shows the Schild plot of mianserin antagonism. Values are the mean \pm SEM of four experiments. (B–D) Mianserin antagonizes the stimulation of [³⁵S]GTP γ S binding by (-) U-50 488 but not the δ -opioid agonist DPDPE and the μ -opioid agonist DAMGO. Tissue membranes were incubated in the presence of the indicated concentrations of the opioid agonists without and with 10 μ M mianserin. Values are the mean \pm SEM of three to four experiments.

exposure to dynorphin A (30 nM) increased p38 MAPK phosphorylation by about twofold ($P < 0.05$, $n = 4$) (Figure 8A). Addition of mianserin (10 μ M) caused a modest increase of p38 phosphorylation and, when combined with dynorphin A, inhibited the stimulatory effect of the full κ -opioid agonist (Figure 8A). In primary cultures of mouse hippocampal neurons, dynorphin A (30 nM) increased phospho-p38 MAPK levels by about threefold ($P < 0.001$, $n = 4$) (Figure 8B), and this response was antagonized in the presence of mianserin (10 μ M), which *per se* caused only a small stimulatory effect (Figure 8B).

We next examined the effect of mianserin on κ -opioid receptor-stimulated ERK1/2 phosphorylation in primary cultures of striatal neurons. In these cells, dyn A (30 nM) increased phospho-ERK1/2 by 3.5-fold ($P < 0.001$, $n = 4$). As observed for p38 MAPK responses, mianserin (10 μ M) induced a slight increase in phospho-ERK1/2 levels ($35 \pm 8\%$, $P < 0.05$, $n = 4$) but significantly attenuated the stimulatory effect of dynorphin A (Figure 8C).

Discussion

In the present study, we report for the first time that the tetracyclic atypical antidepressant mianserin behaves as an agonist at both recombinant and native κ -opioid receptors. The κ -opioid selectivity of mianserin was first documented by studies conducted in CHO cells stably expressing the different opioid receptor subtypes. Thus, in radioligand competition experiments, mianserin affinity for κ -opioid receptors was 18- and 12-fold higher than that for δ - and μ -opioid receptors respectively. As expected for a competitive type of ligand-receptor interaction, Scatchard analysis of [³H]diprenorphine binding to κ -opioid receptors showed that mianserin decreased the affinity of the radioligand without significantly affecting the B_{\max} value. Functional studies using the stimulation of GTP γ S binding in cell membranes as readout showed that the antidepressant selectively activated the κ -opioid receptors, being without significant effect at μ - and δ -opioid receptors. The mianserin agonist activity was blocked by

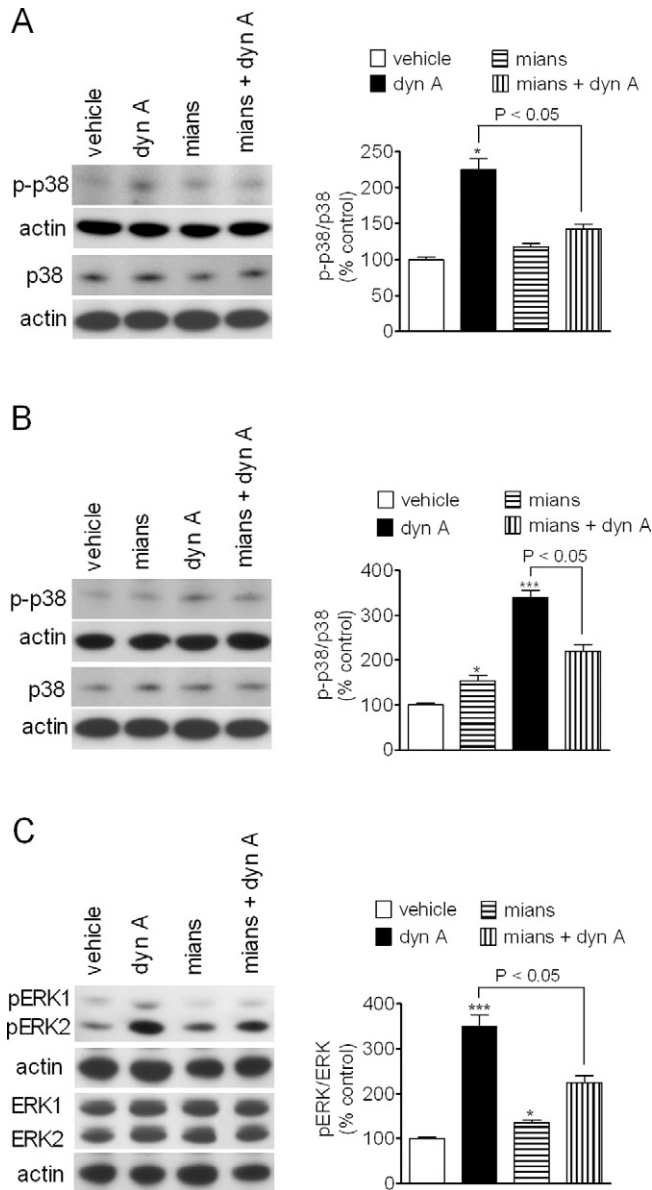


Figure 8

Antagonism of dynorphin A stimulated p38 MAP kinase and ERK1/2 phosphorylation by mianserin in mouse primary neurons. Primary cultures of mouse striatal (A) and hippocampal (B) neurons grown for 8–10 days were treated with either vehicle or 10 μ M mianserin for 10 min and then exposed to either vehicle or 30 nM dynorphin A (dyn A) for 15 min. Cell extracts were analysed for phospho-p38 MAPK (p-p38), total p38 MAPK (p38) and actin levels by Western blot. Values are the mean \pm SEM of four experiments. *** P < 0.001, * P < 0.05 significantly different from control by ANOVA. (C) Primary cultures of mouse striatal neurons were treated as indicated above and cell extracts were analysed for phospho-ERK1/2, total ERK1/2 and actin levels. Values are the mean \pm SEM of four experiments. *** P < 0.001 significantly different from control by ANOVA.

nor-BNI with a potency (K_i = 39 pM) consistent with the antagonist affinity for the κ -opioid receptor (Metcalf and Coop, 2005). Moreover, in CHO/KOP cells and C6 glioma cells, nor-BNI effectively antagonized the mianserin-induced

stimulation of ERK1/2 and CREB phosphorylation, indicating the involvement of κ -opioid receptors also in functional responses measured in intact cell preparations. Interestingly, mirtazapine, which is close to mianserin both structurally and pharmacologically (Croom *et al.*, 2009), was found to behave similarly to mianserin, being able to elicit nor-BNI-sensitive responses in both CHO/KOP cells and C6 glioma cells. Thus, the agonist activity at κ -opioid receptors appears to be an additional property shared by the two antidepressants.

The ability of mianserin to selectively interact with κ -opioid receptors was also observed in rat striatum and nucleus accumbens, two brain areas known to express all three opioid receptor subtypes (Mansour *et al.*, 1995). In rat striatum, mianserin displaced the binding of the selective κ -agonist [3 H]U-69 593 with an affinity similar to that displayed in CHO/KOP cells. Mianserin has previously been reported to antagonize opiate binding in extracts of whole rat brain, although with a potency (IC_{50} = 88 μ M) much lower than that observed in the present study (Isenberg and Cicero, 1984). The reason for this discrepancy may be due to the fact that in the latter study the non-selective radioligand [3 H]naltrexone was employed. The lower mianserin affinity could therefore have been due to [3 H]naltrexone binding to the highly abundant μ - and δ -opioid receptors, for which mianserin displays low affinity.

Mianserin was found to be more effective in stimulating GTP γ S binding in nucleus accumbens than striatum, consistent with the higher density of κ -opioid receptors in ventral than in dorsal, striatum (Mansour *et al.*, 1995). However, in contrast to the responses observed in CHO cells overexpressing the κ -opioid receptor, where mianserin was as effective as (-)-U-50 488, the maximal stimulation by mianserin of GTP γ S binding in the brain areas was lower than that elicited by full κ -agonists. When combined with either dynorphin A or (-)-U-50 488, mianserin antagonized the stimulation of GTP γ S binding elicited by the highly efficacious κ -agonists with a potency equal to its affinity for κ -opioid receptors. Moreover, in primary cultures of mouse striatal and hippocampal neurons, mianserin weakly enhanced the phosphorylation of p38 MAPK but effectively antagonized the stimulation elicited by dynorphin A. Similar results were obtained by examining dynorphin A-induced stimulation of phospho-ERK1/2 in striatal neurons. These data indicate that at brain κ -opioid receptors, mianserin behaves as a partial agonist. In this respect, its activity is similar to that of TCAs, which have also been found to act as partial κ -agonists in the brain (Onali *et al.*, 2010).

A critical issue concerning the κ -opioid agonist activity of mianserin is whether the observed receptor affinity is comparable with the tissue concentrations reached by the drug following therapeutic doses. In patients with depression, therapeutic mianserin plasma concentrations have been reported to range from 0.1 to 0.3 μ M (Otani *et al.*, 1993). In mice, either acute or chronic administration of mianserin yielded brain concentrations that were at least 10-fold higher than the plasma concentrations (Altamura *et al.*, 1987). In rats, a chronic continuous infusion of mianserin produced serum concentrations of 118 ng·mL $^{-1}$, a value close to the therapeutic plasma concentrations, and whole brain concentrations of 1520 ng·g $^{-1}$, with a brain/serum ratio of 13.6

(Kurata and Kurachi, 1989). Thus, although the mianserin concentrations in the biophase are not known, the affinity of mianserin for κ -opioid receptors ($\sim 1.5 \mu\text{M}$) observed in the present study is compatible with the concentrations that can be reached by the drug in the brain. Nonetheless, *in vivo* functional studies are required to investigate whether mianserin is capable of affecting brain κ -opioid receptor signalling following acute and chronic administration.

Previous studies have reported that mianserin binds to 5-HT₂ receptors and α_2 -adrenoceptors with low nanomolar affinities (Peroutka and Snyder, 1981; Richelson and Nelson, 1984), whereas we found that the drug displays an affinity for κ -opioid receptors in the low micromolar range. This difference suggests that the activity of mianserin would be much more potent at receptor sites other than κ -opioid receptors. However, in different studies using either brain synaptosomes or tissue slices, micromolar concentrations of mianserin were used to increase noradrenaline release via blockade of pre-synaptic α_2 -adrenoceptors (Schoemaker *et al.*, 1981; Raiteri *et al.*, 1983; Rose *et al.*, 1984), a major mechanism thought to mediate the antidepressant action of the drug (Marshall, 1983; Pinder, 1985). Similarly, electrophysiological studies in guinea pig caecum found that mianserin blocked pre-synaptic and post-synaptic α_2 -adrenoceptors with micromolar potencies (Tokimasa *et al.*, 1987). On the other hand, in rat vas deferens, mianserin was reported to competitively antagonize the pre-synaptic action of the α_2 -adrenoceptor agonist clonidine with a pA₂ value of 7.3 (Doxey *et al.*, 1978). Thus, it appears that, at least in some functional assays, mianserin acted as α_2 -adrenoceptor antagonist at concentrations comparable with those required for activating κ -opioid receptors.

The relevance of the κ -opioid agonist activity for the pharmacological actions of mianserin remains to be determined. Nonetheless, some potential implications can be considered. Behavioural studies in mice have reported that mianserin produced analgesic effects in the hotplate test, and this effect was blocked not only by naloxone but also nor-BNI and β -funaltrexamine, a μ -opioid antagonist, but not NTI (Schreiber *et al.*, 1998). The anti-nociception induced by mirtazapine in mice was also reported to be prevented by nor-BNI (Schreiber *et al.*, 2002). In addition to δ -opioid receptors, κ -opioid receptors have been found to be involved in the attenuation of neuropathic allodynia by chronic TCA treatment in mice (Benbouzid *et al.*, 2008a). The precise mechanisms underlying the participation of the endogenous opioid system in the analgesic actions of mianserin and mirtazapine have not been elucidated. For antidepressants in general, indirect effects on the opioid system mediated by monoamine transmission have been hypothesized (Mico *et al.*, 2006). However, as suggested by the present data, it is possible that, in addition to these mechanisms, a direct agonist activity at κ -opioid receptors may contribute to the analgesic effects of mianserin and mirtazapine. It is important to mention that mianserin has been reported to either antagonize or potentiate the analgesic effect of U-50 488 (Ho and Takemori, 1989; Schreiber *et al.*, 1998). The antagonist effects of mianserin have been attributed to blockade of 5-HT neurotransmission (Ho and Takemori, 1989), which has been shown to be required for opioid-induced analgesia (Zhao *et al.*, 2007). On the other hand, the mechanisms underlying

the potentiating effect of mianserin on U-50 488-induced analgesia have not been elucidated. The present data showing that mianserin antagonized U-50 488 indicated that a synergistic interaction at the κ -opioid receptor is unlikely to be involved.

Besides controlling pain, κ -opioid receptors have been shown to modulate mood and anxiety, although with controversial results. In rats, the administration of low doses of κ -opioid receptor agonists was found to produce anxiolytic-like effects in the elevated plus-maze test (Privette and Terrian, 1995). An anxiolytic-like behaviour was also observed following U-69 593 in the infralimbic cortex of mice (Wall and Messier, 2000). In mice, the modulation of anxiety-related behaviour by κ -opioid receptors was found to be dependent on social status, as U-50 488 had no effect on winners but had anxiolytic-like effects in repeatedly defeated subjects (Kudryavtseva *et al.*, 2004). On the other hand, a large body of evidence indicates that κ -opioid receptor activation produces depressive-like behaviour and anxiety. Thus, the administration of κ -opioid agonists has been reported to induce dysphoric and psychotomimetic effect in humans (Pfeiffer *et al.*, 1986) and pro-depressive-like and anxiogenic effects in rodents (Bals-Kubik *et al.*, 1993; Narita *et al.*, 2006). Moreover, several studies have shown that blockade of central κ -opioid receptors has anxiolytic and antidepressant-like effects (Mague *et al.*, 2003; Bruijnzeel, 2009; Carlezon *et al.*, 2009). Similarly, prodynorphin gene disruption produced less anxiety and pro-depressive signs in mice with C57BL/6N genetic background (McLaughlin *et al.*, 2003; Wittmann *et al.*, 2009) but an increase in anxiety in mice with C57BL/6J background (Bilkei-Gorzo *et al.*, 2008). Mice lacking the κ -opioid receptor gene exhibited either no change in anxiety-like behaviour (Filliol *et al.*, 2000) or increased depressive-like behaviour (McLaughlin *et al.*, 2003) likely depending on the test conditions. Recently, it has been shown that behavioural stressors can lead to activation of the endogenous κ -opioid system (Land *et al.*, 2008), and that dynorphin-stimulated p-38 MAPK signalling plays a critical role in stress-induced impairment of 5-HT transmission and dysphoria (Bruchas *et al.*, 2007; 2011). Thus, the majority of the studies using either pharmacological or genetic approaches indicate that an increased activity of the κ -opioid receptor system mediates pro-depressive and anxiogenic effects. Therefore, the finding that mianserin activates κ -opioid receptors seems to oppose the possibility that this action may participate in the therapeutic effects of the drug. On the other hand, it should be considered that mianserin acts as a partial agonist at brain κ -opioid receptors, causing an attenuation of receptor stimulation by highly efficacious agonists. Thus, it is possible that mianserin may inhibit the increased κ -opioid receptor activation elicited by endogenous agonists released under stress conditions. This hypothesis remains to be verified *in vivo* by conducting specific behavioural tests.

In conclusion, the present study shows that the atypical antidepressant mianserin exerts direct agonist activity at κ -opioid receptors. As TCAs have previously been found to behave similarly, the study supports the idea that this opioid receptor agonism may be a common property of different classes of antidepressant drugs.

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Conflicts of interest

The authors disclose no conflict of interest.

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